



The Valley & East Coast Voice

Est. 1968

Volume 45 No. 4, Thursday June 14, 2012.

50 cents

The Say Cagerattler

Whenever I'm on the internet I usually look out for information on anything rail because I find it really interesting. Only a couple of days ago I found a promotional video made in 1987 about Tasrail. It was fascinating and revolved around the about to happen refurbishment of the services and marketing of our (even then) run down railway. The 20 minutes or so showed all sorts of aspects of rail in Tasmania including Fingal Valley coal services. Over a very long time successive State Governments kept failing to continually value-add to a transport hub that every successful place must have, without exception.

This documentary from a quarter of a century ago predicted that perhaps by 1995 Tasmania could have at least a break-even /small profit system up and running. It turned out to be 1997 before that was approaching the case it seems, but it wasn't until the whole system was reaching critical mass in much more recent years that at last a State Government, the current one, finally decided to bite the bullet and spent some real money to replace some of the infrastructure that, long term, will help a lot more people get their goods around the State.

At the moment they are spending \$208 million dollars which will replace ageing slow speed rated track, replace the 40 year old fleet of 35 locomotives with 17 newly designed and highly efficient ones and tenders for new, again efficient rolling stock are to be put out soon. Only this week the new General Manager of Tasrail was updating an afternoon radio presenter on that the first phase of track renovations critical to successful outcomes was within two years of completion and that the design part of the locomotives in the USA was complete and that late 2013 we should see some delivered. This is amazing news and under no circumstances can we allow our politicians to do a "1987" and back off with our much needed rail system otherwise in another 25 years we'll still be talking about it.

In the USA the whole transport industry, which is vast, is inexorably linked by their incredible railroad system to every corner of the country and even into Canada.

Their freight costs are much, much lower due to efficient rail delivery, intermodal systems link shipping and road truck companies into the mix and the pollution effects are greatly reduced because of a lot of hard work and evolution of their transport systems.

Everyone wins in the long run. There is no reason why Tasmania can't try to be just the same. We are an island relying heavily on transport for so much of our daily needs and if ships, trucking companies and importantly rail for the really heavy stuff could "intermodal" a lot more our own service delivery could be one to be really proud of.

One day maybe freight, passenger and scenic rail will be able to share track and services too and be an integral part of getting around our State provided "1987" is not repeated all the time.

What do you think?

(Column by Rod McGiveron)

Suncoast Jazz Club gig

will be held at

Portland Hall, St Helens

on Saturday 30th June

from 12noon - 2pm.

**Featuring this month we have the
Launceston College Boys Band.**

Admission \$7

**Pamela Parsons - Suncoast Jazz Club Inc.
Treasurer/Publicity**

Please note: Deadline for articles in the next Valley Voice is 5pm Tuesday June 26, 2012

EMAIL ADDRESS: judith.spilsbury@telair.com.au

Community news

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the **St Marys Community Health Centre**.

The Break O'Day Woodcraft Guild Inc. meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

The **Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette- 6372 2224.**

Playgroup at Falmouth Community Centre. Fridays 10.30 - 12.30. \$2 per family. Please bring a piece of fruit for sharing and your child's own drink bottle & sun protection. Bikes and helmets welcome. Details contact **Michelle: 6372 2835 / 0418 271 315.**

Are you doing/interested in Homeschooling? Keen for a local network? **Contact Michelle: 6372 2835 / 0418 271 315.**

St Patricks Head & Esk Valley Historical Society Inc meets every second month on the third Wednesday at 3pm at various venues throughout the valley. For details please contact: Barry (6372 5752) (email: aulich@bigpond.com) or Jim Haas (6372 2127) (email: jimhaas@bigpond.com) **Alternately you can check out our website :www.fingalvalleyhistory.com**

The Scamander and Beaumaris Community Development Association meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Rachel Woods. Rachel can be contacted on: **03 6372 5118.**

Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome... If you can yawn - you can sing. Phone Mary-Anne Wadsworth **6376 2969.**

Break O'Day Regional Arts - General meetings held on the first Wednesday of each month at 4.p.m. at the e.ScApe Cafe. All welcome. Inquiries to Rod **6372 2444.**

Cornwall Community Development Group Inc. meets @ 6pm on the first Monday of each month in the Cornwall Hall. All interested persons are invited to attend. Wendy Dawson (secretary) **Ph: 0403 430 452.**
email: ccdgin@fastmail.com.au

St Helens Alcoholics Anonymous (AA) Wednesday 8pm Weekly. St Pauls Anglican Church Hall, St Helens. Murdoch **6376 3335.**

St Helens Al-Anon Family Group (Al Anon) To help families and friends of alcoholics recover from the effects of the living with the problem drinking of someone close. Sunday 2pm weekly. St Pauls Anglican Church Hall St Helens
Anne or John **6376 4270** or Rose **6376 3335.**

St Marys Alcoholics Anonymous (AA) Friday 8pm Weekly. Holy Trinity. Mick & Shiril: **6372 2909.**

The Break O' Day Stitchers meets each Friday in the Bungalow at Neighbourhood House in St Helens from 10 a.m. to 3 p.m. and participants are welcome to stay for as long or short a time as they may choose. The choice of projects to work on is also optional - either to bring your own work or join in and assist on a group project.

Scamander Garden Club meets at Scamander Sports Complex at 1.30pm on the third Monday of each month. Enjoy sharing garden activities. Contact Val: **6372 2762.**

Employment wanted

**Gardening, odd jobs. Family man \$15 p/hr.
Ph: 6372 2814.**

Employment wanted

**House cleaner, general cleaning duties.
experienced lady.
References supplied. \$15 p/hr.
Tiffany Ph: 6372 2814.**

AGM

Fingal Valley Meals on Wheels will be holding their Annual General Meeting at the St Marys Community Health Centre Day Room on Thursday October 11, 2012, between 2pm—3pm. All welcome.

Note:- Good report from the Cook for our drivers. Life is hassle free because our drivers are all soooo dependable. **PAT YOURSELVES ON THE BACK**, you are a great group of drivers.

Lundy Vosper. (Sec)

A Big Thank You to the St Marys Community

In response to Alex's request for used baby clothes we were overwhelmed with the generosity of the St Marys Community and surrounds.

We posted off nine large boxes of tightly packed clothes to Alex and she received them late last week. Alex was also overwhelmed when we spoke over the weekend.

Alex is planning a big "open day" on Friday where there will be a number of family based activities culminating in a community lunch and then the baby clothes stall. Alex indicated that it would be a massive day in the community and doubted that there would be many baby clothes left after the stall. Unfortunately Alex did not have time to write to the Valley Voice personally for this issue but will do so shortly. Alex was just amazed with the quality and variety of clothing provided and in particular the hand knitted beanies that will now become a feature of the community during the chilly winter months.

Alex has asked me to pass on her sincere appreciation for all the clothes; she feels great pride that her "home town" was able to be so generous and thoughtful. Alex will write her own response and forward some photos for the next issue of the Valley Voice. There are times when you get a little jaded with life but events like this certainly restore your faith in human nature and the generosity of the human spirit.

Harry Veldums.



For sale

Classifieds

For sale

100% cotton sling, brand new, never used. Newborn up to 9kgs. \$17. Cheaper than ebay, check it out. **Ph:0411 186 573.**

110litre fridge and bar. Just over a year old, perfect condition, suit small family. Reason for sale: we need a much bigger one. Price is \$120. Will deliver if needed. **Ph: 0411 186 573.**

Posture Supreme Queen Size Mattress (Suit Slat Base) Excellent condition. \$75. ono. **Ph: Len Miles 6372 2285.**

9 vertical blinds. Can be cut to suit any window size. Ex con. \$500 the lot or will sell separately. **Ph: 6372 2608.**

All steel heavy duty box trailer 4' x 5'. 8". Near new, Zincalume floor. Deep sides, plus removable sides above to increase load capacity. Will carry over one ton of wood. Leaf springs plus coil springs on axle. Strong unit. \$550. ono. **2 axle stands.** \$20 the pair. **Ph: Pete- 6372 2398**

1975 Mercedes 280s with 3mths rego. Good order. Burnt orange. **1977 Mercedes 280e**, no rego, needs TLC. Burgundy. \$2,500 for both. **Ph: 6375 1440.**

1990 Mitsubishi Magna s/w 227,000kms. Rego 'til Dec '12. Good running order. \$800. **Ph: 0427 603 488.**

80HP Mercury, electric start, trim & tilt + 40HP electric start. Both with controls. Goes well. No further use. Cheap. **Centre console** with cable steering. \$100. **Mags**, as new, with new tyres. Suit HQ WB. \$900. **Truck tyres and rims.** 11R 22.5. **Ph: 6372 2107.**

***Fencing & roofing mesh** - Roof (trellis) 50m roll x 1.8 \$40 (qty.7rolls), Rabbit wire 50m x .9 & 1.2m (1.4 gauge) \$80 & \$120 (qty. 4 rolls). Unused. and very good con. **Acrow Props** - (3) Good condition \$50 ea.

