



The Valley and East Coast Voice Inc. \$1

valleyvoice.com.au

Established 1968 Vol 47.14 November 6th 2014
The deadline for 47.15 is 5pm November 17th 2014

Please note new phone numbers for St Marys Community Health Centre - 6387 5555
and St Helens District Hospital - 6387 5570 Fax numbers remain the same



Getting ready for the Pathways to Prosperity Roadshow are Steve Walley (BEC), Garry Pannam (EC Village Providore), Dinna McGuinness (BEC Board Chairperson), Peter Haworth (BEC Board Member), Jamie Henderson (St Helens Bait and Tackle) and Nick Crawford (BEC Manager).
Article on page 10

Rev Helen Phillip and Rev Alexander Withers
Blessing of the Fleet in St Helens on October 26th 2014 page 11

- GET newsletter** page 8
- Aquatic Centre Trip Invitation** page 13
- AMIC newsletter** page 13
- East Coast RC Flyers News - November 2014** page 27
- Results of St Marys Pacing Club AGM** page 28
- St Marys District High School newsletter** pages 18 and 19
- St Marys Cricket Club report** page 28

An Irish Blessing

Dedicated to our long time resident Maisie, who has turned one hundred

*May the sun always shine on your window pane.
May a rainbow be certain to follow each rain.
May the hand of a friend always be near you.
May God fill your heart with gladness to cheer you.*

*Happy Happy Birthday Maisie
From all Members Of the
Break O'Day Woodcraft Guild*

Aquatic Centre Trip Invitation (AMIC) - November 8th
GET Cocktail Evening - November 14th
BEC workshops - November 18th, 19th, 20th and 21st
Bicheno Food and Wine Festival - November 22nd
Christmas Carols in the Park, Avoca - December 20th

Community Groups

AA St Helens (Alcoholics Anonymous) meet Wednesdays 8pm at St Paul's Anglican Church hall, St Helens. Call Murdoch on 6376 3335.

AA St Marys (Alcoholics Anonymous) meet Fridays 7pm at Holy Trinity. Call Mick or Shirl 6372 2909.

AI Anon St Helens (Family Group) meet 2pm Sundays at St Paul's Anglican Church Hall St Helens. Call Anne or John on 6376 4270 / Rose on 6376 3335.

Beumaris Swap Markets are held monthly on the 1st Sundays at Beumaris Park from 11-1pm. Plastic bag free, gold coin donation per stall (bookings required). Call Laura on 6372 5687.

BINGO at the Cornwall Hall Mondays at 7pm, 2 jack-pots each week. All welcome.

Break O'Day Regional Arts meet monthly on the 1st Tuesday in the Supper Room at St Marys Community Hall, 4pm. **RAYC** Regional Arts Youth Company for school aged children is on Thursdays 3.30-5pm. Session cost \$5 or \$40 p/10 week term. All welcome. Michelle on 0407 046 865. e: bodregionalarts@gmail.com

The B.O.D. Stitchers meet each Friday 10-3pm at the Neighbourhood House Bungalow in St Helens.

The **Break O'Day Woodcraft Guild Inc.** meet monthly on the last Thursday at 11am in the Goods Shed behind the St Marys Railway Station.

The **Chocolate Shop Singers** meet Thursdays 5pm at the Mt Elephant Fudge shop St Marys for informal and fun singing. Everyone welcome.

The **Cornwall Community Development Group Inc.** hold their general meetings on the 1st Tuesday every month. Hall hire available, please contact Raz or Deb on 6372 2261.

East Coast Community Transport, Jan Saunders, Community Hall, 23 Main Street, St Marys. 6372 2137.

The **Falmouth Community Centre** contact for booking club facilities is Cherrie Schier on 0417 887 941.

The **FVNH Op Shop** is happy to receive pre-loved clothing and goods weekdays 9-3. Donations can be collected on Mondays or items can be left at the Centre. Come along, check it out and pick up a bargain. Deb Speers for FVNH.

Gone Rustic Studio + Gallery 37 Main Street St Marys. Operation Cover-up meet on the 3rd Fridays monthly from 11-2, creating quilts and knitwear for those in need locally and overseas. \$5 donation towards quilt wadding; BYO lunch, cuppa included.

Greater Esk Tourism meet 7pm at Fingal Neighbourhood House on the 2nd Monday of each month, unless otherwise notified. 0412 425 666.

Meals on Wheels next meeting is on 20/11/14, held in the Community Health Centre St Marys. Lundy Vosper, Secretary. 0488 384 344

The **Scamander and Beaumaris Community Development Association** meet monthly on the 3rd Wednesday at 7pm in the Scamander Sports Complex.

Scamander Garden Club meet monthly on the 3rd Monday at 1.30pm in the Scamander Sports Complex. Enjoy sharing garden activities. Call Val on 6372 2762.

The St Helens Walking Group walk each Wednesday and 3rd Saturday monthly. New members are most welcome. Call Healthy House 6376 5242 or Bryan Edhouse 6376 3439 for info.

St Marys/Falmouth Playgroup is held 10:30-12:30 each Wednesday at the Falmouth Community Centre. Join us for only \$3 per family in a relaxed and friendly atmosphere for all the family. Tash Speers 0419 591 905 / Amy Faulkner 0417 152 337.

St Marys Hospital Auxiliary meet monthly on the 1st Monday at 2pm in the St Marys Community Health Centre.

St Marys Ladies' Midweek Tennis meet 9.30am each Wednesday. New players & beginners welcome. Child minding included - a lovely safe place to bring toddlers while you play. Karon 6372 2382 or Dana 6372 2033.

St Marys Markets are held monthly on the 1st Saturday at the St Marys Community Hall 9-1pm. Christmas may see a second market in the month - stay tuned for updates. Bookings or queries call Michael Smith (BODRArts) on 6372 2056 or 0407 046 865.

St Marys Online Access Centre, 23b Main Road St Marys. Mon to Fri 9.30-4.30 Sat 11-2. Ph 6372 2005.

The **St Marys Op Shop** (School Association) is open 10-4 weekdays and Market Saturdays 10-12.30. We are happy to receive ALL pre-loved items excluding electrical. SMALL donations can be left at the St Marys Newsagency. We do not hold goods. Please do not ask staff to put goods away for you for later payment. We do not have the room to store any goods. Payment is expected at the time of choosing your purchases. Please do not bring goods to the counter unless you intend to pay for them at that time. Janet Drummond - Coordinator 0404 562 320 for assistance. Check out the Facebook page

St Patricks Head & Esk Valley Historical Society Inc. meets every 2nd month on the 3rd Wednesday, 3pm at various venues. Barry 6372 2575 (aulich@bigpond.com) or Jim 6372 2127 (jimhaas@bigpond.com) www.fingalvalleyhistory.com

Stallholders' Market Inc. is a nfp organisation that holds markets on Saturdays 8-12 in the Portland Hall St Helens. e: sthelenmarket@yahoo.com.au

Suncoast Singers meet every Friday, 10am in the Catholic Hall Cecilia Street, St Helens. New singers welcome ... if you can talk, you can sing. Call Mary-Anne Wadsworth on 6376 2969.

The **Tasmanian Lymphoedema Centre Inc** meet monthly on the 3rd Monday at 10am in the St Marys Community Health Centre, Day Care Room.

Editor: Wendy Dawson
e: wdawson@valleyvoice.com.au
m: 0403 430 452
web: valleyvoice.com.au

Advertising rates for 2014:

- ◆ Business card ads \$15
- ◆ Intermediate ads \$18
- ◆ ¼ page ads \$25
- ◆ ½ page ads \$40
- ◆ Full page ads \$65

Community announcements are free. Private classified ads are free for two issues. Annual posted subscriptions are \$50.60 and annual online subscriptions are \$20.

Articles for publication may be left at the St Marys Pharmacy, posted to POB 230 St Marys 7215 or emailed. For online advertising, contact the Editor.

For Sale

Australian Geographic magazines - almost complete set starting from 1989, over 90 magazines including all maps, DVDs and yearbook. Great for grey nomads or anyone planning holidays. \$99. Leissa **6372 2686**

2.42m (8') Bailey **aluminium stepladder**, hardly used \$180. Ph Glyn, **0418 229 319**

Moo poo, any quantity, finely screened. Trailer load \$40, large trailer loads \$50-\$60, truck loads delivered. Ph Norm. **6372 2380**

Round bales, garden mulch or bedding, \$50ea, free delivery in St Marys area. **0407 944 158**

1 x One door two drawer **Mitsubish Electric refrigerator** in very good condition \$500. 2 x **electric bar heaters** \$30 and \$20. Large quantity of **Christmas decorations** good condition \$200. Call **6372 2797** (if no answer please leave a number and we will ring back)

Wanted

House cleaning work wanted, experienced lady with references, \$16 per hour. 0437 148 845

The next Council meeting will be held on Monday 17 November 2014 at 10am in the Council Chambers, Georges Bay Esplanade, St Helens. Minutes from Council meetings are available online.



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Community Notices

Notice of Annual General Meeting



The **Break O'Day Council** Annual General Meeting will be held in the Council Chambers, St Helens on Monday November 24th 2014 commencing 5pm.

John Brown, General Manager

Dear all,

Thank you for your input and comments during Council's review of its Dog Management policy.

At its October Workshop Council considered all your concerns, requests and suggestions. At its following meeting, Council adopted the attached draft policy; for further public submissions as required by the Dog Control Act for the policy and Declared areas. A public notice appeared in the Examiner yesterday.

Figuring highly amongst your input were concerns and needs to do with enforcement, compliance and community awareness, information and education. Council has heard those calls and the draft policy includes a small addition to the Code (section 2) to acknowledge Council has a responsibility in dealing with non-compliance. Those matters are however largely about implementing and operating the policy and will be taken up by Council in future, and hopefully with continuing cooperation across the community and collaboration with partners.

There were also many issues raised for dog access at specific beaches and locations. A number of changes are shown in the attached draft policy. Council has sought to balance the need for public health and safety, wildlife conservation, dog access to beaches and to make compliance and implementation more practical.

