



The Valley & East Coast Voice

Volume 43 No. 21. Thursday, April 21, 2011.

Est. 1968

50 cents

LOCAL BOYS IN TARGA.

Too many good people passed away in 2010, a few of them not much older than me, so it gets you thinking about what you want to do before the inevitable. On the Sunday before Easter 2010, I visited a friend for the last time, and the last words he spoke were; "if ya got something you want to do mate, do it and don't bugger around!"

I called in to work on the way home one Sunday in July 2010 to check emails including some Targa info, which stated that if I applied and paid a deposit to enter the Tour section of Targa Tasmania 2010 before July 31st, (that night!), I could save \$1000! So with 2 hours to decide before the deal expired I sent my credit card no., and thought I'll work out how to fit it into my life later!

The Tour class of Targa was introduced in 2003 with the intentions of attracting a broader range of classic and historical cars back to experience all that Targa has to offer but without the modifications required on the competition cars such as roll cages and racing harnesses etc. The tradeoff being having to drive at a slower pace, (but still a little faster than normal), and no recording of Targa stage times. Also a fair bit cheaper too!

For the event I chose my '74 Falcon GT which has been in the family since 1975, and has been back on the road since 2002 after a 10 year restoration by me.

I was much relieved when my brother Randal accepted the invitation to co-drive as the task of choosing from a dozen or so great rellies and mates was daunting!

So after more than a few weekends preparing the car, we arrived at the Velodrome on Monday April 4th for documentation and scrutineering, and immediately formed friendships with a dozen fellow Tour entrants.

Lining up for the George Town prologue on Tuesday, I realized that we were the first car off the line for the entire Targa fleet and the first stage of Targa Tasmania 20th anniversary and the honour of being entrant No. 20!

Wednesday had us touring around both sides of the Tamar valley, finding that we struggled too keep up with the tour leader but comfortably in front of the Porsche behind us.

Thursday was a different story with us getting closer to the Tour leader's Subaru as we traveled the familiar roads of the northeast and finally filling the WRX's rear view mirror at Elephant Pass hairpin!

Friday consisted of northern midlands sections ending with a 6 hour repair on a non closing sunroof! Can't go to the west coast next day with a hole in the roof! After a half hour brake line repair on Saturday morning with great help by Nick at the Chudleigh servo, we worked our way through the great Targa stages of the north west hinterland, down the west coast and to a great welcome at Strahan. After having perfect autumn weather for the first 5 days, the rain started at Helyer and didn't stop till arriving back at St.Marys on Tuesday night!

Arriving to a huge welcome at Wrest Point on Sunday we were both sad to end 6 fantastic days of driving some of the best roads in the world but relieved that we had brought our much loved childhood family car home unscathed.

In Tasmania we are lucky to have this event as there is much more to it than a bunch of rich boys darting around the countryside in their toys. It was a privilege to have the opportunity to drive great roads a little faster without oncoming traffic, surrounded by great cars and people. Can't be many places in the world where you can do this!

Will I do it again? Bloody hell yeah! I encourage anyone with an interest in motorsport give it a go as Targa is a great way to get into the sport, and cheaper than you think too!

To end I thank the many kind offers of encouragement and sponsorship and the interest by locals both before and after Targa was flattering to say the least!

Cheers, Blackie.

Photos from official disc, supplied courtesy Grant.



Local boys Grant & Randal Faulkner as they tackle Targa.

Please note: Deadline for articles in the next Valley Voice is 5pm Tuesday May 3, 2011

EMAIL ADDRESS: judith.spilsbury@telair.com.au

Community news

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the **St Marys Community Health Centre**.

The Break O'Day Woodcraft Guild Inc. meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

The **Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette-6372 2224.**

St Marys Playgroup meets each Monday 10.30am - 12 noon at the **Falmouth Community Centre**, during school terms. \$2 a session per child or \$3 per family. Please bring a piece of fruit to share and your child's personal drink bottle. Bikes plus helmets welcome. **Phone or text: Danyelle: 0427 073 100.**

WOMBAT WALK LANDSCAPING GROUP meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Playground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. **Contact - Robina 6372 2022.**

St Patricks Head & Esk Valley Historical Society Inc has a meeting one month and a field trip the next. We invite everyone to come along on the third Sunday of the month and enjoy an informative time with lots of fun. For more information Phone: Barry Aulich (637225752) Darlene Wright (63722416) or Jim Haas (63722127)

The Scamander and Beaumaris Community Development Association meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Rachel Woods. Rachel can be contacted on: **03 6372 5118.**

Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome.....If you can yawn - you can sing. Phone Mary-Anne Wadsworth 6376 2969.

Break O'Day Regional Arts - General meetings held on the first Wednesday of each month at 5.30pm in the supper room at the back of the St Marys Hall. All welcome. Inquiries to Colin 6372 2707.

Meeting dates for **Friends of St. Helens History Room & Museum for 2011.**

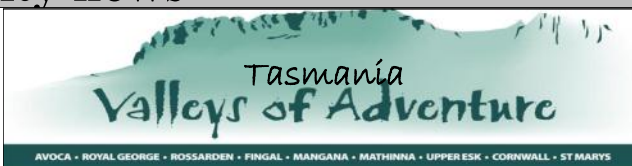
Executive Meeting Dates:

02/05/2011 - 01/08/2011- 07/11/2011

General Meeting Dates:

29/05/2011- 22/08/2011- (AGM) 28/11/2011

Contact the Centre at 6376 1744.



AVOCA • ROYAL GEORGE • ROSSARDEN • FINGAL • MANGANA • MATHINNA • UPPER ESK • CORNWALL • ST MARYS

GREATER ESK TOURISM

GET TOURISM ... meets the second Monday of each month unless otherwise notified.

WHERE: Fingal Valley Neighbourhood House
TIME: 7PM
All WELCOME.

Enquiries to the president on 63722783.

Fingal Valley Neighbourhood House Inc.

Our St. John Ambulance Senior First Aid Refresher Course will be held at the FVNH (Old Tasmanian Hotel Community Centre) on **Thursday 5th May, starting at 9am.** Please phone **6343 4226** to enrol with the office workers at St. John Ambulance.

The St. Marys Tennis Club would like to ask any non financial members to hand in their court keys if they are not going to join for the 2010-2011 season. Keys may be given to Annette Davey or Dana Smith.

The AGM for Meals on wheels will be held on Tuesday, May 17, 2011 at the Day Care room at the St Marys Community Health Centre, at 2pm until 3.30pm.
Lundy Vosper,
Secretary.

MANGANA MISSION MUSICIANS JAM NIGHTS
Monthly musicians jam nights will be held at Mangana Mission, 63 Elizabeth Street, Mangana on the 2nd Friday evening every month.
May 13th, June 10th, Jul. 8th, Aug 12th, Sept. 9th, Oct. 14th, Nov 11th, Dec 9th.
Starting time will be 6.00 pm
BYO Meat and drinks for a BBQ.
All styles of music, instruments and vocalists are very welcome.
For more information call André or Kate on 6374 2212

St Helens Alcoholics Anonymous (AA) Wednesday 8pm Weekly. St Pauls Anglican Church Hall, St Helens. Murdoch 6376 3335.

St Helens Al-Anon Family Group (Al Anon)

To help families and friends of alcoholics recover from the effects of the living with the problem drinking of someone close. Sunday 2pm weekly.
St Pauls Anglican Church Hall St Helens
Anne or John 6376 4270 or Rose 6376 3335.

St Marys Alcoholics Anonymous (AA) Friday 8pm Weekly. Holy Trinity. Mick & Shirl: 6372 2909.

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.

Classifieds

For sale

Single wooden bed & mattress. \$150 the lot. Will sell separate, great cond. must sell. **Ph: 6372 2164. A/H.**

Silver pipeline single bunk beds. 12 months old (as new) top bunk never used! Brought for \$400 new, Sell \$200. ono. Mattresses not included. **Ph:0408 174 193.**

1979 Toyota Corolla sedan. Genuine 83,000kms. Has been garaged and in very good condition. June registration. \$1,200. **Pot Belly stove,** "The Old Colonial", complete with flue. \$250. **Claw foot bath,** cast iron. \$250. **Hewlett & Packard Deskjet 400 inkjet printer.** \$20. **Student desk,** wooden 2 drawer, 900mmL x 750mm. \$40. **Office chair,** steel frame swivel. \$10. **Vulcan 3 bar radiator.** \$10. **Vulcan Quasar Star Elite heater.** \$40. **Ph: 6372 5079.**

Sunbeam Cafe series Coffee machine. little use. \$100. **Trailer 6 x 4.** As new. Reg. to Aug. 2011. \$500. **Ph: Elaine: 6372 2201.**

Gas Patio Heater for Sale - suit patio or shed; tall, floor standing; includes 2 empty gas bottles; \$80. **Ph: 0417 027 424.**

Dishwasher. D'Amani Model DAD-6001W unused. **Electric Single Oven.** D'Amani Model DOFF6.2SS 60cm. **4 Burner Hotplate.** D'Amani Price \$1000. will separate. **Pureheat Model ROYAL 3450 Series Heatpump heater** \$300. **Water Cooler Electric Home-maker** \$50. All in excellent condition. **PH: 6372 5527.**

1 x white enamel bath. \$50. ono. **1 x white shower base.** \$30. **1 x white vanity unit.** \$40. **1 x sofa bed** (reasonable) \$30. **1 x washing machine.** \$50. **1 x 51cm flat screen TV** (analogue) \$45. **1 x Lexmark printer.** \$15. **3 x lots grey carpet.** \$50. **1 x teak buffet.** \$50. ono. Plus other small items. **Ph: 6372 2481.**

