



THE VALLEY AND EAST COAST VOICE INC. \$1
 ESTABLISHED 1968
 47.23 APRIL 23RD 2015
 Deadline for 48.01 is 5pm May 4th 2015



St Marys Woodcraft Guild Open Day
 pages 12 and 13

St Marys Pass closure 

Planned maintenance work will require the **closure of St Marys Pass** at night from Sunday 26th April at 7pm 'till 7am for 6 nights. Night works were chosen to reduce impact on traffic, and dates were chosen which are not during school holidays to reduce the impact on tourists. Continued on page 9

St Marys & Surrounding Community Residents

You are invited to attend

Bushfire Survival Planning Workshop



Saturday 30th May 2015 at St Marys Community Hall - 11am – 3 pm

Know Your Risk, Make a Plan.

Develop your Bushfire Emergency Survival Plan on the day.
 Light Lunch provided



Presented by **Tasmania Fire Service**
 supported by **Break O' Day Council**
Transition Break O Day.



Tasmania Fire Service

RSVP- david.cleaver@fire.tas.gov.au

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 Targa times and road closures page 4
 Australia's Biggest Morning Tea
 at Scamander page 7
 Pollie Pedal power page 9

Healthy House Walking Group page 14
 The Kettering Incident page 22
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 Women of Worth page 25
 Follyfoot Friends page 26

TARGA in Break O'Day - 29/4/15
 Amazing Video BODRA workshop 2/5/15
 FVNH bus to Agfest - 7/5/15
 Bushfire Survival Planning Workshop St Marys - 30/5/15
 'Argonaut' Annual Assessment St Helens - 31/5/15

Community Groups

AA St Helens meets each Wednesday 8pm at St Paul's Anglican Church hall, St Helens. *Murdoch 6376 3335*

AA St Marys meets Fridays 7pm at Holy Trinity. *Mick / Shirl 6372 2909*

Al Anon (Family Group) meets 2-3.30pm Sundays at St Helens Neighbourhood House. Please call (in order) *Rose 0456 063 943 / Ann 0409 763 270*

Beaumaris Swap Markets meet on the 1st Sunday monthly at Beaumaris Park from 11-1pm. Plastic bag free, gold coin donation per stall (bookings required). *Laura 6372 5687*

BINGO at the Cornwall Hall Mondays at 7pm, 2 jackpots each week. All welcome.

Break O'Day Regional Arts meet monthly on the 1st Thursday in the Supper Room at St Marys Community Hall, 5.30pm. **RAYC** Regional Arts Youth Company for school aged children is on Thursdays 3.30-5pm. Session cost \$5 or \$40 p/10 week term. All welcome. *Michelle 0407 046 865 e: bodregionalarts@gmail.com*

The B.O.D. Stitchers meet each Friday 10-3pm at the Neighbourhood House Bungalow in St Helens.

The **Break O'Day Woodcraft Guild Inc.** meet monthly on the last Thursday at 11am in the Goods Shed behind the St Marys Railway Station.

The **Chocolate Shop Singers** meet Thursdays 5.30pm at the Mt Elephant Fudge shop St Marys for informal and fun singing. Everyone welcome.

The **Cornwall Community Development Group Inc.** hold their general meetings at 7pm on the 1st Tuesday every month. Hall hire available. *Raz / Deb 6372 2261*

East Coast Community Transport, Community Hall, 23 Main Street, St Marys. *Jan Saunders 6372 4415*

The **Falmouth Community Centre** contact for booking club facilities is *Cherrie Schier 0417 887 941*

The **FVNH Op Shop** is happy to receive pre-loved clothing & goods weekdays 9-3. Donations can be collected on Mondays or items can be left at the Centre. Come along, check it out and pick up a bargain. *Deb Speers FVNH*

Greater Esk Tourism meet 7pm at Fingal Neighbourhood House on the 2nd Monday of each month, unless otherwise notified. *0412 425 666*

Meals on Wheels meeting dates for 2015
May 22nd, August 21st - AGM, November 20th

Operation Coverup meets 3rd Friday monthly from 11-2 pm making quilts & knitted/crocheted items for those in need. Please supply own tools, supplies and materials. \$5 donation towards wadding for quilts; tea and coffee provided. BYO lunch. *Gone Rustic, 37 Main Street, St Marys (03 6372 2724 or 0417 027 424)*

The **Scamander and Beaumaris Community Development Association** meets monthly on the 3rd Wednesday at 7pm in the Scamander Sports Complex.

Scamander Garden Club meets monthly on the 3rd Monday at 1.30pm in the Scamander Sports Complex. Enjoy sharing garden activities. *Val 6372 2762*

The St Helens Walking Group walk each Wednesday and 3rd Saturday monthly. New members are most welcome. *Healthy House 6376 5242 / Bryan Edhouse 6376 3439*

St Marys/Falmouth Playgroup is held 10:30-12:30 each Wednesday at the Falmouth Community Centre. Join us for only \$3 per family in a relaxed and friendly atmosphere. *Tash Speers 0419 591 905 / Amy Faulkner 0417 152 337*

St Marys Hospital Auxiliary meet monthly on the 1st Monday at 2pm in the St Marys Community Health Centre.

St Marys Ladies' Midweek Tennis meet 9.30am each Wednesday. New players & beginners welcome. Child minding included - a lovely safe place to bring toddlers while you play. *Karon 6372 2382 / Dana 6372 2033*

St Marys Markets are held monthly on the 1st Saturday at the St Marys Community Hall 9-1pm. Christmas may see a second market in the month - stay tuned for updates. *Michael Smith (BODR Arts) 6372 2056 / 0407 046 865*

St Marys Online Access Centre, 23b Main Road St Marys. Mon to Fri 9.30-4.30 Sat 11-2. *6372 2005*

The **St Marys School Association Op Shop** is open 10-4 weekdays & market Saturdays 10-12.30. We are happy to receive ALL pre-loved items excl. electrical. SMALL donations can be left at the St Marys Newsagency. Check out the Facebook page. *Janet Drummond 0404 562 320*

St Patricks Head & Esk Valley Historical Society Inc. meets every 2nd month on the 3rd Wednesday, 3pm at various venues.

Barry 6372 2575 (aulich@bigpond.com)

Jim 6372 2127 (jimhaas@bigpond.com)

www.fingalvalleyhistory.com

Stallholders' Market Inc. markets are held each Saturday from 8-12pm in the Portland Hall St Helens. *e:sthelemarket@yahoo.com.au*

Suncoast Singers meet every Friday, 10am in the Catholic Hall Cecilia Street, St Helens. New singers welcome ... if you can talk, you can sing. *Mary-Anne Wadsworth 6376 2969*

The **Tasmanian Lymphoedema Centre Inc** meet monthly on the 3rd Monday at 5pm in the St Marys Community Health Centre, Day Care Room.

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Advertising rates

- ◆ Business card ads \$15
- ◆ Intermediate ads \$18
- ◆ ¼ page ads \$25
- ◆ ½ page ads \$40
- ◆ Full page ads \$65

Community announcements are free. Private classified ads are free for two issues. Annual posted subscriptions are \$51 and annual online subscriptions are \$20. Articles for publication may be left at the St Marys Pharmacy, posted or emailed. For online advertising, contact the Editor.

For Sale

Breville Avance **deep fryer**, perfect working condition \$35. **6372 2214**

Best dry **firewood**, bush wood, 2-3m loads delivered. \$55 per/m Fingal, \$60 per/m St Marys, other areas by arrangement. **0438 071 296**

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15' Boat and trailer, 3 life jackets, small first aid kit, all in good condition, \$1,800 o.n.o., details **6372 2183**, view at 2 Grant Street St Marys.

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Rodeo Flat tray, aluminium drop sides, builder's racks, new battery, brakes, 8 ply tyres, registered and reliable, \$1200. St Marys. **0418 247 395**

Community Notices

Northern Midlands R&SLA Sub Branch at AVOCA will hold their **ANZAC Day Service** for 2015 at 11am, Saturday 25th April. Unveiling of the Memorial to the ANZACs who enlisted from Avoca by Eric Hutchinson at 1pm at the Cenotaph, Boucher Park. The march will commence 10:45am at the Post Office. Those in Service please come in uniform. Venison and lamb roast lunch afterwards.

There will be an **ANZAC** display in the barbecue area of the Cornwall Park during the month of April to commemorate the 100th year. The display will include information on the soldiers listed on the Cornwall School Honour Board; all interested people are welcome to visit the park and take a look.

Debbie Squires, President
Cornwall Community Development Group Inc.

ANZAC Day 2015

The St Marys Memorial Services Association will be commemorating the 100th anniversary of the Gallipoli landing on Saturday April 25th.

The Dawn Service will commence 6am at the St Marys Cenotaph, followed by a gunfire breakfast in the Hall. A donation would be appreciated. A march has been organized to start at 10.30am from Faulkner's Green, proceeding to the Cenotaph; all interested parties or persons feel free to assemble.

