



THE VALLEY AND EAST COAST VOICE

Established 1968

50.39 6th December, 2018

Deadline for 50.40 is 17th December 2018

Distinguished Service by a Distinguished Gentleman

One of our residents is celebrating his 80th birthday on Friday December 7th and his service to the community should be acknowledged.

Len Miles OAM was born and raised in the community and has volunteered for nearly every community group that has formed in that time. He and his late wife Jennifer were always active within the region, helping to raise money for needy causes and promoting the area.

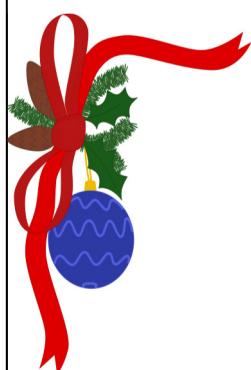
His commitment community is unfailing and should be an inspiration to us all. He was one of the people who fought to keep our health centre.

Synonyms of stalwart - staunch, loyal, faithful, committed, devoted—these words describe Len, and we thank him for the many years he has given to the community



His accomplishments include: Life Membership Fingal Valley Festival awarded 3/3/18, Life Membership St Marys Football Club, Tasmanian president Miners Federation, Volunteer Ambulance driver, President Fingal Valley Football Association President St Marys Hospital Support Association current, Member St Marys Trotting Club current, Order of Australia, BreakO'Day Australia Day citizen of the year 2017 Volunteer driver Meals on Wheels current, School Bus Driver, HACC bus driver current, Charter Member St Marys Lions Club, Married to Jenifer for 51 years, Doting & much loved father, grandfather & great grandfather.

Happy 80th birthday, Len



The Christmas edition of the Valley Voice published on 20th December will be the final one for 2018. If you would like to place a Christmas greeting, the closing date is Monday, 17th December, 2018.

The first edition for 2019 will be issued on February 12th.

ARTICLE	PAGE
Emergency contacts	2
Cagerattler...	4
Out of the Woodwork...	8
St Mary Community Health Centre...	12-13
Golf Club...	20
Classifieds...	24

Editor: Keri Webb

valleyvoice@fvnh.org.au

03 6374 2344 website: valleyvoice.com.au

facebook.com/ValleyEastCoastVoice

PO Box 322, Fingal Tas. 7214

For all account queries please contact

valleyvoice@fvnh.org.au

Advertising rates 2018

Business card size ads \$15 ½ page ads \$40
Intermediate ads \$18 Full page ads \$60
¼ page ads \$25 Permanent classified ads
\$20 p.a.

Valley and East Coast Voice Inc.

Advertising rates for all community groups

Regular articles i.e. news of current activities / events and general information will, at the discretion of the Editor, be carried free of charge.

Community group announcements up to 5 lines or business card size are free, anything larger will be charged at 50% of current rates. The decision regarding whether or not an article attracts advertising fees is the Editor's. Groups will be advised of any cost before going to print.

Private community announcements / private classifieds are free for one issue.

Annual posted subscriptions are \$69 and annual online subscriptions are \$20.

Articles for publication may be left at the St Marys Pharmacy, posted or emailed.

We do not accept responsibility for the accuracy of information provided by contributors.

For online advertising or any other advertising queries please contact the editor.

Visit our website valleyvoice.com.au and look back over ten years of archival content, galleries and stories, in addition to each new issue. Leave a comment / suggestion on what you would like to see included.

24 hr Emergency Contacts

Abuse & Assault Services 1800 737 732

Ambulance, Fire & Police 000

Crime stoppers 1800 333 000

Digital Mobile Phone Emergency Service 112

Poisons Information 13 1126

SES Flood & Storm emergencies 13 2500

TasNetworks 13 2004

TasWater 13 6992

Opinions in any letters published are not necessarily those of the Editor and committee, or volunteer staff.

Our pages remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks / libel / slander will not be accepted.

Kindly do not attack the editor, the paper or the authors of previous articles.

All articles for submission must bear the author's name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only.

Letter writers will be given the chance to respond over a suitable period of time.

Subjects may be closed at the editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam.

Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary.

All letters/emails must include your full name, address and contact phone number.

The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines. All information is correct at time of printing. Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.



Meals on Wheels | More than just a meal
Tasmania

St Marys Roster Ph: 0437 397 219

Dec 6 Manfred Jogis

7 Karl Balzar

10 Pam Bretz

11 Val Spencer

12 Louis Keady

13 David Lawson

14 Lynne Fitzgerald

17 Val Spencer

18 Lundy Vosper

19 Kerry Veldrum

Guy Barnett MP

State Liberal Member for Lyons



Listening Caring Building

For assistance, contact my office:

76 Emu Bay Road, DELORAINÉ • Ph: 6701 2170
guy.barnett@parliament.tas.gov.au • www.guybarnett.com.au

find me on Facebook

Authorised by Guy Barnett MP, 76 Emu Bay Road, Deloraine 7334



The Antenna Guy



- Antennas
- VAST (free to air by satellite)
- TV tuning
- Home entertainment setup
- All areas serviced
- Get clear reception anywhere!

Call Josh 0408 388 322 / 6377 1150



Expression of Interest

Maintaining Land with Environmental Values
186 Gardens Road, Binalong Bay

Council would like to dispose of land at 186 Gardens Road, Binalong Bay to a group or association that will maintain the environmental values and integrity of the property.

- The land will be offered at no charge.
- Cost of transfer of ownership will be the responsibility of the group or association.
- After transfer, any ongoing costs will be the responsibility of the successful group or association.

If you feel your group or association would be interested in undertaking this important role, Council would like to encourage you to submit an 'expression of interest' outlining a proposal on how you would achieve this.

Your proposal can be delivered to the Council office; mailed to 32-34 Georges Bay Esplanade, St Helens TAS 7216; or email to admin@bodc.tas.gov.au before 5:00 pm Monday 10 December 2018.

If anyone is aware of a group or association they think may be interested in taking on the above role, Council would appreciate the information being passed on to them.

Any queries can be directed to Bob Hoogland on 6376 7900.

from the mountains to the sea | www.bodc.tas.gov.au

FREE

For you to harvest...several acres of
Kunzia (tea-tree) at Four Mile
Creek.

Contact Don and Trish Pike on 0400
697498 or 6372 2626 for message.

The Say by the Cage Rattler

Over the top correctness. It'd be really interesting if people these days could really speak their minds one way or the other honestly with genuinely felt opinions. Having an opinion on something without being hog-tied by correctness might actually make things better for all. This came to a head recently for me when 'having to' restrain myself from voicing a strong feeling on a widely controversial subject. I knew that I'd be in strife if I said what I really thought, and someone who heard me would accuse me of being all sorts of things. The frustration of not being able to say what I really thought was actually unbearable.