BT Lifter pallet truck - good condition, roll 19mm metal strapping, 2 sets strainers/clamps, 2 / strapping stands, box clips - \$450 the lot - ono **Fluorescent lights** - alu. feature channel (total approx 170m). Quality style. Good condition. Suit retail, warehouse or shed. Sections: 3m \$60, 3.6m \$70. All intact but without power connecting lead. Big reduction for the lot. Can email details and pic. **Supermarket fittings (Kingfisher)** - (shelf brackets, pegboard & peghooks, posts, shelves, wire baskets etc.) - cheap. **Pot Belly** - stove/heater \$250. Wood stove, **Meters Chef** (on stand) \$350. Both in good con. Email pics available. **Snow boots** - New. Knee high. Sturdy, waterproof & insulated. Ideal "wellingtons", fishing, etc. Sizes 8 - 12 (straight) only. Qty.15 pairs.\$55ea. (cheap). Email pic available.

Push Bikes - (2) 26" Terramax. Ladies 26" Mojo Repco. Both good condition. \$130 each. **6372 2626.***

Bargain. Bar. \$200. **Built in oven**, fan, bake, range hood cook top. \$285. **Microwave.** \$20. **Ph: 6372 5441 or 0438 454 829.**

FOR SALE; 1993 Ford Fairmont: 140,000kms. Very good condition inside and out, Six months rego and good tyres. Genuine reason for selling. \$2000. ono. **Phone Gail or Rogder on 6372 5380.**

Wheat for sale. 20kg bags, \$10. 20kg bags crushed, \$15.

Kelvinator fridge only, with new door seal. \$85. ono. **Gumboot style waders** Heavy duty ,size 9. \$60. ono. **Giant Cross City 2 road bike**, near new. \$1050. ono. **Falcon BA ute** with canopy, auto. \$9600. ono. **Nissan X trail 2003**, auto. \$12,750.ono. **Ph: 0417 385 787 or 6372 5101.**

Saxon Blackwood inbuilt wood heater. V.G.C.. \$500. **Ph:6372 2552.**

Delonghi Electric heater, thermostatically controlled, has a 1000 watt or 2000 watt setting. The heater is 50 cm wide x 61 cm high, heater still in box \$50. Comes with free wooden decorative surround measuring 102 cm across x 97cm high and approximately 42cm deep. **Ph: 0424 944 384.**



PASTA MAKER wanted - hand operated; good condition (0417 027 424)

HAT STAND/COAT RACK wanted - bentwood style/timber; good condition (6372 2724)

Orders taken for Sheep Poo - for the Scouts.
\$4 a bag. **0412 803 027.**

"Moo-Poo". Finely screened. Any quantity. See Norm. **Ph: 6372 2380.**

Frozen blueberries - \$11 kilo **Phone 6372 2341.**

Garden mulch. Large square bales of straw.
Free delivery in St Marys area.
Ph: Mark or Alana: 63722145.

Small square bales of garden mulch \$5.
Small bales of grass & clover hay. \$5. (undercover)
Garden mulch, in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area.
Ph: 0407 944 158.
Tractor slashing available. Ph: 0407 944 158.

Grass Hay, heavy bales, shedded, \$5 per bale.
Ph: Ross 0401 870 316.

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.

Tasmania Valleys of Adventure

AVOCA • ROYAL GEORGE • ROSSARDEN • FINGAL • MANGANNA • MATHINNA • UPPER ESK • CORNWALL • ST MARYS

GREATER ESK TOURISM

GET TOURISM ... meets the second Monday of each month unless otherwise notified.

WHERE: Fingal Valley Neighbourhood House

TIME: 7PM

All WELCOME.

Enquiries to the president on 63722783.

Please note - no meeting in June
Next meeting - 7 pm on 16 July

Bicheno Indoor Market

When: every last Sunday of the month

Where: Bicheno War Memorial Hall
9am – 1pm

*Hot Foods – come and enjoy breakfast,
morning tea or lunch.*

Variety of Stalls

More stall space available:

Contact David Logie: ph. 6375 1129.



Sunday Market

Happening :

At the Old Tasmanian Hotel

On the third Sunday of the Month

Please ph 6374 2344 or mobile 0488 562 538

to book your table/trestle

Needed: fruit & veggie stall holders



Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking and other inquiries, please phone Cheryl on 6372 2194. Leave message.



St Marys Market

Rain hail or shine the markets will be held on the 1st Saturday every month in the community hall. 9am start.

New stall holders welcome.

Phone Robina 03 6372 2022 or Sue 03 6372 2512

WATCH THIS SPACE

For Fingal Valley
Film Club News.

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted. Please ensure that your details are included.

Photos from Cranks & Tinkerers Classic Car show supplied by Dale Matheson.





www.fingalvalleyhistory.com

Pat Hartnett The Footballer

Many of the old hands in the district would argue that in its heyday the old Fingal District Football Association was the best country football competition in Tasmania. This argument is well backed up when you look at the amount of players from the Association who played with teams at the top level in Launceston, Hobart and the North West Coast. There were even a couple who went on to play in Victoria, the most noted of whom were Brian Lowe from Rossarden and Pat Hartnett from St Helens. Brian played with Geelong from 1961 to 1963 and Pat Hartnett had five seasons with St Kilda. Whilst both players are inducted into the Tasmanian Football Hall of Fame, it was Hartnett who played the most games in Victoria and gained the most recognition.

Pat Hartnett was born in St Helens on the 17th May 1910. He was the second youngest of well known local couple Maurice and Mary Hartnett. Maurice was prominent in the St Helens community and became Warden of the Portland Municipality in 1915.

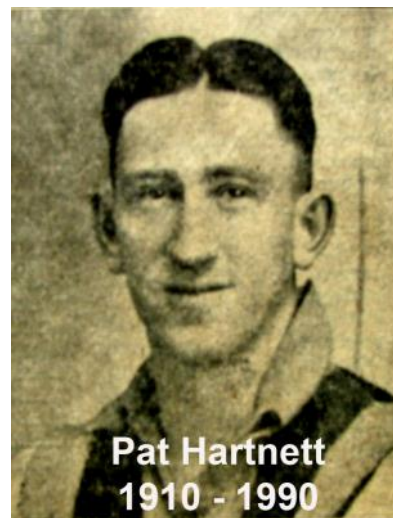
As a teenager Pat began playing with St Helens and in 1926, at age 16, he was named best on ground in the Fingal District Football Association Grand Final in which St Helens played St Marys at St Marys. This was no mean feat for a young lad in those days, particularly when he played in the losing team.

In 1928 he was recruited by North Launceston and after two years tried his luck across the Strait at St Kilda. But the first year there did not prove all what it was cracked up to be and Pat returned to Tasmania and played with Cananore (now Hobart) in the South. His time at Cananore saw him once again rake up numerous best on grounds and play an important role in their 1933 Premiership, which gave him the confidence to return to St Kilda in 1934. This time he proved his worth on the big island by finishing in the top three in the Brownlow Medal votes at St Kilda. In fact, he did that again in 1935 and 1937.

1935 was a great year for Pat; he represented Victoria in a State match against South Australia and kicked six goals. He also represented Victoria twice in 1935, both times against Western Australia. In 1938, after playing 66 senior games as a 180cm / 79kg half forward, Pat left St Kilda and finished his playing career with VFA club Brighton, where he won the coveted Recorder Cup, which is the VFA's equivalent to the Brownlow Medal. Laurie Nash, another Tasmanian star, was runner-up to Pat in the VFA that year.

From his teenage days with the St Helens Swans, Pat went on to be one of the most recognized Tasmanian footballers of his time. He represented both Tasmania and Victoria in State games, won a stack of medals, including the William Leitch and in 2005 was inducted into the Tasmanian Football Hall of Fame. He was also a nominee for Tasmania's Team of the Century, only missing out by a whisker.

**Thanks to
Dale Matheson of
Scamander for
information on this
story.**



Tasmanian 1933 Carnival Team with Pat Hartnett
second from right in the front row

ANNUAL GENERAL (PANCAKE!) MEETING.

**ST.MARYS SPORTS CENTRE.
FRIDAY 29TH JUNE.**

Pancakes from 5.30 'til 8pm.

**Sports Centre AGM at 7.30 (optional)
\$20 per adult.
\$10 Children 16 and under.**

MENU

Chilli Con Carne.

Curried Chicken.

DESSERT

**Banana Chocolate
with cream and ice cream.**

**(Second helpings
if you can fit them in,
as available)**

BOOKINGS APPRECIATED:

Phone Jim Turner 6372 2441

Or the club in person, or phone 6372 2177.

ST MARYS NEWSAGENCY
Phone: 6372 2143



Open 7 days a week for your convenience.
 Winter trading hours (commencing first week of May)
 6am - 6pm Mon to Thurs Fri 6am - 7pm
 7am - 6pm Sat. & Sun.

| |
|-------------------------|
| AURORA PAYG |
| PHONE CARDS |
| PRE-PAID MOBILES |
| DVDs |
| FISHING GEAR |
| ICE |
| CALOWS BUS DEPOT |

St Helens Flowers
*Donna of St Helens Flowers takes all the
 fuss out of ordering flowers.*



*Arrangements, Bouquets, Gift
 Baskets, Wedding Flowers,
 Floral Tributes*

Member of the Petals network—we can
 now send or receive flowers worldwide!

