



The Valley & East Coast Voice Est. 1968

Volume 45 No. 22 Thursday April 11th 2013 \$1

The Say,
by Cagerattler

Out on Gray Road, pretty much opposite the District School is a facility that has been in existence for several decades. This facility has provided a wonderful outlet for golf and lawn bowls, community fundraising, employment, training and all manner of other opportunities. I refer of course to the St Marys Sports Centre.

This club has been intertwined with most of us for a huge part of our lives and many of us have friends here and much further apart because of this wonderful club.

Why I make this my first topic in this issue is that this fantastic facility is gradually losing members. Not only just financial members but more importantly those who contribute in a major way to the club's running and wellbeing. Yet another of our very hardest workers and biggest contributors very recently is finding it difficult to continue, for differing reasons I believe. He is in need of a spell and hopes to take a well deserved step back for a while. Another senior member will be doing the same I believe.

I joined this club as a 15 year old when it was essentially two clubs using one building. The St Marys Golf Club and Bowls Club with two sub-committees and a fifteen-person main committee. On Annual General Meeting nights in cold frosty June, we'd have the clubhouse packed out and usually a vote was required to elect

office bearers. On working bee days, the biggest issue was whether there was enough tucker to accommodate the volunteers. Golf and Bowls pennant team selection resulted more often than not in players having to stand down to give everyone a game and on every golf trip away when the club won one of its 25 East Coast div 3 Pennants and three NTGA flags, every player had a caddie and more often than not at least 15-20 supporters went along for the weekend.

On Friday nights and this is a lot more recent our club was the 'watering hole' for many locals, a place to enjoy a beer, a joke and a bit of fun for an hour or two. It's sad to say that through a series of occurrences, misunderstandings and possibly even egos and inappropriate behaviour by one or two individuals this is not always the case nowadays but...it can and must be again very soon. IF we can't begin to turn things around in the next few weeks and months with attitude, support and wellbeing ...THERE WILL BE NO CLUB...but it's still in our own hands. It can and should begin next Tuesday 16th April at a meeting to be held at the Centre at 7pm. An invitation is extended to members wishing to attend this meeting.

We already have lost a century-old football club and other sporting bodies as they used to be and as the last remaining week in-week out sports club in a town of about 800 people the ramifications would be nothing short of tragic. If ever the phrase "The Club is bigger than the individual" was true it

applies here for sure. As the incumbent custodians of this amazing club we must support her as she deserves; if this means we need to sort out a few lingering issues that hold us back then let's do it soon before it's all too late, and pay respect to all those who helped build this proud club from the ground up all those years ago and before we hear any grave turning going on out the road. Maybe the next club functions will need to include Humble Pie on the menu, so some of us, me included, can find a way to resolve the frustrations and difficulties the club faces. It's not too late. Let's not still be talking about this in a few months' time. Congratulations to the club winning the bowls Div 1 grand final last week too. Despite some of the problems involving bowls formatting etc., it was great to acknowledge that several non-playing members travelled to the game in the spirit of team support. All contributed to the win I'd suggest and good luck against Brighton Bowls Club in the regional finals.

This upcoming weekend is the Woodcraft Guild Fair held at the Railway Station Complex and going by what the crew have said, it should again be a bumper affair with so much to see and do. I'd encourage all locals to go along and spend a great day and check out what a great thing they provide.

What do you think?
(Column by Rod McGiveron)

The next Valley Voice is due out on 25th April 2013 and the deadline is 5pm Tuesday 23th April 2013

vvoicerevisited@gmail.com

6372 2442 / 0403 430 452

Wendy Dawson, 12 Groom St, St Marys Tas 7215

Community News

St Marys Hospital Auxiliary meet on the first Monday of every month at 2pm in the St Marys Community Health Centre.

The **Break O'Day Woodcraft Guild Inc** meet on the last Thursday of the month at 11a.m. in the Goods Shed behind the St Marys Railway Station.

The **Tasmanian Lymphoedema Centre Inc** hold their meetings on the 3rd Monday of the month, 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies Midweek Tennis

9.30am each Wednesday. New players of any standard and beginners welcome. Child minding included – a lovely safe place to bring toddlers while you play.
Ring Karon 6372 2382 or Dana 6372 2033

Suncoast Singers meet every Friday, 10am in the Catholic Hall Cecilia Street, St Helens. New singers always welcome... if you can yawn - you can sing. Mary-Anne Wadsworth. 6376 2969.

St Helens Alcoholics Anonymous (AA) meet on Wednesday 8pm weekly at St Paul's Anglican Church Hall, St Helens. Murdoch 6376 3335

The **Scamander and Beaumaris Community Development Association** meet at 7pm in the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

St Patricks Head & Esk Valley Historical Society Inc meet every second month on the third Wednesday at 3pm at various venues throughout the valley.
Barry 6372 5752 (aulich@bigpond.com)
Jim 6372 2127 (jimhaas@bigpond.com)
www.fingalvalleyhistory.com

The **Falmouth Community Centre** contact for booking club facilities is Rachel Woods on 03 6372 5118.

The **Break O'Day Stitchers** meet each Friday in the Bungalow at Neighbourhood House in St Helens from 10 – 3. Participants are welcome to stay for as long or short a time as they choose and the choice of projects to work on is also optional - either bring your own or join in and assist on a group project.

BINGO at the Cornwall Hall every Monday at 7pm, 2 jackpots each week. All welcome. Money raised goes to help with Hall renovations.

The **Chocolate Shop Singers** meet at the Mt Elephant Fudge shop St Marys every Thursday at 5pm. Everyone welcome.

St Marys Alcoholics Anonymous (AA) meet every Friday 8pm at Holy Trinity. Mick & Shirl 6372 2909



WHERE: Fingal Valley Neighbourhood House
TIME: 7PM All WELCOME.

Guest speaker - Monday, 6 May (please note date change) **Sue Atkinson** (museum consultant) will give a presentation about the proposed Tasmanian **Migrant Museum** which will showcase the stories of migrants who have made an impact on our state's development.

Scamander Garden Club meet at Scamander Sports Complex 1.30pm on the third Monday of each month. Enjoy sharing garden activities. Val 6372 2762

Stallholders Market Inc is a non profit organization which hold markets every Saturday from 8am in St Helens at the Library car park. There are a variety of stalls and the fees charged to stall holders are donated to various charities. Cheryl 6372 2194 (please leave a message)

The **Cornwall Community Development Group** hold their general meetings on the first Tuesday of the month at 7pm. All interested persons are welcome.

