

# The Valley & East Coast Voice Est. 1968 Volume 44 No. 15. Thursday, November 17, 2011. 50 cents

# Living proof that fun and a great social life are alive and well!

What a great time we all had at St.Marys Sports and Social Club over the last weekend!

As most residents and business owners may know, there was a Winnebago convention held on the camping ground last week and we had the honour of entertaining them at the club.

They came for dinner on Friday night,  $11^{th}$  November, around eighty of them attended and thoroughly enjoyed a superb meal of roast meats and all the accompanying vegetables followed by an assortment of desserts "to die for"! Dinner was followed by a good old "Knees Up" to the dulcet tones of the bagpipes by the best pipe player ever... Mr. Joe Porter.

After a quick recovery they returned on Saturday night for a B.B.Q. Several of them got out on the golf course and the bowls green with shrieks of delight, then when the breeze came up they continued playing carpet bowls indoors. They, and the rest of us had a ball too and it was well worth all the work put in by our trusty team of helpers. They are planning to return next year, friendships were made and we all look forward to seeing each other again then.

We couldn't have done it without the help and dedication from some of our club members, namely: Glenn McDonald, Leanne McDonald, Tamatha Mahoney, Christine Rowntree, Diesel (aka "Captain Cook!) Bobby Harwood and her sister from Beaumaris, Dot, Beth Haas, Glenys Turner, Kim Chappell. Kirsten Viney and Jim Turner managed to keep the "liquid refreshment" flowing throughout the events.

A big thank you to all concerned and we hope other local businesses benefited as well, there is no doubt that they would have.

Jim Turner. Photos: Jim Turner.









<u>Please note</u>: Deadline for articles in the next Valley Voice is 5pm <u>Tuesday November 29, 2011</u> <u>EMAIL ADDRESS</u>: judith.spilsbury@telair.com.au

# **Community news**

**St Marys Hospital Auxiliary** meets the first Monday of every month at 2pm at the **St Marys Community Health Centre.** 

The Break O'Day Woodcraft Guild Inc. meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

The **Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standardbeginners welcome-childminding included - lovely safe place to bring toddlers while you play. Ring Annette- 6372 2224.

**St Marys Playgroup** meets each Monday 10.30am - 12 noon at the **Falmouth Community Centre**, during school terms. \$2 a session per child or \$3 per family. Please bring a piece of fruit to share and your child's personal drink bottle. Bikes plus helmets welcome. **Phone or text: Danyelle: 0427 073 100.** 

WOMBAT WALK LANDSCAPING GROUP meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Playground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. Contact -Robina 6372 2022.

St Patricks Head & Esk Valley Historical Society Inc has a meeting one month and a field trip the next. We invite everyone to come along on the third Sunday of the month and enjoy an informative time with lots of fun. For more information Phone: Barry Aulich (637225752) Darlene Wright (63722416) or Jim Haas (63722127)

**The Scamander and Beaumaris Community Development Association** meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Rachel Woods. Rachel can be contacted on: 03 6372 5118.

Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome... If you can yawn - you can sing. Phone Mary-Anne Wadsworth 6376 2969.

Meeting dates for Friends of St. Helens History Room & Museum for 2011.

Contact the Centre at 6376 1744.

**Break O'Day Regional Arts** - General meetings held on the first Tuesday of each month at 4.30 p.m. at the e.ScApe Cafe. All welcome. Inquiries to Rod **6372 2444.** 

**Cornwall Community Development Group Inc.** meets @ 7pm on the first Tuesday of each month in the Cornwall Hall. All interested persons are invited to attend. Wendy Dawson (secretary) **6372 2722**.

**St Helens Alcoholics Anonymous (AA)** Wednesday 8pm Weekly. St Pauls Anglican Church Hall, St Helens. Murdoch **6376 3335.** 

**St Helens Al-Anon Family Group (Al Anon)** To help families and friends of alcoholics recover from the effects of the living with the problem drinking of someone close. Sunday 2pm weekly. St Pauls Anglican Church Hall St Helens

Anne or John 6376 4270 or Rose 6376 3335.

**St Marys Alcoholics Anonymous (AA)** Friday 8pm Weekly. Holy Trinity. Mick & Shirl: **6372 2909**.

# MANGANA MISSION MUSICIANS JAM NIGHTS

Monthly musicians jam nights will be held at Mangana Mission, 63 Elizabeth Street, Mangana on the 2<sup>nd</sup> Friday evening every month.

Last one for 2011 - Dec 9<sup>th</sup>.

Starting time will be 6.00 pm. BYO meat and drinks for a BBQ. All styles of music, instruments and vocalists are very welcome.

For more information call André or Kate on 6374 2212

The Break O' Day Stitchers meets each Friday in the Bungalow at Neighbourhood House in St Helens from 10 a.m. to 3 p.m. and participants are welcome to stay for as long or short a time as they may choose. The choice of projects to work on is also optional - either to bring your own work or join in and assist on a group project.



St Patricks Head & Esk
Valley Historical Society Inc
are pleased to announce that, thanks
to Henry Biggelaar, our walk & field
days will continue as from Sunday the
20th November 2011

The November walk will be to the old Jubilee Coal Mine, meeting at the Purple Possum in Storey St, St Marys at 10:30 am

# All Welcome

You can get

# 'Inside my Skin'

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# www.insidemyskin.com

Packed with value for just \$30 bucks, you can

# **Personally**

get

# 'Inside my Skin'

at 'Cranks & Tinkerers' Wednesday's between 10 & 3p.m.

# Classifieds

# For sale

**Slate top 8 ball table.** Offers over \$1000. For viewing Ph: 0419 517 630 or 0419 890 859.

**Kelvinator Cyclic 340 fridge.** Two doors. 100 litre freezer on top of 240 litre fridge. Seals have been replaced. \$80. **Ph: 6372 2200 or 0407 833497.** 

**Queen size mattress.** Sleepmaker Chiro Classic Dream. RRP\$3399. 10 months old. Pristine condition. \$850. **Ph: 6372 2200 or 0407 833497.** 

Giant Cross City road bike. 27 speed gears, hydraulic seat, new tyres and chain, excellent condition. \$420 .ono. GMC 10 inch Sliding Compound Saw. good condition \$85. ono. Sky Light, dome type still in box. Cost \$340. - Sell \$150. PH: 0417 385 787.

**Book cases**- large \$80/ small \$20. **Wall unit**- large \$150. **Glass Cabinet** (old style) - \$50. **Dressing table** with large mirror- \$50. **Wardrobe**- \$30. **Dining suite** (orange chairs) - \$80. **Large TV Cabinet** (old style) - \$30.

TV/s x 2 small (old style) - \$10 each .Lounge and 2 recliners- \$80. Washing Machine- \$80. Dryer (near new) \$150. BBQ with Gas Bottle- \$80. Fridge-\$150 o.n.o. Computer- Give away! Oil Filled Heaters x 4- \$5 each. Ph: Joy 0439 101 230.

12" girl's bike. \$40.000. 12" boy's bike. \$40.000. 16" boys bike. \$60.000. All in good condition. Ph: Mark & Louise Williams 6372 2158.

2.5 seater sofa. As new. (brown) \$150. Ph: 6372 2239.

Compaq Presario Laptop.15.4" high def widescreen display, webcam, intel pentium dual core processor,120gb hard drive, 1024mb sdram, dvd player/burner, wireless internet,5 in 1 media reader, 6 cell lithium-ion battery, windows vista home premium, altec lansing speakers, carry case. Great laptop, must go, due to lack of use. Ideal for uni, school work. \$290. ono. Ph:0417 320 142.

1 lot blue drum set. \$200. Ph: 6372 2513.

**60 metres Lysart Sheerline galvanised guttering.** New- \$10.70 per meter. Bargain at \$150 the lot. Good condition. **Ph: 0417 354 001.** 

**1994 Nissan Pulsar hatch.** 5 spd man, rego till August 2012, nudge bar, new battery. Good condition. Perfect first car, work car, or cheap runabout. Must sell. \$1800. ono. **Ph: 0417 320 142.** 

**Kawasaki KX60 2000 model.** Recent complete re-build. As new condition. Includes all gear—boots, helmet, armour etc. \$900. Great Christmas present.