If your organisation would like to lay a wreath, please call **Wendy or Reon on 6372 2094.**

LEST WE FORGET

FINGAL RSL SUB BRANCH

The Price of Liberty is Eternal Vigilance
 ANZAC Day 2015 - Centenary of ANZAC
 6am Dawn Service at Fingal - Breakfast and refreshments at Fingal Valley Neighbourhood House
 11am Main Service at Mathinna - Lunch and refreshments at School Hall.

Veterans and interested parties are invited to lay a wreath.

For further information please contact:
 Bill Eckhardt on 6374 2104, Julie Ann Claridge on 6374 2280 or Chris Munday on 6373 6132
 ANZAC Day raffle tickets are available and will be drawn after lunch.

War memorabilia display at Mathinna Hall can be viewed before and after the main service.

Lest We Forget

St Helens Dawn Service will be held 6am at the St Helens Memorial Park, followed by breakfast at the St Helens RSL Ex-Serviceman's & Citizens Club.

An 11am Service of dedication to the "Tasmanian Roll of Honour" plaques will be held at St Helens Memorial Park.

Shredded paper and small boxes with lids available, free. **Call the Editor.**

To **Linda** re: the above boxes, your mobile number was incomplete in your message and I couldn't return your call, so please call again. **Editor.**

TARGA TASMANIA LEG 3 - Wednesday April 29th 2015

Dorset: The Sideling - Tasman Hwy closed between Corkerys Rd & Sledge Track 6:45-11:15 (6am from Scottsdale end)

Legerwood - Legerwood Lane closed between Ringarooma Rd & Tasman Hwy 7:35-12:05

Dorset & Break O'Day: Moorina - Tasman Hwy closed between Moorina & Weldborough 8:05-12:35

Break O'Day: Weldborough Pass - Tasman Hwy closed between Weldborough & Pyengana 8:18-12:48

Pyengana - Tasman Hwy closed between Pyengana & Lottah Rd East 8:32-13:02

Elephant Pass - Elephant Pass Rd closed between Tasman Hwy & Curtis Rd 10:34-15:04

Northern Midlands: Rossarden roads closed 11:35-16:04

Rossarden Rd between Nevin St & Rossarden Rd

Storys Creek Rd between Rossarden Rd & Stanhope Rd



**SPECIAL NEWSLETTER
IN MEMORY OF OUR
FALLEN SOLDIERS**

On the 25th of April 1915, Australian and New Zealand soldiers formed part of the allied expedition that set out to capture the Gallipoli peninsula. These became known as ANZACS and the pride they took in that name continues to this day.

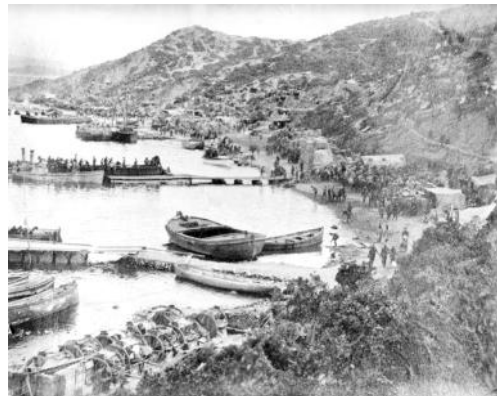
The objective was to capture Constantinople (now Istanbul in Turkey), the capital of the Ottoman Empire, and an ally of Germany. The ANZACS landed on Gallipoli and met fierce resistance from the Ottoman Turkish defenders. Their plan to knock Turkey out of the war quickly became a stalemate, and the campaign dragged on for eight months.

At the end of 1915, the allied forces were evacuated. Both sides suffered heavy casualties and endured great hardships. Over 8,000 Australian soldiers were killed. News of the landing on Gallipoli and the events that followed had a profound impact on Australians at home.

The ANZACS were courageous and although the Gallipoli campaign failed in its military objectives, the Australian and New Zealand actions during the campaign left us all a powerful legacy.

ANZAC Day goes beyond the anniversary of the landing on Gallipoli in 1915. It is the day on which we remember Australians who served and died in all wars, conflicts, and peacekeeping operations. The spirit of ANZAC, with its qualities of courage, mateship, and sacrifice, continues to have meaning and relevance for our sense of national identity.

Narrative provided by the Australian Army History Unit.



A view of ANZAC Cove possibly taken about mid-summer 1915.

Wanted

Adults **mountain bike** and second hand **roofing iron** wanted. **Jack 6372 2034**

Aviary, phone/ SMS 0418 271 315.

Letters to the Editor

Opinions and letters published in The Valley and East Coast Voice Inc. are not necessarily the views of the Editor or volunteer staff. The Valley and East Coast Voice Inc. reserves the right to edit or omit copy, in accordance with the guidelines as printed on page 26. Letters to the Editor must be attributed with a name, address and contact phone number – names and town of origin will be printed.

Dear Editor

Firstly I must say that for the majority of my life living in Fingal and its municipality has been a joy, having made many lifetime friends, great workmates and enjoying some wonderful recreational moments.

Having said that, I feel the need to express my total disbelief and disappointment at the behaviour of a minority of residents, who over recent months have made living in the area a total nightmare.

The mental anguish they have put myself, my wife, children and some of our very dear friends through has been without doubt deplorable. These people, if reading this letter, will know who they are and should feel ashamed and no doubt embarrassed by their mindless, childlike behaviour.

Fortunately we have had the great luck of moving to another town in this wonderful state we live in and with it new employment and opportunity.

To all the dear friends and family who supported us, we thank you so very much for your positive encouragement in the new phase of our lives.

Finally, we will not say goodbye but 'See you soon'.

Darren and Lynda Bean, Scottsdale

Have your say on Small Business employment restrictions April 9, 2015

FEDERAL Lyons MP Eric Hutchinson is calling on Tasmanians to have their say on small business employment inhibitors as part of a national government inquiry. Barriers to employment for private sector businesses including government laws and regulations, excessive red tape and compliance costs will be investigated by the Parliament's standing committee on education and employment.

Mr Hutchinson is a member of the committee which is chaired by Federal Herbert MP Ewen Jones. The committee will also consider why particular groups such as young job seekers, mature age Australians, those in regional areas and those with a partial work capacity, might be discouraged from working for small businesses.

Mr Jones said that reducing red tape and other inhibitors to employment can have a positive effect on a community's productivity and increase employment opportunities.

Mr Hutchinson said that cutting the rate of unemployment was high on this government's agenda.

"Identifying the challenges that exist for employment in small business and the best way to meet these challenges will be another step forward in providing jobs and job security," he said.

Terms of reference for the inquiry committee include:

- Excessive red tape and compliance costs in relation to employment.
- Matters that inhibit small business expansion to create additional employment.
- Factors that discourage or prevent some Australians from gaining employment in small business in particular young job seekers, mature-aged Australians, those from regional areas and those with a partial work capacity.

Submissions to this inquiry will be welcomed.

For further information including the full terms of reference and how to prepare a submission go to the committee's website at www.aph.gov.au/SmallBusinessEmployment or contact the secretariat, phone (02) 6277 4573.

Submissions need to be lodged by Friday, May 8, this year.

Peter Gutwein, Treasurer 16 Apr, 2015

The Hodgman Liberal Government's number one priority is jobs. Today's ABS data shows unemployment is down by 1% since the election, and the gap between the national and Tasmanian unemployment rate is steady at 0.3%. The number of people with a job in Tasmania is 240,400, and employment numbers this year are at the highest level they have been at in six years whilst the unemployment queue is the shortest since December 2011. While there is still a long way to go, and more work to be done, the latest figures are encouraging as they show we are holding onto the gains that have been made. Our long-term plan is all about creating jobs and growing the economy and today's results show we are heading in the right direction.

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Eric **HUTCHINSON** MP

Federal Member for **LYONS**



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Authorised by Eric Hutchinson MP, 53B Main Road, Perth TAS 7300.



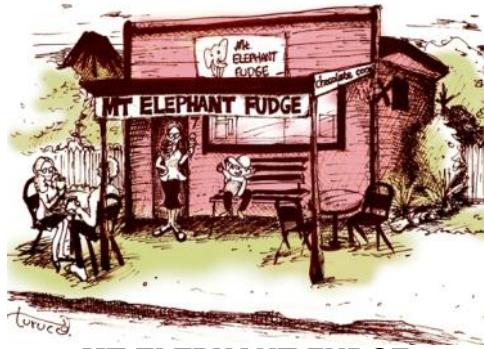
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 at the Scamander Sports Complex
 on Thursday 7th May 2015.
 Soup and sandwich lunch - \$7
 Trade table, chocolate wheel, raffles
 Come and join the fun!
 Contact Dot on 6372 5530
 Donations appreciated






This photo was found amongst inherited oddments at the Pancake Barn, Elephant Pass. The child is wearing a pink dress, and her socks and shoes are also pink. If anyone has any information concerning her could they please contact Pam on 0439 547 529

The Say, by Cagerattler

The other night I was talking on the phone with my friend Louis in the USA and he asked me about car registration in Australia. I was telling him about how the MAIB component of our registration works and that the actual registration isn't all that expensive but with the MAIB it is. However once I told him about what the MAIB means he said it sounded like a pretty good idea. In previous times I told him about our universal medical cover, ambulance services, SES, how the police force is set up, how our annual leave, superannuation, long service leave etc. goes. He always says that it sounds like it works really well. Guess what - IT DOES!

