



The Valley & East Coast Voice

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50 cents

Farewell dinner at White Sands.

On Saturday October 22nd a dinner celebrating Robert Legge's forty seven years of contribution to Local Government was held at the White Sands Resort on Tasmania's East Coast.

Attended by his family and guests from all walks of life, Robert's contribution was highlighted by distinguished guests such as former State Minister David Llewellyn, Legislative Council President Sue Smith, Rene Hidding Liberal Member for Lyons and LGAT President Barry Easter.

Following a presentation on behalf of the Dorset Municipality by former Mayor Peter Partridge, and supported by fellow Councillors, Acting Mayor Margaret Osborne made a presentation to Robert and his wife Jean on behalf of the Break O'Day Municipality.

Article: Marg Osborne

Photos: Matt Osborne



Jean and Robert Legge.



Robert Legge and John Brown.

Please note: Deadline for articles in the next Valley Voice is 5pm Tuesday November 15, 2011
EMAIL ADDRESS: judith.spilsbury@telair.com.au

Community news

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the **St Marys Community Health Centre**.

The Break O'Day Woodcraft Guild Inc. meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

The **Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette- 6372 2224.**

St Marys Playgroup meets each Monday 10.30am - 12 noon at the **Falmouth Community Centre**, during school terms. \$2 a session per child or \$3 per family. Please bring a piece of fruit to share and your child's personal drink bottle. Bikes plus helmets welcome. **Phone or text: Danyelle: 0427 073 100.**

WOMBAT WALK LANDSCAPING GROUP meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Playground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. **Contact -Robina 6372 2022.**

St Patricks Head & Esk Valley Historical Society Inc has a meeting one month and a field trip the next. We invite everyone to come along on the third Sunday of the month and enjoy an informative time with lots of fun. For more information Phone: Barry Aulich (**637225752**) Darlene Wright (**63722416**) or Jim Haas (**63722127**)

The Scamander and Beaumaris Community Development Association meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Rachel Woods. Rachel can be contacted on: **03 6372 5118.**

Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome... If you can yawn - you can sing. Phone Mary-Anne Wadsworth **6376 2969.**

Meeting dates for **Friends of St. Helens History Room & Museum for 2011.**

Executive Meeting Dates: 01/08/2011- 07/11/2011

General Meeting Dates: 22/08/2011- (AGM) 28/11/2011

Contact the Centre at **6376 1744.**

Break O'Day Regional Arts - General meetings held on the first Tuesday of each month at 4.30 p.m. at the e.ScApe Cafe. All welcome. Inquiries to Rod **6372 2444.**

Cornwall Community Development Group Inc. meets @ 7pm on the first Tuesday of each month in the Cornwall Hall. All interested persons are invited to attend. Wendy Dawson (secretary) **6372 2722.**

St Helens Alcoholics Anonymous (AA) Wednesday 8pm Weekly. St Pauls Anglican Church Hall, St Helens. Murdoch **6376 3335.**

St Helens Al-Anon Family Group (Al Anon) To help families and friends of alcoholics recover from the effects of the living with the problem drinking of someone close. Sunday 2pm weekly. St Pauls Anglican Church Hall St Helens Anne or John **6376 4270** or Rose **6376 3335.**

St Marys Alcoholics Anonymous (AA) Friday 8pm Weekly. Holy Trinity. Mick & Shiril: **6372 2909.**

MANGANA MISSION MUSICIANS JAM NIGHTS
Monthly musicians jam nights will be held at Mangana Mission, 63 Elizabeth Street, Mangana on the 2nd Friday evening every month.

Nov 11th, Dec 9th.

Starting time will be 6.00 pm. BYO meat and drinks for a BBQ. All styles of music, instruments and vocalists are very welcome.

For more information call André or Kate on 6374 2212

The Break O' Day Stitchers meets each Friday in the Bungalow at Neighbourhood House in St Helens from 10 a.m. to 3 p.m. and participants are welcome to stay for as long or short a time as they may choose. The choice of projects to work on is also optional - either to bring your own work or join in and assist on a group project.

You can
get
'Inside my Skin'
at

www.insidemyskin.com



St Marys oldest resident Mrs Maisie Finney will be celebrating her 97th birthday on Thursday November 3.

Mrs Finney now resides with her daughter Judy and has been back in St Marys for 6½ years.

She still takes an avid interest in the local community and attends many functions such as craft days and day care at the Community Health Centre.

Maisie has always had a wonderful sense of humour, and her memory of times past is still spot on.

She has been a very busy business woman all her working life, and now in retirement she still loves to crochet, do crosswords, and read, and entertains many with her many and varied jokes.

Maisie was 90 when she learned to play card games on the computer, proving you are never too old to learn something new.

Mum, you are a delight to look after, and we are so lucky to still have you in our lives.

Happy 97th birthday to you from all your family, friends, and relatives both near and far. You are a true lady.

Classifieds

For sale

Compaq Presario Laptop. 15.4" high def widescreen display, webcam, intel pentium dual core processor, 120gb hard drive, 1024mb sdram, dvd player/burner, wireless internet, 5 in 1 media reader, 6 cell lithium-ion battery, windows vista home premium, altec lansing speakers, carry case. Great laptop, must go, due to lack of use. Ideal for uni, school work. \$290. ono. Ph: 0417 320 142.

2 year old Suffolk ram. \$200. **4 year old Suffolk ram.** \$100. Ph **Robert: 6372 2224.**

1 lot blue drum set. \$200. Ph: **6372 2513.**

60 metres Lysart Sheerline galvanised guttering. New- \$10.70 per meter. Bargain at \$150 the lot. Good condition. Ph: **0417 354 001.**

1994 Nissan Pulsar hatch. 5 spd man, rego till August 2012, nudge bar, new battery. Good condition. Perfect first car, work car, or cheap runabout. Must sell. \$1800. ono. Ph: **0417 320 142.**

Kawasaki KX60 2000 model. Recent complete re-build. As new condition. Includes all gear—boots, helmet, armour etc. \$900. Great Christmas present. Ph: **0458 722 455.**

Older style buffet. 2 glass sliding doors, mirror backed, 3 drawers. \$45. **2 wht 3 drawer bedside drawers,** pink trim. \$15 each. **1 wooden bookcase.** \$30. **1 5 light chandelier.** \$60. **1 airline cat carrier.** \$15. **2 Oz trail camp beds.** Cost \$50 each. \$20 each. **3 room tent in bag.** Used once. \$350. **1 pr brass storks on blk imitation marble** 28" high approx. \$70. **Brass horse.** \$20. Ph: **6374 1064 Fingal.**

Electric single phase motor, 3kw all electrics connected. Brand new cost \$800. Sell for \$450. **Washing machine:** Simpson 5.5kg front loader. Brand new—comes with extended 4 year warranty. Cost \$578. Sell \$450. Comes with all paperwork and accessories. **Scaffolding.** Galvanised "Cyclone" four sets available, stackable for heights, comes with 8 Acro-prop stands (self-levelling) and also 2 x 5metre planks. \$800. Ph: **6377 1209.**

Valco Runabout 2-3 wheeled pram. Comes with storm cover, sun shade and brand new interior lining as a spare. Original lining in excellent condition. Red & black in colour. \$150. firm. **Black Fisher-Price baby bag,** insulated side pockets and internal change mat. Assorted blankets & box of newborn baby clothes in excellent condition, some new. Some unisex, mostly boys. \$50 the lot. Firm. Ph: **0408 174 193.**

1999 Nissan Pulsar SLX 1.6 litre manual 211,000 kms good tyres, new drive shaft & brakes. Rego Jan 2012, CD player. \$3,900 .ono. Ph: 6374 2165 - 0429 967 115.

Mastiff pups. All black—can view parents. Ready early November. Wormed and vaccinated. \$500 each. Ph: **0427 713 195.**

Kawasaki KX85, big wheel, 2001 model. New chain and sprockets and rear suspension. Good condition, goes well. \$2000. Firm. Ph: **6372 2665.**

WANTED

BRIDGE SLEEPERS FOR LANDSCAPING
Ph: 6372 2813

Treadmill wanted to borrow or buy - please ring 6372 2724 or 0417 027 424

WANTED unused water tank or similar, at least 70cm high, no big rust holes, suit wombat wildlife rehabilitation. Will collect. **Simone 6377 1156.**

Mad Keen Gardener looking for empty plant pots.. small to medium size, if you have pots you no longer need, please phone: **6372 2818 will pick up.**

WANTED

SOMEONE TO CROCHET A
SHORT SLEEVED CARDIGAN
PH: 6372 2756.

St. Marys Tennis Club advises that membership fees are now due.

Membership forms are available from Sally at the Pharmacy, Annette at the Newsagency or the clubrooms.

"Moo-Poo". Finely screened. Any quantity. See Norm. Ph: **6372 2380.**

Frozen blueberries - \$11 kilo Phone **6372 2341.**

Garden mulch. Large square bales of straw.
Free delivery in St Marys area.
Ph: Mark or Alana: 63722145.

Small square bales of garden mulch \$5.
Small bales of grass & clover hay. \$5. (undercover)
Garden mulch, in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area.
Ph: 0407 944 158.
Tractor slashing available. Ph: 0407 944 158.

51 days until Christmas

GARAGE SALE

SATURDAY 5TH NOV.

16 GRAY ROAD

ST MARYS

TIME: 8 AM

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.



