



# THE VALLEY AND EAST COAST VOICE INC.

Established 1968

48.08 August 13, 2015 Deadline for 48.09 is 5pm August 24, 2015

*The following notice was omitted by error from the previous edition. Apologies to Craig Freiboth. (Editor)*

### From the ex-postie

To the community of St Marys, thank you for the last nine years of support as your local postman. Unfortunately my position was made 'redundant' on Tuesday 22/7/15.

I will miss my daily chats with you all, and all the little helpers who met me at the letter box each morning.

*Craig Freiboth, St Marys*



The East Coast RC Flyers award honorary life membership to Duncan MacDonald p22



Warm Hearts, Busy Hands  
Thom Ryan and Lindy Scripps of St Marys with her crocheted rug p11

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The Grey Goshawk p23

### Farewell and thank you Tracy, Helen, Ruth and Sue

After all these years there will be no more  
Of the best coffee and chips  
At times delivered right to my door  
Everyone who has met you has said  
You will be truly missed, with your charm,  
Your laughter and cheekiness  
You made everyone feel welcome  
Plus feel great after talking to you  
There will be a lot to live up to  
From the new owners on hand  
Things will be so different in our fair land  
Simply because you all will be gone.  
All the very best to Tracy, Helen, Sue and Ruth.  
We will miss you terribly, god ain't that the truth.

*Kim and David Watkins, Secondhand Rose*

FVNH Blundstone Arena - August 15  
Kmart / Winter Warmer - August 18  
FVNH Launceston Country Club Casino - August 27  
FVNH Lalla - September 18

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#### Advertising rates

- ◆ Business card ads \$15
- ◆ Intermediate ads \$18
- ◆ ¼ page ads \$25
- ◆ ½ page ads \$40
- ◆ Full page ads \$65

Community announcements are free. Private classified ads are free for two issues. Annual posted subscriptions are \$51 and annual online subscriptions are \$20.

Articles for publication may be left at the St Marys Pharmacy, posted or emailed. For online advertising, contact the Editor.

**MANY THANKS** - to everyone who has contributed to this edition of the Valley and East Coast Voice Inc. Articles are always welcome, but we do not accept responsibility for the accuracy of information provided by contributors! Opinions expressed are not necessarily those of the editor or volunteer staff.

### The Valley and East Coast Voice Inc. Guidelines

Opinions in any letters published are not necessarily those of the Editor and committee, or volunteer staff. Our pages remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks or hinting at libel or slander will not be accepted.

Please do not attack the editor, the paper or the authors of previous articles.

All articles for submission must bear the author's name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only.

Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. All letters/emails must include your full name, address and phone number.

The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines.

All information is correct at time of printing.

Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.

### For Sale

**Raspberry canes**, good stock \$1.50ea. **6372 2034**

**Dining table** 150cm x 90cm (extends to 190cm), **6 chairs** in neutral fabric, good condition \$200 ono. Solid pine **double bed & mattress**, medium dark stain, good condition. \$200 ono. **Mick 0459 224 595**

Good dry **firewood** \$60 p/m delivered to St Marys, \$65 to Scamander. **Danny or Jenny 6372 2301 / 0417 385 935**

**Moo poo**, any quantity, finely screened. Trailer load \$40, large trailer loads \$50-\$60, truck loads delivered. **Norm 6372 2380**

### Community Notices

**Shredded paper and boxes with lids** (27 height x 32 length x 23 width in cms) are usually available free from the Valley and East Coast Voice Inc. Ring the editor on 0403 430 452

**Break O'Day Council** is looking for those amazing people in the Valley who have compassion, common sense and calmness to become our Learner Driver Program mentors.

Mentors sit next to the learner driver and help them clock up driving hours (it's ok, the car has dual pedals).

Even if you can only volunteer for two hours a week it would be appreciated very much. We supply the training. Give a little back to those who struggle.

**Julie Severin 6376 7900 / [julie.severin@bodc.tas.gov.au](mailto:julie.severin@bodc.tas.gov.au)**

The Valley and East Coast Voice Inc. wish to thank the **Falmouth Community Centre** for their kind donation. **Reon Johns, treasurer, St Marys.**

#### Can you assist?

We are updating our community records - sport/rec clubs, arts, schools etc. We would love to receive an email from you informing us of current contact information; name of group, postal address, contact name and role (i.e.: secretary, manager), contact numbers and an email address.

We have 139 community contacts we need to review, so your assistance would be most appreciated.

Details to: [julie.severin@bodc.tas.gov.au](mailto:julie.severin@bodc.tas.gov.au)

**TRANSBOD** and co-sponsor **NRM North** invite you to More about Bees ... Plants 'n seeds on Sunday August 16, 2015 at the Falmouth Community Centre, Morrison St Falmouth at 11am - 4pm

#### Bridge Players Wanted

We are looking for people who already play the game, or who want to learn to play bridge, in the St Marys and Scamander areas. Bridge is similar to 500 and is not simple, but anyone with a willingness to learn should soon enjoy playing this fantastic game. Please contact me if you are interested **Jack Foreman 6372 2034**

#### Thank You Jeff

A big thank you to Jeff Faulkner who was caring enough to respond straight away to our call for assistance when our keys were accidentally locked in the garage late Sunday evening; it is kindness like this that restores our faith in people.

**Gary and Lorraine Townsend**

## Community Notices

### Vietnam Veterans Day

Vietnam Veterans Day will be commemorated on Tuesday August 18, 2015. The service will commence at 11am at the Vietnam Veterans Memorial site at the Cenotaph in St Helens.

If you wish to join veterans in the march, please form up at Hilly's Supermarket, St Helens at 10.50am.

You are invited to lay a wreath for the fallen during our Remembrance Service. If the weather is inclement the Service will be held in the Portland Hall adjacent to the Cenotaph. **President Gary Graham 6372 5727**

### AGMs

**\*Meals on Wheels** are holding their **AGM** on August 20, 2015 - all welcome. We meet in the Day Centre at the St Marys Community Health Centre.

**Once again we are appealing for drivers; it is rewarding, visiting out clients, who like to see us and have a chat.**

There is a good induction process, and all the information you require. Just an hour or less, once a month, would help us continue this vital community service.

**Lundy Vosper Secretary St Marys**

**\*The Rossarden & Friends Kids Christmas Inc. AGM** will be held on Tuesday August 25, 3pm at the Avoca Shop.

**\*The Rossarden Progress Association AGM** will be held on Monday September 14, 3pm at the Rossarden Museum. **Mary Knowles, Secretary 63852002**

**\*The Valley and East Coast Voice Inc.** will hold their **AGM** on September 9, 2014 at 4pm in the Salvation Army Hall, St Marys. **Kerry Whit, Secretary**

**\*The Cornwall Community Development Group Inc** will hold their AGM on Tuesday September 1 at 7pm in the Cornwall Hall. **Debbie Squires, President 6372 2261**

**\*Break O'Day Woodcraft Guild & Men's Shed Inc** will hold its **AGM** on the September 24, 2015 at 11.10am in the supper room of the Break O'Day Woodcraft Guild & Men's Shed. All positions will be declared open.

A change sections 22 (3) and 20.(1) and 19,20.(1)(2) to the model rules will be considered:-

Section 22 (3) change Each officer of the Association is to hold office until the annual general meeting next after the date of election. Change to :- Each officer of the Association is to hold office for two continuous years after the annual general meeting.

19 Taking of poll vote. Delete this section

20.(1) and (2) delete this section.

**Wendy Brennan, Secretary**

**\*Greater Esk Tourism** will hold their **AGM** on Monday September 14 at 7pm in the Fingal Valley Neighbourhood House.

**Mary Knowles, Secretary 63852002**

### Asian/Chinese themed Community Dinner

Holy Trinity Church Hall St Marys on Saturday August 15, 2015 Arrive at 5 for 5.30pm serving Mongolian Beef & Special Fried Rice. Please bring a side dish or a dessert to share

**RSVP Christine 0410 441 558 / <https://>**

**[www.facebook.com/events/1437901506538086/](http://www.facebook.com/events/1437901506538086/)**

Gold coin donations to the Voice of the Martyrs

### NBN Co Hinders Transporting of Boats for Local Boat Builder 3 August 2015



The Break O'Day Council is calling on NBN Co to fix the problem it created, which is affecting a local boat builder, when it installed low hanging overhead wires across a transport route to the St Helens Wharf.

Mayor Mick Tucker said "the installation of overhead wires was a last minute decision by NBN Co, undertaken without consultation or consideration of the potential impact on a local business such as Lyndcraft. Now NBN Co are charging Lyndcraft over \$15,680 to lower just two wires each time they need to take one of their new large boats to the St Helens Wharf; this is absolutely ludicrous" Mayor Tucker stated.

"NBN Co claim that this is the cost which is being charged by their contractors, if this is the case then we are being held to ransom by a contractor charging exorbitant rates in an anti-competitive environment" said Mayor Tucker.

Lyndcraft have already negotiated and are bearing the cost of \$12,000 for the assistance of TasNetworks who need to lift a large number of power lines, and now NBN Co are charging this additional fee for minimal work with road closures undertaken by the Council.

The Break O'Day Council raised concerns about the impact of low cables after they were first installed, to little avail, as there is no accountability by NBN Co. The federal / state governments appear powerless to make them address problems they create.

"The Break O'Day community faces the very real risk of this manufacturer closing as a result of this ongoing cost, with a loss of jobs having a flow on effect in the community - every job is vitally important to our community and should be protected," Mayor Tucker stated.

Mayor Tucker acknowledged that local federal / state members for Lyons had been working to try and address the problem, as had the Coordinator-General's office and the current cost quote was lower than quoted a week ago.

