

# The Valley & East Coast Voice

Est. 1968 50 cents

Volume 44 No. 9. Thursday, August 25, 2011.

### Japanese students at St Marys

It has been a month since 8 students from Japan landed on our shores. Moeko, Fumiya, Takahiro, Sara, Kaede, Yukina, Tenu and Moe, through the AFS scheme, became part of our school and our community, participating in regular school life and activities, visiting local areas of interest and becoming more immersed in the casual lifestyle that is Australia.

As part of the AFS Programme, students are required to spend time practising and using English language and living like a local.

Some of the activities offered to these students have included surfing, visiting St Helens to explore aspects of our fishing industry, spending time with Mr Summers in the history room, going to the sports centre, Aboriginal Art, mountain bike riding, climbing South Sister, seeing the Cataract Gorge in flood, cooking damper and toasting marshmallows with Fingal Campus students (thank you to Mrs Yodgee), a trip to see Wineglass Bay and Nature World.

This programme would not have happened without the support of a number of people. Thank you to the host families for opening up your homes in a volunteer capacity to these students and for making them feel so very welcome. To all staff of St Marys District School: Fingal and St Marys Campuses for giving the students the opportunity to work alongside our regular students in a classroom environment and to the students for making the Japanese visitors become a part of our school.

### **Host Families:**

- Michelle, Michael and Brittany Smith
- Jillian, Roger, Josh and Lucas McDiarmid
- Diana McHenry
- Heather, Richard, Imogen and Freya Prebble
- Sue and Steve Hindley.

Article & photos: Sandra Cook



Photo taken at the Launceston Cataract Gorge

Rear: Fumiya Machizuka

Middle: Kaede Hosono, Sara Miitoo, Tenu

Yokose, Moe Tanihana, Takahiro Konde

Front: Yukina Watanabe, Moeko Omori



Rear: Takahiro Konde, Kaede Hosono Front: Yukina Watanabe, Fumiya Machizuka, Sara Miitoo, Tenu Yokose, Moeko Omori

<u>Please note</u>: Deadline for articles in the next Valley Voice is 5pm <u>Tuesday September 6, 2011</u> EMAIL ADDRESS: judith.spilsbury@telair.com.au

### **Community news**

**St Marys Hospital Auxiliary** meets the first Monday of every month at 2pm at the **St Marys Community Health Centre.** 

**The Break O'Day Woodcraft Guild Inc.** meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

The **Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. Ring Annette- 6372 2224.

**St Marys Playgroup** meets each Monday 10.30am - 12 noon at the **Falmouth Community Centre**, during school terms. \$2 a session per child or \$3 per family. Please bring a piece of fruit to share and your child's personal drink bottle. Bikes plus helmets welcome. **Phone or text: Danyelle: 0427 073 100.** 

WOMBAT WALK LANDSCAPING GROUP meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Playground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. Contact-Robina 6372 2022.

St Patricks Head & Esk Valley Historical Society Inc has a meeting one month and a field trip the next. We invite everyone to come along on the third Sunday of the month and enjoy an informative time with lots of fun. For more information Phone: Barry Aulich (637225752) Darlene Wright (63722416) or Jim Haas (63722127)

**The Scamander and Beaumaris Community Development Association** meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Rachel Woods. Rachel can be contacted on: 03 6372 5118.

**Suncoast Singers** meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome... If you can yawn - you can sing. Phone Mary-Anne Wadsworth **6376 2969**.

**Break O'Day Regional Arts** - General meetings held on the first Wednesday of each month at 5.30pm in the supper room at the back of the St Marys Hall. All welcome. Inquiries to Colin **6372** 2707.

Meeting dates for Friends of St. Helens History Room & Museum for 2011.

**Executive Meeting Dates:** 01/08/2011- 07/11/2011 **General Meeting Dates:** 22/08/2011- (AGM) 28/11/2011 Contact the Centre at **6376 1744.** 

**St Helens Alcoholics Anonymous (AA)** Wednesday 8pm Weekly. St Pauls Anglican Church Hall, St Helens. Murdoch **6376 3335.** 

**St Helens Al-Anon Family Group (Al Anon)** To help families and friends of alcoholics recover from the effects of the living with the problem drinking of someone close. Sunday 2pm weekly. St Pauls Anglican Church Hall St Helens Anne or John **6376 4270** or Rose **6376 3335.** 

**St Marys Alcoholics Anonymous (AA)** Friday 8pm Weekly. Holy Trinity. Mick & Shirl: **6372 2909**.

### SENIORS KIOSK



Are you aged 50 years or over?
Would you like to have basic computer skills?
Would you like to enhance the skills you have?
Would you like to email, surf the net, pay bills
online, or simply play computer games?
Would you like advice in purchasing a computer
for around \$300?

If your answer is yes to any of these questions then come into the St Marys Online Access Centre at 23b, Main St, St Marys and talk to one of the friendly volunteers.

For everyone over 50 it is all free

### MANGANA MISSION MUSICIANS JAM NIGHTS

Monthly musicians jam nights will be held at Mangana Mission, 63 Elizabeth Street, Mangana on the 2<sup>nd</sup> Friday evening every month.

Sept. 9<sup>th</sup>, Oct. 14<sup>th</sup>, Nov 11<sup>th</sup>, Dec 9<sup>th</sup>. Starting time will be 6.00 pm. BYO meat and drinks for a BBQ. All styles of music, instruments and vocalists are very welcome.

For more information call André or Kate on 6374 2212

The Break O' Day Stitchers meets each Friday in the Bungalow at Neighbourhood House in St Helens from 10 a.m. to 3 p.m. and participants are welcome to stay for as long or short a time as they may choose. The choice of projects to work on is also optional - either to bring your own work or join in and assist on a group project.

### CLEAN CRACK LAUNDROMAT MAIN ST

ST MARYS (NEXT TO SECONDHAND ROSE)

# IS NOW OPEN FOR BUSINESS

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.

### Classifieds

### For sale

Mitsubishi Galant GSR 1990. 320000 km, burgundy colour, just serviced, excellent cond, 5 months reg \$1200. Ph:0427 885 242.

Orange Brand Pressure Pump, Model HT200, Turbopack, very good condition \$100 or near offer. Ph: 6372 2412.

Toshiba Lap-top computer with power pack. \$120. Ph: 0407 722 884.

Computer unit on castors 5' x 3'w. \$150. Computer, keyboard, Benq screen, mouse etc. Under offers. Dressing table with oval mirror. \$159. Ph: 0419 946 849.

Coffee table/chest (9001 x 500w x 500h) Ex con. \$110. Samsung DVD player. Ex con. \$45. 20cm cast/enamel skillet. As new. \$20. 35cm cast iron camping wok. \$20. Navman GPS "no further use". As new. \$50. Contact Karen Polden. Ph: 6372 2438 or 0439 333 398.

**Tempur memory foam double bed mattress.** AS NEW. Paid \$2,700. Sell \$1,500. ono. **Ph: Kate -6372 2489.** 

**Drinks/glass cabinet,** teak veneer. 5' 10" high x 5'4" wide. 3 drawers & cupboards at bottom. \$120. ono. **Ph: 6372 2223.** 

**Golden Retriever puppies,** 5 female, 3 male. Wormed and vaccinated. Ready mid September. \$700 each. **Ph:** 6372 5062.

**4WD wheel and tyre,** Trailmark radial APR on Sunraysia rim. Brand new, unused. 30 x 9.5 x 15. \$150. **Ph: 6372 2813.** 

**Subaru Forester roof racks**, as new. Suit '03 onwards. \$120. **Ph: 6372 2813.** 

**Fishfinder Garmin 100.** Works fine but is missing one pixel line on screen. Does temperature with transducer. **\$15. Ph: 6372 2813.** 

**1990 Mitsubishi L300 van,** white, rego Nov 2011, cple dents otherwise straight body. \$4000 neg. **Josh 0409 068 262.** 

**1970 Dragster Lowrider collectors pushbike**, melville star, green \$550, also 2000 dragster lowrider pushbike, chrome, USA Shuin (both in Xmas parade) \$450. **Josh 0409 068262.** 

**1976 Triumph Dolomite,** white, automatic, unreg., regretful sale \$4000 neg. **Josh 0409 068 262.** 

**Pine window frames**, 1940s style, with glass. Assorted sizes, good condition. **Ph: 0427 603 488.** 

75ml Agpipe & seals-large quantity. service wire-large quantity. Shed-large Pick up only-make an offer. St Marys Sports Centre

Contact Jim-6372 2441 or Mark-6372 2240.

**Lhasa-Apso x Maltese puppies.** 7 weeks old, vaccinated and vet checked. \$500 each. **Ph: 0429 676 593.** 

**PS3: 40GB** - includes brand new replacement console plus all attachments, including hand control and all cords. (second hand) \$270.000. **Ph: 0437 645 504.** 

### WANTED TO BUY

CASH PAID FOR
DVDs & CDs
(NO FLASHBACK OR PAYLESS)
PH: 0400 099 512

#### WANTED

1 YOUNG MALE PEACOCK PH: 6372 2762

GLASS DISPLAY CASE WANTED - please contact Rita at Gone Rustic on 6372 2724 (Tues - Sat, 10-4)

### **Stuff Wanted**

Any timbers suitable for making some old barn doors [macrocarpa etc]...also if you know of anyone who likes making doors give me ring on **0407**176 775

### give away

Puppies: 1 female, 1 male. Father Retriever cross Labrador, mother Kelpie cross Labrador. Vet checked and wormed, ready in 4 weeks. Contact Donna: 03 6374 2161.

