

\$1



THE VALLEY AND EAST COAST VOICE INC.

Established 1968

49.22 April 6, 2017

Deadline for 49.23 is 5pm April 17, 2017

Expressions of interest for the volunteer position of editor of the Valley and East Coast Voice Inc. are invited. Full details provided in response to genuine enquiries.

Contact W Dawson on 0403 430 452 wdawson@valleyvoice.com.au

Uncertain Future for the Anglican Church at Fingal

Situated on the crest of a small hill in the centre of Fingal, the future of St Peter's Church is the subject of a public meeting to be held this coming Sunday April 23 at 4pm in St Peter's Anglican Church, Talbot Street, Fingal.

Like a great many rural churches across Tasmania and elsewhere, St. Peter's seems to have outlived its usefulness in meeting the needs of present day worshipping Christians. It has a "sister" church with almost identical design in the St Joseph's Roman Catholic Church.

St Peter's is a dignified sandstone Gothic Revival church which is a focal point for the township. It is elegant in its proportions and detail, with a sensitive harmony between exterior and interior. The foundation stone for the church of local stone was laid in 1867, was completed in 1869 and dedicated in August that year.

There is always a great deal of sadness and disappointment, not only for parishioners but also for many in the community when a church closes. Many trace their connections with the church back to the founding members. For Christians, a church's closure - often the focal landmark of a country community - is an emotional event. Here people have worshipped, felt grief and joy, celebrated Christian rites of passage and quested for a relationship with God.

Anyone who would like more information please contact Rev'd. Roger Hesketh, Locum Priest-in-Charge, Parish of the Northern Midlands. 0427 311 084



Calling for 3 Committee Members

- ◆ Would you like to be a voice for the disabled and their carers by assisting Council with the implementation of the Disability Action Plan?
- ◆ Would you like to play a key role in ensuring that the action items of the Disability Action Plan are adhered to?
- ◆ Would you like to be a part of an advisory group which will be making key recommendations for the Disability Action Plan to Council?

Read more on p6



Editor: WM Dawson

***wdawson@valleyvoice.com.au* Ph 0403 430 452**

website: *valleyvoice.com.au*

facebook.com/ValleyEastCoastVoice

POB 230 St Marys Tasmania 7215

For all account queries please contact

rodhunt@netspace.net.au

Advertising rates 2017

Business card size ads \$15	½ page ads \$40
Intermediate ads \$18	Full page ads \$65
¼ page ads \$25	Permanent classified ads \$20 p.a.

Notice to non-profit groups re advertising rates: Articles submitted by non-profit groups are free up to a page, then they will cost 50% of the advertised fee.

Private community announcements / private classifieds are free for two issues.

Annual posted subscriptions are \$69 and annual online subscriptions are \$20.

Articles for publication may be left at the St Marys Pharmacy, posted or emailed.

We do not accept responsibility for the accuracy of information provided by contributors.

**The Valley and East Coast Voice Inc.
Guidelines**

Opinions in any letters published are not necessarily those of the Editor and committee, or volunteer staff.

Our pages remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks / libel / slander will not be accepted.

Kindly do not attack the editor, the paper or the authors of previous articles.

All articles for submission must bear the author's name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only.

Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. All letters/emails must include your full name, address and contact phone number.

The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines.

All information is correct at time of printing.

Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.

Community Notices

ROSSARDEN Fire training and BBQ dates are: May 6, June 3, July 1, August 5, September 2, October 7, November 4 and December 2.

Fire Brigade training is 10am prior to each BBQ.

Mike Prewer, Rossarden. 6385 2184

Rossarden Progress Association meeting dates for 2017: 3pm at Marlene's on April 17, June 12, August 14 AGM.

Mary Knowles, Secretary, Gipps Creek. 6385 2002

GET meeting dates for 2017

April 17, June 12, August 14 AGM,

October 9, November 24 and December 4.

Usually 7pm at the Fingal Valley Neighbourhood House, but the next meeting on

Monday March 13 is a meal at

Bean There Café, Fingal 6:30 for 7pm.

Please RSVP if you would like to join us. All welcome

Mary Knowles 6385 2002

gippscreek@skymesh.com.au



It's time to get into training for the **3rd Anzac Fun Run and Walk** at St Helens on the 22nd April, commencing 10.30am.

Trophies will be awarded to 1st male and female runner in the 2km, 5km, 10km and under 16 events.

The course is pram and wheelchair friendly, with all categories starting at the St Helens Sporting Complex.

This is a fundraising event for the Local Chaplaincy Committee at the St Helens District School.

Participants are invited to register at www.registernow.com.au or via a registration pack at Good Sports in St Helens, or at the St Helens School office.

If you are interested, follow us on <https://www.facebook.com/St-Helens-Local-Chaplaincy-Committee-1548985978693901/>

hc_ref=SEARCH&fref=nf

A fun day for everyone is assured.

Enquiries to: Carole Withers, Chairperson, St Helens Local Chaplaincy Committee on 6376 1638

The next **AVOCA Market** is **Saturday April 8, 2017** in the Hall. Contact Shirley at the Post Office 6384 2129 / 6384 2259

VALE

VICKI LOUISE HOWARD

from

The St Marys Salvation Army

Community Notices

Fingal Valley Neighbourhood House Inc.

Talbot St Fingal
6374 2344 / admin@fvnh.org.au



Facebook We have a new Facebook page which is our main communication tool for what is happening at the FVNH. <https://www.facebook.com/fingalvalleyneighbourhoodhouse/?fref=ts> Like our page to keep up to date.

Play Centre We are now taking enrolments for 2017.

School Holiday Activity Aquatic Centre and MacDonalDs. Wednesday April 26. Leave FVNH 9.30am. Cost only \$10 for Bus. Bring along bathers, towel, packed lunch or buy at Aquatic Centre. MacDonalDs \$5 limit.

Morning Tea every Wednesday morning at 10am. Come in and have a cuppa, snack and chat or if you wish bring a plate to share.

Easter Eating with Friends Tuesday April 11, 12 noon for 12.30pm. \$10p/p. Come along and meet new people. Enjoy a delicious cooked meal in a warm and friendly environment. RSVP by Thursday April 6. Must confirm due to catering purposes.

Agfest Saturday May 6. Leaving FVNH 7.30am. Bus Cost: \$10p/p. Bring a cut lunch or buy, wet weather gear if raining.

Up and Coming Events Spring Bride Saturday September 16 at FVNH. Blooming Tasmania Flower and Garden Festival Saturday September 23, Launceston. Bloomin' Tulips Festival Day Saturday October 14, Wynyard. Tasmanian Craft Fair Saturday November 4, Deloraine. These are a few of many trips being organised.

Hub4Health St. Marys Gym Monday evenings 6.30pm-7.30pm. Bus leaving FVNH 6pm. Gold coin for bus and gym would be appreciated. Contact the FVNH for more information during office hours.

OP Shop Donations are not to be left on step of Op shop out of Office hours.

Contact the FVNH on 6374 2344 or call in
9am - 3pm Monday to Friday.

The Fingal Valley Neighbourhood House Inc. is funded by the Crown through the Department of Health and Human Services

Break O'Day Council seeks community input for 10 year plan

March 23, 2017



Ensuring that future planning for the area is in line with the visions and aspirations of the community, Break O'Day Council are seeking community input on the development of their 10 year Strategic Plan.

In order to try and reach as many people as possible, Break O'Day Council is holding 10 Community Conversation workshops across the municipality from April 3 to 7 and will also develop an online survey that will be made available through the Council website and Facebook page. (The survey will not be available until after the Community Conversations have commenced as questions will be driven by community input.)

"We would like to hear from all our rate payers on where they would like to see Break O'Day in the next 10 years," Mayor Mick Tucker said. "At the end of the day Council and Councillors are here to serve the community so it is vital we understand what direction the community see our area going in, what things we should focus on and even ideas on how we might achieve this."

The Community Conversations will be guided by an independent facilitator who will guide discussions, collect community input and report back to Council.

Once information has been collated and a plan developed, the draft Strategic Plan will be made available to the community for review and further feedback before it is officially adopted by Council. This will include further community feedback sessions.

"A 10 year plan such as this is an important document to Council and will guide the projects, priorities and direction of the Council and be a framework for Annual Plans, projects and activities. We really hope that as many community members as possible will make the most of the opportunity to participate and help Council plan for a better future for our entire region," Mayor Tucker said. For more information about Community Conversations taking place in your area please keep an eye on Council's Facebook page and website.

Please direct any media enquiries to Break O'Day Council's Communications Coordinator Jayne Richardson on 6376 7900 / 0400 454 089.

RESPONSIBLE DOG OWNERSHIP - notice from Constable Bergersen of the Fingal Police

Police would like to remind pet owners that they have some responsibilities when with their dogs inside town boundaries.

- ◆ If you have your dog in public you are required to have it effectively controlled on a leash, held by your hand and no longer than 2 meters (failure to comply could result in a fine up to \$785)
- ◆ A person in charge of a dog must immediately remove and dispose of any faeces left by the dog in a public place or in a place not owned by the person. (failure to comply could result in a fine up to \$471)
- ◆ Dogs over six months of age must be registered with council (failure to comply could result in a fine up to \$785)

Authorised officers within the Break O'Day council can, and will, enforce these requirements, so please be responsible with your dogs and respect everyone in the community.