Ph: 0458 722 455.

Older style buffet.2 glass sliding doors, mirror backed, 3 drawers. \$45. 2 wht 3 drawer bedside drawers, pink trim. \$15 each. 1 wooden bookcase. \$30. 1 5 light chandelier. \$60. 1 airline cat carrier. \$15. 2 Oz trail camp beds. Cost \$50 each. \$20 each. 3 room tent in bag. Used once. \$350. 1 pr brass storks on blk imitation marble 28" high approx. \$70. Brass horse. \$20. Ph: 6374 1064 Fingal.

# For sale

Electric single phase motor, 3kw all electrics connected. Brand new cost \$800. Sell for \$450. Washing machine: Simpson 5.5kg front loader. Brand new—comes with extended 4 year warranty. Cost \$578. Sell \$450. Comes with all paperwork and accessories. Scaffolding. Galvanised "Cyclone" four sets available, stackable for heights, comes with 8 Acro-prop stands (self-levelling) and also 2 x 5metre planks. \$800. Ph: 6377 1209.

Valco Runabout 2-3 wheeled pram. Comes with storm cover, sun shade and brand new interior lining as a spare. Original lining in excellent condition. Red & black in colour. \$150. firm. Black Fisher-Price baby bag, insulated side pockets and internal change mat. Assorted blankets & box of newborn baby clothes in excellent condition, some new. Some unisex, mostly boys. \$50 the lot. Firm. Ph: 0408 174 193.

**1999 Nissan Pulsar SLX** 1.6 litre manual 211,000 kms good tyres,new drive shaft & brakes. Rego Jan 2012,CD player. \$3,900 .ono. Ph: 6374 2165 - 0429 967 115.

**Mastiff pups.** All black—can view parents. Ready early November. Wormed and vaccinated. \$500 each. **Ph: 0427 713 195.** 

**Kawasaki KX85**, big wheel, 2001 model. New chain and sprockets and rear suspension. Good condition, goes well. \$2000. Firm. **Ph: 6372 2665.** 

Treadmill wanted to borrow or buy - please ring 6372 2724 or 0417 027 424

"Moo-Poo". Finely screened. Any quantity. See Norm. Ph: 6372 2380.

Frozen blueberries - \$11 kilo Phone 6372 2341.

Garden mulch. Large square bales of straw. Free delivery in St Marys area. Ph: Mark or Alana: 63722145.

Small square bales of garden mulch \$5. Small bales of grass & clover hay. \$5. (undercover) Garden mulch, in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area. Ph: 0407 944 158.

Tractor slashing available. Ph: 0407 944 158.

# **GARAGE SALE**

Saturday 19 and Sunday 20<sup>th</sup> Nov 5 Talbot Street, Fingal

9:00am start. Please not before.

Furniture, TV, fishing rods, toys, bikes, appliances, pictures,
Christmas tree and decorations,
Christmas lights, bric-a-brac and lots more...

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.



AVOCA - DOVAL GEODGE - DOCCADOEN - EINGAL - MANGANA - MATURNAA - HIBBED ECK - COGNIVALL - CT MADVI

#### GREATER ESK TOURISM

GET TOURISM ... meets the second Monday of each

month unless otherwise notified.

WHERE: Fingal Valley Neighbourhood House

TIME: 7PM

All WELCOME.

Enquiries to the president on 63722783.

# **Bicheno Indoor Market**

When: every last Sunday of the month

until end November 2011.

Where: Bicheno War Memorial Hall

9am - 1pm

Hot Foods – come and enjoy breakfast, morning tea or lunch.

# Variety of Stalls

More stall space available:



# Sunday Market



 ${\it Happening:}$ 

At the Old Tasmanian Hotel

# On the third Sunday of the Month

Please ph 6374 2344 or mobile 0488 562 538

to book your table/trestle Needed: fruit & veggie stall holders

# Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking and other inquiries, please phone Marilyn on  $6376\ 1858$ .



# St Marys Market

<u>Rain hail or shine</u> the markets will be held on the 1<sup>st</sup> Saturday every month in the community hall. 9am start.

New stall holders welcome. Phone Robina 03 6372 2022 or Sue 03 6372 2512

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted. Please ensure that your details are included.

# 38 days until Christmas

# THANK YOU

MARY AND TREVOR VINEY WOULD LIKE TO THANK EVERYBODY WHO ASSISTED MARY AFTER HER ACCIDENT.

SPECIAL THANKS TO IAN KELLY, LIZ DEAN, DR LATT AND RUSSELL AND BOBBY HARWOOD.

EVERYONE'S HELP WAS VERY MUCH APPRECIATED.

Break O'Day Regional Arts congratulates M. Kaal, the winner of the mini raffle drawn at last market.

Tickets for next mini raffle to be drawn at second December market, now available.

All money raised helps pay for the Tasmanian Regional Arts Touring Exhibitions and Events.

Renovating or refurbishing your property for this tourist season?

# **FOR SALE**

# **EXCESS STOCK - HERITAGE B&B**

1 x New Nettex Quilted DB Bedspread 'Tuscany'
Was \$240 Now \$100

1 x New Actil Quilted DB Bedspread 'Rosebank'
Was \$240 Now \$100

1 x ex-Display Nettex DB BS 'Tuscany'

1 ex-Display Sheridan DB Bedspread 'Blanche' \$65

1 x Mercer & Reid Pale Pink faux fur throw \$50

2 x White Embossed Laura Ashley 100% Cotton

Bedspread 230 x 250 Exc Cond \$35 each

2 x New Quilted pillow protectors \$10 each

8 x New Navy European pillow cases \$10 each 6 x New Green European pillow cases \$10 each

2 x DB White guilted valances (VG cond) \$10 each

2 x Navy with gold cushions - Ex display \$15 each

2 x Gold cushions - Ex display \$10 each

Assorted matching cushions \$5 each

2 x Glass Bedside lamps \$10 each

3 x Sets of New Canningvale Royal Splendour

'Punch' Towels (2 Bath, 1 Hand, 1 Mat) \$30 set 1 x New Sunbeam Aroma Coffee 10 Filter Coffee

maker (in box)+ 2 x replacement glass jugs \$6

White lace curtains - various sizes

TEL: 6372 2644

# MOBILE HAIRDRESSER AVAILABLE ALL COLOUR SERVICES RECEIVE

FREE TRIM AND BLOWDRY. PH: RACHAEL 0407 474 504



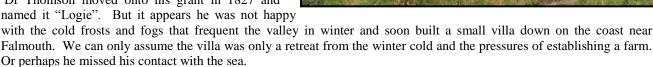
# www.fingalvalleyhistory.com

"Harefield"

One can only imagine what the Fingal Valley looked like when it was first explored by Europeans. Henry Rice, who walked through the Valley in 1820, recorded it as being flat, fertile land with plenty of water. The journal of Government surveyor John Helder Wedge recorded how he visited the area in 1824 and was impressed with what he saw. Wedge's records also tell of his climb to the summit of St Patricks Head and how he gazed at the beautiful coast line to the east and the potential farm land stretching out to his west.

Wedge was so taken with the land at the eastern end of the Fingal Valley that he recommended to his friend, Dr Alexander Thomson, to take up a grant in the area. Consequently, Dr Thomson, who at the time was a ship's surgeon on transportation vessels, applied and was given a grant of 4,000 acres. This appeared to be a generous grant, as most of the grants given at that time were only 1,200 acres.

Dr Thomson moved onto his grant in 1827 and



Dr Thomson did not last all that long on his grant, however. After some development, which included the building of a small stone dwelling and stable, he left the property in 1836 and went to join another of his friends, John Batman, at Port Phillip in Victoria. The Doctor was eventually to become the Mayor of Geelong.