### Frozen blueberries - \$11 kilo Phone 6372 2341.

"Moo-Poo". Finely screened. Any quantity. See Norm. Ph: 6372 2380.

Garden mulch. Large square bales of straw.
Free delivery in St Marys area.
Ph: Mark or Alana: 63722145.

Small square bales of garden mulch \$5. Small bales of grass & clover hay. \$5. (undercover) Garden mulch, in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area. Ph: 0407 944 158.

Tractor slashing available. Ph: 0407 944 158.

### Gourmet Pie & Coffee Van FOR

SALE – (Mitsubishi Express with Hi Top) good for camper refit- goes well – regular servicing- \$1500 firm.

(Coffee machine sold separately) 0412 808 3027

The above phone number is wrong and I couldn't contact the advertiser. Phone 6372 2155 for info.

### GARAGE/HOUSEHOLD SALE

26 FRANK STREET, ST MARYS.

DAILY UNTIL SOLD.

MOVING INTERSTATE.

FURNITURE, HOUSEHOLD ITEMS COMPUTER,
FAX MACHINE, DESKS,

COMB BINDING MACHINE, BRIC A BRAC.

NOT BEFORE 8AM PLEASE.

### AGM of St Marys Hospital Auxiliary

The 2011 Auxiliary AGM will be held on 5th September 2011,at 2pm.

New members needed and very welcome. Kevin Faulkner, Sec.



### Break O'Day Regional Arts AGM

### will be held at the e.ScApe Cafe

Tuesday 6th September, 2011 4.30pm.

All welcome.

Susan Nelson (Secretary) 03 6372 2512



### ANNUAL GENERAL MEETING

St Marys Association for Community Development Inc.

To be held at the St Marys Online Access Centre on Monday the 5th September 2011 at 10.30am

### **AGENDA**

Previous minutes
Correspondence
Reports
Election of Office Bearers
General matters relating to AGM.
Jim Haas, Secretary

# CORNWALL COMMUNITY DEVELOPMENT GROUP INC. ANNUAL GENERAL MEETING

THE ANNUAL GENERAL MEETING OF THE
CORNWALL COMMUNITY DEVELOPMENT GROUP
INC. WILL BE HELD IN THE CORNWALL COMMUNITY
HALL AT 7PM ON TUESDAY 13TH SEPTEMBER, 2011.
ALL INTERESTED PERSONS ARE INVITED TO ATTEND.
WENDY DAWSON (SECRETARY)





GREATER ESK TOURISM

Next Meeting:

Fingal Neighbourhood House Fingal 7214

Notice of AGM – 12 Sept 2011

ALL WELCOME

**Enquiries – 03 6372 2783** 

### **Bicheno Indoor Market**

When: every last Sunday of the month

until end November 2011.

Where: Bicheno War Memorial Hall

9am - 1pm

Hot Foods – come and enjoy breakfast, morning tea or lunch.

### Variety of Stalls

More stall space available: Contact David Logie: ph. 6375 1129.



### Sunday Market

Happening:



At the Old Tasmanian Hotel

### On the last Sunday of the Month

Please ph 6374 2344 or mobile 0488 562 538

to book your table/trestle Needed: fruit & veggie stall holders

### Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking and other inquiries, please phone Marilyn on 6376 1858.



### St Marys Market

Rain hail or shine the markets will be held on the 1<sup>st</sup> Saturday every month in the community hall. 9am start.

New stall holders welcome.

Phone Robina 03 6372 2022 or Sue 03 6372 2512

FOR SALE 2 LARGE TVS



WHAT OFFERS?

CONTACT MEL:
6372 2099 or 0409 838 816



### Young Billy Denis

When researching the history of the Fingal Valley you very often come across stories which, you might say, "tickle your fancy". One such story is that of young Billy Denis.

Billy was said to be a fine young man who worked as a stable hand for Mr R. V. Legge of "Cullenswood". Also, as part of his duties Billy was the mail boy. A couple of times a week he would mount his trusty nag and head off to Avoca to collect the mail from the Police Magistrate, who at the time, was in charge of all Fingal Valley mail.

Billy would then ride the length and breadth of the Valley delivering mail to the settlers and their tenant farmers. One can only imagine, with the amount of horse riding Billy had to do in the course of his duties, he would have been a competent rider. His horse, however, although as robust as any in the stable, was not noted for its speed.



Now, around the mid 1940s, when the Anglican Church was being built at Cullenswood, a number of landowners in the district decided to stage a horse race. It was to be held on the neighbouring property "Londavra", then owned by Donald Cameron. The race was called "The Golden Cup" and the prize for the winner was a case of the best Jamaican rum. Billy's mouth watered at the thought of having all those bottles of the Colony's finest rum all to himself. But he knew with such a prestigious prize at stake, horses would be entered from far and wide and his riding skills would not be enough to compete with the cream of the district's horse flesh.

In the "Cullenswood" stable there was a famous horse called "Duchess". This mare was the pride and joy of Mr Legge's stable and recognised as the fastest in the Break O'Day Plains. Indeed, it could give any horse in the whole of Van Diemens Land a run for its money. But because Mr Legge was back in Ireland visiting family at the time, everyone was happy that the mare would not be racing in the prestigious Golden Cup. How wrong they were. Just as the race was about to begin Billy Denis joined the line at the start with the famous mare, "borrowed" from the "Cullenswood" stables.

No one else had a chance, "Duchess" with the skilled mail boy on her back, galloped around the make shift race track taking every other horse in her stride and romped home a clear winner by several lengths. At the presentation, all the other competitors stood looking down in the mouth as Billy collected his prize. With a smile on his face reaching from ear to ear, Billy tucked the case of rum under his arm and headed the mare back to the stable.

Billy's story ends at that point, but we can assume he drank his rum before Mr Legge returned from overseas. We can also be almost certain, that as the race was the talk of the district for some time, Mr Legge would have learnt of Billy's exploits on his return. Now, in those days horse "borrowing" was looked upon as a very serious offence and would have landed Billy in chains, or even a trip to the gallows. But Mr Legge was said to be a compassionate man and one would only hope Billy kept a bottle of the fine rum to soften the Squire and the young mail man's dilemma, caused by his passion for something he could never afford, was forgiven.

### Jim Haas



### **BOBCAT HIRE**

- \* Site cleaning & leveling
- \* Excavations
- \*Post hole digging
- \* Landscape preparation

SAVE HOURS OF HARD WORK. GIVE MARK A CALL Ph: 6372 2145.

# Rae & Partners Lawyers Barristers & Solicitors 113 Cimitiere St Launceston

### **Visiting**:

St Marys Community Health Centre
Alternate Tuesdays: 9 am – 10 am

Ph: 6337 5555 For appointments.

### Letter to the Editor

Vol. 44 No 9, 2011

Will the person who came onto my property uninvited, to borrow my mini hydro electric generator please return it as soon as possible.

I am an elderly pensioner who has just spent three months in hospital after suffering a major stroke which has left me incapacitated. My return home was a great disappointment, finding that there was no electricity available to run the usual things that we all depend on. I have no refrigerator, no computer or television, my kitchen appliances will not work and I can only have one or two lights on at a time. The unit that you removed is almost certainly of no use to you, as it requires the control unit and suitable sized water jets to make it work.

I am prepared to offer a reward of \$100 to anybody who returns it to my address at 461 Gardiners Creek Rd, St Marys, or contact me on 6372 2980.

Charles Trollope.

To the Valley Voice

Firstly I would love to know who was responsible for the rumours that the meeting had been called off concerning the parking that WAS held on Monday the 22nd of August.

As you know, over many years we voted on this matter and the outcome is always the same?

KEEP THE PARKING THE WAY IT IS.

Why do we vote at all on any matter, when it won't make one ounce of difference to the outcome. What has happened to MAJORITY RULES? Doesn't that exist these days?

We the people do not matter any more, only hierarchy and so-called bigwigs, and you do what they say and want.

So residents of St Marys, and everyone that comes here, you had better practice your parallel parking without obstructing traffic. Plus you had better learn to walk with all the goods you have purchased, for the parking WILL be cut in HALF on the southern side of the street.

Again I ask this question, WHY do a handful of people want to change St Marys, when the majority love the town the way it is?

We can tidy up around town without totally stuffing St Marys up. Bit I suppose it won't matter what St Marys looks like, for there won't be enough people that will stop here anyway because of the lack of parking spots.

I know I have alienated some people that are for parallel parking, and I know that the next Valley Voice will be a doozie. So BRING IT ON.

Kim Watkins,

Secondhand Rose.



### St Marys Police report

Between 7:00 pm Saturday 30/07/2011 and 3:00 pm

Sunday 31/7/2011 unknown persons have unlawfully entered a property in Gardiners Creek Road, St Marys. A mini hydro electric generator was stolen. The generator (pictured right) is made by the Rainbow Power Company in Nimbin, New South Wales. It is cream/green in colour and is about the size of a bread box.



Sometime between 22/7/2011 and 21/8/2011 unknown persons have unlawfully entered a property in Clive Street, St Marys. A Holden Rodeo utility has been entered and two chainsaws have been stolen, an orange Husqvarna and a black/red Shindaiwa. Also stolen was a black plastic 20 litre jerry can and fuel was siphoned from the vehicle.

