



# The Valley and East Coast Voice Inc. \$1

*valleyvoice.com.au*

**Est. 1968 Vol 47 No 2 May 22nd 2014**  
The deadline for Vol 47 No 3 is 5pm June 2nd 2014



**Targa in St Marys**, photos on pages 12 and 13



## **Craig Freiboth wins St Marys Cricketer of the Year**

The St Marys Cricket Club finished up the season with a dinner and trophy night on May 3rd at the St Marys Hotel. Article and photos on page 29

## **A Volunteers**

**Dinner** was held on May 15th at the St Marys Town Hall for National Volunteer Week.

Pictured, Melanie Norton and Kerry Whit  
Article and Photos on page 10



**The St Helens Neighbourhood House** was broken in to over the weekend. It was distressing to find two laptops stolen along with a flat-screen television. Not only has this caused the staff great inconvenience and unnecessary costs, the community itself is disadvantaged by the loss of these important resources. It is very disappointing to think that people would steal from the House. The goals of the House are to support the community and the organisation achieves this through limited funding. If anyone within the community should hear of these items being offered for sale or any other whispers, please contact Trish O'Duffy at the House on 6376 1134.  
Thank you. Mayor Sarah Schmerl.



## **East Coast Vet Clinic still going strong!**

For the last 25 years we at the East Coast Vet Clinic have taken great pride in being able to provide affordable, experienced and professional veterinary care to all animals in this beautiful part of Tasmania, including farm animals and wildlife!

Call in to the clinic at 67 Quail Street St Helens and see Dr Jeff, Jenna, Leanne and Tracey for all your veterinary needs! Contact us on 6376 1577 or [facebook.com/EastCoastVetClinic](https://www.facebook.com/EastCoastVetClinic) for appointments and advice! We are always available for emergencies and can arrange home visits if required!

**Glebe Garden Visit and Casino Luncheon with FVHN - May 29th 2014**

**The second Annual RAYC Exhibition Opening - May 30th 2014**

**St Marys Car Show - June 1st 2014**

**St Marys Sports and Social Club AGM - June 27th 2014**

**St Marys Festival of Voices and Wrapped in St Marys - July 19th & 20th 2014**

## Community Announcements

**AA St Helens (Alcoholics Anonymous)** Wednesday at 8pm St Pauls Anglican Church hall, St Helens. Call Murdoch on 6376 3335.

**AA St Marys (Alcoholics Anonymous)** Friday 7pm at Holy Trinity. Mick or Shirl 6372 2909.

**Al Anon St Helens (Family Group)** 2pm Sunday at St Paul's Anglican Church Hall St Helens. Anne or John 6376 4270 / Rose 6376 3335.

**Beaumaris Swap Markets** 1st Sundays of the month at Beaumaris Park from 11-1pm. Plastic bag free, gold coin donation per stall (bookings required). Laura 6372 5687.

**BINGO** at the Cornwall Hall Monday at 7pm, 2 jackpots each week. All welcome.

**Break O'Day Regional Arts** meet on the 1st Tuesday monthly in the Supper Room at St Marys Community Hall, 4pm. **RAYC** Regional Arts Youth Company (school aged children) is on Thursdays 3.30-5pm. Session cost \$5 or \$40 p/10 week term. All welcome. Call Michelle on 0407 046 865. e: [bodregionalarts@gmail.com](mailto:bodregionalarts@gmail.com)

**The B.O.D. Stitchers** meet each Friday 10-3pm at the Neighbourhood House Bungalow in St Helens.

The **Break O'Day Woodcraft Guild Inc.** meet monthly on the last Thursday at 11am in the Goods Shed behind the St Marys Railway Station.

The **Chocolate Shop Singers** meet at the Mt Elephant Fudge shop St Marys every Thursday at 5pm for informal & fun singing. Everyone welcome.

The next general meeting of the **Cornwall Community Development Group Inc.** will be on Tuesday 1st July. Hall hire available, please contact Raz or Deb on 6372 2261.

**East Coast Community Transport**, Jan Saunders, Community Hall, 23 Main Street, St Marys. 6372 2137.

The **Falmouth Community Centre** contact for booking club facilities is Cherrie Schier on 0417 887 941.

The **FVNH Op Shop** is happy to receive pre-loved clothing & goods weekdays 9-3. Donations can be collected on Mondays or items can be left at the Centre. Come along, check it out & pick up a bargain. Deb Speers for FVNH.

**Gone Rustic Studio + Gallery** 37 Main Street St Marys *Operation Cover-up* 3rd Friday monthly at 11-2. Creating quilts & knitwear for those in need locally & overseas. \$5 donation towards quilt wadding; BYO lunch, cuppa included. 6372 2724 / 0417 027 424

**Greater Esk Tourism** meet 7pm at Fingal Neighbourhood House on the 2nd Monday of each month, unless otherwise notified. 0412 425 666.

**Meals on Wheels** meeting dates for 2014: 21/8/14, 20/11/14, held in the Community Health Centre St Marys. Lundy Vosper, Secretary. 0488 384 344

The **Scamander and Beaumaris Community Development Association** meet monthly on the 3rd Wednesday at 7pm in the Scamander Sports Complex.

**Scamander Garden Club** meet monthly on the 3rd Monday at 1.30pm in the Scamander Sports Complex. Enjoy sharing garden activities. Val 6372 2762.

**The St Helens Walking Group** walk each Wednesday and 3rd Saturday monthly. New members are most welcome. Call Healthy House 6376 5242 or Bryan Edhouse 6376 3439 for info.

**St Marys/Falmouth Playgroup** is held 10:30-12:30 each Wednesday at the Falmouth Community Centre. Join us for only \$3 per family in a relaxed & friendly atmosphere for all the family. Tash Speers 0419 591 905 / Amy Faulkner 0417 152 337.

**St Marys Hospital Auxiliary** meet monthly on the 1st Monday at 2pm in the St Marys Community Health Centre.

**St Marys Ladies' Midweek Tennis** 9.30am each Wednesday. New players & beginners welcome. Child minding included - a lovely safe place to bring toddlers while you play. Karon 6372 2382 or Dana 6372 2033.

**St Marys Markets** are held monthly on the first Saturday at the St Marys Community Hall 9-1pm. June Market is on 31st May this year due to Annual Car Show/Wrapped in St Marys. Christmas may see a second market in the month - stay tuned for updates. Bookings or queries call Michael Smith (BODRarts) on 6372 2056 or 0407 046 865.

**St Marys Online Access Centre**, 23b Main Road St Marys. Mon-Fri 9.30-4.30 Sat 11-2. Ph 6372 2005.

The **St Marys Op Shop** (School Association) is open 11-3 weekdays (as volunteers are available) and Market Saturdays 10-12.30. We are happy to receive ALL pre-loved items excluding electrical. SMALL donations can be left at the St Marys Newsagency when the shop is not open or contact Janet Drummond - Coordinator 0404 562 320 for assistance. Check out the Facebook page for current information and special offers. [facebook.com/pages/St-Marys-Op-Shop-St-Marys-District-School-Association-Fund-Raiser/211790102364866](https://www.facebook.com/pages/St-Marys-Op-Shop-St-Marys-District-School-Association-Fund-Raiser/211790102364866)

**St Patricks Head & Esk Valley Historical Society Inc.** meets every second month on the 3rd Wednesday, 3pm at various venues. Barry 6372 2575 ([aulich@bigpond.com](mailto:aulich@bigpond.com)) or Jim 6372 2127 ([jimhaas@bigpond.com](mailto:jimhaas@bigpond.com)) [www.fingalvalleyhistory.com](http://www.fingalvalleyhistory.com)

**Stallholders' Market Inc.** is a nfp organisation that holds markets on Saturdays 8-12 in the Portland Hall St Helens. e: [sthelenmarket@yahoo.com.au](mailto:sthelenmarket@yahoo.com.au)

**Suncoast Singers** meet every Friday, 10am in the Catholic Hall Cecilia Street, St Helens. New singers welcome ... if you can talk, you can sing. Mary-Anne Wadsworth on 6376 2969.

The **Tasmanian Lymphoedema Centre Inc** meet monthly on the 3rd Monday at 10am in the St Marys Community Health Centre, Day Care Room.

The next Council meeting will be held on Monday 16 June 2014 at 10am in the Council Chambers, Georges Bay Esplanade, St Helens. Minutes from Council meetings are available online.

**Editor: Wendy Dawson**  
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**facebook.com/ValleyEastCoastVoice**

Advertising rates:

- ◆ Business card ads \$15      ◆ ½ page ads \$40
- ◆ Intermediate ads \$18      ◆ Full page ads \$65
- ◆ ¼ page ads \$25

Community announcements are free. Classified ads are free for two issues. Annual posted subscriptions are \$50.60 and annual online subscriptions are \$20. Articles for publication may be left at the St Marys Pharmacy, posted to 12 Groom Street St Marys 7215 or emailed. For online advertising, contact the Editor.

## For Sale

**Queen bed & mattress** with side tables/drawers \$550, **Double bed & mattress** \$250, **King single & mattress** \$250. All in very good clean condition. Small **Crosley fridge** approx. 300 litres no freezer but good condition \$100. **Westinghouse Range Hood**. Good condition \$120. **Poulan Pro (Husqvarna) ride on mower** - 16 hp - 38" cut - Briggs & Stratton. 6 years old with little use \$2,600 ono. **Poly Ag Pipe** 100mm drainage in good condition - 1/20.5m \$50, 1/7mm \$17. Approx. 100m x 13mm Poly Dripline in good condition \$30. **Colorbond** corrugated roofing sheets - 1 / 5m (brown) \$30, 1/3m (brown) \$20, various lengths & colours - approx 1.2 to 2m from \$10. **Cox mulcher/chipper**, good condition. \$750 ono. Ph **6372 2626**

**Carpet square**, green tones \$100. **Sturdy small cupboard** \$10. **Ironing board & cover** \$30. **Cane baskets** \$20 ea. **Column heater** \$30. Assorted **kitchen basket** \$40. **Oak single bed & mattress** with nice bedding & mattress protectors \$90. All in very good condition. Ph **0437 224 892**

**Toyota Hilux '95** SR5 4x4 manual dual cab, 2.7 petrol, dvd player, canopy, all new running gear, goes well. (At Evandale) \$5000 ono. Ph Rhiannon **6398 6258 / 0438 535 102**

**Moo poo**, any quantity, finely screened. Trailer load \$40, large trailer loads \$50-\$60, truck loads delivered. Norm. **6372 2380**

**Hay**, small squares cut in late December, \$5 ea. **0447 151 871**

**Round bales**, garden mulch or bedding, \$50 ea, free delivery in St Marys area. **0407 944 158**



**2 x Bedside cupboards** 40cm wide x 38cm deep x 66cm high. \$50 pair. Good condition. Phone 0419 154 193.

## Wanted

**House Cleaning** work wanted by mature, honest and reliable woman with references. \$16 p/hr. Ph **6372 2584**

## Top spending outlay offers \$245m for religious advisers in schools

By Justine Ferrari May 14th 2014

THE pet program of former prime minister John Howard - installing chaplains to instil values in schools - will be extended for the next five years and revert to the original condition of only providing religious advisers.

