



The Valley and East Coast Voice Inc. \$1 *valleyvoice.com.au*

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The deadline for 47.04 is 5pm June 16th 2014

St Marys Car Show 2014



Well, all outdoor events are at the mercy of the weather and the St Marys Annual Car Show was no exception. Article and photos on pages 13 and 14...
(Permission granted for publishing the photos of all persons)



Operation Cover-Up donate handcrafted items to the East Coast Counselling Service in time for winter...more on page 8



Pictured are Ruth Spencer and Barb McAllister, with Thom Ryan of the East Coast Counselling Service

The People Poles Project

Show your support for the Project and for St Marys



T- shirts \$15



Caps \$20

Latest update on page 8 with entry forms for suggestions on which characters could be represented by the Poles.

My family and I would like to express our deepest gratitude for all the cards, flowers and kind sentiments that were given on the loss of Ian.

A special thank you to the Cornwall Community Development Group for providing the afternoon tea, which was most appreciated.

*Thank you
Lorraine Gill and family*

The Break O'Day Woodcraft Guild members wish to extend their sincere sympathies to Lorraine Gill and family on the loss of Ian. Lorraine is not only a valued member of our organisation, she is also considered a friend by all associates.

On behalf of the Valley and East Coast Voice Inc. staff I wish to extend our sincere sympathies to Lorraine Gill and her family on the sad loss of Ian.
Wendy Dawson, Editor.

Bay of Fires Art Market at St Helens - June 8th 2014
Spooks and Demons at the Fingal Sports Pavilion - June 13th 2014
St Marys Sports and Social Club Winter Warmers - June 20th 2014
St Marys Sports and Social Club AGM - June 27th 2014
St Marys Festival of Voices and Wrapped in St Marys - July 19th & 20th 2014

Community Announcements

AA St Helens (Alcoholics Anonymous) Wednesday at 8pm St Pauls Anglican Church hall, St Helens. Call Murdoch on 6376 3335.

AA St Marys (Alcoholics Anonymous) Friday 7pm at Holy Trinity. Mick or Shiril 6372 2909.

Al Anon St Helens (Family Group) 2pm Sunday at St Paul's Anglican Church Hall St Helens. Anne or John 6376 4270 / Rose 6376 3335.

Beaumaris Swap Markets 1st Sundays of the month at Beaumaris Park from 11-1pm. Plastic bag free, gold coin donation per stall (bookings required). Laura 6372 5687.

BINGO at the Cornwall Hall Monday at 7pm, 2 jackpots each week. All welcome.

Break O'Day Regional Arts meet on the 1st Tuesday monthly in the Supper Room at St Marys Community Hall, 4pm. **RAYC** Regional Arts Youth Company (school aged children) is on Thursdays 3.30-5pm. Session cost \$5 or \$40 p/10 week term. All welcome. Call Michelle on 0407 046 865. e: bodregionalarts@gmail.com

The B.O.D. Stitchers meet each Friday 10-3pm at the Neighbourhood House Bungalow in St Helens.

The **Break O'Day Woodcraft Guild Inc.** meet monthly on the last Thursday at 11am in the Goods Shed behind the St Marys Railway Station.

The **Chocolate Shop Singers** meet at the Mt Elephant Fudge shop St Marys every Thursday at 5pm for informal & fun singing. Everyone welcome.

The next general meeting of the **Cornwall Community Development Group Inc.** will be on Tuesday 1st July. Hall hire available, please contact Raz or Deb on 6372 2261.

East Coast Community Transport, Jan Saunders, Community Hall, 23 Main Street, St Marys. 6372 2137.

The **Falmouth Community Centre** contact for booking club facilities is Cherrie Schier on 0417 887 941.

The **FVNH Op Shop** is happy to receive pre-loved clothing & goods weekdays 9-3. Donations can be collected on Mondays or items can be left at the Centre. Come along, check it out & pick up a bargain. Deb Speers for FVNH.

Gone Rustic Studio + Gallery 37 Main Street St Marys *Operation Cover-up* 3rd Friday monthly at 11-2. Creating quilts & knitwear for those in need locally & overseas. \$5 donation towards quilt wadding; BYO lunch, cuppa included. **Rustic Ragamuffins** Wednesday 7-9pm. Bring along your current stitching project & have some time-out while catching up on your UFOs (UnFinished Objects)! Cost is \$5 which includes homemade treats and a cuppa. 6372 2724 / 0417 027 424

Greater Esk Tourism meet 7pm at Fingal Neighbourhood House on the 2nd Monday of each month, unless otherwise notified. 0412 425 666.

Meals on Wheels meeting dates for 2014: 21/8/14, 20/11/14, held in the Community Health Centre St Marys. Lundy Vosper, Secretary. 0488 384 344

The **Scamander and Beaumaris Community Development Association** meet monthly on the 3rd Wednesday at 7pm in the Scamander Sports Complex.

Scamander Garden Club meet monthly on the 3rd Monday at 1.30pm in the Scamander Sports Complex. Enjoy sharing garden activities. Val 6372 2762.

The St Helens Walking Group walk each Wednesday and 3rd Saturday monthly. New members are most welcome. Call Healthy House 6376 5242 or Bryan Edhouse 6376 3439 for info.

St Marys/Falmouth Playgroup is held 10:30-12:30 each Wednesday at the Falmouth Community Centre. Join us for only \$3 per family in a relaxed & friendly atmosphere for all the family. Tash Speers 0419 591 905 / Amy Faulkner 0417 152 337.

St Marys Hospital Auxiliary meet monthly on the 1st Monday at 2pm in the St Marys Community Health Centre.

St Marys Ladies' Midweek Tennis 9.30am each Wednesday. New players & beginners welcome. Child minding included - a lovely safe place to bring toddlers while you play. Karon 6372 2382 or Dana 6372 2033.

St Marys Markets are held monthly on the first Saturday at the St Marys Community Hall 9-1pm. June Market is on 31st May this year due to Annual Car Show/Wrapped in St Marys. Christmas may see a second market in the month - stay tuned for updates. Bookings or queries call Michael Smith (BODRArts) on 6372 2056 or 0407 046 865.

St Marys Online Access Centre, 23b Main Road St Marys. Mon~Fri 9.30-4.30 Sat 11-2. Ph 6372 2005.

The **St Marys Op Shop** (School Association) is open 11-3 weekdays (as volunteers are available) and Market Saturdays 10-12.30. We are happy to receive ALL pre-loved items excluding electrical. SMALL donations can be left at the St Marys Newsagency when the shop is not open or contact Janet Drummond - Coordinator 0404 562 320 for assistance. Check out the Facebook page for current information and special offers. [facebook.com/pages/St-Marys-Op-Shop-St-Marys-District-School-Association-Fund-Raiser/211790102364866](https://www.facebook.com/pages/St-Marys-Op-Shop-St-Marys-District-School-Association-Fund-Raiser/211790102364866)

St Patricks Head & Esk Valley Historical Society Inc. meets every second month on the 3rd Wednesday, 3pm at various venues. Barry 6372 2575 (aulich@bigpond.com) or Jim 6372 2127 (jimhaas@bigpond.com) www.fingalvalleyhistory.com

Stallholders' Market Inc. is a nfp organisation that holds markets on Saturdays 8-12 in the Portland Hall St Helens. e: sthelenmarket@yahoo.com.au

Suncoast Singers meet every Friday, 10am in the Catholic Hall Cecilia Street, St Helens. New singers welcome ... if you can talk, you can sing. Mary-Anne Wadsworth on 6376 2969.

The **Tasmanian Lymphoedema Centre Inc** meet monthly on the 3rd Monday at 10am in the St Marys Community Health Centre, Day Care Room.

Editor: Wendy Dawson
e: wdawson@valleyvoice.com.au
ph: 6372 2442
web: valleyvoice.com.au
facebook.com/ValleyEastCoastVoice

Advertising rates:

- ◆ Business card ads \$15
- ◆ Intermediate ads \$18
- ◆ ¼ page ads \$25
- ◆ ½ page ads \$40
- ◆ Full page ads \$65

Community announcements are free. Classified ads are free for two issues. Annual posted subscriptions are \$50.60 and annual online subscriptions are \$20. Articles for publication may be left at the St Marys Pharmacy, posted to 12 Groom Street St Marys 7215 or emailed. For online advertising, contact the Editor.

For Sale



2 x Bedside cupboards 40cm wide x 38cm deep x 66cm high. \$50 pair. Good condition. **0419 154 193**

Moo poo, any quantity, finely screened. Trailer load \$40, large trailer loads \$50-\$60, truck loads delivered. Norm. **6372 2380**

Hay, small squares cut in late December, \$5 ea. **0447 151 871**

Round bales, garden mulch or bedding, \$50 ea, free delivery in St Marys area. **0407 944 158**

Valet ducted vacuum cleaner system. New still in carton incl. fittings & some piping \$1,000. Poulson Pro (Husqvarna)16hp / 38" cut **ride on mower**, 6 years old, but little use. Pristine con. but needs minor repair to a pulley, includes unused trailer \$2,600. Cox, professional **mulcher / chipper** good con. \$750. **Dressed softwood studs & beams** (new) 2 / 5.8m x 190 x 40mm \$40 ea, 3 / 4.8 x 90 x 45mm \$15 ea, 1 / 4.2 x 90 x 45mm \$13 ea, 4 / 2.6m x 100 x 50mm \$10 ea, 2 / 2.6m x 90 x 45mm \$8 ea. **Palings** new, 50 (approx.) / 1500 x 100 x 15mm \$1.50 ea. **Poly Dripline** (gd. con) 13mm, approx. 100m \$30. **Colorbond corrugated roofing sheets** 1/5m (brown) \$30, 1/3m (brown) \$20, various lengths & colours approx 1.2 to 2m from \$10. **Queen Bed & mattress**, with side tables/drawers \$550, **Double Bed & mattress** \$250, **King Single & mattress** \$250. All in v. good, clean, con. **Small Crosley Fridge** (approx. 300 ltrs no freezer, but excel extra fridge). Gd con. \$100. **Westinghouse Range Hood.** Gd con. new filter \$125. **New knee high (snow country) walk boots** warm & waterproof. Ideal boat/ outdoors. Were \$89 sell for \$40. Mostly men's sizes 8 -11 (women's frac. 9 13b multiftit). **6372 2626**

Brand New Generator. Output rated 7,500 to 9,000 kw. Will run household or workshop. 15 hp petrol engine with remote start/stop. Under warranty 'till 10/14. Never been used. \$800 **0428 345 265.**

20 kitchen cupboard doors (different sizes) including all hinges, possibly suit shack, also **4 matching kitchen drawers** in good condition \$100 ono. Geoff **6374 2325**

For Sale

2 metal-framed **loft beds with desk** (mattresses not included) \$250 ea. Glen Air **portable air cooler** with fittings \$50. **Wooden carved chest** 34x16/20" high \$35. **Wooden carved chest** 27x11/13" high \$25. **Boys Raleigh bike**, black/green, 32", 20" tyres \$150 ono. **Girls Avanti bike**, pink/gray, 32", 20" tyres (had a few problems) \$100 ono. Ph **6372 2112**

Garage Sale on Saturday 7th June 2014

Shed cleanout. Hand tools, power tools, hardware, building stuff, fishing gear, corner spa, electrical fittings, stereo, security screen doors, roof racks, clothes dryer. Dune St Scamander, 8am-2pm

Letters to the Editor

Dear Editor.

