



THE VALLEY AND EAST COAST VOICE

Established 1968

Edition 51.13 1st August 2019

Deadline for 51.14 is at 5.00 pm on Monday 12 August 2019

LIFE-SAVING EQUIPMENT COMES TO FINGAL

The Fingal Valley Neighbourhood House recently had a defibrillator unit mounted on the front wall. The unit was from received from Ambulance Tasmania, after a successful grant application process through the Community Defibrillator Fund of Ambulance Tasmania.

Used in combination with CPR, defibrillator units have saved lives, and have become more available, as more places realise how important it is to have first-aid equipment available for use in an emergency. The use of defibrillators are now part of the training in CPR, and are easy and safe to use, both for the operator and the patient. When being used, they give clear instructions on how to apply and activate, but will not activate if the machine senses that it is not needed. It is accessible by police and paramedics and the community, through direction and has the potential to save lives.

As noted below, an information session will be held tonight, led by Roxie Cowie, however, there will be others at times to be determined. Call into the Neighbourhood House, and register your interest in attending an information session in the future.

WE ENCOURAGE ALL LOCAL RESIDENTS TO ATTEND TONIGHT!

DEFIB UNIT INFORMATION SESSION

Come and join us for an information session about the Defib Unit that is located at the Fingal Valley Neighbourhood House.

Roxy from St John Ambulance will be in attendance to give a demonstration and to answer any questions that you may have.

**Thursday 1st August 2019 at 6pm
at Fingal Valley Neighbourhood House.**



Fingal Valley Neighbourhood House Inc is supported by The Crown through the Department of Communities Tasmania.



The new defibrillator unit, mounted on the front wall of the Fingal Valley Neighbourhood House building, on the main street of Fingal.

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Advertising rates for all community groups
 Regular articles i.e. news of current activities/events and general information will, at the discretion of the Editor, be carried free of charge. Community group announcements up to 5 lines or business card size are free, anything larger will be charged at 50% of current rates. The decision regarding whether or not an article attracts advertising fees is the Editor's. Groups will be advised of any cost before going to print.
 Private community announcements/private classifieds are free for one issue.
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 03 6374 2344
 PO Box 322 Fingal Tasmania 7214

24HR EMERGENCY CONTACTS

Abuse & Assault Services	1800 737 732
Ambulance, Fire & Police	000
Crime stoppers	1800 333 000
Digital Mobile Phone Emergency Service	112
Poisons Information	13 1126
SES Flood & Storm emergencies	13 2500
TasNetworks	13 2004
TasWater	13 6992

Opinions in any letters published are not necessarily those of the Editor and committee, or volunteer staff.
 Our pages remain open to fair and honest criticism so that, on all questions, both sides may be presented, but any submissions containing personal attacks/libel/slander will not be accepted.
 Kindly do not attack the editor, the paper or the authors of previous articles.
 All articles for submission must bear the author's name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only. Letter writers will be given the chance to respond over a suitable period of time.
 Subjects may be closed at the editor's discretion. Please make sure of your facts Do not write submissions just to let off steam.
 Articles most commonly published are those relating to current community issues.
 Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.
 The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary.
 All letters/emails must include your full name, address and contact phone number.
 The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines. All information is correct at time of printing. Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.



St Marys Roster Ph: 0437 397 219

August 1	Manfred Jogis
2	Lynne Fitzgerald
5	Valmai Spencer
6	Pam Bretz
7	Freya Wynter
8	Valmai Spencer
9	Karl Balzar
12	Valmai Spencer
13	Pam Bretz
14	Manfred Jogis

EATING WITH FRIENDS

CHRISTMAS IN JULY

As Fingal shivered its way through a cold winter's day, the guests who attended the Fingal Valley Neighbourhood House on Wednesday, 24th July, were warmed by the wood fire and the good cheer, as they celebrated "Christmas in July". With the smell of roast turkey wafting around, the guests made their way into the room decorated by Donna Brittain, who also set the tables with holly and tinsel, with a cracker at each place.

Fingal Valley Neighbourhood House Manager, Gary Barnes, welcomed the guests, and set the celebrations in motion.

Ham, roast turkey, roast potatoes, peas, pumpkin and carrot, with gravy and cranberry sauce were served as the main course, with plum pudding and summer pudding, with sherry sauce or whipped cream being offered as dessert.

Fruit juice and water was offered to drink, and tea and coffee finished the meal.

Guests came from Mathinna, St Marys and Fingal, and included a number of clients of Integrated Living, who enjoyed the day very much.

"Coming into the room, it looked lovely and welcoming. The meal was delicious and the service was friendly and relaxed, which added to the atmosphere. Altogether, a really special lunch," Marilyn Statham told the Valley Voice. "And the best part about coming to Eating With Friends is that you can meet new people, and make friends with them," she added.

About 80 guests enjoyed the event, with lucky door prizes being won by Tom Brady, Raylee Hayes, Wayne Vurieux, Marilyn Statham, John Hayes, Coral Brady, Robyn Peterson and Rita Vurieux. The prizes were a bottle of wine, donated by Michelle Barnes, or a box of chocolates.

A big "thank you" to Ann Blythe, Angela Webb, Michelle Barnes and Liz Hartley, who cooked and served the delicious meal.



Tasmania's Electric Vehicle recharge network is growing!

St Helens is set to join the electric car recharge network, with the recent awarding of a grant to install and maintain a high-speed electric car recharge unit.

With low-cost, reliable electricity available in most of the state, Tasmania’s image as clean and green is further enhanced by the primary use of hydro-electricity, a renewable form of power, which uses a natural asset to reduce the state’s carbon footprint.

