

The Valley & East Coast Voice Volume 45 No. 3, Thursday May 31, 2012.

Est. 1968 50 cents

St Marys will be buzzing

What a big weekend coming up for St Marys this Saturday and Sunday, June 2nd and 3rd. Our small community will be buzzing with activity as the place comes alive!

Many of the businesses will be open to cater for an influx of people, keen to take part or be part of everything that is taking place.

On Saturday, beginning with the markets, which usually draws many buyers and sellers, there is a "Wrapped in St Marys" event where many crafty people are showing their wares wrapped around the power poles! This show continues Sunday, along with a Classic Car Show on Faulkner's Village Green.

The car show is staged by the Cranks and Tinkerers and is their 6th Annual event, which has over the 6 years, proved very popular. Many volunteers have put in many hours of work to ensure this is an enjoyable weekend for all.

So let's see you visit St Marys, take a stroll around, view all the art and crafts, admire the cars, browse through the shops,



have a bite to eat, maybe a beer and meet up with people you may not have seen for many a long year. If the weather holds it will be a very pleasant weekend indeed.









Photos from file.

<u>Please note</u>: Deadline for articles in the next Valley Voice is 5pm <u>Tuesday June 12, 2012</u> <u>EMAIL ADDRESS</u>: judith.spilsbury@telair.com.au

Community news

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the **St Marys Community Health Centre.**

The Break O'Day Woodcraft Guild Inc. meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

The **Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

StMarysLadiesMidweekTennis9.30ameachwed.Neednewplayers- ofanystandard-beginnerswelcome-childmindingincluded - lovelysafeplacetobringtoddlerswhileyouplay.RingAnnette-63722224.

Playgroup at Falmouth Community Centre. Fridays 10.30 - 12.30. \$2 per family. Please bring a piece of fruit for sharing and your child's own drink bottle & sun protection. Bikes and helmets welcome. Details contact **Michelle: 6372 2835 / 0418 271 315.**

Are you doing/interested in Homeschooling? Keen for a local network? Contact Michelle: 6372 2835 / 0418 271 315.

St Patricks Head & Esk Valley Historical Society Inc meets every second month on the third Wednesday at 3pm at various venues throughout the valley. For details please contact: Barry (6372 5752) (email: aulich@bigpond,com) or Jim Haas (6372 2127) (email: jimhaas@bigpond.com) Alternately you can check out our website :www.fingalvalleyhistory.com

The Scamander and Beaumaris Community Development Association meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Rachel Woods. Rachel can be contacted on: 03 6372 5118.

Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome... If you can yawn - you can sing. Phone Mary-Anne Wadsworth **6376 2969**.

Break O'Day Regional Arts - General meetings held on the first Wednesday of each month at 4.p.m. at the e.ScApe Cafe. All welcome. Inquiries to Rod **6372 2444.**

Cornwall Community Development Group Inc. meets @ 7pm on the first Tuesday of each month in the Cornwall Hall. All interested persons are invited to attend. Wendy Dawson (secretary) **6372 2722**.

St Helens Alcoholics Anonymous (AA) Wednesday 8pm Weekly. St Pauls Anglican Church Hall, St Helens. Murdoch **6376 3335.**

St Helens Al-Anon Family Group (Al Anon) To help families and friends of alcoholics recover from the effects of the living with the problem drinking of someone close. Sunday 2pm weekly. St Pauls Anglican Church Hall St Helens Anne or John **6376 4270** or Rose **6376 3335**.

St Marys Alcoholics Anonymous (AA) Friday 8pm Weekly. Holy Trinity. Mick & Shirl: **6372 2909**.

The Break O' Day Stitchers meets each Friday in the Bungalow at Neighbourhood House in St Helens from 10 a.m. to 3 p.m. and participants are welcome to stay for as long or short a time as they may choose. The choice of projects to work on is also optional - either to bring your own work or join in and assist on a group project.

Scamander Garden Club meets at Scamander Sports Complex at 1.30pm on the third Monday of each month. Enjoy sharing garden activities. Contact Val: 6372 2762.

For sale

Delonghi Electric heater, ther mostatically controlled, has a 1000 watt or 2000 watt setting. The heater is 50 cm wide x 61 cm high, heater still in box 50. Comes with free wooden decorative surround measuring 102 cm across x 97cm high and approximately 42cm deep. **Ph: 0424 944 384.**



GARAGE SALE SUNDAY 3RD JUNE 8AM TO 2PM SEVERAL DOORS, FIRE INSERT, GLASS –DOUBLE GLAZED, CRAFT WOOD SPECIES –MYRTLE, SASSAFRAS, TAS OAK, OREGON ETC. METAL WALL HANGERS, DRAWER SLIDES. LOTS MORE.

98 RICHARDSON RD, ST MARYS.

Employment wanted Gardening, odd jobs. Family man \$15 p/hr. Ph: 6372 2814.

> Employment wanted House cleaner, exp. lady Ref supplied. \$15 p/hr Ph: 6372 2814

WATCH THIS SPACE

For Fingal Valley Film Club News.

AGM

Fingal Valley Meals on Wheels will be holding their Annual General Meeting at the St Marys Community Health Centre Day Room on Thursday October 11, 2012, between 2pm—3pm. All welcome.

Note:- Good report from the Cook for our drivers. Life is hassle free because our drivers are all soooo dependable. PAT YOURSELVES ON THE BACK, you are a great group of drivers.

Lundy Vosper. (Sec)

The Cornwall Community Development Group Inc. welcome all interested persons to their meetings in the Cornwall Hall on the first Monday of each month at 6 p.m.

Wendy Dawson Public Officer

Ph. 0403 430 452. E. ccdginc@fastmail.com.au Next meeting – June 4th.

For sale

<u>Classifieds</u>

1975 Mercedes 280s with 3mths rego. Good order. Burnt orange. **1977 Mercedes 280e**, no rego, needs TLC. Burgundy. \$2,500 for both. **Ph: 6375 1440.**

1990 Mitsubishi Magna s/w 227,000kms. Rego 'til Dec '12. Good running order. \$800. **Ph: 0427 603 488.**

80HP Mercury, electric start, trim & tilt + 40HP electric start. Both with controls. Goes well. No further use. Cheap. **Centre console** with cable steering. \$100. **Mags**, as new, with new tyres. Suit HQ WB. \$900. **Truck tyres and rims.** 11R 22.5. **Ph: 6372 2107.**

Duvet, queen size 210cm x 210cm. 90% white duck down. 10% white duck feather. Price: \$98.00 firm. It's brand new, in original packing. **Ph: 0411 186 573.**

*Fencing & roofing mesh - Roof (trellis) 50m roll x 1.8 \$40 (qty.7rolls), Rabbit wire 50m x .9 & 1.2m (1.4 gauge) \$80 & \$120 (qty. 4 rolls). Unused. and very good con. Acrow Props - (3) Good condition \$50 ea.

BT Lifter pallet truck - good condition, roll 19mm metal strapping, 2 sets strainers/clamps, 2 / strapping stands, box clips - \$450 the lot - ono **Fluorescent lights -** alu. feature channel (total approx 170m). Quality style. Good condition. Suit retail, warehouse or shed. Sections: 3m \$60, 3.6m \$70. All intact but without power connecting lead. Big reduction for the lot. Can email details and pic. **Supermarket fittings (Kingfisher) -** (shelf brackets, pegboard & peghooks, posts, shelves, wire baskets etc.) cheap. **Pot Belly -** stove/heater \$250. Wood stove, Metters Chef (on stand) \$350. Both in good con. Email pics available. **Snow boots -** New. Knee high. Sturdy, waterproof & insulated. Ideal "wellingtons", fishing, etc. Sizes 8 - 12 (straight) only. Qty.15 pairs.\$55ea. (cheap). Email pic available.

Push Bikes - (2) 26" Terramax. Ladies 26" Mojo Repco. Both good condition. \$130 each. **6372 2626.***

9 vertical blinds. Can be cut to suit any window size. Ex con. \$500 the lot or will sell separately. Ph: 6372 2608.

Washing machine, front loader, 7kg. Near new. \$300 Microwave oven, near new. Large. \$80. Lounge L shape, near new. \$300. Double bed and mattress. \$200. TV & top box. 76cm. \$90. Wardrobe & matching dresser with mirror. \$50. Kitchen table & 6 chairs. \$80. Ph: 6372 2357 or 0408 139 224.

Whipper snipper/ brush cutter. Heavy duty, had little use. 2 stroke. \$80. Pair of axle stands. \$30. Heavy duty side lever grease gun with cartridge. \$20. Phone Pete: 6372 2398.

Mosquito nets, 1 x king size, rectangular shape, comes with bamboo frame for hanging, cost \$290, sell \$100. 2 x single, circular shape, come with hangers, each cost \$95, sell \$45 each. All pure cotton, Australian-made, hardly used. **Ph 6372 2686.**

Bargain. Bar. \$200. Built in oven, fan, bake, range hood cook top. \$285. Microwave. \$20. Ph: 6372 5441 or 0438 454 829.

FOR SALE; 1993 Ford Fairmont: 140,000kms.Very good condition inside and out, Six months rego and good tyres. Genuine reason for selling. \$2000. ono. Phone Gail or Rogder on 6372 5380.

FOR SALE...2003 Kia Rio. Manual...60.000ks . Excellent condition... \$5000. Ph: 6376 2969.

Wheat for sale. 20kg bags, \$10. 20kg bags crushed, \$15.

Kelvinator fridge only, with new door seal. \$85. ono. Gumboot style waders Heavy duty ,size 9. \$60. ono. Giant Cross City 2 road bike, near new. \$1050. ono. Falcon BA ute with canopy, auto. \$9600. ono. Nissan X trail 2003, auto. \$12,750.ono. Ph: 0417 385 787 or 6372 5101.

Saxon Blackwood inbuilt wood heater. V.G.C.. \$500. Ph:6372 2552.

FOR RENT

large lock up shed available for rent in St Marys Phone: 0429 307 264.