NOTICE TO COMMUNITY GROUPS

*St Marys Association
for Community Development Inc.
is putting together a calendar of events
for the Fingal Valley.*

*The idea is that community groups can know
what the other groups are doing throughout the
year and organise their particular event on a date
of their own which does not clash.*

*If you have something planned over the
next year please contact the
Association at the St Marys Online
Access Centre*

**Phone: 63722005, or email:
stmarys@tco.asn.au**

Expressions of interest

St Marys District School Association is calling for
expressions of interest from

Qualified swimming instructors

who may be interested in providing a Learn to Swim
Program for infants and 4-12yr old children from the
3rd - 17th January 2012 (10 week day sessions), at
the school pool.

Please forward your resume, including contact
details to St Marys District School, Gray Rd St
Marys 7215, by Tuesday 15th November, marked:
Learn to Swim Program.

Please note that the decision to proceed with the
program will be dependent on sufficient interest
from families.

Further information: Tanya Greenwood : 6372 2187
or tlgreenwood@hotmail.com

SENIORS KIOSK



Are you aged 50 years or over?

Would you like to have basic computer skills?

Would you like to enhance the skills you have?

**Would you like to email, surf the net, pay bills
online, or simply play computer games?**

**Would you like advice in purchasing a computer
for around \$300?**

**If your answer is yes to any of these questions
then come into the St Marys Online Access
Centre at 23b, Main St, St Marys and talk to
one of the friendly volunteers.**

For everyone over 50 it is all free

Tasmania Valleys of Adventure

AVOCA - ROYAL GEORGE - ROSSARDEN - FINGAL - MANGANANA - MATHINNA - UPPERESK - CORNWALL - ST MARYS

GREATER ESK TOURISM

GET TOURISM ... meets the second Monday of each
month unless otherwise notified.

WHERE: Fingal Valley Neighbourhood House

TIME: 7PM

All WELCOME.

Enquiries to the president on 63722783.

Bicheno Indoor Market

When: every last Sunday of the month
until end November 2011.

Where: Bicheno War Memorial Hall

9am – 1pm

*Hot Foods – come and enjoy breakfast,
morning tea or lunch.*

Variety of Stalls

More stall space available:



Sunday Market

Happening :

At the Old Tasmanian Hotel

On the third Sunday of the Month

Please ph 6374 2344 or mobile 0488 562 538

to book your table/trestle

Needed: fruit & veggie stall holders



Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday
from 8am in St Helens, at the Library car park. There is a variety
of stalls and the fees charged to stall holders is donated to
various charities.

For stall booking and other inquiries, please phone Marilyn
on 6376 1858.



St Marys Market

Rain hail or shine the markets will be held
on the 1st Saturday every month in the
community hall. 9am start.

New stall holders welcome.

Phone Robina 03 6372 2022 or Sue 03 6372 2512

**Articles for any edition may be left at the
St Marys Pharmacy. This also includes items for
sale and wanted. Please ensure that your details
are included.**



www.fingalvalleyhistory.com

Mary Kingsmill, M.B.B.S.

1900 – 1971

In today's world women doctors are commonplace, with many holding some of the highest positions in the medical profession. In St Marys, doctors like Libby Reeckman and Jenny Conway have enhanced the Medical Centre in recent years and have become well respected and loved doctors of many Fingal Valley residents.

The first woman doctor to come to St Marys, however, came at a time when women doctors were somewhat of a rarity, particularly in Tasmania. Her name was Dr Mary Kingsmill, who was described by all who remember her as a wonderful lady. Dr Kingsmill, along with her mother and two sisters, moved to St Marys from St Helens in 1938 and took up residence in the big old house near the St Marys Bakery in Main Street. Her surgery was part of the house, but with its own entrance at the eastern end of the front verandah.

One person who remembers Dr Kingsmill well is 97 year old Maisie Finney of St Marys, who came down from Pyengana in the late 1920s to work as a housemaid for the doctor at St Helens. At that time Dr Kingsmill had taken a lease on the Old Catholic Priory in Quail Street. It was a stone building, which the doctor made into a two bed maternity hospital and residence. Maisie's job was to cook and clean for the two patients, the doctor, her mother and two sisters. A big job for a teenager, but Maisie said it was a good job and the doctor always treated her like one of the family. It was fitting that when Maisie's first child, Judy, was born in 1939, it was Dr Kingsmill who delivered her.

Maisie remembers Mary Kingsmill as a very tall, strong woman, always dressed in inconspicuous, neutral shades and always wore a tweed skirt. In a way her face was neutral too, calm and withdrawn, a quiet, good face. It could be said her appearance took colour from her personality, for she was described as rather shy, aloof, reserved, tentative and very, very English, although she was in fact Tasmanian born.

She was the third born in a family of four daughters and two sons. Her father, Professor Henry Kingsmill was born in Donegal, Ireland, and took a Master of Arts degree at Cambridge in England before coming to Tasmania, where he took up the position as Government Meteorologist in 1892. His photo in the Tasmanian Dictionary of Biography is of a bearded, serious gentleman.

Mary Kingsmill was born at the Hobart Observatory where the family lived. She and her sisters went to the Girl's High School and afterwards the Hobart Ladies College in Patrick Street, which was at the rear of the Warwick Street Anglican Church. She was a clever scholar, winning many prizes and scholarships. But, then, most of the family gained university degrees and a son won a Rhodes scholarship. Both parents and their children were a close-knit, affectionate family with a thirst for learning and a very real faith in God.

Mary worked hard at school and at home, but her tastes were for the outdoor life. She loved walking and picnicking in the bush. Indeed, she was happy to regularly walk from Newtown to St George Church at Battery Point to attend services and then walk home again. She was also a strong swimmer and once saved the life of a Buckland woman, whose husband was so grateful, he gave her a bicycle. This was the first bicycle in the family and was constantly in use. Later when they moved to a cottage at Glenorchy, Mary rode the cycle to the station and caught a train to Hobart to attend science lectures at the University.

Mary Kingsmill spent a year at the Tasmanian University, then, as with all medical students at the time, had to go elsewhere to complete her medical degree and an English aunt paid for her to go to London to study. She stayed in England 10 years, spending her holidays walking through the English countryside and punting on the river at Bedford, where her Aunt Carrie lived. Her Rhodes Scholar brother and one sister also had a home with this wonderfully kind and generous Aunt Carrie while in England studying for their degrees. Mary attended the London University and the Royal Free Hospital to obtain her M.B.B.S. degree. She then worked at the Royal Northern and Queen Charlotte Hospitals in England for a year or two before returning to Tasmania in the late 1920s and establishing the practice at St. Helens.

During Mary's time on the East Coast she was said to be an extremely busy woman, particularly after she moved to St Marys. Not only did she have to look after St Marys Hospital, but attend surgery at St Marys, Fingal, Mangana and Mathinna, where she would travel in her little two seater Maxwell motor car.

In 1944 Mary suffered a severe breakdown in health and was forced to take a long holiday, leaving Dr Godfrey-Smith, a locum from Launceston, in charge. She didn't return to the St Marys practice afterwards, just left the way one would expect of her, without fanfares or farewells. Although some St Marys residents remember a farewell Ball held in her honour at the old Victoria Hall. The highlight of the night was well known local vocalist, Mary Gill, singing the classic song "Mary is a Grand Old Name".

A year or so later, when Mary finally recovered, she settled in Launceston and bought a practice in Cameron Street. Later she moved to Brisbane Street, opposite City Park and with her sister Kathleen lived in Balfour Street in a pleasant house free, as one would expect, of knick-knackery of any kind. Money making was not important to the Kingsmills, their style of living was simple, strict and with only the basics of materialism.

Many people have spoken of the kindness they received from Dr. Kingsmill. One of these told how on one occasion she found her patient ill and alone in the house. She sponged her down, made her a cup of tea and saw she was comfortable before leaving. Another Launceston woman recalled how Dr. Mary - as she was often called in Launceston - put her to bed in her own Balfour Street home and cared for her until she was well. These are typical examples of the pattern of service to her patients Mary always followed.

This story continues next page...

Continued from previous page...

She was motivated by a great compassion for people and an impeccable belief in her religion. Both Mary and Kathleen Kingsmill were members of the Northern Tasmanian Women Graduates' Association and once at a meeting Mary gave an interesting talk about her work in the mining districts around St. Helens, St. Marys, Fingal, Mathinna and Mangana. She spoke of the dangers and health hazards in those highly diversified mining regions.

She was deeply conscious of the mental and emotional problems of the older people who sought her help and would try to find them outside activities, like a job or hobby to fill the empty hours. Always sympathetic to old people and interested in their well-being, she worked for the Elderly Citizens Club when its first meeting place was in Launceston's Albert Hall. She was also keenly interested in the District Nursing Association.

For those people born in St Marys or St Helens from around 1928 to 1944, the chances are you were delivered by this amazing lady doctor, who touched the lives and hearts of thousands in a career that no doubt helped forge the way for the many brilliant women doctors we have today.

Mary Kingsmill was born in 1900 and died after a sudden heart-attack in 1971. She was once described by her colleagues as: "A run-of-the-mill doctor, but what she lacked in brilliance she more than made up for in human kindness."

Special thanks to the wonderful memories of Maisie Finney, research by Veda Veale and information from Harry Camplin for this story.

Jim Haas

Letters to the Editor

Vol. 44 No 14, November 3, 2011

Letter to the Editor Valley Voice.

As Rita Summers has said we are living in a free and Democratic society, with a freedom of speech.

I have been a resident of Break O'Day Municipality for the past 70 years, I'm now retired, and involved in a few organizations on a voluntary basis. My past was: educated at St Mary's, worked with the CSIRO at Frodsley, in the Aulich Family Sawmill at Irishtown Road, farming, Tree Volume Assessor with Northern Woodchips, 14 years as a shearer, wood chipping contractor, from which the proceeds built the Cray Drop Inn Holiday village, 24 years hands on Tourism operator.

