

\$1



THE VALLEY AND EAST COAST VOICE INC.

Established 1968

49.16 December 1, 2016

Deadline for 49.17 is 5pm December 12, 2016



H4H Walking Group at The Gardens,

photo taken by Wayne Fulford

Article on p14



THE FARM SHED

EAST COAST WINE CENTRE

It's time to start planning to visit us!

Finishing off the building and getting ready to open

The Farm Shed east coast Wine Centre

(with the post office and art + design within)

is progressing at a heart stopping pace now!

So please pop some dates on your calendar!

16 December - PO relocation

The Post Office will close at 3 pm to enable relocation

to The Farm Shed.

19 December - Bicheno PO opens in The Farm Shed

Post Office will operate from The Farm Shed with new

operating hours of Monday - Friday 10 - 4.

Enter from the front or rear through the dedicated door

or walk through from the front.

Article continued on p3



Lions Club of St Marys Inc.

are pleased to announce our
Christmas Eve Party and Parade
will be held again this year.

The Party begins on Faulkners Green
at 3pm.

Santa arrives at 4pm, Christmas Parade begins
in Newman Street at 5.30pm and must
finish by 6pm as per our permit conditions.

There will be free soft drinks, ice creams,
sweets, chips, jumping castle and face
painting as well as giveaway tickets for
age group gifts.

A BBQ will be running with hamburgers
and sausages for sale.

Lions Club stocking and other raffles will
be drawn at 6.30pm.

Give some thought to entering a float in
the Parade or driving a special vehicle -
there will be prizes for best float.

It would assist our organisation if anyone
taking part in the Parade could notify the
Club of their intention

Ruth McGiveron (Secretary)

EVELYN MCGEE AND HER FAMILY
WOULD LIKE TO THANK EVERYONE FOR
THEIR KIND WORDS, CARDS AND
CONDOLENCES ON THE LOSS OF GREG.
PLEASE ACCEPT THIS AS OUR
PERSONAL THANKS.

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Advertising rates

- ◆ Business card ads \$15
- ◆ Intermediate ads \$18
- ◆ ¼ page ads \$25
- ◆ ½ page ads \$40
- ◆ Full page ads \$65
- ◆ Permanent classified ads \$20 p.a.

Community announcements / private classified are free for two issues.

Notice to non-profit groups re advertising rates: Half a page or more will cost 50% of the regular advertising charge. To establish eligibility, ABN / IA details need to be produced.

Annual posted subscriptions are \$69 and annual online subscriptions are \$20.

Articles for publication may be left at the St Marys Pharmacy, posted or emailed. For online advertising, contact the Editor.

We do not accept responsibility for the accuracy of information provided by contributors. Opinions expressed are not necessarily those of the editor or volunteer staff.

The Valley and East Coast Voice Inc. Guidelines

Opinions in any letters published are not necessarily those of the Editor and committee, or volunteer staff.

Our pages remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks / libel / slander will not be accepted.

Kindly do not attack the editor, the paper or the authors of previous articles.

All articles for submission must bear the author's name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only.

Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point.

Letters are restricted to 300 words or fewer.

The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary.

All letters/emails must include your full name, address and phone number.

The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines.

All information is correct at time of printing.

Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.

Community Notices

Dr Jeff Parsons of the **East Coast Vet Clinic** is regularly visiting St Marys and Fingal.

For appointments please phone 6376 1577

The Salvation Army is extremely grateful for the support and friendship from the following people:

Karen Spilsbury	Don & Val Brown
Alana Campain	Evelyn McGee
Hayley Gilbert	Max McGee
Hazel Jones	Bruce
Belinda Kilby	The St Marys Hotel
Stuart Kerr	

The St Marys Salvation Army and the Break O' Day Anglican Church would like to invite people to donate gifts to go under the Christmas Tree in Ana's Hairdressing Salon in Main St, St Marys.

These gifts will be distributed in time for many children and adults to be blessed.

Thank you in advance for your support of this project and our thanks to Ana, once again for her generosity in providing the space and the tree.

On this day in 1876. Aboriginal stockman Sam Isaacs and teenager Grace Bussell rescue about 40 people from a stricken steamship off Western Australia. The SS Georgette was a steamship built in 1872, which was sold in England to Western Australia, and used as a coastal trading and passenger service between Fremantle, Albany and Champion Bay. On 1 December 1876, the Georgette sprang a leak 32km out to sea, whilst carrying 50 passengers and a cargo of jarrah wood. The pumps failed to work, and despite passengers and crew bailing water non-stop, by 6pm the water had risen to put out the steamship's fires, leaving the ship adrift. A boatload of passengers was lowered into the sea but the lifeboat was smashed against the ship's side and broken. Some of the survivors were rescued by a second lifeboat, but 12 were killed. Each lifeboat released was swamped or capsized in the storm-driven seas. As the stricken Georgette drifted into Calgardup Bay, it was seen by the Bussell family's Aboriginal stockman, Sam Isaacs. He and sixteen-year-old Grace Bussell raced down to the surf on horseback, and Grace then rode her horse into the bay until it was alongside one of the swamped lifeboats. People clung to her and her horse as she returned to shore and landed them. One man was left on the boat, and Isaacs was sent to collect him. Bussell and Isaacs continued their rescuing efforts, taking over four hours to land all the passengers. For their acts of bravery and heroism, Grace was awarded the Royal Humane Society's silver medal and Isaacs received a bronze. The wreck of the Georgette still lies about 90 metres off Calgardup Beach.

For Sale

Drizabone style long **coat & hood**, size M \$50. Peter Dombrovski's '**Wild Rivers**' book, new, \$150. Diadora **walking shoes** Size 7 \$40. Beautiful DB Actil cotton **doona & pillowcases**, Rosebud design \$50. DB firm Tempur **mattress** \$300. Beaut surf **jacket** size L \$50. **Ironing board** \$20. Versace **sunglasses** as new \$100. **Ph 0437 224 892**

Downsizing and moving so need to sell the following Antique timber furniture - **Singer treadle sewing machine** - \$250. **Carved double bed** with mattress - \$400. Mirror-fronted **wardrobe** - \$250. **Dresser** with drawers - \$200. **Bedside (pot) cupboard** - \$160.

All in excellent condition.

Email elemental2622@gmail.com.au for pictures or call **6372 2686 / 0458 648 927** to come and have a look.

I may be old and feeble, but I'm still selling **moo poo**. **Norm 6372 2380**

Einhell **ride-on mower** 500cc 17.5hp \$1200 ono. **Canopy** to suit Holden Rodeo \$300 ono. Peak Venus **wheelchair**, almost new \$350. **Ph 6377 1168 (Mathinna)**



Main Street St Marys 7215
Ph 6372 2844

Kodak copies from 45¢

Ear piercing \$27
including earrings
and solution with
qualified staff Bec,
Sally & Cassie



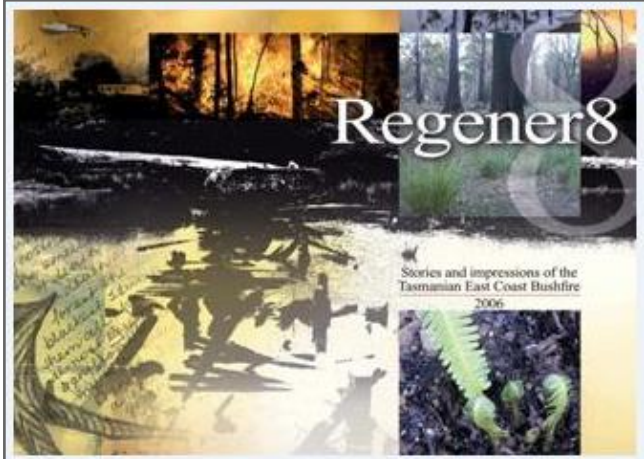
Check out our catalogue!!

Pharmacist instore Monday - Friday

George Keri's photographic tribute to the 2006 East Coast Fires is on display at the Scamander Beach Hotel Motel with other venues to be announced.

Expressions of interest for the volunteer position of editor of the Valley and East Coast Voice Inc. are invited. Full details provided in response to genuine enquiries.

Contact **W Dawson** on 0403 430 452
wdawson@valleyvoice.com.au



Cover designed by Julia Hughes.

Regener8: Stories and impressions... lives on.

A digital / Kindle version of the *Regener8: Stories and impressions of the Tasmanian East Coast Bushfires 2006* will now be available to purchase from the Amazon.com website from the 3rd December, 2016.

The e-publication is a tribute to both the East Coast Community and the much beloved St Marys community member, the late Jan Sparkes.

Jan set about compiling stories, images and visual works a few months after the fire to engender community healing and show the courage and strength of community spirit surrounding the disaster and its aftermath.

All funds from the sale of the e-book will be given to the St Marys Volunteer Bushfire Brigade. The cost will be approximately \$4.10 per download.

Rosa Maria McManamey, Launceston

Continued from the front page

The Farm Shed East Coast Wine Centre Opens.

This week The Farm Shed will open for business from 8 - 6pm daily.

For confirmation of which day, follow us on Facebook, Instagram or Twitter at The Farm Shed tas or bicheno.

Once open we look forward to

- serving you bar food with your wine, tea or coffee
- introducing you to the 18 vineyards currently producing in our East Coast Wine Region
- Servicing your post office needs
- Continuing to showcase Tasmanian artisans and designers - from large to small pieces across an eclectic range

We look forward to seeing you at The Farm Shed soon. Pop in and introduce yourself as a fellow local!

Subi Mead & Helen Bain

The Farm Shed east coast Wine Centre
next to the church on the main street of Bicheno

"All men are cremated equal"
Spike Miligna, that well-known typing error



CHRISTMAS CAROLS

Date December 18

Where Cornwall Park area or Hall,
depending on the weather

Time 6.30pm Sausage Sizzle tea
7.30pm Carols

Cost Gold coin donation

Sausages \$1

Soft drink, water etc \$2

Safe flame candles \$2

Santa will be dropping in.

