

The Valley & East Coast Voice Est. 1968 Volume 42 No. 17. Thursday March 11, 2010. 50 cents

The Say Cagerattler.

The other day I found myself for the umpteenth time in Cranks and Tinkerers. I have literally lost count on how many times and how many hours I have browsed through the myriad of items of the past displayed at Cranks and Tinkerers. The one thing that gets you as a frequent visitor is that every single time something new has been added to go with the vast collection already there. It's true magic is that there is no outright or specific kind of display item that predominates and consequently this is a really eclectic collection most of us have grown up with. It's also unlike any other "museum" in that the items are not usually particularly valuable in monetary terms yet as a total collection on a large variety of fronts, the collection is priceless to all of us who have been blessed to enjoy it.



Getting down to the chief Crank and Tinkerer, it could be said that his amazing efforts are a lesson to us all in what community effort really means. I'm not sure whether he. is the Head Crank and Vice Tinkerer, or Vice Crank and Head Tinkerer, or any other combination, (don't think he knows himself), his dedication to the town is remarkable. If you have this incredible man as a friend, you are very very fortunate indeed.

The Crank and Tinkerer has devoted and donated his time to thousands of captivated visitors now over the past couple of years and if you happen to be there when newcomers wander in, you see the fantastic delight every one of them has as they browse through the collection. Even more amazed they are when the Crank and Tinkerer more often than not can reveal details on the item of which they find particularly interesting, even down to how to repair it.

Visitors have even come to get assistance and guidance from the Crank and Tinkerer on some item/s they need help with. What other "museum" does that? None I'd wager. If Cranks and Tinkerers had more space there would be even a much bigger display on offer but that's another story.

It would be remiss to forget the other people who helped form Cranks and Tinkerers. There are several other Cranks and Tinkerers who, as the above mentioned Crank and Tinkerer pointed out to me, were instrumental and vital cogs in this amazing machine. They may not be at Cranks and Tinkerers all the time but they are tried and true Cranks and Tinkerers none the less, and their efforts along with a number of passionate volunteers are the backbone of OUR incredible facility.

This then brings us to the main reason for this article at the present time. THE BUILDING IS BEING OFFERED UP FOR SALE.

Thanks to the efforts of Cranks and Tinkerers and the building's current owners a mutual and affordable arrangement has occurred to develop the unique concept of this truly wonderful display. It is a proven success and is of genuine benefit to our town in so many ways.

Due to changing family circumstances the owners (also great people and former community members) have no option but to put the property on the market. This causes somewhat of a dilemma to the ongoing location of Cranks and Tinkerers. If it does sell will the new owners be able to let C/T run as is.? This is uncertain.

Is there something we all can do to keep this incredible facility as a major part of St Marys? Surely there is. Can we afford to lose an already iconic drawcard. ? No we can't.

The Crank and Tinkerer is a bloke who likes to share his wealth of knowledge, and his passions, many and varied with anyone who cares to come along and be captivated, so if there is any way we can assist to keep the doors open, then call in and talk to him. I'm sure this terrific but humble chap will appreciate your suggestion.

What do you think?

<u>Please note</u>: Deadline for articles in the next Valley Voice is 5pm <u>Tuesday March 23, 2010.</u> PLEASE NOTE: <u>NEW EMAIL ADDRESS</u>: judith.spilsbury@telair.com.au

Community news

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the **St Marys Community Health Centre.**

The Break O'Day Woodcraft Guild Inc. meets the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

Grassy Bottom Regional Arts General Meetings are now held at 5pm on the first Wednesday of every month at the Happy Belly Deli. Come along and enjoy the fun and bring along your ideas for the Arts in this community.

The **Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. Ring Annette-6372 2224.

St Marys Playgroup meets each Monday 10.30am - 12 noon at the **Falmouth Community Centre**, during school terms. \$2 a session per child or \$3 per family. Please bring a piece of fruit to share and your child's personal drink bottle. Bikes plus helmets welcome. **Phone or text: Danyelle: 0427 073 100.**

WOMBAT WALK LANDSCAPING GROUP meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Playground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. **Contact - Robina 6372 2022.**

St Patricks Head & Esk Valley Historical Society Inc has a meeting one month and a field trip the next. We invite everyone to come along on the third Sunday of the month and enjoy an informative time with lots of fun. For more information Phone: Barry Aulich (637225752) Darlene Wright (63722416) or Jim Haas (63722127)

Break O'Day Wine & Food Appreciation Society meets once a month on the last Sunday.

Ph: John 6376 3130.

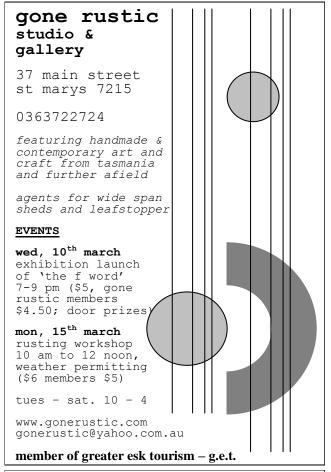
The Scamander and Beaumaris Community Development Association meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Ben Morgan. Ben can be contacted on 03 6372 5604.

Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome.....If you can yawn - you can sing. Phone Mary-Anne Wadsworth 6376 2969.

St. Helens Al-Anon Family Group Meeting: St. Pauls Anglican Church Hall - every Sunday 2pm Contacts: **Ann**, **John 6376 3270 or Rose 6376 3335.**

The Friends of the History Room hold General Meetings: 8th February, 10th May, 12th July --AGM, 11th October. Executive Meetings: 9th March, 14th June, 9th August 13th September, and 8th November. All held at Tidal Waters at 5pm.





Happy Birthday Glen Lodge



Hope this year is filled with happiness and health.

From all your friends in St Marys

St Marys Market

Rain hail or shine the markets will be held on the 1st Saturday every month in the community hall 9am till 2pm
new stall holders welcome
phone Colin 03 6372 2707



Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking or any other inquiries, please phone Sylvia on 6376 8390. Saturday mornings only: 0447 589 803.

Classifieds

For sale

160 x 230cm Belgium fringed carpet. Rust, rose colour. \$25. Small blackwood and tapestry folding chair. \$25. Single bed flounced blue and pink bedspread. \$5. Two satin-bound single blankets. \$10 each.

All good order. Ph: 6372 2344.

Set box. As new. \$50.ono. Ph: 6372 2440.

Baby rocker, "Valco Baby" grey/black with toy bar. Good condition. \$35.**Laundry trough.** Nugleam stainless trough, plastic non-rusting cabinet. New, unused. \$100.

4 Sunraysia 4x4 wheels. 15x7 Hilux with used 30x9.5x15 BF Goodrich all terrain tyres. \$140.

Ph: 6372 2813

0-4 Car Seat. Blue velour with insert. Good Condition. \$200. ono. **Ph: 6372 2513.**

Swimming Pool. 8 foot round/ 3 foot high. Ladder, cleaning equipment. \$150. **Ph: 6374 1058.**

display cabinet. \$10. washing machine. \$70 (have to picked it up when owner leaves) pine kitchen display cabinet. \$150.ono.pine book case. \$25.coogans dressing cabinet. \$450. ono. dressing table.\$350. kitchen round table with four blackwood chairs and many more. please call fe- 6372 2410 & 0418 592 944.

Large square bales of straw for garden mulch. Ph: Mark or Alana 6372 2145.

York G550 home gym. This is the ultimate home gym. As new, very little use. \$900 ono. Ph: (03)6372 2512.

2 bar stools (timber) excellent condition. \$100. Triton 7pc pro kit ½ router bits. Brand new. \$80. 4WD car cover. Brand new. \$70. Approx 5hp petrol motor. Goes well. \$100. 51cm Samsung Plano TV. As new. \$150. ono. Ph: 6372 2438 or 0439 333 398.

Garden mulch or bedding. Small square bales of oaten straw. \$5. Ph: 0407 944 158.

Kenwood mixer 600w plus attachments, including coffee grinder. Good condition. \$150. ono. Ph: 6372 5486 or 0408 519 373.

Piano. Ronaldi upright. Good condition. \$800. ono. **Ph: 0448 871 950 or 6372 5486.**

Garden mulch, in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area.

Ph: 0407 944 158.

Size 9 Reebok football boots. Very good condition. \$40.Ph: 6372 2665.

Homebrew supplies

Beer and spirit <u>making</u> supplies. All your kits, yeasts, essences and equipment available. Free local delivery in St Marys and district. **Ph: 6372 2540.**

"Moo-Poo". Finely screened. Any quantity. See Norm. Ph: 6372 2380.

