



The Valley and East Coast Voice Inc. \$1

valleyvoice.com.au

Established 1968 Vol 47.05 July 3rd 2014
The deadline for 47.06 is 5pm July 14th 2014

Pressure on Pensioners Article by the Hon Rebecca White MP on page 7

Liberal Government committed to supporting vulnerable Tasmanians

Page 7

Pop up Shop, Coffee and Clothing!

Open over the winter months in the Mt Elephant Fudge Shop from Thursdays to Saturdays, 10am - 3pm, selling a range of colourful and warm Nepalese clothing and accessories, and offering freshly ground and roasted coffee and Sainsbury's red label tea (full bodied and imported from the UK).



Enquiries to Simon Mahon on 0478 662 864

July is National Desexing Month East Coast Vet Clinic, in conjunction with the National Desexing Network, is launching National Desexing Month in July. More on page 5



Eerie Fun at Fingal page 10

FOV program on page 11

On behalf of the Woodcraft Guild we offer our heartfelt condolences to the family at the loss of 'Triggy' - Sean Leslie Trigg

Wendy Brennan, Secretary Woodcraft Guild

East Coast RC Flyers News July 2014

On June 20th 2014, the East Coast RC Flyers held their Annual General Meeting at the Scamander Fire Station. All committee positions were open for election or re-election, and the additional position of Public Officer was introduced. It was noted that in just over 10 months, the membership rose to 28 active and social members. More on page 21

Thank you very much to the Paramedics, volunteer Ambulance staff, Fire brigade, Police and SES for getting me out of a tight position. Marcus.

St Marys Market - July 5th 2014

TransBOD Workshop at St Marys - July 12th 2014

St Marys Festival of Voices and Wrapped in St Marys - July 19th and 20th 2014

Christmas in July at the St Marys Sports Centre - July 26th 2014

East Coast Winter Salon at Bicheno - July 27th 2014

Community Announcements

AA St Helens (Alcoholics Anonymous) meet Wednesdays 8pm at St Paul's Anglican Church hall, St Helens. Call Murdoch on 6376 3335.

AA St Marys (Alcoholics Anonymous) meet Fridays 7pm at Holy Trinity. Call Mick or Shiril 6372 2909.

Al Anon St Helens (Family Group) meet 2pm Sundays at St Paul's Anglican Church Hall St Helens. Call Anne or John on 6376 4270 / Rose on 6376 3335.

Beaumaris Swap Markets are held monthly on the 1st Sundays at Beaumaris Park from 11-1pm. Plastic bag free, gold coin donation per stall (bookings required). Call Laura on 6372 5687.

BINGO at the Cornwall Hall Mondays at 7pm, 2 jackpots each week. All welcome.

Break O'Day Regional Arts meet monthly on the 1st Tuesday in the Supper Room at St Marys Community Hall, 4pm. **RAYC** Regional Arts Youth Company for school aged children is on Thursdays 3.30-5pm. Session cost \$5 or \$40 p/10 week term. All welcome. Michelle on 0407 046 865. e: bodregionalarts@gmail.com

The B.O.D. Stitchers meet each Friday 10-3pm at the Neighbourhood House Bungalow in St Helens.

The **Break O'Day Woodcraft Guild Inc.** meet monthly on the last Thursday at 11am in the Goods Shed behind the St Marys Railway Station.

The **Chocolate Shop Singers** meet Thursdays 5pm at the Mt Elephant Fudge shop St Marys for informal and fun singing. Everyone welcome.

The **Cornwall Community Development Group Inc.** hold their general meetings on the 1st Tuesday every month. Hall hire available, please contact Raz or Deb on 6372 2261.

East Coast Community Transport, Jan Saunders, Community Hall, 23 Main Street, St Marys. 6372 2137.

The **Falmouth Community Centre** contact for booking club facilities is Cherrie Schier on 0417 887 941.

The **FVNH Op Shop** is happy to receive pre-loved clothing and goods weekdays 9-3. Donations can be collected on Mondays or items can be left at the Centre. Come along, check it out and pick up a bargain. Deb Speers for FVNH.

Gone Rustic Studio + Gallery 37 Main Street St Marys. Operation Cover-up meet on the 3rd Fridays monthly from 11-2, creating quilts and knitwear for those in need locally and overseas. \$5 donation towards quilt wadding; BYO lunch, cuppa included. **Rustic Ragamuffins** meet Wednesdays 7-9pm. Bring along your current stitching project and have some time-out while catching up on your UFOs (UnFinished Objects)! Cost of \$5 includes home-made treats and a cuppa. 6372 2724 / 0417 027 424

Greater Esk Tourism meet 7pm at Fingal Neighbourhood House on the 2nd Monday of each month, unless otherwise notified. 0412 425 666.

Meals on Wheels meeting dates for 2014: 21/8/14, 20/11/14, held in the Community Health Centre St Marys. Lundy Vosper, Secretary. 0488 384 344

The **Scamander and Beaumaris Community Development Association** meet monthly on the 3rd Wednesday at 7pm in the Scamander Sports Complex.

Scamander Garden Club meet monthly on the 3rd Monday at 1.30pm in the Scamander Sports Complex. Enjoy sharing garden activities. Call Val on 6372 2762.

The St Helens Walking Group walk each Wednesday and 3rd Saturday monthly. New members are most welcome. Call Healthy House 6376 5242 or Bryan Edhouse 6376 3439 for info.

St Marys/Falmouth Playgroup is held 10:30-12:30 each Wednesday at the Falmouth Community Centre. Join us for only \$3 per family in a relaxed and friendly atmosphere for all the family. Tash Speers 0419 591 905 / Amy Faulkner 0417 152 337.

St Marys Hospital Auxiliary meet monthly on the 1st Monday at 2pm in the St Marys Community Health Centre.

St Marys Ladies' Midweek Tennis meet 9.30am each Wednesday. New players & beginners welcome. Child minding included - a lovely safe place to bring toddlers while you play. Karon 6372 2382 or Dana 6372 2033.

St Marys Markets are held monthly on the 1st Saturday at the St Marys Community Hall 9-1pm. Christmas may see a second market in the month - stay tuned for updates. Bookings or queries call Michael Smith (BODRArts) on 6372 2056 or 0407 046 865.

St Marys Online Access Centre, 23b Main Road St Marys. Mon to Fri 9.30-4.30 Sat 11-2. Ph 6372 2005.

The **St Marys Op Shop** (School Association) is open 11-3 weekdays (as volunteers are available) and Market Saturdays 10-12.30. We are happy to receive ALL pre-loved items excluding electrical. SMALL donations can be left at the St Marys Newsagency when the shop is not open or contact Janet Drummond - Coordinator 0404 562 320 for assistance. Check out the Facebook page for current information and special offers. [facebook.com/pages/St-Marys-Op-Shop-St-Marys-District-School-Association-Fund-Raiser/211790102364866](https://www.facebook.com/pages/St-Marys-Op-Shop-St-Marys-District-School-Association-Fund-Raiser/211790102364866)

St Patricks Head & Esk Valley Historical Society Inc. meets every 2nd month on the 3rd Wednesday, 3pm at various venues. Barry 6372 2575 (aulich@bigpond.com) or Jim 6372 2127 (jimhaas@bigpond.com) www.fingalvalleyhistory.com

Stallholders' Market Inc. is a nfp organisation that holds markets on Saturdays 8-12 in the Portland Hall St Helens. e: sthelenmarket@yahoo.com.au

Suncoast Singers meet every Friday, 10am in the Catholic Hall Cecilia Street, St Helens. New singers welcome ... if you can talk, you can sing. Call Mary-Anne Wadsworth on 6376 2969.

The **Tasmanian Lymphoedema Centre Inc** meet monthly on the 3rd Monday at 10am in the St Marys Community Health Centre, Day Care Room.

Editor: Wendy Dawson
e: wdawson@valleyvoice.com.au
m: 0403 430 452
web: valleyvoice.com.au
[facebook.com/ValleyEastCoastVoice](https://www.facebook.com/ValleyEastCoastVoice)

Advertising rates for 2014:

- ◆ Business card ads \$15
- ◆ Intermediate ads \$18
- ◆ ¼ page ads \$25
- ◆ ½ page ads \$40
- ◆ Full page ads \$65

Community announcements are free. Classified ads are free for two issues. Annual posted subscriptions are \$50.60 and annual online subscriptions are \$20. Articles for publication may be left at the St Marys Pharmacy, posted to 12 Groom Street St Marys 7215 or emailed. For online advertising, contact the Editor.

For Sale



Wine rack, 50cm wide x 42cm deep x 95cm height. Holds 8 to 14 bottles. \$40. Ph **0419 154 193**

Home brew bottles, old style long necks (not screw tops) in plastic crates, \$5 per dozen. **Fish Tank/Aquarium** cost over \$900, 90cm wide x 46cm deep x 75cm high on solid metal stand. Pump and filter, downlight and rocks, \$200. Ph **6376 8229**

Viking Ride on mower, runs well in good cond. Pick up only from St Helens \$750 firm. Ph **0423 969 943**

Epson **portable photo copier**, like new, needs ink, multi-function \$50. **Twin tub washing machine**, washes but no spin, \$30. **Wet suit** for 65-85kg person, \$35 Ph **0437 148 845**

1 **Queen size mattress** \$100 ono. 1 **Timber wardrobe** \$100. 1 **bedroom timber corner unit** \$60. **Child's corner unit** and **wardrobe** \$60 each/\$100 together. 2 **computer chairs** \$10 each. 1 **dark timber kitchen cabinet** \$120. 1 **large wall unit/bookcase** \$30. 1 **queen bed** with iron/timber bed head \$30. 2 **bar stools** \$10 each or 2 for \$15. 3 seater **brown couch** \$200 ono. 1 **corner tv unit** \$20. 2 **computer desks** - corner one \$25. 1 **electric keyboard** \$45 ono. **Plastic chairs** \$5 each. 1 **computer screen** \$15. All goods must go, any reasonable offer, ph **6372 2164** after 5pm or text **0457 449 624** for pics.

Antique sausage maker \$10. **Range hood** \$10. **Stainless steel sink** \$20. **Brush cutter** \$70. **Circulation booster**, cost \$300, as new, \$100. Ph **6372 2251**

Moo poo, any quantity, finely screened. Trailer load \$40, large trailer loads \$50-\$60, truck loads delivered. Ph Norm. **6372 2380**

Round bales, garden mulch or bedding, \$50 ea, free delivery in St Marys area. **0407 944 158**

Valet **ducted vacuum cleaner** system. New, still in carton incl. fittings & some piping \$1,000. Poulson Pro (Husqvarna) 16hp / 38" cut, **ride on mower**, 6 years old, little use. Pristine cond., includes unused trailer \$2,600. Cox, professional **mulcher/chipper** good cond. \$750. **Dressed softwood studs & beams** (new) 2 / 5.8m x 190 x 40mm \$40 ea, 3 / 4.8 x 90 x 45mm \$15 ea, 1 / 4.2 x 90 x

For Sale

45mm \$13 ea, 4 / 2.6m x 100 x 50mm \$10 ea, 2 / 2.6m x 90 x 45mm \$8 ea.(more sizes/prices). **Palings** new, 50 (approx.) / 1500 x 100 x 15mm \$1.50 ea.. **Colorbond corrugated roofing sheets** 1/5m (brown) \$30, 1/3m (brown) \$20, various lengths & colours approx 1.2 to 2m \$10 -15 **Queen bed & mattress**, with side tables/drawers \$550, **Double bed & mattress** \$250, **King single & mattress** \$250. All in v. good, clean cond. Small **Crosley Fridge** (approx. 300 ltrs no freezer, but excel extra fridge). Gd cond. \$100. Westinghouse **Range Hood**. Good cond. new filter \$130. **New knee high (snow country) walk boots** warm & waterproof, ideal boat/ outdoors, men's sizes 8-11(women's frac. 9-13b multifit) - were \$89, sell for \$40. Ph **6372 2626**

2 metal-framed **loft beds with desk** (mattresses not included) \$250 ea. Glen Air **portable air cooler** with fittings \$50. **Wooden carved chest** 34x16/20" high \$35. **Wooden carved chest** 27x11/13" high \$25. **Boys Raleigh bike**, black/green, 32", 20" tyres \$150 ono. **Girls Avanti bike**, pink/gray, 32", 20" tyres (had a few problems) \$100 ono. Ph **6372 2112**

Wanted

House cleaning work wanted, mature lady with references. \$16 p/h. Ph **0437 148 845**

Person for **mulching in St Marys** area, ph Bronwyn **6372 2755**

Microwave, vacuum cleaner, couch and armchair. Ph **0403 430 452**

The next Council meeting will be held on Monday 21st July 2014 at 10am in the Council Chambers, Georges Bay Esplanade, St Helens. Minutes from Council meetings are available online.