"The Break O'Day Council has offered to assist with achieving a permanent solution, but despite numerous discussions with NBN Co, and what we thought was a genuine desire to fix the problem permanently, we have been hamstrung by the internal processes of NBN Co and their contractors," a disappointed Mayor Tucker said.

"The time for talking has passed and it is time to fix the problem" stated Mayor Tucker.

For further information please contact: **Mayor Mick Tucker 0419 372 813**

**Greg Lynd, Lyndcraft Boats 0419 884 375**

## Wanted

Cash for large **antique vases**, also all **model cars**.  
**6372 2251**

Small to medium size **dog kennel**. **6372 2034**

The following two articles have been reprinted from The Valley and East Coast Voice Inc, 47.03 June 25, 2014

## Health in Focus

Article by the Hon Rebecca White MP, Shadow Minister for Health and Labor Member for Lyons

### Health Matters

There is lots of talk about the pressure on the budget and the burden on the health system. However the real pressure will be that put on Tasmanian families who will need to find more money to afford the services they need to stay healthy. The Federal Government has announced their intention to charge a \$7 GP co-payment and a \$5 co-payment on prescriptions, undermining the concept of universal health care. Last week the Salvation Army released a report which found that of those surveyed 24% already couldn't afford medical treatment when needed and 34% were unable to buy medicines as prescribed by a doctor. The \$7 fee might just tip more of them over into avoiding health care altogether.

In addition to this charge the State Government has not ruled out charging a co-payment each time someone presents to the emergency department.

We know that the state's health budget is facing a \$27m reduction under the Liberal Government due to the Federal budget and that \$1.7b will be cut from health over the next four years. This will see the reduction or cessation of a number of services and programs from preventative health initiatives such as Move Well Eat Well, through to the dental grants program.

**The Minister has failed to rule out the Liberal Government will not close regional hospitals including Beaconsfield, St Marys, New Norfolk and Smithton.** This is extremely concerning as these centres provide important health care to regional communities and any changes to the services they offer will disadvantage regional Tasmanians greatly. Labor will continue to seek information from the Liberal Government about how they will ensure Tasmanians are not worse off when they hand down their budget in August. There's no doubt the Federal budget has placed additional pressure on the Tasmanian health system but Tasmanian families should not be fooled into thinking that these savage hits on health are the only option available to the Liberals.

## Labor's deception on regional hospitals

Michael Ferguson, Minister for Health May 29th 2014

Claims by Labor's Rebecca White that the Liberal Government is planning to close regional hospitals are wrong, alarmist and irresponsible.

During the State election, the Liberals recognised that rural hospitals were the lifeblood of communities, and play a critical role in the structure of our health system.

**We committed to continuing our rural hospital services and this commitment has not changed.**

**We promised to work with local communities to ensure our rural hospital facilities and the health services provided from them met the community needs in each area. That commitment has not changed. In Parliament this week, we proudly reiterated those commitments.**

It was Labor in Government that attempted to close or downgrade rural hospitals, including Rosebery and Ouse.

At a time when major reform and new thinking is required to deal with the health mess we have inherited, Ms White's desperate scare is a very disappointing and pathetic contribution.

### TRIBUTE TO IAN (Eenie) FAULKNER

Aah, those days of country football, the great times that we had

St Marys Tigers was our team and Eenie was a lad

Fearless he was in battle, dedicated number one

Always there when most had gone but still work to be done

When his footy boots were put aside he never left the club

But stayed on as a trainer and worked part time at the pub

He very rarely missed a game and loathed the other teams

He'd run out with the oranges or apply the penetrene

One game down at Avoca I copped a nasty knock

and lay there on the outer wing unconscious and in shock

Eenie made a dash out to me through the players, mud and rain

and with his care and dedication got me on my feet again

But something happened in those younger years rubbed down before a game

and I always associated the smell of penetrene with Eenie Faulkner's name

Memories of him would come to me at the chemist or the store

and I'd somehow think about the team and be in the sheds once more

Today I heard that he's passed on, it's been a long time mate

and I know they'll have a special pass when you get to the gate

Make sure you've got a Tigers jumper on when they walk ya down the hall

And we'll all meet in the centre one day when they bounce the final ball

Ray Singline, St Marys

Last week a St Marys resident asked me about the removal of the cherry trees on Clive Street St Marys, one of which was reportedly over 100 years old.

I emailed Chris Hughes at the BODC and received the following response:

◆ *The removal had not been discussed with Council and we are disappointed that this occurred without consultation*

◆ *We have raised the matter with TasNetworks and we have sought a commitment from them to consult with Council in the future.*

*Editor*



## Lighting up rural roadside churches July 17, 2015

Country churches along Tasmania's roads will be illuminated with sound and light displays, thanks to Federal Government regional arts funding. Federal Lyons MP Eric Hutchinson today welcomed the Government support for Boomer Bay artist David Patman's project titled Pastoral.

Mr Patman will receive \$2500 towards the project, which will involve a collaborative group of artists creating an illuminated spiritual path around the state by curating a series of sound and lighting installations in rural roadside churches.

Artists will work with local art and community groups to produce the installations each incorporating aspects of community history or identity. The aim is for the installations to encourage passing travellers to stop and inquire about the local community, arts and culture. Mr Hutchinson said that the Regional Arts Fund supported local artists and arts organisations to create work that not only spoke to their communities but allowed people to participate in the process of the creation.

Mr Patman's project was one of 68 arts and cultural projects worth more than \$745,000 announced by Federal Arts Minister George Brandis.

"Our regional artists and arts organisations are some of Australia's most innovative and exciting cultural producers and this support will enable them to continue to create projects that inspire, engage and reflect local communities," Mr Brandis said.

The newly-funded projects will animate community spaces, provide opportunities for participation and increased understanding of artists with disability, assist in the preservation and transmission of Indigenous culture and provide opportunities for local artists to build and share their professional practice.



**Madd Mudd**  
**Studio & Gallery**

St Marys - Tasmania  
maddmudd@hotmail.com  
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Authorised by Eric Hutchinson MP, 53B Main Road, Perth TAS 7300.





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## St Marys PHARMACY

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and running, copies from 45c

Ear piercing \$27  
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With qualified staff  
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Main Street St Marys 7215  
6372 2844

## RAE & PARTNERS

LAWYERS

of 113 Cimitiere Street Launceston

VISITING EVERY SECOND TUESDAY  
St Marys Community Health Centre 9.00am-10.00am  
St Helens old Post Office building 11.00am-1.00pm

Please call to make  
an appointment **6337 5555**





## Suncoast Gallery News August 2015

Wow, winter has definitely struck! With snow all about, it is time to expand your wardrobe of winter woollies. St Helens may not have seen snow, but there sure has been a bit of frost and when the wind blows, brr!

Thanks heavens our nimble-fingered artists have been working like Santa's elves to keep us all warm. There is a constantly changing selection of scarves, headwear, socks, gloves, quilts, lap rugs and shawls to cover your every need. There is something for everyone, from bubs to gramps.

If you are looking for gifts, cards or souvenirs for overseas friends or visitors, there is also our regular range of non-seasonal offerings. Our key principles

are locally made, quality and friendly pricing.

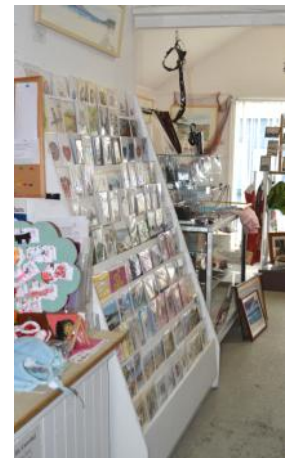
Our little courtyard has been much improved by our lovely neighbours at the **Lifebuoy Cafe** and Mr Stephen Tubbs' new **Pieces** boutique. The latter has replaced **Wombat Burrow** frames, who have moved to new premises near Tidal Waters Resort. It's a sweet spot to sip a coffee, enjoy some sunshine and then have a browse at the Gallery.

Lastly, another reminder about this year's Grand Raffle: for your chance to win a charming donated mounted watercolour by Mel Hills, a beautiful wholecloth lap quilt, Bluebell the beaded dolly or Lily the lovely lollipop lady, drop in to the Gallery for your ticket. Tickets are \$2 each, and the draw will be in November.

Support your local artists and makers and pop in for a look!

We are off Quail Street behind the Lifebuoy Cafe and Pieces boutique, and are open from 10am - 4pm weekdays and 10am - 1pm Saturday.

*Sue Courtis*  
*Publicity Officer*



## Why are the church bells ringing around Australia?

Have you heard the bell ringing every Monday afternoon at the Anglican church?

**Freedom Bells for Asylum Seekers Campaign Australia** began in our nation in 2014.

Every week, the bells are rung for ten minutes at churches around Australia involved in the campaign.

Most people are aware of the situation in Australia regarding asylum seekers and those considered "illegal arrivals" or "boat people".

As a Christian community, we have decided that, regardless of politician affiliation, we cannot stand by while people are treated inhumanly by past and present government policy.

We have asked ourselves - what would Jesus do in this situation? What is he expecting his church to do and say?

It isn't a hard question to answer. We must love our neighbour, and we must show compassion to the refugee and traveller from foreign lands.

We have set up actions that show support to refugees and asylum seekers held in detention in Australia and off-shore.

We will help people to access accurate information about the issue in a safe and unbiased way. We will oppose the actions and policies of any government that cause harm and loss of hope to those in need. And we will ring the bells each week until all detainees are set free.

What can you do? We understand that many feel angry or frustrated about this issue in many different ways.

There are many things you can choose to do....

