



The Valley & East Coast Voice

Volume 44 No. 1. Thursday, May 5, 2011.

Est. 1968
50 cents

ANZAC DAY, 2011 in ST MARYS

On a perfect autumn morning, 36 members of the public of St Marys and surrounding districts came together for the Dawn Service, to pay tribute to those who fought for their country in all the conflicts of which Australia was involved. After the service many took advantage of the Gunfire breakfast.

As the day progressively warmed up, another 150 plus people arrived to participate in the 11am Memorial Service. Wreaths were laid by many members of the public, also service clubs and other organisations.

Addresses were given by school students from St Marys District High School, Shantelle Arratta, Joshua McDiarmid and Corey Thow, and music was supplied by Rita and Ian Summers, Don Ives and Ted Koops. The beautiful bugle strains of the Last Post, recorded on tape many years ago and played by the late Selby Targett could be heard all over St Marys.

Congratulations to the organisers for another successful memorial service.

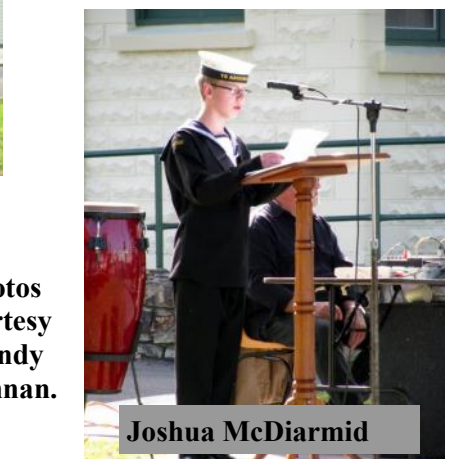
The organisers would like to offer their thanks and appreciation to the following members of the public, with apologies if they have inadvertently left someone out.

Firstly, the public of St Marys and surrounds for there ongoing support.

The Vietnam Peacekeepers-Peacemakers Federation of Tasmania, The St Marys Memorial Committee, Sister Lorraine Groves, T.S. Argonaut Cadets, Rita and Ian Summers, Don Ives, Ted Koops, Grant Faulkner, the Break O'Day Woodcraft Guild, the Targett Family for letting us play the Last Post by the late Selby Targett, The St Marys District High School, Envoy Melanie Norton and the Jammers, Mathew Mitchell, Tracey Scar, Beck Barnes, Emma Squires and Deb Barnes for helping to clean up the Cenotaph before the special day, the Valley Voice, and last but not least, Shantelle Arratta, Corey Thow and Joshua McDiarmid.



Corey Thow & Shantelle Arratta



Joshua McDiarmid



Photos courtesy Wendy Brennan.

Please note: Deadline for articles in the next Valley Voice is 5pm Tuesday May 17, 2011
EMAIL ADDRESS: judith.spilsbury@telair.com.au

Community news

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the **St Marys Community Health Centre**.

The Break O'Day Woodcraft Guild Inc. meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

The **Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette- 6372 2224.**

St Marys Playgroup meets each Monday 10.30am - 12 noon at the **Falmouth Community Centre**, during school terms. \$2 a session per child or \$3 per family. Please bring a piece of fruit to share and your child's personal drink bottle. Bikes plus helmets welcome. **Phone or text: Danyelle: 0427 073 100.**

WOMBAT WALK LANDSCAPING GROUP meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Playground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. **Contact - Robina 6372 2022.**

St Patricks Head & Esk Valley Historical Society Inc has a meeting one month and a field trip the next. We invite everyone to come along on the third Sunday of the month and enjoy an informative time with lots of fun. For more information Phone: Barry Aulich (637225752) Darlene Wright (63722416) or Jim Haas (63722127)

The Scamander and Beaumaris Community Development Association meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Rachel Woods. Rachel can be contacted on: **03 6372 5118.**

Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome.....If you can yawn - you can sing. Phone Mary-Anne Wadsworth 6376 2969.

Break O'Day Regional Arts - General meetings held on the first Wednesday of each month at 5.30pm in the supper room at the back of the St Marys Hall. All welcome. Inquiries to Colin 6372 2707.

Meeting dates for **Friends of St. Helens History Room & Museum for 2011.**


Executive Meeting Dates:

02/05/2011 - 01/08/2011- 07/11/2011

General Meeting Dates:

29/05/2011- 22/08/2011- (AGM) 28/11/2011

Contact the Centre at 6376 1744.



Tasmania
Valleys of Adventure

AVOCA - ROYAL GEORGE - ROSSARDEN - FINGAL - MANGANA - MATHINNA - UPPER ESK - CORNWALL - ST MARYS

GREATER ESK TOURISM

GET TOURISM ... meets the second Monday of each month unless otherwise notified.

WHERE: Fingal Valley Neighbourhood House
TIME: 7PM
All WELCOME.

Enquiries to the president on 63722783.



The Chocolate Shop Singers
(formerly Grassy Bottom Singers)

A Cappella choir
meets every Thursday
5-7pm at the
Mt Elephant Fudge Shop, St Marys.
We are looking for new choir members.
Male and female.
Phone Leissa on 6372 2686
for more information or just turn up."

The AGM for Meals on wheels will be held on Tuesday, May 17, 2011 at the Day Care room at the St Marys Community Health Centre, at 2pm until 3.30pm.
Lundy Vosper,
Secretary.

MANGANA MISSION MUSICIANS JAM NIGHTS
Monthly musicians jam nights will be held at Mangana Mission, 63 Elizabeth Street, Mangana on the 2nd Friday evening every month.
May 13th, June 10th, Jul. 8th, Aug 12th, Sept. 9th, Oct. 14th,
Nov 11th, Dec 9th.
Starting time will be 6.00 pm
BYO Meat and drinks for a BBQ.
All styles of music, instruments and vocalists are very welcome.
For more information call André or Kate on 6374 2212

St Helens Alcoholics Anonymous (AA) Wednesday 8pm Weekly. St Pauls Anglican Church Hall, St Helens. Murdoch 6376 3335.

St Helens Al-Anon Family Group (Al Anon)

To help families and friends of alcoholics recover from the effects of the living with the problem drinking of someone close. Sunday 2pm weekly.

St Pauls Anglican Church Hall St Helens

Anne or John 6376 4270 or Rose 6376 3335.

St Marys Alcoholics Anonymous (AA) Friday 8pm Weekly. Holy Trinity. Mick & Shirl: 6372 2909.

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.

Classifieds

For sale

3 large, blue carpet squares. Very good order. \$30 each. **White cane bedside table with drawer.** Very good. \$20. **Ph: 0437 224 892.**

Toyota sedan, manual. 1986. \$1,500. **Ph: 6372 2090.**

4 tyres and rims, suit 4wd. \$100 the lot. **Wooden single bed and mattress as new.** \$100 the lot. Must Sell. **Ph: 6372 2164 A/H.**

1993 Toyota Corolla sedan. No rego. Good cheap car, goes well. \$1,800. **Ph: 6372 5045.**

Silver pipeline single bunk beds. 12 months old (as new) top bunk never used! Brought for \$400 new, Sell \$200. ono. Mattresses not included. **Ph: 0408 174 193.**

Sunbeam Cafe series Coffee machine. little use. \$100. **Trailer 6 x 4.** As new. Reg. to Aug. 2011. \$500. **Ph: Elaine: 6372 2201.**

Gas Patio Heater for Sale - suit patio or shed; tall, floor standing; includes 2 empty gas bottles; \$80. **Ph: 0417 027 424.**

Dishwasher. D'Amani Model DAD-6001W unused. **Electric Single Oven.** D'Amani Model DOFF6.2SS 60cm. **4 Burner Hotplate.** D'Amani Price \$1000. will separate. **Pureheat Model ROYAL 3450 Series Heatpump heater** \$300. **Water Cooler Electric Home-maker** \$50. All in excellent condition. **PH: 6372 5527.**

1 x white enamel bath. \$50. ono. **1 x white shower base.** \$30. **1 x white vanity unit.** \$40. **1 x sofa bed (reasonable)** \$30. **1 x washing machine.** \$50. **1 x 51cm flat screen TV (analogue)** \$45. **1 x Lexmark printer.** \$15. **3 x lots grey carpet.** \$50. **1 x teak buffet.** \$50. ono. Plus other small items. **Ph: 6372 2481.**

Sofa bed. Near new. \$400. ono. **Ph: 63741033.**

Infiniti Elliptical cross trainer. Excellent condition (like new) \$550. **Ph: 6372 2552.**

Cane (oval) glass topped table with two padded chairs \$120.00. **3 rolls 2" Irrigation pipe** (black/green stripe) 600 metres total. \$400.00ea. **Pine, two drawer student desk** \$50.00. **Diamond Doves.** \$10.00 ea, cheaper if multiple buys. **contact Noelene 0363 722 884.**

Fridge/freezer, Hoover Cyclic 370litre. Goes well, suit second fridge or garage. \$65. **Ph: 6372 2813.**

Reebok footy boots. US 9/UK 8. Good condition. \$25. **Ph: 6372 2665.**

Glass top games table with chess set and backgammon. \$70. ono. **Ph: 0438 873 789.**

Second Hand Blocks 1001's Approx 500 for 50c each **Ph. 0419 582 291.**



The Salvation Army RED SHIELD APPEAL

is happening soon.
Voluntary collectors
needed please.