From the Mayor

It is with regret that Council recently announced the departure of the General Manager, Des Jennings, who has accepted a position with Northern Midlands Council. On behalf of the Councillors and staff we wish him all the best in his new role.

It is with sadness that I also announce that Councillor Donna Coulson recently resigned her role as Councillor with Break O'Day Council. Donna has been a great contributor to the Council and her passion and enthusiasm are greatly missed in Council Chambers.

Mayor Sarah Schmerl



On this day in 1971 Jim Morrison, lead singer of the Doors, dies of heart failure in France

Letters to the Editor

Dear Sir/Madam,

Motor Neurone Disease Global Day

Saturday 21 June was Motor Neurone Disease Global Day. As Ambassador for Motor Neurone Disease Australia, I feel that it is important to raise awareness of this horrible disease and its impact in the community.

Motor Neurone Disease claims the lives of almost 800 Australians each year, which is more than two Australians every day.

There are more than 20 Tasmanians living with MND and an estimated 1900 in Australia currently. MND progresses at different rates but most people with the disease die within 2 to 3 years from diagnosis.

For each person diagnosed with the disease an estimated 14 members of their family and friends will live with the impact forever. MND touches the lives of so many people.

I urge people wishing to assist in fighting this debilitating disease to contact Motor Neurone Disease Australia on 1800 806 632.

This year we hope to raise over \$1,000,000 throughout Australia.

Yours sincerely,

Guy Barnett MP, Liberal Member for Lyons

Ambassador for Motor Neurone Disease Australia

Dear Editor

There are times when I wish I was a wordsmith, I'm not, but here goes anyway.

Frank and I lived in the area from 2005 till 2008/9 when we pretty much kept to ourselves, all my friends know what happened afterwards and now I'm back. I've met new people and reconnected with old mates, I've been accepted and all my friends have helped me get through the roughest time of my life. I've always been a 'man of few words' as people have told me, but I watch and listen. This past twelve months have made me realise that all is not well in St Marys.

There are projects trying to be instigated, regular events shot down and a sort of 'us and them' culture, with a healthy dose of total nastiness thrown in. I sort of organised a 'church crawl' photography outing, (if x is going I'm not, sort of thing) and one friend seems to want to pull out because of 'the above'.

This is a tiny town and we all need to pull together for the betterment of the town. At the moment there seem to be too many factions, doing their own thing and not thinking of the whole. Besides the town, this is hurting people emotionally and doesn't really end up doing anyone any good. Sorry guys, this has been brewing for quite a while and now I've said what I feel.

Glyn Johnson, St Marys

The Valley and East Coast Voice Inc. encourages local/regional contributions from the public. Stories, current events, historical information, lifestyle pieces, anecdotes, articles, travel blogs and written or visual art with a community-based theme are welcome, especially with relevant pictures included. Regular columns can be made available for talented and dedicated contributors.

July is National Desexing Month

continued from front page...



East Coast Vet Clinic in conjunction with the National Desexing Network are launching National Desexing Month in July.

Special offers are available during July for everyone, not just Concession Card holders.

Research by the Animal Welfare League of Qld shows that 65% of people who surrender undesexed cats and dogs have not desexed them because they just didn't get around to it or because of financial circumstances.

Desexing promotions and reduced prices can make an important incentive for people to desex their pets sooner rather than later, and prevent unexpected kittens and puppies.

Cats and dogs are safer and happier if desexed. They are less likely to roam and get into fights, be hit by cars or impounded. They are less likely to get mammary and testicular cancer, and urinary tract disease.

Owners often find it easier to care for desexed cats and dogs because they are more homely and affectionate, and less frustrated wanting to get out and find a mate.

NDN Director Sylvana Wenderhold stated that since the downturn in the economy, shelters and pounds around Australia are struggling with more animals being handed in and fewer animals being adopted.

"Our vet clinic is happy to contribute to National Desexing Month to help prevent the tragedy that befalls so many unwanted pets," said Dr Jeff Parsons, owner and Vet at East Coast Vet Clinic.

Dr Jeff Parsons B.V.Sc

East Coast Vet Clinic

67 Quail Street St Helens Tasmania 7216

Ph: 6376 1577

Northeast Tasmania Land Trust Inc. presents an

East Coast Winter Salon

1.45 for 2pm Sunday 27 July 2014

The Boathouse, Bicheno Hideaway,
179 Harveys Farm Road, Bicheno

Featuring local award winning authors

Amanda Lohrey and Arabella Edge

reading from their latest work,

and in performance

star of stage and screen

Kris McQuade

Enjoy an afternoon of readings and performance,
mulled wine, hot chocolate and afternoon tea

Bookings advisable

Early bird tickets paid by 10 July \$18

Tickets at the door \$20

Contact 0427 028 586 for bookings and enquiries

All proceeds go to the Northeast Tasmania Land Trust Inc, a community based not for profit organisation which aims to preserve, enhance and protect the natural environment of northeast Tasmania.
www.netlandtrust.org.au

Ransley's Appliance Service

POB 136
Scamander Tasmania 7215

Washing machine **noisy**?
Refrigerator runs **too long**?
Clothes dryer blows **cold air**?
Then you need the service of our technicians.



6372 5307 / 0428 761 811



CALTEX ST MARYS

MECHANICAL REPAIRS & SERVICE

41 Main Street

6372 2335 / 0419 503 109

Fax 6372 2822



St Marys Salvation Army

is pleased to offer the following services:

Weddings

Dedication of children

Funerals

Please contact Envoy Mel Norton
on **0409 838 816**



EAST COAST GLASS



- Glass repairs
- Shower screens
- Wardrobe doors
- Double glazing
- Aluminium windows
- Security doors

Locally owned and servicing the East Coast.

Call David or Anne Cannon for professional,
friendly and reliable service.

6372 5361

CLEAN CRACK LAUNDROMAT

32 MAIN ST ST MARYS



Coin operated washers and dryers

Summer opening hours are

6.30am - 8pm

St Marys PHARMACY

Main Street St Marys 7215

Ph 6372 2844 Fax 6372 2874

Pharmacist on duty 5 days a week

**Our Kodak machine is up and
running, copies from 45¢**

Ear Piercing \$27

Piercing, Earrings & Solution to
take home.

With qualified staff Bec, Sally and
Cassie.

The Say...by Cagerattler

Around eighteen years ago we went through an ordeal that could have kicked the guts clean out of most communities - in 1996/97 they closed our hospital.

Remember that? We were only reflecting on this a few weeks ago and thanks to the help of some amazing locals, a few long-sighted and visionary politicians, and the real desire by the rest of us to right a very stupid wrong by the incumbent Government of the day, the issue was tackled head-on. A short sighted, cost saving venture without giving real due consideration to the local and very determined people of the valley was utilized but after a short time operating from 9am to 5pm, Monday to Friday, we got it back with interest added.



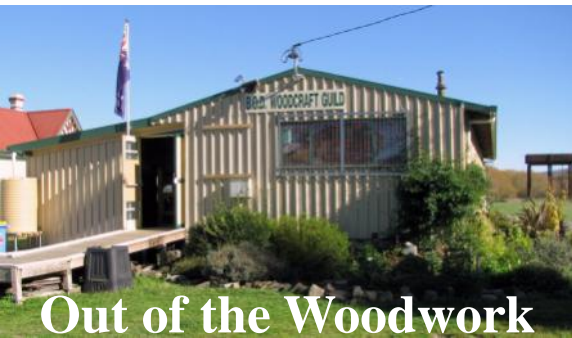
Take us on at your peril. We may have lost the initial battle but we won the bloody war.

IF an incumbent or future government ever considered revisiting such a thing we must gain assurances from them that our 24/7 facility isn't to be downgraded. I trust that with good governance such a thing won't happen. There is strong talk to rebuild a better St Helens District Hospital - I have no objection to that, particularly given the flood-prone issues the current hospital site has. So if a more modern hospital for St Helens is to be built for such good reasons. in the fullness of time, then good on them.

If the St Helens proposal is considered likely to force any status changes to the St Marys Health Centre though, then we have to be ready to tell any politician of any persuasion NO...in no uncertain terms! No official word has been heard, but speculative people have not discounted that at some stage in the distant future it COULD be a consideration and you'd be naïve to think otherwise. For this reason I urge as many of us as possible to consider being a financial member and in turn support the Hospital Support Group to keep it a strong, vibrant and hardworking arm of the local valley community. With the incredible work done in the late 1990s, we went from a community that had a hospital taken away to one with a fully functioning and crucially important healthcare facility to be truly proud of...

Please always be ready to get behind and support this wonderful facility, on the premise that one day we could find the return of short-sighted bean counters intent on saving a buck or two to the detriment of locally based health care...

What do you think? Rod McGiveron



Wendy Brennan, Secretary 6372 2094

www.breakodaywoodcraftguild.weebly.co

www.facebook.com/pages/Break-ODay-Woodcraft-Guild-Mens-Shed/654672894597969

The Guild is open every day except Friday and Sunday (depending on volunteers), and other times by appointment.

Firstly, we would like to extend congratulations to Col and Dawn Mackenzie on their sixtieth wedding anniversary. I believe it is represented by the diamond.

I apologise for the reiteration of the following article. However, I still find many newcomers asking about the protocol of the Guild.

We are a non judgemental, apolitical incorporated organisation which is open to both men and women who may be experiencing difficulties integrating into a new community. Our joining fee is \$20 a year which helps cover insurance costs. We ask that all new comers complete an induction course for health and safety reasons.

Our doors open at 10am and close usually at about 4pm depending on the availability of our volunteer members.

We do work for the elderly or infirmed at a cost recovery basis only, or for free. We believe in helping other struggling community groups by way of donating prizes or with monies raised. We have a presence at the Tasmanian Regional Arts Market which is held on the first Saturday of the month at the St Marys Town Hall via our sausage sizzle.

We hold monthly meetings at the club house to enable all members to partake in any of the decision making or general housekeeping.

If you would like to find our more please feel free to come down and share a cuppa with us. We are situated in the old Railway Goods Shed, St Marys. We are open everyday except Fridays and Sundays depending on volunteers. A cup of coffee will cost you 50¢. We charge \$2.50 per day to use the equipment or \$6 for the week; this contributes towards ongoing maintenance costs.

We have an Open Day Fair once a year which assists our fund raising.



Pressure on Pensioners



Article by the Hon Rebecca White MP, Shadow Minister for Health and Human Services, Labor Member for Lyons

No one should have to choose between paying for electricity, water or healthcare. However, that's the choice that might be faced by some pensioners and concession cardholders as a result of the state and federal Liberal governments. Up until now the federal government has provided states with money to supply certain concessions for pensioners and Seniors Card holders.

The Federal government announced in the 2014 Federal Budget that these concessions for local government rates including land, water and sewerage; energy; motor vehicle registration and public transport concessions would be scrapped. The prospect that pensioners will lose these concessions is real.

Through questioning in state parliament, Labor was able to secure a guarantee that pension concessions would be maintained by the state government until the August budget.

However, there is currently no guarantee that these concessions will remain after the state budget is handed down on August 28th. A removal of these concessions would see each Tasmanian pensioner and concession cardholder slugged with around \$90 extra worth of charges for essential services such as rates, transport costs, electricity and water bills. This cost could be on top of the introduction of a GP co-payment and increase on the co-payment on prescriptions if these measures are passed by the Senate.

Around the country other states, such as New South Wales, South Australia and Queensland, have already provided guarantees that they will fund the shortfall to concession card holders due to the Federal budget cuts. The Tasmanian government must do the same.

