

The Valley & East Coast Voice Volume 44 No. 7. Thursday, July 28, 2011.

Est. 1968 50 cents

Christmas in July

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St Marys Sports Centre

What a truly wonderful night it was...the hall was decked with boughs of holly along with all the other trimmings. From the outside lights, to the Christmas tree and table decorations so nicely done by Colin Payne, Bobby Harwood, Kirralee and Bonnie.

Our MC for the night was Glenn McDonald, full of beans and the spirit of Christmas. The wheel was spinning off the dial, lucky ticket prizes kept the crowd very merry indeed!

All the kiddies were excited about Santa arriving; he came out of season for a special visit bringing with him yummy lolly bags for everyone. Lots of games were played with giggles and guffaws by young and old alike.

Full to capacity, there was laughter and singing and a little drinking aided by our barman for the evening, Jim Turner. It certainly was a bustling, joyful place to be. It was excellent to see so many people support this event, come along and have a great evening.

The crowning glory of the evening was the meal. It was an amazing spread prepared by a small, but enthusiastic bunch lead by Christine Rowntree along with various helpers handling the food preparations and washing up in the kitchen. Dennis Coleman was in charge of roasting the ham and turkey. Delicious!!!! And by all accounts certainly was WELL worth the price.

We would like to take this opportunity to send out a BIG THANK YOU to ALL those hard working people who contributed their time and/or donated goods, decorations etc. We will attempt to list them all, but if for some reason, we forget to mention you by name, rest assured your contribution is greatly acknowledged.

We are happy to say, due to the local community supporting us in hard work, donations and attendance; we have made a much-needed contribution to the St Marys Sports Centre...THANK YOU ALL.

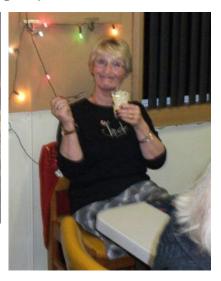
Finally, without Tamatha Mahoney being the driving force behind this idea, it wouldn't have happened.

David Gilbert. Glenys Turner, Ruth McGiveron, Val Spencer, Chloe Bond, Kim Chappell, Judy @ Valley Voice, StarFM, Dan @ Becks Home Hardware, P D Wholesalers, VMB Distributors, Heath Lethborg @ Lethborgs Smallgoods, Jim Cox of Ringarooma, Mark Carrick @ IGA, Margaret Derbyshire, Troy Targett @ Juicy Isle, John Vandenbosch.





Photos courtesy Kim Chappell
More photos inside and on back page...



<u>Please note</u>: Deadline for articles in the next Valley Voice is 5pm <u>Tuesday August 9, 2011</u> <u>EMAIL ADDRESS</u>: judith.spilsbury@telair.com.au

Community news

St Marvs Hospital Auxiliary meets the first Monday of every month at 2pm at the St Marys Community Health Centre.

The Break O'Day Woodcraft Guild Inc. meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

The Tasmanian Lymphoedema Centre Inc., holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies Midweek **Tennis** 9.30am each wed. Need new players - of any standardbeginners welcome-childminding included - lovely safe place to bring toddlers while you play. Ring Annette- 6372 2224.

St Marys Playgroup meets each Monday 10.30am - 12 noon at the Falmouth Community Centre, during school terms. \$2 a session per child or \$3 per family. Please bring a piece of fruit to share and your child's personal drink bottle. Bikes plus helmets welcome. Phone or text: Danyelle: 0427 073 100.

WOMBAT WALK LANDSCAPING GROUP meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Playground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. Contact -Robina 6372 2022.

St Patricks Head & Esk Valley Historical Society Inc has a meeting one month and a field trip the next. We invite everyone to come along on the third Sunday of the month and enjoy an informative time with lots of fun. For more information Phone: Barry Aulich (637225752) Darlene Wright (63722416) or Jim Haas (63722127)

The Scamander and Beaumaris Community Development **Association** meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Rachel Woods. Rachel can be contacted on:

Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome... If you can yawn - you can sing. Phone Mary-Anne Wadsworth 6376 2969.

Break O'Day Regional Arts - General meetings held on the first Wednesday of each month at 5.30pm in the supper room at the back of the St Marys Hall. All welcome. Inquiries to Colin

Meeting dates for Friends of St. Helens History Room & Museum for 2011.

Executive Meeting Dates: 01/08/2011- 07/11/2011 General Meeting Dates: 22/08/2011- (AGM) 28/11/2011 Contact the Centre at 6376 1744.

St Helens Alcoholics Anonymous (AA) Wednesday 8pm Weekly. St Pauls Anglican Church Hall, St Helens. Murdoch 6376 3335.

St Helens Al-Anon Family Group (Al Anon) To help families and friends of alcoholics recover from the effects of the living with the problem drinking of someone close. Sunday 2pm weekly. St Pauls Anglican Church Hall St Helens Anne or John 6376 4270 or Rose 6376 3335.

St Marys Alcoholics Anonymous (AA) Friday 8pm Weekly. Holy Trinity. Mick & Shirl: 6372 2909.

SENIORS KIOSK



Are you aged 50 years or over? Would you like to have basic computer skills? Would you like to enhance the skills you have? Would you like to email, surf the net, pay bills online, or simply play computer games? Would you like advice in purchasing a computer for around \$300?

If your answer is yes to any of these questions then come into the St Marys Online Access Centre at 23b, Main St, St Marys and talk to one of the friendly volunteers.

For everyone over 50 it is all free

MANGANA MISSION MUSICIANS JAM NIGHTS

Monthly musicians jam nights will be held at Mangana Mission, 63 Elizabeth Street, Mangana on the 2nd Friday evening every month.

Aug.12th Sept. 9th, Oct. 14th, Nov 11th, Dec 9th. Starting time will be 6.00 pm. BYO meat and drinks for a BBQ. All styles of music, instruments and vocalists are very welcome.

For more information call André or Kate on 6374 2212

The Break O' Day Stitchers meets each Friday in the Bungalow at Neighbourhood House in St Helens from 10 a.m. to 3 p.m. and participants are welcome to stay for as long or short a time as they may choose. The choice of projects to work on is also optional - either to bring your own work or join in and assist on a group project.

A course is being run by Break O'Day Stitchers on Saturday 30 July 2011, from 10 a.m.to 3 p.m. in the Bungalow at Neighbourhood House in St Helens to make a Braided Table Runner for a fee of \$15.00 which includes tea, coffee and biscuits. Bring your own lunch, sewing machine etc. Details and bookings can be made with the tutor - Kay Roberts - 0402 007 802 or by e-mail paradox64@bigpond.com

The St Marys Memorial Association will be commemorating Vietnam Veterans Day/ Long Tan at the St Mary's Cenotaph

at 1.30pm on the 18th August 2011.

All residents and families are invited to attend. If you or your organisation would like to lay a wreath please phone

Wendy or Reon on 6372 2094.

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.

Classifieds

For sale

Pine window frames, 1940s style, with glass. Assorted sizes, good condition. **Ph: 0427 603 488.**

75ml Agpipe & seals-large quantity. **service wire-**large quantity. **Shed-**large **Pick up only-make an offer.**

St Marys Sports Centre

Contact Jim-6372 2441 or Mark-6372 2240.

Lhasa-Apso x Maltese puppies. 7 weeks old, vaccinated and vet checked. \$500 each. **Ph: 0429 676 593.**

PS3: 40GB - includes brand new replacement console plus all attachments, including hand control and all cords. (second hand) \$270.000. **Ph:** 0437 645 504.

York 401 gym. Good condition, needs maintenance. \$50. Etonic men's golf shoes, size 9½, black/brown, with bag. \$30. New carpet remnants, good room sizes, assorted colours. P.O.A. Contact Denis Floyed. Ph: 6372 2176.

TH Magna, blue, 3.5ltr, ex cond. 151,200 km, good tyres, tow bar, nothing to spend. 6mths rego. Drive away for \$4,900. **Cabana c/van.** Refurbished, new vinyl top, new fiberglass roof and many extras. \$6,900. Buy both for summer, \$11,000 combined. View at 26 Frank St., St Marys. **Ph: 6372 2989 - 0410 654 750.**

CB Radio. GME Electrophone 40channel UHF, model TX472S, plus Electrophone 6DB & 9DB antennas, model no.AE-409. All set to go, including cable & brackets. \$120. ono. **Ph: Max 6372 5541 or 0418 992 217.**

Astronomical Reflector Telescope. Saxon FR900 x 130, with motor drive, hand control & battery case, aluminium tripod, all eye pieces, manual and accessories included.

To buy new: \$630. Will sell for \$250.ono.

Ph: Max 6372 5541 or 0418 992 217.