"No way will Tourism alone fix the demise of any town in Tasmania let alone St Marys, and certainly not by establishing a National Park".

This area has before survived on INDUSTRY; dairy farming, general farming, coal mining, timber industry, being probably the four main things that kept the place alive, and from these, there was the need for a cheese factory, a hospital that once had 32 beds, 2 hotels & a licensed golf club, 3 halls one containing a picture theatre, a railway station that in the 1950s had 9 trains a day in and out, one being a passenger train to Launceston. The freight trains brought freight to St Marys some of which was then road freighted to St Helens. Farm stock and timber etc., was railed out of St Marys and all the goods were railed in for the shops, farms, businesses etc.

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Letters to the Editor

Vol. 44 No 14, November 3, 2011

The Town of St Mary's had 3 butcher shops, 2 banks, 2 major grocery stores, and the Dawson's Shop, now Cranks & Tinkerers dealt in skins & wool. There were at least 2 slaughter sheds, bakery & shop, post office, 4 garages/service stations and of course the paper shop and a fish factory, where you could buy almost anything.

All of these establishments employed workers, amounting to a very large number of the population. Money was plentiful, as all had jobs, the social aspect was very vibrant, not to mention the sporting activities, that we had to take our pick of.

But with all the red tape, council restrictions, re planning etc., nothing new gets going now, so people think, well we will have this area locked up, it will only add to more restrictions.

I ask the question of the GET chairman and who ever, "For what good cause?" Just sit down and have a good think of the consequences. Hopefully someone will see sense and it won't get off the ground.

Rita has mentioned that the Forestry Industry in Tasmania is doing it tough, "True", thanks to the green movement, organized by a bloke named Brown who turned Green, they have set about causing the demise of this once vibrant industry, and this is contributing to the demise of places like St Marys. Likewise is the coal industry that will be next to go. It doesn't seem to enter their heads that people need jobs to survive, and this is why tourism will not stand on its own two feet, people need jobs to be able to afford to go on holidays.

I don't know where GET finds the number of Tourists who supposedly pass through St Marys, but I think they are a bit rubbery. Most of the people who travel the Esk main road are people commuting from the larger towns to their shacks on the coast to get their relaxation fix that they miss out on during the week, "not really tourists", and not really interested in paying to go walking in an area that doesn't even rate a mention compared with Freycinet & Cradle Mountain National park.

I notice with interest that Rita mentions that the national Park is based on EXISTING reserves. When reading the proposed plan it seems to encompass those areas, but taking in an immense area besides. "Existing Reserves" and their adjoining crown reserves, which we can walk about in now for free, and if necessary, and the needs occur, to have access to those reserves for materials, they can be and have been over the times made use of with permission and permits. BUT if they are put into National Park status they are locked up forever, and then some bright spark will have a dream and think that they should be World Heritage.

Like the Street Scaping & Parking issues this is only going to divide the community even more.

Barry Aulich.
Beaumaris

WANT TO GET FIT FOR SUMMER? WELL COME TO THE PIGEON LOFT ON MONDAYS AND THURSDAYS 5.45PM, AND SEE WHAT FRAN CAN DO FOR YOU.

Letters to the Editor

Vol. 44 No 14 November 3, 2011

Letter to the Editor

I thank all of the people of Break O'Day who gave me their support and who were as disappointed as I that I was not given the opportunity to be your Mayor, after twelve years in Council.

I can assure you all that I will still be involved in the community and as your Councillor I will continue to be available at any time if you have a problem that I could help you with. Some people may have thought that my disability was a reason not to vote for me but let me tell them that it never has, and never will, stop me from being part of and working for, our Community as I have for the past thirty years.

Yours sincerely,
Margaret Osborne.

The Youth of Today

On Tuesday last week I had the privilege of taking part in the mock job interviews at St Marys High School.

I partnered another and we interviewed six sixteen year old girls. As each one came in and presented herself, her abilities, skills and future goals we became increasingly impressed by the extremely high standard of achievement as well as their unique individual personalities.

Every girl showed a maturity way beyond her sixteen years and each seemed confidently self-assured and able to answer questions with ease. As well as being knowledgeable in their chosen field, all were thoughtful, maintained steady eye contact and clearly articulated each response.

And we asked ourselves, 'What were we like at 16? Certainly not like these girls'. We decided we probably would have answered with a shy, 'eyes down' yes or no, combined with a giggle or shrugging of shoulders.

Congratulations to the parents who have obviously given these young women much support and encouragement. Congratulations to the school for adding to their experiences and promoting their abilities.

And congratulations to these six very impressive girls who, I believe, will do exceptionally well in their life's ambitions.

And who says the youth of today are bad?

Julia Weston, St Marys.

Letter to the Editor

In regard to the wattle trees that have been cut down in the Lions Park in St Marys, I would like to know as well as the public should know who authorized the vandalism of these trees.

There was no need to cut the whole tree down, some trimming would have been ample to maintain a safe and healthy tree. As not one Councillor prior to the election knew anything about it, under who's authority did this happen. Trees have always been a Councillor matter not the responsibility of Management, unless a critical situation arose.

There would have had to be a full and comprehensive report done by an expert, and a Council item for consideration prior to cutting down.

What about the transparency and community consultation that the strategic plan outlines.

Robert Legge

Dear editor,

Further to comments made by Hannah Rubenach, V.V. October 20, 2011.

"And strongly implying that Clr Johns and I have betrayed our commitments of honesty, transparency and community consultation when elected to council."

I would now like to quote from my article of V.V. October 6, 2011.

"What happened to all the "blurb" at the time of the last elections about honesty, transparency and community consultation. Both Reon Johns and Hannah Rubenach had a lot to say about that."

I will now quote from the Australian Oxford dictionary. Blurb (noun) (Colloquial) Publishers (usually printed on the dust jacket) description of a book. (usually eulogistic) Eulogistic (adverb) full of praise.

Eulogize (transitive verb) extol, praise highly

Book (noun) form in which a literary work is made available for reading.

All of the candidates of the 2009 and 2011 council elections confidently extolled their credentials and gave praise to their visions for the B.O.D. Region.

Now again I refer to Ms Rubenach's article, in which she has expressed her concerns in relation to certain leisure activities being stopped in the proposed B.O.D. National Park. She states that she aired these concerns at a council workshop (Oct 13th) but in the same paragraph (2) she states the following: "The submission for the Break O'Day National park is nothing to do with the Break O'Day Council."

I can only assume that she means that the drafting and presentation of the submission has nothing to do with council. To think otherwise would mean that by paragraph (3) when she talks about public consultation on the submission, I would have reached the conclusion that the public means everyone else but the council.

An article appeared in the Valley Voice Dec 3, 2009 titled "G.E.T. Into the Valleys of Adventure". The article was written by Rita Summers. I would like to quote from that.

"The reasons that people visit will become the focus, such as active outdoors, arts and crafts, food and indulgence, heritage and culture, eco tourism and essential services. It was felt that it is important to promote the area as a place where there is something for everyone, regardless of age or financial status."

Oh, how things have changed.

Rita Summers is now stating that we need our forest reserves to become a national park.

No field sketching, no birdwatching, no bush tucker –no access for indigenous people, no fossicking, no trailbikes, no 4wds, no camping, no horseriding, no orienteering, no fire-wood gathering.

G.E.T. has not taken into account the aboriginal heritage values of the area.

They have not much regard for workers already engaged in the proposed park areas. I consider anyone who would deliberately conspire to put someone out of work a bit of a dingo, so I hope this is not the case.

There are no fuel reduction programs carried out in any national park in Australia.

How many houses (or lives) will be lost in the next wildfire event, if this park goes ahead.

Jeanette Peryman.

Letters to the Editor
Vol. 44 No 14, November 3, 2011

Dear Editor,

Eighteen months into the Green-Labor minority government debacle, it is clear that not only have both parties sold out their principles for power, they have also overwhelmingly failed to deliver on the promises they made to the Tasmanians who voted for them.

The Greens and Labor have lost all credibility having trashed at least 117 promises between them since taking office 18 months ago. Not only have they demonstrated they can't be trusted, the list also exposes the warped priorities of both parties, placing budget cuts above frontline services and jobs.

The broken promises started on day one with former Premier David Bartlett failing to resign as promised if he got less votes than the Liberals, then doing a deal with the Greens and making Nick McKim a Minister.

Since taking over as Premier earlier this year, Ms Giddings has been even worse, walking away from Labor commitments at break-neck speed and breaking promises including:

- The commitment of an extra \$6.65 million over four years for a major dredging program for the Tamar River;
- The cancellation of the 2011 police recruitment course and closing the Avoca police station;
- Creating 15,000 new jobs. Instead 2100 jobs have been axed;
- Honouring \$32 million in extra funding to tackle elective surgery waiting lists. Instead \$100 million has been cut from the health budget.

And in an attempt to keep their disastrous union intact, Labor and the Greens have also sold out the forest industry, relegating thousands of workers to the dole queue.

The simple fact is, you can't trust Labor and the Greens, and Tasmanians are now paying the consequences.

Rene Hidding MP

Editor, Valley Voice

Congratulations to Leigh Spilsbury and your other contributors, for voicing their opinions, I believe they should be commended, whether you support or oppose their views, they at least have the fortitude and belief to voice them openly and not just stand by and let things happen that they believe are wrong, it is too late to complain after the event.

I find it amazing that respected members in this town can, at public meetings, support the proposed parallel parking proposal, but conceded in private conversations that they believe its implementation will KILL THIS TOWN.

We are told we should accept change, but not when the change makes conditions/lives worse.

Yours sincerely,

David Watkins.