WANTED

WASHING MACHINE ASAP GOOD CONDITION, AS LONG AS IT GOES. PLEASE PHONE KAYLA –0438 573 120.

WANTED TO BUY

Old blackwood (or similar timber) top fascia piece for my antique bookcase. Needs to be about 100cm X 30cm, but if it is too big I could have it cut down to size. Phone 6372 2200 or 0407 833 497.

Orders taken for Sheep Poo - for the Scouts. \$4 a bag. 0412 803 027.

"Moo-Poo". Finely screened. Any quantity. See Norm. Ph: 6372 2380.

Frozen blueberries - \$11 kilo Phone 6372 2341.

Garden mulch. Large square bales of straw. Free delivery in St Marys area. Ph: Mark or Alana: 63722145.

Small square bales of garden mulch \$5. Small bales of grass & clover hay. \$5. (undercover) Garden mulch, in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area. Ph: 0407 944 158.

Tractor slashing available. Ph: 0407 944 158.

Grass Hay, heavy bales, shedded, \$5 per bale. Ph: Ross 0401 870 316.

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.

For sale



GREATER ESK TOURISM GET TOURISM ... meets the second Monday of each month unless otherwise notified. WHERE: Fingal Valley Neighbourhood House TIME: 7PM All WELCOME.

Enquiries to the president on 63722783.

<u>Please note</u> - no meeting in June Next meeting - 7 pm on 16 July

Volunteers needed for *Wrapped in St Marys* **on 2 & 3 June** - please call Rita on 0417 027 424 if you can help with a) food for the awards presentation and/or b) street patrol (1 hour) to help keep on eye on the outdoor textile art display.

Bicheno Indoor Market

When: every last Sunday of the month

Where: Bicheno War Memorial Hall

9am – 1pm

Hot Foods – come and enjoy breakfast, morning tea or lunch.

Variety of Stalls

More stall space available: Contact David Logie: ph. 6375 1129.



Sunday Market



Happening : At the Old Tasmanian Hotel

<u>On the third Sunday of the Month</u> Please ph 6374 2344 or mobile 0488 562 538

to book your table/trestle Needed: fruit & veggie stall holders

Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking and other inquiries, please phone Cheryl on 6372 2194. Leave message.



St Marys Market

Ary Regional Rain hail or shine the markets will be held on the 1st Saturday every month in the community hall. 9am start. New stall holders welcome. Phone Robina 03 6372 2022 or Sue 03 6372 2512

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted. Please ensure that your details are included.

Wrapped In St Marys 2 & 3 June 2012

St Marys Op Shop - Supporting our School - Free Sock with Every Purchase 2 & 3 June 2012 ONLY - Come in and make a purchase and you'll get a FREE sock with which to make your SOCK art !!

The Op Shop is going to hold a Textile Art Event to tie in with the Wrapped in St Marys weekend and we want you ALL to be involved. When you make a purchase over the weekend of June 2 & 3, you shall be given one odd sock, if you need two socks for your textile art project you will need to make two separate purchases through the weekend.

Return your sock art to the Op Shop by Friday 9th June where it will be put on display from June 10th until July

1st. Every customer will be asked to VOTE for their favourite sock art !

The winners will be announced to coincide with the St Marys Markets on Saturday 7th July, when the Op Shop will again open to showcase the submissions and winners!!

First PRIZE will be a \$20 voucher to spend at Op Shop. Second prize will be a \$10 voucher and third prize will be a \$5 voucher!

We have also now been gifted three sets of wonderful felted juggling balls by Madame Mudd which will be awarded over the Wrapped in St Marys Weekend.

"Sock and Glove", by Miyako Kanamori is available though the St Marys library, and gives you some great ideas for soft toys. Janet has a copy and will have the book in the Op Shop on Fridays if you're looking for some great inspiration!



An example of a piece of Sock Art - guarding the Felt Juggling Balls donated by Madame Mudd until they are awarded on the 7th July 2012.

Whatever the weather Market Day I'll be nestled just inside the door of Town Hall by a heater toasty and warm so you can get 'Inside my Skin' www.insidemyskin.com



www.fingalvalleyhistory.com

St Marys 1903 David Clement

Over the years there have been a number of people who have researched the wonderful history of St Marys and the Fingal Valley. In my experience, none have been more comprehensive or passionate about the task then the late David Clement. One piece of work that is well worth publishing into a book is his account of St Marys in 1903. David wrote the report as it would have been written in 1903. It is based primarily on two newspaper articles of the time, one published in 1903 and the other in 1906, but these have been supplemented by information from other sources and with hindsight. The following is an extract from David's St Marys 1903.

The Township

The township is typical of a thriving country district. It has several streets, adorned by neat and comfortable weatherboard dwellings of assorted sizes, and is splendidly drained by the St Patrick's Rivulet. Two more streets lamps were put in place last year, making a total of three. Several important buildings have been erected quite recently, in 1896 Holy Trinity, the Church of England, and in 1899 the Roman Catholic Church, previously at Cullenswood. There is also a Wesleyan Chapel, established almost 20 years since. The respective clergymen are the Rev W Cockerall, Father Fleming as the visiting priest, and Pastor A. S. Wellard. Apparently the Catholic Church service was postponed for two days recently as Father Fleming missed the train. A bazaar recently resulted in £40 being raised to help for a new church at Gray, the remainder for painting Holy Trinity.

The public hall is the Victoria Hall, connected with the Criterion Hotel, recently built by Mr Jacob Morey, a substantial weatherboard structure, capable of holding about 400 persons. The buildings and business places have a modern appearance, on account of the youthfulness of the town. Early this year the building line of the township was further improved, when Mr James Smith erected an attractive two storey shoe shop and residence. In addition to the Railway and Police Stations, the Post Office, Churches and Saleyards, there are two hotels, a hall, four stores, blacksmiths, a saddler boot-makers, wheelwrights, butcher, baker, barber and chemist shops, a branch of the National Bank close to the Post Office, under the management of Mr Ditcham, the St Marys State School, a Circulating Library, a Recreation Ground and a Cheese Factory.

The Stores

Mr William James Todd started in business here in premises which he leased in 1890 for five years adjacent to the Criterion Hotel. He then erected a handsome two storey building, Todd's Hall, adjoining the St Marys Hotel which had been purchased by his father, Mr William Todd, who made very great improvements thereto in 1895, both inside and out, adding eight new rooms and a balcony running round two sides of the house. The store is lofty, well lighted and ventilated, and the stock is thoroughly comprehensive, embodying jewellery and stationery, besides the usual goods kept by a first-class store, viz groceries, ironmongery, drapery, boots and shoes etc. The purchase of the dairy produce of the district for export is also an important feature of the business.

The business of Mr Frederick Napier in Groom Street was founded about 1862 by Mr William Lade, and is the oldest general store. It commands the trade not only of the immediate neighbourhood, but of the coal mines and the entire surrounding country. The stock is varied and extensive, replete with every class of goods to meet the requirements of the district. The business was purchased by the father of the present proprietor in 1885, in partnership with Sir P. O. Fysh, and came into his possession when the former died in 1892.

The store in the Main Road, recently taken over by Mr Hilton Dawborn, is on equal terms with those of Messrs Napier and Todd, having been a major centre of commerce in the town since its construction by Joseph Ebenezer Clarke in 1880 and the subsequent ownership of Mr John Tomlin Cramp. The other store in town, Messrs Dawson Bros, is a soft goods establishment, and customers can always depend on securing articles of the latest fashion at little more than cost price.

A few weeks ago, Mr T. G. Collins opened a hairdressing saloon in the main street, and is prepared to give patrons the benefit of his experience as a tradesman.

St Marys 1903 in its entirety is available on the History Society's website: www.fingalvalleyhistory.com



Letters to the Editor Vol. 45 No 3, May 31, 2012

There was a community meeting held on the 6th of May at St Marys to get some answers on why the Council workers of the Valley, the tip attendants and the works supervisors were targeted in the restructure.

The Mayor, General Manager and 3 Councillors attended and answered some questions but still deny the Valley was a target. The General Manager when asked if an impact study was done prior to the reorganisation said that no impact study was done on the workers taking the redundancy. Why would you put the offer on the table without knowing the implications of the conclusion? This has impacted not only on the workers sacrificed, for what we may never know, but also the community, we have no faith in our Council looking after our interests as they obviously care less about us.

On the same day the last man left, the council was stripping our depot at Fingal, that is the depot that will never close, yeah right! What happens when the heavens open and the floods come, if the pass is closed how will the equipment get to us, what happens to St Marys, Cornwall, Fingal, Mathinna and Mangana. Are we a part of this municipality? It doesn't feel like it.

The General Manager said the Valley workers would be given a vehicle to travel to work so they would not be disadvantaged by the restructure, he must have forgotten to tell his works manager the same because I saw a St Marys worker driving his own car to our depot to do some work, will I see any St Helens workers doing the same, I doubt it.

Take a step back Council and have a look at what you have done, then tell us why it is so good for us because sorry I must have missed that part while I was watching workers being demoralised and family's futures being tossed aside. Keri Webb.

Unlike Beverley Rubenanch's praise for the Break O'Day Council's recent review (The Valley & East Coast Voice Thursday 3rd May 2012) I on the other hand would like to express my disappointment in how the council conducted themselves throughout the process.

Her congratulations to the councillors in having the guts to make a decision that couldn't have been easy, from my understanding was not made by the councillors at all. All councillors reviewed the report produced by the consultants and a vote was reached to leave any decision-making in the hands of one person, the "General Manager". Is this because the councillors did not care what happened to locals and their jobs in the community or when a confrontational decision like this was made they can exclaim they had no idea what was happening??? To aim targeted redundancy or redeployment, dismissals and demotions to only part of the workforce with a majority of workers being from the valley end could be seen as discrimination based on where you live. If the process was not to save money, but to make the council operations more efficient, wouldn't it make sense to utilise the Fingal depot to the best of its ability as it was already self-sufficient to conduct works in the areas of St. Marys, Fingal, Mathinna & Mangana. Unless closing the Fingal depot was on the Manager's agenda all along!!!