I encourage anyone concerned by these possible changes to contact their local Liberal member and urge them to ensure that provisions are made within the budget to maintain pensioner concessions.

Gone Rustic

Nuno Felting with June Hope on Saturday July 5th from 9am - 4pm at

Gone Rustic, 37 Main Street, St Marys.

Learn how to felt with layers of fibre and lace or silk to create a luscious scarf. June is known for her original wearable art, accessories and framed works, and has been featured in many exhibitions, markets and other events. Cost (payable with booking): \$65 + materials.

Enrolments: 6372 2724 or 0417 027 424 e: gonerustic@gmail.com

Materials list available after payment.

Base and Bling Fun - making jewellery with Linda Jestrinski

August 9th from 1 - 3pm. Join us as Linda shows us how! Fee of \$20 includes all materials - payable with booking (no later than July 8th, please). Enrolments: 6372 2724 or 0417 027 424 / e: gonerustic@gmail.com

Materials list available after payment.

Liberal Government committed to supporting vulnerable Tasmanians



The Liberal Government is getting on with the job of fixing Tasmania's budget while ensuring the vulnerable remain protected. Despite being left with a \$1.1b budget black-hole and projected net debt of \$400m by the previous Labor-Green Government, the Liberal Government has acted decisively to ensure that the interests of needy Tasmanians are met.

We have ensured that concessions for public transport, electricity bills and water and sewerage bills will continue unchanged from July 1st and we are working through the longer term implications of this funding reduction as part of the budget development process.

We will continue to subsidise council rates for those on a concession for 2014-15. The State Government provides more than \$15m annually to reduce the rates faced by eligible concession ratepayers, delivering an average reduction of about \$400 per year.

Further, electricity prices rose by 75% in just 6 years under the Labor-Greens disaster, but from July 1st electricity prices will drop by almost 8% under the Liberal Government.

For a typical household, this is a saving of around \$164 on their annual electricity bill and for small business customers, this is a saving of around \$136 on their annual bill.

It is disappointing that Labor's Rebecca White has not welcomed these announcements.

The Liberal party are the only party that has a comprehensive plan to assist vulnerable Tasmanians and we remain committed to helping those in our community who need support. **30 June 2014**

Guy Barnett, Liberal Member for Lyon

St Marys UNPLUGGED
Saturday 19th July 2014
Free Family Event
 4:30pm - 7:30pm

**** Featuring ****
 Pete Cornelius
 Sarah Darnell
 Conceal
 Astrid and Todd
 River Willow
 and friends
 Children's Groups

Face Painting
 Card Making
 And Delicious Food
 Also Available

FREE WORKSHOPS
 10:30am
 & 2:00pm

St Marys Community Hall
 ST MARYS UNPLUGGED IS A DRUG & ALCOHOL FREE EVENT

Brook O'Leary Regional
 Sarah O'Don
 Great Southern Tasmania
 St Marys Regional
 10 YEARS

Union launches a personal attack on Break O'Day Council General Manager - June 26th 2014



In a desperate attempt to advance their demands for a 6% pay increase, at a cost of an extra \$183,000 per year to Council which equates to another 4% increase in rates, the Australian Services Union (ASU) has launched a personal attack on outgoing General Manager, Des Jennings. The union have stated that his refusal to accept their log of 34 claims demonstrates a lack of concern for the community and that their demands will be unheard once Mr Jennings leaves. Mr Jennings has stated that in the current economic climate, the community cannot sustain the financial and operational costs of the demands that the union have made on behalf of staff. Council has appointed an Acting General Manager, current Corporate Services Manager Bob Hoogland. Mr Hoogland is supported by the senior management team and will seamlessly continue the Enterprise Bargaining process.

Other union demands include a minimum of 20 days paid domestic violence leave, a \$100 per week increase in the on-call allowance, enforced union participation in management decisions, 2 extra days of bereavement leave, extra paid leave during Christmas shutdown period, a leave-buying arrangement for an additional 2-4 weeks of paid leave per year and a sick leave pool whereby staff who have used all their own sick leave can access that of others.

Contrary to the Union claim, Council has undertaken to maintain the current 6 weeks of paid maternity leave until such time as the federally funded parental leave scheme is implemented. The Union has demanded Council retain the current scheme funded by the community, in addition to the tax payer funded scheme.

The "certain public holidays" that Council has made a claim for is only for Easter Tuesday to revert to a normal working day and has proposed that medical certificates be provided after 5 days of sick leave is used.

Council has made an initial offer of a 1.5% per annum increase in salary, plus a 0.5% increase in superannuation, on the basis of financial sustainability which will ensure the job security of current employees. The 6% increase in rates quoted by the union, is part of Council's ongoing Long Term Financial Plan to move towards financial sustainability, primarily funds addressing the backlog of maintenance and renewal of essential infrastructure in the municipality, such as bridges and stormwater drainage.

For further information please contact Mayor Sarah Schmerl on 0428 736 578

Break O'Day workers left in EBA limbo - June 25th 2014 (sent by the BODC)

The Australian Services Union said the decision by Break O'Day Council General Manager Des Jennings to turn his back on employees, to join another Council in the middle of Enterprise Bargaining negotiations, highlights his lack of concern for workers and the community. ASU Organiser Nicoletta Vasilakis said that the departure of Mr Jennings leaves the union and employees in limbo, in regards to future negotiations.

"Mr Jennings had tried to either significantly alter or eliminate some important entitlements within the agreement, and now with his departure we don't know who we will be negotiating with or how long it will take before Council decide to bargain in good faith with their hard-working employees. Workers are already concerned with some of the proposed changes (elimination of existing paid entitlement of six weeks for parental leave, loss of certain public holidays), some of which would drastically affect their working lives."

"Our claims for a new EBA have been fair and either cost neutral or come at a minimal cost to Council in regards to entitlements. Council rates have recently increased by 6%, however management's wage offer is significantly less than CPI."

"Council have also proposed to eliminate the existing for time in lieu entitlement, again showing a lack of regard for single parents where time in lieu may be preferred. We have also asked Council to reinstate statutory declarations as evidence for personal leave. Without this option, members who live in rural areas face extreme difficulty in seeing the doctor for just one day off work. So far, the claims of the union and its members have been vehemently rejected, despite fair reasoning and examples to support our claims. Mr Jennings' behaviour has been antagonising and non-conducive, and he has provided workers with limited explanations. Now we are left with a situation where many of our claims will continue to be unheard, as Mr Jennings decides to take post at another Council."

"Break O'Day workers deserve to be heard. We call on Council to negotiate in good faith, and come up with a deal that is fair for those who provide many valuable services within the community."

Price on pollution good for Tasmanian jobs and services

Greens Leader Christine Milne says a weakened Hydro Tasmania with 100 or more job losses will be the first of many negative impacts on Tasmania if the price on pollution is abolished.

"Apart from tearing down action on global warming, the repeal of the price on pollution will be Tony Abbott's big hit to Tasmania's economy with millions to be lost from the Hydro and the state budget," Senator Milne said. "Global warming fuels extreme weather, and the price on pollution fuels jobs and services for Tasmanians.

My thoughts are with the Hydro workers and their families today. If we go down the path of tearing down effective action on global warming then there will be more to come. On top of Hydro job losses, Tasmanian police, nurses and teachers will be at risk of losing their jobs if the millions flowing into government coffers is ripped out of the budget by abandoning the price on pollution."

Senator Christine Milne, Leader of the Australian Greens | Senator for Tasmania

YOU ARE INVITED TO...

Coffee and a Chat
Mums groups
Family Movie Sessions
Cooking Classes
Fun Family Activities
Free Training & Learning Workshops
And much more...



If this sounds interesting then come along and be part of the **Thriving Communities - Healthy Families Project at St Helens Neighbourhood House and the Break O' Day Child and Family Centre**

Are you a family with children from 0-12 years?
Are you new to the area or been here for a while?
Looking for something fun to do?
Want to improve your health and wellbeing?

A statewide project funded by the Crown through the Department of Health and Human services in partnership with the Tasmanian Association of Community Houses and four other Community Houses.

If you would like to join in, or have ideas about other activities for you and your family, we would love to hear from you.

Contact Jane or Emily on 6376 1134
e: jane.tippett@neighbourhoodhouse.org.au or
emily.mccormack@neighbourhoodhouse.org.au

Some (more JAMmy) thoughts by Mel Norton

As we come to the end of term 2 at JAM, and as winter truly descends upon us all here in the valley, I thought it might warm the hearts to share some beautiful and positive experiences from *Jesus And Me*.

For most of this term we have been teaching the children about love and forgiveness. Our featured bible parable was a story Jesus told, which is recorded in the New Testament in the book of Matthew, chapter 18, verses 21 through to 35.

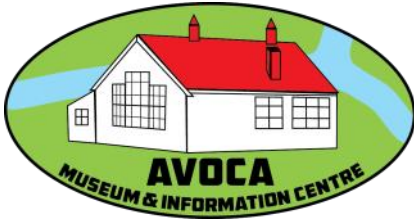
The parable is called *The Unforgiving Servant* and serves to teach us all about how important it is to forgive each other, just as we would want to be forgiven by God for all our mistakes, sins ... those conscious and unconscious things we do which often cause such grief and pain to others.

Our delight as a team at JAM has been to watch the children grasp the principle of letting go of any anger, hurt and bitterness; how we can instead soothe the rippled waters of our messed up relationships, by saying sorry from our heart and asking for forgiveness from the person we have wronged ... and indeed from God.

Just the other week, we had an incident at JAM, after the children had all enjoyed their afternoon tea. Two gorgeous girls were so keen to help clean up the tables, that they both grabbed a sponge at the same time, and then neither would let go.

Within minutes we witnessed the beautiful application of Jesus' teaching, when these same two children looked each other in the eye and apologised for what had happened. Then came the second and most important part of the exchange – both girls asked each other to forgive ... and both said 'yes, I forgive you'.

Moments like that underscore the wonderful truth of what we aim to both model and teach the children each week - the truth of Jesus - who He is, what He teaches us through His Word, the Bible and how we can best apply it to our sometimes fractured lives.



Avoca Museum and Information Centre

Old School Building
AVOCA TASMANIA 7213



Tai Chi Classes for Beginners

- ◆ Relax
- ◆ Improve your physical and mental balance
- ◆ Increase your freedom of movement
- ◆ Relieve arthritic pain

太極拳

Wednesdays 5:45 – 6:45pm Avoca Primary School

Cost: \$2

Ph: Grant on 0418 606 656 or Dalija on 0411 260 255, e: ironlotustaichi@gmail.com or just turn up. Continuation of class will depend on sufficient interest and attendance.



Eerie Fun at Fingal



A great night of fun, lights, music and **Spooks + Demons** for all who attended the event sponsored by St Helen's Healthy House, Northern Midlands Council and the Fingal Valley Neighbourhood House. Thank you for funding, providing free transport and supervision for approximately 100 revellers who enjoyed the night.

Article and photos by Mary Knowles



The next **AMIC Market** is **Saturday 19th July 2014** in the Hall
Contact Steve 6384 2188 or Prue 6384 2119 for a stall. Historic plaques are completed and waiting to be installed

ARTS/CRAFTS



BODRA Workshops - open to all ages!! St Marys Community Hall



2nd Know your Camera workshop with Willow

Saturday July 5th 2014
2 - 4pm Ages: 10 - 110yrs

2nd Felting workshop with Robina
Sunday July 13th 2014

1 - 4pm Ages: 10 - 110yrs
Cost: \$20 for BODRArts members, \$23 for the general public

Bookings & Enquiries - Michelle on 0407 046 865 or e: bodregionalarts@gmail.com



2014 FESTIVAL of VOICES PROGRAM

PROGRAM SCHEDULE (Subject to change)

Saturday July 19th 2014

VENUE: St Marys Community Hall Main Street, St Marys
Family Community Event (Alcohol and Drug Free)

10.30am FREE Workshop

Making Instruments and Music

(45mins-1hour) Ages: 0-8yrs (must be accompanied by Adult)

2pm FREE Activity

Basic drumming and also exposure to other percussion instruments

(1hour) Ages: 8yrs to 110!!

