

# The Valley & East Coast Voice

Volume 41 No 21  
Thursday, April 23, 2009

Est. 1968  
50 cents

## The town of St Marys takes on the RSL

*Posted Fri Apr 17, 2009 8:07pm AEST. source: ABC*

A row has broken out over the right of a small town in Tasmania's north east to hold its own ANZAC day services.

Reon Johns from St Marys says the Returned and Services League will only allow the town to have a community ceremony on ANZAC Day, not an official one.

The St Marys RSL recently merged with the St Helens RSL and the official services are being held in St Helens.

Mr Johns says there is a long tradition of ANZAC Day services being held at St Marys and people do not want it to change.

"I feel that the St Marys' residents here really want their 11am service to be here because it's always been here," said Mr Johns.

"We're one of the few towns in the Break O'Day that actually does have a 6am and 11am service so it's a tradition that's been going on for a long, long, long time.

"I don't think the majority of people want it broken."



*Aerial photo of St Marys.  
Courtesy The Launceston Examiner.*

## A short history of the Slouch hat

The Australian slouch hat, also known as the "Digger Hat" is nearly as old as the Australian fighting man. It is/was made from rabbit-fur felt or wool felt, is turned up on the side, originally, possibly to keep it out of the way of a lance held in a stirrup cup or a rifle & bayonet carried over the shoulder, for example.

It has a leather chin strap and a cotton puggaree or woolen hat band.

Contrary to popular belief the word 'slouch' does not refer to the turn-up (leaf). The word slouch refers to any hat with a brim that droops down.

Also contrary to another popular misconception, Australia did not 'invent' the turned up brim on a slouch hat. It was worn like that by many armies, with and without feathers, over hundreds of years.

The Diggers of 2 World Wars just made it famous and it is now recognised as 'ours'.

When the slouch hat is worn at Royal Military College Australia, it has become traditional that the chinstrap buckle is on the right side of the face and the brim is down.

General Bridges was wearing his slouch hat this way when he was fatally wounded at Gallipoli. (Bridges was actually wearing his hat back to front.)

The tradition was commenced at RMC in 1932. When the slouch hat is worn ceremonially, (e.g. on ANZAC Day) it is worn in accordance with the wider Army custom, i.e. brim up and chin strap on the left hand side.

The Khaki hat, first adopted into Australian military service in 1885, when it was chosen for the newly found Victorian Mounted Rifles, featured a high dome crown and a narrow brim, which was turned up on the right side.

The colony of New South Wales adopted a felt hat for its mounted troops in 1890. Local military commandants agreed that all their forces, except the artillery (who wore helmets) should adopt a felt hat.

This hat was worn with an indented crown, looped up on the left side and decorated with plumage. The hat was first worn overseas in the South African War. *Story sourced from 'Digger History'.*



*Slouch Hat, circa 1902*



**Please note: Deadline for articles to be included in the next Valley Voice is: 5 pm Tuesday May 5, 2009.  
email address: [judith.spilsbury@bigpond.com](mailto:judith.spilsbury@bigpond.com)**

# Community news

**St Marys Hospital Auxiliary** meets the first Monday of every month at 2pm at the **St Marys Community Health Centre**.

**The Break O'Day Woodcraft Guild Inc.** meets the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

**Grassy Bottom Regional Arts** General meeting time and place has changed **Please note** that until this years Winter Solstice, general meetings will be held each Thursday morning at 9am at eEscape Cafe. Come have a cuppa in a warm and comfortable place and join the fun.

The **Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre.

**St Marys Ladies Midweek Tennis** 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette-6372 2224.**

**St Marys Playgroup** meets each Thursday at 10.30am at the kindergarten. All preschool aged kids welcome to bring a carer/parent/granny/pa for a play and morning tea. Very chilled relaxed group of all ages - we love new members. **Contact Terese: Ph: 6372 5745**

**WOMBAT WALK LANDSCAPING GROUP** meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Playground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. **Contact - Robina 6372 2022.**

**Break O'Day Wine & Food Appreciation Society** meets once a month on the last Sunday. **Ph: Jan 6376 1661 or Leanne Ph: 6372 5291.**

**The Scamander and Beaumaris Community Development Association** meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

**St. Patricks Head & Esk Valley Historical Society** meets on the third Sunday of every month, except December, at St. Marys Online Access Centre at 2.30 pm. Meetings are informal and fun and new members are needed. Please contact **Barry Aulich** on **6372 5752** or **Jim Haas** on **6372 2127.**

**The Falmouth Community** centre would like to advise members and the community that the new contact for bookings of club facilities is Ben Morgan. Ben can be contacted on **03 6372 5604.**

**Suncoast Singers** meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome.....If you can yawn - you can sing. Phone Mary-Anne Wadsworth 6376 2969.

**St. Helens Al-Anon Family Group** Meeting: St. Pauls Anglican Church Hall - every Sunday 2pm Contacts: **Ann, John 6376 3270 or Rose 6376 3335.**

**Swap n Go gas cylinders** available from Gone Rustic, 37 Main Street, St. Marys. Phone 6372 2724 (BH), 0417 027 424 (Rita) or 0417 648 845 (Ian).

## NEWS FROM GONE RUSTIC

**Wanted** – innovative locally-made arts and crafts with a contemporary edge; can be based on traditional skills but should demonstrate originality and marketability and incorporate fibre and/or textiles and some stitching. Please ring to make an appointment, or drop in some samples of work.

**Free quilt block patterns** – available to anyone who drops in to Gone Rustic ... just ask!

**Rustic Ragamuffins** – every *Wednesday*, 7-9. Bring your *current stitching project* and enjoy chat, friendship and laughs! \$5 per night – includes *tea, coffee and home-made cake.*

**Quilting Bee** – every 4<sup>th</sup> Wednesday, as part of Rustic Ragamuffins. An opportunity to help to make quilts for those in need. Please bring your *sewing supplies.*

**YOUR NEW WIDE SPAN KIT SHED OR HOME** – currently a 10 % discount is on offer, *for a limited time only.* For your free quote or catalogue, visit Gone Rustic today!

**Gone Rustic Studio & Gallery,  
37 Main Street, St. Marys 7215**

Phone – 03 6372 2724

or 0417027424 (Rita) or 0417648845 (Ian)

Web – [www.myspace.com/gonerustic](http://www.myspace.com/gonerustic)

Online Shop – [www.gonerustic.etsy.com](http://www.gonerustic.etsy.com)



## ST MARYS OP-SHOP

**TRADING HOURS:**

10AM — 3.30PM MON TO FRI.

PH:6372 2733.

**Come in and stock up for winter—it's not that far away!**

**Men's warm clothing needed**  
**Please don't leave it on the doorstep**

**Enquiries—Ph: Tracy.**

**6372 2733.**

**Looking for your dream home/shed/garage/stables,** etc. at very *affordable* prices? Want a *free* catalogue and *no-obligation* quote? Then call in to Gone Rustic, 37 Main Street, St. Marys. To phone, call 03 6372 2724 (BH), 0417 027 424 (Rita) or 0417648 845 (Ian).

## Classifieds

### For sale

**Millard 20ft carpeted caravan and aluminium annex 22 x 9 ft.** Double sliding door, 2 windows, timber floor. On-site, Four Mile Creek. \$2,500. ono.  
**Ph: 0400 773 396.**

**James Hardie weatherboards. Primeline- Newport.** 4,200 x 170 x 9mm. Quantity: 35. Near new. \$12 each.  
**Ph: 6372 2764.**

**039 Stihl Farmboss Chainsaw.** Good condition. \$500.  
Contact: Jim Haas, **6372 2127.**

**522 litre fridge/freezer.** Good condition. \$150.  
**Ph: 6372 2924.**

**1995 Volvo 440 GL.** 7 months rego. \$2,800.  
**Ph: 6375 1540.**

All secondhand. **About 30 lengths of timber. \$100.**  
**7 sheets Laserlite roofing. \$20. 21 sheets colourbond roofing (2mts 800 & 2mts 400.) \$60. Ph: 6372 2266.**

**Electric guitar and 25 watt "Rocktec amp".** Just been serviced. Suit beginner. \$120. **Ph: 0438 324 276 or 6372 2258.**

**TR Magna auto sedan,** 10mths rego, new tyres, very low klms. Immaculate. \$2,400. **Portacot.** As new, with carry bag. \$60. **Brand new Omega electric heater,** fan turbo controlled. \$60. **Ph: 0447 284 603.**

**1989 Ford Laser hatchback.** 175,000 kms, reg. Dec '09. Ex. con. \$2,750. ono. **Ph: 04077 725 722.**

**Carpet hall runner** (5mtrs long) navy blue with cream floral cameo design. VGC. \$125. **Set 4 dining chairs,** dark stained pine with dark teal vinyl backs & seats. G con. \$100. **Kitchen/dining hutch,** dark stained pine with 3 glass cupboards at top & 3 drawers & 3 cupboards at bottom. Good con. \$150. **Ph: 6372 2981.**

**TTR250 Yamaha roadtrail '99 model.** Electric start, 12mths Rego, new brakes & rear sprocket, good tyres, tank & seat cover, staintune exhaust. \$3500.  
**Ph: Laura 0438 849 462 or 6372 2181.**

**Grey Water Tank (NEW)** For underground installation.  
440 litre capacity \$720.00 new Sell \$500.00 firm.  
**Ph: 6372 2884.**

**Double Pram.** Blue and yellow- used twice. Baby cover and storm cover. \$50.00 firm **Ph: 6374 1058.**

**Ford Futura car,** 1994 Automatic. 12 months rego—lot of work done on it. Good Order. \$3,500. ono.  
**Ph: 6372 2380.**

**Yamaha WR 250 motor bike.** Reg. Under 800kms. \$8,500. **Ph: 0407 431 191**

**Tractor slashing available.**  
**Ph: 0407 944 158.**

**Fire wood. 1, 2, & 3 tonne loads.**  
**Ph: 0407 944 158.**

**"Moo-Poo".** Finely screened. Any amounts. See Norm.  
**Ph: 6372 2380.**

**Need bit of land/shack/farm house to rent.**  
**Self sufficient, only need water,**  
**we have bus and solar power.**  
**Willing to do odd jobs, gardening,**  
**plant trees and weeding and to maintain the area.** Good references available.  
**Call Simon on 0427 979 835 .**

### FOR RENT

**IN ST MARYS**  
**3BR NEWLY RENOVATED HOME.**  
**GREAT CENTRAL LOCATION,**  
**WALKING DISTANCE TO ALL AMMENITIES.**  
**VERY PRIVATE, WITH LOVELY GARDENS.**  
**AVAILABLE FOR LONG OR SHORT TERM LEASE**  
**FROM APRIL 20TH.**

**IDEAL FOR SMALL FAMILY.**

**\$140 PER WEEK.**  
**PH: MOB: 0427 099 921.**

### WANTED TO BUY

**WILL PAY CASH**  
**FIREWOOD. 14 INCH.**  
**ANY QUANTITY, PICKED UP OR DELIVERED.**  
**RING WITH PRICE AND DETAILS.**  
**ST MARYS WOODYARD**  
**6372 2107—0417 279 422.**

### PLEASE TAKE NOTE

**Anyone returning from Geelong**  
**with a ute?**

**Back load to collect from Geelong**  
**and deliver to St Marys....**  
**or anywhere in Tassie for a negotiable fee.**  
**Please contact:**  
**Andrew 6372 2844 or 6397 3033**

**Interested in amateur theatre?**  
**Want to be part of forming**  
**an amateur theatre group**

**in St Marys?**

**Ring 6372 2059**

**to express your interest.**

## A LITTLE BIT OF HERITAGE: Jim Haas

### *"Lest we Forget"*

*Fellow Australians, it is my melancholy duty to inform you officially, that in consequence of persistence by Germany in her invasion of Poland, Great Britain has declared war upon her and as a result, Australia is also at war.*

These were the words spoken in an address to the nation by the then Prime Minister, Robert Menzies, on the 3<sup>rd</sup> September 1939. No one could have envisaged, on that day, what the next six years would bring to Australia and, indeed, the world.