Hoorah

**St Patricks Head & Esk
Valley Historical Society Inc
are pleased to announce that, thanks
to Henry Biggelaar, our walk & field
days will continue as from Sunday the
20th November 2011
The November walk will be to the old
Jubilee Coal Mine, meeting at the
Purple Possum in Storey St, St Marys
at 10:30 am**

All Welcome

**Remedial Massage and Naturopathy
ring Sue Christiansen for an appointment.
0418 515 419**

Strawberry Jelly

**Strawberry Jelly
is back!
At St Marys Hall Markets**

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SATURDAY 3RD DECEMBER**

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The Say Cagerattler

With summer fast approaching (we think) it's about time both as property owners and/ or tenants and especially Council, to look at grass and undergrowth situations. As you get around there are lots of instances where vacant land and blocks are in need of attention before they become extremely hard to deal with. Of course we think of fire risk but also something that is very concerning. Snakes. If not already our reptilian friends will be getting about pretty soon and after a couple of experiences last summer the thought of long grass havens for tiger and copperheads especially where kids, adults of course and pets frequent, is certainly concerning. This is not to say we should go around whacking every snake we see on the noggin. That's not really needed. We just need to respect that they are part of the environment but we need to be able to see the buggers if they're around, until they can be removed for safety reasons. Perhaps we need to look at our circumstances and see if our properties or nature strips are potential homes for snakes.

Congratulations to the successful candidates at the recent Local Government Break O'Day elections from the Mayor down. I'm sure that they'll all do their best.

All I ask as a ratepayer is that plenty of consideration goes on in regard to over regulation. This is never more evident than at Local Government level as we all know and a common sense evaluation particularly in regard to building regulations would be great to aspire to, given Tasmania's dogs breakfast on this matter.

To the respondent to my recent comment on political party endorsed candidates. I still maintain that NO PARTY should need to enter into local government by ENDORSING candidates. Each councillor would have their own preferences in regard to mainstream politics. That's fine. That's democracy. But what scares me is where ENDORSED councillors might be under pressure to pursue certain issues. Otherwise why would Political Parties bother endorsing candidates in the first place?

Finally a special thanks to Robert Legge. I don't often mention names but after an amazing period of time (around half a century I believe) serving the community, some as Mayor or Deputy Mayor his commitment cannot be questioned whether you agreed with him on some things or not. His experience at Local Government level will be hard to replace and I truly hope that he'll enjoy a bit more time to do other things that many Council commitments used to eat into.

What do you think ?



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Arnhem Experience

As many people in St Marys would know our daughter Alex is a first year teacher at Ramininging School in Arnhem Land, Northern Territory. Ramininging is just over 500km east of Darwin.

Some months ago I booked flights to visit with Alex and her partner Stuart (also a teacher at Ramininging) for a week in late October, hopefully before the wet season started which isolates the small community of a thousand or so people. So, bright eyed and bushy tailed I set off from St Marys at 7.30am last Saturday week for the 90 minute drive to Launceston airport. Fortunately my flight to Melbourne was on time and an hour later I was at Tullamarine. A four hour wait ensued and then it was onto another flight for the four hour trip to Darwin.

I was met at Darwin airport by Alex and Stuart and we spent a very pleasant weekend wining and dining in Darwin City. Darwin is a very vibrant city with a high proportion of young people making up its population so there was real feeling of energy about the place. There was a fabulous choice of restaurants and pubs plus it was a great opportunity for Alex and Stuart to stock up on groceries and supplies that are not readily available in Ramininging.

Early on Monday morning as we commenced to pack up the car for the seven hour drive to Ramininging we were deluged by a torrential downpour that didn't look like letting up. Stuart was quite concerned because the bulk of the drive was over dirt roads that can turn to a quagmire very quickly. As we commenced our drive out of Darwin there was already a great deal of surface water on the road and the mood within the car was quite gloomy.

Fortunately, within the hour, the rain stopped and the sun came out to our great relief. It was an uneventful three hour drive to Jabiru, the gateway to Kakadu National Park. We refuelled and then it was on to our first challenge, crossing the East Alligator River which is subject to a great deal of tidal effect. Again luck was on our side as the crossing was quite low but the evidence of crocodiles, to me at least, was a little daunting.

Then we hit "the dirt" and what a bone rattling experience that was. The road is quite wide and in places deeply rutted so you just have to rattle over it, then you would have a stretch of relatively smooth road, then a creek crossing, then a pot-hole as big as a house and so on and so on.

While the terrain was reasonably mundane I found the whole experience fascinating. Some of the water crossings were in fact luxurious oases and it was always a pleasure to stop and marvel at the scenery around the water. To me at least the drive went in a flash and it was late afternoon when we pulled into the driveway of Alex and Stuart's modest but comfortable house.

The next morning I went to the school with Alex and Stuart. For the Primary School the day starts with physical education activities which Stuart coordinates. The children are so friendly and inquisitive and took a little while to figure out how I was connected to the community. Both Alex and Stuart have been "adopted" by members of the community and are in every sense very real members of their respective families. Accordingly I am also part of those families and there was just that little period of puzzlement when you were introduced to someone as they figured out the "family" connection. I won't pretend to understand how it all worked but I was someone's uncle, someone else's great grandfather, a husband etc. etc. What it did mean though was that I was fondly and kindly accepted by everyone I met.

Alex is the pre-school teacher and in the morning has a class of four year olds and then in the afternoon a class of three year olds with mothers (some with their babies) also in attendance. The children are very responsive and extremely affectionate. It was lovely to hear them chattering away in their native language which is quite lyrical.

It was very pleasing to see how effective both Alex and Stuart are as teachers and how well they have been embraced by the children at the school and by the community in general.

I had a wonderful week there spending a great deal of time at the school and wandering about the community. Stuart took me fishing on a number of occasions and I was able to satisfy a long held ambition of catching a barramundi while, at Alex's insistence, keeping an ever watchful eye out for crocodiles.

Sadly the week ended much too quickly and last Saturday morning we set off for Alex and Stuart to drive me to another community (Maningrita) about 90 minutes away where I was going to catch a light aircraft to Darwin. So it was back on the dirt road. Approximately 25km out of Ramininging there is a stretch of road that has been christened the "wash out" which was severely affected by the last wet season. The old road was completely washed away left by a gaping ravine 3-4 metres deep and maybe 500 metres long which is testimony to the volume and force of water that it was exposed to.

Then came the trickiest river crossing over the Blythe River. As we approached it we noticed a steel structure on the river bank which we soon discovered was a crocodile trap containing a seven foot crocodile which I was informed was just a baby; I certainly wouldn't want to meet its parents!. The trap would have been set by local park rangers no doubt in response to recent sightings.

Maningrita is quite a large settlement of maybe 3000 residents on the coast; there is some mining activity there though I didn't have a chance to discover what for. We only had time for a quick drive around the town before we had to make our way to the airport. Sadly it was time to farewell my gracious hosts and climb aboard a modern 30 seater turbo prop for the 50 minute flight to Darwin. It was a real experience to fly over Kakadu and gain some sense of the grandeur of it all.

I then spent a pleasant evening in Darwin and next morning managed to sleep through two sets of alarms. Fortunately Kerry rang my mobile and woke me with literally minutes to spare to get into a cab and make a mad scramble to the airport. What a stressful way to start a long day of travel – a four hour flight to Melbourne; a three hour wait, a 60 minute flight to Launceston and then a 90 minute drive to St Marys. Being glad to be home was an understatement.

In the space of 8 days I covered something like 12,000 kilometres. I saw my daughter for the first time in 10 months and was able to see where she worked, who she worked with and her living environment. I caught a barramundi, saw crocodiles, water buffalo, broilgas and magpie geese (which I am assured is very good eating). I met the most wonderful people and an army of the most beautiful, caring and affectionate children and I fell into the Arafura Sea. Most importantly I walked away with a genuine feeling of satisfaction and pride that my daughter was a great teacher with a great partner and living a great life – not much else a parent could ask for.

I can't also help but think that I left a small part of me up there that will leave a lingering desire to return.

Harry Veldums

Harry's Arnhem Experience





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Tender Closing - 16th November 2011

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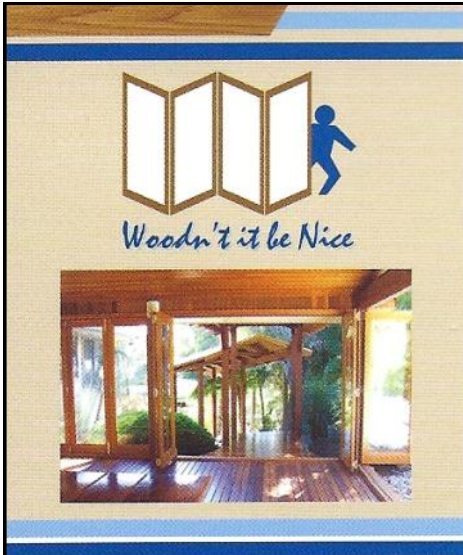


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OUT OF THE WOODWORK

Wendy Brennan, Secretary 6372 2094

Congratulations to our new Deputy Mayor.... our own home town girl Hannah Rubenach. The Guild members wish you every success with all your future accomplishments.

Thank you to Cate Deak who donated to the Guild, woodworking utensils. They will be put to good use. The Guild would like to acknowledge the help that was given by Gary King, Grant Faulkner, Bill Targett, and Col Mackenzie who all gave freely of their time to help Reon unload an extraordinary heavy piece of machinery into our shed.

Finally, to George Wyrostek (no. 3) who helped turn our turf into something that resembles a lawn! and Sister Lorraine who kindly donated some plants for our garden.