In the late 1830s Francis Groom and his bride to be, Matilda Emily Minnett, arrived in Van Diemens Land and were married in Launceston's St John's Anglican Church in November 1839. After the marriage they moved to the Brighton district to work on a property called "Black Brush".

In 1841 Groom wrote to family back home in England informing them that he had purchased a 4,000 acre estate named "Logie" in the Break O'Day Plains for 25 shillings an acre. He said he considered the price of the estate quite reasonable because it had a house, a stable, some sheds and a good deal of fencing. The Grooms moved to the new property in 1843 and immediately renamed it "Harefield" after the village, just north of London, where they had been brought up.

The early days at "Harefield" were hard times for the Grooms. The cottage they lived in had no stove and the meat, which was stored in a wire safe, had to be cooked over an open fire. It was hung on an iron bar and basted every ten minutes. There was no bathroom either and like many families in those days, the water had to be heated, poured into tin tubs and carried into the house.

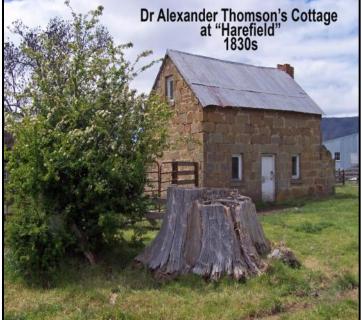
But the Grooms were a proud couple who came from an aristocratic background and as such loved to entertain. As a result, it was not long before a stone mason by the name of "Cheesy" Hogan was employed and a fine new homestead, with all the mod cons, was built.

Once the new house was built it was said the Grooms entertained quite often, with names like Talbot, Legge, Cameron, Grant, Ransom and Von Stieglitz being regular guests. On more than one occasion, it was said, the Governor of Van Diemens Land travelled all the way to "Harefield" just to spend a few days with the Grooms.

The Grooms were also very religious people and every Sunday, rain hail or sunshine, everyone in the household, including all the servants, would have to attend church at Cullenswood. The Grooms would be driven in a carriage; the servants, of course, had to walk. On top of the Sunday service, prayers would be held in the dining room every morning and evening; again the whole household would be required to attend.

Much of what we know of the Grooms comes from notes written by one of their maids and found by Mr & Mrs Don Ibbott, the third owners of "Harefield". The maid, who spent seven years with the Grooms, tells how they were a large family and although hard and strict were always fair and treated their servants well. She goes on to say how Mrs Groom supervised the making of almost everything for the household from gelatine to soap, as well as candles, jams and sauces etc. The notes also tell of a grandson being buried on the property and the Grooms having a dwarf child.

The house built by Francis Groom has recently been renovated by the Napier family and is now in very good condition. The original cottage built by Dr Alexander Thomson in the early 1830s also still stands and, it would seem from available records, is the oldest building still standing in the Fingal Valley.



# **Letters to the Editor**

Vol. 44 No 15, November 17, 2011

Letter to the editor

Further to comments made by Jeanette Peryman, (V.V November 3<sup>rd</sup>,2011). I will now quote from Mark Twain (American Humorist ,Writer and Lecturer.) "Better to keep mouth shut and be thought of as a fool than to open it and remove all doubt". Wendy Brennan.

St Marys Town of Weeds

Its been a great pleasure to see how well the native bush has regenerated after the fires of a few years ago (St Marys Pass, Winifred Curtis Reserve etc) at the bottom of St Marys Pass on the eastern side of the road there has been golden sprays of Pultenea daphnoides (Heart Leaf Bush Pea) and now the elegant white flowering Olearia ramulosa (Twiggy Daisy Bush).

However the scene is not so appealing at the top of the Pass and on the road into St Marys. Here the native bush is being smothered by Genista monspessulana (Canary Broom), Cytisus scoparius (English Broom), Gorse and Spanish Heath.

The extent to which these weeds have been allowed to grow and spread reflects a lack of land stewardship on private and public land. There are similar increasingly weedy areas along the coast such as Spanish Heath between Diana's Basin and St Helens Point Rd, blackberries in the Scamander Coastal Reserve (between Beamaris to Dianas Basin), the proliferation of Cape Weed and emerging weeds from the mainland such as Pittosporum undulatum (Sweet Pittosporum), Sollya heterophylla (Bluebell Creeper) and various Wattles.

Are we as a community going to shrug our shoulders and accept that inaction will lead to ever increasing weed density and spread and the resulting degradation of our natural bushland or could we develop (AND PROPERLY RESOURCE) a long term action plan to work towards the reduction and even eradication of environmental weeds in the Break O'Day region? It would be a good start if the Council employed a full time weeds officer to ensure there is a consistent, co-ordinated and long term focus on weed control on public and private land.

Yours sincerely,

Todd Dudley,

President.

North East Bioregional Network Inc.

Letter to the Editor

Last Valley Voice (vol 44 number 14 November 3, 2011) contained comments from the former Mayor, Robert Legge, complaining about the removal of some wattle trees. I ask when, under his reign as Mayor, was there a full and comprehensive report done by an expert and a Council item for consideration prior to the demolition of the Cenotaph wall at St Marys???

Regarding Ms Perryman's comments, they remind me of the bowler hat, limited use 200 years ago and now obsolete and like the crown of the hat totally POINTLESS!!!

Cllr Johns

To the Editor,

In September this year, JAM (Jesus And Me) celebrated its 10th Birthday!

We had a wonderful day, made memorable with another visit from *Squirt the Clown* (all the way from the Mainland) as well as a first time visit from *The Choir of High Hopes*, which operates out of the City Mission in Launceston.

A team from *Fusion Australia* also travelled out from Launceston and added to the day with their jumping castle and lots of great games and face painting.

Our own Greg and Evelyn from the Bakery, who have been long time supporters of JAM, cooked up a treat for us with a fantastic birthday cake.

Via this great community paper, the Valley Voice, I would like to THANK all the exceptional people who have helped me to grow JAM, so that we could continue to reflect Jesus by loving and nurturing all the children who have passed through the doors over the last 10 years.

I believe it is true to say of any organisation, that no one person can take the credit for its success, so I pay tribute to the many people who have contributed in a variety of ways.

I am indebted to you, each one, and I remain truly blessed to count you as my friends and fellow travellers.

Thank you.

Mel Norton,

St Marys Salvation Army.

Letter to the Editor

Re: Tourism in St Mary's, "Frank Giles".

Volume 44 No 14.

Whether you disagree or agree, that we cannot compete with Freycinet or not, the simple fact is that the tourists who go to Freycinet are people looking for that experience, the Hazards and the beaches, and one can fill in a week in the Freycinet National Park.

But those looking for Wilderness go to Cradle Mountain , Lake St Clair, or the Douglas Apsley.

Yes it would be an experience for the Asian people to sit in front of a log fire, and feed the pet lamb etc.

But don't forget that Seaview Farm would not exist if it had not been cleared from the once thick forest that would have been used for building timber, firewood, and just log fires.

We don't need a National Park, as you have said there are walks here now, and to lock the place up, will only endanger the town of St Marys, as it will become a positive fire hazard. No organisation set up to run a private National Park, could possibly afford to maintain an area of such magnitude.

Since when are the Forests unprotected? And they are a renewable resource. Most if not all those who work in the forest industry are "Real" conservationists, not the type who don't want anything to happen.

Probably Frank should take up fiction writing, and call it Dreaming. The tourists might be able to read that in front of the open fire.

Barry Aulich,

Beaumaris.

# The Say Cagerattler.

Just in the past few weeks when bushwalking all over the place with my mutts, I've noticed an incredible build up on the ground of debris and leaf clutter from the trees. In a couple of places on Mt Nicholas it's so thick that you need to wade through it.

More and more I've been thinking about Hazard Reduction Burns like we regularly used to have. Nowadays this is a political hot potato, almost literally.

I can't comment on the science of it all because depending on who you talk to depends on what answer you get I think.

I remember as a kid, my dad being involved while working at the Forestry Commission as it was then, every year doing hazard burns and trying to build fire breaks at places of great risk.

It's five years since that horror period in December 2006 and thankfully there hasn't been anything like a repeat of that event. Yet...