Sofa bed. Near new. \$400. ono. **Ph: 63741033.**

Infiniti Elliptical cross trainer. Excellent condition (like new) \$550. **Ph: 6372 2552.**

Cane (oval) glass topped table with two padded chairs \$120.00. **3 rolls 2" Irrigation pipe** (black/green stripe) 600 metres total. \$400.00ea. **Pine, two drawer student desk** \$50.00. **Diamond Doves.** \$10.00 ea, cheaper if multiple buys. **contact Noelene 0363 722 884.**

Fridge/freezer, Hoover Cyclic 370litre. Goes well, suit second fridge or garage. \$65. **Ph: 6372 2813.**

2000 Toyota Camry CSI automatic, air con, immaculate body and engine. Serviced every 5000k. Drives like new car. Reg till October. \$4,950. **Ph: Rick 6372 2659.**

Reebok footy boots. US 9/UK 8. Good condition. \$25. **Ph: 6372 2665.**

Glass top games table with chess set and backgammon. \$70. ono. **Ph: 0438 873 789.**

Second Hand Blocks 1001's Approx 500 for 50c each **Ph. 0419 582 291.**

1 x 1.5 fish tank plus stand. 1 mantle piece fire surround. Must be sold—make an offer. **Ph: 6372 2267.**

WANTED

Spray painter for basic spray job on 140 metal shelves.
Must have own shed and spray gear.
Apply 6372 2626

WANTED

SECOND HAND ROOFING IRON
Ph: 6372 2762

WANTED TO BUY

HILLS HOIST GALVANISED CLOTHES LINE
IN GOODWORKING CONDITION
Ph: 6372 2813

Give away

HP inkjet print cartridges
HP 56 black (2 cartridges)
HP 57 colour (3 cartridges)
Phone 0417 818 883.

Apology Re: workshops in St Marys

With apologies to anyone who may not have received the notice of the postponement of this weeks scheduled workshops in St Marys owing to the road closures.

The workshops will now be held on Wednesday 11th May. (See flyers this issue). Sorry for any inconvenience this change may have caused.

Again would you please assist in spreading the word about this community event throughout your networks and I look forward to seeing you on the 11th.

Warm regards

Wendy French StandBy Co-ordinator

Portable milling available. Ph: 0427 715 577.

"Moo-Poo". Finely screened. Any quantity. See Norm. **Ph: 6372 2380.**

Frozen blueberries - \$11 kilo **Phone 6372 2341.**

Garden mulch. Large square bales of straw.
Free delivery in St Marys area.
Ph: Mark or Alana: 63722145.

Small square bales of garden mulch \$5.
Small bales of grass & clover hay. \$5. (undercover)
Garden mulch, in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area.
Ph: 0407 944 158.
Tractor slashing available. Ph: 0407 944 158.

For sale

94 Fairlane Ghia injected 5ltr V8. Mechanically A1 power luxury and economy. Good tyres and rego. Cruise control, air con, etc. Very nice to drive. \$4,800. ono.
Steel jerry cans x 5. \$10 each or \$35 the lot. **44 gallon drum pumps.** I for fuel, I for oil. \$30 each. **Brown fabric 2 seater couch.** Excel cond. \$120. Contact Glen Trotter, Cornwall. **Ph: 6372 2107.**

“Poppy’s Book”

In the research room of the St Patricks Head & Esk Valley Historical Society Inc., which is currently in the St Marys Online Access Centre, we have a variety of books and documentation relating to the history of Tasmania, with a number dealing specifically with the Fingal Valley. One such book simply called “Poppy’s Book”, is the record of a life time of memories written in around 1985 by the late Alf Faulkner.

He was born in 1906; the third member of eight children, and although Alf spent most of his adult life living in St Marys, his birth place was his parent’s humble dwelling in the small coal mining town of Mt Nicholas. Like most small country towns in those days Mt Nicholas had no medical facilities and the only assistance Alf’s mother had at the births was the help of a woman neighbour. A doctor, who was hours or sometimes even days away, was only called in an extreme emergency.

Alf’s story tells of growing up in Mt Nicholas at a time when there was very little money and children had to make their own fun. He remembers the strong bond he had with his brother Ron and the pranks they played. For pocket money they would collect empty beer bottles, mainly from around the signalmen’s camp, take them home and clean them, then sell them for sixpence a dozen to the grocery cart man when he came each week.

The little extra pocket money came in very handy, especially the time when Alf’s father was too sick to go to work because of bleeding ulcers. At one time he was off work for several weeks while he went to Launceston to have an operation. There was no sick pay or social security payments in those days, so one can only imagine how hard it would have been for Alf’s mother to cope rearing eight children with no money coming in.

Alf left school at fourteen and went to the mine manager and asked for a job. The manager looked at him and said: “Boy, you’re not as high as three penneth of coppers”. Alf was only a small boy and the manager meant he was no higher than three pennies. But he gave Alf a job, which was the beginning of a 43 year career in the coal mines.

With part of his first pay, Alf brought some tobacco and borrowed a pipe from his father. He went off to work feeling like a fully grown man, puffing a cloud of smoke that he reckoned dwarfed the chimney stack of the mine boiler.

Alf talks about the tough times as a young man, especially when he would think of the deaths of his two sisters, both of whom died when they were only children. Many a day, as the image of their faces came into his mind, the coal he was shovelling would be wet from the tears he shed.

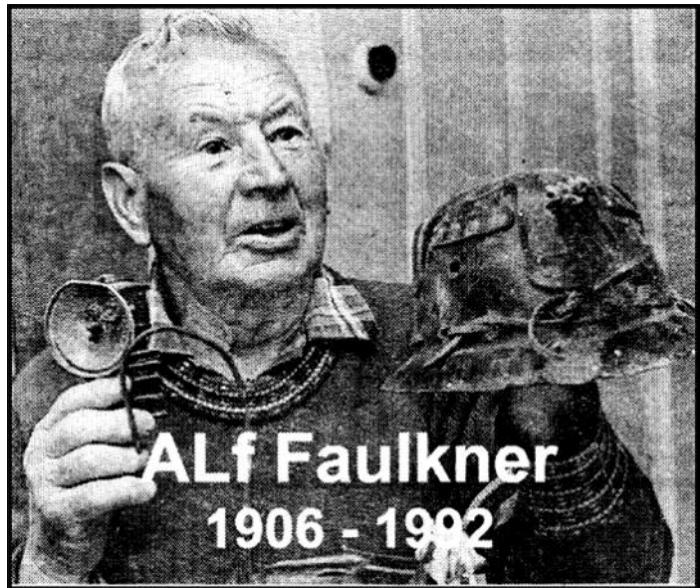
Around 1930 the mine at Mt Nicolas where Alf was working temporarily closed, so he went over to Cornwall and was given a job as a contract miner. His partner was Albert Jones, who like Alf, was only a little over five feet tall. Both men hit it off immediately and although most miners changed partners periodically, Alf and Albert stayed together for 25 years.

For all that time they sweated, toiled and risked their lives together day after day without one cross word. Even though they were two of the smallest men down the pit, their partnership worked so well that for many years they held the record for the most coal produced in a fortnight by a pair of miners. They shared each other’s problems and because Albert was a poor reader he would bring all his letters to work for Alf to read to him. It was a mateship that lasted a life time, in fact, only hours before Albert passed away, Alf visited and prayed with him at his hospital bed.

This article only covers a very small part of Alf’s memories. To read his book in full truly brings a lump to one’s throat. It is a story of a man who had a categorical faith and love for his church that guided him through a time that was hard, sometimes cruel and sad, but where pure happiness could be found in the simplest things.

There are thousands of stories like this that will never be told, but thanks to Alf putting pen to paper we have a firsthand insight into a time that only a few of us remember and fewer could even imagine.

Jim Haas



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Letters to the Editor

Vol. 43 No 21, 2011

Dear Editor

How disgusted I was when I went to see Dr Latt today. I found a very sick man with bad flu, still seeing patients, with three medical students. He needed to go home but couldn't.

If this was not bad enough, because St Helens hospital was flooded, they were going to transfer patients to St Marys "Hospital".

At St Helens, the doctors, five or six of them, won't help Dr Latt with some time off, but it's okay for St Helens to send patients to a very sick doctor here, with enough of his own patients.

Something has to be done to help our doctor have some time off. He is not just an excellent doctor, he is a very kind and caring man.

After years of locum after locum, can't something be done to give this poor man some time off?

He is on call 24 hours a day, 365 days a year. It is disgraceful! Surely there is someone who can help do something about this deplorable position.

K. Almond.

Dear Editor,

I am at a loss to understand why Mrs Perryman needs to be so ungracious while addressing fellow members of her community in her letters to the valley voice.

Personally I am delighted that Mrs Perryman wishes to express her views but surely she can discuss council minutes without mocking a previous correspondent (v v 7-4-11).

Surely Mrs Perryman can herald her support for the Optus tower without making a late community member the butt of one of her bad taste jokes (v v 24-3-11).

Mrs Perryman decries "nasty gossip and total character assassination" (v v 7-4-11). Perhaps she needs to reread some of her letters to the editor.

J.B. Foreman

To the Editor

It was the perfect day for a game of footy and while the St Marys boys were pretty convincingly beaten it was a great day, a very entertaining match and an excellent way to start the season. We were a little disappointed with

the level of local support, particularly considering the wonderful weather but we will keep plugging away and hopefully attract a better crowd for our next match against Lauderdale at the big double header at St Marys on Sunday 29 May.

As with any event of this nature there are a lot of people to thank and acknowledge so here goes. Firstly a big vote of thanks to Michael Cooke for his tireless efforts in getting a team on the paddock. The following businesses very generously provided vouchers for our best player awards – Colin & Kim, Main St Clothing, Liz Dean Mt Elephant Fudge and Ice Cream, Mark Carrick St Marys Supermarket, Ross & Tracy Coach House Restaurant and Greg & Evelyn at St Marys Bakery.