Australia had just experienced the worst economic depression of modern times with unemployment reaching 32% and now the country was thrown into a war that would see one million of the country's young sent to almost every corner of the world.

During 1940-41 the main actions involving Australians were in the Mediterranean, North Africa and Greece against German and Italian forces. Smaller forces were sent to Syria to fight the Vichy French and an air and sea war in the Atlantic, as well as an air war over Europe. Closer to home, the Royal Australian Navy engaged in combat against German raiders that threatened shipping in the Indian Ocean.

War with Japan was always anticipated, however, and when they finally entered the war in December 1941 and then attacked Darwin in February 1942, Australian troops were deployed to many parts of the Asian Pacific area, with the main contingent going to Papua New Guinea.

Also in mid 1941, women were recruited for the first time to serve in non-medical roles in all three services. Although they served mostly in Australia, their duties were varied and played a significant role in the war effort.

There was also the Home Guard, which was made up of thousands of ordinary citizens, all of whom manned vantage posts all around the Australian coastline, looking for any sign of a Japanese invasion.

For those of us who have not lived through the ordeal of a World War it is hard to imagine the trauma, not only our soldiers went through, but those left behind to keep the home fires burning. For those who had loved ones in the war zones, there was the constant fear of that dreaded telegram. For the many who had family or friends missing in action, the anxiety of waiting for news could be an unbearable time that often ended in heartbreak.

About 10,000 Australian servicemen in World War Two were taken prisoners of war in Europe, most having been captured in Greece or North Africa, with a few in air operations over north-west Europe. Another 22,000 were captured in the Asian-Pacific area.

Most prisoners of war spent three to four years in captivity, with those in Europe being moved between different prison camps. Most ended up in Germany, Austria or Italy, with many being put to work in factories or farms.

In the Asia-Pacific area, prisoners captured by the Japanese were sent to many locations including Japan, Borneo and Korea. The most publicized of these prisoners were those sent to Burma, and Thailand where they worked on the infamous Burma Railway. Almost 8,000 of the Japanese captured foreign prisoners died in what has been described as horrendous slave labour conditions.

On the 7<sup>th</sup> May 1945, a week after the death of Adolf Hitler, Germany surrendered. It took another three months, however, and atomic bombs dropped on Hiroshima and Nagasaki before the Japanese finally gave up.

The world had been changed forever, families had lost loved ones, people everywhere had lost limbs and minds which would never repair. Towns had been reduced to rubble, countries were devastated and very few people in the world would escape without a scar.

The answer to the question "Why" is far beyond the comprehension of ordinary folk, but on ANZAC Day let us take a moment to remember and pray that the powers to be in today's World will remember too.



## Letters to the Editor

Vol. 41, No 21, 2009

### Letter to Editor

I watched and listened with interest to the comments made by the St Helens -St Marys RSL Sub Branch President on the ABC news Thursday 17<sup>th</sup> April.

Mr Chris Munday states that "the wall that was surrounding the Cenotaph in St Marys made it look like a BBQ area, and that his comments would offend a couple of people."

I respect the right of Mr Munday expressing his views. However, by commenting that only a **couple of people** would find his statement offensive proves how out of touch he is with the sentiments of many of the returned diggers and locals.

Without Prejudice  
Wendy Brennan  
St Marys.

Dear editor,

I think that we all thank Mr Charles Trollope for his article, Valley Voice April 8th.

Unfortunately it is full of fallacy

There is not enough paper in any issue of the Valley Voice to explain all the aspects of why this is so, but I will leave the readers with the following:

#### 1. Magna Carta

"No freeman shall be taken or imprisoned..." This did not apply to serfs. Serfs belonged to their Lord, and were judged by their Lord under Manorial Courts. A Lord who had his serf murdered was entitled to "Manbot" - compensation.

#### 2. Habeus Corpus

Does not mean "a writ requiring a person to be brought before a judge/court to investigate lawfulness of his restraint." From Latin, you must have the body. Australian pocket dictionary 1976 ed.

#### 3. Canon Law

Is ecclesiastical law. Not Civil Law.

#### 4. William & Mary—King and Queen, 1688

William, "Prince of Orange", inherited the title from his grandfather and father. Orange was a sovereign state in France. William's mother (also called Mary) was a daughter of King Charles 1 of England.

Queen Mary was the daughter of King Charles 11, King of England. William and Mary were cousins. They were not commoners.

I suggest that Mr Trollope acquire a good dictionary and undertake a lot more reading on his beloved English history. The local library is a good starting point.

(Name supplied)

### Letter to the Editor

#### APPALLING BLUNDER

Did anyone watch the ABC news last Friday evening?

It was a very interesting story on the lack of support from St Helens RSL to hold an 11am service at St Marys for ANZAC Day.

The response to this story from the President of the St Helens branch was to attack the St Marys Memorial Parks grounds prior to the recent changes as "looked like a BBQ area".

I thought this comment was totally inappropriate and extremely stupid for someone in his position to be making.

If he were to take a hard look at the St Helens Memorial park, he might notice the very ugly toilet block that dominates those hallowed grounds.

I wonder what analogy he could come up with to describe that?

Name and address supplied. (via e-mail)

Dear Editor,

Further to Melanie's letter regarding South Sister.

South Sister has partially regenerated since the 2006 bushfire, but the middle story of mountain peppers, banksias, hakea, and blackwoods is almost non-existent.

Forestry is still planning to log South Sister, possibly as soon as the end of this year.

Observation of other areas logged by Forestry suggest that while South Sister has survived, and is slowly reviving from bushfire, our mountain may not be so resilient against the machinery Forestry Tasmania will use.

For the time being, you can still experience the exhilarating climb to the rocky summit. The walk between the two Sisters, (following the Telstra line) offers great views of North Sister and the coast, and significant sightings of the endangered euphrasia.

You may even be rewarded with a view of the magnificent wedge-tailed eagles which inhabit the area, or the seldom seen swift parrot, both of which are threatened.

You will be sure to hear a diverse range of bird song.

So if you've never taken the opportunity to visit the Sisters, do so soon.

It may be your last chance.

Isabel Witton.

## Upper Scamander Kennels and Cattery

*-Loving care, for your furry friends-*

### Opening May 2009

**For bookings contact Bec Mason: 63 725 157 / 0409 253 504**

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905 Upper Scamander Rd  
Closed Wednesdays

Sunday & Mon 4-6pm  
Tue, Thurs & Fri 8-10am 4-6pm  
Home pick up and delivery available on request.

## Letter to the Editor

Vol. 41, No. 21, 2009

The Editor  
Valley Voice  
Dear Editor,

I have been asked to clarify the meaning of the recent advertisement placed by the Mayor in the Examiner, notifying that the position of General Manager of the Break O'Day Council will be vacant as from 30 June 2009, in accordance with S 61(3) of the Local Government Act 1993.

I do not know why the Mayor has worded it in this way, because he has not seen fit to advise Councillors nor to raise the matter at a Council meeting. He also refused to allow a question on the matter from a member of the public at the Council meeting on 15<sup>th</sup> April.

S61(3) of the Act states "*when a vacancy for the position of general manager occurs or is about to occur, a council is to notify the vacancy, and may resolve to reappoint the general manager without seeking applications for the position, in a daily newspaper circulating in the municipal area*" - in other words, a council must ("is to") advertise the vacancy, but it is a matter of discretion ("may") whether applications are called for the position.

The clause states that "Council may resolve"- the fact is that Council has not resolved to reappoint the general manager without seeking applications for the position; the Mayor in placing this advertisement without calling for applications for the position appears to be initiating a process without the authority of the Council of elected members.

In refusing to accept a question from a member of the public on this matter, the Mayor ruled that this was a "staff matter" and therefore not an allowable question. This reason has also been used to justify moving motions raised by me on the process of appointing a general manager into closed council, so that neither the discussion nor any decision reached is open or available to the public.

However, motions or questions relating to a process to fill a position do not seem to be matters falling under the criteria for moving discussion into closed council under clause 15 of the Local Government (Meeting Procedures) Regulations 2005: the regulations relevantly refer to (a) personnel matters including complaints against an employee, (b) industrial matters relating to a person (j) the personal affairs of any person i.e they seem, to me at least, to refer to the personal affairs of an individual person, not a process relating to a position.

Why are applications not being called in good time for a position that will become vacant on 30<sup>th</sup> June, a position of significance to the good governance of the Break O'Day Council? I don't know- the Mayor has not advised Councillors. However, the Mayor has power to appoint a person as Acting General Manager and then seek confirmation of that person as General Manager at the following Council meeting, under s 61(6) of the Local Government Act. But, if it were assumed, hypothetically, that Council had previously established a process for interviewing, selecting and appointing a General Manager, and if it were further assumed, hypothetically, that Council had in fact specifically resolved that the position was to be advertised and applications called for the position, such a course of action by the Mayor would be contrary to those decisions, and contrary to the requirement of the Local Government Act S27(1A) that the mayor accurately represent the decisions of the council in performing his functions.

It has been suggested to me that the particular wording used by the Mayor in this advertisement may be part of a process of amalgamation by stealth, that a part-time acting general manager is to be appointed who is already a general manager of another municipality. Who knows? and this is the problem, there is confusion. This is not a private game, this is a matter affecting the good governance of the municipal area for which Council, including a mayor, has a duty to involve, consult and be accountable to the community.

A previous letter to the Valley Voice enquiring about why applications had not been called for the position of General Manager when it originally became vacant in December 2006 actually lead to enquiries being made by the Tasmania Police of the Editor of the Voice regarding the authorship of the letter. I had no involvement in that matter, but, in those circumstances, I declare that this letter is written in accordance with my functions under the Act to facilitate communication by the council with the community, to represent the community, and to represent accurately the decisions of the council.

I believe that the Mayor has similar duties- he may care to fulfill them by publicly explaining his intentions in this matter; it is to be hoped that the police will not be involved on this occasion.

David Clement,  
Councillor-Break O'Day Council.

### SOLSTICE NEEDS YOU!

Grassy Bottom Regional Arts are holding fortnightly meetings from Tuesday 21st April to plan and discuss this year's 10th Anniversary Winter Solstice.

Plans are already under way for this great community event.

But we are hungry for ideas and input. You don't have to have an artistic side.

We need practical people with a strong work ethic who want to see this popular event thrive and grow.

This year will be about what ALL of the community wants to see.

So get moving and ask at Happy Belly Deli, Strawberry Jelly or Main Street Clothing.

**Meetings at e.ScApe Café from 5pm on the following dates:**

**May 5 & 19—June 2 & 16.**

**TASMANIA THE FIRST STATE TO HAVE ACCESS  
TO RUDD GOVERNMENT'S SUPER FAST BROADBAND**

Dick Adams, Federal Member for Lyons, has welcomed the Government's commitment to establish a new company to build and operate a National Broadband Network (NBN) which will deliver superfast broadband services to Australian homes and businesses.

