

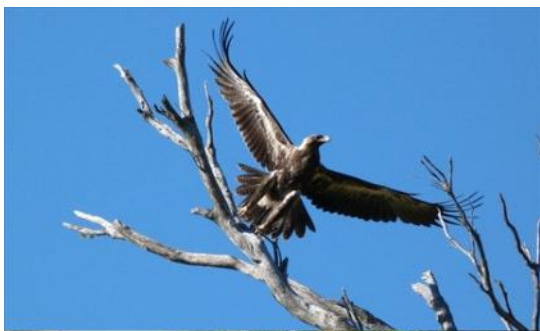


The Valley and East Coast Voice Inc. Est. 1968

Vol. 46 No. 16 December 5th 2013 \$1

GREATER ESK TOURISM 2013 Photographic Competition Winners.

Full article on page 14.



'Up & Away', Anne Hollingsworth's winning photograph.



'Evercreech Tranquility', People's Choice Award won by Peter Troode.

ESK VALLEY MATES

Esk Valley Mates is a men's group formed by men for men living in and around the Esk River Valley. Whether you're married, single, separated or whatever, as long as you're male and live in this geographic area you're eligible to join us.

The Aim (Vision) of our group is for men to be happy and healthy.

The Achievements (Outcomes) include blokes being connected to other blokes and the community they live in, have skills and know-how in engaging with others and treating everybody equally and respectfully.

The Goals (Objectives) are about increasing our personal well-being (which in turn will improve our health), decreasing stress and being supportive of each other.

How We Do This (Strategies) is by creating an atmosphere where blokes can open up, be honest, upfront and non-judgemental.

We meet fortnightly. We promote good health and well-being, nurture friendship, listen to each other's story, identify needs and, importantly, Laugh and enjoy each other's company.

We also Do stuff like fishing trips, gold panning, camping and even some baking.

If we do the above well and are Successful (Indicators), we will feel good about ourselves, lively and rejuvenated, be more active, have a grin on our dial and we will let other blokes know about it - i.e. this blokes' group will grow. If you are a bloke, like to know more about this group and are interested in being part of it contact either Theo Dingjan at Healthy House on 6376 5242, the Fingal Neighbourhood House on 6374 2344 or Steve Jackman on 6377 1209.



Recent **Break O'Day Council Projects** include the replacement of the BBQ shelter at the Fingal Park (left) and the installation of a new score box at the St Marys Sports Complex (right).



Vol. 46 No. 17 is due out on December 19th and the deadline is 5pm on the 16th. After that issue, the next Valley and East Coast Voice Inc. (Vol. 46 No. 18) will be on February 13th 2014, deadline being 10th February @ 5pm.

Community Announcements

St Marys Hospital Auxiliary meet monthly on the first Monday at 2pm in the St Marys Community Health Centre.

The **Break O'Day Woodcraft Guild Inc** meet monthly on the last Thursday at 11am in the Goods Shed behind the St Marys Railway Station.

The **Tasmanian Lymphoedema Centre Inc** meet monthly on the 3rd Monday at 10am in the St Marys Community Health Centre, Day Care Room.

St Marys Ladies' Midweek Tennis meet at 9.30am each Wednesday. New players of any standard and beginners welcome. Child minding included – a lovely safe place to bring toddlers while you play. Ph Karon 6372 2382 or Dana 6372 2033.

Suncoast Singers meet every Friday, 10am in the Catholic Hall Cecilia Street, St Helens. New singers are always welcome... if you can yawn - you can sing. Mary-Anne Wadsworth. 6376 2969.

St Helens Alcoholics Anonymous (AA) meet every Wednesday 8pm at St Pauls Anglican Church Hall, St Helens. Ph Murdoch 6376 3335.

The **Scamander and Beaumaris Community Development Association** meet monthly on the third Wednesday at 7pm in the Scamander Sports Complex. New members are most welcome.

St Patricks Head & Esk Valley Historical Society Inc meet every second month on the third Wednesday at 3pm at various venues throughout the valley. Ph Barry 6372 5752 (aulich@bigpond.com) or Jim 6372 2127. (jimhaas@bigpond.com) www.fingalvalleyhistory.com

The **Falmouth Community Centre** contact for booking club facilities is Cherrie Schier on 0417 887 941.

The **Break O'Day Stitchers** meet each Friday in the Bungalow at Neighbourhood House in St Helens from 10 – 3. Participants are welcome to stay for as long or short a time as they choose and the choice of projects to work on is also optional - either bring your own or join in and assist on a group project.

BINGO at the Cornwall Hall every Monday at 7pm, 2 jackpots each week. All welcome.

The **Chocolate Shop Singers** meet at the Mt Elephant Fudge shop St Marys every Thursday at 5pm for informal and fun singing. Everyone welcome.

The **St Marys School Association Op Shop** opens Mon-Fri, 10-3 and market Saturdays 10-12.30. Pre-loved items will be gratefully received during these hours or can be left at the St Marys Newsagency.

St Marys Alcoholics Anonymous (AA) meet every Friday 8pm at Holy Trinity. Mick & Shirl 6372 2909.

The **Cornwall Community Development Group** meet monthly on the first Tuesday at 7pm in the Cornwall Hall. All welcome.

Scamander Garden Club meet monthly on the 3rd Monday at 1.30pm in the Scamander Sports Complex. Enjoy sharing garden activities. Ph Val 6372 2762.

St Marys/Falmouth Playgroup is held 10:30-12:30 each Wednesday at the Falmouth Community Centre. Does your child/children enjoy

- Painting and arts & crafts activities
- Riding bikes
- Playground play
- Exciting activities & celebrations
- Interacting with others?



Join us at Playgroup for only \$3 per family in a relaxed and friendly atmosphere for children, mums & dads. Ph Tash Speers 0419 591 905 or Amy Faulkner 0417 152 337.

St Helens Al-Anon Family Group (Al Anon) helps families and friends of alcoholics recover from the effects of living with the problem drinking of someone close. 2pm Sunday at St Pauls Anglican Church Hall St Helens. Ph Anne or John on 6376 4270 or Rose on 6376 3335.

The **Fingal Valley Neighbourhood House Op Shop** is happy to receive your preloved clothing and goods Mon-Fri, 9-3. Donations can be collected on Mondays or items can be left at the Centre. Come along, check it out and pick up a bargain. Deb Speers, Fingal Valley Neighbourhood House.

Stallholders Market Inc is a non profit organisation that holds markets every Saturday 8-12 noon in the Portland Hall St Helens. e: sthelensmarket@yahoo.com.au

GET Christmas Dinner and last meeting for 2013: Tuesday 10/12/13 at Chrissy's Bistro, Fingal (meeting to start at 6:30 and dinner to be served from 7pm). Enquiries to the president on 0412 425 666.



Beaumaris Swap Markets are held on the 1st and 3rd Sunday of the summer months at Beaumaris Park from 11-2pm. Swap, barter or buy fresh produce, herbs, bread, flowers, crafts and more. Plastic bag free, gold coin donation for a stall (bookings required). For info call Laura on 6372 5687.

The next **Break O'Day Council meeting** will be held at the Council Chambers, Georges Bay Esplanade, St Helens on Monday 16 December 2013 at 10.00am. Minutes from Council meetings are available on the Council website at <http://www.bodc.tas.gov.au/council/council-meetings/agendas-minutes>

St Marys Community Markets are held on the 1st Saturday of the Month - 9am to 1pm in the St Marys Community Hall.

Community notices are free. Classified ads are free for two issues, other advertising is available from \$12 to \$50. Annual posted subscription is \$50.60 and annual online subscriptions will be available in 2014 for \$20. Articles may be left at the St Marys Pharmacy, emailed to vvoicerevisited@gmail.com or posted to 12 Groom St St Marys 7215.

For Sale

Large shelf display unit with LED lights 1800x1800x400 deep, large island counter with shelves 900 x 2500 long x 1200 high, \$500 each. Both are black & would suit shop or home. Call Jo on 0407 319 437.

1998 Hyundai Sonata V6. Colour: Sea Foam blue. Registered 'til May 2014. \$3,995. Ph 6372 2155.

Belkin wireless router N300, hardly used. Half price at \$50. Ph 6372 2155.

Mini pigs, \$200 each. Ph 6372 2271 between 6-9pm.

Moo poo, any quantity, finely screened - trailer load \$40, large trailer loads \$50-\$60, truck loads delivered.

1997 Nissan Pulsar Plus, manual, dark green, tinted windows, central locking, air conditioning, power steering, CD player, alloy wheels, great fuel economy, 6.1litres/100km, 330,000kms. Great car, regularly serviced, reliable, fantastic on fuel, \$2,000 ono. Valco Matrix 3 wheel pram + toddler seat (brand new). Rain cover, sun cover & cocoon. \$100 ono. Ph Andrea 0419 548 583.

Baby pram in great condition, full hood cover, foot brake, storage tray, fold back settings, \$50. Ph 0437 148 845

Raspberry seconds \$12 kg, orders taken now for upcoming season. Ph Jack on 6372 2034.

Wet suit, Urban Energy, ¾ size, would suit 70-80kg person. \$50. Ph 0437 148 845.

Assorted girls, ladies' and men's clothes, sizes 8-18, all in very good condition, priced from \$3-\$15. Ph 6372 2164 after 6pm.

Wanted

4x4 205 R16 tyres, all terrain, 50%+ tread. Ph 6372 2584.

Gardening, odd jobs, \$15 per hour. Ph 6372 2584.

House cleaner, experienced lady with references, \$16 per hour. Ph 6372 2584.

Chest freezer in good condition. Ph 6372 2034.

"Without bees and the work of pollination they do so well, our food supply would be seriously depleted. So if you have a swarm of bees in or near your house, please don't panic and poison them - call me and I will take them away. Just ring Frank on 0419 372 192 or 6372 2341. I would be happy to have them".

Glass wanted, old, broken, any colour (not beer bottles) to make a 'St Marys Window' for a raffle, with all proceeds going to the local SES. Contact Heather on 0409 174 287 or call into Madd=Mudd.

On this day in 1876 - The Stillson wrench was patented by D.C. Stillson. The device was the first practical pipe wrench.

Employment

Mt Elephant Pancake Barn

is seeking restaurant workers for summer and beyond:

JUNIORS for kitchen work (dishwashing etc.) and drinks preparation etc., plus a

SENIOR or two for higher duties, mainly food prep and dealing with customers.

We especially want energetic, confident, dependable team workers.

Must have own transport & be ready to stay an hour or two late if need be.

Experience preferred but we'll try out and train anyone up to demands of busy days.

Casual part-time hours offered, 9am-4pm, weekends, public holidays and rock festival days included, plenty of summer work, paid training (Award wages) days prior to Christmas for start afterward.

Non-smoker preferred, no smoking on the job in any case. To express interest phone

Louise Williams on 6372 2263

during work hours, or

email lewbretz@gmail.com

Miscellaneous

Christmas Art Party - get creative and have fun at Gone Rustic Studio and Gallery on Wednesday, December 18th (1-3 pm). Prizes for the best Christmas card and Christmas decoration; inspiration art pack and all supplies provided. Refreshments included. Please wear something white or silver, or both! Cost: \$20. RSVP: 14 December (03 6372 2724~0417 027 424).

THANK YOU.

I would like to say Thank You to those who donated to the Philippine Typhoon Appeal. Donations raised \$639.15. It's a great help to those affected, who need it most. I really appreciate the support and compassion you've shown to my countrymen.

I thank Sister Lorraine for organising contact with the CARITAS organisation. CARITAS is the largest humanitarian network around the world. I also thank Maryanne Smith for collecting donations at St Helens on behalf of CARITAS.

Once again, thank you all for your generosity. It couldn't have happened without your support.

Evelyn McGee, St Marys Bakery.

Letter to the Editor.

PEOPLE POLES PROJECT UNDERWAY!

The People Poles Project for St Marys has now been approved "in principle" by Break O'Day Council. The idea for this project is to have, through town, a series of "People Poles", simple, lightly carved and painted figures reflecting the history of St Marys and the Valley, similar to the ones that are very popular along the waterfront in Geelong Victoria.