In the biggest school spending initiative in the schools budget, the government has allocated \$245m for school chaplains in about 2900 schools until the end of 2018.

Schools can apply for up to \$20,000 a year, with remote schools eligible for an extra \$4000 a year, with priority given to schools with the greatest need.

The Abbott government is reversing an expansion of the program under Labor to allow schools to appoint non-religious pastoral care people, and the new regulations require chaplains from recognised denominations.

The budget fails to outline any additional funding for students with disabilities, a major election commitment, with only \$57.7m provided in 2014-15 and no funding outlined in the forward estimates.

The budget includes a small number of new spending programs in schools, including \$11m over two years to promote the teaching of languages. The measure is in line with a government election commitment to lift the proportion of Year 12 students studying a language to 40% within a decade. A one-year trial of teaching a second language to young children in 40 pre-schools will determine the effectiveness of early exposure to languages through online programs, at a cost of \$9.8m.

Education Minister Christopher Pyne said investment in learning foreign languages was crucial to Australia's future.

"Foreign language learning has fallen off the agenda in recent years," he said in a statement. "The government will also provide \$1.8m to the Australian Curriculum Assessment and Reporting Authority to continue its development of a national languages curriculum 'to revive the teaching of languages in schools', particularly for Auslan, classical languages, Hindi and Turkish."

The school science program championed by the Nobel prize-winning Australian astrophysicist Brian Schmidt will be maintained, with the budget allocating \$5m over four years for Primary Connections and its high school sister program, Science by Doing.

The budget also allocates \$6.8m to specific private schools for the additional costs associated with boarding and educating indigenous students from remote communities.

[theaustralian.com.au/national-affairs/budget-2014/top-spending-outlay-offers-245m-for-religious-advisers-in-schools/story-fnmbxsc8-1226916655977#](http://theaustralian.com.au/national-affairs/budget-2014/top-spending-outlay-offers-245m-for-religious-advisers-in-schools/story-fnmbxsc8-1226916655977#)

On this day in **1933** - Loch Ness Monster is first reportedly sighted by John Mackay

## Ransley's Appliance Service

POB 136

Scamander Tasmania 7215

Washing machine **noisy**?

Refrigerator runs **too long**?

Clothes dryer blows **cold air**?

Then you need the service of our technicians.

**6372 5307 / 0428 761 811**



## CALTEX ST MARYS

MECHANICAL REPAIRS & SERVICE

41 Main Street

6372 2335 / 0419 503 109

Fax 6372 2822



## St Marys Salvation Army

is pleased to offer the following services:

Weddings

Dedication of children

Funerals

Please contact Envoy Mel Norton  
on 0409 838 816



## EAST COAST GLASS



- Glass repairs
- Shower screens
- Wardrobe doors
- Double glazing
- Aluminium windows
- Security doors

**Locally owned and servicing the East Coast.**

Call David or Anne Cannon for professional,  
friendly and reliable service.

**6372 5361**

## CLEAN CRACK LAUNDROMAT

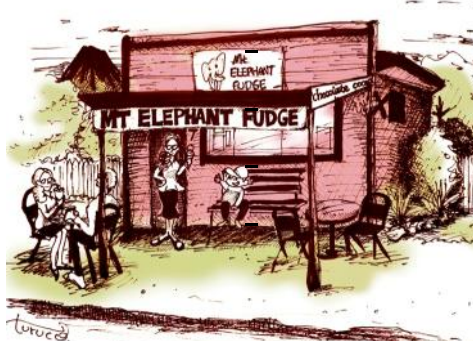
32 MAIN ST ST MARYS



Coin operated washers and dryers

Summer opening hours are

**6.30 a.m. ~ 8 p.m.**



## MT ELEPHANT FUDGE

Wed to Sat 10 - 4.30pm, Sun 10 - 2pm

7 Story St Ph 6372 2787

**Call in and say Hello!**

**I'd LOVE to see you all!!**

*Mt Elephant Fudge*

*for ALL your Sweet Desires!! ☺ ☹*

## Bryan Green MP Labor Leader

13 May 2014

As expected, the Federal Budget is an attack on Tasmania's most vulnerable people.

"When it comes to Tasmania, tonight's Budget takes with one hand and takes even more with the other," Labor Leader Bryan Green said.

"Will Hodgman has disgracefully failed to stand up for Tasmania against Tony Abbott's savage razor gang. Sweeping cuts to health, education and welfare payments will affect every Tasmanian, particularly those who can least afford it. Tax hikes, in particular the petrol excise increase will push up the cost of living.

"Cuts to the CSIRO will inevitably result in local job losses.

"Meanwhile Tasmania has received no additional infrastructure funding beyond that committed at the Federal Election.

"To add to the insult, the promised upgrade to the Hobart Airport runway will effectively be paid for by taking Tasmanian police off the front line to replace Australian Federal Police patrols.

Mr Green said tonight's budget is a massive confidence blow to an economy that was starting to turn itself around.

"Will Hodgman is cheering his Federal colleagues on from the sidelines while they leave almost all Tasmanians worse off."

## Spooks and Demons for Under 18s

Friday 13th June 2014 5:30pm start



- ◆ Spooks and Demons prowling around.
- ◆ Music screaming out.
- ◆ Drug and Alcohol free.
- ◆ No pass-outs.
- ◆ Interactive graphic spectacular
- ◆ Free transport within the Fingal Valley to the Fingal Sports Pavilion.
- ◆ Bring along your gruesome looking friends and have a terrific night.

You could be a winner.

From Campbell Town up and through the Valley.

The need of helpers is paramount.

Organised by the Fingal Valley Neighbourhood House 63742344, St Helens Healthy House and the Northern Midlands Council

## Tasmania's volunteer force worth almost \$640 million

By Claire Todd 12 May 2014,

A new report estimates volunteers in Tasmania effectively contribute almost \$640m to the economy a year, making the sector among the state's biggest employers if it was an industry. The State Government commissioned the report into the economic value of volunteering to coincide with National Volunteer Week (NVW) which ran from 12-18th May.

Speaking at its official launch in Burnie, the Parliamentary Secretary to the Premier Guy Barnett said the report showed hours donated by Tasmanians add \$638m to the economy each year, or 2.2% of gross state product. He said if it was an industry, volunteering would be Tasmania's eighth biggest employer, or more than agriculture, forestry, fishing and mining combined. Almost 160,000 Tasmanians give up their time to work as volunteers every year, meaning one in three adult volunteers work nearly three and a half weeks.

Mr Barnett says individual taxes would rise by about \$1,710 without this contribution.

The Chief Executive of Volunteering Tasmania, Adrienne Picone, welcomed the report's findings.

"This year's theme of National Volunteer Week is to celebrate the power of volunteering and I think that this is a really good example of how powerful volunteers are," she said. "In Tasmania, we certainly couldn't imagine life without our volunteers, with the events of the 2013 bushfires highlighting the immense power volunteers carry to protect and enrich our lives. Nationally we know that 36% of the adult population volunteers so in Tasmania we're really punching above our weight, we're about 5% above the national average."

Terry Smith, 77, says he began donating his time after retiring from the police force more than 20 years ago.

"I like the company of other people and I also like to think that some of what I do is helpful to other people, yeah I guess I do it for all sorts of different reasons, social reasons as well."

The report also says volunteer numbers are expected to increase between now and 2050 and within the next 20 years one in three volunteers will be over the age of 65.

[abc.net.au/news/2014-05-12/tasmania27s-volunteer-force-worth-almost-24640-million/5446974?&section=news](http://abc.net.au/news/2014-05-12/tasmania27s-volunteer-force-worth-almost-24640-million/5446974?&section=news)

## The Say...by Cagerattler

The other day I was recalling the heady days of SMACD to a friend who didn't live here at the time...the St Marys Association for Community Development in its heyday was truly one of the best things that has ever happened to our town without a shred of a doubt.

That first public meeting instigated by Annette Wines was a watershed and an incredibly inspiring event that several hundred people attended. Within a very short time various community groups were consulting, working together and (with the help of Council resources in some cases) the whole town started jumping after years of apathy...

The Community Contact Centre became a hub for not just the town but the region as well, and several worthwhile traineeships were sought and gained with this facility. The original Streetscape concept came from SMACD, the Wombat Walk idea and other reclaimed areas were managed and maintained by volunteers with some Council assistance. I have absolutely no doubt that the community spirit SMACD generated as much as the hands-on aspects were the primary reasons that we eventually got our hospital back after the stupid short-sighted government of the day (despite the overwhelming public support that was evident everywhere) closed the doors as a 24/7 facility in 1997.

SMACD was a driving force behind a dedicated campaign to lobby state parliamentarians to support the re-instatement of full hospital services and they voted accordingly after the Jim Bacon Labor government came to power in 1998.

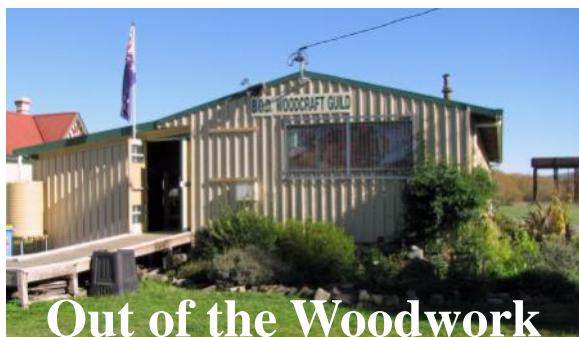
We have a lot to thank SMACD for. Over the years SMACD's role changed and some equally good work was done in other ways, but perhaps it's time to revisit the original concept of SMACD given the huge possibilities we have in front of us now. The original SMACD was instigated by the need to overcome general apathy but a new SMACD could be generated by the current opportunities.

One of our business people and keen fitness participants asked me to give this subject a mention. If you exercise a dog on and around the Recreation Ground facility at St Marys could you please take care of any dog stools your dog is responsible for? Maybe have a plastic bag at the ready... many of us do take the dogs over for a run and she is correct in saying that it's our responsibility to take due care of this. It's also a good idea to carry a lead at all times should you dog need restraining so as not to potentially impede the progress of someone jogging and for general safety and peace of mind.