I often think that forced suppression of your feelings is ironic because, it often leads to anger, which could potentially even lead to something stupid or dangerous taking place. Even more ironic if a person needs to consult a counsellor or similar person; they are asked to dish it all out and say their true feelings all of a sudden ...

We all should get it that baseless accusations, opinions based on racist/skin colour or sexual orientation or such is just plain wrong and should never happen, but when your opinions on legal issues, political matters, social justice situations, even job related concerns for some, cannot be expressed openly and honestly, maybe we should be asking has correctness gone just a little too far perhaps?

We've probably heard that the truth hurts, but lying hurts even more . .

It's pretty strange also that via faceless social media, a certain sensible respectful correctness often doesn't apply, and personal attacks take place, even escalating into some pretty dire and tragic outcomes. This is often referred to as keyboard warriors. This then creates a bit of a dilemma I suppose. How far can you take opinions without going too far?

I hope there is a balance in there somewhere. Maybe one day it'll be seen as perfectly fine to leave your race, religion, sexual preference and political preference out of your opinion on something important to you, but be able to make that opinion known without being verbally or even physically ostracised or threatened with being sanctioned for holding that view.

Maybe that view also needs to be based on actual or perceived fact, like I believe my recent incident was. That said, I still felt compelled to shut my gob and suppress that opinion as crabby as it made me feel to do so. I bet many of us have been involved in similar situations. Frustrating isn't it ?

What do you think ?.

CPR COURSES

To be held at Fingal for those who need a pool key and for any other Community Members who need a CPR Certificate



Roxy Cowie from St John Ambulance will be conducting CPR courses:

On: 11th December 2018

At: Fingal Neighbourhood House

Times: 12.45pm — 2.30pm & 5.45pm — 7.30pm

Cost: \$50.00 per person

BOOK NOW:

Phone: 1300 ST JOHN or 63434226/On Line: www.stjohntas.org.au



St John Ambulance Tasmania delivers nationally recognised training in partnership with St John Ambulance Australia Inc RTO 56041

Events

AA

Friday night St Marys Anglican Church
Hall 7:00pm

Wednesday night St Helens Anglican
Church Hall 7:00pm

Phone: TBC

Old Codgers Meeting

Every Friday

St Helens Books and Coffee are offering men over 50 the chance to call in, enjoy a hot cuppa, play some cards/chess or just meet some new blokes. Held from 2-4pm. Cost: \$1 per cuppa.

St Helens Markets

Every Saturday

Held every Saturday in the St Helens town centre from 8am - 1pm. New stall holders welcome, phone 0475 844 481.

The Combined Probus Club of Scamander

*Join us in fellowship, friendship and fun.
meetings held 4th Wednesday of each month*
Guest Speakers Bus trips Visit Local Attractions
Time; 10am

Where: Scamander Beach Hotel

**Contact; Marj Aulich 0473238077 Or
Val Spencer 0437397219**

 Free Wi-Fi 6am-9pm	<p>St Marys Library</p> <p>31 Main Street, St Marys</p> <p>NEW PHONE NUMBER!</p> <p>(03) 6387 5602</p>
<p><u>Opening Hours:</u></p> <p>Mon: 12.30-4pm</p> <p>Tue: 10am-12.45pm</p> <p>Wed: 12.30-4pm</p> <p>Thurs: 10am-12.45pm</p> <p>Fri: 12.30-4pm</p>	<p>Are you available for relief work at the St Marys library? Go to our Relief Register and follow the steps https://www.jobs.tas.gov.au/</p> <p>eLibrary : www.linc.tas.gov.au eBooks, eMagazines and much more!</p>

VOLUNTEERS WANTED

St Marys Tip Shop

Times available:

Tuesdays 10.00 am - 4.00 pm

Wednesdays 10.00am - 4.00 pm

Sundays 2.00pm - 5.00 pm

All proceeds to St Marys Hospital

Contact Marg Osborne 6376 1772

if interested.

Libraries



61 Cecilia Street **St Helens**

31 Main Street **St Marys**

Fingal FVNH

6387 5600

Monday to Friday 10am - 5pm

Sat 10am - 12pm

6387 5602

Mon, Wed & Fri 12.30 - 4pm

Tue & Thurs 10am - 12.45pm

Talbot Street 6374 2344

Mon, Wed & Fri 9am - 3pm

Tue & Thurs 9am - 12pm

A flood resilient future for St Marys community

Break O'Day Council would like your thoughts on a plan for future flood management for St Marys and its community.

Council has prepared a draft St Marys Flood Risk Management Plan to follow on from the St Marys Flood Management project which concluded earlier in this year with a start to some flood mitigation works.

Deputy Mayor John McGiveron says the plan identifies for Council strategies and actions to reduce the risk of flooding in St Marys and to build a more flood resilient community in St Marys.

"Council has been working on some of the flood mitigation priorities recommended by the 2017-2018 St Marys Flood Management project", said Councillor McGiveron.

"Vegetation cover has been reduced along St Marys Rivulet near Groom Street to ease flood flows while not risking the health and stability of the waterway too much. And to reduce inundation of Main Street engineering design and costing is underway for works to lift the deck of The Flat bridge after several alternatives were tested with the flood model from the project.

"The draft flood management plan includes the further priorities identified earlier this year by the St Marys Flood Management project and strategies for the community to be prepared for and cope with the chance of flooding, which will be an on-going challenge for St Marys, he said.

Proposed priorities in the draft plan include a flood warning system, further mitigation works such as a low levee, improving flood preparedness and response and planning to avoid flood risks. Anticipating subsequent progress, flood risks would then need to be reassessed to update the plan and future strategies.

A copy of the draft St Marys Flood Risk Management Plan can be downloaded from Council's website (www.bodc.tas.gov.au/community/community-consultation/) or obtained by contacting or visiting Council's St Helens office. Feedback to Council by email (admin@bodc.tas.gov.au) or to the St Helens office at 32-34 Georges Bay Esp., St Helens 7216. Comments should to be received by Council by Friday 21st December 2018.

The 2017-2018 St Marys Flood Management project used data from three floods in 2016 to build a computer simulation model for floods in the town and involved the community in testing the best options for flood mitigation works. The project was made possible with a funding grant from the Natural Disaster Resilience Grants Program through the SES (State Emergency Services) and the communities input. Residents provided photos from the 2016 floods to help confirm the flood model predicted them accurately. Copies of the project reports and findings are available on Council's website at www.bodc.tas.gov.au/environment/water-management/.



gone rustic
studio + gallery

CELEBRATING 15 YEARS!
1 Oct 2003 - 1 Oct 2018

ethical fashion
art with soul
working studio
exhibitions
workshops

gonerustic.com
gonerustic@gmail.com

GONE RUSTIC STUDIO + GALLERY, ST MARYS - 0417 027 424



St Marys Newsagency

3 Story Street, St Marys.

PH 63722143

Mon – Fri 6.00am – 5.00pm

Sat & Sun 7.00am – 4.00pm



COME IN AND CHECK OUT OUR RANGE OF GIFTS AND TOYS FOR XMAS.