Face Painting – Marie 12noon to 2pm

Card making – Christine 11am to 4pm



UNPLUGGED FREE MAIN EVENT

4.30pm Local Young Children's Singing Group

4.40pm JAM – Salvation Army Youth Singing Group

4.50pm Todd & Astrid – Guitar & Fiddle Instrumentalists

5.15pm River Willow – Drumming

5.35pm Pete Cornelius – well known Tassie blues artist, albums include Tumbleweed (nominated for 2011 Aria Award) and Groundswell

6pm Conceol – Acapella Choir, part of Hobart FOV & White Sands

6.30pm Sarah Darnell and her band – local singer / songwriter

6.50pm St Helens Teens

7pm Pete Cornelius

7.15pm Sarah Darnell and her band

7.30pm Official Closing

Various local community groups will be supporting the event by having food and beverages available for purchase

Woodcraft Guild - Sausages
BODRA - Soup & Rolls
Esk Valley Mates - Hamburgers

Lions Club - Tea & Coffee
TransBOD - Cookies & Slices

Seaplane to bring tourists to Tasmania's remote wilderness

Tasmania's remote wilderness areas will become more accessible with the State Government extending a local seaplane company's licence.

The Government will now push ahead with plans to open up Tasmania's national parks and World Heritage Area to low-impact tourism development.

The move was announced during the March election campaign, and earlier in June the Government called for expressions of interest from investors and tourism operators. The Hobart-based seaplane company had been in a trial for the past two years, flying to the Southwest and Freycinet national parks and Recherche Bay. Parks Tasmania surveyed non-seaplane visitors to gauge the impact of the trial, and the Government has now extended the operator's licence.

Environment Minister Matthew Groom said the trial showed the flights did not negatively impact on the environment. "We feel very confident that this is environmentally responsible," he said. "We think the operators have indicated a great respect for the natural environment, making sure they're doing it responsibly, so that's the basis on which we've extended the licence, further developing our reputation as the environmental tourism capital of the world."

Company spokesman Will Barbour was also optimistic about the expansion.

"We see the announcement as a vote of confidence by the Government in our responsible operations," he said.

The company was also given permission to trial flights between Hobart and Lake St Clair for 12 months. Premier Will Hodgman believed allowing development in or near national parks would boost tourist numbers and the economy.

"We're serious about unlocking Tasmania's potential," Mr Hodgman said. "Our tourism industry is one of our core competitive strengths, and the Liberal Government's right behind boosting it even further and that means new attractions." The Government said normal planning safeguards would apply, but environmentalists have expressed concern about the move. They feared developments would not be restricted to eco-tourism ventures and will turn into an "open season" for developers.

abc.net.au/news/2014-06-29/seaplane-flies-further-afield/5557330?WT.ac=statenews_tas



CHRISTMAS IN JULY

Saturday 26th

5.30pm for 6pm meal

**3 course Traditional
Christmas fare**

\$25 per person

\$75 family (2 adults 2 kids)

\$15 children 5-16 yrs

(under 5yo free)

Come and join the fun!

GIFTS & GAMES FOR KIDS

(Santa may even pay a visit)

Lucky door prize

LIMITED SEATING

BOOKINGS ARE ESSENTIAL

Text/call 0427 332 085 OR 0417 010 648

*Non members are
most welcome*



ST MARYS SPORTS CENTRE

BOOK BEFORE 18TH JULY PLEASE! *You will not be disappointed*

Valleys of Adventure

AVOCA • ROYAL GEORGE • ROSSARDEN • FINGAL • MANGANA • MATHINNA • UPPER ESK • CORNWALL • ST MARYS

GREATER ESK TOURISM



WRAPPED IN ST MARYS July 19th and 20th 2014

“Unplugged”

Music and Art workshops and activities start from 10:30am at St Marys Saturday 19th July



FESTIVAL OF VOICES
10 YEARS



An initiative of Greater Esk Tourism, BODRA and Break O' Day Council

Awards presentation - 3pm on Saturday 19th July at Gone Rustic, 37 Main Street, St Marys

Please note change of day and time



TEXTILE ART COMPETITION THEME

“Switched On”

DEADLINE FOR ENTRIES 4 pm July 4th 2014

entry forms available online fingalvalley.com.au



Photographic Competition 2014 Theme **People and their Connection to the Valley**
Closing date Friday 5th September 2014



The People Poles Project St Marys Tasmania

Our St Marys People Poles Project T-shirts and caps have been distributed to our major donors and are now on display and for sale at St Marys Post Office, Madd=Mudd and Mt Elephant Fudge.



Show your support for the Project T- shirts \$15 Caps \$20



We are now putting together a list of the characters for our People Poles and we are looking for your ideas and input. If you would like to suggest a character please submit your suggestion using the form below or email your idea to people-polesproject@bigpond.com. We are especially interested in details of any actual historical characters from the local area and in any old photographs showing these characters.





Captain Francis Joseph Bailey 1897 - 1970

Continued from last issue...

...In June 1925, Bailey filed for divorce on the grounds of Margareth's infidelity with an ex-army officer Lt. Francis James Fallen. The marriage was finally dissolved on July 19th 1926, and Bailey was granted custody of their child.



*Cpt F J Bailey posing with a
Supermarine Sea Eagle.
(Imperial Airways postcard)*

On June 9th 1926, Supermarine Swan G-EBJY, configured as a 10-seat passenger flying boat, first flew with Henri Biard as pilot and F J Bailey (by then the Chief Marine Pilot of AIL and manager of the airport at Woolston) as his passenger.

In August that year Bailey married Edith May Anstee (nee Weaver), a widow whose husband had died in 1918 from wounds received in Flanders whilst serving with the Royal Engineers. They had been married for just three years when her husband died, and for most of that time had been separated by the war.

In September 1927, Captain F J Bailey was granted six month's leave in order to re-organize an experimental air service between Khartoum and Kisumu. The experience he gained in the area proved to be valuable preparation for IAL's introduction of the 'C' class flying boats in 1936.

From March 1929, the Mediterranean route between Genoa and Alexandria was serviced by IAL's Short S.8 Calcutta 12-seat flying boats but these 3-engine machines were not ideal, particularly when Italy began closing its seaports for political reasons. IAL obtained government backing to purchase three Short S.17 Kent 4-engine flying boats to replace them. These dual-control machines were fitted with a luxurious passenger cabin containing 15 high-backed lounge seats in four rows of facing pairs with a table between them. Manufacture began in October 1930, and the first machine, G-ABFA (later named 'Scipio') was launched at Rochester on February 24th 1931. It was test flown the same day and found to be in perfect trim.

On May 3rd 1931, Air Superintendent Major H G Brackley with Bailey as his co-pilot flew 'Scipio' to Marignane in the south of France. Brackley then returned to Rochester while Bailey took the machine on to Genoa. 'Scipio' was joined soon after by G-ABFB 'Sylvanus' and G-ABFC 'Satyrus' and over the next five years Bailey commanded 'Scipio' on every [sic] flight it made.

During an interview in 1947 Captain Bailey described some of the Short S.17 Kent operating procedures:

'The procedure regarding the three Scipio class boats was quite peculiar. Each boat had its captain and crew and no-one but that crew ever flew it. This developed a high esprit de corps and great rivalry. Every member of the crew was required to be able to do visual signalling (semaphore and lamp) and the crew were so proud of their aircraft that everything inside and out was polished and shone like a fire engine. In the air any member of the crew not actively engaged in flying, or looking after the passengers, was polishing metal or woodwork - even the radio officer had a long 'phone lead so he could get around the cockpit and polish and still keep a listening watch. The whole cockpit shone like a silver salver: dashboard, control columns, throttle levers and all.

In harbour, a jack staff was mounted on the cockpit roof to carry the Royal Mail pennant and was planted in its socket very smartly at the end of the landing run - not a second later. The jack staff was silver-plated (at the crew's expense) and the truck was, in the case of 'Scipio', a silver bust of Scipio Africanus. From the trailing edge of the upper main centre-section, halliards ran down to the steward's pantry below and on this halyard the Air Ensign flew when on the water.

As a further example of the high esprit de corps, it is interesting to note that it was the practice to 'dip' the Air Ensign when taxiing past a man-o-war or liner (particularly a foreign one), and also to 'dip' to each other when we met. It therefore followed that a member of the crew of a moored aircraft had to be aboard (during his day of rest), to 'dip' the ensign to an incoming or departing aircraft. The crew was only four and therefore a roster was kept so



*Short S.17 Kent 'Sylvanus', later destroyed by fire at
Brindisi*



Short S.8 'Calcutta'

that this almost daily duty could be shared equally. If one failed to 'dip' ones ensign in response to their salute, one was liable to receive a terse letter on the subject.

All members of the crew were required to know the name and destination of all passengers aboard (this was done by studying the passports and passenger list immediately after take-off) and believe it or not, on Christmas Day there was an illuminated Christmas tree in the cabin and hanging on it a diary for each passenger, with his name embossed on the cover, even if he or she had joined only the previous day! How was it done? Just thinking ahead - good staff work and possibly a quick run round to a printer the previous evening. When the Captain took the diaries off the tree it was expected of him that he would not falter in handing each to the correct passenger. Of course, all this took place in the middle of a marvellous Christmas dinner of turkey etc., even down to a Stilton cheese with port in it - all straight from Fortnum and Mason.

The Kents flew from Brindisi to Galilee and Brindisi to Alexandria (the base) calling at Athens on both routes. There were also refuelling halts at Mirabella (Crete), and Castelorizo (an island near Rhodes).

As there were only three aircraft, it will be appreciated that an engine failure was an appalling offence, as the other two had to do your share of the work 'till you became serviceable. There was usually only one ground engineer at a station so the whole crew worked all night to get back on service, while the other aircraft crews left rude messages to encourage you as they passed.'



'Canopus' taking off from the river Medway in July 1936

On October 22nd 1936, Short S.23 G-ADHL 'Canopus', the first of the Empire C class flying boats, left the river Medway en-route to the Mediterranean to provide the service between Brindisi and Alexandria. Captain F J Bailey, who had been chosen by Brackley to be the first captain of these new machines, took the pilot's seat with Brackley as his co-pilot.

Later that month Bailey flew 'Canopus' on a proving flight from Lake Bracciano (Rome) to Alexandria. He made the first scheduled outward-bound flight on November 2nd 1936, and then spent two months of scheduled flights between Brindisi and Alexandria. 'Flight' magazine dated August 9th 1945, reported that he had set a record by flying 4,500 hours in a 'Canopus'.

In 1939 he was taken off route flying and put in charge of the company's flying instruction at their Hythe facility. In mid-September 1940, Captains Bailey in VH-ABF (originally G-AFBL) 'Cooee', Davys in G-ADUX 'Cassiopeia' and Harrington in G-AUEF 'Corinthian' (all Short S.23 Empire flying boats) undertook survey flights up the Congo to Stanleyville and Lake Victoria, all arriving safely in Durban to reinforce the fleet and allow the 'Horseshoe' (the route around the Indian Ocean between Durban and Sydney) schedule to be doubled.

During the war he carried out various special assignments, which included the running of the air blockade of Malta in unarmed Empire flying boats and Catalina's.

With around 15,000 hours in the air and having flown more than 2,000,000 miles, Captain Bailey's career as a pilot came to a premature end in 1942 when he lost his right hand while taxiing a Catalina, believed to have been G-AGBJ 'Guba', in Poole Harbour. (Later, when discharged from hospital, he donned a diver's suit and retrieved the severed limb which wore his Rolex watch - still working.)

In July 1945, having spent almost his entire life on flying boats, Bailey was appointed *British Overseas Corporation Ltd* (BOAC) Operations Superintendent, Middle East Region, and transferred to Cairo.

On his retirement from BOAC in 1947 he also retired from the RAF Reserve in which he had served for 25 years. He was presented with the Air Efficiency Award in recognition of this long service. That same year Bailey, and his then partner

Enid Lilian Poole Bailey (she later appended 'Bailey' to her married name by Statutory Declaration), emigrated to

Tasmania where his daughter Joan and her family, joined them some years later (on the east coast in the Swansea area).