What would happen though if we did get another summer period like that year? Don't get me wrong. I'm not blaming anyone for not burning off. That would be unfair, ridiculous and nigh impossible to cover vast areas.

What, perhaps, we might need to consider is if there are to be burn downs of fuel loads that they be done strategically to areas of genuine threat if a bushfire was to get going like 2006. I think also that if and when burns take place that as much warning as is possible is given so that anyone with breathing troubles, asthma, etc., can make precautions if by chance they are close to that area to be hazard reduced..

Sensible regular burns might help offset the risk of 2006. I also realise that a series of unusual meteorological events was a big contributor to that time that so many of us will never forget but to be complacent and think it couldn't happen again is a big mistake.

As I walk the bush and see all this debris I'd like to think that any of us who can do our bit, will, either by actually looking after our own bush land properties in this regard or by just being understanding and tolerant when and if authorities do carry out Hazard Reduction duties in the future.

What do you think?

Remedial Massage and Naturopathy ring Sue Christiansen for an appointment. 0418 515 419

WANT TO GET FIT FOR SUMMER? WELL COME TO THE PIGEON LOFT ON MONDAYS AND THURSDAYS 5.45PM, AND SEE WHAT FRAN CAN DO FOR YOU.

While working for an organization that delivers lunches to elderly shut-ins, I used to take my 4-year-old daughter on my afternoon rounds. She was unfailingly intrigued by the various appliances of old age, particularly the canes, walkers and wheelchairs. One day I found her staring at a pair of false teeth soaking in a glass. As I braced myself for the inevitable barrage of questions, she merely turned and whispered, 'The tooth fairy will never believe this!'

# LIBERAL CANDIDATE CALLS ON DICK ADAMS TO SEEK ASSISTANCE FOR FORESTRY ROAD CONSTRUCTION CONTRACTORS

Federal Liberal Candidate for Lyons, Eric Hutchinson, said today that forestry road contractors who had direct contracts with Gunns are irate that they have been omitted from the forestry voluntary assistance scheme.

These road contractors have derived their principle income from constructing roads for Gunns in native forest areas. "I am aware of road contractors whose income has been derived from 2,500 hours per annum of road works in Gunns forests," said Mr Hutchinson.

"They understood that they would be included in the Federal Government's program to assist displaced workers in native forests."

"To suggest that they can easily find some other work on roads is ludicrous. It was Tasmania's forest industry that provided work. Most have had little work since January this year."

"I believe that this group of contractors have as much right to assistance as others working in the native forests," said Mr Hutchinson.

"Without road access is it hard to imagine how the trucks carrying timber would have been able to gain access to the forest".

"I call on the sitting Member for Lyons to help these people...

# Baking a Chrissie cake or making a pudding? See us now!

With Christmas only five weeks away, you don't want to run out of time to bake that perfect cake or pudding. So pop into Purple Possum with your list of ingredients and we'll put it together on the spot or have it ready for you to pick up later. Alternatively you can phone your order through and collect it when you're next in town. We'll even home deliver! With the Purple Possum's reputation for quality you know you'll get the best ingredients – and in exactly the quantity you need so there's no wastage. And your family will love you for those delicious, rich cakes and puddings!

# **Purple Possum**

Wholefoods & Café

5 Story Street St Marys. Phone 6372 2655. Open seven days – indoors and garden

# Continuing Harry's story from last issue.

I hope I can submit the following as an addendum to my story in the last Valley Voice concerning my visit to Alex, our daughter, in Ramingining recently.

A week or so prior to my departure, Melanie Norton delivered a box of hand-knitted baby jumpers and beanies to the Post Office suggesting that they might be sent to Alex for distribution at her school.

The clothes were provided through the *Guardian Angel Knitting Program* that has been operating across Tasmania for 13 years. From May 1 to July 31, knitters are asked to create warm clothes, blankets, scarves and other garments for the Guardian Angels Knitting Project.

But many people knit all year!

The knitting drive helps Australians to stay warm during the winter through donations of knitted garments to the Salvation Army, who then distribute them across the state.

Knitters who wish to participate can pick up a free book of suitable patterns from their local Guardian Pharmacy and completed garments can be left there to be passed on to the Salvation Army for distribution to the needy (hence the name "Guardian").

Melanie mentioned that this year she and her team took a truckload of scarves, beanies, blankets, jumpers and toys to the St Marys School and the looks on the faces of the children was fantastic. Melanie added how each child took home a bag of brand new, hand-made warm and cosy items and what a wonderful feeling it gave her to be associated with such a thoughtful and caring project.

It just happened to be coincidental that I was at Alex's school at the time that Alex and another early childhood teacher were organising a "rewards" ceremony to congratulate the children and parents who maintained a high level of attendance.

Encouraging a high level of attendance is one of the major challenges facing teachers in remote indigenous schools and Alex has established a simple rewards system. Kerry and I regularly send Alex pre-owned baby clothes which we acquire from the good folk at the St Marys Op-shop. Alex then conducts occasional stalls where she sells the garments at nominal prices and from the proceeds buys small toys, books etc. for the children and simple but greatly appreciated gifts (by the mothers) such as shampoo, deodorant, fragrant bars of soap etc.

At the end of each term Alex has a simple ceremony where these prizes are handed out. I should add that there is absolutely no evidence of jealousy, resentment, greed or avarice. The children in particular are so gentle and appreciative. The simple ceremony that I was fortunate to witness was marvellous but at the end of it the real surprise was when Alex produced the box of knitwear that we had sent up courtesy of Melanie and the Guardian knitters. The looks on the faces of the mothers and children was something to behold; genuine wonder and appreciation. The garments were quickly divvied up and there was a flurry of activity as the children were quickly attired in their new garments. It really was a joyous event (there were a couple of photos printed in the last VV).

Alex has already written to Melanie, enclosing some wonderful photos, to thank her but it would be remiss of me not to make mention of her thoughtfulness.

In closing I should add that this should not be viewed as simple charity. Ramingining is a very isolated community and it is hundreds of kilometres from the nearest clothing store. Alex has established a small but self-funding program to help encourage school attendance and we are pleased to be able to contribute to this. Harry Veldums.

Photos from last issue showing all the clothing being chosen and worn by the children. Pictured, right is Alex Veldums

Pictured, right is Alex Veldum. with some of her students. Photos by Harry Veldums.





# Ransley's Appliance Service P O Box 136

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# ST MARYS BAKERY

PH: 6372 2131 OPEN 7 DAYS A WEEK



FRESH BREAD, ROLLS & BUNS, PIES, PASTIES, CAKES, HOT FOOD, COFFEE, COLD DRINKS, ICE CREAM.
52 MAIN ST ST MARYS.

# Another trip to Colin Buchanan!

The planning went on for weeks – lots of paper work – and of course there was mounting excitement at JAM (Jesus And Me) about our 5<sup>th</sup> trip to see Colin Buchanan in concert at the Door of Hope Church in Launceston.

The children had packed their bags, they had decided what it was they were going to present to Colin for his signature and drawings and so on October 22<sup>nd</sup> we piled onto the bus (and what a bus!!)

The Franklins drove us in (for also the 5<sup>th</sup> time – Thankyou!) and we were treated to absolute luxury, with even an onboard toilet.

That was certainly something new for our JAMmers!

Typically, the concert was fantastic – lots of music, singing, dancing giant beach balls, the funniest "Fat Suit" we'd ever seen and Colin, ever willing to spend twice the length of the concert time, meeting each child, one-on-one, autographing and drawing for them on their various lunchboxes, tickets, posters, hats, CD covers and even this year, one child's broken arm sling!

Colin is such a treasure and good friend to us at JAM.

His love for JESUS shines through everything he does and says and sings and draws – indeed through his whole life. Is it any wonder we keep going back? *Photos: Melanie Norton*.















# FAIR & DEVONSHIRE TEA

10.00AM - 2.00PM

**NOVEMBER 19, 2011** 

HELD AT THE CATHOLIC CHURCH

# ATTENTION!! Christmas Parade & Party on again

The Lions Club of St Marys will once again be holding a Christman Party and Parade on

Christmas Eve, 24th December, 2011.

