



The Valley and East Coast Voice Inc. \$1 valleyvoice.com.au/

Est. 1968 Vol 46 No 21 March 27th 2014
The deadline for Vol 46 No 22 ~ 5pm April 7th 2014

Have you visited the Valley and East Coast Voice website yet? Archival content from 2007 onwards is available for viewing, and featured articles appear regularly. Leave a comment and let us know what you would like to see included; suggestions and constructive criticism welcome.

FALMOUTH'S ON SALE!!!!

Easter Monday 21st April 2014
8am ~ 3pm

The Falmouth Community is "on sale". Any property that displays balloons is taking part in this Garage Sale Extravaganza.

Come to Falmouth on Easter Monday and grab a bargain!

The Blue Cave Café will also be open at the Falmouth Community Centre with delicacies for all to enjoy!



6pm Tuesday 8th April
Scamander Sports Community
Complex
1 Old Coach Rd, Scamander

The Scamander Pine Plantation at Skyline Tier covers a total area of 2160 ha. Since July 2007 the Northeast Bioregional Network has been restoring the site by promoting native vegetation regeneration.

Environment Tasmania is project managing the continuation of this work with funding from the Australian Government.

Come and learn more about this unique and significant project. Refreshments provided.

For more information contact:
natalie.holman@et.org.au 0429 216 730
Todd Dudley 6376 1049

Greater Esk Tourism

Please note next meeting will be Monday 7th April 2014



St Marys Woodcraft Guild Inc. Open Day ~ April 5th 2014
Family Fishing trip ~ April 12th 2014 with FVNH
St Marys Pacing Club Easter Races ~ April 19th 2014
Launceston Country Club Casino trip ~ May 1st 2014 with FVNH
Wrapped in St Marys and Car Show ~ May 31st and June 1st 2014

e: wdawson@valleyvoice.com.au
6372 2442 / 0403 430 452
valleyvoice.com.au

www.facebook.com/ValleyEastCoastVoice

Advertising rates:

- ◆ Business card size ads ~ \$15
- ◆ Intermediate ads ~ \$18
- ◆ ¼ page ads ~ \$25
- ◆ ½ page ads ~ \$40
- ◆ Full page ads ~ \$65

Community announcements are free. Classified ads are free for two issues if required. Annual posted subscriptions are \$50.60 and annual online subscriptions are \$20. Articles for publication may be left at the St Marys Pharmacy, posted or emailed. For online advertising, contact the Editor.

Community Announcements

The **Break O'Day Woodcraft Guild Inc.** meet monthly on the last Thursday at 11am in the Goods Shed behind the St Marys Railway Station.

The **Tasmanian Lymphoedema Centre Inc** meet monthly on the 3rd Monday at 10am in the St Marys Community Health Centre, Day Care Room.

St Marys Ladies' Midweek Tennis meet at 9.30am each Wednesday. New players of any standard & beginners welcome. Child minding included – a lovely safe place to bring toddlers while you play. Karon 6372 2382 or Dana 6372 2033

St Patricks Head & Esk Valley Historical Society Inc. meet every second month on the 3rd Wednesday, 3pm at various venues. Barry 6372 2575 (aulich@bigpond.com) or Jim 6372 2127(jimhaas@bigpond.com)
www.fingalvalleyhistory.com

St Helens Alcoholics Anonymous (AA) meet every Wednesday at 8pm in the St Pauls Anglican Church hall, St Helens. Call Murdoch on 6376 3335.

The **Falmouth Community Centre** contact for booking club facilities is Cherrie Schier on 0417 887 941.

The **Scamander and Beaumaris Community Development Association** meet monthly on the 3rd Wednesday at 7pm in the Scamander Sports Complex. New members are most welcome.

Suncoast Singers meet every Friday, 10am in the Catholic Hall Cecilia Street, St Helens. New singers welcome... if you can talk, you can sing. Mary-Anne Wadsworth on 6376 2969.

BINGO at the Cornwall Hall every Monday at 7pm, 2 jack-pots each week. All welcome.

St Marys Alcoholics Anonymous (AA) meet every Friday 7pm at Holy Trinity. Mick or Shirl 6372 2909.

St Marys Hospital Auxiliary meet monthly on the 1st Monday at 2pm in the St Marys Community Health Centre.

The **St Marys School Association Op Shop** is happy to receive pre-loved items (not electrical) weekdays 10-4 & Saturdays 9-12pm (as volunteers are available - new volunteers welcomed). **Small** donations can be left at the St Marys Newsagency. Support your local school & pick up some great bargains. Coordinator Janet Drummond 0404 562 320.

The **Cornwall Community Development Group** meet monthly on the 1st Tuesday at 7pm in the Cornwall Hall.

Scamander Garden Club meet monthly on the 3rd Monday at 1.30pm in the Scamander Sports Complex. Enjoy sharing garden activities. Val 6372 2762.

St Marys/Falmouth Playgroup is held 10:30-12:30 each Wednesday at the Falmouth Community Centre.

Does your child/children enjoy

- Painting & arts & crafts activities
- Riding bikes
- Playground play
- Exciting activities & celebrations
- Interacting with others?



Join us at Playgroup for only \$3 per family in a relaxed & friendly atmosphere for children, mums & dads. Tash Speers 0419 591 905/Amy Faulkner 0417 152 337

St Helens Al-Anon Family Group (Al Anon) helps families & friends of alcoholics recover from the effects of living with the problem drinking of someone close. 2pm Sunday at St Paul's Anglican Church Hall St Helens. Anne or John 6376 4270 / Rose 6376 3335.

The **Fingal Valley Neighbourhood House Op Shop** is happy to receive pre-loved clothing & goods weekdays 9-3. Donations can be collected on Mondays or items can be left at the Centre. Come along, check it out & pick up a bargain. Deb Speers for FVNH.

Stallholders' Market Inc. is a nfp organisation that holds markets on Saturdays 8-12 in the Portland Hall St Helens. e: sthelenmarket@yahoo.com.au

The B.O.D. Stitchers meet each Friday 10-3 at the Neighbourhood House Bungalow in St Helens. Stay for as long or short a time as you choose & the choice of projects to work on is also optional - either bring your own or join in & assist on a group project.

Greater Esk Tourism Next meeting will be Monday 7th April (**please note change of date**). 0412 425 666

Beaumaris Swap Markets are held on the 1st & 3rd Sundays in summer at Beaumaris Park from 11-2pm. Swap, barter or buy fresh produce, herbs, bread, flowers, crafts & more. Plastic bag free, gold coin donation per stall (bookings required). Laura 6372 5687

The **Chocolate Shop Singers** meet at the Mt Elephant Fudge shop St Marys every Thursday at 5pm for informal & fun singing. Everyone welcome.

The St Helens Walking Group walk each Wednesday and 3rd Saturday monthly. New members are most welcome. Call Healthy House 6376 5242 or Bryan Edhouse 6376 3439 for info.

Jan Saunders, **East Coast Community Transport.** Community Hall, 23 Main Street, St Marys. 6372 2137

Community Announcements

St Marys Online Access Centre, 23b Main Road St Marys. Mon~Fri 9.30~4.30 Sat 11~2. 6372 2005
e: stmarys@tco.asn.au

St Marys Markets are held monthly on the first Saturday at the St Marys Community Hall 9am-1pm. **April Market is at the Woodcraft Guild grounds. June Market is on 31st May this year due to Annual Car Show/Wrapped in St Marys. Easter and Christmas may see second market in the month - stay tuned for updates. Bookings or queries call Michael Smith (BODRArts) on 6372 2056 or 0407 046 865

Meals on Wheels meeting dates for 2014: 15/5/14, 21/8/14, 20/11/14, held in the Community Health Centre St Marys. Lundy Vosper, Secretary. 0488 384 344

BODRA Break O'Day Regional Arts holds meetings on the first Tuesday monthly in the Supper Room at St Marys Community Hall, 4pm. e: bodregionalarts@gmail.com All welcome. Workshops happen regularly so keep your eyes peeled for posters.

RAYC Regional Arts Youth Company (school aged children) is on Thursdays 3.30-5pm. Session cost \$5 p/week or \$40 p/10 week term. Michelle on 0407 046 865

Gone Rustic Studio + Gallery 37 Main Street St Marys 6372 2724 / 0417 027 424

Operation Cover-up 3rd Friday monthly at 11-2. Creating quilts & knitwear for those in need locally & overseas. \$5 donation towards quilt wadding; BYO lunch, cuppa included.

Rustic Ragamuffins Each Wednesday 7-9pm. Bring along your current stitching project & have some time-out while catching up on your UFOs (UnFinished Objects)! Cost is \$5 which includes homemade treats and a cuppa.

The next **AMIC Market** is **Saturday 19th April 2014** in the Avoca Hall. Contact Steve 6384 2188 for a stall. All invited to the AMIC meeting on Tuesday 15th April, 4pm.

A **community dinner** celebrating Hungarian National Day was held at the Holy Trinity Anglican Church Hall St Marys on March 15th 2014. 18 attendees enjoyed fellowship and food; the dinner finished up close to 9pm when the last guests were leaving. \$50 was raised from gold coin donations and this will be donated to the Break O'Day Woodcraft Guild and Men's Shed for the second month, to help them with replacement of tools stolen during the recent break in.

Janet Drummond on behalf of the Holy Trinity Church community.

This is an invitation from the Anglican Church to a **Fish Luncheon** at the Anglican Church St. Marys on Good Friday 18th April at 12pm. There is no charge so come along and enjoy your-



Wanted

Odd jobs wanted - gardening, painting, cleaning etc. \$10 per hour. **0437 148 845**

House cleaning work wanted by experienced, honest and reliable lady with references. \$16 per hour. **6372 2584**

For Sale

Excellent dry wood. Start stocking up for winter and those cool nights, \$120 p/trailer load. Chris **6372 2322**

LG Fridge/freezer \$200 ono. **NEC W/machine** \$100 ono. **Valcro pram** \$80 ono. **AB Wave** \$50. 15x10 alloy **rims. Craypot. 0408 078 640**

Dressed Pine Framing 20 of 5.3m 90x35mm, \$10ea. **Palings** new, 100 of 1500x100x15mm \$2ea. 50 of 1840x150x15mm \$1.50ea. **Tassie oak** laminated HD Board new off-cuts. 1 of 1200x900x19mm \$50, 1 of 750x715x19mm \$25. **New Hessian** 6 bolts of 50mx1.8m cost \$140ea, sell for \$100ea. **6372 2626**

Lattice battens 100 of 2.5m x 40 x 15mm \$2ea. 60 of 3.3m x 40 x 15mm \$3ea. **Trencheroo** pedestrian trench digger, diesel 4wd. digs 150mm wide x 1100mm deep, mech v/good \$2,500 o.n.o. **6372 2626**

Worm Reducer (gearbox) 41 to 2 good cond \$250 ono. **Lucas Grabber** stump/bale carrying implement with 3 point hitch, little use. Cost \$1200. Offers over \$300. **Steel traffic guards** 2 of 2400x250mm suit ramps etc. \$50 ea. **Flat gal. sheetmetal** good cond 2440x600mm \$7, 2440x300mm \$4. **Elec conduit** (orange) new, 40 of 6mx20mm \$4 ea. **Pegboard** used gd/con 1880x625mm \$10, 880x625mm \$7. **Peghooks** H/D 150 - 240mm long 50c. **Masonite Panels** used gd/con 7 of 1185x625mm \$10ea. **Wall Stripping** & brackets, metal shelving, from \$30. **Bread Stand** 5 sloping mesh shelves, mobile, 1600high x 900wide, 400mm, excel cond \$75. **Cane sun lounge** needs a little work, \$30. **Free olive trees. 6372 2626**

Moo poo, any quantity, finely screened. Trailer load \$40, large trailer loads \$50-\$60, truck loads delivered. Norm. **6372 2380**

Hay, small squares cut in late December, \$5 ea. **0447 151 871**

Round bales, garden mulch or bedding, \$50 ea, free delivery in St Marys area. **0407 944 158**

1 **aluminium window** (one slide) \$80. 1 x **wooden (external) door** with glass panels \$100. 2 x **wooden clothing cupboards** - one with internal drawers \$40 each **0409 838 816**

Weber Baby Q **gas BBQ** with stand and cover, as new, \$200. **6372 2176**

The next Council meeting will be held on Wednesday 23 April 2014 at 10am in the Council Chambers, Georges Bay Esplanade, St Helens. Minutes from Council meetings are available online.

