



# THE VALLEY AND EAST COAST VOICE

**Established 1968**

Edition 51.22 5th December 2019

Deadline for 51:23 is at 5.00pm on Monday 16th December 2019

## BICHENO FOOD AND WINE FESTIVAL “A GREAT DAY FOR THE EAST COAST”

To everyone who attended last weekend’s Bicheno Food and Wine Festival – “Thank You,” says David Reed, Chairman of the organising committee. We have received both plaudits and brick bats for the revised layout and the innovations – as some people just liked it the way it always was and others really liked what we were trying to do - spreading out the day, spreading out the site, spreading out the music.



From all accounts the Surf Boards were very well attended and the master classes “went off” with a new level of sophistication. Some stallholders were thrilled – others not so much, but across the board on balance it seems to have been a great day for the East Coast.

Personally – as the Licensee of the event – I was thrilled that everyone actually had a safe and happy day. The crowd was really well behaved and extremely tidy.

The single biggest success was the attempt to make the Festival a sustainable event from a waste management viewpoint. The site was incredibly clean after everyone went home – so “Thank you” for;

- ◆ Your wonderful and happy behaviour
- ◆ Your assistance in managing all the waste
- ◆ Your support of all the stallholders and events around the weekend and on the day
- ◆ Your pre-purchase of the 900 tickets that were bought at the newsagent as early birds in August.

If you have some comments for us to improve the Festival - please send them to me, [david@reedconsulting.com.au](mailto:david@reedconsulting.com.au) before December 5<sup>th</sup>.

I’m sure the 2020 Festival will be even better! Thanks also to all the volunteers and to the tireless committee who put it all together – without them there is no Festival at all.

The Festival committee invited KEON - Kids Earth Ocean Network Inc - to be a part of this great event. A “whale” created by local artist Mark Stevens, filled with debris collected from the beaches, drew attention to how rubbish accumulates inside sea creatures, threatening their lives, and a poster display created by local children illustrated their concerns, and how people can play their part in preventing the threat to all wildlife, by putting rubbish in bins and recycling. The annual Paella Feast raised \$5000 for Pademelon Park, which cares for injured wildlife. Having received 14 orphaned Bennett's wallabies, six injured wombats and 2 pademelons, all ready this “season”, they are grateful for any support.

As the sun settled in the west, glasses were raised to the success of the Bicheno Food and Wine Festival, a great showcase for Bicheno.



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**ADVERTISING RATES - 2019**

Business Card Size ads \$15	1/2 Page ads \$40
Intermediate ads \$18	Full Page ads \$60
1/4 Page ads \$25	Permanent Classified ads \$20p.a

**Valley and East Coast Voice Inc.**  
**Advertising rates for all community groups**  
 Regular articles i.e. news of current activities/events and general information will, at the discretion of the Editor, be carried free of charge. Community group announcements up to 5 lines or business card size are free, anything larger will be charged at 50% of current rates. The decision regarding whether or not an article attracts advertising fees is the Editor's. Groups will be advised of any cost before going to print.  
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 03 6374 2344  
 PO Box 322 Fingal Tasmania 7214

**24 HOUR EMERGENCY CONTACT NUMBERS**

Abuse & Assault Services	1800 737 732
Ambulance, Fire & Police	000
Crime Stoppers	1800 333 000
Digital Mobile Phone Emergency Service	112
Poisons Information	13 1126
SES: Flood & Storm emergencies	13 2500
TasNetworks	13 2004
TasWater	13 6992

Opinions in any letters published are not necessarily those of the Editor and committee, or volunteer staff.  
 Our pages remain open to fair and honest criticism so that, on all questions, both sides may be presented, but any submissions containing personal attacks/libel/slander will not be accepted.  
 Kindly do not attack the Editor, the paper or the authors of previous articles.  
 All articles for submission, including letter to the Editor, must bear the author's full name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only. Letter writers will be given the chance to respond over a suitable period of time.  
 Subjects may be closed at the Editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam.  
 Articles most commonly published are those relating to current community issues.  
 Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.  
 The Editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary.  
 The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines. All information is correct at time of printing. Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.

**MEALS ON WHEELS ROSTER**

The fortnightly "Meals On Wheels" roster will not be published for the remainder of 2019.  
 The Valley and East Coast Voice would like to acknowledge the hard work that Val Spencer has invested in compiling the roster over the years, and on behalf of the recipients, say, "Thank you very much, Val."



# The Last Bell - Avoca Primary School

The school bell at Avoca Primary School has sounded for the last time.

Saturday 30<sup>th</sup> November 2019 saw over 200 people attend the Last Bell event at Avoca Primary School, marking the end of 160 years of State School Education. Past students, staff and community members reminisced together in the classrooms, corridor and school yard. The history of the school was on display in the form of books, newspaper articles, photographs, project books showcasing camps and events and a video display.

Mayor Mary Knowles OAM spoke to those present about her time at the school as a Teacher Aide, around the time that Launching into Learning was introduced in schools throughout the state. After speaking with the Principal at the time, Nick Finlay, they guessed they'd only have a few children in that age bracket attending. They had up to 22 preschoolers' coming along to the program on a regular basis. Mary also mentioned it was sad to see the areas now being faced with declining populations.