Put your thinking caps on, get with your friends and make a float for the parade. There are many simple ideas that can make good entries for the parade.

The jumping castle and ball pit have been ordered and a BBQ will be run by the club.

If anyone is available to assist our club again this year, with the running of the party, we would be most appreciative.

Contacts: President David Young, John and Ruth McGiveron or any other club member.

# They all said "We'll be back!!





Photographs this page: Peter Troode.

# St Marys Sports Centre Inc

**Presents** 

# **AUSSIE CHRISTMAS**Saturday 17th December

# 6pm

Prizes for best "aussie" dressed, best couple & lucky door prize.

# Featuring the now famous Smokey Roast & Ham Santa will be visiting



\$25 per person

Bookings: Club-6372 2177 St Marys IGA-6372 2240 Main Street Clothing 6372 2211



**DON'T MISS OUT ON A GREAT NIGHT!!!!** 

At 5am on the 11th November 1918, three German Government representatives accepted the terms of the Armistice presented to them by General Foch of the French army. At 11am that day the guns began to fall silent on the Western Front in France and Belgium, ending four years of hostilities.

On the 11th November we pause to remember all Australians who lost their lives during World War 1 and we remember all those who have died for Australia in all wars.

#### Lest We Forget

Thank you to the St Marys Memorial Association. The Targett family for letting us hold with tradition and play the last post by the late Selby Targett, and the community of St Marys.



Photos this page: Wendy Brennan.



# Thank you

I wish to thank all who voted for me in the Break O'Day Council elections. I am very pleased to be able to serve the community for the next 2 years in my new role as Deputy Mayor.

Please feel free to contact me on 0417 528 088 or <a href="mailto:hannah.rubenach@bodc.tas.gov.au">hannah.rubenach@bodc.tas.gov.au</a> if you have any questions, concerns, comments or ideas regarding council matters.

I am intending to travel monthly (starting early in the new year) to the outlying communities and townships that do not have a representative from their immediate area on council (such as Mathinna, Pyengana, Scamander and Fingal). This will give these communities and individuals an opportunity to meet and discuss council matters with me; so if anyone from these communities have preferred days/weeks that would suit them to have a chat, please give me a call.

Thanks again,

Hannah Rubenach.









This photo came to me titled "How precious is this".

# Main Street Clothing LAYBY NOW FOR CHRISTMAS

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LOOKING FORWARD TO PROVIDING A SERVICE TO THE COMMUNITY.

# Celebration of Friendship and Creativity

Friendship is a gift which is beyond price, and it would be very hard indeed to put a value on the friendship quilts on display at Gone Rustic Studio and Gallery this month.

Each quilt displays appliqué, patchwork and/or fabrics collected from stitching friends, and then put together into a harmonious and colourful creation. What a *priceless* memento of good times spent with people of like mind!

The exhibition was launched at 7 pm on Wednesday 2 November, at the usual weekly gathering of the Rustic Ragamuffins stitching group.

A People's Choice Award of quilting supplies to the value of over \$100 will be awarded to the quilt with the most votes at 3.30 pm on 25 November. This is also the last day of the exhibition.

Drop in soon and vote for your favourite quilt – just follow the red dots and fill in a voting slip.

[Door prizes were won by Marilyn, Rod, Lillian and Fran; congratulations!]





















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# gone rustic studio & gallery

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until 25 nov – friendship quilt exhibition; people's choice award presented at 3.30 pm on final day; drop in & place your vote soon 26 nov (saturday) – journals anonymous; learn a simple bookbinding technique with beth verschoyle (11-2); call rita for more info 10 dec (saturday) – launch of 'passages' exhibition from stitching & beyond (12 noon); christmas theme with finger food, tea & coffee (\$6 each; \$5 for members); rsvp required please

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opening hours 10-4 or by appointment

member of greater esk tourism & tasmanian regional arts



friendship quilt exhibition (photo by janet drummond)

# BREAK O' DAY STITCHERS

We now have our Easter Raffle Quilt – beautifully custom Quilted by Aneke Moeys of Devonport -- and we have already started selling tickets.

Although this beautiful quilt is first prize we have two other prizes – a wall hanging by Kay Roberts and a set of scissors donated by Annie Maney of Annie's Cottage Crafts.

Most of our members are now concentrating on their own quilts and other items for Christmas and the Easter Craft & Quilt Show – there are always plenty of projects to do. After two successful workshops this year tutored by our very experienced members (Kay Roberts and Barbara Mellor) we look forward to more workshops next year so watch this space for information on upcoming events.

# Keep your Christmas Shopping Carbon Miles LOW

To kick off its 10<sup>th</sup> Birthday celebrations, the Suncoast Gallery has showcased a selection of its current holdings in the St Helens library.

Each of the items in the display is for sale by silent auction. Bidding closes 4.00pm on Friday  $2^{nd}$  Dec. Winning bidders will be contacted on Saturday  $3^{rd}$ .

And for a more extensive range, call into the gallery which is located behind The Wombat Burrow on Quail Street. St Helens.

So if your Christmas shopping has begun, pop into the library to make a bid for a handcrafted gift that is sure to impress. And how good will it feel to for you to know that the making and marketing of your gift has very few carbon miles attached to it. **And** you are supporting the work of local artists and craftspeople.

In order to cater for your Christmas shopping needs, for the month of December, the Suncoast Gallery will be open 10 - 4 Monday –Saturday, and 10 -1 on Sundays.



# **OUT OF THE WOODWORK**

Wendy Brennan, Secretary: 6372 2094

# REMEMBRANCE DAY 11/11/2011

ON BEHALF OF THE BREAK O'DAY WOODCRAFT GUILD WE PAY HOMAGE AND REMEMBER THE SACRIFICES OF THOSE WHO HAVE DIED FOR AUSTRALIA IN ALL WARS.

# LEST WE FORGET

The Guild meets on the last Saturday of every month at 2pm in the old railway goods shed situated behind the Railway Station complex. New members are always welcome. We are open Monday, Wednesday and Friday. Other times by appointment.

A supportive environment where traditional woodcraft skills are taught.

(Photo last week was of Lorraine Gill)

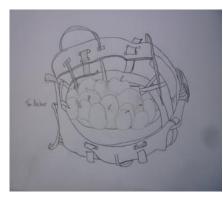




# **EVENTS**

# TABIS COLLECTION

Tasmanian Acquired Brain Injury Syndrome
"The lives and thoughts of the artists, achievements
of a remarkable group"
Exhibition opens 10am 5th November
until 28th November
At the e.ScApe Cafe
Entry to Exhibition is free





"PASSAGES" This exciting touring exhibition of textile works will be on display at "Gone Rustic Studio and Gallery" in December, dates to be announced. Stitching and Beyond is a group of over 300 members who have a passion for fabrics, fibre and threads, colour and texture. Exhibition opens 12 noon Saturday 10th December. Christmas theme with finger food, tea and coffee— BO'DRA members \$5 non members \$6

EXTRA .. EXTRA .. MARKETS

Sat 3rd December Sat 17th December Sat 7th January 2012 Sat 21st January ROCK N ROLL DANCE Sat 28th January 2012 St. Marys Community Hall

ST. PATRICKS HEAD FESTIVAL Sat 17th March 2012 St. Marys Township

# ST. MARYS MARKETS

Rain, Hail or Shine
1st Saturday of every month next market **5th Nov**Community Hall, St Marys - 9 am start
Fresh Produce, Art, Craft, Trash and Treasure
Mini Raffle drawn every market day
Wood raffle won by K. Balzar
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# **Temporary Trading Hours**

Wednesday - 10.00am to 5.00pm Thursday -1.00pm to 5.00pm Friday - CLOSED Sat & Sun - 10.00am to 5.00pm Wednesday - CLOSED Thursday - CLOSED Friday - possibly closed

HANDMADE in ST MARYS" Sorry for Any Inconvenience



All sessions are

held

from 10.30-12.30

NOVEMBER

All Building Blocks sessions are free of charge and for children, parents, grandparents and

carers of 0-5 years old year olds. Come along and see!