Carols will be performed
by various singers.

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- Sand and rocks.
- On sight screener 20mm - 75mm.
- 20 tonne excavators with tilt bucket, ripper, rock and log grabber and quick hitch.
- D65 Komatsu dozer with ripper and tilt blade.
- 10 yard tipper.
- Compaction roller.
- Wheel loader.

Dams, roads, firebreaks, land clearing, house sites, drainage, bridge construction and much, much more ...



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Open 7 days a week



'think Hilly's, think convenience'

Pizzas made wholly in house,
ready to cook.

Large range of salads
made fresh in-store.

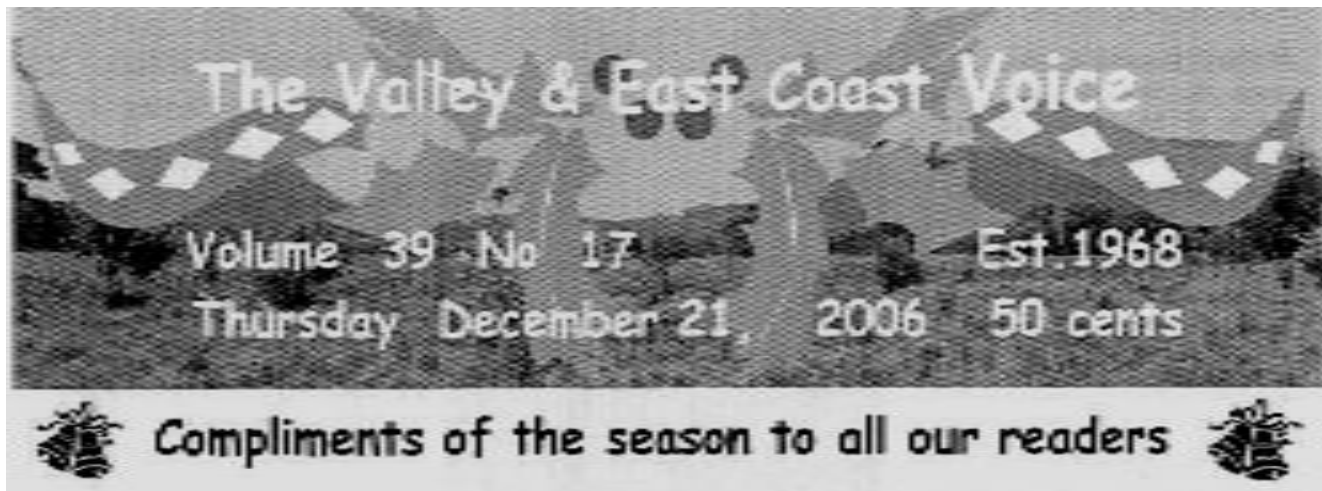
Succulent BBQ Chickens
cooked to perfection.

Cookies fried chicken
and hot chips available 7 days.



Hilly's IGA St Marys and St Helens

'we stand for fresh'



Congratulations, all volunteers!

This was not the way we intended the last edition of the paper for 2006 to be published. This has been two of the most horrendous weeks in our community's history, and I for one would not like to experience it again. Our hearts go out to all those who have lost everything in the last two weeks vicious weather conditions. You see and hear via the media, of similar situations happening throughout the world, and although you can sympathise, until it is experienced, the magnitude of it is simply beyond comprehension.

The helicopters flying overhead, hour after hour, making it sound like a war zone, trucks, emergency vehicles and the insidious smoke, making everyone acutely aware we were in dire straits, brings home the horror that everyone is experiencing. Where would we be now if not for the wonderful services of emergency workers? I hesitate to mention them all here in case someone of significance is left out, but the helicopter crews, Tasmania Fire Service, including volunteers, SES, contractors with heavy machinery making containment lines, Forestry workers, Fire Services volunteers from other units, Tasmania Police, Ambulance Service, Aurora, Telstra, Parks and Wildlife, all media including TV and radio, and many others,

worked continuously day and night in the most trying conditions, to try and save lives and property in this district. This list would not be complete without mentioning the Salvation Army, St John Ambulance Service and the businesses of the East Coast. Thanks is a small word, but it means so much to so many people, and I'm sure there are residents who are still in their homes because of the efforts put in by all these crews.

To ALL emergency personnel in whatever capacity your services were utilised, congratulations on the magnificent job you have done. You all, without exception, deserve medals.

As this paper goes to print, the fires are still burning, people are still at risk, and the emergency services are still working tirelessly. Let us hope that the dangers will soon be over, and families will have their loved ones home with them for Christmas.

A LITTLE BIT OF HERITAGE From Jim Haas

In generations to come when people look back on our heritage, December 2006 will surely feature as one of the most significant months in the history of the St. Patricks Head District.

From a quiet Sunday afternoon we were thrown into a drama that, although many have worried about, nobody expected it to happen with such velocity and create the devastation it did at German town, Scamander and Four Mile Creek and continue to be threatening some ten days later.

Last Thursday at Cornwall, I fought the fire as it came towards my house, with two Forestry workers who travelled all the way from Smithton to lend a hand. All around the town Forestry and Tas Fire units from Hobart, Launceston, St. Patricks River, Legana and Mathinna stood alongside Cornwall residents and together a town was saved.

But this is only one little story in the week that will be compared with the Hobart fires of 1967. A week where we received the most press coverage ever for all the wrong reasons. It will be a week where, some time soon,
Continued on p7



St. Patricks Head, under normal conditions, would be visible above the roof line of the St Marys Hotel.

we can all sit down over a beer or a fine red and tell our stories, pat ourselves on the back for the effort shown by the community and wonder at the courage shown by all who stood and fought.

Whilst at the time of writing the fires are still a threat as they work their way through the hills around us, we must pay tribute to Forestry, Parks and Wildlife, bulldozer drivers and the helicopter pilots all of whom played a major role in the fight to save our lives and our possessions.

Specials thanks, however, must go to Tas Fire Service and their wonderful bunch of volunteers. They came to our humble town from all over the state, to stand alongside our local boys and work on the fire ground for up to twelve hours a day to protect properties, back burn, put in containment lines and supervise an operation that has been, to say the least, a mammoth task.



Last but certainly not least, another special mention must go to the property owners who showed tremendous courage and commitment to stay with their homes when, at times, the fire came at them like a roaring freight train.

Possessions have been lost this week, some irreplaceable, but we are all still here and because of this we will recover.

The community spirit of the Break O'Day Plains, which has taken on many a fight in the past, will grow stronger from the experience of the last ten days and prepare us all for the next challenge.


The articles on pages 6 and the top half of page 7 have been reprinted from December 21, 2006.

The photographs on this page have been added.

ADVERTISEMENT

Guy Barnett MP

State Liberal Member for Lyons
Minister for Resources
Minister for Building and Construction



*Warm wishes
for a
Merry Christmas
and a
Happy New Year*

Tasmanian
Liberals

Please contact my office at
76 Emu Bay Road, Deloraine (03) 6701 2170
guy.barnett@parliament.tas.gov.au
www.guybarnett.com.au

f GuyBarnettMP

Authorised by Guy Barnett MP, 76 Emu Bay Road, Deloraine 7304



You can vote for the
**BEST CHRISTMAS-THEMED
DECORATED STALL** at the
STABLES HANDMADE MARKET
on 3 December 2016 (10-2)

The stallholder with the most votes will win
\$50 CASH

And if you haven't booked a stall yet, or haven't considered having one till now, there is still time!

**JEWELLERY - HOME DÉCOR - PLANTS
PRESERVES + CAKES - ECO FASHION
WEARABLE ART - CERAMICS
ORGANIC SKIN CARE - BLOWN ART
QUILTS - GIFTS & MORE**

St Marys Sportsground via Harefield Road

www.fb.com/thestablesandmademarkettas
thestablesmarkettas@gmail.com

St Marys Sports Centre

Gray Road St Marys

Bar open *Thursday* 6 - 8pm *Friday* 6pm until close
Saturday 2pm onwards - warm fire, cheap prices
Sunday 1.30 - 4.30pm *Friday Happy Hour* 6.30 - 7.30pm with *Pick the Pen*, raffles and bar snacks

Licensee / treasurer *Jim Turner* 6372 2441
Interim secretary *Glenn McDonald* 6372 2429
President *Jacqui Bianchi* 0439 978 156
Vice President *Tamatha Grose* 0427 332 085
e: stmaryssportsctr@internode.on.net
<https://www.facebook.com/stmarysportscentreinc/>

Golf news Course looks a picture with lots of grass after the rain. Mowing goes on. Plans for the greens in progress, they need some TLC.
A few golfers were seen Wednesday, Friday and Sunday.

Christmas Dinners have commenced, it's a busy time at the Centre.
Christmas break up and drawing of our raffle on Friday December 23 at 7.30pm.

Bowls results *Bowls North Forum* for East Coast affiliated member of St Marys, 1pm on Friday December 2.
Results of previous game: Scamander W St Marys L Saturday November 19.