Nick Finlay (Principal from 2000 to 2014) said that it was the students that made the school. In his 14 years as Principal, there were only ever 3 suspensions. There was also a 'time out chair' that was located just outside the main office window. There was a time that the seat hadn't been used for 2 years!



Michele King started working in the area in the 1980's as a District Nurse and following a few job title changes, is a School Nurse in the area. She's attended Launching into Learning conducting health checks and also Prep screenings at the school over many years.

While listening to all the stories and memories drifting throughout the school, Roseanne Gray, a past student said that when the students moved up to the current school building, the children carried the student desks up from the Old School building. Glenda Spencer started her schooling in 1955 and finished here in 1965. She said there were lots of fun times and it was great to be able to catch up with fellow classmates here today.

Due to declining enrolments, students have been transitioning out to Campbell Town District High School this year and from the beginning of term 4, became full time students there.

School Principal, Jenny Walker said "When the School Association announced at the end of last year that Avoca Primary School would close, we decided to have an event to remember all the great things

about the school. The Last Bell committee was formed, with Leeann Phillips as the organiser. Our primary aim was to bring past students, staff and members of the parent community together to reminisce about their experiences and to celebrate Avoca Primary School. We hoped that this would allow people to not only remember and share stories, but to create new memories to take with them after the school closed".

On Saturday, this was definitely achieved. There was such a positive feeling among all the visitors with many activities to keep everyone entertained. The photo displays caused quite a buzz with people finding younger versions of themselves or people they knew. Lots of 'I remember....' were heard throughout the rooms and corridor.

Thanks to the Northern Midlands Council, young people were kept amused with the Jumping Castle, Face Painting and Twisted Balloons; and everyone thoroughly enjoyed the platters of food and supplies of drinks. A very fitting event highlighting Avoca Primary School as a school that cares and celebrates success.

Event organizer Leeann Phillips was overwhelmed – "the day was fantastic and everyone enjoyed catching up!"

As I was leaving the school building, I heard someone's parting words as they walked through the corridor -

***"Goodbye Avoca Primary School".***



Article contributed by Louisa Rhodes



FINGAL VALLEY NEIGHBOURHOOD HOUSE INC

# CHRISTMAS CLOSURE

The Fingal Valley Neighbourhood House will be closed from

**Friday 20th December, 2019**

**And**

**Re-Open Monday 20th January 2020**

The Board, Staff and Volunteers would like to wish you all a Merry Christmas and a Happy, Safe New Year



**Merry Christmas!**



The Fingal Valley Neighbourhood House Inc., is Supported by the Crown through the Department of Communities Tasmania

## 2020 NOMINATIONS ARE NOW *Open!*

Visit [www.awardsaustralia.com/tasyaa](http://www.awardsaustralia.com/tasyaa) to nominate online today.

### 2019 AWARD CATEGORIES

 First National Real Estate <b>Leadership Award</b>	 Tasplan <b>Create Change Award</b>	 TADPAC Print <b>Service to the Disability Sector Award</b>	 Travel Associates <b>Career Achievement Award</b>
 Colony 47 <b>Transition to Work Award</b>	 Spirit of Tasmania <b>Tourism and Hospitality Award</b>	 StLukesHealth <b>Healthier Communities Award</b>	 Motors Tasmania <b>Sports Award</b>
 Heather & Christopher Chong <b>Community Service &amp; Volunteering Award</b>	 Dental South <b>Aboriginal and Torres Strait Islander Achievement Award</b>		

Don't wait! Nominate *today* at [youngachieverawards.com](http://youngachieverawards.com)

*The Tasmanian Young Achiever Awards aim to acknowledge, encourage and most importantly promote the positive achievements of all young people up to and including 29 years of age.*

Do you know an outstanding young individual who deserves to be recognised? We would love for you to enter them into the Awards

To find out more about the Awards, please visit our website, [awardsaustralia.com](http://awardsaustralia.com)

**AUSTRALIA DAY AWARDS—****NOMINATE SOMEONE YOU KNOW WHO MAKES A DIFFERENCE**

The Break O'Day Council Australia Day Awards recognise the achievements of individuals that make a real and positive difference in the community, and help to inspire others.

There are countless community members doing remarkable work every day. The Australian of the Year Awards are an important recognition of those who are making extraordinary contributions in our area.

You can nominate anyone who inspires you, is working towards change or who you believe makes Break O'Day, Tasmania and Australia a better place to live.

The award categories include: **Australia Day Citizen of the Year**                      **Australia Day Young Citizen of the Year**

To be eligible, the person you are nominating for Citizen of the Year, must be 27 years or older on or before 26th January 2020.

To be eligible, the person you are nominating for Young Citizen of the Year, must be under 27 years of age, on or before 26th January 2020.

The Awards will be presented at the Australia Day Award Ceremony, on 25th January, 2020.

**Nominations for Awards close 5.00pm Friday 3<sup>rd</sup> January 2020.**

Nomination forms available from the Break O'Day Council Office or website, or email

[Chris.hughes@bodc.tas.gov.au](mailto:Chris.hughes@bodc.tas.gov.au) or [Erica.McKinnell@bodc.tas.gov.au](mailto:Erica.McKinnell@bodc.tas.gov.au).