Break O'Day Regional Arts General meetings are held on the first Tuesday of March, June, September and December at 4pm at Mt Elephant Fudge Shop. All welcome. Michelle 6372 2056

ST MARYS / FALMOUTH PLAYGROUP

MONDAYS 10:30 – 12:30
at the Falmouth Community Centre



Does your child/children enjoy

- Painting and Arts & Crafts Activities
- Riding Bikes
- Playground Play
- Exciting Activities & Celebrations
- Interacting with Others

If so, then join us at Play Group for only a small charge of \$3 per family in a relaxed and friendly atmosphere (for children & mums & dads). Contact Tash Speers 0419 591 905 or Amy Faulkner 0417 152 337

St Helens Al-Anon Family Group (Al Anon) help families and friends of alcoholics recover from the effects of living with the problem drinking of someone close.
Sunday 2pm weekly
St Paul's Anglican Church Hall St Helens
Anne or John 6376 4270 or Rose 6376 3335

For Sale

Steelcraft baby car capsule \$120 ono. Zuzu 3 wheel baby pram \$50 ono. Bicheno. 0408 078 640

Ducks, cheap. '86 Holden Astra, still in use. Many good parts, mags & new tyres, clutch. Nissan Pulsar parts. Both hatches with interchangeable parts. 0499 608 770

7 large Peking ducks \$20 each or \$100 the lot. Dash mat 60 series Landcruiser \$20. 60 series Landcruiser front twin seat sheepskin seat cover cream colour \$50. 6372 2357

Primus fridge 31 litre, freezer 24 litre. Built-in AC/DC power supply, 2 yr warranty Australia-wide, perfect condition. \$830 ono 6372 5445 / 0458 019 640

Combination wardrobe & dressing table. \$30. 6372 2440

Firewood 1 ton delivered \$80. 0498 971 956

3 Bar stools, \$50. 0457 157 780

Gas tank for car \$100. DVD's Nugget, Norbit, Casanova, Last Samurai, Battlefield Earth and 300. \$50 the lot. 51cm TV \$20. 6372 2584

The Voice strongly encourages local/regional contributions from the public. Stories, current events, historical information, lifestyle pieces, anecdotes, articles and written or visual art with a community-based theme are welcome, especially with relevant pictures included. Regular columns can be made available for talented and dedicated contributors. Contact the editor if you have any questions or would like more information about guidelines. We aim to reflect and represent all those who make up the community of the Valley and East Coast.

St Marys Online Access Centre
6372 2005

Monday, Thursday & Friday 10-3
Tuesday, Wednesday 10-4
Saturday 11-2

Wanted

Wanted to buy, working second hand landline phone. 6384 2139

Wanted to buy jewellery - bling, costume etc. 0438 873 789

HOUSE CLEANING Experienced, honest and reliable lady with references. \$16 p/h. 6372 2584

Employment wanted: gardening and odd jobs. \$20 p/h 6372 2584

FREE firewood, you cut the tree down and cart away. Must be competent and insured. 6372 2584

Gardening, odd jobs. Family man, \$10 p/h 6372 2584

St Marys Op Shop

Opening hours

Monday – Friday 11- 4

-Market Saturdays 10-12.30

We are looking for new volunteers . Call Janet Drummond on 0404 562 320

The Op Shop workers at the Fingal Valley Neighbourhood House are happy to receive your preloved clothing and goods. We are open Monday to Friday 9 am to 3 pm. Donations can be collected on Mondays or items can be dropped off at the Centre. Come along, check it out and pick up a bargain. Deb Speers, Fingal Valley Neighbourhood House

To the people who thought it their right to steal the honour box, money and sheep manure from Beaumaris on Friday night, I hope it brings you lots of luck (all bad).

There is good money to be made from selling sheep manure. Do it the honest way, get off your backsides, do a day's work - you might be surprised at how good it feels.

If people in their mid 70's can do it, maybe you can.

Return the honesty box!

R. AULICH
SECRETARY
ST HELENS GUN CLUB

Classifieds in the Valley Voice are free of charge

If your articles are not sold after the first entry we will repeat the ad in the next issue. Please let us know if items are sold. If there is a mistake, it will be corrected in the following issue.

BASKET MAKING FROM GARDEN FOLIAGE

Break O'Day Regional Arts
will be holding a 2 day workshop on
Saturday 13th April and Saturday 20th April
making baskets out of garden foliage and prunings.
Helen Napier will be our tutor for this course.
Phone Robina on 6372 2022 for information.

BREAK O'DAY REGIONAL ARTS IN 2013

A range of art & craft workshops will be offered.
This will include "Gather" an exhibition of baskets made by
Tasmanian artists commencing in May 2013 at
Gone Rustic Studio, Sketching for Beginners and
Advanced students, Signwriting, Felting, and Photography.

Our next workshop after basket making will be
Sketching for Beginners, starting 6th June
with Ian Summers.

Call Robina on 6372 2022 or
email: bodregionalarts@gmail.com



News from The **Suncoast Gallery** in St Helens, behind Wombat Burrows:

Artist of the month is **Sue Briginshaw** pictured with her arts and crafts. Sue's favorite is the linen shawl or wall-hanging visible in the left corner.

Currently Sue works mainly in watercolours, silk painting and porcelain.

She was the first curator of the St. Helens Historical Museum and was responsible for the old photographic works around the town noting our heritage.

Suzanne studied Fine Arts at the Tasmanian School of Art, under Dorethy Stoner, Jack Carrington-Smith, Viv Webb, and Harry Buckie. Further studies were undertaken under Jenny Boam and Paul Baum.

Illustration was studied at East Sydney Technical College, Post Graduate in Ceramics at The Tasmanian school of Art.

As a textiles designer Sue developed an abiding delight in Eastern Art, and as a cartoonist at Artransa Park Studios in Sydney, was fascinated by animation.

Sue received a Journeyman Scholarship to the College of Advanced Education in Tasmania and studied Education, majoring in Materials, Design and Technology as well as Visual Arts.

Sue has taught both Technology and Art in High Schools across Tasmania, as well as Adult Education.