Tractor slashing available. Fire wood. 1, 2, & 3 tonne loads Ph: 0407 944 158.

Portable milling available. Ph: 0427 715 577.

St Marys Commercial Kitchen





A meeting will be held at the St Marys Town Hall supper room on Thursday 18th February at 7pm. We will further discuss issues raised at the previous meeting and will also look at the possibilities for the layout of the commercial kitchen. Please come along and have an input into how this community facility will be operated.

For further details, contact Hannah on 0417 528 088.

clearance sale

owner moving out everything has to go everyday sale-9:00am to 5:00pm boxes of \$5:00 and \$10:00 each please call fe-6372 2410 & 0418 592 944

GARAGE SALE

1 Newman St St Marys Sat & Sun March 20/21, 2010 9am—2pm **Lots of stuff**

Casual Position Vacant

contact Mt.Elephant Pancakes on 6372 2263. Must have drivers license.

FINGAL GARDEN CLUB

Are you interested in joining our Garden Club? The Fingal Group meets the second Tuesday of each month at the Uniting Church Hall, Fingal. 2 — 4pm.

Enq: Fingal 6374 2232- St Marys 6372 2196

THANK YOU

To Deisel and Mary-anne, Sue and Barry and all those who sent their best wishes whilst I was in hospital. Again, thank you.

Clyde.

THE NEW CONTACT PHONE NUMBER FOR BOOKINGS FOR THE ST MARYS COMMUNITY CAR 0428 308 622

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be correct in the following issue.

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted.

Please ensure that your details are included.

A LITTLE BIT OF HERITAGE: Jim Haas

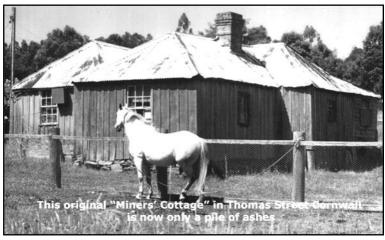
"Another piece of history ends up in ashes"

In the early hours of Saturday the 27th February, 2010, a significant part of Cornwall and, indeed, coalmining history ended up in a pile of ashes when the residence of the late Peter Bradbury was burnt to the ground.

The house, although old and in need of a coat of paint, had an unreplaceable character all of its own. It was also the only original miner's cottage left on Cornwall and as such, with it went the only real evidence of how the early settlers of Cornwall built their homes.

The first title holder of the land on which the house was built was William Dennis, who took up the title in the 1890s. From early records, we can only assume that William, with the help of

his brother John, built the house, and work commenced soon after the title was finalised.



His first job after clearing a spot for the house would have been to gather a quantity of large rocks and meticulously place them together to form a solid foundation. In William's case he had purchased sawn timber to build his frame and timber slabs as exterior cladding, but it is most likely he would have split his own timber shingles for the roof.

Many like William, however, had simply gone into the bush where they would find spars just the right size for their framing timber and square off two sides to enable them to fit squarely into place. The interior walls would be clad first with split palings, which would be covered with hessian and then several layers of newspapers. A layer of patterned wallpaper, complete with fancy edging and glued on with a paste made from plain flour, would add the final touch to the wall.

In most cases stone chimneys would be built on the outside wall of both the living room and the kitchen. The living room fire place would have a steel grate fitted to enable coal to be burnt, and if you were lucky the kitchen fire place would be fitted with a cast iron stove complete with oven and hotplates. But for many, cooking was done over the open fire using cast iron pots, pans and camp ovens, with a large kettle hanging from a hook above the fire.

William was one of the lucky ones in the 1890s, although he used stones as a foundation, he was able to purchase enough bricks to build an internal chimney and he did have a wooden floor, unlike a number of his fellow Cornwall residents who had dirt floors with potato bags as mats. But with the unlimited supply of coal available to the miners, every house always had plenty of hot coals in their grates making their homes warm and cosy, even on the coldest of winter nights.

Apparently, William's time in the house was short lived. In the early 1900s it was purchased by George Toombs Senior who lived there for many years and reared a large family, many of whom became prominent members of the local community. As kids growing up at Cornwall in the 1950s and 60s we knew this little cottage as the home of Lance and Maisie Pilgrim. More recently, it was home to local identity Peter Bradbury, who suddenly passed away last December. Now, when we stand looking over what is left of the old house and see the charred remains of Peter's hundreds of books and melted plastic music records, one cannot help but feel a sense of loss, not just for his prize collection, but the wealth of Cornwall heritage that lies amongst the ashes.

No longer will the unique cottage in Thomas Street be the subject of photographers looking for that special image, or be a topic of conversation when we talk about the lives of our early miners and their families. But we can be thankful for the photographs, at least they will refresh our memories of what a miner's cottage looked like and how they provided a home for many for a very long period of time, despite the fact they would have fallen a long way short of passing a modern day building approval.









25 Quail St, St Helens, Tasmania. 7216.

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email: marycporter@bigpond.com



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St Helens Tasmania 7216 Ph: (03)6376 2613



Letter to the Editor

Vol. 42 No 17, 2010

Letter to the editor

Dear Sir

Defibrillators for regional Tasmania

During my coverage of the Lyons electorate these past 12 months I have taken a particular interest in regional health service matters. While not a subject of personal expertise, I have heard several mentions of the potential of defibrillators to save lives in the far flung corners of the huge electorate of Lyons.

I have researched and found mention of the potential of these devices along with EPIRB's of course (Emergency Personal GPS Beacons) but unless I am mistaken - see no such concerted effort to fund, train and allocate defibrillators to our most vulnerable areas and take advantage of this technology.

May I therefore ask for a response from those who might indicate where in your area there might be such a need and equally important, an organisation who would 'host' that device and be responsible for organisation and training of responsible persons.

Please contact me on 0437 222 600, by mail to Jim Playsted C/o Orford Post Office 7190, or email to jimp@jamcon.com.au

Sincerely

Jim Playsted

Liberal Party of Tasmania

Endorsed candidate for Lyons

Dear Editor,

It has come to my attention in the last couple of weeks that certain members of the local community, who do not agree with the views of my husband and I, have engaged in rather scandalous gossip.

We will, however, continue to hold our own views on various subjects and will not be intimidated by others.

If anyone has anything to say, please put it in writing and unlike the disgusting mail already received, at least have the guts to sign it.

Jeanette Peryman.

The Valley & East Coast Voice Guidelines.

- Opinions in letters published are not necessarily the views held by the editor and voluntary workers.
- Our pages will remain open to fair and honest criticism, so that on all questions, both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted.
- Please do not attack the editor, the paper or the authors of previous letters.
- Letter writers will be given the chance to respond over a suitable period of time, but anonymous and/or nom-de-plume letters received as from 11-02-10 will not be published. Subjects may be closed at the editor's discretion.
- Please make sure of your facts. Do not write letters just to let off steam. Keep letters short and simple. Letters restricted to 300 words or less will be given preference.
- All letters arriving by post must be signed, including a printed name and also contain your contact details, such as full name, address and phone number.
- All letters sent by email must contain your contact details, such as full name, address and phone number.
- All letters left at drop-off points must have a signature, plus a printed name and also contain your contact details, such as full name, address and phone number.

Media Release

Immediate Ban of Duck Shooting.

Wildlife Tasmania is appalled that the Tasmanian Labor and Liberal Parties condone the mass slaughter of Tasmania's native birds, this so called sport is not acceptable and should be banned immediately.

For three months of every year licensed Tasmanians are permitted to make their way onto beautiful State public wetlands and shoot native ducks.

Shoot dead or not... collect, cook and eat.. or not. It's all

Apparently.

We have grave concerns for the birds that are injured and left to die a slow and painful death, this is not sport...its a barbaric act of vandalism on our native birds. All recreational hunting should be up for review after the upcoming State elections.

The Greens have made it clear that they continue to oppose duck shooting and support an immediate end to recreational killing. The other major parties need to make a similar commitment to ending this annual slaughter, just as New South Wales, Western Australia and Queensland have done. With an end to duck shooting we also want to see an end to the killing of short-tailed shearwaters, quail and other native species.

Wildlife Tasmania supports Action Against Cruelty Tasmania and Tasmanian Conservation Trust and other environmental groups in their call to ban Duck Shooting Seasons in Tasmania.

Peter Power Wildlife Tasmania PO Box 195 St Marys TAS 7215. 0417 017 105.