"Tasmania has the lowest rate of broadband penetration of any State in Australia. In light of this and on the recommendation of a panel of experts, the Government has moved quickly. Tasmania will be the first State to receive super-fast broadband under the Australian Government's NBN initiative."

The Government will be the majority shareholder in the company and anticipates substantial private sector investment in the company. The company will invest up to \$43 Billion over 8 years to build a fibre to the premise NBN that will deliver world leading fast broadband to all Australian homes and businesses, stimulate the economy and create jobs.

Services will be delivered by a combination of optical fibre to the premises network and high speed wireless services.

"This is a great thing for Tasmanian families, schools and businesses. My office is often contacted by people from all areas of Lyons who experience frustration at the lack of broadband services.

"The Premier recently said that towns such as Oatlands, Kempton, Melton Mowbray and St Helens can expect to be among the ones to benefit from the new NBN.

"This is great news for these areas, as well as other small rural and regional centres of fifty houses or more, who over the next few years will see the benefits that the NBN has to offer.

"This initiative has the potential to transform our regional schools and give students access to new opportunities and resources.

"For hospitals and medical facilities it means faster and more efficient health care, with the possibility of teleconferencing with out of area specialists, so patients do not have to travel as much.

"This technology can connect regional areas in real time to cities and the world and opens up a whole range of new opportunities for home and small business and the rural sector.

"The Rudd Government is delivering a competitive telecommunications sector and investing in Australia's future beyond the global recession. This is something that is in the long term national interest, but was put in the 'too hard' basket by previous Governments," Dick Adams said.

More information on the National Broadband Network is available from: [www.dbcde.gov.au/nationalbroadbandnetwork](http://www.dbcde.gov.au/nationalbroadbandnetwork)

## Letters to the Editor

Vol. 41 No 21, 2009

Editor of the Valley Voice,

What is the importance of a Cenotaph? By the dictionary a Cenotaph is a monument to a person who is buried elsewhere. It is a symbolic grave/headstone for the service personnel who have given their lives for their country and us, and not a memorial to war or to glorify it.

The fallen of World War 1 & 11 were not returned to their loved ones, as the fallen from later and current conflicts have been. They were interned where they fell (many buried as unknown).

The vast majority of their next of kin would never see their resting place, for it was on the other side of the world, which for most may as well have been on another planet, for their chance of getting there! Without a Cenotaph they would have had nowhere to grieve/remember.

With ANZAC Day only 2 days away it is still hard to imagine the impact that the GREAT WAR had on the people who erected the cenotaph for those who died over 90 years ago.

The loss of 2000 of Australia's finest young men, in the first 24 hours of the landing at Gallipoli Cove, (one being a St Marys resident) the same quantity again in the battle for Lone Pine (August 1915) and even higher losses on the battle of the western front (1916—1918) these are figures that are hard to visualize. But if you look at the Sesquicentenary heritage walk in front of the Cenotaph, and realise that there are 900 bricks in that, the losses were unbelievable.

The "RSL Salute" is an ex-service member covering their heart, in front of the cenotaph, a mark of respect to the fallen.

This tradition is believed to have started at the opening of the London Cenotaph, where a number of those present were recipients of the Victoria Cross (VC), the highest bravery award granted to 'British Forces'.

They covered their medals in front of the fallen, because they believed they were not above or even equal to their fallen comrades, that the fallen deserved an honour higher than even theirs, for their sacrifice. A cornerstone of our society is the belief that each and every life is precious, and should be preserved. ONLY NATIONS reserve the RIGHT TO TAKE A LIFE. Even the survivors have a price to pay for being involved in war. Contrary to belief, facts show it is hard for the majority of people to take a human life, even in war. →

More British soldiers who fought in the Falkland war (1982) have taken their own lives since the end of that war, than were killed fighting it. In figures in January this year more American Combat Soldiers have taken their own lives, than were killed in combat. (there are no figures for our Vietnam Vets)

Through their actions and deeds we now have a choice of how and where we live our lives.

Their sacrifice should not be forgotten, and a Cenotaph is a REMINDER TO ALL of that sacrifice.

**That is the importance of our Cenotaph.**

David Watkins.

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*This letter was sent to the President of St Helens RSL Sub-Branch  
April 18, 2009.*

To Mr C Mundy,

How dare you refer to St Marys Cenotaph as a BBQ area? I do not mean to sound rude, but, have you forgotten that there is a large toilet block NEXT to St Helens Cenotaph, so what does that make yours?

We have been to a huge amount of BBQs in our life time, and NOT ONE of them looked like St Marys Cenotaph. So we do not know where you dreamed up that one. That is what people are saying after your remark. They are appalled and shocked that you could say such a catty thing.

Why are you acting like this? Didn't you say at the last RSL meeting in St Marys that you are trying to HELP anyone who needs help? So far what I have seen and heard, you are trying your hardest to STOP all services at St Marys. WHY??

How can you deny people, no matter where they live, the right to remember and pay their respects to all those who have fallen and fought for our country.

There is a National interest in the total disregard of the walls being torn down, and if the ANZAC services are going ahead at St Marys. People are ringing up, sending emails etc. from all over Australia, giving their support, and they are also totally outraged.

Kim Watkins.

**OUT OF THE WOODWORK**

Wendy Brennan Secretary

**For the Fallen**

**Laurence Binyon (1914)**

With proud thanksgiving, a mother for her children,  
England mourns for her dead across the sea.  
Flesh of her flesh they were, spirit of her spirit,  
Fallen in the cause of the free.

Solemn the drums thrill: Death August and royal  
Sings sorrow up into immortal spheres.  
There is music in the midst of desolation  
And a glory that shines upon our tears.

They went with songs to the battle, they were young,  
Straight of limb, true of eye, steady and aglow.  
They were staunch to the end against odds uncounted;  
They fell with their faces to the foe.

They shall grow not old, as we that are left grow old:  
Age shall not weary them, nor the years condemn.  
At the going down of the sun and in the morning  
We will remember them.

\*

The traditional Dawn (6am) and 11:00am ANZAC Day services will be conducted at the St Marys Cenotaph on ANZAC Day, April 25.

All ex-servicemen and women, residents, children, are welcome to pay their respects and lay a wreath at the 11:00 am service.

For further details please feel free to contact Reon or Wendy on 63722094 or mob 0429 722 091.

The Guild meets on the last Saturday of the month at the Old Railway Goods Shed at **2.00 pm**.

The Guild is open Monday, Wednesday, Friday and Saturday. Any other times by appointment.

**VOLUNTEERS CELEBRATE 10 YEARS OF  
SUPPORTING HEALTH AND WELLBEING  
IN BREAK O'DAY**

The Break O'Day Health Resource Association (BODHRA) will be celebrating its 10 year anniversary at the community owned Healthy Community Centre in St. Helens on Thursday 23<sup>rd</sup> April 2009 (**TODAY**) from 3pm to 6pm. The group run solely by volunteers will be joined by dignitaries such as, Senator Kerry O'Brien, Tanya Rattray Wagner MLC, Heather Butler MHA and Margaret Osborne Deputy Mayor along with approximately 100 Break O'Day residents.

BODHRA formed 10 years ago with an aim to assist in the development, access and delivery of health services for Break O'Day a rural and remote Municipality. Their achievements are highlighted in the successful delivery of the Healthy Community Project Regional Health Service, Building Blocks mobile child development and family support service, HAPIBOD (Healthy Active Program in Break O'Day) and GP Accommodation.

BODHRA volunteers have been working tirelessly to build their Association and enhance their capacity to continue to support the Break O'Day Community in identified areas of need. The Anniversary will mark the completion of a funded Capacity Building program which has provided a review of the Strategic Plan and a new Business Plan along with training and development for volunteers and staff.

The Association continues to develop strong partnerships and links with Government, Non-Government and Community representatives. All individuals in the Break O'Day Municipality are encouraged to come and join in the success and celebration of BODHRA.



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Keep an eye out for **GREAT** Mothers Day ideas  
coming during the next few weeks.





# MOTHER'S DAY

The Tasmania Lymphoedema Centre will be holding another entertaining day to celebrate Mother's Day. This is a day for EVERYONE so bring along your family and friends and enjoy a great day.....

**WEDNESDAY, 6<sup>TH</sup> MAY**

IN THE

**ST MARY'S COMMUNITY HALL**

**DOORS OPEN AT 11.00AM**

**ENTERTAINMENT WILL START AT 12.30PM**

The cost of \$5.00 per head will include a light lunch. The entertainment is not quite the "Full Monty" but you will need to bring along your sense of humour.

A trade table and some exquisite hand made jewellery will also be on display for purchase. This jewellery is made from freshwater pearls, natural stones and Italian glass and ranges in price from \$20 - \$120. There will be a raffle, good food and lots of laughs. So if you attended our "Swan Lake" Mother's Day, this is another day not to be missed.

**Note:** If you would like to donate to the trade table or would like to help with some home cooked cakes/slices, please bring them along on the day.

## The Say Cagerattler

Over the past few days I have seen the amazing faith two very different but equally important groups have put into our town. Because there is still a bit of preparation yet to take place I can't be very specific on one of these enterprises yet, but suffice to say this new business is a big addition to an already diversifying commercial arm of our commerce.

The proponents are very keen to offer quality service in the area of building /restoration and similar work and the new base office will allow numerous people to avail themselves of excellent local, highly qualified services in this growing field. I'm sure it will add another dimension to our town and good on them in showing keen support to the Valley.

The other group is similarly keen to add to the town and in recent times their reputation has been growing greatly. It all began because these wonderful community minded Cranks and Tinkerers wished to share their passions and interests with the rest of us.

Together with the assistance of a local premises owner they found a terrific site to offer a unique opportunity to show an incredibly diverse range of items many of us grew up with. and many more that pre-dated us as well.

As each day passes more and more collectable and historic items are donated to the group and in many cases these fantastic people care and repair for the items if it's possible. The Head Crank and Tinkerer and his very talented wife also operate the highly recognised and respected Gone Rustic and the reputation this has already achieved was exemplified the other day when a visiting quilter was fascinated by what she found at Gone Rustic. Terrific stuff.

In regard to Cranks and Tinkerers, I can safely say that everyone who takes the opportunity to spend some time there are just captivated by what they find and given that entry is only by way of donation to help cover the costs for rent and power, we are very, very fortunate to have these great people in our town.

Of late I regularly pop in for a minute which invariably turns into much longer because something else will captivate me. On every occasion visitors from all over the country who happen to be there, leave with big beaming smiles on their faces because their memories have been rekindled by something they've seen. It's a massive credit to all involved and if you haven't been in, then do yourself a favour and visit.

Along the same lines but also having items for sale is the incredible Cornwall Collectables which is well worth a visit. If you are looking for an obscure article you may well find it there.

Remember last issue when we touched on ANZAC Day, particularly in regard to the 11am component of the day? At the time I was assured that there was no problem with it which I for one, fervently hope is still the case.

However in the media in the past few days some doubt has again begun as to what this immensely important day will bring on this front. Without being privvy to any detail on the matter as I write this article, I only hope that no compromises have been made and that every effort officially has been taken to ensure that BOTH services take place in St Marys as usual. If this doesn't happen I can guarantee that there will be a lot of very angry people keen to let the powers that be know about it.