Clearance Sale Saturday April 5th
7 Giblin St Mathinna
6377 1193

MTD 18" chainsaw \$200. Pope brushcutter \$50. Steel box trailer (registered) \$100. Trolley jack. Folding aluminium ladder. ATV gun racks. Tools (mechanical, power, garden). Speakers, Kitchen appliances, DVDs, Motorbike helmets and odds and sods. No reasonable offer refused.

Letters to the Editor

Dear Sir/Madam

I am writing in hope that through the pages of your paper your readers can help me trace the family of Joan Dunkin nee Bailey, formerly of Bicheno.

I have become the custodian of my late grandfather's papers which relate to his lifetime's work in aviation, much of which is connected with the early days of passenger flight when he and Joan's father, the late Captain J F Bailey, flew together.

I thought that these papers would be of interest to any of his descendants, as they have been to me.

If you could help in this matter I would be most grateful, and any contact can be made via the Editor.

Yours faithfully

Bryan Blay of Hull, England

Please contact me in response to this letter. Ed.

A Letter received by Mary Knowles reproduced with permission from author.

Dear Mary,

We were in Tasmania last week touring the East coast, and also trying to locate the whereabouts of my husband's half-sister and family links.

We called at Fingal on Wednesday, and not realizing about the holiday, your Neighbourhood house was not open. We asked around the town but could not find out anything on the Baker family, apart from the grandparents' grave at the Cemetery.

Arthur Baker (from Campbelltown) was born 1783, he married Laura Florence Peck. Their daughter Phyllis May (1903) married Frank's father Frederick Briggs in Melbourne in 1928. Fred had been logging in your area at the time. Their daughter Marjorie was born in Melb in 1929.

They separated and Fred left for the Mallee area in Victoria. We do not know for sure after Phyllis came back to Fingal, whether she stayed in Tassie or came back to Melbourne?

Hoping to get some information from a lady near Campbelltown who has compiled a book on the Baker family but have not heard back as yet.

Hoping you may be of some assistance, as we were disappointed we arrived in Fingal on the wrong day.

Your pamphlet is very informative, and we enjoyed looking around the town.

(Name and address of author supplied)

If you have any information please contact Mary Knowles on 6385 2002 or e: gippscreek@skymesh.com.au

Nuggets of nonsense:

The hardness of the butter is directly proportional to the softness of the bread.

Imagine how much deeper the ocean would be without sponges.

Eagles may soar, but weasels don't get sucked into jet engines.

Experience is something you don't get until just after you need it.

New Fruit and Vegetable Taskforce to grow Tasmanian industry

March 19, 2014

Lyons Liberal MHR Eric Hutchinson today welcomes the appointment of Tasmania's Fruit and Vegetable Taskforce and looks forward to working with the impressive, industry-led group. Federal Minister for Agriculture Barnaby Joyce and Parliamentary Secretary to the Minister for Agriculture Richard Colbeck announced the make-up of the taskforce earlier today. Mr Joyce said that the appointment of the taskforce was part of the government's election commitment to build a more prosperous Tasmania. The group will be charged with developing an industry-led growth plan for the sector.

Tasmanian Senator Colbeck said that the taskforce included some very experienced people whose industry insight would help generate a plan on what industry and governments could do to promote competitiveness, investment and jobs growth in the fruit and vegetable industries. Mr Hutchinson has been appointed as the other government member of the taskforce alongside Mr Joyce.

"I am really looking forward to working with this group of people on the fruit and vegetable industries," Mr Hutchinson said. "I made the comment during the election campaign that something like this was important for the state and important for my electorate of Lyons so it's wonderful to see it up and running."

Mr Hutchinson said that government had a responsibility to ensure that business had the confidence to invest.

"It's all about deregulation to make business more efficient."

FLOORING X TRA

NEW CATALOGUE OUT NOW!

- ◆ Carpet
- ◆ Vinyl
- ◆ Timber
- ◆ Bamboo
- ◆ Loose Lay Vinyl Flooring
- ◆ Laminate
- ◆ Rugs

FREE In-home consultation,
measure & quote available

GAZZMAN'S

Floorcovering Furniture Bedding & Manchester
21 Quail St, St Helens
PH 63762555
info@gazzmans.com.au

ANA'S HAIRDRESSING SALON

OPEN TUESDAY
WEDNESDAY THURSDAY



Along with the hair, beauty, waxing, hair products and small gifts available at the salon, Ana is excited to announce she is venturing into the world of ladies' fashion.

Clothing will be available in sizes **small to curvaceous**. There is also a range of handbags, and in the near future, shoes.

IF YOU ARE LOOKING FOR A SPECIAL OUTFIT, VISIT THE SALON AND TALK TO ANA. SHE WILL ENDEAVOUR TO FIND WHAT YOU ARE SEEKING.

**46 Main Street St Marys
0448 532 531 - A/H 63725497**

The **St Marys Op Shop** (School Association) will commence Autumn/Winter trading hours from 7th April when daylight saving ends.

The hours will reduce to 11-3 as volunteers are available and Market Saturdays will be from 10-1. Coordinator Janet Drummond 0404 562 320.

ST MARYS SPORTS AND SOCIAL CENTRE TRIVIA NIGHT

Adults only on Saturday
April 5th 2014

Tables of six ~ \$8 pp which
includes supper ~ 6.30pm

Come and have some FUN!

Book your table by 1st April PLEASE!

Macca.....0457 498 642

Annette...0417 010 648

or enter your details on the club board

See you there!

Sorry, last issue had the wrong RSVP date.



Scientists resign 'living dead' Australian species to extinction

by Margot O'Neill

The dramatic ongoing loss of Australian animal and plant species has prompted influential scientists to call on governments to start making tough decisions

about which ones to save - and which species should be left to face extinction.

The proposal to triage species comes from biologists who say the current focus on saving all of Australia's 1,500 threatened species is misplaced, and believe there should be more emphasis on saving the most vital ecosystems and species.

Professor David Bowman, an expert in environmental change biology, says the difficulty is confronting the notion that not all species are equal.

He says species numbering less than a few hundred in the wild, like the orange-bellied parrot, are "zombie species".

"There are heroic efforts to try to keep it going in the wild. You really have to look at that expenditure and ask 'is this really a smart use of money?'" he said.

abc.net.au/news/#state=tas

Daylight savings ends on April 6th, clocks go back an hour.

On this day in 2001 Californian electricity price increased by 46%

FVNH IS FUNDED BY DEPARTMENT OF HEALTH AND HUMAN SERVICES



FISHING TRIP

Family Fishing Day



Fingal Valley Neighbourhood House Inc. has organised another Fishing Trip travelling on the FVNH Commuter bus.

Saturday 12th April, 2014

A great chance to catch some fish before Good Friday



COST OF BUS: \$5.00 per person

A BBQ Lunch will be supplied. Bring along your own nibbles if you wish.

FVNH Commuter Bus will be travelling to Little Beach with Tas. Fish—Michael Barrett.

Will be leaving Fingal Valley House Inc. at 8.30am

Contact the Fingal Valley Neighbourhood House on 63742344 if you are interested in going on the Fishing Trip





Out Of The Woodwork

Wendy Brennan Secretary 637 22094

www.breakodaywoodcraftguild.weebly.co

www.facebook.com/pages/Break-ODay-Woodcraft-Guild-Mens-Shed/654672894597969

Many thanks to Marcia who not only donated bulbs for our memorial garden, but also helped plant them. It was very much appreciated by all and we hope that as spring approaches the garden will be awash with the fruits of all the hard work.

Well, the tents have been dusted off, the lawns mowed and the Four x Twos are practising their musical repertoire. If you have an interest in medieval history The Medieval Society will also have a presence at our open day on the 5th April. Michael and Lillian are only too pleased to volunteer any information you may be seeking about this historical period. The period costumes are really worth a look.



You may be wondering what the item pictured is and what it's used for.

The Guild often makes cages etc for the wildlife carers. Sharlene and Bruce asked the club if we could fashion some long nosed teats from a design they use for injured animals that have an extended snout. The milk is funnelled down to the pointed section and can be placed in the animal's mouth making sure that all the nutrients reach the desired spot.

We cannot speak highly enough about all the good work done by Sharlene and Bruce, and all animal carers.

Guild's Home Hint: Liquid foundation on towels.
Mix equal amount of methylated spirits and dishwashing liquid and rub into the stain with your fingers. Wash normally. It works!

The Guild is open every day except Fridays and Sundays from 10am – 4pm (depending on volunteers).

Coming soon - the adventures of Captain J F Bailey

The Say...by Cagerattler



I've resisted the temptation until now to mention the Tasmanian Election but...regarding the Regional Forestry Agreement surely the new government won't cancel the whole thing after the mountain of work it took to reach an agreement. That would be an insult to everyone involved on both sides. This agreement required some fairly major concessions on both sides and whilst not perfect by any means (the stated opinion of the various groups involved) it is as good as it can be.

Why do you think that a 'mandate' exists to pull apart this. The election result was probably a result of many things, not just the RFA, and to use the mandate excuse is presumptuous at the very least.

I already know this new mob will struggle to implement many of their promises in the timeframes they suggest but this Forestry deal is extremely complex and difficult, and to say they will throw it out before there's been any chance of seeing what might happen is pretty short sighted.

It deserves some sort of consideration surely. We'll wait and see what happens next.

On a local matter... Now that the bottom reservoir is drained for safety reasons (apparently a gushing issue as a good friend was told) would someone from TasWater please put up more safety fencing. There is a very rickety walkway, a pretty steep drop and other matters there; whilst it's being repaired it could be a risk to small children or pets especially. I only ask because I know that any potential risk needs to be identified. I hope TasWater can attend to this sooner rather than later as it would probably be considered a workplace and new regulations are pretty uncompromising in workplaces these days.

What do you think? Rod McGiveron

Pension increase for veterans community in Lyons

Veterans in Lyons will receive a pension increase of up to \$24.20 a fortnight from this week, said Lyons MP Eric Hutchinson. Mr Hutchinson said that the change to pensions started from last Thursday, March 20 as part of the bi-annual pension increase.

"This will help with the increasing costs of living for veterans and their families," Mr Hutchinson said. "The increase will help put money back into the pockets of veterans and their families and will have a flow-on effect on the local economy."

Pensions are calculated on a daily basis so the next pension paid after the increase (on pay day April 3) will be paid partly at the old rate and partly at the new rate. The first full payment at the new rates will be pay day, April 17.

Mr Hutchinson said that veterans in Lyons were among 272,000 veterans, their partners, war widows and widowers across Australia who would benefit from the increase.