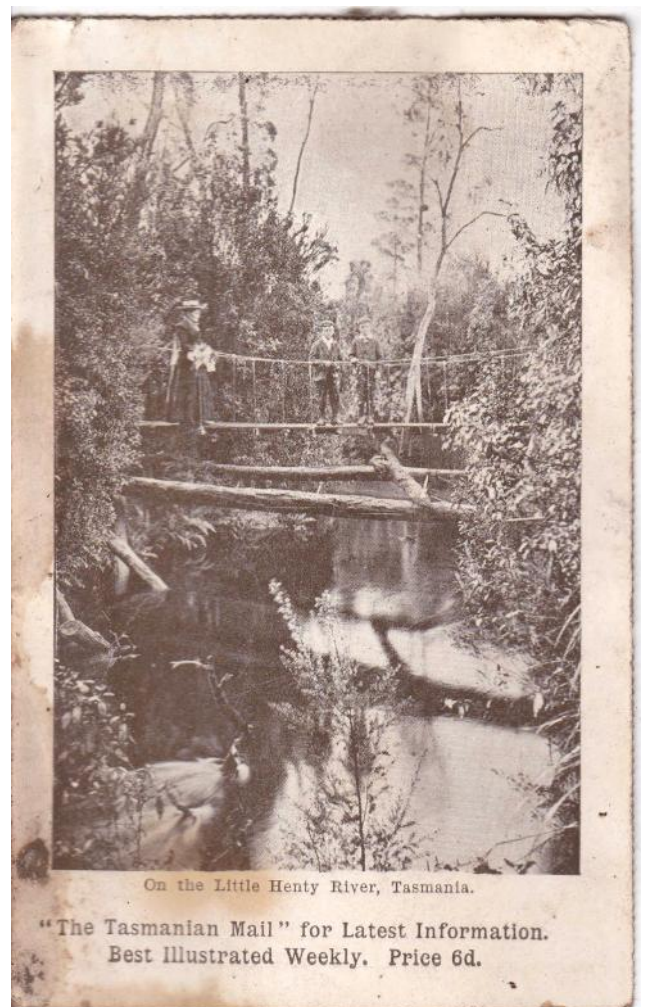
East Coast Trebles: St Marys team of Chris Davern, Rhonda and Steve Mercer defeated the Swansea team. Nice job. St Marys W Bicheno L Saturday November 26.
East Coast Fours will be played on Sunday December 18.
Clive Berwick Memorial Day Tuesday December 27, one more team needed to complete the 16 teams. Looking great with prizes, lunch, BBQ tea for later. Bar person working throughout the day and evening.

Esk Main Road -

St Marys Pass Stabilisation Works 2016

From Monday, 31 October 2016 until Monday, 16 December 2016, St Marys Pass will be closed to all traffic from Monday to Friday between the hours of 9am and 2pm.

Thanks to Jun Li and Maurice Linfoot for allowing the publication of these items (below), found on the premises currently being restored next to Ping's Place, Main Street St Marys. Hopefully they will be of interest to long term and recent residents of St Marys, and beyond. Editor.



FALMOUTH COMMUNITY CENTRE FUNDRAISER

The Falmouth Community Centre [FCC] is excited to announce that we are in the process of raising funds to purchase two Defibrillators from St John Ambulance Australia [Tasmania] for our Community – one to be placed in a location for public access in Falmouth, and one to be housed in our Falmouth Fire Brigade [FFB] vehicle so it can be on hand when they are attending emergency operations.

If you would like further information or would like to donate, please phone 0400 397 166 or send an email to falmouthcommunitycentre@gmail.com

On October 30 the Falmouth Community Centre [FCC] was honoured to have Roxy Cowie, CEO of St John Ambulance Australia [Tasmania], attend our Monthly Meeting to give a presentation and demonstration on their HeartStart First Aid Defibrillator.

The St John HeartStart First Aid Defibrillator is the number 1 selling Defib around the world, is easy to use and is designed for people with little or no experience, making it ideal to use in a remote community such as ours, in the event of a sudden cardiac arrest.

The cost of a Defibrillator for public access is \$2,350

The cost of a Defibrillator for the FFB Vehicle is \$1,895

[as it does not require a Wall bracket or alarmed Wall Cabinet]

We are well on our way to reaching our goal with one family's generous donation of \$600 and six other donations from members of our local community, giving us a total \$1,150 already which we are truly grateful for.

If one life can be saved by having these Defibs in our Community, then that is priceless.

After the presentation, the members of the FCC who attended the meeting agreed that this would be a great asset to the Community, considering our remote location.

If we are lucky enough to have funds left over after purchasing the first two Defibs, then we will assist in using the excess funds towards further fundraising for a Defib for another community in our area.

This is just a start. We hope that your generosity will enable us to achieve this very important goal. We look forward to keeping you updated as we move towards a better prepared community.

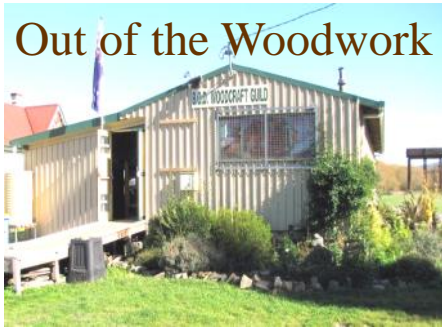
We do hope that you will dig deep and put your support behind this important project.

We would like to thank Roxy Cowie for giving up her time on a Sunday to give her presentation and answer our questions.

Thanks also to those who came along for this important information session. There will be another demonstration by Roxy in January at a date to be advised.

All welcome!

Out of the Woodwork



The Guild is open every day except Friday and Sunday (depending on volunteers) and other times by appointment.

Wendy Brennan, Secretary 6372 2094

breakodaywoodcraftguild.weebly.co

facebook.com/pages/Break-ODay-Woodcraft-Guild-Mens-Shed/

Many thanks to Colinda whose astute gardening skills have brought the Guild's garden back from the abyss. It was very much appreciated from all members. The Guild has been working on projects to build bee hives and some members have an avid interest in becoming amateur apiarists.

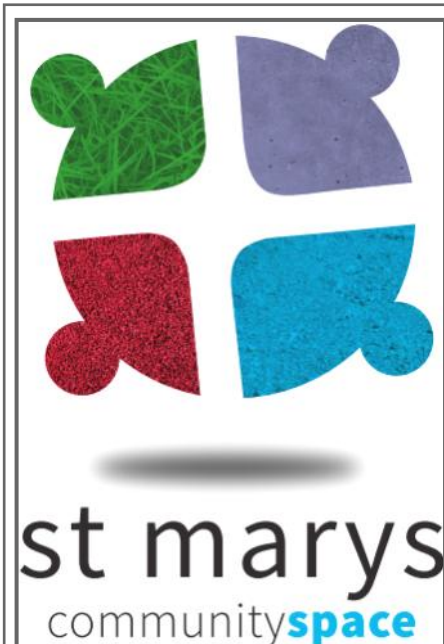
So far a few

have been very successful in acquiring the obligatory strings, the rest needs more research!

The croquet court has been reseeded and we are now calling for expressions of interest from people who are keen to join and have a game. If you are interested please call Reon on 0429 722 091 or 6372 2094.

Guilds Home Hint. If your curtains don't hang right slip a few old keys into the hem. To keep them in place tack a few stitches through the holes in the keys. Her Majesty the Queen uses weights sewn into her hems to stop any embarrassing up draughts.

Photographs of Guild's garden (below left), bee hive (below right) and Reon in homemade protective clothing (right) taken by Jeff Hunter



An exciting community project in the development phase, the **St Marys Community Space**, is evolving.

It started with kids wanting somewhere to skate and ride their bikes; and has now evolved into an idea for a community space for all ages, with activities planned for all the family.

There has been a dedicated group of volunteers working to make this happen, and we are planning the first fundraising event for January.

We need YOUR support.

Come meet with us this Friday December 2 at 5.15pm
Venue: Mt Elephant Fudge, 7 Story Street, St Marys

Ph Janet on 0404 562 320 for further information

Collection tins bearing this logo will also soon be arriving in local businesses.

The Say, by Cagerattler

A few weeks ago I came across a YouTube video by accident that caught my attention. It dealt with some inconsistencies with one of history's most fateful and terrible days 15 years ago in New York City. All of us remember that awful day called 9/11.

The video was made by a concerned US citizen about these strange claims. I then found another one, and another and another - in fact I found a whole bunch of them. In these videos, using footage and evidence that has come forward over time, many of these claims have at least face value credibility. In more recent ones, now that several years have passed and the horrific atrocities have numbered down somewhat, numerous technological facts with 2001 in mind have been questioned for validity.

Many of the videos seriously question the official findings with seemingly irrefutable evidence that dispel the claims that accused terrorists involved did it all by themselves.

A couple more are suggesting that insiders within the government of the day had huge involvement with the deaths of 2700 plus innocent souls, including a great many FDNY fire-fighters, NYPD police, Port Authority officials and so on ...

I have an open and ever suspicious mind these days when it comes to stuff like this, and my wish is that at some time in the distant future (and it will be) and IF by chance it was an inside job in part or totally, the perpetrators rot in hell for eternity.

For everyone's sakes I hope that the ever growing doubters claims are proven wrong. If anyone is interested in finding out what the claims being made are, please feel free to contact me and I'll point out what I found that made me so upset and curious as to whether it was as cut and dried as claimed at the time. I'll let you make up your own mind ...

What do you think?

Rod McGiveron, St Marys



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& SERVICE
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6372 2335/0419 503 109
Fax 6372 2822

Ana's Hairdressing Salon



Master Hairdresser (28 years experience)
Open Monday, Tuesday, Wednesday, Thursday and Friday 9am 'till late

MENS, LADIES AND CHILDREN

Ana's Hairdressing Salon also offers beauty therapy services,
consisting of waxing, tinting and makeup.

Look good - feel good

46 Main St, St Marys - 0448 532 531
(under 'St Marys Ana's Hairdressing Salon' in the white pages)

Ransley's Appliance Service

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Washing machine noisy?

Refrigerator runs too long?

Clothes dryer blows cold air?

... then you need the services of our technicians

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CLEAN CRACK LAUNDROMAT

32 Main Street St Marys



Coin operated washers
and dryers
6.30am - 8pm

Fishing report brought to you by members of
Break O'Day Sports Angling Club
Meet 7:30 1st Tuesday of the month. St Helens Marine Rescue HQ

As I write, the Bay is peppered with small boats as holidaymakers make the best of a break in the wind and try their luck on the water.

I can see by their movements what fish they're targeting

and the methods they're using. In the channels around Stockyard Flat dinghies strain at their anchor ropes as lines are let into the faster waters in search of King George Whiting; great fun on light gear using a bait of pipi or squid. Small runabouts outfitted with electric motors provide a platform as "plastic" fishers stand and cast from their boats, as they drift on the tide under guidance of the electric, chasing Trevally in the main boat channel off Humbug.