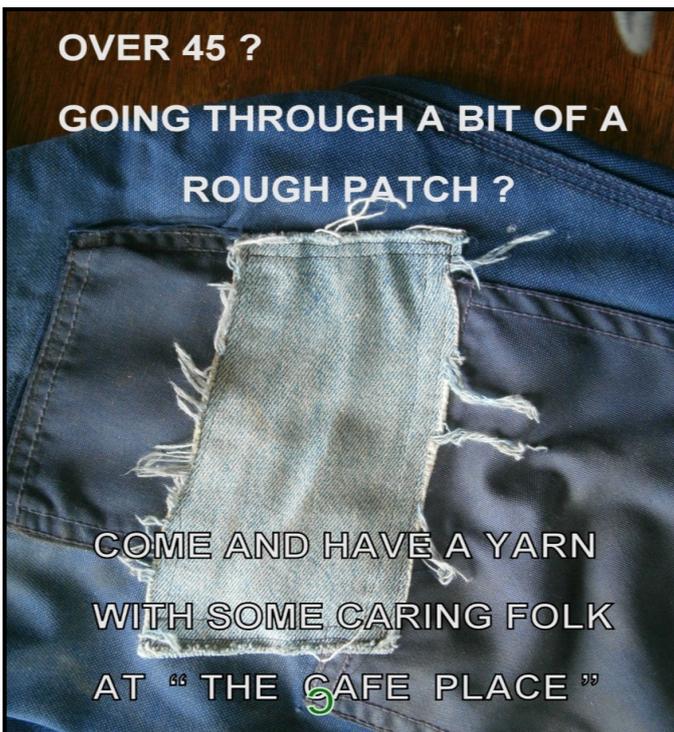
A total of 14 new charging stations will be installed at 12 locations throughout the state, enabling motorists to travel the state with greatly reduced green-house emissions, and at lower cost. The charging stations will be supplemented by charging stations at businesses, carparks and tourist sites, some being ultra-fast charging stations, which take just minutes to recharge, meaning less time spent “refuelling” the car, and more time enjoying Tasmania’s great tourist sites.

The Government has invested \$500,000.00 so far, and expects that the charging network will stimulate over 2.5 million dollars spent on these facilities throughout the state.

Through the Government’s *Electric Vehicle ChargeSmart Grants – Fast Charging* program we are empowering more Tasmanians to take up electric vehicle ownership and reduce their carbon footprint.

For more information on electric vehicle charging locations, visit: www.climatechange.tas.gov.au

Information supplied by Peter Gutwein, Minister for Environment, Parks and Heritage



**OVER 45 ?
GOING THROUGH A BIT OF A
ROUGH PATCH ?**

**COME AND HAVE A YARN
WITH SOME CARING FOLK
AT “ THE SAFE PLACE ”**

**We’re going to be at
Fingal Neighbourhood House
On Monday 12th August
From 10am to 3pm**

This mobile coffee and talk ‘outreach’ is part of a much larger Australian Government funded trial program to help local communities reduce suicide.

It’s a safe place to talk.

We have a network of local assistance for those in need or alternatively if you would like to know more about the trial please contact:

Trial Site Coordinator on
6376 1134 or 0474 139 935
Or email: trialsite@sthelensnhh.org.au

*Supported by Primary Health Tasmania
under the Australian Government’s
Primary Health Network*



During the Strategic Plan Community Conversation Sessions, we said we would come back and visit each township so we could work with communities' on their vision for the area.

Community feedback from Scamander residents during development of the Strategic Plan will be a starting point for discussions.

What: Scamander Community Drop-In Session

Where: Scamander Sports Complex

When: Wednesday 7 August, 2019, 3pm - 6pm



Break O'Day
COUNCIL

www.bodc.tas.gov.au

6376 7900

32-34 Georges Bay Esplanade, St Helens

admin@bodc.tas.gov.au

The Say by the Cage Rattler

Does anyone remember some of the things you used to get up to as kids, and some of the fads and fashions? I do!

A couple of weeks ago, some of us were talking about those very things. I can honestly remember these.... marbles, oh marbles. I remember spending hours making a marble bag, complete with a draw string to hold my cats' eyes, tombolas, rainbows and such, and much pride was had if you came home with more marbles in your bag than you went with. Occasionally a restocking was required if a bit of poor form meant you lost a few too many. I can remember the plastic bags in the newsagency hanging on the rack, and having to fork out a small amount for the weapons of choice. Some of the marbles for the 'pro's.-(I certainly wasn't one of them)-were used to have a go at birds via the ubiquitous home made shanghai too. Even the odd street light was fair game for those with plenty of 'dubs' to spare. Little buggers we were! While the boys plied their trade at the marble ring , the girls would be hop scotching and such, or rope skipping. Pretty good at it they were too.



Then there were the regular Coca Cola or Fanta yo-yo crazes that took place. Everyone had a bike, some had the Dragster bike with a T-Bar gear shift and sissy bar, others had scooters, others still had skateboards and roller skates, and how many of us recall scrounging for wheels, apple crates, rope and stuff to make their own version of the billy cart, to try and see how fast you could try and knock your block off on the steepest hill. Who cared if the odd car driver was scared out of their wits on the Cheese Factory hill or similar, as an out of control kid in a billy cart came at them ?Memories ...



99/4/83



Home made cricket bats, or the pride and joy bought for Christmas; one and all in, even mums sometimes, playing cricket matches on a summer night after tea in the back clearing, then the broken windows with an errant footy, kites tangled in the power lines, hunting the golf course for lost balls, making huts, catching the big flying grasshoppers for trout bait, cracker and bonfire night, rabbit shooting, catching pretty nice trout and some, even the odd dead line for eels wasn't unusual. No phones, no computers, making a lot of stuff to play with was just how it was.

