

THE VALLEY & EAST COAST VOICE

Volume 38 No 19
Thursday March 1, 2007

Est. 1968
50 cents

Police Report

It seems like such a long time ago that I prepared the last police report. Obviously a lot has happened since then including the Fires that affected us all.

In early December 2006, Police were called to a very disturbing incident in Seymour, where a person's dog was killed and threats spray painted on a garage door. If any person has information on the cowardly act, please let me know.

Unfortunately, during the fires, Police and other Emergency services were forced to close roads. This was done for safety reasons. At least one local man was given an infringement notice for ignoring the road closure sign and direction of a police officer.

Also, during the fires Police were called to four incidents where neighbourhood disputes resulted in assault. Three of these have resulted in court action. I understand that it was a very stressful time for us all, however under no circumstances is this sort of behaviour acceptable.

Constable TANNER has moved to Hobart and his replacement should be on duty sometime soon.

Local drivers will be aware that I regularly conduct speed detection on the Esk Highway near Mt Nicholas Road. The grass is actually worn down there from my vehicle. I still manage to catch drivers speeding; however, I am pleased to say that not many locals have been issued with infringement notices.

I have received information regarding the driving behaviour of a few drivers ranging from unlicensed driving, drink driving, and hooning. I am starting to become familiar with vehicles and faces. Please drive within the law and with consideration to all other road users.

Finally, a big thank you to all those involved in the Bush Fires, especially the volunteers. There was an amazing amount of work involved, a lot of courage and many unselfish acts. Let's hope that we don't have to witness something like that again.

St Marys Phone Number—63721010 Non Urgent Number—131444 Urgent and Life threatening—000

Tony ROUGHAN

St Marys Sergeant 2274

ST PATRICKS HEAD DAY PHOTOGRAPHY COMPETITION

Adding to the St Marys Sesquicentenary celebrations, the competition brief for 2007 is:

ENTER A PHOTOGRAPH THAT RELATES TO, DESCRIBES OR ILLUSTRATES - ANY ASPECT OF THE WAY OF LIFE HISTORICALLY, IN OR SURROUNDING THE TOWNSHIP OF ST MARYS, TASMANIA.

THE DEADLINE HAS BEEN EXTENDED!!!!AGAIN!!

ALL ENTRIES ARE NOW TO BE RECEIVED

FUJIFILM

BY TUESDAY 6th MARCH

FUJIFILM

You must provide either a digital file or a negative with your photograph

ONLY \$5 TO ENTER PER PHOTO

PRIZES TO BE ANNOUNCED SOON!!

ENTRY FORMS AVAILABLE FROM ESCAPE CAFÉ/GALLERY AND THE POST OFFICE

Please note: Deadline for articles to be included in the next Valley Voice is: 5 pm Tuesday, March 13,

Community news

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the St Marys Community Health Centre.

The Break O'Day Woodcraft Guild Inc. meets the last Saturday of the month at 4pm at the goods shed behind the St Marys Railway Station.

Grassy Bottom Regional Arts are holding General meetings on the first Tuesday of every month at the e.ScApe Café at 6.30pm. Come along to share your creative ideas and help Grassy Bottom maintain an artistic culture in our community.

The **Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre.

MATHINNA MARKET DAY
SUNDAY 25TH MARCH
MATHINNA HALL. 10AM START.
BBQ & REFRESHMENTS
EASTER EGG RAFFLE
AND MUCH MORE.

Would you like to have a stall?

For more info please phone:

Carlyne 63771143 or
Linda 63771288.

St Marys Online Access Centre

Opening Hours:

Monday	10am – 3pm
Tuesday	10 am – 4 pm
Wednesday	10 am – 4 pm
Thursday	10 am – 3 pm
Friday	10 am – 3 pm
Saturday	11 am – 2 pm

Ph: 6372 2005

Building Blocks –

“build” a quilt using the quilt as you go method, block by block, square by square. All stitching done by machine to help you complete a quilt more easily!

Ten sessions for \$100; members \$90 (\$20 deposit with booking, please).

Begins Tues, 27th February, 1–3 pm.

Contact Rita on 6372 2724 or 0409 289 997, or call in to Gone Rustic, 37 Main Street, St. Marys. Open Tues-Fri, 11-4.

NEW ADVERTISING RATES FOR 2007

CLASSIFIEDS:

25 words or less: FREE.

COMMUNITY NOTICES:
FREE.

SMALL ADS,
GARAGE SALES,
GREETINGS,
THANKS, ETC. \$12.

¼ PAGE: \$20. ½ PAGE: \$30.
FULL PAGE: \$50.

1 YEAR
POSTED SUBSCRIPTION:
\$28.

THANK YOU

The community of Cornwall would like to take this opportunity to say thanks to all the boys at the **Fingal Works Depot**, for their assistance in organizing the recent cleanup day in our town.

In particular, Graham and David, who were helpful and quick to respond.

Well done, fella's!

PUBLIC NOTICE

To the person who is spreading malicious gossip about me and discrediting my name.

I want this to stop immediately, or legal action will be taken.

Heather Hayes.

Open Invitation to attend the Release of a new book

“Mount Nicholas”
A Story of Coal from the Killymoon Seam

Compiled by
Bernice Jurgeit

At St Marys History & Gifts
(Railway Station)

Saturday 17th March, 2007

11.00 a.m.

THANK YOU

GWENDA JOAN ROBERTS

12.3.34 – 21.1.07

Eileen and Don Smith, Marie and Stan Bakes would like to sincerely express our thanks to relatives and friends for prayers, comfort and support in so many ways following our sad loss of Gwenda's passing.

Special thanks to Fr Delaney, Lindsay and Diane Harris, pall bearers, St Marys and LGH Hospitals, and St Marys Golf ladies for the wonderful afternoon tea.

There have been so many expressions of sympathy, that we are unable to reply to each one personally as some addresses are not known.

God bless you all for caring.



Classifieds

FOR SALE

1 microwave oven. \$40.
1 single bed mattress. \$10
Two girls bikes \$20 each.
Ph: 0448 845 034.

Brand new fire fighting pumps,
6.5hp. \$525, inc GST.
Ph: 6272 4278 or Fax 6273 6377

Steel workbench. 5600mm x 770mm
6mm steel top. Must remove. \$50.
Ph: 6372 5228 Ah: 0428 725 228.

Shed for lease. 12.5 x 12.5m.
3 phase power. Suit artist, craft
person or storage. Ph: 03 6372 5228
Ah: 0428 725 228.

Computer for sale – includes
monitor, keyboard, tower with 56 K
modem, CD drive, CD burner (only
1 year old), 3½ floppy disk drive,
USB port, speakers and extra
software and programs plus some
master CDs. Price: \$400 o.n.o, cash
only. Great for home office or
school work. Call Rita anytime on
0409 289 997 or 6372 2724
(Tues–Fri, 11-4)

Large window, 2.15mW x 1.70mH.
Top opening, timber reveals 10c/m.
\$100. Ph: 6372 2630.

1 girls bike. Suit 5 years & up. Great
cond. Great present for birthday.
\$35. Phone Georgie on 6372 2164.

Large quantity Fowlers Vacola
preserving jars, various sizes.
Take any number. \$1 each.
Ph: 6372 2725—leave message if
no answer.

INVITATION – you are invited to
attend a celebratory event leading up
to the *Roses from the Heart*
stallation of 25,000 bonnets in
memory of our convict women.
FREE BUS TRIP to Hobart on
1 March to attend a ceremony at
St. Davids Cathedral, then on to the
Textile Factory for music, sharing of
stories and aerial photo of women
wearing bonnets made for the
stallation. Leaving **Gone Rustic**,
37 Main Street, St. Marys
at 9.45 am; please bring a
lunch and cold drink for bus trip.
To book, let Rita know on
6372 2724 (Tues-Fri, 10-4) or
0409 289 997.

FOR SALE

Organ, Yamaha Electone BK 5.
\$150.

EH Holden instrument panel. \$50.
Ph: Trish or Julie 0406 183 971

HP 930c Deskjet printer. \$40.
Unopened HP 45 black inkjet print
cartridge. \$30.

HP 5470 Scanner with slide
transparency adapter. \$85.
All in good condition.
Ph: 6372 5486

Queen size ensemble with solid
wood bedhead. Very good condition.
\$350.

Oval dining extension table.
Seats 8. Good condition, solid and
heavy. \$200.