Key changes include:

- ◆ extending the seasonal restrictions on many beaches to include October
- ◆ restricted and prohibited areas (many due to the season change above) on Taylors, Binalong Bay, Maurouard, Dianas, Scamander, Four Mile Creek, Chain of Lagoons and Seymour beaches
- ◆ a new off-lead area on Four Mile Creek beach
- ◆ provision to use anywhere fences and signs from time to time to prohibit dogs (primarily to protect nesting shorebirds, such as at Scamander now)

Submissions are invited on the text of the Draft Dog Management Policy 2014 and changes to the Declared areas, shown on the included maps. Submissions need to be made by 16 November 2014; the final policy can then be considered by Council during December.

The draft policy, along with the current one, is available on Council's website at bodc.tas.gov.au/development/animals/dog-management-policy

Polly Buchhorn

NRM Facilitator | Break O'Day Council

t: 03 6376 7900 | f: 03 6376 1551 | m: 0459 678 200

e: polly.buchhorn@bodc.tas.gov.au | w: www.bodc.tas.gov.au

32-34 Georges Bay Esplanade, St Helens 7216

Community Notices

St Marys Association for Community Development Inc. Annual General Meeting

The SMACD Annual General Meeting association will be held at the St Marys Online Access Centre, 23b Main Street, St Marys on Friday the November 21st 2014 commencing 2pm. All members of the public are most welcomed to attend. Paul Byard, Public Officer

The **St Marys Memorial Services Association** will commemorate with a brief service on **Remembrance Day**, the 11th November at the St Marys Cenotaph starting at 10.45am. All welcome. For further information please ring Wendy or Reon on 6372 2094

ST HELENS / ST MARYS COMMUNITY BANK®

The Acting Chairman of the St Helens / St Marys Community Bank® Steering Committee, David Llewellyn, has welcomed local businessman Andrew MacGregor to the role of Chairman of the Committee.

Mr. MacGregor has said that he welcomes the opportunity to be part of what he sees as a very positive development for the local community and expressed appreciation for the strong foundations put in place by previous Steering Committee chairs Heather Butler and David Llewellyn.

The Steering Committee strongly believes Mr. MacGregor's broad experience in business and Local Government will prove invaluable through the final stages of planning and development and the launching of the St Helens and St Marys Community Bank®.

Mr MacGregor said that he was proud to be able to assist with the development of the Community Bank® and also advised that he is very keen to be involved in the distribution of funds to the local community. He said that, based on the experience of other Community Banks® already established in Tasmania, it was not unrealistic to expect that the St Helens / St Marys Community Bank® would be very successful. 305 Community Bank® branches across Australia have now put back \$130 million into their communities over the last 16 years.

Mr MacGregor gave examples of projects assisted by other Community Banks® in Tasmania including the purchase of a community bus, funding for medical centres, ongoing work with school aged children, funding for the Bravehearts program, sponsorship of sporting clubs, scholarships and funding for machinery for Men's Sheds.

The Community Bank® Steering Committee believes that it can achieve all required benchmarks by the end of 2014, and that the required Community Survey will be undertaken early in 2015. This being the case, the Prospectus should be available by mid-2015, and the St. Helens and St. Mary's Community Bank® should be up and running in late 2015, and ready to provide a full-suite of banking services.

Anyone wishing to pledge support of the Community Bank® can pick up (non-binding) pledge forms at Eastlines in St Helens or at the St Marys Post Office. e: roger.harlow@antmail.com.au
Pledges reflect Community Support for the Community Bank initiative.

Letters to the Editor

Dear Editor

Recently we have experienced something odd happening with our mobile phone. Late one evening a text message came with the subject "Free MSG". My husband opened it, being curious as one does, and was informed the call had just cost us \$10!! We had no idea who sent the message, but our Telstra bill arrived a few days later and showed details of the \$10 charge, once again we did not know who the charge was for apart from it being a 'Third Party Purchase'. We have made no such purchase with the company listed and don't know how they had our phone number.

A long phone call to Telstra, with an employee who couldn't have been more helpful, ended up with the charge being refunded to us and future unknown callers blocked on our phone. Unfortunately yesterday another SMS message was received, once again late at night, with the same message but this time to inform us we now owed them \$30! In case this is just another one of the scams which seem to plague us these days, details are below, as per our Telstra account.

Third Party Purchases:

Date	Time	Description	Qty	Provider *
7 Oct	11.39 PM	DealShack	1	MIA Pty Ltd.
\$10.00				

*Any third party trade marks appearing in this bill are the trade marks of the relevant third parties.

Provider	ABN	Contact
MIA Pty.Ltd.	35 094 069 726	1300724406

David made contact with this company and a recording said someone would return his call in two working days! He decided to ring Telstra again instead and was fortunate enough to get in touch with the same employee as before. She rang the company herself and they have agreed to cancel the charges and not make any further calls.

A further SMS message was received while David was still on the line to Telstra, he was advised to open it, and the company notified they would no longer be charging us. We hope.

In future if we do receive a text message marked "Free MSG" it will be ignored.

By the way, we don't have a smart phone or anything highly technical, just an ordinary mobile which we've had for years. Once again we must stress just how co-operative and helpful Telstra have been.

Toni & David Brewster, Chain of Lagoons

To "The Cagerattler"

Dear Sir,

I think the comments you directed to a "person you really like and respect" in the last issue of the Valley Voice were in very poor taste. A quiet word in the newsagency at the time would have sufficed. It's very poor form to use your column to berate members of the community.

There are a thousand far more important and pressing issues that you could be addressing other than minor personal grievances.

Jill Swann, St Marys

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Letters to the Editor

Dear Editor

In recent months my husband and I have required assistance from our local volunteer ambulance team, and the staff at St Marys Hospital, more times than we ever would have imagined.

While we have always appreciated the incredible contribution made to our community by these amazing people, you don't really stop to think about their true worth unless you find yourself needing help.

Our ambulance personnel are all volunteers and give their time so selflessly to help us all. Having a quiet night with their families or friends; watching the football or simply having an early night can never be guaranteed. My husband needed emergency transfer to Launceston recently just as the footy was about to start. Did anyone complain? Absolutely not.

Ian and Sally cared for him with great professionalism and good grace about their Friday night being interrupted. They constantly reassured us they were happy to help out, and quickly dispersed the guilt we felt. Despite being busy people, they go home after work anticipating they will have people to care for after hours as well – without a second thought.

As for Doctor Latt and the incredible staff at our local hospital, words are simply not enough. We are blessed with wonderful people who are exceptional in their skills and care of their patients – and just perhaps we could be a little guilty of taking it all for granted.

My experiences have reminded me that our St Marys Community Health Centre/Hospital is the most valuable resource we have in our region and in return perhaps we owe it to them to show our support.

Budget restraints make it difficult for any public facility and while, like many others, I'm not in a position to contribute in a substantial financial sense, I certainly can give a little time by supporting the hospital auxiliary in their fundraising efforts.

There are so many little extras the Hospital Auxiliary helps to fund to make every working day a little easier for the staff, and to help patients with their recovery or treatment. They have a small team who give their time to sell raffle tickets in the hope they can make a real difference in providing equipment and furnishings to make us all more comfortable.

I do hope everyone can see good reason to give their full support.

Thank you to a very special group of people who care for us all.

Jan Saunders, St Marys

Dear Editor

Just wanted to share some amazing news for our community in St Marys ... the ladies who participated in the Stepping Out Program recently have become the State Winners of the video entry in the 26TEN - Tasmania's campaign on adult literacy! What an incredible and amazing gift these people bring to our community - please visit the website and check out their video.

This is the second time - yes, the second time - our town

has produced a winner in a Tasmania wide competition!

This is such an amazing story for our community and more importantly an amazing journey that these incredible women have bravely stepped out and into! They are indeed worthy of all the praise they should be getting!

Marie Owens, St Marys



More information available for Senator Lambie

October 27, 2014

FEDERAL Lyons MP Eric Hutchinson is disappointed that Tasmanian Senator Jacqui Lambie seems confused about the benefit of proposed national higher education reforms to the State.

Mr Hutchinson said that he would be happy to provide Senator Lambie with more information about the proposed reforms which are going to work in Tasmania's favour not against it.

The Palmer United Party Tasmanian Senator said at the weekend that she did not want special deals on education for individual states and that the Government should be ashamed of proposing to deregulate university fees. But Mr Hutchinson said that the reforms were particularly positive for Tasmania.

"The University of Tasmania as the state's only university is in a wonderful position to compete nationally (post deregulation)," Mr Hutchinson said. "It is an outstanding university which has the benefit of being able to attract research at the top academic level."

Mr Hutchinson said that the proposed reforms would particularly benefit Tasmania's North-West region which Senator Lambie represents.

"The Federal Government has plans to expand the Higher Education Loan Plan (HELP) - formerly HECS - to sub bachelor and diploma courses which will be of real benefit to many students in North-West Tasmania," Mr Hutchinson said. "It means that there will be more opportunity for young people to go onto higher education, not less."

Mr Hutchinson said that it was important that Government's higher education reforms were passed.

"They will be of real benefit to the people of Tasmania and dovetail nicely into what the State Government is doing in terms of high schools and secondary colleges," he said.

"I hope that Senator Lambie sees that. The University of Tasmania has a monopoly on the market in the State – no other university in Australia is in a better position in a deregulated market than the University of Tasmania."



On this day in 1850, Hawaii celebrated its first Fire Engine acquisition



You're Invited

Greater Esk Tourism is presenting a
**Cocktail Evening for Local Business and Tourism
Operators**

Incorporating our Photographic competition.

*Vote for the People's Choice Award
and attend the launch of local author
Lorraine Townsend,
author of 'I was born in Toongabbie'
and 'Heaven's Special Mum'*

Date: Friday November 14th 2014

Time: 5:30 for 6pm start

Cost: \$10 per person

Location: Purple Possum Café & Gallery
5 Story Street St Marys, Tasmania 7215

RSVP: November 10th 2014

0412 425 666

e: addlestone@bigpond.com

Smart casual dress

Light refreshments will be provided

***Come along and meet everyone in the Fingal Valleys of
Adventure***



Lorraine Townsend is an Australian author.