WE HAVE AN EXTENSIVE RANGE OF ROD AND REEL COMBOS FOR THAT FISHERMAN IN THE FAMILY.

OUR HARDWARE RANGE IS CONTINUALLY EXPANDING.

LAYBY AVAILABLE - PICK UP XMAS EVE

CHRISTMAS CARDS AND WRAP

2019 CALENDARS AND DIARIES NOW IN STOCK - DON'T MISS OUT

(THIS BUSINESS IS FOR SALE. ENQUIRIES TO 0419 038 271)

Christmas Shopping Trip
BOOK YOUR SEAT NOW
A trip to Hobart before Christmas arrives!
Saturday 8th December 2018

Bus departing FVNH at 8.30am
Cost: \$10 per person
Call the Office on 6374 2344 to book your seat!

Funded by the Crown through the Department of Communities Tasmania



FINGAL VALLEY NEIGHBOURHOOD HOUSE INC

Contact Number: 63742344

CHRISTMAS LUNCHEON

We invite you to come along and meet new people. Enjoy a delicious cooked meal in a warm and friendly environment.

MENU

Entrée
Blinis with Smoked Salmon

Main
Loin Lamb filled with Chicken
Seasonal Vegetables

Dessert
Fruit Salad Ice-Cream Cake
Cheese Cake

DATE: FRIDAY 14th December, 2018

TIME: 11.30am for 12 noon start

COST: \$15 per person

R.S.V.P. by Friday 7th December

**Strict R.S.V.P. . No
Booking—No Seat
will be available**



The Fingal Valley Neighbourhood House Inc., is Supported by the Crown through the Department of Communities Tasmania



OUT OF THE WOODWORK

WENDY BRENNAN SECRETARY 6372 2094

Lot 1 Esk Highway St Marys

The Woodcraft Guild
would like to wish everyone a
safe and Merry Christmas
and a
Prosperous New Year



Scamander Beach Hotel Motel
1800 725 255 or (03) 6372 5255

Bottleshop, Bar and Bistro
open daily

Meals: Lunch 12-2pm, Dinner 6pm-8pm every day
(Small Serves are also available)

BOTTLE SHOP OPEN DAILY

SOME OF OUR OCTOBER SPECIALS are:

Great Northern Super Crisp	330ml/24 pk	\$46.00
Boags XXX	375ml/24 pk	\$53.00
Tooheys 5 Seed Cider	345ml/24pk	\$44.00
Jack Daniels	330ml/4pk	\$19.00
Beam Cans	375ml/10pk	\$39.00
Jacobs Creek range	750ml each	\$9.00
Royal Swan Barbados Rum	700ml each	\$46.00

EVERY FRIDAY NOON UNTIL 4PM-TRADIES P.O.E.T.S. DAY

This has nothing to do with poetry. Visit and find out more!

158-164 Scamander Ave., Scamander TAS 7215

www.scamanderbeach.com.au



Fingal Valley Neighbourhood
House Inc.

20 Talbot St Fingal

6374 2344 / admin@fvnh.org.au

Facebook Like our page to keep up to date with
what's happening at the house

We are always on the lookout for volunteers,
if you have some time and are interested, call
into the office to find out more.

If you have 4 hours a week to spare we would
love to hear from you, we need help with our
Op Shop.

Contact the FVNH on 6374 2344 or call into
the Office for more information

Office hours are from

9am - 3pm

Monday to Friday.



**AUSTRALIAN
CONSERVATION
FOUNDATION**

Tasmanian Todd Dudley wins Rawlinson conservation award



Grassroots conservationist Todd Dudley has won the 2018 Peter Rawlinson Award in recognition of 20 years of protecting and restoring ecologically-significant landscapes in north-eastern Tasmania's mountains and coast. The honour, which celebrates outstanding voluntary contributions to protecting the environment, was awarded at the Australian Conservation Foundation's (ACF) annual general meeting in Melbourne on the night of Friday, 24 November.

Todd Dudley has campaigned against inappropriate commercial developments in sensitive coastal areas; advised individual landholders, councils and state government on native flora and fauna, weed control and fire management; led the Northeast Bioregional Network, a community conservation group; and brought back bushland to degraded landscapes.

"Over two decades of conservation work, Todd has shared his knowledge and passion for the nature of north-eastern Tasmania and has inspired countless others to join the effort to protect our unique places and wildlife," said ACF's Chief Executive Kelly O'Shanassy. "In the Skyline Tier Ecological Restoration project Todd and a team of 18 locals restored bushland to the hills overlooking Scamander, where forest had been cut down in the 1960s and '70s and turned into a pine plantation. In a huge restoration effort, Todd and his team brought back bio-diverse native forest using seeds that had survived in the ground under the pines."

"Todd is known for his knowledge and his passion, but also for his quiet diplomacy and patience – important qualities for anyone wanting to achieve lasting change," she said.



Todd's referees described his work on the East Coast Conservation Corridor as "visionary and inspirational". The Friends of the Blue Tier praised his work on the Blue Tier Forest Reserve, saying "the pride he has given to unemployed men is incredible, he's changed people's lives. He's unassuming in nature, a quiet achiever and an amazing man."

Established in 1992, the Rawlinson Award is given annually in memory of former ACF Councillor Peter Rawlinson – a zoologist, lecturer in biological science and tireless campaigner for our living world.

Surf Coast Realty

Ph: (03) 6372 5321

Suite 1, 158 Scamander Ave.
Scamander Tas 7215

enquiries@surfcoastrealty.com.au
www.surfcoastrealty.com.au

NEW Listing!

2 Franks Street, St Marys



- ◇ Lovely 1900's cottage with lots of character.
- ◇ Sitting on a large 3212m2 block, with beautiful gardens, enclosed vegie patch, fruit trees, several outbuildings, including a lined and carpeted studio, a seasonal creek and a peaceful bush setting as the back drop.
- ◇ Located only a short walk from the main street of St Marys.

Price: \$249,000

Client Testimonials

"It was a pleasure to meet and deal with Shannon, Nigel and Dane at the Scamander office and we found;

1. Advice on price proved to be accurate.
2. The agency stuck to its advice and worked hard to achieve the sale.
3. No fuss service.
4. We would engage again, no hesitation."

- Nick Gee, 2018

"Dane was very professional & efficient when he marketed our property. He suggested a selling price that met the market due to his expertise in the area. We were happy with his recommendation & he sold our property, at full price, to a mainland buyer due to advertising on the internet within days. We highly recommend him to other sellers on the East Coast as he is concentrating on giving excellent service within his area." - **N & M Poltock 2018**

We have recently SOLD a number of properties in St Marys & Fingal and are currently looking for NEW listings...