Clergy, Postie and Nurse Poles

It's planned to get a "Working Group" together in the new year to start the project rolling. We will be looking for lots of ideas from different people, businesses and organisations, and would like to involve representatives of the different community groups such as the Woodcraft Guild, Break O'Day Regional Arts, the Historical Society etc. as well as anyone who can contribute some support, ideas and maybe a bit of time and energy.

If you, or your organisation, are interested and would like to contribute even in a small way please let me know.

Meanwhile best wishes to everyone for Christmas and the New Year and may 2014 be a booming one for St Marys!

Diana Foster, St Marys

Letter to the Editor.

Re: the reprint of Jan Davis' (T.F.G.A.) 25th October, Tasmanian Country column in the 14th November Valley Voice, concerning the growing of industrial hemp.

Well good on Brenton Best and his bipartisan team; Tasmania needs practical solutions and less paranoia. According to some confidential sources, however, 'random testing...(for)...illicit cropping' is just such an example of paranoia: illicit cropping, they tell me, is now done in buildings and warehouses (hydroponically): to attempt a seedless illicit crop in a seeded industrial crop simply defies the law of biology, and would be pointless in the extreme.

Three points then: 1) try just a few more steps away from the 1930s American oil and plastics industry-induced demonization of hemp, 2) better hurry up and catch up to New Zealand and Victoria and 3) how about a big apology to the Harmsens over the appalling ridiculing received over their long held support for a hemp industry?

Tony Story, Lewis Hill.

The St Marys Salvation Army

warmly invites

YOU

to join with

JAM

(Jesus And Me) on

FRIDAY 20th December, 2013

at 7.00pm

in our new premises, behind the Town Hall

so that you can SHARE WITH US IN CELEBRATING the JOY of JESUS'

birth, by singing, smiling, laughing, clapping, cheering, candle waving and maybe even... dressing up!

Do come and

join us for a

great time.



A Heartfelt THANK YOU.

The St Marys Salvation Army is most grateful for the support of Jeff & Margie Faulkner, Michael Smith and Michelle Kaal, Graeme and Karen Saunders and Greg Triffett.

A good home is required for a 9 year old Jack Russell - his owner recently passed away. Male with lovely friendly temperament, loves walks, good natured. Safe with children and will only be given to a good home. Please phone 0417 385 787 if you would like to meet this friendly dog.

CLEAN CRACK LAUNDROMAT

32 Main Street St Marys
Coin operated washers and dryers.



7am - 7pm

Friday and Sunday a little later.

The Bleat.

A mouse looked through the crack in the wall to see the farmer and his wife open a package. "What food might this contain?" the mouse wondered. He was devastated to discover it was a mousetrap. Retreating to the farmyard, the mouse proclaimed this warning. "There is a mousetrap in the house!" The chicken clucked and scratched and said, "I am not bothered by it." The mouse turned to the pig and told him "There is a mousetrap in the house!" "There is nothing I can do about it but pray..." The mouse turned to the cow and said "There is a mousetrap in the house!" The cow said, "It's no skin off my nose." So the mouse returned to the house, head down and dejected, to face the farmer's mousetrap alone. That very night a sound was heard throughout the house - the sound of a mousetrap catching its prey. The farmer's wife rushed to see what was caught. In the darkness, she did not see it. It was a venomous snake with its tail caught in the trap. The snake bit the farmer's wife and the farmer rushed her to hospital. When she returned home she still had a fever. Everyone knows you treat a fever with fresh chicken soup so the farmer took his hatchet to the farmyard for the soup's main ingredient - but his wife's sickness continued. Friends and neighbours came to sit with her around the clock. To feed them, the farmer butchered the pig - but alas, the farmer's wife did not get well and she died. So many people came to her funeral that the farmer had the cow slaughtered to cater for the funeral luncheon. And the mouse looked upon it all from his crack in the wall with great sadness.

So, the next time you hear someone is facing a problem and you think it doesn't concern you - think about this. When one of us is threatened, we are all at risk. We are all involved in this journey called life. We must keep an eye out for one another and make an extra effort to encourage one another. One of the best things to hold onto in this world is a FRIEND, so make some now before it's too late...

RAE & PARTNERS

Lawyers, barristers & solicitors of
113 Cimitiere St. Launceston
visit the
St Marys Community Health Centre
every second Tuesday from 9-10 a.m.
Ph 6337 5555 for appointments.

Scott Morrison – a la Gilbert and Sullivan.

I am the very model of an immigration minister
In charge of refugees and matters maritime and sinister.
At school I studied hard at maths and lessons
alphabetical,
I learnt the scriptures backwards and the canon
evangelical.
I made my rise to greatness from political obscurity
Conflating xenophobia with national security.
Endlessly I preached the word to ordinary Australians
Arousing fears their homes were being overrun by aliens.
I blamed the Labor gang for this invasion of
Muhammadans
Who wear the burqa, pray to Mecca, starve themselves at
Ramadan.
Fanatics who would have us all obeying their sharia laws
They'd ban the Easter Bunny and abolish dear old Santa
Claus.
But! Now that I'm the minister I've vowed to turn the
boats around,
I've got a three-star general to keep our borders safe and
sound.
The bleeding hearts and Greenies call me cruel and
confrontational
But I riposte: "My lips are sealed on matters operational."
When Jakarta once accused me of egregious hypocrisy
I shrugged my shoulders lightly and replied: "Well, that's
democracy."
And though it's not much help in dealing with the
Indonesians
I quote the Bible's letters of St Paul to the Ephesians.
With humanity and decency my only motivation
I am standing resolutely at the frontiers of the nation.
And armoured in self-righteousness I spurn each rude
inquisitor
For I'm the very model of an immigration minister.

(With a bow to Gilbert and Sullivan, and to the
Melbourne comedian Ben Pobjie, who tweeted the first
two lines.)

By Beth Elliot, St Marys.

<i>Things you no longer need when you have a mobile phone:</i>	Alarm clocks
Landline phones	Egg timers/stopwatches
Compasses	Mail
Torches	Portable game systems
Rolodexes	Maps
Newspapers	GPS
Magazines	Encyclopaedias
Cameras	Radios
Notepads	Walkman
Shopping lists	Records
Voice recorders	Weathermen
Calculators	Photo albums
Watches	A memory
	Conversations

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Glass repairs	Double glazing
Shower screens	Aluminium windows
Wardrobe doors	Security doors



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service.

Liberal Candidate for Lyons Guy Barnett meets with Break O'Day Council 28 November 2013

Liberal Candidate for Lyons in the upcoming State election, Guy Barnett, visited St Helens on Friday 22 November, meeting with Mayor Sarah Schmerl and Council officers to inspect the newly purchased potential site for the relocation of the St Helens District Hospital, and received a briefing on Council's strategic infrastructure priorities requiring funding. In terms of the proposed hospital site, Mr Barnett commended the Council on their visionary approach in purchasing the block of land, and was interested to know what action the State Government were taking to progress the project. Mayor Schmerl characterised the site as a key strategic purchase for the area, and Mr Barnett joined her in identifying the project as a top priority for the community.

Council officers then presented a briefing to Mr Barnett outlining projects on Council's infrastructure priority list, which is available for viewing on the Council's website. Mr Barnett expressed support for Council's efforts in pursuing funding for the range of important projects that were discussed, including the St Helens – Pelican Point and Barway Marine Infrastructure Project. Mr Barnett said that he is absolutely, unequivocally pro development, growth and jobs, and that he is prepared to assist in any way he can to bring jobs and economic development to the area. Council was once again clear in expressing that it seeks commitments to funding, as well as representations and expressions of support from elected representatives and candidates to support future applications for funding; funding which has been overlooked for too long.

For further information please contact Mayor Sarah Schmerl on 0428 736 578.



The Say by Cagerattler...

As we approach Christmas, the warmer weather and holiday makers I never cease to be amazed by the inconsiderate acts of some people out there. I do a lot of walking in the bush and all too often I come across evidence of those who choose to dump their trash in the bush, even farm animal carcasses. Why can't these idiots be caught and prosecuted? What about the native wildlife that can injure themselves, get caught up or eat remains that'll make them sick? Then there's others who visit our area and see the trash scattered in the bush or rest areas; that must make them think twice about us. A couple of years ago there were only a few places, mainly on Mt Nicholas that I found such rubbish, but now I've come across all sorts of stuff in at least four other places...If you are one of these people too lazy or cheap to use a skip bin or visit the tip, please stop - it's no good for anyone.

Now the good news. I was fortunate to spend a few minutes last weekend with Heather at the Mad=Mudd, a new business in town in the old clothing store premises. What an interesting and enthusiastic lady she is and the variety of high quality crafts was incredible, all hand made and sometimes using materials that would otherwise not be

considered of great value, such as crushed glass. The other exciting thing is that Heather and Steve will be running classes later on to share some of these skills and will feature a kids' corner for our talented local kids. Let's hope the new business flourishes. Heather also mentioned that it was important to cater for local clientele as much as tourists so go and have a look - you won't be disappointed. Finally to the respondent to my comments two issues back. I hope your questions were answered in the most recent Valley Voice on the Streetscape issue. Whilst I don't agree with all your response I can see some good points you make and appreciate your time to write in and express your views..That's great, and thanks.

What do you think? Rod McGiveron.

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Lara Giddings, Premier. 7th November 2013
First Home Builder Boost Supercharged to \$30,000

The First Home Builder Boost will be increased from \$15,000 to \$30,000 to dramatically stimulate activity and job creation in the building industry, effective immediately. The Premier, Lara Giddings, announced the new stimulus at the latest Jobs Forum in Launceston today. Ms Giddings said the take-up for the grant, which was increased from \$7000 last year, had been slower than expected.

“It was always expected that applications would accelerate over time, but we recognise the need to create jobs right now,” Ms Giddings said. “Builders have told us that there has been a lot of interest from people wanting to build their first home, but they needed more time to accumulate a deposit. That is why we have taken the decision to turbo-charge the incentive for people to build their first home, effectively

paying the cost of a deposit on an average new home build. With record low interest rates, affordable house and land packages and now a \$30,000 down payment from the State Government, there has never been a better time to build a home.

“By limiting the incentive for a short time period, we hope to see an uplift in building activity which will create jobs. I would encourage anyone who has been thinking about building or even buying a new home off the plan to think seriously about taking advantage of this offer.

Ms Giddings said the grant was now the most generous in the nation, particularly when taking into account Tasmania’s housing affordability.

“Tasmania already offers a lifestyle that is second to none and it is now amongst the cheapest places in the country to realise the great Australian dream of building a new home. The average cost of constructing a first home in Tasmania was around \$234,000 in 2012-13 and this grant will make building an even more attractive proposition.”

The scheme will run until December 2014, with the cost expected to be covered within the original \$24.5 million Tasmanian Jobs Package.

Further Information: Ben Wild - 0459 801 969

www.premier.tas.gov.au



St Marys Pacing Club.

Hello everyone. Just an update on the preparations heading towards the St Marys Pacing Club race day on New Year’s Day.

Things are progressing well at this stage with the only concern being the condition of the race track, especially the home turn corner which is still wet after the recent above average rainfall we have had. TasRacing have elected to conduct race trails on the track on December 14th so hopefully fine weather will prevail and allow the track to dry out and enable this to happen.

Race day is coming along nicely with some new sponsors and individuals offering their support and help to make our day run smoothly, so a big thanks to those people. We could still do with some extra hands in the kiosk so if you wonderful readers would like to give a hand if only for a short time please let myself know or one of our hard working committee people that you are available if required to help.

We’ve been allocated seven races by TasRacing and if there are sufficient horses the club will provide the prize money for an extra race.

Thanks to some wonderful local businesses and individuals we have received enough money to be able to provide a free jumping castle for the children all day, a free raffle for all children and of course the junior race girl and boy competition (Tiny Tot & Teen) with some great prizes and something for every entrant to take home with them.