With a love that has stood the test of time, Lorraine wrote two very revealing books about her parents which are both humorous and dramatic in content, capturing the times and events of their lives.

“Heaven’s Special Mum” and

“I was born in Toongabbie”

Meet Lorraine at the

GET Cocktail Evening

Friday 14th November 2014

Disclaimer: Many thanks to contributors to this mini-newsletter. Articles always welcome but no responsibility is accepted for the accuracy of information.



The Say...by Cagerattler

Sometimes, out of the blue, a topic just happens. My friend in the USA, Louis, was telling me about the Star Spangled Banner and national anthem because I asked about the original flag. He gave me some intriguing information which was indeed interesting. I then began to look at our own flag in more detail than ever before and I became blown away about what it means. The Southern Cross is/was used because this star cluster can be seen anywhere in our country and was an important navigation point for early explorers. The Union Jack is there so that we recall our British Isles history that led to the country we call home, and the large star on the flag is the Commonwealth Star (also known as the Federation Star). It is a seven pointed star to recognise the six founding States and the Northern Territory (at time of Federation in 1901). We frequently hear, see or read debate on whether our flag, the Southern Cross, needs replacing. Why? It surely does not need replacing, nothing needs removing because each of the three main components - the star cluster, the Union Jack and the Commonwealth Star - are all about where we come from. However, there has to be an addition one day to our banner; we need to recognise the Indigenous ancestors, not separately but jointly on the flag. Is this not feasible and if not why not?

Another detail of our flag relates directly to the star cluster. Have a look at the four larger stars and the smaller fifth one and you'll see that they vary in points. The reason for this is solely for their magnitude (brightness) in the night sky. The more points depicted relates to their brightness. How cool is that? I'd love to see how many different opinions we have about our flag, seeing how emotive this is.

On the Anthem ... Advance Australia Fair. Personally I love our anthem but as I told Louis, I'd love it more if we used the second verse more often because the lyrics contained are pretty important. When New Zealand's anthem is played (pretty good too by the way) they sing it in English and Maori, and takes much longer than the first verse of Advance Australia Fair. I think we should sing both verses of the anthem to pay due respect.

However ... after all this I'd forgotten a very special song written in 1982 that many consider to be our unofficial national anthem (along with Waltzing Matilda) ... the song was written by Iva Davies of Icehouse and is called *Great Southern Land*. I defy any Australian not to feel pride and like this song. Then there's *True Blue* by John Williamson, and *I am, You are, We are Australian* and if you thought about it there are at least five/six classic songs that tell about Australia. E.g. *Treaty, Sounds of Then, Beds are Burning, Solid Rock, I Was Only 19, My Island Home* ... all very very clearly Australian. There's lots more, but *Great Southern Land* does it for me as a truly iconic song of our country. As stated above, this all came from a couple of emails between two people about 20,000 kilometers apart, but I'd like to find out what people think about our flag and song or songs ... literally this time. What do you think? Tell me ...

Rod McGiveron, St Marys

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Pathways to Prosperity Roadshow

Are you ready to make more of your business?

The Break O'Day Business Enterprise Centre's Pathways to Prosperity Roadshow is a must attend free event, rolling out along the East Coast throughout November.

Mr Nick Crawford, Manager of the Break O'Day Business Enterprise Centre said, "Our Roadshow event represents a rare opportunity for business operators to engage with world class presenters, right here on our door step".

Presenters will cover a broad range of topics including:

- ◆ being China ready
- ◆ gaining a marketing edge
- ◆ customer service
- ◆ technology and social media
- ◆ risk management
- ◆ insurance
- ◆ basic accounting
- ◆ fund sourcing

Commencing at Tidal Waters, St Helens on Tuesday 18th and Wednesday 19th November, the Roadshow moves to The Beachfront, Bicheno on Thursday 20th and finishes at the Village, Triabunna on Friday 21st.

For details of the full program go to smallbusiness.org.au or call Nick on 6376 2044.

Small Business Minister to visit St Helens

LYONS MP Eric Hutchinson is bringing Federal Small Business Minister Bruce Billson to St Helens to meet the East Coast business community, in November. Mr Billson will be special guest at St Helens at a business breakfast with Mr Hutchinson on November 12th. Mr Hutchinson said that he was delighted to have the opportunity to introduce Mr Billson to the East Coast business community.



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WE KNOW THAT SENIOR CITIZENS
LOVE HAVING FUN



So calling all Senior Citizens
Come along to our bbq and fun day at
Cerise Brook Orchard
Wednesday 12th November
11am – 1pm
Join in a Sing-along with Mary-anne;
Play a game of pitch'n'putt
Please RSVP for catering purposes
and if you require transport
Tel.: 6376 1134



On 26 October the St Helens community celebrated the 57th Blessing of the Fleet

The St Helens Marine Rescue graciously allowed the use of their building to accommodate the Service due to the inclement weather.

Mrs Jovita Walsh opened the service, lead by Rev Alexander Withers, with the song 'Home, Home from the Sea'.

Community members joined with members of the fishing fleet to thank God for the provision of the produce retrieved, and to ask for protection as they go about their work on the high seas.

Rev Helen Phillips from the Anglican Parish of Howrah reminded us of family activities and memories that happen around 'a charcoal fire' - like Jesus and His disciples the night after a fruitless catch.

Jesus told them to drop their nets on the other side and a huge catch resulted in their obedience.

The weather brightened up just at the right time for wreaths to be placed from the wharf as we remembered those who had been lost at sea.

Mrs Walsh sang her second song "Amazing Grace" accompanied by those attending.

Donations of \$155 were made to the Marine Rescue as they every day keep a vigil for us all on the waters of the NE - the people who use the sea for commercial or recreational purposes.

Contributed by Carole Withers

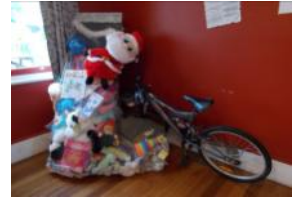
Photographs
by Janet Drummond



FINGAL VALLEY
NEIGHBOURHOOD HOUSE
INC

CHRISTMAS RAFFLE 2014

- 1st Prize - Christmas Stocking
- 2nd Prize - Kids Bike
- 3rd Prize - Christmas Nibbles Package



TICKETS - 3/\$2 or 1/\$1

DRAWN December 23rd 2014 at Fingal Valley

TICKETS AVAILABLE at Neighbourhood House, Fingal IGA Store, Fingal Post Office, St Marys IGA, St Marys Post Office, Avoca General Store, Mathinna Club

Invitation from the FINGAL VALLEY NEIGHBOURHOOD HOUSE INC 20 Talbot St Fingal

Management Consultant Malcolm MacDonald is holding a discussion at the FVNH on Friday November 14th 2014 from 10am - 12pm

Subject: Revitalising Fingal and putting
N-E-I-G-H-B-O-U-R-H-O-O-D

back into Fingal Valley Neighbourhood House!

What an exciting, enduring project!

Your contribution is important. We encourage you to come along with your ideas to make us proud of the town we call home.

We look forward to your participation. If you cannot attend but would like to be kept informed, please call the House on **6374 2344**



SUPPORTED BY

Tasmanian
Government

*FVNH receives funding from the
Crown, through Department of
Health and Human Services*

Mrs Jovita Walsh



Westbury named by Keep Australia Beautiful as Tasmania's Tidy Town for 2014

Selina Bryan

Keep Australia Beautiful has recognised Westbury at an awards ceremony in Sheffield.

In preparing their entry schools, businesses and community groups banded together to promote Westbury and improve its appeal for visitors. Resident Di Robinson helped organise the entry and drove improvements to the Westbury Common.

"I believed that this was the crown that Westbury just needed for a little bit more confidence to work together more and to achieve these kind of projects," she said.

"To get the recognition that Westbury truly deserves, because as a town that's bypassed you have to work really hard and we've got a wealth of assets."

The community driven approach was recognised by Justice Barrie Muir.

"The importance of a community and its working together is just so much and in Westbury it really was really, really good," he said. "A lot of people see Keep Australia Beautiful as litter-based, or as recycling or environmentally. They're important but what's important that I see, that I've seen each year I've gone around, is the person side of it, the things that people do."

The Meander Valley Mayor Craig said it united the town.

"Westbury's a town with a lot of small community groups and organisations and they don't always talk together, not in a bad way but just going off and doing their own thing," Cr Perkins said. "An event such as this and organising a submission into the Tidy Towns actually brings that together and shows the complete picture."

For the second time in three years, Launceston has been awarded the top prize in the Sustainable Cities section.

Mr Muir said Launceston had not rested on its laurels since its 2012 success.

"Launceston I think in some ways is underrated, I think people take a lot of things for granted with Launceston," he said.

"Its parks and its gardens are second to none, they're outstanding."

The promotion of active lifestyles was also recognised.

"Health and wellbeing for Launceston is huge. I mean when you've got the council, the university and other areas running health and wellbeing programs it's great," Mr Muir said.

Trevor Galbraith, from the Launceston City Council, said the community was engaged in improving the city.

"Launceston's a very attractive city with a lot of heritage, there's a lot of heritage buildings in the city," he said. "And we're very environmental focussed and there are a lot of community groups and community gardens."

Richardsons Beach at Freycinet on the East Coast also received accolades for the way infrastructure has been built with minimal impact on the natural environment.

The Tasmanian winners will compete against interstate towns and cities for the national prize.

[abc.net.au/news/2014-10-24/westbury-named-tasmania-tidiest-town-by-keep-australia-beautiful/5840782?](http://abc.net.au/news/2014-10-24/westbury-named-tasmania-tidiest-town-by-keep-australia-beautiful/5840782?WT.ac=statenews_tas)

[WT.ac=statenews_tas](http://www.wt.ac=statenews_tas)



Federal tourism figures 'misleading and damaging' to Tasmania

By Jane Ryan

Tasmania's tourism industry says Federal Government figures showing a slump in the number of interstate visitors to the state are misleading and damaging. Australian Trade Commission (Austrade) operated Tourism Research Australia [published its annual State of the Industry report this week](#), claiming the number of interstate visitors to Tasmania fell by more than 5% in the year to June.