In the land of self-diagnosis.

Before the Whitlam Labor government introduced universal free healthcare, the 'Family Doctor' was often a large medical reference book kept on a mother's cookery book shelf. For those with large families or limited means, self-diagnosis was usually the first course of action. Remedies ranged from olive oil, fish oil and castor oil to a teaspoon of kerosene mixed with sugar for a badly infected throat. With the 'cure' being worse than the disease, there was a large incentive to hide your aches and ills.

There was much fun to be had in kitchen table medical conferences in those days. One mother would start by describing how she had haemorrhoids the size of grapes after childbirth, and competitive spirit would drive the discussion until someone would trump all by saying her uncle had a brain tumour the size of a grapefruit.

The advertising industry was more than happy to provide free medical diagnosis. I remember in the early 1960s, tobacco was being advertised to relieve the aches of gum or tooth. We were told Ford Pills would keep you regular, good looking and relieve you of stomach cramps and pain. The most ubiquitous diagnostic advice was for analgesic powders. They were advertised on the radio with authoritative doctor-like voices declaring 'Bex is better' or 'Take Vincent's with confidence'. They would confidently list all sorts of 'women's problems' these cure-alls would relieve. Cafes, take-aways and newsagencies would advertise these products at the most prominent places in their shops, and would kindly sell you individual doses if you could not afford the whole box.

My mother was an ardent follower of such advice. The more pain she suffered 'down there', the more powders she took. The trouble was, these powders played merry hell with kidneys in large doses. She lost both her kidneys in 1972 at the age of 34.

Mr Hockey recently told us how much better off the country will be with Medicare co-payments, but I ask you please consider the costs.

Drew Adam, St Marys

On this day in **1855** - Anti-foreign anti-Roman Catholic Know-Nothing Party's 1st convention

Health in Focus

Article by the Hon Rebecca White MP, Shadow Minister for Health and Labor Member for Lyons

Health Matters

There is lots of talk about the pressure on the budget and the burden on the health system. However the real pressure will be that put on Tasmanian families who will need to find more money to afford the services they need to stay healthy.

The Federal Government has announced their intention to charge a \$7 GP co-payment and a \$5 co-payment on prescriptions, undermining the concept of universal health care. Last week the Salvation Army released a report which found that of those surveyed 24% already couldn't afford medical treatment when needed and 34% were unable to buy medicines as prescribed by a doctor. The \$7 fee might just tip more of them over into avoiding health care altogether.

In addition to this charge the State Government has not ruled out charging a co-payment each time someone presents to the emergency department.

We know that the state's health budget is facing a \$27m reduction under the Liberal Government due to the Federal budget and that \$1.7b will be cut from health over the next four years. This will see the reduction or cessation of a number of services and programs from preventative health initiatives such as Move Well Eat Well, through to the dental grants program.

The Minister has failed to rule out the Liberal Government will not close regional hospitals including Beaconsfield, St Marys, New Norfolk and Smithton. This is extremely concerning as these centres provide important health care to regional communities and any changes to the services they offer will disadvantage regional Tasmanians greatly.

Labor will continue to seek information from the Liberal Government about how they will ensure Tasmanians are not worse off when they hand down their budget in August. There's no doubt the Federal budget has placed additional pressure on the Tasmanian health system but Tasmanian families should not be fooled into thinking that these savage hits on health are the only option available to the Liberals.

Labor's deception on regional hospitals

Michael Ferguson, Minister for Health May 29th 2014

Claims by Labor's Rebecca White that the Liberal Government is planning to close regional hospitals are wrong, alarmist and irresponsible.

During the State election, the Liberals recognised that rural hospitals were the lifeblood of communities, and play a critical role in the structure of our health system.

We committed to continuing our rural hospital services and this commitment has not changed.

We promised to work with local communities to ensure our rural hospital facilities and the health services provided from them met the community needs in each area. That commitment has not changed.

In Parliament this week, we proudly reiterated those commitments.

It was Labor in Government that attempted to close or downgrade rural hospitals, including Rosebery and Ouse.

At a time when major reform and new thinking is required to deal with the health mess we have inherited, Ms White's desperate scare is a very disappointing and pathetic contribution.



New freight ship signed for Bass Strait run

A new freight ship will be operating on the Bass Strait run within three years. Tasmanian transport company SeaRoad has confirmed it has ordered a new ship. SeaRoad chairman Chas Kelly has told ABC local radio he has ordered a new German built roll-on roll-off cargo ship to be delivered late in 2016 or early 2017. The new vessel would lift SeaRoad's cargo capacity by 50%. Last week, the State Government decided to spend \$10m refurbishing the Spirit of Tasmania ferries in favour of a Labor plan to purchase two extra freight ships.

The Government is confident the private sector will be able to meet growing freight demand.

abc.net.au/news/2014-05-26/new-freight-ship-signed-for-bass-strait-run/5477456?WT.ac=statenews_tas

Alarm over Integrity Commission budget cuts

May 31st 2014

Proposed cuts to the budget of the Integrity Commission will seriously impact on its capacity to investigate allegations of corruption and inappropriate behaviour.

"The Integrity Commission has confirmed that it could lose over one third of its staff, which will severely compromise its capacity to prevent misconduct and investigate complaints," said Greens Justice spokesperson Nick McKim MP.

"It beggars belief that in the same week that an Integrity Commission report alleging serious public sector misconduct was tabled in parliament, the Liberal majority government decides to attack its budget."

"With corruption and malfeasance being exposed by integrity bodies around the country, it is more important than ever that we remain vigilant in Tasmania, which requires a properly funded Integrity Commission."

"The Commission is one of the most important guardians of the public interest that Tasmania has, but it's looking more and more like integrity will be related to the back seat under the Liberal majority government," Mr McKim said.

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The Say...by Cagerattler

I was talking to a good friend this morning about a few things St Marys...By the time we'd finished we both decided and agreed on one key point - we live in a pretty good place!

With even more opportunities opening up in coming months and years maybe we should ALL... not most...look at our community as a glass half full, not a glass half empty. I for one get a bit sick and tired of listening to whingeing and whining on all sorts of things going on around us. How many communities of less than a 1,000 people like ours have the amazing services and community groups like we do with several established businesses and a number growing and expanding sporting groups and fantastic community groups, exemplified best with the great Woodcraft Guild /Men's Shed. Now add in the Cranks and Tinkerers, Madd=Mudd, Gone Rustic, the River and Willow Art Space and some lesser known art and craft exponents contributing to this important faction of our town. Then consider the fantastic volunteers at the Hospital Auxiliary, those involved in resurrecting and protecting the ANZAC Day services nearly lost a few years ago but now thriving, the St Marys School Association, SES, St Marys Fire Brigade and last but certainly not least the volunteer Ambulance officers who, like the SES and Fire Brigade, have literally saved life and limb. It seems that there are two or three new businesses about to start up here and some young families are choosing to join us and try a lifestyle both in St Marys and Fingal, which also offers some amazing opportunities. If there was one really achievable thing we could ALL do, and I do mean ALL, that would be to look at all the positives, be tolerant, supportive and understanding, and celebrate a really special way of life.

I ask you, what equally small town has a full scale Health Centre with resident doctor/s, a fantastic and efficient Pharmacy, a K-10 fully functioning district school with a very real opportunity of soon being K-12 (potentially alleviating the financial burden on some families of sending kids to Launceston or Hobart), and our own fortnightly periodical (Valley Voice).

I've lived here all my life so I know the place pretty well. St Marys, Fingal and surrounds has it all, and it is up to us all to protect against negativity. As far as I'm concerned the town couldn't get much better. I'd ask respectfully that all of us get behind anyone having a go and drink out of the glass half full and throw out the other one. It'll be amazing where that might just take us...

What do you think?

Rod McGiveron

Some JAMmy thoughts by Mel Norton

Nearly 13 years ago, Pam Lynch and I started a group called JAM (Jesus And Me). The aim was to draw children from any or all, or indeed no, denomination, and to teach them about Jesus.

Each week after school, the first JAMmers, as they became known, would walk, ride or be driven to the Anglican Church (where Jam began) and know that they would be greeted with a big smile and hug, yummy afternoon tea, a Bible truth, lots of fun and most importantly love in action.

Within a few months I was confronted with some feedback - 'Those children only come because you feed them', to which I replied, 'That's ok, it doesn't matter *why* they come, as long as they come'.

Then, 'Those children only come because you play games', to which I replied, 'That's ok, it doesn't matter *why* they come, as long as they come', and 'Those children only come because you give them things', to which I replied, 'That's ok, it doesn't matter *why* they come, as long as they come'.

Having now caught the drift of this commentator, it was clear he was hearing, but not catching, mine.

That conversation continued with other 'reasons' which were proffered as the truth as to why the children *really* came to JAM. Eventually I changed my response to "It doesn't matter why the children come to JAM, as long as they come - so that they can learn about Jesus."

The truth for me was, and still is, that if the children coming to JAM can't see Jesus in the way they are treated, accepted, encouraged, affirmed and ultimately loved, then all of us on the team are wasting our time. All those years ago, when I was fielding those statements, I remember first being sad, then frustrated, then annoyed, then finally relaxed, because although the motive of the speaker was to provoke, I knew that the main reason was still the main reason - that *Jesus is the reason*, that it's because of Him that JAM exists.

As we approach JAM's 13th birthday, I am grateful to many parents over the years for the privilege of their trust in allowing us to love their children and plant 'Jesus seeds' in their precious hearts and minds. Even if I don't experience the 'fruit' of that planting, my reward is in knowing that my life has been immeasurably enriched by the chance to share Jesus with so many young people.