Ducati 900ss. Excellent condition.
\$7,500.
Ph: Deb or Klaas: 03/6372 2152

Spinning wheel "Wee Peggy"
upright. Drum carder and
accessories. Skein winder. Ball of
wool winder. Large bundle of
knitting needles. \$400 the lot.
Ph: 6372 2025

Canon Starwriter word processor, as
new with extra printer cartridges,
cost \$500, sell \$150. Ph: 6372 2686.

Wood Lathe Techna-Tool 1000-85.
Comes with chisels, Nova Scroll
chuck, face turning plate,
copying attachment. \$1000.
Subaru Liberty sedan, 1993. Just had
new brakes, drive shifts, cam belt
and filters replaced. \$5000 ono.
Ph: 6372 2025.

1994 Toyota Camry Vienta V6
sedan. One owner. Sony sound
system, air bag, new brakes, new
wheel bearings, new timing belt, anti
rust treatment. 6 months rego.
\$8,500. ono. 0408 116 825

LG countertop dishwasher. Connect
straight to tap or plumb it in.
502 W x 550 D x 472 H.
Weight 25kg. New condition. \$300.
Krupps Espresso Bravo machine.
Makes 4 cappuccino's.
Compact unit. \$80. ono.
Curved concrete garden bench with
scroll legs, colour: sandstone.
\$99.95. Small straight concrete
garden bench with grape legs,
colour plain grey. \$84.95. Ph: Kim:
6372 2267.

FOR SALE OR SWAP

XF Falcon Station wagon – registered
to March 2007. 6 Cylinder, 4 speed
manual. Goes great, body in good
condition, very solid bull-bar -
interior needs some TLC. A very
reliable car, would make a great work
wagon. Sell for \$500 or swap for a
registered trailer. Contact Harry at
the Post Office, Ph: 6372 2124.

6 kw heater. Pure heat genius.
\$300. Ph: 0400 438 130

FOR RENT: From February.
3 bedroom house, open plan living.
Sea views, close to beach.
Bus available to two schools.
Ph: 0418 388 441 / 63725045

Large 3 bedroom house for rent
in Mathinna. \$105 p.w. negotiable.
Ph: Trish 6383 1347 or
Julie 0406 183 971

(2) Town Blocks
in Mathinna
\$8,000 / \$12,000
Ph: Trish or Julie 0406 183 971

WANTED TO BUY

Weathered timber siding. Please contact:
0417 563 758 or 6372 2994

Old Bottles. Marble bottles, ginger
beers, blue castor oils, lager ales,
collections.

Good \$\$\$ for the right ones.
Ph: Ray 6372 2218

Rear external louvre to fit 1980 TF
Cortina.

4 x 4 metres carpet—pink tones.
PH: 6372 2267

Ribbon Roses (Break O'Day
Sew n Sews) – learn a quick and easy
way to make roses from lengths of
satin ribbon, useful for embellishing
anything from sachets to quilts.
Cost is \$10 for 1 session on
3rd March, 9-12 am. Tea & coffee
provided. For materials list and
bookings, contact **Gone Rustic**, 37
Main Street, St. Marys on
6372 2724 (Tues-Fri., 10-4) or
0409 289 997. Note: some ribbons
available on the day.

A LITTLE BIT OF HERITAGE *by Jim Haas.*
The Sound of Music

Before the electronic revolution hit the Break O'Day Plains in the early 1960's with television, live music in the form of brass bands and dance orchestras were common place. St Marys and Cornwall both had brass bands as did most towns in Tasmania. Dance orchestras would travel from town to town to cater for the many dances and balls that were held. Indeed, every Friday night, somewhere in the Fingal Valley, you could find a place to kick up your heels.

In St Marys, there was the Church of England Ball, The Catholic Ball, the Hospital Ball, The School Ball and the Football Ball, to name a few. Ordinary dances were common place and concerts featuring local talent as well as imported artists were held regularly. These would be complemented by travelling mainland singers, most of whom were country and western, made popular by radio and record companies.

The day of the Ball was a busy time for all, especially the women. The hall had to be made ready, food prepared, their hair had to be done and the favourite gown had to be ironed. For the men it was washing off the coal, timber or farm dust, plastering the hair with 'Brillcream' and shedding the work clothes for a white shirt and fancy tie. But they were great times, as everyone turned up at the local hall and participated in everything from the tango, to a progressive barn dance. The night would end with a fine supper of sausage rolls and home made goodies.

The brass bands too were a big part of the community as they played at almost every event held in the town. If nothing was being held, they played at home or gathered on a street corner.

At Cornwall, I remember as a lad going to sleep many a night to the sound of my father's trombone as he practiced in the next room. He played trombone both in the band and the Cornwall Orchestra. On most balmy summer evenings Jack Madden, who lived at the top end of Cornwall and was the leader of the Cornwall Brass Band, would stand on his front veranda and start up a tune with his trumpet. In no time ten or a dozen brass instruments from all around town would join in and for an hour the hills would be alive with the sound of music.

Michael Colrain, well know Hobart entertainer, has fond memories of the Cornwall Orchestra led by Mary and Fred Nolan. At the age of four, Michael sang his first song in public on the stage of the Cornwall hall in 1943, at a concert held to raise funds for the War effort. He was accompanied by the Cornwall Orchestra which was made up of Fred Nolan - violin, Mary Nolan - piano accordion, Ralf Stochnetter - drums, Goodie Hall - piano, Bill Haas - trombone and Dan Madden - trumpet.

Michael left Cornwall with his family to live in Hobart a year later, but spent many holidays back at Cornwall with the Nolan's, who gave him the perfect grounding for his future as an entertainer. But even now, some sixty odd years later, Michael still loves to visit his old town and the hall where it all began. In fact, only last week he called in with his pianist Audrey Smith who rattled out a tune on the old Cornwall Hall piano while Michael sang a couple of his favourite songs.

The brass bands are few and far between these days, and the old type orchestras along with the popular balls are only memories, but Michael Colrain and his brand of old time music is still around and keen to resurrect the old days at Cornwall.

If enough support is generated, Michael with the help of a couple of local artists, would like to put on a show in the Cornwall Hall towards the end of this year, with proceeds going to the local community. We can only pray this will happen and, perhaps, the town will once again be filled with the sound of fine music and the words of the old songs will echo through the Mt Nicholas Range.



Michael Colrain, accompanied by Audrey Smith, performs in the Cornwall Hall last week.



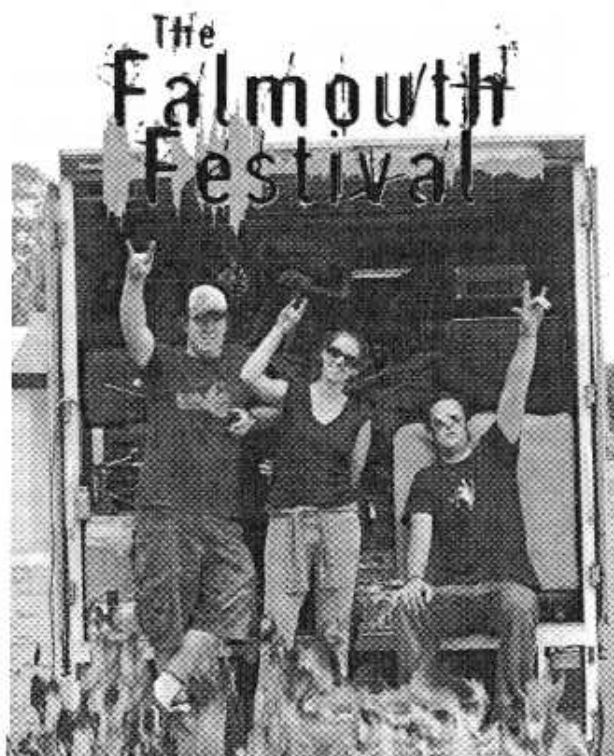
1940's Cornwall Orchestra L-R: Bill Haas, Fred Nolan, Ralf Stochnetter, Goodie Hall and Dan Madden.

The Falmouth Festival raised \$4540 for the fire appeal!