When his health began to fail in the mid 1960s it was decided he would receive better care in England.

The couple returned and took a house in Tiverton, Devon. That they named it 'Canopus' was no surprise to anyone.

Captain Francis Joseph Bailey died in the Royal Devon and Exeter Hospital on March 8th 1970 from pneumonia resulting from lung cancer.

© Dick Terry, Worthing, West Sussex

DATE	FLIGHT	PARTICULARS	MACHINE	TIME		TOTAL
				Hours	Minutes	Time
Sept 15 1936	Porfu & Naples	11s Stocks	437 B-ETSVH	4	21	632 55
Sept 14 1936	Naples to Genoa	11s Stocks	438 B-ETSVH	4	13	606 45
Sept 25 1936	Genoa & Naples	11s Stocks	439 B-ETSVH	4	27	701 15
Sept 25 1936	Naples to Porfu	11s Stocks	440 B-ETSVH	4	20	705 35
Sept 25 1936	Porfu & Athens	11s Stocks	441 B-ETSVH	3	12	705 47
Sept 24 1936	Athens to Suda Bay	11s Stocks	442 B-ETSVH	1	35	710 25
Sept 24 1936	Suda Bay to Tobruk	11s Stocks	443 B-ETSVH	2	33	713 4
Sept 25 1936	Tobruk Ground for Alexandria Forced landing & engine trouble	made at Tobruk causing 11s Stocks landing on water (444)	444 B-ETSVH	0	10	713 14
Sept 27 1936	Tobruk local Test flight for new engine	engine 11s Press	445 B-ETSVH	0	9	713 23
Sept 27 1936	Tobruk Local	11s Press	446 B-ETSVH	0	13	713 36
Sept 28 1936	Tobruk & Hessa Hattah	11s Press	447 B-ETSVH	2	10	716 54
Sept 28 1936	Hessa Hattah & Alexandria	11s Press	448 B-ETSVH	1	56	717 42
Oct 3 1936	Alexandria local (Engine Test) Near	engine 11s Boat	449 B-ARDN	-	40	718 22
Oct 7 1936	Alexandria local (Engine Test) Near	engine Capt Bailey	450 B-ETSVH	-	32	718 54
Oct 16 1936	Alexandria to Tobruk	Capt Bailey	451 B-ETSVH	3	53	722 27
Oct 16 1936	Tobruk to Suda Bay	Capt Bailey	452 B-ETSVH	2	40	725 7
Oct 16 1936	Suda Bay to Athens	Capt Bailey	453 B-ETSVH	1	51	728 58
Oct 16 1936	Athens to Porfu	Capt Bailey	454 B-ETSVH	3	10	730 5

El Caminito del Rey

(The King's little pathway) is a walkway, now fallen into disrepair, pinned along the steep walls of a narrow gorge in *El Chorro*, near Álora in the province of Málaga, Spain. The name is often shortened to *Camino del Rey* (King's pathway).

The walkway was built to provide workers at the hydroelectric power plants at Chorro Falls and Gaitanejo Falls with means to cross between them, to provide for transport of materials, and to facilitate inspection and maintenance of the channel. Construction began in 1901 and was finished in 1905.

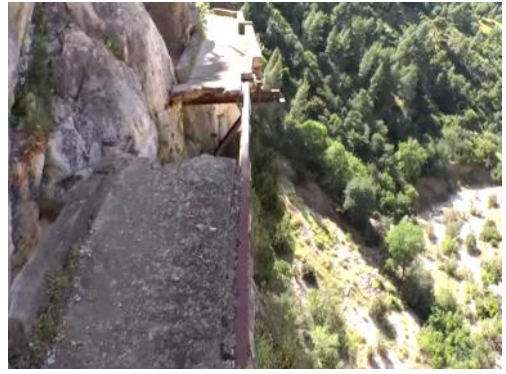
In 1921 King Alfonso XIII crossed the walkway for the inauguration of the dam Conde del Guadalhorce, and it became known by its present name.

The walkway is 1 metre in width and rises over 100 metres above the river below. Constructed of concrete, resting on steel rails supported by stanchions at around 45 degrees into the rock face, it is currently in a highly deteriorated state and there are numerous sections where part or all of the concrete top has collapsed. The result is large open air gaps that are bridged only by narrow steel beams or other support fixtures. Very few of the original handrails exist but a safety-wire runs the length of the path. Several people have lost their lives on the walkway in recent times and after two fatal accidents in 1999 and 2000, the local government closed both entrances. However, people still walk it.

In June 2011, the regional government of Andalusia and the local government of Málaga agreed to share costs of restoration (including car parking and a museum) of €9m (\$13,150,656.00).

The project will take approximately three years to complete. Many of the original features will remain in place and the new materials that are used will be in keeping with the old design. In March 2014, the cornerstone of the rehabilitation project was laid by specialized alpinists.

en.wikipedia.org/wiki/Caminito_del_Rey
youtube.com/watch?v=y1Nd1qtk1Go



WINTER WARMERS at ST MARYS SPORTS CENTRE

Simple hearty food
prepared by our new resident
Chef Gerhard Rist
Meals served
6 - 8pm most Fridays
with a different dish each week



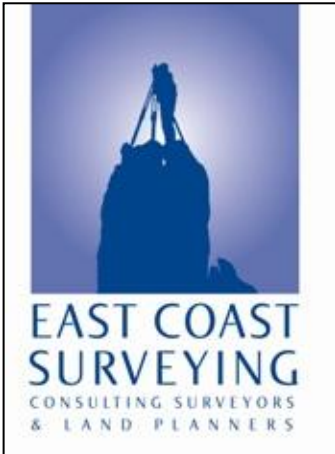
Friday
July
4th

**Hungarian
Goulash with Mash
plus
Dessert
\$20**

*Please make a booking on 6372 2445 or 0409 958 013 by
lunch time Wednesday prior, or put your name on the
club board*

Non club members are most welcome

Catering for limited numbers so make your booking early



EAST COAST SURVEYING

Consulting Surveyors and Land Planners

Buying property, planning a development, unsure of your property's potential? Well we can help you!

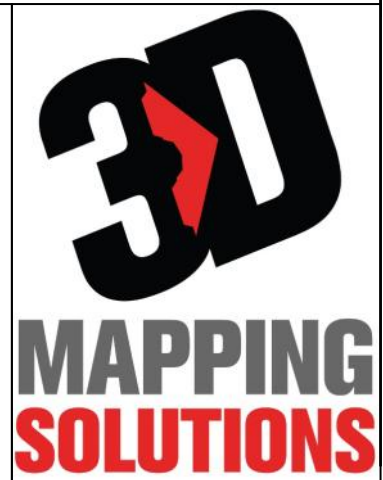
Avery House, level 1 48 Cecilia Street, St Helens
Ph: 6376 1972 or admin@ecosurv.com.au

3D MAPPING SOLUTIONS

Aerial photography & 3D mapping

Ideal for Real Estate sale, residential subdivisions, quantity surveys for stockpiles, quarries, farms & estates

0457 596 868 or admin@3dmappingsolutions.com.au



St Helens Flowers

Donna of St Helens Flowers takes all the fuss out of ordering flowers.

Arrangements, Bouquets, Gift Baskets, Wedding Flowers, Floral Tributes

Member of the Petals network—we can now send or receive flowers worldwide!

Fantastic Fresh Flowers delivered to your door or statewide

Ph Donna—6376 1211

Fun Range of Helium Balloons!

ANA'S HAIRDRESSING SALON



**OPEN: TUESDAY
WEDNESDAY
THURSDAY**

**QUALIFIED WAXING
AND BEAUTY AVAILABLE**

**NEW RANGE OF SMALL
GIFTS AND GKMBJ HAIR
PRODUCT AVAILABLE**

**NEW RANGE OF WINTER CLOTHING HAS
ARRIVED, AND SO HAVE SOME SHOES!!!**

**46 MAIN ST - ST MARYS
0448 532 531 - A/H 6372 5497**

Church ladies with typewriters:
Wednesday - the Ladies Liturgy Society will meet. Mrs Jones will sing, "Put me in my little bed" accompanied by the pastor

St Helens Walking Group

The Saturday group were treated to clear sunny skies on June 21st - just perfect for the nine walkers to visit the Mount Victoria Forest Reserve. From the car park we set off for Cash's Lookout, an easy stroll with much of the track across the button grass plain on sturdy board-walks. Behind us, Mount Victoria and Mount Albert, so named for Queen Victoria and her consort, many years ago. The track then leads into tea trees with a thick mossy ground cover, and winds its way down to a constructed lookout. This overlooks the forested Cash's Gorge with a waterfall below and farmland in the distance. Back on the main track we continued on and entered into beautiful forest - tall tea trees, sassafras, celery top pines, acacias and waratahs. The forest floor was a carpet of moss and ferns with little streams of water trickling throughout. We found many beautiful coloured varieties of fungi, some so tiny they can be easy to overlook. Draped through the trees were the epiphytic plants - lichens, mosses and ferns. We eventually reached the rim of the cliff over which the Ralph Falls drop. These impressive falls feature a long 100 metre ribbon of water dropping almost vertically over a sheer rock face. A short walk down to another constructed lookout gives a great view back up to the falls and again, off in the distance, the farmlands. A last 600 metre walk uphill and we entered dense forest - this is believed to be an example of primeval Gondwana rainforest with an abundance of the non deciduous nothofagus. This completed the circuit and brought us back to the car park. A bit of cloud cover appeared, so we lunched in the enclosed shelter before returning home. A bonus for the walk today - no mishaps and no leeches!



The Wednesday walkers have been enjoying a variety of walks. On May 21st a large group set off from Healthy House and walked part way round Medea Cove, back via Kings Park. They enjoyed the last of the autumn colours, and identifying unusual fruiting trees growing in domestic gardens. On the bay, they also watched the antics of an egret which landed and waded over to observe a large stingray - there was a smart retreat when the stingray swam towards it! On the 28th, in beautiful sunshine, they walked from the Swimcart Beach turnoff up the Mt Pearson track. One eagle-eyed walker spotted a group of hooded orchids at the turn around point. Earlier in the month 14 walkers meandered their way through the popular Winifred Curtis Reserve. The sunshine wattle was in full flower and a few pink, white and red Erica's were blooming. Henderson's Lagoon was dotted with black swans and little grebes - always an interesting walk with lots of birds to observe. June 18th saw the walkers depart from Healthy House and make their way to the bird viewing point at the end of Quail Street. They continued on along the concrete pathway to the Georges River, terminating their walk at the jetty at Moulting Bay. Like the many cormorants seen drying their wings in the sunshine, the walkers too enjoyed sitting on the edge of the jetty soaking up the warmth before their return to town.

The Walking Group welcome new members - please contact Healthy House on 63765242 or Bryan Edhouse on 6376 3439 for further information.

Sport and exercise groups in Break O'Day

The St Marys Community Health Centre and GP Practice (Dr Latt and Dr Nash-Rawnsley) are in the process of collating an up-to-date-list of sport and exercise groups located in Break O'Day. This list will be distributed to people in the community interested in increasing their activity levels.

What we need to know

What is your group? i.e. cricket, boxing, basketball, exercise circuit, little athletics, walking, nippers, weights, swimming, dog walking, yoga, tai chi, lawn bowls, cycling, golf etc.

Please ring or email your details to:

- ◆ Day or days you meet
- ◆ Times
- ◆ Cost
- ◆ Criteria to participate (if applicable)
- ◆ Contact person



Hayley Gilbert - Diversional Therapist
 St Marys Community Health Centre
 e: hayley.gilbert@dhhs.tas.gov.au
 ph: 6372 2111 Tuesday or Thursday

Our aim - to increase the Community's awareness of what physical activity groups are in Break O'Day and help support those who want to increase their activity levels access these groups.