*Fantastic Fresh Flowers delivered to your
 door or statewide*

Ph Donna—6376 1211

 Fun Range of Helium Balloons! 

For sale

Purebred Cochin hens & roosters, various colours - \$40ea. Purebred Jungle Fowls - \$250 trio. Purebred Pheonix - \$250 trio. Ph: 0439 334 858.

Garden shed—Absco. 3m x 3m x 2.1 h. Zinc. New, unassembled. \$450. ono. Caravan fridge, 12v/240v, goes well. \$300. Ph: 0411 435 867. (Please leave a message and I will return your call.)

Whipper snipper/ brush cutter. Heavy duty, had little use. 2 stroke. \$80. Pair of axle stands. \$30. Heavy duty side lever grease gun with cartridge. \$20. Phone Pete: 6372 2398.

Mosquito nets, 1 x king size, rectangular shape, comes with bamboo frame for hanging, cost \$290, sell \$100. 2 x single, circular shape, come with hangers, each cost \$95, sell \$45 each. All pure cotton, Australian-made, hardly used. Ph 6372 2686.

Washing machine, front loader, 7kg. Near new. \$300 Microwave oven, near new. Large. \$80. Lounge L shape, near new. \$300. Double bed and mattress. \$200. TV & top box. 76cm. \$90. Wardrobe & matching dresser with mirror. \$50. Kitchen table & 6 chairs. \$80. Ph: 6372 2357 or 0408 139 224.

Buy just a little bit, pay just a little bit for your basic food essentials at Purple Possum!

When you pick up a scoop and serve yourself from our dozens of food containers at Purple Possum, you can buy as little or as much as you want of any given item. 100 grams of flour? No worries. 150 grams of rice? That's fine.

Get just what you need for a recipe or for your own requirements. You save money, your food's always fresh, and you won't end up with a cupboard full of half-used, out-of-date packs as so often happens when you buy packaged foods.

So serve yourself at the Possum – and scoop up some savings!

Purple Possum

Wholefoods & Café

7 Story Street St Marys. Phone 6372 2655.

WRAPPED IN ST MARYS – 2 and 3 June 2012

Crochet as you've never seen it before – *stitchedupmama* had it all tied up! The trees in front of Faulkner's Green and Memorial Park were not what they seemed. It took a second glance, and some double-takes, to realize that a subversive crochet artist had been at work. Once you realized what was going on, you found other signs of her work around the town.

Here are some photos, taken early in the morning of 2 June, just after *stitchedupmama's* crochet took to the trees (and elsewhere):



a funky hat on a branch



a garland of flowers and leaves



some bunting decorating a tree



a picket fence warmer

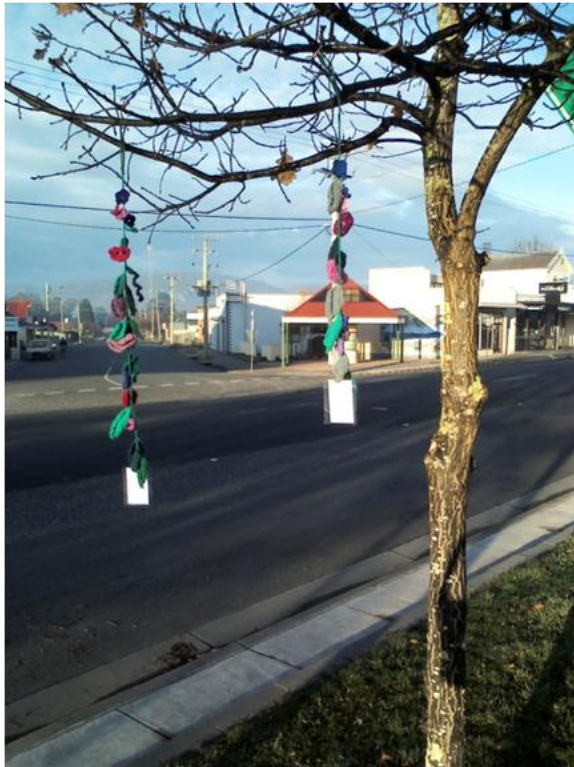


a scarf around a tree trunk

[continued]

Stitchedupmama goes to town (cont.)

Clockwise from right: 2 woodland jellyfish, 2 garlands, a hanging heart and a signpost warmer.



Submitted by Rita Summers

textile art on the power poles

What amazing talent we have in St. Marys and wider valleys area, as we saw in the recent **Wrapped in St Marys** weekend. [The following photographs were contributed by *Margit Salonen.*]

This wrap was made by the children, staff and parents from **St. Marys Child Care** -



The students in Ruth Miller's class at **St. Marys District Highschool** made not 1, but 2 entries -



Ree Smith of Upper Scamander used paint, stitch and collage, as well as text, to give a wonderful depth of meaning to her artwork -



This entry, made from donated clothing and a lot of sewing, was created by the **St. Marys School** As-





One entry from westwards along 'the valley' was by **Shelly Carin**, who is a resident of Fingal. She made this very vibrant and colourful creation-



Judy Duckett paid tribute to our local police; note the detailed quilting on the white background, and how



well the wrap ordi- nates with the sign -



Stitchedupmama, with her handspun and crocheted entry, certainly wasn't going to be left out -

was with 2 both hand-



Liz en-



Nor **Rice**, pole wraps, tirely stitched -

Rita Summers of St. Marys also had a go -



As did A Rustic Ragamuffin -



Funding for the event was obtained by *Greater Esk Tourism* from *Events Tasmania*, with public liability being provided by *Tasmanian Regional Arts* (street art) and the *Break O'Day Woodcraft Guild* (car show). The *Break O'Day Council* did all the printing (brochures and posters), and – very importantly – *Aurora* granted permission to use the power poles.

A major part of the funding, totalling \$1,500, was used for cash prizes for the textile art competition. Entries were invited in 4 categories: **Textile Art, Theme 'power play', Group, adult** and **Group, junior**.

The selection committee consisted of the following *Greater Esk Tourism* committee members:

- Peter Troode
- Mary Knowles
- Elaine Sullivan
- Keith Hefford
- Wendy Fowler

A very big thank you also to the *Valley Voice*, which provided free publicity leading up to the event, as well as the *Examiner* and the *East Coast News*.

Entries and winners were selected **anonymously**, i.e. the selection committee chose them without knowing who had made the submitted entries.

The awards were presented at 4 p.m. at *Gone Rustic Studio & Gallery* on 2 June 2012.

Congratulations to the winners! It was not easy to decide between them, as the standard of work was very impressive. The winners were **St. Marys Child Care, St. Marys School Association Op Shop, Shelley Carin** and **Rita Summers** (who donated her prize back for next year's event).

Greater Esk Tourism expresses **heartfelt thanks to everyone who made the event possible**, from the sponsors through the exhibitors and participating organisations to the 'street patrol' volunteers, who had to cope with cold and rain. It wouldn't have been possible without you!

Greater Esk Tourism (GET)





Eat Safe East Coast Announcement

From Mayor Sarah Schmerl of Break O'Day Council

On behalf of the Break O'Day Council it gives me much pleasure to present *Eat Safe East Coast* Certificates to businesses who have received three, four or five stars.

On the 1st July 2011 in the interests of food safety both the Break O'Day and Glamorgan Spring Bay Councils introduced this new food safety rating scheme called *Eat Safe East Coast*.

Break O'Day Council Environmental Health Officers have conducted regular food safety audits of food businesses for many years; however results of food safety audits have not been publicly available.

As part of *Eat Safe East Coast*, every registered food business in the Break O'Day Municipality will receive a food safety star rating, based on compliance with the *Food Act 2003* and the *Food Standards Code*.

Businesses that demonstrate high levels of food safety receive three or more stars and can choose to display their food safety star rating onsite.

***Eat Safe East Coast* benefits the community, food businesses and Council by:**

- Increasing food safety awareness in the community to assist consumers in making informed food and dining choices.
- Reducing the regulatory burden by rewarding businesses that demonstrate high levels of food safety and hygiene through reductions in annual council licensing fees.
- Businesses that show very good food safety practices may require fewer food safety audits by Councils Environmental Health Officer.
- Free marketing opportunities for businesses and gives the east coast retail food industry a competitive edge.



Mayor Sarah Schmerl, Kemul Wood, Supa IGA and Leigh Stevens, Manager Development Services.



Mayor Sarah Schmerl, Mr Kerry Bilston, BillieT St Helens and Des Jennings, General Manager.



Mayor Sarah Schmerl, Alana Hendley and Julie Gunton, St Marys Community Health Centre.



Mayor Sarah Schmerl, Alena Richardson & Bob Lehman, Banjos St Helens and Des Jennings, General Manager.



www.fingalvalleyhistory.com

Next Walk & Field Day

Is planned for Sunday June the 17th and will be a walk around the township of Falmouth.

Come along and learn the history of one of Tasmania's first coastal settlements and the part it played in the development of the East Coast and Fingal Valley

Meeting place will be the Falmouth Sports Centre at 10:30 am

Please bring a BYO lunch

For more details phone Barry on 63725752, or Jim 63722127.