The Falmouth festival was organised for Dec 16 2006 at the Falmouth community centre. Due to the fires it was relocated to the Bay Side Inn St Helens as advised by the Tasmanian fire service on the 15th. The day was a great success with people arriving from all over the state to see quality Australian musicians and performers. Thank you to the **Rock Challenge bands** and the **Muddy Turds** street performers, **Ray Singline** and the **Trawl Dogs** (Tas), **Dirty Harry and the Rockets** (Tas), **The Embers** (Tas), **Dave Calandra** (Syd), **Tyson Hodges Trio** (Melb), **Josh Owen Band** (Meb), **Rob Sawyer** (Melb) and the **Red Eyes** (Melb).

Thanks to: **The Falmouth Community Centre** for their organisation and preparation and **The Bay Side Inn** for their amazing support under such hurried and stressful circumstances.

Thanks to our sponsors, **The Foundations** for young Australians, **Escape Café and Gallery**, **Mojo Music**, **Frontline**, **East Coast Surf**, **Big Shed Studios**, **Red Bill Surf** and **White Sands Resort**. Thanks to **Callows Coaches** and **Macka's** security for donating their services. Also the musicians, (**Dave Calandra** and **Dirty Harry and the Rockets**) who donated their fee.



Simon, Tash and Pete

Thanks to the following for their time and support, **Darren and Nathan Watkins** our roadies/ technicians, **Anthony White** for providing lights and **Rod Corfe** our MC, **Mark and Margie** our film crew, **Cross Roads Bar**, **Sauce Magazine**, **The BOD Council**, **The Valley Voice**, **Gus Mclean**, **Hobart Music Centre**, **Karen Bramich**, **St Marys businesses** for donating raffle prizes and **all the volunteers**.

Thanks to the music lovers who came along and supported this event. Thanks to those who were unable to make it due to the fires but were happy to donate their money to the cause. This was a not for profit event and all proceeds were donated to the fire appeal.

Regards, Sim, Tash and Pete.

Tasmanian Lymphoedema Annual report (con'd)

It is a group showing interdependence- We can do it, we can cooperate, we can combine our talents and abilities and we can create something great together. Interdependence is a choice only dependent people can make.

To focus on money making only will bring about its own demise, so we seek mutually beneficial and satisfying activities, planning and offering a complete service i.e. treatment, accommodation, and even entertainment—watch out for our up and coming Mother's day Morning tea!

Thank you one and all for your trust, commitment and another successful year!

Yours Sincerely,
Jan Sparkes.

TLC Committee Members for 2007

President Jan Sparkes
Vice President Audrey Wright
Secretary Esther Rubenach
Treasurer Ruth McGiveron
Public Officer Janet Godfrey
Committee Members
Charlie Heresy
Jean Legee
Cheryl Oates
Kate Williams
Sue Christiansen
Olga Targett



Congratulations to Jim Haas, Kim Chappell, Debbie Squires, Colin Payne, Debbie Barnes, Cheryl Cox, Graham Hayes, Peter Bradbury and Tamitha, who make up the Cornwall Community Development Group, on winning the

Best Event Award on Australia Day.

What an innovative, progressive and nice bunch of people you all are.

Congratulations again.
Wendy & Reon,
St Marys.

The Say by Cagerattler

I might this time touch on two subjects, and suggest that a bit of common ground applies to both.

First of all both myself and at least one other person have recently seen or heard trail bikes through the back blocks around the town. I must state that I don't know who they are and whether they hold licences or not. That is not the issue for me.

Nearly all my contacts are audible and only on two occasions have I seen riders. I know they are there so I restrict my movements accordingly. My direct concern is, what happens if these trail bike riders accidentally come across someone not as aware of their presence as me, i.e. hearing or vision impaired or just simply listening to a walkman with headphones.

Similarly, because of the type of terrain in one particular location that is used, and because it is heavily wooded, it would be extremely difficult to access the area with emergency services vehicles should a spinal or other serious injury occur.

I fully appreciate that these riders love what they do, and would hate to see them completely stopped from using their trail bikes, but conversely, no-one wants to see others or themselves maimed for life. Is it about time that a much safer, more accessible place can be allocated and dedicated for these riders, not just a paddock but somewhere where challenging but open topography is there? It's probably not possible. What about forming a trail bike club, where supervised rides can happen regularly? Who knows.

I expect our local police officers would much prefer these sorts of arrangements too, rather than having to continually charge people for different offenses. Not good for anyone.

Let's get together sometime and think of a mutual solution.

Last week on a radio show, and again on the television news, a subject was raised that affects many Tasmanians. This is the protesting of logging activities.

A leading peak body Forestry official suggested through the media that in the interests of safety to both workers and protesters alike, that a meeting between forestry, conservationists and perhaps even police would be a great initiative. This would aim to find ways which would allow protesters to convey their feelings on logging practices but without endangering either themselves or timber workers.

A well known conservation group respondent gave guarded support to the offer, but re-iterated that this must come from both sides, citing recent instances where timber persons were claimed to be making protesting risky, not necessarily in the logging coupes.

Both speakers gave a little insight into the merits of a protesting protocol, and that there was a possibility it could one day happen. It could only occur if there is respect on both sides of this long standing argument. Dialogue might eventually occur. Who knows?

What do you think?

Tasmanian Lymphoedema Centre Inc.

President's report , February, 2007

It gives me great pleasure to welcome you here to present the 2007 Tasmanian Lymphoedema Centre Inc. Annual report.

Maximizing good health is without doubt the most important aspect facing us all today.

In April 1999, a workshop was held at St Marys Community Health centre, focusing on current treatment practices and ongoing management of lymphoedema. Patients, carers and health professionals came to hear from the team at Flinders Medical Centre, South Australia.

So we are once again excited to announce Professor Neil Piller's return to St Marys for lymphoedema patient assessments. It takes much effort from a small band of dedicated members to organize these visits – venues, timetabling, tickets, accommodation, patients invitations, and of course fundraising.

The Tasmanian Lymphoedema Centre Inc. (TLC) was established in St Marys in January 2000 after months of lobbying and fundraising. Since buying the scanning laser and all the other necessities for such a small business, we look towards the annual November Melbourne Cup Luncheon as our major fund raiser. Many thanks to all the generous donors over the years, and those hard working people who have helped with cooking, cleaning and serving.

Lymphoedema is swelling of body parts due to excessive high protein fluid in the tissues, between skin and muscle layers, which is not being drained off through the lymph nodes. This is most commonly seen after surgery and radiation therapy for cancer.

Primary lymphoedema is due to inadequate lymphatics in the body. The treatment of lymphoedema by a class 3b scanning laser has been modelled on a similar centre in South Australia set up by physiotherapist Ann Thelander. Kate Williams, our laser therapist and Sue Christiansen, massage and laser therapist are renowned for their remarkable results.

We are pleased to announce that Ann Thelander will be here shortly to train some more people to use the laser. Laser therapy is an integral component of contemporary treatment of lymphoedema at the TLC. St Marys. Well done Kate and Sue! We look forward to many more years of successful work together.

The TLC is unique in its service to Tasmania. With a sound management committee in place. Qualified providers to do treatment, rural setting and secured premises at the Health Centre, this incorporated body is proactive. We can all combine the creativity and resourcefulness of the culture within this organisation. The organisation does not have to be at the mercy of the environment, it can take the initiative to accomplish the shared values and purposes of the individuals involved e.g. the Inaugural Lymphoedema Convention of 2002.

Continued over page. →

SUNDAY SESSIONS @ THE SURFSIDE

3pm - 6pm and always free!
donations always appreciated!



ST MARYS COMMUNITY HALL

Break O'Day Council is currently undertaking building work in the St Marys Community Hall and the hall will be unavailable for use until early March.

Acoustic cladding is being installed and maintenance carried out on the ceiling and lighting.

Please contact Jen Binns (Facilities Officer) on 6376 7900 if you would like further information.

Brian Inches
General Manager.