Then how about some of these treats....milkshakes at the shop, Abbotts fizzy cordial, Daffodil or Colvan Chips, ice cream in a cone, a brown bag full to the top of mixed toffees for 20 cents, gob stoppers, licorice 'smokes', big tens, Cream-betweenes and Eskimo Pies and all sorts of similar stuff.



I often laugh about the fuss we make of kids today, and how naughty they seem to be, but when you remember back, we were little ratbags too, and we were pretty inventive into the bargain. Kids are kids and kids will always be kids. The only difference is how they go about amusing themselves. Human nature.

How's your memories of some of the stuff you got up to many moons ago? I'd love to read a few replies on memories of being a kid. It only happens once in your life .

What do you think ?



Events

Old Codgers Meeting

St Helens Books and Coffee are offering men over 50 the chance to call in, enjoy a hot cuppa, play some cards, chess or just meet some new blokes. Held from 2-4pm. Cost: \$1.00 per cuppa.

AA

Wednesday night, Anglican Church Hall, Cecilia Street, St Helens @ 7.00 p m,
Friday night, Anglican Church Hall, Main Road St Marys @ 7.00 p m

St Marys Monthly Market

9.00 am - 1.00 pm, first Saturday of every month at St Marys Town Hall. Local handmade crafts, fresh produce and preloved bargains.
Ph Megan, 0418 881 315.

St Helens Markets

Held every Saturday in the St Helens town centre from 8.00 am - 1.00 pm. New stall holders welcome, phone 0475 844 481.

The Combined Probus Club of Scamander

Join us in fellowship, friendship and fun. Meetings held 4th Wednesday of each month. Guest Speakers.
Bus trips. Visit local attractions.
Time: 10.00 am. Where: Scamander Beach Hotel
Contact: Marj Aulich 0473 238 077
or Val Spencer 0437 397 219

Eastcoast RC Flyers

Remote control flying every Sunday at 145 Reids Road Priory (St Helens), from 9.00 a m. Visitors welcome. Phone Paul on 6372 2529

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Console games

You can now borrow games for PlayStation 4 and Xbox One.

Find out more at your local library.



Libraries

Fingal Fingal Valley Neighbourhood House, Talbot Street Ph 6374 2344

Mon, Wed & Fri 9am - 3pm Tue & Thurs 9am - 12pm
Adult's and children's books, magazines, DVDs.



Free Wi-Fi

St Marys Library

31 Main Street, St Marys
(03) 63875602



6am-9pm

Opening Hours:

Mon: 12.30-4pm
Tue: 10am-12.45pm
Wed: 12.30-4pm
Thurs: 10am-12.45pm
Fri: 12.30-4pm

August is
**National Family
History Month**

eLibrary: www.libraries.tas.gov.au

STORY BOX LIBRARY



Story Box Library is a fun, engaging resource that inspires a love of reading in kids of all ages. See and hear your favourite stories come to life, read by well-known Australian and New Zealand storytellers like Nick Cave, Justine Clarke, Eddie Perfect, Kate Ritchie, Kamil Ellis, Missy Higgins, Jay Laga'aia and many more!

You can get FREE access to Story Box Library through the Libraries Tasmania website, by following these steps:

- Click on the 'eLibrary'
- Select 'eBooks + stories'
- Click the red 'Story Box Library' square
- Log in with your Libraries Tasmania card number and password



There are hundreds of videos for you and your kids to enjoy, plus fun activities for kids and a blog full of great information for parents.

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Reading is my
SECRET POWER

CBCA Book Week
17-23 August 2019
#CBCA2019

www.cbca.org.au

Artwork by Bob Graham © 2019 The Children's Book Council of Australia

Celebrate
Children's Book Week
at your local library
17-23 August 2019



Do you know about the history of St Helens?

August is FREE locals month!

Head along to the St Helens History Room during August and learn all about the heritage and culture of St Helens and surrounds.

Displays include:
Aboriginal tools, shell displays, Hatches and Despatches, mining and much, much more.

www.sthelenshistoryroom.com.au



**VIETNAM VETERANS ASSOCIATION of AUSTRALIA
EAST COAST (TAS) SUB-BRANCH**

PRESIDENT: Mr Gary Graham
Phone: 03 63725727
Email: gazza045@gmail.com

SECRETARY: Debbie Shields
64 Scamander Ave
Scamander 7215 TASMANIA
Phone: 03 63725727
Email: vyaaeastctas@gmail.com
ABN: 43 816 048 358

SUB BRANCH PATRON: Mr Guy Barnett MHA

VIETNAM VETERANS DAY REMEMBERANCE SERVICE SUNDAY 18th AUGUST 2019

This year marks the 50th Anniversary of the Battles of "Hat Dich" and "Binh Ba"

The President and members of the Vietnam Veterans Association of Australia, East Coast (TAS) Sub Branch, invite you to join us on Sunday the 18th of August to pay our respects to those who made the supreme sacrifice during the Vietnam War. And to honour those who served and returned, some of whom are no longer with us.

The Service will commence at 11.00am at the Vietnam Veterans Memorial site, at the Cenotaph in St Helens. If you wish to join our Veterans in the March, form up will be at Hilly's IGA Supermarket at 10.45am and proceed to the Cenotaph at 10.55am.

Interested parties are also invited to lay a wreath to the fallen during the Service.

If the weather is inclement the Service will be held in the Portland hall adjacent to the Cenotaph.

At the conclusion of the Service we will return to the East Coast Veterans Information and Support Centre, next door to the RSL, to re-dedicate and bless our Wall of Remembrance.