What do you think ?

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In memory of  
"Peter"



We have been sad to hear of the recent passing of Peter Pilgrim. Despite spending his latter years at St Helens he lived for the most part here at St Marys and was always held in high regard by all who knew him or spent time with him.

A close friend commented that when he was born they baptised him quickly and with no second name because he wasn't expected to live.

Guess what? He lived just shy of 78 years and during that time worked hard and provided for the family wherever he could.

Many of us recall Peter Pilgrim working diligently at school and doing his job to the utmost. A long time teacher told me that he was a little slower than others at his job but the work was impeccable. He did this while having limited vision would you believe.

It would be pretty safe to say that together with Archie, who passed on in 1995 or so, Peter Pilgrim was an institution in St Marys as was the whole Pilgrim family.

Families like these have contributed greatly to our make up. No doubt many, many people are going to miss Peter Pilgrim's company and friendship.

*Remembered fondly by many.*



## St Marys Police report

I would like to start this report on a positive note by offering a big "Thank You" to the motoring public using the roads within the Break O'Day municipality over the Easter holiday break.

As most of you are aware, Tasmania Police experienced a less than ideal lead up to Easter with a number of fatalities being recorded on Tasmania's roads. With this in mind all available members of Tasmania Police participated in some form of a road safety strategy over the Easter period to halt the rising road toll.

Officers from the St Helens police division conducted random breath tests, mobile and static radar together with covert unmarked vehicle patrols on each of the recognised Easter days with very pleasing results achieved. By this I mean no drink drivers were detected, those speeding drivers detected were mainly in the lower penalty ranges, inattention offences were kept to a minimum and no fatal crashes were recorded.

As a former Officer in Charge of Western District Traffic and the Western District Road Safety Task Force, I have, since arriving at St Marys, been given the role by Inspector LeFevre of co-ordinating traffic operations and strategies for The St Helens Division.

With the statistical crash data available from D.I.E.R., other police data, together with the core road safety strategies of the Road safety Task force I have been able to complete a program that will be implemented and enforced by our police on a 24/7 basis.

Basically what this means that each day every officer is responsible for devoting a nominated period of time to the specific strategies in each known crash or target area. It could be any highway/road/street at any time.

The aim of the program will be to reduce the incidence of serious and fatal road crashes within the Break O'Day municipality, not to revenue raise. Compliance of the Road Rules is the intended outcome, however non-compliance will result in detection and a fine/disqualification. To all drivers I say, "the choice is yours."

Another issue that has been a problem and manifested itself to a higher level over the Easter period has been the use of recreation vehicles.

Since the introduction of the cheap, imported mini motor cycles and 4 wheeler all terrain vehicles there has been what seems to be an explosion in their acquisition/use.

Unfortunately a lot of people have purchased these vehicles for themselves or their children without knowing or realising the restrictions legislation has placed on the use of these vehicles.

In layman's terms these vehicles **cannot be operated within 500 metres of a domestic premises unless the vehicle is being operated by, or with the consent of, the occupier.** If this criteria is not met, then the vehicle must not be used! This legislation is contained within the **Environmental Management and Pollution Control (Miscellaneous Noise) Regulations 2004 (S.R. 2004, No. 50).**

Under certain circumstances the legislation provides for Police and Authorised Officers to seize offending vehicles. Other common domestic related machinery (lawn mowers, chainsaws, power tools etc.) is covered in the Act from which these regulations were created.

Courtesy and common sense should avoid any issues involving this type of vehicle, particularly once people become aware of the restrictions.

I would strongly recommend if any person is unsure of the details surrounding the legislation they contact their local police station for advice.

On a completely different note, this Saturday is the 25<sup>th</sup> of April, being ANZAC Day. If you are not able to attend either the dawn or the 11am service, please take a moment to remember those who have made the ultimate sacrifice to enable us to live in "The lucky country", Australia- LEST WE FORGET.

**Sergeant Derek Singline**

Officer in Charge

St Marys

St Marys Police Phone Number **63721010**

Non Urgent Number **131444**

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Josh and Lyn will be visiting the East Coast on the first and third Tuesday of every month

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## COMMUNITY GRANTS FOR RURAL HEALTH WEEK

Health Minister Lara Giddings recently encouraged local groups from communities around the State to apply for \$30,000 committed by the Tasmanian Government for small grants of up to \$2,500 to run health promotion activities during Rural Health Week this year.

Ms Giddings also urged rural Tasmanians to nominate champions of health and wellbeing in their communities for the State's Rural Health Awards.

Ms Giddings was in Oatlands to officially launch organisation for Rural Health Week – a collaborative effort between the Department of Health and Human Services, the University's Department of Rural Health and the Australian Government Department of Health and Ageing.

RHW will run from 9-15 November and showcase programs, projects, research and services that promote health and wellbeing in rural and regional areas of Tasmania.

Ms Giddings said that many sectors of the community were doing it tough because of the global financial crisis, but that the rural sector was doing it tougher than others because the financial meltdown was compounded with successive years of drought.

"When things are tough, people need help in many ways, and one of the most important is with health services," Ms Giddings said. "Unfortunately, people under pressure often don't take the time to look after themselves, and an occasional reminder is a good thing, and that is what Rural Health Week aims to do.

"Tasmania's Health Plan is also continuing to improve the way we deliver health services to our rural communities.

"This has involved a greater focus on disease prevention, early intervention and community-based assistance for self-management programs.

"The Government has a leading role to play, but everyone in the community can contribute.

"Events like Rural Health Week are an ideal vehicle for doing just that, as they empower communities to help improve their own health."

Ms Giddings said the Government was again contributing funding of \$30,000 towards a community small grant scheme to support groups in their chosen health promotion activities during Rural Health Week.

Acting Dean of the University of Tasmania's Faculty of Health Science Professor Judi Walker said it was a great opportunity for rural communities to promote good health and wellbeing.

"Rural Health Week is an opportunity for country communities to celebrate their achievements in health and wellbeing under the theme 'Health and Wellbeing – Sustaining Rural Tasmania,'" Professor Walker said.

"It aims to increase awareness within rural communities about their health issues and the importance of a preventative approach to their health through activities and established programs within the community.

"Up to \$2,500 will be available to each of the Rural Health Week regional planning groups for organising health promotion activities.

"At the same time, communities will also be invited to nominate local champions of rural health in recognition of their outstanding efforts in making a difference to the health and wellbeing of people in their community.

"Three awards – the Rural Health Community Award, Rural Health Worker Award and Rural Health Group Award – will be presented at the culmination of RHW on 15 November."



Lara Giddings.

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[www.fingalvalleyhistory.com](http://www.fingalvalleyhistory.com)

Supermarkets and takeaway stores were completely unknown to our early settlers. They had no choice but to live off the land and make do with what was available.

The following recipe for **Kangaroo Tail Stew** is a typical example of a good, nourishing, hearty meal enjoyed by many of our ancestors.

**Ingredients:** 1 kangaroo tail, 3 or 4 potatoes, 2 onions, 1 carrot, 1 parsnip, salt and pepper.

**Method:** Remove skin and joint tail. Slice onions and lightly brown meal by frying with the onions. Cut potatoes, carrot and parsnip into fairly small pieces. Place in cooker with one and a half cups of water, plus any seasoning you might like to add. Cook until vegetables are tender. Remove bone from top joint before serving.

For more on the history of the Fingal Valley visit our website [www.fingalvalleyhistory.com](http://www.fingalvalleyhistory.com), call into the St Marys Online Access Centre, or see our display at the Cranks and Tinkerers Motor Museum in Main Street, St Marys.



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 Federal Member for Lyons

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Written and Authorised by Dick Adams, 53B Main Road Perth  
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## Drought Bus comes to rural communities in need

Continuing its successful tour of drought affected regions of Australia, Dick Adams; Member for Lyons announced last week that the Australian Government's Drought Bus will visit various locations in Lyons from the 21<sup>st</sup> April until the 1<sup>st</sup> May 2009. Dick Adams said specialised staff from Centrelink including Rural Services Officers, social workers and Customer Service Advisers will be on hand to provide information on government payments, counseling and support.

"We're making it easier for farmers and farm-dependent small businesses to access drought assistance payments and other services by taking the Drought Bus directly to the people.

"While recent rainfalls across some parts of the country have provided some immediate relief, the prolonged effects of the drought are still placing great financial and emotional strain on farming communities. Farmers and small businesses need to understand they aren't alone, and that help is available," Dick Adams said.

Mr Adams said the success of the Drought Bus initiative has been overwhelming.

Since their launch in November 2006, the Drought Buses have covered over 118,000 kilometers, delivering services and support to more than 22,500 people in about 800 towns across Australia.

"After battling the dry conditions for years, many farmers are finding it difficult. But there is support available. "Everyone's circumstances are different, and farmers shouldn't self-assess their eligibility for drought assistance or other support payments and services. I encourage local residents to contact staff at the Drought Bus or call the Drought Assistance Line on **13 2316** to discuss their eligibility."

"Please contact my office on **6398 1115** or **6261 3366** to see when the drought bus will be coming to an area near you," Mr Adams said.

Staff on the Drought Bus can also assist with other Centrelink matters, such as general payment information, updating customer contact details, printing documents and making appointments.

### The Drought Bus will be at:

Sorell Memorial Hall Carpark, 9.30 – 4.30 Tuesday 21 April

Flour Mill Park, Colebrook Main Road, 9.30 – 4.30 Wednesday 22 April

Ferguson Park, Midlands Highway at Pontville, 9.30 – 4.30 Thursday 23 April

Hamilton Carpark in River Street, 9.30 – 4.30 Friday 24 April

Corner of Patrick Street and Market Place in Bothwell, 10.00 – 4.00 Monday 27 April

Stutzer Street, Oatlands 9.30 – 4.30 Tuesday 28 April

Outside the Ross Town Hall in Bridge Street, 9.30 – 4.30 Wednesday 29<sup>th</sup> April

**Talbot Street in Fingal 9.30 – 4.30 Thursday 30<sup>th</sup> April**

Cressy Road, Cressy, 9.30 – 4.30 Friday 1<sup>st</sup> May.



Federal Member for Lyons  
Dick Adams.

### St Marys Online Access Centre Opening Hours:

Monday 10am -3pm

Tuesday 10 am-4pm

Wednesday 10am-4 pm

Thursday 10 am – 3 pm

Friday 10 am – 3 pm

Saturday 11 am – 2 pm

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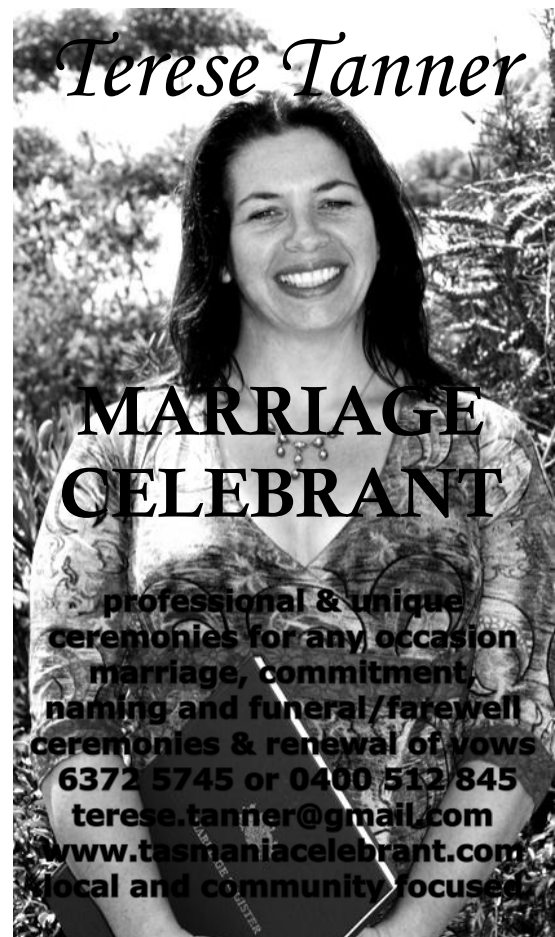
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**FEDERAL FUNDING FOR RAIL CROSSINGS  
IN LYONS WELCOMED**

Dick Adams, Federal Member for Lyons, has welcomed the installation of active safety measures at high risk level crossings in Lyons.