- ◆ Ignore it and hope it goes away (sorry, but it won't)
- ◆ Become informed about the facts so you can make an informed decision about where you stand
- ◆ Join with our community and make a stand - by praying with us, come and join us when we ring the bell, or help with other programs that support asylum seekers

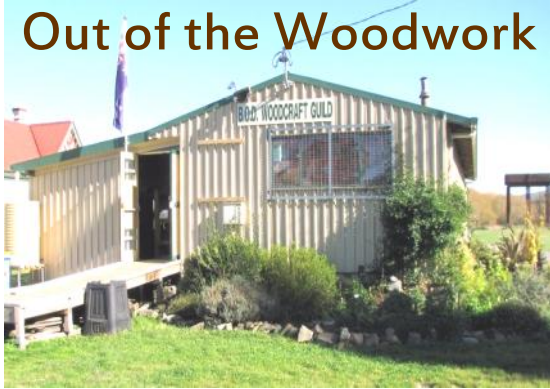
The Freedom Bell is also ringing every week at the Anglican church, St. Paul's, in St Helens.

See Freedom Bells for Asylum Seekers Campaign Australia on Facebook for more information.

"Our lives begin to end the day we become silent about things that matter." Martin Luther King, Jr.

*(contributed by Carole Withers on behalf of the Anglican Parish of Break O'Day)*

# Out of the Woodwork



Guild Members dedicate this  
"Out of the Woodwork"  
with an Irish blessing for  
Sister Lorraine

*"May the road rise to meet you  
May the wind always be at your back,  
May the sun shine warm upon your face  
The rains fall soft upon your fields and  
until we meet again  
May God hold you in the palm  
of his hand."*

Many thanks Sister Lorraine for all your  
support over the years  
You will be missed

The Guild is open every day except Friday and Sunday  
(depending on volunteers), and other times  
by appointment.

Wendy Brennan, Secretary 6372 2094

[breakodaywoodcraftguild.weebly.co](http://breakodaywoodcraftguild.weebly.co)  
[www.facebook.com/pages/Break-ODay-Woodcraft-Guild-Mens-Shed/654672894597969](https://www.facebook.com/pages/Break-ODay-Woodcraft-Guild-Mens-Shed/654672894597969)



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*Come and join us for a fun, relaxed,  
social evening for ladies of all ages.  
Be spoiled, pampered, encouraged and indulged.*



**Tuesday**  
**8th September**  
6:30pm—8:30pm  
St Marys Hospital Day  
Room — up the ramp at  
side  
Contact Christine Waters  
0410 441 558  
(an initiative of the Break  
O'Day Anglicans at St Marys)



## East Coast Relay For Life

Relay For Life is on again in St Helens, and  
we'd love see you there!

Relay is a fundraising event for Cancer Council  
Tasmania. It is an overnight teams event where  
the community comes together to create a  
place of Hope at their local sports ground.

It is a time to Celebrate those who have  
survived, Remember those we have lost, and  
Fight Back against cancer!

Register today to be part of this special event!

November 28 - 29, 2015  
St Helens Sports Complex

For more information or  
to register:

1300 656 585  
relayfor-  
life@cancertas.org.au  
www.relayforlife.org.au

To an amazing lady - **Jan Sparks**, hope  
you have a speedy recovery. We are all  
thinking of you.

**Kim and David Watkins, St Marys**





The GET Annual General Meeting on Monday September 14 at 7pm  
will be in the Fingal Valley Neighbourhood House.  
This will be followed by a General Meeting. All welcome

Photographic Competition 2015 theme is  
"Landmarks in the Valleys "

The Greater Esk Tourism Photographic Competition for 2015 will again be judged by Tasmanian Master Photographer Owen Hughes, who will select 12 finalists and the overall winner, and the public vote for their favourite.

This year's theme is "Landmarks in the Valley" so explore and get clicking.  
Entries must be submitted by 5pm on Friday September 4, 2015. No late entries accepted.

All information - [fingalvalley.com.au](http://fingalvalley.com.au) or [facebook.com/fingalvalleysofadventure?fref=ts](https://www.facebook.com/fingalvalleysofadventure?fref=ts)

Finalists will have their photographs displayed at The Purple Possum for the public vote, and during the next tourist season.

The Judge's Choice and the People's Choice Awards will be announced at our annual cocktail party at the Purple Possum Wholefoods, Café and Gallery in St Marys on Friday October 30, 2015 at 6pm.

Cash prizes have increased: \$500 for the winner, \$250 for U18 and \$150 for the People's Choice.



Enquiries to Peter 6372 2783

Entries to 19 Gray Road, St Marys 7215 / [addestone@bigpond.com](mailto:addestone@bigpond.com)  
USB thumb-drive / CD entries can also be mailed to the above address

**gone rustic**  
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**IMPORTANT NOTICE**  
**RE: OPENING HOURS**

Gone Rustic will be closed  
from August 11 - 24 .  
Normal hours resume  
from Tuesday August 25.

Look and feel great with sustainable and ecologically responsible fashion and skin care products, all locally made.  
Drop in soon and try on a new outfit and some jewellery, or sample some of our beauty products.  
This could be the new you!

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## Warm Hearts, Busy Fingers



*Thom Ryan with Marilyn Statham of Fingal with one of her quilts*

The Operation Coverup group in St Marys has been working hard this year to build up a supply of handmade clothing, blankets and quilts to help members of the community who are going through hard times. This could be due to unemployment, family breakdown, life issues or poverty. Most of us have experienced one or more of the above at some time during our lives, and a helping hand at the right time can make a huge difference.

A pile of knitwear, blankets and quilts was recently presented to Thom Ryan of the East Coast Counselling Service, and he was impressed with both the quality and appearance of the items. They will certainly be put to good use, and the intention of the makers is not only to help fill a need, but to provide encouragement to someone who is feeling low, for whatever reason.

Operation Coverup meets at Gone Rustic Studio & Gallery, St Marys, from 11am to 2pm every third Friday of the month, except this month, when the group will meet on August 28.

For more information, please call Rita on 6372 2724 / 0417 927 424

[An equivalent amount of items is also ready to be donated to the local Salvation Army for distribution.]

*Article and photos by Rita Summers, St Marys*

## Your invitation to the **Break O'Day Green Army Project Launch** **Postponed 1 day**

**Friday 14 August 2015, 12.30am–2.30pm Kings Park, St Helens**



Cnr. Tasman Hwy & Medea Cove Rd., St Helens  
Plenty of parking at the wharf area, and walk back across the bridge—watch for traffic.

**Welcome and launch of the Break O'Day Green Army Project by guest speakers, meet the Green Army Team and join us for a bbq lunch.**

Please RSVP – Polly Buchhorn, NRM Facilitator, Break O'Day Council: 03 6376 7900 / [polly.buchhorn@bodc.tas.gov.au](mailto:polly.buchhorn@bodc.tas.gov.au)



Life is the sum of experiences that we encounter as we go through life. Day to day struggles and triumphs are experienced by all the world's creatures. As human beings, when we encounter a challenge, we have freedom to choose how to react - every decision we make leads us down a different road.

We will never come to exactly the same crossroads; every decision we make has significance. The tiniest choice we make reverberates throughout the entire universe.

We can chose not to let narrow-minded made-up gossip drag us down, by not adding fuel to the fire!

And rising above it will grace and a smile.

May the sun shine on those with cold hearts, so they can one day smile and spread warmth instead of bitterness.

God bless.

*Christopher Hurd, Cornwall*





## The Fingal Valley Neighbourhood House Inc. has organised the following trips during August

### Kmart / Kings Meadows "Winter Warmer" Friday August 14, 2015

Cheap special bus fare - check this out  
Bus cost: 11 seats for \$10 ea, 10 seats for \$12ea, 6, 7 or 8 seats for \$20 ea  
Car cost: 4 seats for \$12.50ea  
BYO lunch or purchase your lunch on trip  
**A \$5 deposit by August 7 would be appreciated**

### "GREAT DAY OUT TO SUPPORT YOUR FOOTY TEAM"

#### Blundstone Arena

#### Saturday August 15, 2015

Cost is: 11 seats for \$25 ea Concession: \$20 ea  
Children: \$10 for 16yrs and under  
BYO Snacks / lunch or buy lunch on the way  
Call into the FVNH to book your tickets  
Ticket price will be discussed on bookings  
**The deadline for this event is August 7, 2015**



### Launceston Country Club Casino for a meal Thursday August 27, 2015



Bus cost: 11 seats for \$10 ea, 10 seats for \$12 ea, 6, 7 or 8 seats for \$20 ea  
Car cost: 4 seats for \$12.50 ea  
Leaving Fingal at 5pm

#### **Come along to have a great night out and meet new people**

The bus / car can pick up from your home in **St Marys**, or from the St Marys Post Office  
**Fingal** passengers to meet at FVNH at 5pm

**Avoca** passengers can be collected from their homes, or at the Roadhouse at 5.30pm

### Lalla WAG Walker Heritage Rhododendron Garden

#### Friday September 18, 2015

Bus cost: 11 seats for \$10 ea, 10 seats for \$12 ea, 6, 7 or 8 seats for \$20 ea  
Car cost: 4 seats for \$12.50 ea

You will be picked up from your home in St Marys at 8am, or  
from the **St Marys** Post Office

**Fingal** passengers meet at FVNH at 9am

**Avoca** passengers can be collected from their homes, or at the  
Roadhouse at 9.45am

BYO lunch, or buy on the trip

Private vehicles must be left behind the FVNH

**A \$10 deposit by September 11 would be appreciated**



If you are interested in any of these events please call in to the Office  
or phone 6374 2344 to book your seat.  
The FVNH office is open Monday - Friday, 9am-4pm.



The Fingal Valley Neighbourhood House Inc., is funded by the Crown through the Department of Health and Human Services.