A small courtesy but well worth the effort by all dog owners...

What do you think?

Rod McGivern.



## Out of the Woodwork

the before and after shots. Don't forget the St Mary's Annual Car Show 1<sup>st</sup> June on Faulkner's Green.

**Wendy Brennan Secretary 6372 2094**

[www.breakodaywoodcraftguild.weebly.co](http://www.breakodaywoodcraftguild.weebly.co)

[www.facebook.com/pages/Break-ODay-Woodcraft-Guild-Mens-Shed/654672894597969](https://www.facebook.com/pages/Break-ODay-Woodcraft-Guild-Mens-Shed/654672894597969)

The Guild is open every day except Friday and Sunday (depending on volunteers), and other times by appointment.

We thought we would share with our readers these photos to prove that no garden is beyond redemption. I think you would agree that the enjoyable work, albeit sometimes hard, has paid off. We started with poor soil, rock and railway rubble. Hence

**Guild's Home Hint:** *To remove berry stains from clothes that change colour (blueberry blackberry), wipe with a cloth wrung out in white vinegar, then wipe with a dab of glycerine on a cloth. Wash normally and dry in sunshine. For other berries (strawberry raspberry), wipe with a cloth wrung out with white vinegar, then wash normally and dry in sun. Don't use soap or heat because they set berry stains.*



Pictures by Wendy Brennan

# GLEBE GARDEN VISIT



**THURSDAY 29TH MAY, 2014**  
**After Glebe Garden, a K Mart visit and**  
**lunch at the Launceston Country Club**  
**Casino Water Garden**  
**After lunch we will visit the OP SHOPS**

**The Fingal Valley Commuter bus will be leaving the FVNH at 8.30am and the bus fare is \$15 per person**

**An \$8 deposit is required before Friday 23rd May, 2014**

**Contact the FVNH on 63742 344 to book your seat**



FVNH IS FUNDED BY THE DEPARTMENT OF HEALTH AND HUMAN SERVICES



**YOU ARE INVITED TO...**

Coffee and a Chat  
Mums groups  
Family Movie Sessions  
Cooking Classes  
Fun Family Activities  
Free Training & Learning Workshops  
And much more...



If this sounds interesting then come along and be part of the Thriving Communities - Healthy Families Project at St Helens Neighbourhood House and the Break O' Day Child and Family Centre

Are you a family with children from 0-12 years?  
Are you new to the area or been here for a while?  
Looking for something fun to do?  
Want to improve your health and wellbeing?

If you would like to join in or have ideas about other activities for you and your family we would love to hear from you.

Contact Jane or Emily on 6376 1134  
e: [jane.tippett@neighbourhoodhouse.org.au](mailto:jane.tippett@neighbourhoodhouse.org.au) or  
[emily.mccormack@neighbourhoodhouse.org.au](mailto:emily.mccormack@neighbourhoodhouse.org.au)

*A statewide project funded by the Crown through the Department of Health and Human services in partnership with the Tasmanian Association of Community Houses and four other Community Houses.*

## ARTS/CRAFTS

### Tie Dye Workshop at St Marys

Resident artist River Willows, left, showed local residents how to create tie dye articles in various ways. Both children and their parents enjoyed the activity which was sponsored by BODRA at St Marys Hall on Sunday 18th of May.



Article and photos by Barbara Longue

### News From The Suncoast Gallery 27b Quail St St Helens

Exciting news - we have three Artists of the Month for May.

Jo-Anne Jenkins from Fingal moved from the N.T. Her husband Doug still works there so with time to kill, Jo ventured into this new hobby and enjoys her daughter Emma's assistance in digitalising the photos. Jo also makes cards. They are colourful, fanciful and energetic fun-like themes. A part of why they started Emmagine Photography is because they love what they do and like meeting people and their advice is "Have fun and follow your dreams no matter what they are."



Julie Carpenter gained a Diploma of Photography after dabbling for many years. Nature is close to her heart as can be seen in her works. She has a good eye and one thing that surprised me is that she is an author, as she has written a children's story about a dog who is hunting for feathers and no...I'm not telling you the end but come into the Gallery and you might find a copy on sale.

Julie lived in Putney NSW then the Central Coast but now lives at Binalong Bay and who can blame her? Photographing animals is also precious to her.

Sue Courtis, of Beaumaris, brings energy to our Gallery with some lovely items of birdlife and lichen covered rocks. "We congratulate ourselves almost daily for having been clever enough or lucky enough to move to the Break O'Day region and we have the magic of Skype to talk to family in Victoria. I look forward to many happy years getting to know the region and its welcoming people and to follow the inspiration they provide."

Article and photos by Peggy Bogar





## **Expressions of Interest - Festival of Voices**

**St Marys July 19th 2014 from 4.30pm to 7.30pm**

Plans are well underway for this inaugural event which has been proposed by the "Festival of Voices" body in Hobart. They are hoping to develop and progress their successful winter festival to other parts of Tasmania.



The theme for this year is "UNPLUGGED", so if you are interested in sharing your love of music with the community on this day and acoustically do not need to plug-in-to-power, we would love to hear from you.

**Please call Michelle on 0407 046 865 to register your details or email your name, contact number and proposed contribution to: [bodregionalarts@gmail.com](mailto:bodregionalarts@gmail.com)**

### **Upcoming BODRArts Events ..... add these to your diary!!!**

#### **Friday May 30th 2014 - The second Annual RAYC Exhibition Opening**

This will be the second year of displaying to our community the variety of work that is completed by our young Regional Arts Youth Company. The formal opening will start at 6.45pm and go thru to 8pm, with light supper and refreshments being served. Entry is free (but any donations will be gratefully accepted as this will enable the group to attend further activities)

#### **Saturday May 31st 2014 BODRArts Market**

Our community market is on from 9am to 1pm at the Hall. Come along and browse our various stallholder's wares; enjoy the friendly atmosphere and good company.

### **SOME THOUGHTS** by Mel Norton

In an age when most people are walking around with something attached to their ears, I wonder who they're listening to. I'm old enough to remember going to drive-in theatres to see a movie, and I well know what it's like to be sitting in the car with that big old chunky speaker right beside your head.

No little ear buds back then.

Whenever I was taken to our local drive-in, which was situated in the middle of a race track, my sister and I would help pack my Mum's little Volkswagen Beetle with all sorts of goodies, including a thermos full to the brim with soup, Tupperware containers overflowing with assorted sandwiches and of course, our blankets and pillows. We would be dressed in our pyjamas, with maybe another layer of clothes on top, just in case we arrived in time to enjoy the outside playground, which was situated right underneath the huge outdoor screen. Those were wonderful days.

There were certain rituals involved with going to the drive-in and one of them involved that listening device, the speaker. Once you arrived at your chosen car parking site in front of the screen, the next job was to wind down one of the front windows, then...arm out and gently pick up the speaker from where it would be mounted on, and attached to, a concrete pole.

The next and sometimes tricky part was to balance the hook of the speaker on top of the window, while at the same time winding the window up and into position, so that the speaker hung against the glass. Then it was time to turn the knob and hey presto...music! And so with excited and child-like expectation we would wait for the movie to start.

What an adventure! But sometimes there was a crisis...sometimes *during* a movie the speaker would suddenly die and be silent due to a fault.

The most common crisis *after* the movie involved someone driving away from the site without putting the speaker back on the pole! Ouch.

When I see the majority of our population with a device in their ears, I continue to wonder about the source.

There's a lot of 'noise' out in the world and mostly I don't want to hear it. In an age where we are bombarded with 'stuff', negativity, doom and gloom, scare tactics, pessimism and intolerance, I want to try harder to choose to listen to the opposite – kind words, heartfelt compassion, positive ideas, constructive thoughts and honesty.

Jesus was a radical. He said some amazing things, and I love listening to Him.

One of the many things he is teaching me is to avoid being judgmental – it's not easy.

He says that it's easy to see a smudge on my neighbour's face and be oblivious to the ugly sneer on my own. He says that if I wipe that ugly sneer off my own face, I might be more fit to offer a face washer to my neighbour (Matthew 7:1-5 The Message Bible).

Isn't that fantastic advice? And people think the Bible is out of date!

So who am I listening to? I think I want to keep listening to Jesus.



## Volunteer Dinner

**Thursday May 15th at the St Marys Town Hall for National Volunteer Week**

**Who attended?** Many volunteers from throughout the Valley including the Firies, SES and Ambos, as well as the Mayor, Sarah Schmerl and Deputy Mayor, Hannah Rubenach.

**What happened?** People from lots of different groups sat around the tables, talked, shared stories and enjoyed a wonderful atmosphere of simplicity, with a calm and genuine no-fuss attitude. Later in the evening, the Mayor presented certificates of appreciation to the assembled...but there were 100 + left over for those who were unable to attend! HOW WONDERFUL that such a small community is so well served by willing and generous people!

**What was on the menu?**

- ◆ Two fantastically unusual, sumptuous thick and hearty soups - thank you Chef extraordinaire Michael Smith!
- ◆ Chicken wings, some bbq'd and some marinated - fabulously sticky - a great reminder to us all how (especially in a small community) we all need to STICK together! We didn't worry about knives and forks either, just got stuck in and it was indeed 'finger lickin' good!' The serviettes were a great symbol too, of how we can unite as a community to help 'clean-up' when the need is there - thank you Barb and Sue for your commitment and vision!
- ◆ Fabulously fresh varieties of bread and butter, all self serve - even better.
- ◆ Any amount of coffee, tea and orange juice along with buckets of long-skinny-biscuity-chocolate treats!

**Who sponsored the event?** BODRA (Break O'Day Regional Arts) and BODC (Break O'Day Council).

**Who else needs to be acknowledged?** Barbara Longue, Sue Christiansen and Michelle Kaal who all co-ordinated the event, plus Michael Smith, the St Marys Lions Club (all volunteers themselves!) and some last minute help from others. There are ALWAYS people behind the scenes. We volunteers were being thanked and feted, but we in turn, THANK YOU.

Article by Melanie Norton



Pictured (left) Catriona McLeod and Lorraine Dare (right) Lorraine Gill (below left) Ruth McGiveron (below centre) Vicki Howard (below right) Michael Smith, chef extraordinaire



*Volunteers who couldn't attend the dinner can collect their certificates at the post office.*



*Photos by Barbara Longue*

*Church ladies with typewriters: The rosebud on the alter this morning is to announce the birth of David Alan Belzer, the son of Rev and Mrs Julius Belzer.*

## The Two Gentlemen of Verona Heights

Verona Heights had that special stillness unique to an Australian suburb on a Saturday afternoon. Newly washed cars dripped in driveways; Hills Hoists rotated slowly and silently; sprinklers sprinkled softly; the lawnmowers wouldn't start until evening, when the heat was gone.