“This funding will go a long way to addressing some of the safety issues faced at rail crossings in Lyons.

“Crossings on the Midlands Highway at Conara; the Main Line and Western Line in Evandale; Drummond Street, Perth; Mudwalls Road, Colebrook; Main Road East and West in Avoca and Esk Main Road Ormley will benefit from the introduction of an Active Advance Warning System. Clarendon Lodge Road in Evandale will be upgraded to introduce flashing lights.

“These warning systems will ensure that motorists are aware of trains well in advance of reaching the crossings, and will make the rail crossings much safer for both motorists and trains”, Mr Adams said.

Funding for these safety projects will come from the Rudd Labor Government’s \$150 million *Boom Gates for Rail Crossings Program*, a key element in the Nation Building and Jobs Plan.

Across Australia there are around 100 accidents on rail crossings every year. In Tasmania last year there were three accidents, fortunately none of those resulted in fatalities or serious injuries.

Nationally the *Boom Gates for Rail Crossings Program* will provide \$50 million in 2008/09 and a further \$100 million in 2009/20 for the installation of boom gates and other safety measures at over 250 level crossings.

“This important investment will not only improve road and rail safety, but will also support local jobs and businesses during the current global recession.

“This is the first time that the Federal Government has had a program dedicated to improving safety and preventing accidents at level crossings.

“The new safety measures are part of the \$26.4 billion nation Building Program which will deliver and maintain road and rail infrastructure that is vital to regional and rural areas.

“Of this funding, \$800 million will be invested in Tasmania, almost double the amount spent by the previous government in the State”, Dick Adams said.

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**MEETING DATES 2009**

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WEDNESDAY AUGUST 12TH	7.30PM
WEDNESDAY OCTOBER 14TH	7.30PM
WEDNESDAY NOVEMBER 11TH	7.30PM

ALL MEETING ARE HELD AT THE HOME OF MRS SHEILA CHUGG,  
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NEW MEMBERS WELCOME



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## New Slipway Guidelines Released

The Minister for the Environment, Michelle O'Byrne, last week said the State Government was taking action to improve the management of chemicals and heavy metals at boat repair and maintenance facilities to better protect the marine environment.

Ms O'Byrne said new environmental management guidelines for slipways had been released and an investigation was also underway into applying further protections under the Environmental Management and Pollution Control Act.

"There are an estimated 2500 vessels permanently moored in Tasmanian waters and approximately 65 boat repair and maintenance facilities in the State.

"The guidelines provide advice to operators and boat owners on how to ensure their boat repair and maintenance activities are environmentally sustainable."

Ms O'Byrne said environmental management of boat repair and maintenance facilities was an extremely important issue.

"Recent marine sediment sampling has shown that heavy metals such as copper, lead and zinc, as well as the anti-fouling agent tributyltin, have entered the marine environment near boat facilities.

"Although the contamination around each site appears to be localised, we need to take steps to ensure that the future environmental impacts of this important industry are minimised."

"Tasmania's marine resources are a valuable part of the State's economy, and local industry along with the general public place a high value on the State's clean and healthy environment."

"Boating traffic is increasing in our coastal waters and there is continued demand for the services offered and the activities undertaken at boat repair and maintenance facilities," she said.

The new guidelines describe how to achieve the objectives and requirements of relevant legislation such as the Environmental Management and Pollution Control Act 1994, and its Waste Management Regulations.

Ms O'Byrne said she congratulated the leadership shown by some operators already to upgrade their facilities to allow for better environmental management, and there have been a number of facilities that were in the process of upgrading to the standards embodied in the guidelines.

"The guidelines will encourage the industry to improve its waste management practices and to take on a stronger stewardship role in the area of environmental management," Ms O'Byrne said.

"I commend organisations such as the Tasmanian Seafood Industry Council and NRM South for their recent achievements in this area."

Ms O'Byrne said to support this work, she had asked the Environment Department to investigate a proposal to regulate the larger slipways as 'Level 2 activities' by amending the Environmental Management and Pollution and Control Act.

"We have advised stakeholders of the new guidelines and proposed changes to the Act and will consult with industry and other stakeholders to ensure all relevant issues are examined.

"I urge everyone involved in boat repair and maintenance to obtain a copy of the guidelines and make sure that their activities are in line with the guidelines."

Copies of the Guidelines and the Report on Submissions to the draft Guidelines can be downloaded from the Environment Division's website. See [www.environment.tas.gov.au/whatsnew](http://www.environment.tas.gov.au/whatsnew)



Michelle O'Byrne.



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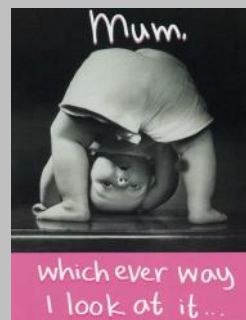
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# When farm sprays go astray Article from: The Australian

Leigh Dayton and Matthew Denholm *April 11, 2009*

**WHEN fisheries veterinarian Matthew Landos got his first look at the double-headed fish embryos in a Queensland hatchery, he had no idea he would soon team up with a Tasmanian doctor worried that the widespread use of agricultural and forestry chemicals was making her patients sick.**

"In hindsight it makes perfect sense. If exposure to agricultural chemicals could cause deformed and dying fish, as the evidence suggests, of course the chemicals had the potential to trigger serious health problems with other animals, including people," says Landos, who runs a consulting practice called Future Fisheries Veterinary Services and is a research associate and honorary lecturer with the University of Sydney.

Late last year hatchery owner Gwen Gilson hired Landos to find out why - after years of healthy hatchings - embryos and fish fry were dying in huge numbers, while others showed bizarre physical or behavioural abnormalities. His investigation suggested the problem was the result of a cocktail of chemicals sprayed on a nearby macadamia plantation.

Pathology reports on Gilson's fish, written by Roger Chong of Queensland's Biosecurity Sciences Laboratory, backed Landos's conclusion. It revealed the deaths, deformities and behavioural abnormalities of fish and fish fry were consistent with exposure to the types of agrichemicals used to treat macadamia trees.

Landos's work led to a report last January in *The Australian* of a possible cancer cluster among residents living close to the plantation. The residents have since asked Queensland Health to investigate. That coverage struck a chord for Alison Bleaney, a GP at St Helens on Tasmania's east coast.

About a decade ago Bleaney began wondering why so many of her patients were getting so sick. "I just started feeling something wasn't right. It just didn't make sense." She was seeing a rise in cancers, auto-immune diseases, diabetes, thyroid problems, reproductive difficulties, children with behavioural problems and lots of flu-like illnesses.

The situation puzzled her for years until, in 2003, a helicopter used for aerial spraying of agrichemicals crashed in a forest plantation in the upper George River catchment. A short time later, there were mass deaths of oysters in Georges Bay.

"Suddenly I thought, 'What is happening to our drinking water?'," Bleaney says. "There had been a rapid increase in plantation areas in the catchment and a corresponding increase in pesticide use. It struck me, and still strikes me, as being consistent with the timing." Turning to scientific reports, Bleaney concluded that the rise in local cancer cases she had documented between 1995 and 2005 made sense. Agrichemicals and cancer go hand in hand, she thought, despite Tasmanian Director of Public Health, Roscoe Taylor, finding no evidence to back her fears.

Although Taylor found no proof of a cancer cluster in Bleaney's data, he remains concerned about some commonly-used agricultural chemicals which are applied by aerial spraying in drinking water catchments. He has called for an end to all aerial spraying.

Today, Landos and Bleaney are waving the warning flag for all Australians, not just Queenslanders and Tasmanians. They point to a growing body of international scientific and circumstantial evidence suggesting that the fungicides, pesticides and weed killers used on the nation's farms and forests can cause a range of human health problems. These run from transient stomach pain and headache far more serious conditions such as reproductive and neurological disorders, and even cancer.

While many of the studies are conducted on experimental animals such as fish, experts suggest that because backboneed animals share biological systems with people, the findings are worrying. One scientist exposing human cells to agrichemicals such as endosulfan in the laboratory is Dayanthi Nugegoda, an ecotoxicologist with RMIT in Melbourne.

"Endosulfan is terrible," says Nugegoda. "We found it's very toxic in our in-house experiments."

The active agents in the so-called agrichemicals on Landos's and Bleaney's personal hit-list include wetting agents that break down into compounds such as nonylphenol, known to disrupt hormonal production, organophosphate, a known neurotoxin, and carbendazim, a hormone disruptor which also causes developmental abnormalities in foetuses.

Farmers often use more than one of these toxic agents on their crops, says Landos.

"A NSW Department of Primary Industries study of vegetable residues found up to six residues on individual vegetable crops."

Worse, when two or more such chemicals are combined they may pack a mightier punch than each would individually. Earlier this year US researchers reported they had observed exactly that in a study of the effects on young fish of various mixtures of organophosphate and carbamate pesticides.

"Several combinations of organophosphates were lethal at concentrations that were sublethal in single-chemical trials," they wrote in the journal *Environmental Health Perspectives* (doi:10.12889/ehp.0800096).

Then there's atrazine and a related compound called simazine. Used to prevent weed growth in tree plantations and in most agricultural food productions in Australia, these "triazines" disrupt human hormones.

Developmental endocrinologist Tyrone Hayes, with the University of California at Berkeley, has conducted laboratory experiments that show atrazine promotes the growth of breast cancer cells by altering the production of the hormone oestrogen.

On a visit to Hobart last month, organised by Bleaney, Hayes told *Weekend Health* the triazine-cancer phenomenon had been neatly exploited by industry.

"The same company that makes atrazine (as a herbicide) spun out a new company that makes an anti-breast cancer medication that blocks its action," he says, noting that the company involved has complained formally to UC administrators about his public pronouncements on the subject.

Similarly, Landos's and Bleaney's concerns are not welcome in Australian industry circles. The Australian Macadamia Society and forestry giant Gunns Limited, for instance, dispute the suggestion that their agrichemicals make anyone sick.

They argue that they follow safety guidelines set by state authorities and the national regulator, the Australian Pesticides & Veterinary Medicines Authority. Setting aside the possibility of misuse of the agrichemicals, both outfits are right. The chemicals are approved for use by the APVMA. And that's exactly the problem, the critics argue.

Speaking of the triazines, Hayes says: "My professional opinion is that I don't think they can be used safely. They harm the environment and human health and reproduction. We need to protect the people using it and manufacturing it".