Ph: Melanie 6372 2099
or Mob: 0409 838 816

FRESHLY CUT FLOWERS FOR MOTHER'S DAY AVAILABLE ROADSIDE FROM THURSDAY AT PADDY'S VIEW, PASS ROAD, ST MARYS. PH: 6372 2265



FOR RENT BEAUMARIS

1BR FLAT, SELF CONTAINED, READY NOW.
\$150 PER WEEK, INCLUDING POWER. NO PETS.
Ph: 6372 5045.

Mt. Elephant Pancakes

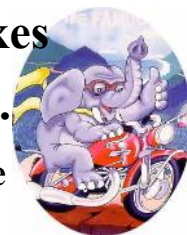
Mother Day Special.

Treat mum to a pancake
and receive

mum's meal 1/2 price.

Bookings essential for this offer.

Ph: 6372 2263.



Portable milling available. Ph: 0427 715 577.

"Moo-Poo". Finely screened. Any quantity. See Norm. **Ph: 6372 2380.**

Frozen blueberries - \$11 kilo **Phone 6372 2341.**

Garden mulch. Large square bales of straw.
Free delivery in St Marys area.
Ph: Mark or Alana: 63722145.

Small square bales of garden mulch \$5.
Small bales of grass & clover hay. \$5. (undercover)
Garden mulch, in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area.
Ph: 0407 944 158.
Tractor slashing available. Ph: 0407 944 158.

For sale

94 Fairlane Ghia injected 5ltr V8. Mechanically A1 power luxury and economy. Good tyres and rego. Cruise control, air con, etc. Very nice to drive. \$4,800. ono. **Steel jerry cans x 5.** \$10 each or \$35 the lot. **44 gallon drum pumps.** I for fuel, I for oil. \$30 each. **Brown fabric 2 seater couch.** Excel cond. \$120. Contact Glen Trotter, Cornwall. **Ph: 6372 2107.**

“Flour Mills”

In the nineteenth century, water powered flour grinding mills were an integral part of the economy in Van Diemens Land. There is, however, some argument among historians as to where the first mill was built.

The Historical Society at Deviot, where the ruins of an old mill still survive on the Supply River, claim their mill, built in 1825 by Andrew Charlton, was the first in Van Diemens Land.

Hobart historians, on the other hand, claim that a mill built by Robert Nash and powered by water from the Hobart Rivulet was operating as early as 1818. Nash sold the mill to Arnold Frisk who built a second mill on the Rivulet named Waterloo Mill. This mill was described in the 1820s as a brick stuccoed building 80 by 35 feet in the basement and four storeys high. On the eastern end were six good apartments, all of which were occupied by the miller.

Nash is also credited with building the first water driven mill in the Australian Colonies when he built a mill on Norfolk Island in 1795. He came to Van Diemens Land after the relocation of the Norfolk Island convicts in 1814.

Farmers in the Fingal Valley were also prominent wheat growers in the nineteenth century and water powered flour mills were common in the Valley. A number of small mills existed like the one at “Rosegarland” near St Marys, which was powered by water from Gardiners Creek, but the two main mills were “Millbrook” in the foothills of the Mt Nicholas Range and Bean’s Mill at Fingal. Bean’s Mill, which was powered from the waters of Township Creek, ended up being the largest and longest running. It operated well into the twentieth century, but in its latter years was powered by steam.

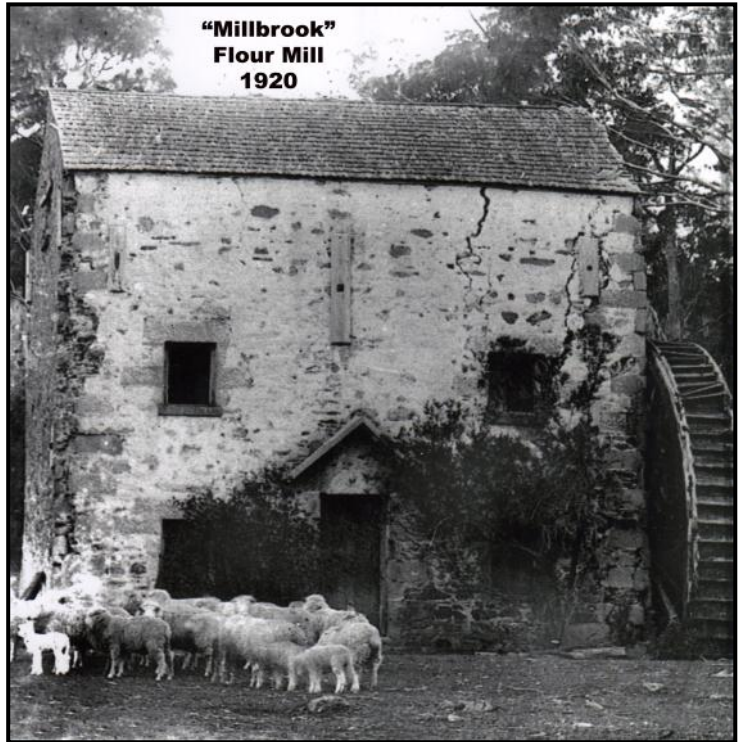
For those people in St Marys, who frequently travel to the Mt Nicholas Mill Stream for their drinking water, you can be assured that the little stream has had many uses over the years, with its name coming from what would appear to be the first stream to power a water driven flour mill in the district.

Around the 1840s “Millbrook” mill was built by Thomas Ransom, who was the owner of the land around the little stream at that time. From the onset, it would seem, Thomas must have thought the waterway had potential for a mill because he named the property “Millbrook” even before a mill was built.

Whilst the fields that grew the wheat are still here and the streams that drove the mills are still running the mills are all long gone, now only heaps of rubble. This is another example of an industry that played a significant role in the lives of many of our ancestors, but today has gone by the wayside.

With the world still demanding huge amounts of wheat products, one can only wonder why the Fingal Valley does not contribute to that demand.

Jim Haas



Letters to the Editor

Vol. 44 No 1, 2011

Dear Judith

As travelers we would like to thank the lovely people of St Marys for their welcome and support. We have been travelling for the last 2 and a half years and can say with true experience that your town offers one of the very best free camps in the whole of Australia. A gold coin donation box in the supermarket or the information center might allow us to show our appreciation. We also loved the museum but heard from some other travelers that they were disappointed to miss it as it was only open certain days.

Many, many thanks for your insight and planning. Full time travelers may seek free or donation camps but spend more time and therefore money in your towns. Many travelers get together and swap local knowledge and recommend places to visit. This free tourist information is probably the most effective sales pitch you could ask for.

Once again thank you and we will certainly be back
Good friends are the threads in the tapestry of our lives.
Ronnie and Barry.



To the Valley Voice

Since the St Marys pass will be closed until approx the 21 of June, Doesn't it make sense that the DOG MICRO CHIPPING that is to be held at the beginning of June at Scamander, to be held at St Marys instead?

Not only will it cause more traffic over Elephant pass than needed, but also the Elephant pass is in a bad state, and by June it could be even worse.

So the least amount of traffic over Elephant pass the better for the road, and the better for the dogs and the drivers that will have to make a longer trip to Scamander.

It will be much easier and less vehicles and less stress on the road for the micro chipping mob to come to St Marys. I have sent a letter to the Mayor concerning this matter.

Kim Watkins.



MT ELEPHANT FUDGE

New Autumn hours of Trade

Thursday, 10 am - 5pm

Friday, 12noon - 5pm

Saturday, Sunday & Monday - 10am - 5pm

Thanks for your continued trade -
TRULY APPRECIATED!!