Pensions are indexed twice a year in March and September taking account of changes in the Consumer Price Index (CPI), the Pensioners and Beneficiary Living Cost Index (PBLCI) and Male Total Average Weekly Earnings (MTAWE).



JAM's latest excursion

Last Sunday a bus load of children and parents enjoyed a wonderful day at the Tasmania Zoo just outside Riverside in Launceston. Mr Len Miles drove Franklin's bus and we had fun singing and talking and sharing time together for the two hour journey.

Over the course of the day we saw animals that some of us had only previously seen on TV, like meerkats and crocodiles. We were in awe of the glorious colours of all the birds, we laughed at the wombats and gazed in wonder at the wedge tailed eagles which soared above us.

Prior to our big day, we had been learning about Noah and the great flood and how God created all the animals.

Our heartfelt thanks go to all the people who helped make this excursion possible via their donations and support of our fund-raising sales at the former Salvation Army premises.

Article by Melanie Norton
Pictures by J Thow



We make it easy at **BEDS PLUS** Right Bed, Right Price, Right Now

'Invigorate' mattresses
from \$399

20% off 'Custom Fit' mattresses
Free delivery east coast and hinterland

GAZZMAN'S
Floorcovering, Furniture, Bedding and Manchester
21 Quail St, St Helens
PH: 6376 2555
info@gazzmans.com.au

Church in the Valley



10.30am SUNDAY 6/04/14

Free Easter Egg & Gift
for each Child



Join your friends & neighbours for pre-Easter
Fun & Fellowship with a difference under the
trees down by the River and stay to enjoy the
Free Family BBQ & Easter Egg Hunt



Where: 1476 Upper Esk Rd, Upper Esk (end of the
bitumen road west from Mathinna and beginning of
Gunns Rd to Roses Tier)

What to bring: Salad Plate or Desserts (Meat is
provided) & Picnic Rug or Chairs

Who: Everyone - especially the kids!

RSVP: 3/04/14 (please for catering purposes)

Contact: Tanya or Peter 0418915681 or 0412300850

e:tanya.cavanagh@gregrickmotors.com.au

Transport arranged if required, call Peter.



Ransley's Appliance Service

POB 136

Scamander Tasmania 7215

Washing machine **noisy**?

Refrigerator runs **too long**?

Clothes dryer blows **cold air**?

Then you need the service of our technicians.

6372 5307 / 0428 761 811



CALTEX ST MARYS

MECHANICAL REPAIRS & SERVICE

41 Main Street

6372 2335 / 0419 503 109

Fax 6372 2822



St Marys Salvation Army

is pleased to offer the following services:

Weddings

Dedication of children

Funerals

Please contact Envoy Mel Norton
on **0409 838 816**



EAST COAST GLASS

- Glass repairs
- Shower screens
- Wardrobe doors
- Double glazing
- Aluminium windows
- Security doors



Locally owned and servicing the East Coast.

Call David or Anne Cannon for professional,
friendly and reliable service.

6372 5361

CLEAN CRACK LAUNDROMAT

32 MAIN ST ST MARYS



Coin operated washers and dryers

Summer opening hours are

6.30 a.m. ~ 8 p.m.



Recycled ~ upcycled ~ free cycled

Studio Gallery

See the artisans at work turning clay, felt,
glass and silver into gifts for every age.

OPEN 7 days a week 10~4 until
sometime after Easter.

Heather and Steve Lye

40 Main Street St Marys

0409 174 287

‘A red rag in front of a bull’

Nothing seems to stir up public and personal ire more than discussion on politics and religion, and especially a combination of both. Having been involved in political campaigning for the past two months I have found that many people believe Australia was founded on Christian principles, is therefore a Christian country and must abide by Christian beliefs and principles. However I want to issue a challenge by presenting a brief history.

In 1718 the British parliament passed the Transportation Act enabling convicts to be shipped to the American and Caribbean colonies. However, the American War on Independence put an end to this and new dumping grounds needed to be found for the British Isle undesirables. Prisons were overflowing so hulks on the Thames River were used for further incarceration. In all places of imprisonment, conditions were deplorable and diseases uncontrollable.

Between 1776 and 1795, about 1/3 of the 6,000 prisoners on the hulks died, ravaged by sickness. All prisoners were tormented in body, soul and spirit no matter where their place of confinement.

The majority of all prisoners were desperate people who, because of an unjust, inequitable and ignorant society, were forced to steal food and basic necessities in order to survive. Many committed petty crimes such as stealing a handkerchief from someone rich in order to buy food for their family. Unemployment was rampant due to the Industrial Revolution. In order to overcome Britain's social and economic woes, the British Empire declared that new lands had to be claimed for penal colonies. Successful naturalist and merchant Joseph Banks recommended New South Wales. Hence, in 1786, the eastern coast of NSW and adjoining islands were approved. This was the ‘perfect solution’ - expand the empire with forced labour.

Transportation resumed in 1787. Men, women and children were torn from their homeland, families and friends and condemned to years of hell on Earth. (During the transportation period 25,566 women alone were sent as convicts to populate the new colonies.)

With the arrival of the First Fleet in January 1788 the lives of the people inhabiting the land changed forever. The Aboriginal people became dispossessed people. They went from being independent nations to invaded nations with their lifestyle and cultures decimated.

A history of atrocities, brutality, injustice and mental, emotional and physical abuse to both non-Europeans and Europeans followed this invasion. A nation was formed and governed by power, corruption, control, injustice and inequality by a minority. Words sometimes may have suggested a hint of Christianity but convicts were forced to attend weekly church in an attempt to reform them by making them ‘Christians’. Actions, however, were totally contrary to the Gospel of Jesus Christ for His law is love and His message is peace and grace.

In 226 years nothing much has changed from those barbaric beginnings. Power, control and wealth is still in the hands of an elite minority while the vulnerable are exploited and natural resources and environment disrespected.

Racism and religious intolerance and discrimination for anyone different still abounds. The Aboriginal community still waits for the minor compensation of having small but significant cultural sites restored to their custodianship. Asylum seekers are treated as illegals/criminals and detained indefinitely in threatening detention centres. Our society is ravaged by crime, domestic violence and sexual abuse such as pornography. Drug and alcohol abuse, used to alleviate hopelessness, depression and lack of purpose in life is increasing.

A ‘don’t care, throw away’ attitude pervades all areas of our society. Don’t all these things trace back to the foundation of un-Christian European settlement?

So what do I see is the role of politics and religion in Australia’s welfare? To answer I will quote my daughter Hannah from a talk she gave at a political Christian forum at Longford on February 27th. “Should we expect our government to base their social decisions on Christian ideology, given we are a secular nation? What is the role of government? It is to look beyond belief systems, to protect the vulnerable, ensure everyone has a fair opportunity, ensure resources are used sustainably, ensure sound economic decisions are made and people’s rights protected (including the right to have a religion).”

I see the role of religion/church as helping individuals mature in their beliefs by word and action; to encourage a person to be enriched in body, soul and spirit so they can make a better place by promoting and practising tolerance, understanding and love.

Census statistics show that 60% of Australians identify as Christians but does this label tell the truth?

I will challenge you with another quote from Hannah; ‘When discussing Christianity and green politics, people often talk about a fear of erosion of Christian values. However, I believe Christian values are more eroded through loss of love, grace, compassion, kindness and generosity - the most basic principles of Christianity.

Nothing undermines religion more than religion itself when it fails to adhere to its core belief system (grace and love) and instead sticks blindly and narrowly to its laws.

I am concerned at the direction our nation is going - that God’s destruction will come because we no longer listen to the cries of the poor and needy, our nation is full of pride and greed.’

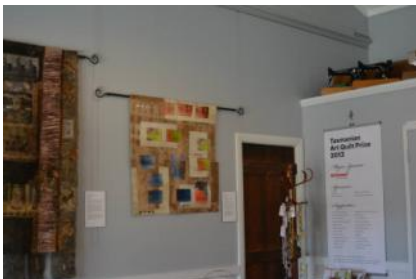
No matter what the outcome of the state elections, we can as a state and nation progress beyond the dark beginnings of 1788 and together, from 2014 onward, create a better future; a future where religious and political discussions can be respectful, mature and peaceful and not ‘a red flag to a bull’. Australia, and especially Tasmania, can be a place where justice, truth, freedom, compassion, understanding, grace and love abound for all people regardless of lifestyle, ideology, religion, culture, political views - whatever!

Beverley Rubenach, Gray. March 4th 2014



ABC Northern Tasmania broadcasts from St Marys on St Patrick's Day, March 17th 2014

Pictures by ABC Northern Tasmania



Break O'Day Jane Austen Festival



Saturday 5th April at St Marys Town Hall

- ◆ **3-5pm Regency Dance Workshop.** Learn some dances for this evening's ball, no partner or dancing experience required Calligraphy Workshops, sewing circles, indoor games/activities, fashion parade, afternoon tea for sale
- ◆ **7-9pm Grand Regency Ball.** Dress to impress (regency dress encouraged), no partner or dancing experience required

Music by Tasmanian Harp Society

Even if you do not wish to dance you are welcome to come and enjoy the music

Entry cost to be confirmed

Sunday 6th April

- ◆ **10am Old-fashioned Church Service** at the Anglican Church St Marys, feel free to dress in costume. Please bring a plate of morning tea to share.

Activities and venues to be announced soon will include a BYO picnic lunch, street promenade and possible informal dancing.

All welcome

For more information, contact: Hannah 0417 528 088 or hannahrubenach11@gmail.com

Supported by



The People Poles Project
St Marys Tasmania

ONLY 9 DAYS TO GO!

The funding site for the St Marys people Poles Project (indiegogo.com/projects/st-marys-people-poles-project-stage-one) is still up and running but with only nine days to go!

Unfortunately we are still well below our target of \$2,000.00 **and** there have been very few contributions from residents and businesses in St Marys and district, the ones that will benefit most from the project. Please contribute ASAP!

If you would rather give your donation in cash money "poles" have been set up in shops around town to collect donations towards the project.

To improve our chances of funding from Tasmanian Community Grants we do need to show community support and we also need to show we have raised money ourselves. We can only do this with your help and support so **please support it**. Even a small contribution will make a difference.

This community project is growing and many people have put a lot of hard work, and their own money into it, but it does need your continuing support and help. Please spread the word!

Diana Foster (Coordinator) St Marys People Poles Project
St Marys People Poles Project, St Marys, TAS 7215
(03) 63722059 e:peoplepolesproject@bigpond.com

This raffle will be drawn at the Break O'Day Woodcraft Guild Inc Open Day on April 5th, 2014



The piece is to be raffled, with all proceeds going to the St Marys branch of the SES



NEWS FLASH! *In the last 24 hours US\$350 in contributions have been made to the St Marys People Poles Project Indiegogo site. Many thanks to the St Marys Supermarket, Blue Gum Lodge and Judith Owers. Ruth Dowty, CEO of East Coast Tourism Organisation has also written an excellent letter of support for the project.*

The Chocolate Shop Singers need more singers. We meet Thursday 5pm at Lizzie's Mt Elephant Fudge shop and sing, chat and laugh 'til 7. We sing a capella in many languages (some unknown) and have performed at local and regional events for over 10 years.