# Play & Learn Sessions

3rd - Cornwall- Community Park
9th Fingal - Fingal Park
15th- St Marys- Community Hall
23rd Fingal - Fingal Park
29th St Marys - Community Hall
30th Bicheno - Community hall (rear entrance)
Building Blocks will be at Cornwall and Bicheno
this month come along and support these
Play & Learn session for 2011

For more information or to share ideas/suggestions
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Email:
cathy.parker@healthyhouse.org.au

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Community Kitchen Program is for anyone and everyone. Participants will come together to socialise and cook delicious, affordable and nutritious meals which they then share together.

You do not need to have any previous cooking experience as a trained kitchen facilitator will be there to help.

WHERE: St Marys Community Hall

WHEN: Monday Evenings 6 pm— 8.30 pm

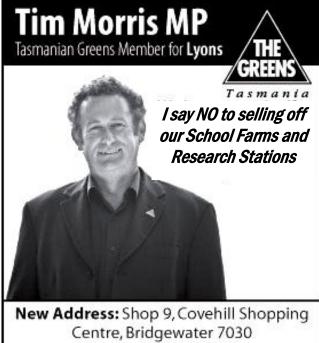
DATES: 7th November to 12th December

COST: \$2 per week

Bookings are essential

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# Break O'Day Council Australia Day Awards 2012

# Citizen of the Year & Young Citizen of the Year

# **Award Description:**

# Citizen of the Year:

To be eligible, the person must be 27 years or older on or before the 26<sup>th</sup> January 2012.

# **Individuals Eligible for Award:**

Persons who have made a noteworthy contribution during the current year and/or given outstanding service to the local community over a number of years shall be eligible

# Young Citizen of the Year:

To be eligible, the person must be under 27 years of age on or before the 26<sup>th</sup> January 2012.

# **Individuals Eligible for Award:**

This award is for a young citizen who has made a noteworthy contribution during the current year and/or given outstanding service to the local community over a number of years.

# Nominations for Awards close 5.00pm Friday 16 December, 2011.

Nomination forms available from the Break O'Day Council Office, or email <a href="mailto:Chris.hughes@bodc.tas.gov.au">Chris.hughes@bodc.tas.gov.au</a>
Jenny.singline@bodc.tas.gov.au

Council will not accept any late nominations.

# **Postal Details:**

Australia Day Awards
Break O'Day Council
PO Box 21
ST HELENS TAS 7216

Awards will be presented at the Australia Day Award Ceremony on January 26<sup>th</sup> 2012

# IMPORTANT NOTICE REGARDING DONATIONS TO THE ST MARYS OP SHOP from Janet Drummond

Please do NOT leave donations outside the St Marys Op Shop.

If the shop is closed please take donations to the St Marys News Agency, from where Op Shop volunteers will collect.

It has been noted in recent weeks, that bags of donated goods are being left outside the Op Shop.

It has also been noted that some donations disappear before the volunteers arrive to take them inside the Op Shop.

PLEASE do not leave donations outside the Op Shop door, as we cannot guarantee that they will make it to the inside of the shop.

Don't forget the Op Shop is open on Saturday mornings on Market Day each month if that makes it easy to bring donations to the Shop.

Funds raised go directly towards assisting the St Marys District School



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# The Valley & East Coast Voice Guidelines.

- Opinions in any letters published are not necessarily the views held by the editor and voluntary workers.
- Our pages will remain open to fair and honest criticism, so that on all questions, both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted. Stick to the issue rather than making personal attacks.
- Please do not attack the editor, the paper or the authors of previous letters.
- Letter writers will be given the chance to respond over a suitable period of time, but anonymous and/or nom-de-plume letters received as from 11-02-10 will not be published. Subjects may be closed at the editor's discretion.
- Please make sure of your facts. Do not write letters just to let off steam. Letters most commonly published are those that have bearing to current community issues.
- Keep letters short, simple and to the point. Letters are restricted to 300 words or less.
- The Editor reserves the right to edit your letter for grammar, spelling or reduction in size where necessary.
- All letters arriving by post must be signed, including a printed name and also contain your contact details, such as full name, address and phone number.
- All letters sent by email must contain your contact details, such as full name, address and phone number.
- All letters left at drop-off points must have a signature, plus a printed name and also contain your contact details, such as full name, address and phone number.
- Do not be discouraged if your letters don't get published. Whilst each submission is reviewed on its own merits, we generally receive more letters than we have space available.
- The Valley & East Coast Voice reserves the right at all times, without notice, to update, change or amend our guidelines.
   Whilst we value & welcome community letters, The Valley & East Coast Voice does not provide specific feedback regarding any decision made not to publish a submission.

St Marys Police Phone Number 6372 1010
Non Urgent Number 131 444
Urgent and Life threatening
SES (Flood & storm only) 132 500
Fire 000





# St Marys Op Shop

Summer Trading Hours 10am - 4pm, Mon - Fri.

# NOW OPENING MARKET DAYS

First Saturday each month from 10am -2pm.

Donations of summer clothing, gratefully received.

		Mon	Tu	Wed	Th	Fr	Sa	Su
STAR FM  Program	Brekkie	Toast and Jam with Mary- Anne	Brekky with Mary Anne	"Wake up" with Bobster	Bob's Breakie Show	Bobs – Friday Breakfast Show	Saturday Morning Show with "Corfe"	Chuckers Sunday
Guide	Morning	RFM On Star FM	Have a Hoot with SKOOT	Starry Starry Morning The Trace Element	The Morning Show with "Harpo"	Classic 60's Music Mix	Jiving with JeannyMaree	
STAR FM	Arvo	In the mood with	Jeany- Maree 's 2 for Tuesday	Your host with the "Most"" Terry Post	Around the world with Tim	Friday round-up with RFM	Colin's History and Mystery	In the Mir with The Element
	Late afternoo n	Shut up and Drive with the "Element"	After School with Neesha and Chloe	Drivin' with Damo	In the back seat with Angela	Hot Hits with The Jackster	Music	Dave's Blues Mix
19	Eve	Mellow Monday's with Roger	Neville's Country Corner	Mary Anne's Thanks for the Memories	Thursday Night "LIVE"	Marc's Boiler Room	Brians Party Mix – til late	
		Dr Sax with Roger	and more	Wemories	with "Chucker"	Party With Jeanny Maree		

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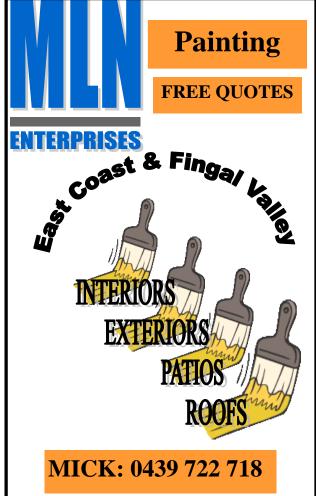
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St Helens

Ph: 6376 1755

Big Shed has a new **guitar teacher** with 3 years teaching experience. Book now for your weekly lesson. All abilities welcome.

Weds 4.30-6 New time with John McColl Garden sculptures - John will assist you with your individual project. High school students welcome. No Experience needed. \$20 concessions Available.

1st **Wed** of every month 5-6.30 **Life Drawing** (Model and materials provided. No tuition) \$12 No bookings required

Local artist Zeb Walker is currently on site creating his amazing yurts

Big Shed has a recording studio, PA hire and experienced engineers.