Guild's Home Hint:

Anywhere you find mould. Oil of cloves solution: Quarter teaspoon of oil of cloves per one litre of water in spray bottle. Lightly mist over mould and leave to dry. The mould will die and drop off in a couple of days.

The Guild meets on the last Saturday of every month at 2pm in the old railway goods shed situated behind the Railway Station complex. New members are always welcome. We are open Monday, Wednesday and Friday. Other times by appointment.

A supportive environment where traditional woodcraft skills are taught.



Guess who is our member in picture?????

Baking a Chrissie cake or making a pudding?

See us now!

With Christmas only five weeks away, you don't want to run out of time to bake that perfect cake or pudding. So pop into Purple Possum with your list of ingredients and we'll put it together on the spot or have it ready for you to pick up later. Alternatively you can phone your order through and collect it when you're next in town. We'll even home deliver! With the Purple Possum's reputation for quality you know you'll get the best ingredients – and in exactly the quantity you need so there's no wastage. And your family will love you for those delicious, rich cakes and puddings!

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At the **e.ScApe Cafe**

Entry to Exhibition is free



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Sat 3rd December
Sat 17th December
Sat 7th January 2012
Sat 21st January

ST. MARYS MARKETS

Rain, Hail or Shine

1st Saturday of every month next market **5th Nov**
Community Hall, St Marys - 9 am start
Fresh Produce, Art, Craft, Trash and Treasure
Mini Raffle drawn every market day
Wood raffle won by K. Balzar
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"PASSAGES" This exciting touring exhibition of textile works will be on display at **"Gone Rustic Studio and Gallery"** in December, dates to be announced. Stitching and Beyond is a group of over 300 members who have a passion for fabrics, fibre and threads, colour and texture. **Exhibition opens 12 noon Saturday 10th December.** Christmas theme with finger food, tea and coffee— BO'DRA members \$5 non members \$6

ROCK N ROLL DANCE
Sat 28th January 2012
St. Marys Community Hall

ST. PATRICKS HEAD FESTIVAL
Sat 17th March 2012
St. Marys Township



Thank you from Splash 2002-2001

Well our 8 day ride is done for 2011, Thanx to those in the local communities that donated to Variety's Special children around Tasmania. For those who have not returned their sponsorship forms YOU STILL CAN!, if you don't wish to support us then please tick the box "i don't wish to donate" and return in the stamped envelope that you were provided. We've gathered a lot of statewide support as the Pirates and Kraken and have already collected monies in for 2012 Tasbash.

Day oneHobart to Derwent Bridge (lunch) approx 104 miles...cold, raining, fog
Derwent Bridge to Strahan (overnight stop) approx 76 miles...cold ,sleet, snow and hail
Theme night Girls to boys -Boys to girls

Day Two.... Strahan to Penguin...(lunch) Penguin Market, approx 136 miles... rain
Penguin to Wynyard (overnight stop) approx 70 miles

Day three..... Kraken, lost rear wheel bearing...limping to Launceston for parts. Pirates continue on track
Wynyard to Beauty Point (lunch)...Pirates accept large Donation From Publican...Thanx

Visiting Burnie Special School, Devonport Special Schools along the way...miles approx...76

Beauty point to Grindelwald. (overnight)..With a quick lap at Symmons Plains...40km they said- was the rule...lucky cars are in miles! Approx 43 miles

Day four...Grindelwald to Evandale (lunch) Visiting Giant Steps at Deloraine, along the way, and a noisy drive by the Evandale school Approx 75 miles. Evandale to Georgetown (overnight Stop)...approx 75 miles.

Day five...Georgetown to Scottsdale, (lunch) via Lilydale School

Scottsdale to St Helens (overnight) Trick route ...left us up the Bush (Goshen) for us to find our own way back to St Helens approx 100 miles Thanx To Linda Little for Fanfairytastic cakes

Day Six... (lay day...half day)...St Helens to Ledgerwood via St Helens School athletics carnival, Cherie accepted donation from School thanx everyone... then on to Ringarooma school, and the weather was great! Approx 40 miles for the day then the fun stop Bra Bar at St Helens...the best fudge in the state (Mount Elephant of course) and fresh shucked oysters, and loads of laughs! St Helens (overnight)

Day Seven... St Helens to Avoca (lunch) Morning tea at Griffin Park...with Lindas cakes and fun stop.

Lunch stop at the school where the kids paraded their own tasbash cars...great 94 miles

Avoca to Coles Bay overnight...early check in to appreciate the scenery, approx 59 miles

Bash trophy night where individual trophies are given...receiving my 15 year tasbash plaque.

Final Day Day Eight.....Coles Bay to Richmond..Finish.... approx 132 miles

And its all over till next year..... If you would like to join us or perhaps put your own car in, I am always available to help...If you wish to donate its always appreciated and personal donations 100% tax deductibleFind us also on Facebook...Splash Tasbash 2002-2001

Please continue to help our Special Children of Tasmania...These Children have so many needs, and no expectations or wants...Tasbash a true reminder of Life, and unconditional love.

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PHOTO: JON HART, BOM.

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You do not need to have any previous cooking experience as a trained kitchen facilitator will be there to help.

WHERE: St Marys Community Hall

WHEN: Monday Evenings 6 pm— 8.30 pm

DATES: 7th November to 12th December

COST: \$2 per week

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Armistice Remembrance Day 2011

The 11th Hour of the 11th Day of the 11th Month of 1918, saw the end of hostilities in The Great War (First World War as it was unfortunately to become known)

Remembrance Day has largely been superseded by ANZAC Day in Australia, but is still the day the majority of the world remembers its fallen.

When the Tomb of the Unknown Soldier in London, England was unveiled, one hundred Victoria Cross recipients (the highest bravery award the Commonwealth awards) were present.

Also present were one hundred widows, who had also lost their sons in the Great War. The last sentence does not sound much until you realise, that it means one hundred families effectively ceased to exist, for there were no more males alive to continue their line.

I wonder how many Australian families received the same fate by serving their country.

So as you pause for 1 minute at 11am on Friday the 11/11/2011, whether it be at work, home, at the cenotaph or elsewhere, remember the men and women who gave their futures so we can have ours.

Heroes are not braver than ordinary people, they are just braver 5 minutes longer.

David Watkins.

Chef extraordinaire Jeff Peacock is producing another scrumptious Beef & Burgundy feast – with a Christmas theme – so get dressed up if you like – When Saturday 12th November 6.30 for 7pm start and only \$40 per person – so invite your partner, workmates, friends and make up a table. Where – Fingal Valley Neighbourhood House. Phone 6374 2344 or 0488 562 538 to book or enquire – see you there.

Tourism in St Marys

Of the hundreds of thousands of tourists who visit Tasmania each year, it is estimated (TT figures) that 70,000 pass through St Marys on their way to the coast. Of this number over 40% are looking for an eco-tourism experience.

I disagree that we cannot compete with Freycinet for a share of these numbers. We have three magnificent and very beautiful entrances to St Marys whereas the entrance to Coles Bay is somewhat flat and uninteresting. They have the Hazards and Wine Glass Bay but we have vast areas of tree covered hills with spectacular views that equal, if not surpass, those in Freycinet. Paddy's Head and South Sister are just two – but to have walks along the ridge of Mt Nicholas and through Mt Elephant would not only be breathtaking for the views but also for the rich biodiversity contained in the these areas.

Also we have an area big enough to accommodate large numbers of visitors without compromising the tranquillity and the feeling of getting away from it all that it has to offer. I heard that in recent years the numbers tramping up to see Wine Glass Bay necessitated making another walk – hardly a wilderness experience!

Having talked with many overseas visitors who stay at Seaview Farm, I know for certain that what we have here is unique. For people visiting from Singapore or Hong Kong to sit in front of a log fire, feed a pet lamb or get up close and personal with a cow, not to mention watching the dog round up sheep are, for them, exotic experiences. Add to this the space, the lack of crowds, the clear night skies, the wildlife and the bushwalks and they are having a holiday of a lifetime. The potential market in South East Asia alone is enormous – and growing.

But if we don't appreciate or recognize just what we have got we are in danger of losing it. If we allow these forests to remain unprotected and open to short term greed and exploitation by companies who don't give a toss for our local environment and who would take all profits out of the area, then perhaps we deserve to live in a fragile place subject to the whims of outside agencies and one doomed to remain in the economic doldrums.

I echo all that Rita Summers says and also find the proposal exciting with many possibilities for truly sustainable development of this area. While forestry and mining have provided some immediate jobs in the past these two industries have not exactly made St Marys into a boom town. Nor are they likely to do so in the future. Or have I missed something?

Do we want to keep young people in this town? Do we want to see the area prosper and grow? If so we need to look to our major resource which is the natural beauty of our surroundings both in the forests and the farmlands. If we appreciate this it is possible to find constructive ways of selling it while still maintaining the integrity of the whole.

I believe this to be achievable but it will require knowledge, imagination and hard work combined with a positive vision of the future.

Frank Giles.

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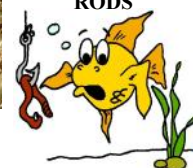
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Letter of thanks.

My name is Maureen Agars from 22 Noble Avenue, Goolwa, South Australia (where the river Murray goes out to sea).

My daughter Sharon has been a resident in Mathinna for almost 3 years, but in late July this year she was taken to Launceston hospital and then transferred to Royal Hobart Hospital with serious effects from a second brain tumor. I flew down with my son and daughter-in-law and I requested she be transferred to Royal Adelaide hospital under the same surgeon that removed the first tumor 7 years ago.

Amazingly this was organised and she was transferred by commercial airlines with a nurse to accompany her on the 12th. Aug and was operated on the 15th. As a result Sharon is paralysed down her left side and currently in a re-habilitation hospital until she is strong enough to come and live with me.