OUT OF THE WOODWORK

SECRETARY, WENDY BRENNAN:
6372 2094

TRIBUTE TO THE OLD CRANKS & TINKERERS CAR SHOW

Well the lawns were damp but not the spirit of the Old Cranks and Tinkerers, nothing holds this lot down.

Neither the rain nor the prevailing winds could stop the pioneer spirit of this group...the show still goes on!

And appreciation is shown by the faithful crowd who attend regardless. Danny Rice stood deservedly proud next to his mean machine which was polished to perfection and many envious eyes gleaned the vehicles of yesteryear that have stood the test of time.

Many thanks to Jeff Faulkner who supplied the Guild with electricity to power our urn which kept the cold at bay for many. A deserving congratulations to the Old Cranks themselves namely, Grant Faulkner, Bill Targett, Ian Summers, Reon Johns and not to forget the late bloomers Andrew Atherton, Jeff Springer, Gehard Rist, Marty Hornibrook and Glen McDonald.

It is the hard work of this dedicated lot that has placed this show on the annual calendar as an "event not to be missed"

It was a good day and made better by the accompaniment of the beautiful artistic textile displays that adorned our trees and poles and gave colour to the greying skies.

Many thanks to Julie and Bruce Cornelius from the St Mary's Hotel who supplied the Guild with a fold up Gazebo that saved the Sizzler King from many a cold drop of rain and to the faithful volunteers Jim Watson, Danny Rice and the SES who help out every year. Finally, many thanks to the community of St Mary's who supported the Guild by purchasing one of our haute cuisine snags, all monies raised are put back into the club.

The Guild meets on the last Saturday of every month at 2pm in the old railway goods shed situated behind the Railway Station complex. New members are always welcome both men and women. We are open Monday, Wednesday and Friday. Other times by appointment. **Membership fees are now due and payable- \$20.00 full member \$10.00 social member**



Photos: Wendy Brennan.

St Marys School Association Op Shop Sock Art Competition Wrapped In St Marys 2012

The Op Shop Volunteers have been giving out socks (and sometimes gloves) with purchases.

Adults and children alike have been returning the ART socks to the Op Shop and they are currently on display. Entries are still being accepted into the competition.

There are great ideas in the book "Sock and Glove" by Miyako Kanamori, which is available through the library.

We have an EXTENDED DEADLINE DUE TO POPULARITY OF THE COMPETITION -

Please return your sock art by **Saturday June 17th.**

Sock Art will be displayed in the Op Shop until the 7th July and the winners will be announced at the Markets on the 7th July. Every customer will be asked to make ONE secret vote. The votes will be added up on the morning of July 7th!

First Prize: Voucher for spending in the Op Shop. \$20

Second Prize : Voucher for spending in the Op Shop. \$10

Third Prize : Voucher for spending in the Op Shop. \$5



Lions Club of St Marys Inc.

In the latter part of 2011, the Lions Club of St Marys Inc. were fortunate to have been given the contents of a home in the district to sell off, with the proceeds to be kept by our club.

Our appreciation must go to Elaine Vulich for thinking of us and recommending to the owners that our club would be the ideal recipient of this wonderful donation.

After a full day of removing and storing furniture etc., at St Marys, followed by a clean up of the residence (and a good rest after), we were finally in a position to hold an auction on Saturday 12th may 2012.

Through our President David young, auctioneer Craig Milner donated his professional services for the day and with much support from the general public a great auction was held.

The Fingal Progress Association ran a sausage sizzle on the day to help with their fund raising activities towards a new BBQ for Fingal, which was also most successful.

Our club used \$634 from the total proceeds of the day to purchase television sets for the new Palliative Care Ward at the St Marys Community Health Centre, with the balance deposited into our Activities Account for use in the future.

Once again, our thanks to all those who came along, bought a bargain and helped our club raise money, enabling us to assist those less fortunate than ourselves, in their time of need.

John McGiveron,
Secretary,
Lions Club of St Marys Inc.



Give a man a fish and he will eat for a day. Teach him how to fish, and he will sit in a boat and drink beer all day.

COMBINED PROBUS CLUB OF SCAMANDER INC.

On Monday May 7th club members visited Launceston. Whilst in Launceston they visited the Car and Motor Bike Museum. Lunch was at the Casino where I am informed some members had a win playing the pokies. After lunch the group visited Brickendon Farm. The group were very impressed with the garden especially the exotic trees in the Arboretum. Many thanks from the members to Richard Archer for the guided tour.

The Viet Nam travellers each gave a brief talk about their experiences and highlights in Viet Nam. The talk ranged from the food, geography and history of the country to the life style of the people. The group visited citadels, temples and pagodas. They travelled from Saigon in the south to Hanoi in the north. Comments were made on the variations of life style, food and history from South to North. For many of them the abundance of markets selling cheap clothes was overwhelming. Others had clothes specially made in Hoi An.

The weather was hot to very hot. On occasions they were sight seeing in muggy weather and the temperature up to 38deg. Bottles of water supplied by the travel agency were consumed in great quantities. For many of them the sheer numbers of motor bikes and the loads carried on them was astounding. Who would have thought you could ride a motor bike carrying 6 live wing-flapping geese. It is said in Saigon there are 9 million people and 7 million motor bikes. The guide asked **How many people can you get on a motorbike??** Believe it or not , **The answer is 9.**

Up coming events

20th Anniversary lunch on June 27th at Tidal Waters.

Xmas 'n' July, July 9th at Miena. [hope we see some snow]

If you would like to join our club please contact Valmai

Before you criticize someone, you should walk a mile in their shoes. That way, when you criticize them, you're a mile away and you have their shoes.

ST MARYS BAKERY

PH: 6372 2131

OPEN 7 DAYS A WEEK



FRESH BREAD, ROLLS & BUNS,
PIES, PASTIES, CAKES, HOT FOOD,
COFFEE,
COLD DRINKS,
ICE CREAM.

52 MAIN ST ST MARYS.

Do your bit for Tourism: Save a Mainlander

The Minister for Tourism, Scott Bacon, has urged Tasmanians to 'save a mainlander' as part of a two-month campaign to get locals to encourage interstate friends, colleagues and relatives to holiday in Tasmania.

Tourism Tasmania's new *Save a Mainlander* campaign is timed to coincide with the four episodes of the popular reality TV show *Masterchef* that were filmed in Tasmania, and are on air now.

"I want all Tasmanians to get behind the new campaign and go online to www.saveamainlander.com.au and do their bit to invite their mainland friends and relatives to holiday in the State", he said.

"Every mainland friend, colleague and relative they invite puts them into a competition to win daily prizes of experiences provided by local tourism operators.

"This is a tongue-in-cheek way of reminding people who live interstate just how amazing our island state is," he said.

"We hope this promotion will encourage our mainland friends and relatives to visit Tasmania for a holiday or break, but also inspire local Tasmanians to get out and about and find out for themselves why the State is regarded by many in the industry as a hot Australian destination."

Mr Bacon said it was important to use market research to find creative ways to promote Tasmania interstate, especially given the challenges facing the sector.

"Despite the need for all Government businesses to find savings, the State Government has worked closely with the Tourism Tasmania Board to quarantine tourism marketing in this year's budget," he said.

"We are continuing to invest in innovative new ways to market the state and support our important tourism sector in what is a very tough national business environment."

Mr Bacon said Tourism Tasmania is investing \$180, 000 in the Save a Mainlander campaign. An additional \$35,000 worth of tourism prizes for the promotion are also being provided by Virgin Airlines and around 60 tourism businesses throughout the state. Tasmania's media outlets are also providing additional bonus advertising worth over \$100, 000.

When you're next visiting
Evelyn's friendly
'Award Winning' service at
St Marys Bakery,
not only will Evelyn deliver fine
food with a smile and yarn,
it's also where you can now get
'Inside my Skin'

www.insidemyskin.com



**Ana's
Hairdressing Salon**

Main Street, St Marys

**Open every Tuesday & Wednesday
9am**

Bringing 22 years experience

For all your cuts, colours, perms, sets.

Phone: 0448 532 531

On Tuesday & Wednesdays, or just call in.

Or phone (H) 6372 5497 to pre-book.

Same prices, service & phone numbers

Providing a service to the community.

**BACK TO SCHOOL HAIR CUTS
AVAILABLE THURSDAY 14TH**

**NOW IN STOCK: SHAMPOO & CONDITIONER
BY WHITE ICE.**

**COME IN AND CHECK OUT THE
GIFT LINES AVAILABLE.
ALL PURCHASES WILL BE
GIFT WRAPPED IF REQUIRED.**

*Ana wishes to advise clients that she is still doing her **Mobile Hairdressing**. When she has no mobile clients some Thursdays, she will be available at the salon. Further to this the salon will be open for business each Market Saturday.*

BINGO
at the
Cornwall hall
every Monday at 7pm.
2 Jackpots \$100 & \$70.
All welcome.
Money raised going to
help with renovations to
the hall.

Valley and Coast Hobby Craft and Arts Guide.

Thanks to all those contributing to this guide for either groups or individuals.

Your permission to add content to these great activities in knowledge skills or information will hopefully aid others keen to try new things. We welcome more groups to add as time goes on so ring Rod McGiveron on 6372 2215 or email me at rodnevmcgiveron@bigpond.com any time to come on board. Thanks again.