Wood heater, Ultimate supreme, 18 months old in very good condition. 3 speed fan, triple burn system, large glass window. will heat 180 sq meters. \$ 1200. (cost over 2000 new) (no flue)

Ph Rick: 0419 788 407 or 6372 2659.

Motor cycle 2007 YZ 85. Good condition. \$1650. **Ph: Ryan on 0447 409 155.**

'82 WB Panel van, auto, \$3,500. firm. **Ph: 0459 388 478.**

Bosch 2sp Power drill. 420w, 800rpm—1500rpm. Ex con. \$35. **Ph: 6372 5541 - 0418 992 217.**

Everhot combustion stove with low pressure hot water cylinder, in good working order. \$500. Ph: 0427 603 488.

'80 Subaru 4Wd 5spd touring wagon, running order good drive train, unreg, wreck or relic.

\$550. ono. **87 Hiace LWB Van,** 5 spd petrol running order, unreg, wreck or relic. \$550. ono.

'88 Yamaha 50cc scooter. Lic runs well. \$750.

Ph:(03) 6311 1637 (Not Saturday)

Corner vanity unit, new. \$120.Aluminum window 2276 x 165cm with amber glass at top.\$80. Ph: 6372 2446.

WANTED TO BUY ANY OLD MOTOR BIKES REASONABLY PRICED. PH: 6391 8689

WANTED SPINNING FLEECE, ANY COLOUR. 10CM LONG, OR LONGER.

Phone Rosa on 6372 2238.

WANTED

OLD WATER TANKS FOR ANIMAL SHELTERS.

PH: 6372 2336

WANTED

STIHL CHAINSAW MIDSIZED 034, 036, MS 310, ETC. GOOD CONDITION. \$200 - \$300. Ph: 0417 320 142

give away

Puppies: 1 female, 1 male. Father Retriever cross Labrador, mother Kelpie cross Labrador. Vet checked and wormed, ready in 4 weeks. Contact Donna: 03 6374 2161.

Frozen blueberries - \$11 kilo Phone 6372 2341.

"Moo-Poo". Finely screened. Any quantity. See Norm. Ph: 6372 2380.

Garden mulch. Large square bales of straw.
Free delivery in St Marys area.
Ph: Mark or Alana: 63722145.

Small square bales of garden mulch \$5. Small bales of grass & clover hay. \$5. (undercover) Garden mulch, in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area.

Ph: 0407 944 158.

Tractor slashing available. Ph: 0407 944 158.

For sale (cont'd)

Girls computer/make-up cabinet with lights and mirror. Pink and white melamine. Very good condition. \$100. Coffee table/ chest (900 x 500w x 500h) excellent condition. \$120. Samsung DVD player, excellent condition. \$50. Contact Karen Polden Ph: 6372 2438 or mob: 0439 333 398.

Exercise Bike \$30. ono. Walkie Talkie Set 2km range. \$10. Laser Level + tripod. \$45. Wilkinson Hand Saw, set 1/4" router bits (new). 25w heater for fish tank or beer making. (new). Large plastic pulley metal frame. Basketball hoop. Tyre pressure gauge PSI. Chrome door handles with catch. Grease gun. Pair size 9 men's heavy duty wellingtons. good cond. Plus more.

Please phone 6372 2412. M & G Derbyshire.

16 Cameron St. St Marys.



www.fingalvalleyhistory.com

ANNUAL GENERAL MEETING

The Annual General Meeting of the St Patricks Head & Esk Valley Historical Society Inc will be held at the St Marys Online Access Centre on Sunday the 21st August 2011 at 2:30 pm

ALL PAST, PRESENT MEMBERS AND THE GENERAL PUBLIC ARE WELCOME TO ATTEND

Jim Haas, Public Officer

NOTICE OF ANNUAL GENERAL MEETING

The Fingal Valley Meals on Wheels Association will be holding their AGM at the St Marys Community Health Centre at 2pm on the 16th August, 2011. All welcome. Lundy Vosper (Secretary)



Break O'Day Regional Arts AGM

will be held at the e.ScApe Cafe

Tuesday 6th September, 2011 4.30pm.

Susan Nelson (Secretary)

The A.G..M. for the Friends of the History Room will be held on August 22nd at 5 pm in the Bungalow of the Neighbourhood House, St Helens. To make the meeting a little more interesting we have Ted Bugg, Park Ranger, giving us a talk on the Huts of Antarctica, Mawsons, Shackletons and Scotts. The meeting is open to anyone whether they are members or not. Light refreshments will also be served.

Join Us for a Winter Warmer

Hot home made Soup and Bread, a dessert you will never forget!

Get out of the kitchen and enjoy a night of food, fellowship, and fun.

Our monthly Saturday night dinner served to our family, friends, and guests at the St Marys Anglican Church.



Hope to see you on Saturday the 20th August 5pm Bring an empty tummy, so we can fill it up! RSVP by Wednesday 17th Juanita 6372 2952 or Barbara 6372 2428.

Valleys Tasmania venture

ATER ESK TOURISM

Next Meeting:

Monday, 8th August, 7pm

Fingal Neighbourhood House

Fingal 7214

Notice of AGM – 12 Sept 2011

ALL WELCOME

Enquiries – 03 6372 2783

Bicheno Indoor Market

When: every last Sunday of the month

until end November 2011.

Where: Bicheno War Memorial Hall

9am - 1pm

Hot Foods – come and enjoy breakfast, morning tea or lunch.

Variety of Stalls

More stall space available: Contact David Logie: ph. 6375 1129.



Sunday Market

Happening:



At the Old Tasmanian Hotel

On the last Sunday of the Month

Please ph 6374 2344 or mobile 0488 562 538

to book your table/trestle Needed: fruit & veggie stall holders

Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking and other inquiries, please phone Marilyn on 6376 1858.



St Marys Market

Rain hail or shine the markets will be held on the 1st Saturday every month in the community hall. 9am start.

New stall holders welcome.

Phone Robina 03 6372 2022 or Sue 03 6372 2512

CATHOLIC CHURCH FUND RAISER

TO ALL OUR LOYAL SUPPORTERS
PLEASE NOTE:

OUR USUAL

"CHRISTMAS IN JULY" WILL NOW BECOME A

VELCOME INTO SPRING"

DINNER

O BE HELD IN SEPTEMBER. WATCH THE VALLEY VOICE FOR MORE DETAILS.



"Convicts of the Fingal Valley"

The original concept of researching the convicts who built the St Marys Pass was put forward by the late David Clement. David's project was to find the names of every convict who worked on the Pass and have them engraved on a plaque, then set in stone at a memorial park situated near the top entrance to the Pass.

David began the project while he was working at the St Marys Library, but after his election to Local Government, his time was limited and he turned the project over to the St Patricks Head & Esk Valley Historical Society Inc. It was then taken up by Society member Darlene Wright, who decided the best way to document and preserve this most significant time in our history was to put it all in book form.

Darlene's initial research led her to see the need to expand the convict history beyond the Pass and study the convicts of the Fingal Valley, in particular the Probation System, which provided the workers for not only the Pass, but many other infrastructures throughout the Valley.

To fully understand the transportation of convicts to Australia you have to go back to Eighteenth Century England and the dispatch of the First Fleet on the 13th May 1787. Darlene's book begins there and covers the settlement of New South Wales and then Van Diemens Land in 1803. The book looks at the allocation of convicts to settlers in the Fingal Valley, but the concentration is on the Probation System, introduced by Lieutenant-Governor John Franklin

Convicts of the Fingal Valley

History of the Probation Stations of the Fingal Valley

Darlene Wright

in 1839. It was from this system that a quite elaborate Probation complex was built at Fingal in 1841.

From there, many convicts were assigned to the Barracks at Avoca to build the first bridge over the St Pauls River, Falmouth Barracks to work on the bottom end of St Marys Pass and the Probation Station at Grassy Bottom, two kilometres east of the current township of St Marys. It was at Grassy Bottom where the bulk of the 532 convicts who worked on the St Marys Pass were housed. Six of the eight who died during construction are buried on the hill overlooking the old station.

The book is also brought to life with dozens of images portraying the period the book covers. Also the photos of some of the people prominent in our history are included, two of which are of the first settlers to the St Marys area: Robert Vincent Legge and his wife Elizabeth, who built the "Cullenswood" estate.

The research for this book has been massive and whilst the bulk of the work was done by Darlene over several years, Society members Barry Aulich and Lois Hayes, helped out with finding all the names. This involved spending countless hours, either at the Launceston Library going through hundreds of micro films, or at their computer screens going through ship's records. It is only through the ships passenger records where you can find when a convict arrived in the Colony and to where they were sent after arrival. This is not only time consuming, but extremely tiring because all the records are in old hand written scroll and at times hard to read. Although Darlene, Barry and Lois all agreed that after a while, you get a feel for the writing and the reading does become a little less painful.