It said domestic overnight trips fell in Tasmania (down 5.4% to 2.1m visitors) as a result of a sharp fall in interstate visitors, down 15.3 per cent to 888,000 visitors.

Tourism Tasmania [research for the same period](#) shows the number of interstate visitors went up.

It said the total number of interstate visitors to Tasmania for the year ending June 2014 was 909,900, up 8% from 839,300 the previous year.

Tourism Industry Council of Tasmania CEO Luke Martin said the national survey conducted in Sydney was inaccurate, and had the potential to damage investor confidence.

"We want people to be taking a serious look at the potential for Tasmania as an investment opportunity," he said. "The Government's got its expression of interest out for natural tourism developments and when people pick up and show this kind of absolutely skewed and misleading data on visitor numbers at a national level it sends the wrong message and creates confusion."

Mr Martin said Tasmania's tourist industry was booming.

"The image out in the Australian tourism industry is that Tasmania's the leading star, that is the reality," he said. "We have, according to our data, 10% growth, and some of the most exciting tourism products in the country."

Continued page 13



Avoca Museum and
Information Centre
Old School Building
AVOCA TASMANIA 7213



Aquatic Centre Trip Invitation

To all Rossarden & Friends Kids Christmas Group members and families, Avoca, Rossarden and Royal George families:
unfortunately the bus was unavailable so the previous date could not happen.

However, **Saturday November 8th** has now been booked

So pack your bathers and towel, a drink and nibbles and be at the Avoca Roadhouse at 10am for the pick-up.

Picnic lunch at the Tailrace Reserve, the bus and pool entry, including unlimited water slides
all supplied thanks to Northern Midlands Council sponsorship.

Plan to arrive back by 5pm.

RSVP immediately to Sandi-Lee 0438 842 311



Rossarden & Friends Kids Christmas Inc.

A.B.N. - 32 740 485 277

Christmas Party

December 14th at the Primary School

Put the date in your diary now!

Parent contributions to Leesa or Helen before
December 1st 2014 to ensure
your child's inclusion.

Christmas Carols in the Park
Saturday 20th December



A Hive of Activity
42 members of the
St Helens Probus Club
enjoy morning tea at the
Avoca Museum & Information
Centre before visiting the beautiful
Benham garden.



*The next AMIC Market is **Saturday November 15th 2014** in the park. If the weather is bad the market will be held in the hall. Contact Steve **6384 2188** or Prue **6384 2119** for a stall*

Mr Martin called on Tourism Research Australia to use Tasmanian data in its reporting, not the results of the National Visitor Survey. He said data collection methods for Australia's only national tourism survey were inaccurate.

"The reality is the Tasmanian data is a far better sample and a far more accurate snapshot of how the industry's performing," he said. "Unfortunately, the method they're using for national figures is giving a misleading picture of how the industry is performing. Particularly to investors and to people looking at investing in Tasmania. The National Visitor Survey is analysing very small samples of data in Sydney and you get massive variations. Whereas the Tasmanian visitor survey data measures people as they leave the state, so it's a far more accurate snap-shop of actual performance."

A footnote published next to the State of the Industry domestic visitor numbers states "the National Visitor Survey results are based on a new dual frame interviewing methodology, causing a break in series. Consequently, readers should use the domestic tourism comparisons with caution".

Austrade was contacted for comment. A State Government spokeswoman said it was aware of the problem. She said the state budget includes \$16m, in additional funding for tourism marketing. It expected that investment would assist the state to reach the target of attracting 1.5m visitors to Tasmania by 2020, which the tourism industry says will create 8,000 new jobs.

abc.net.au/news/2014-10-31/federal-tourism-figures-27misleading-and-damaging27-to-tasman/5857004?WT.ac=localnews_hobarthttp://www

Tasmanian farmers and environmentalists team up to eradicate feral cat threat

Farmers and environmentalists in northern Tasmania are teaming up to eradicate feral cats blamed for killing more than 20 billion native Australian animals a year, as well as threatening livestock.

The "effective" eradication of feral cats has been named a priority by Environment Minister Greg Hunt, under a new 10-year plan.

But feral cats are not only wiping out native wildlife populations. Farmers report the cats are also killing their livestock.

Tasmanian sheep farmer Bruce Young says the diseases the feral cats carry are having devastating consequences.

Mr Young has raised lambs on his property for 40 years.

But now the parasite toxoplasmosis, spread by feral cats, means he is losing many of those lambs before they are born.

"We had a lot of ewes abort from about middle pregnancy up until lambing around August 10," he said.

"This year we think we are back 500 lambs due to toxoplasmosis and 500 lambs at \$120 [each] is not difficult to work out."

Feral cats spreading disease: abc.net.au/news/2014-11-02/farmers-environmentalists-team-up-to-fight-feral-cat-threat/5839920



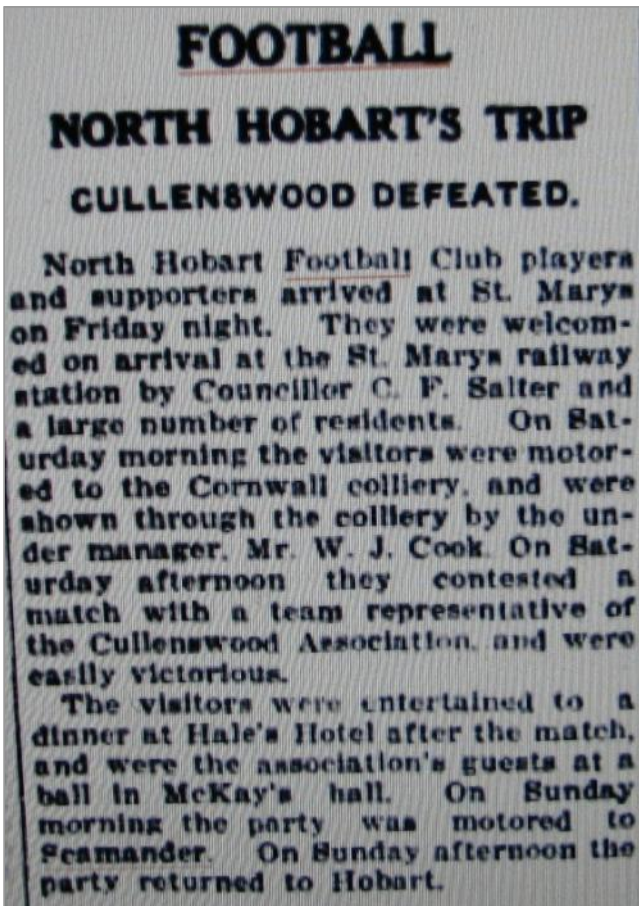
A Helping Hand

When we feel strong and well, it is easy to forget about our own frailties and also the misfortunes, troubles and sickness of others. We are only as strong as is our compassion for those who are weak. For in strength must come the power of understanding and wisdom to act with gentleness and kind concern for those who are not able to help themselves.

It is in the ability to empathize that we show true insight and in the ability to aid. And that we show our real gifts.

These are the real hallmarks of true compassion. And strength.

Christopher Hurd, Cornwall



Wednesday October 30th 1935

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Minimising the incidence and impact of cancer on all Tasmanians

Authority to raise funds for Cancer Council Tasmania

I am pleased to confirm that Tina Walters is raising money on behalf of Cancer Council Tasmania from 1st April, 2014-31st March 2015 with her 'Tina fights against Breast Cancer' fundraisers including raffles, a car boot sale and Christmas Pageant.

This letter serves as an authority for Tina Walters to raise funds for Cancer Council Tasmania from 1st April, 2014 -31st March, 2015.

Cancer Council Tasmania is a not-for-profit organisation that relies on the community to raise valuable funds to assist with its mission of minimising the impact of cancer on all Tasmanians.

Any assistance that you can provide for Tina's fundraisers will be greatly appreciated.

If you have any queries please do not hesitate to contact me on 6341 8404 or email rtownsend@cancertas.org.au.

Yours sincerely,

Rebecca Townsend
Fundraising Officer

7th April, 2014

Hobart

184 Collins Street
Hobart, 7000
03 6212 5700

Launceston

69 Howick Street
Launceston, 7250
03 6341 8400

Ulverstone

50 Victoria Street
Ulverstone, 7315
03 6434 6363

GPO Box 1624
Hobart TAS 7001
Fax: 03 6212 5720
ABN 27685250740
www.cancertas.org.au

Excerpts from genuine undergraduate history essays across Australia. Compiled by Professor Neve R. Stenning-Stihl, here is Australian history as you've never known it:

'In the 1890s strikes the Chinese in Melbourne who owned and ran Laundromats were seized upon as the enemy. All the tailors started using stopwatches. The community that developed on the waterfront created a union conciseness. However, the working class continued to bear the grunt of economic burden.'

'In 1808 the Rum Rebellion saw the overthrow of Governor Blight. The most recognised architects that arrived in the colony were two men by the names of Francis Greenway and Bristol Assizes. You can see their buildings in Macquarie Street. Macquarie Street still reaps with historical content.'

Many Australians viewed their history sheepishly. In 1841 the average number of sheep per shepherd was 450. In comparison, in 1851 each shepherd was in the care of over 1000 sheep. In the 1840s depression the sheep were burned down for tallow and candlemaking. But the introduction of Alien species to the environment compounded the effects of soil erosion with hooves and the tendencies of European animals to up-route fauna.

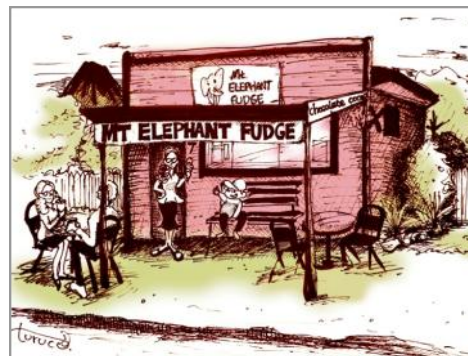
The best things in life aren't things



Main Street St Marys 7215
Ph 6372 2844 Fax 6372 2874

Pharmacist on duty 5 days a week
Our Kodak machine is up and running, copies from 45¢

**Christmas catalogue items on sale this week!
Be quick, limited stock.**



MT ELEPHANT FUDGE

Trading Hours

Wednesday, Thursday, Friday, Saturday,
Sunday

10am - 4.30pm

I look forward to seeing you!!
MEF for all your sweet desires!!