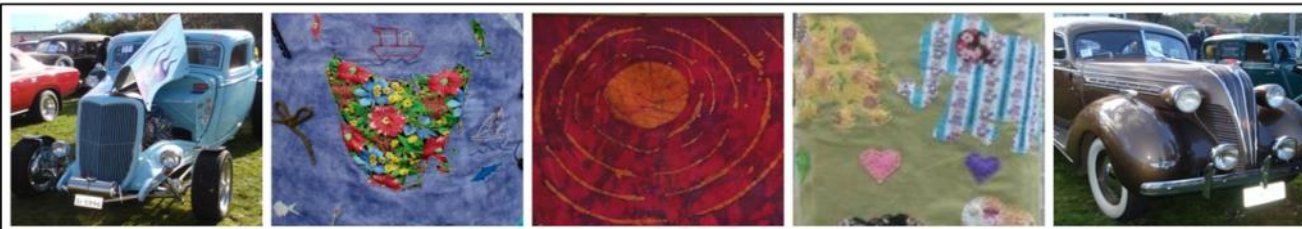
We are not professional singers - most of us can't read music - so don't be reluctant to join because you think you may not be suitable.

Our esteemed leader Isabel still has a full head of hair, seemingly unlimited patience and a basketful of magic.

Anyone can sing, and it's fun and rewarding learning to do so.



ARTS/CRAFTS



WRAPPED IN ST MARYS

31st May and 1st June 2014

Official blog - www.wrappedinstmarystas.com

An initiative of Greater Esk Tourism (GET) and Break O'Day Council

DEADLINE FOR ENTRIES 4pm on 16/5/2014

- WRAP a power pole – categories:
- ◆ *textile art* (\$250 + certificate)
 - ◆ *theme – switched on* (\$250 + certificate)
 - ◆ *group* (\$200 + certificate)
 - ◆ *junior* (\$150 + certificate)
 - ◆ *people's choice* (\$150 + certificate)

THEME – 'switched on'
OFFICIAL ENTRY FORM
TEXTILE ART COMPETITION

Name: _____

Address: _____

Phone no.: _____ Date: _____

NAME OF ENTRY: _____ PHOTO must be attached to form

BRIEF DESCRIPTION (maximum of 25 words – will be edited if longer):

IMPORTANT: Please enclose a photograph of your artwork (shown either flat or wrapped around a pole) AND a SSAE so we can (a) respond to your entry and (b) send you a map and power pole number if your entry is accepted.

Send to: Rita Summers, Event Co-ordinator, Gone Rustic, 37 Main Street, St Marys Tas 7215

CHECKLIST – Please tick each point to show you've read and understood what is required:

- ◆ Each entry to be a maximum of 1.5 metres high. For safety reasons required by Aurora, any entry which is higher than 1.5 metres will be disqualified.
- ◆ Each entry to be made from fibre, textile and stitch (some glue may be used). Embellishments may be added, but must not protrude into pedestrian areas for safety reasons. Design your entry to TIE onto the pole - no nails, pins or tacks, or any sharp items which could cause damage or injury.
- ◆ Entry should not have any loose or flapping parts, for safety reasons, required by Aurora.
- ◆ Entries must be in place by 9 a.m. Saturday and not taken home until 4 p.m. Sunday. Entries may be temporarily removed between 5 p.m. Saturday and 9 a.m. Sunday for security reasons; this will be the responsibility of the entrant. Entry must be back in place no later than 9 a.m. Sunday. If entries are left out all night this will be at entrant's own risk.
- ◆ Entries should be robust and able to withstand wind and rain (although we hope the weather will be fine, we can't guarantee it!) They should also be securely wrapped around the pole.
- ◆ 20 entries only will be selected for display; the selection process will be at the discretion of the GET committee, and the decision will be final. No discussion will be entered into.
- ◆ Winners announced at 4 pm on Saturday 31 May at Gone Rustic Studio & Gallery, 37 Main Street, St. Marys, Tas.; 7215; refreshments provided.

Faust

Geoffrey William Faust was feeling very pleased with life in general. Sales of his latest book had just passed the million copies mark, negotiations on the movie contract for the previous one were proceeding apace and promised to be extremely lucrative, and he'd finally found a housekeeper who could make a decent cup of coffee. He reclined on the patio of his luxurious Byron Bay home, watching Julia, his third wife and by far the prettiest, as she tended their magnificent sub-tropical garden. Actually, Julia's idea of tending the garden was to wander slowly through it, fondling the occasional plant; the real work was attended to by an army of staff who looked after the house and garden and polished the BMW, the Porsche and the Harley Davidson. All this, Geoffrey reflected as he surveyed his domain, was the result of a phone call.

Twenty-five years ago to the day, the telephone interrupted him while he shivered in front of a two-bar radiator, hunched over a keyboard in his dingy flat, working on a cover note preparatory to sending his third novel to yet another publisher. His first book had sold moderately well, the second was a flop, and so far the response to the third was a growing mound of rejection slips. Critics described him as a one-book wonder and he was starting to come round to their opinion; he was wondering if he should give up writing novels and get a job in advertising. He



picked up the phone, welcoming the distraction.

'Geoffrey Faust?' the caller inquired, then introduced himself. 'My name is George Mephistopheles, of Mephisto Editing Services and Literary Agents. I believe you need me.'

Sounds like another Melbourne Greek on the make, thought Geoffrey. He'll take a big fat fee and do nothing. 'So tell me, Mr Mephistopheles, why do I need you?'

'Because you can't sell your books and I can,' was the reply.

'Maybe the books are no good, said Geoffrey, 'that's what the critics say. There's not much you can do about that.'

'Don't you believe it,' said Mr Mephistopheles. 'All you need is a good editor and an agent with connexions. Look, we're just down the road, why don't you come in for a coffee? I'm sure we can do business.' He gave an address in Prahan, which was only a couple of suburbs away.

Why not? Geoffrey thought. *I've nothing to lose.*

George Mephistopheles was short, fat, dark, jovial and Greek. He served very good coffee, and launched into an impressive sales pitch. He didn't exactly promise the

Earth, but he went close: if Geoffrey signed with him, fame and fortune would follow as surely as night follows day.

'And the Miles Franklin Award?' asked Geoffrey.

'Hey, we're talking money here, not literature,' said the Greek. 'What do you want, literature or sell a million copies? You think these guys care about literature?' He pointed to a bookshelf crammed with titles by Wilbur Smith, Dean Koontz and Dan Brown.

Next to the shelf was a framed black and white photograph of Mephistopheles and another man on the deck of a yacht. Scrawled across the photo were the words *Thanks a million George*, and a signature, *Harold Robbins*.

'Clients of yours?' asked Geoffrey.

'Our contracts are confidential.' Mephistopheles tilted his head and laid a conspiratorial finger alongside his nose.

'Okay,' said Geoffrey. 'I'm almost persuaded. What percentage do you take?'

'Absolutely none.' Mephistopheles removed several typewritten sheets from a manila folder on his desk. 'What you make is all yours to keep. I don't collect my fee until your contract expires in twenty-five years time, and I guarantee those will be the best twenty-five years you could possibly have.' He pushed the sheets of paper, and a gold-plated ball-point pen, across the desk. 'This is our standard contract. You sign here,' he said, marking the spot with an x, 'and here...and here...Go on,' he said with a grin, 'you've nothing to lose but your immortal soul.'

Geoffrey laughed...and signed.

Julia Faust completed her circuit of the garden and headed back to the house. She glanced towards the patio and saw Geoffrey talking to a short, dark man who carried a briefcase.

Must be a salesman, she thought, and slowed her pace so as not to intrude...By the time she reached her husband the stranger had vanished.

'Hi honey,' said Julia. 'Who was that funny little man?'

Geoffrey Faust did not reply. His sightless eyes were open wide; his still, dead hands clasped a sheet of paper on which Julia could discern the heading CONTRACT. Across the page was the imprint of a rubber stamp, in red ink, PAID IN FULL.

Bill Greer, Mathinna

Congratulations to Bill Greer on his win in the limerick category of the poetry competition section of the LINC Tasmania 26TEN week. Article on page 21. Editor.

Rare apple mutation found in Kingston



"I picked up one and it was a like a granny smith apple and a red delicious apple had both been cut in half and then joined together.

It was just this perfect line right through the middle of the apple and it was just the weirdest thing," says Ms Staples.

SPLASH
ST MARYS

You swill it, we fill it!
You dump it, we pump it!

Water cartage
Septic pumping

Contact: Mick
0488 777713

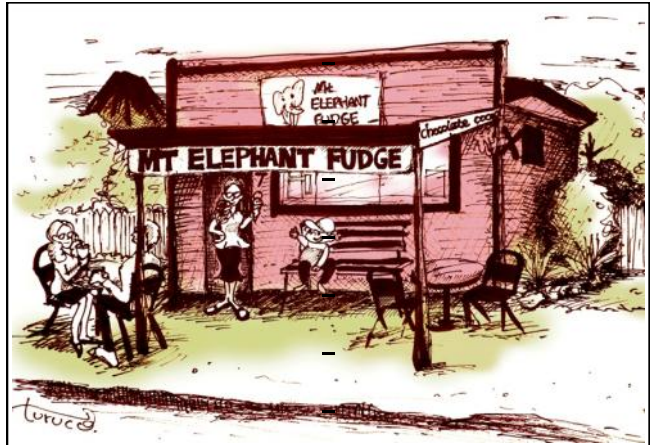
ST MARYS BAKERY



PH: 6372 2131
OPEN 7 DAYS A WEEK

**FRESH BREAD, ROLLS & BUNS,
PIES, PASTIES, CAKES,
HOT FOOD,
COFFEE, COLD DRINKS,
ICE CREAM.**

52 MAIN ST ST MARYS.



MT ELEPHANT FUDGE
Wed, Thurs, Fri, Sat 10–5pm
Sun 10–3pm Ph 6372 2787
New Gifts arriving..
Please feel free to browse

Mt Elephant Fudge
for ALL your Sweet Desires!!
Hoping to see you all soon ☺ 🍪 🍪

We are updating the Arts/Crafts/Hobbies Guide.
If you have a group you would like included
please contact Rod McGiveron on 6372 2215.

GAZZMAN'S
Floorcovering Furniture Bedding & Manchester

FLOORING XTRA

FURNITURE HOUSE GROUP

We make it easy at
BEDSPUS Right Bed, Right Price, Right Now

Floorcovering Furniture Bedding & Manchester
21 Quail St, St Helens
Ph 6376 2555
info@gazzmans.com.au

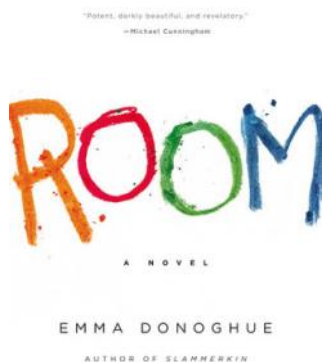
Book Review by Lindy Scripps

This month the Mount Elephant and Beyond Group read *Room* by Canadian writer Emma Donoghue. *Room* is her most critically acclaimed novel and was nominated for the Man Booker Prize in 2010.

The novel was inspired by the case of Austrian Elisabeth Fritzl who was imprisoned in a cellar by her father for 24 years. Among the children born during this period was Felix, five years old at the time of the rescue. As Emma Donoghue thought about this boy's life the story of *Room* began to develop.

Room is told from the perspective of a five-year-old boy, Jack, born during years of captivity to a young woman known only as Ma. Jack's mother was kidnapped seven years earlier at the age of 19. Since then her home has been a soundproofed, reinforced garden shed, 11 feet square (about 3.3m by 3.3m). She is repeatedly raped by her captor, 'Old Nick', a violent and manipulative man.