I wonder if the council workers from St. Helens will be travelling in their own time when working in these towns to be on site for a start time of 7.30am to keep the council running efficiently??? To be replacing local workers and contractors with companies that will not be giving back to the Break O'Day region will only force families to leave the area due to no work options.

Also just another thought to ponder, has anybody sighted the statement release as promised by the General Manager and Mayor as to the reasoning behind these measures??? Renee Woods.

RE: Break O'Day Council -

Redeployment/Redundancy Package

In response to the community meeting held on 6th May 2012 at the St Marys Fire Station, the General Manager advised the Break O'Day Council would employ men to do minor repairs to bridges and the major repairs will be done by contractors. When the General Manager was asked "Why can't the current Bridge Gang workers build the concrete bridges?" (as in major works), the General Manager replied they have not built concrete bridges to my knowledge.

I wish to advise that the Mangana concrete bridge was built by the Fingal Bridge Gang in 2007. From footings up. With winged edges and five arches implemented. I believe this to be classed as 'major works' as it was not just 'maintaining and repairing bridges'. They have also completed other major works projects such as building two cement causeways at Four Mile Creek, which were built from the ground up.

I find it a shame that workers have lost their jobs due to management wanting to contract out major works, and were unaware of the skills and capabilities of their own workers. Is this EFFICIENT management???

I would also like to know why some of the workers were offered redeployment / redundancy, whilst others were told their starting time and place of employment had changed. What is the difference between employees? Is this targeting or discriminating against certain employees???

I also wish to bring to your attention the redundancy / redeployment option for workers. Understandably there will always be employees who have issues with management. However, **EVE-RY SINGLE PERSON** who was offered the redundancy / redeployment option, chose to accept redundancy. I believe this rings alarm bells as to why **ALL** of these workers finished. There were workers close to retirement age who only had a few years left, workers with young families who had no employment to go to and a worker who's life revolved around working for the council. And yet all of these workers finished. You can make your own judgment!

I eagerly await the Mayor and General Manager's statement telling us how this restructure is going to benefit the community. All the workers have finished and there are no more privacy laws to prevent them from releasing it.

Sommer Howorka

Reply to Beverly Rubenach

Longstanding questions have been answered; I have attended several community meetings and no one seemed to be able to answer many questions about anything. If you now have the answers, maybe you would like to share them with the community.

How many council workers had vehicles for after hour use? Do you know? Do you know how many have them now? Was the council over-employing or under-employing? Do you know the answer to that? Obviously the council is not operating efficiently, that is noted in the council minutes.

All councillors took part in the review, but, as stated at the meetings, not consulted, on the final decision of the outcome. What have the councillors lost? I think it is the community that have lost. I also believe that 5 workers were sacked, not made redundant, they had no choice. Maybe we need a pre-selection scenario. I myself believe untruths have been told, as attending the meetings, all have heard different things from different members of the council, that were attending, as can be read in the minutes of those community meetings.

Yes, our present councillors and general manager, do need to be truth speakers. I am not sure how, we as a community, can overcome the present ill-will that is dividing the community.

As a long time resident I am saddened to see, what the outcome of the council's decision has done. Dana Smith

Valley and Coast Hobby Craft and Arts Guide.

Thanks to all those contributing to this guide for either groups or individuals.

Your permission to add content to these great activities in knowledge skills or information will hopefully aid others keen to try new things. We welcome more groups to add as time goes on so ring Rod McGiveron on 6372 2215 or email me at <u>rodneymcgiveron@bigpond.com</u> any time to come on board. Thanks again.

CRANKS AND TINKERERS (St.Marys)... Anything mechanical /classic cars / modelling. You name it ...we do it. Contact Ian Summers on 6372 2724 or Grant Faulkner 6372 2335 (business hours)"Get your motor started".

SWANSEA MODEL YACHT CLUB (Swansea) Model yacht/ boat building and racing.

Contact Barry Lord (Commodore) on 6257 8200 or email <u>halahcottage@bigpond.com</u> or ring Secretary Cheryl Hodgetts 6257 8200. email: <u>bill49@bigpond.net.au</u>.

"Just like the real thing only smaller".

GONE RUSTIC (StMarys) Contemporary art and craft, quilting, card making and regular workshops. Contact Rita Summers at 6372 2724 or email: **gonerustic@yahoo.com.au** "come and say g'day".

LAUNCESTON MODEL AERO CLUB (LMAC) Headquarters at Symmons Plains. Everything radio control RC. aeroplanes, helicopters and gliders. Contact Kevin Hay (President) or Geoff Hays (Secretary) by typing in Launceston Model Aero Club in your browser and send us a message via the Contact Us links on our website and... "Come fly with us".

JOHN McCOLL (St Marys) Sculpting, sketching and art skills and contacts. Ring John on 6372 2413 for tips, advice, help or leave a message.

PETER TROODE (Addlestone House B/B St. Marys) All things photography. Contact Peter for help, guidance or tips on 6372 2783 and he'll help if he can. Or leave a message.

ST MARYS FITNESS GROUP. All level fitness to music. Lots of fun on Monday and Thursday evenings. All welcome any age. Ring Fran on 6372 2614. Love to hear from you.

BREAK O'DAY WOODCRAFT GUILD (St Marys Railway Station) We provide a centralised meeting place for mature men and women to share skills, knowledge, access to services, building of friendships and projects and we welcome newcomers to our community. Open Mondays, Wednesdays Fridays and Saturdays. Contact Cr. Reon Johns on 0429 722 091 mobile or 6372 2094 home. "Come and join us sometime".

SUNCOAST SINGERS (St Helens) We sing, sing, sing. Get together at St Helens on Fridays from 10am-12.30 pm. For more info ring Maryanne Wadsworth on 6376 2969 or email her at **mawadsworth@yahoo.com.au** "If you can yawn you can sing".

RODNEY MC GIVERON / PAUL DAVERN American HO Model Rail. If interested in model rail contact Rod on 6372 2215 or email <u>rodneymcgiveron@bigpond.com</u> or call Paul on 6372 5526 sometime. "See you down the line. woo.hoo".

For sale

Purebred Cochin hens & roosters, various colours -\$40ea. Purebred Jungle Fowls - \$250 trio. Purebred Pheonix - \$250 trio. Ph: 0439 334 858.

Garden shed—Absco. 3m x 3m x 2.1 h. Zinc. New, unassembled. \$450. ono. Caravan fridge, 12v/240v, goes well. \$300. Ph: 0411 435 867. (Please leave a message and I will return your call.)



www.fingalvalleyhistory.com

Next Walk & Field Day

Is planned for Sunday June the 17th and will be a walk around the township of Falmouth.

Come along and learn the history of one of Tasmania's first coastal settlements and the part it played in the development of the East Coast and Fingal Valley

Meeting place will be the Falmouth Sports Centre at 10:30 am

Please bring a BYO lunch

For more details phone Barry on 63725752, or Jim 63722127.

The Purple Possum will be open Saturday 2 June and Sunday 3 June for the 'Wrapped in St Marys' weekend.

With so much happening in and around St Marys this weekend you'll need to keep your strength up. So call into the Possum for healthy soups, hearty pies, rhubarb cake and scones, wonderful coffee, refreshing teas and much more. And

> while you're here, see The Art Of Tea, an exhibition of mixed media by Penny Clark.

Purple Possum would like to congratulate everyone involved in the organisation of the weekend's events – it's a huge job done brilliantly, and a credit to our creative community.

> Purple Possum Wholefoods & Café

Open Sat 2 June 9am to 4pm
Sunday 3 June 10am to 2pm







The Old Cranks & Tinkerers In conjuction with the Break O'Day Woodcraft Guild Is proud to present The Annual Car Show **On Faulkner's Green 3rd June**

Sausage Sizzle, coffee & tea at reasonable prices 10am till 3pm Community Dinner HOLY TRINITY ANGLICAN CHURCH HALL ST MARYS Saturday 16th June 2012 Earlier time of 5.00 for 5.30

Soup and Sandwiches for the Soul



Please bring either a plate of sandwiches or a dessert to share Donation on the evening welcomed

RSVP Barbara on 6372 2428















Community Dinner

At the Taste of Asian Cooking community dinner held at the Holy Trinity Anglican Church, Esk Highway St Marys, on Saturday 19th May, over 40 individuals enjoyed good company and shared food prepared in an Asian style. Donations made on the evening totalled \$65.20 and will be donated to the St Marys Hospital Auxiliary.





Photos: Janet Drummond.







The Say Cagerattler

Over a few years now I have been regularly emailing a friend in the USA who enjoys the same interests that I do but lives right in the thick of it... American Rail.

More often than not the subjects turn from rail to other things. He and his partner live smack bang in the middle of the third biggest city in the US... Chicago.

Over recent years and since the GFC - Global Financial Crisis, we continue to grizzle about this and that but just recently Allen put it into perspective for me.

For a country supposedly doing it tough we have it pretty damn good. Compared to the USA, our health care system is ions better, not sure about waiting lists though, our social welfare, despite our valid concerns, is better, unemployment is considerably better and in regard to wages and conditions we are definitely a lot better off. This is compared to a country that is considered to be one of the most affluent and definitely one of the most powerful on the planet.

This brings me to why we keep carrying on about our current Government. I am a Labor voter, but regardless of that fact I still think that the facts are pretty simple. This country on the back of fairly sound policy, financial assistance packages and of course our resources boom, we sit pretty high in the scheme of things. Some pretty dumb things have happened too; Leadership fights, broken promises, the odd issue with certain parliamentarian behaviour etc... but we really do sit high in the tree.

Allen told me once that when he found out we enjoyed 4 weeks (paid) annual leave it left him amazed, Perhaps it's time we appreciated what we have and maybe take for granted.