The tranquillity was shattered by the insistent chiming of my doorbell.

'Jehovah's Witnesses, I presume,' I said to the two clean-cut, earnest young men who stood on the door step.

'Not us,' replied the taller of the two.

'Mormons, then?'

'No, sir,' said the other. 'We are missionaries from the Church of the Bard of Stratford on Avon. We believe that all aspects of the human condition are contained within the words of William Shakespeare and the answers to all life's problems, big or small, can be found in his plays. No matter what the slings and arrows of outrageous fortune brings, the Bard will have an answer, there's the thing.'

*These blokes, I thought, are a little loopy. They could be hard to get rid of.*

While we were talking, I noticed the next-door neighbour's dalmation, bane of my life and destroyer of gardens, sneak into my yard, as was its wont, and proceed to lift its leg on my geraniums.

'Okay,' I said to the missionaries, 'I have a problem. I can't keep that dog out of my yard. How will Shakespeare help me with that?'

'Easy,' they said in unison. 'Macbeth, Act 5, Scene 1...'

I couldn't see the connexion until they turned to face the dog and chanted 'Out, damned Spot!'

'What the dickens!' I exclaimed as the dog exited, stage left, with its tail between its legs.

'The Merry Wives of Windsor,' said the missionaries, 'Act 3, Scene 2.'

Footnote: Many idiomatic expressions introduced by William Shakespeare (*like what the dickens*) are still in use today.

Here are some examples: beggars all description (*Antony and Cleopatra*), in my mind's eye (*Hamlet*), it's Greek to me (*Julius Caesar*), play fast and loose (*Antony and Cleopatra*), a tower of strength (*Richard III*), make a virtue of necessity (*Pericles*), dance attendance (*Henry VIII*), cold comfort (*King John*), at one fell swoop (*Macbeth*), to the manner born (*Hamlet*), brevity is the soul of wit (*Hamlet*), I must be cruel only to be kind (*Hamlet*), with bated breath (*Merchant of Venice*), love is blind (*Merchant of Venice*), as good luck would have it (*The Merry Wives of Windsor*).

Here are some of the words first recorded in Shakespeare's plays which have survived into modern English: accommodation, assassination, barefaced, countless, courtship, dislocate, dwindle, eventful, fancy-free, lack-lustre, laughable, premeditated, submerged.

Bill Greer, in transit...



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## Skyline vision restores failed pine plantation by Rosemary Grant

"When you look at it you would never think there was a pine plantation here such a short time ago," Todd Dudley says. "The area is called Skyline Tier and you're looking at what was a plantation about six years ago. Now it's a plantation of very diverse native forest."

The transformation is striking and it's happening on a landscape scale. The North East Bioregion Network restoration crew is systematically pulling and lopping pine wildlings. Since the first pine was removed in 2007 hundreds of hectares have been restored. And the judicious use of fire, after the pines are harvested, is allowing a 50 year-old bush seed bank to germinate and thrive. Their latest botanical survey has found over 170 native species growing, including seven that are on Tasmania's endangered list. As project leader, Todd says the Network's success has seen Skyline Tier's commercial forest manager also get involved.

"We've been working on about 350 hectares," he says.

"Timberland, which is now the land manager on behalf of New Forests, has done quite a few hundred hectares as well. It's probably getting up to about 600 or 700 hectares now. Because we've fine-tuned the restoration methodology, the cost per hectare is significantly less than when we started. Basically we've found the best method is to harvest the pines and then, about three years later, do as hot a burn as possible. It stimulates the growth of the seed in the soil and it also kills pine wildlings that are coming up. It saves a lot of work and it speeds up the restoration process as well."

In the 1960s and 1970s unemployed miners planted the 2,000 hectare Skyline Tier pine plantation, in a government job-creation scheme.

Mr Dudley says the decision to put in the *Pinus radiata* plantations on the slopes of the east coast escarpment was a poor environmental choice. Now the Australian Government is helping to fund the restoration work with a Biodiversity Fund grant to do 350 hectares of the former pine plantation.

Skyline Tier is located above Beaumaris near Scamander, on Tasmania's north east holiday coast.

"Quite a lot of the plantation is pretty marginal," Todd said. "The soils here are nutrient deficient and it can get quite dry.



When you drive around, some of the plantations that are still remaining look quite unhealthy; they've got quite yellow-looking leaves. So it's not a prime area for plantations. Basically, we are restoring a whole ecosystem rather than just doing a bit of landscaping. This project is huge, but on a broader level there is massive potential all around to restore plantations that don't have a lot of value, back to native forests, for a combination of conservation and native wood production. Like with this project, we're restoring all of the coastal catchments between Diana's Basin near Beaumaris and Scamander so there are significant values in terms of wildlife habitat and water quality etc. It's something that should be looked at all over Tasmania, because there are so many benefits. There are also social benefits in providing

employment and training for people. And some of the areas that are restored can be future wood production areas as well. As a native forest resource, there is no reason why some areas that are restored can't be used to produce native timber, as long as it's done sustainably."

<http://www.abc.net.au/news/2014-05-07/restoring-the-skyline/5377560?WT.ac=localnews>



*Todd Dudley*

## Targa in St Marys photos by Glyn Johnson



## Targa in St Marys photos by Glyn Johnson



## A Special Christmas Present

**John Henry Niebuur (14 June 1926 – 5 November 2011)**

*This is the story of my dad's life, written and presented to him with a quilt I made for him after my mother died. The quilt visually told the story of his life. The quilt was on display at his funeral, and I shared the story I had written then also. A very special man who had an adventurous life!*

Once upon a time, there was a little Dutch boy whose name was Jan Hendrik. He lived in a country called the Netherlands, or Holland for short.

Jan Hendrik had a foster mother whose name was Hendrika Stotter. She loved Jan Hendrik very much. Although she was poor, she always made sure he had warm clothes to wear and plenty of food to eat.

Sometimes Jan Hendrik was naughty, just like other little boys. Once, while he was playing with matches, he accidentally set fire to his bed! His foster mother came into the room just in time to put the fire out.

Hendrika looked after Jan Hendrik as long as she could. Even when he went to an orphanage to live, she wrote to him often. He would visit her sometimes during the school holidays. Jan Hendrik had some aunts and uncles too, and cousins, as well as six brothers and sisters who lived in different towns. Sometime he was allowed to see them too.

Jan Hendrik loved to draw and paint. He also loved music, especially organ music. When he was still a boy, he would sometimes visit a big cathedral so he could listen to the organ music and look at the beautiful ceilings and windows in the church.

When Jan Hendrik was a teenager, there was a terrible war called World War 2. Holland was invaded by an army of soldiers, tanks and airplanes. Young men had to hide, as the invading army would arrest and deport them, never to be seen again. When he was only seventeen years old, Jan Hendrik had to run away and hide so he would not be captured and deported. He knew if that happened he would never see Holland again.

Going into hiding was called 'going underground'. While Jan Hendrik was 'underground', he had to sleep in barns during the day and travel on foot at night. He had to beg for food from the farmers. Sometimes he had to steal food just to stay alive. He was always hungry, and would even dig potatoes out of the field and eat them raw. He was too young for the army, so he joined the underground movement against the invaders.

His foster mother had often prayed with Jan Hendrik while he was growing up. She had told him about God, and about His Son Jesus, who died and rose from the dead so Jan Hendrik could be God's child. He grew to trust in God just like his foster mother did, because he could see that her faith was real, and God really did help her in every situation. Jan Hendrik knew that God would be with him all the time, even when he was in danger. This helped him to feel less afraid.

When Jan Hendrik was eighteen years old, he joined the Dutch army so he could fight for his country as a soldier. He travelled on a big ship with hundreds of other soldiers for many weeks.

Eventually, the ship arrived in a tropical country called Indonesia. It had jungles and mountains. There were strange animals that Jan Hendrik had never seen before, except in a zoo.

It was very dangerous in the jungle. Enemy soldiers would hide in the bushes and shoot at them or set booby traps. Jan Hendrik did not even get wounded, although he heard bullets whistle past his ears many times. All the time, especially when he was afraid, Jan Hendrik trusted in God. He knew that whatever happened, God would be with him to help him handle it.

An army chaplain would lead church services in the jungle when it was safe enough. When Jan Hendrik was twenty years old, he publicly demonstrated his belief in Jesus at a jungle service by doing his Profession of Faith and formally joining the church of his homeland.

While Jan Hendrik was in the army, he played guitar in a jazz band with some of the other soldiers. He also learned to play the cornet in the army brass band.

john niebuur a portrait of an elegant man





He had some interesting pets while he was a soldier in the jungle. One pet was a duckling which thought Jan Hendrik was its mother and followed him everywhere.

Jan Hendrik made friends with another soldier in his platoon, whose name was also Jan. Jan had a sister called Rita. Jan Hendrik began to write letters to her, and Rita answered all his letters. She wrote to some of the other soldiers too, because they were lonely.

Jan Hendrik felt jealous when he found out. He asked her to stop writing to them, although he knew that she was doing it out of kindness. They were falling in love with each other slowly but surely.

Finally, the war was over. Jan Hendrik looked forward to going back to Holland so he could visit Rita at her home. When he arrived, he found a big bunch of red roses waiting for him. He was so surprised he didn't know what to do, so Rita, who was usually very shy, pulled him onto her lap. Her family laughed, especially her sisters. Jan Hendrik laughed too. He was very happy!

Before long, Jan Hendrik asked Rita to marry him. She said 'yes', and they became engaged. He went back to school and studied hard because he wanted to get a job and earn enough money to marry Rita and provide a home for her.

© Rita Summers

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### **Walmart and Portland, Oregon don't mix**

Portland Business Journal reports that on Thursday, Portland city officials announced it will not be making any more investments in the world's largest retailer and that the first of the city's Walmart holdings had expired.

Oregon's KOIN reports that the investment pullback came after Portland leaders determined the mega-retailer is "not a socially responsible company." Portland had about \$36m invested in Walmart, or about 2.9% of the city's investment portfolio. The city announced Thursday that it would be free of all remaining holdings by 2016.

## Dare to be different! Part 2.

*Some brief reflections on our 16 years of home schooling*

1985 As we break for a few days to celebrate Easter, I weigh up the negatives and positives of home schooling for our family.