Council will not accept any late nominations.

**CAROLS****BY****CANDLELIGHT**

*With*

***Choir of High Hopes***

***Memorial Hall***

***14<sup>TH</sup> December 2019***

***7-30 PM***



***A gold coin donation to Thom Ryan's Christmas Fund***

***Sponsored by the combined Churches of Break O' Day***

## The Say by the “Cage Rattler”

As the year quickly draws to an end, and Christmas is just around the corner and....., because a few days ago I was walking with the muttles in a place that jogged my memory of approaching Christmas as it was when we were kids. I recall with great fondness a few days before Christmas every year. Dad was a master of ham cooking, and every Christmas it was tradition to buy an uncooked ham because Dad's passion was his ham. We had a big old copper that he'd rigged up legs for, and, as I recall, a stove box underneath. Every year he took particular care to set everything up awaiting the delivery of that ham via the butchery. Had to be a certain temperature, had to be in the water for a certain time and had to be watched like a hawk, no distractions. We always had a couple of extra coming for Christmas dinner, and I recall both Mum and Dad always wanting to 'nail it ' with the ham.

I also remember another special thing we did every year. Going into the bush and choosing the tree. There was a particular plantation we'd go to, and actually where I was the other day. Dad had his forestry-issue tomahawk which I still have to this day, and we'd procrastinate on which tree we'd cut to sit in the oil drum with the top cut off and filled with rocks and gravel. Sometimes there were even arguments or tantrums as I recall.....

On Christmas Eve we'd head off to Midnight Mass, and another family tradition at about 1.30 am, was that before we went to bed, the ham had to be officially sampled and given the tick of approval. At the family Christmas Dinner us kids were even permitted a sip or two of “Porphery Pearl” sparkling wine while indulging in a massive fee. Uncle Tom would insist on a game of cricket after the washing up was done, and even Mum rolled her arm over and swung the bat like she was swishing flies, much to the amusement of all and sundry.

As we got older, things gradually changed, and Christmas didn't seem quite as exciting as it once was, but when you recall those days now, you remember them when the excitement of Christmas and family was really important and truly joyous and fun.

I bet many of the readers of the Valley Voice would have very similar recollections.....

What do you think and what do you recall?

The Suncoast Spinners next meet on 10 December at the Community Centre, Morrison St, Falmouth from 10am to 2pm.  
As this is the last meeting for the year, it would be lovely if everyone could bring some Christmas-type fare to share.  
Wishing you all a Merry Spinning Xmas and Happy Weaving New Year.



### MEALS ON WHEELS

Do you know you don't just have to be elderly or sick to receive meals on wheels?

You can also select from a 3 course down to a one course meal. You don't even have to get them every day... *you decide when and how often.*

#### ***Are you interested or have further questions?***

Call Alana at the St Marys Health Centre on 6387 5555 and see if you are eligible or

to discuss your options.

Home-style meals are made on site at the Health Centre daily.  
Pick-up and delivery available.



## GLAMORGAN SPRING BAY COUNCIL ART PRIZE 2020

**ENTRIES NOW OPEN**

**Prizes to the value  
of \$10,250 will be awarded**

Entries close:	<b>10th January 2020</b>
Opening Night:	<b>7th February 2020</b>
Exhibition:	<b>8th &amp; 9th February 2020</b>

**FOR FURTHER INFORMATION**  
EMAIL: [angela@freycinet.tas.gov.au](mailto:angela@freycinet.tas.gov.au)  
TELEPHONE: (03) 6256 4777 or [www.gsbc.tas.gov.au](http://www.gsbc.tas.gov.au)

## Events

### Old Codgers Meeting

St Helens Books and Coffee, are offering men over 50 the chance to call in, enjoy a hot cuppa, play some cards, chess or just meet some new blokes. Held from 2.00-4.00pm. 15 Pendrigh Place, St Helens.

Cost: \$1.00 per cuppa.

### AA

Wednesday night, Anglican Church Hall, Cecilia Street, St Helens @ 7.00 pm.

Friday night, Anglican Church Hall, Main Road St Marys @ 7.00 pm.

### St Marys Monthly Market

9.00 am - 1.00 pm, first Saturday of every month at St Marys Town Hall. Local handmade crafts, fresh produce and preloved bargains. Ph Megan, 0418 881 315.

### St Helens Markets

Held every Saturday in the St Helens town centre from 8.00 am - 1.00 pm. New stall holders welcome, phone 0475 844 481.

### The Combined Probus Club of Scamander

Join us in fellowship, friendship and fun.

Meetings held 4<sup>th</sup> Wednesday of each month.

Guest Speakers.

Bus trips. Visit local attractions.

Time: 10.00 am. Where: Scamander Beach Hotel

Contact: Marj Aulich 0473 238 077

or Val Spencer 0437 397 219.

### Eastcoast RC Flyers

Remote control flying every Sunday at

145 Reids Road Priory (St Helens), from 9.00 am.

Visitors welcome. Phone Paul on 6372 2529.

## Have you been quoted on your insurance?

Bring in your current policy, let us give you a quote, and we'll say thanks with a free coffee.