SWAN FABRICATIONS PTY/LTD

Metal fabrication & welding

ABN 82 125 267 870

- ◆ **Farming Machinery** modification, manufacture and repairs
- ◆ **Earth Moving** Maintenance, welding and hardfacing
- ◆ **Building** Light structural, handrails and balustrades
- ◆ **Custom Built** Bike, boat and machinery trailers, builders racks and cages, and trailer repairs
- ◆ **Precast Concrete Moulds**

Contact Paul 0410 538 751 e: swanfab@hotmail.com

WHITE SANDS UNPLUGGED

THE FESTIVAL OF VOICES AND WHITE SANDS ESTATE PRESENT
A FAMILY DAY OF UNPLUGGED ENTERTAINMENT, INCLUDING
STORY, SONG AND SPECTACLE. **FREE ENTRY. 19 JULY 2014**

4PM FOR THE KIDS

Fun activities, jumping castle, movie marathon and more

4PM A SHORT (HORAL) WORKSHOP

Culminating in a performance in the evening

5PM TRAVEL TALES

People sign up to tell their stories (open mic style)

5.30PM DINNER BREW HAUS

Winter menu (reserve your table)

7.30PM ANGE BOXALL SINGS

8PM CONCEAL

Choir performance led by Susannah Coleman-Brown

8.30PM FESTIVITIES!

Fireworks, bonfire, mulled wine, marshmallows and more!

9PM BIG SING

With choir and guests

ALL DAY IRONHOUSE BEER TASTING

BUS AVAILABLE – Conditions apply

ACCOMMODATION SPECIALS – contact White Sands Estate to ask about accommodation

Contact White Sands on 03 6372 2228 or access www.white-sands.com.au for further details and to book today



Prairie Ducks

Two hours before sunrise on a cold, still morning, two men dressed in camouflage gear, with tiny LED lights fixed to their hats, were unloading stuff from the tray of a huge 4WD pick-up truck.

'I tell you, Clem,' said one, 'there ain't no ducks on the prairie.'

'Not yet, Rufus,' replied his companion, 'but there soon will be. My new electronic duck caller is guaranteed to bring ducks in from anywhere, it says so in the destructions. Now, why don't you put the decoys out while I build us a hide?'

Rufus disappeared into the darkness carrying an armful of plastic ducks, while Clem drove stakes into the ground and wove twigs and brush between them to construct a camouflaged shelter. He went back to the truck for two folding chairs, which he set up behind the brush screen. He leaned a long-barrelled Remington pump-action shotgun against each of them. Rufus emerged from the darkness, having laid out the decoys, and rummaged in the back of the truck 'till he produced a large wooden box, which he placed in front of the chairs. He opened it to reveal a pile of thick sandwiches, a vacuum flask and several bottles of whisky.

'Breakfast!' he announced, as he poured two coffees from the flask and topped them up with a generous slug of whisky.

Dawn crept over the prairie. Colour slowly seeped into the landscape, revealing lush green pasture stretching to the horizon, dotted with the red and white of grazing Herefords.

'See,' said Rufus, 'what did I tell you? No ducks.'

'Just you wait.' Clem picked up the small black box that was his electronic duck caller and was about to switch it on when Rufus tapped him on the shoulder and pointed to the sky.

'Duck!' he said, and both men reached for their guns.

The target of the ensuing fusillade stopped in mid-air as if it had run into a wall. The two men waited expectantly for it to fall, but instead it turned and headed straight for Clem and Rufus - fast.

'That ain't no duck, said Clem.

No duck at all, but human-sized, and human shaped, if you ignore the wings which sprouted from its back. The creature's long white robe hung in tatters.

'Holy shit, Clem,' said Rufus, 'we've shot an angel.'

'You can't shoot me, I'm an angel,' said the angel. 'But look what you've done to my GPS.' He held up the instrument and pointed to a small round hole in the middle of the screen. 'I'm flying along following the directions without a care in the world then you guys put a bullet through the thing. How the hell am I going to find my way to Hillsville, Wyoming, now?'

'Why, Hillsville, Wyoming's jest up the road apiece,' said Rufus. 'Me and Clem can show you the way. Why do you need to get there, anyway?'

'I'm a Guardian Angel,' said the angel, 'and one of my clients, a certain Joseph Henderson from Hillsville, Wyoming, is at this moment painting his roof. In two hours time he will fall off the ladder and break his leg. It's my job to see that doesn't happen.'

'Joseph Henderson,' said Clem, 'is the meanest son of a bitch in Wyoming. He runs the bank in Hillsville and he's had families out in the street, farmers off their land, just because they miss one lousy payment. I tell you, Mr Angel, that if you save Joseph Henderson from breaking his leg he won't even thank you, but if you jest let it happen you'll make a whole lot of people very happy. I would recommend that if you really want to do a good deed today, you take your time getting to Hillsville, Wyoming. Why don't you set right down in one of these chairs and I'll pour you a cup of the best coffee in the Mid-West.'

The angel couldn't sit in the camp chair, his wings were in the way, so he made himself comfortable on a stump and sipped appreciatively at a coffee that Rufus liberally laced with whisky.

The sun rose higher, warming the prairie. The trio were feeling pretty relaxed after their second cup of fortified coffee, so they decided to forget the coffee and just drink the whisky straight.

'Why'd you guys shoot at me, anyway?' asked the angel, after a while.

'We thought you was a duck,' said Clem.

'There's no ducks on the prairie,' said the angel.

'That's what I've been trying to tell him,' said Rufus, 'but he's got this fancy duck caller from a mail order catalogue. He reckons it'll bring ducks from anywhere.'

'Well, what are we waiting for?' asked the angel. 'Let's see if it works.'

Clem picked up the little black box and fiddled with the controls.

'What sort of duck do I set it for?' he asked.

'Prairie ducks,' said Rufus.

'Ok,' said Clem, 'here goes.' He flipped a switch. Nothing happened.

'It's a silent duck caller,' said Clem. 'Only ducks can hear it.'

'Yeah, right,' said the angel. 'How much did you pay for that thing?' Then he paused and held up his hand. 'Listen!'

They heard wings beating. Far out over the prairie flew a solitary duck, winging its way to some far flung waterhole.

'Too far,' said Rufus.



Continued...

'Too fast,' said Clem.

'Gimme a gun,' slurred the angel. He took the proffered Remington, climbed unsteadily to his feet, raised the shotgun to his shoulder and fired. The duck crumpled in mid-flight and plummeted to earth.

'Holy hell!' said Clem. 'I ain't never seen no-one shoot like that, drunk or sober.'

'Aw, shucks, guys,' said the angel, as he collapsed back onto his stump and took a big swig of whisky. 'When that many of the little critters go over, you can't help but hit one of 'em.'

By Bill Greer, Beauty Point

East Coast RC Flyers News - July 2014

Continued from front page...

At the end of June, the club's website achieved a significant milestone. Since its inauguration in January 2014, the number of unique visitors grew rapidly and surpassed 10,000. Some of the website surfers returned for a second or third look, which took the number of total visits to a phenomenal 23,556. Considering the specific content of the site, it is astounding to find such a strong and growing interest in radio controlled (RC) model flying.

RC flying has evolved considerably in the past 10 years. The most important factor is, without doubt, the drop in prices of the electronics and models, making the hobby very affordable. In addition, the messy internal combustion engines, running on methanol and gasoline, are being replaced by clean brushless electric motors. There is still a place for the combustion engines, particularly for larger models, but the ease of use and cleanliness is a big advantage of electric motors.

June was a successful month for Greg Bennett and Brenton Murphy, both of St Helens, who achieved their solo flights. Flying solo means that a RC pilot performs a take-off, a short flight, and a safe landing by him or herself. Josh Stingle, also of St Helens, was soloing again after a few months absence, but proved that he hasn't forgotten anything and it is just like "riding a bike."

Be part of the action on the club's flying days. The website (eastcoastrcflyers.org.au) shows you the location of its flying field. However, the weather isn't always helpful and there is a "Next Flying Days" box in the right-hand column of the site. Not connected or not interested in the Internet? Within the next few weeks, the club will display flyers on the major community notice boards with more information.

Article by Manfred Weihrauch

All images are courtesy of Angelika Weihrauch (permission has been obtained from all persons pictured)

Right: Josh and Terry Stingle, St Helens and Scamander, in action

Far right: Greg Bennett, St Helens, after his solo flight



Left: Brenton Murphy, St Helens, after his solo flight

Right: Brian Powell and Kole Bretag, St Helens and St Marys



The Valley and East Coast Voice Inc. Guidelines

Opinions in any letters published are not necessarily those of the Editor or voluntary staff. Our pages remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks or hinting at libel or slander will not be accepted. Please do not attack the editor, the paper or the authors of previous articles. Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues. Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer. The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. All letters/emails must include your full name, address and phone number. The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines. All information is correct at time of printing. Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.



Sheep on the beach at Lisdillon Vineyard, photographer Chris Hocking, with thanks to Katherine Cotton.

Harris Funerals

St Helens, Bicheno & Fingal Valley

*We are here when you need us.
Burial or cremation, traditional or
unique funeral services available.*

Office & Chapel:

*46 Tully Street St Helens
6376 1153 ~ 0418 133 420*

tamara@harrisfunerals.com.au

Member of the
Australian Funeral Directors' Association



St Marys Painter

**Painting & Decorating at
realistic prices**



(Special pensioner's rates)

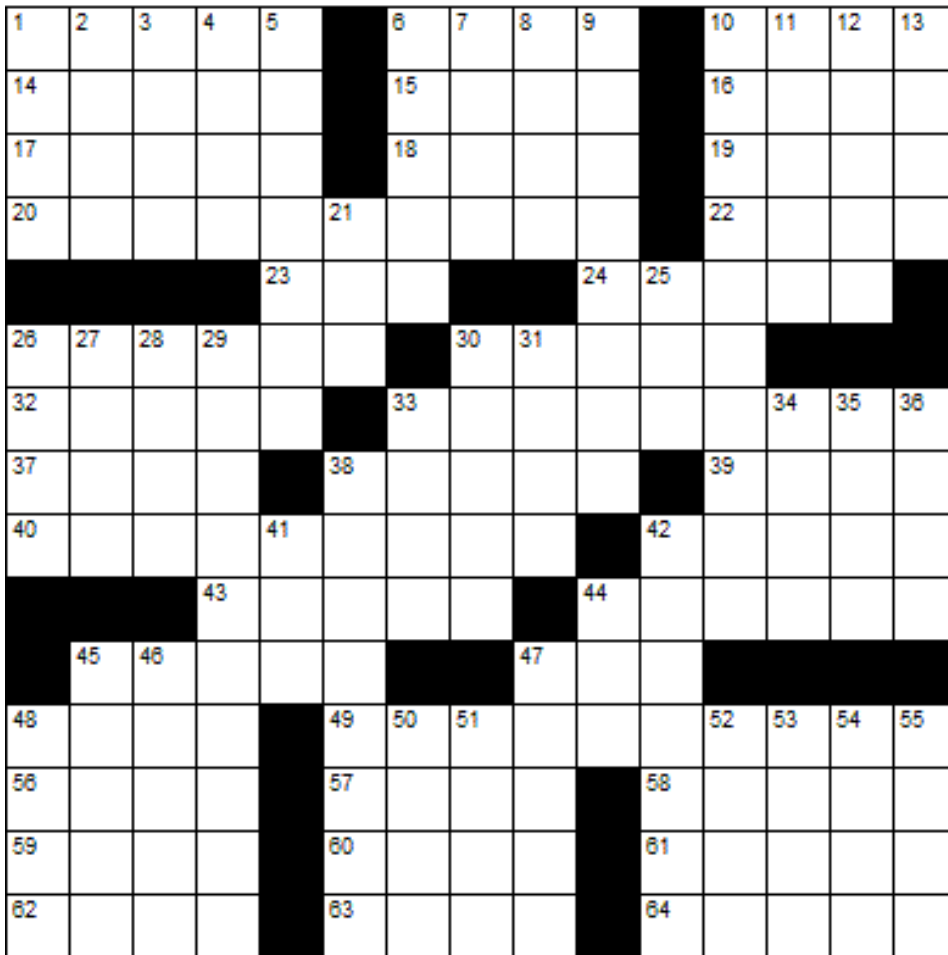
No job too large or too small.