Between 8:00am 20/8/11 and 1:30pm 21/8/11 unknown persons have entered a residence in Clive Street, St Marys. An oak coloured wooden jewellery box was stolen from the main bedroom. The box is a small camphor chest type and has carvings of birds on it. The box contained about \$130 in cash/coins and some cut/uncut sapphires. It also contained a number of old style coins such as shillings and pennies.

Police are seeking any information that will enable the return of the property to the owner or any information about similar items being offered for private sale.

Information can be provided to the St Marys Police Station on 6372 1010 or anonymously to Crime Stoppers on 1800 333 000.

St Marys Police Phone Number **6372 1010**Non Urgent Number **131 444**Urgent and Life threatening **000** 

Urgent and Life threatening SES (Flood & storm only) 132 500 Fire 000



### **IN MEMORY**

It is with deep regret we announce the passing of one of the Valley Voice founders,

### Mr Geoffrey Dean.

Forty three years ago Geoff, along with his wife Elizabeth and several other interested locals decided that St Marys needed a newsletter and in one of the wards at the St Marys Hospital, The Valley Voice was born.

Geoff and his band of helpers were involved for many years, and some of the editions were hilarious, to say the least.

As you can imagine, with advanced technology the paper has gone from strength to strength, and there has not been a missed edition over the 43 years.

A lot of volunteers have passed through and a paper like ours would not happen without them.

The current Valley Voice volunteers offer our sincere sympathy to Geoff's immediate and extended family. Please know he is still remembered with fondness and will be sadly missed.





We have lots of cards for you to choose from for that special Dad in your life.

Happy Father's Day from management and staff of the St Marys Newsagency.



Marketing solutions without the marketing jargon

With over 25 years experience in the industry, I can show you how to:

- Maximise your business potential
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- Attract new customers
- Build a business brand

### Services provided:

- Graphic Design
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Over 10 years experience as a tourism operator, I understand the issues affecting regional tourism, particularly those which impact the small operator.

To solve your marketing needs call Marina

TEL: 6372 2644



# What our visitors say about Purple Possum and St Marys!

'What a friendly town! We stayed at the camp grounds – the best in Tassie. Great memories of the pub and shops too!'

P&L, Gold Coast

'Great food, excellent coffee, fantastic service! Highly recommended! Thank you! Stay classy St Marys!

The Queenslanders

'Love, love, love your shop! A healthy eater's dream!
When are you opening one in Sydney?'
Visitors from NSW

There's some great reading in our Visitors Book – and it makes you proud to live in St Marys! Have a browse next time you pop in for coffee, a bite to eat or some supplies.

### **Purple Possum**

Wholefoods & Café





"Splash"

2011, Celebrating 21 Years!



Cycle For Santa- Tasbash fundraiser-proceeds to Variety Childrens Charity Tasmania

September 24th...1pm start. Children under 8

1.30 start over 8s



### Rules

### All Bikers must wear approved helmets!

All participants must wear Santa suits

Or red and white, (will except green elves aswell)

Monies collected to be handed in on the day to Santa in Pink!

\$5 donation to be paid upfront for registration and entry pack

All Children under 12 must have adult supervision Ring Lynne for your pack ....0427560565



### Prize

A brand new bike ...highest fundraiser (value \$250)

Other prizes... PARTICIPATION AWARDS ....best dressed santa, ...best pram...



Please donate to our Anniversary year.

All donations are fully Tax Deductable

Thanking you for your generous support

# CATHOLIC CHURCH FUND RAISER



Tuesday

September 13<sup>th</sup> 2011 12 Noon for 12.30pm \$20.00 per person

ST MARYS SPORTS CENTRE Gray Road, St Marys

Lucky door and other prizes

PRIZES FOR THE BEST DECORATED SPRING HAT & THE BEST ARRANGEMENT OF SPRING FLOWERS.

### RAFFLE TO RE DRAWN ON THE DAY

RSVP: By Thursday 8<sup>th</sup> September Sr Lorraine 63722252 Wendy/Gerald 63722283

If you need transport, please advise when you book.



# Kodak quality prints in seconds

### Pharmacist on duty 5 days a week

Main Street, St Marys Tas. 7215

Phone: 6372 2844 — Fax: 6372 2874



PRINTS STARTING FROM

 $49_{C_{each}}$ 



MENTION THIS AD AND RECEIVE ONE FREE ENLARGEMENT WITH YOUR PHOTOS. (Limit 1 per customer)

### The Say Cagerattler

A few months ago we went through the St Marys, then Elephant Pass closure periods. Depending on who you believe there was considerable cost and even more disruption to supposedly repair these important thoroughfares, so important to our area. Over the past couple of weeks we have had more rain, okay quite a bit of rain as it happens, but just as we suspected at the time, the problem won't go away.

Whilst we accept the work carried out at the time was needed and essential it was still just a bandaid to the real problem. This is of course a genuine attempt to find a real alternative route to the coast that gives faith and certainty that a bit of substantial rain any time will allow appropriate, safe and reasonable travel on what is supposed to be a main route in Tasmania. If this was to be the case on a more populated area I'd be pretty darn certain that this saga would have been resolved long ago. There is just not enough votes out here perhaps.

My real fear is we will be still talking about this in a decades time. Sad isn't it? There was one little ray of hope offered up by our Mayor on a television interview the other night when he suggested that he will be lobbying to try and have this issue further discussed by the powers in Hobart. That would genuinely be good, especially if this or a future State Government had the necessary fortitude to make the decision to meaningfully sit down at the table to REALLY EXPLORE THIS ISSUE affecting us all every time it rains a bit. There might well be some genuine answers out there. For the umpteenth time let's hope that one day someone will listen to us.

We haven't heard any real mention really recently about any probability of Coal seam gas exploration in our area. Apparently Tasmania has been considered for such matters but after watching a documentary earlier this year on this form of energy I would need to be assured that such technology would be overall worthwhile. According to most , the lifespan of a site is about 10-30 years. Real concerns have been reported in regard to devaluation of land and possible contamination to water tables due to chemical requirements. If the Fingal Valley is ever considered on this matter I hope any company involved will do plenty of consultation with us.

### Vietnam Veterans' Long Tan Commemorative Service 2011 Lest we forget

Thank you to the St Marys Memorial Services Association, Peter Mackie, Sister Lorraine Groves, St Marys District School, Judy Spilsbury and all the Valley Voice volunteers. The Break O'Day Woodcraft Guild for making and supplying a lectern. Envoy Melanie Norton. Mrs Targett for allowing us to play the Last Post by the late Selby Targett. Simone Holmes, Ted Koops and a special recognition for Shantelle Arratti and Cory Thow who put a lot of time and energy into the benefit of our cause. Unfortunately, due to the inclement weather and circumstances beyond their control they were unable to attend.

### LIST OF THE FALLEN AT LONG TAN

The Roll Call commemorates those Tasmanians serving at the behest of their country who died in battle or of wounds suffered in battle during the conflict in Vietnam, and those members of the Australian forces from all States who died in the battle of Long Tan.

| RA | ALDERSON       | PTE  | 18/8/66   |
|----|----------------|--|---|
| PE | CLEMENTS       | CPL  | 18/8/66   |
|    | DRABBLE        | PTE  | 18/8/66   |
|    | GANT           | PTE  | 18/8/66   |
|    | GRANT          | PTE  | 18/8/66   |
| VR | GRICE          | PTE  | 18/8/66   |
| JM | HOUSTON        | PTE  | 18/8/66   |
|    | JEWRY          | LCPL   | 18/8/66   |
|    | LARGE          | PTE  | 18/8/66   |
|    | McCORMACK      | PTE  | 18/8/66   |
|    | McCORMACK      | PTE  | 18/8/66   |
|    | MITCHELL       | PTE  | 18/8/66   |
|    | SALVERON       | PTE  | 18/8/66   |
|    | SHARP          | 2LT  | 18/8/66   |
| DJ | THOMAS         | PTE  | 18/8/66   |
|    | TOPP           | PTE  | 18/8/66   |
| MR | WALES          | PTE  | 18/8/66   |
|    | WHISTON        | PTE  | 18/8/66   |
|    | PE<br>VR<br>JM | PE CLEMENTS DRABBLE GANT GRANT VR GRICE JM HOUSTON JEWRY LARGE McCORMACK McCORMACK MITCHELL SALVERON SHARP DJ THOMAS TOPP MR WALES | PE CLEMENTS CPL DRABBLE PTE GANT PTE GRANT PTE GRANT PTE JW GRICE PTE JM HOUSTON PTE JEWRY LCPL LARGE PTE McCORMACK PTE McCORMACK PTE MITCHELL PTE SALVERON PTE SHARP 2LT DJ THOMAS PTE TOPP PTE MR WALES PTE |







Photos courtesy Janet Drummond & Wendy Brennan.



# Another government band-aid on St Mary's Pass

Last week's closure of St Mary's Pass yet again highlights the Green-Labor Government's failure to properly invest in maintenance on its own road network.

East Coast residents have been crying out for help from the State Government for years, with the Government offering nothing but a quick-fix solution each time problems on the Pass flare up.

Labor has had 13 years in Government to address this ongoing problem and invest in developing St Mary's Pass. It is simply astounding that there has been little action on what is a serious issue for the region.

The region used to have access to a permanent maintenance crew to address problems with the Pass – even this has now been downgraded to reactive maintenance works, meaning that residents can be cut-off when the Pass is closed due to poor maintenance.