For Sale

Small bales of **pea straw**, \$8 / bale, negotiable depending on quantity bought. Avoca. **6384 2160**

3mtr loads **firewood** for sale, \$180 St Marys, \$190 Fin-gal. Ph. **Danny and Jenny. 0417 385 935**

I may be old and feeble, but I'm still selling **moo poo**.
Norm 6372 2380

Large round bales hay, not rain effected. \$55.
Alan 0407 944 158

Moving sale, all items must go.

White 331lt Westinghouse **2-door fridge**, good cond, works perfectly. 1684mmH x 690mmW x 643mmD. \$100
Solid timber **bookshelf**, as new. Access points in back for stereo/electrical cords. 6 shelves. 2100mmH x 1200mmW x 275mm D. \$120

Retro 50s style **kitchen table**, good condition, laminated wood-grain top, metal legs. 730mm high x 715mm wide x 1210mm long. \$20

Small timber **wardrobe**, one half hanging space, other half has 3 drawers to waist height, mirror on top. Circa 1940s era. \$30

Lovely **antique timber kitchen dresser / sideboard** in excellent condition. Drawer with metal handles on top, divided into 3. Two lockable doors below with shelves. \$140

Block mounted black & white '**Chief Seattle**' photo, new condition w / saying underneath. 355mm W x 510m H. \$10

Continued next column

2 large **antique metal chests**. \$25 each or both for \$45
One pair restored **antique window frames**, curved timber, perfect for leadlight. 1140mm long x 280mm high. \$60

Jason king-sized **pure woollen underlay**, only used for a short time, as new \$20

Pure cotton single **white mosquito net** with hanger, as new \$8

Collector's items, old **Hobart slide projector with fold up screen** with stand \$40

Quicksilver **men's wetsuit**, size large. Only worn a few times. Cost \$450, sell \$150

Contact me for photos and / or to view items.
6372 2686 / 0458 648 927

For Rent

3bd house in St Marys for rent, walk to school and shops. \$190 / week. **Ph 0447 277 687** (*Number incomplete in last edition - apologies. Editor.*)

Position available

Cleaner needed to clean a 3 bedroom home situated in St Helens town after short term holiday makers. I am looking for a long term association with a very reliable person. **Please call 0421 663 222 or email**

Ally@fcamordialloc.com

Successful applicant will be referred to other similar jobs in the local area.

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Hilly's IGA St Marys and St Helens

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Community invitation

Want to find out more about the plan for a new hospital in St Helens?

A community forum will be held on Thursday, 20 April 2017

This is an opportunity to view the plans for the new hospital and to meet representatives from the Break O'Day Council, the Architect and the Department of Health and Human Services

Date: Thursday, 20 April 2017 • **Time:** 3 to 6 pm

Venue: Portland Hall, Cecilia Street, St Helens

Department of Health and Human Services

TASMANIAN
HEALTH
SERVICE



ROCK FM (PRESTON)

Presenter: Name a film starring Bob Hoskins that is also the name of a famous painting by Leonardo da Vinci.

Contestant: Who Framed Roger Rabbit?

East Coast Vet Clinic

Dr Jeff Parsons regularly visits
the Fingal Valley
for all your veterinary needs.



For appointments, please call the clinic in St Helens on 6376 1577

International Workers Memorial Day Friday April 28, St Helens

International Workers Memorial Day is held to honour the memory of workers who have died from a work-related injury or illness. It is also a time to think about and to campaign for the prevention of occupational injury and illness.

International Workers Memorial Day has been observed worldwide since 1996, and in Tasmania since 1997.

This year a commemoration will be hosted by the Break O'Day branch of the Australian Labor Party. This event will be held on the St Helens foreshore, in the covered BBQ area directly opposite Break O'Day Council offices and will commence 8am.

The event will include the distribution of sprigs of rosemary that may, at the conclusion of the ceremony, be scattered on the waters of Georges Bay; this will be followed by a breakfast BBQ. Working people and community members are invited to attend.

Unions Tasmania will hold its commemorative service in Launceston on Friday April 28 at the Workers' Memorial Gardens (near UTAS Stadium).

For more information, contact 0437 462 406

The Say, by Cagerattler

I was in Cranks and Tinkerers the other day during my lunch break, and a couple from Queensland came in for a look, along with a few others, at the same time. They were stopping locally and planned on being here for another day or two. To say they were impressed with the area is an understatement. I was gobsmacked by their positive comments, not least on the Museum.

Equally impressive for them was our little town and the free camping facilities. They've travelled all over Australia and they told me that our locality was an absolute favourite. They were going to be in Tasmania for a few more weeks and their impressions were just wonderful; relaxed and affordable, and the free camping was adding to their trip greatly. We often bag our local Council, me included, but word of mouth is pure gold and our Council deserves congratulations for continuing to provide a well kept, clean and user friendly facility enjoyed by more and more visitors each year. I have no doubt that as this lovely couple keep traversing our state, they'll pass on to other fellow campers their feelings of a great place to spend a night or two.

The only way all of this could be better is some details on a few extra things to do while in the Fingal Valley region. Maybe one day a 'Things To Do and See While You're Camping Here' board might be erected near the Recreation Ground gates to compliment the Tardis on Main Street. Who knows?

Regardless of that, it was terrific that St Marys is slowly becoming a destination and not a passing through location, and that has to be good for everybody.

What do you think?

Rod McGiveron, St Marys

Disability Action Plan

From the front page.

If you think that you may be able to assist Council by becoming a committee member of the Disability Access Advisory committee, please provide your written application advising everything that you may be able to bring to the committee to

CHRIS.HUGHES@BODC.TAS.GOV.AU by 5pm Monday May 1, 2017

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- 10 yard tipper.
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- Wheel loader.

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Funding cuts to Community Legal Centres must be reversed March 27, 2017

The federal government must act immediately to restore funding it has stripped from community legal centres, to ensure tens of thousands of people don't lose access to justice.

Greens' justice spokesperson Senator Nick McKim said the cuts, which are due to take effect from July 1, would deny tens of thousands of Australians legal advice.

"These cuts will mean more than \$840,000 is ripped out of Tasmanian community legal centres in the next three years," Senator McKim said. "Community legal centres provide legal advice to those who need it most, including survivors of family violence, and people who cannot afford lawyers."

"The government needs to reverse these cuts as a matter of urgency. This is yet another example of the government stripping money from those who can afford it least, rather than cracking down on tax dodgers and the top end of town."

Did you know?

Hit alt and click on any Google image to have it automatically saved to your computer



VICKI LOUISE HOWARD

In loving memory of Vicki - beloved Wife to Karl, Mum to Jivanta, Corinna and Otis and Grandma to Amber, Bud, Arnold and Evie.

Forever in our hearts.

The Memorial Service for Vicki will be held at the St Marys Town Hall on Sunday April 9, commencing 11am.

All are welcome.


Gifts of refreshments to share would be most appreciated.



ADVERTISEMENT

Guy Barnett MP

State Liberal Member for Lyons
Minister for Resources
Minister for Building and Construction



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Please contact my office at
76 Emu Bay Road, Deloraine (03) 6701 2170
guy.barnett@parliament.tas.gov.au
www.guybarnett.com.au

f GuyBarnettMP
Authorised by Guy Barnett MP, 76 Emu Bay Road, Deloraine 7304



OUT OF THE WOODWORK

The Guild is open everyday except Friday, Saturday and Sunday (depending on volunteers) and other times by appointment
[Facebook.com/pages/Break-oday-Woodcraft-Guild-Mens-Shed](https://www.facebook.com/pages/Break-oday-Woodcraft-Guild-Mens-Shed)

All Guild Members send their heartfelt wishes of comfort to John and Tracy, and we wish Sam a speedy and full recovery. You are all in our thoughts.

The Guild's Open Day Fair will be held on April 8. If you are interested in a stall, the cost is \$5 a table. Please ring Wendy or Reon on 6372 2094 to book a space. Stay tuned for further information.

Wendy Brennan, Secretary, St Marys 6372 2094

OPEN LETTER TO BREAK O'DAY COMMUNITY Addressing the Challenge for Health Services

Our health system is confusing. Health is funded between the Federal and State Governments.

The Tasmanian Government runs public hospitals and funds some community-based services (with long waiting lists).

In contrast, the Federal Government funds prescription drugs, doctors' services, nursing homes and contributes to the cost of running public hospitals and some community services. In this system, some services fall between the gaps!

What is not properly funded is pro-active and preventative health services. Hub4Health recognises the absolute need to provide services to individuals that live with chronic disease on a daily basis, we fund such services.

However, we also recognise the importance of providing services that work together to prevent people reaching the 'chronic disease' stage.

In light of recent changes to health funding, Hub4Health ask these questions:

- ◆ *How can individuals manage their own chronic illness when the government has withdrawn funding for the very services that are identified as being crucial in their health management?*
- ◆ *Why should our community have to validate the need for preventative clinical, mental health and social well-being programs? It is difficult to provide evidence of the benefit of preventative health measures while governments continue to ignore and/or underfund the very preventive approaches that we already know are worthwhile.*

Hub4Health services are continuing. We remain committed to providing the services across the region. You will also notice that Hub4Health has introduced small co-payments across the board for services provided.

This will enable us to work towards a sustainable model where we can continue to provide services to YOU, our community members. If you are unable to pay this contribution, please come and talk to us.