CRANKS AND TINKERERS (St.Marys)... Anything mechanical /classic cars / modelling. You name it ...we do it. Contact Ian Summers on 6372 2724 or Grant Faulkner 6372 2335 (business hours)"Get your motor started".

SWANSEA MODEL YACHT CLUB (Swansea) Model yacht/ boat building and racing.

Contact Barry Lord (Commodore) on 6257 8200 or email halahcottage@bigpond.com or ring Secretary Cheryl Hodgetts 6257 8548. email: bill49@bigpond.net.au.

"Just like the real thing only smaller".

GONE RUSTIC (StMarys) Contemporary art and craft, quilting, card making and regular workshops. Contact Rita Summers at 6372 2724 or email: gonerustic@yahoo.com.au "come and say g'day".

LAUNCESTON MODEL AERO CLUB (LMAC) Headquarters at Symmons Plains. Everything radio control RC. aeroplanes, helicopters and gliders. Contact Kevin Hay (President) or Geoff Hays (Secretary) by typing in Launceston Model Aero Club in your browser and send us a message via the Contact Us links on our website and... "Come fly with us".

JOHN McCOLL (St Marys) Sculpting, sketching and art skills and contacts. Ring John on 6372 2413 for tips, advice, help or leave a message.

PETER TROODE (Aldlestone House B/B St. Marys) All things photography. Contact Peter for help, guidance or tips on 6372 2783 and he'll help if he can. Or leave a message.

ST MARYS FITNESS GROUP. All level fitness to music. Lots of fun on Monday and Thursday evenings. All welcome any age. Ring Fran on 6372 2614. Love to hear from you.

BREAK O'DAY WOODCRAFT GUILD (St Marys Railway Station) We provide a centralised meeting place for mature men and women to share skills, knowledge, access to services, building of friendships and projects and we welcome newcomers to our community. Open Mondays, Wednesdays Fridays and Saturdays. Contact Cr. Reon Johns on 0429 722 091 mobile or 6372 2094 home. "Come and join us sometime".

SUNCOAST SINGERS (St Helens) We sing, sing, sing. Get together at St Helens on Fridays from 10am-12.30 pm. For more info ring Maryanne Wadsworth on 6376 2969 or email her at mawadsworth@yahoo.com.au "If you can yawn you can sing".

RODNEY MC GIVERON / PAUL DAVERN American HO Model Rail. If interested in model rail contact Rod on 6372 2215 or email rodnevmcgiveron@bigpond.com or call Paul on 6372 5526 sometime. "See you down the line. woo.hoo".

*Experience is something
you don't get until just
after you need it.*



Carpet remnants galore.
From \$80.00 per room.

Vinyl 40 rolls in stock.
Priced from \$12.50m²

Huge Range of laminated
bamboo flooring.

Carpet:
Normally \$45m²
Now \$24.95m²

Huge new range of exciting rugs.
Over 100 to choose from.

Mats from \$1.00 each.

Many, many more specials to choose
from. Furniture, electrical, bedding,
manchester and computers.

Flooring, covering specials now on at Flooring Xtra at
Gazzman's, St Helens.

PH: 63762555

21 Quail street, St Helens.

BREAK O' DAY STITCHERS

Besides already working on the Raffle Quilt for our next Easter Exhibition we have completed a quilt to raffle and donate the proceeds to the Renal Unit at the Launceston General Hospital.

We made a start in selling the tickets at the 'Wrapped in St Mary's' event on Saturday 2nd June.

We were pleased at the support of the shoppers at the St Mary's market and the raffle will be drawn on 27th July 2012.

We have had another workshop – this time on Machine Quilting at St Helens and the next one will be on Sashiko Quilting in August – watch notice boards for further details.

We are always happy to welcome new members and meet each Friday from 10 a.m. to 3 p.m. in the Bungalow at StHelens Neighbourhood House – information can be gained from - Agnes Johnston – 6376 1498.



Community Dinner

HOLY TRINITY

ANGLICAN CHURCH HALL ST MARYS

Saturday 16th June 2012

Earlier time of 5.00 for 5.30

Soup and Sandwiches for the Soul



**Please bring either a plate of sandwiches
or a dessert to share**

Donation on the evening welcomed

RSVP Barbara on 6372 2428



SPLASH
ST MARYS

You swill it, we fill it!
You dump it, we pump it!

Water cartage
Septic pumping

Contact: Mick
0488 777713

EAST COAST NATUREWORLD



The perfect place to experience Tasmania's unique animals.

INVITES ST HELENS, ST MARYS, SCAMANDER &
SURROUNDING AREAS TO A

HALF PRICE ENTRY

WEEKEND ON THE 16TH & 17TH OF JUNE 2012

ALL YOU NEED IS PROOF OF ADDRESS

Eg: LICENCE

COME AND ENJOY

WILDSPOT CAFÉ – RECENTLY RENOVATED

PELICAN EXPRESS OPERATING

AT 11am & 2pm

ANIMAL FEEDING TIMES: 10am, 11.30am, 12.30pm, 3pm &
3.30pm

We look forward to seeing you!

Open 9am to 5pm

18356 Tasman Highway, Bicheno 7215 PH: 03 63751311

CLEAN CUT GARDENING & TREE CARE

ATTENTION!

Shack Owners

Are you sick of coming down the coast, only to spend all your quality time mowing and cleaning up the garden.

Call me! I can make sure that the garden is tidy and the lawns are mowed **BEFORE** you come down.

Then you can relax and enjoy your well deserved break!

Any size job, from small yard to large acreage!

GARDENING
LANDSCAPING

GET YOUR
GARDEN READY
FOR SPRING!

TREE LOPPING
& REMOVAL
INCLUDING
DANGEROUS &
CONFINED SPACE

OVER 15 YEARS
EXPERIENCE

* FULLY INSURED * FULLY LICENSED * FREE COMPETITIVE QUOTES *
* PROFESSIONAL * RELIABLE & FRIENDLY SERVICE *
* 10% DISCOUNT FOR SENIOR PENSIONERS *
* PRUNING & LOPPING COMPLY WITH AUSTRALIAN STANDARDS *

CALL ANDREW DAVENPORT

0419 11 38 36



Bow Wow Dog Training

Group Lessons

Sunday Mornings @ St Marys

Private Lessons – by arrangement

Enquiries / Bookings

call Michael PH: (03) 6372 2056

Would you like to own a well behaved dog?

Bow Wow Dog Training offers training and handling education to persons of any age and to dogs of any breed

Puppy Training –

from 8 weeks to 5 or 6mths

Basic Training – caters for dogs over 5mths. All training at this level is done on lead and covers

basic facets of general training

Intermediate & Advanced Training –

designed to further the standard of previously achieved training and

off lead work

Agility & Flyball work also available

Trainer has 30 years experience – previously from Victoria and believes that training should be fun for you and your dog. Advice available for



St Marys Soccer Club

“Play the World Game”

Thursdays – 3pm

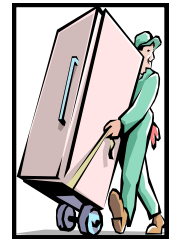
School Oval

All ages, boys & girls

Phone Tree: 6372 2309

Ransley's Appliance Service

P O Box 136
Scamander Tas 7215



- Washing machine NOISY?
- Refrigerator runs too LONG?
- Clothes dryer blows cold AIR?

Then you need the service
of our technicians.

HARRIS FUNERALS

Lindsay & Diane

(D. Bailey & son) A.F.D.A

Ph/Fax: 6376 1153 Mob: 0418 133 420

Office & Residence:

114 Cecilia St
St Helens

Chapel:

46 Tully Street
St Helens

We are here when you need us
to arrange Burial or Cremation.



Remedial Massage and Naturopathy
ring Sue Christiansen for an appointment.
0418 515 419

SHOP LOCALLY AND SAVE



OPTOMETRISTS VISITING ST HELENS

Optomeyes are your long term East Coast optometrists, offering friendly, professional eye care to the people of St Helens for more than 25 years.

Susan Sluce and Greg Dennis make regular 3-weekly visits to the **St Helens Medical Centre**, and will bring with them fashion frame selections for your convenience.



Susan Sluce



Greg Dennis

NEXT VISIT DATES:

*28th & 29th June
19th & 20th July*

To make an appointment to discuss all your vision needs, call Targett Pharmacy on

6376 1374



SEE LIFE DIFFERENTLY

WWW.OPTOMEYES.COM.AU



Computer Trouble?

- 15 years experience
- Home & business
- Hardware & software
- Websites & email
- Windows, Mac, Linux
- ADSL, WiFi, Satellite

Ray Walker

m **0401 497 199**

e **hello@raywalker.it**

Tim Morris MP

Tasmanian Greens Member for Lyons



‘You asked, we delivered’

‘The Common Sense Approach for Tasmania’.



New Address: Shop 9, Covehill Shopping Centre, Bridgewater 7030

Phone: (03) 6263 3801

E-mail: greens@parliament.tas.gov.au

www.tas.greens.org.au

Authorised by Tim Morris MP, Parliament House, Hobart 7000.