Is it just me or are we just a pack of whingers sometimes. The USA is said to be "the greatest country in the world". In many ways it is and is a huge ally of Australia but in one aspect, citizen support and assistance, I think we might have them covered. I genuinely believe that if we sat back, smelled the roses and looked at the 'big picture' as they say, I'd suggest that we have it pretty damned good.

My only wish that we need to do better is overseas sales of our assets and properties. It annoys me, as I'm sure it does with most of us, when we read that another manufacturer has sold to overseas buyers and the term foreign investment gets often over-used because lots of times these jobs end up going overseas altogether.

I know that this is not always the case but with our manufacturing industry in decline, surely a system of safeguards to prevent such things happening (at least for a good period of time) would be a basic requirement of such a take-over.

The really scary part for me came when I read an article in a weekly magazine a few months ago about what we now DON'T own anymore. The list of companies we own is a shorter list than the ones we no longer own.

Why can't we look at industrial protection first and before it's too late ... but then again, what would we know. I hope that one day at least some of our own country will still be ours. What do YOU think?

Rod McGiveron, St Marys

Gift links four generations...

A presentation was recently made to the St Marys Hospital Auxiliary from the estate of the late Mrs. Dot French. Her legacy was a framed tapestry in honour of her mother, Mrs Kathleen Cooper BEM, who was a Foundation and Life Member of the Auxiliary. Mrs Cooper was the recipient of a British Empire Medal which was presented to her by Queen Elizabeth 2nd, for Community Service, during the Royal Visit in 1988.

The tapestry was presented by Margaret French, one of Dot's twin daughters. In attendance was Margaret's eldest daughter, Justine French, making the fourth generation link in the same family.

Also in attendance were Mrs Mary Arnol, better known to the family and the St Marys community as Polly, her brother Doug and his wife, Jenny.

The tapestry was received by Yvonne Webber, Director of Nursing at the St Marys Community Health Centre, who expressed great pleasure on the receipt of such a gift. Pictured during the presentation were Len Miles (President of the St Marys Hospital Auxiliary), Margaret French, Yvonne Webber, Doug Cooper and Mary Arnol.

Family members expressed appreciation to all Auxiliary members for facilitating the presentation, and for the cordial welcome they received on the occasion.

As Executor of Dot's estate, Doug said he hoped the tapestry will be appreciated by all who visit, or are associated with, the hospital, and that he was pleased to have played an active role in one of Dot's last requests.

Article by Doug Cooper and photo by Justine French.





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Fingal Valley Football Club, one of Tasmania's oldest, folds due to tough times and lack of players
By Damian McIntyre

One of Tasmania's oldest football clubs has been forced to fold just days before the start of a new season.

The Fingal Valley Football Club in Tasmania's north-east was left reeling after a controversial season last year. The club lost 44 players, was fined thousands of dollars and docked 24 premiership points following a brawl that forced a match to be abandoned.

Since 1886 the Blues have won 19 premierships and have been a focal point for the small coal mining town of Fingal.

But a lack of players this year has forced the club to withdraw from the Northern Tasmania Football Association (NTFA) just two days before the opening game. The area's struggling economy and dwindling population were to blame.

Life member Craig Woods said too many young people were leaving the region.

"Unfortunately, it's the way of the world, the way Tasmania is going at the moment with our young people having to go to Launceston or Hobart or interstate for jobs or for school," he said.

Mr Woods recalled a time when the club was never short of numbers.

"We had the forestry industry booming, we had the coal mining and farms. There use to be jackaroos on the farms. Winter afternoons at Fingal was down here at the footy. That's not going to happen this year and it's going to be rather strange."

Life member and former club president Craig Bean said it was sad to see the club consigned to history.

"We've had parents and grandparents that have been mixed up with it over the years. A lot of life members in my family," he said. "To see all that history gone, it's going to be very hard."

The NTFA said it tried to help the club by giving it extra time to find more players.

The club also went into recess in the 1990s and early 2000s. It returned, and supporters are hoping the Blues can bounce back again.



abc.net.au/news/2015-04-09/one-of-tasmania27s-oldest-football-clubs-folds/6381966

2015 National Pollie Pedal – Guy Barnett MP

More than \$500,000 was raised for Carers Australia during the 2015 National Pollie Pedal held in North and Northwest Tasmania recently.

For the first time Tasmania was the host state of this four-day event which travelled over 500km through some of the most beautiful, productive, rugged and hilly terrain in Australia. Between March 27th -30th, cyclists rode up hill and down dale from Burnie to Devonport to Sheffield to Deloraine and on to Exeter, George Town, Bridport, Scottsdale, Launceston, Cressy, Longford and Evandale and many places in between. There was plenty of community engagement along the way with stops at schools, and attending other community events along the journey.

The annual charity ride was established by Prime Minister Tony Abbott to raise awareness and funds for various Australian charities and not-for-profit areas including medical research, indigenous health, diabetes, the Royal Flying Doctor Service, Ronald McDonald House and others. Politicians, supporters and sponsors have cycled more than 16,000 km on the annual National Pollie Pedal since 1998.

For the fourth time, the major beneficiary of funds raised was Carers Australia which supports the important work of Australia's 2.1 million carers, including more than 73,000 in Tasmania who are ably supported locally by the team at Carers Tasmania. This year the funds raised for Carers Australia will be used to support multiple programs including the Carers Australia ambassador program the Aboriginal and Torres Strait Islander Carer reference group, the rollout of a 'work and care' initiative and the commissioning of a 'State of caring' study to help determine the needs of carers into the future.

The ride also helped promote Tasmania as a cycling destination. Champion cyclists like Richie Porte and others help promote our state to the world. Events like the National Pollie Pedal help do the same thing. Opportunities to grow cycling tourism whether on the road or mountain bike are significant so we should grasp these with both hands.

As a rider for one or more days in the past 12 National Pollie Pedal events I have found it exhilarating, encouraging and at times exhausting.

Unlike the Tasmanian Pollie Pedal which I started 10 years ago (when a senator) with Diabetes Tasmania, the national ride goes further and faster.

However as Tony Abbott said recently, "For me and my colleagues it's an opportunity to do something for a good cause."

The support and encouragement from the local communities has been fantastic. Prime Minister Tony Abbott should be applauded for this great fund-raising initiative.

He is an excellent role model for healthy lifestyles and has demonstrated discipline and courage for nearly two decades raising awareness and funds for charity.

It is also terrific that Tasmania's Federal MPs Eric Hutchinson and Andrew Nikolic rode with Brett Whitely supporting the event and represented by Tasmanian Junior World Champion Macey Stewart.

All three Members worked hard with local communities along the way to make the event the success that it was. Tasmania's hilly geography may have made the ride hard work this year but it's all for a great cause.

Parliamentary Secretary to the Premier, Guy Barnett MP, has responsibility for supporting Tasmania's carers.

Mr Guy Barnett MP, Parliamentary Secretary to the Premier



St Marys Pass - continued from front page. Our priority has always been to ensure St Marys Pass continues as a priority route and we are working to improve it in terms of its reliability in relation to weather events, such as heavy rainfall. As part of this, we are doing preventative work to improve drainage to prevent the likelihood of landslip and other drainage issues. Access outside these hours will still remain. During the hours of 7pm-7am, access to the East Coast will still be available via the Elephant Pass. All works are subject to weather conditions, any changes to times or dates will be put on our website at http://www.transport.tas.gov.au/road/closures_delays

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The Valley and East Coast Voice Inc. encourages local/regional contributions from the public. Stories, current events, historical information, lifestyle pieces, anecdotes, articles, travel blogs and written or visual art with a community-based theme are welcome, especially with relevant pictures included.



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BREAK O' DAY STITCHERS

Our President, Felicity Bonner, made a patchwork car cover to promote the Show and this was a great hit with the public. The Community quilts given out at the Show were gratefully received and representatives of Headstart came from Hobart to receive theirs. The raffle quilt from which proceeds are shared between RFDS, Community Car & Lymphoedema Centre was won by Mary Harlow, 2nd prize went to K Singline and 3rd was Lindy Scripps. The challenge was won by Suzie Barton-Johnson with Rita Summers second. Over \$4000 was raised from the raffle which is Break O'Day Stitchers 11th annual quilt raffle. Members would like to thank everyone who supported our fund raising event.



After a very successful Easter Quilting and Embroidery Show our members are already moving on with other projects including more community quilts and their own projects.

A reminder to any interested crafters that all are welcome at our group – we meet each Friday at the Bungalow, Neighbourhood House from 10am.

Any queries can be directed to Felicity - 6376 6102 or Kay - 6376 3985

Agnes Johnston, St Helens

TASMANIANS CAN HELP TACKLE THE SCOURGE OF ICE April 9, 2015

FEDERAL Lyons MP Eric Hutchinson has urged Tasmanians to get behind the National Ice Taskforce, announced yesterday by Prime Minister Tony Abbott.