220 Irish Town Road
ST MARYS



47-51 Horne Street
FINGAL



6 Hugh Street
ST MARYS



7407 Esk Main Road
ST MARYS



631 Elephant Pass Road
GRAY



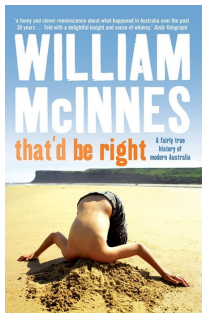
6 Newman Street
ST MARYS



Elephant Pass Road
ST MARYS



Lot 3 Esk Main Road
ST MARYS



Book Review : **That'd be Right**

This month's book was *That'd be Right* by the well known Australian actor, William McInnes (think the ABC's *Sea Change*). This non-fiction book is part memoir, part personal history and part social history of the last 30 or so years in Australia. He begins in December 1975 in the run-up to the election called following the dismissal of Gough Whitlam when McInnes was 12. He attempts to record his impressions of that time through the eyes of his then 12 year old self and he does a good job of trying to recall the naive boy's experience of what was happening in the adult world at that time.

McInnes's major theme throughout the book is the emphasis on sport which is so much a part of Australian culture. He sees it represented strongly in every walk of life, especially politics. He looks at how politicians attempt to win over the public by their perceived enthusiasm for sport and the writer sees how this is often a manufactured interest, for example in the case of Gough Whitlam and Paul Keating, neither of whom had much history of sporting enthusiasm pre Prime Ministership.

The tone of the book is "blokey" and laconic with plenty of adolescent toilet humour. There is a level of cynicism about politics that most Australians share, especially nowadays, and some laugh-out-loud anecdotes. We follow him into his student days when he studied his acting trade in Perth, through to living in Sydney and Melbourne as an actor, but don't expect any inside theatre stories! He seems very disparaging about what actors do, branding it as pretence. In fact this lack of commitment to ideas and ideals and choices is what troubled some readers. The narration seemed disjointed with no strong sense of direction. He was obviously very imprinted by his father's larger than life nature and often uses memories of his father's judgements rather than his own. His father and mother evidently played a large role in his past and maybe their attitudes are reflected in his now. Certainly they had a huge influence in the way he sees the world in this book.

Perhaps we were expecting something that he never set out to achieve but the last paragraph is telling: Some of us don't care, some care too much, most of us go about our lives. That's it.

"Yeah," I said to myself, "that'd be right."

If this is the summation of 319 pages about Australian life then it all seems a massively wasted effort.

By Pam Bretz



FVNH XMAS STOCKING RAFFLE

TV / DVD Combo

Jumbuck 2 x Burner Hooded BBQ

Hand Trolley

3 PCE Cooler Set

2 x Kids Camp Chairs

Kids Waterslide

Hyper Slimmer

Princess Barbie

2 x Kids Sleeping Bag

Monopoly Board Game

Cricket Set

Totem Tennis Set

Toddler Story Board

Basketball

Pomslie Luna Toy



2nd Prize: \$50 voucher (Bunnings)

3rd Prize: Bottle Wine/Box Chocolate

Ticket: \$2ea or 3 for \$5

Tickets available at Fingal Valley Neighbourhood House, IGA Fingal, Fingal Online Access Centre, Fingal Post Office and Mathinna Post Office.

Drawn: Christmas Parade Date: Sunday 23rd December



Lend a hand

We are looking for volunteers

Do you enjoy helping others to learn?

We are looking for volunteers to join our team at St Helens library to help people in our community improve their skills with reading writing and maths.

If you would like more information please enquire here or contact

Polly Fowler, Literacy Coordinator

Ph. 0428 161 057 or email polly.fowler@education.tas.gov.au



"Country for Kids" tour for the Make a Wish Foundation



The "Country for Kids" tour by Showpony Express for the "Make a Wish Foundation" is coming to Tasmania.

Each day, six children and their families find out that their child has a life-threatening illness. A Make-A-Wish wish brings sick kids much needed hope for the future, strength to face the challenge of their illness and joy from their incredible wish experience.

Showpony Express comprises of husband and wife team Ray Pratley and Samantha Bellamy, who are raising awareness and funds for the Make a Wish Foundation, through raffles, donations and the sale of the single "Make a Wish Come True" at their shows.

The award winning Tamworth duo have many years in the Australian Music Industry, and have recorded multiple albums, and been nominated for many awards, including:

- 2018 Winner TSA Country Song of the Year and Contemporary Country Ballard of the Year -
- "Life's About The Little Things"
- Brumby Award winner instrumentalist of the year, 2016, 2017
- Brumby Award Winner, Female Vocalist of The Year 2017
- Finalist Gold Medallion Media Awards 2016, 2017
- Finalist National Collaboration of the Year 2016
- Top 10 placing for two songs in the ASA Song writing competition 2016.

Samantha and Ray have chosen Make-A-Wish because they believe in the organisation and what it stands for. They are appearing at St Helens on:

Friday 7th December: Hillcrest Caravan Park St Helens

Sunday 9th to Wednesday 12th December: Big 4 Caravan Park St Helens

Entry to all shows is free.



FINGAL VALLEY NEIGHBOURHOOD HOUSE INC
Contact Number: 63742344



CHRISTMAS CLOSURE

The Fingal Valley Neighbourhood House Inc.,
will be closed from
Friday 21st December, 2018
and re-open
Monday 21st January, 2019

The Committee and Staff would like to wish you a Happy Christmas and a Safe New Year.

Looking forward to seeing you
all in 2019.



Now Open – Australia Day Award Nominations 2019

The Break O'Day Council Australia Day Awards recognise the achievements of individuals that make a real and positive difference in the community, and help to inspire others.

There are countless community members doing remarkable work every day. The Australian of the Year Awards are an important recognition of those who are making extraordinary contributions in our area.

You can nominate anyone who inspires you, is working towards change or who you believe makes Break O'Day, Tasmania and Australia a better place to live.

The award categories include:

- **Australia Day Citizen of the Year**
- **Australia Day Young Citizen of the Year**

To be eligible, the person you are nominating for Citizen of the Year, must be 27 years or older on or before 26th January 2019.

To be eligible, the person you are nominating for Young Citizen of the Year, must be under 27 years of age, on or before 26th January 2019.

Details and nomination forms are available from the Break O'Day website or offices, and nominations close on 4th January, 2019

The awards will be made on Friday, 25th January, 2019

AUSTRALIA DAY CELEBRATIONS

Australia Day celebrations promise to be a good time next year, with the official Australia Day ceremony being followed by a Twilight Market at the Portland Hall and Memorial Park. Local musicians will also provide entertainment to the public in attendance.

More details in our next issue.