The St Helens community is already doing it tough, and they have now simply had enough.

Tourism in the region is almost non-existent, and the few tourists that are visiting the area are now becoming deterred by a sub-standard road.

The Green-Labor Government must advance discussions on a long-term solution, such as alternative access routes rather than waiting until a crisis emerges and residents suffer as a result.

### Rene Hidding MP

Shadow Minister for Infrastructure Liberal Member for Lyons.

## TASMANIA'S PEST FREE STATUS ONCE GONE, IS GONE FOREVER

Federal Liberal candidate for Lyons, Eric Hutchinson, is seeking a categorical assurance from Tasmanian Federal MPs that the decision to permit the importation of NZ apples into Tasmanian will never result in the introduction of Fire Blight to this state.

"If Fire Blight is introduced to Tasmania, our international pest free status is gone, and it is gone forever", Mr Hutchinson said.

"All I am asking is for Dick Adams and his Labor colleagues to look Tasmania's apple and pear growers in the eye and give them a 100% guarantee that this decision will never jeopardise their multi-million dollar industry".

### SHOP LOCALLY AND SAVE

### HARRIS FUNERALS

Lindsay & Diane (D. Bailey & son) A.F.D.A

Ph/Fax: 6376 1153 Mob: 0418 133 420

#### Office& Residence:

114 Cecilia St

St Helens

### Chapel:

46 Tully Street

St Helens

We are here when you need us to arrange Burial or Cremation.





## St Marys Tigers Football Club Inc. Match Report

What an experience it was for the boys to run out onto Aurora Stadium under lights on Saturday August 13 to play Launceston.



St.Marys Tigers Football Club Inc.

The match started at a frantic pace and it was only a matter of minutes before Darren Jones goaled to signal an ominous warning to Launceston. Darren kicked another in the quarter as did Ray Squires. Unfortunately, while Launceston had done a great job organising the game, one thing they forgot was a timekeeper! AFL Masters has 15 minute quarters and after about 25 minutes of intense football we realised that there was no timekeeper and called time on the quarter. St Marys was leading by a point but the long quarter had taken its toll, particularly when early injuries had cut our bench down to two compared to Launceston who were running a bench of 10-12.

The second quarter saw Launceston really click into gear and with their greater strength, fitness and numbers started to run away with the game and despite the heroic efforts of the St Marys boys they ran out comfortable winners.

Best players Craig Baldwin, Paul Whitecross and Leighton Jordan, though everyone contributed. It was a memorable evening for all concerned.

Our next game (and last for the year) is a "friendly" against Triabunna. We travelled to Triabunna twice last year to help them prepare for the Hobart competition this year and they will repay the favour on Sept 10<sup>th</sup>. The game will be at St Marys and will start at 1.00pm, so come out to the footy for your last chance to see the mighty Tigers play this year. It should be a close and exciting game.

After the game (at approximately 4.00pm) we will have the first St Marys Football Club presentation in many years at the St Marys Hotel. First on the agenda will be our Annual General Meeting for 2011 which will entail a brief President's Report followed by a report from the Secretary/Treasurer then any business arising. We envisage that this part of proceedings will take 5-10 minutes.

The formal presentation will commence at approximately 5.00pm. I would like to thank the following people for kindly donating trophies for the event: Michael & Louise Williams, Mt Elephant Pancake Barn, John & Ruth McGiveron, Mark Carrick, St Marys IGA Supermarket, St Marys Licensed Post Office, St Marys Lions Club, Ross & Tracy Bean, St Marys Coach House Restaurant, Rick Lohrey TASQUAL and Kath & Michael Cooke.

There will be finger food available during the afternoon and then we hope people will stay for a meal after the Presentation and then just to round things off Ray Singline and his band will play so it should be a great night.

From an official viewpoint we wish to formally invite all Life Members of the St Marys Football Club and also our foundation members that so kindly helped us get going a few years back. From a social viewpoint everyone is invited; come along and help make this historic event a most memorable one.

Harry Veldums, Club President.

Photos: Courtesy Harry Veldums.





### ST MARYS BAKERY

PH: 6372 2131 OPEN 7 DAYS A WEEK



FRESH BREAD, ROLLS & BUNS, PIES, PASTIES, CAKES, HOT FOOD, COFFEE, COLD DRINKS, ICE CREAM. 52 MAIN ST ST MARYS.

### OUT OF THE WOODWORK

Wendy Brennan, Secretary. 6372 2094

Many people have made enquiries about the absence of "out of the woodwork" in the previous Valley Voice. The reason... our computer had a meltdown and I followed suit. On a serious note thank you to our loyal followers "it's nice to know you are missed!!

A thank you to the "duck" that propagated some cuttings for The Guild's garden and hopefully our resident black rabbit will find them distasteful for his culinary discriminating palate.

The Guild has submitted plans for a proposed extension which will provide additional storage space and house a restoration workshop for members considering restoring old engines, vintage stationary motors, old motorbikes and vehicles as well as to conduct basic maintenance courses. This facility will be utilized for hobbyists only as we do not intend to infringe on existing businesses.

## The facility will not be for regular maintenance or service work.

The Guild meets on the last Saturday of every month at 2pm in the old railway goods shed situated behind the Railway Station complex. New members are always welcome. We are open Monday, Wednesday and Friday. Other times by appointment.

# A supportive environment where traditional woodcraft skills are taught.



Wooden puzzle of Tasmania which is for sale for \$10.00 each from the Guild.

# -DickAdamsMP-

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance

53B Main Road 58A High Street PO Box 50 PO Box 271

Perth, Tas 7300 New Norfolk Tas 7140

Ph 6398 1115 Ph 6261 3366 Toll free 1300 132 689

Email D.Adams.MP@aph.gov.au



## WORKING WITH YOU FOR A STRONG COMMUNITY

Written and Authorised by Dick Adams, 53B Main Road Perth



PING WELCOMES YOU TO HIS SHOP

### PING'S PLACE

### MAIN STREET ST MARYS

ASIAN FOOD, VARIOUS NOODLES, OODLES OF SAUCES, CHINESE GREEN TEA, AND A WEALTH OF OTHERS; CLOTHES MADE OF BAMBOO, KIDS TOYS GALORE, CARDS, INCENSE, SOAP—YOU NAME IT!

PLAYING TABLE TENNIS EVERY DAY

DR LI, Ping's assistant, offers all forms of

### **Traditional Chinese Medicine**

to ease you.
Ring 6372 2712,
for a free consultation & cost of treatment.



### St Marys Op Shop

PLEASE NOTE

### NOW OPENING MARKET DAYS

First Saturday each month from 10-2

Donations of spring clothing, gratefully received in the lead up to

ST MARYS MARKET DAY

### **Career Comes Full Circle**

It happened quietly and quickly. Quiet achiever and respected local teacher, Ian Summers, has retired from 37 years of service with the Tasmanian Education Department. Over this time, thousands of students have benefited from his teaching and mentorship, a number of whom still keep in touch after many years.

St. Marys District High School was Ian's first posting after qualifying in Launceston. It is also the school which will farewell him officially next month, although his last teaching day was on 3<sup>rd</sup> June this year.

Ian is a man who has a special gift in helping rural young people to gain skills and confidence. His qualifications and experience as an Art and English teacher, and his versatility and knowledge across a broad range of subjects, gave him many opportunities to encourage those who are disadvantaged because of geographical location or limited training and employment opportunities.

A number of students have credited him as their inspiration for a new career focus. Notably, one of these students asked him to open her first art

exhibition; she has continued to practise and work in the arts field ever since. Ian has also been instrumental in helping rural young people to improve their literacy and numeracy skills in both the private and public education sectors as they studied in their chosen subjects.

Ian is a gifted artist, particularly in drawing. Over the years he has completed several commissioned pencil drawings, designed the covers for school magazines at Riverside and St. Marys, and carried out fine lettering on honour roll boards, free of charge.

In recent years, Ian's earlier qualification as a diesel mechanic made it possible for continued nationally accredited automotive certificate-level courses to be offered in St. Marys and St. Helens. For a time, he also oversaw and assessed similar courses in Oatlands, Lilydale and Flinders Island.

Many of Ian's students have gone on to be accepted for apprenticeships locally and further afield, and/or into skilled jobs, because of the quality of training Ian has given them.

In 2003, his delivery of automotive courses in the northeast won him a top award for Innovation and Excellence in the Tasmanian Education and Training Awards, defeating entries by Hobart, Launceston and Don Colleges.

Ian also encouraged his students to develop a community focus by helping to work on vehicles belonging to those who otherwise could not afford to have them repaired. His own involvement on the Board of the Medea Park Nursing Home, including stints as Vice-President and Acting Secretary, has also demonstrated his continued personal commitment to participate in, and support, his local community.

Music is another talent that Ian has contributed to the Tasmanian community over the years. He is a proficient banjo and guitar player, and is also a very good bass player, playing either double bass or electric bass with ease. He has played in a number of bands, including the Shoestring Band and the Mahogany Hall Stompers. On a number of occasions he has also performed as a session musician, accompanying local choirs and visiting musicians, as well as informal bands and groups. Ian has often provided his services as a musician free of charge. In his teaching career, he has shared his enjoyment of music with school staff and students, most recently at Fingal Primary School. Ian, along with his wifeRita,

also performs regularly at community and church events in the local

In 2008, Ian established a museum in a disused supermarket building. Many historical items across a broad range of categories from his own and his wife's collections were soon expanded by donated items and gifts of memorabilia and artefacts from the local community. Since opening the museum, he has funded the running costs mainly from his own pocket, including public liability insurance and electricity.