Hayes may get his wish, at least in the US. Atrazine is at present under review by the US Environmental Protection Agency. As well, a bill to ban it outright is before Congress, where Congressman Keith Ellison is leading the push to get a full hearing on the matter in key committees.

In Australia, the APVMA has no plans to review atrazine. But the Tasmanian Government has requested a formal review of triazines due their persistence in waterways potentially sourced for drinking. As to organophosphates, they too are approved for specific uses by the APVMA. And carbendazim? It's been under review by the APVMA since 2007.

According to Hayes, they too should be banned, along with another group of insecticides, the pyrethroids.

"They're so toxic I don't study them because the harm they cause to animals is so early in development it's too early to study their endocrine systems," he says.

## Herbicides linger for twice as long as experts expected. Article from: [The Australian](#)

Matthew Denholm | April 11, 2009

**WEEDKILLERS widely used on crops and forest plantations have been found to linger in the environment twice as long as previously thought, forcing a regulatory rethink and heightened health fears.**

Research commissioned by the Tasmanian Government has found triazine herbicides persist far longer in cool climates and certain soil types than current guidelines suggest.

The findings, confirmed to The Weekend Australian, are forcing state and federal regulators to consider tightening controls on their use. But medical and scientific experts said a total ban on aerial spraying of triazines -- atrazine and simazine -- in water catchments was now justified. Although banned in Europe, triazines are still widely used in Australia to control weeds in forest plantations and in crops such as canola, sugar cane, maize, sorghum and lupins.

Studies have linked the chemicals to cancers and disorders of the human endocrine (reproductive, hormonal and nervous) systems.

Tasmanian Director of Public Health Roscoe Taylor told The Weekend Australian he was uneasy about these health risks and about ongoing aerial spraying of triazines in water catchments.

"I still have concerns about widespread broad-acre application by aerial spraying methods in drinking catchments," he said.

While concern about some chemicals could be addressed with tighter codes and regulation, the use of others -- such as simazine and atrazine -- did not appear justified.

Triazines are frequently detected in Tasmanian rivers and have been banned from use in the Macquarie River catchment because of repeated contamination. Testing in mainland states is less regular, but in 2006 atrazine was found in low levels in the drinking water of three Murray River towns.

The new research, commissioned by Tasmania's Department of Primary Industries and Water, confirms Dr Taylor's suspicions that triazines persist for far longer in cool climates. "That has now been researched and demonstrated to be the case; the degradation of (triazines) by microbes and other organisms does not happen as quickly -- at least twice as slow - in cool climates," he said.

Tasmanian authorities believe the findings may also be relevant to cooler parts of mainland states, such as highland NSW, the ACT and Victoria.

Dr Taylor said the Australian Pesticides and Veterinary Medicines Authority (APVMA) should rethink its stance that triazines are not capable of disrupting human endocrine systems.

APVMA public affairs manager Simon Cubit said longer chemical persistence in cooler climates was already factored into guidelines. However, the authority would assess the "regulatory implications" of the new research and it was possible a change was needed.

Tasmanian Primary Industries and Water Minister David Llewellyn confirmed that the research "provides cause for reviewing the controls on the use of triazines in Tasmania".

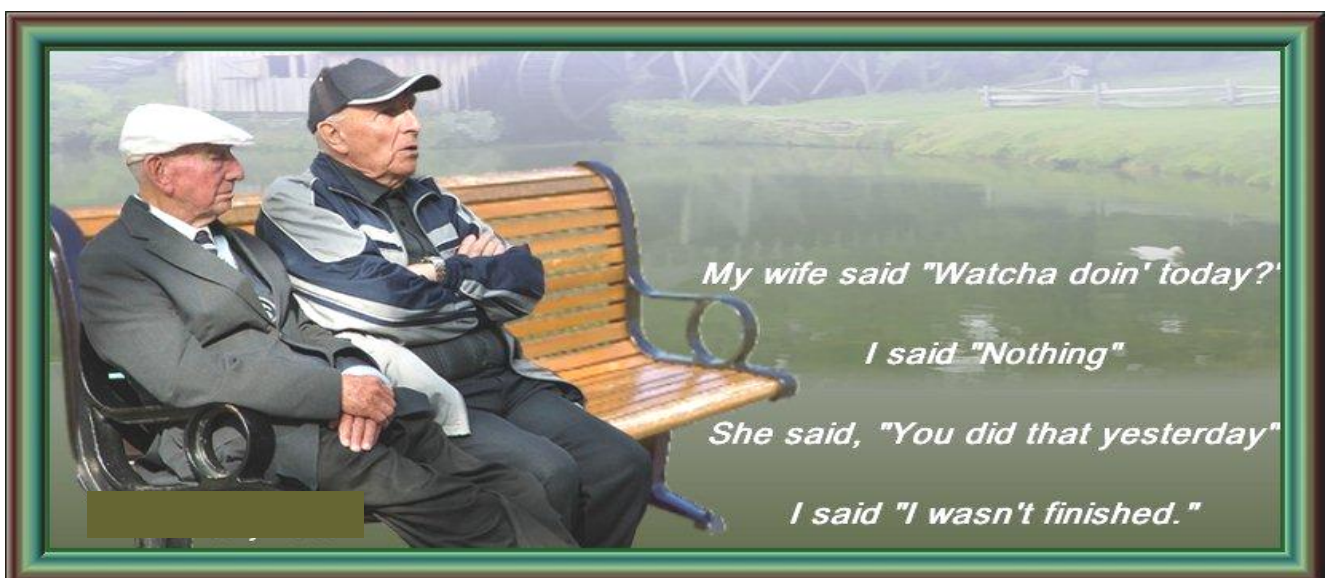
"The Tasmanian authorities are considering the issue and are working with the APVMA," Mr Llewellyn said. "Additional regulatory controls will also be introduced as part of the current process of reform of agricultural chemical use."

The Tasmanian Agricultural Productivity Group said while tighter controls might be needed in some cases, a ban on aerial spraying was unjustified and would "make impossible some productive farming".

However, Dr Taylor pointed to studies showing that savings made by using triazines were minimal. One estimated that halting triazine use would increase costs by just 1 per cent, while there was no decrease in corn yields after Italy and Germany banned atrazine in 1991.

Dr Taylor said he also held concerns for animals exposed to the chemicals in rivers and streams into which they are washed by rainfall.

"There does seem to be emerging evidence of ... potential harm at low concentrations for aquatic species -- frogs, for example," he said.





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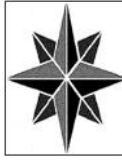
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### HOW TO CALL THE POLICE WHEN YOU'RE OLD AND DON'T MOVE FAST ANYMORE.

George Phillips, an elderly man, from Meridian, Mississippi, was going up to bed, when his wife told him that he'd left the light on in the garden shed, which she could see from the bedroom window.

George opened the back door to go turn off the light, but saw that there were people in the shed stealing things. He phoned the police, who asked, "Is someone in your house?" He said "No," but some people are breaking into my garden shed and stealing from me.

Then the police dispatcher said, "All patrols are busy. You should lock your doors and an officer will be along when one is available."

George said, "Okay." He hung up the phone and counted to 30.

Then he phoned the police again.

"Hello, I just called you a few seconds ago because there were people stealing things from my shed. Well, you don't have to worry about them now because I just shot them." And he hung up.

Within five minutes, six Police Cars, a SWAT Team, a Helicopter, two Fire Trucks, a Paramedic, and an Ambulance showed up at the Phillips' residence, and caught the burglars red-handed.

One of the Policemen said to George, "I thought you said that you'd shot them!"

George said, "I thought you said there was nobody available!"



**Pharmacy Self Care Health Facts Column**  
**By John Bell - 1 April 2009**

**Flu vaccination – do you need it this year?**

Flu only affects old people, right? Wrong!

The fact is, rates of flu infection are highest among children. Nevertheless, children under the age of five are less likely to show the typical symptoms of flu – the fever and the cough – and you may not know that your child has actually contracted the infection.

Whilst most children generally cope pretty well with the flu, some may not be so lucky; and in any event they're all very good at spreading the infection around. There is now mounting evidence that widespread vaccination of children against influenza slashes infection rates in both children and the more vulnerable elderly.

Each year in Australia flu causes an estimated 3,000 deaths in older Australians. There are also the economic costs to the community of 1,500,000 lost work days; 300,000 doctor visits and 18,000 hospitalisations. The virus apparently picks its victims, singling out those people least able to resist the adverse effects. The greatest concern for doctors and patients alike is the danger, not just of the flu itself, but of severe complications such as pneumonia and the effect of influenza on existing medical conditions. People with chronic heart, kidney or lung disease, diabetes or other long-term illnesses are particularly at risk. The stress caused by influenza can worsen these conditions and even cause premature death.

Today, prevention is our major weapon against influenza. You can help protect yourself by making sure your lifestyle is healthy with regular exercise you enjoy and a daily diet that includes the widest possible variety of foods. And, of course, annual vaccination against the flu is recommended for all people in high risk categories.

Everyone 65 years or older should have the flu vaccine. As well, at any age, you should be vaccinated if you have an ongoing illness such as diabetes, kidney disease, asthma, heart or circulation problems, or compromised immunity as a result of HIV, cancer, or long-term steroid use.

It is especially important for people in nursing homes, hostels and long care facilities to have the flu vaccine. Now there is also a special effort to ensure people who might spread the infection to the above groups are vaccinated. This includes health workers - doctors, dentists, nurses, pharmacists, carers and even children.

Because of the changing nature of the flu virus, it is almost always necessary for the vaccine to be reformulated each year. New forms of the virus are named after the place where they were first identified.

The flu vaccine for the southern hemisphere winter 2009 contains inactivated viruses of the type found recently in Florida and Brisbane; and these strains are the ones considered most likely to cause problems in Australia this year.

Research has shown that flu pandemics (major worldwide epidemics of influenza) are likely to occur every 30 or 40 years. The most recent pandemic was the so-called Hong Kong flu of 1968. So another global outbreak is considered to be likely soon.

What was known as the "Spanish flu", early last century, killed more than 20 million people – including 12,000 Australians out of a total population then of less than 5 million.

Again this year the Australian Government will provide flu vaccine free of charge to everyone 65 years plus. For everyone else the flu vaccine is a subsidised pharmaceutical benefit.

While you're at the doctors ask about the benefit of pneumonia vaccine – recommended every five years or so for those of us in the high risk groups.

You can get more advice about whether the flu vaccine is right for you from pharmacies around Australia providing the Self Care health information. Phone the Pharmaceutical Society (PSA) on 1300 369 772 for the nearest location, or visit the website at [www.psa.org.au](http://www.psa.org.au) and click on Self Care Pharmacy Finder.

Information on this page was supplied by the  
St Marys Pharmacy.



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Authorised by Tim Morris MHA, Parliament House, Hobart 7000.



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# Safe from the Start -Training Dates-

**The Salvation Army is holding free training sessions on the 'Safe from the Start' project.**

Training focuses on the best methods of practice for health, childcare and education professionals working with children who have witnessed family violence.

The 'Safe from the Start' project is an Australian first and an innovative resource initiative based on recommendations from a Tasmanian research study conducted in 2006.

The research; States of Mind (Dr Erica Bell, University of Tas—Department of Rural Health) was commissioned by the Salvation Army (Tas) to consider the specific needs of children aged 0-5 affected by family violence.

A funding grant from Tasmanian Early years Foundation has been received for further training in 22 locations in Tasmania, which commenced in February 2009.