For further details contact Secretary Debbie Shields on 63725727 or 0409 178 060.



Renting and the LAW

ALL YOU NEED TO KNOW

FREE

COMMUNITY INFORMATION SESSION

Fingal Valley Neighbourhood House
OLD TASMANIAN HOTEL

10.30 am Tuesday
6 August 2019

Phone 63341577 for more information

All welcome



LEGAL
LITERACY
VOLUNTEERS

youth survey

MISSION AUSTRALIA 2019



The Youth Survey is turning 18 this year and we want to hear from as many young people across the country as we can about what it is like growing up in Australia!

- What?** The Youth Survey is Australia's largest annual survey of young people. The online survey is open to young people between the ages of 15 and 19, and takes 15 minutes to complete.
- Why?** The Youth Survey is a key evidence and policy platform used by governments, NGOs, schools and community organisations around the country. Taking part will help Mission Australia and other organisations advocate for policies and programs that support young people.
- When?** The Youth Survey is **now open** and will close on the **9th of August 2019!**
- How?** You can take part either on a laptop, computer or via mobile phone.
Please help us spread the word on social media! Via [Facebook](#), [Twitter](#) (@MissionAust) or [Instagram](#) (@mission_aust).
- Where?** You can take part via www.missionaustralia.com.au/youthsurvey by clicking the 'Have your say!' button.

#YouthSurvey2019 #YouthSurvey18thBirthday

St Marys Op Shop

Situated directly behind the St Marys Community Hall, Main Street – plenty of parking available

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First Saturday of each Month

St Marys Market Day

10:00am - 1:00pm

Phone: 03 6372 2889

If Esmerelda is out then the shop is OPEN ☺



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26 August 2019

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 This project is designed for Tasmanians aged 50 and over

REGISTER YOUR INTEREST NOW
islandproject.utas.edu.au

HELP US PREVENT DEMENTIA

Dementia is a major health and social issue that is rapidly increasing in its impact, due to the ageing of the population across Tasmania.

The “Island Project” is a state-wide initiative focused on tackling risk factors not just of dementia, but also of other common chronic conditions and illnesses, in our lifestyles and behaviors. It is aimed at those aged 50 or older.

So far, over 5,000 Tasmanians have registered their interest in being part of this study, which is the largest long-term study of whether addressing lifestyle factors will be any help in preventing the development of dementia. The organisers aim to have 10,000 participants.

The study will consist of completing surveys, setting health goals and achieving them and having the chance to attend educational opportunities and community-based events.

To register your interest in this ground-breaking study, go to islandproject.utas.edu.au.



Irapuna COMMUNITY WEEKEND

The Irapuna Community Weekend on this Friday, Saturday and Sunday out of Ansons Bay has over a hundred participants and great weather booked.

The annual event is organised by the Parks and Wildlife Service with the Wildcare Friends of Irapuna coast group and numerous partners.

Wildcare volunteers and new-comers will walk the coastline removing sea spurge and marine debris, and get to experience the spectacular Irapuna /Bay of Fires coast together.

For six years the work of the volunteers has been pushing back the beach weed 'sea spurge', which would otherwise completely over run our coast. If you are a regular beach walker and would like to help contact the Friends of Irapuna coast group: wildcare.irapunacoast@gmail.com

Employment Opportunities Drought Communities Program

The Drought Communities Programme is an Australian Government initiative supporting communities in drought-affected regions of Australia. This funding is used to support local community infrastructure projects that focus on; Employment opportunities, stimulate local community spending, use local resources and provide lasting benefit to communities and the agricultural industries on which they depend.

Council is now developing a series of projects that fit with the above focus areas. These projects include but are not limited to;

- Walking track upgrades and maintenance in partnership with Parks and Wildlife
- Building and construction projects
- Civil construction projects

We are now looking for potential employees for these projects which will be located predominantly in the Fingal Valley, through an expression of interest process.

If you have skills or interest in the above projects, are physically fit we would love to hear from you.

More information can be found on the Break O'Day Council website or by calling the Council Office on 6376 7900 and asking for an information package. You can also drop into the Fingal Valley Neighbourhood House if you need help applying or with the information.