Thanks to Heather Lodge, Wendy Dawson and Rachael Hodge for donating cakes for our canteen. Craig Freiboth did a great first up job as umpire. Thanks to Nathan and Hayden Dawson, Brodie Barnes, Aaron Webb and Bradley Mitchell for goal umpiring, water boys and scoreboard attendant. Canteen helpers Kath Cooke, Kerry Whit, Kerry Veldums and Len Miles. Bob Whit did a great job at the bar and also thanks to Rick Lohrey for getting the players organised and acting as bench coach.

Greg Cooper helped out at the gate, Sue Christiansen with massages and rub-downs and Ian Bradbury attended with the ambulance. Finally thanks to Jim and Glenys Turner and Roger Donald for their help at the Golf Club. I sincerely apologise if I have misspelt any names or left anyone out.

As I mentioned earlier we have a big double header on at St Marys on 29 May; we play Lauderdale and Launceston will be up against Kingborough so we hope to see you there.

Harry Veldums,
Club President.

To the Mayor & All Elected Councillors
Break O'Day Municipality
ST HELENS Tas 7216

Dear Sir,

Re: ST HELENS HISTORY ROOM/DISPLAYS

On behalf of the Combined Probus Club of Scamander Inc., I have been asked to write to your council expressing our concerns over serious changes within these excellent facilities.

Last Wednesday 16th March 2011, our Club visited this History Room following a full day tour on and around the Blue Tier Region. Mr Leon Kohl was an excellent guide for the day and he enthusiastically encouraged the Club to visit the Poimena/Anchor Mine and Wheel Display in the History Room. This impressively presented display certainly enlightens the visitors and locals alike, who can only then appreciate the early development and investments from this Tin Mining area, for our region today.

Concern was raised at the direction the History Room is being taken on, with the dominance of the "Trail of the Tin Dragon" overtaking the limited available floor space; worked so hard for by the dedicated group that support this excellent Local History Room.

One does not believe that the Local Displays and Artifacts should be placed away in a 12.5m container for storage; this is most unprofessional and certainly not befitting of the standards this local Museum has recently been able to obtain in preservation and display of our heritage.

Yours faithfully,

(Mrs) Val Ikin, Secretary for

The President, Committee and all Members,

The Combined Probus Club of Scamander Inc.

Dear Editor

There are three things in life I find nonsensical, contain no intellectual content, but are amusing. The wrestling, the Jerry Springer show and Ms Perryman's letter's to the editor.

Cllr Reon Johns.

Break O'Day Woodcraft Guild Open Day 2011

Well **Victor Tracey's** prediction was correct, it was a great day. I think one couple from the mainland summed up the day succinctly with their comment "what a great relaxed country fair". All our apprehension about winds and rain evaporated along with the puddles.

Many thanks to our working exhibitors whose talents had many onlookers transfixed. **Our coopers George Marki and Les Thompson** who demonstrated the traditional art of barrel making. **Guy Pascoe** who turned Jute string into an array of different sized ropes. **Jacinta Allen and Maddie Hunt from Warped Productions** whose magical fingers and loom produced beautiful and practical scarfs.

Thankyou to our artists **Maggie Fletcher and hubby Lionel** for her hand painted crafts and miniatures. **Sharon Kinloch** with her realistic displays of hand drawn family pets and **Rosa Byard** for her beautiful botanical drawings.

Ted Koops and Paul Byard kept the crowd in the mood with their exceptional musical repertoire. As one local commented "those two are on fire".

Marcus Hall for his informative display on the correct method of tool sharpening.

The St Marys Combined Churches were present with their wonderful assortment of hand made crafts. (Thanks **Sister Lorraine, Barbara and Lorraine**) for an eye catching display. **Kelly Bond** with her eclectic and interesting mix and to **Judy Woods** for her great blend of plants and treasures.

Hannah Rubenach's face painting for the children provided entertainment for the littlies, as well as the Salvation Army jumping castle manned by **Melanie Norton**. Social worker **Wendy French's** table provided an assortment of informative literature about her successful outreach programme "Stand By".

The Reptile Rescue provided live entertainment with their collection of safely contained beautiful snakes and lizards.

The North East Woodcraft Guild had a working exhibit from two women woodworkers who specialise in pyrographics and hand carving. (These have been included in the pics).

Victor Tracey for his knowledgeable outline of numerology and how numbers rule our destiny.

The Guild would like to express their gratitude to the **Tasmanian Historical Machinery club** who every year do a demonstration of yesteryear's engineering marvels, (some are over a hundred years old) and still keep chugging along.

Thank you to the **St Marys Volunteer Ambulance Service and the Volunteer Fire Brigade** who patrol the event for any mishaps. **Kim and David from Second Hand Rose, Rebecca from St Marys Hairdressing, Grant Faulkner, IGA, Coach House and Evelyn from St Marys Bakery** who have all displayed our posters. **Judy Spilsbury and all the volunteers from our great community newspaper** for faithfully placing our ads. **Sergeant Charmaine Ward** our local member of the constabulary who drew our raffle. **Gavin from St Helens Tent Hire, The Fingal Valley Neighbourhood House and the Fingal Focus Newsletter. The Break O'Day Council, and council workers, Star FM, The community of St Marys** for their unflagging support.

And last but not least our hard working Guild members who faithfully, every year, put many hours in behind the scenes to make our great day come to fruition.

A special thank you to **Col and Dawn Mackenzie, The Duck, Wendy Fowler, Lorraine Gill, Ted Koops, Guy Pascoe, Wendy Brennan, Marcus Hall, Jug, Grahame and Margaret Derbyshire** and although not a member but every year offers her help, **Mrs Heather Lodge**.

Last but not least our President and driving force **Reon Johns** whose dream it was to keep old woodworking techniques available for the next generation to learn and appreciate.

The Guild meets on the last Saturday of every month at 2pm in the old railway goods shed St Marys. New members always welcome. We are open Monday Wednesday and Friday. Other times by ap-

Woodcraft Guild raffle winners

First choice went to John MacDonald of Gray Road... two wheel barrows
Second choice went to Jennifer Harris of Gray Road...two wooden barrels
Prize left went to Jenny Nicholson of Groom Street... wooden picnic table
Raffle was drawn by Police Sergeant Charmaine Ward.



Break O'Day Woodcraft Guild Open Day 2011



Photos both pages courtesy Wendy Brennan.

This photo shows Cooper, George Marki, as a young man.



LISTING OF THE MONTH!!!

1 Franks Street, Fingal Price: \$290,000

This beautifully presented hobby farm offers 4 bedrooms, 2 bathrooms, open plan living/dining/kitchen, tas oak floors, deck, double garage and is set on 10 fertile acres. This property is on town water and sewage, which is rare for acreage properties. The land is fenced and offers good level ground for horses, sheep or several other uses. The property is 2 mins. from shops and 30 mins. from the East Coast Beaches. This is a well priced property and is one of the best lifestyle properties on the market.

SCAMANDER, 4 bedrooms, 2 bathrooms, 1870m2 land. \$ 298,000	SCAMANDER LAND 1012m2, water views, walk everywhere. \$139,000
FOUR MILE CREEK, 3 bedrooms, outstanding views. \$ 395,000	FALMOUTH, 3 bedrooms, 2059m2 land, landscaped grounds. \$320,000
SCAMANDER, 3 bedrooms, ocean & river mouth views. \$ 289,000	ST. HELENS, Holiday set up with caravan, annex, amenities + power. \$110,000
FOUR MILE CREEK, 7 acres waterfront, rare. \$ 593,000	PYENGANA, 47 acres, spring-fed dam, 3 bedrooms, panoramic views. \$385,000
ST. HELENS, 3 bedrooms, low maintenance. Close to beaches, shop + boat ramps \$289,000	BICHENO, 2 bedrooms, views of Diamond Island, Red Bill Beach and Waubs Bay. \$295,000
SCAMANDER LAND 580m2, fabulous ocean views. \$170,000	SCAMANDER, 5 studio units, close to beach, good investment. \$360,000
SCAMANDER COMMERCIAL BLOCK, great views, 900m2 (approx.). \$165,000	SCAMANDER, 2 waterfront apartments, great position. \$395,000
SCAMANDER, 40 Acres, 3 bedrooms, outbuildings, views. \$445,000	SCAMANDER, 2 virtual waterfront apartments, great water views. \$395,000
ST MARYS, 22 acres, power connected, lovely views. \$95,000	ST MARYS. 982m2 block, walking distance to all facilities, 12 mins. from beaches. \$45,000
SCAMANDER, level block 602m2, walk to beach & facilities, water views. \$110,000	ST MARYS, level 800m2 block, with valley views and close to facilities. \$42,000

For further information on any of the above properties, please contact
Janette Cumming on 0407 406 844 or Nigel Cumming on 0418 527 523



St. Marys Tigers Football Club Inc.

Match Report

St Marys Tigers vs Launceston Sunday 17 April

On an absolutely glorious autumn day St Marys Tigers commenced their AFL Masters season against Launceston.

Unfortunately only a handful of the St Helens Under 16 team turned up for the curtain raiser much to the disappointment of a keen and enthusiastic St Marys District High School team but the boys divvied up and played an entertaining scratch match.

The main game kicked off at 12.30 and the well drilled Launceston boys bolted out of the blocks and kept the pressure up all day and ended up running out comfortable winners 14.12 96 to 1.6 12. It was an extremely entertaining game and the score board was not an entirely accurate reflection of the standard of play from both teams.