Negatives - our circle of friends has diminished over the past weeks. Could this be due to us now being called *the strange ones on the hill*? Since we began home schooling this is circulating widely in the community and even our families are regarding us as such. Out of kindness and genuine concern they keep asking us if we are sure we are doing the right and sensible thing.

We continue to get a regular half-hour, one-way conversation from a relative who is a teacher at St Marys school, begging us to send our daughters back so they can get a real education. She knows we are well-meaning but simply misguided and misinformed. I think *that sure is the pot calling the kettle black! I love a challenge! We'll show her a thing or two before we are finished!*

Now we are abandoned by friends it is my responsibility to find ways for us all to socialise again. We have always been fringe people so all we need to do is find like-minded people.

Positives - Hannah is up to her chronological age and in Grade 2, and wonder of wonders - Sarah is steaming ahead with Grade 3 work. In less than six weeks Sarah wonders why she was ever confused over p's, q's, d's and b's and all twos and threes now go the right way around with no effort. Andrew is doing the ABCs program but he is so like his father - independent and practical minded, he is finding it difficult to concentrate on formal learning. Thank God the ACE program is for the individual and easily tailored so each child can reach their full potential. I will need to add lots of games and practical things to Andrew's education to give him the stimulation and motivation he needs. On the other hand, James is unofficially doing the same ABCs program and taking to it like a duck to water. At age three he is starting to read. Even two year old Esther knows 'A' reads three ways - A for ape, A for antelope and A for armadillo!

The ACE program is about freedom and responsibility. Each child has the freedom to work and learn at their own pace while taking responsibility to be diligent and hard-working. They have 33 character traits to use as an example; character traits Jesus displayed when he walked the Earth such as - compassion, honesty and integrity.

Rewards are given weekly for goals achieved. If the goal is not reached a reward is still given and more help and encouragement provided, so future goals are achievable. Rewards can be an extra five minutes of playtime, choosing the evening meal, dessert etc.

Because Peter is largely self-employed as a builder/cabinet-maker we have decided to take one day a month for excursion day. Each child will have turns in choosing our special event. Sarah, being the eldest, chooses our first excursion - a trip to the Wildlife Park and Marine Centre at Bicheno. She invited her grandmother and a favourite auntie to accompany us. It is a great day! Thank you Sarah.

We have continued with our routine of formal academics in the morning, and practical fun things in the afternoon e.g. crafts, art, cooking, gardening and nature studies. The last few weeks have been very rewarding; home schooling sure is the way to go!

*November 1985*

We go to Camp Clayton, Ulverstone, to join with the three other families and schools using the Accelerated Christian Education Program for the three day annual ACE State Convention. At these conventions students can take part in five categories: Academics (chess, essay/poetry writing, public speaking), Arts and Crafts, Athletics, Music/Singing and Platform (puppetry, illustrated story telling, poetry recitation, drama). Each child can enter five events in each category. Viewing everything with a critical eye I'm sure we can join in next year's event. We have no experience or expertise in any of the categories, especially Music, Singing and Platform, but how do we ever know what we can or can't do unless we give it a go. Give it a go we will! Esther will be too young to participate I reckon, but that means getting ideas and training the other four for 100 things. Nothing ventured, nothing gained, so we'll see what 1986 has in store.

*December 1985*

We are asked to enter a float in the St Marys Christmas Parade. It is suggested we might like to have a theme on home schooling! Wow! Yes!

Another interesting thing - almost all our former friends have renewed their association with us. They obviously feel we are no longer contagious with the home schooling virus!

*May 9th 1986*

Friday 3.30pm, I finish tidying up the schoolroom when ooh, ouch, pain! 'Peter' I yell. 'Get Mum and phone Auntie Gwen, they are needed to babysit.' This being my sixth child I knew labour pains when I felt them! Timothy is born at 10.30pm in Launceston.

*May 11th 1986*

I hate to disappoint my children for they were all so looking forward to a week off school, having fun with Grandmother and their favourite auntie but I arrive back home with baby Tim. After all, it is Mother's Day!

*May 12th 1986*

At 8.30 am we are in school. Tim is off to a shining start, being in school at three days old.

*May 19th 1986*

Just as well baby Tim arrived on his due date for we are on the Abel Tasman heading for a Home Schooling and Christian Educators Conference at Wiseman's Ferry, New South Wales. Amazingly, our trip has been financed by friends who this time last year were among our strongest opponents to home schooling.

*May 22nd 1986*

Travel is an important part of education, so we make the most of our holiday and take a train trip to the Blue Mountains. Home schooling is all about family, so 13 day old Timothy watches his family build a giant snowman and have snowball fights at Blackheath.

*October 14th 1986*

Five month old Tim is restless and feverish, could be teething but my instinct tells me no. Then his head starts turning backwards over his shoulders, partially paralysed! Thankfully Peter is working at home today; we rush everyone into the van and head to the doctor. 'Don't even wait for an ambulance' the doctor urges. 'I'll phone the LGH and tell them to be ready for you. I believe Timothy has meningitis'!

Lumbar punctures reveal this diagnosis was correct. We are all put in isolation and everyone who has had direct contact with us over the past 72 hours must receive immediate preventative medication!

*October 17th 1986*

We are out of isolation and Peter, my mother and our five children are staying at Spurr Wing, the emergency accommodation provided by the LGH. I remain constantly with Tim as he fights for his life.

*October 18th-24th 1986*

The crisis is passed. Tim has survived (the youngest child to do so at the LGH we are told). But we are told Tim will most likely be deaf at best, a 'vegetable' at worst. We can only wait and see. In the meantime we have been given permission to home school in Tim's ward. 'All things work together for good for those who love God and do His will' the Bible tells us. Well, our good from all this is the chance to explain and promote home schooling to the LGH staff. Most are very impressed.

*November 1986*

We participate in our first ACE State Convention. Yes, Esther has been involved, at three years old she was the star of our drama 'Jenny Did It'. We won second prize! Sarah, Hannah, Andrew and James came away loaded with many ribbon prizes. We'll be back in 1987 and I'm already planning some changes. There is a lot of talent among all those many ACE students but it is a bit drab and boring seeing them performing in school uniform. We will dress up in costumes and have colourful props for things like poetry recitation and story telling. A bit of colour never hurt anyone.

To be continued...

By Beverley Rubenach, Gray.

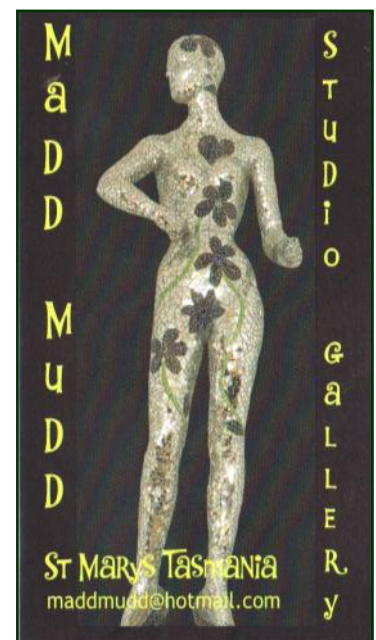


*Jazzing things up a bit - dressing up at the ACE State Convention*



*Casu marzu* is a Sardinian cheese that contains live maggots. The maggots can jump up to five inches out of the cheese while you're eating it, so it's a good idea to shield it with your hand to stop them jumping into your eyes.

*Loyalty to petrified opinion never yet broke a chain or freed a human soul. Mark Twain*



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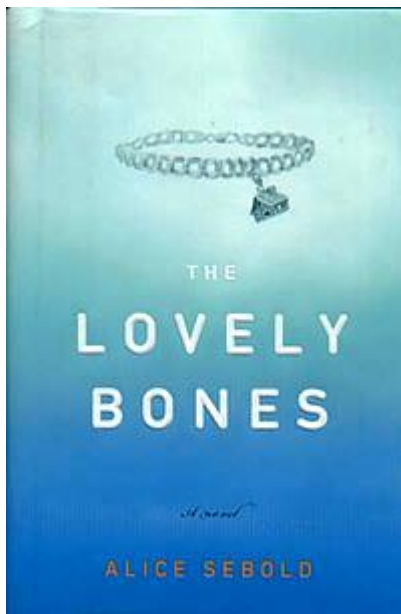
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## Book review.

This month the Mount Elephant and Beyond Book Group read *The Lovely Bones* by American author Alice Sebold. The novel won the Bram Stoker Award for First Novel in 2002 and the American Booksellers Association Book of the Year Award for Adult Fiction in 2003. The narrator of *The Lovely Bones* is fourteen-year-old Susie Salmon who is raped and murdered on her way home from school by a neighbour, George Harvey. From her place in heaven Susie is able to observe the reactions of her family and friends to her death.

Susie's immediate family comprises her parents, Abigail and Jack, her sister Lindsey and brother Buckley. The family at first cling to the hope that she is still alive as Susie's body is not recovered, but gradually the evidence mounts up and there is no doubt. Jack and Abigail seem unable to communicate with each other as the tragedy pushes them further apart.



The loss of Susie prompts Abigail to take stock of her life and she leaves the family, but instead of resuming her interrupted studies, she goes to California and works in a winery. Susie's father is distraught, distressed that he has been unable to protect his daughter and frustrated when he cannot persuade the police to act on the man he suspects is the murderer. Jack's plan to confront Harvey ends in injury and humiliation as he is briefly mistaken for the perpetrator. Lindsey wants to be known as someone other than the sister of a murder victim.

Susie's friends Ray and Ruth are also important to the story. Ray is the first boy she kissed but her death means that the promise of a romance will never be fulfilled. Ruth's life is changed forever when Susie's spirit touches her on leaving the earth. Ruth becomes obsessed with Susie's death and later, as she travels around New York as an adult, she sees images of other young women who have suffered violent deaths. Susie had many dreams and aspirations, and her ambition was to be a wildlife photographer but her murder saw the end of all those hopes. On her arrival in heaven Susie meets a counsellor, Franny, and goes to live in a condominium, complete with the gazebo she always wanted, and a housemate named Holly. She meets her grandfather and George Harvey's other victims. The 'heaven' of this novel is not related to any religious concept but is rather a place of comfort where the inhabitants can live out their dreams and aspirations. Some critics have suggested that this version

of heaven softens or downplays the violence and trauma that survivors and their families experience.

Susie is not limited to observation from heaven but can make herself visible to those on earth. For example, when her father smashes all the ships in bottles that they had made together, Susie makes herself visible in the shards of glass. Her little brother Buckley struggles to understand that she is dead and seems to see her and talk to her. Beyond this, however, Susie is able to intervene in events on earth. She is able to make all the flowers in Buckley's garden bloom at once. She is instrumental in George Harvey's death by icicle. And in a truly bizarre scene, Susie enters the body of her friend Ruth in order to have sex with her former boyfriend, Ray.