Others dash hither and thither, searching for any sign of birds and a salmon or tailer school chasing baitfish. Less frantic fishers just find a nice spot out of the wind and dangle a line to tempt whatever may come along.

As a local I can't help ponder on how fortunate we are to pick and choose the weather, the time, or the venue rather than the frantic need to maximise time in a weekend snatched from a jam-packed calendar of work and school.

What else is running? The weather has limited our options but with cray and Stripecy Trumpeter seasons opening, hopes are high - yet tempered with ongoing concerns for closures caused by Paralytic Shellfish Toxin; make sure you check the Tas Fish Guide for the most recent information on toxin levels and closures.

The Salmon continue to run, both in the Bay (nearer the ocean) and off the beaches with reports from both boaters trolling just offshore and surf fishers, south of St Helens Point.



Floating algae has been a problem fouling lures and lines as it drifts in the warming waters. Bream have been on the bite in Scamander River, but maybe not in the massed schools of other years. Flounders and prawns will be targeted over summer as the evenings extend and the waters warm, I'll try to keep readers posted.

The trout have proved fickle with anglers needing to travel to ensure success.

The highlands have proved difficult with constant winds, lots of water and some snow. As the season settles members are expecting a fruitful year after recent drought and poor results.

Local rivers are beginning to switch on too, with more insects about and stabilising flows. Whitebait are entering the lower George and will encourage the sea run trout to come up from the salt, watch for cars parked near the bridges as a guide.

And back to the Bay: as "experienced" anglers perhaps we sometimes lose ourselves in need for the latest gear and fancy boats and forget what first got us hooked - just dangling a line off a river bank or from a jetty.

I recently spent a delightful morning with the grandson sheltering from the "gale", tucked in Kirwans trying to catch whatever was about. Fishing light, with just enough weight to cast a sardine some 10m, we soon had several small trevally and were joined by a "friendly" pelican who sought to snatch our fish as they were returned. With a bite a cast as the sardine drifted down the drop-off, it was great, relaxing fun - until the line tightened and the tiny rod almost lurched off the jetty. We battled the fish together as it tried to snag the encrusted pylons, eventually walking it to the beach and

savouring a shared victory.

With many jetties having disappeared and more falling into disrepair, can we not move to ensure their protection?

Maybe even build some new ones so we as locals, and our welcome visitors, can have the little victories that hook us for life and cause us to return time and time again to relive the triumphs of our childhood.

PS Our friendly pelican was joined by a cormorant who did manage to catch a trevally as it was returned. The pelican grabbed him by the throat dragging him around like a rag doll until he disgorged his catch.

A red promotional banner with white snowflake patterns. The word "SALE" is written in large, bold, white letters at the top. Below it, in smaller white text, it says "20% OFF ESSENTIAL OILS WITH THIS COUPON VALID 01 DEC - 17 DEC 2016". The main text in the center reads "Aromatherapy Essential Oils" and "3 Thieves Disinfectant". At the bottom, it says "St Marys Post Office & Gift Shop".



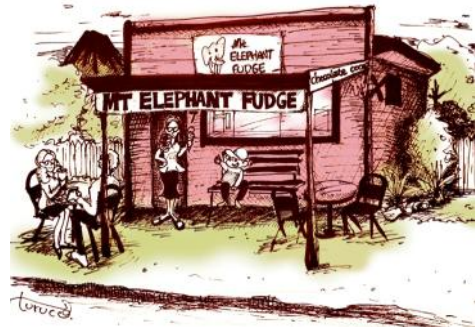
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Hub4Health Walking Group

Recent Walks:

Bay of Fires Coastal Walk to Gardens Lagoon with Leader Brian Mathews: 15 walkers met at H4H; organised themselves into a car and drove out to the Gardens: a most picturesque drive with glimpses of the shimmering deep blue sea, the green rolling hinterland with lagoons and creeks dotted along the length of the road to the Gardens parking area. As the group started on the Bay of Fires Coastal Walk, the majestic beauty of the sea and coast was there for all to enjoy. As we walked briskly along the track the whistling of the cooling westerly breezes, through the sheoaks, could be heard. The sharp crispness of the golden sands, step after step, was a joy. The only difficulty, for those who are less mobile, were the tumbling boulders all the way to the beach. An absolutely fabulous walk.

Contributor: Wayne Fulford

Stieglitz Boatramp - Windmill Lagoon with Leader Beth

Verschoyle: An overcast windy morning greeted 15 walkers. As usual the group carpooled over to the trailhead. The walking was easy with flat country and some undulations; abundant wildflowers providing us with a kaleidoscope of colour. *Contributor: Wayne Fulford*



Windmill Lagoon, photo taken by Wayne Fulford



Donkey Orchid, photo taken by Wayne Fulford

Halls & St Columbia Falls Walks with Leader Pip Buchanan: "Your walk on Wednesday is still TBA", my husband said to me as the rain poured down at the weekend. "A good week for waterfalls", I replied. So a pleasant sunny Wednesday saw 15 of us gather at Hub4Health to sort car-sharing for the choice of Halls Falls only (1 car); and the option to then go on to St Columba for a second waterfall (3 cars). Both falls were in thundering condition and we thoroughly appreciated the chance to witness them in full condition in such pleasant weather. Half of us then had a cuppa at the 'Willows' (the other Pyengana businesses were bursting with tourists) before our journey home.

Contributor: Pip Buchanan


The St Helens Walking Group wishes to wholeheartedly thank Hub4 Health, Heidi Howe and Wendy Dawson for their support throughout 2016. New members are most welcome. Please call **Hub4Health:6376 2971** or **Bryan Edhouse:0414 987 435**. Walks will recommence in mid-January or thereabouts. **Come join up soon!**

Guy Barnett, Liberal Member for Lyons Grants available for Community Projects

Community groups and Councils in the East Coast area have an opportunity to secure State Government funding for projects that provide strong benefits to those living in the area. The Hodgman Liberal Government has opened a \$13.9m Community Infrastructure Fund grant program as part of its ongoing commitment to support local communities and jobs. Liberal MP Guy Barnett said the Tasmanian Government now had the budget back on track and was able to invest the dividends into new or improved facilities and amenities for communities across the state, creating long term social and economic benefits while supporting jobs.

Mr Barnett said the funding would allow projects that had been held back due to financial restraints to come to fruition. The infrastructure delivered by the fund must be openly accessible to the general public and provide strong benefits for the local community. Potential projects include community halls and other local facilities, township beautification works and street furniture, community parks, lands, gardens and playgrounds, recreational and sporting facilities, footpaths and cycle ways, walking trails and public pathways. The fund is open to not-for-profit organisations and local Councils (including Council-owned businesses) as well as private sector enterprises to assist with capital costs associated with the constructing or upgrading infrastructure that will benefit the community. There are two divisions of grants available: Minor Grants for between \$10,000 and \$50,000 which don't require applicant co-contributions, and Major Grants for amounts exceeding \$50,000 which do require funding co-contributions from the applicant. The Community Infrastructure Fund is another way the Hodgman Liberal Government is working hand-in-hand with local government, community groups and organisations, and local businesses to support stronger and more liveable communities right around Tasmania and create jobs. "More information and full guidelines are available at www.stategrowth.tas.gov.au/CIF or from Business Tasmania on 1800 440 026, and you can also contact my Deloraine electorate office for help," said Mr Barnett. Applications close on 3 February 2017 for minor grants and 31 March 2017 for major grants.

Contact: Caroline Donaghy Phone: 6777 1020



Rene Hidding MP
LIBERAL MEMBER FOR LYONS

Wishing you and your family a wonderful Christmas and a safe and happy New Year

Phone: (03) 6165 7840
rene.hidding@dpac.tas.gov.au

Authorised by Rene Hidding MP, 9 Gordon Street, Sorell

Tasmanian Liberals

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Community Groups / Services Guide
For inclusions / amendments call 63722 766

AA St Marys meets Friday 7pm at Holy Trinity.

Mick / Shirl 6372 2909

Al Anon (Family Group) meets Sunday 2-3.30pm at St Helens Neighbourhood House. Please call (in order) *Rose 0456 063 943 / Ann 0409 763 270*

BINGO at the Cornwall Hall Mondays at 7pm, 2 jackpots weekly. All welcome.

Break O'Day Council St Helens 6376 7900

Break O'Day Regional Arts meet monthly on the 2nd Thursday at 5.30pm in the St Marys Hotel.

The BOD Stitchers meet Friday 10-3pm at the Neighbourhood House Bungalow in St Helens.

The Break O'Day Woodcraft Guild Inc. meet monthly on the last Thursday 11am in the Goods Shed behind the St Marys Railway Station.

Carers for Wildlife Tas Inc.

St Marys 6372 2973 / 0417 017 105

The Combined Probus Club of Scamander Inc meet on the 4th Wednesday of each month at Scamander Beach Resort, 10am. Contact **Lorraine on 6376 2185** for further information - new members welcomed

The Cornwall Community Development Group Inc. hold their general meetings on the 1st Tuesday 7pm monthly. *Raz / Deb 6372 2261*

East Coast Community Transport Community Hall, 23 Main Street, St Marys.

Jan Saunders 6372 4415

The Falmouth Community Centre contact for booking is *Cherrie Schier 0417 887 941*

The FVNH Op Shop is happy to receive pre-loved clothing & goods weekdays 9-3. Donations can be collected on Mondays or items can be left at the Centre. Come along, check it out and pick up a bargain. *Gary Barnes FVNH*

Greater Esk Tourism meet on the 2nd Monday 7pm at Fingal Neighbourhood House monthly. *0412 425 666*

Hospitals Circassian Street St Helens 6387 5570
Community Health Centre St Marys 6387 5555

Hub4Health, St Helens, 6376 2971

JAM (Jesus And Me) Every Tuesday 3 - 5pm for children 5-12 years (except school hols).
Phone Mel on 0409 838 816 .