Jack has never been outside of the shed. All the objects in *Room* are capitalised – Wardrobe, Lamp, Rug, Bed - as if to emphasise the fact that these are the only objects that Jack knows. Ma has tried to provide Jack with as normal a life as she can in the circumstances. She has developed a routine to fill in the days. Meals are at set times and there is 'phys. ed.' where the two follow a circuit around the room. They make their own toys and games, and there is time set aside for reading and television. Although Ma and Jack watch television, she has persuaded him that only *Room* is real. At night Jack stays in Wardrobe counting the creaks Bed makes during Old Nick's visits to his mother. Of course he doesn't understand what is going on. Ma has tried as far as possible to protect him from the reality of the situation.



There seems to be no hope of escape, but shortly after Jack's fifth birthday matters come to a head. Old Nick has been out of work for several months and is complaining about the expense of keeping Ma and Jack. He tries to strangle Ma after a minor accident that he holds her responsible for and subsequently cuts off the power to the shed. They have no hot water and no way of cooking food. They rely on Old Nick for everything – what if he didn't come back? Jack also starts to ask questions about things he has seen on TV and Ma begins to tell him that there is a world beyond *Room*. Ma plans an escape but it all hinges on Jack managing to keep a cool head. After a tense few pages the pair is finally safe.

In the second half of the novel Ma and Jack have to deal with the outside world. *Room* was Jack's home where he at least felt safe and secure – Outside is another matter. There are all those people, vast spaces, noise, brightness, stairs, and fast cars. He has never known fresh air, the warmth of the sun, rain, objects that are more than three metres away – it's a lot for a small boy to deal with. Emma Donoghue handles this aspect of Jack's development particularly well. Ma on the other hand finds that nobody really understands what she has been through. Her mother wants everything to be back

to normal while her father cannot deal with Jack. The media are particularly intrusive and inane, to the point of offensiveness.

Characterisation is one of the book's strengths. Ma comes across as a brave young woman with great mental tenacity. She has developed coping mechanisms to help her deal with her terrible situation and has managed to create a life for her son, educating him and instilling him with values. There are occasions in *Room* when she cannot cope and on these days she mentally shuts down. Jack knows she is 'Gone' and plays quietly by himself until she is back in the world again.

Although we do not know much about Ma's captor, (and it's presumably no coincidence that he is called Old Nick, a name for the devil), what we do know is chilling. He went to extraordinary lengths to ensure that the shed-prison is escape-proof, and appears to have been stalking Ma before he kidnapped her. At one stage he tells her how lucky she is to have a room above ground; other girls are kept underground. This reminds us not only of the Fritzl case and similar cases but also of those who never escape.

The decision to tell the story from Jack's point of view was a bold one. At first the language seems somewhat contrived and it takes some getting used to but the reader soon becomes emotionally engaged with the story. Jack's voice as the narrator is generally consistent although there are occasional discrepancies where his understanding seems to be more sophisticated than one would expect of a five-year-old.

Room is original and often moving. However it is an admirable rather than an enjoyable book and at times it is grim reading.

Church Ladies with typewriters: The Pastor would appreciate it if the ladies of the Congregation would lend him their electric girdles for the pancake breakfast next Sunday.

About half the people screened for heart disease in regional Tasmania are already at risk.



Coastal Weed and Garden

Weed Control Specialist

- Gorse
- Boxthorn
- Broom
- Blackberry
- Bracken

4WD truck, QuikSpray with up to 200m remote retractable hoses, ATV, fully insured, WH&S compliant and 20 years' experience.

Kevin Brown
Gleneagle Gardens
0418 979 668



District Business Guide

- ACCOMMODATION** Addlestone House B&B St Marys 6372 2783
Fish-Tales On The Bay - pet friendly 0439 265 362 AH 6372 2128
Mariton House B&B, horse-riding St Marys 6372 2059
Queechy Cottages St Helens 6376 1321
Rainbow Retreat St Marys 6372 2168
Seaview Farm & Youth Hostel St Marys 6372 2341
St Marys Historic Hotel 6372 2181
Tidal Waters Resort St Helens 6376 1999
- ARTS & CRAFTS** Gone Rustic Studio & Gallery St Marys 6372 2724
Big Shed Studios St Helens 0428 725 228
Madd=Mudd St Marys 0409 174 287
River & Willow Art Space St Marys
- AUSTRALIA POST** St Marys 6372 2124
Fingal 6374 2195
Mathinna 6377 1168
Scamander 6372 5664
St Helens 131318
- BAKERS** St Marys Bakery 6372 2131
St Helens Bakery 6376 1260
- BANKS_CBA** St Marys (ATM) 6372 2268
CBA St Helens (ATM) 6376 2295
Westpac St Helens 6376 2751
- BOARDING KENNELS** The Gums Kennel & Cattery St Marys 6372 2512
Upper Scamander Kennels & Cattery 6372 5157
Wagabouts 0429 170 077 / 6376 2131
- BREAK O'DAY COUNCIL** St Helens 6376 7900
- BREAK O'DAY BUSINESS ENTERPRISE CENTRE** St Helens 6376 2044
- BUS SERVICES** Calows Bus Service St Marys 6372 2476
St Helens 6376 2161
- BUTCHER** IGA St Marys 6372 2274
- CABLE LOCATIONS** Michael Smith 0408 059 521
- CARERS FOR WILDLIFE TAS INC** St Marys 6372 2973 / 0417 017 105
- CARTAGE CONTRACTORS** C & D Excavations 6372 2033
Trotter's Contracting 6372 2107/6372 2742
- CHILD CARE** St Marys Childcare Centre 6372 2187
- CHINESE GROCERY & MEDICINE** Ping's Place St Marys 0411 186 573
- CHURCHES** Anglican Church St Helens 6376 1144
Catholic Church St Marys 6372 2252
Uniting Church St Helens 6376 2405
Salvation Army St Marys 6372 2099
- COMPUTERS** Maintenance & Repairs Ray Walker 0401 497 199
- COMMUNITY CAR** St Marys 6372 2137
- CONFECTIONERY** Mt Elephant Fudge St Marys 6472 2787
- DENTIST** St Helens 6376 2359
- DESIGNER - BUILDING** Building Design Studio St Marys 6372 2000
- DOCTORS** St Helens 6376 1777 AH 1300 780 011
St Marys 6372 2111
- ELECTRICAL REPAIRS** Ransley's Home Appliances - 0428 761 811/6372 5307
St Helens Electrical 0407 615 072 / 6372 5522
- FUNERAL DIRECTORS:** Harris Funerals St Helens 6376 1153
- GARDENING SERVICES** Clean Cut Gardening 0419 113 836
Andrew Davenport St Marys 6372 2366
- GLASS REPLACEMENT:** East Coast Glass 6372 5361
- GOLF CLUB:** St Marys Sports Centre Inc 6372 2177
- INSURANCE BROKERS:** McKillop Insurance (Lyn) 0400 984595
- JUSTICES OF THE PEACE** General enquiries 1300 366 611; K Faulkner 6372 2196
H Veldums 6372 2124
- HEALTH FOODS:** Purple Possum Wholefoods St Marys 6372 2655
- HEALTHY HOUSE** St Helens 6376 5242
- HORTICULTURIST** Peter Dane, Horticulturist 6372 2686
- HOSPITALS** Circassian St St Helens 6376 5222
Community Health Centre St Marys 6372 2111
- LIBRARIES** St Marys 6372 2114
St Helens 6376 1389
- LYMPHOEDEMA CENTRE** St Marys Lymphoedema Centre 6272 2900
- MARRIAGE CELEBRANTS** Peter Power 0417 017 105
Terese Tanner 0400 512 845
- MEALS ON WHEELS** 0488 384 344
- MECHANICS** Michael Aulich 0417 507 239 / 6372 2991
Grant Faulkner St Marys 6372 2335
- MUSEUM** Cranks & Tinkerers St Marys 0417 648845
- NEET CENTRE** St Marys 6372 2175
- NEWSAGENCIES** St Helens 6372 2143
St Helens 6376 1182
Scamander 6372 5275
- ONLINE ACCESS CENTRES** St Marys 6372 2005
Fingal 6374 2222
- St Helens 6376 1116
- ORGANIC VEGETABLES** Jack Foreman St Marys 6372 2034
- PAINTERS** East Coast Mobile Spray Paint 6372 5571 / 0457 583 099
MLN Enterprise Painting 0439 722 718
- PHARMACIES** St Marys 6372 2844
St Helens 6376 1374
- PLUMBERS** P J & H K Child 6372 5378
R G & R I Harwood 6372 2445
- PROOF READER** Leissa Dane 6372 2686
- REALTORS** Surf Coast Realty 6372 5321
LJ Hooker St Helens 6376 2300
Roberts Real Estate St Helens 6376 1799
View St Helens 6376 1592
- RESTAURANTS/CAFES** Coach House Restaurant St Marys 6372 2529
Mt Elephant Pancake Barn 6372 2263
Purple Possum Wholefoods 6372 2655
Mt Elephant Fudge 6372 2787
- SECONDHAND DEALERS & COLLECTIBLES** Secondhand Rose St Marys AH 6372 2267
- SEPTIC TANK CLEANERS** Splash St Marys 0488 777 713
- SCHOOLS**
District High Schools St Marys 6372 3900
St Helens 6376 7100
Primary Schools Avoca 6384 2117
Fingal 6374 2197
- SERVICE STATIONS/FUEL** Avoca 63842157
Scamander 6372 5193
St Marys 6372 2335
- SUPERMARKETS** Avoca R/house 6384 2157
Holder Bros Fingal 6374 2171
St Marys IGA 6372 2240
Scamander Supermarket 6372 5125
St Helens Super IGA 6376 1177
- SURFING SUPPLIES** Scamander Beach Surf Shop 6372 5529
Bay Surf Shop St Helens 6376 1755
- TELEPHONE, DATA & TV** East Coast Phone & Communications John Heron 0409 959 121 / 6372 2402
Delafrontera Dave Morris 0402 969 393
- SURVEYORS** East Coast Surveying St Helens 6376 1972
- VETS** East Coast Vet Clinic St Helens 6376 1577
North East Vet Clinic St Helens 4206 7409
- WATER CARRIERS** Splash St Marys 0488 777 713
- WOODCRAFT GUILD** Old Railway Goods Shed St Marys 6372 2094

THE WOODCRAFT GUILD DOESN'T JUST HAVE A PRETTY PRESIDENT

WE ALSO HAVE A GREAT OPEN DAY

ON THE 5TH APRIL

AT THE OLD RAILWAY GOODS SHED ST MARYS

10am – 3pm



**MUSIC BY THE 4" x 2"
ST MARYS MARKETS
TASMANIAN OLD FARM MACHINERY CLUB
REPTILE RESCUE & TEXTILE ART**



**FOOD STALLS, EAST COAST MODEL PLANES, FACE PAINTING
& MUCH MORE**

*And for those with refined sensibilities the
Jane Austen Festival
will be held in the*

St Marys Town Hall at 4pm.

For further information please call Hannah on 6372 2715

For further information on our Open Day please call Reon or Wendy on 6372 2094



Stepping Out



Are you a mum who
would like to have some **fun** and
learn new things? ...

Join Stepping Out St. Marys!

Childcare is available and it's all **free**

Starts Friday 11th April
10am – 2pm for 10 weeks

Hurry book now - places are limited!