Are you missing out on something?

'Has to be the best coffee we've had in the two months we've travelled Australia. And the cake! Well!'

William and Lisa, Devon, UK

'We wish you would move to Port Stephens, would love to be able to buy my produce fresh ...'

Kathlyn and Kevin

The cappuccino and the cakes were lovely ...

Paul and Toos, Netherlands

People say the nicest things about the Purple Possum. Come and taste why!

Purple Possum

Wholefoods & Café



Emergency Services Scenario

Alana Hendley

On the 3rd of March, 2010, St Marys Emergency Services came together to practice their skills at a well organised scenario.

The scenario we attended started off like this.

Volunteers from Tas Fire Service, Tas Ambulance Service and State Emergency Service, all gathered at our Emergency Services Station at around 7pm. None of us had any idea as to what we were about to deal with. We were given a small piece of information, (same as we would get on our pagers) and a set of co-ordinates, which said: M.V.A. Multiple Vehicle Accident, Fuel Tanker vs Car)

With us acting in a professional manner, we all worked out the co-ordinates and we were soon on our way. The scene was Irish Town Road, where a car had gone under a fuel tanker. Without doubt our first concern for all is danger, (DRABC) but for the fire fighters, they are in first, being aware of danger to themselves, accessing the scene by sending in a specially equipped person with breathing apparatus, who quickly works out what to do with the situation and how many people are involved in the accident.

They then bring in the rest of their team who will lay down a special chemical foam blanket and disconnect any batteries and remove anything which could become a potential fire hazard, which could cause an explosion. After their job is secured they bring in the S.E.S and Ambulance and assist them with whatever they can.

The S.E.Ss job was to first stabilise the car and the fuel tanker and then work out the best way to extract the patients. They did this by carefully cutting out the windscreen and removing a door and then cutting the entire roof off the vehicle, using the Jaws of Life equipment. Whilst this is in progress the patient's safety is a priority at all times.

The ambulance people promptly attend their patients, by firstly sorting out whom is most serious and needs hospitalization immediately, from those who aren't so serious and can wait. At this particular scenario we had to practice using our Oregon splint, which is a piece of equipment that protects the spine from being damaged when being removed from the vehicle.

Our patient whom we used this on was still in the truck. So you can imagine that this is a high situation from which to retrieve him. The ambulance crew then asked for assistance from the S.E.S. and TF.S.

Ambulance crew then put the patient onto the spine board and strap him down to prevent him from being tipped off. With all 3 services helping, he is then lifted safely to the ground.

We chose to write this article about the scenario, because we wanted to see if we could spark some interest in people from our community who would be interested in joining one of our great services.

We are always searching for new volunteers, so if you are interested, please just get in touch with one of our members and they will point you in the right direction

Please be informed that this situation was not real, just a practice run for our Emergency Services teams. Photos courtesy Peter Troode.











2010 Greater Esk Tourism's Valleys of Adventure Photo Competition Closes

www.valleysofadventure.com.au

Greater Esk Tourism's Valleys of Adventure Photo Competition has now closed for Judging. This year's theme for the competition was "People and Places of the Valley".

There were 59 entries and judging will be conducted by Tasmania's award winning master photographer and Fellow of the Australian Institute of Professional Photography Owen Hughes. There is also an opportunity for the public to vote on line for their favourite photo.

The winner will receive \$250 cash prize, donated by Billy Bag Gift Shop of Avoca and a 12" x 18" canvas print donated by Stallards Camera House of Launceston. The 12 finalists will also have their photos enlarged to 8" x 12" by Stallards and have them displayed at the Purple Possum for one month during April 2010.

Feel free to show your support by voting for your favourite photo/s on the website.

www.panoramio.com/user/4076884 Select your favourite photo and click on the "Best of" button on the right hand side. You can even add comments if you want to. For even better viewing just click on the photo once or twice to enlarge it.

Happy voting!

Happy campers

After reading Cagerattler's mention of the camping ground getting lots of usage, I decided to have a look for myself.

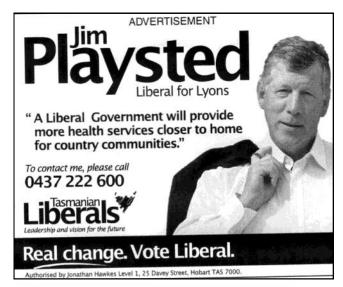
On a perfect autumn day I had the privilege of meeting a few 'happy campers', one of whom was from Perth, WA.

He informed me how wonderful it was to be able to camp in many places in Tasmania for free, as it is almost impossible to do so on the mainland.

He also stated that campers were spending money in St Marys, and how lovely the coffee and cake was at Purple Possum. "Tasmania is a total surprise", he said. I hope all the 'stayers' visit many of our local businesses.









We have been working behind the scenes to keep the Club alive knowing full well that we would not be playing in a formal competition this year.

Recently we wrote to all surrounding football clubs proposing a "Town of Origin" lightning premiership. Our objective was to bring back a little of the glory days of the Fingal Valley Football Association but also to showcase the talented footballers from St Marys and close surrounds that sadly have not been able to wear the Tigers colours. Unfortunately what little response we got was bitterly disappointing and our plans to host this event have had to be cancelled.

Sadly we don't seem to be getting a great deal of support from the clubs that in the past have figured so large in the history of the St Marys Football Club.

We had a few very successful scratch matches just before Christmas and we thought we were on a roll but now that the regular football season is about to commence, perhaps understandably, surrounding football clubs are pre-occupied with getting prepared for another season. Because so many of the players that participated in these scratch matches are now playing and training with their respective clubs we are doubtful that we could guarantee sufficient numbers to make up an interesting scratch match but if you are interested let myself, Michal Cooke, Gary "Speed" Maher or Rick Lohrey know and we will consider whether we would have enough interested players to put on a few more games.

Otherwise we will keep on working toward getting into an association for next year as well as keeping the spirit of the club alive with a few social events during the year. In this respect keep your eyes open for the huge Music and Movie trivia night coming soon.

We have a small but very dedicated committee and we will be looking forward to the support of the St Marys community to keep us alive and optimistic about the future of our football club.

Harry Veldums, Club President.

St. Marys Tigers Football Club, P.O. Box 42 St. Marys Tas 7215 Ph. (03) 63 722256 Mob. 0418564710





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Ph: 6372-5522 Mbl: 0407-615-072
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Rae & Partners Lawyers Barristers & Solicitors 113 Cimitiere St Launceston

Visiting:

St Marys Community Health Centre Alternate Tuesdays: 9 am – 10 am

Ph: 6337 5555 For appointments.



Break O'Day Stitchers Inc.

Easter Quilting and Embroidery Exhibition 2010
Portland Memorial Hall, St Helens
Saturday 3rd April to Wednesday 7th April 2010
Open Daily 10 a.m. to 4 p.m.
Admission: Adults \$3 Children free
Daily door prize, giant trade table running over the five days of the exhibition.









This year we have included two new categories:Embellished Journal Cover,
with a prize of an Embellishing Machine
donated by Sew Knit, Launceston.
Men's section, (If it has a stitch in it, enter it).

We have two guest demonstrators along with our local ladies.

On Sunday we have Judy Duckett –
'On Point Quilting'.
Monday Robyn Miller joins us
to demonstrate Machine Embellishing.

Entry forms can be found at Annie's Country Craft Shop in St Helens and Gone Rustic in St Marys. Further information: - Elsie 6376 1663



Calendar Of Events March to December 2010

The Break O'Day Council is currently seeking information for its 2010 Calendar of Events – March to December, 2010

If you are holding an event between March and December this year, and would like to advertise your event free of charge on the calendar, please contact Jenny Singline on 6376 7900 or email jenny.singline@bodc.tas.gov.au and provide the following information:

Name of Event Date of Event Contact Name Contact Phone Number

Please advise Council as soon as your event date is set, to enable the calendar to be updated weekly.

OUT OF THE WOODWORK

Wendy Brennan Secretary Mobile 0408 656 014

The response from exhibitors for our open day has more than met expectations. **Davis Canvas** will grace us with their presence. Gillian is a canvas and PVC manufacturer who does specialist work which covers the spectrum of both large and small items. If you are in need of a ute cover, tarp, shade sails, marine work or are in the market for a quality peg basket, or wood carrier (which I can personally vouch for) come along and say hello. Gillian would be more than happy to discuss any of your needs.