Thanks to Cense Consulting group St Helens for their wonderful sponsorship of the race lady competition with a first prize of \$200 to the winning lady, along with other prizes sponsored by businesses throughout the communities. We will provide a full list of the wonderful loyal sponsors of our race lady and junior competitions next issue.

The eight races have again been proudly sponsored by our past loyal sponsors. With their kind sponsorship we are able to provide an embroidered horse rug to every winning horse on the day along with other trophies, so a big thanks to the following sponsors:

Prompt Electrical, Gazzmans St Helens, Southern Cross Television, Bullock Consulting, Beachfront Bicheno, Launceston Mazda, St Helens Mitre 10 and Harris Funerals.

A big thanks to all sponsors and individuals who have offered their support once again and we look forward to catching up new Year’s Day.

Thank you.

Craig Woods Ph 6374 2381,

E: zugylarry@yahoo.com.au



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BREAK O'DAY COUNCIL'S COMMUNITY FUNDING PROGRAM

2013/2014

The Community Funding Program provides grants to communities to improve facilities/programs in their township or to improve the overall amenity of their town. All community groups that represent the ratepayers of their community are eligible to apply for funding.

Projects that will be considered for funding but not necessarily restricted to include:

- *Beautification projects*
- *Projects to improve or construct recreation facilities*
- *Projects that will improve the amenity of the township/community*

Projects that will not be considered:

- *Any projects on privately owned land or which cannot be freely accessed by all community members*
- *Capital Works projects (ie. Footpaths, kerb and guttering etc.)*

Eligibility:

- All community groups that represent the ratepayers of their township/area are eligible to apply for funding.
- Only local **NOT-FOR-PROFIT** community groups will be given consideration for funding assistance.
- Preference will be given to incorporated organisations with proven capacity to administer grants.

A detailed submission must be developed.

Applications can be made under the Community Funding Program up until
Monday 3 March, 2014.

For further information contact

Chris Hughes on 6376 7900 or email chris.hughes@bodc.tas.gov.au

Application forms can be downloaded from the Council's website at

www.bodc.tas.gov.au



**Avoca Museum and Information Centre
Old School Building
AVOCA TASMANIA 7213**



**Notice of an AMIC Special General Meeting for 4pm on
Tuesday 17th December.**

Purpose of Meeting: To accept the audited Annual Financial Report, move to de-register for GST and to propose the following constitutional changes:-

Banking and Finance

8. (6) All cheques, drafts, bills of exchange, promissory notes and other negotiable instruments shall be signed by the Treasurer or, in his/her absence, by such other member or members of the committee as the committee may nominate for that purpose, and shall be countersigned by the Public Officer.

It is proposed that clause 8. (6) be changed to:

8. (6) All cheques, drafts, bills of exchange, promissory notes, and other negotiable instruments shall be signed by the Treasurer *and one other member of the executive committee or, in the absence of the Treasurer, by two members of the executive committee.*

29. (1) *The president, the vice president, the treasurer and the secretary constitute the executive committee.*

Constitution of the Committee

23. (1) The committee consists of the following members elected at the annual general meeting of the Association in each year:

- (a) the officers of the Association.
- (b) a minimum of five other members, or all financial members of AMIC Regional Arts group.

It is proposed that clause 23. (1(b)) be changed to:

- (b) *a minimum of five other members.*

Financial Year

31. The financial year of the Association is the period beginning on the 1st July in one year and ending on the 30th June the next following year.

It is proposed that clause 31 be changed to:

31. The financial year of the Association is the period beginning *on the 1st January and ending on the 31st December.*

This amendment is to bring AMIC into line with other Council committees.

The next AMIC market is Saturday 14th December 2013.

Contact Steve on 6384 2188 for a stall. Please note this is the 2nd Saturday in December.

Mary Knowles.



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Everyone Welcome to our Free Family Christmas BBQ.



Join your Friends & Neighbours for Christmas Fun, Songs and Fellowship with a difference under the trees down by the River and stay to enjoy the Free Family BBQ and Family games.

11am SUNDAY 8/12/13

Where : 1476 Upper Esk Rd, Upper Esk (end of the bitumen road west from Mathinna and beginning of Gunns Rd to Roses Tier)

What to bring: Salad Plate or Desserts (Meat is provided) & Picnic Rug or Chairs

Who: Everyone - Especially the kids!

RSVP: 6/12/13 (please for catering purposes)

Contact: Tanya 0412 300 850 or Peter 0418 915 681.

Service conducted by Pastor Michael Wakefield, St Marys Anglican Church.



THE GIVING TREE

Ana, of Ana's Hairdressing Salon has again placed The Giving Tree in her salon.

It was a great success last year and Ana wishes to say a huge thank you to all who donated gifts then, and extends an invitation to the community to again be generous and provide something to brighten someone's Christmas.

Gifts must be unwrapped, may be for children or adults and should be in place by the cut-off date of Tuesday, 17th December.

This year the gifts are to be distributed by Anglicare.

If you live in St Marys and surrounding communities, including the Fingal Valley, and you require assistance with Christmas gifts, you must supply your details to Thom Ryan, Anglicare on 6376 1810.

No home deliveries will be made this year. Instead the collection date will be Thursday, 19th December in St Marys at the Anglican Church between 10.30am and 12 noon.



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- RIPPER, ROCK & LOG GRAB & QUICK HITCH
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OPEN : DEC 30 & 31
CLOSED : NEW YEAR'S DAY
OPEN : JAN 2 & 3



CLOSED FOR A BREAK: JAN 4 - JAN 20
OPEN FOR BUSINESS AS USUAL
JANUARY 21ST 2014

*Compliments of the Season
to all my valued customers.*

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BREAK O'DAY STITCHERS.



Lundy and Marj - working hard.



Barbara, Evelyn and Monica admiring the embroidered squares.

The B.O.D. Stitchers have now started preparing for the festive season with much emphasis being placed on personal projects while still making the Community Quilts which are well received by all recipients. Our raffle quilt which is an annual project to raise funds for charity has been completed and, in fact, some ticket sales have already been made although the raffle is not drawn until our annual Easter Exhibition. Some of the group travelled to Bicheno last month for the Quilt and Craft Show which was enjoyed by all and a credit to the organisers.

Any new crafts-people to the area who are interested in joining or just visiting our group should contact the following members for further information: Ann at mluttrell2@bigpond.com or Kay on 6376 3985.

Agnes Johnston

FINGAL VALLEY NEIGHBOURHOOD HOUSE INC

SALOON BAR AND CASINO BUS TRIP

DATE: SATURDAY 14th DECEMBER, 2013

**TIME: LEAVING FINGAL VALLEY
NEIGHBOURHOOD HOUSE AT 4.30pm**

ARRIVE AT SALOON BAR AT 6pm FOR A NICE AFFORDABLE MEAL.

LEAVE SALOON BAR THEN OFF TO LAUNCESTON
COUNTRY CLUB CASINO TO HAVE A FLUTTER.

BUS FARE: \$15.00 PER PERSON. THIS WILL BE PENDING ON NUMBERS ON SEAT

**CONTACT THE FINGAL VALLEY
NEIGHBOURHOOD HOUSE ON 63742344 OR
CALL INTO THE OFFICE TO BOOK YOUR
SEAT**

FINGAL VALLEY NEIGHBOURHOOD HOUSE INC. HOBART TRIP

DATE: Saturday 7th DECEMBER, 2013

**TIME: Leaving Fingal Valley Neighbourhood
House at 7.30am.**

**VISITING THE SORELL
MARKET FOR SOME
CHRISTMAS SHOPPING.**

BUS FARE: \$15.00 per person



Contact the Fingal Valley
Neighbourhood House on
6374 2344 or call into the
Office and book your seat.

Eric Hutchinson MP visits Break O'Day to inspect proposed strategic projects, 26th November 2013.

Liberal Member for Lyons Eric Hutchinson MP met with Break O'Day Mayor, Councillors and Council officers on 22nd November to receive a briefing on Council's strategic infrastructure priority projects, and inspect some of the projects that Council sees as key priorities for the area and the community. Many of the projects focus on the access and transport issues that have been facing the east coast and surrounds for many years. Council made a presentation to Mr Hutchinson that outlined the projects on the strategic projects priority list, which is available for viewing on the Council website. One of the projects, the redevelopment of the St Helens foreshore, has been earmarked for application under the National Stronger Regions Fund, as announced by Mr Hutchinson prior to the Federal election.

Mr Hutchinson said the foreshore and waterfront area is one of Council's biggest assets, and should be developed as such; Council advised that community consultation and feedback on this project has been very positive. Council also briefed Mr Hutchinson on the current program of bridge replacement and maintenance that is improving serviceability and safety of Council bridges, and expressed that there are many more bridges in the municipality that need upgrading or replacing. Mayor Schmerl explained that Break O'Day's infrastructure is currently inadequate.

"We realise that we can't replace like for like, we must replace like for better, as much of our infrastructure is just not up to standard," she said.

Mr Hutchinson expressed support for a strategic and long term approach to infrastructure investment in the area, a view which is very much in accord with Council's vision.

After the meeting, Mr Hutchinson had the opportunity to inspect the Binalong Bay Causeway, which, as recently as two weeks ago, was submerged after heavy rainfall and still showed signs of inundation in the surrounding paddocks. The St Helens Sport and Recreation Ground was the next stop, with discussion here centring on Council's long term plans to develop this facility's capacity to deal with the high levels of sports participation in the area. The final site visit was the newly purchased land intended for consideration by the State Government as a potential site for the relocation of the St Helens District Hospital. Mayor Schmerl explained to Mr Hutchinson that the site represents a key strategic purchase by Council in order to meet the needs of a community that is one of the most isolated in the state in terms of health care.

Council looks forward to working further with Mr Hutchinson to take the next steps in applying for and obtaining funding to progress these vitally important infrastructure projects.

For more information please contact Mayor Sarah Schmerl on 0428 736 578.



Pictured left are General Manger Des Jennings, Eric Hutchinson MP and Mayor Sarah Schmerl.

Free green waste Sundays for St Helens and St Marys tips.

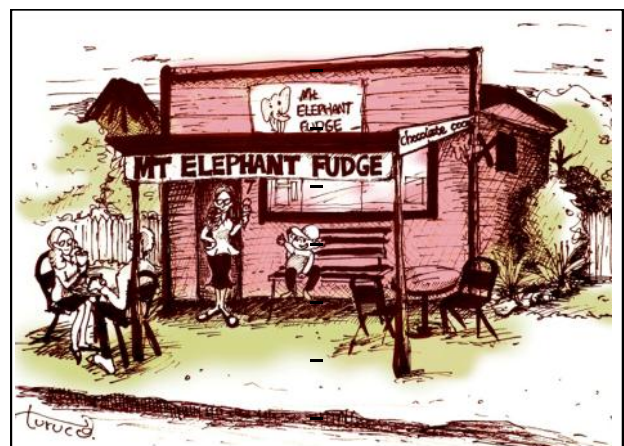
Did you know you can take green waste to St Helens and St Marys tips for free on Sundays from 1 November 2013 to 28 February 2014?

Council is providing 'free days' when household green waste can be taken to tips to encourage appropriate green waste disposal, particularly during the fire risk season when people are reducing fire fuel loads.

Many garden plants, often the 'easy to grow' ones, will grow from seeds and plant parts cut or dug up to be cleared away. In fact 'garden escapes' are the source of many old and new weed problems, Paterson's Curse for example.

If you're clearing up some plants that have gotten a bit out of hand in the garden, or growth that is a fire risk, please don't dump the waste in the wrong places, use the 'free days' at the tips.

Break O'Day Council November Newsletter.



MT ELEPHANT FUDGE

Wed, Thurs, Fri, Sat, Sun

Ph: 6372 2787

7 Story Street

*Christmas, Gifts, Christmas, Gifts,
Christmas, Gifts, Christmas, Gifts,
Christmas, Gifts...*

TAKE A LOOK NOW...



Beverley in 1954.

No Room.