Ian was instrumental in founding a now incorporated group called St. Marys Cranks and Tinkerers, who began to run a successful local annual car show in 2007. This event attracts hundreds of visitors each year, as well as many car clubs and individuals who come to display

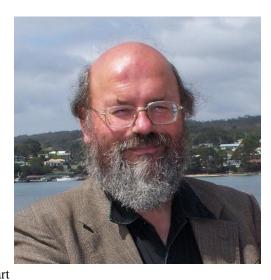
CRANKS & TINKERERS

their unique vintage, classic and modified vehicles. The museum itself has become an attraction for tourists and local visitors, a welcoming environment for anyone who needs some companionship, or who has an interest in preserving and learning about local history. An application for a larger, purpose-built museum facility is in the pipeline, which has only been possible at least in part due to the hard work and dedication Ian has poured into it from the beginning.

In 2009, Ian was honoured with a nomination as Australian of the Year by the Break O'Day council, in recognition of his work in mentoring youth. In 2011, the St. Marys Lions Club nominated him for the Pride of Australia award, as a valued citizen who has selflessly given his life to helping and encouraging others without seeking any reward other than to help them to realize their innate potential to the best of his ability.

Ian's cheerful, caring and humorous approach to his work and his community, as well as to the people he comes into contact with, has earned him well-deserved respect wherever he has lived. He is missed by both students and staff at the St. Marys and Fingal schools, but continues to be a valued and active member of the Break O'Day community, actively engaging those around him with his skills and unique personality.

[This article, with some amendments, formed the basis of Ian's nomination by the St. Marys Lions Club for this year's Pride of Australia award.]



# gone rustic studio & gallery

**on display now** – the notebook project from *fibre arts australia* (artists journals from around the country)

27 august (Saturday) – journals anonymous; byo cut lunch, current project & materials; tea & coffee provided

### 37 main st st marys tas 7215

0363722724 gonerustic@yahoo.com.au

online shopping: www.gonerustic.com www.gonerustic.etsy.com www.pilgrimcottage.etsy.com

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rustic ragamuffins wednesdays 7-9 (\$5)

opening hours tues - sat. 10 - 4

member of greater esk tourism & tasmanian regional arts



### Splash update

We've been extremely lucky to have growing support this year...we are grateful to those who have participated and helped within the last two months, through community events we've raised around \$2100, thank you. This money contributes to helping a disadvantaged child have improvement on their quality of life. All donations are welcomed large or small; all contributions to a child's benefit!

We have one event scheduled for the 24<sup>th</sup> of September...CYCLE FOR SANTA information flyer included.

Starts 1pm, prams, mums, dads, and kids... bbq and refreshments...fun community day!

We would like to thank, all clubs, businesses, and individuals for their donations on our behalf to, Variety Children's Charity.

Splash, D.Paddern, K. Welch, Cherie Sari, Max, and Charlotte, Deidre Panton, Caltex St Marys, Rachaels Hair, Christine Lowe, St Marys Hotel Social Club, Emma and Clint, Jan Blades, South Launceston Lions, St Marys Lions. Coach House, Mt Elephant Fudge, Sharna.

We would also like to thank those who have put their change in our collection hearts, we would like to thank the following businesses for allowing and encouraging donations, St Marys Hotel, St Marys Pharmacy, Fingal Activity Day Centre, Cock n Bull, St Marys Bakery, Coach House St Marys.

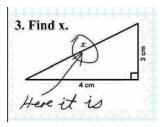
Thanx to all for your support Lynne Dawes Splash Tasbash car 2002-2011..... Dana has dreamt for many a year, To start up a LAUNDROMAT, Yes, right here.

With all the pressure and stress Plus those sleepless nights,
There was more than one fight.
It's open now and Dana's fine,
So let's fill our glasses
With beer or wine.
Let's raise our glasses
And make a toast,
To the

CLEAN CRACK LAUNDROMAT Now it's open you can boast.

CONGRATULATIONS Dana. Kim and David Watkins.

### School exam answers







### White Balloon Day, 1 September

Bravehearts is a national not-forprofit organisation leading the fight against child assault through education, research and counselling services. Bravehearts Bravehearts conduct a personal



safety school based education program designed for children aged between 3 - 8 called "Ditto's Keep Safe Adventure".

We would like to bring the show to the East Coast and hold a fundraiser for Bravehearts so that more Tasmanian children can have access to this worthwhile program.

Thursday, 1 September at 10am, White Sands Estate, join us for a Ditto Keep Safe Adventure Show and to celebrate White Balloon Day, and encourage everyone to dress in white. Cost is \$15 per family with \$10 going to Bravehearts.

For enquiries and bookings call 6372 2228.

### Father's Day, Sunday 4 September

Fathers, in most families, are our special unsung They rarely ever get their fair share of adulation. Let Father's Day be your way to say 'Thanks' to your hero and treat him to lunch or dinner at White Sands. Each Dad on the day will receive an Iron House Brewery Stubby Holder.

Booking are a must so call 6372 2228 today to reserve your table.

### **BrewHaus Cafe & Bar**

Happy Hour, every afternoon between 4 - 6pm enjoy \$2 Iron House pots, \$3 Boags Red & XXX Stubbies

Sunday Roast still going strong at \$15 for the main and \$19 to include dessert

### **Special Accommodation Packages**

Children Stay, Play & Dine free with an accompanying paying adult from \$130 per night, minimum three nights stay. Valid until the end of September 2011.



### September School Holidays

Wondering what to do with your little ones and even for yourself for the upcoming school holidays? Need to get out of the house? We have a range of activities planned throughout which will include the following;

- Surf Lessons for young and old. Gary from 42 South Surf School will be conducting scheduled classes during the holidays and on the weekends, here at White Sands. \$50.00 per person
- **Cup Cake Decorating**, for the little Master Chefs, get their creative flair going with a start in cake decorating. They will create their own little cup cake and then have a morning tea to enjoy it. \$15.00 per person
- Coffee **Appreciation** Training, ever wondered how to make an amazing Coffee? Perhaps you have an espresso machine at home and would like to learn, or you just love Either way we are opening up our machine for lessons. Learn how to treat, store, grind and use coffee and then of course to make coffee followed by a morning tea. \$20.00 per person

For bookings for any of these activities, please call us on 6372 2228



### **Events & Functions**

For all your conference or special event party needs give Alesha a call to discuss how we can cater for you.

# Sarah Schmerl



I am standing for re-election as Councillor and for the position of Mayor.

I have represented the community for many years through community organisations and groups and have been an elected Councillor since December 2009.

I make myself available to all residents and can be contacted on

sarah.schmerl@bodc.tas.gov.au or 0428 736 578

1

# Councillor

**AND** 

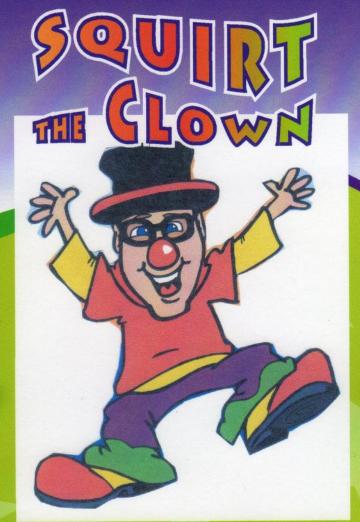
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# Mayor

# JAM IS TURNING 10!



SATURDAY 17TH SEPTEMBER 1.30 START



79 the FAMILY & help us celebrate!

everyone is welcome

JUMPING CASTLE SAUSAGE SIZZLE AND...LOTS MOR

St Marys Salvation Army - Story Street Enquiries Envoy Melanie Norton 63 722099 Mob 0409 838 816







www.linc.tas.gov.au

# Wanted adult literacy volunteer tutors

A Tutor Training Course will run in St Marys October 2011

# Don't miss out!

Application details need to be completed by 05 September and places are limited

For more information please call Fiona Watts on 6376 2742 or email fiona.watts@education.tas.gov.au

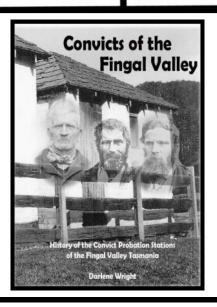


# STAR FM Program Guide





|                       | Mon                                    | Tu                                       | Wed   | Th  | Fr  | Sa  | Su                           |
|-----------------------|--|--|---|---|---|---|------------------------------|
| Brekkie               | Toast and<br>Jam with<br>Mary-<br>Anne | Brekky<br>with Mary<br>Anne              | "Wake<br>up"<br>with<br>Bobster                     | Bob's<br>Breakie<br>Show                              | Bobs –<br>Friday<br>Breakfast<br>Show                         | Saturday<br>Morning<br>Show with<br>"Corfe"   | Sunday's<br>Sunny<br>Side Up |
| Morning               | RFM<br>On<br>Star FM                   | Have a<br>Hoot with<br>SKOOT             | Starry<br>Starry<br>Morning<br>The Trace<br>Element | Harmonies<br>with<br>"Harpo"                          | Classic<br>60's Music<br>Mix with<br>Angela or<br>JeannyMaree | Jiving<br>with<br>JeannyMaree                 |                              |
| Arvo                  | In the mood with                       | Jeany-<br>Maree 's<br>2 for<br>Tuesday   | "Enjoy the<br>Arvo"<br>with<br>Terry Post           | Around the<br>world with<br>Tim                       | Friday<br>round-up<br>with RFM                                | Colin's<br>History<br>and<br>Mystery<br>Music | Rock'n<br>with<br>Brian      |
| Late<br>afternoo<br>n | Monday<br>Drive<br>Show                | After School<br>with Neesha<br>and Chloe | Drivin' with Damo                                   | In the back<br>seat with<br>Angela                    | In the Car<br>with<br>Jackie                                  |   | Dave's<br>Blues<br>Mix       |
| Eve                   | Mellow<br>Monday's<br>with Roger       | Neville's<br>Country<br>Corner           | Mary<br>Anne's<br>Thanks for                        | Easy<br>Listening<br>with                             | Marc's<br>Boiler Room   | Get into<br>the Party<br>Mode with            |                              |
|                       | Dr Sax with Roger                      | the<br>Memories                          | "Wally"   | Stido's<br>Blast from<br>the Past<br>and Party<br>Mix | Stido's<br>Party Mix<br>– til late                            |   |                              |



"Convicts of the Fingal Valley" is a well researched book by Darlene Wright.