"Ice use is something which is affecting our young people in particular with devastating results and needs to be brought out in the open so that it is talked about and solutions found," Mr Hutchinson said today.

Mr Abbott said that the National Ice Taskforce will be headed by former Victorian Police Chief Commissioner Ken Lay.

It is proposed that the taskforce will provide an urgent stocktake of what is being done and recommend how governments can tackle ice in the most coordinated, targeted and effective way.

Ice use is becoming a huge problem right around the country and is ruining individuals, destroying families and hurting communities, Mr Hutchinson said.

The taskforce will consult widely to ensure that all aspects of this community menace are addressed.

Mr Hutchinson hopes Tasmanians will get involved.

"The government response will only be as good as the community effort," Mr Hutchinson said. "It is vital that the community also own this problem."

Look After You – Breast Cancer

If you are like most Australians, you will most likely know someone who has had breast cancer. It is the most common cancer in Australian women. Many people don't know that if cancer, including breast cancer, is found early it can often mean treatment is more successful. Read on as the following information might help you, your family or friends.

Breast cancer happens when some cells in the breast change and grow abnormally (become malignant). These cells can also spread to other parts of the body (develop secondaries). The exact cause is not known, but there are some things that can increase risk including drinking alcohol, being over the age of fifty, having a family history of breast cancer and being female. (Men can develop breast cancer too, but it is rare).

Many people believe that if they don't have a family history of breast cancer then they are very unlikely to develop it. A very small percentage of women do have a higher than normal risk due to family history, but ninety percent of women who do develop breast cancer do not have a family history.

It is important for every woman to be breast aware and get to know what is normal for her. This means if any unusual change occurs, she will recognise it. The sooner a change is noticed the better, as when cancer is found early the treatment is often more likely to be successful.

The kind of changes to look out for include a change in the size or shape of the breast, a change in the skin of the breast (such as redness or dimpling), a change in the nipple (including redness, crusting or becoming pulled in), a new lump or lumpiness (especially if it is only in one breast) or an unusual pain in the breast or armpit that doesn't go away. Remember that most breast changes are not due to cancer, but it is important to see your doctor to get checked.

Women aged 50 to 74 are encouraged to have a screening mammogram (an x-ray of the breasts) every two years. (Women aged 40 and over are also eligible). BreastScreen mammograms are free and no doctor's referral is needed. BreastScreen Tasmania has clinics in Hobart, Launceston and a mobile unit that visits rural and regional areas. For an appointment call 13 20 50.

So, look after yourself; be breast aware and know what is normal for you. If you are aged 50-74, remember to have your screening mammogram every two years. If you notice a breast change that persists, go and see your doctor, even if you are having regular mammograms.

Cancer Screening & Control Services offers information on cancers including breast, bowel, prostate, skin, lung and cervical to promote screening (including mammograms, Pap smears and bowel cancer screening), early detection of cancer, community and workplace education sessions and health promotion. For more information, call us on 6216 4319.

WOODCRAFT GUILD FAIR

Well, even the aristocracy from the landed gentry (the Colonial Strollers) decided to turn up in their Saturday best and join us common folk in enjoying a great day. On a serious note, many thanks to this group whose beautiful finery added to the visual impact at our fair, not to forget Lady Hannah Rubenach, all accompanied by the great sound from the 4 x 2s, Ted Koops and Paul Byard.

To Kat and Bruce Press - your beautiful snakes were inspirational in convincing many of the non-believers that these reptiles can be just as fascinating as other protected species; we would like to express gratitude to Graham Derbyshire and Judy Ogden who sold our haute cuisine snags and handled the tongs with such a light touch so as not to bruise these delicacies; thank you to Michael Smith and Michelle Kaal for organising the Tasmanian Regional Arts Markets, and to all the stall holders who participated; Wendy Fowler whose dhal was a great accompaniment to the other culinary delights; the East Coast RC Flyers whose display of planes gave a new dimension to the intricacies of aeronautical engineering. The Guild would like to give a special mention to Jennifer Tol (Geoff Springer's sister) who handmade bags for us to sell to help with fundraising, and to Maree and Mark Owens for the colourful jumping castle and Maree's clever face painting skills.

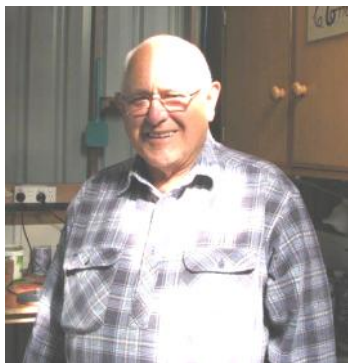
We would like to give a special acknowledgement to Marcus Hall who entertained the crowds with his tool sharpening expertise ... especially as Marcus is still recovering from his recent accident. Thank you to all the shops that displayed our posters - The Coach House, Mt Elephant Fudge, Second Hand Rose, Evelyn at the bakery, Mark and staff of the IGA, Tim from Caffeine Surfer, the St Marys Pharmacy, Madd Mudd, the Caltex Garage and the Purple Possum. Thank you to Ian Summers for opening up the museum, Break O'Day Council, Wendy Dawson and all the volunteers from the Valley Voice, Glyn, StarFM, The Coastal Column, Tracy Macdonald, Geoff Springer, Marcia, George Wyrostek, Andrew Wallace, Chris Ogden, the Fingal Valley online centre and our poster girl Lorraine Gill.

Although Mark Sheldon and Guy Barnett have tight schedules we all appreciated their attendance. A special mention of praise to one of our longest serving members, Col Mackenzie, for all his invaluable input and support throughout the year. To the community of St Marys your loyalty is expressed every fair and is very much valued.

Finally to the Sizzler King our President Reon Johns whose dream it was to keep old woodworking techniques available for the next generation to learn and enjoy..... we all say thank you.

Wendy Brennan, Secretary





Healthy House Walking Group

March 21st Flagstaff Hill: Walkers met at Lions Park for the walk up Flagstaff Hill. The group set off through the open ironbark forest, following the bush-tracks until they petered out on the lower slopes. Then we followed an unrelenting ascent, up the rocky north-east ridge, with ever-increasing vistas of the surrounding countryside and the bay. The summit was reached in time for an early lunch and a restful appreciation of the view down the bay and out to the open coast. Eventually, when lunch had settled, the descent was begun, firstly by way of the rough road and then diving into a deep gully and following a track up the other side. This completed the loop and there remained only a short walk back out to the main road at Lions Park. *(Contributed by: Alex Buchanan)*



Skeleton Bay Walk, photo by Gordon May

April 1st Skeleton Point: The walk started with some debate about the origin of the name “Skeleton Bay”, however the matter was soon settled by contacting the History Room at St Helens Information Centre who confirmed that the bay was named after a whale had been washed ashore near there and whose skeleton remained for many years. A few bones from the whale are on display at the History room. Our group took time to enjoy the beautiful scenery and take photographs of the lichen coloured rocks at various vantage points. This delightful short walk would suit most ages and has a few modest rises to stretch the hamstrings. We walked through an understory of She Oaks and coastal heath with shade most of the way, and made Skeleton Point in about 40 minutes of relaxed walking. We opted not to do the additional Grants Point walk which would have added about another 30 minutes to our time. On our return we spotted a family of sea eagles hovering overhead, no doubt looking for a morsel along the shore line. Skeleton Point is accessed via the Skeleton Bay car park and also from the Dora Point car park. *(Contributed by: Gordon May)*



Maurouard Beach, photo by Dale Ayers

March 25th Marouard to Jocks Lagoon Beach Walk: Members participating in the Wednesday walk to Jocks Lagoon enjoyed the sunny weather, the trudge over the marram-grass dunes and the stroll along Maurouard Beach at low tide. St Helens Island and Paddys Island were clearly visible offshore with The Elephant and Paddys Head in the distance. At Jocks Lagoon, after a dry summer, the water was low enough to expose a narrow beach for most of the way around, otherwise stretches of scrub, buttongrass, wet sedgeland and heathland provided highlights and obstacles by which to remember the walk. On the last leg back to the cars, a little brown bird, warbling in the undergrowth, proved impossible to identify. The group returned to St Helens in time for lunch. *(Contributed by: Alex Buchanan)*

Our walkers come from Fingal, St Marys, Beaumaris, Scamander, Binalong Bay and of course, St Helens and around Georges Bay. A participant list for each longer Saturday walk is kept at Healthy House. New members are most welcome. Please call Healthy House on 6376 2971 or Bryan Edhouse: 0414 987 435





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- Walking Group
- FriendSHIP Program



Forestry Tas shops for green credentials to give wings to plan to trash Swift Parrot

By Thom Mitchell 18 Apr 2015

Tasmanian Authorities have again been called out for failing to protect the endangered Swift Parrot, with three prominent environment groups yesterday slamming Forestry Tasmania for disregarding scientific warnings to make way for the logging of its last sanctuary.

Even as the government corporation seeks to be certified as a sustainable forester, it is reportedly fishing for a green group that will give wings to its plans to log in contravention of scientific evidence.