'Oh, ow, o-o-ou-CH,' I remember screaming in my three year old about-to-throw-a-tantrum voice. This was retaliation for enduring the daily ritual of my mother arranging my unruly, curly hair into ringlets. As a pacifier she would recite poetry, sing a variety of songs and tell stories.

The first hearing of the Christmas story captivated my soul and spirit. Sixty plus years later it still intrigues and inspires. There has always been empathy with those fringe people - people living on the border of 'normal' society. There was Mary, young, in labour with her first born in over-whelming, over-crowded, unfamiliar Bethlehem. She needed a place to give birth but no accommodation was available. 'No room,' the desperate couple were repeatedly told. Circumstances made no difference! Mary was now a fringe person in her home town of Nazareth because she had broken custom by committing the unacceptable 'crime' of becoming pregnant before her marriage to Joseph. This could have evoked death by stoning, especially when she claimed her child was conceived by the Holy Spirit of God. Joseph had been dishonoured by the whole affair. He had lost his good standing in his community but he remained steadfast to Mary and to the child he knew was not his.

The shepherds who came to see this baby born in a stable were excluded from 'normal' society for their days and nights were spent in the fields tending sheep. The Magi were a set-aside priestly caste, elite masters of wisdom and knowledge. Yet this diverse group came to celebrate the pivotal point in history - the birth of Jesus Christ.

Living on an isolated farm at Lower German Town and educated by correspondence school, socialising with other children occurred only during school holidays. Therefore I was a not-quite-fitting-in child. Surrounded by adults I learnt responsibility at a young age; at 10 I was cooking three-course evening meals while my father milked the cows and my mother separated cream from milk with the hand-operated separator. But in spite of this maturity, I still had to submit to having my mother put my hair in ringlets every morning. It was her way of holding onto her 'little girl'.

Then St Marys Area School underwent a radical change and became a District High School. At almost 12 I was among the privileged first high school students. Life now took on a new dimension. Daisy Dale farm with its tracts of bushland was a friendly place but the bush-encroached road I needed to walk to catch the school bus was unfriendly. I had never walked it alone. Now childish imagination, fuelled by my mother's stories, had me seeing fairytale creatures in every shrub and tree and a troll surely lurked beneath the must-be-crossed bridge. Now was the time to engage the company of my imaginary friends 'Joan', 'Mary' and 'Billy'. I'd always had talk-out-loud conversations with them with only the ducks and the daisies to eavesdrop, but the kookaburras and kangaroos also seemed to regard this as normal behaviour.

Social contact at the bus stop was avoided by hiding behind a hydro pole until the bus was in view. Bus trips were terrifying! I'd only been on 'the service bus' with my mother once a year to go to Launceston for Christmas shopping - now this bus ride was unavoidable. Stepping on that bus caused all the excited 'What did you do during the holidays?' chatter to cease, as curious eyes stared at 'the new girl'.

My cousin dutifully met me in the school ground. She was my best friend but for some strange reason she seemed embarrassed as she introduced me to her close circle of friends on our way to the Assembly Hall.

Children, children everywhere and on the stage a host of formidable looking teachers, some wearing scary black gowns and cloaks. Being in continual panic attack mode I knew nothing, heard nothing until the teachers arose and began leaving the stage. Being a child of impeccable manners I stood up out of respect for my elders and superiors. 'Who told anyone to stand?' the Headmaster's voice bellowed. He twirled his black cloak in indignation and pointed an accusing finger directly at me. Dozens of pairs of eyes descended on me - glaring at this ignoramus who dared break a vital school rule only 15 minutes into the new school year. My cousin, red-faced, was dragging at my uniform and shoving. I sat down with a resounding thud! Muffled sniggers rippled around the hall.

The next confrontation was the classroom. My only 'classroom' had been our cosy family kitchen and the welcoming great outdoors. School days had consisted of formal lessons interspersed with house cleaning, cooking, sewing and gardening. Two o'clock dismissal meant freedom to play or help my father with much loved farm work like hoeing weeds, harvesting, planting potatoes and pulling winter turnips for the cows to eat.

Now my cousin and her contingent of friends had abandoned me. Friendless I entered a room full of strange, unfriendly faces. 'Find you desk buddy for the term,' the teacher instructed. Mission impossible! This was a group of about 30 sophisticated, important young girls parading their fashionable hair styles; then there was me. Me, complete with ringlets lovingly done to perfection by my mother. To mark this momentous occasion in my life she had added a conspicuous brand new blue bow!!

The end of school term saw my parents have a rare but massive marital argument caused by my simple question 'May I please have my hair cut?' Elation over my stylish professional hair cut was slightly marred by my mother's week-long tears; tears shed at the loss of those intimate mother and daughter do-my-hair moments and for the revelation that her 'little girl' had disappeared and a budding teenager was emerging as a replacement.

The new look me gained the approval of my class mates but no new physical appearance could change the inner me. By now it was generally accepted that I was 'different' due to the fact that I had been 'isolated' on the farm. Inclusion into my cousin's best-friends circle did not provide any soul mates. Preferring daydreaming to girlish chatter I often received

curious stares at lunch break - maybe during those times of reverie I conversed aloud with 'Joan', 'Mary' and 'Billy' for they understood me.

Life's fulfilment to me was enjoying and exploring the wonders and delights of Nature - outsmarting a turkey hen so she unwittingly led me to her hidden nest, congratulating proud blue wren parents on their newly hatched offspring, sharing in the secrets the wind whispered to the willow trees, marvelling at the artist palette of moss and lichen on the branches of forest trees, tip-toeing through grassland to avoid crushing delicate wild flowers. The girls at school also enjoyed the wonders of Nature - boys!

On the Friday morning of that first week at school I learnt one of the big facts of life - segregation! Throughout the week our class studied Maths, Science, English, French etc together, now it was time for Religious Instruction. Our class instinctively divided, one group going in one direction, the other group in another direction according to 'label' - Catholic or Protestant.

Since I was five mother had walked me to St Marys every Sunday to Sunday School run by the Church of England (a 10 km round trip, but religious instruction was all-important). Now there was confusion deciding which group 'owned' me. My cousin solved the dilemma by grabbing my arm and saying 'We don't go with that lot,' as the Catholics marched away. Commonplace for me was daily personal Bible reading and frequent talks to my best friend, Jesus, throughout each day therefore I found this weekly Religious Instruction restrictive, ritualistic and boring. Secretly I wanted to troop off with 'that lot' and discover if Catholic instruction was any improvement but timidity overpowered my curiosity.

Back in the 1960s school children marched with the Returned Soldiers on ANZAC Day. To be properly prepared the entire school practised days ahead. The Headmaster banged the lid of a metal rubbish bin with a wooden spoon as we marched rhythmically around the schoolyard. His sergeant-major voice commanded 'Left, right, left - who is that idiot who doesn't know their left foot from their right?' All eyes automatically turned to me.

ANZAC Day came. We all marched down the main street of St Marys, around the block and to the hotel corner. I was absorbed in getting that left foot, right foot right but I halted in surprise. Marchers began dropping out of the parade and formed a group that marched right towards the Catholic church. The remaining marchers turned left for their service.

'We all fought together side by side for our homeland and freedom now here in our homeland we are divided,' my returned soldier father lamented. 'We can't even honour our fallen comrades in unity.' Rare tears shone in his eyes, mirroring his heartache. 'That's what turned me off religion,' he added. Turned off 'religion', but not off God.

This sad segregation had been happening for years but that year I saw it with all its implications. With new found knowledge of having eyes to really see, ears to really hear and a heart to really feel I found segregation had invaded many areas of society. Many and diverse people were told 'No room'. They were fringe people - people living on the border of 'normal' society. The older I grew the more I saw. No room for those of different skin colour, no room even for varying body shapes (too fat, too thin), no room for cultural differences, no room for differing ideas and beliefs, no room for 'outside normal intelligence' range of people.

To be continued...

Beverly Rubenach, Gray. November 2012.



Fine! But if you leave, we're over!

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INVITATION

Christmas Dinner at Chrissy's Bistro, Fingal Tuesday 11th December 2013
5:30 for 6pm. Cost: \$25.00, all members and friends welcome.
RSVP to Mary 6385 2002.



Greater Esk Tourism's **Cocktail Evening** at the Purple Possum St Marys on the 15th November celebrated the winners of the GET 2013 Photographic Competition and the launch of Owen Hughes' wonderful new book "The East Coast of Tasmania" by the Minister for Tourism Scott Bacon.

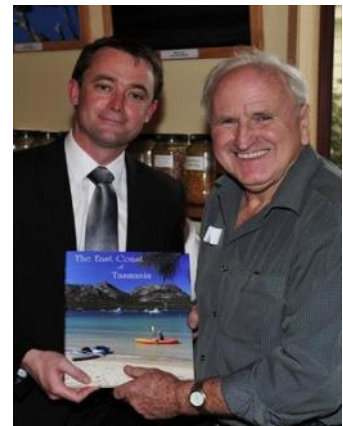
Support from three Councils and the Minister for Tourism.



'Up & Away',
Anne Hollingsworth's
winning photograph.



Mary Knowles Councilor Northern
Midlands Council, Bertrand Cadart Mayor
of Glamorgan Spring Bay Council, Owen
Hughes, Sarah Schmerl Mayor of Break
O'Day Council and
Scott Bacon, Tourism Minister.



Hon Scott Bacon launching Owen
Hughes' new book
'The East Coast of Tasmania'.



'Evercreech Tranquility'
People's Choice Award won by
Peter Troode.



Anne Hollingsworth and Owen Hughes.

Winner - Anne Hollingsworth's *Up & Away*.

People's Choice Award: Peter Troode's *Evercreech Tranquility*.

Finalists:

Peter Troode - *It's So Big, Haunting Reflections, Exploring the Valley, Loyal Friends, Garth Heritage Fingal Valley*.

Mary Knowles - *Gipps Creek Road*.

Lillian McRostie - *Frosty Morning Fingal Valley, Water Tower St Marys Railway Station*.

Arthur Progly - *Symbiosis*.

Jeanette Gilbert - *Grazing Beneath Ben Lomond*.

Congratulations to the winners and finalists, and thanks to everyone who entered.

St. Marys Cricket Club

Match Report 24/11/13. St. Marys V Scamander at Scamander
MATCH ABANDONED DUE TO WET WEATHER.

Match Report 1/12/13, St. Marys V Scamander at St. Marys. A sunny day for a change saw St Marys take on St Helens at the St Marys Rec Ground. The Tigers won the toss and sent St Helens in to bat. With some great bowling, catching and fielding once again, we restricted St. Helens to 7/72. Gary Cooper (3/8) and Shaye Ward (2/2) were the pick of the bowlers.

In reply St. Marys chased the total down in the 14th over, due to Craig Freiboth (31) and some late big hitting from Scott Bentley (22 n.o.) saw the Tigers finish with our second win of the season, great game fellas.

It's just what we needed to keep us in the finals race. Once again thanks to the spectators that came along to support us, great to see some locals taking interest in the team.

Thanks to Mandy and Alana for their help with the BBQ, great effort girls.

NEXT GAME: St. Marys V Pyengana at Pyengana, 8/12/13

CLUB NOTE: Subs due by 22/12/13. Uniforms should arrive within the next fortnight, and we will be holding a presentation evening at the St. Marys Hotel, date to be advised.

The St. Marys Tigers would like to thank our sponsors; C & D Excavations, St Marys Hotel and Caltex St Marys for their ongoing support.

Go Tiges!

Chris Turner, Coach.
0408 308 846



OUT OF THE WOODWORK, Secretary Wendy Brennan, 6372 2094.

www.breakodaywoodcraftguild.weebly.co

The Guild has had its final meeting for the year, however, we will still be open on our advertised dates except Christmas day.

Members would like to thank Graham and Margaret Derbyshire for the donation of kitchen cabinet doors which have been put to good use in our new refurbished dining area which really compliments the west wing. The finished area has been given approval from our culinary director and co-ordinator Ms Lorraine Gill!

On a serious note thank you to George Wyrstek who not only donated magnetic catches for the doors but whose expertise made sure they were fitted to his meticulous standard. All edges fit perfectly!