## The Say by Cagerattler

A week or so ago I was talking to a friend, workmate and keen fisherman of both trout and sea variety, about local fishing. Both are in crisis I think. Regarding our very local trout fishery, the Break O Day Rivulet, this once amazing fly and otherwise fishing heaven for salmo trutta, we now find is not much to rave about at all. He didn't tell me that outright, but I understand that despite some great efforts by local enthusiasts the fishery is still struggling to regain it's former glory. This is a tragedy. From memories growing up I recall these great things about our rivulet - first was the ability to catch beautiful 4-5 pound wild brown trout very often and secondly there was substantial cover around the river for bugs, feed and the chance to see the river develop deep holes such as the Daisy Hole, the Big Hole and out on Harefield the Swimming Hole just as examples. The trees provide cover, protection, and most importantly feed from the tree dwelling bugs to see our local fish grow into truly big and powerful fish. Anyone from the 1960s-1980s especially will surely remember seeing some really big trout patrolling the river and I have fond memories of "Scarback". This monster I reckon was at least seven pounds if he was an ounce, or 3.5kg ... used to hang around the little bridge at the back of the school and we used to go down often to see if we could catch a glimpse. He was an old battle scarred fish that no-one wanted to catch but he would have been too canny for that anyway and we concluded his scars around his dorsal fin came from either a cormorant or a tangled fence after a flood. Many would recall him I'm sure. On Harefield a similarly sized fish used to be often seen by me under an overhanging tree at the entry to a wider hole before dense trees started further up.

One Friday night after school near the Recreation Ground junction bridge I vividly recall catching two three pound browns in the space of ten minutes on worms, and so many similar sized fish abounded. The sign to tell visitors about TAME FISH was a real tourist treat when they'd go to the bakery and buy small bags of bread and then go to the Town Bridge to feed the absolute swarm of trout that swooped on the morsels. Sometimes the river boiled with splashing fish everywhere. Then someone had the bright idea to remove all the river willows along big lengths of the river bank and since then I'd suggest our very local fishery has dwindled to an afterthought and just a fond memory. This is a genuine tragedy and it beats me why it's been allowed to happen to this extent. In fairness if the people behind the decision to remove all those trees three or so decades ago knew this was going to happen I suspect it never would have happened the same drastic and total way. I hope that in future decades as some tree structure returns to the river, they'll let it stay. One day maybe in the distant future, big wild trout might again frequent our rivulet. Equally disturbing is the recent fish kill in the Scamander Estuary from algae and other associated backed up barway issues. This iconic fishery is crucial to the local economy as a 'must do' bream experience for all and the reasons and remedies have to be found quickly. These two local fisheries are extremely important for all sorts of reasons.

What do you think? *Rod McGiveron, St Marys*



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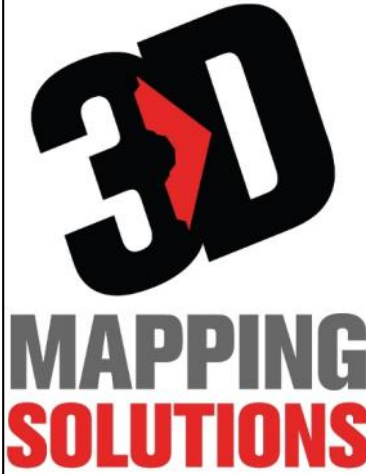
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## Michael Smith, remembered for his passion

Many of you would know of and are touched by the passing of a valued member of the Break O'Day community - Michael Smith a.k.a. "The Dog Trainer". Michael in his retirement dedicated much of his time and energy to helping people and their 4 legged family members. Many of us owe it to him for a deeper understanding of and empathy for our canine friends.

Michael will be sadly missed by all who had the privilege to know him.  
Our sympathy to Michelle and Brittany.

*Karen Wong and Michael Perrin 10/08/2015*

The Kaal / Smith Family of Gray would like to extend very special thanks to:

- ◆ Dr Cyril Latt, Nursing and all other Staff at St Marys Hospital and Health Centre for their care, compassion, understanding and support during the time that Michael was in palliative care. (Big thanks to Alannah and kitchen for brussel sprouts, silverbeet, icy poles and watermelon punch which kept Michael extremely happy)
- ◆ The Esk Valley Mates for making him laugh ... and for making us all laugh at Michael's life celebration - socks and sandals rule!
- ◆ Friends and Family (local, intra and interstate) for their support and for the rolling visits when Michael was able to see them - and for understanding when he couldn't.
- ◆ To all those who have ensured our family have been watered, fed and able to come home to a clean house
- ◆ and finally, to everyone who helped us celebrate Michael's life.

*Cheers and Thanks!!!*

*Michelle, Nick, Brittany & Stef*



# ST MARYS

# MARKET DAY



## Saturday September 5, 2015

St Marys Community Hall 9am - 1pm  
Arts, Craft, Books, Leatherwork,  
Candles. Jewellery, Handmade, Homegrown,  
Clothing, Beautiful Things, (Nice) Smelly  
Things ... and Scrumptious Things



*With the recent passing of our Michael, our market manager, one of our BODRA members, Christine Waters has stepped up and is currently acting market manager. She will continue to provide you all with those scrumptious egg and bacon burgers, hamburgers and yummy cakes. (Michael passed his recipes on!!!)*

Bookings & Enquiries  
**Christine 0407 046 865**  
e: [bodregionalarts@gmail.com](mailto:bodregionalarts@gmail.com)





## Avoca Museum and Information Centre

Old School Building  
AVOCA TASMANIA 7213



### Rossarden & Friends Kids Christmas Inc 60S NIGHT

Major fundraiser for the year

**Saturday August 29** at the Avoca Town Hall

6pm for 6:30 start 60s dress optional

Cost \$35 includes buffet meal, raffle tickets, crazy raffle, some refreshments (BYO alcohol) 18 yrs & over only. Extra tickets can be purchased on the night.

**RSVP: August 21 to Helen 6384 2101 Shirley 0437 030 783**



## Avoca Spring Festival

*Saturday 19th September*



Floral displays  
Best floral arrangement  
Best daffodil  
Bulbs for sale  
BBQ  
Face painting  
Classic cars

Spinners & Weavers  
Motor bikes  
Museum open  
Best decorated bike  
Church open  
Devonshire tea  
Children's drawing & photo competition

Entry forms out soon. For details contact Dalija 0411 260 255

### Rossarden Dart Calcutta

The Dart Calcutta night held at Rossarden on Friday July 17 was well attended, considering the cold and snowy evening.

The Progress Association supplied supper, and a very excited Marion Prewer took out top honours.

Proceeds from supper went to the Rossarden and Storey Creek Museum.



- ◆ Upcoming **Roving Curator** sessions at AMIC are as follows: August 24 and September 28. All welcome.
- ◆ The Rossarden & Friends Kids Christmas Inc. **Annual General Meeting** will be held on Tuesday August 25, 3pm at the Avoca Shop
- ◆ The Rossarden Progress Association **Annual General Meeting** will be held on Monday September 14, 3pm at the Rossarden Museum



This shark was caught off "The Reef" at Eaglehawk Neck in 1982. It measured 6m long and weighed close to 2000kg. A local fisherman accidentally caught the great white after setting a net just off Clyde Island. By all accounts the shark died before the net was pulled up, so there was no chance of releasing it.

<https://www.facebook.com/shipsterns/photos/a.148406648568736.37889.148011995274868/482612355148162/?type=1&theater>



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## Community Groups / Services Guide

**AA St Helens** meets Wed 8pm at St Paul's Anglican Church hall, St Helens. *Murdoch 6376 3335*

**AA St Marys** meets Fri 7pm at Holy Trinity. *Mick / Shirl 6372 2909*

**Al Anon (Family Group)** meets Sun 2-3.30pm at St Helens Neighbourhood House. Please call (in order) *Rose 0456 063 943 / Ann 0409 763 270*

**Beumaris Swap Markets** meet on the 1st Sun 11-1pm monthly at Beumaris Park from. Plastic bag free, gold coin donation per stall (bookings required). *Laura 6372 5687*

**BINGO** at the Cornwall Hall Mon 7pm, 2 jackpots each week. All welcome.

**Break O'Day Council** St Helens 6376 7900

**Break O'Day Regional Arts** meet monthly on the 1st Thu 5.30pm in the Supper Room at St Marys Community Hall. **RAYC** Regional Arts Youth Company for school children is on Thu 3.30-5pm. Session cost \$5 or \$40 p/10 week term. All welcome.

*Michelle 0407 046 865 e: bodregionalarts@gmail.com*

**The BOD Stitchers** meet Fri 10-3pm at the Neighbourhood House Bungalow in St Helens.

**The Break O'Day Woodcraft Guild Inc.** meet monthly on the last Thur 11am in the Goods Shed behind the St Marys Railway Station.

**Carers for Wildlife Tas Inc.**

*St Marys 6372 2973 / 0417 017 105*

**The Chocolate Shop Singers** meet Thu 5.30pm at the Mt Elephant Fudge shop St Marys for informal and fun singing. Everyone welcome.

**Churches** Anglican Church St Helens 6376 1144

Catholic Church St Marys 6372 2252

Salvation Army St Marys 6372 2099

Uniting Church St Helens 6376 2405

**Community Transport East Coast 6372 4415**

*Jan Saunders, East Coast Community*

*Transport Coordinator*

**The Cornwall Community Development Group Inc.** hold their general meetings on the 1st Tue 7pm monthly. Hall hire available. *Raz / Deb 6372 2261*

**East Coast Community Transport**, Community Hall, 23 Main Street, St Marys. *Jan Saunders 6372 4415*

**The Falmouth Community Centre** contact for booking club facilities is *Cherrie Schier 0417 887 941*

**The FVNH Op Shop** is happy to receive pre-loved clothing & goods weekdays 9-3. Donations can be collected on Mondays or items can be left at the Centre. Come along, check it out and pick up a bargain.