The outcry follows an earlier debacle, exposed by Environment Tasmania late last month, which revealed **the Tasmanian Department of Primary Industries, Parks, Water and Environment ignored its own scientists' expert advice and forged ahead with the logging of key breeding habitat.**

Loss of breeding habitat is acknowledged as the major threat to Swift Parrot survival, and scientists, including the Tasmanian government's own, say we just can't afford to destroy any more.

On Thursday, the Tasmanian Conservation Trust, Markets for Change, and the Bob Brown Foundation slammed Forestry Tasmania, accusing it of trying to 'ambush' green groups into backing its plans to continue the logging of breeding habitat.

At least five major environment groups active in Tasmania say that if Forestry Tasmania received certification from the Forestry Stewardship Council, a recognised international body, it would effectively condone an organisation which is driving the bird to extinction.

After a study from scientists at the Australian National University predicted the species will decline by 95% in three generations, or 16 years, a recommendation that the bird be listed as critically endangered is currently being considered by the federal government.

The study forecast that numbers will halve every four years, and the researchers called for a moratorium on logging. It is thought that less than 2,500 Swift Parrots survive in the wild.

The small, colourful bird migrates from the mainland each year to breed in Tasmania. It's the longest known migration of any parrot, but continued logging of Tasmania's old-growth forests has seen the unique bird, which is also Australia's fastest-flying nectar-eater, winging its way rapidly towards extinction.

Last year, a separate study broke new ground when it discovered yet another threat - Sugar Gliders.

According to the study on Sugar Glider predation, just 17% of Swift Parrot nests survive the 60-day breeding period on Tasmania's mainland, and logging exacerbates the threat by thinning the canopy.

But there is one place where the Sugar Gliders haven't reached - Bruny island, off the southern tip of Tasmania. It's a sanctuary Forestry Tasmania is already logging, and plans to log further.

Conservation groups say that's a death warrant for the Swift Parrot, which the study found had 100% breeding success on Bruny Island, away from Sugar Glider predation.

And the impotent efforts of Tasmanian authorities to save the species are not just bad for the bird. For years Forestry Tasmania has been trying to get the green light from the Forest Stewardship Council, which would certify its products as meeting key environmental standards.

This green credit would give the loss-making Tasmanian forestry industry a much-needed boost, as retailers and consumers increasingly look for ethical and sustainable timber products.

(continued on page 19)



Photo by Henry Cook



Colonial Strollers meet Madd=Mudd



Spike Mulligan

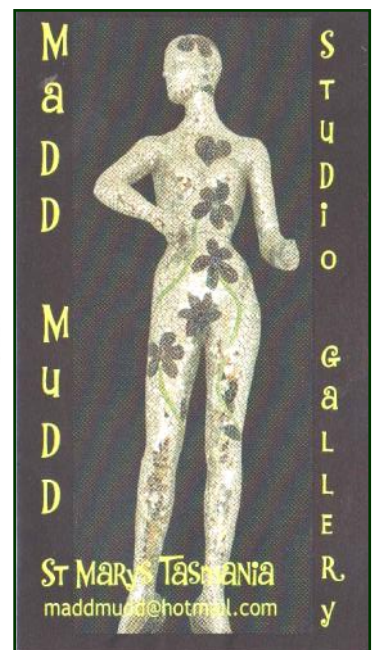
Crosswords for Idiots

Across

1. The indefinite article

Down

1. First letter of the
alphabet





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MANGANA.

The holiday passed without any excitement whatever - no sports or cricket match, and only a small picnic. Last week two miners at the Twilight succeeded in killing a fine native tiger. It was caught in a snare, but on the approach of Messrs. George Ward and J. Smith it broke away, but was soon overhauled by a kangaroo dog. A grand tussle ensued, but the tiger was handicapped by receiving the contents of four discharges from a gun, and after a game struggle killed. It measured 6ft. from the nose to the tip of the tail, 3ft. in girth, and 2ft. 9in. high, and although the teeth were quite competent to do any amount of damage amongst Messrs. McKenzie's and Hewitt's flocks, their worn appearance testified to its great age. The head and paws were taken to Fingal to claim the Government reward. Mr. Hy. Lyne, the Council Clerk at Fingal, is at present in Melbourne, whither he has gone to compete in the International Rifle Meeting. His friends wish him every success, and hope he will uphold the honour of Tasmania and his club. Satisfaction is expressed at the improved yield at the last crushing at the Twilight mine, yielding as it did at the rate of 17 ½ cwts. to the ton from a crushing of 70 tons. Shares in the company have shown a downward tendency for a considerable time, and the improved prospect should tend to check any further decline. As in other parts of Tasmania, this season is proving a remarkably good one for the farmer in the Fingal district. There are showers almost every day, with a total absence of late frosts, which play such havoc with the fruit. Mr. Robert McKenzie's farm is looking particularly well, and he states that he has not known such a favourable season for 20 years, in fact the growth is too luxuriant.

The Mercury, November 15th 1889

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What 11 letter word is
most spelled incorrectly?
Answer next issue.

On this day in 1921 - Charles Paddock (right), a Marine Corp captain from Texas, runs a world record 100m in 10.4 secs.



(continued) “Forestry Tasmania has not actually been prepared to confront the enormity of the change they need to make in their operations if they want to get FSC certification,” CEO of Markets For Change Pegg Putt said. “They’ve tried to greenwash over their deficiencies.”

In fact, Forestry Tasmania appears to be shopping around looking for an environment group that will help them get certification.

“It’s quite manipulative - what we’ve described as an ambush tactic,” Peter McGlone, Director of the Tasmanian Conservation Trust, told New Matilda. “The way they’re trying to deal with it is they’re ringing up some conservation groups, not ringing up other conservation groups.” The reality is, though, that further logging of breeding habitat will badly undermine the species’ chance of survival. They’re really trying to get people who will support something that will support their management approach.”

The Tasmanian Conservation Trust and at least one other group have been approached, and environmentalists suspect that Forestry Tasmania has also tried to attract the support of key scientists, and that other meetings are in the offing.

The Tasmanian Conservation Trust, Markets for Change, and the Bob Brown foundation last year made a jointly prepared submission to the auditors who will decide whether to grant Forestry Tasmania certification, a copy of which has been obtained by New Matilda.

The bid for final certification has been pushed back by a month, they say, as Forestry Tasmania works to address issues identified in a draft audit.

“Stakeholder feedback plays a massive part in the certification process,” a spokesperson for the Forestry Stewardship Council assured New Matilda, but the groups that will largely inform the auditor’s decision are far from impressed.

“We understand that Swift Parrot conservation is one of the [eight] issues of non-compliance found by auditors SCS Global,” McGlone said. “We must have this confirmed by Forestry Tasmania and know the context prior to meeting, especially the relevance of our input to any FSC certification.”

The groups say that no level of logging of Swift Parrot habitat is acceptable and that they have notified FSC of the “serious adverse impact” logging on Bruny Island will have, impacts which it says “contravene several key principles and criteria of FSC”.



Habitat crucial to the Swift Parrot, which Forestry Tasmania wants to log.

Another Bruny Island coupe is due to be logged beginning in October, a move which has been roundly condemned. A spokesperson for Environment Tasmania said all logging of breeding habitat should cease, describing the logging on Bruny Island as “particularly insidious”.

“To even be considering it just seems reckless in the extreme,” he said.

The Wilderness Society said it agrees with Environment Tasmania’s position.

“If they were in any way serious about their commitment to protecting Swift Parrots they would immediately halt all logging of Swift Parrot habitat on Bruny island and for them not to do so is just atrocious,” a spokesperson for Birdlife Australia said. Earlier this year, Birdlife Australia wrote to the auditor, identifying a number of issues of non-compliance with FSC standards and adding its voice to the chorus of organisations recommending against certification in the absence of better plans.

The interim plan Forestry Tasmania has submitted to the auditors “maliciously misconstrues the criteria they were meant to address,” according to the Tasmanian Conservation Trust.

The plan fails to recognise large areas of known Swift Parrot breeding habitat, including Bruny Island.

“It’s like doing an exam question where you re-write the question then go on to write an answer that’s really simple to write,” McGlone said.

Further, “Forestry Tasmania have failed to incorporate the results of new scientific information and change their management plan to respond to the new environmental circumstances that have been revealed by research into Sugar Glider predation on Swift Parrot nests,” the joint submission to the auditor said.

Given the fact that the success rate of breeding is 73% greater on the island, and 83% of adult females were also killed where glider predation was present on the mainland, the submission argues it should be classified as ‘refugia’, which is the highest classification.

Forestry Tasmania declined to be interviewed for this story, but it, and successive governments, have increasingly seen certification as a priority due to the market’s growing desire for sustainable and ethical timber products.