Justice of the Peace K Faulkner 6372 2196

Libraries St Marys 6372 2114, St Helens 6387 5530

Meals on Wheels St Marys 0488 384 344

Museum Cranks & Tinkerers St Marys 0417 648 845

Online Access Centres Fingal 6374 2222,
St Marys 6372 2005, St Helens 6376 1116

The Scamander and Beaumaris Community Development Association meets monthly on the

3rd Wednesday at 7pm in the Scamander Sports Complex.

Scamander Garden Club meets monthly on the 3rd Monday 1.30pm in the Scamander Sports Complex. *Val 6372 2762*

Schools - District High Schools, St Helens 6376 7100. St Marys 6372 3900

Primary Schools , Avoca 6384 2117, Fingal 6374 2197

The St Helens Walking Group walk each Wednesday and 3rd Saturday monthly. New members are most welcome. *Hub4Health 6376 2971*

Bryan Edhouse 6376 3439

St Marys/Falmouth Playgroup is held 10:30-12:30 each Wednesday at the Falmouth Community Centre. Join us for only \$3 per family in a relaxed and friendly atmosphere. *Bec Mason 0409 253 504*

St Marys Hospital Auxiliary meet monthly on the 1st Monday at 2pm in the St Marys Community Health Centre.

St Marys Ladies' Midweek Tennis meet 9.30am Wednesday. New players & beginners welcome. Child minding included - a lovely safe place to bring toddlers while you play.

Karon 0419 722 390 / Dana 6372 2033

St Marys Markets are held monthly on the 1st Saturday 9-1pm at the St Marys Community Hall. *Michelle (BODRArts) 6372 2056 / 0407 046 865*

St Marys Online Access Centre, Main Road St Marys. Monday to Friday 9.30-4.30 Sat 11-2. *6372 2005*

St Marys School Association Op Shop 25a Main Street (Behind the Town Hall), St Marys. Weekdays 9 - 4pm. Saturday 9.30 - 12.30pm.

Janet Drummond 0404 562 320

St Marys Sports & Social Centre Inc 6372 2177

St Patricks Head & Esk Valley Historical Society Inc. meets every 2nd month on the 3rd Wednesday at 3pm.

Jim 6372 2127 (jimhaas@bigpond.com)

www.fingalvalleyhistory.com

Stallholders' Market Inc. markets are held Saturday 8-12pm in the Portland Hall St Helens. *e:sthelenmarket@yahoo.com.au*

Suncoast Singers meet Friday at 10am in the Catholic Hall Cecilia Street, St Helens.

Mary-Anne Wadsworth 6376 2969

The Tasmanian Lymphoedema Centre Inc meet monthly on the 3rd Monday 5pm in the St Marys Community Health Centre, Day Care Room.

WOW, a fun social group for ladies of all ages, meets monthly on the 1st Tuesday from 6.30 - 8.30pm (February to December 2016). *Contact Christine 0410 441 558 for further details.*



Where do you find us?

5 Portland Court, St Helens, 7216

Phone: 6376 2971

Email: admin@hub4health.org.au

Web: www.hub4health.org.au

Our Aim:

To deliver health and wellbeing programs to rural and remote communities within the Break O'Day Municipality.

At Hub4Health You Can Access:

- ◆ Podiatry services
- ◆ Foot care and Toe Nail Clinics
- ◆ Exercise Physiologist
- ◆ Pap Smear and Well Women's Checks
- ◆ Osteopath
- ◆ Counselling
- ◆ Building Blocks (children 0-5 yrs.)
- ◆ Walking Group
- ◆ FriendSHIP Program

What's coming up?

Counseling Services

Please call Hub4Health for more details and booking enquiries. Counseling is suited to both individual or group needs. No referrals necessary.



Counseling & Consulting
Services Tasmania

Pap Smear and Well-woman Clinic

The fabulous Lisa from Family Planning Tasmania is making another visit to the Break O'Day area at Hub4Health on:

**Wednesday 7th and
Thursday 8th
December 2016**

**For Appointments
Contact Hub4Health on
6376 2971**

**Don't delay appointments
go fast !!!**

Chiropractor

Hub4Health are happy to welcome Gareth Sutcliffe from Blue Tier Chiropractic who will be working from Hub4Health regularly.

The Chiropractic approach to modern day healthcare is to locate and remove interference that impacts on the normal function of your body. Our daily lives are full of repetitive stresses from the physical, emotional and chemical and over time these stresses test the resilience of our health. Chiropractic works to maintain the function of the spine and reduce the possible impact these stresses can impose upon it.

Chiropractors frequently help people with:

- ◆ Back Pain
- ◆ Whiplash
- ◆ Headaches
- ◆ Sporting injuries
- ◆ Sciatica
- ◆ Sport Performance
- ◆ Neck pain
- ◆ Postural Problems
- ◆ Migraines
- ◆ Muscular Spasms
- ◆ Scoliosis
- ◆ And much more



**Blue Tier
Chiropractic**

To make an appointment Contact Hub4Health on 6376 29671

Herstory - Betty P Williams: 1935 to 1943 Part 3

Our community was very close knit. People did lots of things together. They organised concerts, fairs, parties and dances. Everyone was invited to weddings. When there was sickness or bad luck, there were always friends to help out. In summer, families got together and hired a bus for a day at the beach. These days were great fun because everyone joined in and it was one big picnic.

All who lived in Cornwall had something to do with the coal mine. A busload of miners travelled from St Marys each day to work in the mine. We used to say 'There go the black crows' as their bus wound its way down the hill after work. The miners' faces were as black as the coal dust in which they worked! The Company provided few facilities as are known by workers today, such as hot showers, canteens or first aid. The conditions under which the miners worked were appalling. The hours were long, and the work was hard.

The tunnels ran for miles under the ranges. They were low, pitch dark and damp. The coal had to be picked out with a pick and shovelled on to the skips. The miners carried carbide lamps on their hats. These were made of brass and had a little reflector, like a torch, behind the flame. The miners always carried their 'crib tin' which contained their lunch. They had to eat their lunch down the mine.

Explosives were used to blast out the coal in difficult places. The coal dust was a real hazard, causing miners to get dust on their lungs, and tuberculosis. The tunnel walls were reinforced with timber and sometimes the timbers were too weak and there was a cave-in, or a big fall of coal. I had a friend whose grandfather was killed in a cave-in. Stacks of coal fell and men were just buried alive. It was a terrible time when such tragedies occurred. The whole town went into mourning.

Sometimes after an accident the miners got together and said 'What can we do? We need better conditions. Who is getting all the profit from our hard work?' They elected deputations of men to talk with the management to ask for improved conditions, but the management didn't listen. They spoke to their members of parliament but they didn't listen either, so they decided to strike; they just didn't go to work.



Betty and Neville Williams on their wedding day. Betty went on to rear five children, while successfully pursuing a career as a primary school teacher, eventually becoming a head mistress.

The coal supply dried up. The country was without its power. The miners had no money to buy food for their families. They endured great hardship, yet in the case of one strike, they stayed resolute for six months. Although Dad wasn't a miner he belonged to the Miner's Union, so when the miners were on strike he was too.

The coal miners throughout Australia had their own paper called 'The Common Cause'. In this paper they communicated their grievances. We regularly received this paper. Mum referred to the paper as the 'Red Rag', because she believed it was written by communists. Eventually the miners won a lot of concessions ... but not right away.

One of the most despised types when a strike was on was a 'scab'. The only strength the miners had against their bosses was their unity. Those who scabbed were those who packed up and left town, and tried to get work elsewhere. Of course they did this because they felt they couldn't endure the hardship any longer. Sometimes though they were

the very ones who had decided to strike in the first place! If they were seen, everyone would know they were letting the side down, so they would secretly pack up and try to sneak away under cover of darkness. If they were caught they would be 'tin-kettled'.

One morning very early, I was out feeding our calf when I saw a family sneaking off. I tipped the milk out on the ground, grabbed a stick and beat the bottom of the bucket with all my might. Lots of people came out and joined the tin-kettling. I was only about 7 years old then but I knew one side of the argument.

During the big strike another calamity befell the whole country! There was an epidemic of paralysis, or poliomyelitis. Everyone was terrified of catching this crippling, life threatening disease. Picture theatres were closed. People were warned about travelling and especially about being anywhere where people gathered together. The schools were closed, so Mum and Dad took me to Scamander to the seaside. The sea air was supposed to be the healthiest. We lived there for six months, evading the disease and waiting out the strike. We just lived off the land. I remember Dad found some good bee trees while we were there. We spent some time taking the bees, draining the honey out of the honeycomb, and putting it into bottles. The beeswax was melted down and set in old tobacco tins to be used later to seal Mum's sauces and pickles.

I had a wonderful find too! I found a whole lot of tubes of water colour paints under an old shed up the river. I took them home and Mum found a paint brush for me and I spent lots of happy hours painting pictures of the sea and bush.

My Nan and Grandpa were pretty important to me when I was a child. They lived at Ross, then later at Tunnack and later still at Parattah. Grandpa, my mother's father, was a policeman, so they lived at the police station in the police house. Now and again Mum would send me to my grandparents for a holiday. I had to travel on the train and this involved changing trains at Conara Junction. I was always scared I'd miss the place and be carried on. Nan was full of fun and was always dressing up in fancy costumes, and playing games with my aunt and me. My aunt was about my age so we had lots of fun together. Sometimes we played in the jail or 'lock-up' as it was called. Nanna let us make toffee which

always turned out to be the kind that stuck your jaws together. Mum was always a lot of fun too. My friends always liked to come to our place because Mum could think up good games and interesting things to do.

I was seven years old before my first sister was born and three years after that a brother. When I was 13 Mum and Dad sent me to Hobart to boarding school. The nearest high school was at Launceston, but I had to board so they chose a Catholic boarding school even though I had been brought up without any religion. I guess they thought it was time. While I was at boarding school my youngest sister was born.