Anyone who has put a book together would know the amount of hours and dedication needed to achieve the final result. This is more evident in a document such as this where so much research is required to ensure all areas are covered and facts are as accurate as possible.

Darlene is to be commended on her achievement in this book, it is a wonderful account of a period in time that was so important to the structure of the Fingal Valley and yet could quite easily be forgotten if not for documentation such as this.

The main role of the St Patricks Head & Esk Valley Historical Society Inc is to research, document, preserve and make available the history of the Fingal and Esk Valleys. This book, "Convicts of the Fingal Valley", goes a long way in doing just that. It also goes a long way into completing a project initiated by one of our most dedicated historians, who is sadly no longer with us. Perhaps, one day we'll see David's project completed with a Heritage Park at the top of the Pass

PS: "Convicts of the Fingal Valley" will be launched at the Greater Esk Tourism Cocktail Evening to be held on Friday the 5th August 2011 at the Purple Possum in St Marys, commencing at 6:00 pm.

Jim Haas

Letters to the Editor

Vol. 44 No 6, July 28, 2011

St Marys is a lovely little town.

Yes, St Marys is a lovely little town! People say so all the time - and not only those who live here. We get many tourists who say how delightful it is, full of character and above all with a friendly, relaxed atmosphere with helpful, honest and welcoming people. Many tourists have commented 'please don't ever change it'.

But like any small town there seems to be a dark underbelly which is disturbing; one that could fester, grow and infect the positive aspects that make this place so attractive.

Naming no names and pointing no finger, I have heard over the past few years, rumours, innuendos, gossip and even reliable sources of information that indicate a rather nasty homophobic streak amongst some of our citizens. While some of this could be embroidered hearsay there is also a ring of truth in it and if this is the case those responsible need a good kick up the bum or at least to hang their head in shame.

Note: homophobia is commonly described as a morbid fear of or aversion to homosexuality.

Some facts about homosexuality: firstly, it is not a chosen lifestyle. We are born with our sexual preferences with approximately 10% being homosexual - a figure unchanged throughout history and across cultures. And the question arises as to why on earth would anyone choose a lifestyle that results in discrimination, persecution throughout the ages, high suicide rates amongst young men, and criminal charges in some countries and/or capital punishment?

Secondly, paedophilia does not equal homosexuality. Most sexual crimes against children are committed by heterosexual men. A large percentage of those crimes known as incest are committed within the family – which should be a haven of safety and protection for the innocent and vulnerable up to the age of 16!

So take note fellas, having sex with an underage girl, regardless of her consent, is a very serious crime and punishable by several years' incarceration. Known commonly as carnal knowledge it can also be viewed as paedophilia.

The desire for sex with young children is the result of a sick mind. It usually occurs in a man who is unable to deal with adult relationships. It is not related to sexual preference.

Those suffering from homophobia, (suffering because it must take a great deal of negative energy that can only affect those holding it to maintain this level of hatred), have a similar profile to racists. Both are fear based and we know that fear outwardly expressed leads to persecution, discrimination and aggression.

What these men fail to realize (and I say men because the majority of homophobes tend to be male) is that every time they express their opinions on the subject they inadvertently advertise their own ignorance and insecurity and, in the case of homosexuality, often their own unresolved sexual identity.

So just what is their problem? Do they feel threatened in any way? And if so how? It is certain they have no fear of competition in the women stakes. Or do they fear they will somehow be contaminated? Highly unlikely if they are mature and secure within themselves.

It is also noteworthy that homophobic reactions are different towards gay men and lesbians. With gay men the discrimination seems to stem either from fear of one's own sexuality or from a perceived slur on what they regard, quite arrogantly and wrongly, as 'real men'; with lesbians it takes the form of 'all they need is a good f..... to cure them'. Either way it isn't very clever.

I really would like to know what causes such fierce discrimination against a group of people who, when you consider the reality, pose no threat to anyone at all. Why are these homophobes so frightened? Why do they hold such violent hatred and lack of compassion? Why is it that most men I know, whom I do consider to be real men, do not hold such an aversion?

There is a belief floating around the misinformed that homosexuality poses a threat to the institution of the 'family'. In what way? In nineteen years' experience as a Family Court Counsellor, it has been observed that many heterosexual couples in families do very well thank you, without outside help, in stuffing up their own lives as well as the lives of their children.

The complexities involved in making families work are so manifest that it is a gross over simplification to believe that homosexuality, or gay marriage for that matter, can ever be seen as a potential threat. Rather than look at and deal with these complexities it appears far easier for some to find a scapegoat.

Not surprising, it can also be part of the profile of a homophobe to be a misogynist. Some find it hard to see women as equals and treat women either with contempt or as something of a joke. While such men might, at times, put their mothers or wives on a pedestal, they have very little regard for women they perceive as being morally corrupt or simply beyond their understanding and/or control.

Find a man who commits domestic violence – be it physical, emotional, financial or sexual, and you may very well find a man who is also homophobic.

St Marys IS a lovely little town. The people are friendly and easy going and, for the most part, accepting of others; it's

been a delight living here. So it is extremely sad that homophobic discrimination with all its ugly ramifications may exist to mar what has the potential to be an even better, more compassionate, more welcoming place in which to live. Julia Weston

'For those with issues regarding the above the following links may prove helpful:

<u>www.beyondblue.org.au</u> <u>www.workingitout.org.au</u> or www.ecqls.org '

EAST COAST SURVEYING

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We can help you.

- □ Buying a property?
- □ Planning a development?
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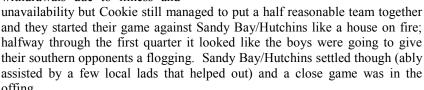
St Marys Tigers Football Club – Match Report. Harry Veldums, Club President.

After a frosty and foggy start to the day the sun came out and while St Marys Football Ground was a little soft and muddy we saw two great games of football.

The first game was a beauty; Claremont are one of the top Hobart teams but Launceston bolted out of the gates and built a commanding lead. Claremont came back as the game went on but Launceston lifted up a notch and ran out comfortable winners 10.4 64 to 6.2 38.



The St Marys Tigers team was depleted by a couple of late withdrawals due to illness and



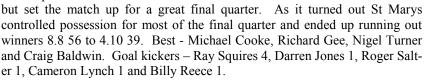
Ray Squires was strong in front of goal, Michael Cooke was once

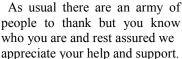
again in the thick of everything and Nigel Turner, in his first game for the Tigers, was also prominent.

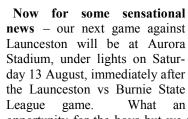
By half time the Tigers had kicked well clear but then all of a sudden in the third quarter the ball stopped bouncing their way and Sandy Bay/Hutchins picked up the pace. For a while there it looked like our opponents were



coming home with a wet sail but a vital goal from Billy Reece late in the quarter stemmed the flow









opportunity for the boys but we will have to be at our best to match it with Launceston. More details to follow.



ST MARYS BAKERY

PH: 6372 2131 OPEN 7 DAYS A WEEK



FRESH BREAD, ROLLS & BUNS, PIES, PASTIES, CAKES, HOT FOOD, COFFEE, COLD DRINKS, ICE CREAM. 52 MAIN ST ST MARYS.







More photos from Christmas in July







St Helens Flowers

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Donna of St Helens Flowers takes all the fuss out of ordering flowers.

Arrangements, Boaquets, Gift Baskets, Wedding Flowers, Floral Tribates

Member of the Petals network—we can now send or receive flowers worldwide

Fantastic Fresh Flowers delivered to your door or statewide

Ph Donna-6376 1211



Fun Range of Helium Balloons!



School exam answers

Joanna works in an office. Her computer is a stand-alone system. What is a stand-alone computer system?

It doesn't come with

Where was Hadrian's Wall built?

Around Hadrians garden





You are invited to the Opening of Gallery Parnella and the Launch of the Bay of Fires Art Prize at 5:30 pm on Friday 26th August 2011 at Gallery Parnella, 60 Cecilia Street, St Helens.

To be opened by eminent artist and Archibald Prize winner, Geoff Dyer.

Supported by





RSVP by Mon 22nd for catering to info@bayoffiresartprize.com.au or 0418833881

gone rustic studio & gallery

on display now – the notebook project from *fibre arts* australia (artists journals from around the country)

16 july (saturday) – art journaling with *maggie fletcher* (\$10; byo cut lunch; tea & coffee provided

37 main st st marys tas 7215

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opening hours tues - sat. 10 - 4

member of greater esk tourism & tasmanian regional arts





A funny thing happened... on 'Stress Down Day'...well several funny things actually. All the people on the street and in the shops, whether they were customers or staff, had Chuppa Cups sticks in their mouths, or tasty snakes. Wondering just what was going on I continued along the footpath only to come face to face with a clown! A clown? On the streets of St Marys? On further investigation, it seems one 'canny' Lions Club member had arranged for the clown to appear in St Marys, to help people 'Stress Down'. I believe it worked too, as several members of the public have said to pass on their congratulations for the brilliant idea, as we all had a good laugh, which always helps when you are uptight about something. Special thanks to Ruth.