Thanks to all the respondents from the last issue allowing us to commence a Valley and Coast Hobby, Craft and Arts Guide in the Valley Voice. We've made a start. I'd also like to make a huge apology for a glaring oversight in my article, pointed out to me afterwards, and thank the Woodcraft Guild for their understanding of my mistake. I completely forgot to mention the amazing Open Day held in April and how this fantastically attended and enjoyed event was supported and convened by the Guild. Just shows what can be done and what groups can achieve doesn't it?

With the future developments on the precinct ie.. Cultural Arts Building, this iconic event could expand even more and hopefully encompass further groups wishing to add to our community. Similarly with "Wrapped in St Marys" about to happen through the auspices of the organising group, a new building will add to it's possibilities and embed us on the map to an even greater extent as a place to visit...Let's hope so.

What do you think? *This article by Rod McGiveron*.

The Valley and Coast Hobby, Craft and Arts Guide will appear this week on page 7 and allowing for available space will continue to be published every issue. Feel free to have your name, details and hobby added to the list.



TEXTILE ART ON THE POWER POLES, CAR SHOW, AND MORE

03 6372 2724 or gonerustic@yahoo.com.au

WRAPPED IN ST MARYS 2 & 3 JUNE 2012



WRAP yourself in textile art on the power poles WRAP yourself in classic cars WRAP yourself in mixed media art WRAP yourself in extreme photography and a STITCH-IN – see brochure for details & times



Bay of Fires Junior Art Prize

NRM North Sponsors Junior Prize

Natural Resource Management North is supporting a new art prize for secondary school aged artists.

The Bay of Fires Junior Art Prize is an important addition to the bigger Bay of Fires Art Prize giving young emerging artists an opportunity to be part of the event.

The total sponsorship of \$2000 covers the prizes, the administrative and exhibition costs. Chris Draffin from the Bay of Fires Art Prize said "This is a very generous contribution and it should excite many of Tasmania's young artists. When NRM North made the offer, we jumped at it as we saw this as a way to encourage new artists to show their ideas, skills and creativity. We would also welcome the involvement of schools."

(<u>http://www.bayoffiresartprize.com.au/</u>)

There are three age categories. Under 19 with a prize of \$500, Under 16 with a prize of \$200, and Under 14 with a prize of \$100.

The theme for the competition was "My Island Home" and can be about the environment, the people or the spirit of Tasmania.

On Sunday 20th May 2012 I had the great pleasure and privilege of viewing the entrants into the Bay of Fires Junior Art Prize which exhibited at the Portland Hall in St Helens. The standard of the entries in all three age categories was outstanding and I found it exceptionally difficult to choose just one entrant for the Peoples Choice Award. I spent well over an hour wandering between the particular exhibits, plus of course the surrounding pieces of artwork, that had caught my eye. The stories accompanying the artworks were incredibly insightful and also a joy to read. I will be very interested to know which entry wins the Peoples Choice Award and look forward to the announcement with anticipation. *Photos and article: Janet Drummond.*









COMMUNITY TRANSPORT SERVICES TASMANIA INC.



COMMUNITY FORUM

Community Transport Services Tasmania Inc. (CTST) is pleased to extend an invitation to local members of the community to attend an information and question forum at St Marys on Thursday 7th June 2012.

Topics for discussion include CTST current service delivery model, its effectiveness in serving your community, CTST vision and plans for community transport services in the future.

Come and have your say! Seating is limited, please phone Jan on 6372 2137 to confirm your place.

Time: 1.30 p.m

Date: Thursday 7th June 2012

Ana's

Hairdressing

Location: Day Care Room, Community Health Centre, St Marys



Now located in Main Street, St Marys

Open every Tuesday & Wednesday 9am

Bringing 22 years experience For all your cuts, colours, perms, sets.

Phone: 0448 532 531

On Tuesday & Wednesdays, or just call in. Or phone 6372 5497 to pre-book.

Same prices, same service, same phone numbers

New Location

Providing a service to the community.

Ana wishes to advise clients that she is still doing her **Mobile Hairdressing.** When she has no mobile clients some Thursdays, she will be available at the salon. Further to this the salon will be **open for business each Market Saturday, the first one being June 2nd.** Break O'Day

MEDIA RELEASE 22 May 2012

Break O'Day Council Organisational Structure Announcement

Break O'Day Council has now finalised the changes to the Organisational Structure.

The remaining staff that were offered the option of redeployment with the organisation have accepted voluntary redundancies.

A total of twelve (12) employees are no longer with Council, five (5) compulsory and seven (7) voluntary redundancies.

Council is in the final stages of outsourcing the operation of four (4) waste transfer stations at St Helens, St Marys, Scamander and Fingal.

Improvements to the site management and service to the community will be evident. Announcement of the successful tender will be made shortly.

Administrative changes have been ongoing through natural attrition and with the more effective utilization of staff resources.



OUT OF THE WOODWORK

Wendy Brennan Secretary 6372094

We have been asked numerous questions about our open day fair poster entitled "Our Gang".

Our Gang the movie was produced by Hal Roach in 1921. According to Roach the idea came to him when he was auditioning a child actress to appear in one of his films. The girl was in his opinion too rehearsed and made up. Looking out from his studio window he saw several children having an argument. After realizing he had watched the children bicker for 15 minutes Roach thought a short film about children being themselves might be the recipe for success.

Our Gang was also known as the "Little Rascals". The majority of the children in the series were poor and the gang was often put at odds with the snobbish "rich kids" officious adults, and other such adversaries. The series was notable in that the gang included both African Americans and females in leading parts at a time when discrimination against both was commonplace.

The Our Gang series is notable for being one of the first times in cinema history that blacks and whites were portrayed as equals. (Courtesy Wikipedia free encyclopedia)

The Guild meets on the last Saturday of every month at 2pm in the old railway goods shed situated behind the Railway Station complex. New members are always welcome. We are open Monday, Wednesday and Friday. Other times by appointment.

A supportive environment where traditional woodcraft skills are taught



Picture of the Original "Our Gang" courtesy of state library of N.S.W.

On behalf of the St Marys Memorial Services Association we offer our heartfelt condolences to the Mackie family on the sad loss of Peter. He was not only a supporter of our



organisation but a friend. R.I.P

THANK YOU

BERNICE AND DON TARGETT WISH TO THANK ALL FOR THE LOVELY GIFTS, PHONE CALLS, CARDS AND VISITORS. MUICH APPRECIATED. TO ROD AT THE ESCAPE CAFE, A SUPERB MEAL, WELL DONE ROD.



Modified Picture: The Woodcraft Guild Gang Left to Right Wendy Fowler, Ted Koops (behind dog) Reon Johns, Wendy Brennan, Lorraine Gill and Col Mackenzie.

ST MARYS SPORTS CENTRE INC. PRESENTS THE BOAGS GOLF DAY **SUNDAY 10TH JUNE 10AM START 4 PERSON AMBROSE**

COST: \$12 INCLUDES ENTRY & LUNCH MAKE UP A FOURSOME AND COME ALONG FOR A GREAT DAY



The perfect place to experience Tasmania's unique animals.

INVITES ST HELENS, ST MARYS, SCAMANDER & SURROUNDING AREAS TO A

HALF PRICE ENTRY

WEEKEND ON THE 16TH & 17TH OF JUNE 2012

ALL YOU NEED IS PROOF OF ADDRESS

Eg: LICENCE

COME AND ENJOY

WILDSPOT CAFÉ – RECENTLY RENOVATED

PELICAN EXPRESS OPERATING

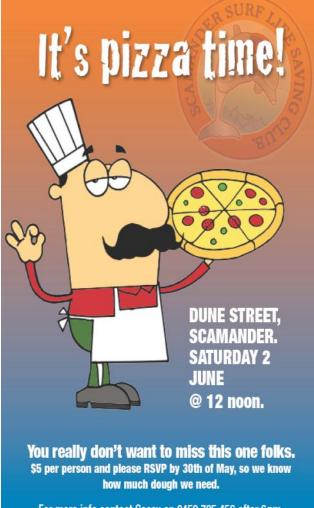
AT 11am & 2pm

ANIMAL FEEDING TIMES: 10am, 11.30am, 12.30pm, 3pm & 3.30pm

We look forward to seeing you!

Open 9am to 5pm

18356 Tasman Highway, Bicheno 7215 PH: 03 63751311



For more info contact Cassy on 0459 725 456 after 6pm.

The pizza lunch will be held in conjunction with the AGM.

Letter to the Editor Vol. 45 No 3, May 31, 2012

On Tuesday, May 15, the police came to seize my son's firearms. Why? Apparently they didn't like some of my son's comments on Facebook, or a picture of him holding a gun on our property. All you Facebook users who think we enjoy free speech take note. It seems that the fictional thought police of George Orwell's novel 1984 are not fictional after all. They are alive and well, and living in Tasmania.

Now to the reason for writing this letter. The notice authorising the seizure under the firearms act of 1996 specifically mentioned his licence and firearms: nothing else. Yet they not only took his firearms but my .22 as well, even though I was not involved and not mentioned in the suspension letter. Just because I lived in the same house, and apparently was not to be trusted with securing the keys to the gun locker.

It is this example of mission creep, or wide discretionary power that is so worrying. Up until this incident, I was sailing along under the delusion that we lived in a relatively free country. Such things only happened if you broke the law, or lived in Russia or China.

The real issue here goes far beyond one isolated incident. Anytime a fearful society grants wide discretionary powers to the police we start down that slippery slope which makes a descent into Orwell's nightmare police state a real possibility. To paraphrase Benjamin Franklin's words on the subject, "Any society that would give up a little liberty to gain a little security will deserve neither and lose both." William Harper

DAYS TO GO UNTIL WORLD'S BIGGEST CARBON TAX Deceitful advertising underway

Eric Hutchinson, Federal Liberal candidate for Lyons said the world's biggest carbon tax will have a dramatic impact on Tasmanian households and businesses when it commences in less than 40 days.