St Marys Police Phone Number **6372 1010**
 Non Urgent Number **131 444**
 Urgent and Life threatening **000**
 SES (Flood & storm only) **132 500**
 Fire **000**



St. Helens Electrical

ROD SHAW

LIC: C00489

Domestic, Commercial, Industrial:

*Wiring and Repairs, Rewires,
Underground.*

Home Heating:

*Advisory, Sales & Installation of heat
pumps and fixed heaters.*

Lighting Specialist :

*Interior and exterior, Advise,
Sales and Installation.*

Ph: 6372-5522 Mbl: 0407-615-072

2 Lagoon Esplanade, Scamander 7215



St. Marys Tigers Football Club Inc.

Casual Weekly Footy Tipping Competition

Think you know your footy? Then have a crack at our weekly footy tipping competition. Just pop into the Post Office and gab a tipping form. Make your picks and then lodge it at the Post Office with \$2.00 by 4.00pm each Friday.

Half of the weekly pool will go to the footy club and the other half will go to the weekly winner. As well as picking winners entrants will be required to nominate the winning margin of one selected game per week so we can (hopefully) ensure that there is only one winner per week.

Up for grabs – weekly bragging rights and a bit of pocket money, plus you are supporting your local footy club.

**Entry forms available at the
Post Office now.**



What does someone have to do to go for a walk around here?

In January 2013, Tasmanian Regional Arts sends all local branches a copy of TRA's Calendar of Events and Exhibitions.

Break O'Day Regional Arts "**your local branch**" is now raising funds to help pay for the events and exhibitions chosen from the **2013 Calendar of Events**.

Support **your local branch** by buying a raffle ticket. Money raised from raffles and stall holders fees goes towards Art, Theatre and Music for the Break O'Day area.

BREAK O'DAY REGIONAL ARTS RAFFLE

2011 WINTER DREAMING ART PRIZE WINNING PAINTING

"AT GARDINERS CREEK"

BY PAUL BYARD - VALUE \$500

DRAWN AT 11AM SATURDAY 22ND DECEMBER 2012

ST MARYS COMMUNITY HALL

ARTIST PAUL BYARD WILL DRAW THE WINNING ENTRY

TICKETS AVAILABLE AND VIEWING AT

e.ScApe Cafe ST MARYS

TICKETS \$5 EACH

FOR INFORMATION AND PURCHASING TICKETS

PHONE SUE 0363722512

OR ROD 0363722444



Next Tasmanian Regional Arts Exhibition "Extreme Environment"
Photographic Exhibition @ e.ScApe cafe 2nd to 29th June

St Marys Market, Community Hall, St Marys 2nd June

RAIN, HAIL or SHINE 9am start

Two local writers will be at the market signing their books for that special gift. Produce, large range of art and craft, Bill's Books raises money for the Fingal Community Library and has a large range of bargain books. Blueberry Cottage Marmalades, SanTTina jams and chutneys, plants, trash and treasure, home baked bread and more.

For more information or to book a stall phone Robina 63722022.
Community groups get free space for fund raising or information.

Valleys of Adventure

AVOCA • ROYAL GEORGE • ROSSARDEN • FINGAL • MANGANA • MATHINNA • UPPER ESK • CORNWALL • ST MARYS

GREATER ESK TOURISM

Photographic Competition 2012



You are invited to enter your photographs that showcase

The Seasons in the Valleys

Entries will be judged by Tasmania's award winning Master Photographer and Fellow of the Australian Institute of Professional Photography, Mr Owen Hughes.

\$250 in prize money will be awarded to the winner and the People's Choice Award will receive \$100.

For further information, please visit our website www.valleysofadventure.com.au and click on the 2012 Photo Competition link. You can then download a copy of the Entry Form and view the Terms and Conditions.

The Competition closes on **1st September 2012**. Twelve Finalists will be selected and notified by phone and/or email. The finalists will have their photos printed and displayed at the Purple Possum Wholefoods, Café and Gallery in St Marys. A cocktail function to recognise the winners and finalists will take place at the Purple Possum towards the end of October.

You may enter as many images as you wish. A \$5 entry fee for each digital image is required and they must be named to correspond with the title/s on the Entry Form. Then send your completed entry form, images on CD and total entry fee to:

Louisa Rhodes
GET Photo Competition
PO Box 43, Fingal TAS 7214

Note In Lieu of sending a CD, you can email your entries (correctly named to correspond with the entry form) to louisa.rhodes@ecpc.com.au

The Fingal and St Marys On-line Centres are happy to help you submit your photographs digitally.

ENTRY FORM

Name: _____

Address: _____

Phone: _____ Email: _____

| | |
|----------------|-------|
| Entry 1 Title: | _____ |
| Entry 2 Title: | _____ |
| Entry 3 Title: | _____ |
| Entry 4 Title: | _____ |
| Entry 5 Title: | _____ |
| Entry 6 Title: | _____ |

Dick Adams MP

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance
53B Main Road 58A High Street
PO Box 50 PO Box 271
Perth, Tas 7300 New Norfolk Tas 7140
Ph 6398 1115 Ph 6261 3366
Toll free 1300 132 689
Email D.Adams.MP@aph.gov.au



**WORKING WITH YOU FOR A
STRONG COMMUNITY**

Written and Authorised by Dick Adams, 53B Main Road Perth

Community Transport Drivers Needed!

**Do you enjoy working with people
and like to help your community?**

**We have a desperate need for more
drivers to assist our mostly elderly
clients access medical appointments
and to enjoy social outings.**

**We need your help to
make this happen!**

Training and support is provided.

**For more information contact
JAN SAUNDERS on 6372 2137**

WE NEED YOU!

**Community Transport Services Tasmania Inc
is funded by the
Home and Community Care Program.**

St Marys
PHARMACY

**Kodak quality
prints in seconds**

Pharmacist on duty 5 days a week

Main Street, St Marys Tas. 7215

Phone: 6372 2844 — Fax: 6372 2874



KODAK PRINTS
STARTING FROM

49¢ each

MENTION THIS AD AND RECEIVE
ONE FREE
ENLARGEMENT WITH YOUR PHOTOS.
(Limit 1 per customer)

*Our friendly, smiling staff are
always ready to help you with
your purchases.
Lots of gift lines in store.
Call in, and receive 15%
off all gifts.*

**EAST COAST PHONE
& COMMUNICATIONS**

PHONE & DATA CABLING
Mobile Phone Antennas
DIGITAL TV & FM Antennas
DVD-Set Top Box - Audio Installations
NEXT-G Wireless Internet Antennas

AUSTEL
LICENCE

CCTV - Cameras & Monitors

Phone & Intercom Systems

JOHN HERON

EAST COAST PHONE
& COMMUNICATIONS

Mob 0409 959121

A/H 63722402





JACK MICK MOWING
JACKSON SPILSBURY
& MICHAEL CAMPAIN
 St Marys
 63 722 220
 0438 637220




CALTEX ST MARYS
MECHANICAL REPAIRS & SERVICE
PH: 6372 2335
41 Main St. St Marys Tas 7215
Fax: 6372 2822 Mob: 0419 503 109

CLEAN CRACK LAUNDROMAT
 32 MAIN ST., ST MARYS
 (NEXT TO SECONDHAND ROSE)
 Coin operated washers & driers



OPEN FOR BUSINESS
Winter trading hours:
7am - 5.30pm (ish)
(Fri & Sun a little later)



PING'S PLACE
 C.B.D., ST MARYS

Dr Jun Li invites all to the
 Tried and Tested Benefits of
Traditional Chinese Medicine

After two university degrees in China and five year's practice in Britain, Jun continues her skills in this ancient health restorer to the benefit of St Marys and District.


Many have come from the coast and valley to benefit and some return regularly for on-going therapy. Jun is very approachable, as all who consult her have found.

Consultation is free. Call into the shop or phone her mobile: 0411 186 573.

Welcome to Ping's Place.
 PLAYING TABLE TENNIS EVERY DAY

EAST COAST SURVEYING
 Consulting surveyors and land planners.
 Brett Woolcott 6376 1972
 We can help you.

- Buying a property?
- Planning a development?
- Unsure of your property potential
- In dispute with an adjoining owner?



St Marys Op Shop
 Monday - Friday 11 - 4 Market Saturdays 10 - 1
 As volunteers are available.



Always looking for new volunteers to assist at the Op Shop, please contact Janet Drummond on 0404 562 320, or call in most Fridays, to speak with Janet. Come support your local school community and have fun volunteering at the St Marys Op Shop.

From left to right - Lorraine Gill, Wendy Fowler, Caroline Craghill, Jeanette Gilbert, Janet Drummond and Sonia Allison ...just missing Lillian McRostie, Kelly Farrell and Jan Madden from the team.

C & D EXCAVATIONS

FOR ALL YOUR EARTHMOVING REQUIREMENTS

Phone : 03 6372 2033

Mobile : 0439 722 032



LOCAL OWNER - OPERATOR

OVER 20 YEARS EXPERIENCE

Ph : Dana or Craig

6372 2033 /0439 722 032

Incorporating all your needs in:

DAMS, ROADING, FIREBREAKS, LAND CLEARING, HOUSE SITES, DRAINAGE, BRIDGE CONSTRUCTION.