One exhibitor who needs no introduction as I am sure most would already know the quality of this local artist's work is **Robina Balzar**. Robina has recently started **Santtina** which promotes quality natural products with another equally talented lady **Jeanette Dal Santo**. **Santtina** will display a range of hand made natural soaps and lotions. Robina will be accompanied by the clever **East Coast Spinners** who will display the techniques of spinning.

Please keep a look out soon for our faithful and trusty ticket seller Mr Pete Williams. The Guild will be raffling an outdoor chair, picnic table and two wooden tubs.

Pictures of Guild's raffle prizes are shown right. Three tickets will be drawn and first drawn will have first choice of raffle items and second drawn will have the choice of the two remaining items. Third prize will be remaining item. N.B wooden tubs will be minus the plants.

Prizes will be drawn at our

Open Day on the 17th April

which has been supported by the Break O'Day Council, Fingal Valley Neighbourhood House and StarFM.

The Guild meets on the last Saturday of the month at the Old Railway Goods Shed at **2.00 pm.** The Guild is open Monday, Wednesday, Friday and Saturday. Any other times by appointment.

REMEDIAL MASSAGE

Geoff Coasby (CSM.CRM.)

Now in Fingal

15 years extensive experience treating professional sports people including AFL footballers, triathletes, swimmers and everyday people who are suffering

from muscular problems.

Qualified Treatment for:

Low Back Pain

Shoulder Pain

Neck Pain

Tennis Elbow

Hamstring and Calf Problems

Headaches

Call to make an appointment now for your assessment

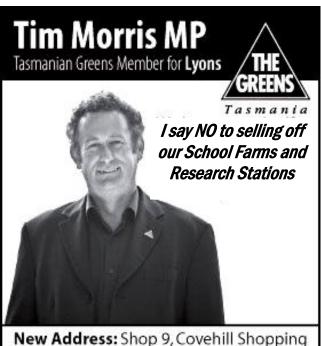
Phone: 6374 2325





MENTION THIS AD AND RECEIVE ONE FREE ENLARGEMENT WITH YOUR PHOTOS. (Limit 1 per customer)

Main Street, St Marys Tas. 7215 Phone: 6372 2844 — Fax: 6372 2874



Centre, Bridgewater 7030 Phone: (03) 6263 3801 E-mail: greens@parliament.tas.gov.au

www.tas.greens.org.au

Authorised by Tim Morris MP, Parliament House, Hobart 7000.



Short films for families & children aged 2-18 years.

Little Bigshots features local & international children's shorts, animations, documentaries and child-produced films, including 6 films made in January this year by young members of Devonport Regional Gallery called

> FOUR8 FILMFEST script to screen in 48 hours.

- Friday 9th April 2010 When

Where - St Marys Town Hall, Main St

St Marys

What Time - 6pm - doors open

- 6.30 - films launched by Chloe

Boulton

Duration - approximately 1.5 hrs Cost

- single \$5 (members \$3)

- family - \$12 (members \$10)

- cushions & blankets if you like!! Bring

tea/coffee/supper will be available

Don't miss this exciting opportunity to be entertained by films that will inspire discussion of world cultures, different languages, cultural diversity, emotional intelligence and human values. You will laugh, whoop, think and create!!

The Big Red Frame

Any one who has been to the rear of the St Mary's District School in recent weeks, which would be difficult as it is a very busy construction site, would have seen the big red metal frame go up in the area close to the cricket nets and possibly wondered what it was about.

On Monday 1st March all was revealed.

The large frame was purpose built (and painted bright red) by Michael Aulich to support a new shade sail over the primary play area sand pit.

Both the primary and kindergarten play areas of the school now have new covers for their sandpits which ensure that the school meets the standards set for both shelter in play areas and protection of sandpits from contamination by animals.

Both the covers and the shade sail were made by Davis Canvas at Dunalley. Come and meet them at the Wood Craft Guild Open Day.



HARRIS FUNERALS

Lindsay & Diane

(D. Bailey & son) A.F.D.A **Ph/Fax: 6376 1153 Mob: 0418 133 420**

Office& Residence:

114 Cecilia St St Helens

Chapel:

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to Pete Cornelius and Dean Stevenson

playing laid back tunes of soul, jazz and gentle melodies at

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20 March 2010 4 - 6pm

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Natural Resource Activities 2010

Date / Time

Friday 19 March Tuesday 30 March Sunday 18 April Sunday 25 April Sunday 16 May

Event

Shore Bird Monitoring Scamander Foreshore Group St Marys Gorse Group Restore Skyline Tier USN /South Sister Field Trip

Where

Georges Bay Scamander Foreshore St Marys Rivulet **Skyline Tier Beaumaris** South Sister

Contact

Liz: Zindersic / 0409123322 Susan Probert / 63725443 Frank Giles / 0419 372 192 Todd Dudley / 63 761049 Janet Drummond /63722851

ONGOING ACTIVITIES

Monthly First Sunday 10-12 Monthly LastTuesday 10-12 Monthly Tuesday 9-12 Every Wednesday 9-12 Every Wed/Thurs 9-12 Monthly Bi-Monthly Quarterly

Wildcare Friends of Bay of Fires Scamander Foreshore Group Georges Bay Water Monitoring Group Wombat Landscaping Group

Restore Skyline Tier **TASMARC Shoreline monitoring Understorey Network Activities** St Mary's Gorse Action Group For information on natural resource activities ring Alison or Polly NRM BOD 63767900

Bay of Fires Wayne Linton / 63 768324 Scamander Foreshore Susan Probert / 63725443 Georges Bay Alison Hugo / 0488 677 727 St Mary's Rivulet Robina Balzer / 63 722022 Todd Dudley / 63 761049 **Skyline Tier Beaumaris** Four Mile Creek Mike Walsh / 0400 773 396 Break O'Day Region Janet Drummond / 63722851 St Mary's Rivulet Frank Giles / 0419 372 192

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Authorised by David Llewellyn Parliament House, Hobart



S.M.A.C.D would like to take the opportunity to inform the people of the valley where we are regarding the possible conversion of the rail

easement between St Marys and Fingal to a multi use trail.

At the end of last year we received a very competitive quote from 'Inspiring Place' for a feasibility study into the conversion. To proceed, Crown Land, who own the easement, require Break O'Day Council to seek permission to use the land for the stated purpose at a nominal cost.

At the beginning of this year council were informed of the requirement and at their February meeting unanimously agreed to proceed to look at the possibility of seeking the required permission. The proposal will be looked at more closely at a 'council workshop'. This will happen in the near future.

It looks as if we will miss this month's funding available from Sports and Recreation who, incidentally have been very helpful and are keen to see the study done, indeed we have received telephone calls asking where our funding submission is.

Part of the submission requires the permission to Council to be documented which as is stated is yet to be decided on, at the upcoming workshop. We will be writing to Sports and recreation apologising for the delay and hoping the delay won't taint future submissions for funding from S.M.A.C.D. though we are looking for funding from other bodies. We will also write to 'Inspiring Place' explaining the delay and hopefully should Council agree to seek the permission we will engage their services.



ST MARYS PLAYGROUP

NEW TIME:

Every Monday 10am- 12 noon during school term. commenced 22nd February, 2010.

NEW LOCATION: Falmouth Community Centre

EVERYONE WELCOME: \$2 a session per child or \$3 per family. Great Fun and Friendship!

Please bring a piece of fruit only to share, plus your children's own drink bottle.

You may also like to bring your children's bikes and helmets.

Any questions please call or text Danyelle on 0427 073 100

My Grandma's apron.

Memories by Maisie Finney

I enjoyed your apron story so much, it set me remembering my grandma's apron.

She always wore a long black dress and a long black apron to match. In the afternoon when the hot lunch was over and the washing up done, Grandma would sit in her old rocking chair and pull her apron over her face.

This was the signal for we young children that we had to be quiet, as this was her rest time, and until she removed the apron from her face none of us would utter a word.

Grandma had an enormous apple tree in her yard. This was a 'Lady in the snow' tree. When the apples were ripe they would drop to the ground, and yes you guessed it, she filled her apron with the apples.

One other thing remembered by a 95 year old but thinking back to a very young girl, was that Grandma's apron pocket always had a treat for her grandchildren when we came to visit.

No doubt the eggs and wood would have been gathered in the apron as well, the same as in the previous story.

I would also take this opportunity to say to any concerned land owners whose properties are adjacent to the old line that if the feasibility study goes ahead we will seek to hold conversations with you to take on board and work through the concerns you have.