Past exhibitions have been held at Bicheno; Skeleton Bay Studio; Richmond; by invitation-The Tasmanian Art Awards Eskleigh, Perth; The Max Fry, Launceston; Reflections, St. Helens and Currumbin Arts Festival Queensland.

Sue revels in the challenge of working with Pastels and Mixed Media and we invite you to come and look at a lovely display of present works in The Suncoast Gallery. Be AMAZED!

Written by Peggy Bogar

St Marys
Child Care Centre
New enrolments welcome
(with limited spaces for under 2's)
open 8.00am - 5.00pm Monday - Friday

'NEW' Join us from 28th March
for
Building Block's
free 'Play and Learn' sessions
Thursday Mornings
its open to all families




For more information
contact the Centre
6372 2187
email stmarys@ncn.org.au
(Gardiners Creek Road)

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JACKSON SPILSBURY
& MICHAEL CAMPAIN
St Marys
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0438 637220



THANKYOU!!

St Helens Community Market would like to thank all stallholders and the community for making our Easter Market such a success. The atmosphere was fun, busy and full of smiles. We are open every Saturday from 8am -12 midday (yes, even through the winter months) and always make new stallholders very welcome, so at only \$5.00 a table why not give it a go! Contact Sue on [0419 529 719](tel:0419529719) or Cheryl on 6372 2194.

Thanks again to the community, without your support the Market would not exist, and be able to raise funds to help meet local needs. Applications for funding will be open from July 1st. for all community groups. For more information email susieg14@bigpond.com.

EAST COAST SURVEYING

Consulting surveyors and land planners.

Brett Woolcott 6376 1972

We can help you.

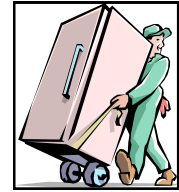
- Buying a property?
- Planning a development?
- Unsure of your property potential
- In dispute with an adjoining owner?



Ransley's Appliance Service

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- Washing machine NOISY?**
- Refrigerator runs too LONG?**
- Clothes dryer blows cold AIR?**



then you need the service of our technicians.

Scamander: 6372 5307
Mobile: 0428 761 811



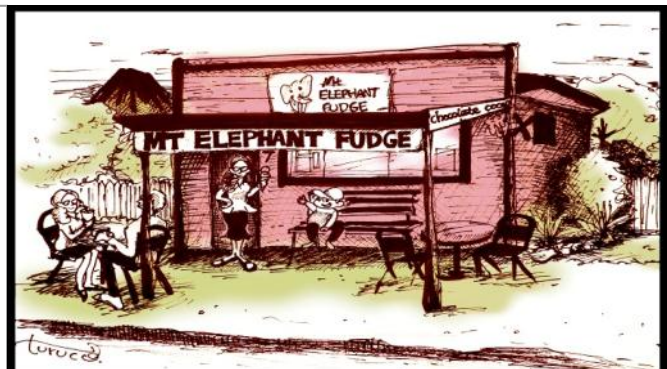
Bow on the top of her head means that Ann Mitchell is "out to get herself a man."

CAR BOOT SALE

Expressions of Interest are sought from anyone wishing to have a car boot space at our

WOODCRAFT GUILD OPEN DAY
13TH APRIL OLD RAILWAY GOODS SHED ST MARYS

Car Boot \$5.00, Ute Or Flat Top
\$10.00
Call Wendy or Reon on
63722094



MT ELEPHANT FUDGE

Wednesday - Sunday 10am to 5pm
Ph: 6372 2787

is **CLOSING**

Sun April 21st - 5pm
(Re-opening August)

Time to visit my children
& grand-daughter!! YAY!!

Thank you SO MUCH
for your valued custom throughout the year!!

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*Donna of St Helens Flowers takes all the
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*Arrangements, Bouquets, Gift
Baskets, Wedding Flowers,
Floral Tributes*

*Member of the Petals network—we can
now send or receive flowers worldwide!*

*Fantastic Fresh Flowers delivered to your
door or statewide*

Ph Donna—6376 1211

Fun Range of Helium Balloons!

Dick Adams MP

Federal Member for Lyons

Please contact one of my offices if I
can be of any assistance.

53B Main Rd Perth 7300 (POB 50) 6398 1115

58A High St New Norfolk 7140 (POB 271)
6261 3366



Toll free 1300 132 689
D.Adams.MP@aph.gov.au

**WORKING WITH YOU FOR A
STRONG COMMUNITY**

Written and Authorized by Dick Adams, 53B Main Road Perth



Rates Instalment Reminder

Council would like to remind ratepayers that
the 4th instalment of the rates for 2012/2013 is
due on **Friday 3 May 2013**.

Payment is requested on or before this date to
avoid interest and/or penalties.

Any ratepayers, who are having difficulty
making payment, should contact Council's
Rates Department on 63 767 922 to discuss
payment options.

Des Jennings
General Manager

**You'll save much more
than money when you
buy your basic
essentials in bulk!**



At Purple Possum we've noticed a trend where folks
are buying in bulk – like so many people did in the old
days. And when you think about it, it makes very good
sense to stock up on basic essentials such as flours,
sugar, rice, bread mix, muesli, honey, oils and vinegar,
buying say 10 to 25 kg bags or large containers at a
time.

You save time – you don't run out of things and it's far
more convenient. You save trips to the shop. You save
money on petrol. And when you buy in bulk, we can
give you a discount as there's less work and packaging
at our end. So think big and think bulk. Talk to Elaine
about it next time you're in!

Purple Possum

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Valleys of Adventure

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GREATER ESK TOURISM



Congratulations to the WINNERS

Coal Shovelling Singles-Mal Woods,34.97sec winning \$2,000 and Russell Lane second in 35.82sec. Coal shovelling Doubles - Mal Woods (Tas) + Russell Lane (Qld) in 19.00sec Roof Bolting -Viv Ward (Tas) and Rob Coker (Tas), winning for the 6th time!!! First prize this year was \$3,000

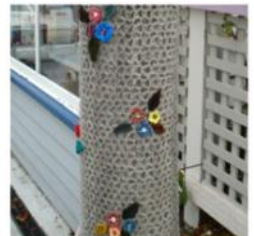
Dale Beams won the wood-chopping title and local Steve Rigby the shearing crown, shearing 12 sheep in 15 min.