John Brown
GENERAL MANAGER



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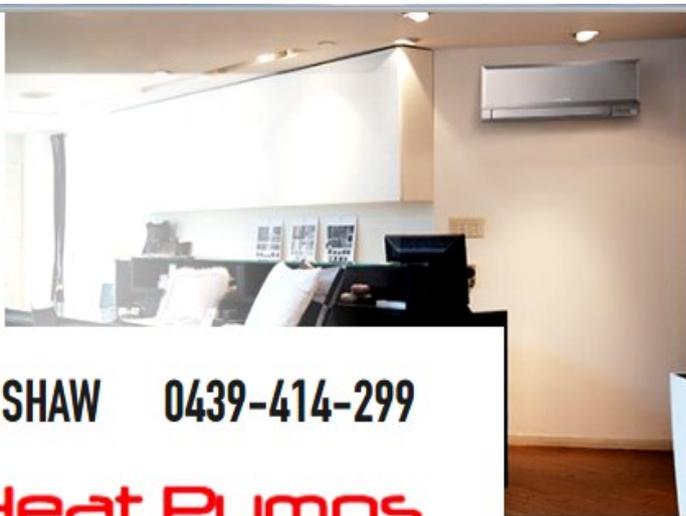
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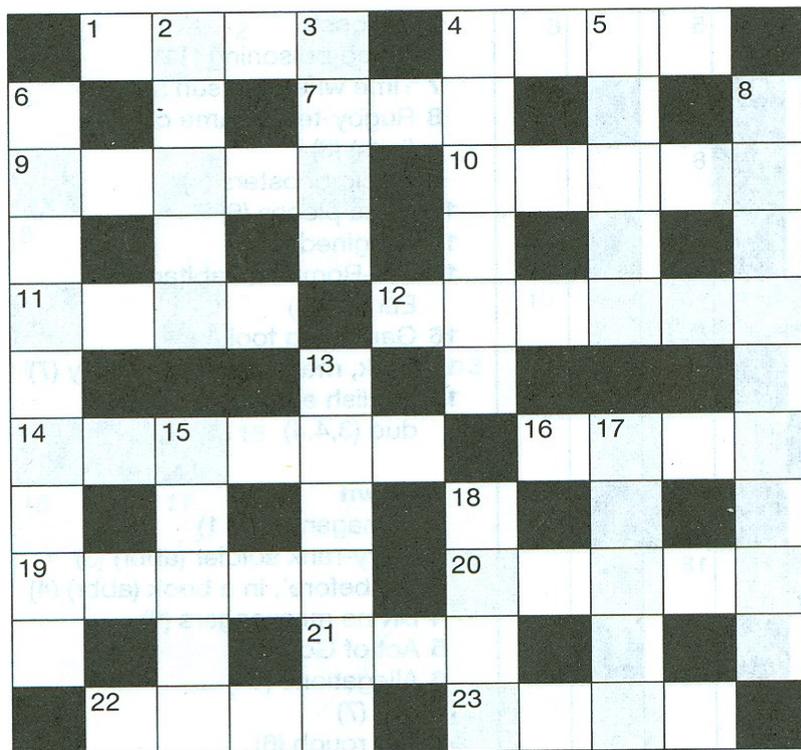
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Email:
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Crossword



Across

- 1 Finance (4)
- 4 Fermented honey drink (4)
- 7 US emissions watchdog (inits) (3)
- 9 Defamatory publication (5)
- 10 Crack (5)
- 11 Charged atoms (4)
- 12 Hopping desert rodent (6)
- 14 Wound (6)
- 16 Tartan skirt (4)
- 19 Iranian language (5)
- 20 Belonging to them (5)
- 21 Shout disapproval (3)
- 22 Melancholy (4)
- 23 Shot on the green (4)

Down

- 2 Built-up (5)
- 3 Fresh-food shop (4)
- 4 Expert (6)
- 5 Improvise (2-3)
- 6 Complainant (9)
- 8 Exit (9)
- 13 Drink (6)
- 15 Fourth month (5)
- 17 Static (5)
- 18 Halt (4)

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Bracken Fern
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Blackberry

Capeweed

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Oxalis

Gorse

Broom

Patterson's Curse
Flat Weeds
Salsify

Stinging Nettle
Erica
Boxthorn

Onion Weed
Spanish Heath

Pampas Grass
Wild Raddish
Serrated Tussock



IMPORTANT NOTICE

Under 16 Homelessness Taskforce

The State Government has created a Taskforce to help address homelessness for children and young people under 16 in Tasmania.

The Department of Communities Tasmania are helping the Taskforce by talking with children, young people, parents, carers and services to hear about their experiences and listen to their ideas on what the Taskforce should recommend to Government to help improve under 16 homelessness in Tasmania.



Mark and Megan from Communities Tasmania, will be at the **Neighbourhood House** from **6.30 pm on Weds 21st August** and **9.00am on Thurs 22nd August** to speak with children, young people, carers, parents and services about their experiences and ideas that may help to solve under 16 homelessness. Please let the **Neighbourhood House** know if you are planning to attend.



Mark and Megan can speak with you individually, in small or large groups. You can bring in a person to support you if you want to. Discussions will take around 20 minutes.

Everyone that takes part in these confidential discussions will have the first opportunity to see the proposed solutions that the Taskforce develops.

If you don't want to speak with Mark or Megan you can participate in a **confidential online survey**. The survey can be accessed at <https://www.surveymonkey.com/r/32F5KGS>
The survey will be open from 22 July – 20 Sept 2019



Taskforce Timeline



If you would like more information please call Mark and Megan on **6166 3945** or email youthatriskstrategy@communities.tas.gov.au.



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Floor Mats—made from recycled plastic

Practical—Indoor/outdoor—Mould free

Hose wash—Contemporary—Casual

Looks like straw mat—Bright colours

Indigenous and other designs

Durable & Portable

Hard wearing indoor or roll/fold up for camping or picnics.

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St Marys, Thursdays.

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I have a Certificate III in Horticulture and am available to work in the area.

For more information call Mark on 0457 754 228

Moo Poo

See Normie

6372 2380



TREE FELLING—WOOD CARTING— LAWNS MOWED— BLOCKS SLASHED

Phone Danny and Jenny Franklin on

0417 385 935



THE HEALTHY TASMANIA FUND GRANTS NOW OPEN!

We are pleased to announce that applications for the Healthy Tasmania Fund are now open.

The Healthy Tasmania Fund will provide grant funding to community organisations to improve the health and wellbeing of their communities.

Grants will focus on the following areas:

- reducing smoking
- reducing obesity and the levels of overweight Tasmanians
- improving healthy eating and/or physical activity.

Grants up to \$200 000 will be available for projects or initiatives up to two years in duration.

Applications close on 30 August 2019.