A big thank you to all who have supported the proposal through letters, word and deed.

We will keep you informed of any developments but please do ask should you require and further information. Neil Capill (S.M.A.C.D.)







We will be offering a local and friendly service at

St Marys St Helens April 8th 9th April 22nd 23rd

St Marys Community Health Centre & St Helens Hospital

If you want a professional consultation with one of our qualified optometrists then contact us on

6343 6333

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are bulk □ billed to Medicare.

DickAdamsMP

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance

53B Main Road 58A High Street PO Box 50 PO Box 271

Perth, Tas 7300 New Norfolk Tas 7140 Ph 6398 1115 Ph 6261 3366

Toll free 1300 132 689

Email D.Adams.MP@aph.gov.au



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Written and Authorised by Dick Adams, 538 Main Road Perth. Tec. 7300

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Make a



line to the

St MARYS WOODCRAFT GUILD Open Day

In conjunction with the Fingal Valley Neighbourhood House

17th April 2010. 10am4 pm

See what can be produced from beautiful Tasmanian Timber and other locally sourced products ... watch our "busy bees "at work.

Working exhibits, local crafts, hot and cold food, live music, outdoor market, jumping castle.

Behind the Old Railway Station, Esk Highway, St Marys (watch out for the flags)

Supported by

StarFm Fingal Valley Neighbourhood House





St Marys Police report

We are now officially into Autumn and already we are getting the four seasons in one day. The days are starting to noticeably shorten and I have also noticed the westerly wind at times has quite a chill about it.

TRAFFIC REPORT

There have been a number of minor crashes within the St Helens area and the Fingal Valley recently. With the roads being exposed to the recent rain, together with the general driving conditions being less than ideal due to fog and damp, motorists are advised to exercise more caution and care when driving on our local roads and highways.

With the Easter holiday period just around the corner, the motoring public are reminded that there will be strong police presence on our roads with high visibility and covert operations being conducted to target drink/drug/disqualified/unlicensed drivers and unroadworthy vehicles. Extra traffic police will also be patrolling all roads in an effort to ensure compliance of the Road Rules and a safe environment for all road users.

In my last report I mentioned a number of questions police officers are frequently asked by members of the public to clarify. The answers are highlighted as follows-

- 1. What is the speed limit on the open road? -100 km/h unless signed at 110 (Midlands and Bass Highways).
- 2. What is the speed limit in a built up area? -50 km/h unless signed at a higher speed.
- 3. Do I have to wear my seat belt if only travelling a short distance? -Yes, if you are on a road/public street and your vehicle is moving forward the seat belt must be properly fitted and securely fastened.
- 4. What age can my child be to sit in the front seat of the car? -Child must be eight years or older and then only if the rear seats are occupied. Obviously a utility would not apply. Children under eight years of age must be seated in an approved capsule/child seat or booster seat depending on their age. (Check with your local police if unsure).
- 5. When am I required to turn on my headlights? -During hazardous weather conditions (ie fog, rain, mist and poor light) and during the hours of darkness.
- 6. What is the safe following distance behind another vehicle? -At least two seconds behind the vehicle in front, four seconds if the roadway is wet.
- 7. When does the "zipper" rule apply? -Where two lanes merge into one and there are no holding lines for the left hand vehicle. In these situations the vehicle in front has right of way.
- 8. Can cyclists ride two abreast? Yes they can.
- 9. Are all cyclists required to wear helmets? -Yes, unless they have an exemption from the Registrar of Motor Vehicles.

Urgent and Life threatening

10. Can I take my child into a hotel for a meal?-Yes provided the room/area is not designated as a "prohibited area." The answer to the "common thread" associated with many incidents attended by police is alcohol.

Derek SINGLINE Sergeant 960 St Marys Police St Marys Police Phone Number **63721010** Non Urgent Number **131444**

131444 000

A Mum Writing to Her Son

Dear Son,

I am writing this letter slow because I know you can't read fast. We don't live where we did when you left home. You Dad read in the newspaper that most accidents happen within 20 miles from your home, so we moved. I won't be able to send you the address because the last family that lived here took the house numbers when they moved so that they wouldn't have to change their address.

This place is really nice. It even has a washing machine. I'm not sure it works so well though, last week I put a load in and pulled the chain and haven't seen them since. The weather isn't bad here. It only rained twice last week, The first time for three days and the second time for four days.

About that coat you wanted me to send you. Your Uncle Stanley said it would be to heavy to send in the mail with the buttons on, so we cut them off and put them in the pockets.

John locked his keys in the car yesterday. We were really worried because it took him two hours to get me and your father out. Your sister had a baby this morning but I haven't found out what it is yet so I don't know if you're an aunt or an uncle. The baby looks just like your brother.

Uncle Ted fell in the whiskey vat last week. Some men tried to pull him out, but he fought them off playfully and drowned. We had him cremated and he burned for three days.

Three of your friends went off a bridge in their ute. Ralph was driving. He rolled down the window and swam to safety. Your other two friends were in the back, they drowned because they couldn't get the tailgate down. There isn't much more news at this time, nothing much has happened.

Love Mum.

P.S. I was going to send you some money but the envelope was already sealed.



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GRASSY BOTTOM REGIONAL ARTS

The 2010 Touring Program is now confirmed and we're happy to announce the following performances and exhibitions to be held throughout the year:

The "F" Word: Stitching and Beyond - Open Now and throughout March at Gone Rustic

Contemporary textiles exhibition featuring innovative complex cloth creations incorporating multiple techniques such as stitching, dyeing, printing, painting, distressing and collage

Little Big Shots – International Film Festival for Kids 2009 - Friday 9th April

Australia's major annual children's film festival features local and international children's shorts, animations, documentaries and child-produced films.

Material Girl - April

Celebrates International Women's Day and features selections of artworks – paintings, ceramics, textiles and sculpture – from the ninth Women Tasmania International Women's Day Art Competition. This year's theme is "Succulence"

Photographic exhibition creates a snapshot of artistic activities plus the characters and features of the Dodges Ferry/ Sorrell, Nubeena and Kempton/Bagdad areas

Harambee Choir – Performance Monday 5th July & Workshop Tuesday 6th July

An a cappella choir from Melbourne who sing contemporary arrangements.

From the Earth - July

A textile exhibition featuring the works of Aukje Boonstra

Light & Shade - November

Paintings and framed works from local Tasmanian artists Lorraine Biggs and Chantele del Rue

Tasmanian Basketmakers - Exhibition & Workshop - November

The exhibition features a variety of pieces created by members of the Basketmakers Association.

Silkweed - Thursday 4th November

A musical, theatrical and visual journey through the life of Tasmanian Lady Jane Franklin - explorer, journalist, campaigner and wife.

Creative Well - November

Art works created by people living with dementia

Exhibitions will be held at Gone Rustic, Manna Farm and St Marys Community Health Centre where they will be on display for the stated month. Look out for further information and details about each event, such as venues and costs (if any), as they draw closer. Hope to see you there!

Winter Solstice is also fast approaching and we have started meeting fortnightly to plan this year's celebration. Our next meeting is on Wednesday 17th March, 5pm at Happy Belly Deli and we welcome your ideas and help so please come along.

Don't forget our general GBRA meetings are held at 5pm on the 1st Wednesday of the month at Happy Belly Deli. The next one is on April 7th.

If you have any suggestions, questions or would like more information on anything concerning GBRA and upcoming events, please contact Juanita on 0404 477 337 or Leissa on 6372 2686



Position Vacant - Volunteer Secretary

Grassy Bottom Regional Arts Please contact Leissa on 6372 2686 or

pl elemental@hotmail.com

RETARDED GRANDPARENTS

(this was supposedly reported by a teacher)

(this was supposedly reported by a teacher)
After Christmas, a teacher asked her young pupils how
they spent their holiday away from school. One child
wrote the following:
We always used to spend the holidays with Grandma and
Grandpa. They used to live in a big brick house but
Grandpa got retarded and they moved to Shoal Bay
Village where everyone lives in nice little houses, so they
don't have to mow the grass anymore!
They ride around on their bicycles and scooters and wear
name tags because they don't know who they are
anymore.

anymore.

They go to a building called a wreck center, but they must have got it fixed because it is all okay now. They do exercises there, but they don't do them very well.

There is a swimming pool too, but they all jump up and down in it with hats on.

At their gate, there is a doll house with a little old man sitting in it. He watches all day so nobody can escape. Sometimes they sneak out, and go cruising in their golf carts!