Susie is also able to reach into George Harvey's past, back to his childhood and also to his other crimes. It seems that Harvey had a difficult childhood and he struggles with his nature, killing animals to distract himself from his urge to commit murder. He is however an arch manipulator in his dealings with the police and his betrayal of Susie's trust. At the beginning of the novel, when she describes her murder, Susie comments 'It was still back then when people believed things like that didn't happen.' Although it is arguable that 1973 was not such an age of innocence Susie naively goes with George Harvey because he knows her parents. Years later when he approaches another young woman, she calls him a creep and walks away: it's a more cynical age and she is obviously more streetwise than Susie.

Most of the loose ends are tied off by the end of the novel: Abigail returns to the family after eight years when Jack suffers a heart attack; Lindsey marries her childhood sweetheart; Ray becomes a doctor; and George Harvey is killed in a freak accident.

Some of the incidents in the novel don't seem quite logical even within its unique construct. Susie's powers of involvement or intervention seem to be inconsistent. If she is able to influence events why doesn't she guide the investigation into her death so that a serial murderer can be caught? Is it likely that Jack would encourage Lindsey to break into a murderer's house in order to search for evidence? And would Ray really think he was having sex with Susie in Ruth's body?

*The Lovely Bones* won critical acclaim in the US but has attracted mixed reviews elsewhere. The story is quite competently told and it is easy to read, although some of the imagery is a bit clumsy. Enjoyment and appreciation of the novel depends very much on how willing the reader is to suspend disbelief. However it is interesting for its treatment of a difficult subject and its unique approach.

Lindy Scripps

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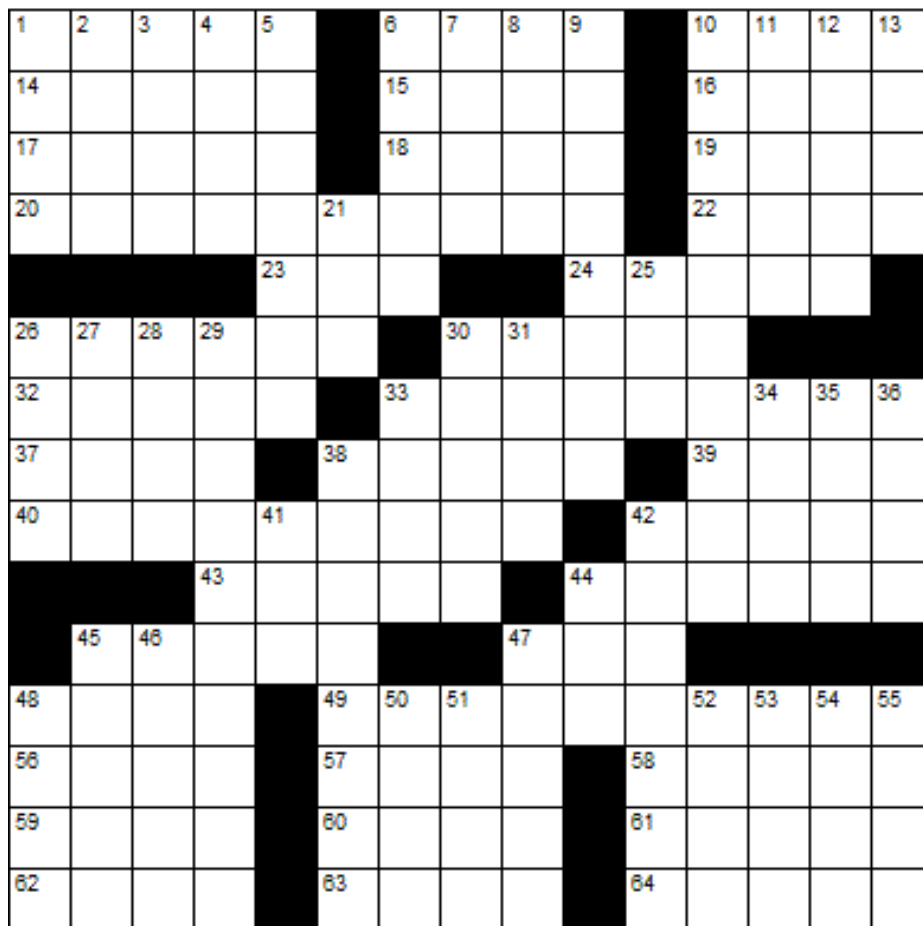
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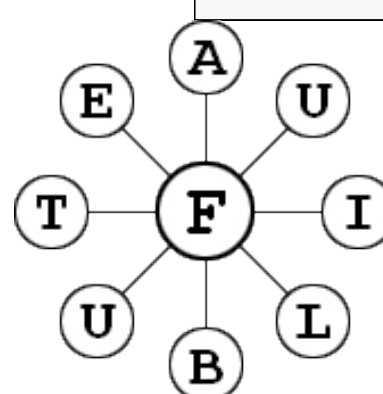
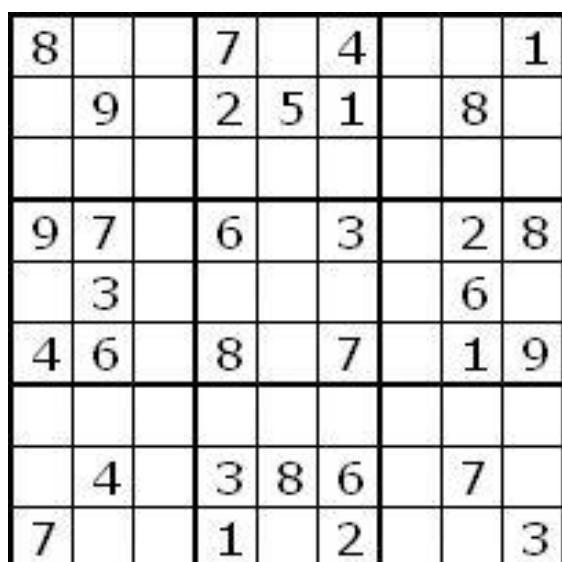
3. Adjoin
4. Bristle
5. Voter
6. Feather
7. Easy gait
8. Black, in poetry
9. False teeth
10. Muscle-building exercises
11. Aromatic seeds
12. Make improvements
13. Accomplished
21. Female chicken
25. A sizeable hole
26. Corporate image
27. Beige
28. Leave in a hurry
29. Replacement
30. Substantial
31. Terminates
33. Flippant
34. Wings
35. Express in words
36. X X X X
38. Lethargic
41. Barbie's beau
42. They love to inflict pain
44. Snake-like fish
45. Prison-related
46. Humiliate
47. Noxious plants
48. Russian parliament
50. Small island
51. Leg joint
52. Male deer
53. Hodgepodge
54. Not under
5. Writing table

#### ACROSS

1. Stage
6. Implored
10. Chilled
14. Slander
15. Part of the outer ear
16. Japanese wrestling
17. Wash out with a solvent
18. Atop
19. Portent
20. A supplementary part
22. Not yours
23. T
24. Flip over
26. A unit of instruction
30. Excellence
32. Come to pass
33. Pass into or through
37. Seize
38. Conducts
39. Holly
40. Outlying areas
42. Climb
43. Cantankerous
44. Artists' workstands
45. Applied to a wall or canvas
47. Married

#### DOWN

1. Urgent request
2. Sword handle
48. Money owed
49. Probability
56. Two-toed sloth
57. Feudal worker
58. Soothing ointment
59. Spar
60. Sleigh
61. Attempts
62. Away from the wind
63. Views
64. It delivers babies?



Solutions next issue.

How many words can you find? Each word must contain the central **F** and no letter can be used twice, however, the letters do not have to be connected. Proper nouns are not allowed, however, plurals are. Can you find the nine letter word? Excellent: 28 words. Good: 22 words. Average: 19 words.

## Tasmanian Lost Pet Register

<https://www.facebook.com/>



**Milly** has been missing since May 6th in the Tea Tree area.

We have had lots of feedback of a similar dog seen in the Brighton area; please if you can grab her I'll be there right away. Call me (Karina) on 0438 045 235 - a reward is offered for her safe return.

Facebook.com/sonya.wilson.52  
or e: tasmanianlostpetregister@gmail.com



**WAR IS WHEN THE GOVERNMENT TELLS  
YOU WHO THE ENEMY IS.  
REVOLUTION IS WHEN YOU WORK IT OUT  
FOR YOURSELF.**

H	A	L	O		S	L	E	E	P		A	M	I	D
U	N	A	U		T	I	N	G	E		W	A	N	E
M	O	S	T		R	E	S	I	S	T	A	N	C	E
P	A	T	C	H	E	S		S	T	E	R	N	U	M
				L	E	E					N	E	A	R
D	E	P	A	R	T	M	E	N	T	S				
R	A	I	S	E		A	L	O	N	E		D	A	Y
A	C	T	S		A	L	E	R	T		D	O	J	O
T	H	Y		T	R	A	C	T		S	O	N	A	R
				E	A	R	T	H	E	N	W	A	R	E
S	P	A	W	N						R	A	N		
T	E	D	I	O	U	S		F	O	P	P	I	S	H
U	N	D	E	R	S	T	O	O	D		I	D	E	A
M	A	L	L		E	E	R	I	E		P	O	E	T
P	L	E	D		S	P	E	N	D		E	L	S	E

5	4	2	8	3	7	9	6	1
7	3	9	4	1	6	8	5	2
1	6	8	2	9	5	4	7	3
8	7	3	1	6	4	2	9	5
9	5	4	7	2	8	1	3	6
6	2	1	9	5	3	7	8	4
3	8	7	6	4	2	5	1	9
2	9	6	5	8	1	3	4	7
4	1	5	3	7	9	6	2	8

## SPORTS NEWS

### St Marys Sports and Social Club

Thursday 5.30-7.30 Friday 5.30-close.

Happy Hour Friday 6.30-7.30.

Sunday 1.30-4.30

**NEW TO TOWN?** *The Committee invite new and old residents of St Marys as well as visitors to our town to join us for Happy Hour on any Friday night. You don't have to be a member or play sport of any kind to participate in any of the 'club house' activities or functions, just sign the visitors book. We have an eight ball table, dart board as well as indoor bowls facilities available to all.*

**MOTHERS DAY LUNCHEON** To Ingrid and her helpers, the biggest THANK YOU ever. What a wonderful meal you provided. To the people who came along and supported the day Thank you! To those we had to turn away, we are truly sorry. We did run out of pancakes on the day! Guess there is a lesson to be learned...**GET IN EARLY!**

#### FUTURE FUNCTIONS

We are presently looking at an Italian night for next month. Watch this space.