For more information, including the guidelines and how to apply, visit www.health.tas.gov.au/healthytasmaniafund

From the Healthy Tasmania Team

Prevention is better than cure



C & D EXCAVATIONS

For all your earthmoving requirements

- Road gravel.
- Top soil, screened topsoil.
- Sand and rocks.
- On sight screener 20mm - 75mm.
- 20 tonne excavators with tilt bucket, ripper, rock and log grabber and quick hitch.
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- Compaction roller.
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big or small!**



Kate Walsh

Property Consultant

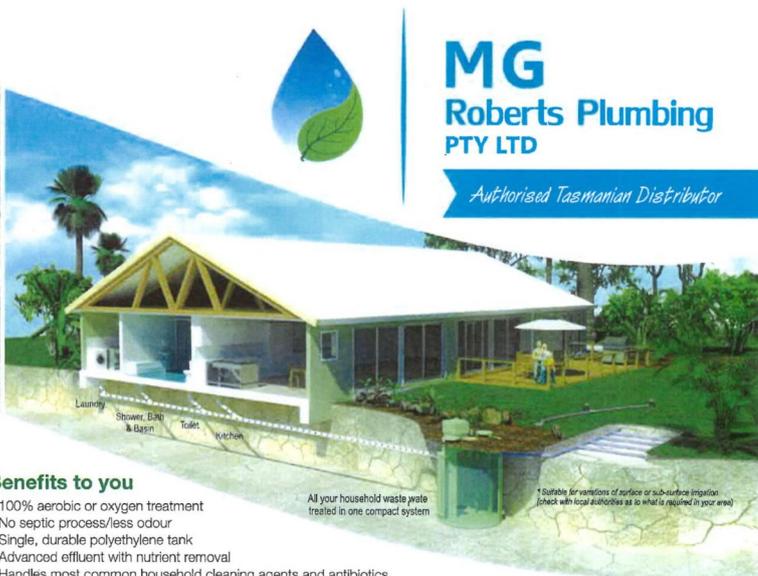
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Ozzi Klean has been a trusted name in sewage treatment since the 1990s. As an Australian owned and operated manufacturer, Suncoast Waste Water Management developed and released the range of household Ozzi Klean products into the market after decades of extensive experience within the sewage treatment industry. By installing an Ozzi Klean Sewage Treatment System you can join the many thousands of households already enjoying the benefits of an endless supply of recycled water to reuse on your property for watering gardens, lawns and trees. The Ozzi Klean Sewage Treatment System treats up to 2,000 litres of waste water every day. This is equivalent to 10 persons using 200 litres of water each day. Operating on a cyclic, fully aerobic basis, waste water treatment is highly efficient, processing it into irrigation water within hours.

Benefits to you

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- No septic process/less odour
- Single, durable polyethylene tank
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- Handles most common household cleaning agents and antibiotics under normal use
- Cost effective and reliable
- Safe and environmentally friendly
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Ozzi Klean Sewage Treatment Systems are built to last. The heavy-duty polyethylene tank is up to 20mm thick and is, weight for weight, 100 times stronger than concrete. As the Ozzi Klean tank is roto-moulded and completely seamless, there is no risk of seepage, leaking or root intrusion.

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Bringing Up Great Kids



Bringing Up Great Kids is a FREE program for anyone caring for kids 0-12 years old

This 4 week course helps you build strong positive relationships with your kids

- Explore how we think and feel influences how we parent our kids
- Understand kid's communicate through their feelings and behaviour
- Look at what are the important messages we want to pass on to our kids and how we can do this
- Find out ways parents can take care of themselves and get support if they need it

Date: Mondays August 19th & 26th and Sept 2nd & 9th

Time: 1.00pm—2.45 pm

Where: St Marys Community Health Centre Day Centre

Presented by: Mary Mumford (CHaPS nurse)

Tanya Greenwood (Building Blocks)

Cost: FREE!!

Afternoon tea and free adjunct child care provided

To book your spot call Tanya: 0400 002116 or Mary: 0428 136 381



LITTLE MUSIC MAKERS

WITH LILA MELEISEA

ST MARYS CHILD CARE, GARDINERS CREEK RD ST MARYS

Free Session for families and children 0-5 years fortnightly (opposite week to library sessions) starts: **Tuesday 23rd July 10.30-11.30am**



The workshop will cover:

- The effects of incarceration and the justice system on families and children
- resources that are available to support the family and children
- resources that are available to support professionals working with families and children
- suggestions of how your organisation can support families and children affected by familial incarceration

Children Affected by Parental Offending

This workshop is for anyone who works with families and children and would like to learn more about how they are affected by having a family member in prison.

This is a very real problem in Tasmania, and one that is multifaceted and difficult to address. Over the past 18 months, a group of government and non-government agencies have been working collaboratively in order to improve the quality of life for children and families affected by the offending behaviour of a loved one. The commitment to work together to support this vulnerable group of children has resulted in some great outcomes. The identification and sharing of resources and the creation of professional training and familiarisation programs has been outstanding.

While this information has been disseminated well within the Hobart region, the working group, Children Affected by Parental Offending (CAPO), is conscious that these resources would also be of significant benefit to many agencies throughout Tasmania. To this end CAPO plan to conduct a Roadshow on the East Coast. The presentations will be tailored to suit the needs of the various organisations who work with children affected by parental offending.

During a three-hour presentation the team will showcase the training and support resources available and aim to marshal the existing resources of our agencies to productively focus on this very vulnerable segment of society.

The CAPO team is made up of professionals from Onesimus Foundation, The Salvation Army Communities for Children, Save the Children, JusTas, Catholic Care, Lady Gowrie, Tasmania Police, Communities Tasmania, Tasmanian Government Department of Education, Department of Human Services and the Department of Justice Community Corrections and Tasmania Prison Service.