Nobody there cooks, they just eat out. And, they eat the same thing every night --- early birds.

Some of the people can't get out past the man in the doll house. The ones who do get out, bring food back to the wrecked center for pot luck.

My Grandma says that Grandpa worked all his life to earn his retardment and says I should work hard so I can be retarded someday too.

be retarded someday too.

When I earn my retardment, I want to be the man in the doll house. Then I will let people out, so they can visit their grandchildren.

MEALS ON WHEELS ROSTER

| March | | St Marys | Fingal | |
|-----------|------|-----------------|-----------|--|
| Monday | 15th | Fe Gillies | June Hall | |
| Tuesday | 16th | Pam Gillies | | |
| Wednesday | 17th | Liz Rice | | |
| Thursday | 18th | Yvonne Salter | | |
| Friday | 19th | Hannah Rubenach | | |

| MOW Contact | | Phone: | 0488 384 344 |
|-------------|------|---------------------|---------------------|
| Monday | 22nd | Pam Lynch | Christine Woods (S) |
| Tuesday | 23rd | Wendy Dawson | |
| Wednesday | 24th | Dennis & Verna Rice | |
| Thursday | 25th | Kaye Nailer | |
| Friday | 26th | Claire Bean | |

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves Parish House. Ph: 6372 2252 Mob: 0409 172 741

1st Sunday: MASS

St Helens Vigil 6.00pm
Bicheno 9.00am
Swansea LWC 9.30am
Fingal 11.30am
Campbell Town 5.00pm

2nd Sunday: LITURGY

St Helens Vigil LWC 6.00pm
St Marys LWC 9.00am
Bicheno LWC 9.00am
Swansea LWC 9.30am
Fingal LWC 9.30am
Campbell TownLWC 5.00pm

3rd Sunday: MASS

St Helens Vigil 6.00pm St Marys 9.00am Swansea 11.30am Campbell Town Bicheno LWC 9.00am

4th Sunday LITURGY

St Helens Vigil LWC 6.00pm St Marys LWC 9.00am Bicheno LWC 9.00am Swansea LWC 9.30am Fingal LWC 9.30am Campbell Town LWC 5.00pm

5th Week MASS

St Helens Vigil 6.00pm
Bicheno 9.00am
St Marys 11.00am
Swansea LWC 9.30am
Campbell Town 5.00pm

Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday –Family Service)

Anglican Parish of Break O'Day

Ph: 6376 1144

St Helens Every Sunday
8 am and 10.30 am
Kanga Sunday School
10.30 am – 12 noon
every Sunday for children 5/12 yrs
St Marys every Sunday 10 am
Pyengana: Kids Church,
2pm - 4th Sunday every month.
Salyation Army

Salvation Army TUESDAY JAM

3-5pm every Tuesday. excepting school holidays. **WOW** "Women of Worth" First Wednesday of month. excepting school holidays.

SUNDAY JOY

7pm: each Sunday Sunday 20th –Final until Feb 2010. **Envoy Melanie Norton Ph: 63722099**

Break O'Day Uniting Church The Manse St Helens

Ph: 6376 2405 St Helens 9.00 am

Fingal 11.15 am
Seventh Day Adventist

Hodgeman Street Scamander Sabbath School 10 am Divine Service 11 am

Contacts for Valley Voice

PH: Judy: 6372 2155 email: judith.spilsbury@telair.com.au Accounts: Mary: 6372 2328

Please leave written material at the St Marys Pharmacy, Main St, St Marys, or post: C/- Post Office, St Marys Tas 7215

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Thursday 10 am - 3 pm Friday 10 am - 3 pm Saturday 11 am - 2 pm

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| ACCOMMODATION | | CONFECTIONARY | | NEET CENTRE (ST MARYS) | 6372 2175 |
| ADDLESTON HOUSE B&B (GRAY RD) | | MT ELEPHANY FUDGE (7 STORY ST S | ST MARYS) | ONLINE ACCESS CENT | |
| | 0439 265 363 | (PROPRIETOR LIZ DEAN) | 6372 2034 | ST MARYS ONLINE CENTRE | 6372 2005 |
| (PET FRIENDLY) (AH) MARITON HOUSE B&B + HORSE RIDI | 6372 2128 | COMMUNITY CAR 0 | 0428 308 622 | OP-SHOP (MAIN ST ST MARYS) | 6372 2733 |
| 1 IRISHTOWN ROAD ST MARYS | 6372 2059 | DRAFTSMAN | | ORGANIC VEGETABLE | |
| RAINBOW RETREAT (LOT 1 OFF GILLIE | | BUILDING DESIGN STUDIO | 6372 2000 | JACK FOREMAN (7 STORY ST ST MARYS | |
| (info@rainbowretreat.com.au) | 6372 2168 | (56a MAIN ST ST MARYS) | | PACING CLUB | ,, 0372 2031 |
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| dave@blueberrycottage.com.au GONE RUSTIC STUDIO & GALLER' | Y 6372.2724 | RICK ENGINEERING (MAIN ST ST MAI | | ST MARYS PHARMACY | 6372 2844 |
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| (CONTACT ANY MEMBER) | | GARAGES | | P J & H K CHILD R G & R I HARWOOD | 6372 5378 6372 2445 |
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| WHATEVER ART | 6372 2287 | MANNA FARM | 63722707 | PROPERTY CONSULTA | |
| (LOT 1 GARDINERS CREEK ROAD) | | (45 MAIN ST ST MARYS OPEN THUR/SUN 10 - | - 4pm) | LYN DAWES PROPERTY CONSULT | |
| AUSTRALIA POST | | AVAILABLE IN MANY BUSINESSI | ES | (TOWNS SHEARING) | 0427 560 565 |
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| BERRY FARM | | K FAULKNER | 6372 2196 | COLLECTABLES | us w |
| BLUEBERRIES SEAVIEW FARM | 6372 2341 | H VELDUMS | 6372 2124 | CORNWALL COLLECTABLES | 6372 2365 |
| BOARDING KENNELS | | HAIR DRESSER | | (CNR LENNOX & ALEXANDER ST CORNWALL) | 0372 2303 |
| THE GUMS KENNELS AND CATTE | | DESIGNER HAIR (MAIN ST ST MARYS) | 6372 2108 | | AH) 6372 2267 |
| (IRISHTOWN ROAD ST MARYS) UPPER SCAMANDER KENNELS AN | 6372 2512 JD | HEALTH EOODS | | SEPTIC TANK CLEANE | |
| CATTERY (905 UPPER SCAMANDER ROAD) | 6372 5157 | HEALTH FOODS PURPLE POSSUM WHOLE FOODS | 6372 2655 | SPLASH ST MARYS | 0488 777 713 |
| WAGABOUTS (0429 170 077) | 6376 2131 | (STORY ST ST MARYS) | 0372 2033 | SCHOOLS | |
| BREAK O'DAY COUNC | II. | HEALTHY COMMUNITY | PROJECT | ST MARYS DISTRICT HIGH SCHOO (GRAY ROAD ST MARYS) | DL 6372 3900 |
| ST HELENS | 6376 7900 | (5 PORTLAND COURT ST HELENS) | 6376 5242 | SUPERMARKET | |
| BREAK O'DAY BUSINE | | HORTICULTURIST | | ST MARYS SUPER VALUE | 6372 2240 |
| ENTERPRISE CENTRE | 55 | PETER DANE (QUALIFIED HIRTICULTURI | IST) 6372 2686 | (MAIN ST ST MARYS) BUTCHERY | 6372 2274 |
| BEC SHOP 1/34 QUAIL ST ST HELE | NS | HOTEL | | SURFING SUPPLIES | |
| (ADMIN@SMALLBUSINESS,ORG.AU) | 6376 2044 | ST MARYS HOTEL (MAIN ST ST MARYS | s) 6372 2181 | SCAMANDER BEACH SURF SHOP | 6372 5529 |
| BUS SERVICES | | JAM (JESUS & ME) M NORTON | 6372 2099 | (6 LAGOON ESPLANADE SCAMANDER) | 10) 6276 1755 |
| CALOWS BUS SERVICE (ST MARYS) | 6372 2476 | LIBRARY | | BAY SURF SHOP (2 PENDRIGH PLACE ST HELEN TELEPHONE, DATA & TV | |
| (ST HELENS) | 6376 2161 | ST MARYS LIBRARY | 6372 2114 | EAST COAST PHONE & COMMUNI | |
| BUTCHER | | (MAIN ST ST MARYS) | | (JOHN HERON) (DIGITAL TV & SET TOP BOXES) |) |
| INSTORE SUPERMARKET | 6372 2274 | LINE DANCING | | | 121 6372 2402 |
| CABLE LOCATIONS | | VALLEY COASTERS | 63 72 2266 | DELAFRONTERA (DAVE MORRIS) INSTA SERVICE TECHNICHIAN MOB: 0402 969 | LLATION & 393 Ph: 6372 2743 |
| TELSTRA COPPER NETWORK & | UNDER- | (SUE FISHER) | rd E | SURVEYORS | |
| GROUNG POWER CABLES ETC. | | LYMPHOEDEMA CENT ST MARYS LYMPHOEDEMA CENT | | EAST COAST SURVEYING (ST HELEN | (S) 6376 1972 |
| | 0408 059 521 | (LOCATED AT ST MARYS COMMUNITY HEALT | | VALLEY VOICE PUBLICA | * |
| CARERS FOR WILDLIFE | | MARRIAGE CELEBRA | NTS | ACCOUNTS | 6372 2328 |
| 6372 2973 / 04 | | PETER POWER (peterpowercelebrant | @gmail.com) | ADVERTISING | 6372 2155 |
| CARTAGE CONTRACTO | | TEDECE TANDIED 0400 510 045 | 0417 017 105 | (judith.spilsbury@telair.com.au) | |
| C & D EXCAVATIONS M HENDLEY | 6372 2033 6372 2145 | TERESE TANNER 0400 512 845 | 6372 5745 | WATER CARRIERS | 0400 555 515 |
| TROTTERS CONTRACTING 6372 21 | | MEALS ON WHEELS | 6374 2193 | SPLASH ST MARYS | 0488 777 713 |
| (EXCAVATION, DRAINAGE, & GENERAL CARTA | | MECHANICS | | WOODWORK GUILD | (252 200 |
| CHILD CARE | | MICHAEL AULICH (MECHANICAL & W & GENERAL STEEL & ALUMINIUM FABRICATI | | OLD RAILWAY GOODS SHED (ST MARYS | |
| ST MARYS CHILD CARE CENTRE | 6372 2187 | 209 IRISHTOWN ROAD MOB: 0417 507 23 | | WIDE SPAN SHEDS | 6372 2724 |
| CHURCHES | | GRANT FAULKNER (CALTEX ST MAR | ys) 6372 2335 | YOGA ST MARYS VOGA ROOM | 6272 2024 |
| ANGLICAN CHURCH | 6376 1144 | MUSEUM | | ST MARYS YOGA ROOM (7STORY ST ST MARYS)TEACHER JACK FOREM | 6372 2034 |
| CATHOLIC CHURCH | 6372 2252 | CRANKS & TINKERERS (IAN) | 0417 648845 | YOUTH HOSTEL | |
| UNITING CHURCH | 6376 2405 | (MAIN ST ST MARYS) | | SEAVIEW FARM (SERVINGENEE | 6272 2241 |