The children may not remember all the food, the games, the gifts or indeed all the truths from God's word, the Bible, but I believe they will always remember how much they were loved.

Thank You to:

Lorraine Dare

Hazel Jones

All the members of the public who so kindly donated to the St Marys Salvation Army via the collection tins at The Pancake Barn and the St Marys Bakery





Kids 10 - 17
Under 10 accompanied by parent/s
All welcome
Don't forget
Spooks and Demons
Friday 13th June 2014
Start: 5.30pm (BBQ) tea at
Fingal recreation ground

COME ALONG TO THIS EVENT DRESSED UP IN YOUR SCARIEST COSTUME AND BE SPOOKED

St Helens Walking Group by Wendy Milgate

Ten hardy souls turned up for our annual walk to Mt Cameron South on May 17th - our destination, the awe inspiring Lair Rock. The weather was cool and light showers were forecast for early in the day. Increased vegetation since our last visit caused a bit of confusion in finding the correct track - it was fortunate we were travelling in 4WDs and after a few 8-point turns we were able to extract ourselves and find the correct starting point! We set off along the T Tree track under a clear sunny sky with no sign of the predicted rain. On reaching the grassy plains, wet knee-high grasses soon had most of us with drenched clothing clinging to our legs so we were relieved to reach the cleared fire trail providing more comfortable walking until the turnoff to Lair Rock. The first part of the climb was easy going and the track well defined with yellow and green markers. The creek crossing was a little slippery and muddy, however all managed to cross without mishap! The track then led along the creek bank which on our last visit had been a picturesque walk - this year a sea of thigh-high ferns and bracken, all wet from the recent rain, made picking out safe footholds a little more difficult. No one slipped or fell and following a short muddy scramble up out of the creek, we found ourselves once again in the dry sclerophyll forest with its stony floor providing much easier walking!

A further short climb brought us in view of Lair Rock, a huge flying saucer shaped formation, some 30 metres in diameter and 10 metres high - one rock balancing on top of the other and it appears they have, many moons ago, tumbled down from higher on up the mountain.

The promised rain arrived so lunch was eaten in the shelter of the rock - at the same time, liberal amounts of salt were soon being applied as some of us discovered the leeches we had gathered along the way! Our leader proudly stated that he wasn't one to be troubled with leeches and felt he must have had a 'built-in' immunity to them. The rain eased off and the downhill return walk was enjoyed even though more salt was required to rid us of more leeches. All walkers agreed it was a great walk and not to be missed, however next year we should perhaps undertake it in drier weather. PS - our brave leader who had never had a problem with leeches before, found eight fat ones clinging to his frame when he returned home!!

The Wednesday walkers meandered their way through the Winifred Curtis Reserve again on the 14th - always a popular walk. The sunshine wattle was in full flower and a few pink, white and red ericas were blooming. On Henderson's Lagoon the many resident black swans and grebes were observed. During April, a large group strolled from the mouth of the Scamander River, through the Scamander Sanctuary to Winifred Curtis and back and on May 7th, a cool autumn day, the group walked along the fire trail off the Anson's Bay - Garden's Road. A variety of fungi were spotted from tiny bright yellow specimens to large, brownish tan ones.

New walkers are most welcome - come along, meet some new friends and enjoy our beautiful area. Just call Healthy House on 6376 5242 or Bryan Edhouse on 6376 3439 for further details.



ARTS/CRAFTS

Operation Cover-Up at Gone Rustic, St Marys

Members of our Rustic Ragamuffins group have been knitting, crocheting and sewing for months, and they deserve to be truly proud of their efforts! Together they have produced an astonishing number of items, which were today donated to the East Counselling Service:

- ◆ 20 scarves (inc. 1 with matching hat)
- ◆ 54 beanies
- ◆ 10 quilts
- ◆ 1 teddy bear
- ◆ 1 pr. bedsocks
- ◆ 1 pr. fingerless mitts
- ◆ 2 jumpers
- ◆ 1 baby singlet with 2 matching hats
- ◆ 1 child's poncho
- ◆ 2 baby's jackets
- ◆ 1 pr. baby's booties



Ruth Spencer



Lindy Scripps



Marilyn Statham

If you would like to join us, we meet from 11am to 2pm at 37 Main Street, St Marys on the 3rd Friday of each month (unless otherwise arranged). Please bring your own lunch and a \$5 donation, plus your knitting, crochet or sewing supplies. Tea and coffee provided. Phone 03 6372 2724 / 0417 027 424 or e: gonerustic@gmail.com

Article and photos by Rita Summers, Thursday 29 May 2014

The People Poles Project

The St Marys People Poles Project is progressing steadily. The Woodcraft Guild is finishing off 20 mini-model People Poles and the St Marys District School is working on some historical research and making little "peg people" which will be available as gifts and for sale. The Tasmanian Community Fund has deferred our application for a \$90,000 grant until the August round so we will be doing more work on the details of that and resubmitting it then.

Our St Marys People Poles Project T-shirts and caps have been distributed to our major donors and are now on display and for sale at St Marys Post Office, Madd=Mudd and Mt Elephant Fudge.

Contributions are still coming in. Many thanks to Peter and Isabelle Witton and Carla Seeley. Many thanks also to the St Marys Sports Centre who have nominated themselves as sponsors of two People Poles, a golfer and a bowler. We will be organizing drawings and painted mini-models of these two characters plus a miner, a timber-worker and one or two others. These will be used to illustrate the concept, to show potential sponsors and sold to raise additional funds. We are now putting together a list of characters for our People Poles and we are looking for your ideas and input. If you would like to suggest a character please submit your suggestion using the form below or emailing it to peoplepolesproject@bigpond.com. We are especially interested in details of any actual historical characters from the local area and in any old photographs showing these characters.



Diana Foster (Coordinator)

Name _____ Email _____ Ph _____

I wish to nominate the following character(s) as a St Marys People Pole

Description _____

Attach a photo or drawing and return the completed form to People Poles Project, St Marys Post Office or leave the form with Rita at Gone Rustic, or Heather at Madd=Mudd

ARTS/CRAFTS

East Coast RC Flyers News - June 2014

The East Coast RC Flyers received a grant of just under \$600 from the Tasmanian Model Aeronautical Association (TMAA) towards the purchase of training equipment. On order is a Phoenix Classic Trainer together with the necessary radio and motor equipment. This will give the club's training officers the ability to conduct advanced training with a so-called buddy-box system.

The system consists of two transmitters, linked by a cable. With the flick of a switch, the instructor can hand over the controls to the student; if the student gets into trouble, the instructor can instantly take back the controls.

Gone are the days when you tried to fly on your own, somewhere in a paddock, only to be frustrated by constant crashes. With the buddy-box system, the club's training officers will guide you, step-by-step, towards your first solo flight.

Why fly radio-controlled models? Apart from being fun and exciting, the hobby provides the pilot with many life and social skills. The persons, whether young or old, male or female, will gain confidence in their own abilities, and will improve their mental agility. The latter is essential for the development of a young brain, and is an important point in the prevention of Alzheimer and dementia.

Other than the previously mentioned attributes, the basic knowledge in aerodynamics, meteorology, and aviation electronics can provide a stepping stone into an aviation career. Manfred Weihrauch, the club's training officer and a retired helicopter pilot and air traffic controller, says: "Flying model aeroplanes as a youngster has certainly helped me pass the difficult aptitude tests with ease."

The hobby is no longer expensive, as the fast growing number of nationwide club members testifies. If you are interested, visit the club's website at eastcoastrcflyers.org.au where you will find the location of the flying field, and when the members plan to hold their next flying day.

Article by Manfred Weihrauch



Left: Phoenix Classic Trainer purchased with the TMAA grant



Right: John Briginshaw's Trainer



Left: Theory of Flight. Manfred Weihrauch provides some basic aviation theory to Harley Escott, Kole Bretag and Michelle Menz, all of St Marys



Right: No age barrier. 83 year-old Geoff Adams from Scamander with 6 year-old Kole Bretag from St Marys



Left: Ladies' Day flying lesson for Paula Escott and Michelle Menz of St Marys

All images are courtesy of Angelika Weihrauch and permission has been obtained from all persons pictured.

The next Council meeting will be held on Monday 16 June 2014 at 10am in the Council Chambers, Georges Bay Esplanade, St Helens. Minutes from Council meetings are available online.

In the age of information, ignorance is a choice.

HELP! The Sports Club is missing a significant number of bowls from its dinner service. Please if any organisation has borrowed from the club, can you check to see if they are hiding in your cupboards. They are white bowls with a dark blue trim. Thank you. Annette Wines.



Avoca Museum and Information Centre

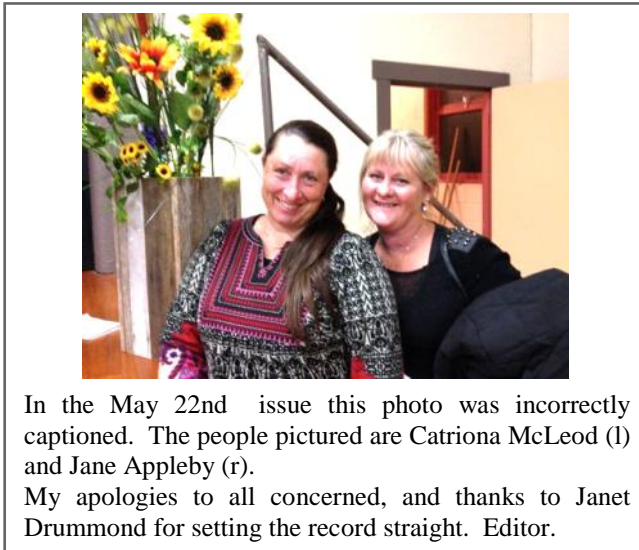
Old School Building
AVOCA TASMANIA 7213



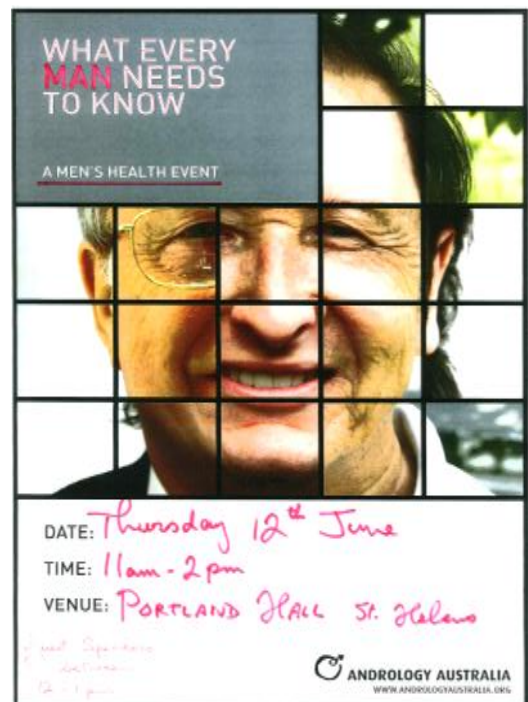
Thankyou to all AMIC Volunteers

A sincere thank you to all who have volunteered their services to the Avoca Museum and Information Centre: to all who helped with the restoration and refurbishment, displays, workshops, meetings, markets, building/installation of things we have needed, the garden and customer service. And to our current full-time volunteer Justin. Well done all.