Contacts
Katie Murray
 Child Safety and Wellbeing Liaison Officer
 Strong Families, Safe Kids Advice and Referral Line
 St Johns Park, New Town TAS
 Phone: 0447 525808
katie.murray@communities.tas.gov.au
 (Works Monday to Thursday)

Teresa Pockett
 Student Support Leader
 Learning Services
 Department of Education
 30 Raminia Rd, Lindsfame, TAS
 Phone: 03 61656469
teresa.pockett@education.tas.gov.au

Julie Bunyard
 Family Consultant
 Integrated Offender Management
 Tasmania Prison Service
 Phone: 03 6165 7179
Julie.bunyard@justice.tas.gov.au
 PO Box 24, Lindsfame TAS 7015

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 Save the Children Australia
 145 Bathurst St, Hobart 7000
 Phone: 0 3 6231 9488
joleigh.jumper@savethechildren.org.au

Norm Reed
 Executive Officer
 Onesimus Foundation
 Phone: 0401690954
norm.reed@onesimus.org.au
 550 East Derwent Hwy, Risdon Vale TAS 7016



ROADSHOW CHILDREN AFFECTED BY PARENTAL OFFENDING

Considerable research has shown that children with a parent who offends, or who is in prison, are at greater risk of mental illness, social isolation, behavioural issues, and reduced educational prospects. The emotional trauma that these children experience, and the practical difficulties of a disrupted family life are often compounded by the negative social stigma that these children face. The CAPO team will hit the road with the goal of presenting to agencies across the state, showcasing training and support resources available to address the needs of this very vulnerable group within society.

This Roadshow will also provide an opportunity for Tasmanian agencies to work collaboratively sharing their knowledge and experiences to focus a common goal of supporting children affected by parental offending at all stages of the criminal justice system.



Tuesday

27th August 2019
 12.30-3.30pm

THIS PRESENTATION IS FOR

Department of Education
 Communities Tasmania
 Community Corrections
 Tasmania Police
 Local Government
 Non-Government Agencies
 Charities

This workshop is for anyone who works with families and children and would like to learn more about how they are affected by having a family member in prison.

Register online
www.onesimus.org.au/events

BREAK O'DAY COUNCIL CHAMBERS

32-34 Georges Bay Esplanade
 St Helens

Register online to attend www.onesimus.org.au/events **C A P O**
Children Affected by Parental Offending

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2019 National Convention - Grindelwald, Tasmania

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- Heather Kirkpatrick
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Winter Word Search

C	S	M	F	S	N	O	W
O	C	B	R	C	S	M	H
A	A	Q	O	B	V	K	
T	R	E	S	L	F	E	I
W	F	O	T	Q	S	Z	
L	W	K	Y	Q	L	C	B
V	Q	W	I	G	L	O	O
H	W	I	N	T	E	R	N

COAT COLD FROST ICE
IGLOO SCARF SNOW WINTER

12

Baby Animals

18th July 2019

DIRECTIONS: Fill in the crossword puzzle grid with the names of each animal's baby. Use the word bank if you get stuck.

Across

2. Sheep
4. Crocodile
5. Fox
6. Dog
7. Duck
11. Eagle
12. Bear
14. Deer
15. Kangaroo

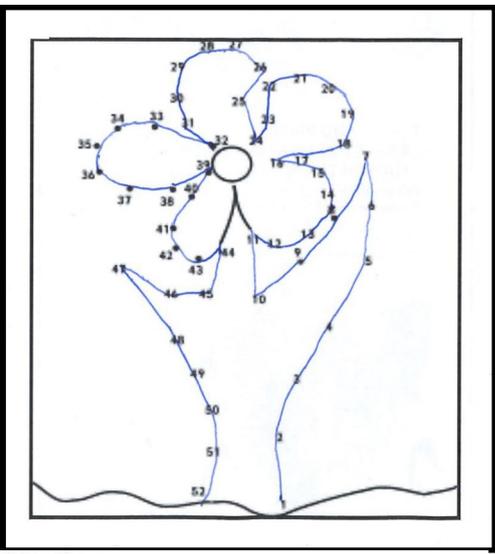
Down

1. Horse
3. Rabbit
5. Goat
6. Pig
8. Chicken
9. Cow
10. Cat
13. Human

WORD BANK

BABY	HATCHLING
BUNNY	JOEY
CALF	KID
CHEEK	KIT
CUB	KITTEN
DUCKLING	LAMB
EAGLET	LAWB
FAWN	PIGLET
FOAL	PUPPY

12



19 weeks to go....



QUICK QUIZ

- What is the name for a baby Tasmanian devil?
A: Joey
- How many side does a decagon have?
A: 10
- Where in Australia is the Big Banana?
A: Coffs Harbour, NSW
- Who is the Mayor of Break O' Day Council?
A: Mr Mick Tucker
- Where does the Spirit of Tasmania dock in Tasmania?
A: Devonport.

UNITING CHURCH

SERVICE TIMES

FINGAL

1st and 3rd Sunday of month—9.30 am
2nd and 4th Sunday of month—11.15 am

Service times are also on notice board at front of church.

Phone 6374 2157

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ST MARYS	88FM
FINGAL	88FM

ANGLICAN CHURCH

SERVICE TIMES

contact 6376 1144

St Helens
St Paul's: 9.30am every Sunday
58 Cecilia Street, St Helens
On 5th Sundays; combined service with Uniting Church & Christian Fellowship

St Marys
Holy Trinity: 9.30am cuppa, 10.00am every Sunday
13 Main Street, St Marys

Pyengana
St Michael & All Angels: 7.30pm 4th Sundays only
28007 Tasman Highway, Pyengana

Rossarden & Friends Kids Christmas Inc.

Invites you to a fundraising..