(May I add that the clown was NOT arrested for 'clowning around', it was just the spot we met.)

Treat yourself to a hot and tasty soup in a warm and snug café – Purple Possum!

We have the perfect answer to Winter's chilly blasts – delicious hot and tasty soups including Leek & Lima Bean, Adzuki, and Lentil – along with some new recipes we've created. All served with a crunchy roll in our warm and welcoming café! What could be better?

See you soon!

Purple Possum





St Marys Pharmacy is now stocking **Designer Brand** make-up.

Call in and get your **Loyalty Card**, which entitles you to buy 6 products, get your card stamped and get the

7th product FREE.Purchase 3 products at the same time and

receive a **FREE Pen.**Purchase 2 products at the same time and

receive a **FREE Lipgloss**.

You also get a **FREE Mascara** when you purchase a foundation.

Prices start at a low \$4.99.

The Say Cagerattler

A bit quiet on the local front at present until we start whinging about the rates again, so perhaps this time I might mention the Carbon Tax. Some-one has to. Hardly gets a mention in the media.

Actually being flooded with information as we are at present I think is probably confusing us so much we don't know what to believe. For me I feel that even if there isn't much of an improvement in carbon emissions in the next 20-30 years at least we can say we tried to do something. So many of the really big polluters have yet to do anything much at all, which might suggest what Australia does is pointless. Why bother? In my humble opinion the reason is simple. If enough smaller populated countries like us try to tackle this issue it will hopefully send a message to just about every country on this planet to do the same. Eventually by sheer weight of numbers they'd have to start listening. Imagine if financial pressures were brought to bear too in regard to countries with carbon schemes trading primarily with fellow countries doing the same. That's quite obviously over simplifying it of course and wouldn't always be entirely practical initially but as time goes on it might be.

The one over-riding fact for me though on this whole thing is this. Regardless what you think about climate change, no-one with one ounce of consideration could disagree that the millions of tonnes of carbon and other pollutants we pump into the atmosphere each year is doing any-one any good at all. So obviously any way we can dissuade heavy polluters to limit these amounts has to be a good thing. In a way it's a bit like recycling, the principle anyway. That is to limit the waste and hopefully re-use any component that might benefit later on. That's perhaps where the trees come into it all.

Apparently, so we are told, the financial impost to us will only be small as individuals and families. That would be great if the case, but another certainty for future generations regardless of the cost to us is it will cost a whole lot more later on if we do nothing. That's our kids and grandkids we are burdening then, aren't we.

I go into this with an optimistic mind hoping for the best and trusting that one day we will look at the Carbon Tax something like the GST. I recall doom and gloom when that was introduced and several years on it's just a part of our economy warts and all.

Before we consign the CT to the scrap heap maybe we need to give it a go.



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Ph 6261 3366

Toll free 1300 132 689

Email D.Adams.MP@aph.gov.au



WORKING WITH YOU FOR A STRONG COMMUNITY

Written and Authorised by Dick Adams, 53B Main Road Perth

Vietnam Veterans Day

18th August, 2011.

The Service will commence at 11am at the

Vietnam Veterans Memorial Site, at the Cenotaph in St Helens.

If you wish to join our Veterans in the march, form up will be at Hilly's Supermarket at 10.50am. You are also invited to lay a wreath for the fallen during the Remembrance Service.

Gary Graham

Vice President V.V.A.A. East Coast

Ph: 6372 5727.

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SPLIT POSTS



Out of the Woodwork Wendy Brennan, Secretary 0408 656 014

Many thanks to **Jan Sparkes** who left the Weekend Australian Magazine at the St Marys Post Office for members to collect and read. The article entitled "A Man and his Shed Inside the movement that's changing men's Lives" written by Kate Legge was enlightening and informative. One excerpt which was particularly interesting was that "there is a growing body of empirical evidence that shows men's networking in sheds actually builds immune systems".

The critique goes on to say that although it's difficult to calculate how many lives have been saved through the social interaction that sheds play, particularly in the remote rural areas, there is plenty of talk of suicide intervention. Many thanks again Jan for thinking of us. Article content such as this provides the hard working committee with the positive reinforcement and motivation that the journey has all been worthwhile.

While we are on the subject of a man and his shed the Guild would like to wish one of our long standing and active members a belated Happy Birthday for the 22 of July. **Col Mackenzie**, many happy returns.

The Guild has made a lectern which will be donated to the St Mary's Memorial Association to be used for ANZAC,

Long Tan and all commemorative services.

A gentle reminder that subscriptions are now up for renewal.

The Guild would like to extend a warm welcome to whoever is successful in leasing the Old Railway Station, and hopes that the camaraderie which has been



Reon Johns & Col McKenzie.

built up from previous occupiers will continue.

The Guild meets on the last Saturday of every month at 2pm in the old railway goods shed St Marys. New members always welcome. We are open Monday Wednesday and Friday. Other times by appointment.

A supportive environment where traditional woodcraft skills are taught

Grandparents don't have to do anything except be there when we come to see them. They are so old they shouldn't play hard, or run. It is good if they drive us to the shops and give us money.

Everybody should try to have a grandmother, especially if you don't have television because they are the only grownups who like to spend time with us.

They wear glasses and funny underwear. They can take their teeth and gums out.



After the overwhelming success of the 2010 event, Junction Arts Festival is back in 2011!

Held from 24 August to 28 August 2011 in Launceston, Tasmania, the Junction Arts Festival (JAF) is an annual multi-arts festival with a slight twist and a unique vision that will place it among a handful of progressive niche festivals across the world.

Junction will feature playful and ambitious contemporary live performance, theatre, visual and media arts, literature, music and dance by leading local, national and international artists, with a particular focus on works that invite audiences to become participants and collaborators.

Junction Arts Festival is pleased to announce the tremendous support of the Tasmanian Government through Events Tasmania, who have committed \$600,000 over three years towards the development of the festival. The Junction Arts Festival Committee is excited to have received financial support from the Launceston City Council as well as the in-kind support of office space at the Albert Hall. JAF would also like to acknowledge The Winifred D Booth Charitable Trust and the Tasmanian Community Fund for their support of the 2011 Festival.

Three top-end ticketed theatre shows highlight the best in live performance, variety and new media. With **over 50 FREE performances** and events across five days and nights, there will be something for everyone.

The JAF11 website is live from Friday 22 July 2011, where the full program of events will be available to download. We invite members of the community to participate in the Festival through our volunteer or internship programs. For further details on the JAF program, ticketing and how to get involved visit www.junctionartsfestival.com.au or contact info@junctionartsfestival.com.au.

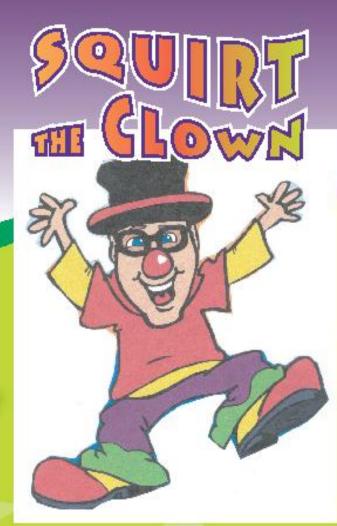
JAM IS TURNING 10!



SATURDAY

17TH SEPTEMBER

Bring the FAMILY & help us celebrate! everyone is welcome



JUMPING CASTLE SAUSAGE SIZZLE

St Marys Salvation Army - Story Street Enquiries Envoy Melanie Norton 63 722099 Mob 0409 838 816





would like to

THANK

all those who were able to donate to the 2011

RED SHIELD APPEAL

We would also like to THANK the following businesses/people whose support in helping us to collect donations made such a difference.

The St Marys Hotel Mount Elephant Fudge Mt Elephant Pancake Barn St Marys Newsagency St Marys IGA Supermarket

> Lorraine Gill Pamela Mayes Paige Singline James Singline Ruby Mason Mark Burgess Val Brown

The Red Shield money is available to help people achieve independence by taking both personal and financial responsibility in all aspects of their lives.

It will also be available in genuine crisis situations but it will not be available for ongoing welfare payments.

The Salvation Army also offers a variety of programmes which include help with budgeting, personal and family challenges.

Assistance is available on Thursday morning between 10am and 12pm ONLY. People will need to ring 0409 838816 and make an appointment to see Envoy Melanie Norton at the Church in Story Street, St Marys.