<p>Sunday 4th March</p> <p>FLAMIN' COOL <i>Energetic trio plays bluegrass, country, gospel and more!</i></p>	<p>Sunday 11th March</p> <p>CONVICT REPERCUSSION REVISED ORIGINAL <i>groove funk reggae</i></p>
<p>Sunday 18th March</p> <p>CHAIN with Phil Manning THE GODFATHERS OF AUSTRALIAN BLUES ENTRY FEE: \$12 STARTS 2PM</p>	<p>Sunday 25th March</p> <p>THE CHORDWAINERS <i>Exotic and playful music performed on artist Gary Greenwood's leather sculptures</i></p>
<p>Sunday 1st April</p> <p>Mall's 1st Birthday Celebration with NICKY BOMBA NELLIE DE GRASSI (Fat Band) AND FRIENDS. PLUS KIDS TENT: CLOWN show, FACE PAINTING, TOYS</p>	<p>ALSO COMING UP SOON:</p> <p>PHIL EMANNUEL Saturday 24th March Entry \$8</p> <p>LINC LE FEVRE EMMO, CLINT, BARRY & DARVIS BAND</p>

On the beach, 269 tasman hwy, beaumaris north east tasmania
more info & performer bookings: 0429187958 / 0363725177

<p>Scamander Beach Surf Shop</p> <p>6 Lagoon Esplanade Scamander</p> <p>Ph: 6372 5529</p> <p>Scamandersurf.com</p>	<p>Bathers Wetsuits Clothing Footwear Bodyboards Watches Jewellery DVDs</p> <p>Surfboards: Milch McTavish Surftech G Boards Bic</p>	 <p>Bay Surf Shop 2 Pendrigh Place St Helens Ph: 6376 1755</p>
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SPECIAL WATER RESTRICTIONS FOR THE ST MARYS WATER DISTRICT ON 18 MARCH 2007

Due to the Aurora power interruption scheduled for St Marys on Sunday, March 18, 2007, Council would like to advise households in the St Marys Water District to restrict their water usage to the minimum household use only for the period of 8am to 8pm.

Your cooperation is appreciated. Thank you

For any other enquiries please contact Anne Franks on 6376 1866 or email : admin@bodc.tas.gov.au

Brian Inches
GENERAL MANAGER

ST MARYS SESQUICENTENARY COOKERY BOOK

Do you have an **old** family recipe (no matter how quirky) or a favourite one of your own that you would be willing to pass on to the St Marys Lions Club for inclusion in our upcoming publication?

This book will be produced and released on December 1st to celebrate the sesquicentenary of "Life in St Marys" since settlement.

It would be lovely if you could put your name to the recipe for acknowledgement, but this is not necessary if you would prefer to remain anonymous.

Recipes can be left at the Post Office with Lion Kerry, or just phone Ruth on 6372 2213 or Charlie on 6372 2648 to arrange collection.

EAST COAST GLASS

Falmouth Ph: 6372 5361

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FOR FURTHER ENQUIRIES RING KEN ON

6374 2141 OR 0429 142 887

GWENDA ROBERTS

Our little community was saddened by the loss of Gwenda, who passed away recently. She lived in St Marys all her life and was the daughter of Arthur and Ethel Roberts. She has two sisters, Eileen and Marie and brother Arthur. (Smoo) (deceased)

She worked at Jenkins Newsagency and was a wonderful cook, especially her pasties, which unfortunately the recipe she kept to herself.

After her mother passed away in the early 1970s she looked after her father until he also passed away in 1995. She then lived alone in the family home until her passing.

She devoted the latter part of her life to her church, and was a familiar figure making her daily trek to her beloved church where she spent many hours organising services and any matter that needed attention.

Affectionately known as the little blue lady by all who knew her, she will be a big loss to the Catholic Church and this community.

Eric Bean.

PSYCHOLOGIST

Dohotay Teboul has increased her hours available for consultations.

A referral from your GP is required.

No waiting periods.

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Available in St Helens and St Marys.

Phone the St Marys Community Health Centre on 6372 2111

For more details.



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Wed & Thurs 9am to 3pm Sat 9am to 12pm

RATHAB'ZAR

40 Main St St Marys Ph: 6372 2487

What's
New?

TOYS!!!

* Cars, bikes, kites, hi-bounce balls, tech deck dude, models

* Qld opals, unique pieces

* Tin cars

* Weekly videos

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from Friday 16th February to 11th March:

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*St Patricks Head Day Photography Competition
entry forms*

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Fax: 6372 2172

PH: Judy: 6372 2155

Email: j.spilsbury@tassie.net.au

Accounts: Mary: 6372 2328

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Preliminary Notice and INVITATION

BEN QUIN

Federal Liberal Candidate for Lyons and

The Lyons Electorate Committee of the Liberal Party of Tasmania

Invite you and your family and friends to a

PICNIC RALLY AT ROSS

**Saturday 31st March 2007, Ross Football Ground
Commencing at 11:00am**

Fun and Games for all the family, with a touch of politics on the side.

Live music, sheep dog demonstrations, animal nursery and pony rides, celebrity sports challenges, wood chopping exhibition, fresh seafood barbeque, wine tasting, art and craft displays and much more.

Bring your own picnic or purchase food from the BBQ.
An indoor venue is available in the event of rain.

Come along and join in a fun day and discussions with our guests.

Senator Eric Abetz, Federal Minister for Fisheries Forestry and Conservation
Senator Richard Colbeck, Parl. Sec. Minister for Finance & Administration
Senator Guy Barnett, Patron Senator for Lyons
Senator Stephen Parry, Deputy Government Whip in the Senate
Senator John Watson, Senator for Tasmania
Will Hodgman, MHA, Leader of the State Liberal Opposition

Message from Ben Quin:

"2007 is a Federal Election Year. Let's take this early opportunity to meet with people from all over the Lyons electorate, showcase the different industries and lifestyles of Lyons and put forward the Lyons agenda to our Federal Representatives."

SIGNS MORATORIUM



Break O'Day Council has moved to assist businesses whose premises were damaged by the recent bushfires and do not conform, by adopting a six months moratorium for the display of signs throughout the municipality.

Mayor Robert Legge said that he moved the motion because of feedback he has received from a number of businesses in the municipality.

The moratorium permits signs that would not normally conform to Council's Sign Code, provided that notification of the erection of the signs is lodged with council within 24 hours of their construction.

The Mayor said that signs will be limited to no more than two for any one business.

"I sincerely hope that this moratorium provides some support and relief to businesses within Break O'Day, and it will also give Council an opportunity to review the Signs Code, to determine if any amendments should be made."

Mayor Legge emphasised that this moratorium is for a six months period only, and that businesses wishing to take advantage of this opportunity must inform Council within 24 hours.



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As part of the upcoming Sesquintenary celebrations we are looking for the oldest vehicle in St Marys and the oldest vehicle that is still registered.

Please contact Ian Summers, Grant Faulkner, Bill Targett or Reon Johns.


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Aurora PAYG

OUT OF THE WOODWORK by Reon Johns. President 63722094

There have been rumours that the Break O'Day Council would ask the Guild to move to the Fire Brigade Shed at the Rec. Ground should this become available as a result of a new Fire Station/Ambulance facility being built in St Marys. This was why there appeared to be a delay in granting a Certificate of Occupancy and a 5 year lease to the Guild on the Shed at the Railway Station.

At a meeting of members on Saturday the February 24, 2007, attended by the Mayor and Cllr Clement, the Mayor advised that he had instructed that a one year lease be prepared for the Guild, and that his only thought had been that, if the shed at the Rec Ground did become available, the Guild might have been interested in moving there because it was bigger.

Members assured the Mayor that they were happy in the present premises and formally moved a motion to the effect that the Guild had no interest in moving from its present site. Cllr Clement indicated that the St Marys Recreation Ground Master Plan had in fact already suggested other possible users of the Fire Brigade Shed, if it became available, and that it might also be considered as a facility for backpackers and overnight mobile home visitors, as part of the tourist stopover facility planned for the site.

As the Guild does not want to relocate, and there are several possible alternative users for the Rec. Ground Shed if it became available, the Guild does not want to be part of some bizarre form of musical chairs which would deny someone else using the shed at the Rec. while leaving the present shed at the Railway Station empty again. The Guild will now write to the Council seeking its Certificate of Occupancy.

The Guild is much indebted to Michael and Darlene of the St Marys Railway Station and History Room who have worked with and supported the Guild since its conception. The Guild and The St Marys Railway Station both agree that each organisation will benefit the other.

The Guild is currently working away on the old Plaque, commemorating the end of the Second World War. Over the years this important part of St Marys history has laid forgotten in the coal excavator, until some Guild members rescued it.

The Guild received a donation from an anonymous person and with the help of Michael and Darlene we are in the process of preserving this piece of the town's history and returning it to its original location.

During a recent clean up we discovered that we have an electric cooker, "plug in" type that we do not need anymore. If anyone needs the cooker please contact Reon on 6372 2094 and you can have it free of charge.

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please inform us if your items are sold.

Please note: Letters to be published in the Valley Voice must be signed. Your name need not be published, but we must have a signature. Articles and letters published in the Valley Voice are not necessarily the opinion of the staff and volunteers of this community paper. Ed.