"The world's biggest carbon tax will hit families, jobs and investment", said Mr Hutchinson.

"The economic storm clouds are gathering. Now is the worst possible time to introduce the world's largest carbon tax.

Mr Hutchinson said that in addition the deceitful advertising of compensation payments for households has also commenced even though there is no mention of the carbon tax in the ads.

"I am particularly concerned that the carbon price will increase in coming years."

"The carbon tax will go from its \$23 a tonne starting price to \$29 a tonne in just three years. This is despite Julia Gillard promising before the last election, "There will be no carbon tax under the government I lead". Comparable market based schemes in Europe value CO2 presently at around \$4/tonne.

"The carbon tax will increase prices, cost jobs and not help the environment. The cost of the essentials of life will go up and up and up under the carbon tax.

"The Coalition has demonstrated it has a strong plan for economic growth; and the plan starts with scrapping the carbon tax", said Mr Hutchinson.

<u>ST HELENS/ST MARYS COMMUNITY BANK</u> <u>STEERING COMMITTEE</u> JUNE 2012

At the recent initial Tasmanian Community Bank Conference held at Tidal Waters in St Helens, guest speaker David Foster held an auction of pieces of wood that he had cut and signed. Strong bidding for pieces of Dave's legacy led to \$1500 being raised as a donation for the use of our steering committee in order to help our local community.

The committee examined all of the pledges that have been contributed so that we could make sure that we were meeting the wishes and expectations of those members of the community who have so far pledged their support for the community bank. By far the majority of them have asked that financial support or grants be made available for community groups associated with activities for young people.

The committee is therefore pleased to be offering **five grants of §300** each to any group in the municipality that is working with young people between the ages of 5-18 years. Groups can apply by writing or by producing an expression of interest that tells committee members about their group, its aims, its membership, its history, its achievements, its hopes and the way that it enriches the community through its activities. The committee would also like to know how the grant will be spent and who will benefit in both the short term and the long term.

Applications can be lodged in the pledge boxes at Eastlines or Gazzmans at St Helens or the IGA or Newsagency at St Marys. The closing date is July 20th. Successful groups will be asked to report back to the committee in six months about their progress.

Chairman Heather Butler said, "I hope that every group who works with young people in our fabulous area will apply as I know that many groups are struggling and government funds are not as readily available as they once were. Through this step our young people will have a chance to gain improvements to what they care about whether it is in sport, social activities or another group working with young people for a specific project." Geoff Butler.

Geon Butler,

Marketing Officer.



JUNE

All Building

Blocks sessions are free of charge and for

children, parents,

grandparents and carers of

0-5 years old.

All sessions are held from 10.30-12.30

Come along and see!

Holiday Program

12th St Marys Community Hall 14th St Helens Child & Family Centre Play & Learn Sessions

19th Home Visits

20th Fingal Masonic Lodge 27th Scamander sport centre 28th Cornwall Park For address of venues please ring Healthy House

<u>on 6376 5242</u>

Holiday Program

Building Blocks and Healthy House's new Youth Work, Gary McMurtrie are offering a fantastic holiday program for 0-12 year olds this holidays.

Come along and interact with amazing musical snowflakes & movement art together with origami and drawing workshop Parents/carers required to attend*

Activities for all ages will be available

For more information or to share Healthy ideas/suggestions HOUSE Please call Cathy at Healthy House on 63765242 or 0400 002 116 Email: cathy.parker@healthyhouse.org.au

SUNDAY JOY 12.30pm



this is a bring-and-share lunch followed by a great time of friendship and fellowship.

You are very welcome to join us and share our **JOY!** phone 0409 838 816.



St Marys Soccer Club

"Play the World Game"

Thursdays – 3pm School Oval

All ages, boys § gírls

Phone Tree: 6372 2309

Ransley's Appliance

Service

P O Box 136 Scamander Tas 7215



[°] Washing machine NOISY?
[°] Refrigerator runs too LONG?
[°] Clothes dryer blows cold AIR?

Then you need the service of our technicians.

HARRIS FUNERALS Lindsay & Diane (D. Bailey & son) A.F.D.A Ph/Fax: 6376 1153 Mob: 0418 133 420

Office& Residence: 114 Cecilia St St Helens Chapel: 46 Tully Street St Helens We are here when you



We are here when you need us to arrange Burial or Cremation.

Remedial Massage and Naturopathy ring Sue Christiansen for an appointment. 0418 515 419

SHOP LOCALLY AND SAVE

Thank you from the East Coast Visitor Information Network

This past year has been an exciting one for the East Coast Visitor Information Network (Bicheno, St Helens, Swansea and Triabunna) and now with having our brand new Swansea Visitor Information Centre join our East Coast Network, then to have our Bicheno and Swansea centres obtaining their Yellow 'I' Accreditation status along with their Tourism Industry Council of Tasmania (TICT) Accreditation.

The East Coast centres are continuing to use the Bookeasy online booking system for accommodation and tour bookings along with our website <u>www.tasmaniaseastcoast.com.au</u> which is going well with our online booking presence. The website includes an online East Coast Directory for all local businesses and community groups, events calendar and online retail system.

The East Coast Visitor Information Centre could not have accomplished this much without the continued support of our East Coast and the Tasmanian operators and so we would like to say a big thank you for helping us to continue to evolve as a well-informed VIC business with having you inform us of your up-to-date product knowledge.

We are hoping to make the 2012-13 seasons even better as we continue to become more proficient in the use of the system and work on even more ways to promote East Coast and Tasmania to a wider audience. We look forward to having your continued support as we strive for an even better season in the year ahead.

So keep an eye out for our 2012-13 Contracts for brochures and/or bookings, and our regular Familiarisations (Famils) will start once again in October 2012 when our East Coast Team will be in touch to make a time and to set the required dates for our Famils to your businesses throughout all of our East Coast towns.

If you have any questions, please don't hesitate to contact myself, Jo-Anne O'Brien, Manager Tourism Services by email w: www.bodc.tas.gov.au

East Coast Tourism Web site www.tasmaniaseastcoast.com.au

End of Financial Year

The East Coast Visitor Information Network is preparing for the End of Financial Year. This includes going through its Contracts and brochures and following up on any queries.

The East Coast Visitor Information Network is checking with all operators that may have forgotten a payment or contract to get this all finalised by the End of Financial Year.

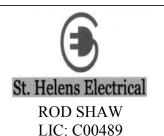
We are asking operators who have had their brochures displayed over the last twelve months but whose payment records may have lapsed to check their records as well.

If payment has been made please let us know an estimated date of payment so we can verify our records as well. Also let us know if payment has definitely not been made so that we can get our records as accurate as possible.

We would like to have the 2011-12 season finished as soon as possible so we can commence the 2012-13 season, the contracts for which will be coming out soon.

If you need to fill out the 2011-12 contract please email myself Jo-Anne O'Brien at jo-anne@freycinet.tas.gov.au and I will organise to have a contract sent out to you.

Pssst... stitchedupmama is coming!



Domestic, Commercial, Industrial:

Wiring and Repairs, Rewires, Underground.

Home Heating:

Advisory, Sales & Installation of heat pumps and fixed heaters.

Lighting Specialist :

Interior and exterior, Advise, Sales and Installation. Ph: 6372-5522 Mbl: 0407-615-072 2 Lagoon Esplanade, Scamander 7215



St.Marys Tigers Football Club Inc.

Casual Weekly Footy Tipping Competition

Think you know your footy? Then have a crack at our weekly footy tipping competition. Just pop into the Post Office and gab a tipping form. Make your picks and then lodge it at the Post Office with \$2.00 by 4.00pm each Friday.

Half of the weekly pool will go to the footy club and the other half will go to the weekly winner. As well as picking winners entrants will be required to nominate the winning margin of one selected game per week so we can (hopefully) ensure that there is only one winner per week.

Up for grabs – weekly bragging rights and a bit of pocket money, plus you are supporting your local footy club.

Entry forms available at the Post Office now.

Christmas in July Pencil this one in your diary.

For July 21st 5.30pm Entree, Main and desserts \$30 adults & \$15 for U/12s Plus many great games & prizes. Bookings at the St Marys Supermarket 6372 2240 or at the Club 6372 2170. In January 2013, Tasmanian Regional Arts sends all local branches a copy of TRA's Calendar of Events and Exhibitions.

Break O'Day Regional Arts "**your local branch**" is now raising funds to help pay for the events and exhibitions chosen from the **2013 Calendar of Events**.

Support **your local branch** by buying a raffle ticket. Money raised from raffles and stall holders fees goes towards Art, Theatre and Music for the Break O'Day area.

BREAK O'DAY REGIONAL ARTS RAFFLE

2011 WINTER DREAMING ART PRIZE WINNING PAINTING

"<u>AT GARDINERS CREEK</u>"

BY PAUL BYARD - VALUE \$500 DRAWN AT 11AM SATURDAY 22ND DECEMBER 2012 ST MARYS COMMUNITY HALL ARTIST PAUL BYARD WILL DRAW THE WINNING ENTRY TICKETS AVAILABLE AND VIEWING AT e.ScApe Cafe ST MARYS

TICKETS \$5 EACH

FOR INFORMATION AND PURCHASING TICKETS

PHONE SUE 0363722512

OR ROD 0363722444

Next Tasmanian Regional Arts Exhibition "Extreme Environment" Photographic Exhibition @ e.ScApe cafe 2nd to 29th June

St Marys Market, Community Hall, St Marys 2nd June

RAIN, HAIL or SHINE 9am start Two local writers will be at the market signing their books for that special gift. Produce, large range of art and craft, Bill's Books raises money for the Fingal Community Library and has a large range of bargain books. Blueberry Cottage Marmalades, SanTTina jams and chutneys, plants, trash and treasure, home baked bread and more. **For more information or to book a stall phone Robina 63722022**. Community groups get free space for fund raising or information.