<b>Date</b>	15 November to 31 December
<b>Time</b>	10am - 4pm
<b>Where</b>	41 Cecilia Street St Helens

Call 6376 2560 for more information.



[bendigobank.com.au/insurance](http://bendigobank.com.au/insurance)

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## St Marys Op Shop

Situated directly behind the Town Hall,  
plenty of parking available.

Opening hours  
from 7th October 2019  
until 5th April  
2020

Monday - Friday

9:00am - 4:00pm

Every Saturday

9:00am - 1:00pm

Phone: 6372 2889

If Esmerelda (our armless mannequin) is in the  
carpark then the shop is OPEN.

## BLOCKED EARS?

Specialist Clinicians—Gentle—No syringing—All ages

**MICRO-SUCTION**

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Comfort Clean Ear provides specialist ear cleaning  
using dry and gentle micro-suction. No water, no  
dangerous syringing. Your ears are in good hands at  
Comfort Clean Ear.

Feel the relief. Hear the relief.

Visiting Ochre Medical Centre,  
St Helens

on 7th January, 2020.

Phone 1300 380 060

Comfort Clean Ear

Micro-suction wax removal clinic

Home Visits are available on request!

**St Marys Christmas Eve Celebrations**  
FAULKNER GREEN ST MARYS  
3:00 - 5:30pm  
*Free Jumping Castle - Free Face Painting - Free Giveaways*

**PRIZES FOR:**  
Best Decorated Business Window Display  
Best Christmas Light Display  
Prize for the most festive dressed person on the day  
Prize for the best Dancer in the crowd  
Age & Gender Prizes  
And heaps more.....

Christmas Stocking Tickets also on sale at local businesses \$1.00 per ticket!  
Get your ticket NOW to go in the draw for this fantastic prize.

**PARADE SANTS 5PM**  
Great Prizes to be won!  
Enter your float and you could win  
1st prize - \$300, 2nd prize - \$200, 3rd prize - \$100  
+ Participation prizes

Find us on facebook

**St Mary's Christmas Eve Celebrations**  
**3.00P.M**  
**CHILDREN'S PARTY**  
**Free JUMPING CASTLE**  
**Free FACE PAINTING**  
**Giveaways for all age groups**  
**Visit from Santa**

**5.00P.M**  
**Christmas Float Parade**  
**Enter your float and you could win**  
**1st prize \$300**  
**2nd prize \$200**  
**3rd prize \$100**  
**Also 3 participation prizes**

**For more information contact us through our Facebook page**  
**(St Marys Christmas Eve Celebrations)**

**No need to register**

## **Break O'Day Community Triathlon: 10 Weeks to go**

### **with special Olympian guest Craig Mottram!**

Not only is the Break O'Day Community Triathlon 10 weeks away but also the recently announced 5km Fun Run, as well as the children's Trystar Triathlon, see details below:

Saturday 9am, 8 February – Scamander

Children's Trystar Triathlon for 7-9 and 10-12 year olds

Saturday 10am, 8 February – Scamander

5km Fun Run followed by Craig Mottram speaking about elite running training for 20 mins

Sunday 9am, 9 February – St Helens

Break O'Day Community Triathlon

The new 5km Fun Run event really is an achievable distance so why not take this opportunity to get family, friends or colleagues involved as a great goal setting exercise (pardon the pun!) and motivate each other to stay on track through the end of year silly season.

'But I'm going away' we hear you say. No problem! If you have a holiday planned at the end of the year, walking is the best way to become familiar with your holiday location. A lot of personal electronic devices can measure the distance you've covered, so why not set 5km as your walking, cycling or jogging goal distance, you'll be amazed what you can discover when you're on foot.

Camping grounds, motels or resorts will often have swimming pools or surf nearby. If you haven't been in the water lately, here's your opportunity to break the drought.

Speaking about swimming, both beginners and experienced swimmers are extended an open invitation to meet up on Saturday mornings at Beauty Bay St Helens, bright and early at 7am.

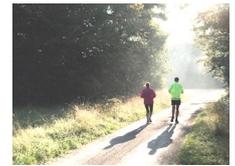
There is also a casual running group on Wednesdays' meeting at 5pm at the BBQ area on the foreshore in St Helens (across from the Break O'Day council offices).

These group training sessions are friendly, casual, supportive and tailored to your abilities. For all enquiries about group training please contact Nat Walter on 0400 750 364.

For all enquiries about event volunteer opportunities please contact Barry LeFevre on 0477 095 778 or Marika McGuiness on 0467 221 117. We're on Facebook too so for the latest updates please visit us: Break O'Day Community Triathlon

Lastly, the difference between the impossible and the possible lies in a person's determination 😊

Till next time, The BODCT Team



### **What's Coming up for With One Voice?**

Monday December 9 we will be gathering at the Child & Family Centre in St Helens again (11-1) to share our Christmas songs with the playgroup families and residents from Medea Park.

Wednesday December 11 will be the last St Marys session for 2019 and we be at our new venue The St Marys Sports Club 6-8pm.

Monday December 16 is the last St Helens session for the year at St Helens Footy Club

-Family and friends are invited to both these sessions and please bring a plate to share.