Your local Business Enterprise Centre is bringing you a unique opportunity. Our roadshow of world class speakers, of a calibre rarely accessed outside major cities, is coming to your town!

Presenters include:

Debra Templar

www.thetemplargroup.com.au

- **Customer Service**
It will make you or break you. Get it right and everyone wins!
- **Developing and Getting the Best From Your Team**
People matter. Your people matter.
- **Visual Merchandising**
83% of our decisions are based on what we see...
- **Marketing & Technology Trending**
 - Social Media Marketing
 - Facebook for retailers
 - Getting the best from technology.



A range of additional sessions will be on offer, including:

- Basic/Cloud Accounting
- Australian Tax Office
- Risk Planning and Management
- Adventure Tourism
- Insurance
- Personal and Staff Wellbeing...

Yao Cheng – being China ready

www.chincommunications.com.au

By 2020 there will be 1.8 million Chinese tourists visiting Australia, everybody is chasing them, Australia and the rest of the world. How to cross the great culture wall and get your fair share?

"...practical information for our staff, full of tips, hints, do's and don'ts that will really help us to engage more effectively with our Chinese program participants and counterparts,"
Ms Emily Glass.



Dr Colin Jones UTAS Entrepreneurial Thinking

Colin the senior lecturer for the faculty of Enterprise will facilitate an engaging entrepreneurship session. "Changing minds, changing aspirations, changing towns."



Dates	Venues
Tuesday 18th November Including an evening Gala Gathering	Tidal Waters – St Helens
Wednesday 19th November	Tidal Waters – St Helens
Thursday 20th November	Beachfront – Bicheno
Friday 21st November	The Village – Triabunna

Set the date aside

A more detailed program will be forwarded soon.

For further information contact
Break O' Day Business Enterprise Centre
manager@smallbusiness.org.au

6376 2044

The cost of your attendance is covered by the Break O' Day Business Enterprise Centre.



Supported by your local **Business Enterprise Centre**

The services provided by Break O' Day Business Enterprise Centre are partially funded by the Australian Government.



ARE YOU READY?

to make more of your business



Register NOW **6376 2044**
limited spaces available

The destination is prosperity, the journey begins here!

For information, ideas and inspiration that will help to further prepare you for a bumper summer and future, you can not afford to miss this must-see roadshow.

Are you **FUTURE READY?** – Debra Templar, retail consultant, will share her vast experience and inspiration on the topics of customer service, visual merchandising, marketing and technology.

Tidal Waters, St Helens
Tuesday 18th & Wednesday 19th of Nov





Are you **CHINA READY?** – Yao Cheng from the consultant firm Chin Communications, will share practical ideas and experience that will help you gear up and engage more effectively with our international visitors.

BREAK O'DAY
Business Enterprise Centre

Supported by your local **Business Enterprise Centre**

The services provided by Break O'Day Business Enterprise Centre are partially funded by the Australian Government.

School Events Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			6th November <ul style="list-style-type: none"> 📢 School Newsletter 📢 Grade 10 Work Experience 	7th November <ul style="list-style-type: none"> 📢 Grade 10 Work Experience 📢 Primary Assembly -led by Gr 1/2 Gray
10th November <ul style="list-style-type: none"> 📢 Newstead College Enrolments 10.00am—2.00—pm 	11th November <ul style="list-style-type: none"> 📢 School Banking 	12th November <ul style="list-style-type: none"> 📢 Secondary Athletics Carnival 	13th November <ul style="list-style-type: none"> 📢 	14th November <ul style="list-style-type: none"> 📢 Beyond Blue Day
17th November <ul style="list-style-type: none"> 📢 Australian Chamber Orchestra Performance 📢 Newstead College Enrolments 1.30pm—3.00pm 📢 Christmas Book Fair 	18th November <ul style="list-style-type: none"> 📢 Christmas Book Fair 📢 School Banking 	19th November <ul style="list-style-type: none"> 📢 Immunisations- Round 3 📢 Christmas Book Fair 	20th November <ul style="list-style-type: none"> 📢 Christmas Book Fair 📢 ENE Swimming Carnival 	21st November <ul style="list-style-type: none"> 📢 Christmas Book Fair

ST MARYS DISTRICT SCHOOL SWIMMING POOL

IS NOW OPEN TO THE PUBLIC

For key holder information please contact the St.Marys District School office on 63 723 900
(key holders must have a current CPR certificate)



13 Gray Road, St Marys, TAS, 7215.
 Phone: 6372 3900 Fax: 6372 2543
 Email: st.marys.district.high@education.tas.gov.au



Drift



During Term 3, 9/10D started an engineering project, making and designing drift trikes. Under the guidance of the most awesome and patient teacher Mr. Emmerton, the group started planning the trikes. Inspiration was found at www.madazztrikes.com and the design was created. The group learnt many new skills such as; MIG and ARC welding, using a pipe bender, metal work lathe and tap and die to create threads - to name a few. The group had to raise funds to buy the rear wheels which are off a go kart front end. The wheels are fitted with PVC pipe which gives the drifting effect to the trikes. The guys plan to organise an Elephant Pass drift trike day next term with help from the local police and the Hobart based trike club Slider Zinc. If people are interested in getting a trike custom made contact the school office to arrange it.



Trikes



Bicheno Food And Wine Festival is Back In Town!

Roll up, roll up, for the Bicheno Food and Wine Festival taking place again in the Lions Park Bicheno on Saturday November 22nd. Set your alarms and devices as it is sure to be another award winning East Coast extravaganza! On site at this year's Festival will be the usual suspects and much much more!

As always East Coast fine wines will be in abundance with all the local wineries taking part, displaying their wares and offering wine tasting. Exclusive to this year's event will be the introduction of a new East Coast wine from Pauline and Nick Anderson's brand new label Overtime. Nick has been working in the local vineyards for 20 years and has branched out on his own and created a succulent blend of East Coast mastery which will be launched at this year's event.

New to the Festival will be the results of the exciting IronHouse homebrew competition. There has been a healthy interest in this new event and the winner will be announced on the day. Patrons can watch the judges as they go through their paces. IronHouse brewery will also be selling their boutique beers.

On offer this year is probably the most diverse range of foods ever! As always we will be celebrating the delights from the local coastlines, with the immensely popular mussels, oysters and crayfish, BBQ octopus and other fishy delicacies. Also on offer will be delicious pulled pork rolls, gourmet pies with new exciting flavours, breads, super tasty pizzas, divine tacos with an East Coast flair, modern Japanese delicacies, Spanish paella and several Tasmanian cheeses to name a few!

Children will be delighted again by the talents of our face painter, and our ever popular "Kids in the Kitchen" participative cooking classes for the young budding chefs among us.

Our new impressive cooking demonstration will be from Roz MacAllan from St Helens new Kiss-a-fish cookery school and free demonstrations will take place at 11am and 1pm in the Hall.

There is an eclectic music program running throughout the day featuring: Toby Garrett, Funk Brothers (Pete Cornelius & friends), and Tim Rose & Scott Targett.

And if that isn't enough, again this year we will have the vintage surfboard exhibition with more and new boards; and Tasmanian helicopters will be offering helicopter rides for all the family from the adjacent oval. There will be a free draw on the day for a free 20 minute ride for 2 people.

Bring your portable chairs, picnic blankets, hats and sunscreen and enjoy a great day out for all the family. Doors open at 10.30am with the fun continuing until 5.30pm. Adults \$10, children and concessions \$5, under fives are free!

Article by Fiona Ewington and photos by Gary Price



Fingal Football Association Representative Team 1964

The team played the Midlands Association Representative Team 18/07/1964 at Fingal. Most towns in the area were represented in the team. Quotation in the Launceston Examiner, page 22 on 22/07/1964, "Good play – on football and teamwork, resulted in a decisive win for a Fingal Association schoolboys team at the weekend.

Nearly two years ago with the assistance of David Schier, Valley Voice published a photo of a schoolboys football team, which represented the Fingal District Football Association at Fingal in a game against the Midlands Association on 18/07/1963.

The story accompanying the photo then asked readers to assist with names of players and towns they represented as well as the two umpires.

Robert Jones from Irishtown Rd St Marys was of great assistance in identifying some of the unknown players, as were David and John Schier both formerly of Falmouth.

The Fingal team is back [from left] - G Richards, St Helens, D Schier, Falmouth, K Blair, St Helens, D Bergman, Mathinna, T Targett, St Marys, C Bullock, St Marys, T Haas, Cornwall, V Woods, Fingal, T Rootes, St Marys, L Leedham, Fingal, R Hollis, St Helens, D Freeman, St Marys,

Front – R Davis, Avoca, P Goss, Avoca, P Webb, Fingal, D Birrell, St Marys, Greg Barnes, Fingal, Gary Barnes, [capt], Fingal, D Reid, [v-capt.], St Helens, P Death, Fingal, G Arnol, Swansea. The field umpire is possibly Max Church. Boundary umpire, Tony McCulloch, son of the St Marys High School Principal and team coach.

Similar representative teams played against St Patricks College and Grammar Independent schools from Launceston.



Sherryn creates amazing apparel by combining a variety of fabrics and quality pre-loved materials. Each is individually designed and constructed, featuring rich textures and detailing. Sherryn is the scissors queen, an echo of her previous life as an award-winning hairdresser, and is fearless when cutting into the fabrics and clothing she transforms.

Andi produces wonderful one-of-a-kind knitted items using a variety of knitting machines and his own invented stitches and patterns. He is following a family tradition, but at the same time is creating his own individual style and techniques. His talents as a drummer and musician dovetail neatly with his knitwear creations.

Both artists are not afraid to push the boundaries in their work, and have made their own rules concerning construction and design.

All Photos by Janet Drummond, Sherryn Woodward and Andi Mara.