Photographic Competition 2012



You are invited to enter your photographs that showcase

The Seasons in the Valleys

Entries will be judged by Tasmania's award winning Master Photographer and Fellow of the Australian Institute of Professional Photography, Mr Owen Hughes.

\$250 in prize money will be awarded to the winner and the People's Choice Award will receive \$100.

For further information, please visit our website www.valleysofadventure.com.au and click on the 2012 Photo Competition link. You can then download a copy of the Entry Form and view the Terms and Conditions.

The Competition closes on 1st September 2012. Twelve Finalists will be selected and notified by phone and/or email. The finalists will have their photos printed and displayed at the Purple Possum Wholefoods, Café and Gallery in St Marys. A cocktail function to recognise the winners and finalists will take place at the Purple Possum towards the end of October.

You may enter as many images as you wish. A \$5 entry fee for each digital image is required and they must be named to correspond with the title/s on the Entry Form. Then send your completed entry form, images on CD and total entry fee to:

Louisa Rhodes **GET Photo Competition** PO Box 43, Fingal TAS 7214

Note In Lieu of sending a CD, you can email your entries (correctly named to correspond with the entry form) to louisa.rhodes@ecpc.com.au

The Fingal and St Marys On-line Centres are happy to help you submit your photographs digitally.

ENTRY FORM Name:

Address:

Phone:

Email:

Avoca Market

Saturday 9th June

9am - 2pm At the Avoca Museum and Information Centre

Stalls \$10 donation to AMIC

Contact Mary: 6385 2002

Entry 1 Title: Entry 2 Title: Entry 3 Title: Entry 4 Title: Entry 5 Title: Entry 6 Title:

Soap Making and Ear Candling Demonstrations

Saturday June 23rd 10:30am - 3pm Avoca Museum and Information Centre

Cost: \$10 per person Morning & afternoon tea plus soup & sandwiches included

Soap Making—Shirley Freeman Requirements for Soap Making:small straight-sided plastic container Bubble wrap

1 large padded bag (old post bag) 1 large old towel



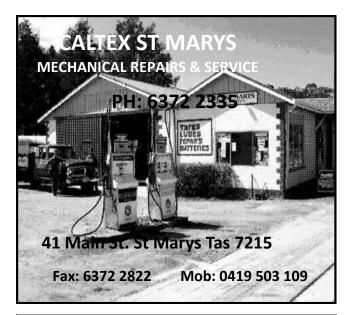
Ear Candling-Marilyn Von Paleske

A short discussion outlining the health benefits of ear candling in adults and children, what to look for in the products when buying and a demonstration on how to use them confidently in the comfort of your own home.

AMIC Regional

Calendar of Events

June / July	Garden Exhibition
June 9th	Market
June 23rd	Soap Making & Ear Candling
July 21st	Bread Making
August	Schools Exhibition



Community Transport Drivers Needed!

Do you enjoy working with people and like to help your community?

We have a desperate need for more drivers to assist our mostly elderly clients access medical appointments and to enjoy social outings. We need your help to make this happen!

Training and support is provided.

For more information contact JAN SAUNDERS on 6372 2137

WE NEED YOU! Community Transport Services Tasmania Inc

is funded by the Home and Community Care Program.

THANK YOU

To the businesses that have supported **'POTS and PETALS'**,

thank you.

We recently removed the pots due to theft and vandalism.

To the people who stole the pots, you should be ashamed of yourselves.

If anyone is interested in continuing with the care of the pots, or any businesses want to own and maintain their own pots, please call us on: 6372 2422. 9999 9999 9999 9999 9999

PING'S PLACE C.B.D., ST MARYS

Dr Jun Li invites all to the Tried and Tested Benefits of

Traditional Chinese Medicine

After two university degrees in China and five year's practice in Britain, Jun continues her skills in this ancient health restorer to the benefit of St Marys and District. Many have come from the coast and valley to benefit and some return regularly for on-going therapy. Jun is very approachable, as all who consult her have found. Consultation is free. Call into the shop or phone her mobile: 0411 186 573.

Welcome to Ping's Place.

PLAYING TABLE TENNIS EVERY DAY

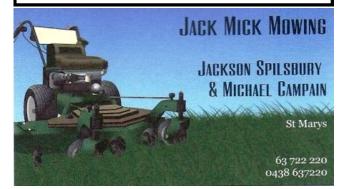
CLEAN CRACK LAUNDROMAT 32 MAIN ST., ST MARYS (NEXT TO SECONDHAND ROSE)

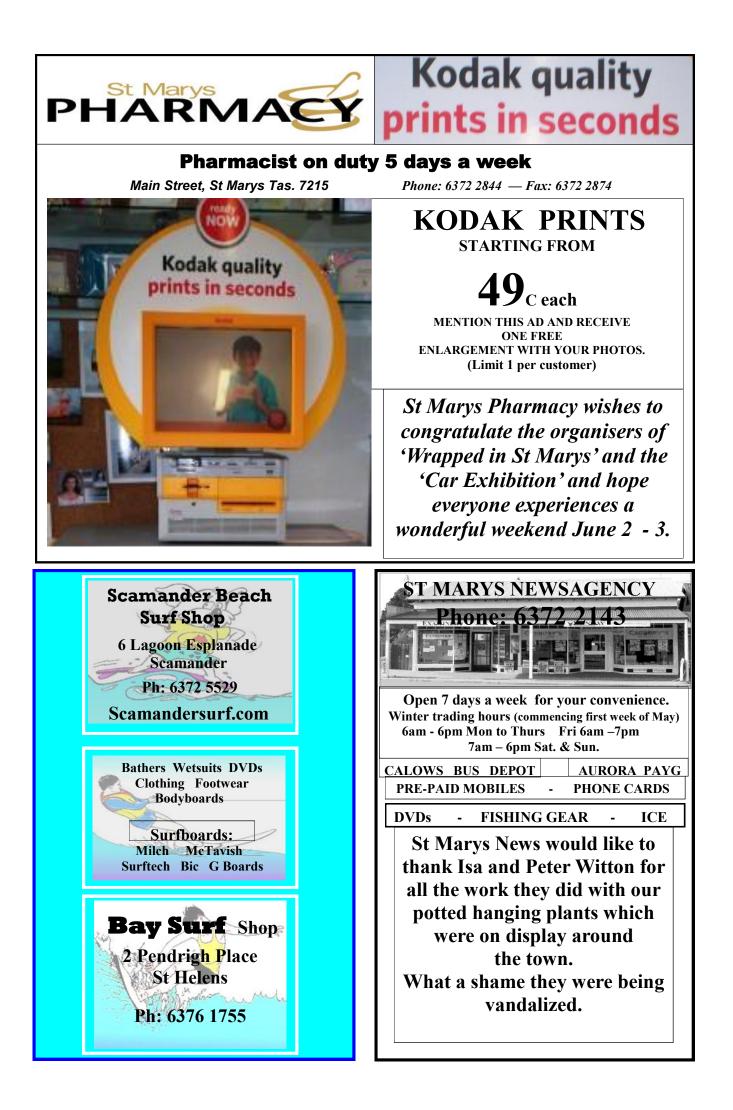
Coin operated washers & driers



OPEN FOR BUSINESS

Winter trading hours: 7am - 5.30pm (ish) (Fri & Sun a little later)







LOCAL OWNER - OPERATOR OVER 20 YEARS EXPERIENCE

Ph : Dana or Craig

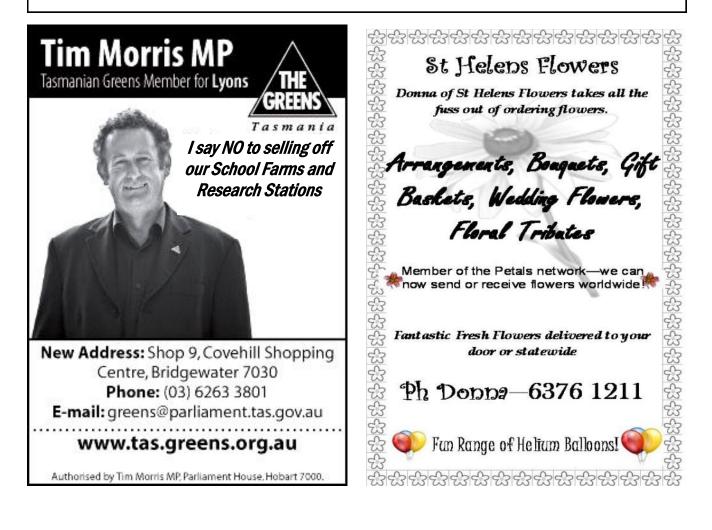
6372 2033 /0439 722 032

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- ♦ ROAD GRAVELS
- ♦ TOP SOIL
- ♦ SCREENED TOP SOIL
- SAND
- ROCKS
- ON SITE SCREENER 20mm to 75mm (TURN YOUR RUBBISH INTO TOP SOIL)
- ♦ 20 TONNE EXCAVATORS WITH TILT BUCKET & RIPPER, ROCK & LOG GRAB & QUICK HITCH
- D 65 KOMATSU DOZER, RIPPER & TILT BLADE
- ♦ 10 YARD TIPPER
- ♦ COMPACTION ROLLER
- ♦ WHEEL LOADER

AND MUCH MORE



-**DickAdams**MP Federal Member for Lyons

Please contact one of my offices if I can be of any assistance 53B Main Road 58A High Street PO Box 50 PO Box 271 New Norfolk Tas 7140 Perth, Tas 7300 Ph 6398 1115 Ph 6261 3366 Toll free 1300 132 689

Email D.Adams.MP@aph.gov.au



WORKING WITH YOU FOR A STRONG COMMUNITY

Written and Authorised by Dick Adams, 53B Main Road Perth

Rae & Partners Lawyers Barristers & Solicitors

Visiting :

St Marys Community Health Centre Alternate Tuesdays : 9 am – 10 am

Ph: 6337 5555 For appointments.