**Safe from the Start Training will be held for:**

## St Marys

**Tuesday 5<sup>th</sup> May from 9:00am-12:30pm**

**St Marys Community Health Centre, Gardiners Creek Road**

## St Helens

**Tuesday 5<sup>th</sup> May from 1.30-5.00pm**

**St Helens Neighbourhood Centre, 21 Circassian Street**

All registrations and enquiries to:  
Bronwyn Gabriel (03) 6228 8419  
[bronwyn.gabriel@aus.salvationarmy.org](mailto:bronwyn.gabriel@aus.salvationarmy.org)  
PO Box 50, New Town 7008  
Fax: (03) 6278 7193



## MEALS ON WHEELS ROSTER

April/May	St Marys	Fingal
Monday 27th	Trish Pike	Sharon Hall
Tuesday 28th	Patricia Barr	
Wednesday 29th	Pat O'Donnell	
Thursday 30th	Kaye Nailer	
Friday 31st	Hannah Rubenach	
Monday (May) 4th	Fe Gillies	Susan Woods
Tuesday 5th	Pam Gillies	
Wednesday 6th	Liz Rice	
Thursday 7th	Heather Griffiths	
Friday 8th	Claire Bean	

## Church Services

### Catholic Parish of St Marys

Sr. Lorraine Groves  
Parish House. Ph: 6372 2252  
Mob: 0409 172 741

#### 1st Sunday: MASS

St Helens Vigil 6.00pm  
Bicheno 9.00am  
Swansea LWC 9.30am  
Fingal 11.30am  
Campbell Town 5.00pm

#### 2nd Sunday: LITURGY

St Helens Vigil LWC 6.00pm  
St Marys LWC 9.00am  
Bicheno LWC 9.00am  
Swansea LWC 9.30am  
Fingal LWC 9.30am  
Campbell Town LWC 5.00pm

#### 3rd Sunday: MASS

St Helens Vigil 6.00pm  
St Marys 9.00am  
Swansea 11.30am  
Campbell Town 5.00pm  
Bicheno LWC 9.00am

#### 4th Sunday LITURGY

St Helens Vigil LWC 6.00pm  
St Marys LWC 9.00am  
Bicheno LWC 9.00am  
Swansea LWC 9.30am  
Fingal LWC 9.30am  
Campbell Town LWC 5.00pm

#### 5th Week MASS

St Helens Vigil 6.00pm  
Bicheno 9.00am  
St Marys 11.00am  
Swansea LWC 9.30am  
Campbell Town 5.00pm

SEE NOTICE PREVIOUS PAGE  
FOR EASTER SERVICES

### Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays  
Fingal: 3 pm 1st/3rd Sundays  
Mathinna: 3pm 2nd/ 4th Sundays  
Ross: 11am 1st/3rd Sundays  
Campbell Town: 9am every Sun.  
(3rd Sunday –Family Service)

### Anglican Parish of Break O'Day

Ph: 6376 1144

St Helens Every Sunday  
8 am and 10.30 am

#### Kanga Sunday School

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every Sunday for children  
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St Marys every Sunday 10 am  
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#### Sunday Joy

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### Break O'Day Uniting Church

The Manse St Helens  
Ph: 6376 2405

St Helens 9.00 am  
Fingal 11.15 am

#### Seventh Day Adventist

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Divine Service 11 am

## MEALS ON WHEELS DRIVERS URGENTLY NEEDED IN ST MARYS AREA.

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Articles and letters published in the Valley Voice are not necessarily the opinion of the staff and volunteers of this community paper. Ed.

### **Contacts for Valley Voice**

PH: Judy: 6372 2155

email: [judith.spilbury@bigpond.com](mailto:judith.spilbury@bigpond.com)

Accounts: Mary: 6372 2328

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Monday	Tuesday	Wednesday	Thursday	Friday
			23rd Apr. ☺ Arts on Tour - St Helens Performance	24th Apr. ☺ Arts on Tour - St Marys Performance ☺ Interhigh Golf
27th Apr. ☺ Dental Service ☺ <b>STUDENT FREE DAY</b>	28th Apr. ☺ Dental Service ☺ Arts On Tour	29th Apr. ☺ Arts on Tour	30th Apr. ☺ Arts on Tour	1st May ☺ TAFE Taster Day - Hairdressing
4th May ☺ Dental Service	5th May ☺ Dental Service ☺ St Marys Cross Country event	6th May ☺ Grade 7 Camp	7th May ☺ Grade 7 Camp ☺ Country Gold Selections ☺ Performance 'Spirit of Ghana'	8th May ☺ Grade 7 Camp

**SCHOOL DENTAL SERVICE**

When next in St Marys

- Tuesday 21st April
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- Tuesday 29th April
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- Tuesday 5th April

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St Helens Dental Unit      6376 5208



Kelham Street Dental Unit  
6336 4100

**STUDENT FREE DAY**  
**MONDAY, 27TH APRIL**

# ENE MINERS SWIMMING CARNIVAL 2009

The Miners sports association held their annual swimming carnival at St Marys pool on Thursday 19<sup>th</sup> March 2009. St Marys school took a small team of representatives from grade 3 to grade 6 to participate. It was a beautiful sunny day and our school achieved some outstanding results from the day.

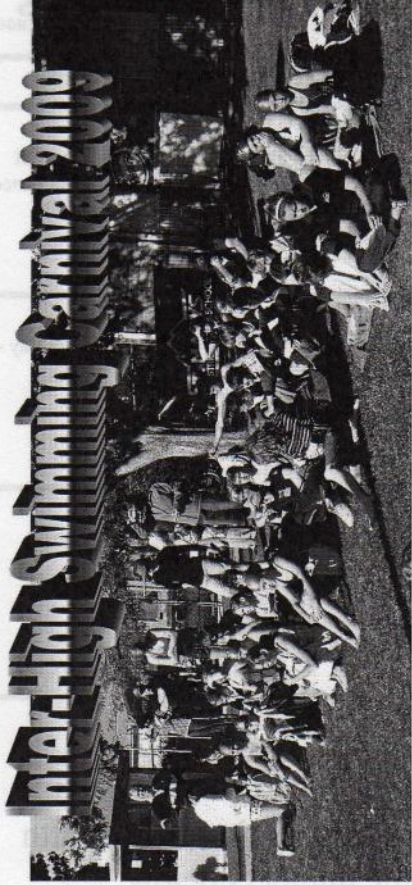
Grade 3 boy - Charlie Brophy broke 3 ENE records in the 25m Freestyle, 50m Freestyle and the 25m Backstroke. Pollie Rawnsley also broke a record in the grade 6 girls 50m backstroke.

Congratulations goes to all students who participated in this event and thankyou to the parents who came and supported this event and thankyou to the members of the ENE who provide the opportunity for further extension in sport within our community.

Laura Coleman



Victoria Napier, Christopher Arratta, Hannah Thomas, Jacob Bushing, Henry Napier, Finn Buchhorn, Charlie Brophy, Lily Ingles-Emmerton, Pollie Rawnsley, Larna Wright, Ebony Duke (Monique Polden and Jayne Cooper were absent on day of photo.)

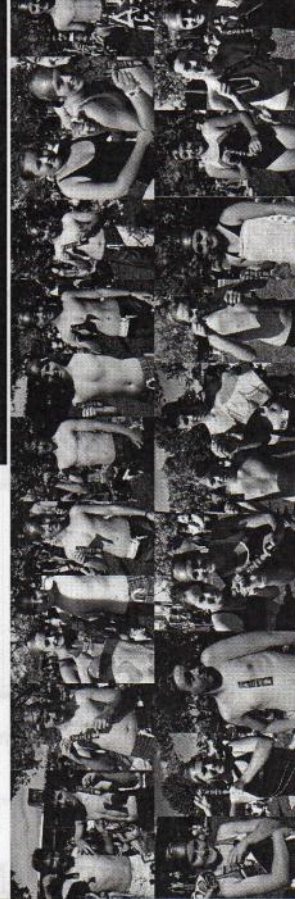


On Friday 27<sup>th</sup> March 2009, St Marys swimmers travelled to Launceston to participate in the Inter-High Swimming Carnival for 2009. Eight schools were participating in this year's event and St Marys DHS finished 3<sup>rd</sup> overall, with only Launceston Christian School (2<sup>nd</sup>) and Scottsdale (1<sup>st</sup>) finishing ahead. We had a small team for this year with many students participating in a big program for the day.

Outstanding performances came from - Billy Harris, Sean Harris, Sophie Bourke, Dan Male and the grade 7 Boys relay team. Billy swam up a grade in Breaststroke and Freestyle events, while Sean swam Butterfly in the junior and senior medley relays and for the senior boy's event. Sophie Bourke and Dan Male were joint winners of the Elizabeth Death Award (for tenacity), setting a wonderful example to our younger students of fine sportsmanship and leadership. The grade 7 boys won their Freestyle relay in outstanding fashion, one of our few wins for the day. The relay team consisted of - Kat Ghasser, Sean Harris, Eaden Alexander and Blake Polden. Blake Polden also won his breaststroke event.

Well done to all participants and thankyou to all the parents who made the trip up for the day. It was a fabulous day and a great achievement by our students.

Laura Coleman



# ST MARYS COMMUNITY HEALTH CENTRE

## DOCTORS ROSTER

Dr Condon- 23rd April - 7th May 2009

Dr Reeckman- 29/30th April and 1st May 2009

Dermatologist Dr Sladden- By referral

## AFTER HOURS SERVICE CONTACT NUMBERS

PLEASE PHONE GP ASSIST ON 1300 780 011

AMBULANCE 1800 008 008 or  
EMERGENCY 000

St Marys Community Health Centre

GP Surgery Hours:

Monday-Friday :50am-12:30pm

12:30pm-1:30pm LUNCH

NO PATHOLOGY SERVICE 12:00-1:30pm

1:30pm-5:00pm

## SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts can not be requested by patients over the phone and are unable to be done over the weekends ensure you have enough medications in advance.

COMMUNITY HEALTH CENTRE 6372 2111

**BEFORE PRESENTING AFTER HOURS.**

**PLEASE BE PATIENT** waiting period can apply.

## CHANGES TO RECEPTION HOURS

Please be aware that on:

TUESDAY 28TH APRIL 2009  
RECEPTION WILL BE CLOSED  
BETWEEN 12:15pm- 1:15pm

Due to a Staff Meeting. We apologise for any inconvenience.

## PODIATRY SERVICES 2009

Bookings for Podiatry Services can be made by phoning:

Lightfoot Podiatry Services Launceston

Phone 6331 9568 for appointments.

Next Podiatry Session- Wednesday 29th April

## CERVICAL CANCER VACCINE

If you are aged between 18 and 26 (or 12-18 if not at school) and want to have the vaccine for protection against cervical cancer then time is running out!