July 26th we will have our **Christmas in July** function.

Any suggestions for an August function would be appreciated.

#### LADIES GOLF

Come July we hope to get a bit of golf going for the ladies. This will be a great opportunity for new folk to town, hackers, old members and learners to get together on a Wednesday and have some fun. Bobby is willing to give some tuition to beginners. If you are interested please ring Annette on 0417 010 648 and we will be able to keep you in the loop.

#### MENS GOLF

Black Rock Saturday is still a goer. We would love to see some new faces participating.

**JAG THE JOKER** is up to \$240. Non members can participate.

#### COMMITTEE MEETING

Next Committee Meeting Thursday 12<sup>th</sup> June 7pm

#### ANNUAL GENERAL MEETING

Friday 27<sup>th</sup> June 7pm.

Nomination forms are on the board and need to be received by the secretary before

June 23rd .

Annette Wines  
Secretary

### Vol 47 No 1 solutions.

All words:

ab, abri, abris, abs, airbrush, airbus, arb, arbs, ba, bah, bar, bars, bas, bash, bi, bias, birr, birrs, bis, brash, briar, briars, bris, brr, brush, buhr, buhrs, bur, bura, buras, burr, burrs, burs, bursa, bursar, bus, bush, habu, habus, **HAIRBRUSH**, hub, hubris, hubs, isba, rib, ribs, rub, rubs, sab, sabir, sahib, shibah, shrub, sib, sub, suba, subah, urb, urbia, urbias, urbs.

## Incorporating all your needs in:

- ♦ ROAD GRAVELS
- ♦ TOP SOIL
- ♦ SCREENED TOP SOIL
- ♦ SAND
- ♦ ROCKS
- ♦ ON SITE SCREENER 20mm to 75mm
- ♦ 20 TONNE EXCAVATORS WITH TILT BUCKET
- ♦ RIPPER, ROCK & LOG GRAB & QUICK HITCH
- ♦ D65 KOMATSU DOZER, RIPPER & TILT BLADE
- ♦ 10 YARD TIPPER
- ♦ COMPACTION ROLLER
- ♦ WHEEL LOADER

And much more...



# C & D

## EXCAVATIONS

FOR ALL YOUR EARTHMOVING REQUIREMENTS

Phone : 03 6372 2033

Mobile : 0439 722 032

*DAMS, ROADING, FIREBREAKS, LAND  
CLEARING, HOUSE SITES, DRAINAGE &  
BRIDGE CONSTRUCTION*

*LOCAL OWNER/OPERATOR WITH OVER  
25 YEARS' EXPERIENCE*

Call Dana or Craig  
6372 2033 / 0439 722 032

## East Coast Phone & Communications

Installation & Maintenance  
of Digital TV & Set Top  
Boxes  
Telephone & Data Cabling  
Commander Systems  
Next-G Wireless Internet &  
Mobile Phone Antennas



Vast Satellite Decoders  
Digital TV & FM antennas  
Installation & Tuning  
CCTV - cameras

Sound System & Speaker  
Cabling



30 years' experience, ACA licence  
**JOHN HERON**

**6372 2402 / 0409 959 121**



**St. Helens Electrical**

**Rod Shaw**

Lic No. 933671

**Domestic Commercial Industrial**  
***Wiring and Repairs, Rewires,  
Underground***

**Home Heating: *Advisory, sales and  
installation of heat pumps and fixed  
Heaters***

**Lighting Specialist: *Interior and  
exterior, advice, sales and  
installation***

**0407 615 072**  
**24798 Tasman Hwy St Helens 7216**

## Tip locations and opening hours

*Ansons Bay.* Long week-end Mondays 12 ~ 4  
Wed & Sunday 12 ~ 4  
*Fingal, Mathinna Road.*  
Tues & Thurs 10 ~ 4  
Sunday 2 ~ 5  
*Pyengana, Tasman Hwy.*  
No builders' waste please.  
Wednesday 9 ~ 1  
Sunday 2 ~ 5

*\Scamander, Coach Street.*  
Tues & Thurs 10 ~ 4  
Sunday 2 ~ 5  
*St Helens, Eagle Street.*  
Open 7 days 10 ~ 4  
*St Marys, Gray Road.*  
Tues & Thurs 10 ~ 4  
Sunday 2 ~ 5

## Meals on Wheels ~ 0488 384 344

May 26	Karl Balzer
27	Pam Bretz
28	Lorraine Gill
29	Valmai Spencer
30	Lundy Vosper
June 2	Debbie Barnes
3	Pam Bretz
4	Lundy Vosper
5	Heather Griffiths
6	Lorraine Gill

## Surf Coast Realty

Ph: (03) 6372 5321



### Your Independent, Locally Owned & Operated Real Estate Agency!

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- ⇒ Window displays in Scamander, St Marys, St Helens and Bicheno.
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If you are thinking of buying or selling, please contact Surf Coast Realty for market advice or an Obligation-free appraisal.

Suite 1/ 158 Scamander Ave, Scamander TAS 7215

Honest . Reliable . Professional

## Emergency services

**AURORA Emergency 132004**  
**Carers for Wildlife St Marys 6372 2973**  
**0417 017 105**  
**Crimestoppers 1800 333 000**  
**Poisons Information 131126**  
**POLICE Emergency 000 & Enq 131444**  
**SES Emergency 132500**  
**TFS Emergency 000 & Enq 1800 000 699**

## Church Services

**Catholic Parish of St Marys Sr.** Lorraine Groves  
6372 2252 / 0409 172 741  
1st Sunday MASS  
St Helens Vigil 6pm  
Bicheno 9am  
Fingal 11.30am  
2nd Sunday LITURGY  
St Helens Vigil 6pm  
St Marys 9am  
Bicheno 9am  
Fingal 9.30am  
3rd Sunday MASS  
St Helens Vigil 6pm  
St Marys 9am  
Bicheno LWC 9am  
4th Sunday LITURGY  
St Helens Vigil 6pm  
St Marys 9am  
Bicheno 9am  
Fingal 9.30am  
5th Sunday MASS  
St Helens Vigil 6pm  
St Marys 11am  
Bicheno 9am

**Anglican Parish of Northern Midlands**  
Avoca 11am 2nd Sunday  
Fingal 2pm 2nd Sunday  
Mathinna 2.30pm 4th Sunday  
Ross 10am 5th Sunday  
Campbell Town 9am

**St Marys Salvation Army**  
Sunday Joy 12.30pm  
This is a bring-and-share lunch followed by a great time of friendship and fellowship. You are very welcome to join us and share our JOY!  
0409 838 816  
Tuesday JAM 3~5pm every Tuesday except school holidays.  
Envoy Melanie Norton

**Break O'Day Anglican Parish** 6372 1144 or PO Box 143, St Helens TAS 7216  
St Helens 9.30am Sunday  
5th Sunday Combined Service with Uniting Church 10.30am  
St Marys 10am Sunday  
Pyengana Please phone for service times  
[facebook.com/anglicanbod](https://facebook.com/anglicanbod)

**Break O'Day Uniting Church**  
The Manse 6376 2405  
St Helens 9am  
Fingal 11.15 am



For Sale, size 12 camouflage shirt, \$10



Jaron Englmayr

We used either coloured pencil or crayon to sketch the Policeman Cookie Jar. Our goal was to use our rubric to make sure we took care with our presentation. We had to focus on the following things.

- Use the correct colours
- No white space
- Stay within the lines.
- Use space well
- Look carefully at important details



Ava Howorka

GE



Sarah Eyles



Max Gorham

K-P-1



Amali Lowe






Kayden Rigby



Matthew Englmayr

# School Events Calendar .....

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			22nd May ♦ SCHOOL NEWSLETTER ♦ Stepping Stones— <b>St.Marys 1.15pm—2.45pm</b> ♦ <b>NO LAUNCHING INTO LEARNING THIS WEEK</b>	23rd May ♦ Primary Assembly— Led by 4/5 Fyle - sharing will be by Gr 5/6 Hunt/ Kelly, P/1 Bennett, and 3/4 Harrison. ♦ Walk Safely to School Day
26th May	27th May	28th May Winter Sports Round 1 	29th May ♦ School Cross Country ♦ Launching Into Learning - <b>St.Marys 9.00am—10.30am</b> ♦ Launching into Learning - <b>Fingal 1.30pm—3.00pm</b> ♦ Stepping Stones— <b>St.Marys 1.15pm—2.45pm</b>	30th May 
2nd June	3rd June ♦ ENE Cross Country— Mathinna	4th June	5th June ♦ Launching Into Learning - <b>St.Marys 9.00am—10.30am</b> ♦ Launching into Learning - <b>Fingal 1.30pm—3.00pm</b> ♦ Stepping Stones— <b>St.Marys 1.15pm—2.45pm</b>	6th June
9th June <b>PUBLIC HOLIDAY</b>	10th June ♦ Interhigh Cross Country	11th June ♦ Immunisations - Round 2 	12th June ♦ School Newsletter ♦ Launching Into Learning - <b>St.Marys 9.00am—10.30am</b> ♦ Launching into Learning - <b>Fingal 1.30pm—3.00pm</b> ♦ Stepping Stones— <b>St.Marys 1.15pm—2.45pm</b>	13th June ♦ Primary Assembly - Led by 1/2 Gray/ Mackenzie - sharing will be by Gr 4/5 Fyle, 3/4 Harrison and 1/2 Gray/Mackenzie.

13 Gray Road, St Marys, TAS, 7215.  
 Phone: 6372 3900 Fax: 6372 2543  
 Email: [st.marys.district.high@education.tas.gov.au](mailto:st.marys.district.high@education.tas.gov.au)



Norway will allow any student from anywhere in the world to study at their public universities, completely free of charge.