SALVATION ARMY

MAIN STREET CLOTHING

STRAWBERRY JELLY (MAIN ST)

COMMUNICATIONS

(david@delafrontera.com.au)
(INSTALLATION & SERVICE TECHNICIAN)

CLOTHING

DAVID MORRIS

6372 2099

6372 2211

6372 2684

0402 969 393 6372 2743

NEWSAGENCY

ST MARYS NEWSAGENCY (STORY ST ST MARYS) SEAVIEW FARM (GERMANTOWN)

6372 2143

6372 2341



MARCH/APRIL 2010

| Mon | Tue | Wed | Thu | Fri |
|-------------|---|--|---|---|
| | | | F - | 12 MAR ⇒ Grade 7 Camp |
| I5 MAR | 16 MAR ■ St Helens District High School Swimming Carnival | 17 MAR ⇒ St Helens District High School Swimming Carnival | I8 MAR ■ St Marys District High School Swimming Carnival | I9 MAR St Marys District High and Fingal Primary School Swimming Carnival Guestacon |
| 22 MAR ≆ | 23 MAR | 24 MAR | 25 MAR ENE Swimming Carnival | 26 MAR → Progress reports to parents |
| 29 MAR | 30 MAR School Association AGM 7pm in staff room | 31 MAR | I APR | Good Friday |
| | EASTEI | R BREAK - 5 | to 9 Apr. | |
| I2 APR | 13 APR | 14 APR | IS APR Sissue 3 Newsletter posted out. | 16 APR ≈ Inter-high Swimming |



| Closed | Alternative opening days |
|----------------------|--------------------------|
| Wednesday 10th March | 18 Bridge |
| Thursday 11th March | |

For any Dental Emergencies when the dental van is closed please call the St Helens Dental Clinic, St Helens on 63765208 or the Northern Dental Centre, Launceston on 63364100.

St Marys District High School Association News

We would like to invite all interested members of the school community to attend the association's annual general meeting. St Marys District High School Association is responsible for supporting education outcomes at the school, provides input into the budget process, fundraises for special projects, and oversees sub- committees; op shop, school pool, community garden and canteen. The association provides an opportunity for staff, parents and community members to have their voice heard in school decision making. Our committee consists of 15 members, with some committee members taking on additional executive roles: president, vice-president, treasurer and secretary. Committee members may also join a subcommittee in an area of interest. Meetings are usually held twice a term, at 7pm in the staff room. We are looking for people with ideas to share and a passion for quality education across all areas of the school.

When: Tuesday 30th March, 7pm Where: SMDHS staff room

Nomination forms to join the committee are available from the school office – please return to the office by 4pm on Monday 29th March.

For more information please contact:

Tanya Greenwood (current President) BH: 6372 2187 or Brian Shepheard (Principal & Public Officer) 6372 3900

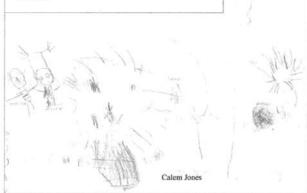


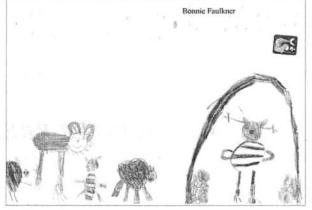


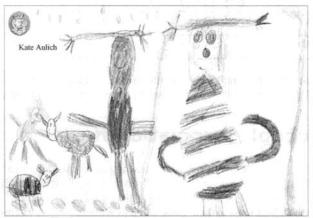
The Very Cranky Bear

Drawn By Prep/Gee















ST MARYS DISTRICT HIGH SCHOOL 13 Gray Road, St Marys, TAS, 7215. Phone: 6372 3900 Fax: 6372 2543 Email: st.marys.district.high@education.tas.gov.au



ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

9th March-12th March Dr Cyril Latt 13th- 27th March Dr Jenny Conway

AFTER HOURS SERVICE CONTACT NUMBERS

PLEASE PHONE GP ASSIST ON 1300 780 011
AMBULANCE 1800 008 008 or
EMERGENCY 000
COMMUNITY HEALTH CENTRE 6372 2111

COMMUNITY HEALTH CENTRE 6372 2111 BEFORE PRESENTING AFTER HOURS.

> St Marys Community Health Centre GP Surgery Hours: Monday—Friday 8:50am-12:30pm 12:30pm-1:30pm LUNCH

NO PATHOLOGY SERVICE 12:00-1:30PM

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts can not be requested by patients over the phone and are unable to be done over the weekends, ensure you have enough medications in advance. PLEASE BE PATIENT waiting periods can apply.

COFFEE WHILE YOU WAIT...

The St Marys Health Centre has two vending machines now available for use within the reception area of the Health Centre.

Coffee and Soup \$2.00 cup and various other goods available. Funds raised will go towards equipment for the Health Centre.

Thank You

A big thank you from the St Marys Community Health Centre to Alice Watson for her donation of hand crochet rugs to the Health Centre.

WHAT'S ON AT THE CENTRE

10th March

BOD Health Resource Association— downstairs at the Health Centre.

Day Centre- For details on the group please contact Hayley Gilbert on 6372 9512

11th March

BOD Health Resource Association- downstairs at the Health Centre.

Eyelines- By appointment please phone1300 139 363

Continence Nurse– Appointments available by referral from your GP or Health Professional

Podiatrist- Appointments available by referral from your GP

Community Kitchen— 10am in the Day Room. For details please call the Healthy Community House on 6376 5242

12th March

BOD Health Resource Association- downstairs at the Health Centre

Diabetes Educator- GP North. Referral available from your GP

Dietician- GP North. Referral available from your GP

Exercise Physiotherapist— GP North. Referral available from your GP.