Phone or text Fiona: 0428 161 057 to register

This project is delivered free through Literacy Skills Development Funding

St. Marys adult learner wins an iPad mini

In October 2013 **LINC Tasmania** held a state-wide poetry competition to celebrate **26TEN** week and St. Mary's adult learner Shane Squires won the iPad mini with his Acrostic poem. The Break O'Day area had three prize winners in total. In the limerick category Bill Greer from Mathinna won first prize and Chris Stunden from St. Helens won third prize.

Shane's winning poem for the adult literacy client category 'SKILLS' highlighted the triumphs and the hardships he has experienced in dealing with literacy issues. Shane has been working with St. Helens Literacy Services to improve his skills.

Shane's winning poem is only one of many achievements since working on his literacy skills. He has participated in a state wide Child and Family Conference held in St. Helens. Shane was a guest speaker along with his volunteer tutor, Marie Owens, at a literacy workshop. Fiona Watts the Literacy Coordinator said participants at the conference described Shane as "inspirational, amazing and motivational."

Since joining with Literacy Services Shane has been successful in gaining his White Card, First Aid Certificate, Chainsaw Licence and MAST boat licence. When asked what has changed since getting literacy support Shane replied "Everything, life is much easier, I do the shopping now and I'm keen to read the kids a book when they ask."

Shane and Marie both said that at their first meeting they were quite nervous and didn't know what to expect. Shane was Marie's first adult learner and she said "you do the training but you're just not sure how it will all fit together until you meet your client."

Shane and Marie have been working together for over two years, Fiona Watts the Adult Literacy Coordinator said "Shane and Marie have been a perfect match! Shane has been focussed and has worked hard for his success and Marie has worked with him to identify his strengths and improve his skills. Shane has become an amazing ambassador for our service, I've had people participate in programs because Shane has spread the word."

If someone you know needs help to improve their skills or you would like to find out about being a volunteer tutor contact Fiona Watts on 0428 161 057 or call into your library. Fiona works Tuesday to Friday, the office is based in St. Helens but she visits towns in the Break O'Day Municipality and Bicheno.

Drought trigger clear as day

WHEN I was a kid we never had drought after drought.

Then we started with daylight saving. We started with a little bit, but now we have six months of the year daylight saving.

It has just become too much for the environment to cope with.

It is so logical, for six months of the year we have an extra hour each day of that hot afternoon sun.

I read somewhere that scientific studies had shown there is a lot less moisture in the atmosphere which means we get less rain.

I believe this one hour extra sun is slowly evaporating all the moisture out of everything.

Why can't the Government get the CSIRO to do studies on this, or better still, get rid of daylight savings.

They have to do something before it is too late.

— CHRIS HILL,
Albury

From the Border Mail, Albury Wodonga
VIC, 1/10/2008



Richardsons Rd dam 2008



Richardsons Rd dam 2014

Richardsons Road dam

The ownership of the empty dam has not been determined.

TasWater say *the dam was transferred to Ben Lomond Water (now TasWater) in 2009 from Break O Day Council. However, it was an abandoned asset which was no longer being used. BLW wrote to Break O Day Council stating that it would not accept the asset and that it should be handed back to Council.*

The responsible Field operators were not fully aware of this, and approximately two months ago the dam was reported to have a hole in the wall and was leaking. TasWater staff drained the dam to mitigate the risk of a major piping failure as a result. Operational staff were made aware that the asset was not TasWater's, but is in fact, Break O Day Council's.

The (unofficial) word from BODC is: *The reservoir was originally intended to be part of the Break O'Day Council's irrigation scheme, but this idea was abandoned in 1999 due to finding a new bore for town water. As the site was no longer needed for council purposes, it was transferred to Ben Lomond Water (now Taswater) during the asset hand-over phase. As Taswater no longer needed the asset, it has been deemed "abandoned". The land is managed by Crown Land services, and has the potential to be taken up for use by council or a community organization for public purposes if required (and the obvious risk management of the dam walls would need to be considered). Around two months ago, a resident contacted Taswater to report a hole in the dam - it is believed to have been platypus burrowing through. Taswater drained the dam through a release valve as they believed the dam could be at risk of becoming unstable due to the leak.*

Enquiries are now being made to the Crown Land Services. Article and pictures by Ed.

The Valley & East Coast Voice Inc. Guidelines

Opinions in any letters published are not necessarily those of the Editor or voluntary workers. Our pages remain open to fair & honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks or hinting at libel or slander will not be accepted. Please do not attack the editor, the paper or the authors of previous articles. Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues. Keep articles short, simple & to the point. Letters are restricted to 300 words or fewer. The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. All letters/emails must include your full name, address and phone number. The Valley & East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines. Whilst we value & welcome community input, the Valley & East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.

raywalkerIT

Full range IT service
to Tasmania's East Coast

- ◆ Home & business
- ◆ Antivirus clean & data recovery
- ◆ Web development
- ◆ Managed hosting
- ◆ Cloud backup
- ◆ Laptop, desktop & server
- ◆ New & used systems for sale

<https://raywalker.it>
p 0401 497 199
e help@raywalker.it



St Marys PHARMACY

Main Street

St Marys 7215

Ph 6372 2844 Fax 6372 2874

Pharmacist on duty 5 days a week



Ear Piercing \$27

Piercing, Earrings & Solution to
take home.

With qualified staff Bec, Sally and
Cassie.

Harris Funerals

St Helens, Bicheno & Fingal Valley

*We are here when you need us.
Burial or cremation, traditional or
unique funeral services available.*

Office & Chapel:

46 Tully Street St Helens
6376 1153 ~ 0418 133 420

tamara@harrisfunerals.com.au

Member of the
Australian Funeral Directors' Association



St Marys Painter

Painting & Decorating at
realistic prices



(Special pensioner's rates)

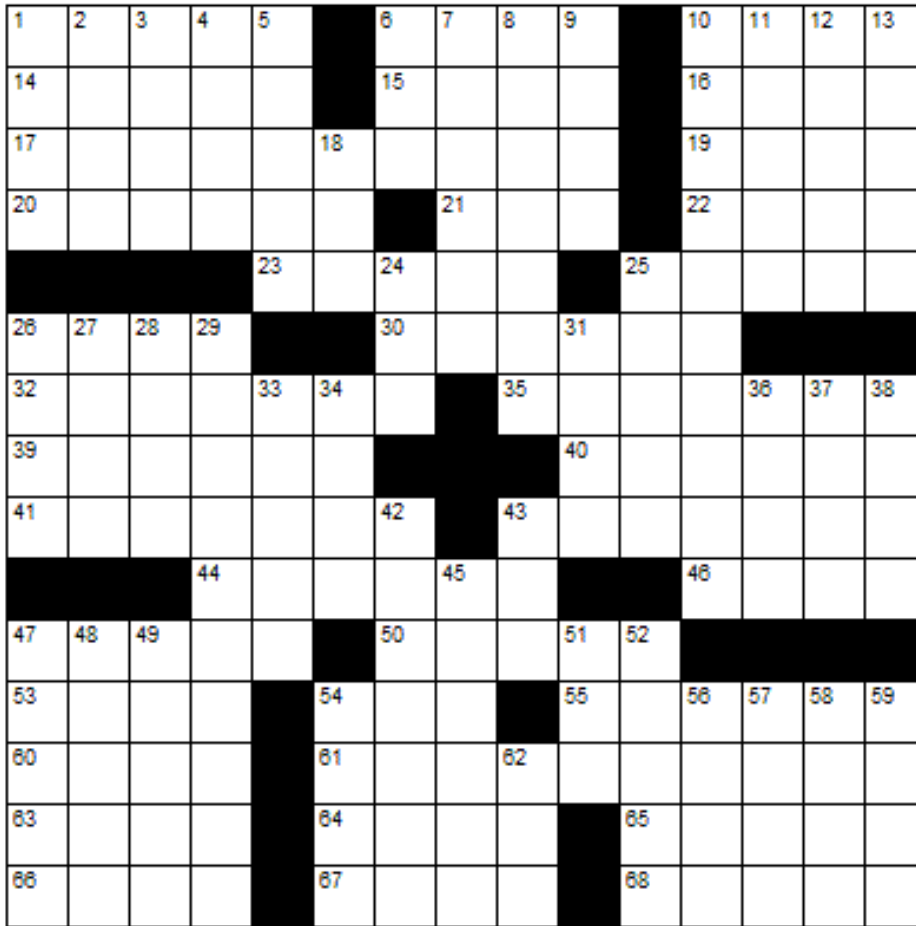
No job too large or too small.

Bernard Harris

Ph 6372 2942



Accredited Master Building Association
(BSA Licence No: 1120307)



Set by Alberich
www.freecrosswords.net

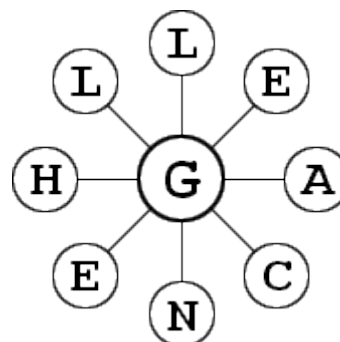
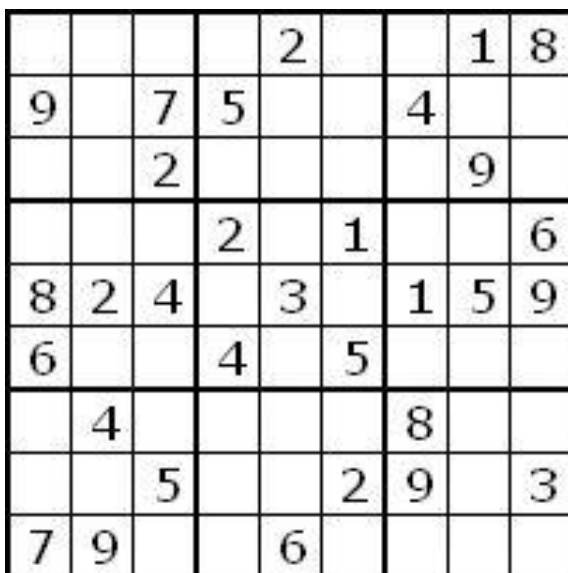
- 3. Young girl
- 4. Initial wager
- 5. Rock
- 6. Downhill or cross-country
- 7. A blank gap
- 8. Stretchable
- 9. Expunge
- 10. Annoying
- 11. Concur
- 12. Gather
- 13. Squalid
- 18. Race an engine
- 24. Before, poetically
- 25. Adult male singing voice
- 26. Specks
- 27. River of Spain
- 28. Affirm
- 29. Instigator
- 31. Bird of peace
- 33. Pains
- 34. Goon
- 36. Bright thought
- 37. Male offspring
- 38. Carry
- 42. Studied
- 43. Not many
- 45. Foursome
- 47. Wooden shoe
- 48. Insect stage
- 49. Restaurant
- 51. Eastern newt
- 52. France's longest river
- 54. Scrabble piece
- 56. Agitate
- 57. Dwarf buffalo
- 58. General Agreement on Tariffs and Trade
- 59. If not

ACROSS

- 1. Collection of maps
- 6. Sleigh
- 10. Flexible containers
- 14. Cantillate
- 15. Cabbagelike vegetable
- 16. Leer at
- 17. Belonging to the past
- 19. Tall woody plant
- 20. Ancient ascetic
- 21. Utilize
- 22. A person who is in charge
- 23. What's happening
- 25. Little
- 26. Beloved
- 30. Plunderer
- 32. Render unnecessary
- 35. Comprise
- 39. Ditch
- 40. A religious cult
- 41. Kaffir corn
- 43. Vinify
- 44. Emissary
- 46. Leisure
- 47. Factions
- 50. Precious stone
- 53. Dogfish
- 54. Preschooler
- 55. Wander and feed
- 60. Musical group
- 61. Illogical
- 63. Curved molding
- 64. Its symbol is Pb
- 65. Violent disturbances
- 66. Unit of pressure
- 67. Cocoyam
- 68. Gladden

DOWN

- 1. Dull pain
- 2. Not that



Solutions next issue.