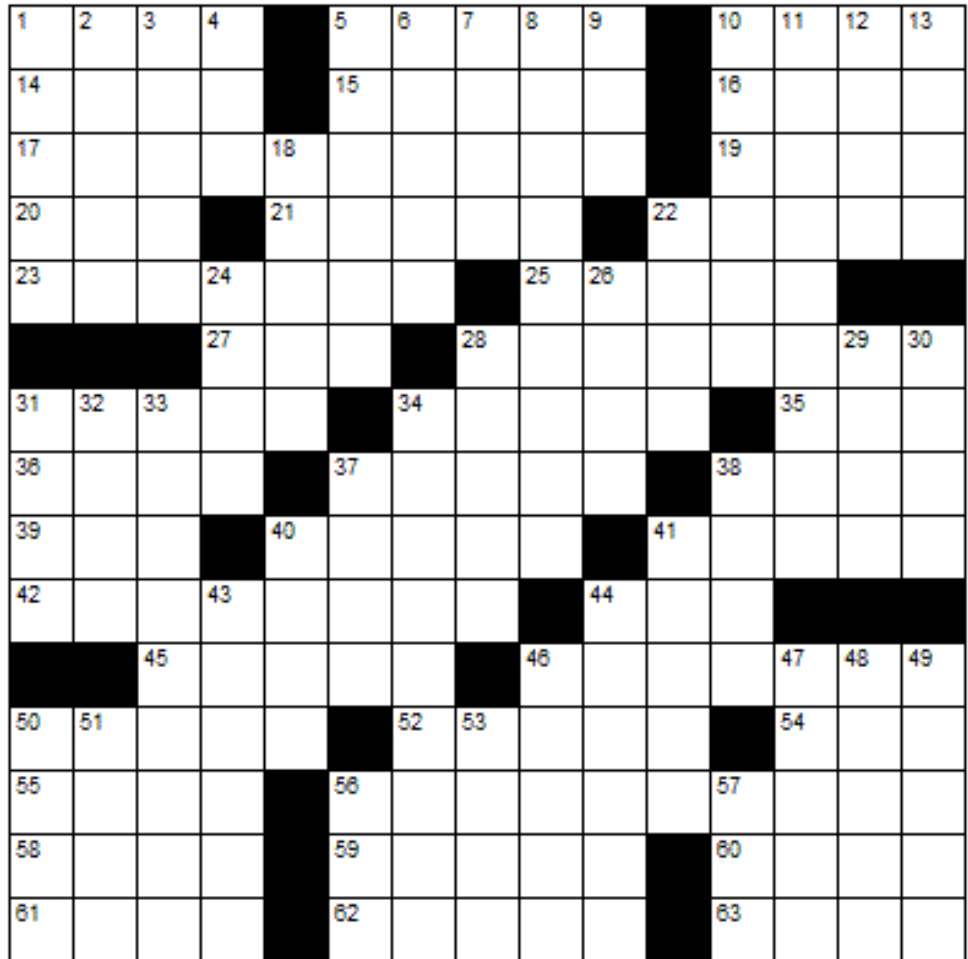
“It’s just very clear that consumers care a lot about endangered species and they don’t want to see products arising from the destruction of the habitat,” Putt said. “It’s just sort of ‘101 how it works’ in markets these days. Unfortunately we’ve got a government corporation in Forestry Tasmania here that thinks you can somehow green over that.”

A decision on Forestry Tasmania’s FSC bid is expected in May.

<https://newmatilda.com/2015/04/18/forestry-tas-shops-green-credentials-give-wings-plan-trash-swift-parrot>

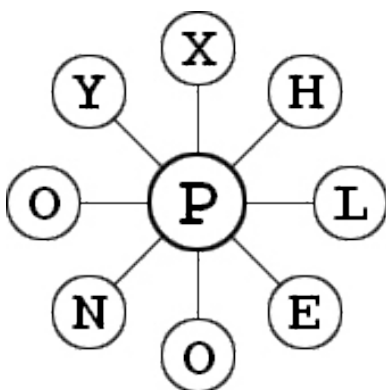
ACROSS

- 1. Dash
- 5. Not those
- 10. Comply with
- 14. Historical periods
- 15. Aspirations
- 16. Constellation bear
- 17. Impertinent
- 19. Armored vehicle
- 20. Short sleep
- 21. Map within a map
- 22. S S S S
- 23. Gist
- 25. Small islands
- 27. Born as
- 28. Loyalties
- 31. Casts
- 34. Desires
- 35. Conceit
- 36. Anagram of "Seek"
- 37. Polka or samba
- 38. Envelop
- 39. Children's game
- 40. Flatboat
- 41. Outbuildings
- 42. Dumps
- 44. In song, the loneliest number
- 45. One after eighth
- 46. Deprive of oxygen
- 50. Encrypted
- 52. Cowboy movie
- 54. Lyric poem
- 55. "What a shame!"
- 56. Turbulent
- 58. Flippant
- 59. Comment to the audience
- 60. Religious offshoot
- 61. Kind of bean
- 62. Monster
- 63. Visual organs



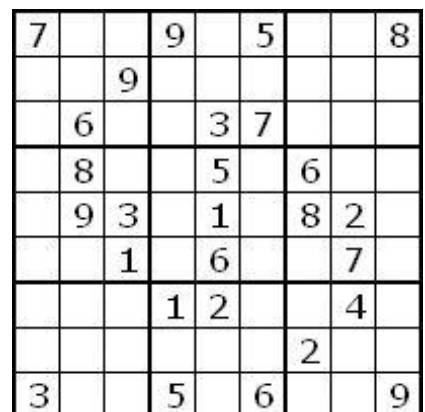
DOWN

- 1. French for "Queen"
- 2. Tapestry
- 3. Quibbles
- 4. East southeast
- 5. Therefrom
- 6. Steed
- 7. Type of sword
- 8. Awareness
- 9. Eastern Standard Time
- 10. Beginning
- 11. A woman's undergarment
- 12. Feudal worker
- 13. Wild Tibetan oxen
- 18. Creepers
- 22. L L L L
- 24. Terminates
- 26. Satisfy
- 28. Eyeteeth
- 29. Quaint outburst
- 30. Absorbs
- 31. Distribute
- 32. Alright
- 33. Fabled
- 34. Depot
- 37. Blowgun missile
- 38. Sharpen
- 40. Agent 007
- 41. Sound of contempt
- 43. Afternoon nap
- 44. Egg dish
- 46. Wall uprights
- 47. Nonsense
- 48. Draw forth
- 49. Relaxes
- 50. Hats
- 51. Margarine
- 53. Dogfish
- 56. Bar bill
- 57. Utilize



Solutions next issue

How many words can you find? Each word must contain the central P and no letter can be used twice, however, the letters do not have to be connected. Proper nouns are not allowed, however, plurals are. Can you find the nine letter word? Excellent: 29 words. Good: 22 words. Average: 17 words.





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The Kettering Incident

The Kettering Incident is an adult drama television series by Porchlight Films and Sweet Potato Films, with writing by Victoria Madden, Louise Fox, Cate Shortland and Andrew Knight. It was directed by Rowan Woods and Tony Krawitz, and the executive producer was Penny Win. The series will air on Foxtel in Australia and BBC Worldwide internationally and is planned to consist of eight one hour episodes.

The story of *The Kettering Incident* begins as Doctor Anna Macy finds herself inexplicably linked to the cases of two girls who have mysteriously disappeared in identical circumstances in the wilds of Tasmania 15 years apart. To clear her name, Anna must delve into her troubled past and face some truths about herself and the otherworldly nature of this gothic land.

The series was filmed in and around the town of Kettering and Bruny Island, and was announced in February 2014 by the then Premier of Tasmania during a press conference in Kettering. It has been jointly funded by Screen Australia, Screen Tasmania, Foxtel and a broadcasting rights advance from BBC Worldwide, and was budgeted at \$15m.

The *Kettering Incident* will have its world premiere at the prestigious (and ridiculously cool) Dark Mofo - Hobart, 10th June 2015.

The lovely voice of Susannah Coleman-Brown, formerly of Cornwall and leader of 'Conceal' (the local choir who sang at various venues in Tasmania) is featured in this series, singing one of her tracks 'Don't Run'. Susannah is ably assisted by great local musicians Pete Cornelius, Simon Holmes and Beau Thomas

[facebook.com/sweetpotatofilms?fref=nf](https://www.facebook.com/sweetpotatofilms?fref=nf)



Still shot from 'The Kettering Incident'



A couple of very attractive visitors to St Marys on April 15th. Photo by Editor.



Last edition's solutions

All words: abets, abodes, abs, adepts, adobes, adoptees, adopts, ados, ads, aedes, apes, apods, apse, as, asp, ates, baps, bas, base, based, bast, baste, basted, bates, bats, beads, beast, beats, bedpost, beds, beeps, bees, beets, beset, besot, best, bestead, bested, betas, bets, boas, boast, boasted, boats, bodes, bods, bops, bos, botas, bots, dabs, daps, dates, datos, debase, debates, debts, debts, deeps, dees, deets, depose, depots, despot, doats, does, doest, dopas, dopes, dos, dose, dost, dotes, dots, ease, eased, east, eats, epodes, epos, es, estop, etapes, etas, oast, oats, obes, obese, odes, ods, oes, opes, ops, opts, os, ose, pads, pas, pase, paseo, past, paste, pasted, pates, pats, peas, pease, peats, pedes, peds, pes, pesade, peseta, peso, pest, pesto, pets, podesta, pods, poets, pose, posed, post, posted, pots, psoae, sab, sabe, sated, sabot, sad, sade, sae, sap, sapote, sat, sate, sated, sea, seabed, seat, seated, sedate, see, seed, seep, sept, septa, set, seta, setae, so, soap, soaped, sob, soda, sop, spa, spade, spado, spae, spaed, spat, spate, sped, speed, **SPEEDBOAT**, speedo, spode, spot, stab, stade, stead, steed, steep, step, stoa, stoae, stob, stop, stope, stoped, tabes, tabs, tads, taos, tapes, taps, tas, teas, tease, teased, teds, tees, tepas, toads, tods, toes, topees, topes, tops, tsade.