- ◆ ROAD GRAVELS
- ◆ TOP SOIL
- ◆ SCREENED TOP SOIL
- ◆ SAND
- ◆ ROCKS
- ◆ ON SITE SCREENER 20mm to 75mm (TURN YOUR RUBBISH INTO TOP SOIL)
- ◆ 20 TONNE EXCAVATORS WITH TILT BUCKET & RIPPER, ROCK & LOG GRAB & QUICK HITCH
- ◆ D 65 KOMATSU DOZER, RIPPER & TILT BLADE
- ◆ 10 YARD TIPPER
- ◆ COMPACTION ROLLER
- ◆ WHEEL LOADER

AND MUCH MORE

STAR FM Program



| | Mon | Tu | Wed | Th | Fr | Sa | Su |
|----------------|---|--------------------------------------|---|--------------------------------------|---|------------------------------------|-----------------------------|
| Brekkie | Toast and Jam with Mary-Anne | Brekky with Mary Anne | “Wake up” with Bobster | Bob’s Breakie Show | Bobs – Friday Breakfast Show | Saturday Morning Show with “Corfe” | Chuckers Sunday |
| Morning | RFM On Star FM | Have a Hoot with SKOOT | Starry Starry Morning The Trace Element | The Morning Show with “Harpo” | Classic 60’s Music Mix | Jiving with JeannyMaree | |
| Arvo | In the mood with Laurelle | Jeany-Maree’s 2 for Tuesday | Your host with the “Most” Terry Post | Around the world with Tim | Friday round-up with RFM | Colin’s History and Mystery Music | In the Mix with The Element |
| Late afternoon | Shut up and Drive with the “Element” | After School with Neesha and Chloe | Drivin’ with Damo | In the back seat with Angela | Hot Hits with The Jackster | | Dave’s Blues Mix |
| Eve | Mellow Monday’s with Roger Dr Sax with Roger | Neville’s Country Corner and more | Mary Anne’s Thanks for the Memories | Thursday Night “LIVE” with “Chucker” | Marc’s Boiler Room Party With Jeanny Maree | Brians Party Mix – til late | |

Scamander Beach Surf Shop

6 Lagoon Esplanade
Scamander

Ph: 6372 5529

Scamandersurf.com

Bathers Wetsuits DVDs
Clothing Footwear
Bodyboards

Surfboards:

Milch McFavish
Surftech Bic G Boards

Bay Surf Shop

2 Pendrigh Place
St Helens

Ph: 6376 1755

FINGAL VALLEY NEIGHBOURHOOD HOUSE NOTICE

FREE LEGAL LITERACY ON TUESDAYS 11 TO 4-
OPEN TO EVERYONE IN THE VALLEY FOR FREE
LEGAL HELP - THOSE FORMS, CONTRACTS, IN-
FO ETC...

NEED HELP WITH READING , WRITING, OR
MATHS ? - HELP AVAILABLE IN THE VALLEY -
FREE LITERACY PROGRAM - PHONE - 6374
2344 TO ENQUIRE....

VOLUNTEERS NEEDED - HOW ABOUT DRIVING
FOR THE HOUSE ON A CASUAL BASIS? WORK IN
THE OP SHOP? DESIGN A PROGRAM? GREAT
TO SATISFY CENTRELINK REPORTING
REQUIREMENTS...

PLEASE PHONE OR POP IN AND SEE DEB...
6374 2344 OR 0488 562 538

Rae & Partners
Lawyers Barristers & Solicitors

Visiting :

St Marys Community Health Centre
Alternate Tuesdays: 9 am – 10 am

Ph: 6337 5555 For appointments.

The Valley & East Coast Voice Guidelines.

- Opinions in any letters published are not necessarily the views held by the editor and voluntary workers.
- Our pages will remain open to fair and honest criticism, so that on all questions, both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted. Stick to the issue rather than making personal attacks.
- Please do not attack the editor, the paper or the authors of previous letters.
- Letter writers will be given the chance to respond over a suitable period of time, but anonymous and/or nom-de-plume letters received as from 11-02-10 will not be published. Subjects may be closed at the editor's discretion.
- Please make sure of your facts. Do not write letters just to let off steam. Letters most commonly published are those that have bearing to current community issues.
- Keep letters short, simple and to the point. Letters are restricted to 300 words or less.
- The Editor reserves the right to edit your letter for grammar, spelling or reduction in size where necessary.
- All letters arriving by post must be signed, including a printed name and also contain your contact details, such as full name, address and phone number.
- All letters sent by email must contain your contact details, such as full name, address and phone number.
- All letters left at drop-off points must have a signature, plus a printed name and also contain your contact details, such as full name, address and phone number.
- Do not be discouraged if your letters don't get published. Whilst each submission is reviewed on its own merits, we generally receive more letters than we have space available.
- The Valley & East Coast Voice reserves the right at all times, without notice, to update, change or amend our guidelines. Whilst we value & welcome community letters, The Valley & East Coast Voice does not provide specific feedback regarding any decision made not to publish a submission.

EAST COAST GLASS

Falmouth Ph: 6372 5361

- ▶ Glass repairs
- ▶ Shower screens
- ▶ Wardrobe doors
- ▶ Double glazing
- ▶ Aluminium windows
- ▶ Security doors



Locally owned and servicing the East Coast.

Call David and Anne Cannon
for prompt and reliable service.

SUNDAY JOY

12.30pm

this is a
bring-and-share lunch
followed by a great time of
friendship and fellowship.

You are very welcome to join us and share
our **JOY!**

phone 0409 838 816.



ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

• **Dr Latt** 14/6/12— 3/7/12

• **Dr E. Reeckman**
27/6/12- 29/6/12
Women's Health Clinic

For appointments phone: 6372 2111

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts **can not be requested by patients over the phone** and are unable to be done over the weekends, ensure you have enough medications in advance. **PLEASE BE PATIENT** waiting periods can apply

St Marys Community Health Centre

GP Surgery Hours:

Monday—Friday

8:50am-10:00am

10:00am-10:30am— Reception Closed

10:30am- 12:30pm

12:30pm-1:30pm— Lunch Reception Closed

1:30pm-2:45pm

2:45pm-3:15pm— Reception Closed

3:15pm- 4:30pm

For appointments please ring Reception during opening times. Appointments will not be taken at other times.

PATHOLOGY SERVICE

No Pathology Service between
12:00-1:30pm or before 8:30am daily

If you require Pathology **before 8:30am** an **appointment must be made with the Nurses Station the day/night before** by phoning 6372 2111

INR TESTS

A doctor's appointment is required if you are having an INR test. **Please let reception staff know when making your appointment that you are having an INR test.** This requires a 5 minute doctor consult.

AFTER HOURS CONTACT NUMBERS

Please phone
GP ASSIST ON- 1300 780 011
AMBULANCE 1800 008 008 or
EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE
6372 2111

Please RING before presenting after hours



Bowel Cancer Awareness Week

A Bowel Cancer Australia initiative
3-9 June 2012

Red Apple Pins are available from the reception at the Health Centre for \$2.00 each.

The 'apple pin' symbolises our bowel cancer message. The outline of the apple logo appears as an abstract of a human colon.

The small hole in the apple is caused by a worm. If detected early and removed, the worm is unable to infect and kill the otherwise healthy apple.

It's the same with people - *if bowel cancer is detected early through screening* it can be removed and people can continue to enjoy a healthy life.

Apples are also a nutritious source of dietary fibre

Ask your GP or Pharmacist about the 'Bowel Scan Testing Kits'.

Awareness saves lives!

DIABETIC CLINIC

Regular consults are available at the St Marys Community Health Centre. If you require an appointment please see your GP for a referral and GP North will contact you with an appointment time.

Next session at St Marys is: Friday 15 June 2012

SMOKE FREE ZONE



As of 1st July 2012 the St Marys Community Health Centre will be a **SMOKE FREE ZONE.**

This applies to staff, patients and visitors to **the site and grounds.**

This is a requirements of all sites of the Department of Health & Human Services.

ST MARYS COMMUNITY HEALTH CENTRE

WHAT'S ON AT THE CENTRE

- 14 June **Relationships Australia**– Leanne McMurtie for appointments please phone 1300 364 277
Social Worker– Shan Williams. Please phone 6372 2111 for appointments
- 15 June **Dietician (GP North)** - Appointments available by referral from your GP
Diabetes Educator (GP North)- Appointments available by referral from your GP
Exercise Physiologist (GP North)- Appointments available by referral from your GP
Social Worker– Shan Williams appointments available by phoning 6372 2111
GP North Psychologist. For appointments please see your GP for a referral
- 18 June **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
TLC Meeting (Tasmanian Lymphoedema Centre) 10:00am in the Day Room
- 19 June **Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
Mental Health Clinician/ Case Manager– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
Counsellor– Ellen Naef. Please phone 0409 864 182 for appointments. Ellen is located downstairs at St Marys Health Centre in the Healthy House
- 20 June **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
Day Centre– For details on the group please contact Hayley Gilbert 6372 2111
- 21 June **GP Podiatrist**– Annabel. Please see your GP for a referral
Social Worker– Shan Williams. Please phone 6372 2111 for appointments.
- 22 June **GP North Psychologist.** For appointments please see your GP for a referral
Social Worker– Shan Williams. Please phone 6372 2111 for appointments
- 25 June **Audio Clinic**- For appointments please ring 6334 1466

WHAT'S ON AT THE CENTRE Continued...