How many words can you find? Each word must contain the central **G** and no letter can be used twice, however, the letters do not have to be connected. Proper nouns are not allowed, however, plurals are. Can you find the nine letter word? Excellent: 24 words. Good: 18 words. Average: 15 words



Tasmanian Lost Pet Register

<https://www.facebook.com/Tasmanianlostpets>

<https://www.facebook.com/amy.leach.14>

<https://www.facebook.com/photo.php?>

This is Bella missing from Brighton since Boxing Day, we would love to get her home. She went missing with her pal Ollie who was found at the Pontville Hotel but no sign of Bella. Has your neighbour got a new dog like Bella in this timeframe? If anyone knows anything please call Andrea on 0438 635 088.

St Marys rainfall by Reon Johns

February 4th	1.0	
8th	Trace	Sunny
11th	1.4	
12th	.4	
15th	1.1	
16th	5.6	
19th	11.0	
20th	3.6	
21st	.4	



Three men are buried in the sand all facing forwards with their heads above ground. Each man has a hat placed on his head selected from a bag containing 3 red hats, and 2 black hats, and the men knew the possible hat choices. The men cannot turn around to see the men behind them. The man at the back is asked what hat he is wearing. He replies 'I do not know'. The middle man is asked what hat he is wearing. He also replies 'I do not know'. The man at the front is then asked what hat he is wearing. He replies 'I am wearing a red hat'. How did he know?



Answer: Since the man at the back could not determine his own hat, this means that the front two men could not have been wearing black hats and that, therefore, there must be at least one red hat on the two front men. Therefore the middle man must not be able to see a black hat otherwise he would know he had a red one on. Therefore the front man must be wearing a red hat - which finally he deduces. Interestingly, the other two can never determine their own hats.

Vol 46 No 20 solutions.

All Words: an, ane, anes, anew, answer, arpen, arpens, aspen, awn, awns, earn, earns, en, ens, enwrap, enwraps, ern, erne, ernes, na, nae, nap, nape, napes, nappe, napper, nappers, nappes, naps, nares, naw, ne, neap, neaps, near, nee, neep, new, newer, news, NEWSPAPER, pan, pane, panes, pans, pawn, pawnee, Pawnees, pawner, pawns, pean, peans, peasen, peen, pen, penes, pens, prawn, prawns, preen, preens, ran, rane, panes, rappen, renew, renews, resawn, resewn, re-

4	7	8	5	1	9	2	6	3
1	5	3	6	2	8	4	9	7
9	6	2	7	4	3	5	1	8
2	3	1	9	5	7	8	4	6
8	4	6	2	3	1	9	7	5
7	9	5	8	6	4	3	2	1
3	8	9	1	7	2	6	5	4
5	1	4	3	9	6	7	8	2
6	2	7	4	8	5	1	3	9

A	L	T	A	R		M	U	L	E		O	W	L	S		
J	U	I	C	E		A	N	O	A		C	R	A	P		
A	R	E	N	A		T	H	U	S		C	O	N	E		
R	E	D	E	C	O	R	A	T	E		I	N	C	A		
					T	R	I	P			L	O	D	G	E	R
T	H	A	N			I	M	P			S	H	E			
S	O	L	E			B	O	Y	S		I	N	L	E	T	
A	B	S	T	A	I	N			I	S	O	T	O	P	E	
R	O	O	T	S		Y	E	L	L		A	R	E	A		
					L	I	I		A	L	I	L	E	E	R	
S	T	R	E	A	M				S	I	C	K				
T	E	A	S			P	A	I	N	K	I	L	L	E	R	
E	D	D	O			A	L	E	E		L	E	A	V	E	
E	D	O	M			L	A	S	S		L	A	M	I	A	
D	Y	N	E			A	R	T	S		S	P	E	L	L	

wan, sane, saner, sawn, seen, sen, sene, sewan, sewn, snap, snapper, snare, snaw, sneap, sneer, span, spawn, spawner, spean, swan, wan, wanes, wans, warn, warns, wean, weaner, weans, ween, weens, wen, wens, wren, wrens.



NEW CATALOGUE OUT NOW!

- Lounge Suites
- Dining Settings
- Recliners
- Electric Lift Chairs
- Book Cases & Coffee Tables
- Bedroom Suites and Manchester
- Tasmanian Made Furniture

GAZZMAN'S

Floorcovering Furniture, Bedding & Manchester
 21 Quail St, St Helens
 PH 6376 2555
info@gazzmans.com.au

Incorporating all your needs in:

- ◆ ROAD GRAVELS
- ◆ TOP SOIL
- ◆ SCREENED TOP SOIL
- ◆ SAND
- ◆ ROCKS
- ◆ ON SITE SCREENER 20mm to 75mm
- ◆ 20 TONNE EXCAVATORS WITH TILT BUCKET
- ◆ RIPPER, ROCK & LOG GRAB & QUICK HITCH
- ◆ D65 KOMATSU DOZER, RIPPER & TILT BLADE
- ◆ 10 YARD TIPPER
- ◆ COMPACTION ROLLER
- ◆ WHEEL LOADER

And much more...



C&D
EXCAVATIONS
FOR ALL YOUR EARTHMOVING REQUIREMENTS
Phone : 03 6372 2033
Mobile : 0439 722 032

DAMS, ROADING, FIREBREAKS, LAND CLEARING, HOUSE SITES, DRAINAGE & BRIDGE CONSTRUCTION
LOCAL OWNER/OPERATOR WITH OVER 25 YEARS' EXPERIENCE

Call Dana or Craig
6372 2033 / 0439 722 032

East Coast Phone & Communications

Installation & Maintenance
of Digital TV & Set Top
Boxes
Telephone & Data Cabling
Commander Systems
Next-G Wireless Internet &
Mobile Phone Antennas



Vast Satellite Decoders
Digital TV & FM antennas
Installation & Tuning
CCTV - cameras

Sound System & Speaker
Cabling



30 years' experience, ACA licence
JOHN HERON

6372 2402 / 0409 959 121



St. Helens Electrical

Rod Shaw

Lic No. 933671

Domestic Commercial Industrial
*Wiring and Repairs, Rewires,
Underground*

Home Heating: *Advisory, sales and
installation of heat pumps and fixed
Heaters*

Lighting Specialist: *Interior and
exterior, advice, sales and installation*

0407 615 072

24798 Tasman Hwy St Helens 7216

Tip locations and opening hours

Ansons Bay. Long week-end Mondays 12 ~ 4
Wed & Sunday 12 ~ 4
Fingal, Mathinna Road.
Tues & Thurs 10 ~ 4
Sunday 2 ~ 5
Pyengana, Tasman Hwy.
No builders' waste please.
Wednesday 9 ~ 1
Sunday 2 ~ 5

Scamander, Coach Street.
Tues & Thurs 10 ~ 4
Sunday 2 ~ 5
St Helens, Eagle Street.
Open 7 days 10 ~ 4
St Marys, Gray Road.
Tues & Thurs 10 ~ 4
Sunday 2 ~ 5

Meals on Wheels April ~ 0488 384 344

Tuesday 1st	Pam Bretz
Wednesday 2nd	Valmai Spencer
Thursday 3rd	Heather Griffiths
Friday 4th	Lorraine Gill
Monday 7th	Debbie Barnes
Tuesday 8th	Trish Pike
Wednesday 9th	Louise Keady
Thursday 10th	Liz Rice
Friday 11th	Drew Adam

Best. Socks. Ever. Lundy Vosper!

Surf Coast Realty

Ph: (03) 6372 5321



Your Independent, Locally Owned & Operated Real Estate Agency!

- ⇒ Extensive market knowledge & personalised, caring service.
- ⇒ Window displays in Scamander, St Marys, St Helens and Bicheno.
- ⇒ Specialised website & mobile website designed to showcase the wonderful East Coast lifestyle.

If you are thinking of buying or selling, please contact Surf Coast Realty for market advice or an Obligation-free appraisal.

Suite 1/ 158 Scamander Ave, Scamander TAS 7215

Honest . Reliable . Professional

Emergency services

AURORA Emergency 132004
Carers for Wildlife St Marys 6372 2973
0417 017 105
Crimestoppers 1800 333 000
Poisons Information 131126
POLICE Emergency 000 & Enq 131444
SES Emergency 132500
TFS Emergency 000 & Enq 1800 000 699

Church Services

Catholic Parish of St Marys Sr. Lorraine Groves
6372 2252 / 0409 172 741

Holy Week 2014
Holy Thursday:
St Helens Liturgy 10a.m.
St Marys Liturgy 5p.m.
Good Friday:
St Helens Stations 3a.m.
St Marys Passion 3p.m.
Holy Saturday: Easter Vigil
St Helens 7p.m.
Easter Sunday:
St Marys 7a.m.
Bicheno 9a.m.
Swansea 11a.m.

St Marys Salvation Army
Sunday Joy 12.30pm
This is a bring-and-share lunch followed by a great time of friendship and fellowship. You are very welcome to join us and share our JOY!
0409 838 816
Tuesday JAM 3~5pm
every Tuesday except

school holidays.
Envoy Melanie Norton
6372 2099

Break O'Day Anglican Parish 6376 1144
[facebook.com/anglicanbod](https://www.facebook.com/anglicanbod)

Easter Services:
6th *Easter Service* for Church in the Valley, Mathinna 11am
13th *Palm Sunday* St Helens 9.30, St Marys 10am, Pyengana 7.30pm
20th *Easter Sunday* Binalong Bay Sunrise Service 6am. St Marys 9am, St Helens 9.30a.
6376 1144

Anglican Parish of Northern Midlands
Avoca 11am 2nd Sunday
Fingal 2pm 2nd Sunday
Mathinna 2.30pm 4th Sunday
Ross 10am 5th Sunday
Campbell Town 9am

A capsicum with 3 bumps on the bottom is sweeter and better for eating.

Sarah Palin's book **slamming the commercialization of Christmas** came out in time to make money at Christmas.



ST MARYS COMMUNITY HEALTH CENTRE

WHAT'S ON AT THE CENTRE

- 27 March **Healthy House**– Amanda Beams *Free* Health Check and Nutritional Consultation. Every 2nd Thursday 10:00am-3:00pm. To make an appointment please phone 6376 5242
- Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- 28 March **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.
- TML Diabetic Educator, Physiologist and Dietician.** Appointments available by referral from you GP.
- Physiotherapist**– Please see your GP or Health Professional for a referral to the service.
- 31 March **TML Psychologist**– Sam McCarthy. Please see your GP for a referral.
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- 1 April **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388
- Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- Tom Bain, Rae & Partners Lawyers.** At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
- 2 April **TAZREACH**– Antenatal Clinic with Katie. For appointments please see your GP.
- Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111
- Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- Podiatry North**– For appointments please phone 6336 5155
- 3 April **Eyelines**– Phone 1300 139 363 for appointments. Consults Bulk billed to Medicare.
- Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.
- Relationships Australia**– Leanne McMurtie for appointments please phone 1300 364 277
- 4 April **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.