It covers the Probation System, which played an Integral part in the building of the St Marys Pass.

The book also lists over 1,000 names of convicts who worked on infrastructures in the Fingal Valley.

Copies of the book are available for \$20 at St Marys Newsagency, Mt Elephant Fudge, Fingal Online Centre and Scamander Beach Hotel. Alternatively you can send a cheque or money order to:

> St Patricks Head & Esk Valley Historical Society Inc., P O Box 148, St Marys, Tas. 7215



Would you like to know .....

### How to Prepare or Update your Will?

50% of Australians don't have a valid Will.

This means they lose control over what happens to their assets when they die.

We invite you to obtain our free booklet that may answer your questions and show you how simple making a Will can be.

For more information please complete this form and send it to:

### Wills & Bequests, The Salvation Army, PO Box 50, New Town Tas 7008

| Please send me a FREE copy of your Wills booklet           | Name    |
|--|---------|
|  | Address |
| I am interested in including The Salvation Army in my Will |         |
| , ,  | Phone   |

### Scamander Beach Surf Shop

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Ph: 6372 5529

Scamandersurf.com

Bathers Wetsuits DVDs Clothing Footwear Bodyboards Watches Jewellery

Surfboards:

Milch McTavish Surftech Bic G Boards

Bay Surf Shop

2 Pendrig<mark>h P</mark>lace St Helens

Ph: 6376 1755

### St Helens Flowers

\$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$

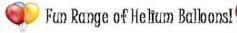
Donna of St Helens Flowers takes all the fuss out of ordering flowers.

Arrangements, Bouquets, Gift Baskets, Wedding Flowers, Flowal Tributas

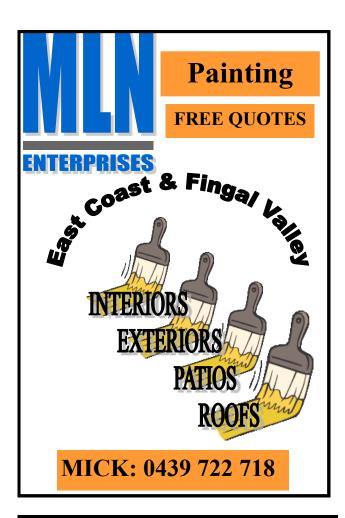
Member of the Petals network—we can now send or receive flowers worldwide!

Fantastic Fresh Flowers delivered to your door or statewide

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World leader in sustainable agriculture & Innovators in wellness and longevity Recommends:

Nutri-Salt – Ayurvedic mineral packed mountain salt - a nutrient dense salt that should be on everyone's table. Contains perfect balance of colloidal minerals and may assist in intestinal absorption of nutrients. It is an alkalizing agent and ensures maximum delivery of key minerals. Nutri-salt is aluminium free unlike the processed product which is toxic to the human body.

Digest-Ease – powerful probiotic – potent super-food concentrate with billions of beneficial gut organisms for digestive tract support and nutrient uptake.

(Especially beneficial to those taking antibiotics who need to restore their essential gut flora)

Contact Frank Giles 0419 372 192

### The Valley & East Coast Voice Guidelines.

- Opinions in any letters published are not necessarily the views held by the editor and voluntary workers.
- Our pages will remain open to fair and honest criticism, so that on all questions, both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted. Stick to the issue rather than making personal attacks.
- Please do not attack the editor, the paper or the authors of previous letters.
- Letter writers will be given the chance to respond over a suitable period of time, but anonymous and/or nom-de-plume letters received as from 11-02-10 will not be published. Subjects may be closed at the editor's discretion.
- Please make sure of your facts. Do not write letters just to let off steam. Letters most commonly published are those that have bearing to current community issues.
- Keep letters short, simple and to the point. Letters are restricted to 300 words or less.
- The Editor reserves the right to edit your letter for grammar, spelling or reduction in size where necessary.
- All letters arriving by post must be signed, including a printed name and also contain your contact details, such as full name, address and phone number.
- All letters sent by email must contain your contact details, such as full name, address and phone number.
- All letters left at drop-off points must have a signature, plus a printed name and also contain your contact details, such as full name, address and phone number.
- Do not be discouraged if your letters don't get published. Whilst each submission is reviewed on its own merits, we generally receive more letters than we have space available.
- The Valley & East Coast Voice reserves the right at all times, without notice, to update, change or amend our guidelines.
   Whilst we value & welcome community letters, The Valley & East Coast Voice does not provide specific feedback regarding any decision made not to publish a submission.



### St. Helens Electrical

ROD SHAW LIC: C00489

### Domestic, Commercial, Industrial:

Wiring and Repairs, Rewires, Underground.

### Home Heating:

Advisory, Sales & Installation of heat pumps and fixed heaters.

### Lighting Specialist:

Interior and exterior, Advise, Sales and Installation.

Ph: 6372-5522 Mbl: 0407-615-072 2 Lagoon Esplanade, Scamander 7215 Big Shed has a new **guitar teacher** with 3 years teaching experience. Book now for your weekly lesson. All abilities welcome.

Weds 4.30-6 New time with John McColl Garden sculptures - John will assist you with your individual project. High school students welcome. No Experience needed. \$20 concessions Available.

1st **Wed** of every month 5-6.30 **Life Drawing** (Model and materials provided. No tuition) \$12 No bookings required

Local artist Zeb Walker is currently on site creating his amazing yurts

Big Shed has a recording studio, PA hire and experienced engineers.

Big Shed has art space for hire, as well as a network of artists available for commissioned artworks,

> 24837 Tasman Highway, St Helens. Phone 0428725228 Bigshedstudios@yahoo.com



### Ransley's Appliance Service

P O Box 136 Scamander Tas 7215

Washing machine NOISY?Refrigerator runs too LONG?Clothes dryer blows cold AIR?

Then you need the service of our technicians.

Ring us on: Scamander: 6372 5307

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted. Please ensure that your details are included.



### Yanni's

### Café / Laundromat / Catering







25 Quail St, St Helens, Tasmania. 7216. Ph: (03) 6376 2629 Mob: 0400 054 110 email: marycporter@bigpond.com

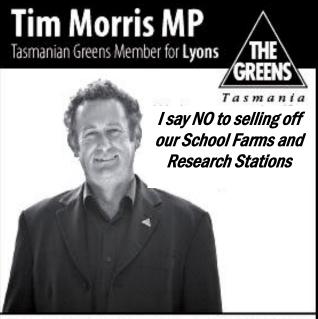
### EAST COAST GLASS

Falmouth Ph: 6372 5361

- ► Glass repairs
- Shower screens
- ► Wardrobe doors
- Double glazing
- Aluminium windows
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Locally owned and servicing the East Coast.

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www.tas.greens.org.au

Authorised by Tim Morris MP, Parliament House, Hobart 7000.



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OVER 20 YEARS EXPERIENCE

Ph: Dana or Craig

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- ♦ TOP SOIL
- ♦ SCREENED TOP SOIL
- ♦ SAND
- ♦ ROCKS
- ♦ ON SITE SCREENER 20mm to 75mm (TURN YOUR RUBBISH INTO TOP SOIL)
- ♦ 20 TONNE EXCAVATORS WITH TILT BUCKET & RIPPER, ROCK & LOG GRAB & QUICK HITCH
- ♦ D 65 KOMATSU DOZER, RIPPER & TILT BLADE
- ♦ 10 YARD TIPPER
- **♦** COMPACTION ROLLER
- **♦ WHEEL LOADER**