Pictured, left, is the St.Marys under 15 cricket team who defeated St.Helens in the East Coast Cricket Association Grand Final on Friday 23-02-07.

The players are from L to R top ; Sam Barnard, Kodie Donald, Bryn Norton, Craig Frieboth (coach), Brody Rickman, Jacob Spilsbury, Brody Mitchell. bottom; Brodie Barnes, Nick Kringle, Liam Norton, David Nickson, Arrin Webb.

'On your bike... to fight Diabetes'

Federal politicians Dick Adams MHR, Senator Guy Barnett and Senator Helen Polley were joined by Diabetes Tasmania CEO Caroline Wells to launch the 'Pollie Pedal Bicycle Ride' on Tasmania's East Coast, from St Helens to Hobart on March 2 - 4.

The three MPs plan to join 11 other Federal, State and Local Government representatives to ride various legs of the 280km marathon bicycle ride to raise money to fight diabetes in Tasmania.

The Tasmanian Pollie Pedal is an annual long distance bike ride to raise money for the fight against diabetes. The event brings politicians from all parties plus sponsors together to raise much needed funds.

In Tasmania the money raised will go towards funding camps for children with diabetes, as well as assisting Diabetes Australia—Tasmania, to carry out its key education and community activities.

Senator Barnett, who is a co-organiser of the Tasmania event with Diabetes Australia-Tasmania, said diabetes was often the root cause of a multitude of major health problems such as heart and kidney disease, full or partial blindness and loss of limbs.

"Here is a crisis that is even starting to affect young people. It is no more restricted to middle aged or elderly people with weight problems. We are urging adults to at least discuss diabetes with their doctor. All of us can give it our best shot in living a healthier lifestyle," Senator Barnett said.

Mr Adams said he was proud to be associated with such a worthy cause as Diabetes Australia—Tasmania, as both he and Senator Barnett are founding members of the Federal Parliamentary Diabetes Support Group. "By the year 2010 it is predicted that the incidence of diagnosed diabetes in Tasmania over the next 5-7 years will have doubled from the 18,000 currently diagnosed to over 35,000 cases," Mr Adams said.

Senator Polley said the event was a fantastic cause worth supporting: "It is great to be able to participate with my parliamentary colleagues and I urge all Tasmanians to get involved," Senator Polley said.

Meander Valley Mayor Mark Sheldon is joining the bicycle ride and he said that diabetes was the disease of the future affecting more than a million Australians.

Greg Hall MLC, who is a key supporter of the event said that half the population in Tasmania who have diabetes actually don't know it yet. "Diabetes is not an extrovert disease. It does not hit you with great drama initially, so that is why it is so important for the community to be made more aware of it," Mr Hall said.

The Chief executive officer of Diabetes Australia-Tasmania Caroline Wells said her organization was thrilled to have the support of politicians in the fight against diabetes.

"There is still room for our pollies and other identities to come and join in this worthy cause, and at the same time enjoy a wonderful bike ride," Ms Wells said.

Route information: next column →



BUILDING SERVICES ASSISTANT RE-ADVERTISED

Break O'Day Council is seeking applications from suitably qualified persons to fill the full time position of

Building Services Assistant.

It is envisaged that the successful applicant will have relevant administration experience, good computer skills and a willingness to work as part of a team.

Remuneration will be dependant upon the applicant's qualifications and experience.

For further information, including a copy of the selection criteria and position description, please contact Council's Executive Assistant, Simone by phone on (03) 6376 7900 or by email at admin@bodc.tas.gov.au

Written applications addressing the selection criteria, including curriculum vitae and the names and contact details of at least two referees is to be forwarded to the above email address or **PO Box 21, St Helens TAS 7216** by Tuesday, 13 March, 2007.

Brian Inches.

GENERAL MANAGER

POLLIE PEDAL 2007 ROUTE INFORMATION

Fri. March 2.

Leaving Tidal Waters Resort 8.30am.

St Helens High School 9- 930am (netball courts)

Official start begins here between 9.39 - 9.45am with launch by Break O'Day Mayor Robert Legge.

Informal morning tea at Mouth Café, Scamander. Lunch: e.ScApe Wilderness Café Gallery, St Marys.

After lunch, Visit to St Marys District High School.

Over night stay: Silver Sands, Bicheno.

Sat, March 3.

Leave Bicheno at Approx 9.00am

Morning tea at May Shaw Nursing Home, Swansea.

Overnight at Blue Waters Hotel/Motel, Orford.

Sun March 4.

Leave Orford at 8.30am

Arrive at Salamanca Square, Hobart at approx 3.00pm. To be welcomed by Lord Mayor Rob Valentine, followed by a community event.

MEALS ON WHEELS ROSTER			
March		St Marys	Fingal
Mon	5th	Audrey Wright	Carole Woods
Tues	6th	Ruth Aulich	June Hall
Wed	7th	B & B McAlister	Susan Woods
Thurs	8th	Kaye Nailer	Jan Marshall
Fri	9th	G & M Derbyshire	Robyn Miller
Mon	12th	Trish Pike	Shirley Parker
Tues	13th	Dawn Lodge	Debbie Speers
Wed	14th	Wendy Aulich	Barbara Saunders
Thurs	15th	Liz Rice	Maureen Hall
Fri	16th	Pam Gillies	Julie-Ann Claridge

Tim Morris MHA Member for Lyons



CONTACT:

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Fax: (03) 6261 8047

E-mail:

greens@parliament.tas.gov.au

www.tas.greens.org.au

Authorised by Tim Morris MHA,
Parliament House, Hobart 7000.

Church Services

Catholic Parish of St Marys

Sr. Helen Hickey,

Parish House. Ph: 6372 2252
Mob: 0427 055 963

1st Week: MASS

St Helens Vigil 6.00pm
Bicheno 9.00am
Fingal 11.30am
Campbell Town 5.00pm

2nd Week LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

3rd Week: MASS

St Helens Vigil 6.00pm
St Marys 9.00am
Swansea 11.30am
Campbell Town 5.00pm
Bicheno LITURGY 9.00am

4th Week: LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

5th Week: MASS

St Helens Vigil 6.00pm
Bicheno 9.00am
St Marys 11.00am
Ross 5.00pm

Anglican Parish of the Northern Midlands

Services each Sunday

Avoca 8 am
Fingal 10 am
Mathinna 2nd & 4th
Sunday monthly at 11.30am

Daily Office Reading

Avoca Tuesdays 10 am
Fingal Tuesdays 12 noon
Ross Wednesdays 10 am

Anglican Parish – St Helens

Ph: 6376 1144

St Helens Every Sunday
8 am and 10.30 am

Kanga Sunday School

10.30 am – 12 noon every
Sunday for children
5 – 12 yrs

St Marys 10 am

(No service 5th Sunday)

Pyengana 7.30 pm

5th Sunday months only

Break O'Day Uniting Church

The Manse St Helens
Ph: 6376 2405

St Helens 9.00 am
Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School 10 am
Divine Service 11 am

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St Marys Community Health Centre

Alternate Tuesdays : 9 am – 10 am

Appointments: 6337 5555

Lions Club of
ST. MARYS



CLEAN UP AUSTRALIA DAY

SUNDAY 4TH MARCH

(with St Marys Lions Club)

Once again we will be doing "our bit" to clean up around our own town.

Clean up Australia Day will be held on Sunday 4th March.

We would love you to get out there with us
and bring your children along to make it a fun family day.

Meeting at the Lions Park (behind the Library) at 10am
(for registration and a safety briefing and site designations), for a 10.30am start.)

Pick up rubbish for approximately 1– 1 1/2 hours,
then meet back at park for a free B-B-Q lunch hosted by the Lions Club.

Please be sun smart and "slip, slop, slap",
bringing gardening gloves too would be a help,
we will be giving out some rubber gloves that are to be provided.

Please get behind this worthwhile day.

HOPE TO SEE YOU THERE



Event Organiser:
Charlie Hersey - St Marys Lions Club
(Ph: 63722648 for more details)



CHAIN

The originators of 'Oz Blues', **Chain** are the only blues band in the world to have a number one on Australian charts (*Black 'n' Blue*).

They also had a number two (*Judgement*).

Together with singer Matt Taylor another number one (*I Remember When I Was Young*) & the double gold album 'Toward The Blues' ensured them a place in rock history.