The croquet court has been topped dressed, levelled and seeded with grass and is gradually starting to take shape. We would like to personally thank Leo Hinder whose strong work ethic has been instrumental in keeping the project on schedule. Game enquiries have begun already.

Guild's Home Hint: How to Wash Pillows. Place the pillows end to end in the machine and fill the gap in the middle with light coloured towels - this prevents the pillows being agitated too much and compacting the filling. Wash on gentle cycle, using a small amount of cheap shampoo. To dry, place the washed towels over the top of your clothes-line and peg them in place, forming a flat surface on the top of the line. Rest the pillows on top of the towels and turn over once every hour until they are completely dry and fluffy.

Can anyone guess the identity of the little girl pictured?



Message from the Rubenachs of Gray.

Just to let people know we are NOT having our usual Christmas celebrations at our home at Gray this year, nor can we do our usual Christmas cakes.

This is due to Tim having very frequent and severe seizure clusters. Our constant role as carers is taking its toll (plus old age isn't helping any) and we can no longer cope with any 'extras' in our life.

It seems to be time for us to let go of hosting the events we have all enjoyed so much over the past 30 years.

We pray you experience the love, peace and joy of Christmas.

Peter and Beverley Rubenach, 2nd December 2013.



Bazza in rehearsal for his breakthrough role in the upcoming touring Nativity play.

Mad Dogs and Englishmen ... by Tony Story.

Whilst the Storys of Henbury, Avoca, arriving in Van Diemen's Land on the 2nd February 1836 can in no measure be viewed as Pioneers (a period ending in 1835), they were, however, early settlers. The protocols for invasion and genocide had already been laid down: the last 'free' aborigines coming out of the bush in 1842, and convict 'free' labour continuing on until after the end of transportation in 1852.

The protocols of the early settlers, then, were to populate or perish. The 'Boadicea' was the Barque that John Story Snr., his seven children and new wife Ann Story nee Trip emigrated on - I refer to it as the 'Love Boat' as it consisted mainly of 260 'free female immigrants' (mostly young orphans) to redress the lack of women in the colony. 'Love Boat' also, as John Jnr's sister Ann became very friendly with the captain, Arthur Wright, who she then married in Launceston on 3rd December 1839.

The Storys first lived at Storth, later a part of Cullenswood, the Wrights keeping their share until selling in 1874 after the remaining Storys had settled at Henbury in 1842. Even Bruce the Clydesdale got in on the 'populate or perish' lark, commanding fees of four to five guineas at Storth, St Patricks Head for his owner John Story Snr.



John Story Snr.



Cpt Arthur Wright.

In the race to populate, consanguineous relationships ('kissing cousins'), widely practised in Muslim nations, were allowed by Anglicans but frowned on by Catholics. The Storys were no exceptions. Helena Mary Story (one of John and Margaret's 14 children pictured with tabby cat next to daughter Mary Makieg in my first article) married her first cousin John Ford Story, son of John junior's brother Thomas in 1891. Eva Louisa Kerkham (granddaughter of Eleanor Kerkham nee Story) married Leslie Wilmot Groom (grandson of Ann Wright nee Story) in 1913. Closer to home, Jean Agnes Story (John's granddaughter and my grandfather's sister) married Maurice Harrison Williams (Ann Wright nee Story's great grandson but also nephew of Leslie and Eva, above) in 1927.

Double and triple cousins were also popular. John Fox Blacklock married Matilda Rosalind Story (one of John and Margaret's 14 children, pictured next to John and behind Margaret in my first article) in St. Thomas' at Avoca on 24th February 1885. His sister Mary Flora Blacklock married John Williams Story, Matilda's brother, at St. Thomas' at Avoca on 25th February 1885. Whilst I won't be making any gratuitous jokes about 'who'll come a-waltzing Matilda with me' I will note that John Story Snr. was a founding member and church warden for St. Thomas' at Avoca (established 1842) with his own specially widened pew on the back right hand side of the church.

Continuing the Story tradition of marrying above their station, we find Llewellyn and 'Norman' Story

(both sons of John and Margaret, with 'Norman' being my great grandfather) marrying Annie and Amy Louisa Graham-Smith-Maxwell, who trace their line back to Robert Smith (born 1664, first laird of Craigend Castle a.k.a. Gallowknowe).

Now, Llewellyn of 'Dooloomai' (aboriginal word for sanctuary) at Ormley, was renowned in the district in later years for rowing his double transomed hollow log across the South Esk while towing his washing along behind it. Years later his nephew, my grandfather Max, let a group of know-it-all university types convince themselves that his Uncle Llewellyn's boat was, in fact, an aboriginal dug-out canoe. As we now know, Tasmanian Aborigines used 'catamarans' of bark tied together with rushes...

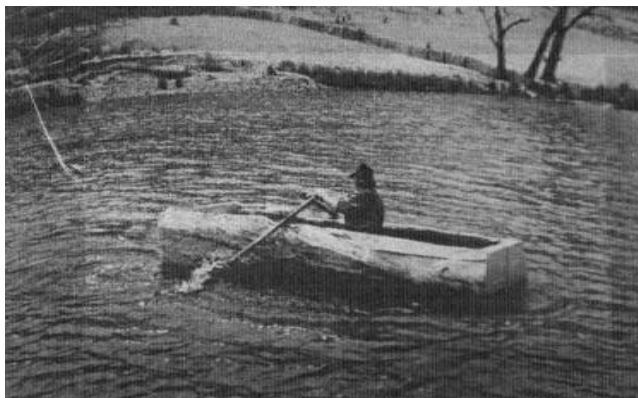
As for triple cousins, Jack, Alfred and Lillian Kettle (great grandchildren of Eleanor Kerkham nee Story and relatives of the 'singing Kettles') married Beryl, Melvena and Warren Franklin.

Whilst it's true that consanguineous relationships can have a standard 2½% of abnormalities increased to 5% by virtue of the pairing of genetic defects, it must be noted that evolution itself is a process driven by genetic mutation and adaption. While much gets said about the ill-effects of consanguinity, thousands of thoroughbred horses and their Kings and Queens also show the upsides of this practice.

Moreover, the mainlanders' practice of Tasmanian bashing is nothing more than a severe case of projection: that is, projecting your own faults (e.g. having two heads) onto others. While they mean to divide and rule they are, really, just jealous of our close-knit and homogeneous society.



From the altar rail of St. Andrews, Lebrina



Llewellyn doing his washing in the South Esk.

As for double/triple cousins - what better way of being your brother's keeper, and of keeping it in the family?

To conclude then, if you thought that Nelson Christmas Story (second article) was a rather silly name, try these gems from the Story family tree on for size: Willoughby Outhwaite Bilton Wright; Oscar Phillip Havelock White; and last but not least, Sydonia Angela Evelyn Trudgett! What were the parents thinking??

© Tony Story, 2013.



Art Tastic



To celebrate children's week this year and build on our success of Art Tastic in 2012 the Fingal Valley Early Years Group celebrated our community and children by offering an Art Tastic exhibition in Fingal, St Marys and St Helens over a three week period, along with a "We built this Community"

Play & Learn session at Fingal Primary School with Launching Into Learning.

The 'Our community' project was held during Children's Week (19th – 27th October)– which celebrates the right of children to enjoy childhood. It was a time for children to demonstrate their talents, skills and abilities. The theme this year was "celebrating children – focus on the right of the child to play"

This project aims was to build on the 'Supportive and collaborative partnership project' held in St Marys and the Fingal Valley in 2011 & 2012, by engaging educators, service. It was facilitated through the Building Blocks team and St Marys Child Care (NCN) across the whole of Break O'Day.

We would like to thank everyone for there involvement in the 'Our community in art' project with children and teachers putting forward some amazing pieces of work, each individual and reflexing each community.

We had many positive and enthusiastic comments about the children's art work as we moved across Break O'Day. It was a great way to connect children and families to our community and explore what a child friendly community could be like. It was also a fantastic opportunity for children to share ideas with each other.



**My Community in Art.
Let's share, let's have fun, let's learn together.**

Thanks again for your involvement - Cathy Parker and Tanya Greenwood

More Than Dry Facts - The Story of Henry George Summers (1854-1917)

One of the first steps in recording family history is to research births, deaths and marriages. Lots of dates and names are recorded, and places listed as to where these events took place. At first, these details are just facts. They help us to fit everyone into their position in our family tree, and give us a sense of who we are as individuals.

However, after a while you start to notice details, such as the age of people when they died, or the occupation of the father of a child as recorded on a birth certificate. You begin to realise that many people in the past died young, and that the reasons for their deaths are not common nowadays. Many illnesses and injuries, which are curable or at least preventable and treatable today, were a death sentence a hundred years ago. Women died in childbirth, little was known about birth control, and widows did not receive any financial support from the government. Families were large, and parents had to work hard to feed and clothe them.

You also discover that people sometimes lied about their age on their marriage certificates, so as to appear to be older or younger than they really were. This would happen if a man who was quite a bit older than his future wife didn't want to reveal his true age, or if the bride was legally under age and did not like to admit it! In the early days, many residents of this state had been born overseas, and there were no birth certificates available here to prove or disprove the information given.

The same difficulty arose concerning whether someone wanting to marry still had a spouse 'back home'. The authorities had to rely on what was told to them, but it is known that some who married still had a husband or wife overseas. Convicts who had no hope of returning to their birth place knew they would never see their spouses again, so a blind eye was often turned on the possibility that they were committing bigamy.

This is where the addiction to family history research really begins, because the names start to become real people - people who made mistakes, and who experienced joy and sorrow, just as we do. Wealth and poverty sat side by side, and happiness and tragedy touched the lives of them all, just as they do for us.

It's the attention to details that bring each family's story to life. This was the case when I began to put together this article. At first, my information seemed to be mostly names, dates, places and numbers. However, as I looked at the details, I found much more.



Harry Charles Thomas Summers, World War 1.

Henry George Summers was born on 19 February 1854 at Westbury. He died in March 1917, and is buried at Carr Villa in Launceston. He married Martha Ann Wilson in

Launceston on 21 July 1880. They had 11 children. Martha died on 4 November 1900*.

Just facts, right? Wrong. Looking more closely, I saw that Martha was only 37 when Henry was widowed. She died on the same day their youngest child, Martha Ann, was born. It's not hard to see that the cause of death was complications in childbirth! Poor Martha



Martha Summers nee Wilson, c. 1880.

Ann would never know her mother, and immediately, you see the tragedy and sadness of the situation. Their second-youngest child, Edith Thelma**, was not quite four years old when her mother died - a little girl who grows up with at least a dim memory of her mother, unlike her newborn sister. When you also notice that Henry and Martha's eldest son and second child, William Henry Alexander, died seven years earlier at just three years old, you begin to understand that loss was no stranger to Henry's life.

Henry and Martha's eldest daughter, Mabel May***, was only 18 when Martha died. Instead of enjoying the company of her friends, or contemplating marriage, she would have to bear the brunt of not only her own grief, but that of her father and her many siblings. She now had to shoulder the responsibilities of looking after the whole household while her father continued to work to provide for his family.

Henry's job? Several of his children's birth certificates state that he was a labourer. His pay would have been meagre, and many families had to have large gardens and orchards to ensure there was enough food for everyone. No modern conveniences in the home meant everything had to be done by hand. Can you imagine the size of the garden you would need to feed all those children, and the amount of work needed to maintain it? How much washing would there be - all of it done by hand? Cooking would have been done over the fire, and each meal would have required a lot of preparation. How many potatoes do you peel every day for such a large family?

You get the picture. Suddenly, these shadows from the past - mere names on pieces of paper - come to life. Their unspoken story begins to be told.

I then looked at the list of Henry's siblings, and realised that he was one of 11 children himself, born to William and Elizabeth Summers. Two siblings were unnamed - a female born on 27 May 1855, and a male born on 30 September 1857. Henry was only about 17 months old when his little sister was born. When you discover that most babies listed as 'unnamed' were stillborn, you again see much more than just the facts. You understand what the parents might have gone through, especially when it happened twice in a row as in this case. Henry would have been too young to remember this double loss, but children are sensitive to what is happening around them, and he would have been affected by these events too. A third

unnamed child, a female, was born on 17 August 1866, when Henry was about 12 years old.