☺☺ "HANDMADE in ST MARYS" ☺☺



St Marys Health Forum - Thursday 26th May 2011

Look out for further information in upcoming Valley Voices, but keep the afternoon of Thursday 26th May free for the health forum and afternoon tea to be hosted by the Healthy House.

We already have many health professionals ready to speak about their services and how to access them as a community member and a number of community groups who will be hosting tables at the event, to encourage participation in local events.

We are hoping this will be a well attended event. A planning meeting was held at the Healthy House in St Marys on Wednesday 4th May 2011. We are still looking for community members to sit on the steering committee and will advertise the next meeting date in the next Valley Voice.

Contact Healthy House or Janet Drummond 6372 2851 for further information.

Virtuosi Tasmania Inc

Tasmania's premier ensemble
bringing chamber music to regional Tasmania

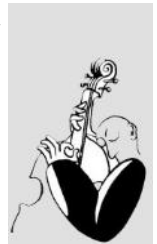
Mozart String Quintet Divertimento

Virtuosi Tasmania's April/May Concert will feature an all Mozart program; his beautiful String Quintet K550 and his brilliant Divertimento K 138.

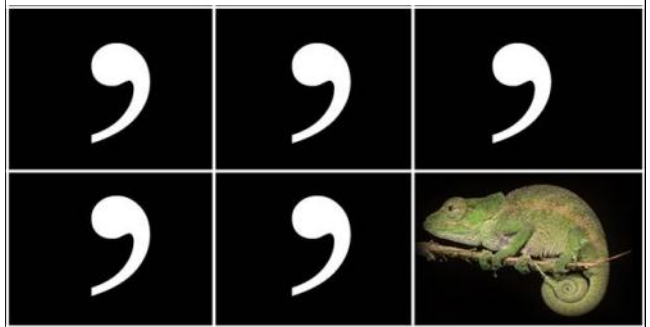
The two great masterpieces will be played at our usual venues at Home Hill Winery and at Hans Vonk Music House as well as at St Mary's Church, Kempton and Holy Trinity Church, Cressy. The performers include Chris Nicholas and Jessica Bell, violins, Chris Carlidge and Michael Patterson, violas, Ivan James, cello and Stephen Martin, double bass.

All Tickets, except for the Cressy concert, may be ordered through the [TSO Box Office](#) or call 1800 001 190. Door sales usually available. For Cressy please order your tickets from Val Murfett on 6397 8366 or David McEwan on 6397 6242.

All the concert details including all ticket bookings and venue contact information (for those wishing a restaurant reservation) are in our [April pdf](#).



Karaoke for the illiterate



Comma, comma, comma, comma, comma, chameleon...

Go on... admit it... you just sang along!!

ANZAC DAY 2011 in St Marys

Today is a national day of remembrance. We gather here to remember those who gave their lives for us.

One of those brave men is Private James Charles Martin, who was only 14 when he signed up to fight. Hardly a man yet brave enough to fight.

I will now read an article about Private Martin. About his early life, his involvement in WWI and the honours and awards he received.

James Charles Martin (3 January 1901 – 25 October 1915) was the youngest [Australian](#) known to have died in [World War I](#). He was only 14 years and nine months old when he succumbed to [typhoid](#) during the [Gallipoli campaign](#). He was one of 20 Australian soldiers under the age of 18 known to have died in [World War I](#).

Early life

James Martin was born to Amelia and Charles Martin on 3 January 1901. His father was born Charles Marks, in [Auckland](#), [New Zealand](#) however, after immigrating to [Australia](#) and settling in [Tocumwal](#), [New South Wales](#), he changed his name to Martin to avoid discrimination for being Jewish. Charles worked as a [grocer](#), [handyman](#) and (horse-drawn) cab driver. His mother, Amelia, was born in [Bendigo](#) in 1876 to Thomas and Frances Park. Her parents had immigrated to [Australia](#) during the [gold rush](#) in the 1850s. The youngest of twelve children, she married Charles just before her 18th birthday.

Martin's family moved to many different suburbs in and around [Melbourne](#) before finally settling in [Hawthorn](#) in 1910. Born in Hawthorn, he was the third of six children, and the only son. He attended Manningtree Road State School from 1910 to 1915, during which time he also received basic military training as a junior cadet under the [compulsory training scheme](#).

World War I

At the outbreak of [World War I](#) Martin enlisted in the [Australian Imperial Force](#) on 12 April 1915, against the wishes of his family. His parents finally agreed however when he made it clear that he would sign on under an assumed name and never write to them if they did not consent. He gave a false date of birth to the recruiting officer, claiming to be 18, when he was actually 14 years and three months.

Martin joined the 1st Reinforcements of the [21st Battalion](#) as a [private](#) and trained in [Broadmeadows](#) and [Seymour](#) (later [Puckapunyal](#)) camps in [Victoria](#) before boarding [HMT Berrima](#) in June 1915 to deploy to [Egypt](#). In late August, he was sent to [Gallipoli](#) on the [steamer HMT Southland](#), to take part in the [fighting against the Turks](#). En route, his ship was torpedoed by a German submarine off the island of [Lemnos](#) and he was rescued after spending four hours in the water. After being picked up, Martin rejoined his battalion at [Mudros Island](#) where they were transferred to the transport ship *Abassieh* on 7 September.

The following morning, just before 2:00 am, Martin's platoon, 4 Platoon, landed at Watson's Pier in Anzac Cove. He then served in trenches around Courtney's Post, which was positioned on the ridge overlooking Monash Valley. During this time he wrote to his family telling them that "the Turks are still about 70 yards (64 m) away from us" and asked them not to worry about him as "I am doing splendid over here".

Throughout his time in Gallipoli, although his family were writing to him, Martin did not receive any letters from home due to a break down in the mail system.

Following a period of cold temperatures and heavy rain Martin contracted [enteric fever \(typhoid\)](#) in the trenches. After suffering mild symptoms for about a fortnight during which time he refused treatment, he was subsequently evacuated to the [hospital ship Glenart Castle](#) on 25 October 1915 after he developed diarrhoea. He died of heart failure that night, at the age of 14 and nine months, and was [buried at sea](#) the next day. At the time of his death only Martin's parents and his best friend, Cec Hogan—who was himself only 16—knew Martin's real age. Nevertheless, on 18 December 1915, Melbourne's *Herald* newspaper reported Martin's death in an article titled "Youngest Soldier Dies".

Honours and awards

Martin was awarded the [1914–15 Star](#), the [British War Medal](#), and the [Victory Medal](#). His name is recorded on the Australian [Memorial](#) at [Lone Pine](#) and on the [Australian War Memorial](#) roll of honour in [Canberra](#).

Wikipedia, [http://en.wikipedia.org/wiki/James_Martin_\(Australian_soldier\)](http://en.wikipedia.org/wiki/James_Martin_(Australian_soldier))

Put yourself in his parent's shoes. Imagine what they would have felt, their only son dead at 14, still only a child. His life cut short while protecting us, the future generations.

Private James Charles Martin, the youngest ANZAC to sacrifice his life, and the many other brave men will always live on in histories page.

Lest we forget.

Joshua Mc Diarmid.

Gaps in the Ranks

Another ANZAC DAY is here,
Another milestone passed;
A few more gaps in the ranks
A few more than the last.
Time's thinning down the old boys
Time that keeps marching on;
It seems but yesterday, when, as lads,
They battled on the Somme.
But there's a gleam in those old eyes
And still their step is proud;
The old Dig's on parade again
While passing through the crowd.
His medals and his colours
Proudly showing on his chest
Show the places where he fought,
And where he did his best.
At the Cenotaph he passes
He's thinking of his mates
And of our gallant sailor boys,
And blokes who flew old crates.
Before his mind there passes
Flanders' mud and Egypt's sand
And the everlasting memory
Of the Rose of No-man's land.
Once again he's at Gallipoli,
And wading for the shore,
Where he won the title 'ANZAC'
That will live for ever more.

Read by Corey Thow

ANZAC DAY 2011 in St Marys



Photos above courtesy Wendy Brennan.

Photos below courtesy Janet Drummond.



Church in the Valley Easter Sunday

Friends and neighbours joined together for Easter fun and Fellowship with a difference under the trees down by the River at the Upper Esk.

Many families turned up - around 60 people - and stayed for the free family BBQ, the Easter Egg hunt and the Kids colouring in Competition which was won by our very own Katie of St Marys!

Salads and desserts were brought by many and following the Easter service much fun and fellowship was shared. The next Church in the Valley Event will be held on September 4th.