Break O' Day Council PHOTO COMPETITION

Do you have a **favourite** photo of the Break O'Day Area?

Council would like the opportunity to feature your photo in our annual photo exhibition.

A selection of photos will be used in the newsletter and the 2012 Calendar

Please submit your photos to Break O' Day Council via email or CD to

jenny.singline@bodc.tas.gov.au

Photos must be a minimum 1024 Pixels, landscape orientation and must be received by

14th September 2011

Accompanied by a signed entry form, available from Break O'Day Council

There will be a prize of a gift voucher from a local business for the overall best photo.





St Marys Police report

Thanks for providing the opportunity for RSPCA to informally provide some information to the community by the way of a police news column. There are a number of elements under the animal welfare act that are important to the community. There seems to be some issues surrounding shelter etc. Some pertinent points are;

- An animal must be supplied sufficient shelter which affords protection from the adverse effects of the weather i.e. a dog needs a kennel, a goat needs a shelter
- An animal must be supplied with sufficient feed to maintain the animal in reasonable body condition i.e. horse has grass or hay, captive bird has seed
- An animal must be supplied with a fluid of sufficient quantity and quality to maintain its hydration at all times i.e. generally all animals should have access to water at all times unless instructed not to for medical reasons / management reasons
- An animal must be supplied with sufficient exercise i.e. a dog that is tethered 24/7 is not acceptable.

Example1: A goat is tethered in a paddock to a star picket, it does not have access to shelter or water. This is an obvious offence. Best practice would be that this animal have a water bucket or is able to reach a natural water course and has access to either man made or natural shelter that meets the above requirements.

Example2: A working dog is tethered to a star picket, has access to shelter and water, but only gets let off of the tether once every 14 days to conduct work on the farm (no exercise). Best practice would be that the animal is placed on a run where the option is provided to the dog if it wishes to exercise.

The RSPCA main objective is to educated and work with the community in relation to animal welfare issues. In saying that, the RSPCA Inspectorate has the power to provide advice and education, written instructions, infringement notices and begin formal court proceedings. All RSPCA Inspectors are highly trained and motivated and their main objective is to educate and minimise risk relating to animal welfare.

If any community member wishes to make a cruelty complaint they can call 1300139947 during and after business hours.

I hope that this info helps. If you have any questions relating to this or if you have any questions in the future please feel

free to contact me.

Scott Basham, Deputy Chief Inspector,

Deputy Chief Inspector RSPCA, Tasmania.

St Marys Police Phone Number 6372 1010 No

Number 131 444

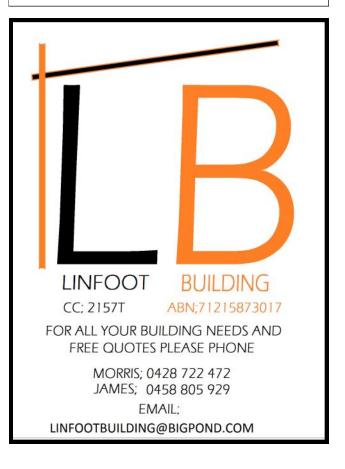
Urgent and Life threatening SES (Flood & storm only) 132 500

Fire

132 500 000

SHOP LOCALLY AND SAVE





Winter Dreaming Bush Dance

Saturday 6th August featuring bush band

Rough Bark



It will be a night of

great food, great music and great dancing

in the St Marys Hall

Doors open 6pm for dinner, music starts at 7pm Winter Dreaming Art Competition winners announced 8pm

Soups, curries and supper will be available.

Bar featuring our famous mulled wine, beer, wine (proof of age

required) Plus tea/coffee/cold drinks, etc

SEE YOU THERE!!

Tickets for the dance - family - \$20 (BO'DRA members \$15) Single - \$10 (BO'DRA members \$8)

We need volunteers to help make this event happen-if you can help in any way, <u>please</u> contact Kelly on 0427 713 195 or kelrod@lizzy.com.au

brought to you by



Splash Update

HAIR-A-THON...

BEAR Wazza Lowe Fingal, winning ticket...golf. KIDS FUN PACK...

Michael Spilsbury St Marys winning ticket.. Tennis. LADIES PACK ..

Felicity Kringle St Marys winning ticket... Swimming. MENS PACK ...

Shane Dawes (made to give back by his mother) winning ticket... Snooker.

Total funds Raised At Hair A Thon.....\$1070. Thank you to all who participated and supported our Day...Regards Lynne.

We are hoping to Repeat The HAIR-A- THON before the end of August. WATCH THIS SPACE! Splash Tasbash Car 2002/2011 personal donations and thank yous ... To ...Fingal Activity Program \$175, St Marys Newsagency (Didge Panton)\$100, Cherie, Saree, Charlotte and Max, \$11,. (xmas parade winnings), Cock 'n' Bull \$35, St Marys Hotel \$79, St Marys Bakery \$15, Rachael Hair Fingal \$50, Christine Lowe St Helens \$50, Splash Septic Truck FALMOUTH...thanx Mick \$1000.

SPECIAL MENTIONS...... Kerby Bradbury and Georgina Williams.. Balloon Dancers

Brian Smith ... Star FM announcements.

Grant Faulkner ... battery, wiper blades for 2nd Car Splash 2011.

After a long and tiring search for a slant 6 (motor), I made a decision that it was far easier to buy another car!... and as these things go, the day after the purchase of the car- 2 slant 6 motors were offered to me...so now we have spares upon spares!

So watch For Splash car 2 number 2011.

Yes, we will enter 2 cars, giving greater exposure to our areas, and raising more Monies for the Children of Variety.

If you can help, donate, or perhaps participate...Ring Lynne 0427 560 565.

Don't Forget Our Bus Trip To Deloraine on the 20th Augus, to the Deloraine Diner

\$45 includes Bus, Meal and Dance Party...children over 12 welcome by special price but must be accompanied by a parent!..Dress up and join us for lots of Fun!

Pick up points Scamander, St Marys, Fingal... (St Helens can be arranged on bookings) Regards,

Lynne.

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted. Please ensure that your details are included.



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GIOACCHINO ROSSINI STRING SONATA NO 2 IN A MAJOR

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SAT 13 AUG 12 NOON MILTON VINEYARD, CRANBROOK

SAT 13 AUG 6 PM TIDAL WATERS RESORT, ST HELENS

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Bookings: TSO Box Office \$30/\$25 1800 001 190 www.tso.com.au Bookings for the Burnie concert call (03)6430 5850

Info: www.virtuositas.org.au

The Performers: Yue Hong Cha, violin,

Liz Gormley, viola and violin, Brett Rutherford, cello, Stephen Martin, double bass, Chris Waller, clarinet and Dinah Woods, oboe. (not all are pictured)





COUNCIL MEETING HELD ON MONDAY 11 JULY 2011

The following information is provided as a brief of matters that were discussed and decisions that were made at the Council Meeting held on Monday 11 July 2011 at 10.00am at the St Helens Council Chamber.

The following Notices of Motions were submitted by Councillors for investigation or full reports to be provided to a Meeting of Council in the future:

- Notification to Elected Members regarding Sewerage Spills and Events CARRIED
- Disclosure of Legal Advice to Elected Members CARRIED
- Security Light St Marys Railway Station CARRIED

Other items listed for information and decisions by Council were as follows:

- Maintenance of St Marys Pass and Elephant Pass Council does not at this stage offer Council services to DIER for the maintenance of the Pass's CARRIED
- Dog Management Policy 2010 Six (6) month Review this matter is to be discussed at the next Council Workshop CARRIED
- Informal Public Consultation for the Draft Interim Planning Scheme the draft interim planning scheme, zone maps and overlay maps be placed on public display for a period of four (4) weeks and the public be invited to make comment. The draft interim planning scheme, zone maps and overlay maps be forwarded to Northern Tasmanian Development (NTD) and the Tasmanian Planning Commission (TPC) for review by their Officers CARRIED
- Break O'Day Community Panel Council establish an online forum to invite the community to participate in surveys, to provide feedback on Council plans, policies and resource allocations CARRIED
- Proposal for Larapuna (Eddystone Point) Council support the Aboriginal Land Council of Tasmania's (ALCT) proposal for the Larapuna (Eddystone Point) site, and commit to working cooperatively with the ALCT within the scope of Council functions and available resources. Management meet with representation of ALCT and report to Council on support sought to assist with the project CARRIED
- Dual Signage That in consultation with the Aboriginal Land Council of Tasmania (ALCT) management prepare a draft policy and guidelines on dual naming/signage of key places of Aboriginal significance. That the draft policy and guidelines be presented to Council for consideration CARRIED
- Coastal Adaption Decisions Pathways Project (CAP) Council endorse managements action in participating in the Coastal Adaption Decisions Pathways Project (CAP). Council endorse the contribution of \$30,000 in-kind as Council's contribution to the CAP CARRIED
- Public Meeting St Marys Streetscape Council pursuant to S.60F of the *Local Government Act 1993* call a Public Meeting on Monday 22 August 2011 at 7.00 pm at the St Marys Hall to determine what works (if any) are to be carried out in regard to parking in St Marys.