Our belief is that everyone is entitled to, and deserves, health services.

Please sign our open petition, that is available across the district, in order for us to lobby for the services the community deserves and needs.

Board of Management and Staff, Hub4Health

Saturday, April 6, 1895. : Banjo Paterson's 'Waltzing Matilda' is first sung in public.

Andrew Barton Paterson, (Banjo Paterson), was born on 17 February 1864, near Orange, New South Wales. He wrote "The Man From Snowy River", "Clancy of the Overflow" and "Mulga Bill's Bicycle". Paterson's best-known poem is arguably "Waltzing Matilda". The lyrics were written in 1895, based on the story of a man named Samuel Hoffmeister. In September 1894, on the Dagworth sheep station north of Winton, some shearers were in a strike that turned violent; they fired their rifles and pistols in the air and then set fire to the woolshed, killing over a hundred sheep. The owner and three policemen pursued Hoffmeister who, rather than be captured, shot and killed himself at a billabong. The poem was set to a catchy tune which a friend of Paterson's had heard at the Warrnambool races. It was first performed on 6 April 1895 at the North Gregory Hotel in Winton, Queensland, at a banquet for the Premier of Queensland.

Hon Rene Hidding MP
Liberal Member for Lyons

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Break O'Day youth show their scooter and BVMX skills at Youth event SCAM-JAM

April 3, 2017

Held as part of National Youth Week celebrations and funded by Break O'Day Council, and the Federal and State Governments, a BMX and scooter competition was held at the Scamander Skate Park on Saturday April 1.

The event, SCAM-JAM, was organised by Break O'Day Council's Community Services team in partnership with Youth consultant Simon Holmes and driven by Project Manager's Harley Newman and Nick Burke.

The main aim of the day was to engage with disengaged youth and facilitate ideals of inclusion, connectivity and positivity.

The event included free food, entertainment from Hobart based DJ Nelly Degrassi and giveaways from Break O'Day Cycles and Bay Surf Shop.

SCAM-JAM was well attended on the day with 21 under 12 entries, three times more than was anticipated. Some were so keen to take part in the event they scootered all the way from St Helens to Scamander, some 23km.

Dante Clarkson, was one of these super keen entrants and despite the epic journey made in the morning, was a clear crowd favourite and won the 13-Open scooter event.

Other winners include: Ben Taylor who won the U12 Scooter event, and Sam Barnard who won the 13-Open BMX event. Break O'Day Mayor Mick Tucker said it was a privilege to be associated with the event and be able to give back, even in a small way, to the youth of Break O'Day.

"As a regional community we understand only too well how isolating life can be for our young people and an event like this is an opportunity for the whole community to come together and celebrate how important our young people are," he said.

"It is also a way for youth to come together and share their stories, interests, and be a part of something that is ultimately just for them."

For more information or further contact details please call Break O'Day Council's Communication Coordinator Jayne Richardson on 6376 7900 or 0400 454 089

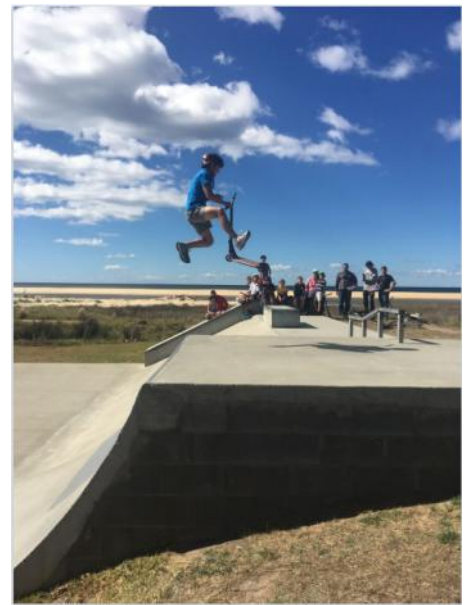
Photographs by Erica Lowry.



Dante Clarkson



Sam Barnard



Tyron Goodsell



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Contact: Chris Draffin – 0418 833 881 chris.draffin@ontoit.net.au



Fingal Clinical Space on its Way

The Fingal Valley Neighbourhood House will soon be hosting a clinical space for Hub4Health services. It's exciting to have a new home and to be bringing more services to the valley.

Keep a look out for Tai Chi classes and our exercise physiologist, who will bring our mobile gym with Strength-to-Strength classes.



DIETITIAN VISITS

Georgia Rossetto from Launceston Dietitians is making regular visits to Hub4Health in St Helens. Appointments are available for anyone needing dietary advice particularly around weight loss, allergies and gastric issues, including the management of celiac disease.

Contact us for an appointment 6376 2971.



Australian Hearing will be at Hub4Health on **Friday April 28**, conducting **FREE** hearing tests between 10am and 2pm.

Phone 6376 2971 for an appointment.

Podiatry Clinic

St John's Foot Clinic will be visiting St Marys again over the next few months to provide podiatry services to those in the Fingal Valley region. Virginia and Travis from St John's can provide care and advice around all your foot care concerns, including diabetes management. Appointments fill quickly so please phone Hub4Health on 6376 2971 for information on session times and to secure your appointment.



Where do you find us?

5 Portland Court, St Helens, 7216

Phone: 6376 2971

Email: admin@hub4health.org.au

Web: www.hub4health.org.au

Our Aim:

To deliver health and wellbeing programs to rural and remote communities within the Break O'Day Municipality.

Chiropractor Coming Back

Gareth from Blue Tier Chiropractic is returning to Hub4Health after recovering from his mountain bike accident. We look forward to his services being available again. Chiropractic works to maintain the function of the spine and reduce the possible impact these stresses can impose upon it.

Please phone Hub4Health for session times and to book an appointment 6376 2971.

COUNSELLING ~ PSYCHOLOGY

Do you need some extra support? Would you like someone to talk to? Hub4Health has counselling and psychology services available. Please phone us for more information and availability.



News from our Doctors

Ochre Health Medical is excited to have its first permanent doctor on board.

Dr Janet Cantley begins her tenure on April 10; she has been busy seeing patients at our clinic and also at the St Helens Hospital, when on call. It is fantastic to have Dr Cantley with us on a permanent basis and we look forward to welcoming both new and previous patients.

Next month Dr Molly Shorthouse will also join the team on a permanent basis.

Dr Shorthouse is passionate about improving health outcomes, particularly in regional areas. She has a particular interest and vast expertise in mental health.

Dr Shorthouse is relocating with her husband and young family from the Northern Territory, where she has been working in rural communities. Pathology services are also available through Ochre Health Medical on Tuesday and Thursday mornings from 9am until 11am.

All consultations are bulk billed.

Break O'Day Community rallies behind Tour de Cure

April 3, 2017

As the sun rose across George's Bay in the early hours of Friday March 31, the Break O'Day Community braved the chill, to show their support for the Tour de Cure riders and cancer research.

Cancer survivors, sufferers, carers and those touched by this insidious disease stood in solidarity for their loved ones holding signs of support and love as Sunrise reporter and Tour de Cure visionary Mark Beretta conducted live crosses to the Sunrise morning show.

Break O'Day Council took their Community BBQ trailer along to cook egg and bacon rolls for the 100 plus people who turned out to support the event. Sales from the rolls were donated back to Tour de Cure with Council raising more than \$250 for cancer research.

Break O'Day Council Mayor, Mick Tucker attended the event and said he was thrilled with the community turn out.

"It was truly inspiring to see so many of our community turn up before they would normally start their day and show their messages of support and love on national TV," Mayor Mick Tucker said.

"Cancer doesn't discriminate and I think it is fair to say we have all been affected by the devastation it can cause and every dollar donated to cancer research is a dollar closer to finding a cure."

"We wish all the Tour de Cure Riders all the best on the next stages of their journey and thank them for visiting and staying in our town and most importantly, their commitment to funding cancer research."

For more information, please contact Break O'Day Council's Communications Coordinator, Jayne Richardson on 6376 7900, 0400 454 089



Photographer: Erica Lowry



Mayor Mick Tucker and Mark Beretta

UNIVERSITY CHALLENGE (BBC2)

Jeremy Paxman: What is another name for 'cherrypickers' and 'cheesemongers'?

Contestant: Homosexuals?

Jeremy Paxman: No. They're regiments in the British Army who will be very upset with you.



Ransley's Appliance Service POB 136 Scamander Tasmania 7215

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R&SLA Sub Branch**



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11am, Tuesday 25th April
Cenotaph, Boucher Park, Avoca
The march will commence at 10.45
in front of the Post Office.
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Venison and lamb roast
lunch afterwards.

The next **AVOCA Market** is
Saturday April 8, 2017
in the Hall.

Contact Shirley at the Post Office
6384 2129 / 6384 2259

'A Sporting History of Avoca District'

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Community Groups / Services Guide

For inclusions / amendments call 0403 430 452

AA St Marys meets Friday 7pm at Holy Trinity.
Mick / Shirl 6372 2909

Al Anon (Family Group) meets Sunday 2-3.30pm at St Helens Neighbourhood House. Please call (in order) *Rose 0456 063 943 / Ann 0409 763 270*

BINGO at the Cornwall Hall Mondays at 7pm, 2 jacks pots weekly. All welcome.

Break O'Day Council St Helens 6376 7900

Break O'Day Regional Arts meet monthly on the 2nd Thursday at 5.30pm in the St Marys Hotel.