'Get The Most out of Life' Program - 10:30am - 1:30pm Please phone Helen on 6372 2111

15th March

BOD Health Resource Association- downstairs at the Health Centre.

TLC General Meeting 10am in the Day Room

16th March

BOD Health Resource Association- downstairs at the Health Centre

Social Work- Helen Jennings. Please phone 6372 2111 for appointments.

Child Health Session with Sue Gofton every Tuesday—Appointments only. Please phone 0428 136 381

17th March

BOD Health Resource Association- downstairs at the Health Centre.

Day Centre- For details on the group please contact Hayley Gilbert on 6372 9512

Psychologist- Dohertay. Appointments available by referral from your GP.

Social Work- Helen Jennings. Please phone 6372 2111 for appointments.

Carers Tasmania— Counselling and Advisory Service phone 6231 5507 for appointments

18th March

BOD Health Resource Association- downstairs at the Health Centre

Community Kitchen- 10am in the Day Room. For details please call the Healthy Community House on 6376 5242

19th March

BOD Health Resource Association—downstairs at the Health Centre.

'Get The Most out of Life' Program- 10:30am-1:30pm Please phone Helen on 6372 2111

22nd March

BOD Health Resource Association—downstairs at the Health Centre.

Social Work- Helen Jennings. Please phone 6372 2111 for appointments

23rd March

BOD Health Resource Association— downstairs at the Health Centre.

Social Work- Helen Jennings. Please phone 6372 2111 for appointments

Child Health Session with Sue Gofton every Tuesday- Appointments only. Please phone 0428 136 381

Rae & Partners Lawyers— Tom Bain. For appointment please phone 6337 5555

Information of this page was supplied by: St Marys Community Health Centre, Gardiners Creek, Road, St Marys, TASMANIA. 7215

family food Patch



Are you a parent or carer with an interest in healthy eating and physical activity? You could be a Family Food Educator!

The next training program will be held in St Marys!

When: April 13 - May 11, 2010

Day: Tuesdays, Educators are encouraged to attend all 5

sessions

Time: 9.30am - 2.30pm

It is free to participate with child care and catering provided.

What does the training cover?

- Children's nutrition needs, their eating behaviour, preparing healthy foods, and topics such as introducing solids, lunchboxes and drinks.
- Physical activity requirements of children and ways to encourage physical activity for children and families.
- How to encourage and talk to other families about healthy eating and being physically active.

For more information contact Emily Shepherd Phone 6423 6454 or 0409 405 789 Email familyfoodpatch@iprimus.com.au

Break O' Day Arts Space – Survey

Break O'Day Council has set up a working group to investigate the possibility of establishing a Break O'Day Arts Space at St Marys to provide working space, retail outlet and exhibition space for creative artists and crafts people. If you are interested in utilising such a facility, please complete this survey and return it to one of: Councillors David Clement, Reon Johns or Hannah Rubenach, C/O St Marys Post Office by 26th March.

| Name (optional): |
|-------------------------|
| Phone number (optional) |
| Address (optional): |
| Town: |

- 1. Please list the types of art or craft activities you do (eg painting, drawing, paper making, jewellery, felting, pottery, weaving, stained glass, metalwork, etc):
- 2. Where do you currently carry out your art/craft work? (eg in a home space, a shed or outbuilding at home, a rented space, etc)
- 3. Do you currently derive an income from your artwork, would you like to gain an income from your artwork, or is your work just your hobby?

I currently derive an income
No-my work is my hobby

I would like to gain an income

- 4. Would you be interested in hiring a workspace at an arts centre (in principle, subject to arrangements)?
- 5. What particular arts activity would you like to carry out if a working arts space was available?
- 6. If YES to 4. would you prefer to be a long-term user of an arts space or a casual user?

 Long-term Short-term Casual

 How long? How long? How long?
- 7. How much work space would you require (square meters)?
- 8. What special operating requirements or facilities/services would you require from a hired space?
- 9. Would you be interested in displaying or selling your work at an arts space, even if you were not renting a work space?
- 10. Would you be interested in volunteering to help run an arts space?
- 11. Would you be interested in either attending courses held at a centre or running courses?
- 12. How far would you be prepared to travel to access a quality arts space?
- 13 Any extra comments or ideas:

Thankyou for taking the time to complete this survey.

St Marys Sports Centre Inc. news. Kackhander.

First to bowls and congratulations to both the Men's and Women's Pennant Teams who have secured the all important double chance spots for the Finals about to commence. Incredible effort everyone. Next Saturday March 13th we take on St Helens in both games to see if we can go immediately into the Grand Final. Wouldn't that be a great thing. It's entirely in our own hands, but the selectors ask everyone to please accept the decisions made by them whatever they are. No one knows what changes will be made but no one will be forgotten in the choices.

Our ladies did pretty well in the East Coast Singles recently. Whilst not winning the title all of them really did the club proud.

All the bowlers want to pay tribute to our MOST MAGNIFICENT MOB (M.M.M.) in the kitchen, preparing the absolute best afternoon teas of any club. Won't name names because we'd hate to forget anyone which would be bound to happen, last thing we'd want to do, but we truly appreciate the week in - week out efforts of this amazing band of helpers who donate their time to sumptuously feeding the hungry hoard each home game. THANKS to you all.

Congratulations and good luck to both Jim Rankin and Glenn McDonald who will be trying to win this year's Club singles title in the next week or two. Neither has won it yet so it will be terrific for one of you, whoever it is. Glenn has had an excellent couple of weeks also reaching two other finals of club events. Well done indeed. Once all our winners are decided we will list all their names in the column, both men and women. Let's hope a couple of premierships are also part of that list.

Now to golf. Go and check out the vastly improving greens since they were aerated the other week. The difference is phenomenal, not just from Core Tas work but from the follow up efforts of our own intrepid bunch. Thanks to you all. In a few short weeks it will be a great place to bash the little white pill around so don't miss out will you .?

Anyway, until next time, good hitting and rolling.

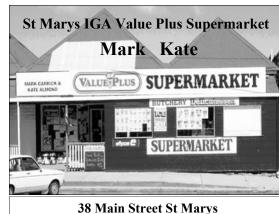


East Coast Ladies Fours Bowls Champions for 2009/2010: l/r: Glenys Turner, Nan Stuart, Nicky Leedham, Janice Viney.

Nicky and Janice were also runners-up in the East Coast Ladies Pairs for 2009/2010. Congratulations to all.

Photo courtesy Jim Turner.





38 Main Street St Marys
Phone/Fax 6372 2240 - Butcher Ph: 6372 2274
Mon – Fri 8am – 6pm
Sat 8am 12 noon

This week's specials.

From the butchery

| Mince | \$ 8.99kg |
|-----------------|-----------|
| Lamb loin chops | \$13.99kg |
| BBQ blade steak | \$ 7.99kg |
| | |

From the freezer

| Birds Eye oven fries 850/1kg | \$3.75 |
|------------------------------------|--------|
| Bulla Creamy Classic ice cream 2lt | \$6.35 |
| Ingham chicken kiev 359g | \$7.55 |
| Chilled | |

| Meadowlea Logical spread 500g | \$6.99 |
|-------------------------------|--------|
| Duck River soft butter 375g | \$2.99 |
| | |

Instore specials

TArax cordial 2lt

\$1.39

| Nescafe blend 250g | \$9.99 |
|-------------------------|--------|
| Arnotts shapes | \$1.99 |
| Glad bake 18mtrs | \$3.99 |
| Kelloggs LCM splits 6pk | \$2.99 |

Next week's specials.

From the freezer

| \$4.99 |
|--------|
| \$5.45 |
| \$4.75 |
| |
| \$2.99 |
| \$3.99 |
| |

Instore specials

| 1 | |
|-----------------------------------|--------|
| Schweppes/Pepsi soft drink 2lt | \$1.99 |
| Kleenex toilet tissue 8pk | \$4.99 |
| Pears shampoo/conditioner 400ml | \$2.39 |
| Pedigree Pal canned dog food 700g | \$1.99 |

EASTER STOCK HAS ARRIVED

| Cadbury Dairy Milk Egg Bag 150g | \$3.99 |
|---|--------|
| Red Tulip bulk egg No 9 150g | \$4.49 |
| Red Tulip Carnival milk/white rabbit 180g | \$4.95 |