With '**Chain Awards**' honouring their achievements at the Australian Blues Festival (Goulburn) & as the first act listed in the new blues section of Screensound (National Archives) the accolades still continue.

2006 began with Chain appearing throughout Australia with the Doobie Brothers, and they continue to attract huge audiences around the country.

Founder member/ guitarist Phil Manning & singer/harmonica player Matt Taylor each have highly successful careers as solo performers, and are regarded as among the finest exponents of their respective instruments this country has produced.

Their influence on music in Australia has been immense, and the recent John Farnham album was titled from Matt Taylor's huge hit song 'I Remember When I Was Young'

Drummer Barry Harvey's spectacular playing amazes audiences everywhere & together with the powerful drive of bassist Dirk Dubois, form the engine that motors the band through all their hits from the seventies to more recent Chain hits such as *Spring Hill*.

Their new material retains the earthiness of the 70's while including the insights and musicality expected from a lifetime of experience in the blues genre. These songs feature on their latest album titled 'Sweet Honey', and continue the tradition of Oz-Blues which they created.

Chain live is a great entertainment experience, and with three decades of albums & performances under their belt, it doesn't get any better than this!

"Chain's influence on Australian music has been enormous.

They are renowned for their onstage chemistry and for being unafraid to admit their Australianness." - Rolling Stone magazine.

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Story Street Studios Inc. Artspace and Youth Annexe. Update

After what seems to have been rather a crazy summer, I am now able to settle down a little and clear up the chaos that has accompanied the building of storage shelves and the commencement of the installation of the **Doll and Toy Museum** at the Artspace. You may remember the Dolls and Toys being on display where the Op Shop is now? Well, after a sojourn in boxes, the Dolls and Toys will be joined by the Fiddlesticks Puppets on display before too long! There is also a plan afoot to create a label for handmade dolls and toys as an adjunct to the museum so any toymakers out there, here is a market for your work. I think ultimately this could be very successful as most visitors have children and grandchildren to bring back presents for—in this age of mass produced plastic fantastic toys, a handmade toy with old-fashioned play value is appealing. I am looking for expressions of interest from local makers—if you have never made toys before, I can help with patterns, materials and ideas. The Toy Store will add interest to the town for tourists as well as providing a much needed opportunity for local people to get some income for their creative work.

I am hoping to get the Artspace set up and ready in time to film segments for Grassy Bottom's '**Past and Future Dreaming**' project. Last year, the Emerging Filmmakers of St Marys did some great work at a weekend film making workshop with Craig Cooper of Flatbottom Productions which was held at the Artspace under the auspices of Casi Male, the Break O'Day youth worker. Film is definitely an exciting field and I recently got a good deal on some lights which will be a big help on the film set. Anyone who is interested in film, be sure to get in on this sesquicentennial project, a once in 150 year opportunity! Further works on the building should commence as soon as I have the Building Permit approved which will include a spruce dance floor, an access ramp and a disabled toilet. I am now actively searching for funding avenues to accomplish these works and then, once the Certificate of Occupancy has been granted, the building will be ready to open to the public, having completed it's transformation from Automotive Workshop to a place of assembly (and learning) The Champagne Opening will be something to look forward to. I have already got the punchbowl and will not be afraid to use it!

The Gallery has room for work if anyone out there has artwork they would like to sell. There is an online gallery in conjunction with the in-house gallery. It too is still under construction but can be viewed at www.storystreet.com.au.

Call for Expressions of Interest Original Music Club

"The most important tool for a songwriter is a writing support group. There is no teacher or leader. Each person has an equal say and you are free to use or disregard the input of others. There are two rules: you must bring something you have worked on since the last group meeting, and you must bring copies for each member so the group can give you clear feedback

Natural Building Group ('Homesteaders Assn')

With many people in the area involved in building their own houses, this group would be a forum to facilitate the building of affordable and healthy homes through the exploration of the field of natural building methods and materials, requirements of the Building Code and the principles of sustainable living systems. By sharing skills and resources, holding workshops and accessing bulk buys of materials, the Australian Dream of home ownership can be made a little easier to attain. **Interested? Please phone Eo on 0438 571 291.**

With school back in session and the start of the **Chinese year of the Fire Pig** upon us, Grassy Bottom is swinging into action for our **Sesquicentennial Winter Solstice Project – "Pigs Might Fly"** and well they might if we have anything to do with it!

Where once a computer filled a whole room and one would have had to be a top level scientist to have access to such equipment, today every school child is an active participant in cyber space—50 years ago, what is now commonplace would have seemed an impossible dream. To celebrate St Marys Sesquicentennial year (150 years of settlement) we are putting together a multimedia project bringing together stories from the history of the township and possible directions for a sustainable future in St Marys—our **Past and Future Dreaming**.

We will also be participating in the 'persistent attempt to make things fly' in the form of Flying Pigs which will be part of the entertainment on the night. We are looking for interesting historical incidents that can be presented visually in theatre and dance as well as actual photographs which will be combined onto a DVD presentation. Calling anyone who would like to be involved in this project—this will be a wonderful opportunity to be involved in creating a unique look at our town's past, present and future—celebrating how we got to where we are, who's in the mix and where we are going! There will be plenty to do so please join in and make this a success.

Workshops coming up: *Screenplay for Past and Future Dreaming project, *Mask Making, * Film Making, * Papier Mache Piggy Banks, * Sesquicentennial Sculptural Seat. Inq: PH: 0438 571 291 or 6372 2413.

Grassy Bottom Regional Arts AGM will be held at 6pm on **Tuesday, March 6, at 2 Story St, St Marys**. If you would be interested in becoming involved in Community Arts, this would be a good time as we need to find a Secretary and a Treasurer! New members are always welcome—Art is for everyone!

Watch for 'the Original Playstation' at the St Marys Railway Station on Saturday March 17.

As part of the St Patricks Day Festival we will be holding workshops and making Blueberry Pancakes to raise funds for the Winter Solstice—hope to see you there. Come and Play!



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DEVIL FORUM IN HOBART

Translocation of wild devils on agenda for Tumour Disease scientific forum.

The possibility of establishing wild Tasmanian devil populations on some offshore islands will be one of the management responses considered by a major scientific forum on the Facial Tumour Disease in Hobart from Feb. 20. Local, interstate and international wildlife and disease experts will be attending the three day forum at the University of Tasmania.

Forum convener and University of Tasmania Professor of Wildlife Biology, Hamish McCallum said the workshop was an important step in not only looking at the progress so far but also identifying the next steps in the established program.

"For example, we have already seen the establishment of captive insurance populations, but we now need to evaluate how to build on those insurance populations," Professor McCallum said. "Do we need to take the opportunity and establish free-ranging populations of devils in areas that may offer some protection from the disease?"

"Can we consider some of Tasmania's offshore islands to establish wild populations, with animals sourced from the Northwestern part of the State where there is still no evidence of the disease? As the disease continues to spread, the window of opportunity to do this will soon close."

Professor McCallum said although careful consideration needs to be taken of other species already on Tasmania's offshore islands, it is one option that will be discussed by a range of experts at the forum.

There is a great deal of outstanding research being undertaken into the Facial Tumour Disease by a wide range of institutions ranging from Department of Primary Industries and Water researchers, to Tasmanian Museum and Art Gallery, the University of Tasmania, Murdoch University, the University of Queensland, the CSIRO, the University of Sydney, the Australian National University and LandCare New Zealand.

This forum will bring together these many experts as well as other wildlife and disease experts to help map the way forward. One thing that will be immediately apparent from the program is the range of expertise that has been brought together to solve this problem. Strengthening existing collaborations and building new linkages are key objectives of the forum.

Everyone attending has been invited because they have something to contribute in overcoming the Facial Tumour Disease threat.

Last Chance to enter

As part of SMACD St Patrick's Day 2007 theme Back to St Mary's celebrations:

We would like to honour all the residents of the St Marys area who were born or have continuously lived in the area before 17 March 1947.

Those who qualify will receive a special certificate at the afternoon tea on 18 March 2007 at the St Marys Hall.

We are also searching for the oldest living resident in the St Marys area.

Please feel free to nominate anyone you consider fits the requirements or you can nominate yourself and if you need more information contact Reon on 6372 2094.

Its easy, just fill in the form and leave it at the Caltex Garage.

Nomination Form

Name.....

Date moved to St Marys or Year of birth.....