Fingal 50 Northern Vets Cycling Fingal to Mathinna and return, exciting finish won by Leigh Kerrison from Paul Morgan and Dale Hainsworth.

Photos by Peter Troode



Malcolm Woods



WRAPPED IN ST MARYS

1 & 2 JUNE 2013

THEME "Connected"

Think outside the square, use your imagination, have a go!!!

DEADLINE FOR ENTRIES

4 pm 17 May 2013, entry forms available online valleysofadventure.com.au

WRAP a power pole categories:

- textile art (\$300 + certificate)*
- theme - 'connected' (\$200 + certificate)*
- group (\$200 + certificate)*
- junior (\$150 + certificate)*
- people's choice (\$150 + certificate)*

An initiative of Greater Esk Tourism (GET) and Break O'Day Council



Photographic Competition 2012

THEME

"Touring through the Valleys"

Dates and details out soon, start taking pics now

The Break O'Day Stitchers held a very successful Quilt & Embroidery Exhibition over the Easter weekend with the beautifully crafted items admired by many locals and visitors.

The Bernina sewing machine donated by Sewknit of Launceston as first prize for the autumn challenge was won by Sandra van Brugh.



A pair of king size quilts with four matching pillows as first prize in the raffle was won by Stacie Tetlow of Scamander.

Second prize of a scissors set donated by Annie's Cottage Crafts was won by Greg Colwell of St Helens.

Proceeds from the raffle will be donated to the Royal Flying Doctors Service, Community Car and the Lymphoedema Centre.



We will recommence our Friday sessions at Neighbourhood House Bungalow on 12th April 2013, and all are welcome.

St Marys Painter

Painting & Decorating

at realistic prices
(Special pensioner's rates)



No job too large or too small



Bernard Harris
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Every Friday – 6.30 - 7.30pm
drinks at discounted prices
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9am Tuesday, Wednesday and Thursday
Open market Saturdays

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(AH) 6372 5497 for appointments
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Open 'til late

Friday by appointment

Small gifts also available

Facial and body waxing, eyebrow/lash Tinting
now available

New detangle brush for knotty hair now
available

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**Kodak quality
prints in seconds**

Pharmacist on duty 5 days a week

Ear Piercing \$27

*Includes piercing, earrings &
solution to take home.*

With qualified staff Bec, Sally and Cassie



St Marys Markets

1st Saturday of the Month

(Except July & August)

At the St Marys Community Hall

**Grab a Snag or Hamburger &
Bag a Bargain!**

Ship Ahoy Café

Coffee, Tea, Cakes, Muffins & Light lunches

Stalls featuring:

- Organic Skin Care
- Fresh Veggies and Condiments
- Fresh Bread, Veggies and Pot Plants
- Images of the Valley by **George Keri**
- Great range of Tools and Bric a Brac

See you there!



**Turn your trash
into cash
for only \$15 per stall**

For bookings ring

Robina Balzer on

6372 2022.



OUT OF THE WOODWORK

SECRETARY WENDY BRENNAN 637 22094

www.breakodaywoodcraftguild.weebly.com

Well, the tents have been ordered, the musos are practicing, the shed has had a spring clean and all we need is for "Eudora" to keep the rain to herself so the show can proceed. Members would like to extend a warm welcome to our new member Leo and hope that our association with the Guild brings contentment, new knowledge and new friendships. The Guild's raffle will be drawn on our Open Day this Saturday and tickets are still available.

We all hope we will see you at our annual fair. There will be an eclectic mix of tables as well as our Reptile Rescue exhibition. Just look out for our flags or our Ambassador in all his ceremonial dress.

Guild's Home Hint:

Many rugs have fringes that are light in colour and over time appear grubby. When your cling wrap is finished use the empty cylinder to place under the fringe. Spray fringe with dry shampoo, leave, then comb out. Fringe is once again back to its original colour.



Pictured are our raffle prizes which will be drawn on our **Open Day this Saturday**

The Guild meets on the last Thursday of every month at 11.00am in the old railway goods shed situated behind the Railway Station complex. New members are always welcome, both men and women. We are open Monday, Wednesday, Thursday and Saturday. Other times by appointment.

(Please note that our previously advertised day of Friday has now been replaced by Thursday)

NEW SEASON STOCK HAS ARRIVED AT

MAIN STREET CLOTHING

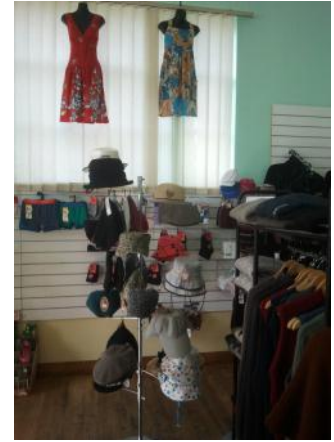
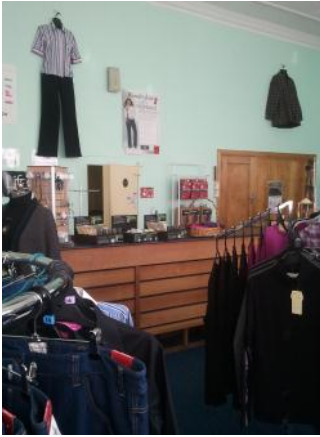
Main Street St Marys next to IGA

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FOR ALL YOUR WINTER NEEDS

PJ's
THERMALS
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WARM WINTER WOOLIES

INTRODUCING... MERINO SNUG



Exclusive to the Break O'Day region, these beautiful garments are made in Australia from a unique blend of the finest Merino wool and the softest possum fur to create a luxurious garment that is soft, light and warm.

LAYBYS WELCOME!

Notice in a farmer's field:

THE FARMER ALLOWS WALKERS TO CROSS THE FIELD FOR FREE, BUT THE BULL CHARGES.



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St Helens, Bicheno & Fingal Valley

*We are here when you need us.
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**NEWS FLASH - for the first time ever,
we were in the top 3 nationally in kit building sales
for the month of March!**

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OPEN 7 DAYS A WEEK



FRESH BREAD, ROLLS
& BUNS, PIES, PAST-
RIES, CAKES, HOT FOOD, COFFEE,
COLD DRINKS, ICE CREAM.