I haven't many memories of my school days at the little two-room school at Cornwall. The school had a Headmaster and a monitor. There were altogether about 30 kids attending. The little kids were taught by the monitor in one room, and the rest were in with the Headmaster. Between the rooms was a sliding glass panel window, which enabled the Headmaster to oversee the monitor and the grade ones and twos. I started school when I was five, which was very young but Mum was eager for me to start learning. Books were important at home. Whenever I had a birthday I was always given books. Not many kids I knew had books.

Mum joined the P&C and took a big interest in all that happened at school. I reckon the Headmaster wouldn't have been too keen on Mum. She used to hassle him a bit. On occasion the monitor did things that made Mum mad, like when she threw my case outside because she tripped over it. But the final straw for Mum was when she hit me with a ruler. Mum actually wrote to the Director of Education and she received an answer that said no person may hit a pupil, except for Headmaster, and then only for a very serious offence ... and also, caning girls was against the rules! Mum was proud of her letter and she pulled it out with authority on many an occasion. Mum said the monitor had no training and a 'swollen head'. That meant the monitor thought she was too important.

When I was in the upper grades the Headmaster used to send us out into the porch with a boy who was a bully. I suppose this was why the Headmaster chose him. We were drilled in history from a brown paper chart on which were printed all the facts and dates about things like The Seven Years War, The Battle of Trafalgar and The War of the Roses.

We had to chant the facts and memorise the dates. It was all dead boring and meant little to me then or now. Most games we played at school were simple ones such as making playhouses out of pine needles. One good game was 'Knucks'. To get a set of knucks you had to collect five small evenly balanced knuckle bones from the shank bone of a leg of lamb. Mum boiled the knucks in a tin with crepe papers to colour them. To start the game you throw the whole set into the air, and then catch them on the back of your hand. The more you are able to catch, the greater advantage you have in the game. Knucks can be played against a partner or it is quite satisfying to play alone. Hopscotch and skipping games of all kinds were very popular too.

Life changed dramatically for everyone in 1939, when war broke out. All adults were preoccupied with things to do with the war. The miners were not required to join up, because the mine was important to the war effort but still some did join. I heard stories of men getting white feathers through the post. This meant that someone believed they were cowards! As the war continued the most important moments of the day were listening to the war news on the wireless. Mum and Dad with grim faces, crouched near the wireless, and we were warned against making a sound. The news always seemed bad. Soon we were hearing of friends and loved ones being killed at 'the front'.

Mum joined the 'Comforts Fund' and we met at the manager's house ... all divisions of class swept away in the emergency ... to knit socks, scarves, gloves and balaclavas for the soldiers. Mum also went to first aid classes and took me along. I did the training and sat the exams with the adults. I had my St John's Ambulance Certificate for first aid and home nursing when I was 11 years old. Everyone believed we would be using this knowledge when the fighting reached our doors.

In 1943, my last year in Cornwall, the Japanese attacked Darwin and later in the same year Japanese submarines slipped into Sydney Harbour and attacked the Garden Island Naval Base. People were dismayed beyond belief! Air raid shelters were hurriedly dug in the recreation ground next to the school. We were given instructions about evacuation to the hills, should we be invaded. The threat of an air raid was very real, as it was thought the enemy would want to put the mine out of action. We had to observe the black-out and not have a light showing anywhere at night. This was so the enemy wouldn't be able to see us from the sky. I had a little bag carried around my neck, which contained camphor and a piece of rubber. The camphor was to ward away disease, and the rubber to put between my teeth in case of a bomb blast. We had to listen for the air-raid siren and engage in air-raid drill. Rationing books were issued so we could only buy restricted amounts of sugar, tea and butter. We had plenty of butter, so Mum swapped people for tea because we never had enough tea. We also had to use coupons to buy clothes. There were no lollies in the shops because the sugar was needed for the war effort. I had to take my ration books with me to boarding school.

As kids we weren't overly concerned about the war, except for the way it affected our parents. Our parents had lived through a previous war. They had fears we couldn't imagine ... I can only understand that now.

When I went to St Marys College in Hobart I never returned to my home again in the same way. I was only home for holidays. I had another life and friends whom my parents couldn't share. I adored boarding school days, but to tell you about that would be another story ...



From left: Garry, Betty holding Mary, and Robin Worsley.

Wicked Campers with 'vile and appalling' slogans to be outlawed in Tasmania

Wicked Campers vans are notorious for displaying offensive slogans and Tasmania is moving to ban any that cross the line. Transport Minister Rene Hidding said the Government would cancel the registration of vehicles displaying slogans he described as "vile and appalling". In a statement, Mr Hidding said laws would be introduced into Parliament next year requiring signs to meet appropriate advertising standards.

"I have previously raised concerns publicly about the vile and appalling signage on some Wicked Camper vans, as they are offensive to both women and men and distressing to parents who should not have their children confronted with such advertising," he said.

In the interim, Mr Hidding wants the Anti-Discrimination Commissioner to report any vehicles generating complaints. Offending operators may then be stopped from entering national parks until the signs meet advertising standards.

The Minister said he would also ask councils running camping grounds to consider banning the vehicles "to protect their customers from what is essentially an assault on families, particularly young people, and women and girls".

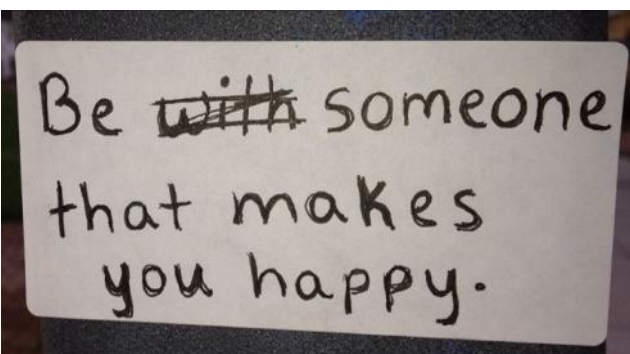
"This is strong action that sends the appropriate message to Wicked Campers, or any other company operating such vehicles, who believes they can display disgusting signage on our roads with impunity that it will not be tolerated in Tasmania."

<http://www.abc.net.au/news/2016-11-17/wicked-campers-with-'vile'-slogans-to-be-outlawed-in-tasmania/8033548>



In July 2016, the Break O'Day Council on Tasmania's east coast voted down a motion that would have banned Wicked Campers from council-owned caravan parks.

<http://www.abc.net.au/news/2016-07-24/tasmania-looks-at-banning-wicked-camper-vans/7655960>



Doomsday prepper has no idea what to do with all his ammo now

After the stunning conclusion of the US presidential election, doomsday prepper Eric Hicks has a surplus of ammunition and no apocalypse to shoot at, sources confirmed.

On Wednesday, Hicks disappointingly awoke to an America not being overrun with transgender communists, goose-stepping femnazis or invading UN troops dressed in pantsuits. From a coffee table constructed of 7.62x51 NATO ammo crates, Hicks openly pondered what he was supposed to do now.

"I thought we'd be under that Sharia law already," he said. "I spent election night wrapping a baseball bat with barbed wire for goodness sake."

With Starbucks still open on every corner, Hicks lamented pouring his life savings into MRE cheese and shelf-stable bread. He also noted the local pizza delivery guy didn't accept payment in .22 long rifle.

"I've got an entire room filled with AR-15 lowers," said Hicks.

"What the hell am I supposed to do with all that?"

At press time, Mr Hicks was on his way to the Gas-N-Sip to ask for his old job back.

<http://www.duffelblog.com/2016/11/doomsday-prepper-has-no-idea-what-to-do-with-all-this-ammo-now/>



Answer next edition.

"Prohibition may be the greatest gift any government ever gave its citizens. A barrel of beer cost \$4 to make and sold for \$55. A case of spiritous liquor cost \$20 to produce and earned \$90--and all this without taxes."

— Bill Bryson, [One Summer: America, 1927](#)

ACROSS

- 1. Academician
- 5. Flavor
- 10. Bars
- 14. Train track
- 15. Homeric epic
- 16. Dwarf buffalo
- 17. Unique
- 18. Ownership
- 20. Challenge
- 22. Gnarled
- 23. In the past
- 24. Provides food
- 25. Splendid
- 32. Laneway
- 33. Deck
- 34. Chemist's workplace
- 37. Reasonable
- 38. Beautify
- 39. Printer's unit
- 40. Explosive
- 41. Ancient Roman magistrate
- 42. Dings
- 43. Sophistication
- 45. Condition
- 49. And so forth
- 50. Peep

1	2	3	4		5	6	7	8	9		10	11	12	13
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57							58					59		
60					61							62		
63					64							65		

DOWN

- 53. Opposed
- 21. Not pretty
- 41. Decorative jugs
- 57. Opposition
- 25. Flat float
- 42. Devil tree
- 59. Tibetan monk
- 3. Anagram of "Silo"
- 26. Distinctive flair
- 44. Fable
- 60. Small island
- 4. Fly killer
- 27. Narrow opening
- 45. A firm open-weave fabric
- 61. Fruit of the oak tree
- 5. Walk quietly
- 28. Point of greatest despair
- 46. Not those
- 62. Biblical kingdom
- 6. Maguey
- 29. Facetious
- 47. Passageway
- 63. A fitting reward (archaic)
- 7. Female sib
- 30. Made a mistake
- 48. Attempted
- 64. Carved
- 9. Biblical garden
- 31. Indian bread
- 51. A D-Day beach
- 65. Anger
- 10. Adhesive
- 34. Connects two points
- 52. Rate
- 11. Come together
- 35. Does something
- 53. Unit of land
- 12. Showed displeasure
- 36. Low in pitch
- 54. Nil
- 13. Smooths
- 38. Stir
- 55. Dirty air
- 19. Wuss
- 39. Comic book layout artist
- 56. Docile
- 58. At this time

Solution on p27

Libraries (Closed public holidays)



61 Cecilia Street **St Helens**
6387 5530
Mon, Tue, Wed, Thurs 10am - 1pm,
2 - 5pm
Fri 10am - 1pm, 2 - 6pm
Sat 10am - 12pm

31 Main Street **St Marys**
6372 2114
Monday, Wednesday & Friday 12.30 - 4pm
Tuesday & Thursday 10am - 12.45pm

Fingal Online Access Centre
29 Talbot Street 6374 2222
Monday, Wednesday & Friday 9am - 4pm
Tuesday & Thursday 9am - 12pm

Tasmania is having a moment. From The Kettering Incident to Rosehaven, the isolation and dark beauty of Australia's island state is bringing resounding success to the screen. Undeniably, the popularity of David Walsh's Museum of Old and New Art has consolidated the state's reputation as a cultural tourism destination. But right now something else is happening too: Tasmania is emerging as a star of film and television.