\$2 billion fund to help small businesses thrive

Tasmanian small businesses will soon be able to access more competitive loans from a range of lenders, as part of the Coalition Government's \$2 billion Australian Business Securitisation Fund.

Tasmanian Liberal Senator, Jonno Duniam said the new fund will help Tasmanian businesses continue to grow.

"Small business underpins the Tasmanian economy and getting access to finance is critical for their success."

"Many small business owners find it difficult to obtain finance unless they put up their family home as collateral."

"Even when small businesses can access finance, funding costs are higher than they need to be."

"To overcome this and ensure small businesses in Tasmania are able to grow, the Federal Government's Australian Business Securitisation Fund will invest up to \$2 billion in the securitisation market."

"This will provide significant additional funding to smaller banks and non-bank lenders to on-lend to small businesses on more competitive terms."

"The fund will enable small businesses to be able to fulfil their potential and underpin economic growth and employment." Senator Duniam said.

The Federal Government will also establish an Australian Business Growth Fund to provide longer -term equity funding to small businesses as many find it difficult to attract passive equity investment that enables them to grow without giving up control of their business.

"The Government has introduced a number of measures to support Australian small businesses including our small business tax cuts, the \$20,000 instant asset write-off and cutting nearly \$6 billion of red tape," Senator Duniam said.

With more than three million small businesses employing around seven million Australians, enhancing small business access to funding is part of the Liberal National Government's plan for a stronger economy.

THE OLD TASMANIAN HOTEL
COMMUNITY CENTRE

Proudly serving
the East Coast and
Valley community!



Brian Mitchell MP
Your Federal Member for Lyons



Contact Brian:
6398 1115 (Perth office)
brian.mitchell.mp@aph.gov.au

Labor  **REBUILD OUR REGIONS**

Authorised by Brian Mitchell MP 53B Main Road Perth



Member of the Australian Cement Group

Energy for Tasmania since 1886
from the coal rich Fingal Valley

Reliability

Quality

Consistency

The Cornwall Coal Company NL

Esk Highway

Fingal TAS 7214

Phone: 6374 0444

Fax: 6374 2342

HAYSHED CAFÉ

COFFEE SHOP HOURS

Monday to Friday...8 am to 3pm
Closed weekends

Toby's Estate Coffee

Fresh Rolls and Sandwiches
made to order

Lasagne, Pasta Bakes,
Cakes Slices, Quiches

31 Talbot Street, Fingal Phone:
6374 2171
Fax: 6374 2393

*Anglican service times -
contact 6376 1144*

St Helens

St Paul's in St Helens 9.30am every Sun-
day

58 Cecilia Street, St Helens

On 5th Sundays Combined service with
Uniting Church & Christian Fellowship

St Marys

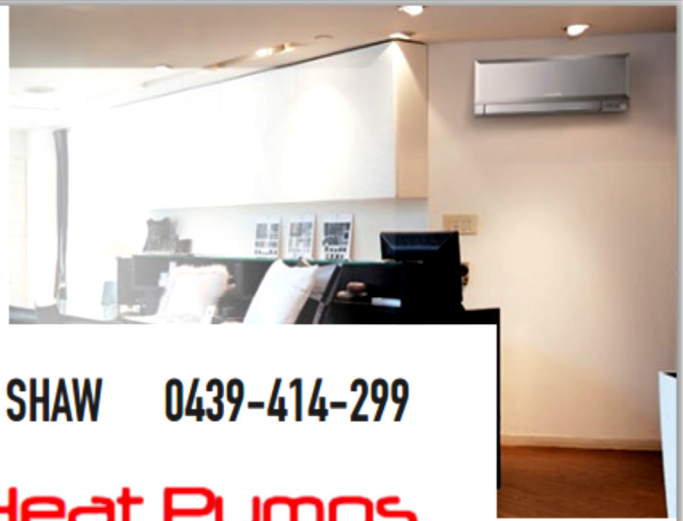
Holy Trinity in St Marys 9.30am cuppa,
10.00am every Sunday

13 Main Street, St Marys

Pyengana

St Michael & All Angels Pyenga-
na 7.30pm 4th Saturdays only

28007 Tasman Highway, Pyengana



NICK SHAW 0439-414-299

**Coastal Heat Pumps
& Solar**

Lic no. L076081
Lic no. A4155228

Specialising in both Domestic and Commercial projects
Tax deductible for business
Tier 1 supplier, for the best quality solar systems
1 kW - 100 kW systems available
Call us today for a **FREE SOLAR QUOTE**
Already have a quote?
WE'LL BEAT IT BY 5%

Install one of our leading brands of
Heat Pumps today and stay **WARM** this **WINTER**
while still staying **COOL** in **SUMMER**.
-Floor mounted-
-Wall mounted-
-Fully Ducted systems
-up to 18kW



St. Helens Electrical

Domestic, Commercial, Industrial

New houses, wiring and repairs
Underground mains supply

Lighting Specialist

Interior and Exterior
Advice, sales, and installation

Heat Pump/Heater Installations

Supply and install all brands
Floor, Wall, Ducted
Advice on all home heating

Solar Installation

Domestic and business
1kW to 100kW

Call for a free quote

Rod Shaw 0407-615-072

Nick Shaw 0439-414-299

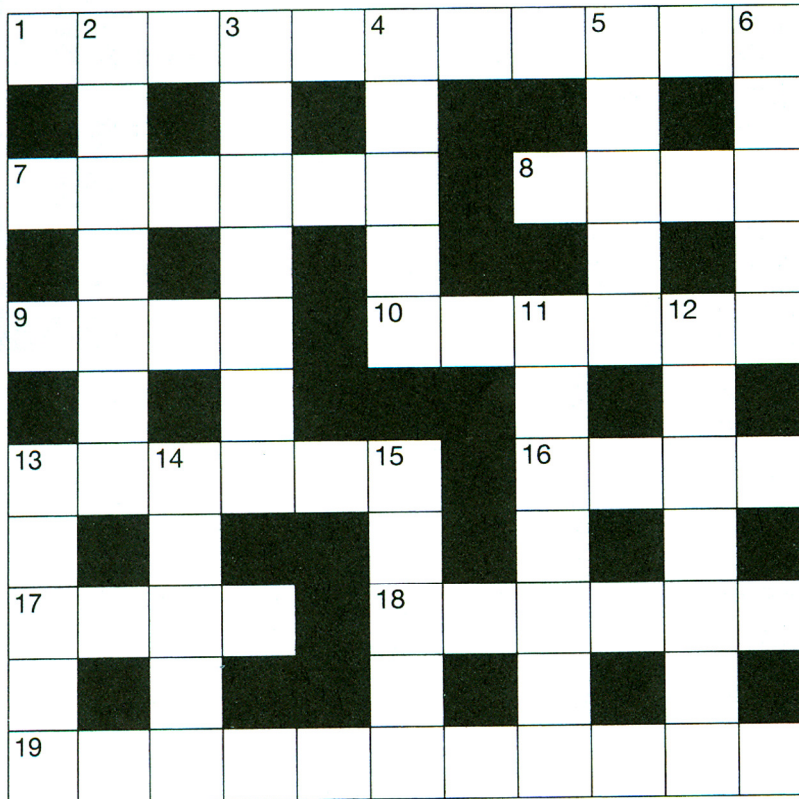
24798 Tasman Highway
St. Helens, Tas. 7216