Unfortunately Launceston were much fitter and ruthless at finishing off where the St Marys boys fought hard but seemed to be unable to deliver that final flourish. To their credit the St Marys boys never gave up and battled hard all day but one of the major disadvantages of being a "district" team is that the majority of the team had not had an opportunity to play together previously. They will be better for the run, however, and should put up a much better performance in their next game against Lauderdale at the double header to be played at St Marys on 29 May.

Our solitary goal kicker was Brian Smith with best player awards going to Chris Smithhurst, Mick Symonds and Richard Gee. A great first up effort and improvement will come. Training on Fridays at 5.00pm at St Marys.



The new look St Marys Tigers prior to their first game. The team is made up of players from St Marys, Scamander, St Helens, Fingal, Campbell Town and Launceston. A team of which the whole district can be proud.

Elaine and the team at Purple Possum wish all our friends and customers a happy, safe and most enjoyable Easter break!

We'll be taking some days off ourselves while we can – it's been a busy year and Easter is always a quiet time for us.

But please note that Purple Possum will be open Easter Saturday from 9 am until 4pm – so all our regulars won't miss out on their coffee, tea, scones, soups, brunches or lunches! See you then, or when we re-open on Tuesday 26 April!

**Purple Possum
Wholefoods & Café**

5 Story Street St Marys. Phone 6372 2655.

• Open Easter Saturday. • Closed Easter Friday, Sunday and



www.fingalvalleyhistory.com

Mt Nicholas Field Day

The St Patricks Head & Esk Valley Historical Society Inc invite the general public to a field day at the old Mt Nicholas township on Sunday the **15th May 2011**, meeting at the Purple Possum in Storey Street, **St Marys at 10.00 am.**

As well as looking into the history of what is now a ghost town, we plan to walk through the old town site and up into the hills to view the old coalmine relics, which were so much a part of the economy of the Fingal Valley from 1887 to 1958.

Around midday we plan to join the ghosts of the old mines in a BYO picnic lunch. It is also advised to bring along a satchel of salt, as we may also be joined by a leech or two.

For more information phone: Barry 6372 5752, Darlene 6372 2416, or Jim 6372 2127.

DELIBERATIONS

by Charles Collopy

There are some very interesting parallels to be found when one examines several of the world's ancient religions. Here is a small sample...

The Egyptian Empire of 25th Century BC had a religious deity called Horus who was worshipped from at least the late Pre - Dynastic through to the Greco - Roman times.

The name Horus was passed down to a number of Pharaohs of Ancient Egypt, and he was depicted as a God with the body of a man and the head of a falcon.

It is written that Horus was the only begotten Son of the God Osiris and the virgin Isis Meri and was born on 25th December with his birth being heralded by a star in the East and attended by three wise men. His birth was announced by angels and witnessed by shepherds. Baptised at the age of 30 by Anup the Baptist and given the title Krst, the anointed one.

It is recorded that he walked on water, cast out demons, healed the sick, restored the sight to the blind and stilled the sea with his power. He was known to be generally accompanied by twelve followers.

Horus was also given the credit for raising his dead father from the grave. He is reported to have given a sermon on the mount, was crucified with two thieves and buried in a tomb. The records show that he was resurrected after three days which was witnessed by women.

Mythology tells us that Attis of Phrygia in Western Asia (1200 BC) is reported to have been born on 25th December to the virgin Nana, daughter of Cebele, mother of the Gods, and Goddess of fertility.

Nana's father believing her to have been licentious, orders the child to be taken to the river and placed in a wicker basket to die, but is saved by a shepherd who takes him home. He was considered the Saviour of Mankind and was slain for that reason. His body as bread was eaten by worshippers who saw him as both the Divine Father and Son.

He was crucified on a tree, from which his blood ran down to redeem the earth. It is written that he was dead for three days, and was then resurrected on 25th March as the Most High God.

Dionysus of Greece as the story goes, was born on 25th December of a virgin. He became a teacher and was reported to perform miracles. Buried for three days and resurrected. Was worshiped between 1500 to 1100 BC.

His mother was a mortal woman called Semele and his father was Zeus, King of the Gods.

He is more commonly known as Bacchus, the God of wine.

Mithra of Persia 1500 B.C. According to Mithraism, was called the Son of God, the Light and the Truth, was born of a virgin on 25th December, had twelve disciples, was crucified, rose from the dead on the third day, atoned for the sins of mankind and returned to Heaven. There were seven sacraments, baptism and communion with bread and wine.

The Eucharist hosts were signed with a cross, an ancient Pagan symbol which originated in Egypt.

Throughout ancient history, you will find literally dozens of similar stories of copycat religions which are there for anyone who wants to go to the trouble of finding them.

So here we have a small sampling of four from our ancient past which all share common themes. We have:

All born of a virgin mother with their father being a God. You will note that they were all born on 25th December, and that this occurrence was marked in the case of Horus by a star of the East and three wise men. Two of the four had twelve disciples. The four mentioned here were all crucified, and were reported to have been dead for three days followed by miraculous resurrection.

There are far too many similarities for these historical religious elements to be classed as coincidence! So is there a connection, for there must be one, and it will be discussed in the next issue of this paper.

The Say Cagerattler

I know that these people are well and truly in the minority, but just the same I wish they would give things a chance before they get really critical of what might be the case. What ever happened with 'fair go'.

I refer of course to the new Pool Building located at the school. It's not even open yet but I have personally encountered members of the community labelling it as 'another white elephant' among other things.

Granted that despite the fact the original plan needed to be altered somewhat due to various reasons, this structure is by any standards a very substantial addition to this community and will provide a huge opportunity to allow for a healthier, fitter, more water safe locality because users will be able to continually upgrade and train their skills. What can be wrong with that?

The people heavily involved with future running of this facility are going to make it as accessible and affordable to all as is humanly possible for these very reasons, so that anyone who wants or needs to have access to a genuine 25 metre safe facility will be able to do so. Predominantly a card system is to be used whereby card holders will be able to access the pool as their funds will allow. Sounds pretty good to me.

It is envisaged that as time progresses various groups might like to be able to use the facility to suit their needs.

In retrospect we have a lot to thank our intrepid and very community minded people for from about two decades ago which has ultimately led to this. These wonderful people had the foresight to see how beneficial a decent pool has been for the area and through their incredible determination we will DEFINITELY NOT have a white elephant. Not by a longshot.

Whilst it might be a little while yet before the facility opens to the public, mainly due to vital infrastructure still to arrive and legal and regulatory requirements needing to be ticked off on, rest assured this facility is to become a terrific addition to our community.

St Marys Pass is to close for several weeks after Easter it is reported. Whilst we appreciate this is necessary of course, I trust there is also scheduled work prior to that on Elephant Pass and Forestry/Upper Scamander roads to help alleviate the considerable inconvenience the longish closure of StMarys Pass means to many people.

Don't forget to get behind ANZAC DAY on April 25th. I think we've had enough of this petty bickering that's been going on in recent years. Forget personalities and focus on the day and what it means. That is paramount and we need to remember that. Do your best to attend one of the planned local services in the Valley.

Thanks to everyone last weekend at the Health Centre and at our fantastic Pharmacy also. I was in a bit of bother there and everyone was overwhelmingly helpful. We are lucky indeed to have them.

What do you think ?



HAPPY 80TH BIRTHDAY
APRIL 20TH
NAN STUART
HAVE A GREAT DAY.
WITH LOVE FROM
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AND FRIENDS.



St. Marys Tigers Football Club Inc.

**AFL MASTERS
DOUBLE HEADER
St Marys Football Ground
May 29, 2011
ST MARYS**

VS

LAUDERDALE

11.30am

LAUNCESTON

VS

TOM MOORE TIGERS

1.00pm

Full range of food/refreshments available
Entry by gold coin donation

Come along and support your local team

*St. Marys Tigers Football Club, P.O. Box 42 St. Marys Tas 7215
Ph. (03) 63 722256
Mob. 0418564710*

Meal & Film Nite
Falmouth Community Centre
Saturday 30th April, 2011, 6 pm
Curry & rice – \$10
Bar opens at 6 pm
Also: Tea, coffee, cake & raffle
Film: 7.30 pm – gold coin:

The Documentary 'Home' was produced to inspire action and encourage debate about the future of the planet; Home poses the prospect that unless we act in the next 10 years we risk losing the only home we may ever have.

Save Our sister Fun Raiser:
Bung: 9447 151 871 & Di: 6372 2535

IN REMEMBRANCE

The family of the late
Ernest and Kathleen Cooper
of St Marys wish to acknowledge the
passing of our late brother Ron's
wife Sue, on March 30, 2011.
Our thoughts are with their children,
Karen, Scott, Roslyn, Matthew and
their families.

REST IN PEACE, SUE.



Apologies to the family for the error in the last edition



COUNCIL MEETING HELD ON MONDAY 11 APRIL 2011

The following information is provided as a brief of matters that were discussed and decisions that were made at the Council Meeting held on Monday 11 April 2011, at 10.00am at the St Helens Council Chamber.

The following Notices of Motions were submitted by Councillors for investigation or full reports to be provided to a Meeting of Council in the future:

- Speed Limit Reductions and Signage for Ansons Bay– CARRIED
- Alternate Route for St Marys Pass – CARRIED

Other items listed for information and decisions by Council were as follows:

[Union Church Goulds Country – Request for funds for replacement of aluminium crosses](#)

- Lease of Land at Pyengana – Tasmania Fire Service
- Community Funding Program 2010/2011
- National Volunteer Week Activity for Break O'Day Municipality
- Eat Safe East Coast
- Fees and Charges for Environmental Health 2011/2012
- Demolition of Beauty Bay Toilet Block
- Stieglitz Sewerage Lagoons – St Helens Point Road, St Helens
- Calders Gully Bridge, Mangana – Load Limit
- Footbridge Replacements – St Helens and Beaumaris

Information Reports were provided for the following areas:

- Financial Reports and Budget Variations
- Business and Corporate Services Department Report
- Visitor Information Centre
- Risk Management
- Works and Infrastructure Report
- Community Services Report
- Development Services Report
- General Manager's Report

A full set of Council's minutes are available on the Council Website at www.bodc.tas.gov.au alternatively, hard copies are available at the St Marys and St Helens Libraries and the St Helens History Room. Copies can also be requested free of charge by contacting Council's Executive Officer on 6376 7900.