52 MAIN ST ST MARYS.

**Our Ambassador
The Hon. Pat Wells
Cordially Invites You**

**To The Woodcraft Guild Open Day Fair
On the 13th April starting at 10.am
At the Old Railway Goods Shed St Marys**



**MUSIC BY THE 4"X 2"
Reptile Rescue Display, Markets & Car Boot Sale
Variety Of Food Stalls
Medieval Display
Woodcraft Raffle Drawn**

For further information or to book a stall/boot call Reon or Wendy on 637 22094

My Tiny Cherub

www.facebook.com/mytinycherub

Email. mytinycherub@hotmail.com

Hair Accessories. Headbands, stretch and hard. Scrunchies, clips and holders.

All handmade by Mel.

Also just added, knitwear to suit newborns or our beloved dolls.



Tools Explained



WISE-GRIPS:
Generally used after pliers to completely round off bolt heads. If nothing else is available, they can also be used to transfer intense welding heat to the palm of your hand.



CLEAN CRACK LAUNDROMAT

32 MAIN ST ST MARYS

Coin operated washers & dryers

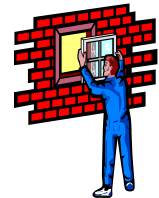


7am - 7pm
Fri & Sun a little later

EAST COAST GLASS

Falmouth Ph: 6372 5361

- ▶ Glass repairs
- ▶ Shower screens
- ▶ Wardrobe doors
- ▶ Double glazing
- ▶ Aluminium windows
- ▶ Security doors



Locally owned and servicing the East Coast.

Call David and Anne Cannon for prompt and reliable service.

RAE & PARTNERS

Lawyers. Barristers & Solicitors of 113 Cimitiere St Launceston visit the St Marys Community Health Centre every second Tuesday from 9-10 a.m. Ph 6337 5555 for appointments

Wrapped In St Marys 2013 School Association Op Shop Art Competition

3 age categories: Under 12, 12-18 and Adult
The theme is "CONNECTED" using any style of TEXTILE ART



Put your thinking caps on – come in and buy anything from the Op Shop and create an art work using the CONNECTED theme. Entry forms available with any Op Shop purchase NOW!
What do you think of when you think of the word **CONNECTED**? How can you make something that represents **CONNECTED**?

Artwork to be completed and delivered to the Op Shop by 17th May 2013 for display from 19th May until 31st May.

Shoppers will be asked to vote on each of the three categories.

Winners will be announced at the Official Awards Presentation on Saturday 1st June, 4pm at Gone Rustic Studio & Gallery.

ST MARYS SPORTS CENTRE ANNUAL DINNER
APRIL 20TH 5.30PM

ALL MEMBERS AND PUBLIC ARE INVITED TO
ATTEND

COST: \$25 PER ADULT
\$12 PER CHILD
(3 COURSE MEAL)

R.S.V.P. 17TH APRIL
6372 2177 OR 6372 2552

Tim Morris MP

Tasmanian Greens Member for Lyons



*We have moved office
and are now located
in Bridgewater!*

New Address: Shop 9, Covehill Shopping
Centre, Bridgewater 7030

Phone: (03) 6263 3801

E-mail: greens@parliament.tas.gov.au

www.tas.greens.org.au

Authorised by Tim Morris MP, Parliament House, Hobart 7000.

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6372 2033 / 0439 722 032**



School Holiday Programs



WHERE AND WHEN:

23RD APRIL CHILD & FAMILY CENTRE

(CHANGE OF DATE) 24TH APRIL MATHINNA COMMUNITY HALL

1ST MAY FINGAL NEIGHBOURHOOD HOUSE

2ND MAY ST MARYS HALL

WHAT CAN I DO:

ACTIVITIES FOR ALL AGES INCLUDING COOKING,
ART ACTIVITIES, DANCE MACHINE, XBOX, COMMUNITY ARCADE
MACHINE, BABY QUIET AREA AND CONSTRUCTION, DIGITAL
GRAFFITI,

BRING YOUR CHILDREN ALONG HAVE A CUPPA WITH US

TIMES: 10:30AM– 12:30PM

FOR MORE INFORMATION CALL

CONTACT CATHY PARKER ON 0400002116

OR GARY Mc MURTRIE ON 63765242

BRING THE WHOLE FAMILY, ALL AGES WELCOME

CHILDREN NEED TO ATTEND WITH A ADULT WHY NOT CHILD

POOL WITH ANOTHER ADULT





Regional Arts Youth Company

St Marys Community Hall

Workshops

These fun and engaging workshops are being supported by a Funding Grant that RAYC successfully obtained from the State Government through our governing group – Tasmanian Regional Arts. They are for anyone of any age .

APRIL 2013

Saturday 13th **Mask Making**
2.00pm – 4.00pm
Cost: \$7.50
RAYC Member: \$5.00

Monday 29th **Hip Hop Workshop**
(Tutors from TasDance)

Tuesday 30th **Hip Hop Workshop Day 2**

MAY 2013

Saturday 11th **Mask Making Workshop**

Saturday 18th **Circus Workshop**
(Tutor Mark Sands)

Sunday 19th **Circus Workshop Day 2**

Friday 31st **Mask Exhibition Opening**

Bookings are **ESSENTIAL** for April & May

Please call

Michelle on **6372 2056** or **0407 046 865**



Regional Arts Youth Company

2013

We are pleased to advise that our **Thursday Drama & Movement classes** are up and running at St Marys Community Hall.

We still have a couple of vacancies.

Who can join RAYC you ask?

Anyone aged 5 - 18years of age can come along and participate in our weekly classes. There are no auditions. No previous experience is necessary.

Juniors: 3.30pm – 4.30pm

Intermediates: 3.30pm – 5.30pm

Cost: \$6.00 per week

\$50.00 upfront for 10 week term

We are integrating into our movement classes some “mask-making” for the first few weeks. There is an Exhibition Opening for display of our students’ works of art on Friday night, 31st May 2013

See you all soon!!!