The next **AMIC Market** is **Saturday June 21st 2014** in the Hall
Contact Steve 6384 2188 or Prue 6384 2119 for a stall
All invited to the AMIC meeting Tuesday 17th June at 4pm



In the May 22nd issue this photo was incorrectly captioned. The people pictured are Catriona McLeod (l) and Jane Appleby (r). My apologies to all concerned, and thanks to Janet Drummond for setting the record straight. Editor.



The Hungarian themed **Community Outreach Dinner** at the Holy Trinity Church Hall, St Marys on the 17th May was exceptionally well attended, with 44 community members present from the Fingal Valley and St Helens.

A main course of lamb or beef with lots of butter-tossed parsley potatoes was served. Cabbage side dishes, apples as a savoury treat and assorted other vegetables were contributed by the community. The highlight had to be the desserts this month, the range and sheer beauty of them was astounding and included Norwegian cakes and traditional family recipes that had not been cooked for 40 years. A great night was had by all, with the last guests leaving around 8pm. The gold coin donations totalled \$120 and will this month be donated to Bibles for the Persecuted. Bibles for the Persecuted encourages Australian Christians to pray and provide bibles for Christians who are suffering for their faith in Jesus. These suffering believers simply plead "Pray for us and please send bibles." (<https://bl.org.au/events/bibles-for-the-persecuted/>)

Community Dinner - Casseroles

For our first winter event, the theme is Casseroles and One Pot dishes. Easy and warming!
Holy Trinity Anglican Church Hall St Marys Saturday June 21st 2014 5pm for 5.30pm.

A choice for your main course will be provided. Everyone is welcome and please feel free to invite friends to come along with you. You are invited to bring either a casserole of your choice, or a dessert to share.

RSVP to Kevin on 0427 062 406 or register at [facebook.com/events/1438274263087743/](https://www.facebook.com/events/1438274263087743/)

The gold coin collection this month will go to the Tasmanian Lymphoedema Centre Inc. at the St Marys Community Health Centre.

Janet Drummond on behalf of the Break O'Day Anglican Parish.





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St Mary's Annual Car & Bike Show 2014

The group decision was made at 7.30am to cancel as the heavens decided that this would be the year it was not going to be on our side. All social media was immediately updated, radio stations were informed and phone calls were numerous. However, many stalwart supporters showed up regardless in their pride and joys, to take their positions on Faulkner's Green. Having this much tenacity it seemed only fair that we made the effort and let the small show of 70 entries roll on.

Thank you to all participants who made the journey to our delightful town and to the hard working organisers who deservedly should take a bow, namely, Grant Faulkner co-ordinator, Bill Targett, Reon Johns, Ian Summers, Jeff Springer, Andrew Atherton and John Chandler.

We would like to express gratitude to Mr and Mrs Faulkner who every year let us occupy their green, the Break O'Day Woodcraft Guild (whose members Col Mackenzie and Graham Derbyshire worked hard on the trophies), Bowden's Car Care products, the Examiner, Tracy Macdonald, Glyn, the Valley Voice, the Coastal Column and the ABC. A unanimous decision was made not to have people's choice and to hold it over until next year when all competitors could be present. We were questioned about a contingency plan not being in place, however, as many car enthusiasts plan their schedule twelve months ahead this is not feasible.

Unfortunately, the forum in the hall had to be cancelled as well and we would like to especially thank Esk Valley Mates who had spent many hours preparing soup and coffee and to Michael and Michelle Smith, not to forget Wendy Fowler who was instrumental in helping set up the hall. Even the Sizzler King from the Guild had to forgo the haute cuisine snags.

On a positive note, it was good to see Liz from Mount Elephant Fudge handling the crowd in her shop with courtesy and professionalism; her shop was packed to the rafters.

And finally, to the people of Break O'Day who show their support each year we say...Thank You!

Article and photos by Wendy Brennan





Robespierre Just another mystery of life?

In the 50s & 60s I drove trucks in Sydney (wharf & rail) and later suburban buses, and later still freelance driving with various tourist coach companies (I'd be called to fill a shift); mostly express services between capitals on the mainland's eastern seaboard. In 1970 I was permanently with Pykes Tours, the oldest tourist coach company in Oz. Pykes were owned by the millionaire Viv Chalwin. Reg Ansett's Pioneer Tours and Pykes were flagship companies, always on call for prestige work where voluminous and maybe a more discerning clientele were involved (eg. International Law Conference). Both companies had their drivers and coaches in fine livery. Viv Chalwin, being terribly 'briddish', imported his fleet from the Birmingham coach builders, Duple. The Duple body with its rounded corners and distinctive bubble shape was finished in cream with chrome trim. Internally, the antique green livery and driver in green/gray tweed uniform and peak cap complemented an excellent presentation.

Early morning - and the usual array of coaches from several coach companies are parked in Sydney's Martin Place, loading passengers. Busy busy, with other coaches circling around the block waiting for a parking slot, being waved on by ground staff when none were available. Finally loaded for 'up the hill' (Blue Mountains), climb inside, close the sliding door and do p.a.x intro. (I am not related to any member of Pykes; the coach Captain's name is displayed above the windscreen; in my case Don, a nickname from 4 yrs of age after Don Bradman. Always some concern that the wrong impression might be detrimental to the tips at the end of the day.) Start up, head out along Pitt Street and weave through traffic, with a brief history of Sydney and some of the old trading names over the intercom; *Anthony Hordens - multiple story building - 16.5 acres of shopping floor space, etc.* Then through Broadway, on to Parramatta Road and the Butchers Picnic.

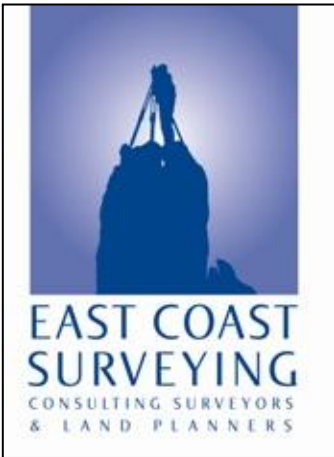
The oldest road in Australia, Parramatta Road pretty much follows the route taken by the bullock carts of early settlement and although the road conditions have improved somewhat today, the width of the road hasn't. Plagued by a fast growing population from its inception, new and more permanent buildings had grown up keeping the road to three skinny lanes in each direction.

From the early 20th century the road had just managed to cater for faster, heavier traffic, but as years passed buildings became bigger and more plentiful; a safer width for modern heavy vehicles was therefore more and more difficult. Same story all over - too little, too late. The modern day drivers became used to seeing semis travelling in the same direction, coming into contact as drivers negotiated the narrow lanes. External wing mirrors were a constant concern, not to mention parked traffic and people walking out to access their vehicles. Decades on, other thoroughfares in and out of the city have been vastly improved with tunnels and overpasses.

But this was to be a strange, and a rather lucky day. To be continued...

Don Pike, Four Mile Beach





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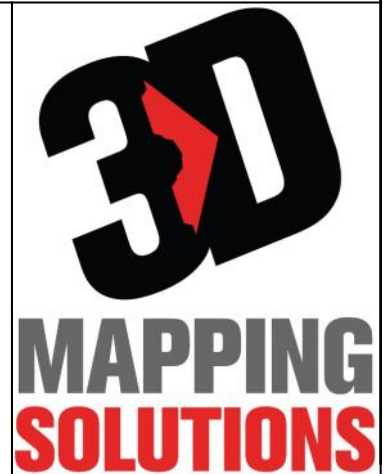
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Church ladies with typewriters: The Low Self-Esteem Support Group will meet on Thursday at pm. Please use the back door.

Innovation underpins fragrant essential oil sector By Rosemary Grant



In Tasmania's north east the essential oils industry is expanding around a hub at Winnaleah, where a variety of crops are grown for their valuable fragrant oils.

"We're doing parsley at the moment," farmer Frank Wagner says. "At the moment we're getting oil out of the parsley. To get it out of the seed, we're using an old steam engine they used to shovel coal into."

The Wagners, Frank and his son Kirk, have fired up the ancient boiler with two metre lengths of pine, to produce a steady jet of steam. It's piped into the base of purpose built trailers that hold about three tonnes of freshly cut parsley seed at a time. Frank says it takes over two and a half hours to 'cook' the crop and collect

two distinct fractions of oil through a series of pipes, condensers, and separators. Parsley seed, fennel crops, lavender and even the native kunsia are put through the distillation process at Winnaleah.

"We've got it set up pretty well at the moment," Frank Wagner says. "We're getting about 50 kilos [of parsley oil] to the hectare. Per bin we're getting about 10 kilos of oil per bin. It's worth about \$70 a kilo at the moment. It used to be worth about \$120 a kilo, but over the years the price has gone down. Most of it goes to Europe, and a little bit to America, and the heavy fraction part of it goes to Japan. In Europe they use it in coleslaw, even put it into soaps, or where ever they want to put a bit of parsley flavouring or smell. Most of our fennel goes to France where they put it into Ouzo."

While export demand for some of the flavourful essential oils has been stagnant and the rising Australian dollar eroded prices, innovation in crop production and harvesting are key to viability of the sector. Kirk and Frank Wagner's latest success is their modified old forage harvester that's been converted from cutting silage to cut and catch the valuable parsley seed crop.