- 25 June **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- 26 June **Tom Bain, Rae & Partners Lawyers.** At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
Counsellor– Ellen Naef. Please phone 0409 864 182 for appointments. Ellen is located downstairs at St Marys Health Centre in the Healthy House.
Mental Health Clinician/ Case Manager– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
Child Health Session with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- 27 June **Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111
Social Worker– Shan Williams appointments available by phoning 6372 2111
- 28 June **Relationships Australia**– Leanne McMurtie for appointments please phone 1300 364 277
Social Worker– Shan Williams appointments available by phoning 6372 2111
- 29 June **GP North Psychologist.** For appointments please see your GP for a referral
Social Worker– Shan Williams appointments available by phoning 6372 2111
- 2 July **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- 3 July **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
Child Health Session with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
Counsellor– Ellen Naef. Please phone 0409 864 182 for appointments. Ellen is located downstairs at St Marys Health Centre in the Healthy House.

PODIATRY NORTH

Community Podiatry Service– FREE
At the St Marys Community Health Centre

Please see your Health Professional for a referral or call Podiatry North for appointments direct on: 6331 5155

MEALS ON WHEELS ROSTER

| June | | St Marys | Fingal |
|--------------------|------|--------------------|---------------------|
| Monday | 18th | Pam Lynch | Neighbourhood House |
| Tuesday | 19th | Val Spencer | |
| Wednesday | 20th | Liz Rice | |
| Thursday | 21st | Ruth Aulich | |
| Friday | 22nd | Drew Adam | |
| MOW Contact | | Phone: | 0488 384 344 |
| Monday | 25th | Lorraine Gill | Neighbourhood House |
| Tuesday | 26th | Trish Pike | |
| Wednesday | 27th | Barbara McAllister | |
| Thursday | 28th | Yvonne Salter | |
| Friday | 29th | Val Spencer | Neighbourhood House |

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves
Parish House. Ph: 6372 2252
Mob: 0409 172 741

1st Sunday: MASS

St Helens Vigil L/W 6.00pm
Bicheno L/W 9.00am
Fingal 11.30am

2nd Sunday: LITURGY

St Helens Vigil LWC 6.00pm
St Marys LWC 9.00am
Bicheno LWC 9.00am
Fingal LWC 9.30am

3rd Sunday: MASS

St Helens Vigil 6.00pm
St Marys 9.00am
Fingal 9.30am
Bicheno 9.00am

4th Sunday LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

5th Sunday LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

Enq: Baptisms & Weddings
Ph: 63 31 4377
Church of Apostles
Presbytery
Officer Hours: 10.00am - 3pm.
Sr Marjorie Ph: 6381 1122.

Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/ 4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday –Family Service)

Anglican Parish of Break O'Day

Ph: 6376 1144

8am St Helens
10am St Marys
10.30am St Helens
4th Sunday Kids Church
Pyengana, 2pm
3rd Saturday of each month –
Community Dinner @ St Marys

Salvation Army TUESDAY JAM

3-5pm every Tuesday.
excepting school holidays.

Envoy Melanie Norton Ph: 63722099

SUNDAY JOY 12.30pm

this is a bring-and-share lunch followed
by a great time of friendship
and fellowship. You are very welcome
to join us and share our JOY!
Ph:0409 838 816.

Break O'Day Uniting Church

The Manse St Helens
Ph: 6376 2405

St Helens 9.00 am
Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School 10 am
Divine Service 11 am

Contacts for Valley Voice

PH: Judy: 6372 2155

email: judith.spilsbury@telair.com.au

Accounts: Mary: 6372 2328

Please leave written material at the
St Marys Pharmacy,
Main St, St Marys,
or post: C/- Post Office, St Marys Tas 7215

Advertising: 2012

Classifieds: 25 words or less: free

Community notices : free.

Small boxed ads. Garage sales. Greetings.

Thanks etc. \$12.

¼ page \$20. ½ page \$30.

Full page \$50.

1 year posted subscription \$40.

Copy of guidelines available on request.

On Air Now!

Vision FM 88.0 at

St. Marys, St Helens and Fingal.

The Breakfast program is now hosted by
Matt and Karen on weekdays.

There are now over 500 stations
Australia wide.

100% positive music & talk all day long;
connecting faith to life.

National Vision Radio Network.

Phone 1800 007 770.

St Marys Online Access Centre Opening Hours:

Monday 10am -3pm

Tuesday 10 am-4pm

Wednesday 10am-4 pm

Thursday 10 am – 3 pm

Friday 10 am – 3 pm

Saturday 11 am – 2 pm

Ph: 6372 2005

ST MARYS OP-SHOP

SUPPORTING YOUR LOCAL SCHOOL

WINTER OPENING HOURS:

**MON TO FRI. 11AM — 4PM
(WHERE VOLUNTEERS ARE AVAILABLE)**

**ST MARYS MARKET SATURDAY
10AM—1PM**

PH: Janet Drummond: 6372 2851.

**Shop will only be open as volunteers are
available. So sometimes the shop might
have to open late or close early.**

If you're interested in assisting the school
and volunteering at the Op Shop, please
contact Janet Drummond 6372 2851.

St Marys Sports Centre Inc. news Kackhander

Thanks to everyone involved in the recent Boags Day last Sunday. Special thanks to the Boags Company of course, in difficult times when sponsorships are stretched to the limit and also to Macca, Trev, Roger and the crew for the course and admin on the day and not forgetting our incredible caterers of the beaut tucker which is legendary.

There's plenty about to happen on the golf front too and Perpetual trophies, Championships and other golf days will be revealed as dates are locked in.

We have the AGM on the horizon soon too and with a bit of luck plenty will attend to contribute to a pretty successful year. There's still lots to look forward to with a cold winter upon us.

Until next time, good hitting and rolling.



Helen Harrison, Secretary/Treasurer Suncoast singers, Mary-anne Wadsworth, Jean Legge - President, Tasmania Lymphoedema Clinic, St Marys and Kate Williams, therapist, photographed on Tuesday being presented with a cheque for \$1200, being proceeds from the Suncoast Singers concert held on 3rd June.

Christmas in July Pencil this one in your diary.

For July 21st 5.30pm
Entree, Main and desserts
\$30 adults & \$15 for U/12s
Plus many great games & prizes.
Bookings at the
St Marys Supermarket 6372 2240
or at the Club 6372 2177.



38 Main Street St Marys
Phone/Fax 6372 2240 - Butcher Ph: 6372 2274
Mon – Fri 8am – 6pm
Sat 8am - 12 noon Sun - closed

This week's specials.

(available from Thurs 14th June-Wed 20th June)

from the butchery

| | |
|-------------------------------|-----------|
| Blade roasts | \$ 6.99kg |
| Lamb shanks | \$ 9.99kg |
| Lamb loin chops | \$14.99kg |
| Nichols chicken kiev | \$ 6.99kg |
| Ingham chicken breast fillets | \$12.99kg |

from the shelves

| | |
|--------------------------------------|--------|
| Bushells teacup teabags 100s | \$2.99 |
| Sanitarium Weetbix 1kg | \$3.99 |
| Arnotts shapes 160/190g | \$1.59 |
| Kleenex cottonelle toilet tissue 8pk | \$4.79 |

all only \$1.99

| |
|--------------------------------------|
| CSR sugar white/raw 1kg |
| Arnotts Sao original 250g |
| Pascal bagged confectionery 140/400g |
| Samboy/Thins/French fries 175g |
| Doritos corn chips 175g |
| Thick & Thirsty paper towel 2pk |
| McKenzies home style soup mix 210g |

next week's specials

(available from Thurs 21st June- Wed 27th June)

from the butchery

| | |
|---------------------|-----------|
| Rump steak | \$10.99kg |
| Beef mince | \$ 9.99kg |
| Corned silverside | \$ 6.99kg |
| Beef stirfry strips | \$12.99kg |
| Lamb BBQ chops | \$ 9.99kg |

from the shelves

| | |
|--|--------|
| Uncle Tobys oats 1kg | \$4.99 |
| Sanitarium Up & Go breakfast drink 3pk | \$2.99 |
| Fab Ultra laundry powder 1kg | \$3.89 |
| Golburn Valley peaches twin 1kg | \$6.99 |
| IXL conserve Jam/Marmalade 600g | \$2.99 |

from the cool room/freezer

| | |
|---------------------------------------|--------|
| Duck River butter soft 500g | \$3.99 |
| Flora Margarine spread 500g | \$2.59 |
| Kraft cheese singles 250g | \$2.49 |
| Peters light & creamy ice cream 1.8lt | \$5.75 |
| Scotts meat pies 6pk | \$4.99 |



**ST MARYS SPORTS
CENTRE INC.**
Every Friday – 6.30 - 7.30pm
drinks at discounted prices
Ph: 6372 2177



PRINTED AND PUBLISHED BY
VALLEY VOICE PUBLICATIONS
ST MARYS TASMANIA 7215.