*Deb Speers FVNH*

**Greater Esk Tourism** meet on the 2nd Mon 7pm at Fingal Neighbourhood House monthly.

*0412 425 666*

**Healthy House** St Helens 6376 5242

**Hospitals** Circassian Street St Helens 63875570

Community Health Centre St Marys 6387 5555

**Justices of the Peace** K Faulkner 6372 2196

**Libraries** St Marys 6372 2114

St Helens 6376 1389

**Lymphoedema** St Marys Lymphoedema Centre 6272 2900

**Meals on Wheels** St Marys 0488 384 344

**MOW Meeting dates for 2015** Aug 21st - AGM, November 20, 2015

**Museums** Cranks & Tinkerers St Marys 0417 648845

**Online Access Centres** Fingal 6374 2222

St Marys 6372 2005

St Helens 6376 1116

**The Scamander and Beumaris Community**

**Development Association** meets monthly on the 3rd Wed 7pm in the Scamander Sports Complex.

**Scamander Garden Club** meets monthly on the 3rd Mon 1.30pm in the Scamander Sports Complex. *Val 6372 2762*

**Schools - District High Schools**

St Helens 6376 7100

St Marys 6372 3900

*Primary Schools*

Avoca 6384 2117

Fingal 6374 2197

**The St Helens Walking Group** walk each Wed and 3rd Sat monthly. New members are most welcome.

*Healthy House 6376 2971 / Bryan Edhouse 6376 3439*

**St Marys/Falmouth Playgroup** is held 10:30-12:30 each Wed at the Falmouth Community Centre. Join us for only \$3 per family in a relaxed and friendly atmosphere.

*Bec Mason 0409 253 504*

**St Marys Hospital Auxiliary** meet monthly on the 1st Mon 2pm in the St Marys Community Health Centre.

**St Marys Ladies' Midweek Tennis** meet 9.30am Wed.

New players & beginners welcome. Child minding included - a lovely safe place to bring toddlers while you play. *Karon 0419 722 390 / Dana 6372 2033*

**St Marys Markets** are held monthly on the 1st Sat 9-1pm at the St Marys Community Hall .

*Michael Smith (BODR Arts) 6372 2056 / 0407 046 865*

**St Marys Online Access Centre**, 23b Main Road St Marys. Mon to Fri 9.30-4.30 Sat 11-2. 6372 2005

**The St Marys School Association Op Shop** is open 10-3 w/days & market Saturdays 10-12.30. We are happy to receive ALL pre-loved items excl. electrical. Check out the Facebook page.

*Janet Drummond 0404 562 320*

**St Marys Sports & Social Centre Inc** 6372 2177

**St Patricks Head & Esk Valley Historical Society Inc.** meets every 2nd month on the 3rd Wed 3pm.

*Barry 6372 2575 (aulich@bigpond.com)*

*Jim 6372 2127 (jimhaas@bigpond.com)*

*www.fingalvalleyhistory.com*

**Stallholders' Market Inc.** markets are held Sat 8-12pm in the Portland Hall St Helens.

*e:sthelenmarket@yahoo.com.au*

**Suncoast Singers** meet Fri 10am in the Catholic Hall Cecilia Street, St Helens.

*Mary-Anne Wadsworth 6376 2969*

**The Tasmanian Lymphoedema Centre Inc** meet monthly on the 3rd Monday 5pm in the St Marys Community Health Centre, Day Care Room.

**Woodcraft Guild** Old Railway Goods Shed St Marys 6372 2094

**WOW** meet on the 2nd Tuesday 6.30-8.30pm monthly at the St Marys Hospital Day room . A fun social group for women of all ages. Supper provided. Contact *Christine Waters 0410 441 558* for more information.

**ACROSS**

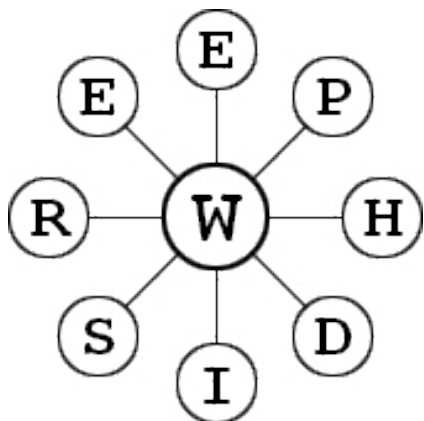
- 1. Sensational
- 6. Low in pitch
- 10. Audible exhale
- 14. Positive pole
- 15. Leave out
- 16. Forearm bone
- 17. Fool
- 18. Competent
- 19. Partiality
- 20. Accumulation
- 22. Not first
- 23. Thorny flower
- 24. A trite remark
- 26. Not his
- 30. Barley bristle
- 31. Make a low continuous sound
- 32. Out of control
- 33. Felines
- 35. Not lemons
- 39. A portable brazier
- 41. Killer wave
- 43. Mountain crest
- 44. Ark builder
- 46. Among
- 47. Santa's helper
- 49. Former boxing champ
- 50. Tardy

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
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51	52	53					54			55				
56					57	58					59	60	61	62
63					64					65				
66					67					68				
69					70					71				

**DOWN**

- 1. Nonclerical
- 13. Urgency
- 42. Gleam
- 2. Annul
- 21. Manager
- 45. Porridge
- 3. Agitate
- 25. Humdinger
- 48. Prolific
- 4. False god
- 26. Laugh
- 51. Modulator/demodulator
- 5. Discourage
- 27. Arab chieftain
- 52. Not dead
- 6. A petty officer
- 28. Gown
- 53. Celebrate
- 7. Surrounding
- 29. A board with wheels
- 55. Breaks
- 8. Storage cylinder
- 34. Deadlock
- 58. Chocolate cookie
- 9. Unpleasant odor
- 36. Mother
- 59. Nipple
- 10. Not consciously perceived
- 37. Send forth
- 60. Backside
- 11. Of a pelvic bone
- 38. On the left or right
- 61. Liturgy
- 12. Grind together
- 40. Mobile phone
- 62. 365 days

Solutions next issue



How many words can you find? Each word must contain the central W and no letter can be used twice, however, the letters do not have to be connected. Proper nouns are not allowed, however, plurals are. Can you find the nine letter word?

Excellent: 44 words. Good: 32 words. Average: 24 words.

		5				4		
	8	2				6	3	
6	4	3				8	1	9
			2	8	7			
			1		3			
			4	5	9			
2	5	6				7	4	8
	9	7				1	6	
		8				5		

**Meals on Wheels - 0488 384 344**

August 17	Pam Bretz
18	Louise Keady
19	Valmai Spencer
20	Liz Rice
21	Drew Adam
24	Lundy Vosper
25	Sonya Allison
26	Karl Balzer
27	Trish Pike
28	Lorraine Gill

**Tip locations and opening hours**

<i>Ansons Bay</i> Long w/end Mon 12 - 4 Wed & Sun 12 - 4	<i>Scamander, Coach Street</i> Tues & Thurs 10 - 4 Sun 2 - 5
<i>Fingal, Mathinna Road</i> Tues & Thurs 10 - 4 Sun 2 - 5	<i>St Helens, Eagle Street.</i> Open 7 days 10 - 4
<i>Pyengana, Tasman Hwy</i> No builders' waste please Wed 9 - 1, Sun 2 - 5	<i>St Marys, Gray Road</i> Tues & Thurs 10 - 4 Sun 2 - 5

**Emergency services**

AURORA Emergency	13 20 04
Carers for Wildlife St Marys	6372 2973 / 0417 017 105
Crimestoppers	1800 333 000
Poisons Information	13 11 26
Police Emergency	000 & Enq 13 14 44
SES Emergency	13 25 00
TFS Emergency	000 & Enq 1800 000 699

**Church Services**

<b>Catholic Parish of St Marys</b> <i>Sr Lorraine Groves</i> 6372 2252 / 0409 172 741	<b>St Marys Salvation Army</b> <i>Envoy M Norton</i> 0409 838 816 Sunday JOY 9.30am Tuesday JAM 3-5pm (except school holidays)
<i>Bicheno Holy Mass 1st and 5th Sunday 9am Liturgy 2nd, 3rd and 4th Sunday 9am Fingal Holy Mass every 5th Friday 10am, Holy Mass every 1st and 3rd Sunday 11.30am St Helens Holy Mass Thursday 10am, Saturday 5pm St Marys Holy Mass 2nd and 4th Sunday 9am, 5th Sunday 11am</i>	<b>Break O'Day Anglican Parish</b> POB 143, St Helens Tas 7216 6372 1144 <i>St Helens 9.30am 5th Sunday Combined Service with Uniting Church 9.30am St Marys 10am Pyengana Please phone for service times facebook.com/anglicanbod</i>
<b>Anglican Parish of Northern Midlands</b> <i>Avoca 11am 2nd Sunday Fingal 2pm 2nd Sunday Mathinna 2.30pm 4th Sunday Ross 10am 5th Sunday Campbell Town 9am</i>	<b>Break O'Day Uniting Church</b> The Manse 6376 2405 <i>St Helens 9am Fingal 11.15am</i>



**St Marys Salvation Army**

is pleased to offer the following services:

- ◆ *Weddings*
- ◆ *Dedication of children*
- ◆ *Funerals*

**Envoy Mel Norton**  
0409 838 816



**Last edition's solutions**

ANTI	ELUTE	SIFT
LOON	SERIN	ACRE
GIRT	TELEVISION	
ARREARS	SYRINGE	
GNU	ANGST	
APPEASEMENT		
PEARL	LEVEE	DUB
EARS	CAMEO	DIRE
SSE	BATON	VERGE
	AWESTRICKEN	
SOWER	USE	
PROPOSE	SNEAKER	
ADMONITION	SAVE	
REED	TABLE	EYES
ERNE	STOOL	SORT

4	5	3	1	9	8	6	2	7
9	6	7	5	3	2	1	4	8
1	2	8	7	4	6	3	5	9
3	1	9	6	2	5	8	7	4
8	7	2	4	1	9	5	3	6
6	4	5	8	7	3	2	9	1
7	8	6	3	5	4	9	1	2
2	3	4	9	8	1	7	6	5
5	9	1	2	6	7	4	8	3

dew, dewier, dews, drew, ewe, ewer, ewers, ewes, hew, hewed, hewer, hewers, hews, pew, pews, phew, re sew, rewed, reweds, sew, sewed, sewer, shew, shewed, shower, shrew, shrewd, shrewdie, shrewed, spew, spewed, spewer, swede, sweep, sweer, swipe, swiped, we, wed, weds, weed, weeds, weep, weeps, weir, weird, weirds, weirs, were, whee, wheep, wheeps, where, wheres, whid, whids, whip, whips, whir, whirs, whisper, **WHISPERED**, wide, wider, wides, wipe, wiped, wiper, wipers, wipes, wire, wired, wires, wis, wise, wised, wiser, wish, wished, wisher, wisp, wisped, wried, wries.



## The Mount Elephant and Beyond Book Group Review

The Mount Elephant and Beyond Book Group is one of LINC Tasmania's statewide network of book groups. The group currently has ten members who come from St Marys, Bicheno, Scamander and Beaumaris. Each month we meet to talk about a title we have selected from a list provided by LINC. Books may be fiction or non-fiction, and range from thrillers to chick-lit, from travelogues to biographies and everything in between. This month we read *The street sweeper* by multi-award-winning Australian lawyer and author Elliot Perlman.

*The street sweeper* is a complex novel that encompasses the American civil rights movement and the Holocaust of World War II. The novel explores themes such as racism, guilt and memory through the personal stories of a cast of characters who at first appear to be unconnected.

The setting of the first chapter is the United States and the time is the present. The first character that the reader meets is Lamont Williams, a young African-American who has spent six years in jail after being innocently involved in an armed robbery. He is desperate to get a steady job and to re-establish contact with his young daughter. Despite his misfortunes and the injustices he has suffered, Lamont maintains his dignity and his sense of what is right. Also living in the present time is Adam Zignelik, an historian at Columbia University and the son of a famous Civil Rights lawyer. Professionally at a dead end, Adam's lack of purpose and self-esteem lead him to end a long-standing relationship with the woman he loves.

Other parts of the story take the reader back to Poland in the 1930s and 1940s, introducing Chaim Broder and his wife Rosa Rabinowicz. After finding Rosa with another man, Chaim deserts her and takes their daughter with him to the United States, where he changes his name to Henry Border: he finds that professional advancement is easier if he is not known to be Jewish.

The inclusion of Henry Border's African-American housekeeper Cally and her family introduces further examples of injustice, discrimination and racial violence in the United States. The story is updated to the 1960s via Jake Zignelik, Adam's father, and his friend William McCray, both Civil Rights lawyers. The episode involving a young black girl bravely attempting to enter a supposedly de-segregated school in the face of a hostile crowd is particularly tense and moving.

When Henry Border goes to Poland after World War II to study the speech patterns of displaced persons, as Holocaust survivors were then described, he finds more than he bargained for. He uses a pioneering technique to record interviews with these people and in the course of his research he discovers the full horror of the Nazi death camps, and the fate of his wife Rosa, who had been left behind in Poland. Decades later Adam re-discovers these recordings as he becomes inspired to pursue a new research project.

In the meantime Lamont has secured a janitorial position at Memorial Sloan Kettering Cancer Centre in New York, where he befriends a patient named Henryk Mandelbrot, an elderly Jewish man originally from Poland. When Lamont visits Mr Mandelbrot after work, he hears the old man's recollections of his experiences as an unwilling attendant in the gas chambers at Auschwitz death camp. Mandelbrot goes to great pains to ensure that Lamont remembers the details, making him repeat the names and pronounce them correctly: this is reminiscent of the oral tradition by which events were recorded for thousands of years before electronic recording devices became available. In emphasising how important it is that the story of the Holocaust is not forgotten Mandelbrot is echoing Rosa's final words, 'Tell them what happened here'.

It takes considerable skill and more than 550 pages to weave these stories together. *The street sweeper* is based on years of research, and characters such as Henry Broder and Henryk Mandelbrot are based on real people, some of whom Perlman interviewed for the novel. The book is an amazing achievement for its complexity and breadth of scope but it is not without its faults. At times the novel seems too didactic - Adam's lecture on the nature of history goes on for too long for example. Some of the coincidences are a bit implausible and some of the connections seem too neat but when it all seems to be finally coming together at the end, it is just saved from being too corny and predictable.

The book is dedicated to eight people who are represented in the book - four young girls who were killed during racially motivated violence in the US during the 1960s, and four women who were executed in Auschwitz, all of whom died from the same 'disease' i.e. racism.

The novel is extremely harrowing: although many readers would be familiar with stories of the Holocaust, the personalisation of the horror and the level of detail make for very grim reading indeed. Although engaging, the novel is a challenge for readers, both because of its length and its confronting subject.

*Lindy Scripps, St Marys*



## East Coast RC Flyers News - August 2015

On Saturday July 18, several members of the club attended the 100th birthday of Duncan MacDonald at the Medea Park Residential Care facility.

Duncan is the father of Mike, one of the club's senior RC flyers. He frequently appeared at the flying field with Mike and enjoyed the companionship and flying activities.

Sadly, his health deteriorated after his 99th birthday and he was no longer able to attend the flying days. However, in recognition of his interest in model flying, and to celebrate his 100th birthday, the club presented Duncan with a honorary member certificate.

Despite the inclement winter weather, club members were active improving and maintaining facilities. In addition, they were busy building and preparing new model aeroplanes. Some of these had their maiden flights on the few calm, sunny days.

However, gone are the days when a new aeroplane meant another crash-resistant foam glider. Today, more and more scaled-down versions of civil and military aircraft appear in the sky over the club's flying field. It is an awesome sight when a Kawasaki or Mustang fighter plane, or a civil Piper Cub or Taylorcraft, roll onto the runway for a realistic take-off.

Just like the St Helens aerodrome, the club's flying field is registered with the Civil Aviation Authority and all members are fully insured.

You can enjoy the club's facilities and fly in safety by becoming a member. Membership is not expensive. This year, the fee for an adult is just \$100. Initially, you don't even have to buy any equipment, as you will be trained on a club-owned aeroplane.

Once you have become proficient, you can decide on what type of model plane and which radio equipment you wish to purchase.

Find out more on the club's website at [eastcoastrcflyers.org.au](http://eastcoastrcflyers.org.au)

**Manfred Weihrauch, East Coast RC Flyers**



**1910 Lord Kitchener** taking the Salute  
Midlands Highway, Ross, 12th Regiment parading



House guests are like fish, they start to stink after three days.  
Benjamin Franklin

Right. **City girls Florence (Flo) Whittaker and Ruth Smith** didn't know a thing about changing tyres, let alone how to change one whilst bogged in the New South Wales outback. Yet these women were pioneers of The Salvation Army's rural work in the 1940s and 50s.

They were appointed to a "Field Unit" and charged with providing support to small rural communities and isolated properties.

"Life's been very exciting," recalled Flo Whittaker.

These days, The Salvation Army's Rural Chaplains are active across the country, providing long-term practical, emotional and social support to Australians



## Grey Goshawk ... a not so successful rescue story, but we've learnt so much in the process and wanted to share the experience with you

*HELP needed!!! Just rescued this gal from a grown cormorant she had taken on in my dam!!! She is a rare little fella and although she owes me a few chooks she deserves saving - who can help???? 2/8/15, Stephen Taylor, St Helens.*

"Unmistakable amongst raptors, this truly spectacular forest raptor has only been recorded in its pure white morph in Tasmania."

This magnificent bird came into our care at North East Vet Clinic on the first Monday of August, a very cold morning. The previous afternoon it had taken on a cormorant, and came out second best after being pushed under water for quite some few seconds by the cormorant. The rescue effort to get her onto dry land and contained safely was the very crucial first step, and after one night of being kept warm and safe, she underwent a full examination at the vet clinic.

At first glance, there were no outward injuries – but she could not sit straight nor stand up properly, and struggled to use her wings to balance, which suggested either spinal (as is common in birds) or head injury. But most of all, Karen was worried about the possibility of pneumonia, given the history of submerging under water. A strong dose of antibiotics was administered and a quiet environment was provided for her to regain her strength.

On Tuesday (2 days post event) she improved a fair bit, able to sit up and look around with good control of her head, which is when we took this photo of her, you can see she would've been a spectacular presence in the sky:

"Juveniles in their first year have pale yellow eyes which go orange in their second

year and then red when mature. Females are formidable predators about 55cm long and about 850g in weight; cockatoo size but with huge talons. As with most birds of prey males are much smaller at about 45cm long and 450g in weight, about the size of a corella."

Our patient was an adult female. Adults prefer wet sclerophyll forests but outside breeding season they do venture out into woodlands. Immatures are very mobile and can turn up almost anywhere, even in towns. Young females in particular are relatively fearless and can be attracted to poultry both for the chooks and the vermin that goes with them.