This vaccine requires 3 doses over 6 months. Government funding for this age group runs out in December 2009. if you want the vaccine it needs to be started by June 2009. Once funding stops the cost for the vaccine will be greater than \$400.00. **For your FREE vaccine see your doctor soon.**

## BREASTSCREEN TASMANIA MOBILE BUS

Please be aware that the Breastscreen Tasmania

Mobile Bus will be in our area from:

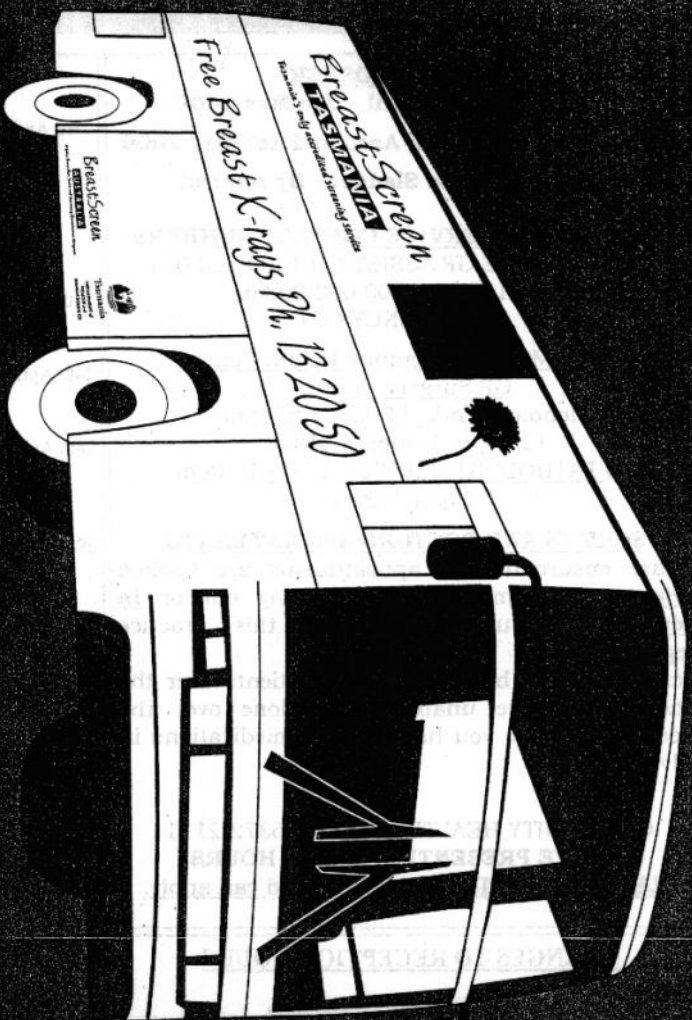
**11th May- 15th May 2009**

\* Further details on reverse of page.

## WHAT'S ON AT THE CENTRE

- 23rd April **Ante Natal Classes**- Classes will be held Thursday evening over 4 weeks at the St Marys Community Health Centre- Day Room. Bookings essential. Please phone the St Helens Neighbourhood House on 6376 1134. for bookings and further details.
- 24th April **Diabetes Educator**- For appointments please see you GP for a referral.
- 24th April **Dermatologist**- Dr Sladden. For appointment please see your GP for a referral.
- 28th April **Child Health Session** with Sue Gofton. Every Tuesday by appointment. Please phone 0428 136 381
- 29th April **Podiatry- Lightfoot Podiatry Services** with Perry Daly. For appointment please phone 6331 9568.
- 29th April **Day Centre**- For details on the group please contact Hayley on 6372 2111
- 29th April **Funeral Plan Information Session** with Tamara from Harris Funeral Services, St Helens. FREE Session all welcome to attend. 11am in the Day Room. Further details please phone Hayley on 6372 2111
- 30th April **Ante Natal Classes**- Classes will be held Thursday evening over 4 weeks at the St Marys Community Health Centre- Day Room. Bookings essential. Please phone the St Helens Neighbourhood House on 6376 1134. for bookings and further details.
- 4th May **Relationships Australia**- Lyn Marie. For appointment please phone 1300 364 277
- 4th May **Hospital Auxiliary Meeting** 1:30pm in the Day Room.
- 5th May **Tom Bain- Rae & Partners Lawyers**. For appointment please phone 6337 5555. Available Tuesday fortnights at the St Marys Community Health Centre
- 5th May **Child Health Session** with Sue Gofton. Every Tuesday by appointment. Please phone 0428 136 381
- 6th May **Day Centre**- For details on the group please contact Hayley on 6372 2111
- 7th May **Ante Natal Classes**- Classes will be held Thursday evening over 4 weeks at the St Marys Community Health Centre- Day Room. Bookings essential. Please phone the St Helens Neighbourhood House on 6376 1134. for bookings and further details.
- 8th May **Diabetes Educator**- For appointments please see you GP for a referral.

# Don't miss the bus!



The BreastScreen Bus will be available at

## ST MARYS

Rear of the St Marys  
Community Health Centre  
11 May – 15 May  
2009

To make an appointment call

# 13 20 50

If you have had a screening done in the past by BreastScreen Tasmania you will be notified by mail in the coming weeks of their upcoming visit and arrangements can be made to make an appointment at this time.

If you have not attended before and would like an appointment please ring 13 20 50



# Fingal Primary School News



## Harmony Day at Fingal Primary School

### Harmony Day

On the 21st of March students from Fingal Primary School celebrated Harmony Day. We all made cut-out figures to represent ourselves and we dressed and decorated them. We then displayed them on the fence around our school. We understand that the world is made up of diverse and different people and that we all have a valuable contribution to make to our world.



### Easter

On Thursday 9th of April staff and students from Fingal Primary School went to the Catholic Church at Fingal to participate in our Easter Service. Sister Lorraine from St.Marys conducted the service with some help from some students. Leah Thow, Alicia Lowe and Carley Baldwin read their recounts of the Easter Story and Bridgette Burns explained the meaning of some of the Easter Symbols. All students had written prayers for others in the week prior to Easter. The following prayers were shared with the congregation:

- Catherine Bean:** We pray that our families are kept safe when they drive at Easter time.
  - Kallum Brittain:** We pray that we all have a happy time at Easter.
  - Kurtis Tuck:** Thank you for all the lovely animals that are in the world. Thank you Mum, Dad, Nan and Pop for all your help looking after me.
  - Nathan Applebee:** We pray that over Easter we are all safe.
  - Kimberly Burns:** We pray that over Easter all the lonely people get nice friends to play with.
  - Nakea Brown:** We pray that over Easter we are all safe on the roads. We hope we stay safe when we are playing.
  - Sam Herbert:** We hope that the homeless people get some money and a house. We hope that everyone drives safely on the roads. We hope that there are no more bushfires.
  - Elizabeth Bosworth:** We pray that the soldiers who are fighting at war overseas are kept safe this Easter.
  - Thomas Gee:** We pray that we have world peace and happiness this Easter.
  - Alex Johns:** We pray that everyone stays safe on the roads this Easter.
  - Grace Gee:** We pray that everyone shows love and kindness to others at Easter.
- Thank you to Mrs. Rankin, Mrs. Lowe and Sister Lorraine for organising our service.

## Calendar of Events - April/May

<b>27th</b> Moderation Day No School for Students	<b>28th</b>	<b>29th</b>	<b>30th</b> Launching into Learning 1.30-3.00 p.m. MS Readathon Visit 2.00p.m. Targa	<b>1st May</b>
<b>4th</b> Moderation Day No School for Students	<b>5th</b>	<b>6th</b> Kinder Speech Screening	<b>7th</b> Primary Sports Small Newsletter	<b>8th</b> Summary Reports sent home

**St Marys Sports Centre Inc news** Kackhander.

First to golf, and Col Payne who does a lot of work around the club, is very keen to see golf up and running sooner rather than later despite a slow start.

It is anticipated that due to a number of our more regular players being involved in businesses or other work commitments a time block option for club competitions may well apply. Some might say this causes a certain clique in the club because players would tend to play together more often to the exclusion of others, but if it provides more players the chance to play more often then it must be a better option. Bums on seats is the simple fact for our comps.

It has also been suggested that Sundays might also be a better option for many of our major sponsored days allowing more to play more often. It is certainly worth considering.

Thanks to all involved in the Annual Dinner Night last weekend. I'm sure all who went had an enjoyable time. Congratulations to all the trophy winners too and due to the necessity to write this article early, further news on the night will need to come next time.

Thanks also to all those taking on roles in the next Bowls season and congratulations must go to Jim Turner whose first year as Bowls President was excellent. Well done Jim.

Let's not forget Nikki Viney, ALL THE SELECTORS, (who have a thankless task at the best of times) and Jack and Damon Viney for the green. Anyone who had anything to do with the recent season, THANKS HEAPS.

Anyway until next time, good hitting and rolling.

**OPEN INVITATION TO ALL RESIDENTS.**

An open invitation  
from the

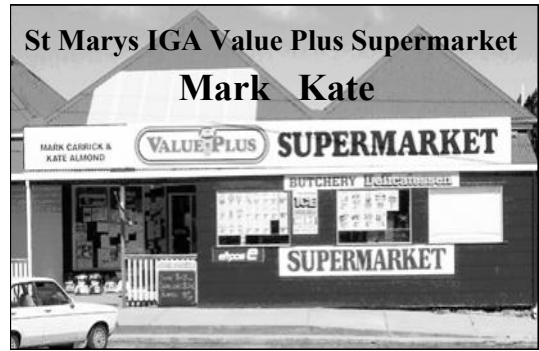
**Tas Fire Service, Tas Ambulance Service  
and the SES,**

is extended to all members of the public  
for a viewing of the new

**St Marys Fire and Emergency  
services facilities**

on Saturday 23<sup>rd</sup> May  
between 10:00am and 14:00hours.

Some food and refreshments will be available.  
Displays will be on show from each service.



**38 Main Street St Marys**  
Phone/Fax 6372 2240 - Butcher Ph: 6372 2274  
**Mon – Fri 8am – 6pm**  
**Sat 8am 12 noon**

**This week's specials.**

***From the butchery.***

Microwave whole chicken	\$ 5.99kg
Porterhouse steak	\$15.99kg
1st grade beef mince	\$ 8.99kg
Chicken thigh fillets	\$13.99kg
Honey soy drumsticks	\$ 5.75kg

***Instore specials***

Purex toilet tissue 9pk	\$3.99
Schweppes/ Pepsi soft drink 2lt	\$1.79
Billy teacup bags 100s	\$2.79
CSR white/raw sugar 2kg	\$2.59
Kelloggs cornflakes 825g	\$3.99

***Late week specials***

Black & Gold sliced bread 680g	\$1.99
Arnotts shapes biscuits 160/200g	\$1.99
Inghams frozen chicken No22	\$9.99
Watties baked beans & spaghetti 420g	.99c

**Next week's specials.**

***From the butchery***

T-bone steak	\$14.99kg
Hawaiian steak	\$ 9.99kg
Oyster blade roast	\$ 6.99kg
Oyster blade steak	\$ 6.99kg
Pandani silverside	\$ 6.99kg

***Instore specials***

Palmolive dishwash liquid 500ml	\$1.99
Golden Circle soft drink 1.5lt .	99c
Nestle family block choc. 125/200g	\$2.99
Snappy Tom dry cat food 1kg	\$3.79
Alberto Balsam sham/cond 444ml	\$2.39

***Late week specials***

Kleenex cottonelle toilet tissue 12pk	\$7.99
Fab Ultra concentrate laundry P. 500g	\$1.99
Chum bags dog food 8kg	\$9.99

**TAKE NOTE:**

**EAT ALL YOU CAN ASIAN FOOD AT e.ScApe Café**

With FE GILLIES on **MAY 21 for only \$15.00 per head**

Watch for more information in next Valley Voice.

I would like to thank all those who came for the Filipino food night last Thursday.

Thanks ,  
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