The BOD Stitchers meet Friday 10-3pm at the Neighbourhood House Bungalow in St Helens.

The **Break O'Day Woodcraft Guild Inc.** meet monthly on the last Thursday 11am in the Goods Shed behind the St Marys Railway Station.

Carers for Wildlife Tas Inc.

St Marys 6372 2973 / 0417 017 105

The Combined Probus Club of Scamander Inc meet on the 4th Wednesday of each month at Scamander Beach Resort, 10am. Contact *Lorraine on 6376 2185*

The **Cornwall Community Development Group Inc.** hold their general meetings on the 1st Tuesday 7pm monthly. *Raz / Deb 6372 2261*

East Coast Community Transport Community Hall, 23 Main Street, St Marys. *6372 4415*

The **Falmouth Community Centre** contact for booking is *Cherrie Schier 0417 887 941*

The **FVNH Op Shop** is happy to receive pre-loved clothing & goods weekdays 9-3. Come along, check it out and pick up a bargain. *Gary Barnes FVNH*

Greater Esk Tourism meet on the 2nd Monday 7pm at Fingal Neighbourhood House monthly. *0412 425 666*

Hospitals Circassian Street St Helens 6387 5570

Community Health Centre St Marys 6387 5555

Hub4Health, St Helens, 6376 2971

JAM (Jesus And Me) Every Tuesday 3 - 5pm for children 5-12 years (except school hols). Phone Mel on 0409 838 816 .

Justice of the Peace K Faulkner 6372 2196

Libraries St Marys 6372 2114, St Helens 6387 5530

Meals on Wheels St Marys 0488 384 344, St Helens 6376 3174

Museum Cranks & Tinkerers St Marys 0417 648 845

Online Access Centres Fingal 6374 2222, St Marys 6372 2005, St Helens 6376 1116
The **Scamander & Beaumaris**

Community Development Association meets monthly on the 3rd Wednesday, 7pm, Scamander Sports Complex.

Scamander Garden Club meets monthly on the 3rd Monday 1.30pm in the Scamander Sports Complex. *Val 6372 2762*

Schools - *District High Schools*, St Helens 6376 7100. *St Marys 6372 3900*
Primary Schools , *Avoca 6384 2117*, *Fingal 6374 2197*

The Hub4Health Walking Group walk each Wednesday and 3rd Saturday monthly. New members are most welcome. *Hub4Health 6376 2971* or *Bryan Edhouse 6376 3439*

St Marys/Falmouth Playgroup is held 10:30 -12:30 each Wednesday at the Falmouth Community Centre. *Bec Mason 0409 253 504*

St Marys Hospital Auxiliary meet monthly on the 1st Monday at 2pm in the St Marys Community Health Centre.

St Marys Ladies' Midweek Tennis meet 9.30am Wednesday. New players & beginners welcome. Child minding included - a lovely safe place to bring toddlers while you play. *Karon 0419 722 390 / Dana 6372 2033*

St Marys Markets are held monthly on the 1st Saturday 9-1pm at the St Marys Community Hall. *Michelle (BODRArts) 6372 2056 / 0407 046 865*

St Marys School Association Op Shop 25a Main Street (Behind the Town Hall), St Marys. Weekdays 10 - 4pm. Saturday 10am - 1pm Markets Days only. *Janet Drummond 0404 562 320*

St Marys Sports & Social Centre Inc 6372 2177

Stallholders' Market Inc. markets are held Saturday 8-12pm in the Portland Hall St Helens. e:*sthelenmarket@yahoo.com.au*

The **Tasmanian Lymphoedema Centre Inc.** meet monthly on the 3rd Monday 5pm in the St Marys Community Health Centre, Day Care Room.

WOW, a fun social group for ladies of all ages, meets monthly on the 1st Tuesday from 6.30 - 8.30pm (February to December 2016). *Contact Christine 0410 441 558 for further details.*

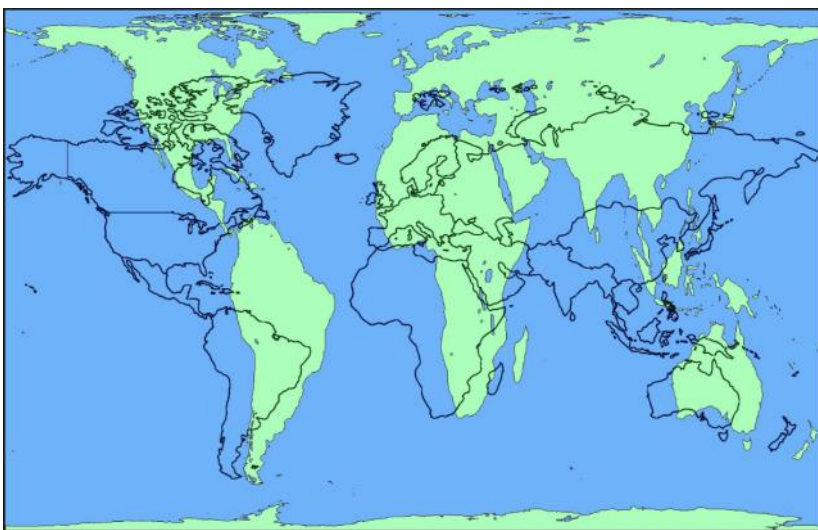
Tasmania Way Back When - <https://www.facebook.com/tastime/photos/>



*Armistice Day in Hobart, 1918.
Intersection of Macquarie and Elizabeth Streets*



*Great Tasmanian Axemen: the Youd brothers.
Bill, Doug, Rex, Bob, Merv and Ray. Taken in 1957.*



Area accurate Peters Projection Map overlaid with the common Mercator Projection Map

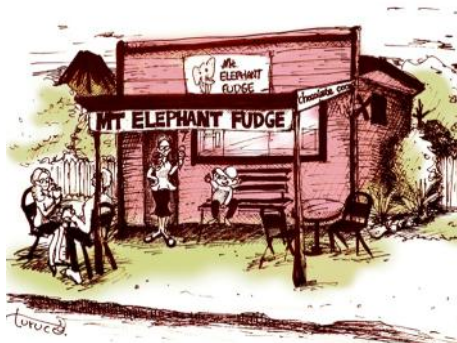
The **Gall–Peters projection** is a rectangular map projection that maps all areas so that they have the correct sizes relative to each other. Like any equal-area projection, it achieves this goal by distorting most shapes. The projection is a particular example of the cylindrical equal-area projection in that it sets latitudes 45° north and south as the regions on the map that have no distortion.

The projection is named after James Gall and Arno Peters. Gall is credited with describing the projection in 1855 at a science convention, and publishing a paper on it in 1885. Peters brought the projection to a wider audience beginning in the early 1970s.

The name "Gall–Peters projection" seems to have been used first by Arthur H. Robinson in a pamphlet put out by the American Cartographic Association in 1986. Maps based on the projection are promoted by UNESCO, and they are also widely used by British schools.

The Gall–Peters projection achieved notoriety in the late 20th century as the centrepiece of a controversy about the political implications of map design.

The **Mercator projection** is a cylindrical map projection presented by the Flemish geographer and cartographer Gerardus Mercator in 1569. It became the standard map projection for nautical purposes because of its ability to represent lines of constant course, known as rhumb lines or loxodromes, as straight segments that conserve the angles with the meridians. Although the linear scale is equal in all directions around any point, thus preserving the angles and the shapes of small objects (which makes the projection conformal), the Mercator projection distorts the size of objects as the latitude increases from the Equator to the poles, where the scale becomes infinite. So, for example, landmasses such as Greenland and Antarctica appear much larger than they actually are relative to land masses near the equator, such as Central Africa.



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A mysterious arsonist is apparently hell bent on burning a backwoods Tasmanian township to the ground.

Eleven of Rossarden's 50 houses have been razed by fire in the past two years, and residents of the depressed former mining town fear it will all go up in flames if the culprit is not stopped. They're also scared that it's only a matter of time before somebody dies, and many believe the police aren't doing nearly enough about it. They reckon if a pyromaniac was loose in a big city, he would be caught at all costs.

'But it seems we're out of sight, out of mind,' said Pat Dennis, of the Rossarden Progress Association.

Local businessman Stan Graham, who owned five of the torched houses, agrees. He claims the police have hardly been near him, and have shown 'very little interest' in the fires.

But the cops say the folk at Rossarden are 'very reticent'. They claim residents won't talk to them, even though it would help the investigation if they did so.

'We haven't got a crystal ball - without some sort of assistance it's very difficult to investigate,' says Inspector Barry Bennett.

While Bennett claims Rossarden is treated like any other town, there are those who believe the wallopers would breathe a sign of relief if the town did disappear. It has no police station, a relatively high crime rate, and a reputation as a hideout for some of the Apple Isle's most infamous criminals.

Rossarden is high in the chilly hills beneath one of the state's biggest mountains, surrounded by dense bush, at the end of a long, twisting road off the nearest highway. It was once home to 1000 people, though most left when the 100 year old mine closed in 1982. These days there is virtually no employment, and most of the 150 residents are on welfare.

Despite its seclusion, the township has had its fair share of news headlines. Earlier this year, two young local men were charged with assaulting a female hitch-hiker who they had picked up and driven here. And a few years ago a bomb scare saw a house evacuated and police remove a 'device'. And in 1986 the town supermarket - also owned by Stan Graham - was destroyed in a huge fire. A 17 year old local man, Shane Rawlinson, was sent to jail for arson.