AND MUCH MORE







| Mon                            | Tue  | Wed   | Thu   | Fri   |
|--------------------------------|--|---|---|---|
| 22 Aug<br>TArts on Tour        | 23 Aug  Arts on Tour  Parent Teacher Interviews                        | 24 Aug  Arts on Tour  Parent Teacher Interviews | Launching into Learning St     Marys Kinder 10.30am     Stepping Stones - Marys     Kinder - Ipm     St Marys Soccer Club                                   | 26 Aug  Launching into Learning 0- 4yrs program - Fingal Kindergarten - 10am start  |
| 29 Aug  Fire Education Program | 30 Aug  Fire Education Program   | 31 Aug  Fire Education Program                  | I Sep  Launching into Learning St Marys Kinder 10.30am  Stepping Stones - Marys Kinder - Ipm  St Marys Soccer Club  Next NEWSLETTER  Fire Education Program | 2 Sep  Launching into Learning 0- 4yrs program - Fingal Kindergarten - 10am start  Jump Rope for Heart - jump off.  TERM 2 ENDS |
| Schoo                          |  | ays 3rc   | g - 18tl  | n Sept.   |
| 19 Sep                         | 20 Sep  School Association Meeting - 7pm at St Marys Campus, Staffroom | 21 Sep  | 22 Sep  Launching into Learning St Marys Kinder 10.30am  Stepping Stones - Marys Kinder - Ipm   | 23 Sep  ** Launching into Learning 0- 4yrs program - Fingal Kindergarten - 10am start   |

Above calendar is correct at time of printing For regular updates and other information please go to the school website:-

www.schools.education.tas.gov.au/stmarys

### St Marys District School

St Marys and Fingal Campus'

Participating in





Many of you will have seen the adverts on TV regarding the collection of:

- Vouchers from Coles (1 for every \$10 spent which can be exchanged for sports equipment); End date 18th October
- From Woolworths resources for maths, Literacy, Science, Art, Craft, Robotics..... Which can be earned by collecting the bottom part of your Woollies receipts. End date 18th September

St Marys District School will again be participating in these equipment exchange programmes. We would like to also highlight the importance of shopping locally, but if you do occasionally travel to either Coles or Woolworths for shopping we will gladly accept your vouchers/receipts.

The collections boxes will be positioned in the St Marys Campus' main foyer.



Tasmania
Explore the possibilities

# Grade 9 Camp Report

ong day travelling we finally arrived at Orana Guide Camp, unpacked and set up our Rueber Museum to look at the big radio telescope and watch some 3D movies. After a from the lolly shop, Wizz Fizz being the favourite. Then we made our way to Grote morning tea, then continued down to Richmond for lunch. Everyone stocked up drove down the East Coast and stopped at the Spiky Bridge out of Swansea for On Tuesday 26th July, 40 Grade 9 students set off on a journey to Hobart. We rooms and explored the place.

Cave. After a long day travelling, we were feeling a bit peckish and stopped at Sorell to buy some exciting and informative cruise, we headed off to the Doo Village which we all had a great laugh at the 'creative' names of some of the houses. We visited Devils Kitchen, Tasman Arch and Remarkable We then went on the Port Arthur boat cruise to visit the Isle of the Dead and Point Puer. After the was amusing tourist details along the way and then had the opportunity to explore the historic site. cold. We then continued on to Port Arthur with Captain Kerry providing us with what he thought Eagle Hawk Neck and admired the wonderful view while our fingers were turning blue from the On a chilly Wednesday morning, we ventured off to Port Arthur. Along the way we stopped at takeaways. We then set off back to camp for a night of relaxation ready for the next day

girls team featuring Mel (Mrs Morgan). We then headed to the Aquatic Centre where many of us got an education in the change rooms!! Soon after, we headed to Eastlands Shopping Centre to spend up big on Tag group totally killed Simo (Mr Holmes) as he wasn't very skilled at the sport unlike the fully skilled clothes and food. We then departed back to camp to cook tea for those still feeling hungry. The girls then thought it might have been entertaining to start a secret water bomb fight against the boys, which backfired and Baden is yet to hear from Lara Giddings with his sticky note "Bring back the V8's". After the informal tour, we split into 2 groups; half to Zone 3 Laser Tag and the other to Tenpin Bowling. The Laser in a debate. We found some extremely messy desks, including Kim Booth with about 6 pairs of glasses Thursday came and we all travelled on the bus to Parliament house to get some insight on what the politicians do. Students got to sit in the politician chairs and discovered what they get up to while they are and resulted in the girls getting drenched.

Early Friday morning we all received a delightful knock on the door from Mrs Hindley in her charming white fluffy dressing gown to inform us to clean up our cabins. After a long time sweeping our floors and folding our blankets, we then headed to Swansea to the Horny Cray Takeaway for some lunch

We would like to thank Mrs Hindley, Mrs Morgan, Mr Kelly, Mr Holmes and Kerry our bus driver for After what felt like many hours on the bus, we arrived back at school weary from our eventful week a wonderful and very eventful trip

By Amber, Maddie and Claire.





# **Nursing Taster Day**

On the 6th of July, four students Maddison Gale, Ebony Bean, Annalyse Brooks and Grace Ennis travelled into Launceston with Sally Johnson to attend a Nursing Taster Day at the University of Tasmania We found the day very informative as we learnt many aspects of emergency treatments such as - bagging a patient for respiratory conditions, taking the pulse, blood pressure, using stethoscopes, taking pulse and

oxygen levels with a finger pulse oximeter.

We visited the simulating room where there are simulated human bodies that breathe, can take blood from, vomit, go into cardiac arrest and lots more. The university students from UTAS use this room as their prac room and are given scenarios and are tested on their skills. We got to hold the simulated baby who felt quiet weird as it's so real. We also got to use Gell Glow which once you had washed your hands and then put it under the light it showed up where there was still dirt event though we thought we had washed our hands thoroughly The staff were great, they told us what subjects we need to study and the score we need to achieve to get through















### ST MARYS COMMUNITY HEALTH CENTRE

### **DOCTORS ROSTER**

- From the 25th August Dr Latt will commence 3 weeks leave
  - Dr Reeckman 25/8/11
     Women's Health Clinic
- Dr Brough 29/8/11- 16/9/11

### St Marys Community Health Centre GP Surgery Hours:

Monday—Friday 8:50am-12:30pm 12:30pm-1:30pm LUNCH 1:30pm-4:30pm

### PATHOLOGY SERVICE

No Pathology Service between 12:00-1:30pm or before 8:30am daily.

If you require Pathology before 8:30am an appointment must be made with the Nurses Station the day/night before.

### INR TESTS

A doctor's appointment is required if you are having an INR test. Please let reception staff know when making your appointment that you are having an INR test. This is a 5 minute doctor consult.

### AFTER HOURS SERVICE CONTACT NUMBERS

PLEASE PHONE GP ASSIST ON 1300 780 011

AMBULANCE 1800 008 008 or

EMERGENCY 000

COMMUNITY HEALTH CENTRE 6372 2111

PLEASE RING BEFORE PRESENTING AFTER HOURS

### SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts can not be requested by patients over the phone and are unable to be done over the weekends, ensure you have enough medications in advance.

PLEASE BE PATIENT waiting periods can apply.

### RSPCA CUPCAKE DAY

A big *THANK YOU* to all who supported the RSPCA Cupcake Day last week. A total of \$81.00 was raised through Cupcake sales and donations for the RSPCA.

All entries in the Colouring Competition are now on display in the Reception area. These will be returned to those who entered the competition at the end of the month- with a small token gift for your efforts!

Congratulations to Ella Rowntree who was the winner of the Colouring in Set.

### CONTRACEPTION PACKS

There are *FREE* Contraception Packs available at the Reception area of the Health Centre. These are supplied by the Healthy House.

Please help yourself and please use responsibly!

### WHAT'S ON AT THE CENTRE

25 Aug Relationships Australia— Leanne McMurtie for appointments please phone 1300 364 277

Social Worker– Shan Williams appointments available by phoning 6372 2111.

Continence Nurse—Sue Walker. For appointment please see your GP or Health Professional for a referral.

26 Aug Social Work- Shan Williams. Please phone 6372 2111 for appointments.

Diabetes Educator (GP North) – Appointments available by referral from your GP

**Dietician (GP North)** - Appointments available by referral from your GP

Exercise Physiologist (GP North) - Appointments available by referral from your GP

- 30 Aug Child Health Session with Sue Gofton every Tuesday- Appointments only. Please phone 0428 136 381
- 31 Aug Day Centre- For details on the group please contact Hayley Gilbert 6372 2111.
  - GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral
- 1 Sept GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral

Social Worker– Shan Williams appointments available by phoning 6372 2111

- GP Podiatrist- Annabel. Please see your GP for a referral.
- 2 Sept Social Work- Shan Williams. Please phone 6372 2111 for appointments
- 5 Sept Hospital Auxiliary Meeting 2:00pm in the Day Room
- 6 Sept Child Health Session with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381

Tom Bain, Rae & Partners Lawyers. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555

7 Sept Day Centre- For details on the group please contact Hayley Gilbert 6372 2111.

GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral.

Social Work- Shan Williams. Please phone 6372 2111 for appointments

8 Sept Relationships Australia - Leanne McMurtie for appointments please phone 1300 364 277

Social Worker– Shan Williams appointments available by phoning 6372 2111

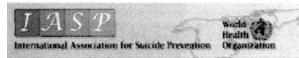
9 Sept TABIS (Tasmanian Acquired Brain Injury Service)— Hannah Rubenach phone 0437 076 100

Social Worker– Shan Williams appointments available by phoning 6372 2111

- 13 Sept Child Health Session with Sue Gofton every Tuesday- Appointments only. Please phone 0428 136 381
- 14 Sept GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral

Day Centre- For details on the group please contact Hayley Gilbert 6372 2111.