What I would like to do is thank the local community who have been so supportive to my daughter during her time in Mathinna when her partner suicided 18 months ago and especially more recently as her health deteriorated.

People in St. Marys took her into their home when she was struggling at home. They also accepted her greyhound, cat and cockatiels. Friends and neighbours have since maintained her property and when my youngest daughter and I flew down 10 days ago to organise a garage sale to clear her household goods we found so much already done for us and the resulting sale quit more than 80% of her possessions and what was left a neighbour and friends are going to continue to sell for her.

Sharon's dog who is still in care in St. Marys will be flown to Adelaide next Wednesday and come to me and when possible I will take her to see Sharon at the hospital as I am sure this will help her through the roughest phase in her life. She has her last radiation treatment today after a 6 weeks course, so we hope for a good result.

Sharon's property is on the market and we hope for a sale as soon as possible but I know Sharon is missing her many friends and hopes one day to go back for a visit.

Thank you one and all.

Maureen.

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COMBINED PROBUS CLUB OF SCAMANDER INC.

Our guest speaker for October was Heather Butler. Heather and other community members are planning to establish a branch of the Bendigo Bank in St. Helens. Heather outlined their progress to this stage and provided information on the benefits our community may enjoy once the bank is established. She emphasized it will employ local people and will be a bank "for the community".

The weather was sunny and warm and after the meeting a BYO lunch had been planned. Our hosts for this month were Barry and Marj Aulich. We sat outside in the sun sheltered from the wind by Marj and Barry lovely garden and enjoyed a "chinwag" and much laughter.

This month will be a busy one for our club. After our meeting [23rd November] our BYO lunch hosts will be Betty and Alan at Douglas River. On November the 28th we will be tripping to George Town and Low Head.

For \$60 why not join us on our trip to Low Head and George Town. Lunch and morning tea provided. For information about departure times from St Helens, Scamander and in the Valley please contact Barry Aulich on 6372 5752.

Not all members of our club live in Scamander. Members travel from St. Marys, Pyengana and St. Helens, so if you would like to join our club, phone Greg on 0438 431 017 for membership details.



building

blocks

NOVEMBER

All Building Blocks sessions are free of charge and for children, parents, grandparents and carers of 0-5 years old year olds. Come along and see!

All sessions are held from 10.30-12.30

Play & Learn Sessions

3rd - Cornwall- Community Park

9th Fingal - Fingal Park

15th- St Marys- Community Hall

23rd Fingal - Fingal Park

29th St Marys - Community Hall

30th Bicheno - Community hall (rear entrance)

Building Blocks will be at **Cornwall** and **Bicheno** this month come along and support these Play & Learn session for 2011

For more information or to share ideas/suggestions

Please call Cathy at Healthy House on

63765242 or 0400 002 116

Email:

cathy.parker@healthyhouse.org.au



INFORMATION AFTERNOON

For the parents of children aged 7 ½ - 10 ½ (or close to)

When: Sunday 13th November

Time: 2pm

Where: Cub Shed, 220 Argonaut Road, St Helens (Last property on the right before the State Forest)

Why: Come and meet our new leaders, find out all the benefits that being in Cubs brings to your family, meet some Cubs and Scouts, find out about the financial side, participate in a healthy activity and be part of a long standing tradition of Cubs and Scouts in the St Helens area.

EAST COAST GLASS

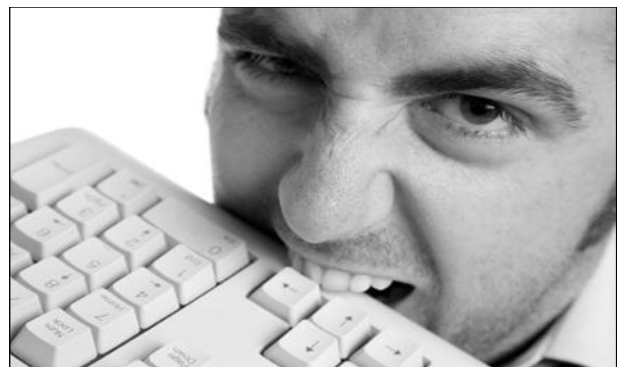
Falmouth Ph: 6372 5361

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Tim Morris MP

Tasmanian Greens Member for Lyons



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www.tas.greens.org.au

Authorised by Tim Morris MP, Parliament House, Hobart 7000.

Dick Adams MP

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance

53B Main Road

58A High Street

PO Box 50

PO Box 271

Perth, Tas 7300

New Norfolk Tas 7140

Ph 6398 1115

Ph 6261 3366

Toll free 1300 132 689

Email D.Adams.MP@aph.gov.au



**WORKING WITH YOU FOR A
STRONG COMMUNITY**

Written and Authorised by Dick Adams, 53B Main Road Perth

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Lindsay & Diane

(D. Bailey & son) A.F.D.A

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*Break O'Day Council
Australia Day Awards 2012*

*Citizen of the Year &
Young Citizen of the Year*

Award Description:

Citizen of the Year:

To be eligible, the person must be 27 years or older on or before the 26th January 2012.

Individuals Eligible for Award:

Persons who have made a noteworthy contribution during the current year and/or given outstanding service to the local community over a number of years shall be eligible

Young Citizen of the Year:

To be eligible, the person must be under 27 years of age on or before the 26th January 2012.

Individuals Eligible for Award:

This award is for a young citizen who has made a noteworthy contribution during the current year and/or given outstanding service to the local community over a number of years.

Nominations for Awards close 5.00pm Friday 16 December, 2011.

Nomination forms available from the Break O'Day Council Office, or email

Chris.hughes@bodc.tas.gov.au

Jenny.singline@bodc.tas.gov.au

Council will not accept any late nominations.

Postal Details:

Australia Day Awards
Break O'Day Council
PO Box 21
ST HELENS TAS 7216

Awards will be presented at the Australia Day Award Ceremony on January 26th 2012

**IMPORTANT NOTICE REGARDING DONATIONS TO THE ST MARYS OP SHOP
from Janet Drummond**

Please do NOT leave donations outside the St Marys Op Shop.

If the shop is closed please take donations to the St Marys News Agency, from where Op Shop volunteers will collect.

It has been noted in recent weeks, that bags of donated goods are being left outside the Op Shop.

It has also been noted that some donations disappear before the volunteers arrive to take them inside the Op Shop.

PLEASE do not leave donations outside the Op Shop door, as we cannot guarantee that they will make it to the inside of the shop.

Don't forget the Op Shop is open on Saturday mornings on Market Day each month if that makes it easy to bring donations to the Shop.

Funds raised go directly towards assisting the St Marys District School

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PING'S PLACE
 MAIN STREET
 ST MARYS
 ASIAN FOOD, VARIOUS NOODLES,
 OODLES OF SAUCES,
 CHINESE GREEN TEA, AND A WEALTH OF OTHERS;
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 OR PHONE 6372 5497 TO PRE-BOOK.**

**LOOKING FORWARD TO PROVIDING
 A SERVICE TO THE COMMUNITY.**

The Valley & East Coast Voice Guidelines.

- Opinions in any letters published are not necessarily the views held by the editor and voluntary workers.
- Our pages will remain open to fair and honest criticism, so that on all questions, both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted. Stick to the issue rather than making personal attacks.
- Please do not attack the editor, the paper or the authors of previous letters.
- Letter writers will be given the chance to respond over a suitable period of time, but anonymous and/or nom-de-plume letters received as from 11-02-10 will not be published. Subjects may be closed at the editor's discretion.
- Please make sure of your facts. Do not write letters just to let off steam. Letters most commonly published are those that have bearing to current community issues.
- Keep letters short, simple and to the point. Letters are restricted to 300 words or less.
- The Editor reserves the right to edit your letter for grammar, spelling or reduction in size where necessary.
- All letters arriving by post must be signed, including a printed name and also contain your contact details, such as full name, address and phone number.
- All letters sent by email must contain your contact details, such as full name, address and phone number.
- All letters left at drop-off points must have a signature, plus a printed name and also contain your contact details, such as full name, address and phone number.
- Do not be discouraged if your letters don't get published. Whilst each submission is reviewed on its own merits, we generally receive more letters than we have space available.
- The Valley & East Coast Voice reserves the right at all times, without notice, to update, change or amend our guidelines. Whilst we value & welcome community letters, The Valley & East Coast Voice does not provide specific feedback regarding any decision made not to publish a submission.

St Marys Police Phone Number	6372 1010	
Non Urgent Number	131 444	
Urgent and Life threatening	000	
SES (Flood & storm only)	132 500	
Fire	000	



St Marys Op Shop

Summer Trading Hours
 10am - 4pm, Mon - Fri.

NOW OPENING MARKET DAYS

First Saturday each month
 from 10am -2pm.

Donations of summer clothing,
 gratefully received.

gone rustic studio & gallery

NEW – now also agents
for garden sheds

37 main st
st marys tas 7215

15 nov (wednesday) – mobile quilting shop with judy duckett; free tea and coffee; lots of fabric, bargains & sewing supplies (11-3)

26 nov (saturday) – journals anonymous; learn a simple book-binding technique with beth verschoyle (11-2); call rita for more info

10 dec (saturday) – launch of 'passages' exhibition from stitching & beyond (12 noon); Christmas theme with finger food, tea & coffee (\$6 each; \$5 for members); rsvp required please

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Visiting :

St Marys Community Health Centre

Alternate Tuesdays: 9 am – 10 am

Ph: 6337 5555 For appointments.

ROAD RULES



Child Restraints

Changes have been made to the road rules about child restraints and there will be further changes.