ORPHIC

Art2Wear

Beyond Ordinary Understanding

IN

ESCAPE GALLERY

Handmade Original

By : Andi & Sherryn

04 5858 2895

e-mail : OrphicArt2Wear@yahoo.com.au

[facebook.com/OrphicArt2Wear/](https://www.facebook.com/OrphicArt2Wear/)

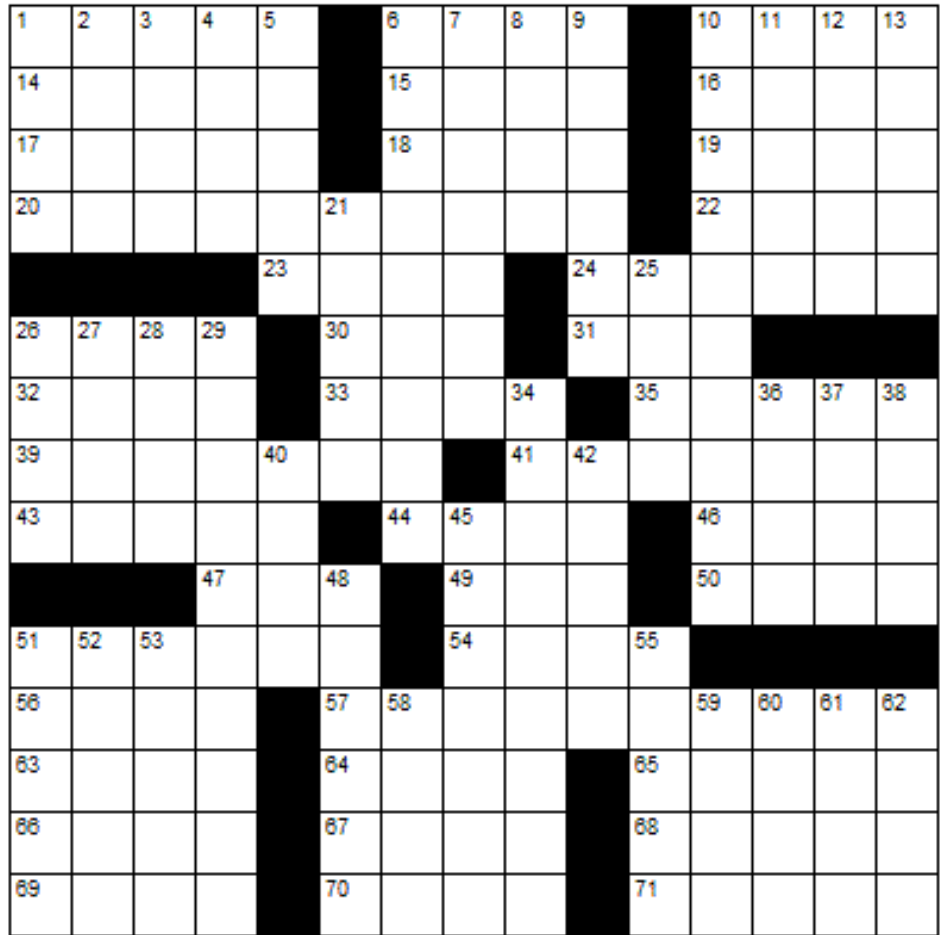
ST. MARYS



TAS - AUS

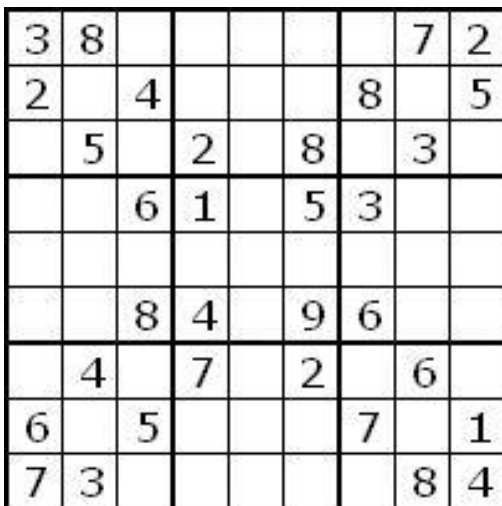
ACROSS

- 1. Volumes
- 6. Use a beeper
- 10. Dull pain
- 14. Watchful
- 15. Emanation
- 16. Not "To"
- 17. Rental agreement
- 18. Blend
- 19. Carry
- 20. Competitor
- 22. Pitcher
- 23. Impoverished
- 24. Barely
- 26. Biblical garden
- 30. Biblical boat
- 31. A type of evergreen tree
- 32. Roman emperor
- 33. Remits
- 35. Audio communications
- 39. Tooth doctor
- 41. Berthing
- 43. Velocity
- 44. Always
- 46. A romantic meeting
- 47. Married
- 49. A late time of life
- 50. Blackthorn
- 51. Commotion
- 54. Sleigh
- 56. Jetty
- 57. A cherished desire
- 63. Way out
- 64. Delight
- 65. Make a counterfeit
- 66. Near
- 67. Not yours
- 68. Coquetry
- 69. Declare untrue
- 70. Where a bird lives
- 71. Affirmatives



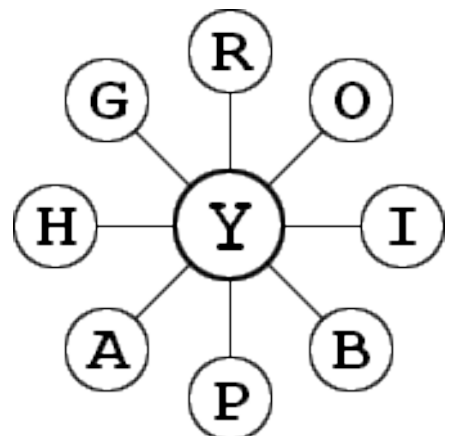
DOWN

- 1. After-bath powder
- 2. Margarine
- 3. Average
- 4. At one time (archaic)
- 5. Precipitous
- 6. Pastorsip
- 7. Economic independence
- 8. Smile
- 9. Ribald
- 10. Subsequently
- 11. Throng
- 12. Inn
- 13. Manicurist's board
- 21. Cleansing agents
- 25. Relating to aircraft
- 26. Terminates
- 27. Very intense
- 28. Sea eagle
- 29. Remarkable
- 34. Stinkiest
- 36. Found on rotary phones
- 37. Within
- 38. Curved molding
- 40. Notion
- 42. Law and _____
- 45. Evening worship service
- 48. A tropical lizard
- 51. Flip over
- 52. Sprite
- 53. Rule
- 55. Silly
- 58. Swing around
- 59. Lacquered metalware
- 60. Colored part of an eye
- 61. Monster
- 62. Catches



How many words can you find? Each word must contain the central Y and no letter can be used twice. The letters do not have to be connected. Proper nouns are not allowed, however, plurals are. Can you find the nine letter word?

Excellent: 24 words. Good: 19 words. Average: 14 words



ST MARYS COMMUNITY HEALTH CENTRE

St Marys Community Health Centre

GP Surgery Hours:

Monday—Friday

8:50am-10:00am

10:00am-10:30am— Reception Closed

10:30am- 12:30pm

12.30pm-1.30pm— Lunch Reception Closed

1:30pm-2:45pm

2:45pm-3:15pm— Reception Closed

3:15pm- 4:30pm

AFTER HOURS CONTACT NUMBERS

Please phone

GP ASSIST ON- 1300 780 011

AMBULANCE 1800 008 008 or

EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE
6387 5555

Please RING before presenting after hours

Lifeline 131 114

Saving Lives, Crisis Support and Suicide Prevention

PATHOLOGY SERVICE-

NO PATHOLOGY SERVICE BETWEEN:

12.00-1.30pm or before 8.30am daily

If you require Pathology **before 8:30am** an appointment must be made **with the Nurses Station** the day/night before by phoning 6387 5555

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **PRIOR** to your medication/s running out or **IN ADVANCE** if you are attending this practice regularly.

PLEASE BE PATIENT waiting periods can apply to see the doctor. Scripts are unable to be done over the weekends, ensure you have enough medications in advance.

PHONE SCRIPTS

Please be aware scripts are no longer able to be done over the phone.

INR TESTS

A doctor's appointment is required if you are having an INR test. **Please let reception staff know when making your appointment that you are having an INR test.** This requires a 5 minute doctor consult.

DOCTORS ROSTER

• Dr Cyril Latt

6/11/14—19/11/14

• Dr K. Rawnsley

6/11, 10/11, 11/11, 13/11, 18/11, 20/11/14

• Dr L. Reeckman

20/11 & 21/11 2014

For appointments phone: 6387 5555

ROBYN SUMMERS RETIRES

On Friday 24th October 2014 Robyn Summers hung up her vacuum cleaner cord and put her cleaning trolley away for the last time at the St Marys Community Health Centre.

Robyn has been working at the St Marys Community Health Centre (through all its stages of development) for the past 24 (and a bit) years. But Rob has remained a familiar face at the Health Centre for many of you.

In fact Robyn reflected at her retirement afternoon tea that not only has she worked here for 24 years but she was also born at the facility!

Rob we wish you all the best in your retirement and hope that you don't get too busy being a Grandma and going to football games and remember to pop in and have a cuppa with us all in the not to distant future.

Congratulations Rob and enjoy the next chapter of your adventure!



To the Community with changes comes new faces.

From all your friends at the St Marys Community Health Centre



ST MARYS COMMUNITY HEALTH CENTRE

Get the Most Out of Life

Practical skills for people with ongoing health conditions

6 week program (2.5 hours per week)

Venue: St Marys Community Health Centre

Time: 10:30am to 1:00pm

Dates: Fridays 24/10/14– 28/11/14

Cost: Gold coin donation (for tea & coffee)

To register phone:

Shan Williams- St Marys 6387 5555,
St Helens 63875 5570 or 0439 765 244

WHAT'S ON AT THE CENTRE

6 Nov **Social Worker**– Shan Williams. Please phone 6387 5555 for appointments.

7 Nov **Stepping Out Program** 10:00am-2:00pm.
Please phone Fiona Watts at LINC for details on 6376 2742.

Social Worker– Shan Williams. Please phone 6387 5555 for appointments.

TML Diabetic Educator, Physiologist and Dietician. Appointments available by referral from you GP.