A full set of Council's minutes are available on the Council Website at www.bodc.tas.gov.au alternatively, hard copies are available at the St Marys and St Helens Libraries and the St Helens History Room. Copies can also be requested free of charge by contacting Council's Executive Officer on 6376 7900.



St Marys Op Shop

PLEASE NOTE

NOW OPENING MARKET DAYS

First Saturday each month
from 10-2
Donations of warm clothing,
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ST MARYS AUGUST MARKET DAY

The Battle of Long Tan

The newly arrived 1st Australian Task Force established its Phuoc Tuy operations base in 1966 at Nui Dat, a piece of high ground surrounded by rubber plantations.

The Viet Cong had achieved dominion in the province and decided to inflict a politically unacceptable defeat on the Australians. Their plan was to lure the Australians from their base by firing recoilless rifle and mortar shells into it. They theorised that the Australians would sweep the area around the base in an attempt to stop the attacks, and the Viet Cong would ambush the sweeping forces.

On the night of 16/17 August 1966, the Viet Cong fired a barrage of shells into Nui Dat, wounding 24 Australians. Prior to this event, the Australians had become aware, from radio intercepts and sightings, that a large enemy force was operating close to the base. Australian patrols sent out specifically to find the Viet Cong had not encountered the force.

On 18 August 1966 D Company of 6RAR was patrolling in the area of the Long Tan rubber plantation when, at about 3.15pm, the lead platoon (11 Platoon, commanded by 2Lt Gordon Sharp, a national serviceman) encountered a small group of Viet Cong who fled leaving one of their number killed by the Australians. The aggressive patrolling continued until, at about 4.08pm, the main body of the Viet Cong 275 Regiment was encountered. The Viet Cong attacked vigorously with mortars, rifle and machine gun fire.

In pouring rain, the Australians returned fire with platoon weapons and artillery which was firing from the Nui Dat base, some five kilometres to the west. Close air support was also called for but couldn't be used because the target was unable to be identified accurately in the conditions.

At 5pm D Company's commander, Major Harry Smith, radioed for ammunition resupply. Two RAAF *Iroquois* helicopters which happened to be at Nui Dat to transport a concert party were tasked and flew at tree top level into the battle area where they successfully delivered the sorely needed boxes of ammunition.

The combination of aggressive fire from D Company soldiers plus devastating artillery fire from Nui Dat had swung the battle in the Australians' favour but the Viet Cong continued to manoeuvre to gain the upper hand. Meanwhile, A Company of 6RAR had been ordered to move to the support of the beleaguered D Company.

They did so mounted in armoured personnel carriers from 1st APC Squadron which forded a flooded stream and then shortly afterward encountered a substantial enemy force. 2 Platoon of A Company dismounted and advanced on the enemy, who fled.

Although the Viet Cong could still be seen massing in failing light at 6.55pm as the relief force arrived in the D Company area, the enemy force melted away as darkness descended. The battle of Long Tan was over.

The Australians consolidated their position for the night and then commenced evacuation of their wounded using the lights from APCs to guide in helicopters. During the night the Viet Cong cleared many of their wounded and dead from the battle field. A number of the wounded Australians lay there all through the long terrifying night, as the Viet Cong moved around them.

Morning revealed that the Viet Cong force, estimated at 2,500, had been badly mauled. 245 Viet Cong bodies were found in the battle area. It was apparent that the Viet Cong commanders had failed to appreciate the effectiveness of artillery fire and had paid dearly as a result.

The Australians had lost 18 killed, 17 from D Company (including the young platoon commander of 11 platoon) and one from 1st APC Squadron, and 24 wounded.

Peter Mackie President of the Vietnam Peacekeepers -Peacemakers Federation of Tasmania



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GET members are invited to submit a short blurb promoting their tourist venture or business plus a promotional photograph to louisa.rhodes@ecpc.com.au so GET can present you to the world. There may also be an opportunity to participate in the Northern Midland Business Association's new Tourist iphone App currently in the planning stages. The news will be spread by Greater Esk Tourism—exciting plans are afoot. Our region has so much to offer—come along to any of our meetings and join in the enthusiasm. It is time to rev up the action promoting this region so that all our businesses can benefit. Times are hard for many so lets work together to support each other and make this happen.

Next meeting: Monday 11th July, 7pm at the Fingal Neighbourhood House.

Guest Speakers:Luke Martin - Tourism Industry Council Tasmania & Liz Schibig-Edgar - Tourism Tas.

Cocktail Evening to celebrate the winners of the Photographic Competition

INVITATION

Date: Friday 5th August 2011

Venue: Purple Possum St Marys

Time: 5:30 for 6pm Cost: \$10 each

All welcome

Also, watch out for the Winter Dreaming Bush Dance at St Marys

August 1st is the closing date for the Winter Dreaming Art Competition - Contact: Colin mannafarms@bigpond.com.

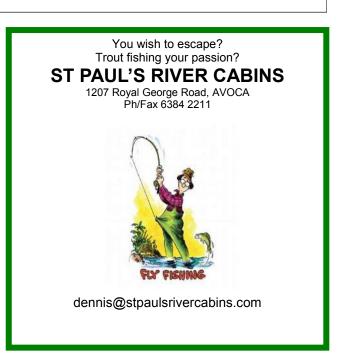
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The Valley & East Coast Voice Guidelines.

- Opinions in any letters published are not necessarily the views held by the editor and voluntary workers.
- Our pages will remain open to fair and honest criticism, so that on all questions, both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted. Stick to the issue rather than making personal attacks.
- Please do not attack the editor, the paper or the authors of previous letters.
- Letter writers will be given the chance to respond over a suitable period of time, but anonymous and/or nom-de-plume letters received as from 11-02-10 will not be published. Subjects may be closed at the editor's discretion.
- Please make sure of your facts. Do not write letters just to let off steam. Letters most commonly published are those that have bearing to current community issues.
- Keep letters short, simple and to the point. Letters are restricted to 300 words or less.
- The Editor reserves the right to edit your letter for grammar, spelling or reduction in size where necessary.
- All letters arriving by post must be signed, including a printed name and also contain your contact details, such as full name, address and phone number.
- All letters sent by email must contain your contact details, such as full name, address and phone number.
- All letters left at drop-off points must have a signature, plus a printed name and also contain your contact details, such as full name, address and phone number.
- Do not be discouraged if your letters don't get published. Whilst each submission is reviewed on its own merits, we generally receive more letters than we have space available.
- The Valley & East Coast Voice reserves the right at all times, without notice, to update, change or amend our guidelines.
 Whilst we value & welcome community letters, The Valley & East Coast Voice does not provide specific feedback regarding any decision made not to publish a submission.



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Ph: 6372-5522 Mbl: 0407-615-072 2 Lagoon Esplanade, Scamander 7215 Big Shed has a new **guitar teacher** with 3 years teaching experience. Book now for your weekly lesson. All abilities welcome.

Weds 4.30-6 New time with John McColl Garden sculptures - John will assist you with your individual project. High school students welcome. No Experience needed. \$20 concessions Available.

lst **Wed** of every month 5-6.30 **Life Drawing** (Model and materials provided. No tuition) \$12 No bookings required

Local artist Zeb Walker is currently on site creating his amazing yurts

Big Shed has a recording studio, PA hire and experienced engineers.

Big Shed has art space for hire, as well as a network of artists available for commissioned artworks,

> 24837 Tasman Highway, St Helens. Phone 0428725228 Bigshedstudios@yahoo.com



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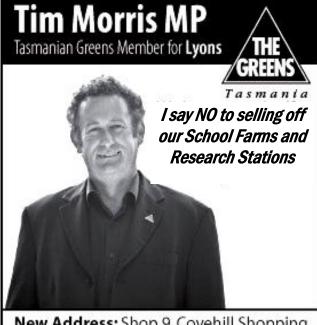
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New Address: Shop 9, Covehill Shopping Centre, Bridgewater 7030 Phone: (03) 6263 3801 E-mail: greens@parliament.tas.gov.au

www.tas.greens.org.au

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- *Post hole digging
- * Landscape preparation

SAVE HOURS OF HARD WORK. GIVE MARK A CALL Ph: 6372 2145.

Rae & Partners
Lawyers Barristers & Solicitors
113 Cimitiere St Launceston

Visiting:

St Marys Community Health Centre <u>Alternate Tuesdays</u>: 9 am – 10 am

Ph: 6337 5555 For appointments.