Wednesday December 18 is the WOVOD members EOY Celebration to be held at Falmouth Community Centre 6-9pm BBQ provided but please bring a salad or a sweet to share.

Sunday December 22 at 5pm is our Fingal Christmas Carol offering.

Tuesday December 24 at 4pm we will be participating in the St Marys Christmas parade.



# Libraries

**Fingal** Fingal Valley Neighbourhood House, Talbot Street Ph 6374 2344

Mon, Wed & Fri 9am - 3pm    Tue & Thurs 9am - 12pm    Adult's and children's books, magazines, DVDs.



Free  
Wi-Fi

6am-9pm

## St Marys Library

31 Main Street, St Marys  
(03) 63875602



LIBRARIES  
TASMANIA

### Opening Hours:

Mon: 12.30-4pm

Tue: 10am-12.45pm

Wed: 12.30-4pm

Thurs: 10am-12.45pm

Fri: 12.30-4pm

We have books,  
ebooks & audiobooks  
in languages other  
than English

eLibrary: [www.libraries.tas.gov.au](http://www.libraries.tas.gov.au)

## ANGLICAN CHURCH

### SERVICE TIMES

contact 6376 1144

#### St Helens

St Paul's: 9.30am every Sunday

58 Cecilia Street, St Helens

On 5<sup>th</sup> Sundays; combined service with Uniting Church & Christian Fellowship

#### St Marys

Holy Trinity: 9.30am cuppa, 10.00am every Sunday

13 Main Street, St Marys

#### Pyengana

St Michael & All Angels: 7.30pm 4<sup>th</sup> Sundays only

28007 Tasman Highway, Pyengana



UNITING CHURCH

SERVICE TIMES

FINGAL

1st and 3rd Sunday of month—9.30 am

2nd and 4th Sunday of month—11.15 am

Service times are also on notice board at front of church.

Phone 6374 2157



# Harris Funerals

*St Helens, Bicheno & Fingal Valley*

*We are here when you need us.*

*Burial or cremation, traditional or unique funeral services available.*

### Office & Chapel:

46 Tully Street St Helens

6376 1153 ~ 0418 133 420

[tamara@harrisfunerals.com.au](mailto:tamara@harrisfunerals.com.au)

Member of the

Australian Funeral Directors Association



## Vision Christian Radio

Life Changing Music,  
Uplifting Talk



**VISION** CHRISTIAN RADIO

#### LISTEN NOW

BINALONG BAY	87.8FM
ST HELENS	88FM
ST MARYS	88FM
FINGAL	88FM

**GROUND WORK**  
Landscaping, Mini Digger & Gardening Services

# PLANT SALES

**Every Friday & Saturday**  
**10am - 4pm**

**14 Rex Court, St Helens**  
In St Helens Industrial Estate

**Ph 0409 971 201**

# My Horizons

## Program Information

### MyHorizons

MyHorizons is a connection point, we can work with you in groups and one on one to help you reach your goals and get you connected with other services as needed.

MyHorizons is a state-wide program, meeting individuals in their local community and running groups to support you in building life skills and understanding your wellbeing.

### Who is this program for?

You can use MyHorizons if you have a mental illness, are not engaged with State Mental Health Services and are not eligible for NDIS.

### How do I start?

You can contact MyHorizons program on the details below or by talking your GP or other clinical provider.

Call us on 1800 290 666

Email: myhorizons@baptcare.org.au



Because everyone deserves  
the best of care

Baptcare

ABN 12 069 130 463 Page 1 of 1

baptcare.org.au

### Engouraging Quotes

The darkest night is often  
the bridge to the brightest  
tomorrow

Jonathan Lockwood Huie

## SUICIDE PREVENTION TRIAL

St Helens Neighbourhood House hosts the Suicide Prevention Trial Site Coordinator for Break O'Day and Bicheno Area. The Trial Site is governed by a local Working Group and funded through Primary Health Tasmania. The working group meets bi-monthly and have established an activity plan that outlines some strategies and activities to test different approaches to reducing self-harm and suicide.

If you would like to know what mental health services are available in our community please go to the St Helens Neighbourhood House website at [www.sthelensnhh.org.au](http://www.sthelensnhh.org.au) and download our 'Directory for Local Mental Health Services'. The directory is updated every three months and includes useful information such as how to access services and if there are any associated costs.

If you would like more information about the Suicide Prevention Trial Site for Break O'Day and Bicheno or would like to get involved please contact Trish at 6376 1134 or email [trialsite@sthelensnhh.org.au](mailto:trialsite@sthelensnhh.org.au) for more details. Our working group membership is full at the moment however we welcome input, feedback and ideas. So please get in touch with us—we would love to hear from you.