This year saw the debut of eight-part Foxtel/BBC World-wide thriller The Kettering Incident in July, while new ABC comedy Rosehaven premiered in October. They are high profile, well-received shows which seem likely to go to a second season. Though poles apart genre-wise, both are set in small-town Tasmania and riff on notions of otherness and isolation while highlighting the dark beauty of the landscape.

This year also marks the premiere of big budget features partly shot in Tasmania: Lion starring Dev Patel and Nicole Kidman, and A Light Between Oceans starring Michael Fassbender. Meanwhile, Jennifer Kent's anticipated second feature, The Nightingale, will be produced in Tasmania in early 2017.

With the exception of A Light Between Oceans, which depicts a fictional Australian island, all of these projects use Tasmania as a central plot element. It's not a case of a new

backlot; we're talking about major productions engaging with Tasmania the place, the identity, the idea. This has been happening for a while in the realm of the historical docu-drama (Tasmanian-made and Irish-made stories of convict life on the island, most notably) and there have been occasional feature films. But this new crop of productions has the potential to shift the way the world, including the rest of Australia, thinks about this island of half a million people.

This is no overnight success story. Screen Tasmania was formed in 1999 to fund local production and support development, and there was sporadic activity long before that too, most significantly in the days of the Tasmanian Film Unit from 1945 to 1960 and Tasmanian Film Corporation in the 1970s.

But until recently, the only thing most international viewers knew about Tasmania was the Warner Bros' creation Taz the Tasmanian devil, irksome to many actual Tasmanians. There have been other gems along the way, such as the kooky protagonist of Yahoo Serious' Young Einstein (1988) and, years later, the endearingly blunt Fat Amy of the Pitch Perfect movies. In both cases, the characters' origin stories were allusions to eccentricity, although any birthplace thought of as "redneck" or odd would have served just as well.



Scene from The Kettering Incident, which is filmed and set in small-town Tasmania. Photograph: Ben King



Celia Pacquola, Luke McGregor and a very big dog in the ABC TV show Rosehaven. Photograph: ABC

Tasmania does have a unique atmosphere, borne of an unusually temperate climate for Australia, geographical isolation and memories of a violent past. It's picturesque, and affords many opportunities for a high quality of life surrounded by mountains, bushland or coast. At the same time, the state tops the country in illiteracy and poverty rates. In many ways, it's a fragmented society, with lingering conflicts over divisions of class and race. Many young Tasmanians feel limited by being here, and some of our best and brightest have languished in obscurity, sidelined from the national conversation. The version of Tasmania most visible right now is heavily influenced by Tasmanian gothic – an aesthetic that has its origins in colonial literature and painting, informed by a European sensibility.

That said, the Tasmanian gothic is not necessarily central to the practice of local artists. An artistic tradition that comes from a Tasmanian Aboriginal perspective, or from a non-European immigrant perspective, for example, may reject the framework entirely. But going beyond labels, there's an opportunity now to reflect on how we got to this point, and where Tasmania on screen is going from here.

Read the complete article at <https://www.theguardian.com/film/2016/nov/24/how-tasmania-became-the-gothic-muse-of-australian-film-and-tv>

Courtesy of Guardian News & Media Ltd

YOU ARE INVITED

Date:
Monday 12th December

Time:
6.30pm – 8.30pm

Venue:
TIDAL WATERS RESORT
ST HELENS

Facilitators:
Wendy French and
Thom Ryan

FREE REGISTRATION
*Tea & Coffee provided

ALL ARE WELCOME
*For further information or
to register your attendance
please phone Trish on*

*6376 1134 or email
toduffy@sthelensnhh.org.au
*Registration at door on night
also welcome*

SPONSORED BY :



to
St Helens

**“From Heartache to Hope”
Information Session**
**Local community support for those
bereaved through suicide**

FREE COMMUNITY EVENT

*To provide information for community members,
organisations and service providers impacted
by suicide loss*

Topics:

Traumatic loss
The journey of bereavement and grief
Needs of the bereaved – what and when
Ways to support those bereaved
Suggestions for self care

Who Should Attend?

**Anyone impacted by loss to suicide,
regardless of where or when.**

Interested community members (aged 16⁺) and volunteers; people responding to anyone bereaved by suicide and concerned individuals; community workers; youth service providers; clergy and chaplains; frontline personnel, line managers; emergency responders; health, welfare & education professionals; health care providers; service organisations; sporting clubs.etc



St Marys Community Health Centre
Gardiners Creek Rd St Marys Tasmania 7215
6387 5555

GP Surgery Hours

Monday - Friday
8:50 - 10am

(10 -10:30am reception closed)

10:30am - 12.30pm

(12:30 - 1:30pm reception closed)

1:30 - 2:45pm

(2:45 - 3:15pm reception closed)

3:15 - 4:30pm

Doctors Roster

Dr C. Latt

1/12/16—15/12/16

Dr K. Nash-Rawnsley

13/12 & 16/12 2016

Dr E. Reeckman

8/12 & 9/12 2016

Scripts and Doctors appointments

Please ensure doctors appointments are booked **PRIOR** to your medications running out, or **IN ADVANCE** if you attend this practice regularly.

Please be patient

Waiting periods to see your doctor may be experienced. We are not able to issue scripts during the weekends, please ensure you have enough in advance.

Please be aware we are not able to issue scripts by phone

WAITING AREA AT THE HEALTH CENTRE

The waiting area for ALL services at the St Marys Community Health Centre is in the reception area. Please report to reception upon arrival and the consultant you are here to see will be told and they will come and collect you from this area.

This applies to inpatient visits as well

INR tests require a five minute doctors consultation.
Please inform reception when booking

Pathology Service – Bloods

There is no pathology service prior to 8.30am. If you require pathology prior to 8.30am, i.e. urgent blood test and / or a fasting test, an appointment must be made at the Nurses' Station the day / evening before on 6387 5555

Pathology hours: Monday-Friday
8:30 - 11am & 2 - 4pm

Non-attendance of Doctor's Appointments

Please be aware there is a non attendance policy at this practice. If you miss three appointments you will be sent an account.

If you miss a fourth appointment you may be referred to another Medical Practice.

Due to demand, doctor's appointments need to be booked at least **two weeks in advance**.

Waiting periods can apply.

St Marys Medical Practice reminder

Dr Latt wishes to remind the community of the following exceptions to bulk billing at SMCHC:

Driving licence renewals	Insurance medicals
Requested medical reports	Harness medicals
	Pre-employment checks

The above are NOT covered by Medicare and may incur cost. Please discuss this with reception when making your appointment. If you have any concerns, please contact us and we will try and address them.

A.H. contact numbers

GP Assist	1300 780 011
Ambulance or Emergency	1800 008 008 000
Lifeline - Saving lives, crisis support and suicide prevention	131 114
St Marys Community Health Centre - please ring before presenting after hours	6387 5555

The preceding information on this page was supplied by the St Marys Community Health Centre, Gardiners Creek Rd St Marys Tasmania 7215

Emergency services

AURORA Emergency	13 20 04
Carers for Wildlife	6372 2973
St Marys	0417 017 105
Crimestoppers	1800 333 000
Poisons Information	13 11 26
Police Emergency	000 Enq 13 14 44
SES Emergency	13 25 00
TFS Emergency	000 Enq 1800 000 699

St Marys Community Health Centre
Gardiners Creek Rd St Marys Tasmania 7215
6387 5555

What's on at the Centre

December 1 **Social Worker** Shan Williams
Ph 6387 5555 for appointments
Outreach Health Solutions Grant Todd
Exercise Physiologist. Ph 0428 491 621

December 2 **Physiotherapist** Naomi Ide by referral from your GP or Health professional
Social Worker Shan Williams
Ph 6387 5555 for appointments
Dietician Diabetes Tasmania Melanie Hortle by referral from your GP or Health professional

December 5 **Physiotherapist** Naomi Ide by referral from your GP or Health professional
Eyelines For appts please ph 1300 139 363
All consults are Bulk Billed to Medicare
Hospital Auxiliary Meeting 2pm in the Family Room

December 6 **Physiotherapist** Naomi Ide by referral from your GP or Health professional
Rae & Partners Lawyers consult fortnightly at the SMCHC. Ph 6337 5555 for appts
Occupational Therapist Danyelle Briggs by referral from your Health Professional
Max Employment– 8:30am-5pm downstairs

December 7 **Day Centre** Ph Hayley Gilbert on 6387 5555 for information on the group
Outreach Health Solutions Grant Todd
Exercise Physiologist Ph 0428 491 621

December 8 **Social Worker** Shan Williams
Ph 6387 5555 for appointments

December 9 **Social Worker** Shan Williams
Ph 6387 5555 for appointments
Physiotherapist Naomi Ide by referral from your GP or Health professional

December 12 **Physiotherapist** Naomi Ide by referral from your GP or Health professional

December 13 **Physiotherapist** Naomi Ide by referral from your GP or Health professional
Podiatry North For appts please ph 6336 5155.
Max Employment 8:30am-5pm downstairs.
Diabetes Educator Sally Gates by referral from your GP or Health professional

December 14 **Outreach Health Solutions** Grant Todd
Exercise Physiologist Ph 0428 491 621
Social Worker Shan Williams
Ph 6387 5555 for appointments
Consumer & Carer Advocacy Group 12 - 2pm downstairs at the SMCHC. Ph Shan on 6387 5555

December 14 cont **Day Centre** Ph Hayley Gilbert on 6387 5555 for information on the group
Physiotherapist Naomi Ide by referral from your GP or Health professional

December 15 **Outreach Health Solutions** Grant Todd
Exercise Physiologist. Ph 0428 491 621
Physiotherapist Naomi Ide by referral from your GP or Health professional

December 16 **Social Worker** Shan Williams
Ph 6387 5555 for appointments
Physiotherapist Naomi Ide by referral from your GP or Health professional

Are your details up to date?