Most hunting is from ambush, the goshawks almost disappearing when sitting quietly in a canopy. Although not fast fliers they can accelerate quickly and dash out from cover to chase prey.

Prey is killed with the talons, unlike falcons which pin the prey with talons and break its neck with a bite. With their great size difference male Tasmanian Grey Goshawks mainly take insects, rodents and small birds while females tackle larger prey – rabbits, ringtail possums, native hens etc. And yes, a little pied cormorant has been recorded as prey before.

In 1988, there were estimated probably less than 110 breeding pairs in Tasmania, mostly in the Northwest. These days the population is more evenly spread throughout the state. In general, numbers have since risen a little but Grey Goshawks are still very rare to see unless you are lucky enough to live in their backyard. Electrocutions are still a major problem and since they occasionally eat roadside carrion they encounter cars. Another adult female was recently killed by such at Four Mile Creek.

Nick Mooney and Simon Plowright, both experts in this field, were contacted and the plan was to bring her to East Coast Nature World in Bicheno where Simon can provide rehabilitation. Sadly she passed away early Wednesday morning, with all suspecting a spread or deterioration of her pneumonia.

"Flying birds get it so quickly and severely simply because of the air sacs and hollow proximal bones allow rapid development of disease without much blood supply for antibiotic delivery", says Nick.

So, thank you everyone involved in this rescue effort, and everyone who asked about her and care about and for our precious wildlife.

The bird will go to a public museum to join the scientific collection - a proper use of such specimens in good condition.

Dr Karen Wong BVSc, North East Vet Clinic 5/8/2015

Nick ([nickjmooney@gmail.com](mailto:nickjmooney@gmail.com), 0428 886 143), the State Rep for the Australasian Raptor Association would be happy to hear from anyone with records of Grey Goshawks.



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The Valley and East Coast Voice Inc. encourages local/regional contributions from the public. Stories, current events, historical information, lifestyle pieces, anecdotes, articles, travel blogs and written or visual art with a community-based theme are welcome, especially with relevant pictures included.

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# St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215  
6387 5555

## GP Surgery Hours

### Monday - Friday

**8.50 - 10am**

(10 - 10.30am reception closed)

**10.30 - 12.30pm**

(12.30 - 1.30pm reception closed)

**1.30 - 2.45pm**

(2.45 - 3.15pm Reception closed)

**3.15 - 4.30pm**

## Pathology

There is no pathology service prior to

**8.30am, or from 12 - 1.30pm**

If you require pathology prior to 8.30am, an appointment must be made at the Nurses' Station the day / evening before on 6387 5555

## Scripts and Doctors Appointments

Please ensure doctors appointments are booked **PRIOR** to your medications running out, or **IN ADVANCE** if you attend this practice regularly.

### *Please be patient*

Waiting periods to see your doctor may be experienced. We are not able to issue scripts during the weekends, please ensure you have enough in advance. **Please be aware we are not able to issue scripts by phone**

## Are your details up to date?

Do you have a new address / phone number?

Do you have a new Centrelink / Medicare card?

Have you updated these details with us?

Sometimes we need to contact you, or pass your details on to other health professionals.

**You may also be charged for some medical services if your Centrelink / Medicare cards are not current**

If **any** of your details have changed, please contact us on 6387 5555 or call in and see our friendly reception staff for assistance

**INR** tests require a 5 minute doctors consultation.

Please inform reception when booking

## Doctors Roster

Dr C Latt August 17 – 28, 2015

Dr K Rawnsley August 13, 14, 18, 20, 25 & 27, 2015

Dr L Reeckman August 13 & 14, 2015

## SMCHC Teaching Site

We are a UTAS teaching site. We regularly host students from various health faculties, who attend our site to participate in training placement. If you are attending this practice and would prefer the students do not sit in on your consultation, please inform reception prior to your appointment. These placements are very important for the students, so your cooperation is greatly appreciated. There will be nursing and medical students on placement at St Marys during August 2015.

## St Marys Medical Practice reminder

Dr Latt wished to remind the community of the following exceptions to bulk billing at the St Marys Community Health Centre

- ◆ Driving licence renewals
- ◆ Insurance medicals
- ◆ Requested medical reports
- ◆ Harness medicals
- ◆ Pre-employment checks

The above are NOT covered by Medicare, and may incur cost. Please discuss this with reception when making your appointment. If you have any concerns, please contact us and we will try and address them

## A.H. contact numbers

GP Assist 1300 780 011

Ambulance or Emergency 1800 008 008  
000

Lifeline - Saving lives, crisis support and suicide prevention 13 11 14

St Marys Community Health Centre - please ring before presenting after hours 6387 5555

**St Marys Community Health Centre**  
Gardiners Creek Rd St Marys Tasmania 7215  
6387 5555

**What's on at the Centre**

August 13	<b>Social Worker</b> Shan Williams Please call 6387 5555 for appts	August 26	<b>Social Worker</b> Shan Williams Please call 6387 5555 for appts
August 14	<b>Social Worker</b> Shan Williams Please call 6387 5555 for appts  <b>TML Diabetic Educator, Physiologist and Dietician.</b> Appts available by referral from you GP.		<b>Physiotherapist</b> Please see your GP for a referral  <b>Consumer &amp; Carer Advocacy Group</b> 12 - 2pm downstairs at the SMCHC. Call Shan on 6387 5555  <b>Carers Tas Information Session</b> 12:30pm - 2pm in the Day Room  <b>Day Centre</b> , call Hayley Gilbert on 6387 5555 for information on the group
August 17	<b>TML Psychologist</b> Sam McCarthy. Please see your GP for referral.  <b>Tasmanian Lymphoedema Centre</b> meeting 5pm in the Day Room.	August 27	<b>Social Worker</b> Shan Williams Please call 6387 5555 for appts
August 18	<b>Child Health session</b> with Mary Mumford Tuesday fortnights, appt only. Call 0428 136 381  <b>Rae &amp; Partners lawyers</b> consult fortnightly at the SMCHC, appts call 6337 5555.	August 28	<b>Social Worker</b> Shan Williams Please call 6387 5555 for appts
August 19	<b>Day Centre</b> , call Hayley Gilbert on 6387 5555 for information on the group.		
August 20	<b>Social Worker</b> Shan Williams Please call 6387 5555 for appts  <b>Eyelines</b> Phone 1300 139 363 for appts. Consults Bulk billed to Medicare.  <b>Meals on Wheels AGM</b> 2pm at the Health Centre		
August 21	<b>Social Worker</b> Shan Williams Please call 6387 5555 for appts.		
August 24	<b>TML Psychologist</b> Sam McCarthy. Please see your GP for referral.		



Sharon Williams from Carers Tasmania will be giving an overview of services and support networks available through Carers Tasmania at the SMCHC

**When: Wednesday August 26, 2015**

**Time: 12:30pm-2pm**

**Where: In the Day Room**

**Cost: FREE/ Open session for Carers**

Carers are invited to come and meet with a qualified staff member to talk about how they are going in their caring role and to ensure they are aware of the support and services that are available and the importance of having good self - care strategies.

Carers of people who provide ongoing unpaid care for family and friend .Carers of people living with a disability, mental ill health, chronic condition, alcohol or other drug addiction, or who are frail aged are encouraged to attend.

We also provide carers with emotional support and professional counselling services.

For further details phone

Carers Tasmania 6334 9917 / Hayley 6387 5555

## Regional Business/Group/Services Guide

### **Accommodation** Addlestone House

B&B St Marys 6372 2783  
 Fish-Tales On The Bay - pet friendly  
 0439 265 362 a.h. 6372 2128  
 Mariton House B&B, horse-riding  
 St Marys 6372 2059  
 Queechy Cottages St Helens 6376 1321  
 Seaview Farm & Youth Hostel St Marys  
 6372 2341  
 St Marys Historic Hotel 6372 2181  
 Tidal Waters Resort St Helens 6376 1999

### **Arts & Crafts** A Man's Cave, St Marys

Orphic Art2Wear, St Marys  
 Gone Rustic Studio & Gallery St Marys  
 6372 2724  
 Big Shed Studios St Helens 0428 725 228  
 Madd=Mudd St Marys 0409 174 287

### **Australia Post** Fingal 6374 2195

Mathinna 6377 1168  
 St Helens 131318  
 St Marys 6372 2124  
 Scamander 6372 5664

### **Bakers** St Helens Bakery 6376 1260

St Marys Bakery 6372 2131

### **Banks** CBA St Helens (ATM) 6376 2295

CBA St Marys (ATM) 6372 2268  
 Westpac St Helens 6376 2751

### **Boarding Kennels** The Gums Kennel & Cattery St Marys 6372 2512

Upper Scamander Kennels & Cattery  
 6372 5157  
 Wagabouts 0429 170 077 / 6376 2131

### **Break O'Day Business Enterprise Centre** St Helens 6376 2044

### **Break O'Day Council** St Helens

6376 7900

### **Bus Services** Calows Bus Service

St Marys 6372 2476  
 St Helens 6376 2161

### **Butcher** IGA St Marys 6372 2274

### **Cable Locations** Michael Smith 0408 059 521

### **Carers for Wildlife Tas Inc.**

St Marys 6372 2973 / 0417 017 105

### **Cartage Contractors**

C & D Excavations 6372 2033  
 Trotter's Contracting 6372 2107

### **Child Care** St Marys Childcare Centre

6372 2187

### **Chinese Groceries & Medicines**

Ping's Place St Marys 0411 186 573

### **Churches**

Anglican Church St Helens 6376 1144  
 Catholic Church St Marys 6372 2252  
 Salvation Army St Marys 6372 2099  
 Uniting Church St Helens 6376 2405