Photos courtesy Janet Drummond.



Play & Learn Sessions for May

4th Fingal Park at
10.30 to 12.30

6th Pyengana Community Hall at
10.30 to 12.30

12th St Marys Launching into Learning at
10.00 to 12.00

18th Fingal Masonic Lodge Fingal
from 10.30-12.00

20th Pyengana Community Hall
10.30-12.30

24th St Marys Community Hall
10.30 - 12.30

25th Launching Into Learning
St Helens School
9.00-10.30

Please be aware that times
are a little different this
month



For more information and to share ideas/suggestions

Please call Cathy at Healthy House on
6376 5242

Or email: cathy.parker@healthyhouse.org.au

Jake took his goldfish to see the vet. "I think he has epilepsy Doc", said Jake.

The vet took a look in the fishbowl and saw the goldfish swimming quite happily around.

"He looks alright to me Jake", said the Doc.

"You just wait until I take him out of the water".



www.fingalvalleyhistory.com

Mt Nicholas Field Day

The St Patricks Head & Esk Valley Historical Society Inc invite the general public to a field day at the old Mt Nicholas township on Sunday the *15th May 2011*, meeting at the Purple Possum in Storey Street, *St Marys at 10.00 am.*

As well as looking into the history of what is now a ghost town, we plan to walk through the old town site and up into the hills to view the old coalmine relics, which were so much a part of the economy of the Fingal Valley from 1887 to 1958.

Around midday we plan to join the ghosts of the old mines in a BYO picnic lunch. It is also advised to bring along a satchel of salt, as we may also be joined by a leech or two.

For more information phone: Barry 6372 5752, Darlene 6372 2416, or Jim 6372 2127.

For super-tasting soups, bowl in to Purple Possum!

With winter on the doorstep we're heating up our menu with tasty soups including Leek & Lima Bean, Adzuki, and Lentil – and some new recipes we've created. All served with a crunchy roll in our warm and welcoming café!

Making soup at home? Then use our Super Soup Mix – or create your own from our wide range of beans, grains and lentils!

Purple Possum

Wholefoods & Café

ST MARYS SPORTS CENTRE INC

TRIVIA NIGHT

When: Saturday 4th June, 2011

Time: 7.00 for 7.30 start

Where: St Marys Sports Centre

**Entries are to be for tables of 6
at a cost of \$60.00 per team
(which is to be paid when booking)**

So for a great night with a few drinks and a few
laughs shared amongst friends get your team in
now by contacting:

Chris Davern on 6372 2190 or Jim Turner on 6372 2441

GREAT PRIZES TO BE WON

ST MARYS SPORTS CENTRE INC.

Like to spend some quality leisure time?
Like to try some new sports or come back to them again?
Like to have a go at other activities in a great atmosphere?

Like to enjoy a very social, friendly time with
a great group of people?

If you answered "yes" to any of these questions
well have we got the place for you?

Talk to any of us at the St Marys Sports Centre,
Gray Road St Marys.

WE'D LOVE TO HEAR FROM YOU.

Sad but true.. We have this fantastic golf, bowls, indoor
bowls, cards, social club, right here in St Marys but it
seems not too many people know about us these days.
Thanks to a loyal and reliable band of keen volunteers,
terrific recent support from Council and fellow local clubs
we are really showing how valuable clubs like ours
are to the Community. We really are.

WE HAVE A LOT TO LOOK FORWARD TO AND A LOT TO OFFER TO PROSPECTIVE NEW MEMBERS

**The number one thing, and undoubtedly the most
important aspect of the club, is members,**
and we'd love you to think about

giving us a ring or just popping in to say "g'day"
and have a look around to see if you like what you see.

We think you will.... You won't be disappointed.

**If you'd like more information ring the club on
6372 2177,**

**Jim Turner (President) 6372 2441, Rod McGiveron
6372 2215 or any committee person you might know
or drop us a line at :**

PO Box 31 St Marys Tas 7215...

Or email: stmarysgolfclub@bigpond.com

StandBy "Pathways to Care" REMINDER

Date: 11th May 2011

**Time: 10.00 am – 12.00 pm
Morning Session**

Registration from 9.30am

**Time: Afternoon Session
12.00 – 2.30***

**Free Registration
* Light Lunch Included**

**Venue: St Marys Emergency
Services Station**

Main Road, St Marys

RSVP: 9th May, 2011.

**Please Phone Wendy French
0408 133 884**

Facilitator:

Wendy French

StandBy Coordinator

North/NW Tasmania



The Say Cagerattler

The single biggest topic on many community members minds at present is the imminent closure for quite some time (a number of weeks) of the St Marys Pass.

No one denies that it is essential, given the most recent water damage but it makes it no more palatable does it?

For a lot of folk this 5.8 kilometres of bendy historic road is their daily link to or from the coast and is the only viable option. It disappoints me to think that other than us locals, not too many people with the power to make a real difference on this important matter seem to be genuinely considering the long term options for this region. Is it being put in the "too hard basket"?

It has to be asked whether it's time to lobby State and Federal politicians for a solution that will give more certainty of travelling around this region. Our biggest problem is that we don't have a larger voting population. If this Pass existed closer to a major population base the polities would be bending over backwards to find money or make election promises to fix the issue quite quickly. Of that I am certain.

What makes things worse this time round is that Elephant Pass also has issues involving it's structural integrity, so let's just pray that during the coming weeks we don't cop another substantial rain event. That has to be a real and potential risk.

As many of us know the Forestry/Upper Scamander option is also fraught with safety concerns. It was never meant for periods of extended use by general traffic as indeed is the Upper Scamander road. Traffic meeting in certain places there are not ideal to put it mildly. For those of us who only need to make periodical trips it is not such a problem but for a substantial number of commuters, not least our schoolkids, who need to get to work or school it is a real problem and not popular at all.

Regardless of the outcome of this repair about to happen it is AN ABSOLUTE MUST that we demand our elected representatives that EVERY OPTION is explored thoroughly because we all know this won't be the last time St Marys Pass will be out of commission... I think we are worthy of serious and meaningful consideration in the long term. Aren't we?

What do you think ?



St. Marys Tigers Football Club Inc.

**AFL MASTERS
DOUBLE HEADER
St Marys Football Ground**

May 29, 2011

ST MARYS

VS

LAUDERDALE

11.30am

LAUNCESTON

VS

TOM MOORE TIGERS

1.00pm

Full range of food/refreshments available
Entry by gold coin donation

Come along and support your local team

*St. Marys Tigers Football Club, P.O. Box 42 St. Marys Tas 7215
Ph. (03) 63 722256
Mob. 0418564710*



presents **MICHAEL CANNON**
SUSPENDED ANIMATION



Light afternoon tea for
exhibition opening
\$5.50 BO'DRA members
\$6 non members
No charge for viewing after
exhibition opening

A combination of photography, painting, drawing & digital art.

venue: eScApe Café, St Marys

dates: Exhibition opening 2pm 7th May

hosted by: **Break O'Day Regional Arts**

as part of the Tasmanian Regional Arts 2011 Visual Arts Touring Program

ST MARYS MARKET
FIRST SATURDAY OF EACH MONTH
RAIN HAIL OR SHINE
IN THE COMMUNITY HALL



IS RUN BY BREAK O ' DAY REGIONAL ARTS

NEXT MARKET 7TH MAY 9am to 2pm

' THE ARTS CAFE '

IN THE SUPPER ROOM AT THE BACK OF THE HALL



HOME BAKED BREAD, FRESH PRODUCE, ARTS, CRAFTS, HUGE RANGE OF TRASH AND
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MOTHERS DAY IS THE NEXT DAY, GREAT GIFTS AVAILABLE.

2ND WOOD RAFFLE DRAWN AT 11 AM. TICKETS AVAILABLE UNTIL THEN.

MONEY RAISED FROM RAFFLES AND MARKETS PAY FOR TRA

TOURING EXHIBITIONS AND EVENTS

PERFECT VENUE FOR COMMUNITY GROUPS TO RAISE FUNDS, SHARE INFORMATION AND

JOIN THIS GREAT COMMUNITY MARKET

MORE INFORMATION PHONE COLIN 6372 2707 OR SUE 6372 2512

OUT OF THE WOODWORK

Anzac Day Tribute

The following is the exact wording from a letter written from a First World War digger from ANZAC cove to his sister. Full permission has been given from the family for this poignant letter to be published in Out Of The Woodwork. as homage to our many lost diggers.