From 30 November 2010, children:

- aged four years to less than the age of seven must be restrained in either an approved forward facing child restraint with an inbuilt harness or an approved booster seat restrained by a correctly adjusted and fastened seatbelt.

Children aged less than four years of age are already required to wear an approved child restraint that is properly fastened and adjusted when travelling in a car for improved safety. The type of restraint will depend on the age of the child as follows:

- **under the age of six months:** to be restrained in an approved rearward facing child restraint (e.g. infant capsule)
- **from six months to less than the age of four:** to be restrained in either an approved rearward facing child restraint or an approved forward facing child restraint with inbuilt harness (e.g. child safety seat)

There are also new laws about where children can sit in vehicles.

- If a car has two or more rows of seats, then children under four years must not travel in the front seat.
- If all seats, other than the front seats, are being used by children under seven years, children aged between four and six years (inclusive) may travel in the front seat, provided they use an approved child restraint or booster seat.

Penalty

The penalty for failing to ensure a child aged under 16 years wears a child restraint or seat belt is 3 demerit points and a \$350 fine.

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St Helens

Ph: 6376 1755

Big Shed has a new **guitar teacher** with 3 years teaching experience. Book now for your weekly lesson. All abilities welcome.

Weds 4.30-6 New time with John McCall
Garden sculptures - John will assist you with your individual project. High school students welcome. No Experience needed. \$20 Concessions Available.

1st **Wed** of every month 5-6.30
Life Drawing (Model and materials provided. No tuition) \$12 No bookings required

Local artist Zeb Walker is currently on site creating his amazing yurts

Big Shed has a recording studio, PA hire and experienced engineers.

Big Shed has art space for hire, as well as a network of artists available for commissioned artworks,

24837 Tasman Highway, St Helens.

Phone **0428725228**

Bigshedstudios@yahoo.com

BIG SHED STUDIOS



			3rd <ul style="list-style-type: none"> • Launching into Learning— St.Marys Kinder - 10.30am • Stepping Stones—St.Marys Kinder 1.00pm • ENE Athletics • Australian Business Week 	4th <ul style="list-style-type: none"> • Launching Into Learning— Fingal Campus • Australian Business Week
7th LONG WEEKEND	8th <ul style="list-style-type: none"> • Centrelink Visit - Yr 10 students • Swimming & Water Safety Program 	9th <ul style="list-style-type: none"> • Swimming & Water Safety Program 	10th <ul style="list-style-type: none"> ◆ Launching into Learning— St.Marys Kinder - 10.30am ◆ Stepping Stones- Parent Free Session -St.Marys Kinder 1.00pm ◆ Swimming & Water Safety Program 	11th <ul style="list-style-type: none"> • Launching into Learning— Fingal Campus • Swimming & Water Safety Program

Above calendar is correct at time of printing For regular updates and other information please go to the school website:- www.schools.education.tas.gov.au/stmarys

Community Access to School Pool

To sum up

The builders have finished, the heat pump has been fixed - staff and students have been using the pool for a few weeks so when will the community have access?

The community traditionally have access to the school pool at the beginning of November until late April if they satisfy the requirements of being a key holder.....and fingers crossed, we should have access for our community mid to late November at the latest.

On September 1 we had a Swimming Pool Safety Assessment by the Tasmanian manager of the Royal Life Saving Society Australia (RLSSA). The assessment is based on the assessor's knowledge of the relevant statutory requirements, Australian Standards and the RLSSA Guidelines for Water Safety: Commercial Learn to Swim and School Pools.

A Safety Improvement Plan was then completed based on the results of this assessment. were non compliant in 2 main areas - Administration and Safety Signage. , in order for us to be able to open to the community we have to ensure that we have an action plan in place to address these two areas and that we taken steps to address the High Risk areas as identified by the RLSSA. This doesn't mean we have to tick off every High, Medium and Low risk identified it just means we have to have a plan in place, with timelines, to address areas of non compliance and to ensure we have ticked off the essentials.

The good news is that a good portion of the Signage has arrived and is now up. We are in the process of developing an Operations Manual and an Emergency Action Plan as well as conducting a chemical audit and risk assessment pool chemicals. We are also finalising documentation and costs for the 2011/2012 pool season.

We know how important the pool is to our community and what a vital function it serves. Rest assured that we are doing everything we can to prepare for the swimming season so we can all enjoy this fabulous facility.

Louise Rose
A/Principal

ST JOHN AMBULANCE CPR COURSES

St John Ambulance CPR courses with Roxy Cowie will be held:

MONDAY 21ST NOVEMBER

At St Marys District School

People who have not attended previous CPR courses are required to enrol in the 2.5 hour session, while regular participants only need to attend one of the other sessions.

Bookings and Payment must be made directly with St John Ambulance.

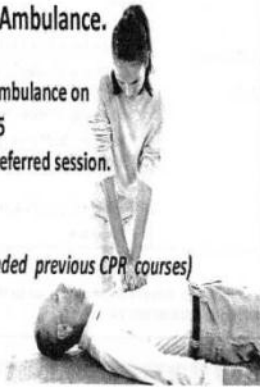
Please contact St John Ambulance on 1300 360 455 to book and pay for your preferred session.

Session Times:

• 11.00 - 1.30pm (for people who have not attended previous CPR courses)

• 2.30 - 4.00pm

• 5.00 - 7.00pm



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We are looking for adult learners in 2012 to join our nationally recognised VET classes.

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- Certificate 2 Hairdressing
- Certificate 2 Building and Construction
- Certificate 1 & 2 Automotive
- Certificate 2 Engineering
- Certificate 2 Commercial Cookery
- Certificate 2 Agricultural Science

You can also build your literacy and numeracy skills by studying at our Post Year 10 campus. For more information please contact us through the school on 63 723 900.

Re-train, build your skills, gain employment.

Louise Rose
Principal

Expressions of interest

St Marys District School Association is calling for expressions of interest from

Qualified swimming instructors

Who may be interested in providing a Learn to Swim Program for infants and 4-12yr old children from the 3rd - 17th January 2012 (10 week day sessions), at the school pool.

Please forward your resume, including contact details to St Marys District School, Gray Rd St Marys 7215, by Tuesday 15th November, marked: **Learn to Swim Program**.

Please note that the decision to proceed with the program will be dependent on sufficient interest from families.

Further information: Tanya Greenwood : 6372 2187 or tlgreenwood@hotmail.com

Jacqui Lockwood : 6372 5449



THE ST.MARYS DISTRICT SCHOOL WILL BE TAKING DONATIONS OF NON PERISHABLE ITEMS. PLEASE BRING TO THE OFFICE BEFORE WEDNESDAY 14TH DECEMBER BEFORE 10.15AM WHERE THEY WILL BE PRESENTED TO THE ABC GIVING TREE.

ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

• Dr Latt 1/11/11- 17/11/11
Dr Libby Reekman 16/11/11-18/11/11

• Public Holiday 7 November-
Recreation Day

St Marys Community Health Centre

GP Surgery Hours:

Monday—Friday 8:50am-12:30pm

12:30pm-1:30pm LUNCH

1:30pm-4:30pm

PATHOLOGY SERVICE

No Pathology Service between

12:00-1:30pm or before 8:30am daily.

you require Pathology **before 8:30am** an appointment **must** be made with the Nurses Station **y/night before**.

INR TESTS

doctor's appointment is required if you are having an INR test. Please **let reception staff know making your appointment that you are having an INR test**. This is a 5 minute doctor test.

AFTER HOURS SERVICE CONTACT NUMBERS

PLEASE PHONE GP ASSIST ON 1300 780 011

AMBULANCE 1800 008 008 or

EMERGENCY 000

SCRIPTS AND DOCTORS APPOINTMENTS

ensure doctors appointments are booked **prior** to medication/s running out or **in advance** if you are taking this practice regularly.

cannot be requested by patients over the phone unable to be done over the weekends, ensure you get enough medications in advance.

EASE BE PATIENT waiting periods can apply

WHAT'S ON AT THE CENTRE

GP Podiatrist— Annabelle. For appointment please See your GP or Health Professional for a referral.

Social Worker— Shan Williams appointments available by phoning 6372 2111

Relationships Australia— Leanne McMurtrie for appointments please phone 1300 364 277

C.R.S BY Appointment

TABIS (Tasmanian Acquired Brain Injury Service)— Hannah Rubenach phone 0437 076 100

Social Work— Shan Williams. Please phone 6372 2111 for appointments

L.G.H Physiotherapists Appointments referral by G.P.

Long Weekend- Recreation Day. There will be no Doctor's Surgery on this day. Normal Surgery hours will resume on Tuesday 2 Nov 2011. please call after hours Service contact Number above.

WHAT'S ON AT THE CENTRE continued ...

8 Nov **GP North Mental Health Worker**— Brady Young for appointments please see your GP for a referral.

Child Health Session with Sue Gofton every Tuesday Appointments only. Please phone 0428 136 381

Ellen Naef— counsellor for app phone 0409864182

9 Nov **Continance Nurse**— Sue Walker. For appointment please see your GP or Health Professional

Day Centre— For details on the group please contact Hayley Gilbert 6372 2111

GP North Mental Health Worker— Brady Young for appointments please see your GP for a referral

10 Nov **Social Worker**— Shan Williams. Please phone 6372 2111 for appointments.

GP North Mental Health Worker— Brady Young for appointments please see your GP for a referral referral.