Pauline Walker, who was leasing the supermarket, was alleged to have paid Rawlinson \$1000 to start the fire, but was acquitted of the charge by a supreme court jury in 1987. The controversial case officially closed with a civil hearing late last year, when FAI Insurance was ordered to pay Pauline Walker \$65,000 plus court costs.

Tongues still wag out a variety of opinions about the arsonist's identity and motives, but townfolk fear they might be burnt out too if they speculate too loudly. Most of the fires have happened when the occupants were away, which suggests they were started by somebody who knew their movements - almost certainly a local. This has caused plenty of suspicion and gossip inside the normally close-knit community, which some say is 'tearing itself apart'.

There has also been talk of a vigilante group taking the law - and the arsonist - into its own angry hands. Chief of the Rossarden volunteer fire brigade, Neville Triffitt, now parks his old truck ready and waiting in the middle of town. He reckons something has to be done - fast.

'It's only a matter of time before this nutcase burns down a house with someone in it,' he says. 'Maybe even some sleeping kids.' Neville knows what he would like to do with the arsonist. 'Break his neck and throw him in one of his own fires.'

But despite five fires in just as many months in 1990, the offender is still at large, and all the residents live in fear.



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“Look After Our Own Backyard First” Says Man With Burnt Out Commodore In Own Backyard *“We need to look after our own first.”*

13 June, 2016. 11:45

CLANCY OVERELL *Editor*

Local man, Byron Strut (36) says Australia needs to focus on finding homes for the droves of homeless people on our streets before accepting refugees and asylum seekers.

Despite the fact that Mr Strut has not once mowed the entire lawn of his two acre property in Brisbane’s Northern Suburbs, he says Australia needs to stop focusing on overcrowding NSW suburbs in Western Sydney with new citizens from abroad.

Speaking to the Beetoota Advocate today in front of a burnt out Commodore in his backyard, the full time crane operator says he’s just about “had it” with the way Australia puts the war-weary and stateless before the weather-weary and homeless “in our own backyard”.

“We need to look after our own first, There’s a lot going on in our own backyard that needs addressing before we even think about resettling twelve thousand persecuted victims of war crimes in Australia.”

“Number one, homelessness. Number two, old people.”

Mr Strut struggled to identify what it was exactly that he wanted our nation’s leaders to do for “old people” but he did outline that he often thinks about our nation’s homeless during the winter months, or whenever he sees camera footage of destitute Middle Eastern refugees on television.

“We’ve got people who don’t even have homes, and you want to bring in this mob from overseas who don’t even speak the language to take all the jobs?”

“Not on my watch. I’d much prefer a homeless person making my meals than one of those people.”

“Or teaching my children. Or working on my car.”

Mr Strut then stubs out a Winfield Red cigarette on the front of the rusted and decrepit Holden Commodore that has sat in his backyard since 2013.

“We don’t want that mess here mate. We’ve got enough stuff to sort out before letting people in.”

<http://www.betootaadvocate.com/entertainment/look-after-our-own-backyard-first-says-man-with-burnt-out-commodore-in-own-backyard/>



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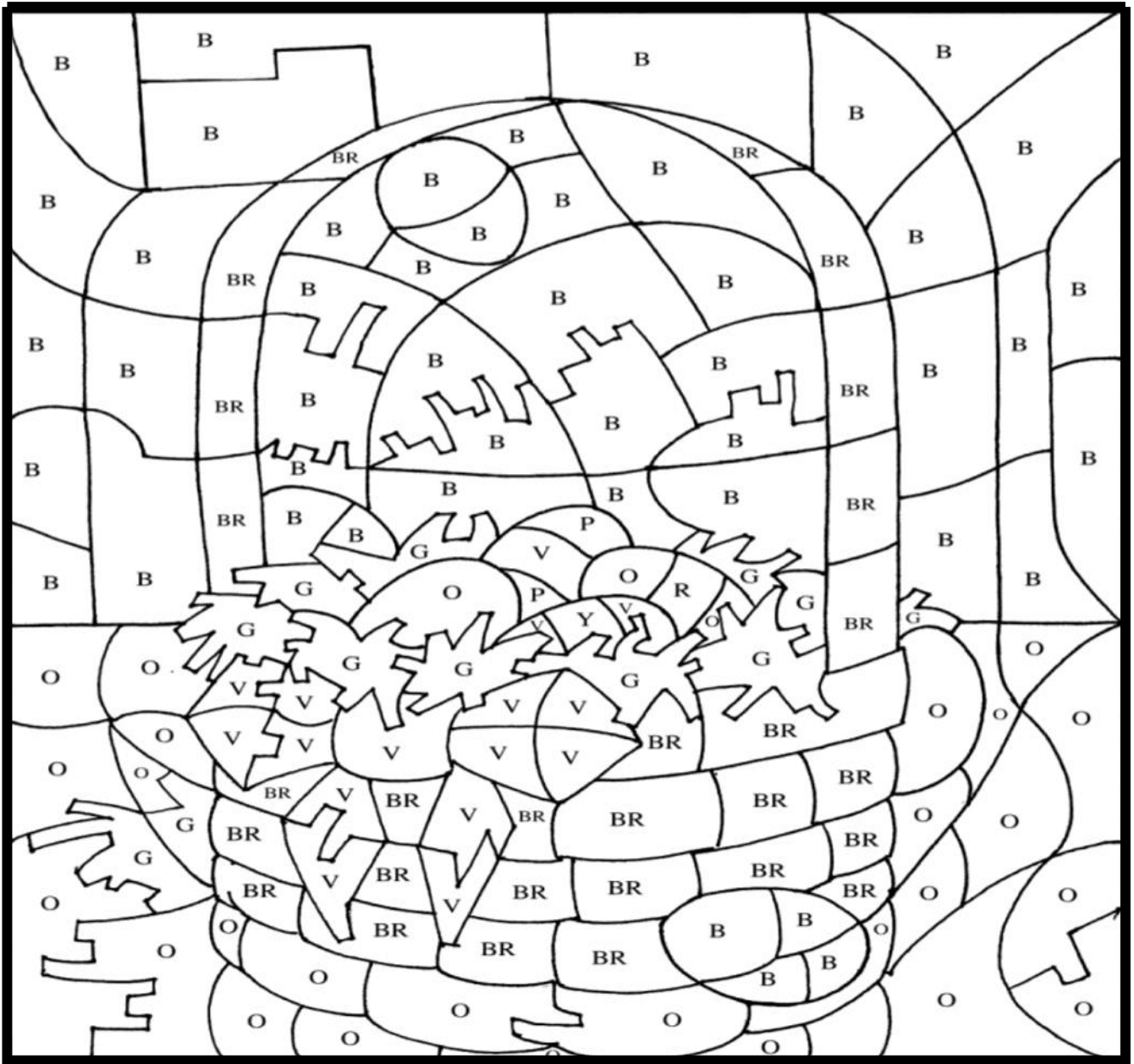
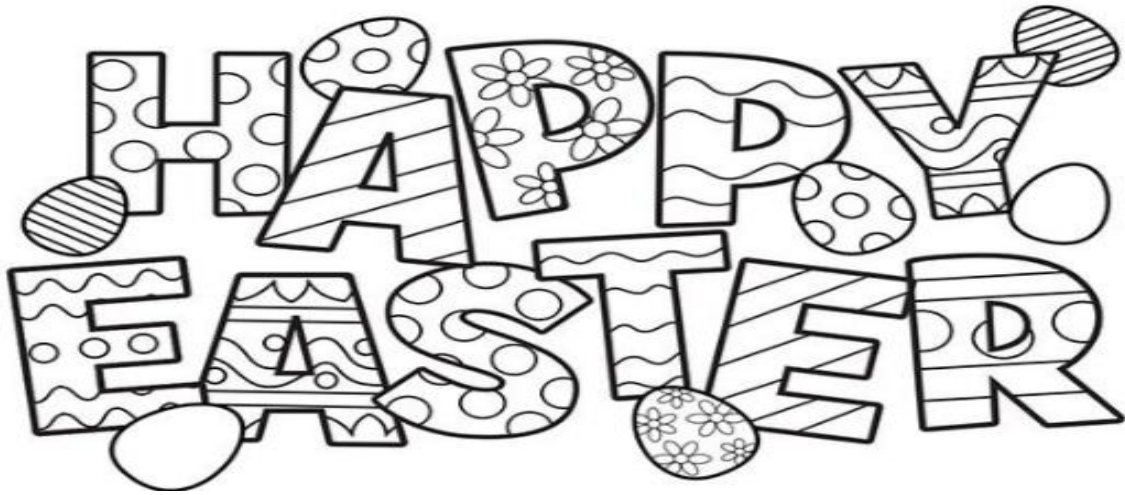
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P=Pink Y=Yellow



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Ride Home

Author : Jae Miles, Staff Writer

The moon is a purple crescent that stretches from horizon to mid-sky. The few stars are scattered pinpricks of yellow, too far apart to make any sort of constellations. Consequently, the available light is less than ideal for people trying to engineer their continued survival from the remains of the formerly super-stealth space interceptor they just crash landed in. Emphasis on 'crash'.