FINGAL VALLEY NEIGHBOURHOOD HOUSE INC

# CHRISTMAS PARADE



DATE: Sunday 22<sup>rd</sup> December, 2019

Parade leaving from Fire Brigade area  
at 4 pm.  
Travelling to the Fingal Valley Neighbourhood  
House back yard

**PRIZES:** Best costume for girls and boys, in different age group, best decorated bike or scooter, with best float, also best Christmas light display at a home will also be rewarded



**COMMUNITY BBQ**  
\$1 Sausage  
\$2 Hamburger  
FREE  
Ice-Cream and Lollies  
For Children

Jumping Castle  
Face Painting  
Spray on Tattoos  
Chocolate Wheel



Come and meet  
**SANTA**

The Fingal Valley Neighbourhood House Inc., is Supported by the Crown through the Department of Communities Tasmania



**OUT OF THE WOODWORK**

**WENDY BRENNAN SECRETARY 04 29722091**

**Lot 1 Esk Highway St Marys**

**Facebook/BreakO'Day Woodcraft Guild**

**Opening times: Monday – Thursday depending on volunteers 10am till 4pm**

*We wish everyone a safe and happy Christmas and a large thank you to all who have supported us over the year. A special thank you to Elizabeth Death, Editor of the Valley Voice, who corrects my many grammatical errors with such good grace. And all the volunteers.*

**FISHING REPORT** by the Happy Hooker**FRESH WATER:**

On the fresh water fishing front, there is not a lot of good news locally, with the South Esk River in a dire situation, due to our lack of rainfall through the winter and spring. One can only hope for good reliable falls of rain over the next few weeks, to not only help our waterways, but to also reduce the need for farming irrigation which is required during the summer months. A well-known east coast angler also reported the Georges River at St Helens to be in the same sad state. Sadly, the Break O Day River is also a shadow of its former glory. In days gone past, fishermen would travel the world to be in the valley mid October to witness and be a part of the traditional red and black spinner hatches. The trout that have been caught in the South Esk are in reasonable condition despite the low water level, and a surprise catch was a rainbow trout from our river, which must be an escapee from the fish farm at Mathinna. The best reliable lures to use along the system would be the humble Celta blade style, as well as soft plastics such as the pumpkin seed 3 inch minnow style, with the use of a small weighted jig head-flicked into the holes and up underneath the willows. Fly fishing along the river has been quiet due to the lack of fly life, but evening caddis hatches should bring the trout to the surface on evenings when the cold sea breeze does not come in.

**LAKE FISHING:**

The fishing from Lake Leake is just starting to hot up. Lake Leake is a waterway that also is suffering from low water levels, as it supplies the township of Campbell Town with water, as well as irrigation purposes downstream from the dam wall spillway. Inland Fisheries have stocked Lake Leake during the winter with adult rainbow trout from a private hatchery, and brown trout from the Great Lake Liaweenee Canal spawning run. These fish have certainly liked their new home with some excellent species being boated and taken by shore-based anglers, up to six pounds.

The best lures to use would be a hard body shallow-diving action lure, to keep the lures above the weed that is prevalent due to the low water levels. Soft plastic lure such as T Tails and minnow patterns will also work well.

Fly fishing Lake Leake has been slow to get going due to the prevailing westerly winds and unseasonal weather. Both rainbow and brown trout were taken using flies such as possum emergers, red tags, and shaving brushes. When no fish are taking food from the surface, then a team of three nymphs worked slowly over the weed-beds will undo an unsuspecting trout.

When boating on Lake Leake, take extra care, due to the many old stumps now just under water levels which normally do not pose a boating hazard. The Kalangadoo Bay boat ramp is now only suitable for small boats to be launched due to the low water levels, although the main boat ramp is still usable at the moment.

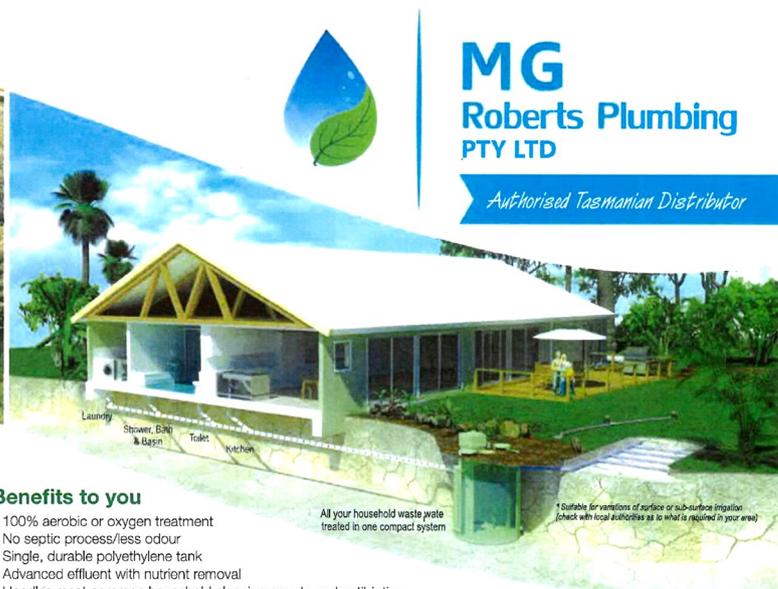
Other trout lakes from the central highlands are starting to fish well with the weather improving. While fishing Penstock Lagoon on Thursday 29<sup>th</sup> November, we had trout moving from 9.30am through to 6pm, taking duns and spinners throughout the day when the wind subsided enough allow the fly life to come over the water to lay their eggs.