ANZAC DAY

The St Marys Memorial Association will hold the traditional Dawn and 11:00 am ANZAC Day services at the St Marys Cenotaph on ANZAC Day.

A gunfire breakfast will follow the dawn service. A small charge of \$5 for all who attend the breakfast, as this will help cover the cost of the gunfire breakfast.

All ex-servicemen and women, residents, community groups and children are welcome to pay their respects and lay a wreath at the 11:00am service.

For further details please contact Reon or Wendy on 6372 2094 or mob 0429 722 091.

ANZAC Day Wreaths

As there are a growing number of groups and organisations within St Marys wanting to lay a wreath, to avoid disappointment please contact

Wendy Brennan on 6372 2094

in order that your group or organisation is included in the ANZAC DAY Wreath laying list.

I do not need the names of individuals or families as provision has been made after the official list has been read out for you to have the same opportunity.



Creating Birth - images in cloth

Twelve quilts which are touring around Australia arrived in St. Marys this month, featuring a total of 440 images in cloth made by Aboriginal and Torres Strait Islander women and girls. A range of techniques and skill levels is represented, including painting, stitch, 2D and 3D, embellishing with buttons and lace, applique and so on.

The theme, 'Creating Birth', celebrates life and the special needs of mothers and babies. The quilts also aim to highlight their need for better health services in local, often remote, areas, so they can give birth in their own community in a safe environment.

The launch, which took place at 7 p.m. on Wednesday 6th April, included a savoury supper. Those who braved the cold and the dark were well rewarded with good company, tasty food and a colourful and thought-provoking display.

Tasmanian Regional Arts have organised this touring display, through the local Break O'Day Regional Arts branch and *Gone Rustic* Studio & Gallery. The quilts are on show at 37 Main Street, St. Marys, until 28 April 2011, and can be viewed from Tuesday to Saturday, 10 a.m. to 4 p.m., or by appointment (03 6372 2724 or 0417 027 424).

Contributed by Rita Summers

Photographs by Janet Drummond



St Marys
PHARMACY
Ph: 6372 2844



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**Kodak quality
prints in seconds**



St Marys Pharmacy is now stocking
Designer Brand
make-up.

Call in and get your **Loyalty Card**, which entitles you to buy 6 products, get your card stamped and get the **7th product FREE.**

Purchase 3 products at the same time and receive a **FREE Pen.**

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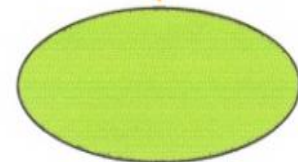
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Backs etc**

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NATIONAL VOLUNTEERS WEEK 9 - 15TH MAY 2011

BREAK O'DAY COUNCIL
WOULD LIKE TO INVITE
VOLUNTEERS OF THE MUNICIPALITY



TO

Lunch and Activities
On

Wednesday May 11th 2011.

Meet at the St Helens Visitor Information Centre at 10.00am

Starting with a visit to the Visitor Information Centre and Museum.



Followed by a bus trip for lunch at 12.15 pm and afternoon activities at
White Sands Resort
Iron House Point.

Activities

Movie - title to be announced at a later date
Tennis **Putt Putt Golf** **Beer Tasting.**

Or a leisurely walk along the beach

All activities have limited participation numbers and
must be requested at time of booking and will be on a first requested basis.

This day is **FREE** to volunteers as a thank you from Break O'Day Council and acknowledgement for the wonderful work carried out by Volunteers in the Municipality.

Limit of 100 participants - Bookings are essential RSVP 28th April 2011

Phone
Break O'Day Council
63767900

Contact - Jenny Singline - **63767931** - for further details.





Sunday Market

Happening :

At the Old Tasmanian Hotel



On the last Sunday of the Month

Starting on Sunday 29th May, 9am – 1pm

*Please ph 63742344 or
mobile 0488 562 538*

to book your table/trestle



Needed: fruit & veggie stall holders

DESIGNER HAIR STUDIO

46 Main St St Marys Ph: 6372 2108

I WILL NOW BE OPEN EVERY 2ND & 4TH
MONDAY OF THE MONTH.
EACH OTHER MONDAY I AM WILLING TO
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All trims at pensioner prices

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\$5 OFF ALL COLOUR SERVICES.

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Salon hours: Now open 2nd & 4th Mondays
Tuesday/Wednesday: 9.30 - 5.30
Thursday/ Friday 9.30 till late. (App only)



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Dick Adams MP

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance
 53B Main Road 58A High Street
 PO Box 50 PO Box 271
 Perth, Tas 7300 New Norfolk Tas 7140
 Ph 6398 1115 Ph 6261 3366
 Toll free 1300 132 689
 Email D.Adams.MP@aph.gov.au



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Written and Authorised by Dick Adams, 53B Main Road Perth



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OPENING HOURS OVER EASTER

GOOD FRIDAY	8 - 11AM
EASTER SATURDAY	7 - 6PM
EASTER SUNDAY	7 - 6PM
EASTER MONDAY (ANZAC DAY)	7 - 6PM

CALOWS BUS SERVICE

GOOD FRIDAY	NO SERVICE
EASTER SATURDAY	NO SERVICE
EASTER SUNDAY	NO SERVICE
EASTER MONDAY 4.30PM TO LAUNCESTON	
NO BICHENO SERVICE	

CALTEX ST MARYS
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 Fax: 6372 2822 Mob: 0419 503 109

Big Shed has a new **guitar teacher** with 3 years teaching experience. Book now for your weekly lesson. All abilities welcome.

Weds 4.30-6 New time with John McCol **Garden sculptures** - John will assist you with your individual project. High school students welcome. No Experience needed. \$20 Concessions Available.

1st **Wed** of every month 5-6.30 **Life Drawing** (Model and materials provided. No tuition) \$12 No bookings required

Local artist Zeb Walker is currently on site creating his amazing yurts

Big Shed has a recording studio, PA hire and experienced engineers.

Big Shed has art space for hire, as well as a network of artists available for commissioned artworks,

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 Phone 0428725228
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Fun Range of Helium Balloons!

Have a happy and safe Easter everyone.

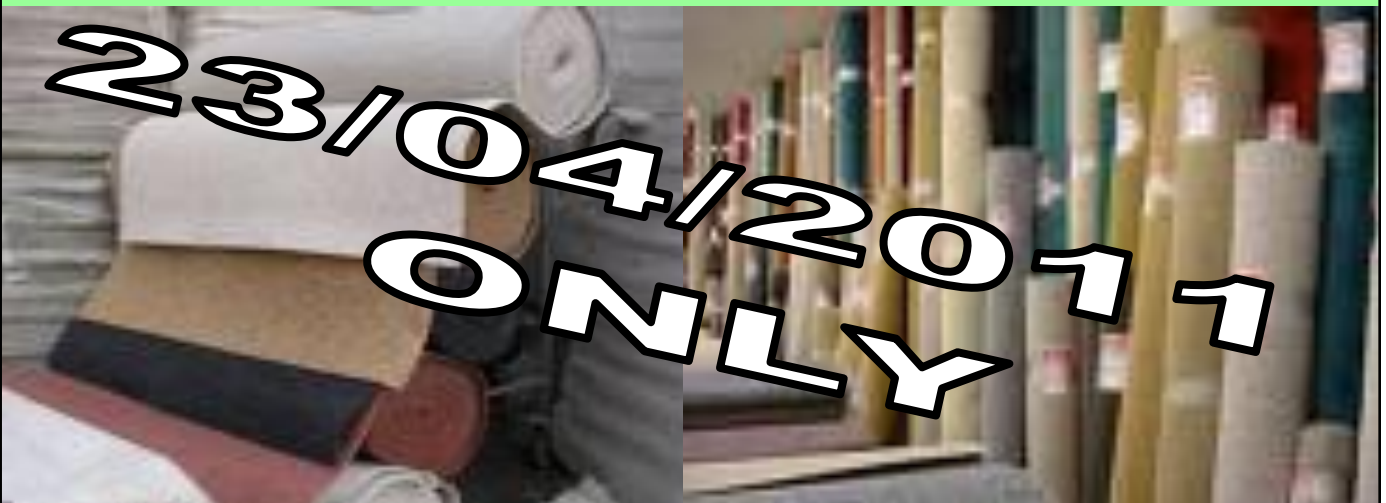
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BREAK O'DAY REGIONAL ARTS

Wishes to announce its newly established Art Competition.

Our 2011 theme is "Winter Dreaming".

All winners will be announced at 8pm on 25th June 2011,
at "The Winter Dreaming Bush Dance" in the St Marys Town Hall.

All mediums of art are eligible for entry.

Awards and Divisions –

1. Under 11 yrs: entry fee \$2 - award \$50 plus certificate of achievement
2. 12 yrs to 16yrs: entry fee \$2 - award \$50 plus certificate of achievement
3. Adult: entry fee \$25 - award \$1,000 plus certificate of achievement

All divisions will also have a highly recommended certificate.

All entries must be accompanied by entry form and entry fees to
Manna Farm, 45 Main Rd, St. Marys. Tasmania 7215

Closing date – Monday 20th June, 2011 @ 5pm.