This time, he would have been old enough to realise what had happened. There were eight living children altogether, including Henry, but his parents would have felt the loss of three babies, however many other children they had.

Another loss was to come 10 years later. The 9th and 10th children of William and Elizabeth were twins, born 8 August 1876. They were called Mabel May and Andrew Michael. Mabel died 21 January 1877, living for just under 5 months - another sibling lost, this time when Henry was an adult aged 24. [He was married himself only 3 years later, and named his first child Mabel May, after the little sister who died.]

Next, I looked more closely at the children Henry himself had with his wife Martha, nee Wilson. Their second child, William Henry Alexander, died when he was only 3 years old. Their sixth child, Leslie Hugh Dalrymple, died of pneumonia when he was 23. Leslie's funeral notice read: 'SUMMERS - On the 8th November, at Footscray, Victoria, Leslie, dearly beloved third son of Henry and the late Martha Summers, aged 23 years and 9 months. (Suddenly. Pneumonia.)'

To add to the huge losses already suffered by Henry in his lifetime, his youngest child, Martha Ann, died aged only 14 on 29 March 1914 ...

Henry himself died a tragic death. On 3 March 1917, when he was 63, Henry fell victim to tetanus due to a rose thorn. His second-youngest child Edith, who as already mentioned was not quite four when her mother died, was now only 11 years old and both motherless and fatherless. Henry's son Leonard, who is my husband Ian's paternal grandfather, was just 12 years old when his mother died. He was an adult of 29 and married with children when his father passed away. He did not have happy memories of his childhood, and remembered his father as a hard man. I can't help wondering if this was at least partly due to the terrible losses his father had experienced in his life. Did he even know how to cope with a grief compounded by suddenly having to take sole responsibility for a newborn child, and a large family of young children who must also have been grieving? How would any of us have coped with all that he had endured?

His wife Martha also had experienced much loss in her own life. Her mother died on 23 January 1875, when she was 12 years old. Her father, Alexander, was now a widower with 9 children in his care. He was 49, older than his wife by about 11 years.

By the time Alexander's wife Harriet died, they had already experienced the loss of their 5th and 6th children, Alice and Bridget, on the same day (2 November 1862). Martha was born the following year, but her younger sister, Sophia, died after living only a week, on 4 May 1868.

What amazes me as I compile our family history is that people *survived*. In spite of great hardships and tragic events, they continued to work, to look after their children, to be part of their communities, and to establish families that would go on into the future to the present day.

These are the people that make us who we are today. Yet the memory of many of them has faded into the mists of time. By researching our family history, I am playing a part in honouring our forbears as individuals - people who experienced life to the full, taking the good times with the

bad.

Where would we be without them? We wouldn't exist, pure and simple. By taking the trouble to find out who they were, how they lived and how they died, they did not live in vain.

We are who we are because of them!

© Rita Summers
2013

Notes:

*Funeral notice for Martha Ann Summers, nee Wilson (Examiner, Launceston

6/11/1900): 'The funeral of the late Mrs. Summers will leave her late residence this day, at 4 o'clock, for Franklin Village. Friends are invited to attend. STORRER, Undertaker, St. John Street.'

**Edith Theresa Summers had a son out of wedlock; her second name on the child's birth record is given as Thelma rather than Theresa.

***Mabel May Summers, known as May, never married, but she did have a daughter who she raised on her own. May lived in a cottage at Low Head owned by the Peron family, and some family members suspected that a member of this family might have been the father of her child. Michael Wakefield has photographs of May with her daughter outside their cottage at Low Head.

Other information:

-Harry Charles Thomas Summers, 4th child of Henry and Martha, served in the army during World War I. A portrait photo was taken of him in uniform, as well as another photo of him as part of a large group of soldiers.

-John Jones, 8th child of Henry and Martha, had very blue eyes. He became very stooped because of ploughing work. In 1914, John, along with several others, including Charles Henry Summers (probably John's brother Harry Charles Thomas), was charged with 'having absented themselves from a compulsory half-day parade on October 4, 1914.' All pleaded guilty, and all were fined 6s 6d costs. If they defaulted on these fines, they would be taken into custody by Captain Burgess in the Detention Barracks, Hobart, for 5 days.

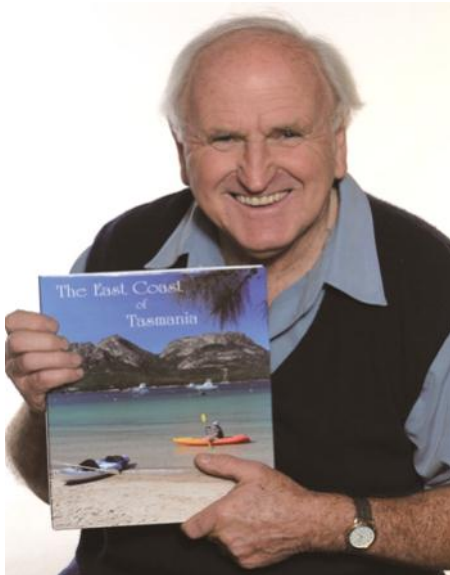
-Emma Rose Summers ran away from home when she was 16 years of age. She died in Sydney on 20 May 1972 when she was almost 80 years old.

Sources:

Tasmanian Pioneer Index; Archives Tasmania; Examiner Newspaper, Launceston; Ray Summers; The Mercury Newspaper, Hobart, Tasmania; Parish records, St. Andrews Church of England, Evandale; Chris Ward; Raymond Summers; Michael Wakefield; Ian Summers.



Mabel May Summers at Low Head.



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A Bit of Pre-Christmas Cheer.

Hugs.

It's wondrous what a hug can do
 A hug can cheer you when you're blue.
 A hug can say 'I love you so'
 Or 'Gee, I hate to see you go.'
 A hug is 'Welcome back again!'
 And 'Great to see you', 'Where've you been?'

A hug can soothe a small child's pain
 And bring a rainbow after rain. The hug!
 There's just no doubt about it, we
 scarcely could survive without it. A hug
 Delights and warms and charms, it must
 be why God gave us arms. Hugs are
 great for fathers and mothers, sweet
 for sisters, swell for brothers, and
 chances are some favourite aunts love
 them more than potted plants. Kittens
 crave them, puppies love them, heads
 of state are not above them. A hug
 can break the language barrier and
 make the dullest day seem merrier.
 No need to fret about the store of
 'em, the more you give, the more there
 are of 'em.

So stretch those arms without delay and give
 someone a hug today.

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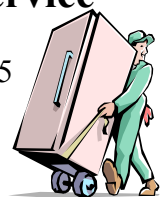
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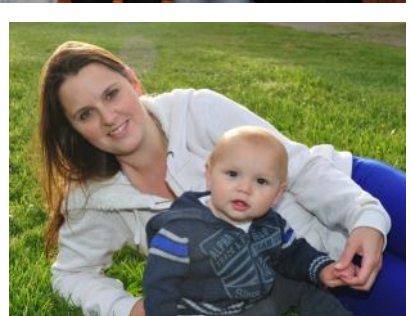
- Colour in Santa and his reindeer
- List 3 ways Santa can stay healthy and travel safely this Christmas
- Put your entry in the entry box at the St Marys Health Centre to enter the draw to win a prize!

3 ways Santa can be healthy and travel safely this Christmas are:

- _____
- _____
- _____



Mental Health Week (6th-12th October 2013) activities at St Marys Town Hall and Village Green. Photos by Peter Troode.



Mental Health Week (6th-12th October 2013) activities at St Marys Town Hall and the Village Green.



Photos by Peter Troode.



MT ELEPHANT PANCAKES

Michael, Louise and girls would like to say Thank You to all the locals who have supported us at Mt Elephant Pancakes over the last five years, and to Dee and staff at the St Marys Newsagency, the Bicheno Newsagency and staff, and a special Thank You to all the wonderful staff who have worked alongside us. A big THANK YOU to Vanessa for all your hard work and for being so kind to us and our family.

Thank You.

We wish you all a Merry Xmas and a Happy New Year.



INVITATION



Launch of the **MASK EXHIBITION** and TRA touring exhibition **Costa Norda**.
 Enjoy a cuppa at our Open Day on Saturday 14th December from 11am-3pm at the Avoca Museum and Information Centre in the Old School Building, Avoca.

The top 10 birds

1. Superb Fairy-wren
2. Australian Magpie
3. Hooded Plover
4. Laughing Kookaburra
5. Rainbow Lorikeet
6. Tawny Frogmouth
7. Willie Wagtail
8. Spotted Pardalote
9. Bush Stone-curlew
10. Galah

Top birds by state

- ACT: Australian Magpie
 NT: Bush Stone-curlew
 NSW, QLD and TAS: Superb Fairy-wren
 SA, VIC: Hooded Plover
 WA: Carnaby's Black-Cockatoo
 International: Spotted Pardalote

The Interview.

‘Sit down Mr Kent. I’ve been reading your job application, but tell me in your own words why exactly did you leave the States?’

The speaker’s accent was Australian, softened by the trans-Atlantic tones of one who had spent many years away from his native land. He was seated in a sumptuous black leather armchair behind a desk big enough to land a helicopter, its surface bare except for a computer. The young man he addressed perched nervously on the edge of a straight-backed chair.

‘Well Sir,’ said the young man, ‘it was because of cell phones. I had a second job, you see, fighting for truth, justice and the American way. Every once in a while I’d get a call and I’d nip into a public phone booth, change into my uniform and go to work fighting the evil forces of crime and corruption. Now that everyone has a cell phone there are no public phone booths, and I couldn’t very well change in the street. I tried once and I was arrested for public indecency. I pointed out I did have my underpants on, even though they were on the outside of the costume, so the police let me go. Unfortunately, so did my boss, who thought the episode was undignified.’

‘We expect a one hundred per cent commitment from our staff, so we don’t encourage second jobs,’ said the man behind the desk. ‘Now, we have a lot of applicants for this position; what makes you so special?’

‘I can run faster than a speeding locomotive,’ said the young man.

‘Not hard to do with the trains around here. And?’

‘I can leap tall buildings in a single bound.’

‘Hmm. Might be useful. Celebrities and royals have a habit of hiding behind high fences. There are a couple of things that concern me though. It says here in your application that you’re allergic to Kryptonite. I don’t know how common this stuff is, but we don’t want you taking sickies all the time. What worries me more,’ said Rupert Murdoch, ‘is this description of you as “Clark Kent, mild mannered reporter”. I’m not sure “mild mannered” is the kind of journalist we’re looking for at *News of the World*. Don’t call us, Mr Kent, we’ll call you.’

Bill Greer, Mathinna.



This amazing photo by Brian Smith shows one of the two gigantic 30 metres high horse heads that have just been completed in Scotland. They call them The Kelpies, and one day Hobbits and Elves will pass by them en route to drop some ring somewhere.



The STRONG message from police for this edition of the Valley and East Coast Voice Inc. is in relation to locking houses and cars.

It is extremely important that people remember to lock their houses when out.

Also give consideration to locking the doors of your house when working outside or using machinery such as lawn mowers and brush cutters.

Most crimes are of opportunity and if a villain is presented with the opportunity of an unlocked house when you are out or an unlocked front door while you are mowing the back yard then it makes things all too easy for them!

It is equally important to lock your car when stopping to shop or even to duck in and pick up the milk and paper!

Leaving a motor vehicle unlocked, with window down or keys in the ignition is an offence:

Fail to remove ignition key (when over 3 metres from motor vehicle unattended by person at least 16)

Fine: \$70

Code: F285

Legislation: RR 213(4)

Fail to lock doors (when over 3 metres from motor vehicle unattended by a person)

Fine: \$70

Code: F286

Legislation: RR 213(5)

Fail to lock doors or secure windows (when over 3 metres from motor vehicle unattended by a person)

Fine: \$70

Code: F287

Legislation: RR 213(5)

Police will be monitoring this over coming months and may enforce any offences detected in an effort to raise local awareness. It is important that we don't make the Valley or East Coast an easy target for motor vehicle burglars or thieves.