Penstock Lagoon is one of the waterways to be used as part of the world fly fishing championship starting in the first week of December. The weather forecast for the week of the championship has snow forecast down to six hundred meters, and a forecast top temperature of six degrees, so give a thought to the team members of the Pacific Island countries, who I doubt would have ever experienced fishing in the snow! There are twenty-three teams from countries around the world at this event, and it will certainly be a big bonus to our tourism industry, and to promote our world-class wild trout fisheries.

**SALT WATER**

Salt water has seen some nice-sized salmon and trevally coming from the bay at St Helens, on lures, bait and fly. A good method is to prospect with soft plastic lures while using a sounder to find schools of salmon, with some-time big trevally underneath the schools or mixed up in them. Bream fishing in both the Scamander and Swan rivers have been patchy, although bait anglers would do well using the normal baiting methods. We had a morning on the Swan River mid November on a reasonable day, fishing with hardbody lures at the normal reliable spots to no avail, going home with a donut (none). The morning tide had no run to speak of so the excuse was "no run, no fun". A fishing trip to the Scamander River using the fly rod only, produced plenty of casting, plenty of frustrating refusals but eventually, through perseverance or annoyance to the bream, a couple of nice specimens from the snags above Upper Scamander ramp. The flies used were orange body with green maribou with a bit of flash.

Good Fishing, safe boating and happy hooking until next time.



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Coach Road, **SCAMANDER**, includes recycling; OPEN 10am – 4pm Tuesday and Thursday and 2pm – 5pm Sunday.

Gray Road, **ST MARYS**, includes recycling; OPEN 10am – 4pm Tuesday and Thursday and 2pm – 5pm Sunday.

North Ansons Bay, Road, **ANSONS BAY**; OPEN 12pm – 4pm Wednesday, 10am – 4pm Sunday and 12pm – 4pm on Monday long weekends.

Rossarden Road, **FINGAL**; OPEN 10am – 4pm Tuesday and Thursday and 2pm – 5pm Sunday.

Tasman Highway, **PYENGANA**; - OPEN 9am – 12pm Wednesday and 2pm-5pm Sunday.

Charges apply at all waste transfer stations; see sign at entrance.

### BLACK WATER DUMP POINTS

#### BREAK O'DAY MUNICIPALITY

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St Marys—Harefield Road, St Marys.

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**St Helens Walking Group – Stepping in tune to *Casuarina!***

*Contributed with pictures by Jill Howe*

A Wednesday's walk led by Adrian took the 15 walkers in a loop walk beginning and ending at his place, named *Casuarina*. We rambled through a beautiful bush section, spotting miniature orchids, wombat holes, mature handsome gums and, of course, *Casuarina* trees. A little hop down a bank and we found ourselves on the gravel flats of Golden Fleece Rivulet. Looking back into the bush the *Casuarina* trees glistened with a gold edging appearing to reflect the river water's colours – it was all just beautiful and peaceful. Eventually we dragged ourselves away from the tranquility and chatter and looped up through the bush again, to the dam area and homestead where we plonked ourselves in comfort on Adrian's verandah to enjoy a gathered morning tea which, it was suggested, was really just a practice for our Christmas lunch coming up in December. During this friendship time, Adrian showed us his banjo made by a local craftsman from one his old fallen *Casuarina* trees – what a beauty!



Adrian showed too that he's certainly a man of many talents, as he strummed away happily. What a relaxed and pleasant walk day we all had.

**St Helens Walking Group** is part of Hub4Health and the Heart Foundation's efforts to encourage walking as a daily exercise to improve and maintain a healthy lifestyle. Its great fun and always refreshing, with as much or as little as you desire in learning and social opportunities. A variety of leaders within the group are very capable of leading each walk on an adventure within the allotted time frame along with providing interesting information and/or walking conditions for the track being taken. Residents and travellers in St Helens and surrounding districts are welcome to join in the walks. Have \$2.00 ready for the driver if you want to car-pool and be at *Hub4Health in Portland Ct, St Helens* by 8.50am on a Wednesday or on the 3<sup>rd</sup> Saturday of the month for a longer walk. (\$5.00 for carpooling on Saturday walks) For more information **Contact Pam Bretz on 0439 547 529 or Alex Buchanan on 0428287753**



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Time & date: 9.30-11am 10th Dec

[consultations.health.gov.au](http://consultations.health.gov.au)



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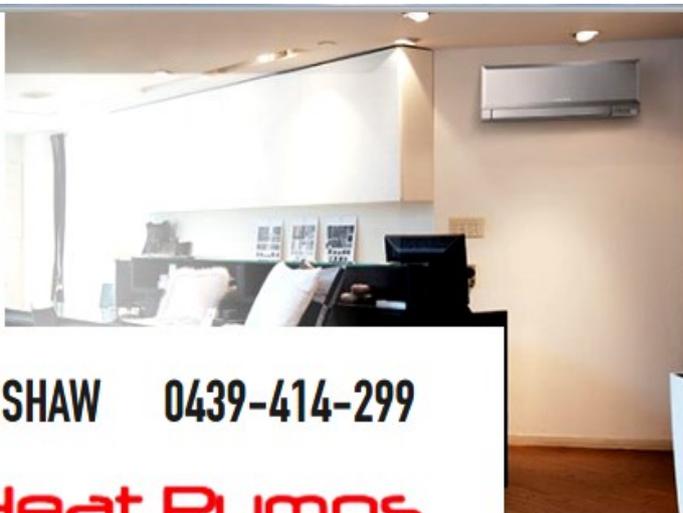
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# Crossword 51.21