Artistic Director Jeanette Dal Santo

Secretary Michelle Kaal

Assistant Brittany Smith

Any queries – please call

Michelle on **6372 2056** or **0407 046 865**





Break O'Day Regional Arts

Invites
anyone interested in:

Exhibitions

Adult Art & Craft Classes

Youth Theatre Company

Car Boot Sales & Markets

To join up for the
2013 Season

Single Membership \$15
Family Membership \$20

Pick-up & drop off
Membership Application Forms
at **Mt Elephant Fudge Shop**

or

Purple Possum

ADULT CLASSES FOR 2013

BASKET MAKING FROM THE GARDEN

APRIL 13th & 20th

Two days making baskets with
local basket maker,
Helen Napier

DRAWING FOR BEGINNERS STAGE 1

JUNE 6th

2 hours a week for 6 weeks
All equipment supplied
Learn to draw with local teacher
Ian Summers

DRAWING COURSE STAGE 2 – COLOUR

SEPTEMBER 5th

2 hours a week for 6 weeks
follow on from stage 1 with
Ian Summers

SIGNWRITING COURSE

AUGUST 8th & 15th

Learn the basics for making your signs
look professional with local teacher
Ian Summers

FELTING WORKSHOP

OCTOBER 26th

One day course
Make a Nuno felt scarf with local felter
Robina Balzer

PHOTOGRAPHY Stage 1

NOVEMBER 6th

2 hours a week for 4 weeks
Learn the basics of good composition
and editing with local artist
George Kerri

For placing your name on our class lists –
please fill out an enrolment form available
at

Mt Elephant Fudge Shop or

Purple Possum or

email bodregionalarts@gmail.com

for further information

SPLASH

ST MARYS

You swill it, we fill it!
You dump it, we pump it!

Water cartage
Septic pumping

Contact: Mick

0488 777713



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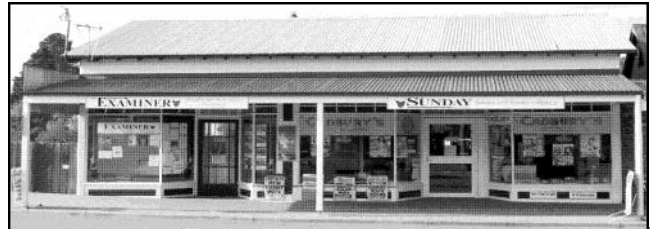
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e **help@raywalker.it**



ST MARYS NEWSAGENCY

Phone: 6372 2143

- AURORA PAYG
- PHONE CARDS
- DVD'S
- STATIONERY
- GIFTS
- NEWSPAPERS
- MAGAZINES
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All Makes and Models

JOE ELLIS MEMORIAL DAY

Sponsored by Paul Ellis

3 Person Ambrose on
Saturday 20th April 2013 at
Malahide Golf Club.

10 am for 10.30 start

\$15 per person which includes
lunch

Club 6374 2389 Darren 0429 967 115
Dale 0419 393 599

COME ALONG AND ENJOY A GREAT
DAY OF GOLF!

VISITORS VERY WELCOME

At Sunday JOY

We WELCOME all

We EAT
We LEARN
We SING
We are REAL
We make MISTAKES
We say SORRY
We FORGIVE
We have FUN
We give HUGS
We are PATIENT
We LOVE



For more information call Mel on
0409 838 816 or just turn up at
12.30pm to share lunch and a
smile and some love. Are you
willing to risk some JOY?

ANZAC DAY

The St Mary's Memorial Services Association
will hold the traditional Dawn and 11:00am
ANZAC Day services at the St Marys Cenotaph.

A gunfire breakfast will follow the dawn service.
A gold coin donation would be appreciated to
cover costs.

All ex-service personnel, residents, community
groups and children are welcome to pay their
respects.

If your organisation would like to lay a wreath
please phone Reon or Wendy on 637 22094

(If inclement weather service will be held in St Marys Hall)

LEST WE FORGET

NORTHERN MIDLANDS R&SLA Sub Branch



The price of liberty is eternal vig-
ilance

ANZAC DAY SERVICE 2013

11- 00 AM

Cenotaph, Boucher Park

Avoca Tasmania

Free lamb & venison spit roast lunch afterwards
Rossarden & Avoca Museums to be open
Open garden at Benham 2pm - 4pm Afternoon
tea and plants for sale

ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

Dr Latt
10/4/13— 26/4/13

PUBLIC HOLIDAY
25/4/13- Anzac Day

For appointments phone: 6372 2111

Normal Doctor's Surgery Hours will resume on Friday 26/4/13

Please see After Hours Numbers below for during this time

St Marys Community Health Centre

GP Surgery Hours:

Monday—Friday

8:50am-10:00am

10:00am-10:30am— Reception Closed

10:30am- 12:30pm

12:30pm-1:30pm— Lunch Reception Closed

1:30pm-2:45pm

2:45pm-3:15pm— Reception Closed

3:15pm- 4:30pm

For appointments please ring Reception during opening times. Appointments will not be taken at other times.

INR TESTS

A doctor's appointment is required if you are having an INR test. **Please let reception staff know when making your appointment that you are having an INR test.** This requires a 5 minute doctor consult.

PATHOLOGY SERVICE

No Pathology Service between
12:00-1:30pm or before 8:30am daily

If you require Pathology **before 8:30am** an appointment must be made with the Nurses Station the day/night before by phoning 6372 2111

AFTER HOURS CONTACT NUMBERS

Please phone
GP ASSIST ON- 1300 780 011

AMBULANCE 1800 008 008 or
EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE
6372 2111

Please RING before presenting after hours

IMPORTANT INFORMATION TO PATIENTS

Please be aware that Dr Latt's Surgery is currently fully booked for appointments 1 week in advance as of 10/4/13

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention *please inform the reception staff* who will put you through to the Nurse on duty.

Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt— Call an Ambulance 000
Thank you for your cooperation

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly. **PLEASE BE PATIENT** waiting periods can apply to see the doctor.

Please speak to our reception staff about ordering scripts over the phone— as fees apply. Scripts are unable to be done over the weekends, ensure you have enough medications in advance.

BREASTSCREEN TASMANIA



The mobile Breast Screen Bus will be located at St Helens from: **29 April— 17 May 2013**

If you would like to make a booking to have a **FREE** mammogram done with Breast Screen Tasmania's mobile unit please phone **132050**.

The program provides free screening mammograms specifically targeting women aged 50-69, however all woman aged over 40 without breast symptoms or a recent history of breast cancer, are eligible to participate.