Up Cycling Party/Dinner

When: 17th August at 6 o'clock for 6:30 start

Where: Avoca Town Hall

Cost: \$25 family (children under 16) \$10 Single

Please Bring: A Casserole or Sweet as a donation

R.S.V.P By: 30th July

Leesa - 0418 421 122 Or Helen - 0419 134 382



Whisky Week at

The Farm Shed

We are excited to be part of Tasmanian Whisky Week again this year.



Join us for a special event where you can meet three East Coast distillers and try two of each of their whiskies. Head distillers from Nonesuch, Spring Bay and Fanny's Bay will be on hand to discuss their wares while you try two whiskies from each of them

Places are strictly limited so please get in touch to book and pay to confirm your seat at the table. Phone us on 63751868 from 10am-4pm (closed Tues/Wed), email us or drop into The Farm Shed at 53A Burgess St Bicheno.

WHAT: Whisky Week Guided Tasting at The Farm Shed

WHEN: Saturday 17 August, 4-5.30pm

HOW MUCH: \$60 per person

BOOKINGS ESSENTIAL: p: 63751868 m: 0419566779

email: thefarmshedbicheno@gmail.com

This event is part of Tasmanian Whisky Week 12-18 Aug 2019. Check for more events you may enjoy.



SATURDAY AUGUST 31ST

BICHENO MEMORIAL HALL, DOORS OPEN 6.30 PM

The Embers SUNDAZE

Thomas Mitchell PHAT MONK

Rocky Mountain Oyster Cult

TICKETS AVAILABLE ON EVENTBRITE
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MALTING LAGOON BREWERY
BICHENO BEER CO.

TICKETS
\$38

DRESS CODE: UNDER THE SEA



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Authorised by Senator Jonathon Duniam, Liberal Party of Australia, Ground Floor, 85 Macquarie Street, Hobart TAS 7000.



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Senator Claire

CHANDLER
Senator for Tasmania

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✉ Senator.Chandler@aph.gov.au
🌐 SenatorChandler

Authorised by Senator Claire Chandler, Liberal Party of Australia, Level 13, 188 Collins Street, Hobart TAS 7000

<p>GREEN</p>  <p>Dog off lead area/beach</p>	<p>BLUE</p>  <p>Dog on lead, always</p>
<p>RED</p>  <p>Dogs Prohibited</p>	<p>ORANGE</p>  <p>Restricted Area Check conditions of access - typically on-lead only 31 March to 1 October.</p>

Find a copy of the Dog Management Policy and a map of our Dog Zones here, www.bodc.tas.gov.au/property/dogs

TAKING YOUR DOG TO THE BEACH

Break O’Day Council and the Parks and Wildlife Service have been rolling-out new signs up and down the coast to mark changed ‘dog zones’ for beach access.

The changes were determined during a lengthy review and community consultation process on two draft Dog Management Policies during 2018, and involved the PWS. Council works closely with PWS to balance priorities for dog access, people and wildlife on our amazing beaches and to promote responsible dog ownership.

Many of the changed dog zones are seasonally restricted areas, such as a ‘bird sanctuary’ at Scamander River mouth and Binalong Bay Beach. Families, residents and visitors flock to these beaches over the summer months.

The signage uses a simple and consistent set of colours and symbols to make it as easy as possible for people to understand where and how they can take dogs for a walk.

Council is currently considering options for new land-based dog exercise facilities to build and, with the PWS, more joint ‘responsible dog management’ activity later in the year.

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cakes, hot food,
coffee,
cold drinks &
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Fax: 6374 2393

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St Marys

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Email: shop@cndiga.com.au WINTER TRADING HOURS

Mon -Thur 7.30am - 6.00pm Fri 7.30am - 6.30pm

Sat 8.00am - 6.00pm Sun 8.30am - 5.30pm

Week 1 31 July — 6 August

Peter's Drumstick 4pk	\$3.99
Lipton Black Tea Bags 100s	\$2.74
Palmolive Ultra Dishwashing Liquid 750ml	\$2.75
Smiths Potato Chips 150.175g	\$1.97
Kleenex Toilet Tissue 45pk	\$17.99
Coon Tasty Cheese Block 1 kg	\$7.99
Ingham's Chicken Breast Tenders 400g	\$3.99
Zoosh Dip 185g	\$1.99
Beef Rump Steak	\$19.99kg
Gourmet Tomatoes	\$2.95kg

• Tasmanian meat

Week 2 7 August — 13 August

Continental Cup-A-Soup 2pk	\$1.10
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Golden Circle Long Life Juice 2L	\$2.99
Felix Cat food Sachets 12pk	\$8.99
Arnott's shapes 165 -190g	\$2.49
Arnett's Cream Biscuits 200 -250g	\$1.99
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- ◆ Coach House Restaurant - St
- ◆ C & D's IGA - St Marys
- ◆ Hilly's IGA - St Marys
- ◆ Hilly's IGA - St Helens
- ◆ St Marys Newsagency
- ◆ St Helens Newsagency
- ◆ Scamander Supermarket
- ◆ Mouth Café - Scamander

Printed and published by:

Fingal Valley Neighbourhood House Inc.

PO Box 322

FINGAL 7214



Crossword Solution

ISSUE 51.12

	F	U	N	D		M	E	A	D	
P		R		E	P	A		D		D
L	I	B	E	L		S	O	L	V	E
A		A		I		T		I		P
I	O	N	S		J	E	R	B	O	A
N				I		R				R
T	R	A	U	M	A		K	I	L	T
I		P		B		S		N		U
F	A	R	S	I		T	H	E	I	R
F		I		B	O	O		R		E
	B	L	U	E		P	U	T	T	