In a war reduced to slim tactical advantages that are obviated or surpassed quickly, I'd say our time as the most dangerous thing in the heavens has ended. As to what ended it, we didn't even see it coming. We're only alive because Mradin broke most of himself refusing to let us die. Ever since making him comfortable, I've been trying to wrestle weapons from the wreck.

"Teng, mate, stop trying to make swords from scrap."

Mradin's hissing whisper reaches me clearly in a night gone suddenly quiet.

Uh-oh.

A glittering pink energy beam passes close enough to crisp the hairs on my arm.

"They landed and came after us!"

Thanks, Mradin. Picked up on that myself.

From the bluish shadows on my left comes a four 'armed' triped at a fast amble. Discounting the one holding the gun, I have a six-to-one chance of hitting the 'limb' that's actually the Clido's head.

"Mradin?"

"Four."

We survived. He's got angels on his side. Fourth limb from the left it is.

Wrenching at the maintenance cutter, I put my weight behind the knee I slam into the obstructing panel.

There's an ominous popping sound and my knee gives out. The pain makes me scream, the shock makes me twist the control bar, and my fall means a glittering beam passes through empty air where I used to be. The bright ray I accidentally unleash incinerates limbs three through five on Clido number one. It stops moving.

In the brilliant light of the ray, I see the other Clido holding a limb in front of its optics. Which means the head is the limb diametrically opposed, as their nervous system interface requires a straight-line link. All I have to do now is persuade Clido number two to stick its head into the ray because the cutter is still wedged under the panel that busted my knee.

I roll off the interceptor and drop into thigh-deep foliage. My dodgy knee hits something harder than dirt. Crying, I move out using an inelegant elbows-and-single-leg squirm.

There's a 'clang' to my left.

"Hey! Ugly!"

Timely distraction, Mradin.

As wrestling the Clido into the ray is a non-starter, I grab a leg strut and scramble up the three-metre-tall exoskeleton. Fixated on blasting Mradin, it doesn't react fast enough. I stab its organic bit full of holes using the long screwdriver I found wedged under Mradin's seat. Clido number two expires, leaving me spattered in frothing ichor and hanging from the uppermost limb of a stalled exoskeleton.

"Did you get it?"

"Yes! Now, remind me: which bit of their exos is the access widget for their vehicles?"

"Looks like a jade cybercarrot on the underside of one of the upper limbs."

"What now?"

"A ridged, graduated cone made of green crystal. About two decimetres long."

Sure enough, there's one – on a limb just out of reach. I'm going to have to swing across and grab it as I fall.

"Wait a while, then make hot drinks. I'll be over soonish."

"Why wait?"

"I'm expecting to pass out for a bit when I hit the ground."

"S'fair. So, after waking and drinks, we find and take their – hopefully the newest – Clido stealthbus home?"

"Too right."



Reprinted from the front page of Volume 40 No 21 Thursday April 10, 2008

Former local resident now Mayor of Cairns Regional Council

Many residents will be interested to hear of the success of Val Schier in becoming elected Mayor of the newly amalgamated Cairns Regional Council in Tropical North Queensland. On Thursday 3 April, Val, (pictured right) was sworn in to be the mayor of a council that serves a population of 150,000. Val, the daughter of Gilbert and Jean Schier of Falmouth did all of her schooling at the then St Marys Area School before going on to Launceston Matriculation College and winning a scholarship to the University of Tasmania in 1968. "My victory has generated a huge amount of media interest," said Val. "I am the first woman mayor in the history of Cairns and I beat the existing mayor who had been in power for 8 years and was backed by large developers who really wanted him to win." People were surprised that a community-based candidate could beat such a strong incumbent."

As well as being feted by media across Australia, Val is also the main subject of a documentary, *About Women*, which will be shown on SBS later this year. She was filmed in Falmouth for a day before Christmas by a small crew of director, cameraman and sound recordist, when she was helping to pack up the family home after Jean Schier's death in November 2007.

The crew went back to Cairns to film Val for three days in early February whilst she was campaigning, door-knocking, addressing meetings and fundraising. On election day on 15th March they again filmed Val campaigning in torrential monsoonal rain before claiming victory as mayor.

Val says that there are huge challenges ahead for her in her new job.

"This is one of the fastest growing areas in Queensland and we have to make sure that we strike the right balance between development and protecting the environment, in particular the world heritage listed reef and rainforest. It's similar to the growth pressures on coastal communities in Tasmania except on a much larger scale."

Val said that she has always been rejuvenated and restored by annual visits to Falmouth over the decades. And she was inspired by her mother's courage in dealing with the cancer which ended her life.

"It was Schier determination that kept mum going and kept me going," she said. "I look forward to catching up with old friends in Tasmania when next I come "home" to Falmouth."

Congratulations Val, country people can succeed too.

Well done.



'Australia justifiably celebrates its girtuosity in its national anthem, for the history of this wide brown land has been shaped by the even wider blue seas in which it rests. It was the warm currents of the Timor Sea that carried the First Australians to these shores, and it was Australia's phenomenal girtage that kept these hardy pioneers blissfully unaware of trousers, smallpox, large mining companies, Shane Warne and the other trappings of Western civilisation for tens of millennia.

It was the vast reaches of the Pacific and Indian oceans that led Europe's greatest minds to conclude that so much water must be girting something – for surely the world would tip from its axis in the absence of a Great Southern Land to balance the sprawling continents of the northern hemisphere. It was those same dark, churning waters that led the captains of Europe's finest fleets, searching in vain for the elusive southern continent, to ask, "So where the bloody hell are you?"

But *Terra Australis* could not remain *Incognita* forever. The veil of waters parted for Willem Janszoon, Abel Tasman, William Dampier, James Cook, Matthew Flinders and Jessica Watson, revealing a land of golden beaches, storm-kissed bays and jewelled harbours.

And while the world's other great powers saw Australia's unparalleled girtedness as an excellent reason to steer clear of the joint, Britain saw it as a virtue, for it needed a place to stash all its pickpockets, sheep thieves and Irishmen. Britain fervently hoped that the tyranny of distance and the despotism of lots of water would prevent its undesirables from walking back to London.

Australia's isolation made it a giant Petri dish, able to grow a unique culture. It attracted no-hopers, ne'er-dowells, political prisoners, religious refugees, free thinkers and eccentrics. It drew adventurers and risk-takers and called to the poor, the disadvantaged and the merely socially embarrassing. It served as a bright beacon to a tsunami of opportunists, gamblers, entrepreneurs and gladhanders. Australian ports served as a gateway for sailors and fortune-seekers from all corners of the globe, and the lure of riches or men with big sticks carried the Chinese and Kanaks to our shores.

Australia was the place to be. Unless you were black. Or a woman. Or gay. Or suspected of being Irish. Or even worse, all of the above.'

An extract from *Girt: The Unauthorised History of Australia* by David Hunt

ACROSS

- 1. Sight-related
- 6. WW1 plane
- 10. Module
- 14. Stubble remover
- 15. High fidelity
- 16. Memo
- 17. Muse of love poetry
- 18. Absorb written material
- 19. Baking appliance
- 20. A type of berry
- 22. Adult male sheep
- 23. What we sleep on
- 24. Specks
- 26. Pharynx
- 30. Make a splashing sound
- 32. French for "Sister"
- 33. Respiratory disease
- 37. Foment
- 38. Long times
- 39. Small European freshwater fish
- 40. Somersaults
- 42. Four-bagger (baseball)

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
20					21						22			
				23				24	25					
26	27	28	29				30	31						
32						33					34	35	36	
37					38					39				
40				41						42				
			43						44					
	45	46						47						
48					49	50	51				52	53	54	55
56					57					58				
59					60					61				
62					63					64				

DOWN

- 43. All excited
- 44. Men's semiformal evening wear
- 45. Clique
- 47. Tavern
- 48. A reserve of money
- 49. Excessively dramatic
- 56. 53 in Roman numerals
- 57. Poetic foot
- 58. Potato state
- 59. Does something
- 60. Hodgepodge
- 61. Santa's helpers
- 62. Netting
- 63. Roman emperor
- 64. Considers
- 1. Mining finds
- 2. Role
- 3. Russian emperor
- 4. Greek letter
- 5. Wrecking bar
- 6. Rip up
- 7. Jetty
- 8. A long way off
- 9. Twin or double
- 10. Nonconformist
- 11. Exploded stars
- 12. List components
- 13. 10 10 10 10
- 21. Wager
- 25. Belief
- 26. Russian emperor
- 27. Vagabond
- 28. Bobbin
- 29. Eccentric
- 30. A loud sleeping sound
- 31. Focusing glass
- 33. Equal
- 34. What a person is called
- 35. Frozen
- 36. Relating to aircraft
- 38. Air travel
- 41. Frequently, in poetry
- 42. Hastened
- 44. Make lace
- 45. Liquid from fruit
- 46. Pieces
- 47. Hindu for "Mister"
- 48. Deception
- 50. Fit
- 51. Arab chieftain
- 52. Doing nothing
- 53. Grotto
- 54. Throat-clearing sound
- 55. Not a win

Solution on p27

Libraries (Closed public holidays)



61 Cecilia Street St Helens
6387 5530
Mon, Tue, Wed, Thurs
10am - 1pm, 2 - 5pm
Fri 10am - 1pm, 2 - 6pm
Sat 10am - 12pm

31 Main Street St Marys
6372 2114
Mon, Wed & Fri 12.30 - 4pm
Tue & Thurs
10am - 12.45pm

Fingal Online Access Centre
29 Talbot Street 6374 2222
Mon, Wed & Fri 9am - 4pm
Tue & Thurs 9am - 12pm

St Marys Community Health Centre
Gardiners Creek Rd St Marys Tasmania 7215
6387 5555

GP Surgery Hours

Monday - Friday

8.50 - 10am

(10 - 10.30am reception closed)

10.30am - 12.30pm

(12.30 - 1.30pm reception closed)

1.30 - 2.45pm

(2.45 - 3.15pm Reception closed)

3.15 - 4.30pm

Pathology Service – Bloods

There is no pathology service prior to 8.30am. If you require pathology prior to 8.30am i.e. urgent blood test and / or a fasting test, an appointment must be made at the Nurses' Station the day / evening before on 6387 5555

Pathology hours are 8.30 - 11am and 2 - 4pm, Monday-Friday

Scripts and Doctors Appointments

Please ensure doctors appointments are booked **PRIOR** to your medications running out, or **IN ADVANCE** if you attend this practice regularly.