Bernard Harris

Ph 6372 2942



**Accredited Master Building Association
(BSA Licence No: 1120307)**



ACROSS

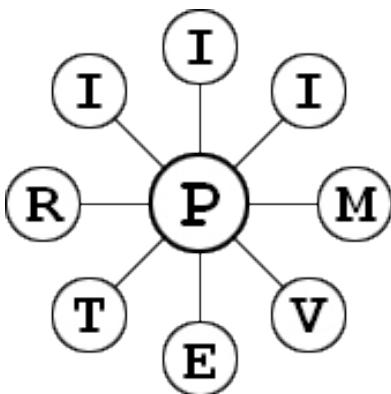
- 1. Chasms
- 6. Animal companions
- 10. Impresses
- 14. Watchful
- 15. Put away
- 16. Unit of land
- 17. Contemptuous look
- 18. Emanation
- 19. Adolescent
- 20. Bias
- 22. Where the sun rises
- 23. A high alpine meadow
- 24. Charred
- 26. Large North American deer
- 30. Lawn cover
- 32. Japanese cartoon art
- 33. Cooking pans
- 37. Stair

- 38. Smell
- 39. Double-reed woodwind
- 40. Bicycling
- 42. Soft leather
- 43. Prevaricators
- 44. Anagram of "Rental"
- 45. Savory jelly
- 47. South southeast
- 48. Killer whale
- 49. Tympani
- 56. "Action word"
- 57. Always
- 58. Awaken
- 59. A Freudian stage
- 60. Anagram of "Tine"
- 61. S S S S
- 62. Disabled
- 63. Killed
- 64. Accomplishments

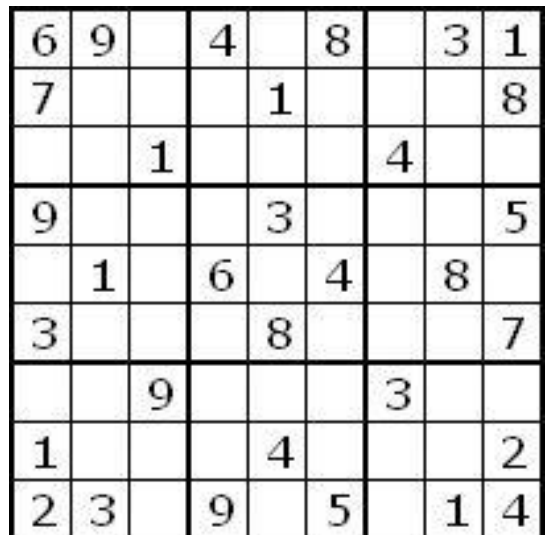
DOWN

- 1. Sharp intake of breath
- 2. Forearm bone
- 3. Lascivious look
- 4. Fuss
- 5. Streaked
- 6. Sacred hymn
- 7. Decorative case
- 8. Legal wrong
- 9. A sagging of the spine
- 10. A tornado over water
- 11. Sea
- 12. Seize
- 13. Dispatched
- 21. Former boxing champ
- 25. Utilize
- 26. Stinging insect
- 27. Initial wager
- 28. Multicolored
- 29. Intangible
- 30. Advances
- 31. A step on a ladder
- 33. Blend
- 34. Cain's brother
- 35. Connecting point
- 36. Clairvoyant
- 38. Relaxes
- 41. 52 in Roman numerals
- 42. Smiled contemptuously
- 44. American Sign Language
- 45. Sporting venue
- 46. Vamoose
- 47. Scatter
- 48. Egg-shaped
- 50. Wicked
- 51. French for "Head"
- 52. An amount of medicine
- 53. Ploy
- 54. Utilized
- 55. Untidyness

Solutions next issue



How many words can you find? Each word must contain the central P and no letter can be used twice. The letters do not have to be connected. Proper nouns are not allowed, however, plurals are. Can you find the nine letter word?



Tasmanian Lost Pet Register

<https://www.facebook.com/tasmanianlostpetregister@gmail.com/>
 e: tasmanianlostpetregister@gmail.com



2 German Shepherd dogs still missing - HADSPEN as of 29/06/14

Missing from Hadspen, 18 month old male German Shepherd and 6 month female German Shepherd, last seen on old highway over the bridge heading towards Entally House.

[facebook.com/marlene.j.goss?fref=photo](https://www.facebook.com/marlene.j.goss?fref=photo)

St Marys rainfall by Reon Johns

June 3rd	31.1	
4th	5.6	
7th	1.0	Rain
10th	Trace	Fog
11th	Trace	Fog
13th	Trace	Fog
14th	Trace	Drizzle
15th	.4	
19th	Trace	Fog
23rd	1.0	
24th	4.0	
26th	9.0	
27th	7.8	

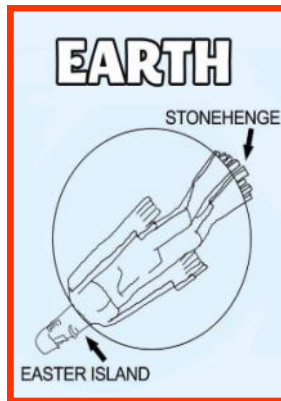


Print from Codex Seraphinianus - the world's weirdest book. en.wikipedia.org/wiki/Codex_Seraphinianus



It's called fashion - look it up

Blonde jokes: jokes short enough for men to understand.



All words: ad, add, adder, ado, adore, adored, adorn, adorned, and, anode, anted, ardent, atoned, dad, dado, dander, dare, dared, darn, darned, dart, darted, date, dated, dater, dato, de, dead, dean, dear, den, dent, deodar, **DEODORANT**, derat, do, doat, doated, dodo, doe, doer,

Vol 47.04 solutions.

CEDAR	TAUT	MARL	5	2	1	4	9	8	6	3	7
AWARE	ESNE	ALEE	8	4	9	7	6	3	5	1	2
MEDIC	SPIN	LIMA	6	7	3	1	2	5	4	8	9
PRODUCTION	IGNITE		3	8	7	6	1	9	2	4	5
PEEL	AMI	SOG	2	6	4	5	8	7	1	9	3
ACME	SENT	AEGIS	1	9	5	2	3	4	8	7	6
WRITTEN	ESTRADE		9	3	2	8	5	1	7	6	4
NUTTY	TERN	EPEE	7	5	8	3	4	6	9	2	1
ERE	FRO	REAP	4	1	6	9	7	2	3	5	8
MATRON	FORT										
UTAH	THERE	AFTER									
ROLE	RANI	LARGO									
ANOVA	ENDS	KNEAD									
LEND	EDIT	SEEDS									

Incorporating all your needs in:

- ◆ ROAD GRAVELS
- ◆ TOP SOIL
- ◆ SCREENED TOP SOIL
- ◆ SAND
- ◆ ROCKS
- ◆ ON SITE SCREENER 20mm to 75mm
- ◆ 20 TONNE EXCAVATORS WITH TILT BUCKET
- ◆ RIPPER, ROCK & LOG GRAB & QUICK HITCH
- ◆ D65 KOMATSU DOZER, RIPPER & TILT BLADE
- ◆ 10 YARD TIPPER
- ◆ COMPACTION ROLLER
- ◆ WHEEL LOADER

And much more...



C&D
EXCAVATIONS
FOR ALL YOUR EARTHMOVING REQUIREMENTS
Phone : 03 6372 2033
Mobile : 0439 722 032

DAMS, ROADING, FIREBREAKS, LAND CLEARING, HOUSE SITES, DRAINAGE & BRIDGE CONSTRUCTION
LOCAL OWNER/OPERATOR WITH OVER 25 YEARS' EXPERIENCE

Call Dana or Craig
6372 2033 / 0439 722 032

East Coast Phone & Communications

Installation & Maintenance
of Digital TV & Set Top Boxes
Telephone & Data Cabling
Commander Systems
Next-G Wireless Internet &
Mobile Phone Antennas



Vast Satellite Decoders
Digital TV & FM antennas
Installation & Tuning
CCTV - cameras

Sound System & Speaker
Cabling



30 years' experience, ACA licence
JOHN HERON

6372 2402 / 0409 959 121



St. Helens Electrical

Rod Shaw

Lic No. 933671

**Domestic Commercial Industrial
Wiring and Repairs, Rewires,
Underground**

**Home Heating: Advisory, sales and
installation of heat pumps and fixed
heaters**

**Lighting Specialist: Interior and
exterior, advice, sales and
installation**

0407 615 072

24798 Tasman Hwy St Helens 7216

Tip locations and opening hours

Ansons Bay. Long week-end Mondays 12 - 4
Wed & Sunday 12 - 4
Scamander, Coach Street.
Tues & Thurs 10 - 4
Sunday 2 - 5
Fingal, Mathinna Road.
Tues & Thurs 10 - 4
Sunday 2 - 5
St Helens, Eagle Street.
Open 7 days 10 - 4
Pyengana, Tasman Hwy. *St Marys, Gray Road.*
No builders' waste please. Tues & Thurs 10 - 4
Wednesday 9 - 1 Sunday 2 - 5
Sunday 2 - 5

Meals on Wheels ~ 0488 384 344

July 7th	Debbie Barnes
8th	Trish Pike
9th	Louise Keady
10th	Liz Rice
11th	Drew Adam
14th	Ruth Aulich
15th	Karl Balzer
16th	Lundy Vosper
17th	Yvonne Salter
18th	Lorraine Gill

Emergency services

AURORA Emergency 132004
Carers for Wildlife St Marys 6372 2973
0417 017 105
Crimestoppers 1800 333 000
Poisons Information 131126
POLICE Emergency 000 & Enq 131444
SES Emergency 132500
TFS Emergency 000 & Enq 1800 000 699

Church Services

Catholic Parish of St Marys Sr. Lorraine Groves
6372 2252 / 0409 172 741
1st Sunday MASS
St Helens Vigil 6pm
Bicheno 9am
Fingal 11.30am
2nd Sunday LITURGY
St Helens Vigil 6pm
St Marys 9am
Bicheno 9am
Fingal 9.30am
3rd Sunday MASS
St Helens Vigil 6pm
St Marys 9am
Bicheno LWC 9am
4th Sunday LITURGY
St Helens Vigil 6pm
St Marys 9am
Bicheno 9am
Fingal 9.30am
5th Sunday MASS
St Helens Vigil 6pm
St Marys 11am
Bicheno 9am

St Marys Salvation Army
Sunday Joy 12.30pm
This is a bring-and-share lunch followed by a great time of friendship and fellowship. You are very welcome to join us and share our JOY!
0409 838 816
Tuesday JAM 3~5pm every Tuesday except school holidays.
Envoy Melanie Norton

Break O'Day Anglican Parish 6372 1144 or PO Box 143, St Helens TAS 7216
St Helens 9.30am Sunday
5th Sunday Combined Service with Uniting Church 10.30am
St Marys 10am Sunday
Pyengana Please phone for service times
facebook.com/anglicanbod

Anglican Parish of Northern Midlands
Avoca 11am 2nd Sunday
Fingal 2pm 2nd Sunday
Mathinna 2.30pm 4th Sunday
Ross 10am 5th Sunday
Campbell Town 9am

Break O'Day Uniting Church
The Manse 6376 2405
St Helens 9am
Fingal 11.15 am

Surf Coast Realty

Ph: (03) 6372 5321



Your Independent, Locally Owned & Operated Real Estate Agency!

- ⇒ Extensive market knowledge & personalised, caring service.
- ⇒ Window displays in Scamander, St Marys, St Helens and Bicheno.
- ⇒ Specialised website & mobile website designed to showcase the wonderful East Coast lifestyle.

If you are thinking of buying or selling, please contact Surf Coast Realty for market advice or an Obligation-free appraisal.

Suite 1/ 158 Scamander Ave, Scamander TAS 7215

Honest . Reliable . Professional



ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

- **Dr Cyril Latt**
3/7/14- 18/7/14
- **Dr K. Rawnsley**
2/7, 3/7, 8/7, 10/7, 15/7 & 17/7 2014
- **Dr L. Reeckman**
Women's Health Clinic
3/7 & 4/7 2014

For appointments phone: 6372 2111

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **PRIOR** to your medication/s running out or **IN ADVANCE** if you are attending this practice regularly.

PLEASE BE PATIENT waiting periods can apply to see the doctor. Scripts are unable to be done over the weekends, ensure you have enough medications in advance.