“Dearest Sister Kathleen,

I write this letter with a heavy heart as I feel totally trapped in what can only be described as hell on earth. My days are filled with mud... the stench of death...and the cries of injured men who are even too weak to die.

I have written to momma separately with words of comfort and laughter knowing full well that my letter is filled with deceit. You and I sister, have shared too many years together for me to even try in a letter to protect you from the horrors I see and feel.

Just yesterday I came so close to meeting my maker... he took instead my close friend Jimmy. I feel sick at heart when I recall the promise he told me he made to his wife... that he would one day be home. Little does she know that he will never leave this place.

I am sorry for exposing you to my feelings of grief, but I have no one else with whom I can share my darkest moments. Please pray for me Kathleen and my many comrades that one day soon we will walk upon homeland soil.

Give my love and best wishes to little Tommy and Bernard...and god bless.

Your loving brother,
Christian.

Lest We Forget

THANK YOU

Kate and Denny Floyed would like to thank their families and friends. Also Dr Latt and staff at St Marys Hospital for their kind wishes and help after Kate's operation.

THANK YOU

I would like to thank all my family for the great surprise party they gave me for my 80th birthday.

Special thanks to all my friends and family who travelled to share my night.

The many cards, flowers and presents were greatly appreciated.

Louise, Michael and staff at the Pancake Barn, well done. The food and atmosphere was great.

Thank you one and all.
Nan Stuart.

TRIVIA NIGHT

Lots of fun

A fund raising event for the

Burakudo Karate Club

WHEN: Saturday 14th May

TIME: 6.30 p.m.

WHERE: St Helens Bowls

**Club Rooms,
Circassian Street, St Helens**

COST: \$10.00 per person

Book ahead to ensure your table at:

CHOC-A-LOLLY

St Helens

Ph: Carol on 6376 2977

You can organise your own team with tables able to be booked to a maximum of 8 people.

Alternatively, we can put you together with others for a fun night out.

CHILDREN WELCOME

LOTS OF PRIZES

LIGHT SUPPER PROVIDED

**Drinks will be available at the bar.
(at your cost)**

THANK YOU

On behalf of Nan Stuart we would like to thank everyone who attended Mum's surprise 80th birthday party.

Special thanks to Jo Porter for playing his bagpipes and Danny Watson for his singing.

All guests for their gifts and making Mum's night very memorable.

To Louise, Michael and staff at the Pancake Barn, we thank you for all your help in setting up. The food was great.

Very professional service and a job well done. (nothing was too much trouble)

A great night was enjoyed by us all. Many thanks.

**Bobby, Dot, Heather,
Raymond, Richard (Stuart)
and families.**

St Marys
PHARMACY
 Ph: 6372 2844



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 MONEY WITH
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 BRANDS!"**



**Kodak quality
 prints in seconds**



St Marys Pharmacy is now stocking
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Call in and get your **Loyalty Card**, which entitles you to buy 6 products, get your card stamped and get the **7th product FREE.**

Purchase 3 products at the same time and receive a **FREE Pen.**

Purchase 2 products at the same time and receive a **FREE Lipgloss.**

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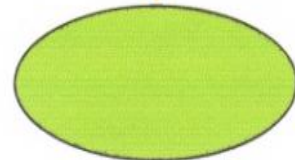
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Optomeyes are your long term East Coast optometrists, offering friendly, professional eye care to the people of St Helens for more than 25 years.

Susan Sluce and Greg Dennis make regular 3-weekly visits to the **St Helens Medical Centre**, and will



Susan Sluce

bring with them fashion frame selections for your convenience.

NEXT VISIT DATES:

Thurs 19th May

Fri 20th May



Greg Dennis

To make an appointment to discuss all your vision needs, call Targett Pharmacy on

6376 1374



SEE LIFE DIFFERENTLY

WWW.OPTOMEYES.COM.AU



Sunday Market

Happening :

At the Old Tasmanian Hotel



On the last Sunday of the Month

Starting on Sunday 29th May, 9am – 1pm

*Please ph 63742344 or
mobile 0488 562 538*

to book your table/trestle



Needed: fruit & veggie stall holders

DESIGNER HAIR STUDIO

46 Main St St Marys Ph: 6372 2108

I WILL NOW BE OPEN EVERY 2ND & 4TH
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EACH OTHER MONDAY I AM WILLING TO
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Federal Member for Lyons

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 Perth, Tas 7300 New Norfolk Tas 7140
 Ph 6398 1115 Ph 6261 3366
 Toll free 1300 132 689
 Email D.Adams.MP@aph.gov.au



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 STRONG COMMUNITY**

Written and Authorised by Dick Adams, 53B Main Road Perth



ST MARYS NEWSAGENCY

Phone: 6372 2143

Open 7 days a week for your convenience.
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Big Shed has a new **guitar teacher** with 3 years teaching experience. Book now for your weekly lesson. All abilities welcome.

Weds 4.30-6 New time with John McCol **Garden sculptures** - John will assist you with your individual project. High school students welcome. No Experience needed. \$20 Concessions Available.

1st **Wed** of every month 5-6.30 **Life Drawing** (Model and materials provided. No tuition) \$12 No bookings required

Local artist Zeb Walker is currently on site creating his amazing yurts

Big Shed has a recording studio, PA hire and experienced engineers.

Big Shed has art space for hire, as well as a network of artists available for commissioned artworks,

24837 Tasman Highway, St Helens.
 Phone 0428725228
 Bigshedstudios@yahoo.com

BIG SHED STUDIOS

St Helens Flowers

*Donna of St Helens Flowers takes all the
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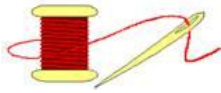
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 ring Sue Christiansen for an appointment.
 0418 515 419



Dear Valley Voice,

Firstly can I express on behalf of the Break O'Day Stitchers a big thank you for all publicity you gave us before the exhibition in The Valley & East Coast Voice. It all helps make the exhibition a success. The group tried a new layout in the Memorial Hall for this exhibition and I think it was a success. We had 217 entries from 80 exhibitors. We were very pleased with the number of Junior entries this year.

This year the two CWA judges were Linda Stillman and Lesley Young.

We could not hold the exhibition without the help of all our volunteers, 90 altogether, and of course our sponsors, who are mainly local businesses from the Break O'Day area.

Altogether the sponsors gave around \$3,000 in value including vouchers and prizes. Banjos of St Helens donated scones and bread to help keep our volunteers fed. A big thank you to all concerned.

The event this year combined the Easter and Anzac Day holidays and allowed a number of interstate visitors as well as those travelling from around Tasmania to see the work of local artists.

This helps to promote the local area and gives visitors another point of interest during their stay.

Of course the exhibitors are proud of the opportunity to show their work.

Ann Luttrell

a/Secretary

Prize Winner list

BREAK O'DAY STITCHERS INC EASTER QUILTING AND EMBROIDERY EXHIBITION 2011

Winner of the Bag section with the special prize of a Bernina Bernette H70 sewing machine donated by Sewknit of Launceston – Judith Murray

Challenge (Butterflies) – Sandra Vanbrugh

QUILTING

Patchwork & Quilting - Hand quilted – **Di Earney**

Machine Pieced – machine quilted on a domestic machine – **Gwen Barber**

Machine pieced – machine quilted by a professional – **Ann Luttrell**

Mixed Techniques – **Barbara Mellor**

Art Quilt – **Rita Pittman**

Embroidery, Candlewicking, Hardanger, Crewel, Stumpwork, Ribbon embroidery – **Mary Robinson**

Cross Stitch & Canvas Work, Long Stitch, Needlepoint, Tapestry – **Pat Young**

Dolls & Teddy Bears – **Judy Green**

Knitting & Crochet – **Di Earney**

Fine crochet, Lace Work & Tatting – **Pat Young**

Junior Section – Ages 10 & under – **Lochie Aulich**

Encouragement Awards –

Seabrook Christian School

Bridie Aulich

Kate Aulich

Sophie Shepherd

Junior Section – Ages 11 – 16 - **Natasha Lyn**

Encouragement Awards –

Seabrook Christian School

Exhibition Only Encouragement Award –

Evandale Primary School

Novice – (first attempt at anything) – **Glenda Albury**

Miscellaneous -includes Basketry & Weaving –

Barbara Mellor

Journal Cover – **Pat Young**

VIEWERS CHOICE

1st **Gwen Barber** with Sea Breeze quilt

2nd **Joan Smith** with Candlewick quilt

3rd **Gwen Barber** with Woodland Creatures quilt

4th **Barbara Mellor** with Tea Ceremony Quilt

5th **Barbara Mellor** with Red Queen Quilt

DAILY DOOR PRIZES

Sat – Val Spencer

Sun – Eigan Rogers

Mon – Di Fysh

Tues – Hazel Martin

RAFFLE PRIZE WINNERS

1st Break O'Day Stitchers quilt – **Marie Leonard**

2nd Japanese Wall Hanging donated by Judy Green – **Diane Stubbings of Deniliquin, NSW**

3rd Scissors set donated by Annie's Cottage Crafts – **Owen Mead**



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Valleys of Adventure

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**GREATER ESK TOURISM INC IS EXCITED TO BE RUNNING ANOTHER
PHOTO COMPETITION**



You are invited to enter your photographs that showcase

Adventure within the Valley

Finalists in the competition will be notified by phone or e-mail and will have their photos printed for judging and placed at the Purple Possum, St Marys for display.