Having your house or vehicle unlocked can also affect your insurance.

Tasmania Police are committed to preventing crime from occurring and always locking your house and car is an easy way to guard against theft.

Cst Jon Chandler

St Marys Police Station.

- If you have food in your fridge, clothes on your back, a roof over your head and a place to sleep you are richer than 75% of the world’s population.
- If you have money in the bank, your wallet and some spare change you are among the top 8% of the world’s wealthy.
- If you woke up this morning with more health than illness you are luckier than the million people who will not survive this week.
- If you have never experienced the dangers of battle, the agony of imprisonment or torture or the horrible pangs of starvation you are more blessed than the 500 million people alive and suffering.
- If you can read this message you are more fortunate than the 3 billion people in the world who cannot read at all.



Beyond the Trolley.

I like the kind of baking that doesn't leave me with a lot of washing up so I love a cake I can whiz up in the food processor. I am also always looking for healthy-ish snacks for the kids. This cake has the benefit of having vegetables and no sugar! The trick is that it is sweetened with Medjool dates.

Carrot and Date Cake

2 eggs

½ teaspoon bicarb soda

½ teaspoon ground cinnamon

2 large carrots, grated

11 Medjool Dates - pitted

150g butter, melted

1 cup wholemeal self-raising flour (OR 1 cup wholemeal flour with 1 teaspoon baking powder)

Combine eggs, bicarb, cinnamon and carrots in food processor 'til blitzed. Add dates and blitz until finely chopped. Add melted butter and blitz until mixed in. Finally add flour and blitz until well mixed. Spoon mixture into tin and bake in a moderate oven for about 30 minutes (or until a skewer comes

<http://www.beyondthetrolley.com/2013/03/wednesday-recipe-carrot-and-date-cake.html#more>



Actual Court Transcripts.

Attorney: Doctor, how many of your autopsies have you performed on dead people?

Witness: All of them. The live ones put up too much of a fight.

Attorney: She had three children, right?

Witness: Yes.

Attorney: How many were boys?

Witness: None.

Attorney: Were there any girls?

Witness: Your Honour, I think I need a different attorney.

Can I get a new attorney?

Attorney: Do you recall the time that you examined the body?

Witness: The autopsy started around 8:30 pm.

Attorney: And Mr. Denton was dead at the time?

Witness: If not, he was by the time I finished.

Attorney: Were you present when your picture was taken?

Witness: Are you sh...ng me?

Attorney: Is your appearance here this morning pursuant to a deposition notice which I sent to your attorney?

Witness: No, this is how I dress when I go to work.

Attorney: Can you describe the individual?

Witness: He was about medium height and had a beard.

Attorney: Was this a male or a female?

Witness: Unless the Circus was in town I'm going with male.



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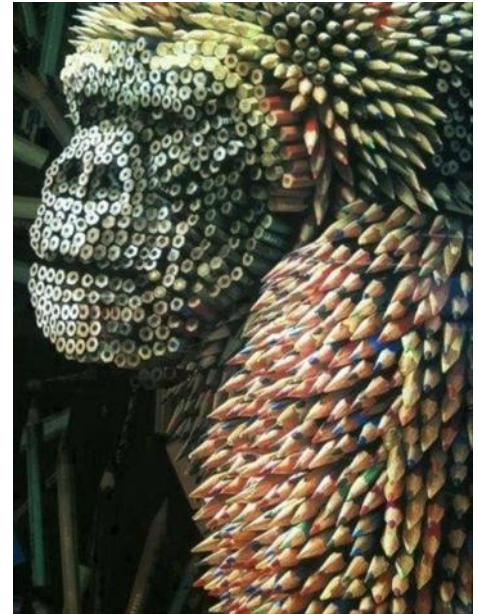
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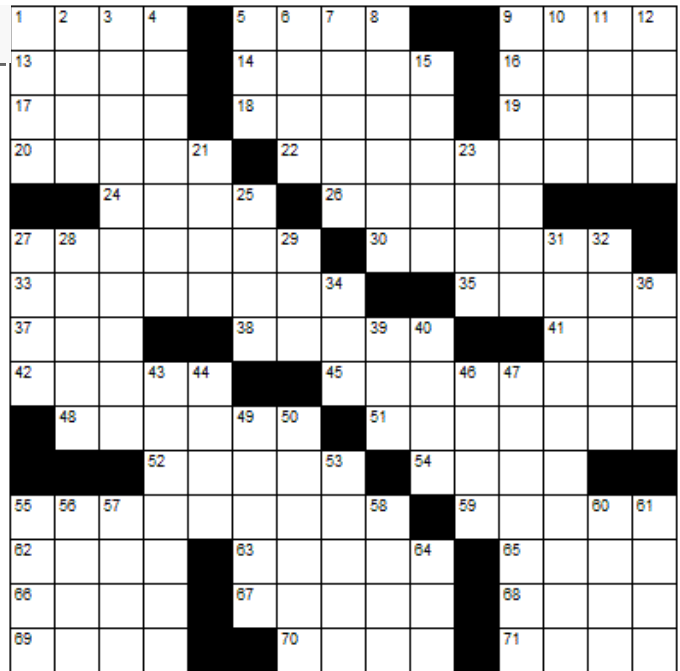
ACROSS

- 1. Hairdo
- 5. Sun
- 9. Hefty volume
- 13. Paper holder
- 14. Lubricated
- 16. At the peak of
- 17. It ebbs and flows
- 18. Incline
- 19. Chomp
- 20. Steeple
- 22. Odontalgia
- 24. Temporary living quarters
- 26. Liberates
- 27. Carefulness
- 30. Vestiges
- 33. Hypersensitive
- 35. Birds of peace
- 37. Ghost's cry
- 38. A religion based on sorcery
- 41. American Dental Association
- 42. Hush up
- 45. Master copy
- 48. Yearn
- 51. Any simple chemical
- 52. Nautical for stop
- 54. Faucets
- 55. Linked
- 59. Summary
- 62. Black, in poetry
- 63. Unit of gold purity
- 65. Express in words
- 66. Prospector's find
- 67. Stripes

- 68. Two-toed sloth
- 69. Lascivious look
- 70. Where the sun rises
- 71. Flower stalk

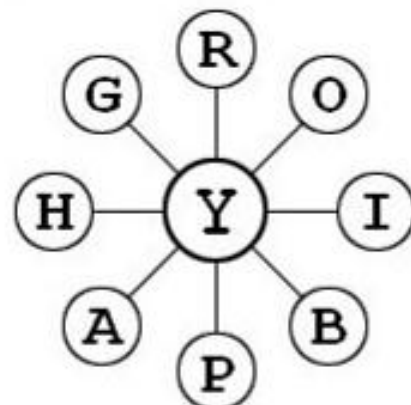
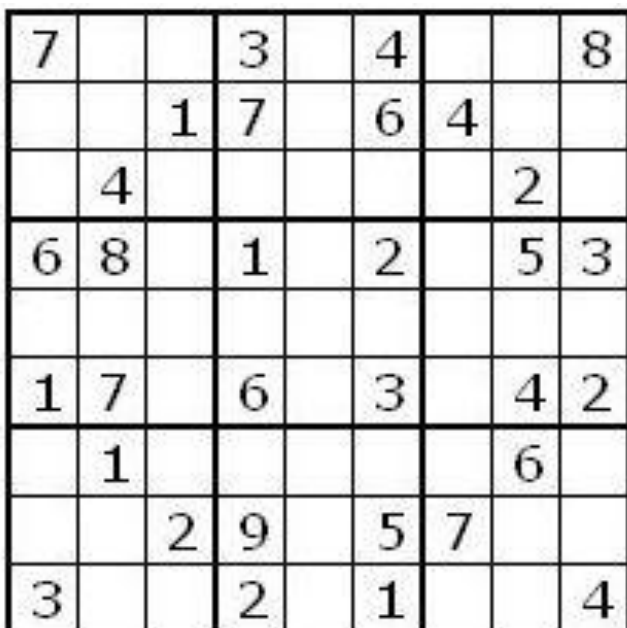
DOWN

- 1. Does something
- 2. Gymnast's feat
- 3. Absurd
- 4. Perform surgery on
- 5. Mayday
- 6. Lean
- 7. Detached
- 8. An essay
- 9. Hot sauce
- 10. Ear-related
- 11. Sweater eater
- 12. Type of sword
- 15. Discourage
- 21. Arab chieftain
- 23. A person who is in charge
- 25. Jump up and down
- 27. Taxis
- 28. Hello or goodbye
- 29. Pen part
- 31. Tending to vanish like vapor
- 32. 4-door car
- 34. Chief Executive Officer
- 36. Sodium chloride
- 39. Metric unit of area
- 40. Sword handle
- 43. Wrench (British)



- 44. Apiary
- 46. Equipment
- 47. Impulse
- 49. Instruments of torture
- 50. What's left behind
- 53. Latin name for our planet
- 55. Mobile phone
- 56. Double-reed woodwind
- 57. Connecting point
- 58. Speaker's platform
- 60. Wings
- 61. Damson
- 64. Make lace

Solutions next issue.



How many words can you find? Each word must contain the central letter Y and no letter can be used twice. Proper nouns are not allowed but plurals are. There must be a nine letter word. Excellent 24, good 19 average 14.

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves
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1st Sunday MASS

St Helens Vigil 6pm
Bicheno 9am
Fingal 11.30am

2nd Sunday LITURGY

St Helens Vigil 6pm
St Marys 9am
Bicheno 9am
Fingal 9.30am

3rd Sunday MASS

St Helens Vigil 6pm
St Marys 9am
Bicheno LWC 9am

4th Sunday LITURGY

St Helens Vigil 6pm
St Marys 9am
Bicheno 9am
Fingal 9.30am

5th Sunday MASS

St Helens Vigil 6pm
St Marys 11am
Bicheno 9am

Break O'Day Uniting Church

The Manse 6376 2405
St Helens 9am
Fingal 11.15 am

Anglican Parish of Northern Midlands

Avoca 11am 2nd Sundays
Fingal 2pm 2nd Sundays
Mathinna 2.30pm 4th
Sundays
Ross 10am 5th Sunday
Campbell Town 9am

St Marys Salvation Army Sunday Joy 12.30pm

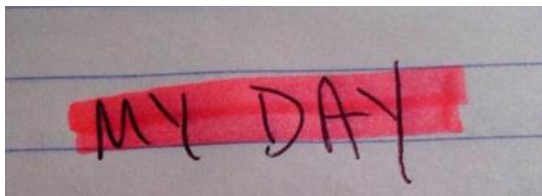
This is a bring-and-share lunch followed by a great time of friendship and fellowship. You are very welcome to join us and share our JOY!

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2013 from Reon Johns.	17th	Trace and Fog
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8th 9.2	21st	5.8
9th 20. +	22nd	50.4
11th 0.8	23rd	Trace and Overcast
12th 4.4	24th	Trace
13th 20.+	25th	13.2
14th 17.4	28th	1.4
15th 0.4	29th	7.4

ST MARYS COMMUNITY HEALTH CENTRE

WHAT'S ON AT THE CENTRE

- 5 Dec **TML Podiatrist**– Annabelle. For appointment please see your GP or Health Professional for a referral.
- Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- 6 Dec **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- TML Diabetic Educator, Physiologist and Dietician.** Appointments available by referral from you GP.
- 9 Dec **Mental Health Clinician/ Case Manager**- Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Physiotherapist**– Naomi Ide . Please see your GP or Health Professional for a referral to the service.
- TML Psychologist**– Sam McCarthy. Please see your GP for a referral.
- 10 Dec **Mental Health Clinician/ Case Manager**- Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- Physiotherapist**– Naomi Ide . Please see your GP or Health Professional for a referral to the service.
- Tom Bain, Rae & Partners Lawyers.** At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
- 11 Dec **Day Centre– Christmas Luncheon.** For details on the group please contact Hayley Gilbert 6372 2111
- TAZREACH**– Antenatal Clinic with Katie. For appointments please see your GP.
- Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.
- Physiotherapist**– Naomi Ide . Please see your GP or Health Professional for a referral to the service.
- 12 Dec **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- Relationships Australia**– Leanne McMurtrie for appointments please phone 1300 364 277

WHAT'S ON AT THE CENTRE Continued...