# ST MARYS COMMUNITY HEALTH CENTRE

## WHAT'S ON AT THE CENTRE

- 21 May **Day Centre**— For details on the group please contact Hayley Gilbert 6372 2111
- Mental Health Clinician/ Case Manager**— Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Physiotherapist**— Please see your GP or Health Professional for a referral to the service.
- 22 May **Social Worker**— Shan Williams. Please phone 6372 2111 for appointments
- 23 May **Social Worker**— Shan Williams. Please phone 6372 2111 for appointments.
- Stepping Out Program** 10:00am-2:00pm. Please phone Fiona Watts at LINC for details on 6376 2742.
- TML Diabetic Educator, Physiologist and Dietician**. Appointments available by referral from your GP.
- 26 May **TML Psychologist**— Sam McCarthy. Please see your GP for a referral.
- Mental Health Clinician/ Case Manager**— Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- 27 May **Child Health Session** with Sue Gofton every Tuesday— Appointments only. Please phone 0428 136 381
- Tom Bain, Rae & Partners Lawyers**. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
- Mental Health Clinician/ Case Manager**— Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- 28 May **TAZREACH**— Antenatal Clinic with Katie. For appointments please see your GP.
- Social Worker**— Shan Williams. Please phone 6372 2111 for appointments
- Day Centre**— For details on the group please contact Hayley Gilbert 6372 2111
- Podiatry North**. For appointments please phone 6336 5155
- 29 May **Relationships Australia**— Leanne McMurtie for appointments please phone 1300 364 277

## WHAT'S ON AT THE CENTRE Continued...

- 29 May **Eyelines**— Phone 1300 139 363 for appointments. Consults Bulk billed to Medicare.
- Social Worker**— Shan Williams. Please phone 6372 2111 for appointments.
- 30 May **Social Worker**— Shan Williams. Please phone 6372 2111 for appointments.
- Stepping Out Program** 10:00am-2:00pm. Please phone Fiona Watts at LINC for details on 6376 2742.
- 2 June **Mental Health Clinician/ Case Manager**— Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- TML Psychologist**— Sam McCarthy. Please see your GP for a referral.
- Hospital Auxiliary Meeting** 2:00pm in the Family Room
- 3 June **Mental Health Clinician/ Case Manager**— Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Child Health Session** with Sue Gofton every Tuesday— Appointments only. Please phone 0428 136 381
- 4 June **Day Centre**— For details on the group please contact Hayley Gilbert 6372 2111
- Mental Health Clinician/ Case Manager**— Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- 5 June **Social Worker**— Shan Williams. Please phone 6372 2111 for appointments.
- 6 June **Stepping Out Program** 10:00am-2:00pm. Please phone Fiona Watts at LINC for details on 6376 2742.
- Social Worker**— Shan Williams. Please phone 6372 2111 for appointments.

## EYELINES

Visit the St Marys Health Centre every 6-8 weeks. For appointments please phone: 1300 139 363.  
All consultations Bulk Billed to Medicare

## WOMEN'S HEALTH CLINIC

Regular Women's Health Clinic's are held at the St Marys Health Centre. For appointments ring 6372 2111.

Information of this page was supplied by: St Marys Community Health Centre, Gardiners Creek, Road, St Marys, TASMANIA. 7215

# ST MARYS COMMUNITY HEALTH CENTRE

## DOCTORS ROSTER

**Dr Cyril Latt**  
21/5/14- 29/5/14

**Dr K. Rawnsley**  
22/5, 27/5, 29/5, 3/6 and 5/6 2014

**Dr L. Reeckman**  
Women's Health Clinic  
28/5- 29/5 2014

For appointments phone: 6372 2111

## SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **PRIOR** to your medication/s running out or **IN ADVANCE** if you are attending this practice regularly.

**PLEASE BE PATIENT** waiting periods can apply to see the doctor. Scripts are unable to be done over the weekends, ensure you have enough medications in advance.

### PHONE SCRIPTS

Please be aware **scripts are no longer able to be done over the phone.**

## IMPORTANT INFORMATION TO PATIENTS

Please be aware that Dr Latt's Surgery is currently fully booked for appointments 1 week in advance as of 21/5/14

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention *please inform the reception staff* who will put you through to the Nurse on duty.

Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt- Call an Ambulance 000  
Thank you for your cooperation

## INR TESTS

A doctor's appointment is required if you are having an INR test. **Please let reception staff know when making your appointment that you are having an INR test.** This requires a 5 minute doctor consult.

## ST MARYS MEDICAL PRACTICE REMINDER:

Dr Latt would like to remind the community about some circumstances that are not covered by Bulk Billing at the St Marys Community Health Centre:

- Visits related to renewal of Driver's licences
- Visits related to requested Medical Reports
- Visits related to Insurance Medicals
- Visits related to Harness Medicals
- Pre-Employment Checks

All of these are not covered by Medicare and therefore may incur a cost. Please check with the receptionists when making an appointment.

If you have concerns in relation to this matter please contact us and we will attempt to answer your concerns

## St Marys Community Health Centre GP Surgery Hours:

Monday-Friday

**8:50am-10:00am**

10:00am-10:30am- Reception Closed

**10:30am- 12:30pm**

12:30pm-1:30pm- Lunch Reception Closed

**1:30pm-2:45pm**

2:45pm-3:15pm- Reception Closed

**3:15pm- 4:30pm**

For appointments please ring Reception during opening times. Appointments will not be taken at other times.

## AFTER HOURS CONTACT NUMBERS

Please phone

GP ASSIST ON- 1300 780 011

AMBULANCE 1800 008 008 or  
EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE  
6372 2111

Please RING before presenting after hours

**Lifeline 131 114**

*Saving Lives, Crisis Support and Suicide Prevention*

## PATHOLOGY SERVICE-

NO PATHOLOGY SERVICE BETWEEN:

12:00-1:30pm or before 8:30am daily

If you require Pathology **before 8:30am an appointment must be made with the Nurses Station the day/night before** by phoning 6372 2111

## PHYSIOTHERAPY SERVICE

1 day/ fortnight- Physiotherapist from the LGH  
**Referrals will still be accepted and prioritised**

Please see your GP for a referral or phone 6372 2111

Information of this page was supplied by: St Marys Community Health Centre, Gardiners Creek, Road, St Marys, TASMANIA. 7215

## SPORTS NEWS

### St Marys Cricket Club

#### Season Wrap-Up.

About 40 people attended and a great night was had by all. After a superb meal trophies were presented to players for outstanding performances for the season 2013/14. The winners were:

- |   |  |
|---|--|
| ♦ Cricketer of the year- Craig Freiboth | ♦ Most improved- Bradley Mitchell            |
| ♦ Best Clubman- Luke Webb               | ♦ Duck Award- Alister Sheather               |
| ♦ Batsman of the year- Craig Freiboth   | ♦ Player of the Final- Craig Freiboth        |
| ♦ Bowler of the year- Gary Cooper       | ♦ 5 wickets- Gary Cooper and Jacob Spilsbury |
| ♦ Fielder of the year- Baden Alexander  | ♦ Coaches Award- Sam Mitchell                |

A life membership award was given to Roger Salter on his 30+ years of service to the St Marys Cricket Club. Well done Roger and congratulations to all trophy winners.

The raffle was drawn next and Rod from the Hotel won the Richmond football club jumper. The night finished off with Launceston musician Mark Stinson playing some great music to entertain us late into the night.

So that's it for this season, a big year on and off the ground for the club. Lastly I would like to thank:

- ♦ St Marys Hotel
- ♦ C&D Excavations
- ♦ Caltex St Marys

To all the players who played and the people who helped the club on home games and behind the scenes, thank you. And also thanks to Wendy at the Valley Voice for allowing the Club to have a column to keep our community informed on their local sporting team.

Looking forward to season 2014/15 and lets hope the Tigers can bring home the cup.

Chris Turner, Coach

P.S. Not sure if I've mentioned but the money raised from our McGrath Foundation Pink Stumps Day was \$2,219.66. Thanks to everyone who supported the day and to everyone who donated to this worthy cause.



Photos by Sam Mitchell



*Favourite Spoonerism: The Lord is a shoving leopard.*



# ST MARYS IGA SUPERMARKET

38 Main Street  
Ph/Fax 6372 2240 Butcher 6372 2274  
Monday to Friday 8~6 Saturday 8~12



## Specials from 21st - 27th May 2014

<b>Butchery</b>	<b>per kg</b>
Rump steak	11.99
Netted boneless leg of lamb	14.99
Ingham fresh chicken cuts	2.49
Lamb bbq chops	9.99
Beef stirfry strips	13.99

### Coolroom/Freezer

Devondale butter 500g	2.99
Nuttelex spread 500g	2.69
Birds eye wedges/crinkles 1kg	3.99
Papa Gs family pizza 445g	4.99
Peters light & creamy icecream 1.8L	5.49

### Only 1.99ea

Uncle Tobys muesli bars 120-185g
Paseo paper towel 2pk
Palmolive dishwashing liquid 500ml
Natural confectionery bags 140-200g
Kraft dips 185g

## Specials from 28th May - 3rd June 2014

<b>Butchery</b>	<b>per kg</b>
Leg of lamb	10.99
Ingham gourmet chicken portions	5.99
T-Bone steak	18.99
IGA chicken breast fillets	12.99
Nichols chicken breast schnitzel	13.99

### Taste Tasmania

National meat pies/pasties 2pk	3.99
Hartz spring water 10L	4.99
Vita Cee orange juice 2.4L	3.49
Tas heritage cheese 250g	7.99
Lethborgs sliced silverside per kg	12.99

### Shelves

Country cup soup 2pk	.99
Tas taste flour 2kg	1.99
Little Lucifer wrapped firelighters 20s	2.99
Sanitarium Weet-Bix heritage tin 750g	3.99
Chum canned dog food 1.2kg	2.49



## Hoisin beef stir-fry

- 1/3 cup Ayam hoisin sauce
- 1 tablespoon shao hsing (Chinese cooking wine)
- 3cm piece fresh ginger, peeled, finely grated
- 2 garlic cloves, crushed
- 500g beef rump steak, thinly sliced
- 1 tablespoon vegetable oil
- 1 red onion, cut into thin wedges
- 400g broccoli, cut into small florets
- 1 red capsicum, thinly sliced
- steamed jasmine rice, to serve

Step 1 Combine hoisin sauce, shao hsing wine, ginger and garlic in a bowl. Place beef in a glass or ceramic bowl. Add half the sauce mixture. Toss to coat. Cover with plastic wrap. Refrigerate for 1 hour, if time permits.

Step 2 Heat a wok over high heat. Add half the oil. Swirl to coat. Stir-fry beef, in batches, for 2 to 3 minutes or until just cooked. Transfer to a bowl. Wipe wok clean with paper towel.

Step 3 Add remaining oil to wok over high heat. Swirl to coat. Add onion. Stir-fry for 1 minute or until softened. Add broccoli and capsicum. Stir-fry for 2 minutes or until vegetables are just tender. Return beef to wok. Add remaining sauce mixture. Stir-fry for 1 minute or until heated through. Serve with jasmine rice.

You could replace the beef with 500g sliced lamb leg steaks or 500g mixed mushrooms.

Shao hsing is available from Asian grocery stores. You can replace it with dry apera (sherry).

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COAST VOICE INC.  
12 GROOM STREET  
ST MARYS TAS 7215.