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7	5	4	3	2	9	6	8	1
8	9	3	1	7	6	2	4	5
9	8	1	7	3	5	4	2	6
2	7	5	6	1	4	9	3	8
3	4	6	9	8	2	5	1	7
6	2	8	4	9	7	1	5	3
4	3	9	8	5	1	7	6	2
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SPLASH
ST MARYS

You swill it, we fill it!
You dump it, we pump it!

Water cartage
Septic pumping

Contact: Mick
0488 777713



**ST MARYS
BAKERY**


PH: 6372 2131
OPEN 7 DAYS A WEEK



**FRESH BREAD, ROLLS & BUNS,
PIES, PASTIES, CAKES,
HOT FOOD,
COFFEE, COLD DRINKS,
ICE CREAM.**

52 MAIN ST ST MARYS.

Visit our website at valleyvoice.com.au and look back over nine years of archival content, galleries and stories, in addition to each new edition. Leave a comment/suggestion on what you would like to see included.



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April 27	Lundy Vosper
28	Valmai Spencer
29	Lorraine Gill
30	Heather Griffiths
May 1	Drew Adam
4	Karl Balzer
5	Louise Keady
6	Lundy Vosper
7	Sonya Allison
8	Lorraine Gill

Tip locations and opening hours

<i>Ansons Bay</i> Long w/end Mon 12 - 4 Wed & Sun 12 - 4	<i>Scamander, Coach Street</i> Tues & Thurs 10 - 4 Sun 2 - 5
<i>Fingal, Mathinna Road</i> Tues & Thurs 10 - 4 Sun 2 - 5	<i>St Helens, Eagle Street.</i> Open 7 days 10 - 4
<i>Pyengana, Tasman Hwy</i> No builders' waste please Wed 9 - 1 Sun 2 - 5	<i>St Marys, Gray Road</i> Tues & Thurs 10 - 4 Sun 2 - 5

The Valley and East Coast Voice Inc. Guidelines

Opinions in any letters published are not necessarily those of the Editor and committee, or volunteer staff.

Our pages remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks or hinting at libel or slander will not be accepted.

Please do not attack the editor, the paper or the authors of previous articles.

Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary.

All letters/emails must include your full name, address and phone number.

The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines.

All information is correct at time of printing.

Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.

Emergency services

AURORA Emergency	132004
Carers for Wildlife St Marys	6372 2973 0417 017 105
Crimestoppers	1800 333 000
Poisons Information	131126
Police Emergency	000 & Enq 131444
SES Emergency	132500
TFS Emergency	000 & Enq 1800 000 699

Church Services

Catholic Parish of St Marys

Sr Lorraine Groves
6372 2252 / 0409 172 741

1st Sunday Mass
St Helens Vigil 6pm
Bicheno 9am
Fingal 11.30am

2nd Sunday Liturgy
St Helens Vigil 6pm
St Marys 9am
Bicheno 9am
Fingal 9.30am

3rd Sunday Mass
St Helens Vigil 6pm
St Marys 9am
Bicheno LWC 9am

4th Sunday Liturgy
St Helens Vigil 6pm
St Marys 9am
Bicheno 9am
Fingal 9.30am

5th Sunday Mass
St Helens Vigil 6pm
St Marys 11am
Bicheno 9am

Break O'Day Uniting Church

The Manse 6376 2405
St Helens 9am
Fingal 11.15am

St Marys Salvation

Army Envoy M Norton
0409 838 816

Sunday Joy 9.30am
Tuesday JAM 3-5pm
(except school holidays)

Break O'Day Anglican Parish

POB 143, *St Helens* Tas 7216 6372 1144
St Helens 9.30am
5th Sunday Combined Service with Uniting Church 10.30am
St Marys 10am
Pyengana Please phone for service times
facebook.com/anglicanbod

Anglican Parish of Northern Midlands

Avoca 11am 2nd Sunday
Fingal 2pm 2nd Sunday
Mathinna 2.30pm 4th Sunday
Ross 10am 5th Sunday
Campbell Town 9am

Emailing with anyone born before 1930



waitbutwhy.com



I'm **NOT** a Domestic Goddess!

Come and join us for a fun, relaxed, social evening for ladies of all ages.

Be spoiled, pampered, encouraged and indulged.



6:30pm—8.30pm Tuesday 12th May

St Marys Hospital Day Room —
up the ramp at side

Questions & Directions

Contact Christine Waters 0410 441 558

please RSVP for catering purposes

(an initiative of the Break O'Day Anglicans at St Marys)



Workshops open to all ages, so... see **YOU** at the St Marys Community Hall

“Come along and learn the art of”

Saturday 2nd May, 2015 2–3pm

“Amazing Video”

BYO Mobile Phone or Tablet
\$10 Members / \$12 Others

Saturday 16th May, 2015 1.30–3.30pm

“Tie-Dye”

BYO White cotton items
\$12 Members / \$15 Others

Sunday May, 2015 1–3pm **“Plarn”**

– Crochet

BYO Plastic Bags
\$12 Members / \$15 Others
(Crochet Hook Supplied – 25 plastic bags makes a hat. You choose what to hook!)

Light afternoon tea supplied
Bookings & Enquiries: Michelle
0407 046 865
e: bodregionalarts@gmail.com

ST MARYS MARKET



MARKET DAY

Saturday 2nd May, 2015

St Marys Community Hall 9am-1pm



Our stallholders have: Art, craft, books, leatherwork, candles, jewellery, handmade, homegrown, clothing, beautiful things, (nice) smelly things and scrumptious things

Bookings & Enquiries - Michael
(03) 6372 2056 / 0407 046 865
e: bodregionalarts@gmail.com



ST MARYS SPORTS (AND SOCIAL) CENTRE

Gray Rd St Marys

Renovation trading hours. Friday 5.30 - close. Sunday 1.30 - 4.30

Entrance through deck area.



East Coast Bowls AGM Sunday 3rd May, 10am. at St Helens Bowls Club.
It would be appreciated if as many members as possible could make the effort to attend.
If you would like to have a voice on the East Coast Committee please get a nomination form from Nikki Viney.

Casual Golf is being played on Sundays - 12:30 tee off.
The Bar is open. *Visitors welcome!*

FRIDAY NIGHT HAPPY HOUR



Please support your club while renovations are happening. Yes we still have to pay the bills, so every little bit helps.

Friday Evening for the next two months we are offering a hearty bowl of tummy warming food for \$8 or under, depending on what is on offer. (\$4 for kids under 12)

Friday 1st May: Jacqui's Seafood Chowder with crusty bread.

Friday 8th May: Irish Stew.

No seating, stand around the fire and enjoy. We are also running Jag the Joker (\$2 a ticket) and the Free Members draw to win a carton

Why not come along and show your support....

Licensee/treasurer - Jim Turner 6372 2441
President - Bobby Harwood 6372 24455

Secretary - Annette Wines 0417 010 648
Catering - Jacqui 0439 978 156

Earth Angel

100% NATURAL HANDMADE SKINCARE

Mother's Day Special

All skincare 20% off from now until Mother's Day (May 10th) available from Mt Elephant

Fudge and Ana's Hairdressing.

earthangelskincare@gmail.com / 0417 055 555
for full list of available products and prices.



More happy painted faces from the Woodcraft Guild Open Day Fair

Follyfoot Friends

April sees the magpies moving on and the crows coming back to reclaim what's theirs. No, I'm not talking about a football game. At Follyfoot it's been a regular occurrence in the umpteenth years since it became so. So grateful for the crows am I for they keep most of the flying predators away, one such which has been a dreadful pest this year - the hawk. So many of our pigeons have been scooped up mid air and ravaged by them. The sparrow hawk is the worst, as it will even follow the birds back into their coup. So at last now, thanks to the crows, Folly's feathered friends can be safe for a little while.

This month we acquired a new gentleman to the fold. His name is Billy and he's a very handsome Blue Silkie Rooster. The girls were very impressed for the most part, although as usual Marylou was not taken at all by him, like the matriarch she is; she rules all. But Billy is a gentle kind of guy. When the feed is put out for them, Billy will cluck to his ladies, then as they approach, he, just like the gentlemen he is, will step back and allow them first takings. He does do the ritual greeting of most roosters, one wing down, while dancing around and around trying to impress. But ever so patient and will not force anything on them. What a guy!