Entries will be judged by Owen Hughes – Tasmania's award winning Master Photographer and the Fellow of Australian Institute of Professional Photography.

For further information, please visit our website www.valleysofadventure.com.au and click on the 2011 Photo Competition link. You can also download a copy of the entry form as well from the website. Terms and Conditions can be found here too.

CLOSING DATE HAS BEEN EXTENDED

Competition is open from 1st February 2011 to 31st May 2011 at 5pm. No late entries will be accepted.

VALLEYS OF ADVENTURE - PHOTO COMPETITION

Send us your competition entry. Entries must include:

Entries must be posted and include the completed entry form below, a \$5 entry fee, the digital image/s on a CD and a 6"x4" print of each image. The \$5 entry fee is for up to 6 entries (the more photos you enter, the better the value). The digital image/s, which must be named to correspond with the Title/s on your entry form, may be sent by e-mail in lieu of sending a CD. The 6"x4" prints must display the Title on the back of the print and the name of the photographer.

Entry forms are available from our website: www.valleysofadventure.com.au
click on the 2011 Photo Competition Link and download the current entry form.

'Adventure within the Valley' can include: outdoor experiences, gourmet indulgence, art fun, Ten Days on the Island Adventures or any exciting event of activity.

Prizes for 2011

1st Prize: Stretch Canvas Print, donated by Stallards Camera House - Launceston

2nd Prize: \$100 Gift Voucher, donated by Billy Bag Gift Shop - Avoca

People's Choice Award: \$100

GET YOUR CAMERA OUT AND GET SNAPPING!

Campaign to reduce problem gambling

The State Government has launched a \$412, 000 community education campaign to help Tasmanians avoid gambling addiction and big losses on poker machines. The Minister for Human Services, Cassy O'Connor, launched the new problem gambling prevention campaign last week, aimed at revealing the pitfalls of on-line gambling and poker machines.

"The prevention campaign aims to stop gambling problems from developing in the first place," Ms O'Connor said.

"Poker machines alone took more than \$215 million in losses out of the pockets of Tasmanians last year, and research shows that many of these people come from areas of socio-economic disadvantage.

"The bottom line with problem gambling is that it is often those who can least afford to pay, who pay the most.

"This education campaign debunks some of the myths about on-line gaming and poker machines and hopefully will save many gamblers from becoming addicted."

Ms O'Connor said two television commercials lead the campaign, covering how to avoid trouble with poker machines and online gambling, in particular offshore casino and poker websites.

"This campaign is based on recommendations from the Productivity Commission that the States look at improving consumer understanding of the risks.

"It is alarming that many people believe poker machines are eventually due to make a big payout – in fact, there's always a 10 per cent house edge working against the punter.

"That's 10 percent of every bet that gets kept by the machine. So the more you play, the more you lose."

The Productivity Commission also recommended that advice to players and community education campaigns should concentrate on the cost of play and the amount being lost.

The advertisements have commenced on Tasmanian television. The campaign also has press, radio, cinema, posters and brochures.

The Know Your Odds campaign also features a blog where people can interact with Jack, the character from the campaign and find out more about how gambling works. Visit www.knowyourodds.net.au to see the blog and view the commercials.



Photo: the creative team from Floating world who put this production together – Tom Fitzgerald, Andy Wilson Alecia Lanzlinger-Groom and Cassy O'Connor, MP.

Calling all Pensioners

Dinner party held especially for you!

**Free two course meal
to show how much we appreciate you.**

Prizes

**Come and enjoy yourself, bring friends and family
and they get in free too!**

RSVP

by Wednesday 11th May

Barbara 6372 2428 Juanita 6372 2952

Where: StMarys Anglican Church. When: Saturday 14th May. Time: 5:30 pm.



BREAK O'DAY REGIONAL ARTS

Wishes to announce its newly established Art Competition.

Our 2011 theme is "Winter Dreaming".

All winners will be announced at 8pm on 25th June 2011,
at "The Winter Dreaming Bush Dance" in the St Marys Town Hall.

All mediums of art are eligible for entry.

Awards and Divisions –

1. Under 11 yrs: entry fee \$2 - award \$50 plus certificate of achievement
2. 12 yrs to 16yrs: entry fee \$2 - award \$50 plus certificate of achievement
3. Adult: entry fee \$25 - award \$1,000 plus certificate of achievement

All divisions will also have a highly recommended certificate.

All entries must be accompanied by entry form and entry fees to
Manna Farm, 45 Main Rd, St. Marys. Tasmania 7215

Closing date – Monday 20th June, 2011 @ 5pm.

Forms can be collected from Purple Possum and the Post Office, St. Marys
or The Suncoast Art and Craft Gallery, St. Helens or download a copy from

www.mannafarm.com.au/arts.pdf

The St. Marys Market
7th May, 2011
Rain, Hail or Shine
in the Community Hall
9am to 2pm



2nd Winter Wood raffle will be drawn
at 11am.

"OPEN CORNER"

A quiet corner if you wish to read po-
etry, short stories, practice
musical instruments or share a talent
or skill.

No cost involved, just your time.
For more information phone Colin:
6372 2707



A Smurftastic Discovery!

Smurfs, long rumoured to be mythical beings, have now been found in the North Eastern town of St Marys.

A local resident discovered a small colony of Smurfs at the St Marys golf course.

It is possible that the Smurfs have relocated here in order to escape from their enemies, Gargamel and Azrael. How long they will remain is anyone's guess.

*Get well soon
Tracey McDonald.
From all your
St Marys friends.*

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Custom made. \$40

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East Coast Visitor Information Network Winter Opening Hours

The Bicheno and Triabunna Visitor Information Centres have instigated winter hours for business.

This means these two centres are open 10.00am to 4.00pm seven days a week from the first of May until the end of September, and may be closed for lunch between 12.30 to 1.30pm.

At this stage the St Helens Visitor Information Centre is open from 9.00am to 5.00pm seven days a week. Any changes to this will be advertised.

If you have any questions, please don't hesitate to contact Jo-Anne O'Brien, Manager Tourism Services on 0418 523 275.

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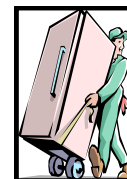
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Lindsay & Diane

(D. Bailey & son) A.F.D.A

Ph/Fax: 6376 1153 Mob: 0418 133 420

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Chapel:

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Phone Norm Dawson on:
6372 2380.



Rae & Partners Lawyers Barristers & Solicitors 113 Cimitiere St Launceston

Visiting :

St Marys Community Health Centre

Alternate Tuesdays : 9 am – 10 am

Ph: 6337 5555 For appointments.



St Marys Market

Rain hail or shine the markets will be held
on the 1st Saturday every month in the
community hall 9am till 2pm.

New stall holders welcome

Phone Colin 6372 2707 or Sue 6372 2512

St Marys Police Phone Number 6372 1010
Non Urgent Number 131 444
Urgent and Life threatening 000
SES (Flood & storm only) 132 500
Fire 000



Do You want to Volunteer
as a
Legal Literacy
Advocate?

New to Australia
Definition...

To suggest or support an idea, or
way of doing something.
Advocates assist people to find
and apply solutions to issues they
may have.

YES....?

Where can I
find out more?

Contact:- Beylara
at the
Launceston Community
Legal Service on
6334 1577 or 1800 066 019

ST MARYS BAKERY

PH: 6372 2131
OPEN 7 DAYS A WEEK



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PIES, PASTIES, CAKES, HOT FOOD,
COFFEE, COLD DRINKS,
ICE CREAM.**

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We can help you.