Do you have a new address / phone number?
Do you have a new Centrelink / Medicare card?
Have you updated these details with us?

Sometimes we need to contact you, or pass your details on to other health professionals.

You may also be charged for some medical services if your Centrelink / Medicare cards are not current

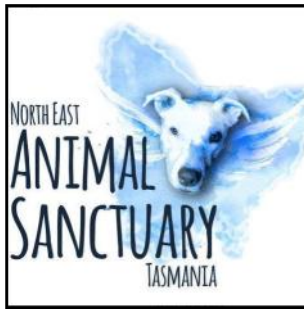
If **any** of your details have changed, please contact us on 6387 5555 or call in and see our friendly reception staff for assistance

The preceding information on this page was supplied by the St Marys Community Health Centre, Gardiners Creek Rd St Marys Tasmania 7215

Meals on Wheels

December 1	Heather Griffiths
2	Drew Adam
5	Ruth Aulich
6	Lundy Vosper
7	Valmai Spencer
8	Heather Griffiths
9	Drew Adam
12	Karl Balzer
13	Lundy Vosper
14	Louise Keady

Why did the scarecrow win an award?
Because he was outstanding in his field.



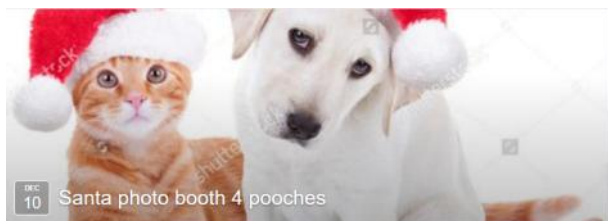
We have some lovely news!
Rupet has found his forever home!



Sweet Bossy is on trial at the moment.



We have two little torti girls ready to go and other lovely kittens ready soon.



Don't forget our parade and photo booth!

0457 081 533

michelle.jesson@bigpond.com



Sunday November 27 at the bridge in the park behind the St Marys Library, a tabby cat with a pink collar killing a snake. Photographed by the editor.

Snake bites and pets

Tasmania has three venomous snakes: Tiger snake, Low-land copperhead and the White-lipped snake

Signs of Snake bite

Several factors will determine what sort of reaction your pet has to a snake bite. The type of snake, the amount of venom injected, and the site of the snake bite are all contributing factors.

Dogs and cats are most often bitten around the head and limbs. The bite marks are often too small to see.

The signs of snake bite by a tiger or brown snake are varied. They may show some or all of the following signs:

- Sudden weakness or collapse.
- Shaking or twitching of the muscles.
- Vomiting.
- Dilated pupils not responsive to light.
- Blood in the urine.
- In the later stages paralysis may occur.

Veterinary Treatment Firstly your veterinarian will examine your pet, assess the clinical sign they are showing and determine the best course of action. Further diagnostic tests may be required to determine if your pet has actually been bitten and sometimes it is useful to identify the type of snake via a snake bite detection kit.

Veterinary treatment varies with each individual case, how severe the symptoms are and how rapidly the symptoms progress. Treatment usually consists of intravenous fluids and the administration of antivenom to neutralise the snake venom in the pet's body.

Other supportive care may also be required – including oxygen supplementation and even breathing for the pet if they are not breathing well on their own. This needs to continue until the circulating antivenom has been neutralised and any bound venom has worn off.

Recovery Approximately 80% of pets survive snake bite if treated quickly. The survival rate is much lower however for pets left untreated, and death can occur. Recovery from a snake bite usually takes 24 to 48 hours if the

Continued on p27

Cigarettes are a lot like hamsters.
Perfectly harmless,
until you put one in your mouth
and set fire to it.



St Marys Salvation Army

is pleased to offer the following services:

Weddings
Dedication of children
Funerals

Envoy Mel Norton 0409 838 816



pet receives prompt veterinary attention and the snake bite is not severe. However, some pets will take substantially longer to make a full recovery due to tissue damage to internal organs and will require intensive and prolonged nursing care.

Precautions Dogs are inquisitive by nature. When exercising them in bushland (particularly near water) or near beach dunes during the warmer months of the year, always use a leash.

Cats are naturally born to hunt and stalk anything that moves. The best way to prevent a deadly snake bite is to keep your cats indoors.

If you live in the outer suburbs or semi-rural areas, keep your backyard clear of long grass, and remove any piles of rubbish. This will help to reduce the number of hiding spots for snakes to reside in.

<http://www.tasanimalhospitals.com.au/snake-bites-and-your-pet/>

Tip locations and opening hours

Ansons Bay

Long w/ends Mon
12 - 4

Wed/Sun 12 - 4

Fingal, Mathinna Road

Tues/Thurs 10 - 4

Sun 2 - 5

Pyengana, Tasman

Hwy No builders'

waste please

Wed 9 - 1, Sun 2 - 5

Scamander, Coach
Street

Tues/Thurs 10 - 4

Sun 2 - 5

St Helens, Eagle Street

Open 7 days 10 - 4

St Marys, Gray Road

Tues/Thurs 10 - 4

Sun 2 - 5

110 words of three letters or more were found in
OCCUPATION?

account	caution	input	pain	tap
act	coat	into	paint	tau
actin	coati	ion	pan	tic
action	cocoa	iota	panic	tin
acupoint	cocoanut	nap	pant	tip
ant	coconut	naut	pat	ton
antic	cocopan	nip	patio	tonic
apt	coin	nit	piano	too
atonic	con	not	pin	top
atop	conic	nut	pint	topic
atopic	coo	oat	pinto	toucan
auction	coop	occupant	pit	tuna
aunt	coot	occupa-	pita	tunic
auto	cop	tion	piton	uncap
cacti	copout	octopi	point	unit
can	cot	oncotic	pot	unto
cant	count	ontic	potion	upon
canto	coup	onto	pout	utopia
cap	coupon	opt	pun	utopian
caption	cup	optic	punt	
cat	cut	option	put	
cation	cutin	out	taco	
catnip	icon	pact	tan	

How many words of three letters of more can you find in OPALESQUE?
Answer next edition.



Carl Nathan's History of Medicine



2000 BC: Here, eat this root

1000 AD: That root is hea-
then, say this prayer

1850: That prayer is superstition, drink this potion

1920: That potion is snake oil, swallow this pill

1945: That pill is ineffective, take this penicillin

1955: Oops, the bug mutated, try tetracycline

1960 - 1999: 29 more 'Oops', try this powerful
antibiotic

2000s: The bugs have won. Here, eat this root



ST MARYS IGA SUPERMARKET

38 Main Street
 Ph/Fax 6372 2240 Butcher 6372 2274
 Monday - Friday 8am - 6.30pm
 Saturday 8am - 5pm Sunday 10am - 5pm
 Butcher instore weekdays 8am - 2.30pm

In the centre of town, at the heart of the community

<i>Butchery specials 30/11/16 - 6/12/16 p/kg</i>		<i>Butchery specials 7/12/16 - 13/12/16 p/kg</i>	
Gerello Roast	15.99	BBQ Blade Steak	12.99
Beef Stir Fry Strips	16.99	BBQ Meat Pack	12.99
Forequarter Lamb Chops	12.99	Corned Silverside	8.99
Nichols Chicken Drumsticks	3.99	Nichols Chicken Bocconcini	5.99
Ingham Butterfly Breast Fillets	10.99	Ingham Gourmet Chicken Portions	6.99

<i>Two week specials 30/11/16 - 13/12/16</i>			
Peters Ice Cream 2L	2.79	Kirks Canned Soft Drinks 10pk	5.99
Papa Guiseppi Pizza 445g	3.82	Kirks Soft Drinks 1.25L	2 for 3.00
Nannas Snack Fruit Pies 4pk	2.24	Kleenex Facial Tissues Large & Thick 95s	1.99
Kraft Cheese Singles 360-432g	3.99	Greens Sponge Pudding Mix 260g	1.99
Pedigree Canned Dog Food 700g	1.59	Nanda Pasta Range 500g	.87
Whiskas Vita Bites 1kg	3.99	Golden Circle Long Life Juice 2L	2.99
Sunbeam Mixed Fruit 1kg	7.99	Rosella Tomato Sauce 600ml	1.99
Sunbeam Sultanas 1.15kg	6.99	Uncle Tobys Le Snak 6pk	2.99
Kraft Cream Cheese 250g	3.49	Kelloggs Nutrigrain 290g/Corn Flakes 380g	2.99
Palmolive Dish Washing Liquid 500ml	2.19	Fab Laundry Powder 1kg/Liquid 1L	3.99

FRESH MEAT PACKS NOW AVAILABLE* 1kg SAUSAGES, 1kg RISSOLES, 1kg BBQ STEAK, 1kg LAMB
 FOREQUARTER CHOPS ONLY \$40 *SIDES OF LAMB \$75*
 ORDER NOW FOR CHRISTMAS - SOUTHERN HERITAGE LEG HAM \$6.49kg
CLOSED CHRISTMAS DAY - OPEN AS USUAL ALL OTHER DAYS FOR YOUR CONVENIENCE

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| Hilly's IGA St Helens | St Marys IGA |
| Hilly's IGA St Marys | St Marys Newsagency |



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 St Helens 6376 1143
 Fax 6339 2900
 suncoastexp@netspace.net.au

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 0438 392 621

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 0408 012 145



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