EAST COAST GLASS

Falmouth Ph: 6372 5361

- Glass repairs
- Shower screens
- Wardrobe doors
- Double glazing
- Aluminium windows
- Security doors

Locally owned and servicing the East Coast.

Call David and Anne Cannon for prompt and reliable service.

The Valley & East Coast Voice Guidelines.

- Opinions in any letters published are not necessarily the views held by the editor and voluntary workers.
- Our pages will remain open to fair and honest criticism, so that on all questions, both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted. Stick to the issue rather than making personal attacks.
- Please do not attack the editor, the paper or the authors of previous letters.
- Letter writers will be given the chance to respond over a suitable period of time, but anonymous and/or nom-de-plume letters received as from 11-02-10 will not be published. Subjects may be closed at the editor's discretion.
- Please make sure of your facts. Do not write letters just to let off steam. Letters most commonly published are those that have bearing to current community issues.
- Keep letters short, simple and to the point. Letters are restricted to . 300 words or less.
- . The Editor reserves the right to edit your letter for grammar, spelling or reduction in size where necessary.
- . All letters arriving by post must be signed, including a printed name and also contain your contact details, such as full name, address and phone number.
- . All letters sent by email must contain your contact details, such as full name, address and phone number.
- All letters left at drop-off points must have a signature, plus a printed name and also contain your contact details, such as full name, address and phone number.
- Do not be discouraged if your letters don't get published. Whilst each submission is reviewed on its own merits, we generally receive more letters than we have space available.
- The Valley & East Coast Voice reserves the right at all times. without notice, to update, change or amend our guidelines. Whilst we value & welcome community letters, The Valley & East Coast Voice does not provide specific feedback regarding any decision made not to publish a submission.

St Marys Police Phone Number 6372 1010 Non Urgent Number 131 444 **Urgent and Life threatening** 000 SES (Flood & storm only) 132 500 Fire 000



St Marys Op Shop

Monday - Friday 11 - 4 Market Saturdays 10 - 1 As volunteers are available.



From left to right -Lorraine Gill, Wendy Fowler, Caroline Craghill, Jeanette Gilbert, Janet Drummond and Sonia Allison ... just missing Lillian local school communi-McRostie, Kelly Farrell and ty and have fun Jan Madden from the team. unteering at the

Always looking for volunteers new to assist at the Op Shop, please contact Janet Drummond on 0404 562 320, or call in most Fridays, to speak with Janet. Come support your vol-St Marys Op Shop.



ST MARYS COMMUNITY HEALTH CENTRE

SCRIPTS AND DOCTORS APPOINTMENTS DOCTORS ROSTER Please ensure doctors appointments are booked prior to your Dr Latt 31/5/12-15/6/12 medication/s running out or in advance if you are attending this practice regularly. Public Holiday- 11 June 2012 Scripts can not be requested by patients over the phone and There will be no Doctor's Surgery on are unable to be done over the weekends, ensure you have this day. Normal hours will resume enough medications in advance. PLEASE BE PATIENT waiting on Tuesday 12 June. periods can apply Please see 'After Hours Contact Numbers' for during this time. **FLU VACCINES** Flu vaccines are now available from the St Marys Community Health Centre St Marys Community Health Centre. **GP Surgery Hours:** If you are aged 65+ your flu vaccine is FREE Please Monday-Friday phone the Community Health Centre on 6372 2111 and make an appointment. 8:50am-10:00am 10:00am-10:30am- Reception Closed If you are under 65 years of age please make an appointment to see your GP and get a prescription for 10:30am- 12:30pm vour flu vaccine. 12:30pm-1:30pm- Lunch Reception Closed A doctors appointment is required to have your flu 1:30pm-2:45pm vaccine given. 2:45pm-3:15pm- Reception Closed 3:15pm- 4:30pm Bowel Cancer Awareness Week For appointments please ring Reception during opening A Bowel Cancer Australia initiative times. Appointments will not be taken at other times. 3-9 June 2012 PATHOLOGY SERVICE Red Apple Pins are available from the reception at the Health Centre for \$2.00 each. No Pathology Service between 12:00-1:30pm or before 8:30am daily The 'apple pin' symbolises our bowel cancer message. The outline of the apple logo appears as an abstract of a human colon. If you require Pathology before 8:30am an appointment must be made with the Nurses Sta-The small hole in the apple is caused by a worm. If detected tion the day/night before by phoning 6372 2111 early and removed, the worm is unable to infect and kill the otherwise healthy apple. **INR TESTS** A doctor's appointment is required if you are hav-It's the same with people - if bowel cancer is detected early ing an INR test. Please let reception staff know through screening it can be removed and people can continue to when making your appointment that you are enjoy a healthy life. having an INR test. This requires a 5 minute doctor Apples are also a nutritious source of dietary fibre consult. Ask your GP or Pharmacist about the 'Bowel Scan Testing Kits'. AFTER HOURS CONTACT NUMBERS Awareness saves lives! Please phone GP ASSIST ON- 1300 780 011 AMBULANCE 1800 008 008 or **PODIATRY NORTH Community Podiatry Service-** FREE EMERGENCY 000 At the St Marys Community Health Centre ST MARYS COMMUNITY HEALTH CENTRE 6372 2111 Please see your Health Professional for a referral or call Please RING before presenting after hours Podiatry North for appointments direct on: 6331 5155

Information of this page was supplied by: St Marys Community Health Centre, Gardiners Creek, Road, St Marys, TASMANIA. 7215

ST MARYS COMMUNITY HEALTH CENTRE

	WHAT'S ON AT THE CENTRE	W	HAT'S ON AT THE CENTRE Continued
31 May	Relationships Australia – Leanne McMurtie for appointments please phone1300 364 277	11 June	PUBLIC HOLIDAY- No Doctor's Surgery on this day. Normal Surgery hours will resume on Tuesday 12 June 2012.
,	Eyelines- For appointments please phone 1300 139 363. All consultations Bulk Billed to Medicare	12 June	Tom Bain, Rae & Partners Lawyers. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
	Social Worker– Shan Williams. Please phone 6372 2111 for appointments.		Counsellor- Ellen Naef. Please phone 0409 864 182 for appointments. Ellen is located downstairs
	Continence Nurse. For appointment please see your GP or Health Professional for a referral.		at St Marys Health Centre in the Healthy House. Mental Health Clinician/ Case Manager- Faye
1 June	GP North Psychologist. For appointments please see your GP for a referral		Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
	Social Worker– Shan Williams. Please phone 6372 2111 for appointments		Child Health Session with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
4 June	Mental Health Clinician/ Case Manager– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.		Lightfoot Podiatry– Perry Daly. Phone 6331 9568 for appointments
	Hospital Auxiliary Meeting 2:00pm in the Day Room	13 June	Day Centre– For details on the group please contact Hayley Gilbert 6372 2111
2	Drug & Alcohol Counsellor- Anglicare. For appointments please see your GP for a referral.		Social Worker– Shan Williams appointments available by phoning 6372 2111
5 June	Child Health Session with Sue Gofton every Tuesday- Appointments only. Please phone		GP North Psychologist. For appointments please see your GP for a referral
	0428 136 381 Mental Health Clinician/ Case Manager- Faye	14 June	Relationships Australia– Leanne McMurtie for appointments please phone1300 364 277
	Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.		Social Worker– Shan Williams appointments available by phoning 6372 2111
	Counsellor- Ellen Naef. Please phone 0409 864 182 for appointments. Ellen is located	15 June	Dietician (GP North) - Appointments available by referral from your GP
	downstairs at St Marys Health Centre in the Healthy House		Diabetes Educator (GP North)- Appointments available by referral from your GP
6 June	Day Centre – For details on the group please contact Hayley Gilbert 6372 2111		Exercise Physiologist (GP North)- Appointments available by referral from your GP
	Mental Health Clinician/ Case Manager-Faye Thordardottir. For appointments please phone	,	Social Worker– Shan Williams appointments available by phoning 6372 2111
	1800 332 388 where a referral will be lodged for you.		GP North Psychologist. For appointments please see your GP for a referral
7 June	Social Worker– Shan Williams. Please phone 6372 2111 for appointments	18 June	Mental Health Clinician/ Case Manager– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for
	Community Transport Information and Question Forum – 1:30pm in the Day Room. All Welcome. Please phone Jan Saunders on 6372 2137 to RSVP.		you. TLC Meeting (Tasmanian Lymphoedema Centre) 10:00am in the Day Room
8 June	Social Worker– Shan Williams. Please phone 6372 2111 for appointments	DIABETIC CLINIC Regular consults are available at the St Marys Community Health	
	GP North Psychologist. For appointments please see your GP for a referral		
		Next	session at St Marys is: Friday 15 June 2012

Information of this page was supplied by: St Marys Community Health Centre, Gardiners Creek, Road, St Marys, TASMANIA. 7215



Palliative Care Australia



Australian Government



Department of Health and Ageing

Palliative Care Equipment Loans Scheme 2011-12

St Marys Community Health Centre & St Helens District Hospital have recently received an electric bed & pressure relieving mattress patient lifting hoist electric recliner-lift armchair shower commode under this grant.

These items will be used for the benefit of palliative care clients being cared for in the facilities, and at home in the Break O'Day community Please contact each Health facility for further information.

MEDIA RELEASE

May 2012

SUPPORT FOR DYING AT HOME

Palliative care clients in Tasmania are able to access a larger pool of equipment to help them to remain at home or in local facilities thanks to a recent grant of \$149500 from the Commonwealth Department of Health and Ageing. The Tasmanian Association for Hospice and Palliative Care administered the grant to ensure an equitable arrangement that suits local conditions.

Electric hospital beds, special pressure relieving mattresses, and lightweight wheelchairs were among the items purchased. Ms Jenny Fuller, Project Officer for the Tasmanian Association for Hospice and Palliative Care says, "the grants went to services which run equipment loan schemes, as well as district hospitals and health centres, and residential aged care facilities. These items are expensive, so the grant has been vital to local service providers in supporting their clients"

"For palliative care clients it's important that equipment is available quickly, so having items in the local area saves time accessing things from the major centres of Launceston, Hobart and Burnie, and it saves the system the cost of transport too".