### **Community Car** St Marys 6372 4415

### **Confectionary** Mt Elephant Fudge St Marys 6472 2787

### **Dentist** St Helens 6376 2359

### **Designer-Building** Building Design

Studio St Marys 6372 2000

### **Doctors** St Helens 6376 1777

ah 1300 780 011  
 St Marys 6387 5555

### **Electrical Repairs** Ransley's Home

Appliances - 0428 761 811 / 6372 5307  
 St Helens Electrical 0407 615 072  
 6372 5522

### **Funeral Directors**

Harris Funerals St Helens 6376 1153

### **Gardening Services**

Clean Cut Gardening and Arborist, Andrew  
 Davenport St Marys 0419 113 836  
 Greg Macpherson 6372 2221 / 0437 230  
 637

### **Glass Replacement** East Coast Glass

6372 5361

### **Golf Clubs** St Marys Sports & Social

Centre Inc 6372 2177

### **Hairdressers** Ana's Salon St Marys

0448 532 531

### **Health Foods** Purple Possum Wholefoods

St Marys 6372 2655

### **Healthy House** St Helens 6376 5242

### **Horticulturist** Peter Dane 6372 2686

### **Hospitals** Circassian Street St Helens

63875570  
 Community Health Centre St Marys  
 6387 5555

### **Insurance Brokers** McKillop Insurance

(Lyn) 0400 984 595

### **Justices of the Peace**

K Faulkner 6372 2196

### **Libraries** St Marys 6372 2114

St Helens 6376 1389

### **Lymphoedema** St Marys Lymphoe-

dema Centre 6272 2900

### **Marriage Celebrants** Peter Power

0417 017 105  
 Melanie Norton 0409 838 816

### **Meals on Wheels** St Marys

0488 384 344

### **Mechanics** Michael Aulich

0417 507 239 / 6372 2991  
 Grant Faulkner St Marys 6372 2335

### **Museums** Cranks & Tinkerers St Marys

0417 648845

### **NEET Centre** St Marys 6372 2175

### **Newsagencies** St Marys 6372 2143

St Helens 6376 1182  
 Scamander 6372 5275

### **Online Access Centres** Fingal

6374 2222

St Marys 6372 2005

St Helens 6376 1116

### **Painters** East Coast Mobile Spray Paint

6372 5571 / 0457 583 099  
 MLN Enterprise Painting 0439 722 718

### **Pharmacies** St Marys 6372 2844

St Helens 6376 1374

### **Plumbers** P J & H K Child 6372 5378

R G & R I Harwood 6372 2445

### **Proofreading and transcribing services**

Leissa Dane 6372 2686

### **Realtors** Surf Coast Realty 6372 5321

LJ Hooker St Helens 6376 2300  
 Roberts Real Estate St Helens 6376 1799  
 View St Helens 6376 1592

### **Restaurants/Cafes** The Bank Tea

House, St Marys  
 Coach House Restaurant St Marys 6372  
 2529

Mt Elephant Pancake Barn 6372 2263

Purple Possum Wholefoods 6372 2655

Mt Elephant Fudge 6372 2787

### **Secondhand Dealers and**

### **Collectables** Secondhand Rose St Marys

AH 6372 2267

### **Septic tank cleaners**

Splash St Marys 0488 777 713

### **Schools - District High Schools**

St Helens 6376 7100

St Marys 6372 3900

### **Primary Schools**

Avoca 6384 2117

Fingal 6374 2197

### **Service Stations/Fuel**

Avoca 6384 2157

Scamander 6372 5193

St Marys 6372 2335

### **Supermarkets**

Avoca R/house 6384 2157

Holder Bros Fingal 6374 2171

St Helens Super IGA 6376 1177

St Marys IGA 6372 2240

Scamander Supermarket 6372 5125

### **Surfing Supplies**

Scamander Beach Surf Shop 6372 5529

Bay Surf Shop St Helens 6376 1755

### **Telephone, Data and TV**

East Coast Phone & Communications

John Heron 0409 959 121 / 6372 2402

Delafrontera Dave Morris 0402 969 393

### **Surveyors** East Coast Surveying

St Helens 6376 1972

### **Vets**

East Coast Vet Clinic St Helens 6376 1577

North East Vet Clinic St Helens 6321 8999

### **Water Carriers** Splash St Marys

0488 777 713

### **Woodcraft Guild** Old Railway Goods

Shed St Marys 6372 2094



**St Marys Sports and Social Centre  
Gray Rd St Marys**

**Open for business  
Friday from 6pm  
Sunday 1.30 - 4pm**

**Closed Thursdays until bowls begins**

*To make this re-vamped facility a beacon in our community let's all pull together and make our club a venue to be proud of.*

*You do not have to be a golfer or bowler to become a member. More than 60% of members are social members.*

*New and old residents of St Marys, why not pop down on a Friday evening and take a look at what we have to offer, we are sure you will be pleasantly surprised.*

**Social Membership is encouraged and is extremely cheap.**

**HAPPY HOUR FRIDAY 6:30 - 7:30**

**WIN Meat Tray**  
**WIN Scallops on the board**  
**WIN Jag the Joker \$380**  
**Lucky members draw**

**ARE THERE ANY MEMBERS WHO  
LOVE LANDSCAPING????**

*We could really do with someone to beautify  
our new facility*

*Official opening will be announced as soon as the floors are sanded*

Jacqui Bianchi - President 0439 978 156  
Bobby Harwood - Vice president 6372 2445  
Jim Turner - Licensee / Treasurer 6372 2441  
Annette Wines - Secretary 0417 010 648

**The Goldberg Brothers - The Inventors of the Automobile Air Conditioner**

Here's a little fact for automotive buffs, or just to dazzle your friends.

The four Goldberg brothers, Lowell, Norman, Hiram, and Max, invented and developed the first automobile air-conditioner. On July 17, 1946, the temperature in Detroit was 97 degrees.

The four brothers walked into old man Henry Ford's office and sweet-talked his secretary into telling him that four gentlemen were there with the most exciting innovation in the auto industry since the electric starter.

Henry was curious and invited them into his office.

They refused and instead asked that he come out to the parking lot to their car.

They persuaded him to get into the car, which was about 130 degrees, turned on the air conditioner, and cooled the car off immediately.

The old man got very excited and invited them back to the office, where he offered them \$3 million for the patent. The brothers refused, saying they would settle for \$2 million, but they wanted the recognition by having a label, 'The Goldberg Air-Conditioner,' on the dashboard of each car in which it was installed.

Now old man Ford was more than just a little anti-Jewish, and there was no way he was going to put the Goldberg's name on two million Fords. They haggled back and forth for about two hours and finally agreed on \$4 million and that just their first names would be shown.

And so to this day, all Ford air conditioners show --

Lo, Norm, Hi, and Max -- on the controls.



**"I love you' in 10 languages ...**

English - I Love You	Italian - Ti Amo
Spanish - Te Amo	Chinese - Wo Ai Ni
French - Je T'aime	Swedish - Jag Alskar Dig
German - Ich Liebe Dich	Australian - Nice Tits; Get in the
Japanese - Ai Shite Imasu	Ute
Maori - Kei Te Aroha au i a Koe	



## ST MARYS IGA SUPERMARKET

38 Main Street

Ph/Fax 6372 2240 Butcher 6372 2274

Monday to Friday 8am - 6.30pm

Saturday 8am - 5pm

Sunday 10am - 5pm

Butcher instore Monday to Friday 8am - 2.30pm

*In the centre of town, at the heart of the community*

<i>Butchery specials August 12 - 18</i>		<i>Butchery specials August 19 - 25</i>	
	<i>p/kg</i>		<i>p/kg</i>
Rump Steak	11.99	Lamb BBQ Chops	9.99
Epping Sausages	6.55	Beef Casserole Steak	14.99
First Grade Mince	10.99	Round Steak	10.99
Beef Roast	10.99	Smoked Bacon Bones / Hocks	7.55
Marion Bay Whole chickens	5.99	Nichols Chicken Wings	2.49
<i>Two week specials August 12 - 25</i>			
Peters Light and Creamy 1.5 L	4.99	Country Cup Soups 2 pack	.99
Tablelands Margarine 500g	1.39	Raguletto Pasta Sauces 500ml	1.69
Bulla 10 pack Icecreams	3.99	Rice A Riso 180g	1.49
Fruche 2 pack	2.49	Whiskas Canned Cat Food 400g	1.25
Nescafe Gold Coffee 95-100g	7.99	Chum Dog Food 8kg	12.99
Arnott's Value Packs - Tim Tam / Mint Slice	3.49	Nabisco Premium Crackers 250g	2.25
Cold Power 2 L / 2kg	7.99	Kleenex Facial Tissues 170s	1.99
Vita Brits 1kg	3.99	Nestle Condensed Milk 400g	2.69
White King Bleach 2 L	2.99	Nescafe Menu Sachets 20 pack	9.99
Pets Harvest Rabbit and Guinea Pig Food 3 kg	4.99	Soph Dishwashing Liquid 1 L	1.99

*Don't forget we offer free home delivery. Phone orders welcome.*

### Back in the day...



Under 15 Cricket Grand Final Premiers  
2006 / 2007

*Back row l/r: Sam Barnard, Kodie Donald, Bryn Norton, Craig Friebboth (Coach), Brody Rickman, Jacob Spilsbury, Brody Mitchell*

*Front l/r: Brodie Barnes, Nicholas Kringle, Liam Norton, David Nickson, Aaron Webb*



*Left, Peter Wilson (in shorts) and Peter Lohrey (in more shorts)*



*Right, the ever-stylish Jack Bullock*

Printed and published by  
The Valley and East Coast  
Voice Inc.  
POB 230  
St Marys Tasmania 7215.