Podiatry North- For appointments please phone 6336 5155



# **Vorld Suicide Prevention Day**

Preventing Suicide in Multicultural Societies

# TASMANIAN COMMUNITY GATHERING SUICIDE BEREAVEMENT SUPPORT

Where people affected by the suicide of someone known to them, those who support them and those in the community who would like to demonstrate a commitment to reducing the incidence of suicide in Tasmania will be provided with the opportunity for -

- honouring and acknowledging bereaved family members, friends and associates living beyond suicide and those who support them,
- remembering those who have been lost through suicide,
- creating opportunities for people to meet others similarly affected in an informal social setting.
- contributing to improved suicide bereavement support and suicide awareness and prevention in Tasmania.

The Community Gathering encourages anyone affected by the suicide of another to attend regardless of the nature of their relationship with the bereaved, for example partner, ex-partner, parent, former employer, grandparent, relative, workmate, teacher, sibling, sporting colleague ... to name a few. Service providers please bring information to share.

Guest MC:

Roisin McCann, ABC Northern Tasmania

WHERE:

Tamar Rowing Club Rooms, West Tamar Road, Launceston

(near Tamar Marine)

WHEN:

Saturday 10th September 20111

TIME:

11.30 am-1.30pm Barbecue Lunch Provided: Gold coin donation appreciated

TRANSPORT:

Community transport may be available for outlying areas—please call to confirm

CONTACTS:

Family Based Care (Fingal)- 63742359

Neighbourhood House (St Helens) - 63761134

St Marys Community Centre (St Marys) - 63722111

World Suicide Prevention Day September 10th



#### MEALS ON WHEELS ROSTER Aug/Sept St Marys **Fingal** Monday 29th Lorraine Gill Neighbourhood House Tuesday 30th Lundy Vosper Wednesday 31st Liz Rice 1st Heather Griffiths **Thursday Sept** Claire Bean Friday 2nd **MOW Contact** Phone: 0488 384 344 Monday 5th Lorraine Gill Neighbourhood House

### **Church Services**

### Catholic Parish of St Marys

6th

7th

8th

8th

Trish Pike

Val Spencer

Kaye Nailer

Pam Gillies

Tuesday

Wednesday

**Thursday** 

**Friday** 

Sr. Lorraine Groves Parish House. Ph: 6372 2252 Mob: 0409 172 741

### 1st Sunday: MASS

St Helens Vigil L/W 6.00pm Bicheno L/W 9.00am Fingal 11.30am

### **2nd Sunday: LITURGY**

St Helens Vigil LWC 6.00pm St Marys LWC 9.00am Bicheno LWC 9.00am Fingal LWC 9.30am

### 3rd Sunday: MASS

St Helens Vigil 6.00pm St Marys 9.00am Fingal 9.30am Bicheno 9.00am

### 4th Sunday LITURGY

St Helens Vigil 6.00pm St Marys 9.00am Bicheno 9.00am Fingal 9.30am

### **5th Sunday LITURGY**

St Helens Vigil 6.00pm St Marys 9.00am Bicheno 9.00am Fingal 9.30am

Enq: Baptisms & Weddings
Ph: 63 31 4377
Church of Apostles
Presbytery
Officer Hours: 10.00am - 3pm.
Sr Marjorie Ph: 6381 1122.

### Anglican Parish of Northern Midlands

Neighbourhood House

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday –Family Service)

### Anglican Parish of Break O'Day

Ph: 6376 1144

9.00am 9.00am 8 am and 10.30 am 9.30am St Marys Every Sunday 10am

Pyengana: Kids Church,

2pm - 4th Sunday every month.

### Salvation Army TUESDAY JAM

3-5pm every Tuesday. excepting school holidays. Envoy Melanie Norton Ph: 63722099

### **Break O'Day Uniting Church**

The Manse St Helens
Ph: 6376 2405
St Helens
Fingal
9.00 am
11.15 am

### **Seventh Day Adventist**

Hodgeman Street Scamander Sabbath School 10 am Divine Service 11 am

### **Contacts for Valley Voice**

PH: Judy: 6372 2155 email: *judith.spilsbury@telair.com.au* Accounts: Mary: 6372 2328

Please leave written material at the St Marys Pharmacy, Main St, St Marys, or post: C/- Post Office, St Marys Tas 7215

### **Advertising: 2011**

Classifieds: 25 words or less: free
Community notices: free.
Small boxed ads. Garage sales. Greetings.
Thanks etc. \$12.
½ page \$20. ½ page \$30.
Full page \$50.
1 year posted subscription \$40.

### On Air Now!

Vision FM 88.0 at St. Marys, St Helens *and* Fingal.

Join Greg and Shelley on their program

### 'The Journey'

100% positive music & talk all day long; connecting faith to life.

National Vision Radio Network.
Phone 1800 007 770.
web www.vision.org.au

## St Marys Online Access Centre Opening Hours:

Monday 10am -3pm Tuesday 10 am-4pm Wednesday 10am-4 pm

Thursday 10 am - 3 pmFriday 10 am - 3 pmSaturday 11 am - 2 pm

Ph: 6372 2005

### ST MARYS OP-SHOP

NEW WINTER TRADING HOURS: 11AM — 3PM MON TO FRI. 10 — 2 First Sat of month to fit with St Marys Market Day

PH: Janet Drummond: 6372 2851.

# WINTER CLOTHING SALE ONE WEEK ONLY

MONDAY 29TH AUGUST -SATURDAY 3RD SEPTEMBER ALL JUMPERS/FLEECES/COATS

### HALF PRICE

LOOK FOR FURTHER BARGAINS IN-STORE

SPRING STOCK NOW BEING DISPLAYED

### St Marys Sports Centre Inc. news. Kackhander

Thank you to every single person involved with the upgrading of the bowls green surrounds. The work is now well and truly underway and around half of the job is complete. This wouldn't be possible without all those blokes who have given up their time to do the messy, muddy work. Not only them but also to our barbeque crew, Nikki, Caitlin and Bobbie who have done a top job providing tucker to the hungry volunteers. Weather and concrete trucks availability permitting, this upcoming Saturday August 27<sup>th</sup> hopefully will see the completion of this part of the renovations. There is still lots to do after that of course in preparation for the Host Club season so if you can help out in any way in coming weeks it will be greatly appreciated as always.

Practice will be commencing in mid September so any or all will hopefully come along as they can. We will definitely be trying "Barefoot Bowls" this season. This should be heaps of fun aimed at non bowlers and new bowlers to learn the game, have a feed and a drink and maybe eventually join a great club later on. More details to follow.

To golf and sadly all the rain has made playing or working on the course impossible in the past fortnight. So frustrating to the growing numbers of players really enjoying the course in such great nick until the flooding. Rest assured though, that our intrepid crew are keen to buzz the mowers again soon though as soon as things dry a bit.

We should be soon announcing our next 'tucker night,' promising to be well worth attending.

Until next time, good hitting and rolling.







ST MARYS SPORTS CENTRE INC. Every Friday — 6.30 - 7.30pm drinks at discounted prices

# What's on at St Marys Sports Centre every week???

FRIDAYS: Evening Indoor Bowls. 6.30pm Cost \$3

SUNDAYS: Black Rock Golf Comp.

9 holes.11am Cost \$8 (incl. BBQ)

Come along and enjoy!!!!



38 Main Street St Marys Phone/Fax 6372 2240 - Butcher Ph: 6372 2274 Mon – Fri 8am – 6pm Sat 8am - 12 noon Sun - closed

### This week's specials.

(available from Thurs 25th Aug - Wed 31st Aug)

### from the butchery

| \$ 8.99kg |
|-----------|
| \$ 8.99kg |
| \$16.99kg |
| \$ 9.99kg |
| \$ 9.99kg |
|           |

### grocery lines

| Sanitarium weetbix 750g              | \$2.99    |
|--------------------------------------|-----------|
| Sanitarium So Good reg/lite milk 1lt | \$1.79    |
| SPC peaches sliced bonus 1kg         | \$2.99    |
| Fountaine squeezy tom/BBQ sauce 500: | ml \$1.89 |
| Baxters canned soup 415g             | .99c      |

### all only \$1.99

Black & Gold sliced bread 680g Black & Gold bread rolls 6pk Doritos Burn corn chips 175g Thick & Thirsty paper towels 2pk Colgate toothpaste reg 160g/Total 110g Smiths potato chips 175g Gravox gravy mix, canister 120/140g

### Next week's specials

(available from Thur1st Sept - Wed 7th Sept)

### from the butchery

| Porterhouse steak         | \$12.99kg |
|---------------------------|-----------|
| Gerello roast             | \$9.99kg  |
| Lamb forequarter chops    | \$9.99kg  |
| Ingham microwave chickens | \$5.99kg  |
| Casserole steak           | \$9.99kg  |
| grocery lines             | _         |
| A 44 4 1 700              | Φ2 OO     |

| g. occiy tilles                       |        |
|---------------------------------------|--------|
| Arnotts assorted creams 500g          | \$3.99 |
| Devondale longlife milk 2lt           | \$2.49 |
| Juicy Isle longlife juice 2lt         | \$2.49 |
| Nestle Milo 450g                      | \$5.99 |
| Nescafe Café Menu coffee sachets 10pk | \$4.99 |

### all only \$1.99

Coca Cola/Zero/Sprite/Fanta soft drink 1.25lt Radiant conc. reg. laundry powder Wondersoft toilet tissue 8pk Palmolive Ultra dishwashing liquid 400ml Alberta Balsam shampoo/conditioner 444ml IGA cordial syrup 2lt Schweppes/ Pepsi soft drink 2lt Arnotts choc timtam/ Royals/ Crowns 150/200g

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