Contact details (phone or postal address).....

.....

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FEBRUARY / MARCH



Mon	Tue	Wed	Thu	Fri
26th Feb. -	27th Feb. -	28th Feb. - Launceston Cup day Holiday - FULL DAY	1st Mar. - Uniform order deadline!!	2nd Mar. -
5th Mar. - Fingal PS Swimming Carnival @ St Marys Pool	6th Mar. - St Marys DHS Primary Swimming Carnival	7th Mar. - Bicheno PS Swimming Carnival @ St Marys Pool - St Marys DH School Assoc. Exec. Meeting	8th Mar. - St Helens DHS Swimming Carnival @ St Marys Pool	9th Mar. - St Helens DHS Swimming Carnival @ St Marys Pool
12th Mar. - Eight Hours Day long weekend	13th Mar. -	14th Mar. -	15th Mar. - St Marys DHS Secondary Swimming Carnival	16th Mar. -



SCHOOL DENTAL SERVICE

St Marys Dental Service
re-open date to be advised.

If your child should require Emergency dental
treatment please contact the

Northern Dental Service on (03) 6336 4100
or your local G.P.



STUDENT BANKING 2007.

Student Banking is every Tuesday morning.
Primary students' bank books will be
collected from their classrooms.

Secondary Students can leave their bank
books at the office before school.

New account packs are available from the
office.

Commonwealth Bank

Dear Parents

Your state-wide parent support network, Tasmanian State School Parents & Friends, would like to
welcome you all back to school this year.

Being involved with your school community is a great way to help your child's education and we would
like to encourage you to join your school's parent group, P&F or School Association this year. Please
access our website www.parentsandfriendstasmania.asn.au as it contains useful information for parents and a link to our new online
discussion board. We look forward to being of assistance to you and hearing your views, either through your school's parent
group, our website - where you will find contact details for your local representative, or directly by phone to our office in Hobart on
03-62349488. Have a great year!

Jennifer Branch
President
Tasmanian State School Parents & Friends Inc



TASMANIAN
STATE SCHOOL
PARENTS & FRIENDS
INCORPORATED



North East Education and Training Centre Inc NEET Centre Inc

NEET Centre Inc is a Registered Training Organisation
offering a wide range of Vocational Training and year 11/12
subjects, for learners of all ages.

Enrol NOW for 2007

If you are thinking about returning to study to increase your
job prospects or just for your own interest,

Contact:

Brian Shephard, Matt Bennell, Margaret Forsyth
or Mary Targett

(03) 6372 3900

St Marys District High School



**NATIONALLY RECOGNISED
TRAINING**

ST MARYS COMMUNITY HEALTH CENTRE

PLEASE BE PATIENT

Please be aware that **waiting periods do apply**. **Phoning in advance may save you a wait**. Please **be patient**, we are doing our very best and your cooperation is appreciated. Everyone's health is important to us. — K. O'Shea DON

DOCTORS on ROSTER

DR. OTTOSEN & DR RYAN

PLEASE PHONE THE COMMUNITY HEALTH CENTRE ON 6372 2111 FOR APPOINTMENTS OR **BEFORE PRESENTING AFTER HOURS**.

THERE IS NO WAITING PERIOD FOR DOCTORS APPOINTMENTS AT PRESENT.

- At the time of print, subject to change depending on demand.

SCRIPTS AND DOCTORS APPOINTMENTS

PLEASE ENSURE DOCTORS APPOINTMENTS ARE BOOKED **PRIOR** TO YOUR MEDICATION/S RUNNING OUT OR **IN ADVANCE** IF YOU ARE ATTENDING THIS PRACTISE REGULARLY.

SCRIPTS **WILL NOT** BE TAKEN OVER THE PHONE AND **WILL NOT BE FAXED** BY THE CENTRE. PLEASE USE HEALTH AND BEAUTY OR POST OFFICE.

St Marys Community Health Centre

GP Surgery Hours:

8:50am-12:30pm

12:30pm-1:30pm LUNCH

(Please do not phone during lunchtime as appointments can not be taken by the nursing staff)

1:30pm-5:00pm

AFTER HOURS SERVICE

PLEASE PHONE GP ASSIST ON 1300 780 011
AMBULANCE 1800 008 008 or
EMERGENCY 000

CAN YOU HELP US?

Have you got a Chess Set?

The St Marys Day Centre is looking for a Chess Set to teach some of our weekly crew how to play.

Maybe you can play Chess and would like to come and have a game?

If you can help us out please call Hayley on 6372 2111 and leave your details.

LOST PROPERTY AT THE CENTRE

A number of items have been found in and around the Community Health Centre. If you have misplaced your sunglasses, a jumper, a silver bracelet, a child and an adults watch then please see our reception staff.

Fall seven times, stand up eight – Japanese Proverb

'WHAT'S ON AT THE CENTRE'

29 Feb **Speech Pathologist**, Celia Black.
Please phone 6343 0218 for appointments.

29 Feb **Fiona Watts** 10-10:30am & 1-2pm

1 Mar **St Marys Walking Group**
10- 12noon Commencing 1/3/07.
Initially this activity will run for 6 weeks and depending on demand can become ongoing.
Phone 6376 5242 for further details.

1 Mar **Social Worker**, Shan Williams.
Phone 6372 2111 for appointments

2 Mar **Social Worker**, Shan Williams.
Phone 6372 2111 for appointments

3 Mar **Laurel House**, Margaret.
Phone 6334 2740 for appointments

5 Mar **Fiona Watts** 10-10:30am & 1-2pm

6 Mar **Physiotherapy** Margaret Van Der Merwe.
9am-4pm. Phone 6372 2111 for appointments

8 Mar **Physiotherapy** Margaret Van Der Merwe.
9am-4pm. Phone 6372 2111 for appointments

8 Mar **Social Worker**, Shan Williams.
Phone 6372 2111 for appointments

9 Mar **Social Worker**, Shan Williams.
Phone 6372 2111 for appointments

11 Mar **Dr. Thomas**, Psychiatrist

13 Mar **St Marys Child Health Service**
2nd & 4th Tuesday of the month
Open Clinic 9.00am—12.00noon
Appointments : 6372 2111
Mobile 0428 136 381

GIANT JUMBLE SALE & SAUSAGE SIZZLE

FRIDAY 9th March

10am-4pm

VILLAGE GREEN ST MARYS

CLOTHES, TOYS, GARDEN PRODUCE, CAKES etc.

To Support:

RELAY FOR LIFE

'WALKING WOUNDED'

GRAB A BARGAIN AND HAVE LUNCH
AT THE SAME TIME.

Help support Cancer Research.

PHYSIOTHERAPY IS BACK IN TOWN !



Treatment for Back Pain
Acute Injury Managment
Sports Injuries & Rehabilitation
Injury Education & Prevention
After Surgery Rehabilitation
Joint or Muscular Pain



INDIVIDUAL CONSULTATIONS AS WELL AS CLASSES OFFERED

FUTURE CLASSES INCLUDE :-

Fitball

Core Stability & Back Rehabilitation

Fall Prevention & Balance Training

Strenght Training

Lung Boosters for COPD.



CONTACT MARGARET OR DAVID

6372 2111

MON & THUR 9 - 5

ST MARYS COMMUNITY HEALTH CENTRE



I Can Do That Too!



future *directions*

Jointly funded by—DEST and OPCET

I can do that too! will help you to identify the skills you already have and find out what motivates and fulfils you.



Each participant will take home a showbag full of goodies and a lucky door prize of a pamper pack will be given away at each venue.

Cost: FREE

Time: 9am-12pm

When: Friday 9th March

Where: St Marys District High School



REGISTER NOW - limited places available

TEXT your first name (space) surname (space) and your return phone number to 0408 335 827

Or

Phone Jenny or Kirsty 6376 2226 for more information

Free childcare will be provided but you MUST register to attend and to access childcare.

FREE CHILDCARE

TLC Inc. The Tasmania Lymphoedema & Laser Centre

In conjunction with

**The Launceston Breast Cancer Support Group
(Breast Cancer Network of Australia)**



Present

Professor Neil Piller in Launceston

The Tasmania Lymphoedema Centre Inc. has invited Professor Neil Piller to hold an "AT RISK AND AWARENESS" information session on Lymphoedema in Launceston during his short visit to Tasmania.