WHAT'S ON AT THE CENTRE Continued...

- 7 April **Hospital Auxiliary Meeting** 2:00pm in the Family Room
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- TML Psychologist**– Sam McCarthy. Please see your GP for a referral.
- 8 April **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- Continence Nurse.** For appointment please see your GP or Health Professional for a referral.
- 9 April **Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Podiatry North**– For appointments please phone 6336 5155
- Dr Reeckman**– RFDS. Please phone 6372 2111 for appointments.
- Physiotherapist**– Please see your GP or Health Professional for a referral to the service.
- 10 April **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.
- Healthy House**– Amanda Beams *Free* Health Check and Nutritional Consultation. Every 2nd Thursday 10:00am- 3:00pm. To make an appointment please phone 6376 5242
- Dr Reeckman**– RFDS. Please phone 6372 2111 for appointments.
- 11 April **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.

APRIL'S HEALTH PROMOTION IS:

April Falls 2014

Stay on your feet, falls can be prevented!

Come in to the Centre and look at our 9 steps to help you stay on your feet on the Health Promotion Board.



ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

Dr Cyril Latt
27/3/14- 10/4/14

Dr K. Rawnsley
27/3, 28/3, 31/3, 8/4, 10/4 2014

Dr L. Reeckman
9/4 & 10/4 RFDS & 11/4/14

For appointments phone: 6372 2111
Please see After Hours Numbers
for during this time

IMPORTANT INFORMATION TO PATIENTS

Please be aware that Dr Latt's Surgery is currently fully booked for appointments 1 week in advance as of 27/3/14

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention *please inform the reception staff* who will put you through to the Nurse on duty.

Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt- Call an Ambulance 000
Thank you for your cooperation

AFTER HOURS CONTACT NUMBERS

Please phone
GP ASSIST ON- 1300 780 011

AMBULANCE 1800 008 008 or
EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE
6372 2111

Please RING before presenting after hours

Lifeline 131 114

Saving Lives, Crisis Support and Suicide Prevention

ST MARYS HEALTH CENTRE TEACHING SITE

The St Marys Health Centre is a UTAS teaching site. We regularly have students from all faculties of health that attend our site to participate in training placements. If you are attending this practice and would prefer the students do not sit in on your consultation please let the reception staff know when you arrive.

These placements are very important for the students so your cooperation is greatly appreciated.
Thank you

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **PRIOR** to your medication/s running out or **IN ADVANCE** if you are attending this practice regularly.

PLEASE BE PATIENT waiting periods can apply to see the doctor. Scripts are unable to be done over the weekends, ensure you have enough medications in advance.

PHONE SCRIPTS

Please be aware **scripts are no longer able to be done over the phone**.

INR TESTS

A doctor's appointment is required if you are having an INR test. **Please let reception staff know when making your appointment that you are having an INR test.** This requires a 5 minute doctor consult.

St Marys Community Health Centre

GP Surgery Hours:

Monday—Friday

8:50am-10:00am

10:00am-10:30am- Reception Closed

10:30am- 12:30pm

12:30pm-1:30pm- Lunch Reception Closed

1:30pm-2:45pm

2:45pm-3:15pm- Reception Closed

3:15pm- 4:30pm

For appointments please ring Reception during opening times. Appointments will not be taken at other times.

PATHOLOGY SERVICE-

NO PATHOLOGY SERVICE BETWEEN:

12:00-1:30pm or before 8:30am daily

If you require Pathology before 8:30am an appointment must be made with the Nurses Station the day/night before by phoning 6372 2111

PHYSIOTHERAPY SERVICE

Naomi Ide is currently on Maternity leave. During this time the Physiotherapy Service will continue at St Marys:

1 day/ fortnight- Physiotherapist from the LGH

Referrals will still be accepted and prioritised

The physiotherapists will be in St Marys on:

28/3/14, 9/4/14 and 23/4/14

Please see your GP for a referral or phone 6372 2111

SPORT NEWS

St Marys Sports and Social Club

Thursday 5.30-7.30 Friday 5.30-close.
Happy Hour 6.30-7.30.
Sunday 1.30-4.30

BOWLS NEWS

It's a sad state of affairs when a side that has made the finals forfeits their match, as happened on Saturday at Swansea. St Helens did not put up a team which resulted in Swansea going straight into the Grand Final. St Marys met Scamander on Sunday and unfortunately after leading for 20 ends we came unstuck and went down by nine points. Congratulations to Scamander.

St Marys now meets Swansea on Saturday, with the winner of that match fighting it out for the flag against Scamander on Sunday. Good luck with it St Marys. To commit to bowls on both Saturday and Sunday is a big ask we know, but the fixtures do come out at the beginning of the season so we all know what we are up for!

PLEASE PLAYERS MAKE YOURSELF AVAILABLE FOR BOTH DAYS!

GOLF NEWS..... 'SWISH & FISH'

Due to a washout the reverse course match didn't take place on the long weekend. It will now take place on Good Friday combined with 'Swish and Fish'. 9am start and \$15 will cover the match and your fish n chips....this promises to be a great fun day so polish up your clubs and get down to the club house!

TRIVIA NIGHT

Tables of six - \$8 pp - 6.30 start. Bookings by 1st April please. 0417010648 or put your name on the board. SUPPER INCLUDED. It's looking like this is going to be a terrific night.

HOW ABOUT THE LOCAL BUSINESSES AND OTHER SPORTING CLUBS ETC GETTING A TEAM TOGETHER?

ANNUAL CLUB DINNER CHANGE OF DATE

Due to unforeseen circumstances the dinner will be on Friday 11th April. We are sorry if this has caused any inconvenience. All members are invited to attend.

Two course meal. \$15 per/adult \$10 per/child. Please feel free to bring some guests. 6pm for 6.30 meal.

RSVP by Thursday 3rd April. Lucky door prize! It's your club, so please try to come along and support it. Names on the board please!

Sun May 11th MOTHER'S DAY LUNCH

Beautiful pancakes, lucky prizes. You are sure to need to book for this one.

JAG THE JOKER and MEMBERS' DRAW

Good to see the members' carton go off last week, lucky Diesel! Troy had his number come up for JAG THE JOKER however Lady Luck wasn't on his side. Jackpot is now \$180.

DON'T FORGET THE RACES ON EASTER SATURDAY!

Annette Wines, Secretary

A woman on vacation in Iceland joins a search party looking for herself

Toronto Sun reports that a tourist group travelling by bus to the volcanic Eldgja canyon made a pit stop near the canyon park. The woman in question went inside to freshen up and change her clothes at the rest stop, and when she came back her bus mates didn't recognize her.

Word spread among the group of a missing passenger, and the woman didn't recognize the description of herself. Next thing you know, a 50-person search party was canvassing the area, and the coast guard was mobilizing to deploy a search party of its own.

About 3am, some genius in the group finally figured out that the missing woman was actually in the search party, albeit in different clothes, and the search was called off.

No word on what kind of wardrobe was involved in this woman's "freshening up." But her sense of self-image must be way out of whack to join a search party until 3am without even suspecting for a minute that the woman in the description bore some resemblance to herself.

deathandtaxesmag.com/216498/woman-accidentally-joins-search-party-looking-for-herself/

Some thoughts...

What do people in the world *want*?

More money? More power? More prestige? More things? More plastic containers?

What do people in the world *need*?

Water. Food. Shelter. Clothes.

And love.

The one thing people in the world both *need* and *want* is to love someone and be loved in return.

Surely the one common thread in this fractured world, is that every single person on the planet wants and needs to be loved.

God is love.

By Melanie

Lady Gaga's Charity Spends More Money on Legal Expenses Than Actual Grants

The Born This Way Foundation has come under fire after their 2012 tax records show that the charity has spent over \$1.85m in operational expenses while only doling out \$5,000 in grants.

The Born This Way Foundation's 2012 form 990, which names Stefani Germanotta (a.k.a Lady Gaga) as its director, her mother Cynthia as its president and her father Joseph as its treasurer, claimed total revenue of \$2.66m, \$1.85m of which went to operational expenses. So where did the money go? The 501(c)(3) organization spent \$406,552 on legal expenses, \$348,000 on event production, \$150,000 on philanthropic consulting and \$77,923 on travel. In terms of grants, the foundation lists just one \$5,000 gift in 2012.

foxnews.com/entertainment/2014/03/12/lady-gaga-giving-grievances-in-2012-stars-charity-spent185million-on-expenses/





ST MARYS IGA SUPERMARKET

38 Main Street
Ph/Fax 6372 2240 Butcher 6372 2274
Monday to Friday 8~6 Saturday 8~12



Specials from 26th March ~ 1st April 2014

Butchery	Per kg
Round BBQ steak	7.99
Blade roasts	7.99
Beef stir fry strips	13.99
Ingham gourmet chicken portions	5.99
Lamb BBQ chops	8.99
Shelves	
Bushells teacup bags 100s	2.99
Moccona coffee mixes 10pk	2.99
Sorbent toilet tissue 8pk	3.99
Pedigree canned dog food 700g	1.49
Arnott's chocolate biscuits 165-250g	2.49

Under \$1

SPC canned tomatoes 400-410g	.99
Zafarelli pasta 500g	.99
John West tuna tempters 95g	.99
Kit-e-kat canned cat food 410g	.99
Dine cat food 85g	.89

Specials from 2nd ~ 8th April 2014

Butchery	Per kg
Rump steak	9.99
Leg of lamb	9.99
First grade beef mince	9.99
Ingham microwave chicken	5.99
Nichols country bake parmigiana	5.75
Only \$1.99ea	
Arnott's shapes 160-190g/Clix/Savoy 180-250g	
Uncle Toby's muesli bars 120-180g/Roll-ups 94g	
Allen's jelly/mint confectionery range 150-200g	
Birds Eye frozen peas 500g/Hot chips 750g	
Tasmanian bakery slices 280-400g	

Coolroom/Freezer

Kraft cheese blocks 1kg	7.99
Tamar Valley yoghurt 1kg	3.99
Cadbury ice cream 2L	3.49
Birds Eye oven bake fish 425g	4.99
Peters Choc wedge 8pk/Billabong 10pk/ Eskimo pies 6pk	4.99



Easter goodies available and Easter fish & meat orders are now being taken

Beer batter fish recipe

- Firm fish fillets
- 1 1/2 cups self-raising flour
- 1 egg, lightly beaten
- 375ml of beer
- plain flour for coating
- oil

Beer batter makes a light and crispy coating for fish, chicken or even pineapple. It leaves the inside of the fish juicy and the outside with a nice crunch. Use your favourite beer!

Method:

In a bowl, add the self-raising flour and beaten egg. Add beer slowly and whisk in. Place into fridge for 1/2 an hour to rest.

Heat oil.

Cut pieces of fish to serving sizes. Roll in flour and shake off excess.

Take batter from fridge and give a light whisk to ensure it's all incorporated. Using a fork, dip the fish pieces into the batter and let the excess batter drain off.

Lay the fish gently into the hot oil. Cook until golden brown.

Drain on kitchen towel and serve with wedges of lemon and tartare sauce.



The Valley and East Coast Voice Inc. encourages local/regional contributions from the public. Stories, current events, historical information, lifestyle pieces, anecdotes, articles, travel blogs and written or visual art with a community-based theme are welcome, especially with relevant pictures included. Regular columns can be made available for talented and dedicated contributors.

Printed and published by
THE VALLEY AND EAST
COAST VOICE INC.
12 GROOM STREET
ST MARYS TAS 7215.