Email:
sth.electrical@gmail.com



Electrical Contractors
Servicing the East Coast from Pyengana down Coles Bay
and through the Fingal Valley
Lic: 933671

Crossword



Across

- 1 Makes up (11)
- 7 Savage (6)
- 8 Working (4)
- 9 Futile (4)
- 10 Resolve (6)
- 13 Not dead (6)
- 16 Engrave (4)
- 17 Movable barrier (4)
- 18 Buddy (6)
- 19 Lacking warmth and affection (4-7)

Down

- 2 Paper-folding art (7)
- 3 Stringed Indian instrument (7)
- 4 Units (5)
- 5 Faith (5)
- 6 Flair (5)
- 11 Even more minuscule (7)
- 12 Grant permission (7)
- 13 Reasoning (5)
- 14 Critical (5)
- 15 Blunder (5)

All Weed Solutions

ABN 605 6549 5606

Chemical Spraying Specialists

Boom Spray Spot Spray Cut & Paste

Certified, Licensed & Experienced

Fully Insured

ANY WEED, ANYWHERE!!!

for a free quote, phone:

Maurice 0438 081 473

Email: allweedsolutions@bigpond.com



St John's Wort
Ragwort

Dandelion

Broadleaf

Dockweed

Boneset

Hawthorn

Thistles

Cumbungi

Bracken Fern
Willow Trees

Blackberry

Capeweed

Holly

Ivy

ANY WEED, ANY WHERE!!!

Fennel

Briar Rose

Oxalis

Gorse

Broom

Patterson's Curse
Flat Weeds
Salsify

Stinging Nettle
Erica
Boxthorn

Onion Weed
Spanish Heath

Pampas Grass
Wild Raddish
Serrated Tussock

St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215
6387 5555

What's on at the Centre

December 6	2nd Bite Delivery Physiotherapist – Patrea Zacher for appointments please see your GP or Health Professional for a referral. Social Worker Shan Williams for appointments please phone 6387 5555 Eyelines - For appointments please phone 1300 139 363. All consults are Bulk Billed to Medicare.
December 7	Social Worker Shan Williams Call 6387 5555 for appointments.
December 10	Physiotherapist – Patrea Zacher for appointments please see your GP or Health Professional for a referral. Psychologist - Terece Moore. Please see your GP for a referral.
December 11	Anglicare – Mark 11:00am-12:00pm Psychologist - Terece Moore. Please see your GP for a referral. Podiatry North - For appointments please phone 6336 5155
December 12	Social Worker - Shan Williams For appointments phone 6387 5555 Day Centre - call Hayley Gilbert on 6387 5555 for information on the group.
December 13	2nd Bite Delivery Social Worker Shan Williams Call 6387 5555 for appointments.
December 14	Social Worker - Shan Williams For appointments phone 6387 5555. Psychologist - Terece Moore. Please see your GP for a referral.
December 17	TLC Meeting (Tasmanian Lymphoedema Centre) 5:00pm in the Day Room. Physiotherapist – Patrea Zacher for appointments please see your GP or Health Professional for a referral.

December 18	Physiotherapist – Patrea Zacher for appointments please see your GP or Health Professional for a referral. Child Health Session with Mary Mumford Tuesday fortnights, by appointment only. Phone 0428 136 381
December 19	Day Centre - call Hayley Gilbert on 6387 5555 for information on the group.
December 20	2nd Bite Delivery Social Worker - Shan Williams For appointments phone 6387 5555 Physiotherapist – Patrea Zacher for appointments please see your GP or Health professional for a referral.
December 21	Social Worker Shan Williams Call 6387 5555 for appointments.

SMCHC Teaching Site

We are a UTAS teaching site

We regularly host students from various health faculties, who attend our site to participate in training placement.

If you are attending this practice and would prefer the students do not sit in on your consultation, please inform reception prior to your appointment. These placements are very important for the students, so your cooperation is greatly appreciated.

Are your details up to date?

Do you have a new address / phone number?
Do you have a new Centrelink / Medicare card?
Have you updated these details with us?

Sometimes we need to contact you, or pass your details on to other health professionals.

You may also be charged for some medical services if your Centrelink / Medicare cards are not current

If **any** of your details have changed, please contact us on 6387 5555 or call in and see our friendly reception staff for assistance

St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215
6387 5555

GP Surgery Hours

Monday - Friday
8:50 - 10am
(10 -10:30am reception closed)
10:30am - 12.30pm
(1:00 - 1:30pm reception closed)
1:30 - 3:00pm
(3:00 - 3:30pm Reception closed)
3:00 - 4:30pm

Pathology Service– Bloods

There is no pathology service prior to 8.30am. If you require pathology prior to 8.30am, i.e. urgent blood test and/ or a fasting test an appointment must be made at the Nurses' Station the day / evening before on: 6387 5555

Hours of Pathology are: Monday-Friday

8:30am-11:00am & 2:00pm-4:00pm

Scripts and Doctors Appointments

Please ensure doctors appointments are booked **PRIOR** to your medications running out, or **IN ADVANCE** if you attend this practice regularly.

Please be patient

Waiting periods to see your doctor may be experienced. We are not able to issue scripts during the weekends, please ensure you have enough in advance. **Please be aware we are not able to issue scripts by phone**

Non Attendance of

Doctor's Appointments

Please be aware there is a **non attendance policy** at this Practice.

If you miss 3 appointments you will be sent an account. If you miss a 4th appointment you may be referred to another Medical Practice.

Due to demand non-urgent doctor's appointments need to be booked at least **2 weeks in advance**.
Waiting periods can apply.

INR tests require a 5 minute doctors consultation.
Please inform reception when booking

Doctors Roster

Dr C. Latt

17/12/18– 21/12/18

Dr Oxlee

10/12/18– 14/12/18

Dr K. Rawnsley

7/12, 11/12, 14/12, 18/12 & 21/12/18

IN A EMERGENCY

PHONE 000

AMBULANCE, FIRE & POLICE

WAITING AREA AT THE HEALTH CENTRE

The waiting area for **all** services at the St Mary Community Health Centre is in the reception. Please report to reception upon arrival and the consultant you are here to see will be told and they will come and collect you from this area.