Remedial Massage and Naturopathy ring Sue Christiansen for an appointment. 0418 515 419

ANA'S HAIRDRESSING SALON

OPENING ON JULY 12, 2011.



BEHIND PURPLE POSSUM STORY STREET, ST MARYS.

EVERY TUESDAY - 9AM — 3PM

BRINGING 22 YEARS EXPERIENCE

MASTER'S QUALIFICATION QUALIFIED TRAINER & ASSESSOR REG.SPECIALIST, VET TEACHER. PROVIDING CUTS, COLOURS, PERMS S/SETS.

> PHONE: 0448 532 531 ON TUESDAYS, OR JUST CALL IN. OR PHONE 6372 5497 TO PRE-BOOK.

LOOKING FORWARD TO PROVIDING A SERVICE TO THE COMMUNITY.

EAST COAST GLASS

Falmouth Ph: 6372 5361

- Glass repairs
- ► Shower screens
- Wardrobe doors
- Double glazing
- ► Aluminium windows
- Security doors

Locally owned and servicing the East Coast.

Call David and Anne Cannon for prompt and reliable service.

Sugar Facts

*IN 1931 Dr Otto Warburg won the Nobel Prize for medicine for his research findings that showed a major

cause of cancer is processed Sugar.

*This sugar causes acidity - an acid system is more susceptible to disease and a greatly reduced immune system

Slogan for good health: alkalize or die.

* To alkalize, lower sugar intake. Use honey as an alternative.

Try Stevia – natural and aspartame free - as a sweetener in

coffee or tea – and eat alkaline foods
*The anti-cancer council now warns against the dangers
to health, especially in children, of high sugar
Content in soft drinks and most breakfast cereals
*annual average consumption of sugar in the early

1900's: 5 kg - now 75 kg!

Processed sugar –

pure poison - use sparingly

Information courtesy of Nutri-tech solutions

World leader in sustainable agriculture and provider of natural, superior health supplements

For products &more information -



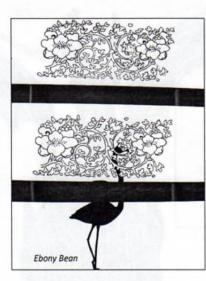


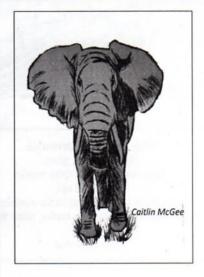


Mon	Tue	Wed	Thu	Fri
25 Jul Active After School Acitivities gr 4-8 Grade 10 W/Experience	## Grade 10 W/Experience ## Grade 9 Camp ## Grade 5/6 Field Trip - Scamander	27 Jul Active After School Acitivities gr Prep-3 Grade 10 W/Experience Grade 9 Camp	28 Jul Launching into Learning St Marys Kinder 10.30am Stepping Stones - Marys Kinder - Ipm St Marys Soccer Club Grade 10 W/Experience Grade 9 Camp Country Gold Training	29 Jul Launching into Learning 0 4yrs program - Fingal Kindergarten - 10am start Grade 10 W/Experience Grade 9 Camp
Grade 10s visit Newstead College Taster Day Japanese students here for a month.	2 Aug Primary Assembly (St Marys Campus) 2:10 - Multi -purpose room Author -Simon Higgins - visiting school - grade 5-12	3 Aug Winter Sports - L'ton	4 Aug Launching into Learning St Marys Kinder 10.30am Stepping Stones - Marys Kinder - Ipm Kinder - Ipm Kinder - Ipm Kinder - Ipm Country Gold Training	5 Aug Launching into Learning 0- 4yrs program - Fingal Kindergarten - 10am start
8 Aug	9 Aug	10 Aug	II Aug Launching into Learning St Marys Kinder 10.30am Stepping Stones - Marys Kinder - Ipm Kinder - Ipm Kinder - Gountry Gold Training	12 Aug Launching into Learning 0- 4yrs program - Fingal Kindergarten - 10am start Reports go home

Above calendar is correct at time of printing For regular updates and other information please go to the school website:
www.schools.education.tas.gov.au/stmarys







Poems by 3/4 Miller

The dark, dangerous, disgusting, pimply face. Deep, dark, yellow eyes emerged out of the murky water. Big crunching, chattering teeth, And bad smelly breath. It crawled up the slimy billabong bank.

Lily-Mae Hayes

Red, raging, smoky, bloodshot eyes, Wide, white, wrinkly face, Long, black nails, Oozing, orange, oily nose, Spiky, shiny, slick, slimy skin, Gigantic, jagged, jolting tail, Lumpy, large, lilac lips.

Brenna Singline

A green, slimy bunyip with mighty, huge fangs feeding. Fighting fearless fish with gigantic, yellow, spiky rays. Toes coated with dark, icky mud.

Jesse Oh Marris

Pimply, warty, bloodshot, spiky, scaly, pointy, bumpy, brown. Ugly, googly eyes. Slimy webbed wings and thick black tail. Bushy, muddy, dark, fat, woolly, dotty, orangey feet. Yellowish, reddish, greenish, creepy, scary, large lips.

Illustration by Kyle Stonehouse

Ella Rowntree

Grey, dangerous, devouring, Spotty, fierce, giant, Poisonous, winged, spiky reptile, Star bright tail, Sharp, black claws shining in the moonlight. Emerging from the muddy, murky, slimy water.

David Escobar

Scaly, Crinkly, soft, feathery skin. Wet, mossy, webbed wings. Clawed, mouldy feet. Wobbly, mouldy, yucky tail. Muddy, crusty claws.

Ella deJonge

Slimy, bloodshot eyes. Wrinkled, long neck Tiny, shiny, smelly wings. Sharp, pointy, boney raiso Short, spiky claws

Jerrome Smith

A big, fat head and a pimply face. It has sharp nails. And bad, smelly breath.

Gypsie Charman

ST MARYS COMMUNITY HEALTH CENTRE

14 July

DOCTORS ROSTER

Dr Cyril Latt- 14/7/11-29/7/11 Dr L. Reeckman- Women's Health Clinic 21 June

St Marys Community Health Centre GP Surgery Hours:

Monday—Friday 8:50am-12:30pm 12:30pm-1:30pm LUNCH 1:30pm-4:30pm

PATHOLOGY SERVICE

No Pathology Service between 12:00-1:30pm or before 8:30am daily.

If you require Pathology **before 8:30am** an appointment **must** be made with the Nurses Station **the day/night before**.

INR TESTS

A doctor's appointment is required if you are having an INR test. Please let reception staff know when making your appointment that you are having an INR test. This is a 5 minute doctor consult.

AFTER HOURS SERVICE CONTACT NUMBERS

PLEASE PHONE GP ASSIST ON 1300 780 011

AMBULANCE 1800 008 008 or

EMERGENCY 000

COMMUNITY HEALTH CENTRE 6372 2111

PLEASE RING BEFORE PRESENTING AFTER HOURS

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts can not be requested by patients over the phone and are unable to be done over the weekends, ensure you have enough medications in advance.

PLEASE BE PATIENT waiting periods can apply.

RSPCA CUPCAKE DAY

The St Marys Health Centre is running a colouring competition for the RSPCA Cupcake Day August 15.

Entry is *FREE* and blank pictures are available from the reception area (or the back of this page). Finished pictures can be left in the box at the Health Centre's Reception.

中华

The winning picture drawn will win a colouring book and pencil set—drawn Wednesday 17 August 2011.

Cupcakes will be available for sale from the reception area on Tuesday 16 August 2011 for \$2.00 each.

LAUREL HOUSE COUNSELLING

PHONE 6334 2740 / A.H. & WEEKENDS 0409 800 394
Support for women, men and children who have experienced rape, sexual assault/ harassment or child abuse. Local appointments available.

'NATIONAL WEE WEEK' is 18th-24th July 2011
Check out the Health Display Board at the Centre for details

WHAT'S ON AT THE CENTRE

Relationships Australia— Leanne McMurtie for appointments please phone1300 364 277

Social Work— Shan Williams. Please phone 6372 2111 for appointments

GP Podiatrist- Annabel. Please see your GP for a

15 July Social Worker- Shan Williams appointments available by phoning 6372 2111.

> TABIS (Tasmanian Acquired Brain Injury Service)— Hannah Rubenach phone 0437 076 100

> Diabetes Educator (GP North) – Appointments available by referral from your GP

Dietician (GP North) - Appointments available by referral from your GP

Exercise Physiologist (GP North) - Appointments available by referral from your GP

18 July TLC Meeting (Tasmanian Lymphoedema Centre) 10:00am in the Day Room

19 July Child Health Session with Sue Gofton every Tuesday— Appointments only. Please phone 0428 136 381

20 July Day Centre- For details on the group please contact Hayley Gilbert 6372 2111.

GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral

21 July Social Work- Shan Williams. Please phone 6372 2111 for appointments.

GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral

22 July TABIS (Tasmanian Acquired Brain Injury Service)— Hannah Rubenach phone 0437 076 100

Social Work– Shan Williams. Please phone 6372 2111 for appointments

Dietician (GP North) - Appointments available by referral from your GP

Tom Bain, Rae & Partners Lawyers. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555

Child Health Session with Sue Gofton every Tuesday- Appointments only. Please phone 0428 136 381

GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral

Day Centre- For details on the group please contact Hayley Gilbert 6372 2111.