"You never get bored," Frank Wagner says of his diversified farm and role in the essential oils industry. "We've got a heap of things on the go between spuds, poppies and onions. We just like the different change of everyday jobs, and I've got a good crew around me at the moment. They run the still and I only drop in here occasionally, to keep my eye in and make sure things are working properly."

abc.net.au/news/2014-05-21/in-tasmania27s-north-east-the-essential-oils-industry-is-expan/5467210

WT.ac=localnews_northtas



Our focus is you

This year we are focussing on targeted mobile RBT patrols in rural areas. Our message to you is "Don't think it's safe to drive with drugs or alcohol in your system because you're in the country".

The change in focus is aimed at increasing road safety awareness and reducing serious injury crashes.

"People who drive with illicit drugs or alcohol in their body create a significant road safety risk to everyone, themselves included," said Sergeant Sharmaine Ward.

Human beings are fallible and crashes will occur. Don't make the wrong choices. The incidence of injury and deaths on our roads can be reduced if we accept and share responsibility for using our roads safely.

"Our advice to you is take your time getting to your destination and drive to the conditions. Be aware that one or two drinks can put you over the limit, so pace yourself, be aware of how much you can drink, because alcohol effects people differently. Think about having something to eat and combine your alcohol consumption with drinking glasses of water or soft drink, and don't even consider driving if you have taken any form of illicit drugs," she said.

Driving while affected by alcohol or drugs is, statistically speaking, known as one of the Fatal Five.

Anyone driving a motor vehicle has the responsibility to ensure both the safety of themselves, other road users and pedestrians.

This targeted approach will include a greater focus on rural roads, back streets and increased use of mobile breath testing equipment in remote areas.

There is evidence to suggest that some Tasmanians still believe it is okay to drive with drugs and/or alcohol in their system, especially in rural areas and we make no apologies for changing our road safety tactics to address and change this culture.

St Marys Police.

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Pearly Gates

It was a quiet day at the Pearly Gates. St Peter was relaxing, feet on desk, engrossed in a Kinky Friedman novel, when a commotion outside the Gates caught his attention. Forty gypsies were milling around at the entrance to Heaven, clamouring noisily for admission.

St Peter inserted a discarded angel's wing feather into his book to mark his place, hauled himself reluctantly upright and surveyed the newcomers with trepidation.

'There's rather a lot of you,' he said. 'Do you have reservations?'

'Didn't think we needed one, Squire, bein' as we're dead, an' all,' a shifty-looking character with an earring, who appeared to be the group's spokesman, replied. 'Fire in a caravan park - all those gas bottles. Ka-boom. That's why there's so many of us.'

'Well I don't know,' St Peter prevaricated. 'I'm sure it'll be alright, but I'll have to ask the Boss. Just wait here while I give Him a call.'

St Peter turned his back on the disgruntled gypsies and strode off in the direction of a mobile site office which had been placed some hundred metres away so as not to detract from the architectural magnificence of the Pearly Gates, which had recently been re-modelled in a stunning art-deco configuration. The office was equipped with a phone, fax and computer.

St Peter picked up the 'phone and hit the auto-dial for head office.

'Kingdom of Heaven, Mary speaking, how may I help you?' chanted the receptionist.

St Peter recognised the voice - Jesus' mum. *Ah well*, he thought, *what good is nepotism if you don't keep it in the family?*

'Hi Mary,' he said. 'Pete. Can you put me through to the big fella?'

'He's in a meeting,' said Mary without hesitation. 'Can I get Him to call you back?'

'Mary,' said St Peter, 'you shouldn't tell porkies. You and I both know that our Lord and Master is on the golf course, although I don't know why He bothers - He always gets a hole in one 'cause He's omnipotent. Give Him a call on his mobile and tell Him we have a situation down at the Gates. I need to talk to Him ASAP.'

St Peter then decided he should talk to the Boss in person, so he called Celestial Taxis. When the cab arrived the driver was a Pakistani who had been killed when he swerved to avoid a donkey on the Khyber Pass road and drove over a cliff with a bus-load of backpackers. The backpackers were all disguised American Special Forces soldiers on a covert mission to lay landmines in Afghanistan, and their backpacks were full of high explosives. When they hit the bottom it was just like the gypsies in the caravan park. Ka-boom.

The recently re-assembled Pakistani greeted St Peter with a cheerful 'Very sorry Sir, but not speaking the English,' and drove off in the wrong direction. St Peter, of course, could speak in tongues, including all those of the Indian sub-continent. He explained in fluent Urdu, that after a few millennia he knew his way around Heaven and he could tell when he was being taken for a ride. He wanted to get to Heaven Central but not by the scenic route, and if the driver strayed from the straight and narrow path and followed instead the winding way of the wicked, he could forget about his tip.

At Heaven Central, St Peter seated himself in the reception area between a huge monstera deliciosa and a smaller burning bush, and was leafing through a magazine when God's fiery chariot pulled into the parking lot. St Peter quickly removed his feet from the coffee table.

'Forty gypsies!' God thundered, as he stowed his clubs away. 'I don't know where in Hell we're going to put them.'

'I don't think that's an option,' said St Peter. 'I looked up the guidelines and we have to admit them. It's something Jesus said about poor people.'

'He's too politically correct, that boy,' God complained. 'I know we have to cater for the all socio-economic groups, but if you let too many of them in it lowers the tone. Look, I'm sure we can fit these gypsies in somewhere, but it'll take a bit of juggling. Why don't you give them some forms to fill in? You know - age, sex, marital status, date of death - that sort of thing. That will keep them occupied while I find a spot for them.'

St Peter pointed out that to the best of his knowledge, most gypsies were illiterate.

'That should slow 'em down even more,' said God. 'Go on, I have confidence in you. Trot off back to the Pearlys and I'll give you a ring when the accommodation's sorted.'

Ten minutes later, St Peter was once again on the phone to Heaven Central.

'Boss,' he said, 'they're gone.'

'What, the gypsies?'

'No,' said St Peter. 'The Gates.'

Bill Greer, Beauty Point.



Dare to be different! Part 3.

Some brief reflections on our 16 years of home schooling

September 1987 Our lives change forever!! Today Tim had a severe epileptic seizure - he almost died before we could get him to hospital. He has progressed slowly but surely since he contracted meningitis on October 14th last year so we thought all was well, but no! The meningitis caused Acquired Brain Injury (ABI) and this has caused severe epilepsy, among other cognitive problems. Tim will require care and supervision 24 hours a day, seven days a week, for the rest of his life unless God provides a miracle!

November 1987 Life must go on; family life must be made as normal as possible. To reduce the effect a disabled sibling has on the other children, we are going to the Convention as usual. Our 'jazzing things up a bit' was well received. All five children came home with ribbons and medals.

- ◆ More families have joined home school but all are from the north-west and south, none from the east coast area. We must spread the word about home schooling.
- ◆ We still refuse to register with the Education Department but they have accepted our invitation to visit any time they wish, and one inspector has taken up our offer. She liked what she saw!
- ◆ We have a home schooling Open Day at our home so the public can see our program in action. Seems like we must still be in home schooling quarantine, for only three people come.

1988 A newly arrived family to Cornwall are a home schooling family. Alex is taking our children for music lessons once a week and Peter is teaching them woodwork and wood turning once a week. This twice weekly interaction is great. Another family joins ACE home schooling. Great!

- ◆ We go public with home schooling at the Fingal Coal Shovelling Championships.
- ◆ Our family takes part in a promotional ACE Home Schooling in Tasmania video. What fun!
- ◆ Families in the St Helens area begin home schooling. Home schooling is advancing Australia-wide using various curriculums. Some families are registering with the government, some like us are not.
- ◆ Where are the sceptics now? Gone are the notions that home schooling children are socially isolated. Since 1985 we have been holding home church weekly. We also have regular fun day family get togethers and celebrations for Christian events such as Passover. Over 70 people often attend events here at Gray.



Taking home schooling public at the Fingal Valley Coal Shovelling.

1989 Answering what we believe is a call from God, we sell some of our property to finance ourselves to go to the Solomon Islands. For over two years Solomon Island Christians have been asking ACE headquarters in Brisbane to help them start an ACE school in the Islands. We help them with the ground-work (government approval etc.) so an ACE can begin in Honiara.

1990 Still on a roll from our Solomon Island trip we decide to sell more land so we can travel around Australia, promoting home schooling and ACE Christian education. We buy an ex-school bus and together, as a family, convert it to a mobile home suitable for a family of nine, as my mother is coming with us.

May 5th 1990 Our four and a half month journey begins.

May to September 1990 We have travelled throughout Victoria, New South Wales, Queensland and Northern Territory. Our children have performed puppet shows etc. at agricultural shows at Quilpie, Katherine and Tenant Creek. We are the first Europeans to be invited by Aboriginal elders to go to their community and entertain their children.

We are seeing God working in incredible ways, especially creating opportunities to meet the right people at the right time. For example, while we stopped for a travel break in Gayndah we happened to hear about a couple who were being pressured and threatened with legal action. Six weeks previously they had withdrawn their children from the local state school and were now home schooling. It seemed the whole community was outraged by this unheard-of behaviour. This was just our cup of tea; we have no trouble locating the family for they are the talk of the town. Action! Go to the local newspaper declaring our indignation at the ignorance and injustice and tell of our support for this courageous family. The next day's newspaper declares 'Gayndah couple get support for decision to teach at home'. There is a large photo of us and a lengthy and accurate report on our personal battle as 'illegal' home schooling parents in Tasmania, and of our full support for the Gayndah family.

Speak up and stand up for what you believe in. Dare to be different!

December 1990 We receive a thank you card from the Gayndah family - they are now home schooling hassle free.

November 1990 As Sarah and Hannah are now at high school level and have won awards at State Conventions, they are eligible to enter the National and South Pacific ACE Convention. Peter goes with them to Wiseman's Ferry in New South Wales; they return successfully. We are now setting our sights on the Brisbane National Convention to be held in 1992.

1991 We have an article printed in a book called 'A Look at Home Schooling' by Hope Brock. We share our experiences under the title 'Preservation and Restoration of Families'.

Surprise surprise! The teacher relation who constantly told us we were misguided comes to our Open Day display. She apologises and congratulates us all. She leaves saying 'It just goes to show you reap what you sow.'

1992 Sarah and Hannah travel with Geneva Christian School to Brisbane. They are again successful at this convention; now for Phillip Island in 1994.

An article, 'School's In - At Home' appears in the Examiner!

1994 Together with a home schooling family from Avoca, we go to Phillip Island for the week-long National/South Pacific Convention. Esther is still in primary school and ineligible to compete, but Sarah, Hannah, Andrew and James come home with 60 medals.