APRIL 'FALLS' DAY

Come along for an individual **falls prevention assessment**

Learn the tools of how to avoid a fall, get stronger and recognise what hazards are.

When: Wednesday 17 April 2013

Time: 10am-3pm

Where: St Marys Health Centre— Physiotherapy

Bookings not essential just turn up!

Assessments will be conducted by:

Naomi Ide— Physiotherapist and
Alison Graham— Occupational Therapist

For more information phone: 6372 2111

ST MARYS COMMUNITY HEALTH CENTRE

WHAT'S ON AT THE CENTRE

- 10 April Mental Health Clinician/ Case Manager Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Day Centre- For details on the group please contact Hayley Gilbert 6372 2111.
- 11 April Social Worker- Shan Williams. Please phone 6372 2111 for appointments
- 12 April Social Worker- Shan Williams appointments available by phoning 6372 2111
- 15 April Mental Health Clinician/ Case Manager Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Physiotherapist- Naomi Ide . Please see your GP or Health Professional for a referral to the service.
- TLC Meeting (Tasmanian Lymphoedema Centre) 10:00am in the Day Room
- 16 April Mental Health Clinician/ Case Manager- Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Physiotherapist- Naomi Ide. Please see your GP or Health Professional for a referral to the service.
- Child Health Session with Sue Gofton every Tuesday- Appointments only. Please phone 0428 136 381
- Tom Bain, Rae & Partners Lawyers. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
- 17 April Day Centre- For details on the group please contact Hayley Gilbert 6372 2111
- MYSOAP- Antenatal Clinic with Dr Reeckman. For appointments please see your GP
- Physiotherapist- Naomi Ide . Please see your GP or Health Professional for a referral to the service.
- Social Worker- Shan Williams. Please phone 63722111 for appointments.

WHAT'S ON AT THE CENTRE Continued...

- April Falls Day- Falls Risk Assessments at the St Marys Health Centre 10am-3pm. Bookings not essential just turn up!
- April 18 Relationships Australia- Leanne McMurtie for appointments please phone 1300 364 277
- Social Worker- Shan Williams. Please phone 6372 2111 for appointments
- MYSOAP- Antenatal Clinic with Katie. For appointments please see your GP
- April 19 Social Worker- Shan Williams. Please phone 6372 2111 for appointments
- April 22 Physiotherapist- Naomi Ide . Please see your GP or Health Professional for a referral to the service.
- Mental Health Clinician/ Case Manager- Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you
- April 23 Mental Health Clinician/ Case Manager Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Child Health Session with Sue Gofton every Tuesday- Appointments only. Please phone 0428 136 381
- Continence Nurse. For appointment please see your GP or Health Professional for a referral.
- Physiotherapist- Naomi Ide . Please see your GP or Health Professional for a referral to the service.
- April 24 Mental Health Clinician/ Case Manager- Faye Thordardottir. For appointments please phone 1800 332 388
- GP Podiatrist- Annabelle. For appointment please see your GP or Health Professional for a referral.
- Day Centre- For details on the group please contact Hayley Gilbert 6372 2111
- April 25 ANZAC DAY- Public Holiday
Normal doctor's surgery hours will resume on Friday 26/4/13. Please phone after hours numbers during this time.
- April 26 Social Worker- Shan Williams. Please phone 6372 2111 for appointments

Australia's Biggest Morning Tea

23rd May 2013
St Marys Town Hall

**MORE THAN
JUST A
CUPPA**
with

**Health Services
Information Forum**

INCLUDES

ALTERNATIVE THERAPIES

TEA COSIE DISPLAY AND COMPETITION

MORE THAN JUST A RAFFLE

AND LOTS MORE

EVERYBODY WELCOME

10.30 until 2.30pm

\$5.00 all inclusive



'MORE THAN JUST A CUPPA'

COMMUNITY HEALTH FORUM AND AUSTRALIA'S BIGGEST MORNING TEA

TEA COSY COMPETITION

Categories for competition:

- Most useful tea cosy (natural fibre: cotton, wool, sewed, kitted, felted etc.)
- Most creative (any medium)
- Largest tea cosy
- Smallest tea cosy
- People's Choice

Be creative and crafty...

Prizes will be allocated for each category

Cost: \$1.00 per entry (discount for multiple entries)

- Registration forms, payment and your entry need to be received by Monday 13/5/13.
- Items can be left at the Reception of the St Marys Health Centre. No late entries will be accepted.
- If you want to sell your tea cosy on the day make sure it is pre priced when you leave your registration. Please note a 10% commission is requested on sales of items. This money will be donated to the Cancer Council.

Registration Form: **TEA COSY COMPETITION**

* Please complete one registration form per entry

Name (first): _____ Surname: _____

Address: _____

Phone: _____

Name of your entry: _____

Is the item for sale: Yes- No-

Price: \$ _____ (please note 10% of sale cost to go towards Cancer Council)

Do you have multiple entries: (multiple entries entitle you to an entry fee discount) Yes- No-

Meals on Wheels

0488 384 344

April		St Marys	Fingal
Monday	15th	Ruth Aulich	Neighbourhood House
Tuesday	16th	Val Spencer	
Wednesday	17th	Lundy Vosper	
Thursday	18th	Yvonne Salter	
Friday	19th	Drew Adam	Neighbourhood House
Monday	22nd	Pam Lynch	Neighbourhood House
Tuesday	23rd	Lundy Vosper	
Wednesday	24th	Trish Pike	
Thursday	25th	Kaye Nailer	
Friday	26th	Drew Adam	Neighbourhood House

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves
Parish House Ph 6372 2252
0409 172 741

1st Sunday MASS

St Helens Vigil 6.00pm
Bicheno 9.00am
Fingal 11.30am

2nd Sunday LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

3rd Sunday MASS

St Helens Vigil 6.00pm
St Marys 9.00am
Fingal 9.30am
Bicheno LWC 9.00am

4th Sunday LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

5th Sunday LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

Enquiries to Sr Lorraine for
Baptisms & Weddings
6372 2252

Break O'Day Uniting Church

The Manse 6376 2405
St Helens 9.00 am
Fingal 11.15 am

Anglican Parish of Break O'Day

6376 1144
8am St Helens
10am St Marys
10.30am St Helens
7.30 pm Pyengana
3rd Saturday of each month
Community Dinner @ St Marys

Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School 10 am
Divine Service 11 am

Salvation Army

Tuesday Jam
3-5pm every Tuesday
excepting school holidays
Envoy Melanie Norton 6372 2099

Sunday Joy 12.30pm

This is a bring-and-share lunch
followed by a great time of
friendship and fellowship. You are
very welcome to join us and share
our JOY!
0409 838 816.