Forms can be collected from Purple Possum and the Post Office, St. Marys
or The Suncoast Art and Craft Gallery, St. Helens or download a copy from

www.mannafarm.com.au/arts.pdf

The St. Marys Market
7th May, 2011

Rain, Hail or Shine
in the Community Hall

9am to 2pm

2nd Winter Wood raffle will be drawn
at 11am.

"OPEN CORNER"

A quiet corner if you wish to read po-
etry, short stories, practice
musical instruments or share a talent
or skill.

No cost involved, just your time.
For more information phone Colin:
6372 2707



St Marys Soccer Club 2011 Season

All ages – boys and girls welcome to play.
Shin pads are recommended for all players
to avoid injuries. Junior players should
wear them for all practice sessions and
match days.

Senior coach (grade 6 & over)

Craig Greenwood

Junior coach (K-grade 5) Tree – other
adults who would like to assist with this
age group are welcome – this can ensure
small group sizes.

Training commences **Thursday 5th May 3, 4.15pm,**
school, bottom oval.

for more info contact Jack Foreman
(treasurer) 6372 2034

Registration fee of \$10 applies to all players.
Exception for those registered with St Helens
Soccer club.



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Happy Easter.



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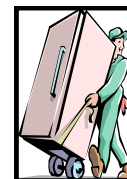
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113 Cimitiere St Launceston

Visiting :

St Marys Community Health Centre

Alternate Tuesdays : 9 am – 10 am

Ph: 6337 5555 For appointments.



St Marys Market

Rain hail or shine the markets will be held
on the 1st Saturday every month in the
community hall 9am till 2pm.

New stall holders welcome

Phone Colin 6372 2707 or Sue 6372 2512

St Marys Police Phone Number 6372 1010
Non Urgent Number 131 444
Urgent and Life threatening 000
SES (Flood & storm only) 132 500
Fire 000



Church in the Valley

11am EASTER SUNDAY 24/04/11

Everyone Welcome
Free Family BBQ

Free Easter Egg & Gift
for each Child



Join your Friends & Neighbours for Easter Fun & Fellowship with
a difference under the trees down by the River and stay to enjoy the
Free Family BBQ , Easter Egg Hunt & Kids Colouring In Comp Draw



Where : 1476 Upper Esk Rd, Upper Esk (end of the bitumen road west from
Mathinna and beginning of Gunns Rd to Roses Tier)

What to bring: Salad Plate or Desserts (Meat is provided) & Picnic Rug or Chairs

Who: Everyone—Especially the kids!

RSVP: 18/04/11 (please for catering purposes)

Contact: Tanya or Peter 6377 1134

Email: tanya@successmasters.com.au



Kids Colouring in Competition—Church in the Valley Sunday 24th April



Entries can be posted to 1476 Upper Esk Rd Upper Esk 7214 or hand delivered to St Mary's Anglican Church or bring with you on Easter Sunday 24th at 11am and join in the Easter Egg hunt & Free Family BBQ
Winners/Prizes at 1.00pm . Remember to put name, address, age & phone number on your entry

INVITATION

StandBy "Crossing the River" Suicide Bereavement Workshop

Understanding and supporting those
bereaved through suicide



Afternoon Session:
"Crossing the River"

Purpose:

To equip service providers and community caregivers with basic suicide bereavement intervention skills

To enhance and further develop the capacity of communities to respond to suicide, trauma and related issues

Topics Covered:

Preparedness; suicide bereavement experience and differentials; traumatic loss; complications of grief; crisis intervention approaches; risk review & harm minimization; self care.

Target Group:

Communities implementing a StandBy model including community workers; volunteers; health care providers, human resource managers; health, welfare & education professionals; youth service providers; clergy, people responding to family, friends and associates bereaved by suicide and concerned local individuals

Featuring:

- **'The Edge of the River'** - General Information on crisis & trauma
 - **'In the Whirlpool'** - Specific suicide bereavement experience, including shock, trauma, lived experience and differentials of suicide loss.
- The way it was and the way it is now - The bereavement condition, the emotional experience of grief and dynamics of suicide bereavement.
- **'Crossing the Waters'** - Crisis intervention approaches, risk review, harm minimization and bereavement care.
 - **'On a New Shore'** - Managing the effects on the carers & supporters: Individual & community strategies for self-care and vicarious traumatisation.

Date: 11th May 2011

Time: Afternoon Session
12.00 – 2.30

Venue: St Marys Emergency
Services Station, Main Road,
St Marys

Facilitators: Wendy French
StandBy Coordinator
North/NW Tasmania

RSVP: 9th May 2011

Free Registration
Light Lunch Included*

For further information or
workshop registration

Please Phone Wendy French
0408 133 884

Our Vision: Community respect, understanding and support for the health and well-being of people bereaved by suicide

Supported by the Department of Health and Aging

INVITATION

You are invited to join us at the



StandBy

“Pathways to Care”

Bereavement Workshop

Local community support for those bereaved through suicide

“Pathways to Care” Workshop Purpose

- To establish an effective coordinated community response plan to provide early intervention and ongoing support to families, friends and associates bereaved through suicide by enlisting participation in the StandBy Response Service Referral Pathways Program
- To showcase the StandBy Response Service and provide comprehensive understanding of the StandBy model for collaborative community care
- To increase understanding about suicide bereavement through the contribution of local responders
- To increase individual and community capacity for the care and well-being of those bereaved by suicide

Date: 11th May 2011

Time: 10.00 am – 12.00 pm
Morning Session
Registrations from 9.30am

Venue: St Marys Emergency
Services Station

Facilitator:
Wendy French
StandBy Coordinator
North/NW Tasmania

Free Registration
Light Lunch Included*

RSVP: 9th May 2011

For further information or
workshop registration
Please Phone:

Wendy French
0408 133 884

***Our Vision: Community respect, understanding and support
for the health and well-being of people bereaved by suicide***

Supported by the Australian Government Department of Health and Ageing

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AUSTEL LICENCE

	Mon	Tu	Wed	Th	Fr	Sa	Su
Brekkie	Mad Mondays with "The Mad Hatter"	Brekky with Mary Anne	"Wake up" with Bobster	Bob's Breakie Show	Bobs – Friday Breakfast Show	Evie on Toast And Fishing Show	Sunday's Sunny Side Up with Evie
Morning	RFM On Star FM	Have a Hoot with SKOOT or Marc	Starry Starry Morning The Trace Element	Down under with DJ - BJ	The Silver Fox's Classic 60's Music Mix	Sammy's Sizzling Saturday	
Arvo	In the mood with Mary-Anne	Trace Element's 2 for Tuesday	"Enjoy the Arvo" with Terry Post	Around the world with Tim	Friday round-up with RFM	Brian's Saturday Show	Colin's Mystery Music
Late afternoon	Damo's Drive Show	After School with Neesha and Chloe	Damo's Drive Show	In the back seat with Angela	In the Car with Jackie		Dave's Blues Mix
Eve	Mellow Monday's with Roger Dr Sax with Roger	Neville's Country Corner and more	Mary Anne's Thanks for the Memories	Easy Listening with "Wally"	Marc's Boiler Room Stido's Blast from the Past and Party Mix	Get into the Party Mode with Stido's Party Mix – til late	

STAR FM Program Guide



The Valley & East Coast Voice Guidelines.

- Opinions in any letters published are not necessarily the views held by the editor and voluntary workers.
- Our pages will remain open to fair and honest criticism, so that on all questions, both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted. Stick to the issue rather than making personal attacks.
- Please do not attack the editor, the paper or the authors of previous letters.
- Letter writers will be given the chance to respond over a suitable period of time, but anonymous and/or nom-de-plume letters received as from 11-02-10 will not be published. Subjects may be closed at the editor's discretion.
- Please make sure of your facts. Do not write letters just to let off steam. Letters most commonly published are those that have bearing to current community issues.
- Keep letters short, simple and to the point. Letters are restricted to 300 words or less.
- The Editor reserves the right to edit your letter for grammar, spelling or reduction in size where necessary.
- All letters arriving by post must be signed, including a printed name and also contain your contact details, such as full name, address and phone number.
- All letters sent by email must contain your contact details, such as full name, address and phone number.
- All letters left at drop-off points must have a signature, plus a printed name and also contain your contact details, such as full name, address and phone number.
- Do not be discouraged if your letters don't get published. Whilst each submission is reviewed on its own merits, we generally receive more letters than we have space available.
- The Valley & East Coast Voice reserves the right at all times, without notice, to update, change or amend our guidelines.
Whilst we value & welcome community letters, The Valley & East Coast Voice does not provide specific feedback regarding any decision made not to publish a submission.

Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking and other inquiries, please phone Marilyn on 6376 1858.

Tim Morris MP

Tasmanian Greens Member for Lyons



Tasmania



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www.tas.greens.org.au

Authorised by Tim Morris MP, Parliament House, Hobart 7000.

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted. Please ensure that your details are included.