1995 What better place to promote home schooling than Agfest? We applied in August '94 and now in January and apparently after much deliberation, our application has been accepted; we can exhibit at May's Agfest. I know what our theme will be - You reap what you sow! We invite all home schooling families in Tasmania to participate in the display; only one family (who write their own curriculum) respond. Are people afraid of failure being associated with us because we are 'illegally' home schooling?

There is a prize awarded at Agfest for the best display. Two judges come to tell us they believed our home schooling display was the best and most creative of all the exhibitions, but they were out-voted two to three and the prize had gone to a big multi-national company display. Such is life!

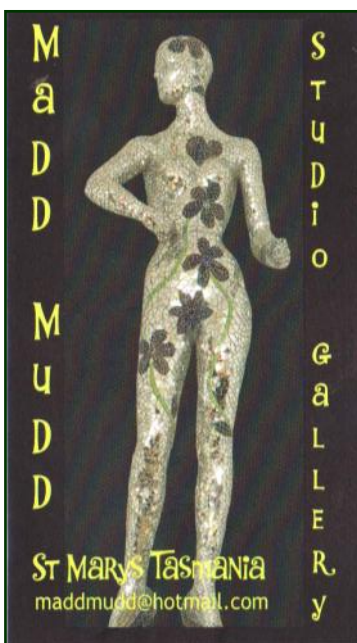
On day two, Peter is talking intently to a rather distinguished looking man. I can't wait to hear what they are discussing - who IS he? 'That,' Peter later tells me, 'was the Minister of Education, and,' (Peter grins) 'he is delighted with our display. Should we decide to exhibit again next year we have his full support!'

1996 Agfest again. We have support from the same families as last year and a staff member sent by the Minister of Education! Our theme this year is a Chinese proverb - 'Tell me, I forget! Show me, I remember! Involve me, I understand'. Our focal display are life-sized foam figures of a complete family, from grandpa and grandma to parents and four children. All are involved in education. Grandpa is collecting honey from the family bee hive, grandma is reading Pooh Bear stories to the baby, father is bottling honey and teaching two children about bees, mother is cooking and teaching about honey. All are involved, so all understand. This is the essence of home schooling - Involve me, I understand!

1997-2001 One by one they are leaving home for higher education. They go forth with a broad academic knowledge and plenty of practical life skills. Our home is adorned with art, crafts, woodwork etc. from 16 years of home schooling. Dozens of certificates, medals and trophies, not only from ACE but also from other areas where our children were successful, are testimony to the many skills and talents they each acquired.

2014 Our family is now dispersed throughout the state, except of course for Tim who remains at home with us. At seven he 'graduated' from pre-school and could read and write simple words. Unfortunately, his continued sickness has reduced his cognitive abilities and he is now mainly non-verbal. However, he had the most precious thing with him daily for many years - his family.

Sarah, Hannah, Andrew, James and Esther all have Higher Education Certificates and four have University degrees - two have double degrees, one with Honours, and one is currently completing Honours. Each has excelled in their chosen field such as Bachelor of Arts, Science, Nursing and Psychology. Another is managing an electronic store.



We believe the greatest thing of all is that we are still a close family, supporting each other with our varied gifts, love and understanding, forged by home schooling. The blessings we experienced on that autumn day in 1985 continue today.

We are glad we dared to be different.

By Beverley Rubenach,
Gray. May 4th, 2014

NB: Home schooling remains a very viable educational option. If you want to know more of our experiences, please contact P and B Rubenach on 6372 2348 any day between 9am and 7pm.

We've bought into the idea that education is about training and 'success', defined monetarily, rather than learning to think critically and to challenge. We should not forget that the true purpose of education is to make minds, not careers. A culture that does not grasp the vital interplay between morality and power, which mistakes management techniques for wisdom, which fails to understand that the measure of a civilization is its compassion, not its speed or ability to consume, condemns itself to death. Chris Hedges.



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This \$137,000 motorcycle may very well be the coolest bike ever

Combine the talents of the man who designed the light cycles in the film "Tron: Legacy" with the storied past of sports car maker Lotus and you end up with the wild-looking Lotus C-01 motorcycle. A prototype of the highly anticipated bike "is now road registered and ready for action," according to a Lotus press release from February.



However, don't get your hopes up thinking you might actually get your hands on a C-01: A representative for Lotus Motorcycles said the bike will be limited to 100 units and the waiting list is already very nearly oversubscribed. Deliveries of the C-01 will begin in August, according to Bloomberg Businessweek.

The motorcycle, developed with the help of the Holzer Group, is being made by Kodewa Performance Motorcycles, the company that had a hand in the development of the Lotus T128 race car that competed at the 2013 Le Mans 24. The bike will be sold and marketed as a Lotus under license.

huffingtonpost.com/2014/02/26/lotus-motorcycle-photos-c01_n_4859696.html

NOTICE OF ANNUAL GENERAL MEETING

ST MARYS SPORTS AND SOCIAL CLUB

Notice is hereby given that the Annual General Meeting of the St Marys Sports Club Inc. will be held at the club rooms on Friday June 27th 2014 at 7pm for the purposes of:

- ◆ To confirm the minutes of the previous AGM
- ◆ To receive the auditors, President's and Treasurer's reports
- ◆ To receive the Bowls report
- ◆ To elect executive and committee members
- ◆ To appoint the auditor and patron for the coming year
- ◆ To determine member's annual subscription
- ◆ To vote on two Life Member nominations

After the AGM there will be opportunity for general discussion regarding running of the club, for ideas to be put forward for the betterment of the club and formation of any sub-committees if required.

A Wines Secretary 02/06/2014

Work has begun on converting the former Gunns Triabunna woodchip mill into a tourism venture.

The mill was sold three years ago to millionaire environmentalists Graeme Wood and Jan Cameron, who plan to turn it into a tourism development.

Detailed plans of the development have been released and include gardens, an art gallery, a culinary school and accommodation.

Wotif founder Graeme Wood has told ABC Local Radio that construction of the accommodation is set to start next year.

"The plan I have in front of me says that real construction starts in the second quarter of next year and we're not talking about 10-storey buildings, we're talking about log cabin-type accommodation among the trees" he said. "So it's not a huge engineering project from that point of view."

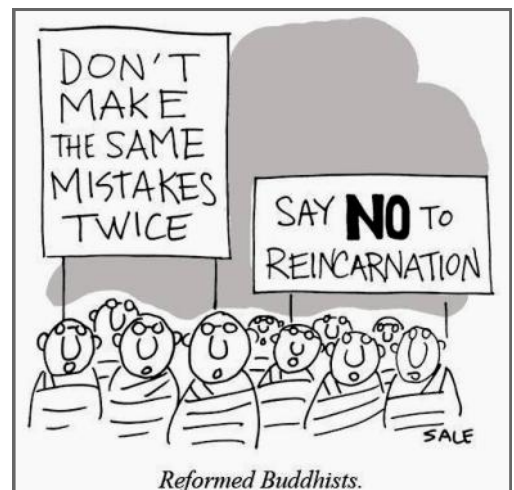
Mr Wood predicts it will be a major tourist drawcard.

"In five years' time we should have several hundred thousand people a year going through the place, and they'll be engaged in a whole range of tourism - cultural, educational, culinary schools. There'll be many things for people to do."

http://www.abc.net.au/news/2014-06-02/work-begins-on-converting-triabunna-mill-into-tourism-venture/5493716?WT.ac=statenews_tas



If I had asked people what they wanted, they would have said 'faster horses'. Henry Ford.



The Valley and East Coast Voice Inc. Guidelines

Opinions in any letters published are not necessarily those of the Editor or voluntary workers.

Our pages remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks or hinting at libel or slander will not be accepted.

Please do not attack the editor, the paper or the authors of previous articles.

Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary.

All letters/emails must include your full name, address and phone number.

The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines.

All information printed is correct at time of printing.

Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.

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We can include your business or service in our local guide, which is published regularly.

Contact the editor on 6372 2442, or e: wdawson@valleyvoice.com.au

We are updating the Arts/Crafts/Hobbies Guide. If you have a group you would like included please contact Rod McGiveron on 6372 2215.

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Set by Alberich
www.freecrosswords.net

2. Show respect towards
3. Put up with
4. Governor (abbrev.)
5. A narrow channel of the sea
6. Sail supports
7. Sweeping story
8. Languorous
9. Attempt
10. Surpassingly good
11. Cranky
12. King of the jungle
13. Docile
18. Panache
22. Stitched
24. 57 in Roman numerals
26. Praise
28. Wait
29. Camp beds
30. Clove hitch or figure eight
31. No charge
32. Deliver a tirade
33. Underscore
34. Mixologist
37. Blood vessel
38. Parental sister
40. Hissy fit
41. Agile Old World viverrine
43. A literate person
44. A grinding tool
46. Desiccated
47. Large Asian country
48. Bottoms of shoes
49. Secret meeting
50. Hurried
51. Cut back
53. Part of an ear
56. Metric unit of area
57. French for "Summer"

ACROSS

1. A type of carpet
5. Refine metal
10. Sediment
14. Vagabond
15. Become narrower
16. Murres
17. College
19. A formal high school dance
20. A gesture of assent
21. Apprehend
22. A river through Paris
23. Latticework
25. Watchful

27. Big wine holder
28. Disadvantage
31. Apple or orange
34. Started
35. French for "Good"
36. Hindu princess
37. Unexpired
38. Countertenor
39. Terminate
40. A pinnacle of ice
41. Visitor
42. Forever
44. A writing implement

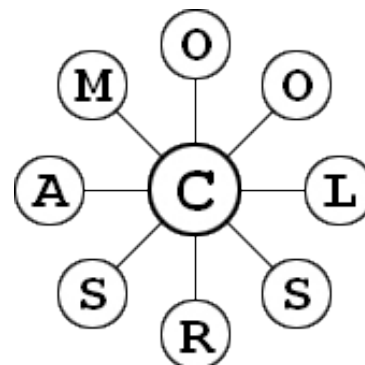
45. French for "Queen"
46. Tooth doctor
50. Water balloon sound
52. Medical professional
54. Neither ___
55. Gave money
56. As acknowledged
58. Sea eagle
59. Renegade
60. Fastens
61. Bambi was one
62. Wear away
63. Where the sun rises

Solutions next issue.