Anglican Parish of Northern Midlands

Avoca 11 am 2nd Sundays
Fingal 2pm 2nd Sundays
Mathinna 2.30pm 4th Sundays
Ross 10am 5th Sunday
Campbell Town 9am every Sun

Contacts for Valley Voice

Written material may be left at the St Marys
Pharmacy, Main St St Marys 7215 or mailed to
W Dawson 12 Groom St St Marys Tas 7215
vvoicerevisited@gmail.com
6372 2442 / 0403 430 452

Advertising

Classifieds **25 words or fewer: free**

Community notices **free.**

Large boxed ads **\$12.**

¼ page **\$20** ½ page **\$30.**

Full page **\$50**

1 year posted subscription **\$50**

The Valley & East Coast Voice Guidelines

- Opinions in any letters published are not necessarily the views held by the Editor and voluntary workers.
- Our pages will remain open to fair and honest criticism, so that on all questions both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted. Stick to the issue rather than making personal attacks.
- Please do not attack the editor, the paper or the authors of previous letters.
- Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion.
- Please make sure of your facts. Do not write letters just to let off steam. Letters most commonly published are those that have bearing to current community issues.
- Keep letters short, simple and to the point. Letters are restricted to 300 words or fewer.
- The Editor reserves the right to edit your letter for grammar, spelling or reduction in size where necessary.
- All letters/emails must include your full name, address and phone number.
- The Valley & East Coast Voice reserves the right at all times, without notice, to update, change or amend our guidelines.

Whilst we value & welcome community letters, The Valley & East Coast Voice does not provide specific feedback regarding any decision made not to publish a submission.

St Marys Police **6372 1010**
Non Urgent Number **131 444**
Urgent and Life threatening 000
SES (Flood & storm only) 132 500
Fire 000



ST MARYS SPORTS CENTRE NEWS

Bowls: In a big weekend of finals bowls over two days, we somehow ended up the East Coast Pennant champions, coming from fourth place on the ladder. What an effort from a team that themselves would have thought they were due to strike out of the running against Scamander on Saturday. Amongst every conceivable hurdle thrown at the Committee and, at times, the players, over the new two tiered competition, they still managed to stay focused on the common goal and achieve a much needed victory for our wonderful club. Saturday against Scamander in the Preliminary Final saw John McDonald's rink get up by 10 shots over Darrell Harrison, John Vincent by a couple over Maurice Hill and Macca going down by 4 to Shady Davis. A win all up on two rinks and the chance to take on Swansea in the Grand Final the next day.

A little overnight rain may have been a blessing in disguise as the rink was slowed by a couple of seconds, which suited our team a little better on the day. John Vincent, Jim Rankin, Kirsten and Nikki Viney lead the way on their rink with a comfortable 10 shot win against Dave Gray. Macca, Brent & Nicky Leedham and Damon Viney having a great tussle as usual against "Big Al" Reidy, only getting away to a 4 shot win with some fantastic bowling in the last few ends. The same could be said for the mostly veteran team of John McDonald, Graeme Hayes, Bobby Harwood and Rod Field (you decide who is not the veteran!) who trailed Dean Pyke all day until the very last bowl to get up by just 1 shot. I must add that all rinks bowled well above all expectations, that is what probably made the victory so sweet. I must take the opportunity to thank all the bowlers who helped out this season, in both divisions, especially Barb Davern and Janice Viney, who were original members of the squad but had to stand aside due to being a "little tender below the knees".

As we are, I believe, the first Bowls Association to embrace the mixed pennant competition, not only has the East Coast been a pioneer by leading the way but it makes the St. Marys team the very first winner of such a competition. At present, some arrangements are being made for the team to challenge Brighton in a state finals game - more next issue. A small and hastily arranged celebration was enjoyed at the club on Sunday night and what a sheer delight to see all the happy faces there. Well done to you all.

Golf: Unfortunately the pennant golf match against Malahide had to be cancelled and I have been informed there will be a meeting arranged to attempt to have a squad play Bicheno this weekend.



ST MARYS IGA SUPERMARKET

38 Main Street

Phone/Fax 6372 2240 - Butcher 6372 2274

Monday to Friday 8 - 6 Saturday 8 - 12

This week's specials

IGA Corned Silverside	5.99kg
Nichols Six-legged Chicken	4.75kg
T Bone Steak	16.99kg
Ingham Chicken Kebabs 450g	4.75pk
Marinated Roast Beef	9.99kg

from the shelves

Cottees Cordial Syrup Double Concentrate 1L	2.99
Sanitarium Weet Bix Value Pack 1.3kg	4.49
Sorbent Toilet Tissue 12pk	5.99
McKenzies Soup Mix Yellow/Green Split	
Peas/Pearl Barley 500g	.99
Pedigree Canned Dog Food 1.2kg	2.99

All only 1.99

Cadbury Finger Biscuits 125g
Arnotts Cream Biscuits 200-250g
Kleenex Extra Care Facial Tissues 95's
Eta 5 Star Spread 500g
Ingham Frozen Chubby Chicken Pieces 1kg

Next week's specials

Available from 18th - 24th April

from the butchery

Porterhouse Steak	15.99kg
Topside Beef Roast	8.99kg
Fore-quarter Lamb Chops	8.99kg
Nichols Chicken Breast Fillet	14.99kg
Ingham Microwave Chicken	5.99kg

from the Coolroom & Freezer

Tamar Valley Yoghurt 1kg	3.99
Miracle Margarine Spread 1kg	1.99
Kraft Cheese Slices Singles 410-500g	3.99
Peters Choc Wedge Vanilla Value Pack 12pk	4.99
Patties East Meets West 1 kg	6.99

All only 1.99

Kelloggs Corn Flakes 380g and Rice Bubbles 250g
Andersons English Breakfast Teabags 100's
Pascall Bagged Confectionery 140-400g
BelVita Breakfast Biscuits 50g 6pk
Fountain Sauce Varieties 250ml

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