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- ◆ WHEEL LOADER

AND MUCH MORE



Mon	Tue	Wed	Thu	Fri
18 Apr	19 Apr	20 Apr	21 Apr ☞ Launching into Learning St Marys Kinder 10.30am ☞ Stepping Stones - Marys Kinder - 1pm ☞ Easter/ANZAC Day full school assembly	22 Apr GOOD FRIDAY
ANZAC Day	<i>Easter Break</i>			
2 May ☞ School Resumes	3 May ☞ St Marys Campus Primary Assembly, 2.10pm	4 May	5 May ☞ Launching into Learning St Marys Kinder 10.30am ☞ Stepping Stones - St Marys Kinder - 1pm ☞ ENE Selection	6 May ☞ Launching into Learning 0-4yrs program - Fingal Kindergarten - 10am start.
9 May	10 May ☞ NAPLAN Testing ☞ School Association Meeting, 6.30pm St Marys Campus - staffroom.	11 May ☞ NAPLAN Testing ☞ Re-scheduled School photos.	12 May ☞ Launching into Learning St Marys Kinder 10.30am ☞ Stepping Stones - St Marys Kinder - 1pm ☞ NAPLAN Testing	13 May ☞ Launching into Learning 0-4yrs program - Fingal Kindergarten - 10am start.
16 May ☞ Department Approved STUDENT FREE DAY	17 May	18 May ☞ ENE Cross Country ☞ Try-A-Trade Day - Gr 9s	19 May ☞ Launching into Learning St Marys Kinder 10.30am ☞ Stepping Stones - St Marys Kinder - 1pm	20 May ☞ Launching into Learning 0-4yrs program - Fingal Kindergarten - 10am
23 May	24 May ☞ Inter-high Cross Country	25 May	26 May ☞ Launching into Learning St Marys Kinder 10.30am ☞ Stepping Stones - St Marys Kinder - 1pm ☞ ENE Selection	27 May ☞ Launching into Learning 0-4yrs program - Fingal Kindergarten - 10am start.

Above calendar is correct at time of printing. For regular updates and other information please go to the school website:-

www.schools.education.tas.gov.au/stmarys

PARENT OPINION SURVEY

The Department of Education will be conducting parent opinion surveys in all government schools once again in 2011. Data from the surveys provides valuable information that enables us to understand more fully how our parent community feels about our school. It helps us to guide school improvement and to meet the ongoing needs of our students, parents and the community. The information collected from parent opinion surveys will also help us to make informed decisions about what we can provide for the children at our school.

Since it is not possible to survey every family attending our school, a random sample has been selected and a survey will be sent directly to the people in that sample.

If you receive a survey, I urge you to complete it by Friday 6 May and return it, in the envelope provided, to the school for bulk posting to the independent contractor, Print Mail Logistics, who is managing the survey process on behalf of schools. The use of an independent contractor enables your responses to remain completely anonymous.

Information collected by the parent opinion survey will be included in the school performance report prepared next year and will be made available to all parents.

WORKING ON EAST COAST WATER

On 6th and 7th of April, 3 students from St Marys District school participated in this program. The students were Sam Neighbour, Aaron Webb, Brodie Barnes and this is what they discovered over the 2 days:

- St Helens Marine Rescue Centre
- Blue Shed-Lunch
- Suncoast Fish Factory-Goshen
- Aqua Oysters-Binnalong Bay Rd
- Josh Breen's dad's boat
- Lyncraft Boat Building
- St Helens District High school Science lab



At the Marine Rescue centre we were given a demonstration with the safety of life jackets and how to maintain them. Also fire extinguishers and how to prolong their life, Peter also showed us Epirups and how to set them off in an emergency situation. The most exciting part of this was letting off the flares and working out which one was which by knowing the marks on the bottom. We also let off 2 rocket parachutes and had to get permission from the local police to do this demo. It was awesome! Greg Snells from Coastal Patrol took the boys on the Rescue boat for a ride around the bay showing them markers and which ones are guides.



We then had a magnificent lunch at the Blue Shed followed by a trip out to Suncoast Fisheries where Crayfish are stored ready for exporting out to Sydney and Melbourne. We were allowed to handle the fish and it was so much fun catching them. The biggest one weighed 3.5kg and it was massive.



Second day we started out at Aqua Oysters along Binalong Bay Rd. The owner Craig Lockwood was so organised for us and had the oysters starting from a pip size up to one that was 8 years old. We were shown how they go through the baskets individually on the conveyer belt and are washed several times. We didn't realise how much of a process this was. Craig explained that they are shipped to Japan, Thailand, Nepal, China and many other places around the world. It only takes 24hrs to be shipped anywhere in the world if all goes to plan. We then



got to go on one of the oyster punts and were shown how they are set in the water in racks to grow. In each rack they start with 1000 little oysters then halved as they grow. They have hanging racks which are used in rough weather and ones that sit on the ropes. We couldn't thank Craig enough for his time and energy with all the information he gave us and showing the whole operation of the industry.

Josh Breen's dad came in from sea so we went to the wharf and got to go on his boat and looked where they sleep in the cabin, where they eat and how the pots operate for crayfishing. Josh was great explaining how the Crayfishing industry works with 'quoters' and how many pots you are allowed to have.

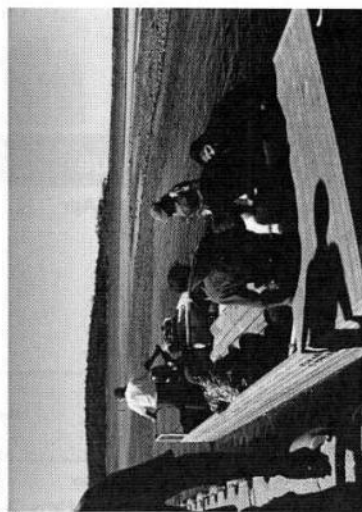
Lyncraft's Boat Building shed was next on our agenda to see how they are designed on the computer and then cut to size on a new piece of machinery that cuts within 1 millimeter of the exact measurement. We were shown their latest big boat they are finishing off ready to be sent to Strahan for a dive centre and spoke to two boys previously from St Helens High school who are now doing an apprenticeship in Sheet Metal Fabrication. It was great to see them enjoying their apprenticeship with the hands on and they said the theory isn't so bad as well.



The last part of the program we went to St Helens High School to dissect Albacore Tuna with Howard Jones who was so much fun. He really knows what he is talking about and gave us diagrams to go off once he had finished showing us what to do first. We worked in groups of 3 and learnt how to take out the heart, gills without popping their airbag.

We would like to thank Sally Johnson, Linda Goss for an awesome 2 days and have come away with some much knowledge around the Aquaculture industry and what is available on the east coast. We are so lucky to live in such a beautiful part of the world!

By: Sam Neighbour, Brodie Barnes, Aaron Webb



ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

Dr Cyril Latt- 12/4/11-22/4/11
No Doctor's Surgery- Public Holiday
 Friday 22nd, Monday 25th
 & Tuesday 26th April 2011

(St Marys Community Health Centre

GP Surgery Hours:

Monday—Friday 8:50am-12:30pm
 12:30pm-1:30pm LUNCH
 1:30pm-4:30pm

PATHOLOGY SERVICE

No Pathology Service between
 12:00-1:30pm or before 8:30am daily.

If you require Pathology **before 8:30am** an appointment **must** be made with the Nurses Station **the day/night before.**

INR TESTS

A doctor's appointment is required if you are having an INR test. Please **let reception staff know when making your appointment that you are having an INR test.** This is a 5 minute doctor consult.

AFTER HOURS SERVICE CONTACT NUMBERS

PLEASE PHONE GP ASSIST ON 1300 780 011

AMBULANCE 1800 008 008 or

EMERGENCY 000

COMMUNITY HEALTH CENTRE 6372 2111

PLEASE RING BEFORE PRESENTING AFTER HOURS

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts **can not be requested by patients over the phone** and are unable to be done over the weekends, ensure you have enough medications in advance. **PLEASE BE PATIENT** waiting periods can apply.

DOCTOR SURGERY HOURS EASTER 2011

Public Holidays Good Friday 22nd April, Easter Monday 25th April and Easter Tuesday 26th April.

There will be no Doctor's Surgery on these days. Normal Surgery Hours will resume on Wednesday 27th April 2011.

Please use the After Hours Service Numbers above during this time.

BREASTSCREEN TASMANIA

Please note that the **Breast Screen Bus** will be at the St Marys Health Centre **May 9th-13th 2011.** For Enquiries/Bookings- 132050

StandBy Suicide Bereavement Workshop

New dates for this workshop are: **Wednesday 11th May 2011** at the St Marys Emergency Services Station. Free registration and light lunch provided. Please **RSVP by 9th May to Wendy French on 0408 133 884**

- Morning Session 10am-12 noon- 'Pathways to Care'
- Afternoon 12 noon-2:30pm- 'Crossing the River'

WHAT'S ON AT THE CENTRE

21st April **Relationships Australia-** Leanne McMurtie for appointments please phone 1300 364 277

Social Work- Shan Williams. Please phone 6372 2111 for appointments

22nd April **GOOD FRIDAY**

23rd April (Saturday) **Tai Chi 10:30am** in the Day Room. All welcome to attend. For further details please phone the Healthy House on 63765242

25th April **EASTER MONDAY**

26th April **EASTER TUESDAY**

27th April **Day Centre-** For details on the group please contact Hayley Gilbert 6372 2111.

GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral

28th April **Eyelines-** For appointments please phone 1300 139 363. All consultations Bulk Billed to Medicare

Social Work- Helen Jennings. Please phone 6372 2111 for appointments

29th April **Diabetes Educator (GP North) -** Appointments available by referral from your GP

Dietician (GP North) - Appointments available by referral from your GP

Exercise Physiologist (GP North) - Appointments available by referral from your GP

Social Worker- Shan Williams appointments available by phoning 6372 2111

30th April (Saturday) **Tai Chi 10:30am** in the Day Room. All welcome to attend. For further details please phone the Healthy House on 63765242

2nd May **Hospital Auxiliary Meeting 2:00pm** in the Day Room

3rd May **Child Health Session** with Sue Gofton every Tuesday- Appointments only. Please phone 0428 136 381

Tom Bain, Rae & Partners Lawyers. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555

4th May **Day Centre-** For details on the group please contact Hayley Gilbert 6372 2111.