Date: Sunday 18th March 2007 **Time:** 2pm to 4pm

Venue: Kings Meadows Community Health Centre
(Joan Marshall Room) McHugh St
Kings Meadows Launceston

Contact: Esther Rubenach **Ph:** 0409-435498

Cost: Gold coin donation

ARE YOU AT RISK??? Come along to hear Professor Piller & learn about management of affected limbs, followed by a question time.



Professor Neil Piller
BSc(Hons)Ph.D

Department of Surgery
School of Medicine Clinic
Flinders Medical Centre
Bedford Park SA 5042

Team leader
Lymphoedema Assessment
Flinders Surgical Oncology
Flinders Medical Centre
GPO Box 312 Melrose Park SA 5039

The Tasmania Lymphoedema and Laser Centre Inc.
St Marys Community Health Centre
Gardiners Creek Road St Marys Tas 7215
Phone: 63722 900 **SMCHC:** 63722111





St Marys Pacing Club



NEW YEAR'S DAY!

After a rain threatening morning, our Annual races meeting got underway, finishing up with a very successful meeting. With nine races, eighty six horses and two pony gallops thrown in, plus record stake money, everything finished up very well.

A great day's racing with local horses, namely Walton Grant for Robert Woods and Chriscott for Scott Woods, winning the two major races on the programme. We would like to thank all our wonderful voluntary workers, our trophy donors and others, especially John Margison, Troy Dawson and Clinton Woods for their efforts with their water tankers. Also the Council for its water tanker. Thanks to Alan Napier for allowing us to fill tankers on his property.

Winners on the day:

Period Costumes: Bobby Harwood & Dot Hardcastle

Losing Tote Ticket: Michelle Bennett **Lucky Programme:** Mrs P Cole (No 412)

Raffle Winners: 1st Ross Bean, 2nd Jessie Lowe, 3rd Jack Lohrey

Pony Gallops

Junior:

Patches—Tahlia Murray 1st, Brandy—Stacey Smith 2nd, Mighty Pete—Annie Evelyn 3rd.

Seniors:

Regency Ambition—Katie Tharle 1st, Tumbleweed Jack—Sarah Tharle 2nd,
Montara—Jo Bleakley 3rd, Fly High Bertie—Jesse Watts 4th
Ali Cat—Davo Dinkum 5th

These two events proved very popular and we hope to continue with them.

An early warning! In future, no private tents or marquees will be allowed within six metres of outside running rail and the entry onto the track. We had complaints from the stewards, and some drivers, that they were frightening the horses and could cause accidents, which we definitely do not need. This matter will be strictly adhered to.

Once again, thanks to all our helpers and donors, and we hope you are all available next year.

Eric Bean, Secretary.

Letter to the Editor

Reply to: The Say by Cagerattler.

I attended the public recovery meeting on Friday the 23rd of February in the rear area of St Marys town hall, and was surprised by the lack of attendance. Have people forgotten about the fires already?

I am aware that St Marys did not have the physical impact of the fire that Scamander, Four Mile Creek and Cornwall had, but with the community spirit that I have found in St Marys in my short five years here (yes another b....mainlander), I thought there would have been more interest, or is it that everyone else other than those at the meeting have been getting the weekly recovery newsletter, and are happy with the recovery of our area and any future steps to improve on things and reduce the effect when it happens again!

The response to this disaster (sudden or great misfortune) by the local council, emergency services and the community was I think quite admirable. Yes in hindsight I am sure many things could and should have been done better, and that's what hopefully the recovery meetings were for and will attain, not just for our community but for the whole of Tasmania.

Our climate is changing and the chance of a similar event or worse occurring again is very high, especially if our fire management practices remains the same. We seemed to have moved from a policy of burn everything to burn nothing. Surely there is a middle ground.

Australian vegetation and animals have adapted over millions of years to survive fires, but due to human intervention (stopping the natural fire cycle) high fuel loads have resulted in the fires that do occur to be more intense and therefore causing the losses of human lives, their properties and livelihoods, animals, vegetation to be far greater than if a coordinated fuel reduction program was in place.

Co-operation between Government, Forestry, Crown and private land owners for a fuel reduction program needs to occur, or the next fire disaster may have even greater devastating results.

Prevention is better than cure. Plan for the worst, hope for the best, are sayings known to all but carried out by few, for they take money, work and dedication to implement, after all, disaster motivation is high to achieve results and to stop 'IT' from ever happening again. But time reduces the motivation, until the NEXT TIME. Please do not allow 'Hope for the BEST and it will not happen' be what we pass onto the next generation!

David Watkins.

St Marys Sports Centre news. by Kackhander

The men's bowls pennant team has earned the right to have a crack at defending champions for the past five years, St Helens, in the major semi-final, (double chance) next Saturday here at St Marys. This came courtesy of a solid 12-2 119-67 win over Bicheno. Well done boys.

We won't mention names but let's just say technology is a wonderful thing, and age was no barrier to the only winning Bicheno rink, but our blokes were not 'ALL WASHED UP'. Not until later that night anyway.

Jokes aside, the club now finds itself with a very realistic chance of winning that elusive flag that has avoided us for over two decades. Practice is the key, and the selectors are asking ALL our prospective players to do their absolute best to be there at Thursday night's practice so we can genuinely and fairly select our proper team and rinks for the finals. It is the players responsibility to contact one of the selectors : Brent Leedham, Peter Davern or Rod McGiveron if they can't make practice or are unavailable over the next few weeks. It's going to be a difficult job to get it right without everyone's help.

In the elimination final, Scamander plays Swansea to see who goes further.

Still on bowls, and East Coast Singles concluded last Sunday. Unfortunately our two semi-finalists Jack Viney and Chris Davern went down in very close games to John Brokas and Brian Harrison respectively. These two were from St Helens. (Coincidentally, the scorelines were each 25-21. Brokas went on to win the final 25-20 over Harrison.

Bad luck to Chris and Jack as well. With some fine bowling the games were great to watch. Chris several times, and Jack last year, have each won this championship before, as has Brian Harrison. Well done to you all.

A special thanks to Jim Rankin (our President) Maurice Hill, ECBA Secretary, Gilbert Brown (St Helens) last week and Garry Laycock (Scamander) for umpiring the East Coast Singles. Also Sue Breen, St Helens for the Ladies Final.

If you have entered the singles and pairs Club Championships, please make sure you get your games played on time. No correspondence will be entered in to, if it's not played. Congratulations to Greta Harrison over Nari Stuart in the Ladies Singles last weekend. It was a great game and could have gone either way.

Now to the bad news! St Marys cannot field a team in the men's pennant under the new player restrictions. All our players have been asked, and almost everyone has agreed that the new restrictions, after more than half a century of the traditional way, is not our preferred method. Our team would find enough to play as before, but purely and simply the discontent now being experienced eliminates this possibility for 2007. Who knows what 2008 will bring. At this stage we are definitely not playing under the amended rules. Sorry.

It is envisaged that more days will be offered in the calendar for golf days on Sundays during winter, to offset the pennant this season. No final calendar has been locked in just yet. So if you have any good ideas please tell Bob, Macca, Jack, Mark, Brent, Rod McG, Roger, Trev, or any other members. We are keen to hear from you.

Thank you to everyone who attended our rescheduled Annual Dinner last Saturday night. It turned out to be a great evening, even though it was two months after the original date, when the bush fires caused us to cancel it. Special thanks to all our caterers who did an amazing job with the salads and veggies. And Trev's spuds also featured again. Just a reminder that all our caterers will be recognized by way of an evening after the bowl season etc. is finished. To all our cooks both women and men a big thank you. Only one special mention: to Christine.... Those 'pots' have never shone so much! Thanks Christine.

There have been a heap of projects just recently completed around the club, and to all of the helpers inside and out, thanks so much. We will be naming you all as time goes on. The spirit is incredible at the moment.

Anyway, until next time, good hitting and rolling.



38 Main Street St Marys

Mark Kate

Phone/Fax 6372 2240

Butcher Ph: 6372 2274

Mon - Fri 8am - 6pm

Sat 8am 12 noon

Next week's specials

From the Butchery

1.8 kg Chicken pieces (pack)	\$ 8.99
Rump steak	\$ 8.99kg
Beef mince	\$7.99kg

IN STORE SPECIALS

Duo laundry powder 1kg	\$ 1.99 ea
Blue Ribbon cocktail sals 500g	\$ 3.99 ea

FROM THE FREEZER

McCain beer battered fries 750g	\$2.99 ea
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