"Having the right equipment at home can help palliative care clients and their family carers to manage more safely and comfortably. A hospital bed set up in the living room can keep someone engaged with normal family life, while making it easier to provide the physical care they need. A light weight wheelchair means that people can still get out in their community, and family carers can easily lift the chair in and out of the boot of the car. It's all about helping people to live as fully as they can, and where they prefer to be, for as long as they are able".

Northern Services which received equipment were the Palliative Care Service, Community Equipment Scheme (both in Launceston), Scottsdale Hospital, Beaconsfield Hospital and Health Centre, Toosey in Longford, Deloraine District Hospital and St Marys Community Health Centre and St Helens District Hospital shared a grant for the Break O'Day area.

Any enquiries in relation to use of the equipment please contact The St Marys Community Health Centre on Ph: 63 722111.

Yvonne Webber, Director of Nursing at St Marys (63722111) is very happy to provide further information as required.

MEALS ON WHEELS ROSTER				
June	St	Marys	Fingal	
Monday 4th	Debbie Ba	rnes	Neighbourhood House	
Tuesday 5th	Trish Pike			
Wednesday 6th	Lorraine G	ill		
Thursday 7th	Kaye Naile	er		
Friday 8th	Pam Gillie	S		
MOW Contact	PI	none:	0488 384 344	
Monday 11th	Debbie Ba	rnes	Neighbourhood House	
Tuesday 12th	Pam Bretz			
Wednesday 13th	Barbara M	cAllister		
Thursday 14th	Yvonne Sa	alter		
Friday 15th	Hannah R	ubenach	Neighbourhood House	
-				
	Church	Services		
Catholic Parisl St Marys Sr. Lorraine Gro Parish House. Ph: 637 Mob: 0409 172 741	oves	of North Avoca: 11ai Fingal: 3 p	<mark>ican Parish</mark> tern Midlands m 2nd/4th Sundays m 1st/3rd Sundays	
<u>1st Sunday: M.</u>	ASS		m 2nd/ 4th Sundays n 1st/3rd Sundays	
St Helens Vigil L/W	6.00pm	Campbell Town:	9am every Sun.	
Bicheno L/W	9.00am 11.30am		/ –Family Service) ican Parish	
Fingal 2nd Sunday: LIT		of B	<u>reak O'Day</u> 376 1144	
St Helens Vigil LWC			376 1144 Service times	
St Marys LWC Bicheno LWC Fingal LWC	9.00am	Good Friday 9	ay 7.30pm St Helens .30am	
<u> 3rd Sunday: M</u>	ASS	Easter Day	ens & St Marys	
St Helens Vigil	6.00pm	6.00 am Binalo	6 ,	
St Marys Fingal	9.00am 9.30am	9am at St Mar 11am Church i		
Bicheno	9.00am	Upper Esk Rd,	Mathinna	
4th Sunday LITURGY		<u>Salv</u> TUE	<u>ation Army</u> SDAY JAM	
St Helens Vigil	6.00pm	3-5pm e	every Tuesday.	
St Marys Bicheno	9.00am 9.00am		school holidays. Norton Ph: 63722099	
Fingal	9.30am	SUNDAY	JOY 12.30pm nd-share lunch followed	
5th Sunday LITU St Helens Vigil	7 <u>RGY</u> 6.00pm	by a great	time of friendship You are very welcome	
St Marys	9.00am	to join us a	nd share our JOY!	
Bicheno Fingal	9.00am 9.30am		09 838 816. 2 Uniting Church	
		The Ma	anse St Helens	
Enq: Baptisms & W Ph: 63 31 43			6376 2405 00 am	
Church of Apos	/		15 am	
Presbytery Officer Hours: 10.00a Sr Marjorie Ph: 638		Hodgeman Stre Sabbath Schoo	l 10 am	
		Divine Service	11 am	

Contacts for Valley Voice PH: Judy: 6372 2155 email: *judith.spilsbury@telair.com.au* Accounts: Mary: 6372 2328

Please leave written material at the St Marys Pharmacy, Main St, St Marys, or post: C/- Post Office, St Marys Tas 7215

Advertising: 2012 Classifieds: 25 words or less: free Community notices : free. Small boxed ads. Garage sales. Greetings. Thanks etc. \$12. ¼ page \$20. ½ page \$30. Full page \$50. 1 year posted subscription \$40. Copy of guidelines available on request.

On Air Now! Vision FM 88.0 at St. Marys, St Helens *and* Fingal.

The Breakfast program is now hosted by Matt and Karen on weekdays. There are now over 500 stations Australia wide.

100% positive music & talk all day long; connecting faith to life.

National Vision Radio Network. Phone 1800 007 770.

St Marys Online Access Centre Opening Hours:

Monday 10am -3pm Tuesday 10 am-4pm Wednesday 10am-4 pm

Thursday 10 am – 3 pm Friday 10 am – 3 pm Saturday 11 am – 2 pm

Ph: 6372 2005

ST MARYS OP-SHOP SUPPORTING YOUR LOCAL SCHOOL

WINTER OPENING HOURS:

MON TO FRI. 11AM — 4PM (WHERE VOLUNTEERS ARE AVAILABLE)

ST MARYS MARKET SATURDAY 10AM—1PM PH: Janet Drummond: 6372 2851.

Shop will only be open as volunteers are available. So sometimes the shop might have to open late or close early.

If you're interested in assisting the school and volunteering at the Op Shop, please contact Janet Drummond 6372 2851.

St Marys Sports Centre Inc. news Kackhander

The Pennant season concluded for us in the last fortnight with a couple of losses, but that's okay because it has been great to be back in the local golf community once again. At Malahide we took it right up to the home side only going down 4-3. Malahide are undefeated and will be trying this upcoming weekend to finally win their first flag since 1981 and we truly wish them the best so to get that close to them was a top effort.

Winners were Jack Viney, Shae Ward and Rod McGiveron and Chris Davern came from the clouds to nearly pinch the fourth win from a near impossible position. In our final game of the season Jack played some really good golf at Scamander to save our bacon from a whitewash. We've never been beaten to zero - Ever in our proud history and we still haven't. Thanks Jack.

I know we've said it before but it's true... THANKS MACCA. If it wasn't for your persistence we may well still not have re-joined the competition and because of our involvement it could well mean the club will go from strength to strength. A special mention also to Trevor who has supported the side all year and helped us out by playing at Scamander on Sunday too, after Kodie's footy injury left us short. He's still got it and did pretty well. Also to Roger for his continuing support each week.

To everyone involved it has been a real plus this year. Next year we'll win more than one game I'm sure and hopefully challenge for a flag not too distantly in the future.

The big Boags day is coming up on the long weekend of the 10th June. It will be a ripper and kindly sponsored by our friends at Boags. It's Ambrose, it's four per team.

It will involve a lot of fun, plenty of hospitality, and tucker... Something to look forward to.

The Crib Night was a hit again and doubtless the next one is in the wings so look out for that. A golf roster is being put together and during the upcoming winter months we hope to have indoor bowls and other things going on too. Once finalised we'll let you know.

The AGM is not too far away so hopefully we'll get a few rolling up for that and use all the good outcomes from the past 12 months to feed into a new club year.

Until next time, good hitting and rolling.

Living In the 70's.

Wear your flares and flower power clothes and come along and join in the Memories, Music, songs and fun of the 70's era with the Suncoast Singers, Simple Harmony and Infantisssimo when they present their

Annual Concert on Sunday afternoon June 3rd at the Portland Hall, St Helens, starting at 1.30pm...Cost is just \$15 and proceeds are going to The Lymphodema Centre at St Mary's.

for more information call Mary-Anne on 6376 2969.



38 Main Street St Marys Phone/Fax 6372 2240 - Butcher Ph: 6372 2274 Mon – Fri 8am – 6pm Sat 8am - 12 noon Sun - closed

This week's specials.

(available from Thurs 31st May-Wed 6th June) from the butchery

from the butchery	
Forequarter lamb chops	\$ 9.99kg
Legs of lamb	\$10.99kg
Topside beef roast	\$ 9.99kg
Ingham chicken kebabs 450g	\$ 7.99kg
Ingham chicken kiev 350g	\$ 7.99kg
from the coolroom/freezer	
Nuttelex spread 500g	\$2.75
Peters original ice cream 2lt	\$3.99
Sargents slices 350g	\$1.99
McCain superfries 1kg	\$2.99
Bega tasty cheese 1kg	\$8.99
from the shelves	
Arnotts assorted creams 500g	\$3.99
Safe white toilet tissue 12pk	\$2.69
Tas Taste plain/ self raising flour 2kg	\$1.99
Goulburn Valley Natures Finest Fruit 1kg	\$3.99
Fab Ultra laundry powder 1kg	\$3.89
next week's specials	
(available from Thurs 7th June- Wed 13t	h June)

(available from Thurs 7th June- Wed 13th June)

from the butchery

J	
Corned silverside	\$ 6.99kg
Porterhouse steak	\$15.99kg
Regular beef mince	\$ 9.99kg
Lamb chump chops	\$ 9.99kg
Ingham microwave chicken	\$ 5.99kg

from the shelves

Uncle Tobys oats 1kg	\$4.99
Nestle Milo 450g	\$4.55
Kraft peanut butter 375g	\$2.99
Spree dishwashing liquid 11t	\$2.25
Golden Circle tetra fruit box 250ml 6pk	\$2.99

all only \$1.99

Arnotts choc TimTam/Slices/Crowns/Royals 150/200g Andersons English breakfast tea bags 100s Ardmona canned fruit 825g Fountain sauces 250ml spicy/satay/teriyaki/chilli/soy The Natural Confectionery Co. bags 140/200g



ST MARYS SPORTS CENTRE INC. Every Friday – 6.30 - 7.30pm drinks at discounted prices Ph: 6372 2177