10 Nov **Mental Health Clinician/ Case Manager**-Darren Veryard. For appointments please phone 1800 332 388 where a referral will be lodged for you.

TML Psychologist– Sam McCarthy. Please see your GP for a referral.

Hospital Auxiliary Meeting. 2:00pm in the Day Room. New faces welcome.

11 Nov **Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381

Mental Health Clinician/ Case Manager-Darren Veryard. For appointments please phone 1800 332 388 where a referral will be lodged for you.

Tom Bain, Rae & Partners Lawyers. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555

12 Nov **Social Worker**– Shan Williams. Please phone 6387 5555 for appointments

TAZREACH– Antenatal Clinic with Katie. For appointments please see your GP

Day Centre– For details on the group please contact Hayley Gilbert 6387 5555

Physiotherapist– Please see your GP or Health Professional for a referral to the service.

WHAT'S ON AT THE CENTRE Continued...

13 Nov **Social Worker**– Shan Williams. Please phone 6387 5555 for appointments.

Relationships Australia– Leanne McMurtrie for appointments please phone 1300 364 277

Eyelines- For appointments please phone 1300 139 363. All consultations Bulk Billed to Medicare

14 Nov **Social Worker**– Shan Williams. Please phone 6387 5555 for appointments.

Stepping Out Program 10:00am-2:00pm.
Please phone Fiona Watts at LINC for details on 6376 2742.

Get The Most Out Of Life– Chronic Disease Self Management Course 10am-12:30. Gold coin donation. Please phone Shan on 6387 5555 for details.

17 Nov **Mental Health Clinician/ Case Manager**– Darren Veryard. For appointments please phone 1800 332 388 where a referral will be lodged for you.

TML Psychologist– Sam McCarthy. Please see your GP for a referral.

TLC Meeting (Tasmanian Lymphoedema Centre) 10:00am in the Day Room.

18 Nov **Mental Health Clinician/ Case Manager**– Darren Veryard. For appointments please phone 1800 332 388 where a referral will be lodged for you.

Child Health Session with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381

19 Nov **Mental Health Clinician/ Case Manager**– Darren Veryard. For appointments please phone 1800 332 388 where a referral will be lodged for you.

Day Centre– For details on the group please contact Hayley Gilbert 6387 5555

Podiatry North- For appointments please phone 6336 5155

20 Nov **Social Worker**– Shan Williams. Please phone 6387 5555 for appointments

Meals on Wheels Meeting 1:30pm in the Family Lounge at Health Centre.

21 Nov **Stepping Out Program** 10:00am-2:00pm. please phone Fiona Watts at LINC for details on 6376 2742.

Get The Most Out Of Life– Chronic Disease Self Management Course 10am-12:30. Gold coin donation. Please phone Shan on 6387 5555

The Valley and East Coast Voice Inc. Guidelines

Opinions in any letters published are not necessarily those of the Editor or volunteer staff. Our pages remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks or hinting at libel or slander will not be accepted. Please do not attack the editor, the paper or the authors of previous articles. Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues. Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer. The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. All letters/emails must include your full name, address and phone number.

The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines.

All information is correct at time of printing. Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.

Vol 47.13 solutions.

All words: abet, ait, albeit, albite, alit, alt, ambit, at, ate, atilt, att, bait, bat, bate, batt, battle, beat, beet, belt, bet, beta, betel, betime, betta, bimetal, bit, bite, bitt, blat, blate, bleat, blet, blite, eat, elate, elite, embattle, emit, et, eta, it, item, lat, late, lati, latte, leet, let, limbate, lit, lite, malt, mat, mate, matt, matte, meat, meet, melt, met, meta, metal, metate, mete, mettle, milt, mite, mitt, ta, tab, table, tablet, tae, tael, tail, tale, tali, tam, tame, tat, tate, tea, teal, team, teat, teatime, tee, teel, teem, tel, tela, telae, tele, telia, tet, ti, tie, til, tile, tilt, timbal, timbale, time, **TIMETABLE**, title.

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St Marys Painter

Painting & decorating at realistic prices



(Special pensioner's rates)

No job too large or too small.

Bernard Harris

Ph 6372 2942 

Accredited Master Building Association
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Harris Funerals

St Helens, Bicheno & Fingal Valley

We are here when you need us.
Burial or cremation, traditional or unique funeral services available.

Office & Chapel:
46 Tully Street St Helens
6376 1153 ~ 0418 133 420
tamara@harrisfunerals.com.au

Member of the
Australian Funeral Directors' Association



Tip locations and opening hours

Ansons Bay. Long weekend
Mondays 12 - 4 *Scamander, Coach Street.*
Wed & Sunday 12 - 4 *Tues & Thurs 10 - 4*
Fingal, Mathinna Road. *Sunday 2 - 5*
Tues & Thurs 10 - 4 *St Helens, Eagle Street.*
Sunday 2 - 5 *Open 7 days 10 - 4*
Pyengana, Tasman Hwy. *St Marys, Gray Road.*
No builders' waste please. *Tues & Thurs 10 - 4*
Wednesday 9 - 1 *Sunday 2 - 5*
Sunday 2 - 5

Meals on Wheels ~ 0488 384 344

November 10	Lundy Vosper
11	Trish Pike
12	Lulu Keady
13	Liz Rice
14	Lorraine Gill
17	Karl Balzer
18	Lorraine Gill
19	Lundy Vosper
20	Sonya Allison
21	Drew Adam



Cookie, our much loved blind rescue lamb with special needs has been stolen.

Cookie was happily grazing in our paddock at Brightside Farm Sanctuary, Cliftonvale Rd Dysart, on November 1st between 6.30pm - 8pm when he vanished.

We are offering a \$300 reward for information leading to the return of **Cookie**.

0408 658 356

Emergency services

AURORA Emergency 132004
Carers for Wildlife St Marys 6372 2973
0417 017 105
Crimestoppers 1800 333 000
Poisons Information 131126
POLICE Emergency 000 & Enq 131444
SES Emergency 132500
TFS Emergency 000 & Enq 1800 000 699

Church Services

Catholic Parish of St

Marys Sr. Lorraine
Groves
6372 2252 / 0409 172 741

1st Sunday Mass

St Helens Vigil 6pm
Bicheno 9am
Fingal 11.30am

2nd Sunday Liturgy

St Helens Vigil 6pm
St Marys 9am
Bicheno 9am
Fingal 9.30am

3rd Sunday Mass

St Helens Vigil 6pm
St Marys 9am
Bicheno LWC 9am

4th Sunday Liturgy

St Helens Vigil 6pm
St Marys 9am
Bicheno 9am
Fingal 9.30am

5th Sunday Mass

St Helens Vigil 6pm
St Marys 11am
Bicheno 9am

Anglican Parish of Northern Midlands

Avoca 11am 2nd Sunday
Fingal 2pm 2nd Sunday
Mathinna 2.30pm 4th Sunday
Ross 10am 5th Sunday
Campbell Town 9am

St Marys Salvation Army

Sunday Joy 12.30pm
This is a bring-and-share lunch followed by a great time of friendship and fellowship. You are very welcome to join us and share our JOY!
Tuesday JAM 3-5pm every Tuesday except school holidays.
Envoy Melanie Norton
0409 838 816

Break O'Day Anglican Parish

6372 1144 or PO Box 143, St Helens Tas 7216
St Helens 9.30am Sunday
5th Sunday Combined Service with Uniting Church 10.30am
St Marys 10am Sunday
Pyengana Please phone for service times
[facebook.com/anglicanbod](https://www.facebook.com/anglicanbod)

Break O'Day Uniting Church

The Manse 6376 2405
St Helens 9am
Fingal 11.15 am

Aries	The stars and planets will not affect your life in any way.
Taurus	The stars and planets will not affect your life in any way.
Gemini	The stars and planets will not affect your life in any way.
Cancer	The stars and planets will not affect your life in any way.
Leo	The stars and planets will not affect your life in any way.
Virgo	The stars and planets will not affect your life in any way.
Libra	The stars and planets will not affect your life in any way.
Scorpio	The stars and planets will not affect your life in any way.
Sagittarius	The stars and planets will not affect your life in any way.
Capricorn	The stars and planets will not affect your life in any way.
Aquarius	The stars and planets will not affect your life in any way.
Pisces	The stars and planets will not affect your life in any way.

East Coast RC Flyers News - November 2014

Spring has arrived and so have the visitors to the club's flying field. RC pilots from other clubs, and mainland relatives of local club members, wanted to see the flying action. Unfortunately, spring at the East Coast also brings windy days and flying day cancellations. Nevertheless, everyone who turned up to the meetings had a good time.

Another sign of spring is the growing of the club's model fleet, in size and in numbers. Members spend their pocket money on new models and prepare them for the, hopefully, numerous flying weekends during spring and summer.

Chris Spencer, one of the visitors, deserves particular mention. He is an accomplished model pilot from Lismore, NSW, who demonstrated his skills in the spectacular 3D flying.

This is a type of aerobatic flying with suitable model planes. Engines with a higher thrust than the plane's weight allow for breathtaking manoeuvres, such as "prop hanging," also known as hovering.

Apart from 3D flying, the sport provides a variety of branches such as helicopters, gliders, jets, scale (replicas of real aircraft), pattern (aerobatics to international standards), and pylon racing (imagine a race track in the air). A novelty, and appreciated by onlookers, is dropping parachutes or lollies.

Some RC pilots prefer to remain within one or two categories, while others choose diversity. Whatever the choice, fun and excitement is guaranteed.

For the next flying day, visit the club's website at: eastcoastrcflyers.org.au



Article by Manfred Weihrauch

All images are courtesy of Angelika Weihrauch (permission has been obtained from all persons pictured):



Scale-looking Salto glider



Parachute drops



Kole Bretag, Scamander, with his pocket money purchase



Chris Spencer, Lismore, about to fly 3D aerobatics



A Lanchester Motor Car

A parrot that spoke English with a British accent went missing for four years, only to return speaking Spanish and asking for someone named Larry, its owner said.

Darren Chick told a Southern California newspaper that he did not know where African grey parrot Nigel had been for four years but that, aside from the language switch, the bird was doing fine at home.

"He's doing perfect," Mr Chick told the Daily Breeze. "It's really weird, I knew it was him the minute I saw him."