Please be patient Waiting periods to see your doctor may be experienced. We are not able to issue scripts during the weekends, please ensure you have enough in advance.

Please be aware we are not able to issue scripts by phone

St Marys Medical Practice reminder

Dr Latt wished to remind the community of the following exceptions to bulk billing at the SMCHC:

Driving licence renewals	Insurance medicals
Requested medical reports	Harness medicals
	Pre-employment checks

These are NOT covered by Medicare, and may incur costs. Please discuss this with reception when booking. If you have any concerns, please contact us and we will try and address them

Doctors' Roster

Dr C Latt

6/4/17 – 21/4/17

Dr K Nash-Rawnsley

7/4, 11/4 & 21/4 2017

Easter Public Holiday Dates

Good Friday April 14

Easter Monday April 17

Easter Tuesday April 18

Please see below for After Hours Contact numbers for during the Easter Period



A.H. contact numbers

GP Assist	1300 780 011
Ambulance or Emergency	1800 008 008 000
Lifeline - Saving lives, crisis support and suicide prevention	131 114
St Marys Community Health Centre - please ring before presenting after hours	6387 5555

**Non attendance of
Doctor's appointments**

Please be aware there is a non attendance policy at this practice. If you miss three appointments you will be sent an account. If you miss a fourth appointment you may be referred to another Medical Practice.

Due to demand doctor's appointments need to be booked at least **two weeks in advance**. Waiting periods can apply.

INR tests require a 5 minute doctors' consultation.
Please inform reception when booking

Second Bite Parcels are available every Thursday for collection from 2:30pm in the Reception area. There is a criteria to be able to receive these parcels. Please be aware there are Catchment Areas to collect your Second Bite Food Parcels from:

MATHINNA Catchment area: Mathinna and Upper Esk

Collection from Mathinna Post Office

FINGAL Catchment area: Fingal

Collection from Fingal Neighbourhood House 6374 2344

ST MARYS Catchment areas: Cornwall, St Marys, Grey and as far as the Scamander Bridge

Collection from St Marys Community Health Centre

ST HELENS Catchment areas: St Helens side of the Scamander Bridge, Beaumaris, St Helens, Goshen and Binalong Bay. **Collection from Thom Ryan of Anglicare 6376 1144**

You MUST only collect your parcel from your designated catchment area, which depends on where you live.

St Marys Community Health Centre
Gardiners Creek Rd St Marys Tasmania 7215
6387 5555

April **Social Worker** Shan Williams
6 Ph 6387 5555 for appts
2nd Bite Delivery

April **Social Worker** Shan Williams
7 Ph 6387 5555 for appts
Physiotherapist Naomi Ide please see your GP or health professional for a referral

April **Physiotherapist** Naomi Ide please see your GP or health professional for a referral
10

April **Max Employment** 8:30am -5pm downstairs.
11 **Rae & Partners Lawyers** consult fortnightly at the SMCHC. Ph 6337 5555 for appts
Occupational Therapist Danyelle Briggs by referral from your health professional.
Child Health Session with Mary Mumford Tuesday fortnights, by appt only. Ph 0428 136 381
Physiotherapist Naomi Ide please see your GP or health professional for a referral
Anglicare Drug & Alcohol Officer 11am - 1pm

April **Day Centre** Ph Hayley Gilbert on 6387 5555 for information on the group
12 **Cancer Council Outreach** service Richard Austin 2.30pm - 3.30pm SMCHC. Drop in Service.

April **2nd Bite Delivery**
13 **Social Worker** Shan Williams
Ph 6387 5555 for appts

April **GOOD FRIDAY** Public Holiday
14

April **EASTER MONDAY** Public Holiday
17 Tasmanian Lymphoedema Centre meeting 5pm in the Day Room

April **EASTER TUESDAY** Public Holiday
18

April **Social Worker** Shan Williams
19 Ph 6387 5555 for appts
Day Centre Ph Hayley Gilbert on 6387 5555 for information on the group
Consumer & Carer Advocacy Group 12 - 2pm downstairs at the SMCHC. Ph Shan on 6387 5555
TAZREACH Antenatal Clinic with Katie. Please see your GP or health professional for a referral

April **Social Worker** Shan Williams
20 Ph 6387 5555 for appts

April **Social Worker** Shan Williams
21 Ph 6387 5555 for appts
Physiotherapist Naomi Ide please see your GP or health professional for a referral

Easter, also called **Pascha** or **Resurrection Sunday**, is a festival and holiday celebrating the resurrection of Jesus from the dead, described in the New Testament as having occurred on the third day of his burial after his crucifixion by the Romans at Calvary circa 30 AD. It is the culmination of the Passion of Jesus, preceded by Lent (or Great Lent), a forty-day period of fasting, prayer, and penance. In Western Christianity, Eastertide, or the Easter Season, begins on Easter Sunday and lasts seven weeks, ending with the coming of the fiftieth day, Pentecost Sunday. In Eastern Christianity, the season of Pascha begins on Pascha and ends with the coming of the fortieth day, the Feast of the Ascension.

Easter is linked to the Jewish Passover by much of its symbolism, as well as by its position in the calendar. In many languages, the words for "Easter" and "Passover" are identical or very similar. Easter customs vary across the Christian world, and include sunrise services, exclaiming the Paschal greeting, clipping the church, and decorating Easter eggs (symbols of the empty tomb). The Easter lily, a symbol of the resurrection, traditionally decorates the chancel area of churches on this day and for the rest of Eastertide. Additional customs that have become associated with Easter and are observed by both Christians and some non-Christians include egg hunting, the Easter Bunny, and Easter parades. There are also various traditional Easter foods that vary regionally.



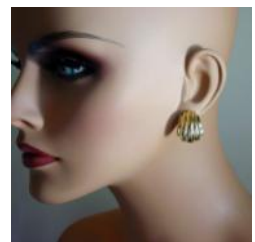
St Marys
PHARMACY

Main Street St Marys

Ph 6372 2844

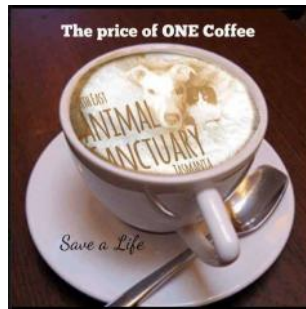
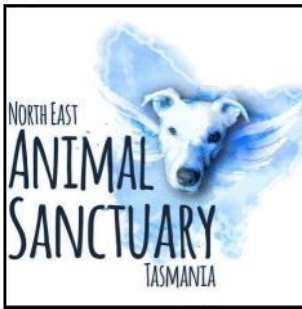
Kodak prints from 45¢

Ear piercing \$27
includes earrings
and solution
with qualified staff
Bec, Sally and
Cassie



Pharmacist instore Monday to Friday

*Information on this page supplied by
St Marys Community Health Centre, Gardiners Creek Rd
St Marys Tasmania 7215*



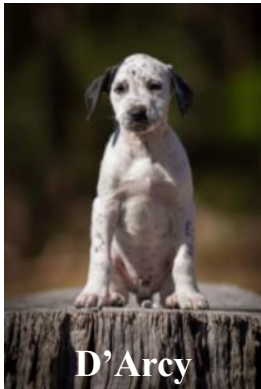
Phone Michelle for information on our next adoption day on Saturday April 22 in St Helens.



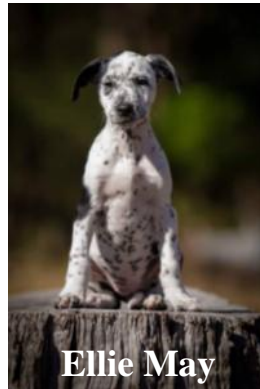
Winston



Thomas



D'Arcy



Ellie May

These beautiful kittens and Dalmatian / Wolfhound mix puppies are looking for their forever homes. Ring Michelle and register your interest.