Podiatry North- walk in session. If you need your feet

Social Worker- Shan Williams appointments available by phoning 6372 2111

5th May **Relationships Australia-** Leanne McMurtie for appointments please phone 1300 364 277

Social Worker- Shan Williams appointments available by phoning 6372 2111

Continence Nurse- Sue Walker. For appointment please see your GP or Health Professional for a referral.

GP Podiatrist- Annabelle. For appointment please see your GP or Health Professional for a referral.

6th May **Tasmanian Acquired Brain Injury Service-** Margie Williams

Social Worker- Shan Williams appointments available by phoning 6372 2111.



NEW Public Dental Service for St Marys

Oral Health Services Tasmania will open a new dental clinic with two surgeries at St Marys Community Health Centre to replace the old dental van in the grounds of the St Marys school.

The dental van will close permanently on 13 May 2011 after many years of service to the children of St Marys and surrounding districts.

Planning for the new clinic, which is expected to open later this year, is well advanced.

Services to the local community will be increased with the addition of new adult dental services including dentures. To access these services, adults must hold a healthcare or pension concession card.

A mobile dental unit will operate from the rear of St Marys Community Health Centre from 20 June to 15 July 2011 to provide continuity of service for children.

Please make appointments by calling the Northern Dental Centre on 6336 4100 between 8.30am to 5pm Monday to Friday.

Staff of the school dental van thank the St Marys school community for their help and support over many years.



MEALS ON WHEELS ROSTER

April/May	St Marys	Fingal
Monday (Easter) 25th	Debbie Barnes	Neighbourhood House
Tuesday 26th	Pam Bretz	
Wednesday 27th	Lorraine Gill	
Thursday 28th	D & V Rice	
Friday 29th	Pam Gillies	
MOW Contact		Phone: 0488 384 344
Monday May 2nd	Wendy Dawson	Neighbourhood House
Tuesday 3rd	Trish Pike	
Wednesday 4th	Val Spencer	
Thursday 5th	Heather Griffiths	
Friday 6th	Claire Bean	Neighbourhood House

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves
Parish House. Ph: 6372 2252
Mob: 0409 172 741

2nd Sunday: LITURGY 9th & 10th April

St Helens Vigil LWC 6.00pm
St Marys LWC 9.00am
Bicheno LWC 9.00am
Fingal LWC 9.30am

3rd Sunday: LITURGY 16th & 17th April

St Helens Vigil LWC 6.00pm
Bicheno LWC 9.00am
St Marys LWC 9.00am
Fingal LCW 9.30am

4th Sunday MASS Easter Sunday 23rd & 24th April

St Marys 7.30am
Bicheno 9.00am

HOLY WEEK

Holy Thursday

Campbell Town 5.00pm

Good Friday

St Helens Stations 10.30am
Fingal Stations 10.30am
St Helens Liturgy 3.00pm
St Marys Liturgy 3.00pm
Campbell Town Liturgy 3.00pm

Holy Saturday

Easter Vigil

St Helens 6.00pm

Easter Sunday

St Marys 7.30am
Bicheno 9.00am
Swansea 1.00am
Campbell Town 5.00pm

Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/ 4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday –Family Service)

Anglican Parish of Break O'Day Ph: 6376 1144

Easter Service Times

21/4 Maundy Thursday
St Helens 7.30pm
22/4 GOOD FRIDAY 9.30am
St Helens & St Marys
24/4 EASTER DAY 6am
Binalong Bay Beach
St Helens 8am
St Marys 9am
St Helens 10.30am
Upper Esk, via Mathinna 11am

Salvation Army TUESDAY JAM

3-5pm every Tuesday.
excepting school holidays.
Envoy Melanie Norton Ph: 63722099

Break O'Day Uniting Church

The Manse St Helens
Ph: 6376 2405
St Helens 9.00 am
Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School 10 am
Divine Service 11 am

Contacts for Valley Voice

PH: Judy: 6372 2155

email: judith.spilsbury@telair.com.au

Accounts: Mary: 6372 2328

Please leave written material at the
St Marys Pharmacy,
Main St, St Marys,
or post: C/- Post Office, St Marys Tas 7215

Advertising: 2011

Classifieds: 25 words or less: free

Community notices : free.

Small boxed ads. Garage sales. Greetings.

Thanks etc. \$12.

¼ page \$20. ½ page \$30.

Full page \$50.

1 year posted subscription \$40.

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web www.vision.org.au

St Marys Online Access Centre Opening Hours:

Monday 10am -3pm

Tuesday 10 am-4pm

Wednesday 10am-4 pm

Thursday 10 am – 3 pm

Friday 10 am – 3 pm

Saturday 11 am – 2 pm

Ph: 6372 2005

ST MARYS OP-SHOP

TRADING HOURS:

10AM — 3.30PM TUES TO FRI.

PH: Janet Drummond: 6372 2851.

WANTED

Curtains and blankets & warm winter clothing.

If your able to help, donations are gratefully received by the volunteers at the shop, or you can leave donations in the Newsagents at times when the Op Shop is closed.

Please note change of phone number whilst Tracy is convalescing.

St Marys Sports Centre Inc. news Kackhander

Thanks to everyone in the past few weeks who have made commitments to the club not least Kim Chapple who kindly offered to cover the next couple of months as club Secretary. Thanks Kim. This is a big help. To all others who continue to help out around the course, the bowls green and clubhouse, it is very much appreciated indeed. All we need now is a few more golfers. Was hoping to be one of them last week until something decided to bite me causing a fair bit of difficulty.

The new golf calendar is kicking off now in men's golf with the Gill Memorial Trophy, and the already famous Fish and Swish on Good Friday all begun by Macca and the crew several years ago now. And soon also the Reverse Course Challenge sponsored by Blairy, Karen, Roger and Alana. Thanks to you all. Fun days believe me. Just a reminder to all that the club is indeed OPEN at Easter so for all your requirements the club will be trading for you.

In the next few weeks and occasionally during winter there will be a few working bees to do necessary work for next season (host club) on the bowls facility. Any help offered will be gratefully accepted.

The Club Dinner is set down for 30th April. RSVP has concluded but expect a few more might be allowed for. If you didn't book and would like to attend can you PLEASE contact the club quickly to see if you can attend. It would be great

Until next time, good hitting and rolling.

ST MARYS SPORTS CENTRE INC.

Like to spend some quality leisure time?

Like to try some new sports or come back to them again?

Like to have a go at other activities in a great atmosphere?

Like to enjoy a very social, friendly time with a great group of people?

If you answered "yes" to any of these questions
well have we got the place for you?

Talk to any of us at the St Marys Sports Centre,
Gray Road St Marys.

WE'D LOVE TO HEAR FROM YOU.

Sad but true.. We have this fantastic golf, bowls, indoor bowls, cards, social club, right here in St Marys but it seems not too many people know about us these days.

Thanks to a loyal and reliable band of keen volunteers, terrific recent support from Council and fellow local clubs we are really showing how valuable clubs like ours are to the Community. We really are.

WE HAVE A LOT TO LOOK FORWARD TO AND A LOT TO OFFER TO PROSPECTIVE NEW MEMBERS

The number one thing, and undoubtedly the most important aspect of the club, is members,

and we'd love you to think about

giving us a ring or just popping in to say "g'day"

and have a look around to see if you like what you see.

We think you will.... You won't be disappointed.

If you'd like more information ring the club on 6372 2177,
Jim Turner (President) 6372 2441, Rod McGiveron 6372 2215 or
any committee person you might know or drop us a line at :
PO Box 31 St Marys Tas 7215...

Or email: stmarysgolfclub@bigpond.com



38 Main Street St Marys

Phone/Fax 6372 2240 - Butcher Ph: 6372 2274

Mon - Fri 8am - 6pm

Sat 8am - 12 noon Sun - closed

This week's specials.

from the butchery

Rump steak	\$12.99kg
Regular mince	\$ 8.99kg
Corned silverside	\$ 7.99kg
Ingham chicken kebabs 450g tray	\$ 7.99 ea

Get ready for Easter

Cadbury block chocolate 175/220g	\$2.99
Cadbury Favourites 300g/Roses boxed choc	\$6.99
Red Tulip Carnival rabbit	\$4.99
Red Tulip Carnival casket 130g	\$5.75
Pascal bagged confectionary 140/400g	\$1.99

from the freezer

Birds Eye fish fingers 1kg	\$9.99
Pacific West salt & pepper squid 360g	\$6.75
Pacific West flathead in beer batter 360g	\$5.00
Birds Eye oven bake fish 425g	\$8.99
Birds Eye oven bake chips 425g	\$8.99

Next week's specials

from the butchery

Legs of lamb	\$12.99kg
Marinated roast beef	\$10.99kg
Lamb BBQ chops	\$ 9.99kg
Ingham microwave chicken	\$ 5.99kg

instore specials

Quilton toilet tissue 6pk	\$3.29
Trix dishwashing liquid 1lt	\$1.89
Sanitarium Weetbix 750g	\$2.99
Fountain squeezy tomato/BBQ sauce 500ml	\$1.49
Arnotts Choc Tim Tam/slices/crowns/royals	\$ 1.99
Chum canned dog food 1.2kg	\$2.19
Spree Ultra laundry powder 500g	\$2.49
Juicy Isle pop tops 300ml pk	\$3.99
Birds Eye frozen peas 500g	\$1.99
Duck River butter pat 250g	\$2.69

**ALL AT ST MARYS IGA
WOULD LIKE TO WISH OUR
CUSTOMERS A SAFE AND HAP-
PY EASTER BREAK.
EASTER TRADING HOURS
Good Friday - closed
Easter Saturday - 8am - 12noon
Easter Sunday - closed
Easter Monday - closed.**