Nigel was discovered in the back yard of a couple in Torrance, a city in California, who run a dog grooming business.

The couple originally thought Nigel belonged to another local, Teresa Micco, who had placed an ad for her own missing parrot, the Breeze reported. When Ms Micco realised Nigel was not her bird, she was able to trace him through the original sales records to Mr Chick, who was stunned to recover his lost bird after four years, the paper said.



St Marys Cricket Club, Season 2014/15

After a big season last year the Tigers are back, keen to do well. We have kept the majority of last season's team, and also have had a few new players show up. The Council uncovered the pitch early. New top soil and grass seed was sewn ready for our first home game. Also a working-bee was held to get the nets ready for training. Everything was going well and we decided to start training early. To my surprise there was a strong turn out for the first training session, and this continued on until the start of the season.

Match Report (18/10/14) St Marys vs Pyengana

The season kicked off with St Marys playing Pyengana at Scamander. St Marys batted first and scored 4/138. Great knocks from Craig Freiboth scoring 67 and Roger Salter scoring 32. These were the standout batsmen. In reply Pyengana were bowled out for 105. Craig Freiboth with 4/28 and Josh Mathews with 3/18 were the destroyers with the ball. Great start to the season fellas.

Match Report (25/10/14) St Marys vs Scamander at St Marys

Scamander batted first and scored 6/94 off their 20 overs. Two wickets each for Mick Campaign, Ben Mathew and Roger Salter, our best bowlers. In reply the Tigers scored 0/95 in the 16th over to have a very convincing win. Craig Freiboth (58) and Roger Salter (23) batted very well to get the runs. So after TWO games the Tigers are undefeated, lets keep up the good work boys!

I would just like to mention that St Marys Hotel, C&D Excavations and Caltex St Marys have continued their support of our cricket Club for season 2014/15, thank you for the support. A big thank you to our local fire brigade for watering the grass around our pitch during the dry spell. Thanks guys.

During my absence for the last two weeks a few people have been running the club for me. Bradley Mitchell and Mandy Turner, thanks for your efforts with all the off-field duties, especially the double header at St Marys. I'd also like to thank Craig Freiboth for taking on the coaching role and getting the Tigers two very good wins. I appreciate your efforts. Thank you.

Chris Turner, Captain/Coach



Hello all. The St Marys Pacing Club held its AGM on the 3/10/2014.

The meeting was well attended and the following executive positions filled:

President Mr Micheal Hall
Vice President Mr Allister Woods
Chairman Mr Don Woods

Vice Chairman Mr Lyndon Howorka
Secretary Mr Craig Woods
Treasurer Mrs Karon Brown

Mr Kevin Neilson addressed the meeting on behalf of Tas Racing and congratulated the Club on the successful Easter Saturday meeting. Tas Racing will work in conjunction with the club moving forward, to provide any assistance if required.

The organisation of our New Years Day meeting is progressing nicely. This year our club was offered the opportunity to broadcast the meeting Australia wide through Sky Channel racing, which we know will be a terrific spectacle as St Marys is the only grass harness racing track in Australia. It also gives us the opportunity for our loyal sponsors to have their business name advertised to a larger audience; after much debate on the pros and cons of such a move the Club decided that we would take up the opportunity.

The package by Tas Racing offered the club means that this year the meeting will be a twilight meeting, with the first race starting around 3.30 - 4pm with a finish around 8pm. We will guarantee eight races with a prize money of \$5000 (last year some races were only \$3000). The Club will provide prize money towards the Cup and the 3yo Country Guineas, making them \$10000 and \$7000 respectively; the extra prize money is a bonus for all horse owners racing their horses on the day.

The meeting will be broadcast on radio and betting will be Australia wide, instead of just on-course as in the past few years - meaning hopefully more betting royalty returned to our Club.

Our loyal sponsors have again kindly offered to help provide sponsorship for their respective races, and the embroidered horse rug trophies are presented on track for the winning horse are at the embroiderers now.

The usual spectator-friendly Fashions on the Field will be held, as will the Junior Fashion on the Field events.

The twilight meeting later start was a concern, with the fickle weather that we can get at that time of year, but we can only hope we can organise a lovely mild afternoon that would make a great afternoon of exciting harness racing.

As usual our day is only as successful as the wonderful volunteers who kindly offer their time to make the day the success it is. The next New Years Day meeting, a few of our helpers will be unavailable so if you would be able to help out in any way - if only for a short time - any help would be greatly appreciated, also if anyone has any new ideas please contact myself or any of our committee members.

The St Marys Pacing Club would like to pass on our congratulations to Mrs Claire Bean and family on the endorsement of our past Life Member Mr Eric Bean into the Tasmanian Hall of Fame for Harness Racing. A proud and fantastic achievement for Eric's many years of hard work for harness racing in Tasmania. Thanks.

Craig Woods 0437 742 351 e: zugylarry@gmail.com

ST MARYS SPORTS (and SOCIAL) CLUB

Gray Road St Marys

Thursday 5.30 - 7.30 Friday 5.30 - 8.30.

Sunday 1.30 - 4.30.

Bowls News

Good win to the local team on both Saturday and Sunday last week. We met Swansea at home on Saturday and played Bicheno at their home ground on Sunday. Sunday was a little wet, making for a very slow ground. I know myself and a few others found it pretty tough going in these conditions. This week there were no bowls and next week we have a bye.



New to Bowls?

Learners are meeting at 1.30pm on Sundays. Don't be shy, we all have to start somewhere, junior players are most welcome.

Social membership is all that's required while learning, so why not come down and give it a go. Great to see one of the learners sign up for pennants. Welcome Diana.

Golf News

With the fantastic weather we are having it's time to dust off your buggy and get swinging.

Why not get down to the club on a Sunday and have a go!

Tee off is at 12.30pm, men and women are welcome to join in these fun days.



Darts News

A convincing win to our players again this week. Thursday 6th, teams meet at the club.

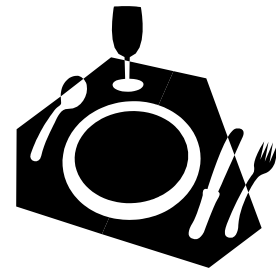


Mrs Maisie Finney's Birthday

Best wishes from the sports club Mrs Finney.

You looked like you were having a wonderful time celebrating your 100th birthday.

A big thank you to our hard working volunteers who catered for this very important function. It is very rare that any club has the privilege to cater for such a milestone.



Friday night is happy hour at the club.

Non members are most welcome.

Jag the Joker has reached a whopping **\$680**.

Roger Donald had the chance but missed out last week. Members draw has not been won for a few weeks, so get down to the club and give yourself a chance.

Club Membership is due. \$25pp
Sports Membership (those who participate in bowls or golf comps) \$60pp
Junior Sports \$40 .
(Golf & Bowls State affiliation fee's extra)
ALL PENNANT PLAYERS SHOULD HAVE PAID OR STARTED PAYING OFF THEIR FEES BY NOW!

President

Bobby Harwood 6372 2445

Secretary

Annette Wines 0417 010 648

Licensee/treasurer

Jim Turner 6372 2441



ST MARYS IGA SUPERMARKET

*In the centre of town, at
the heart of the community.*



38 Main Street
Ph/Fax 6372 2240 Butcher 6372 2274
Monday to Friday 8 - 6pm Saturday 8 - 2pm
Sunday 10 - 3pm

Specials from 5th - 11th November

Butchery	per kg
Rump steak	9.99
Beef mince	9.99
<i>Butchers sausages available this week: Pork & honey, Herb & garlic, Sun dried tomato, Lamb curry, Beef & Chipolatas</i>	
Cutting Scottsdale pork & valley lambs	

Coolroom and Freezer

Meadowlea margarine spread 500g	2.49
Mainland cheese block 1kg	9.99
Ski yoghurt varieties 1kg	4.49
Peters light & creamy ice cream 1.8L	5.49
Birds eye potato gems 1kg	3.99

Shelves

Devondale long life milk 2L	1.99
Kleenex cottonelle toilet tissue 8pk	3.99
Fab ultra laundry powder 500g	1.99
Kit-e-kat canned cat food 410g	.99
Sanitarium weetbix 750g	3.99

Specials from 12th - 18th November

Butchery	per kg
Beef schnitzels	9.99
Beef stirfry strips	9.99
Pickled pork	9.99
Ingham chicken tenders 440g	6.99ea
Nichols kiev burger	.99ea

Everyday low prices from the deli Tasmanian Pandani smallgoods

Champagne ham	8.99kg
Sausages	4.99kg
Cabana	9.99kg
Collagen saveloys	5.99kg
Cocktail saveloys	5.99kg

All only \$1.99ea

Uncle Tobys vita brits 750g/Weeties 455g
Arnotts cream biscuits 200-250g
Schweppes/pepsi soft drink 2L
Sanitarium so good UHT 1L
Masterfoods squeezy tomato sauce 500ml



Chilli chicken spaghetti

500g dried spaghetti pasta
2 tbs olive oil
3 garlic cloves, sliced
1 long fresh red chilli, thinly sliced
1 tablespoon chopped fresh continental parsley

60g baby rocket leaves
1 lemon, juiced
2 tablespoons toasted pine nuts
Extra oil, to serve

To make lemon chicken, combine the chicken, lemon, oil and water in a saucepan. Simmer, covered, over low heat for 20 minutes or until chicken is cooked. Transfer chicken to a chopping board and shred. Discard liquid.

Meanwhile, cook the spaghetti in a saucepan of boiling salted water until al dente. Drain, reserving 250ml (1 cup) of cooking liquid.

Heat the oil in a frying pan over medium heat. Stir in garlic and chilli for 1 minute or until aromatic. Add the spaghetti, reserved cooking liquid, chicken, parsley, rocket and lemon juice and toss to combine.

Top the pasta mixture with pine nuts. Drizzle over extra oil to serve

Lemon chicken
3 (about 200g each) chicken breast fillets, thinly sliced
1 lemon, sliced
125ml (½ cup) Light extra virgin olive oil
375ml (1½ cups) water

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ST MARYS TAS 7215.



0 609722 951852