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PRECIS OF SERVICE

We operate a community legal service and our lawyers have recognised that there is a general need for an increased level of "Legal Literacy" across the community. "Legal Literacy" is important for everyone and does **not** presume a lack of general literacy skills.

As a result we applied for and received funding from the Tasmanian Community fund for a pilot Legal Literacy Program to be run in 7 North Eastern towns, Beaconsfield, Campbell Town, Deloraine, Exeter, George Town, Scottsdale and St Helens.

The new program will use locally recruited volunteer advocates to assist other locals to resolve issues before they become overwhelming.

For example a person may have a form to complete and return to Centrelink, the tax office, local school, magistrates or family court or a contract or insurance renewal or policy and not be sure of exactly what is required.

Currently many people in this situation take the form to a friend, neighbour, the post office or bank for assistance or just sign the document without fully understanding what it is that they have signed. This can be problematic on many levels; privacy, conflict of interest, confidentiality, time taken from the business approached, possible disastrous consequences and so on.

Using the advocacy service the person will receive assistance and the confidence to deal with the form/issue in strict privacy with implicit confidentiality before the issue they face develops into a crisis.

Where an advocate identifies that there is an underlying legal issue that needs to be addressed by a lawyer then this program provides access to the **free** resources of the Launceston Community Legal Centre.

This all sounds as if it is common sense and that such a service should already be in place....but it isn't.

Volunteers will encourage and empower clients who use their services to build their confidence to see that they can "do it for themselves" wherever possible. Although we expect that legal literacy is something that even highly literate people may need assistance with we recognise that there will be people using the service who will need assistance with their general literacy.

These clients will be encouraged where appropriate to check out the assistance available through their local LINC.

We commend the program to you and ask for your assistance to promote it locally in your area.

For more information please ring Beylara on 6334 1577 or 1800 066 019



Free Legal Advice

The Valley & East Coast Voice Guidelines.

- Opinions in any letters published are not necessarily the views held by the editor and voluntary workers.
- Our pages will remain open to fair and honest criticism, so that on all questions, both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted. Stick to the issue rather than making personal attacks.
- Please do not attack the editor, the paper or the authors of previous letters.
- Letter writers will be given the chance to respond over a suitable period of time, but anonymous and/or nom-de-plume letters received as from 11-02-10 will not be published. Subjects may be closed at the editor's discretion.
- Please make sure of your facts. Do not write letters just to let off steam. Letters most commonly published are those that have bearing to current community issues.
- Keep letters short, simple and to the point. Letters are restricted to 300 words or less.
- The Editor reserves the right to edit your letter for grammar, spelling or reduction in size where necessary.
- All letters arriving by post must be signed, including a printed name and also contain your contact details, such as full name, address and phone number.
- All letters sent by email must contain your contact details, such as full name, address and phone number.
- All letters left at drop-off points must have a signature, plus a printed name and also contain your contact details, such as full name, address and phone number.
- Do not be discouraged if your letters don't get published. Whilst each submission is reviewed on its own merits, we generally receive more letters than we have space available.
- The Valley & East Coast Voice reserves the right at all times, without notice, to update, change or amend our guidelines. Whilst we value & welcome community letters, The Valley & East Coast Voice does not provide specific feedback regarding any decision made not to publish a submission.

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Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking and other inquiries, please phone Marilyn on 6376 1858.

Tim Morris MP

Tasmanian Greens Member for Lyons



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Authorised by Tim Morris MP, Parliament House, Hobart 7000.

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted. Please ensure that your details are included.



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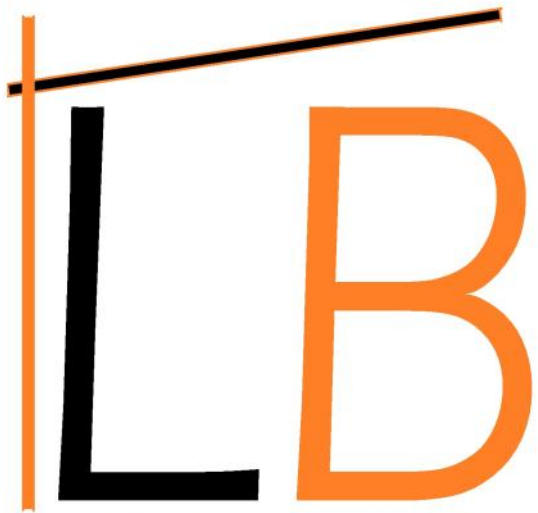


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ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

Dr Cyril Latt- 4/5/11-19/5/11

(St Marys Community Health Centre

GP Surgery Hours:

Monday—Friday 8:50am-12:30pm
12:30pm-1:30pm LUNCH
1:30pm-4:30pm

PATHOLOGY SERVICE

No Pathology Service between
12:00-1:30pm or before 8:30am daily.

If you require Pathology **before 8:30am** an appointment **must** be made with the Nurses Station **the day/night before**.

INR TESTS

A doctor's appointment is required if you are having an INR test. Please **let reception staff know when making your appointment that you are having an INR test**. This is a 5 minute doctor consult.

AFTER HOURS SERVICE CONTACT NUMBERS

PLEASE PHONE GP ASSIST ON 1300 780 011
AMBULANCE 1800 008 008 or
EMERGENCY 000
COMMUNITY HEALTH CENTRE 6372 2111
PLEASE RING BEFORE PRESENTING AFTER HOURS

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts **can not be requested by patients over the phone** and are unable to be done over the weekends, ensure you have enough medications in advance. **PLEASE BE PATIENT** waiting periods can apply.

'Pay It Forward'

The St Marys Community Health Centre's April Health Promotion was based around the concept of 'Pay it Forward'; doing good deeds for people and passing the favour forward.

Congratulations to Eileen Becket of Scamander who won the 'Pay it Forward' prize draw for participating in the 'Pay it Forward' concept.

'Brain Health'

Congratulations to Kaleb Trotter who was winner of the St Marys Community Health Centre's 'Brain Health Promotion' during March 2011. Kaleb won a Brain Teaser Book which was donated by Kerry and Harry at the St Marys Post Office.

BREASTSCREEN TASMANIA

Please note that the **Breast Screen Bus** will be at the St Marys Health Centre **May 9th-13th 2011**. For Enquiries/Bookings- 132050

PARKING AT CENTRE

Please note that the parking bays (x3) located behind the old Ambulance Shed signed with 'Employee Parking Only' at the Health Centre are for the Health Centre's Government Vehicles only. Thank you for your cooperation.

WHAT'S ON AT THE CENTRE

- 5th May **Relationships Australia**- Leanne McMurtie for appointments please phone 1300 364 277
Social Worker- Shan Williams appointments available by phoning 6372 2111
Continence Nurse- Sue Walker. For appointment please see your GP or Health Professional for a referral.
GP Podiatrist- Annabelle. For appointment please see your GP or Health Professional for a referral.
- 6th May **Tasmanian Acquired Brain Injury Service**- Margie Williams
Social Worker- Shan Williams appointments available by phoning 6372 2111.
- 7th May **Tai Chi 10:30am** in the Day Room. All welcome to attend. For further details please phone the Healthy House on 63765242
(Saturday)
- 10th May **GP North Mental Health Worker**- Brady Young for appointments please see your GP for a referral
Child Health Session with Sue Gofton every Tuesday- Appointments only. Please phone 0428 136 381
- 11th May **Day Centre**- For details on the group please contact Hayley Gilbert 6372 2111.
GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral
- 12th May **Social Work**- Shan Williams. Please phone 6372 2111 for appointments
- 13th May **Tasmanian Acquired Brain Injury Service**- Margie Williams
Social Worker- Shan Williams appointments available by phoning 6372 2111.
- 14th May **Tai Chi 10:30am** in the Day Room. All welcome to attend. For further details please phone the Healthy House on 63765242
(Saturday)
- 16th May **TLC Meeting** (Tasmanian Lymphoedema Centre) 10:00am in the Day Room
- 17th May **Lightfoot Podiatry**- Perry Daly. Phone 6331 9568 for appointments
Social Work- Helen Jennings. Please phone 6372 2111 for appointments
Meals on Wheels Meeting 2:00pm in the Day Room.
Tom Bain, Rae & Partners Lawyers. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
- 18th May **Day Centre**- For details on the group please contact Hayley Gilbert 6372 2111.
GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral
Social Work- Shan Williams. Please phone 6372 2111 for appointments.
- 19th May **Eyelines**- For appointments please phone 1300 139 363. All consultations Bulk Billed to Medicare
Relationships Australia- Leanne McMurtie for appointments please phone 1300 364 277
Social Worker- Shan Williams appointments available by phoning 6372 2111