GET THE MOST OUT OF LIFE .see flyer back page

11 Nov **TABIS (Tasmanian Acquired Brain Injury Service)**— Hannah Rubenach phone 0437 076 100

Social Work— Shan Williams. Please phone 6372 2111 for appointments

L.G.H Physiotherapists. Appointments referral by G.P

14 Nov **Hospital Auxiliary Meeting** 2:00pm in the Day Room

15 Nov **GP North Mental Health Worker**— Brady Young for appointments please see your GP for a referral

Child Health Session with Sue Gofton every Tuesday— Appointments only. Please phone 0428 136 381

Tom Bain, Rae & Partners Lawyers. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555

Lightfoot Podiatry— Perry Daly. Phone 6331 9568 for appointment

Meals on Wheels Meeting 2:00pm in the Day Room.

16 Nov **Day Centre**— For details on the group please contact Hayley Gilbert 6372 2111

17 Nov

Social Work— Shan Williams. Please phone 6372 2111 for appointments

C.R.S By appointment

Social Worker— Shan Williams. Please phone 63722111 For appointments

Get the most out of life, see back page

Continance nurse— Sue Walker. For appointment **Please see your GP or Health Professional for A referral**

Relationships Australia— Leanne McMurtrie for appointments please phone 1300 364 277



Tasmania
Explore the possibilities

Northern Area Health Service

7/10/11

Get the Most Out of Life in six weeks

Residents in St Marys are encouraged to Get the Most Out of Life.

Get the Most Out of Life is a six-week program – with the next program being held at St Marys Community Health Centre, St Marys on 10th November to 15th December 2011.

“Get the Most Out of Life is a fun and practical way for people with ongoing health conditions to learn how to overcome daily challenges and maintain an active life,” program leaders Shan Williams and Hayley Gilbert said.

“Self management skills can be useful for everyone. So this program is for anyone living with an ongoing chronic condition, as well as people who are caring for someone who is.”

Run in small groups of 10 to 15 people, and for a gold coin donation, topics covered in the program include:

- managing your symptoms
- the benefits of healthy eating and physical activity
- communicating effectively with doctors and healthcare teams
- managing difficult emotions
- making daily tasks easier.

Get the Most Out of Life is coordinated by the Department of Health and Human Services in partnership with the MS Society of Tasmania and Kidney Health Australia. It is based on the international Stanford Chronic Disease Self Management Program, which has been proven to improve both the physical and mental (social) impacts among participants with chronic illness.

For more information go to www.dhhs.tas.gov.au/pophealth/chronic_condition or to sign up, phone Shan or Hayley on 6372 2111

MEALS ON WHEELS ROSTER

November		St Marys	Fingal
Monday	7th	Lorraine Gill	Neighbourhood House
Tuesday	8th	Pam Bretz	
Wednesday	9th	Barbara McAllister	
Thursday	10th	Kaye Nailer	
Friday	11th	Pam Gillies	
MOW Contact		Phone:	0488 384 344
Monday	14th	Debbie Barnes	Neighbourhood House
Tuesday	15th	Ruth Aulich	
Wednesday	16th	Liz Rice	
Thursday	17th	Yvonne Salter	
Friday	18th	Hannah Rubenach	Neighbourhood House

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves
Parish House. Ph: 6372 2252
Mob: 0409 172 741

1st Sunday: MASS

St Helens Vigil L/W 6.00pm
Bicheno L/W 9.00am
Fingal 11.30am

2nd Sunday: LITURGY

St Helens Vigil LWC 6.00pm
St Marys LWC 9.00am
Bicheno LWC 9.00am
Fingal LWC 9.30am

3rd Sunday: MASS

St Helens Vigil 6.00pm
St Marys 9.00am
Fingal 9.30am
Bicheno 9.00am

4th Sunday LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

5th Sunday LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

Enq: Baptisms & Weddings
Ph: 63 31 4377
Church of Apostles
Presbytery
Officer Hours: 10.00am - 3pm.
Sr Marjorie Ph: 6381 1122.

Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/ 4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday -Family Service)

Anglican Parish of Break O'Day

Ph: 6376 1144

St Helens Every Sunday
8 am and 10.30 am
St Marys Every Sunday
10am
Pyengana: Kids Church,
2pm - 4th Sunday every month.

Salvation Army TUESDAY JAM

3-5pm every Tuesday.
excepting school holidays.
Envoy Melanie Norton Ph: 63722099

Break O'Day Uniting Church

The Manse St Helens
Ph: 6376 2405

St Helens 9.00 am
Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School 10 am
Divine Service 11 am

Contacts for Valley Voice

PH: Judy: 6372 2155

email: judith.spilsbury@telair.com.au

Accounts: Mary: 6372 2328

Please leave written material at the
St Marys Pharmacy,
Main St, St Marys,
or post: C/- Post Office, St Marys Tas 7215

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Thanks etc. \$12.

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Vision FM 88.0 at

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The Breakfast program is now hosted by
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There are now over 500 stations
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100% positive music & talk all day long;
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St Marys Online Access Centre Opening Hours:

Monday 10am -3pm

Tuesday 10 am-4pm

Wednesday 10am-4 pm

Thursday 10 am – 3 pm

Friday 10 am – 3 pm

Saturday 11 am – 2 pm

Ph: 6372 2005

ST MARYS OP-SHOP

SUPPORTING YOUR LOCAL SCHOOL

**NEW SUMMER OPENING HOURS:
STARTING MONDAY 3RD OCTOBER**

**MON TO FRI. 10AM — 4PM
(WHERE VOLUNTEERS ARE AVAILABLE)
ST MARYS MARKET SATURDAY
10AM—2PM**

PH: Janet Drummond: 6372 2851.

The summer opening hours have now started - 10am-4pm.

Shop will only be open as volunteers are available. So sometimes the shop might have to open late or close early.

If you're interested in assisting the school and volunteering at the Op Shop, please contact Janet Drummond 6372 2851.

St Marys Sports Centre Inc. news Kackhander.

Bloody rain. Not bad. Three weeks into the new pennant season and already two washouts. I think the year before last we had 4-5 washed out games for the season so that record might be under threat. In regard to players it's great to report a plethora of great junior players. We are the envy of the whole competition and it's going to stand us in great stead in the future. Just a reminder though to all our new kids. There will be weeks when we won't be able to play you all. What we want to do is to be fair to every one and try to share the games around. If you aren't available any given week just let us know and we'll factor that in. We are so glad to have you all.

There is no pennant next weekend because of the Public Holiday break but the following game is at St Helens on the new artificial green which should be fun.

Also coming up is the East Coast Triples on Nov 13th and 20th. We need both players and helpers for this first part of the 2011/12 East Coast Championship series. After that there is the Fours, Pairs and Singles as the season goes on, that's if the bloody rain stays away of course.

Barefoot Bowls commences on November 18th. It's mainly aimed at non members, or non bowlers and will involve a competition, a feed and a drop if you wish. Come along or send someone along if you think they might enjoy trying a new game at a great club. 6pm for 6.30pm start. Cost \$5 per player. Prizes to winning team each time.

Thanks to the crew from the school who ventured over last week to try bowls and spend a few bob. Much appreciated. Also some of those people chose to have a Melbourne Cup Draw function this week at the club. We hope you enjoyed it.

To golf and a couple of biggies... Don't forget McDonalds Cup on this upcoming Long weekend. Thanks to Macca and the family this is a really fun and popular day and if you can play, you should. Even if you haven't got a team of four you are guaranteed to play if you come along. Thanks to the McDonalds...blood worth bottling.

Also coming up is the visit by the Motor Home people. Think some will be enjoying the golf course as part of their visit. Finally the Spilsbury Trophy will be played on Sunday November 27th over 18 holes. Let's make it a ripper.

Until next time, good hitting and rolling.



Happy Hour!



ST MARYS SPORTS CENTRE INC.
Every Friday – 6.30 - 7.30pm
drinks at discounted prices



38 Main Street St Marys
Phone/Fax 6372 2240 - Butcher Ph: 6372 2274
Mon – Fri 8am – 6pm
Sat 8am - 12 noon Sun - closed

This week's specials.

(available from Thurs 3rd Nov - Wed 9th Nov)

from the butchery

Porterhouse steak	\$14.99kg
Blade roasts	\$ 8.99kg
Short loin lamb chops	\$13.99kg
BBQ meat packs	\$ 9.99kg
Ingham microwave chicken	\$ 5.99kg

from the coolroom/freezer

Kraft dip 220/250g	\$2.29
Gold'n Canola margarine spread 1kg	\$4.79
Nestle drumstick 24pk	\$21.99
Bulla ice cream 2lt	\$3.99
Ingham chicken Kiev 350g	\$6.99

grocery lines

Devondale longlife milk 1lt	99c
Quilton toilet tissue 6pk	\$2.99
Juicy Isle long life juice 2lt	\$2.59
Kelloggs cornflakes 380g	\$1.99
Fountain squeezy Tom/BBQ sauce 500ml	.99c

Next week's specials

(available from Thur 10th Nov - Wed 16th Nov)

from the butchery

Legs of lamb	\$ 8.99kg
T-bone steak	\$14.99kg
IGA corned silverside	\$ 6.99kg
Diced steak	\$ 9.99kg
Ingham chicken portions	\$ 5.59kg

from the coolroom/freezer

Eta 5 star spread 500g	\$1.69
Bega super slices IWS cheese 500g	\$3.99
Peters chocwedge Vanilla bonus 12pk	\$4.99
Birds Eye oven bake chips 1kg	\$2.99
Vita Cee juice orange 2.4lt	\$3.49

grocery lines

Sanitarium Weetbix 750g	\$2.99
Arnotts choc TimTam/slice/crowns/royals.	\$1.99
Sanitarium So Good UHT reg/lite milk 1lt	\$1.79
Kleenex cottonelle toilet tissue 8pk	\$3.99
Sunsilk shampoo & Cond. 200ml	\$2.99

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