St Marys General Practice reminder

Dr Latt wished to remind the community of the following exceptions to bulk billing at the St Marys Community Health Centre

- ♦ Driving licence renewals
- ♦ Insurance medicals
- ♦ Requested medical reports
- ♦ Harness medicals
- ♦ Pre-employment checks

The above are NOT covered by Medicare, and may incur cost. Please discuss this with reception when making your appointment. If you have any concerns, please contact us and we will try and address them

A.H. contact numbers

GP Assist	1300 780 011
Ambulance or Emergency	1800 008 008 000
Lifeline - Saving lives, crisis support and suicide prevention	131 114
St Marys Community Health Centre - please ring before presenting after hours	6387 5555
Mental Health Helpline	1800 332 388



**SENATOR
JONATHON DUNIAM**
LIBERAL SENATOR FOR **TASMANIA**

*May your Christmas be
filled with joy and the New
Year bring peace, happiness
and prosperity*



Ground Floor, 85 Macquarie Street,
Hobart TAS 7000
03 6231 2444
senator.duniam@aph.gov.au
SenatorDuniam

Authorised by Senator Jonathon Duniam, Liberal Party of Australia, Ground Floor, 85 Macquarie Street, Hobart TAS 7000.

St Marys Bakery

Ph: 6372 2490

**Fresh bread, rolls &
buns, pies,
pasties,
cakes, hot
food, coffee,
cold drinks,
ice cream**



OPEN 7 DAYS A WEEK

52 Main Street St Marys

Bingo



Cornwall Hall

Mondays

Eyes Down at 7 pm

**Great social event and help
raise money for the
community.**

St Marys PHARMACY

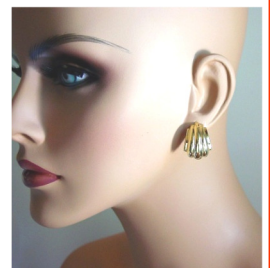
Main Street St Marys

Ph 6372 2844

Kodak prints from 45¢

Ear piercing \$27

includes earrings
and solution with
qualified staff Bec,
Sally and Maddy.



Pharmacist in store

Monday to Friday



MAYFIELD MANOR

B&B

18 Talbot street Fingal

A Comfortable Country stay

In lovely surroundings.

Relax in our garden.

Your Hosts Tom & Coral
Brady. For Bookings

Phone 03-6374 -2285

Or 0427266948

Harris Funerals

St Helens, Bicheno & Fingal Valley

We are here when you need us.

*Burial or cremation, traditional or
unique funeral services available.*

Office & Chapel:

46 Tully Street St Helens

6376 1153 ~ 0418 133 420

tamara@harrisfunerals.com.au

Member of the

Australian Funeral Directors Association



Family owned since 1972

CALTEX ST MARYS

Mechanical repairs and
all routine servicing.

Batteries, tyres (including white walls).

Old school V8s and 6s loved
and nurtured, even Holdens!

• FUEL AVAILABLE 24 HOURS •

41 Main Street. Ph: 6372 2335

caltexstmarys@bigpond.com



On par

News from Malahide Golf Club
Mangana Rd, Fingal

Coming Events

Malarooma shield this Sunday, 9th Dec 11am
Fridays Chicken Run, Tee off 1pm

Club contact 0427 854 555
Andrew Johns (Captain)

Results		
Chicken Run – Friday 30 th Nov		
1 st	A Johns (26.5)	
2 nd ==	A Lohrey (29.5)	
3 rd	J Rankin (30)	
Nearest	4 th Hole	8 th Hole
Monthly Medal (Stroke) Saturday 1 st		
1 st	DB Lowe 84/66	
2 nd	A Lohrey 91/73	
3 rd	A Stone 92/74	
Nearest	4 th Hole	8 th Hole

A DAY ON THE GREEN

Over 60 people of all ages enjoyed hearing Dave Hawkins play at the “A Day On The Green” concert on Saturday, 24th November. Wet weather forced it to be held inside the Malahide Golf Club rooms, but it didn’t dampen the event, as Dave Hawkins performed covers of songs by a variety of artists, including Dire Straits, Keith Urban, Bruce Springsteen, Credence Clearwater Revival and Bryan Adams.

“He made his guitar talk”, commented audience member Fiona Ward. “We really enjoyed the whole event, in spite of the weather, and lots of people were up and dancing.”

A barbeque provided by Fingal Festival committee made sure everyone was well fed, and ice creams and lollies were available for the children.

Dave Hawkins will return to play at the Fingal Festival in March next year.



Hilly's IGA St Marys

Open 7 days a week



'think Hilly's, think convenience'

Pizzas made wholly in house,
ready to cook.

Large range of salads
made fresh in-store.

Succulent BBQ Chickens
cooked to perfection.

Cookies fried chicken
and hot chips available 7 days.



Hilly's IGA St Marys and St Helens

'we stand for fresh'

KHAYA GALLERY



oils - watercolours -
pen and ink - sketches - etchings
photography
ceramics
sculpture - tribal carvings
jewellery
hand made soaps

27 Talbot Street, Fingal

East Coast Vet Clinic

67 Quail St 6376 1577
St Helens

Can you help
us to help
vulnerable
families with
pets in our
community
have a
brighter
Christmas?



Savanna's

2018

Christmas Appeal

Our 6th
year!

The Bank Tearooms St Marys, are kindly accepting any donations you would like to make.

CLASSIFIEDS

TREE TRIMMING AND REMOVAL

ALSO FIREWOOD

DANNY FRANKLIN

0417385935.

—

Floor Mats—made from recycled plastic

Practical—Indoor/outdoor—Mould free -

Hose wash—Contemporary—Casual -

Looks like straw mat—Bright colours -

**Indigenous and other designs - Durable &
Portable**

**Hard wearing indoor or roll / fold up for
camping or picnics.**

Priced from \$40

Phone 0474 767861 -Scamander

—

GARAGE SALE

Saturday December 8th

5 Talbot St

Fingal

8.30m — 3.00pm

PAIN? LACK OF ENERGY?

ALLERGIES?

I can help with this and more using

Kinesiology, Reset, Reiki and

Access Barsâ

Bicheno; Mondays, Fingal; Tuesdays,

St Marys; Thursdays

Ph Bree on 0450068328

—

Moo Poo See Normie

63722380

—

Work Wanted!