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Main Street

ST MARYS

Thursday, 12 May 2011

9:15 am to 4:45 pm

(Adjacent to Memorial Hall)

www.centrelink.gov.au

MEALS ON WHEELS ROSTER

May		St Marys	Fingal
Monday	9th	Debbie Barnes	Neighbourhood House
Tuesday	10th	Pam Bretz	
Wednesday	11th	Barbara McAllister	
Thursday	12th	Kaye Nailer	
Friday	13th	Pam Gillies	
MOW Contact		Phone:	0488 384 344
Monday	16th	Pam Lynch	Neighbourhood House
Tuesday	17th	Ruth Aulich	
Wednesday	18th	Liz Rice	
Thursday	19th	Yvonne Salter	
Friday	20th	Hannah Rubenach	Neighbourhood House

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves
Parish House. Ph: 6372 2252
Mob: 0409 172 741

1st Sunday: MASS

St Helens Vigil L/W 6.00pm
Bicheno L/W 9.00am
Swansea LWC 9.30am
Fingal 11.30am
Campbell Town 5.00pm

2nd Sunday: LITURGY

St Helens Vigil LWC 6.00pm
St Marys LWC 9.00am
Bicheno LWC 9.00am
Swansea LWC 9.30am
Fingal LWC 9.30am
Campbell Town LWC 5.00pm

3rd Sunday: MASS

St Helens Vigil 6.00pm
St Marys 9.00am
Swansea 11.30am
Campbell Town 5.00pm
Bicheno LWC 9.00am

4th Sunday LITURGY

St Helens Vigil LWC 6.00pm
St Marys LWC 9.00am
Bicheno LWC 9.00am
Swansea LWC 9.30am
Fingal LWC 9.30am
Campbell Town LWC 5.00pm

Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/ 4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday –Family Service)

Anglican Parish of Break O'Day

Ph: 6376 1144

St Helens Every Sunday
8 am and 10.30 am
St Marys Every Sunday
10am
Pyengana: Kids Church,
2pm - 4th Sunday every month.

Salvation Army

TUESDAY JAM

3-5pm every Tuesday.
excepting school holidays.
Envoy Melanie Norton Ph: 63722099

Break O'Day Uniting Church

The Manse St Helens

Ph: 6376 2405

St Helens 9.00 am
Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School 10 am
Divine Service 11 am

Contacts for Valley Voice

PH: Judy: 6372 2155

email: judith.spilsbury@telair.com.au

Accounts: Mary: 6372 2328

Please leave written material at the
St Marys Pharmacy,
Main St, St Marys,
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Advertising: 2011

Classifieds: 25 words or less: free

Community notices : free.

Small boxed ads. Garage sales. Greetings.

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¼ page \$20. ½ page \$30.

Full page \$50.

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Monday 10am -3pm

Tuesday 10 am-4pm

Wednesday 10am-4 pm

Thursday 10 am – 3 pm

Friday 10 am – 3 pm

Saturday 11 am – 2 pm

Ph: 6372 2005

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PH: Janet Drummond: 6372 2851.

WANTED

Curtains and blankets & warm winter clothing.

If your able to help, donations are gratefully received by the volunteers at the shop, or you can leave donations in the Newsagents at times when the Op Shop is closed.

Please note change of phone number whilst Tracy is convalescing.

St Marys Sports Centre Inc. News Kackhander

What a terrific night the recent Club Bowls Dinner was. Around 40 people enjoyed a fabulous meal that was a credit in every way to our catering crew. A very special mention to Alana Donald and Val Leedham. Thank you so much. To the others who helped out in any way equally thanks and to Roger behind the bar, the same. Thank you. Also to 'treasurer Trev' who collected and tallied the money so professionally. Thanks again Trev. It would be remiss if the members who came along weren't also thanked for their support. You can't have a successful night without them.

Whilst on thankyou's, some people we need to recognise are the two Jims. Club President Jim Turner gave a terrific and heartfelt speech on the season just completed. Jim does so much around the club and a lot of our sound position in bowls relates to him. Thanks Jim. Jim Rankin, passionate club member and Association President also spoke, and his forthright comments were great to hear. Another highlight was that our very respected Club Patron Kevin Faulkner spoke, and gave us a genuine and encouraging message to keep pushing the club forward and that we cannot afford to lose this fantastic facility so we all need to get behind it's endeavours. To both Kevin and Jill Faulkner thank you for attending and supporting the club. It's much appreciated.

Another great thing that night was that our incredible group of juniors were recognised by the club. Nathan Dawson received the Most Improved trophy but medallions were also presented to Hayden Dawson, Chris Arratta, Shantelle Arratta, Liam Davern, Jye Baldwin and Shae Ward.. Thank you and congratulations to you all. A special thanks to Glennys Turner for helping with championship trophy presentations and also thank you sincerely to Kristie and Troy Dawson who offered tokens of appreciation to Jim and Glennys on their efforts with all our junior contingent. A lovely touch and much appreciated.. A short meeting was held afterwards and the President elected unanimously for our host club year was Jim Rankin. Thanks Jim.. WE REALLY DO APPRECIATE YOUR KIND GESTURE. Thank you to Jim Turner who will stop on as Vice President and do most of the treasurers role. Brilliant Jim. Equally great that our hard working Secretary Nikki Viney will remain in this important job. The club is in great hands.

A special tribute (deservedly so) was paid to our green keeper Damon Viney for his amazing efforts all year. THANKS DAMON.

Great news. Thanks to some great work and a fair bit of research Chris Davern's efforts have secured an incredible \$12,000 grant to do the important work of upgrading the green ditches and banks to Australian Standard. Thank you also to Council for giving us the required consideration. It's going to be great.

Golf have got some great days coming up during May and June and it's anticipated that they will be well supported. Thanks to Roger, Alana, Blairy, Karen and 22 enthusiastic players who sponsored and supported the Reverse Course Challenge last week. Well done to all.

Finally some important things to watch for. Friday night Indoor Bowls commences in a few weeks (date to be advised). We hope to run a singles and pairs championship this year also, which should be great fun. Team events also. Cash prizes each night. You don't even have to be a member.

Another great night coming up is THE BIG TRIVIA NIGHT on June 4th. Teams of 6 are required and we hope to fill the clubhouse to the rafters. Cost is \$10 per player and the cash prizes will be well worth winning. Bring plenty of friends and have a great night. More details next issue.

Until next time, good hitting and rolling.



38 Main Street St Marys
Phone/Fax 6372 2240 - Butcher Ph: 6372 2274
Mon – Fri 8am – 6pm
Sat 8am - 12 noon Sun - closed

This week's specials. *from the butchery*

Porterhouse steak	\$14.99kg
First grade beef mince	\$ 9.99kg
Lamb shanks	\$10.99kg
Pickled pork	\$11.99kg

grocery lines

Rosella tomato sauce 600ml	\$2.39
Maggi two minute noodles 10pk	\$5.99
Juicy Isle long life juice 2lt	\$2.99
Cottes cordial syrup 2lt	\$3.99
Jiffy fire lighters 24pk	\$3.99

All only \$1.99

Harvest Kitchen cookies 300g
Samboy/Thins potato chips 175g
The Natural Confectionery Company 140/200g
Mc Cain peas 500g
Rosella tomato soup 500g

Next week's specials *from the butchery*

Rump steak	\$10.99kg
Regular mince	\$ 8.99kg
Corned silverside	\$ 7.99kg
Ingham chicken kebabs 450g	\$ 7.99ea

from the freezer

Bulla ice cream 2lt	\$5 55
Nanna's snack fruit pies 4pk	\$4.79
Bulla crunch wildberry 8pk	\$2.99
Scotts meat pies 6pk	\$5.99
\$ 'n' 20 party sausage rolls 12pk	\$6.69

grocery lines

Dolmio smooth pasta sauce 550g	\$2.49
Kelloggs Nutri-grain 345g	\$4.95
Kraft vegemite 400g	\$5.99
Arnotts plain sweet biscuits 250g	\$1.89
Pine-O-clean disinfectant 500ml	\$2.49

May Calendar for Golf:

7th.....Stroke

14th.....Mulligans

21st.....Newman Memorial

28th.....Stableford