Social Work- Shan Williams. Please phone 6372 2111 for appointments.

GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral

Relationships Australia— Leanne McMurtie for appointments please phone 1300 364 277

Social Worker– Shan Williams appointments available by phoning 6372 2111

Continence Nurse Sue Walker. For appointment please see your GP or Health Professional for a referral.

TABIS (Tasmanian Acquired Brain Injury Service)— Hannah Rubenach phone 0437 076 100

Social Worker– Shan Williams appointments available by phoning 6372 2111

26 July

27 July

28 July

29 July



MEALS ON WHEELS ROSTER August St Marys **Fingal** Monday 1st Lorraine Gill Neighbourhood House Tuesday 2nd Trish Pike Wednesday 3rd Val Spencer Heather Griffiths Thursday 4th **Friday** Claire Bean 5th **MOW Contact** Phone: 0488 384 344 Monday 8th **Debbie Barnes** Neighbourhood House Tuesday 9th Pam Bretz Wednesday 10th Barbara McAllister

Church Services

Kaye Nailer

Pam Gillies

Catholic Parish of St Marys

11th

12th

Thursday

Friday

Sr. Lorraine Groves Parish House. Ph: 6372 2252 Mob: 0409 172 741

1st Sunday: MASS

St Helens Vigil L/W 6.00pm Bicheno L/W 9.00am Fingal 11.30am

2nd Sunday: LITURGY

St Helens Vigil LWC 6.00pm St Marys LWC 9.00am Bicheno LWC 9.00am Fingal LWC 9.30am

3rd Sunday: MASS

St Helens Vigil 6.00pm St Marys 9.00am Fingal 9.30am Bicheno 9.00am

4th Sunday LITURGY

St Helens Vigil 6.00pm St Marys 9.00am Bicheno 9.00am Fingal 9.30am

5th Sunday LITURGY

St Helens Vigil 6.00pm St Marys 9.00am Bicheno 9.00am Fingal 9.30am

Enq: Baptisms & Weddings
Ph: 63 31 4377
Church of Apostles
Presbytery
Officer Hours: 10.00am - 3pm.
Sr Marjorie Ph: 6381 1122.

Anglican Parish of Northern Midlands

Neighbourhood House

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday –Family Service)

Anglican Parish of Break O'Day

Ph: 6376 1144

9.00am St Helens Every Sunday 9.00am 8 am and 10.30 am 9.30am St Marys Every Sunday 10am

Pyengana: Kids Church,

2pm - 4th Sunday every month.

Salvation Army TUESDAY JAM

3-5pm every Tuesday. excepting school holidays. Envoy Melanie Norton Ph: 63722099

Break O'Day Uniting Church

The Manse St Helens
Ph: 6376 2405
St Helens
Fingal
9.00 am
11.15 am

Seventh Day Adventist

Hodgeman Street Scamander Sabbath School 10 am Divine Service 11 am

Contacts for Valley Voice

PH: Judy: 6372 2155 email: *judith.spilsbury@telair.com.au* Accounts: Mary: 6372 2328

Please leave written material at the St Marys Pharmacy, Main St, St Marys, or post: C/- Post Office, St Marys Tas 7215

Advertising: 2011

Classifieds: 25 words or less: free
Community notices: free.
Small boxed ads. Garage sales. Greetings.
Thanks etc. \$12.
½ page \$20. ½ page \$30.
Full page \$50.
1 year posted subscription \$40.

On Air Now!

Vision FM 88.0 at St. Marys, St Helens *and* Fingal.

Join Greg and Shelley on their program

'The Journey'

100% positive music & talk all day long; connecting faith to life.

National Vision Radio Network. Phone 1800 007 770. web www.vision.org.au

St Marys Online Access Centre Opening Hours:

Monday 10am -3pm Tuesday 10 am-4pm Wednesday 10am-4 pm

Thursday 10 am - 3 pmFriday 10 am - 3 pmSaturday 11 am - 2 pm

Ph: 6372 2005

ST MARYS OP-SHOP

NEW WINTER TRADING HOURS: 11AM — 3PM MON TO FRI. PH: Janet Drummond: 6372 2851.

WANTED

Winter blankets, curtains of any kind & warm winter clothing.

Thanks to those who volunteered for the new roster. If anyone is interested in going on a casual list to cover when regular volunteers have other commitments, please call in and see Janet at the shop on a Monday or a Thursday.

Please note change of phone number whilst Tracy is convalescing.

St Marys Sports Centre Inc. news. Kackhander

A special thanks to all involved in the Christmas In July function at the club last Saturday night. What a success. Nearly 60 attended and the food, festivities and frivolity was amazing. A special mention to Tamatha, Diesel and Christine and Kim and Col. Let's not forget Santa also. Thanks Santa. To every patron and helper an amazing effort all round. They were still talking (and some suffering if you know what I mean) the next day. Something about the wee small hours it is understood.

Macca's Black Rock Sunday Golf is similarly doing quite well and several players are enjoying a hit each week again. This Sunday is El Presidente's Mystery Partner day. Just turn up, play nine holes and your score will be tallied with your mystery partner who ever that turns out to be. A couple of grocery vouchers to the winning team.

Thanks to those attending the Working Bee on the Bowls Green last Sunday. Thanks also for putting up with the frost on the hands. Also to those prior to Sunday who managed to get rid of the bulk of the old backing off the concrete. Great effort. We should see some amazing transformations around the green in the coming weeks with lots of work planned. This Saturday July 30,there will be a working bee starting at 10am.Bring your shovels and an appetite as a BBQ will be on for all. Should look terrific when it's all done. ANYONE GOT SOME RAT TRAPS... Only half joking... Just ask the blokes there last Sunday. Quite amazing.

Subs notices are now out and about so please feel free to organise which method you wish to use this year.

Not sure what the next Social event will be but rest assured it will be a good 'un as they say.

Until next time, good hitting and rolling.

More photos from Christmas in July



What's on at St Marys Sports Centre every week???

FRIDAYS: Evening Indoor Bowls. 6.30pm

Cost \$3

SUNDAYS: Black Rock Golf Comp.

9 holes.11am Cost \$8 (incl. BBQ)

Come along and enjoy!!!!



38 Main Street St Marys Phone/Fax 6372 2240 - Butcher Ph: 6372 2274 Mon – Fri 8am – 6pm Sat 8am - 12 noon Sun - closed

This week's specials.

(available from Thurs 28th July - Wed 3rd Aug)

from the butchery

\$11.99kg
\$ 9.99kg
\$12.99kg
\$ 9.99kg
\$27.99kg
J

confectionery carnival

Pascal bagged confectionery 140/400g	\$1.99
Nestle medium bars 35/65g	.99c
Cadbury block choc 160/220g	\$2.99
Allens jelly confectionery range 180/200	g \$1.99
M&Ms/Maltesers 155/200g	\$1.99

grocery lines

Nescafe coffee gold/greenblend/gold dark 1	00g \$6.99
Watties baked beans/spaghetti 420g	.99c
Spree ultra laundry powder 500g	\$1.69
Kleenex cottonelle toilet tissue 8pk	\$4.79
Arnotts shapes 160/200g	\$1.99

Next week's specials

(available from Thurs 4th Aug - Wed 10th Aug)

from the butchery

Porterhouse steak	\$13.99kg
IGA chicken thigh fillets	\$10.99kg
Beef stirfry strips	\$ 9.99kg
Short lamb loin chops	\$14.99kg
Ingham marinated chicken wings	\$ 7.25kg
grocery lines	
Arnotts family assorted biscuits	\$2.99
SPC canned fruits 825g	\$2.99
Mighty Wines kitchen towel 2nk	\$1.60

Mighty Wipes kitchen towel 2pk \$1.69
Cascade Ultra C blackcurrant syrup 750ml \$4.69
Golden Circle longlife juice 2lt \$2.79
IGA Bakers Oven lamingtons 12pk \$2.69

All only \$1.99

Wondersoft toilet tissue 8pk Radiant conc reg laundry powder 650g Smiths potato chips 175g Kelloggs cornflakes 380g Morning Fresh dishwashing liquid







ST MARYS SPORTS CENTRE INC. Every Friday — 6.30 - 7.30pm drinks at discounted prices