Yes, April is a wonderful month. Frosty mornings, then you know that the rest of the day is going to be brilliant, unless of course, those black cockies start up high in the pine trees on the hill, then you know, sometime, there is going to be rain.



By Jackie Roberts, Mathinna

ST MARYS COMMUNITY HEALTH CENTRE

St Marys Community Health Centre

GP Surgery Hours:

Monday—Friday

8:50am-10:00am

10:00am-10:30am— Reception Closed

10:30am- 12:30pm

12:30pm-1:30pm— Lunch Reception Closed

1:30pm-2:45pm

2:45pm-3:15pm— Reception Closed

3:15pm- 4:30pm

DOCTORS ROSTER

Dr Cyril Latt

23/4/15—8/5/14

Dr K. Rawnsley

9/4, 10/4, 14/4, 16/4, 21/4 2015

Dr L. Reeckman

Women's Health Clinic

30 April & 1 May 2015

For appointments phone: 6387 5555

PATHOLOGY SERVICE-

NO PATHOLOGY SERVICE BETWEEN:

12:00-1:30pm or before 8:30am daily

If you require Pathology **before 8:30am an appointment must be made with the Nurses Station the day/night before** by phoning 6387 5555

IMPORTANT INFORMATION TO PATIENTS

Please be aware that Dr Latt's Surgery is currently fully booked for appointments 1 week in advance as of 23/4/15

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention *please inform the reception staff* who will put you through to the Nurse on duty.

Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt— Call an Ambulance 000

Thank you for your cooperation

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **PRIOR** to your medication/s running out or **IN ADVANCE** if you are attending this practice regularly.

PLEASE BE PATIENT waiting periods can apply to see the doctor. Scripts are unable to be done over the weekends, ensure you have enough medications in advance.

PHONE SCRIPTS

Please be aware **scripts are no longer able to be done over the phone.**

FLU VACCINATION CLINIC

The St Marys Community Health Centre is taking bookings for our **FLU VACCINATION CLINICS** during April/ May 2015.

Next Clinic is: Thursday 23 April 2015

Afternoon clinic 2:00pm-4:00pm

Appointments will take approx. 5 minutes.

If you are 65+ or over or have a chronic condition your vaccination is *free*.

If you are under 65 years of age please ring the Health Centre on 6387 5555 to organise a script for your flu vaccine and collect it from the Pharmacy **BEFORE** attending your Flu Vaccination Clinic appointment on 21/4/15 or 23/4/15.

St Marys Health Centre 6387 5555

There will be more Flu Vaccination Clinic Days depending on Community demand.

INR TESTS

A doctor's appointment is required if you are having an INR test. **Please let reception staff know when making your appointment that you are having an INR test.** This requires a 5 minute doctor consult.

AFTER HOURS CONTACT NUMBERS

GP ASSIST ON- 1300 780 011

AMBULANCE 1800 008 008 or
EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE
6387 5555

**Please RING Community Health Centre
BEFORE presenting after hours**

Lifeline 131 114

Saving Lives, Crisis Support and Suicide Prevention

ST MARYS COMMUNITY HEALTH CENTRE

WHAT'S ON AT THE CENTRE

- 23 April **Anglicare Drug & Alcohol Counsellor.** For appointments please see your GP for a referral.
Social Worker– Shan Williams. Please phone 6387 5555 for appointments.
Flu Vaccination Clinic– phone 6387 5555 for appointment. Details of the clinics on reverse of this page.
- 24 April **Social Worker**– Shan Williams. Please phone 6387 5555 for appointments.
St Helens Neighbourhood House– 10:00am-4:00pm in the Day Room.
- 27 April **TML Psychologist**– Sam McCarthy. Please see your GP for a referral.
- 28 April **Child Health Session** with Mary Mumford every Tuesday– Appointments only. Please phone 0428 136 38
Tom Bain, Rae & Partners Lawyers. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
Lightfoot Podiatry– Perry Daly. Phone 6331 9568 for appointments.
- 29 April **Day Centre**– For details on the group please contact Hayley Gilbert 6387 5555
Social Worker– Shan Williams. Please phone 6387 5555 for appointments.
TAZREACH– Antenatal Clinic with Katie. For appointments please see your GP.
- 30 April **Social Worker**– Shan Williams. Please phone 6387 5555 for appointments.
Relationships Australia– Leanne McMurtie for appointments please phone 1300 364 277
Eyelines– Phone 1300 139 363 for appointments. Consults Bulk billed to Medicare.
- 1 May **Social Worker**– Shan Williams. Please phone 6387 5555 for appointments.
St Helens Neighbourhood House– 10:00am-4:00pm in the Day Room.

WHAT'S ON AT THE CENTRE Continued...

- 4 May **TML Psychologist**– Sam McCarthy. For appointments please see your GP for a referral.
Hospital Auxiliary Meeting. 2:00pm in the Day Room. New faces welcome.
- 5 May **Child Health Session** with Mary Mumford every Tuesday– Appointments only. Please phone 0428 136 38.
- 6 May **Day Centre**– For details on the group please contact Hayley Gilbert 6387 5555
- 7 May **Continence Nurse**– Sue Walker. For appointments please see your GP or Health Professional for a referral.
Social Worker– Shan Williams. Please phone 6387 5555 for appointments.
- 8 May **Social Worker**– Shan Williams. Please phone 6387 5555 for appointments.
St Helens Neighbourhood House– 10:00am-4:00pm in the Day Room.

ST MARYS HEALTH CENTRE TEACHING SITE

The St Marys Health Centre is a UTAS teaching site. We regularly have students from all faculties of health that attend our site to participate in training placements.

If you are attending this practice and would prefer the students do not sit in on your consultation please let the reception staff know when you arrive. These placements are very important for the students so your cooperation is greatly appreciated.

APRIL/ MAY 2015- there will be Medical & Nursing Students on placement at the St Marys Community Health Centre from the University of Tasmania.

EYELINES

Visit the St Marys Health Centre every 6-8 weeks. For appointments please phone: 1300 139 363.
All consultations Bulk Billed to Medicare

WOMEN'S HEALTH CLINIC

Regular Women's Health Clinic's are held at the St Marys Health Centre. For appointments ring 6387 5555.

COMING SOON

Mobile Fresh Fruit and Vegetables



- ▶ Main St **Avoca** Wednesday morning
- ▶ Main St **Fingal** Wednesday afternoon
- ▶ Todd's Hall block **St Marys** Thursday morning
- ▶ **Scamander** Thursday afternoon
- ▶ **St Helens** wharf Friday morning
- ▶ **Falmouth & Four Mile Creek** Friday afternoon

*Phone 0478 565 040
for more information*



ST MARYS IGA SUPERMARKET

*In the centre of town, at
the heart of the community*

38 Main Street

Ph/Fax 6372 2240 Butcher 6372 2274

Monday to Friday 8 - 6.30pm Saturday 8 - 5pm

Sunday 10 - 5pm

Butcher available Monday to Friday 8 - 2.30pm



Specials from 22nd - 28th April

<i>Butchery</i>	<i>per kg</i>
Leg of Lamb	9.99
Blade steak/roast	10.99
Lamb bbq chops	9.99
Ingham chicken drumsticks	3.99
Nichols whole bagged bird	4.99

Shelves

Kleenex cottonelle toilet rolls 8pk	3.49
Skippy corn flakes 500g	1.99
Continental cup-a-soup 2pk	.99
Moccona coffee sachets 10pk	3.69
Andersons tea cup bags 100g	2.49

Cool room & Freezer

Devondale soft butter 500g	3.49
Bega super slims cheese slices 500g	4.99
Fruche 2pk	2.99
McCain beer batter steak fries 750g	2.99
McCain pizzas 500g	4.99

Specials from 29th April - 5th May

<i>Butchery</i>	<i>per kg</i>
Rump steak	13.99
Topside beef roast	10.99
Casserole steak	10.99
Lamb loin chops	15.99
Ingham marinated chicken wings	6.99

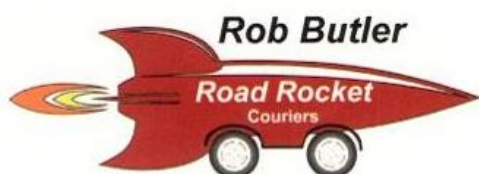
For Our Pets

Schmackos beef straps bonus pack 750g	8.99
Chum canned dog food 1.2kg	2.49
My dog tray 100g	.99
Whiskas canned cat food 400g	1.25
Whiskas vita-bites 1kg	4.19

Under \$2 ea

Miracle margarine 500g	1.49
Blast dishwashing liquid 400ml	1.39
Devondale long life milk 1L	1.35
Balducci pasta 500g	1.25
McKenzies split green/yellow peas /pearl barley 500g	1.49

A man named Armand Hammer
coincidentally ended up on the board of
directors for Arm & Hammer



*Servicing Launceston to St Helens, Campbell Town,
Fingal Valley, Swansea, Coles Bay and Bicheno*

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couriersroadrocket@bigpond.com



Printed and published by
The Valley and East Coast
Voice Inc.
POB 230
St Marys Tasmania 7215.