Big Shed has art space for hire, as well as a network of artists available for commissioned artworks,

> 24837 Tasman Highway, St Helens. Phone 0428725228 Big shedstudios@y ahoo.com









Men	Tue	Wedt Air	ice de la Thomas	Final Contraction
14th	15th	16th	17th  ◆ Combined E.N.E. Carnival at St.Helens  ◆ Launching into Learning—St.Marys Kinder - 10.30am  ◆ Stepping Stones—Parent Free	I 8th  ◆ Launching into Learning—Fingal Campus  ◆ Drama Day
21st  Active After Schools Gr 4-8	22nd	23rd  ♦ Active After Schools Gr P-3  ♦ Combined Social—St.Marys 6.30 - 9.00	24th  ♦ Launching into Learning—St.Marys Kinder - 10.30am  ♦ Kinder Orientation 1.45 - 2.25	Launching into Learning—Fingal Campus     Bicheno Students—Grade 6 — Visiting for transition
28th ♦ Active After Schools Gr 4-8	29th	30th  ◆ Active After Schools Gr P-3	Ist December  Launching into Learning—St.Marys Kinder - 10.30am  Stepping Stones—Parent Free Session - St.Marys Kinder 1.00pm	2nd  ◆ Launching Into Learning—Fingal Campus  ◆ State Athletics

Above calendar is correct at time of printing For regular updates and other information please go to the school website:

www.schools.education.tas.gov.au/stmarys

# YOUTH ART - ROYAL HOBART SHOW

15 Students from St.Marys district School entered their art work in the Royal Hobart Show.

Lydia Hunt received a 1st place certificate and \$50 in the Grade 7 Section for her dry point print.

Breanna Francis received a Highly Commended Certificate in the Grade 8-9 section for her dry point print.

Freya Prebble and Ashley Strochnetter both received Highly Commended Certificates in the Grade 5-6 Section for their Batik Paintings.

Congratulations to all the other students who entered work in the Show and were given Participation Certificates.

# Breanna Francis

#### **Highly Commended**





Freya Prebble

1st Place Grade 7 Section



Lydia Hunt



Ashlee Strochnetter

Highly Commended

# Student Voice Research Workshop.

On Monday the 10<sup>th</sup> of October, Toby, Corey and Annalyse travelled to the University of Tasmania with Sally Johnson to present the research question that we constructed and prepared a few months prior at Newstead College. The question was

# "What makes you listen to and respect your teacher?"

During the day, we listened to other schools present their findings as well as present our own to them. The researchers that hosted the programme were extremely impressed with our method of research and the results that we concluded from our school. We would like to thank Sally for taking us along to Newstead College and the University of Tasmania, and to the researchers that have given us this wonderful opportunity. We have learnt a great deal from this experience and we feel that our school can be well benefitted with this information.

By Corey Thow and Annalyse Brooks.



# ST MARYS COMMUNITY HEALTH CENTRE

24 Nov

25 Nov

28 Nov

29 Nov

30 Nov

1 Dec

# DOCTORS ROSTER

Dr Latt 21/11/11-2/12/11

Dr Libby Reeckman 16 & 17 Nov Women's Health Clinic

# St Marys Community Health Centre GP Surgery Hours:

Monday—Friday 8:50am-12:30pm 12:30pm-1:30pm LUNCH 1:30pm-4:30pm

# PATHOLOGY SERVICE

<u>No Pathology Service between</u> 12:00-1:30pm or before 8:30am daily.

If you require Pathology before 8:30am an appointment must be made with the Nurses Station the day/night before.

#### **INR TESTS**

A doctor's appointment is required if you are having an INR test. Please let reception staff know when making your appointment that you are having an INR test. This is a 5 minute doctor consult.

AFTER HOURS SERVICE CONTACT NUMBERS
PLEASE PHONE GP ASSIST ON 1300 780 011
AMBULANCE 1800 008 008 or
EMERGENCY 000

COMMUNITY HEALTH CENTRE 6372 2111
PLEASE RING BEFORE PRESENTING AFTER HOURS

# SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts <u>can not be requested by patients over the phone</u> and are unable to be done over the weekends, ensure you have enough medications in advance.

PLEASE BE PATIENT waiting periods can apply

# WHAT'S ON AT THE CENTRE

16 Nov

Day Centre- For details on the group please contact Hayley Gilbert 6372 2111.

GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral

Social Work— Shan Williams. Please phone 6372 2111 for appointments.

Women's Health Clinic -- Dr Reeckman for appointments please ring 6372 2111

17 Nov

Women's Health Clinic - Dr Reeckman for appointments please ring 6372 2111

Social Worker— Shan Williams appointments available by phoning 6372 2111

Relationships Australia— Leanne McMurtie for appointments please phone1300 364 277

Continence Nurse. For appointment please see your GP or Health Professional for a referral.

# WHAT'S ON AT THE CENTRE Continued...

17 Nov Get The Most Out Of Life- Chronic Disease Self Management Course 10am-12:30. Gold coin donation.

Management Course 10am-12:30. Gold coin donation. Please phone Shan or Hayley on 63722 111 for details.

18 Nov Social Work- Shan Williams. Please phone 6372 2111 for appointments

21 Nov GP North Mental Health Worker– Brady Young for appointments please see your GP for a referral

TLC Meeting (Tasmanian Lymphoedema Centre)

10:00am in the Day Room

22 Nov Child Health Session with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381

23 Nov Day Centre- For details on the group please contact Hayley Gilbert 6372 2111.

> GP North Mental Health Worker— Brady Young for appointments please see your GP for a referral

Social Worker— Shan Williams appointments available by phoning 6372 2111

Get The Most Out Of Life— Chronic Disease Self Management Course 10am-12:30. Gold coin donation. Please phone Shan or Hayley on 63722 111 for details.

Social Work– Shan Williams. Please phone 6372 2111 for appointments

**Dietician (GP North)** - Appointments available by referral from your GP

Diabetes Educator (GP North)- Appointments available by referral from your GP

Exercise Physiologist (GP North)-Appointments available by referral from your GP

GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral

Child Health Session with Sue Gofton every Tuesday-Appointments only. Please phone 0428 136 381

Tom Bain, Rae & Partners Lawyers. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555

Day Centre- For details on the group please contact Hayley Gilbert 6372 2111.

**GP North Mental Health Worker**– Brady Young for appointments please see your GP for a referral.

Social Worker— Shan Williams appointments available by phoning 6372 2111

Relationships Australia— Leanne McMurtie fo appointments please phone1300 364 277

Social Work— Shan Williams. Please phone 6372 2111 for appointments

Get The Most Out Of Life- Chronic Disease Self Management Course 10am-12:30. Gold coin donation. Please phone Shan or Hayley on 63722 111 for details.

GP Podiatrist- Annabel. Please see your GP for a

TABIS (Tasmanian Acquired Brain Injury Service)— Hannah Rubenach phone 0437 076 100

Social Work- Shan Williams. Please phone 6372 2111 for appointments.

Information of this page was supplied by: St Marys Community Health Centre, Gardiners Creek, Road, St Marys, TASMANIA. 7215

2 Dec

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# Free Pap Smear and Sexual Health Clinic

Lisa from Family Planning Tasmania is back visiting Break O'Day

At the Healthy House on
Wednesday the 30th of November
Thursday the 1st and Friday the 2nd of
December 2011
Appointment needed
Contact the Healthy House on
63765242

or

Come into 5 Portland Court St Helens Don't delay appointments go fast !!



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#### MEALS ON WHEELS ROSTER Nov/Dec St Marys **Fingal** Monday 21st Pam Lynch Neighbourhood House Tuesday 22nd Val Spencer Lorraine Gill Wednesday 23rd **Thursday** 24th D & V Rice **Friday** 25th Drew Adam **MOW Contact** Phone: 0488 384 344 Monday 28th Lundy Vosper Neighbourhood House Tuesday 29th Pam Bretz Wednesday 30th Liz Rice

# **Church Services**

Heather Griffiths

Claire Bean

# Catholic Parish of St Marys

1st

2nd

Thursday Dec

Friday

Sr. Lorraine Groves Parish House. Ph: 6372 2252 Mob: 0409 172 741

#### 1st Sunday: MASS

St Helens Vigil L/W 6.00pm Bicheno L/W 9.00am Fingal 11.30am

# 2nd Sunday: LITURGY

St Helens Vigil LWC 6.00pm St Marys LWC 9.00am Bicheno LWC 9.00am Fingal LWC 9.30am

#### 3rd Sunday: MASS

St Helens Vigil 6.00pm St Marys 9.00am Fingal 9.30am Bicheno 9.00am

# 4th Sunday LITURGY

St Helens Vigil 6.00pm St Marys 9.00am Bicheno 9.00am Fingal 9.30am

# 5th Sunday LITURGY

St Helens Vigil 6.00pm St Marys 9.00am Bicheno 9.00am Fingal 9.30am

Enq: Baptisms & Weddings
Ph: 63 31 4377
Church of Apostles
Presbytery
Officer Hours: 10.00am - 3pm.
Sr Marjorie Ph: 6381 1122.