PHONE SCRIPTS

Please be aware **scripts are no longer able to be done over the phone.**

IMPORTANT INFORMATION TO PATIENTS

Please be aware that Dr Latt's Surgery is currently fully booked for appointments 1 week in advance as of 3/7/14

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention *please inform the reception staff* who will put you through to the Nurse on duty.

Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt- Call an Ambulance 000
Thank you for your cooperation

INR TESTS

A doctor's appointment is required if you are having an INR test. **Please let reception staff know when making your appointment that you are having an INR test.** This requires a 5 minute doctor consult.

ST MARYS MEDICAL PRACTICE REMINDER:

Dr Latt would like to remind the community about some circumstances that are **not covered by Bulk Billing** at the St Marys Community Health Centre:

- Visits related to renewal of Driver's licences
- Visits related to requested Medical Reports
- Visits related to Insurance Medicals
- Visits related to Harness Medicals
- Pre-Employment Checks

All of these are not covered by Medicare and therefore may incur a cost. Please check with the receptionists when making an appointment.

If you have concerns in relation to this matter please contact us and we will attempt to answer your concerns

St Marys Community Health Centre

GP Surgery Hours:

Monday-Friday

8:50am-10:00am

10:00am-10:30am- Reception Closed

10:30am- 12:30pm

12:30pm-1:30pm- Lunch Reception Closed

1:30pm-2:45pm

2:45pm-3:15pm- Reception Closed

3:15pm- 4:30pm

For appointments please ring Reception during opening times. Appointments will not be taken at other times.

AFTER HOURS CONTACT NUMBERS

Please phone

GP ASSIST ON- 1300 780 011

AMBULANCE 1800 008 008 or

EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE

6372 2111

Please RING before presenting after hours

Lifeline 131 114

Saving Lives, Crisis Support and Suicide Prevention

PATHOLOGY SERVICE-

NO PATHOLOGY SERVICE BETWEEN:

12:00-1:30pm or before 8:30am daily

If you require Pathology **before 8:30am** an appointment **must be made with the Nurses Station the day/night before** by phoning 6372 2111

CONTRACEPTION PACKS



Free contraception packs are available to the public at the St Marys Health Centre. Please ask at Reception or at the Nurses Station as they are no longer available on a help yourself basis.

ST MARYS COMMUNITY HEALTH CENTRE

WHAT'S ON AT THE CENTRE

- 3 July **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.
- 4 July **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.
- 7 July **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
TML Psychologist– Sam McCarthy. Please see your GP for a referral.
- 8 July **Mental Health Clinician/ Case Manager**- Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
Child Health Session with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
Tom Bain, Rae & Partners Lawyers. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
- 9 July **Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111
Social Worker– Shan Williams. Please phone 6372 2111 for appointments.
TAZREACH– Antenatal Clinic with Katie. For appointments please see your GP.
Podiatry North- For appointments please phone 6336 5155
- 10 July **Relationships Australia**– Leanne McMurtie for appointments please phone 1300 364 277
Anglicare Drug & Alcohol Counsellor. For appointments please see your GP for a referral.
Social Worker– Shan Williams. Please phone 6372 2111 for appointments.
- 11 July **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.
- 14 July **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
Continence Nurse. For appointment please see your GP or Health Professional for a referral

WHAT'S ON AT THE CENTRE Continued...

- TML Psychologist**– Sam McCarthy. Please see your GP for a referral.
- 15 July **Mental Health Clinician/ Case Manager**- Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
Child Health Session with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- 16 July **Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111
Physiotherapist– Please see your GP or Health Professional for a referral to the service.
Mental Health Clinician/ Case Manager– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- 17 July **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
Anglicare Drug & Alcohol Counsellor. For appointments please see your GP for a referral.
- 18 July **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
TML Diabetic Educator, Physiologist and Dietician. Appointments available by referral from you GP.

HAND HYGIENE IS THE SINGLE MOST EFFECTIVE WAY TO STOP THE SPREAD OF GERMS.

HAND HYGIENE IS EVERYONES RESPONSIBILITY

WASH HANDS REGULARLY



SPORTS NEWS

ST MARYS SPORTS AND SOCIAL CLUB

Opening hours: Thursday 5.30 - 7.30 Friday 5.30 - 8.30
Saturday before and after golf
Sunday 1-30 - 4.30

ANNUAL GENERAL MEETING Thanks to all who attended the AGM. I am pleased to announce that all Committee members were elected unopposed.

President Bobby Harwood

Treasurer Jim Turner

Secretary Annette Wines.

A big thank you to outgoing committee members; Troy Dawson, Rod Weyer and Nikki Viney. Welcome to new members Tamatha Grose, Caroline Craghill and Ingrid Mitchell. Roger Donald, Mark Carrick and Jacquie Bianchi were all re-elected. Congratulations to John McDonald and Rodney McGiveron who have both been awarded life membership for the support and dedication they have given the club over many years.

BOWLS AGM This Friday July 4th at 7pm. Please bowlers can you attend?

GOLF NEWS Unfortunately the weather won out last week so no golf. The previous week was all par three's and won by Tracker. Tee off each Saturday is at 12.30, with something different to offer. Why not come down for some fun, a few drinks and a sav or pie after the game?

Bobby is giving lessons to some ladies at the moment so please give her a call if you would like to see ladies golf up and running again. 6372 2445 or 0409 958 013

JAG THE JOKER AND MEMBERS DRAW Kevie Faulkner won the \$20 for Jag the Joker last week however he missed out on the big money. Jackpot is now around the \$300 mark.

Sorry Christine, one of the few weeks you weren't at the club your number came up, WOULDN'T YOU KNOW IT!

FRIDAY NIGHT MEALS We are pleased to announce that Fridays 4th & 11th July we will be offering good value meals between 6pm and 8pm. We are fortunate to have Chef Gerhard Rist offer his services and hope the community will support this new venture. The following two Fridays we will be catering for private functions, however Gerhard will be back in August. The meal of the night will be advertised on the Post Office notice board, don't forget to check it out and make a booking. Bookings are essential.(0409 958 013)

CHRISTMAS IN JULY Family fun night! Great 3-course meal, games and gifts for the kids.

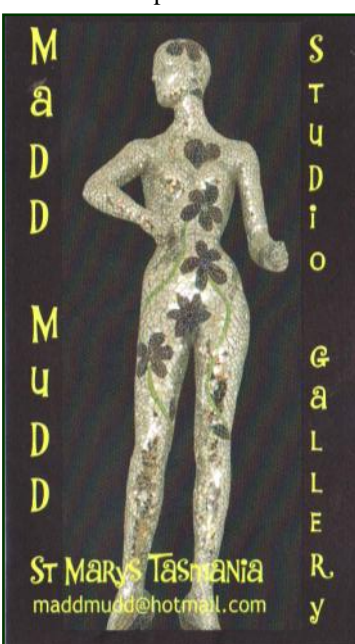
BOOKINGS ESSENTIAL. 5.30 FOR 6pm START, NOT 6.30 FOR 7pm AS PREVIOUSLY ADVERTISED. (0417 010 648)

Annette Wines, Secretary

30 June 2014 Guy Barnett, Liberal Member for Lyons

St Helens and St Marys District High Schools Extending To Year 11 and 12

As Liberal Member for Lyons, I welcome the Government's announcement that St Helens and St Marys District High Schools will extend to Years 11 and 12 from 2015. This is fantastic news for the Fingal Valley and East Coast and another example of the Liberal Government delivering on its election commitments.



The Liberals went to the election with a clear plan to invest an extra \$45m in extending high schools in regional and rural areas to Year 11 and 12. This announcement represents a significant first step toward our commitment to extend 21 high schools in rural and regional areas to Year 12 in our first 4 years in office.

Last week's announcement that six schools, including St Helens and St Marys District High Schools, will extend from 2015 is an important first step in the Government's commitment to improving education, training and skills qualifications.

Under the Liberal Plan, young Tasmanians, in regional areas such as the Fingal Valley and East Coast, can develop the skills necessary to participate in the modern economy and reach their personal potential within their own communities.

St Marys and St Helens (working in partnership) will be provided with a minimum 1.5 full-time-equivalent staff to manage the Year 11 and 12 program and be resourced to hire up to five new teachers, depending on student enrolments. Schools will receive the same amount of funding for every enrolled student as colleges receive. Schools will also receive a one-off payment of \$10,000 to support staff mentoring relationships with neighbouring colleges.

Students will be able to choose classes from essentials like maths, science and English, to career oriented classes including business studies or a VET Certificate. Extending these schools to Year 11 and 12 will provide more choices for students and improve retention rates. The Liberal Government believes in education and is taking concrete steps to invest in our children's future.



ST MARYS IGA SUPERMARKET

**In the centre of town, at
the heart of the community**

38 Main Street
Ph/Fax 6372 2240 Butcher 6372 2274
Monday to Friday 8-6 Saturday 8-12



Specials from 2nd - 8th July 2014

<i>Butchery</i>	<i>per kg</i>
Nichols whole bagged bird	4.99
Porterhouse steak	16.99
Roast beef	9.99
Silverside	6.99
Lamb loin chops	15.99
<i>Cool room/Freezer</i>	
Devondale shredded cheese 600g	5.99
Tablelands margarine spread 500g	1.39
McCain Family pizza 500g	4.99
I&J fish fillets 570g	6.99
Peters choc wedge 8pk/billabong 10pk	4.99
<i>Only \$1.99ea</i>	
Arnotts cream biscuits 250g	
Devondale long life milk 2L	
Earth Choice dishwashing liquid 500ml	
Greens traditional cake/muffin mix 330-500g	
Asian home gourmet soup 140g	

Specials from 9th - 15th July 2014

<i>Butchery</i>	<i>per kg</i>
Rump steak	10.99
Ingham chicken wings	2.99
Beef stir fry strips	14.99
Smoked bacon hocks/bones	7.99
Forequarter lamb chops	9.99
<i>Shelves</i>	
Sorbent toilet tissue 24pk	9.99
Chum canned dog food 700g	1.49
Arnotts Plain sweet biscuits 250g	1.49
Sunsilk shamp/cond 200ml	2.99
Maggi cup noodles 58-68g	.99
<i>Sweet Tooth?</i>	
Cadbury share pack 168-240g	2.49
Cadbury family blocks 210-220g	2.49
Starburst confectionery 170-180g	1.39
Sour patch kids share pack 210g	2.49
Cadbury medium bars 30-60g	.99

Corned beef



- 1.5kg piece corned silverside, rinsed
- 1 onion, studded with 6 cloves
- 1 stalk celery, chopped, leaves included
- 1 carrot, coarsely chopped
- 1 clove garlic, halved
- 2 bay leaves
- 1 teaspoon black peppercorns
- 750g small chat potatoes, washed
- 1 bunch Dutch (baby) carrots, peeled
- 1 bunch baby turnips (see notes)
- 250g baby green beans, trimmed
- 50g butter, chopped
- 25g plain flour
- 1/4 cup (60ml) pouring cream
- 1/3 cup chopped flat-leaf parsley
- 1 1/2 tablespoons wholegrain mustard

Place meat in a large saucepan, add enough water to cover and bring to the boil. Drain. Wipe pan clean and return meat with studded onion, celery, carrot, garlic, bay leaves, peppercorns and enough water to cover by 5cm. Simmer, partially covered, over medium heat for 2 hours or until meat is tender. Set aside.

Strain a third of the cooking liquid into a clean saucepan and bring to the boil over medium heat. Add potatoes and cook for 5 minutes, then add carrots and turnips and cook for 3 minutes. Add green beans and cook for 3 minutes, then drain. Return vegetables to pan. Add half the butter and season to taste.

Heat remaining butter in a pan over low-medium heat. Stir in flour. Remove from heat. Gradually stir in 2 cups strained cooking liquid. Return to heat and stir until mixture boils and thickens. Add cream and bring to the boil. Add parsley and mustard. Remove meat from cooking liquid and slice. Serve with vegetables and sauce

Printed and published by
**THE VALLEY AND EAST
COAST VOICE INC.**
12 GROOM STREET
ST MARYS TAS 7215.