Daisy

ADOPT, DON'T SHOP

**0457 081 533
michelle.jesson@bigpond.com**

Meals on Wheels 0488 384 344

April 6	Heather Griffiths
7	Drew Adam
10	Karl Balzer
11	Valmai Spencer
12	Lundy Vosper
13	Pam Bretz
14	Drew Adam
17	Ruth Aulich
18	Valmai Spencer
19	Karl Balzer
20	Heather Griffiths
21	Drew Adam
24	Ruth Aulich
25	Valmai Spencer
26	Louise Keady
27	Judy Ducket
28	Drew Adam

74 words of three letters or more were found in **QUINCEANERA**

ace	canine	inane		
acne	canna	incur		
acquire	cannier	inn		
acquiree	car	inner		
acre	care	ire		
aerie	careen	naira		
air	cee	near		recane
aqua	cirque	nice		reice
arc	crane	nicer		rein
arcane	cue	niece		renin
are	cur	nine		rice
area	cure	nuance		rue
arena	ear	nun		ruin
aria	earn	queen		run
aura	ecru	queer		rune
auric	enquire	quince		runic
cairn	equine	quire	urea	
can	era	race	uric	
cane	ice	rain	urine	
caner	icer	ran	urn	

How many words of three letters or more can you find in **ONOMATOPOEIA**?

Answer in 49.23

'Sightings' of extinct Tasmanian tiger prompt search in Queensland

"Plausible" possible sightings of a Tasmanian tiger in northern Queensland have prompted scientists to undertake a search for the species thought to have died out more than 80 years ago.

The last thylacine is thought to have died in Hobart zoo in 1936, and it is widely believed to have become extinct on mainland Australia at least 2,000 years ago. But sightings of large, dog-like animals that are neither dingoes nor foxes have persisted over the decades, despite widespread scepticism.

Recent eyewitness accounts of potential thylacines in far north Queensland have spurred scientists from James Cook University to launch a search for the animal long considered extinct. Professor Bill Laurance said he had spoken at length to two people about animals they had seen on the Cape York peninsula that could potentially be thylacines, and that they had given plausible and detailed descriptions.

One was a long-time employee of the Queensland National Parks Service and the other was a frequent camper in the north of the state.

Laurance said all the potential sightings to date had been at night. "In one case four animals were observed at close range – about 20 feet away – with a spotlight. Descriptions of their eyes, size, shape and behaviour were inconsistent with known attributes of other large species in north Queensland such as dingoes, wild dogs or feral pigs. The sightings were at two separate locations on the Cape York peninsula, but the specifics were being kept confidential. Everything is being handled with strict confidence," said Laurance.

He said people who claimed to have seen a thylacine were "very nervous about relating their tales for fear of being branded kooks or fringe types".

Richard Dawkins had tweeted hopefully of news of the study.

"Can it be true? Has Thylacinus been seen alive? And in mainland Australia not Tasmania? I so want it to be true."

Sandra Abell, a researcher with James Cook University's Centre for Tropical Environmental and Sustainability Science who was leading the field survey, said they had been contacted with more possible sightings since their intentions were publicised. She was in the process of deciding on sites for the more than 50 "camera traps" to be set up on the Cape York peninsula, with the survey due to get under way when the dry season begins in April or May.

Abell said even if a thylacine was not detected, the survey would inform the centre's understanding of the status of rare and endangered mammal species on the peninsula. Many mammals, including the northern bet-tong, were at risk from introduced predators, she said.

"It is a low possibility that we'll find thylacines, but we'll certainly get lots of data on the predators in the area and that will help our studies in general."

It was "not impossible" there were thylacines to be found, she said. "It's not a mythical creature. A lot of the descriptions people give, it's not a glimpse in the car headlights. People who say they've actually seen them can describe them in great detail, so it's hard to say they've seen anything else. I'm not ruling it out at all, but to actually get them on camera will be incredibly lucky."

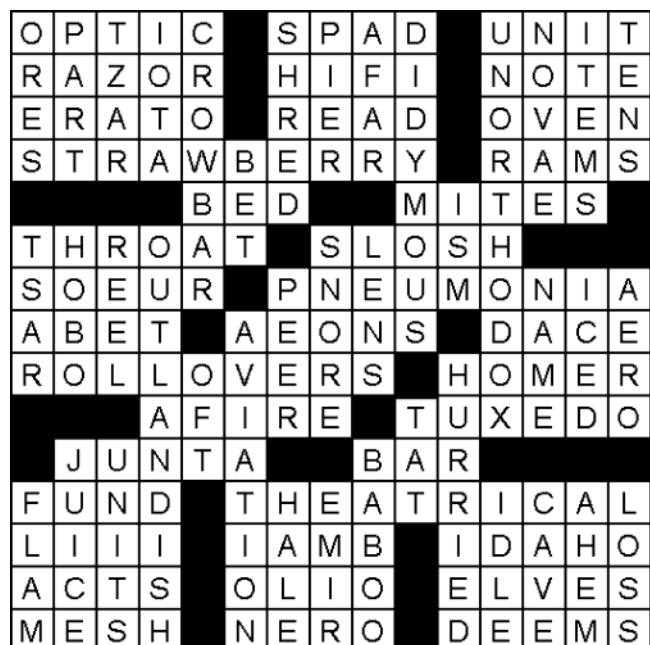
Thylacine "truthers" active on Facebook were emboldened by the recent rediscovery of the night parrot in Western Australia, presumed extinct until 2013, and photographed this month.

"Maybe old stripey next?" commented one member of the Thylacine Awareness Group.

<https://www.theguardian.com/environment/2017/mar/28/tasmanian-tiger-sighting-search-thylacine-queensland-australia>



Beauty Bay, St Helens, 1911





St Marys IGA Supermarket

38 Main Street Ph 6372 2240 Butcher instore weekdays 8am - 2.30pm 6372 2274
 Monday - Friday 8am - 6.30pm Saturday 8am - 5pm Sunday 10am - 5pm

Butchery specials April 5 - 11		p/kg	Butchery specials April 12 - 18		p/kg
Ingham Chicken Drumsticks		3.49	Netted Boneless Leg Of Lamb		15.99
Nichols Six Legged Chicken		4.99	Pork Belly Roast		12.99
BBQ Steak		12.99	Marion Bay Chicken Breast Chunks		8.99
Half Legs Of Pork		9.99	Porterhouse Steak		25.99
Short Loin Lamb Chops		16.99	Nichols Chicken Wings		3.49
Two week specials April 5 - 18					
Pacific West Salt & Pepper Squid 360g	4.99	save 5.00	Miracle Margarine 1kg	1.99	save 1.50
Peters Drumsticks 4pk	3.99	save 4.00	Kraft Cheese Singles 216g	2.19	save 1.46
Just Juice Long Life 2L	1.99	save 1.36	Tassie Quench Cordial Syrup 2L	1.99	save 1.20
Kirks Canned Soft Drink Range 10pk	4.99	save 4.41	Smiths Multipack Chips 20pk	5.49	save 3.50
Smiths Chips 175g	1.64	save 1.65	Guylian Chocolate Sea Shells 250g	7.69	save 8.31
Watties Baked Beans or Spaghetti 420g	0.99	save 0.56	Nestle Family Block Chocolates 118-180g	2.99	save 1.66
Tassal Salmon Snack Pot 185g	2.14	save 2.15	Ferrero Rocher 172.2g	6.49	save 6.70
Nabisco Captains Table Crackers 125g	0.89	save 0.91	Cadbury Favourites 320g	5.99	save 6.80
Kleenex Cottonelle Toilet Tissue 24pk	8.99	save 9.00	Pascal Lolly Bag Range 160-350g	1.99	save 2.00
Blast Dish Washing Liquid 400ml	1.34	save 0.94	Pantene Shampoo/Conditioner 350ml	3.49	save 3.50

OPEN GOOD FRIDAY 9AM UNTIL 7PM ALL OTHER DAYS OVER EASTER NORMAL HOURS

St Marys Sports Centre

Gray Road St Marys

Bar open Thursday 6 - 8pm Friday 6pm until close
 Saturday 2pm onwards - warm fire, cheap prices
 Sunday 1.30 - 4.30pm Friday Happy Hour 6.30 - 7.30pm with Pick the Pen, raffles and bar snacks

Golf news: Swish and Fish on Good Friday, April 14. 3 person Ambrose and meal of fish, chips and salad for \$15. Commences 1.30pm, get your teams together. Meal only for wives and caddies will be \$10. Greens mowers have a home, **thanks to all concerned.**

There has been a booking for a large group of golfers to play 18 holes. Course looks great and greens are fantastic.

Licensee / treasurer *Jim Turner 6372 2441*
 Interim secretary *Glenn McDonald 6372 2429*
 President *Jacqui Bianchi 0439 978 156*
 Vice President *Tamatha Grose 0427 332 085*
 e:*stmaryssportsctr@internode.on.net*
<https://www.facebook.com/stmarysportscentreinc/>

Bowls news: Saturday March 25 the Grand Final was played between St Marys and Swansea: Swansea won.

The East Coast Final: Swansea travelled to Launceston and contested the State Finals, big thrill for Swansea as they had a nice victory and are now the proud owners of the State Shield.

St Marys bowlers take note: Nikki is attempting to set a date for a meeting so a text / phone call may be coming your way.

The Valley and East Coast Voice Inc.
 is available at the following outlets:

Avoca Post Office	Holder Bros Fingal
Coach House Restaurant	Mathinna Post Office
St Marys	Scamander S/market
The Farm Shed, Bicheno	St Marys IGA
Hilly's IGA St Helens	St Marys Newsagency
Hilly's IGA St Marys	

Shower Thoughts:

Google says stingrays can live for 15 to 25 years. The stingray that killed Steve Irwin could still be out there.

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