DOWN

1. Bypass

	4	5				9	6	
7								2
8			6		5			7
		6	7	5	3	8		
			1		4			
		3	8	6	9	2		
3			9		6			8
6								9
	9	7				4	2	



How many words can you find? Each word must contain the central C and no letter can be used twice, however, the letters do not have to be connected. Proper nouns are not allowed, however, plurals are. Can you find the nine letter word? Excellent: 40 words. Good: 32 words. Average: 28 words.

Tasmanian Lost Pet Register

<https://www.facebook.com/>

or e: tasmanianlostpetregister@gmail.com

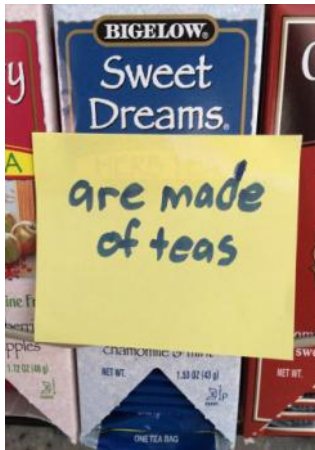
Missing in the Blackmans Bay/Kingston Area. 'Tom' was born with his name on his markings, one side says 'Tom' and the other side says 'Hot'. He's kind of chubby, really friendly and affectionate. Missing for a fortnight and I'm worried sick and just want him home...

www.facebook.com/mason.calam



Iron Horse photo by Mat Hanson

What to plant in June: asparagus crowns, early potatoes, shallots, potato onions, salad and spring onion as small seedlings, rhubarb divisions, Jerusalem and globe artichokes. e:info@sustainablelivingtasmania.org.au



Kim And Kanye Got Pre-Divorced on 24/5/14!!

Three builders are laying a brick wall. Fred can lay 1000 bricks in three hours, Jimmy can lay 1000 bricks in two hours and Kev can lay 1000 bricks in six hours. How long will it take Fred, Jimmy and Kev to lay 1000 bricks if they all work together?

Answer: 1 hour.

In six hours Kev lays 1000 bricks, Fred lays 2000 bricks, and Jimmy lays 3000 bricks. So in six hours we have a total of 6000 bricks laid. Which means that it will take one hour to lay 1000 bricks.



Apollo 13 astronaut Jack Swigert's toothbrush sells for \$12,861

A toothbrush used by one of the American astronauts who flew to the Moon has sold at auction for nearly \$13,000, triple the starting bid. The toothbrush was used by command module pilot Jack Swigert during the 1970 Apollo 13 mission and sold for \$12,861, according to the Nate D Sanders auction house, which did not reveal the buyer.

abc.net.au/news/2014-05-31/apollo-13-astronauts-toothbrush-sells-for-12861/5491328

PHASE	PLED	ICED			
LIBEL	LOBE	SUMO			
ELUTE	UPON	OMEN			
ATTACHMENT	MINE				
	TEE	UPEND			
LESSON	MERIT				
OCCUR	PENETRATE				
GRAB	LEADS	ILEX			
OUTSKIRTS	SCALE				
	TESTY	EASELS			
PAINT	WED				
DEBT	LIKELIHOOD				
UNAU	ESNE	SALVE			
MAST	SLED	TRIES			
ALEE	SEES	STORK			

8	5	2	7	6	4	9	3	1
3	9	4	2	5	1	6	8	7
6	1	7	9	3	8	2	4	5
9	7	1	6	4	3	5	2	8
2	3	8	5	1	9	7	6	4
4	6	5	8	2	7	3	1	9
1	2	3	4	7	5	8	9	6
5	4	9	3	8	6	1	7	2
7	8	6	1	9	2	4	5	3

Vol 47 No 2 solutions.

All words:
aft, alef, alif, BEAUTIFUL, befit, ef, eft, elf, fa, fable, fail, fat, fate, fault, fauteuil, feal, feat, felt, fet, feta, fetal, fetial, feu, fiat, fib, fibula, fibulae, fie, fil, fila, file, filet, fit, flab, flat, flea, flit, flite, flu, flub, flue, flute, fub, fuel, futile, if, leaf, left, lief, life, lift, tubful, tufa.

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Tip locations and opening hours

Ansons Bay. Long week-end Mondays 12 ~ 4
Wed & Sunday 12 ~ 4
Scamander, Coach Street.
Tues & Thurs 10 ~ 4
Sunday 2 ~ 5

Fingal, Mathinna Road.
Tues & Thurs 10 ~ 4
Sunday 2 ~ 5
St Helens, Eagle Street.
Open 7 days 10 ~ 4

Pyengana, Tasman Hwy. *St Marys, Gray Road.*
No builders' waste please. Tues & Thurs 10 ~ 4
Wednesday 9 ~ 1 Sunday 2 ~ 5
Sunday 2 ~ 5

Meals on Wheels ~ 0488 384 344

June 9th	Ruth Aulich
10th	Trish Pike
11th	Louise Keady
12th	Liz Rice
13th	Drew Adam
16th	Sonya Allison
17th	Valmai Spencer
18th	Lundy Vosper
19th	Yvonne Salter
20th	Drew Adam

Emergency services

AURORA Emergency 132004
Carers for Wildlife St Marys 6372 2973
0417 017 105
Crimestoppers 1800 333 000
Poisons Information 131126
POLICE Emergency 000 & Enq 131444
SES Emergency 132500
TFS Emergency 000 & Enq 1800 000 699

Church Services

Catholic Parish of St Marys Sr. Lorraine Groves
6372 2252 / 0409 172 741
1st Sunday MASS
St Helens Vigil 6pm
Bicheno 9am
Fingal 11.30am
2nd Sunday LITURGY
St Helens Vigil 6pm
St Marys 9am
Bicheno 9am
Fingal 9.30am
3rd Sunday MASS
St Helens Vigil 6pm
St Marys 9am
Bicheno LWC 9am
4th Sunday LITURGY
St Helens Vigil 6pm
St Marys 9am
Bicheno 9am
Fingal 9.30am
5th Sunday MASS
St Helens Vigil 6pm
St Marys 11am
Bicheno 9am

St Marys Salvation Army
Sunday Joy 12.30pm
This is a bring-and-share lunch followed by a great time of friendship and fellowship. You are very welcome to join us and share our JOY!
0409 838 816
Tuesday JAM 3~5pm every Tuesday except school holidays.
Envoy Melanie Norton

Break O'Day Anglican Parish 6372 1144 or PO Box 143, St Helens TAS 7216
St Helens 9.30am Sunday
5th Sunday Combined Service with Uniting Church 10.30am
St Marys 10am Sunday
Pyengana Please phone for service times
[facebook.com/anglicanbod](https://www.facebook.com/anglicanbod)

Break O'Day Uniting Church
The Manse 6376 2405
St Helens 9am
Fingal 11.15 am

Anglican Parish of Northern Midlands
Avoca 11am 2nd Sunday
Fingal 2pm 2nd Sunday
Mathinna 2.30pm 4th Sunday
Ross 10am 5th Sunday
Campbell Town 9am

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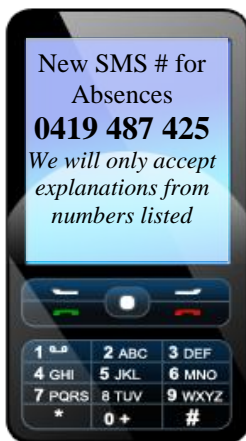
In 1913 it was legal to mail children. With stamps attached to their clothing, children rode trains to their destinations, accompanied by letter carriers. One newspaper reported it cost fifty-three cents for parents to mail their daughter to her grandparents for a family visit. As news stories and photos popped up around the country, it didn't take long to get a law on the books making it illegal to send children through the mail.

With thanks to Thomas Doty.

School Events Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2nd June	3rd June ³ School Banking	4th June ³ ENE Cross Country—Mathinna	5th June ³ Launching Into Learning - St.Marys 9.00am—10.30am ³ Launching into Learning - Fingal 1.30pm—3.00pm ³ Stepping Stones—St.Marys 1.15pm—2.45pm	6th June
9th June PUBLIC HOLIDAY	10th June ³ Interhigh Cross Country ³ School Banking	11th June ³ Immunisations - Round 2 ³ Winter Sports 	12th June ³ School Newsletter ³ Launching Into Learning - St.Marys 9.00am—10.30am ³ Launching into Learning - Fingal 1.30pm—3.00pm ³ Stepping Stones—St.Marys 1.15pm—2.45pm	13th June ³ Primary Assembly - Led by 1/2 Gray/Mackenzie - sharing will be by Gr 4/5 Fyle, 3/4 Harrison and 1/2 Gray/Mackenzie.

Absence SMS



☛ **ADVISING THE SCHOOL OF ABSENCES:** Parents with students at St Marys and Fingal Campuses can notify the school of student absences by SMS. Just send the students name and explanation to **0419 487 425**.

☛ **NOTIFYING PARENTS OF UNEXPLAINED ABSENCES:** The school will send SMS messages to parents of student who are absent without explanation. Please advise the school if you change your mobile number.

☛ **VOICE MAIL/CALLS TO THE SMS PHONE.** The SMS phone is checked for **text messages only**. Please do not ring this number or leave messages in voice mail. We only record absences sent to this phone via SMS. If you wish to speak with us about your child's absence, please ring St Marys Campus on 6372 3900, or Fingal Campus on 6374 2197.

13 Gray Road, St Marys, TAS, 7215.
Phone: 6372 3900 Fax: 6372 2543
Email: st.marys.district.high@education.tas.gov.au



NATIONAL WALK SAFELY TO SCHOOL DAY FRIDAY 23 May 2014

It was chocolate moustaches all round in the Fingal Campus Staff Room on Friday 23 May after students had walked to school as part of Walk Safely to School Day.

Students from both campuses were met in each town by Janine Burt (Fingal) and Ros Smith (St Marys) and then walked as a group to each respective campus on a chilly but clear morning. Luckily it was a frost free day!

Walk Safely to School day is an annual, national event where all primary school children are encouraged to walk safely to school.

The Chocolate Moustache Competition was introduced to the Fingal Campus by hot chocolate maker Lisa Bean. It soon became obvious that a winner would be difficult to declare as more chocolate ended up on faces rather than in tummies. The best effort was made by Luke Viney who managed not only a chocolate moustache but a fine chocolate beard as well. Thank you to all staff and parents who braved a chilly start to encourage our students to walk along.



ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

- **Dr Cyril Latt**
4/6/14- 20/6/14
- **Dr K. Rawnsley**
5/6, 10/6, 12/6, 17/6, 19/6 2014

PUBLIC HOLIDAY

Monday 9/6/14

Normal doctor surgery hours will resume on Tuesday 10/6/14. Please see after hours numbers for during this time.

For appointments phone: 6372 2111

IMPORTANT INFORMATION TO PATIENTS

Please be aware that Dr Latt's Surgery is currently fully booked for appointments 1 week in advance as of 4/6/14

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention *please inform the reception staff* who will put you through to the Nurse on duty.

Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt- Call an Ambulance 000
Thank you for your cooperation

St Marys Community Health Centre

GP Surgery Hours:

Monday—Friday

8:50am-10:00am

10:00am-10:30am- Reception Closed

10:30am- 12:30pm

12:30pm-1:30pm- Lunch Reception Closed

1:30pm-2:45pm

2:45pm-3:15pm- Reception Closed

3:15pm- 4:30pm

For appointments please ring Reception during opening times. Appointments will not be taken at other times.

PATHOLOGY SERVICE-

NO PATHOLOGY SERVICE BETWEEN:

12:00-1:30pm or before 8:30am daily

If you require Pathology **before 8:30am an appointment must be made with the Nurses Station the day/night before** by phoning 6372 2111

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **PRIOR** to your medication/s running out or **IN ADVANCE** if you are attending this practice regularly.

PLEASE BE PATIENT waiting periods can apply to see the doctor. Scripts are unable to be done over the weekends, ensure you have enough medications in advance.

PHONE SCRIPTS

Please be aware **scripts are no longer able to be done over the phone.**

INR TESTS

A doctor's appointment is required if you are having an INR test. **Please let reception staff know when making your appointment that you are having an INR test.** This requires a 5 minute doctor consult.

ST MARYS MEDICAL PRACTICE REMINDER:

Dr Latt would like to remind the community about some circumstances that are not covered by Bulk Billing at the St Marys Community Health Centre:

- Visits related to renewal of Driver's licences
- Visits related to requested Medical Reports
- Visits related to Insurance Medicals
- Visits related to Harness Medicals
- Pre-Employment Checks

All of these are not covered by Medicare and therefore may incur a cost. Please check with the receptionists when making an appointment.

If you have concerns in relation to this matter please contact us and we will attempt to answer your concerns

AFTER HOURS CONTACT NUMBERS

Please phone
GP ASSIST ON- 1300 780 011
AMBULANCE 1800 008 008 or
EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE
6372 2111

Please RING before presenting after hours

Lifeline 131 114

Saving Lives, Crisis Support and Suicide Prevention



NEW STAFF AT HEALTH CENTRE

The Staff at the St Marys Community Health Centre would like to welcome Natalie Roney who has been appointed as the new Community Nurse at the Centre. Welcome to the Team Natalie!

ST MARYS COMMUNITY HEALTH CENTRE

WHAT'S ON AT THE CENTRE

- 4 June **Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Anglicare Drug & Alcohol Counsellor.** For appointments please see your GP for a referral.
- 5 June **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- 6 June **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.
- Stepping Out Program** 10:00am-2:00pm. Please phone Fiona Watts at LINC for details on 6376 2742.
- 9 June **TML Psychologist**– Sam McCarthy. Please see your GP for a referral.
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- 10 June **Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- Tom Bain, Rae & Partners Lawyers.** At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
- Mental Health Clinician/ Case Manager**- Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Continance Nurse.** For appointment please see your GP or Health Professional for a referral.
- 11 June **TAZREACH**– Antenatal Clinic with Katie. For appointments please see your GP.
- Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111
- Anglicare Drug & Alcohol Counsellor.** For appointments please see your GP for a referral.
- 12 June **Eyelines**- For appointments please phone 1300 139 363. All consultations Bulk Billed to Medicare

WHAT'S ON AT THE CENTRE Continued...

- Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.
- 13 June **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.
- Stepping Out Program** 10:00am-2:00pm. Please phone Fiona Watts at LINC for details on 6376 2742.
- 16 June **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- TML Psychologist**– Sam McCarthy. Please see your GP for a referral.
- TLC Meeting** (Tasmanian Lymphoedema Centre) 10:00am in the Day Room.
- 17 June **Mental Health Clinician/ Case Manager**- Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- Lightfoot Podiatry**– Perry Daly. Phone 6331 9568 for appointments.
- 18 June **Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- 19 June **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.
- 20 June **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.
- Stepping Out Program** 10:00am-2:00pm. Please phone Fiona Watts at LINC for details on 6376 2742.

LIGHTFOOT PODIATRY

Community Podiatry Service– FREE
At the St Marys Community Health Centre

Please see your Health Professional for a referral *or* call Lightfoot Podiatry direct for appointments on: 6331 9568

WOMEN'S HEALTH CLINIC

Regular Women's Health Clinic's are held at the St Marys Health Centre. For appointments ring 6372 2111.

SPORTS NEWS

ST MARYS SPORTS AND SOCIAL CLUB

Opening hours Thursday 5.30 – 7.30 Friday 5.30 – 8.30. Saturday before and after golf.
Sunday 1-30 – 4.30. (bar staff may close earlier during winter)

COMING EVENTS

Friday 20th June: Italian three course meal.

Saturday July 26th: Christmas in July

Open to members and non members. Menu and prices will be advertised in the next VV. We will require bookings for both events.

LADIES GOLF

Come July, we hope to get a bit of golf going for the ladies. This will be a great opportunity for new folk to town, hackers, old members and learners to get together on a Wednesday and have some fun. Bobby is willing to give some tuition to beginners. If you are interested, please ring Annette on 0417 010 648 and she will be able to keep you in the loop.

MENS GOLF

Black Rock Saturday is still a goer. We would love to see some new faces participating.

JAG THE JOKER

Friday night, jackpot is \$280.

Non members can participate, just \$2 per ticket.

MEMBERS DRAW

Trevor was lucky enough to win the carton last week but Robina unfortunately wasn't at Happy Hour this week so missed out.

THURSDAY NIGHT DARTS

We are keen to start a winter competition between the club and the pub. Please if you could commit for 6 weeks on a Thursday night and are handy with the arrows, get in touch with Macca or myself.

LADIES SUNDAYS

Any ladies who would like to learn to play darts, indoor bowls or 8 ball, let me know. We are considering having ladies fun afternoon each Sunday.

COMMITTEE MEETING

Next Committee Meeting Thursday 12th June 7pm

ANNUAL GENERAL MEETING

Friday 27th June 7pm.

Nomination forms are on the board and need to be received by the secretary before June 23rd

Annette Wines, Secretary

Game Of Thrones' actor Nikolaj Coster-Waldau spotted in Hobart

By Tyson Shine

Nikolaj Coster-Waldau, who plays Jaime Lannister in HBO's popular television series Game Of Thrones, has been spotted in Hobart where he spent time taking in the city's cafe and art scene. Numerous sightings of 'the Kingslayer' caused a social media frenzy, with locals tagging their posts about the actor #GOT.



Josie Sibly was working at the coffee shop this morning when she saw the Danish heart-throb walk in and order a skinny latte.

"He walked through the front door and I kind of had a little bit of a moment and was just like, 'oh my gosh, he's here', and got a bit starstruck, a bit nervous," she said.

"I don't think many other people realised at the time who he was."

abc.net.au/news/2014-05-26/game-of-thrones-actor-nikolaj-coster-waldau-spotted-in-hobart/5478974?WT.ac=statenews_tas



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Ph/Fax 6372 2240 Butcher 6372 2274
Monday to Friday 8~6 Saturday 8~12



Specials from 4th - 10th June 2014

<i>Butchery</i>	<i>Per kg</i>
Porterhouse steak	16.99
Beef mince	9.99
Lamb bbq chops	9.99
Ingham chicken drumsticks	3.99
Beef casserole steak	9.99
<i>Coolroom/Freezer</i>	
Miracle margarine 500g	1.39
Coon tasty cheese 1kg	8.99
Ski divine yoghurt 1kg	4.69
Sara Lee cheesecake 360-410g	4.99
Peters original ice cream 2L	3.99

Shelves

Devondale long life milk 1L	.99
Duo laundry powder 500g	1.49
Samba firelighters 36s	1.99
Sorbent facial tissues thick & large 95s	1.99
Palmolive ultra dish wahing liquid 375-400ml	1.79

Specials from 11th - 17th June 2014

<i>Butchery</i>	<i>per kg</i>
Blade roast	8.99
Lamb loin chops	14.99
Boneless lamb roast	13.99
Ingham chicken breast fillets	12.99
Nichols whole bagged bird	4.99
<i>Under \$2</i>	
Ardmona canned tomatoes 400-410g	1.49
SPC baked beans & spaghetti 420-450g	1.49
Greenseas canned tuna 95g	.99
Arnott's plain sweet biscuits 250g	1.49
Continental rice/pasta sauce 80-125g	1.49

Coughs & Colds

Kleenex facial tissues extra large n thick 95s	1.99
Strepsils lozenges 36pk	7.99
Cascade ultra C blackcurrant /raspberry syrup 750ml	4.99
Lemsip cold & flu sachets 10pk	8.99
Allens soothers/anticol/butter menthol stick 10pk	1.59

Hearty beef casserole



2 tablespoons olive oil	2 large carrots, peeled, cut into 3cm pieces
1.5kg diced beef chuck or blade steak	2 x 425g cans diced tomatoes
2 large onions, cut into thin wedges	1/4 cup red wine
2 leeks, white part only, sliced	1 cup beef stock
2 garlic cloves, crushed	
4 sticks celery, trimmed, sliced	

Heat 1 tablespoon oil in a large saucepan over high heat. Cook beef, in 4 batches, stirring, until browned. Transfer to a plate.

Reduce heat to medium. Add remaining oil, onions, leeks, garlic, celery and carrots to pan. Cook, stirring often, for 5 minutes.

Return beef to pan with tomatoes, wine and stock. Bring to the boil. Reduce heat to low and simmer, covered, for 1 hour. Uncover and simmer gently, stirring occasionally, for 30 minutes or until beef is tender.

Serve with mashed potato or bread. Leftovers will keep in an airtight container in the fridge for up to 3 days or in the freezer for up to 3 months.

The Valley and East Coast Voice Inc. encourages local/regional contributions from the public. Stories, current events, historical information, lifestyle pieces, anecdotes, articles, travel blogs and written or visual art with a community-based theme are welcome, especially with relevant pictures included. Regular columns can be made available for talented and dedicated contributors.

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