# Anglican Parish of Northern Midlands

Neighbourhood House

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday –Family Service)

# Anglican Parish of Break O'Day

Ph: 6376 1144

9.00am St Helens Every Sunday 9.00am 8 am and 10.30 am 9.30am St Marys Every Sunday 10am

Pyengana: Kids Church,

2pm - 4th Sunday every month.

#### Salvation Army TUESDAY JAM

3-5pm every Tuesday. excepting school holidays. Envoy Melanie Norton Ph: 63722099

# **Break O'Day Uniting Church**

The Manse St Helens
Ph: 6376 2405
St Helens
Fingal
9.00 am
11.15 am

# **Seventh Day Adventist**

Hodgeman Street Scamander Sabbath School **10 am** Divine Service **11 am** 

# **Contacts for Valley Voice**

PH: Judy: 6372 2155 email: judith.spilsbury@telair.com.au Accounts: Mary: 6372 2328

Please leave written material at the St Marys Pharmacy, Main St, St Marys, or post: C/- Post Office, St Marys Tas 7215

**Advertising: 2011** 

Classifieds: 25 words or less: free
Community notices: free.
Small boxed ads. Garage sales. Greetings.
Thanks etc. \$12.

1/4 page \$20. 1/2 page \$30.
Full page \$50.

1 year posted subscription \$40.

# On Air Now! Vision FM 88.0 at St. Marys, St Helens *and* Fingal.

The Breakfast program is now hosted by Matt and Karen on weekdays.

There are now over 500 stations

Australia wide.

100% positive music & talk all day long; connecting faith to life.

National Vision Radio Network. Phone 1800 007 770.

# St Marys Online Access Centre Opening Hours:

Monday 10am -3pm Tuesday 10 am-4pm Wednesday 10am-4 pm

Thursday 10 am - 3 pmFriday 10 am - 3 pmSaturday 11 am - 2 pm

Ph: 6372 2005

# ST MARYS OP-SHOP

SUPPORTING YOUR LOCAL SCHOOL

NEW SUMMER OPENING HOURS: STARTING MONDAY 3RD OCTOBER MON TO FRI. 10AM — 4PM (WHERE VOLUNTEERS ARE AVAILABLE) ST MARYS MARKET SATURDAY 10AM—2PM

PH: Janet Drummond: 6372 2851.

The summer opening hours have now started - 10am-4pm.

Shop will only be open as volunteers are available. So sometimes the shop might have to open late or close early.

If you're interested in assisting the school and volunteering at the Op Shop, please contact Janet Drummond 6372 2851.

# St Marys Sports Centre Inc.news Kackhander.

First a massive thank you to all those club members involved in the recent catering for the 'Van Demons' Motor Home visitors. The feedback (excuse the pun) was tremendous on Sunday. They were just blown away by the quality of the food and equally by the fantastic hospitality. Heard on the grapevine that this is to be a regular MUST DO on their calendar. To the crew, just fantastic... Thanks.

Equally to Macca and family for another wonderful effort and generosity for running the McDonald's Cup the previous weekend. To all those who played and supported the day THANK YOU, also thank you and a special mention to our visitors particularly the crew from Malahide. Your support is priceless. To Glenn McDonald in particular your work is equally priceless and to those who worked their butts off to present the course as it was again a huge thanks.

On a related matter here, one of our hardest course workers of all time, Col Payne, has decided to have a well earned break from a monumental effort over several years. If ever a volunteer deserves praise on this front, it's Col. Thanks so much. Also to partner Kim Chappell our secretary, time commitments on other important fronts has meant she is not able to continue at the moment. Thanks Kim for all you have done for the club in recent times.

To Pennant Bowls... Our first experience on the all weather surface at St Helens proved a learning experience for both men and women. Each team was well beaten but not discouraged. Look out next time. A big thanks to Paul Davern and Jack Viney who both came back to help us out of a difficult situation when short. Their vast experience and skill was terrific to have again. Thanks indeed.

The next two weeks we have home games against Bicheno and Scamander respectively and to say we need wins is an understatement. Let's have a go.

In the East Coast Triples, great news, in the ladies it was an all St Marys final with congrats to Janice Viney, Nicky Leedham and Barb Davern in taking the title by a narrow margin of three shots over Liz Baldwin and Kirsten and Caitlyn Viney. What a great effort by all six St Marys girls.

Also congratulations to the Scamander winners of the Men's Triples championships.

Barefoot bowls kicks off this week November 18<sup>th</sup> 6pm for 6.30 start. If you're new to the area, or a non member here's your chance to come along and try a great game and enjoy a great little club into the bargain. See you there. Don't be shy.

Also in golf. On November 27<sup>th</sup> (Sunday) we are proud to host the longest running perpetual club trophy (over half a century) The Spilsbury Trophy. Let's do it due justice and strongly support it and the generous family putting it on again.

Until next time, good hitting and rolling.







ST MARYS SPORTS CENTRE INC. Every Friday — 6.30 - 7.30pm drinks at discounted prices

Ph: 6372 2177

PRINTED AND PUBLISHED BY VALLEY VOICE PUBLICATIONS, ST MARYS TASMANIA 7215.





38 Main Street St Marys
Phone/Fax 6372 2240 - Butcher Ph: 6372 2274
Mon – Fri 8am – 6pm
Sat 8am - 12 noon Sun - closed

# This week's specials.

(available from Thurs 17rthNov - Wed 23rd Nov)

#### from the butchery

Premium mince	\$ 8.99kg
Round steak	\$ 8.99kg
Ingham chicken thigh fillets	\$10.99kg
Lamb forequarter chops	\$ 8.99kg
Gerello roasts	\$ 8.99kg

#### from the coolroom/freezer

j	
Meadowlea margarine spread 1kg	\$3.79
Kraft cheese singles 410/500g	\$3.99
McCain superfries 1kg	\$2.99
Peters Original ice cream 4lt	\$6.99
Nestle drumsticks 4pk	\$5.99

#### all only \$1.99

Smiths potato chips 175g
Alberto Balsam shampoo & conditioner
Mitr Phol white sugar 2kg
B& G sliced bread 680g + Rolls 6pk
Allens Jelly confectionery range 180/200g
Arnotts Savoy/Clix 180/225g
Arnotts choc TV snacks/Teddy/Scotch Finger&
Wagon Wheels 160/250g

# next week's specials

(available from Thur24th Nov - Wed 30th Nov)

# from the butchery

Rump steak	\$ 9.99kg				
Legs of lamb	\$ 8.99kg				
Beef stirfry strips	\$12.99kg				
Ingham gourmet chicken portions	\$ 6.99kg				
Pickled pork	\$11.99kg				
cooking needs					
Sunbeam mixed fruit 375g	\$2.99				
CSR soft icing sugar 1kg	\$2.99				
TasTaste Plain/ SR flour 2kg	\$1.99				
McKenzies coconut 250g	\$1.49				
Nestle condensed milk 395/400g	\$2.79				
grocery lines					
Nabisco in a biscuit 175g	.99c				
International roast coffee 200g	\$4.99				
Safcol Tuna in springwater 425g	\$2.99				



Kelloggs Crunchy Nut cornflakes 380g/ Special K

\$3.99

\$3.95

Nestle Café Menu coffee sachets 10pk

300g/Nutrigrain 290g/Sultana Bran 420g