- Eyelines**- Phone 1300 139 363 for appointments. Consults Bulk billed.
- 13 Dec **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.
- 16 Dec **Physiotherapist**– Naomi Ide. Please see your GP or Health Professional for a referral to the service.
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- TML Psychologist**– Sam McCarthy. Please see your GP for a referral.
- TLC Meeting** (Tasmanian Lymphoedema Centre) 10:00am in the Day Room
- 17 Dec **Lightfoot Podiatry**– Perry Daly. Phone 6331 9568 for appointments
- Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388
- Physiotherapist**– Naomi Ide . Please see your GP or Health Professional for a referral to the service
- 18 Dec **Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Lung Function– Spirometry Clinic.** For appointments please see you GP.
- 19 Dec **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- 20 Dec **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments

ORAL HEALTH SERVICES



The Mobile Oral Health Van will be located at the St Marys Community Health Centre from:

27 Nov 2013– End of Jan 2014

If you require an appointment please phone the Kelham Street Clinic on 6336 4100 for enquiries.

ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

- **Dr Cyril Latt**
5/12/13—20/12/13
13 December— Cyril unavailable
- **Dr K. Rawnsley**
5/12, 9/12, 10/12 & 16/12 2013
- **Dr E. Reeckman**
12/12 & 13/12 2013

For appointments phone: 6372 2111
Please see After Hours Numbers
for during this time

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **PRIOR** to your medication/s running out or **IN ADVANCE** if you are attending this practice regularly.

PLEASE BE PATIENT waiting periods can apply to see the doctor. Scripts are unable to be done over the weekends, ensure you have enough medications in advance.

PHONE SCRIPTS

Please be aware **scripts are no longer able to be done over the phone.**



AFTER HOURS CONTACT NUMBERS

Please phone
GP ASSIST ON- 1300 780 011
AMBULANCE 1800 008 008 or
EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE
6372 2111

Please RING before presenting after hours

IMPORTANT INFORMATION TO PATIENTS

Please be aware that Dr Latt's Surgery is currently fully booked for appointments 1 week in advance as of 5/12/13

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention *please inform the reception staff* who will put you through to the Nurse on duty.

Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt— Call an Ambulance 000
Thank you for your cooperation

INR TESTS

A doctor's appointment is required if you are having an INR test. **Please let reception staff know when making your appointment that you are having an INR test.** This requires a 5 minute doctor consult.

MOVEMBER MORNING TEA

November was celebrated with style at the St Marys Day Centre's 'Movember Morning Tea' at the Purple Possum on Wednesday 27/11/13. Thank you to Elaine, Sandra and Pete for joining in the fun and wearing their moustaches and for the lovely drinks, afternoon tea we took away with us and the laughs it was a very enjoyable morning.

A big thanks also goes to those of you in the community who support this event by purchasing moustaches from the reception in support of Movember. Money raised will be donated back to the Movember organisation.



Left: Elaine 'laughs a lot' Sullivan, Peter 'wrong colour moustache' McDermott and Sandra (Dolly) 'wore it well' Montgomery.

St Marys Community Health Centre

GP Surgery Hours:

Monday—Friday

8:50am-10:00am

10:00am-10:30am— **Reception Closed**

10:30am- 12:30pm

12:30pm-1:30pm— **Lunch Reception Closed**

1:30pm-2:45pm

2:45pm-3:15pm— **Reception Closed**

3:15pm- 4:30pm

For appointments please ring Reception during opening times. Appointments will not be taken at other times.

PATHOLOGY SERVICE

No Pathology Service between
12:00-1:30pm or before 8:30am daily

If you require Pathology before 8:30am an appointment must be made with the Nurses Station the day/night before by phoning 6372 2111

Health Promotion is *not all about raising money but raising awareness!*



The Valley East Coast Voice Inc. Guidelines

Opinions in any letters published are not necessarily those of the Editor and voluntary workers.

Our pages will remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks or hinting at libel or slander will not be accepted.

Please do not attack the editor, the paper or the authors of previous articles. Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion.

Please make sure of your facts. Do not write submissions just to let off steam.

Articles most commonly published are those that relate to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer. The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. All letters/emails must include your full name, address and phone number.

The Valley & East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines. Whilst we value & welcome community input, the Valley & East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.

AURORA Emergency 132004	SES Emergency 132500
Poisons Information 131126	TFS Emergency 000
POLICE Emergency 000 & Enquiries 131444	TFS Enquiries 1800 000 699
	Crimestoppers 1800 333 000

Valley and East Coast Voice circulation last issue - 480.



ST MARYS NEWSAGENCY

6372 2143

Open 7 days a week for your convenience.
Mon to Thurs 6am - 6pm · Fri 6am - 7pm
Sat, Sun, Public Holidays 7am - 5pm

AURORA PAYG
PHONE CARDS
DVDs
STATIONERY
GIFTS
NEWSPAPERS
MAGAZINES

WRAPPING PAPER
PRE-PAID MOBILES
FISHING GEAR
BAIT
ICE
CALOWS BUS DEPOT
and TIMETABLES

Meals on Wheels

0488 384 344

December	St Marys	Fingal
Monday 9	Ruth Aulich	FVNH
Tuesday 10	Trish Pike	
Wednesday 11	Louise Keady	
Thursday 12	Liz Rice	
Friday 13	Drew Adam	FVNH
Monday 16	Pam Lynch	FVNH
Tuesday 17	Lundy Vosper	
Wednesday 18	Valmai Spencer	
Thursday 19	Yvonne Salter	
Friday 20	Hannah Rubenach	FVNH

The Valley and East Coast Voice Inc. strongly encourages local/regional contributions from the public. Stories, current events, historical information, lifestyle pieces, anecdotes, articles and written or visual art with a community-based theme are welcome, especially with relevant pictures included. Regular columns can be made available for talented and dedicated contributors. Contact the editor if you have any questions or would like more information on guidelines. We aim to reflect and represent all those who make up the community of the Valley and East Coast.

Church Ladies With Typewriters: Scouts are saving aluminium cans, bottles and other items to be recycled. Proceeds will be used to cripple children.

Issue No. 15 solutions

7	5	4	6	2	8	3	1	9
9	6	1	3	5	4	2	7	8
3	2	8	1	9	7	4	6	5
4	7	2	8	3	9	1	5	6
5	1	9	7	6	2	8	3	4
6	8	3	4	1	5	9	2	7
1	9	7	2	8	6	5	4	3
2	4	5	9	7	3	6	8	1
8	3	6	5	4	1	7	9	2

D	E	M	M	R	S	H	U	T	S	T	O	W
O	B	E	S	E	T	A	N	S	E	A	C	H
E	R	N	E	S	A	L	A	E	D	I	T	A
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M	A	L	L	S	T	E	N	T	O	R	I	A
A	M	I	A	C	U	L	T	S	E	D	G	E
G	E	N	T	A	L	O	E	T	A	L	U	S
E	D	G	E	L	A	N	E	S	L	E	E	T

All words: ace, aces, acre, acres, arc, arco, arcs, car, care, carer, carers, cares, carr, cars, carse, case, caw, caws, ceca, cero, ceros, coarse, coarser, coca, cocas, cor, core, corer, corers, cores, corsac, corse, cos, cosec, cow, cower, cowers, cows, crawl, craws, crew, crews, croc, crore, crores, crow, crows, crows, escar, escrow, oca, ocrea, orc, orca, orcas, orcs, race, racer, racers, races, rec, reccs, roc, rocs, sac, scar, scarce, scarcer, scare, SCARECROW, scarer, score, scorer, scow, screw, sec, secco, serac, soccer, sowcar.

**ST MARYS
SPORTS and
SOCIAL
CENTRE INC.**



Opening hours:
Thursday 5.30-7.30,
Friday 5.30-8.30 and Happy Hour 6.30-7.30,
Sunday 1.30-4.30.

BOWLS NEWS. Well last week we took all the points but not in the way we prefer - St Helens forfeited. This week we had a convincing win over Bicheno... Well done bowlers and thank you green keepers for managing to get the green in such good condition after the big wet. We have an away game against Swansea on Saturday followed by a home game against Scamander. Don't forget the Clive Berwick day on the 28th!

GOLF NEWS. After a washout last week, Black Rock Sunday attracted 14 golfers this week. It was a beautiful day for golf with Sandi winning the day with 17 points, Diesel, Rod and Joel equal runners up all on 15 points. Don't forget the St Marys 'Test' on Boxing Day. Details at the club.

LUCKY MEMBERS DRAW. Damon was lucky enough to take home the carton last week. Congratulations! No winner again this week! Remember you must be at the club during Happy Hour to collect, should your number come up.

JAG THE JOKER . Jackpot now at \$200. Believe it or not but Plonk was lucky enough yet again to win the \$20 last week, no luck in picking the Joker. Bobby was the winner this week but no luck on picking the Joker! Jag the Joker is open to visitors as well as members, so please don't hesitate to pop down for Happy Hour, buy a couple of tickets (\$2) and try your luck!

CLUB MEMBERSHIP. Are You a Member or a Sports Member? There is a difference! A Club member pays \$25 and theoretically is only covered for utilising the bar facilities. We do however allow a club member to play three organised golf days a year, after that green fees should be paid. Members wishing to learn the game of bowls do have access to the greens of a Friday evening weather permitting. Otherwise indoor bowls are played. Sports Members (\$60) in addition to utilising the club, also have access to all sporting facilities. To keep your golf handicap or to play pennant bowls there are additional fees to be paid, these go to the relative state bodies.

CHRISTMAS GET TOGETHER. All present, past and life members are invited to attend a social get-together on Thursday the 19th December from 5pm-8pm. Cost \$5 pp. We will have a game of bare foot Bowls and a BBQ so why not come down for a social evening. The Members Lucky Draw for that week will be drawn that evening, not on the Friday. Please RSVP to Annette on 0417 010 648 for catering purposes. Next committee meeting 12/12/13 at 7pm.

Annette Wines, Secretary.

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THE VALLEY AND EAST
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12 GROOM STREET
ST MARYS TASMANIA 7215.



**ST MARYS IGA
SUPERMARKET**

38 Main Street
Ph/Fax 6372 2240
Butcher 6372 2274

Monday to Friday 8 - 6, Saturday 8 - 12.

Promotions from 4th to 10th December.

Butchery	Per kg.
Porterhouse steak	16.99
Forequarter lamb chops	8.99
Gerello roast	8.99
Nichols whole bagged bird	4.99
Freezer/Coolroom	
Duck River Soft Butter 500g	3.99
Bulla Ice Cream 2ltr	3.99
Peters Drumsticks 4/6pk	3.74
Kraft cheese block 1kg	7.99

Instore

IGA Cordial Syrup 2ltr	1.99
icare toilet tissue 4pk	1.99
Red Kelly dressings 250ml	2.99
Sanitarium Weet-Bix 750gm	3.99
Bundaberg white/raw sugar 1kg	1.49

Promotions from 11th to 17th December

Butchery	Per Kg.
Netted boneless lamb roast	12.99
IGA corned silverside	5.99
Blade roasts	7.99
Ingham chicken breast fillets	12.99
Coolroom/Freezer	
Duck River Butter Pat 500gm	4.55
Flora spread 1kg	3.69
Peters Drumsticks 24pk	19.99
Bulla Split selections 10/14pk	4.79
Instore	
Kirks soft drinks 1.25ltr	1.29
Arnott's cream biscuits 200/250gm	1.99
Juicy Isle long life juice 2ltr	2.69
Palmolive Dishwashing liquid 500ml	1.99
Dine cat food tray 85gm	.79
Cadbury block chocolate 210/220gm	2.99