I am qualified and experienced Landscape

Gardener. I have a Certificate III in

**Horticulture and am available to work in the
area.**

For more information call Mark on

0457 754 228

—

HUGE GARAGE SALE & SHED CLEANOUT 16a THOMASTREET, CORNWALL

From sale of cartage business

SATURDAY 8TH AND SUNDAY 9TH DECEMBER

9 AM START ph (03) 6372 2107

Fordson Major tractor—\$800; new Road Ranger 13 speed gearbox—\$3000; complete York home gym—\$350; ATV tow behind-mower \$450; walk-behind self-propelled slasher—\$300; ATV 4 x 2 Yamaha Kodiak bike— \$200; custom-made alloy roof rack for 80 series Landcruiser—\$450; 12ft alloy boat and trailer—\$800; 14 ft alloy boat and trailer—\$700; fiberglass 16ft Pride tri wing hull (tri wing) and 150hp Black Max Mercury—\$1200; fiberglass 25ft Caribbean Corsair and Ford F250 7.3ltr diesel 4 x 4 tow vehicle and tri-axle trailer—\$65000; lots of mag wheels trims and tyres some new; old school mags, suit Torana; generator—\$300; chain saws; fishing gear and lures; electric winches—\$200 and \$500; tools; boat propellers (20), various- \$50 each; cray pot—\$70; Volvo stern drive leg, good condition—\$1500; old cupboards and small tables' cane items; Bentwood chair; 5 room tent—\$300; camping gear; old 4 inch VW-powered water pump; lots and lots of items, full list on Gumtree. **GARAGE SALES NEXT WEEK COME AND HAVE A LOOK. DON'T MISS THIS ONE**

C & D EXCAVATIONS

For all your earthmoving requirements

- Road gravel.
- Top soil, screened topsoil.
- Sand and rocks.
- On sight screener 20mm - 75mm.
- 20 tonne excavators with tilt bucket, ripper, rock and log grabber and quick hitch.
- D65 Komatsu dozer with ripper and tilt blade.
- 10 yard tipper.
- Compaction roller.
- Wheel loader.

Dams, roads, firebreaks, land clearing, house sites, drainage, bridge construction and much, much more ...



LOCAL OWNER/OPERATOR WITH
OVER 25 YEARS EXPERIENCE

Call Dana or Craig: 6372 2033/0439 722 032

CLEAN CRACK LAUNDROMAT



**Coin Operated
Washers and
Dryers**

Open 7 Days

32 Main St

St Marys

**OPENING HOURS,
APPROXIMATELY
SAME AS COACH
HOUSE RESTAURANT**

East Coast Vet Clinic

Dr Jeff Parsons regularly visits
the Fingal Valley



for all your veterinary needs.
*For appointments, please call the
St Helens clinic on 6376 1577*



Happy Birthday LJ Hooker!

A property appraisal with LJ Hooker St Helens is a great way to find out what the market is doing and making a decision to sell or stay based on current property prices is always a smart move

Get the value of our experience with a free market update before November 30th and you'll go into the draw to **win 1 of 9 luxury holidays** for two to iconic Australian destinations (valued at \$10,000*)

☎ 03 6376 2300

Kate: 0419 683 904

✉ kwalsch.sthelens@ljh.com.au

FOR SALE

<p>39 Main Street St Marys 3 1 2 🚗 \$228,000</p> 	<p>4 The Flat St Marys 3 1 4 🚗 \$210,000</p> 	<p>Lot 1 Gardiners Creek Road St Marys Land 37.45 ha \$95,000</p> 	<p>96 Scamander Avenue Scamander Land 1035 sqm \$95,000</p> 
<p>1 Pelican Court Scamander 3 2 2 🚗 \$429,000 - \$449,000</p> 	<p>23239 Tasman Highway Scamander 3 2 1 🚗 \$348,500</p> 	<p>Lot 2 - 24798 Tasman Highway St Helens Land 50 acres \$250,000</p> 	<p>50 New Street Falmouth 3 1 Land 1960 sqm O/O \$650,000</p> 



How do you contact us?

Email: admin@hub4health.org.au

Web: www.hub4health.org.au

Facebook: Hub4Health

Our Aim:

To support and facilitate health and wellbeing programs to rural and remote communities within the Break O'Day Municipality and beyond.

Active4Life Gym Update



St Marys Active4Life Gym Membership.

Thank you to everyone who has supported or attended programs in 2018. We have over 100 members (more than 70 households) who are now active gym members. If you are interested in joining in 2019 then membership is easy to apply for and the low fees will be used to support the ongoing operation of the community gym and ensure it is sustainable over the long term.

The induction sessions for new members are every

Tuesdays 1.30-2pm with Jason

No booking required

There will be no keys issued or renewed between 21st December and 22nd January due to staff leave.

Membership fees will remain the same for 2019—with a 3, 6 or 12 month option plus non refundable key purchase \$20.

No St Marys Active4Life Gym on the **25th Dec or 1st January**.

Please contact other facilitators directly for summer program sessions



Hub4Health Board of Management and Staff wish everyone in Break O'Day a Happy Holiday Season and hope it is a safe and relaxing summer for all.

Our St Helens office will be closed from the 21st December until the 8th January 2019.

Please contact your local service provider directly for information on hours of operation over the holiday period.

C & D's IGA X-press

38 Main St, St Marys, PH 63722240

Daylight Saving Trading Hours

Mon-Thurs 7.30 am - 6.30 pm

Fri 7.30 am - 7.00 pm

Sat 7.30 am - 6.30 pm

Sun 8.00 am - 6.00 pm



SHOP HERE FOR YOUR CHANCE TO WIN: PROUD SPONSOR OF THE LUCKY \$5 NOTE

Specials Available 5-11 December 2018

Southern Heritage leg ham \$6.49 per kg
 30 block Coke varieties \$18.99
 Fountain 2lt Tomato Sauce \$2.99
 Milo 450 g \$5.99
 ½ price: Arnotts Assorted Creams \$2.87
 Cadbury Favourites 320g box \$5.99
 Herbal Essence Shampoo & Conditioner 300ml bottle \$2.77
 Cadbury Share Pack \$3.99
 Cadbury Stockings \$5.99
 Manager's Special: Cotton Balls \$1.99 & Cotton Rounds \$2.49

Specials Available 12—18 December 2018

Duck River Soft Butter 500g \$3.99
 Vita Cee Fruit Juices 2lt \$3.99
 Mission Corn Chips \$1.99
 Mc Cains Super Fries \$2.99
 Dolmio Pasta Sauces 500g \$2.49
 Southern Heritage Leg Ham \$6.49 per kg

Soda stream maker \$70.00, free 750 ml bottle of Bickfords syrup with every purchase

Taking orders for hams, turkey, chickens, seafoods & roasts

Great stocking fillers available.

Go in the draw to win a hamper of groceries with every purchase, drawn Christmas Eve

Seniors Card discount day every Wednesday.

**The Valley and East Coast Voice
is available at the following outlets:**

Avoca Post Office	Hilly's IGA St Marys
Avoca Store	Hayshed Fingal
Coach House Restaurant	Mathinna Post Office
St Marys	Scamander S/market
The Farm Shed, Bicheno	St Marys IGA
Hilly's IGA St Helens	St Marys Newsagency
Fingal Post Office	St Helens Newsagency

Printed and published by
 Fingal Valley Neighbourhood
 House Inc
 PO Box 322
 Fingal Tasmania 7214