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7										
8		9			10					
				11						
12							13			
						14				
15								16		
17				18						

**Across**

- 1 Emit (4,3)
- 5 Typist's rate (inits) (3)
- 7 The Church of England religion (11)
- 8 Stern (4)
- 10 Child's glove without fingers (6)
- 12 Peculiarity (6)
- 13 1920s art style (4)
- 15 Shelters; refuges (11)
- 17 Brazilian port (3)
- 18 According to law (7)

**Down**

- 1 Nanny (11)
- 2 Laze about (slang) (3)
- 3 Cut (4)
- 4 Awful (6)
- 5 Simple wind instrument (7)
- 6 With great importance (11)
- 9 Experience (7)
- 11 Leisurely walk (6)
- 14 Alcoholic drink (4)
- 16 Lass (3)

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### HAYSHED CUP ENJOYED BY PLAYERS

The annual Hayshed Cup was played on Sunday 17th November at the Malahide Golf Club.

23 players drove, chipped and putted their way around the course, playing only 9 holes, due to the wedding of a member of the Vincent family on the day before.

The winning team of Andrew Johns, Mark Johns and Craig Woods scored 27.75, with the runners-up being S Reid, J Beer and S Waller, with a score of 28, and M Salmon, Tristan Vincent and A Granger on 32.25.

Nearest the pin on the 4th and 8th holes was Andrew Johns, with the longest drive being achieved by Mark Johns.

Sponsored by Barbara and John Vincent, the game was followed by a spit roast, which was well-enjoyed and received many compliments. Spectators watched from the clubhouse, and said that the day had been very good.

Sunday 8th December sees Malahide Golf Club travelling to Ringarooma for the annual Malrooma Shield. We wish them every success.

### JOHNS FAMILY CHARITY GOLF DAY WELL ATTENDED

Although rain threatened to disrupt play, 50 players supported the Johns Family Charity Golf Day, supporting Suicide Prevention, which was held at the Malahide Golf Club on Saturday, 20th November 2019.

Bacon and egg rolls greeted the players as they arrived, giving them the energy to enjoy playing 18 holes of golf. Jack Kershaw, Mark Johns and Daniel Hill recorded 57.4 points, to be declared winners, with Matthew Miller, Darren Bramich and Darren Lewis coming in second on 58. This team also scored best gross, with a score of 65, and the longest drive was hit by G Campbell. Nearest the pin competitions were at the 1st and 10th, taken by Sam Nicholson, 4th and 13th, by Greg Powell, 5th and 14th by Jack Kershaw and 8th and 17th, which was also won by Greg Powell.



With more food being available after the 9th hole, play continued to the 18th hole. With the rain holding off until after the game was over, a tasty spread was enjoyed by players and supporters, after they returned to the club house, shortly before the heavens opened.

The ticket held by Hamish Lowe for the raffle prize of a lawn mower was drawn as the winner.

The Johns family would like to thank all those who supported their worthwhile cause.



## GLAMORGAN SPRING BAY COUNCIL ART PRIZE 2020

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Entries close: **10th January 2020**  
Opening Night: **7th February 2020**  
Exhibition: **8th & 9th February 2020**

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TELEPHONE: (03) 6256 4777 or [www.gsbc.tas.gov.au](http://www.gsbc.tas.gov.au)

### Bicheno Twilight Christmas Market – Saturday 21<sup>st</sup> December 5-8pm

Looking for stallholders and food vendors to help make the weekend before Christmas special in Bicheno.

Clean out your home before Christmas and have a stall, or make it, bake it and take it to the market.

If you would like to have a stall or are a food vendor please email Karen Skews on [skewskaren@gmail.com](mailto:skewskaren@gmail.com).





**How do you contact us?**

**Email:** admin@hub4health.org.au

**Web:** www.hub4health.org.au

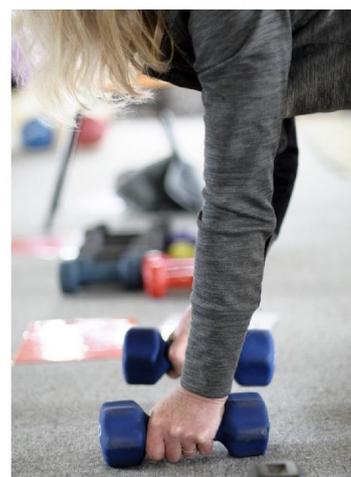
**Facebook:** Hub4Health

**Our Aim:**

To support and facilitate health and wellbeing programs to rural and remote communities within the Break O’Day Municipality and beyond.

**Active4Life Gym Memberships** at our St Marys facility . Membership are easy to apply for and the low fees will be used to support the ongoing operation of the community gym and ensure it is sustainable over the long term. The induction sessions for new members are on **Tuesdays 1.30-2pm** with Jason .

For more information please contact us **admin@hub4health.org.au**



**Mini Bus For Sale**

After a long period of consideration the Hub4Health Board of Management has decided to sell our mini bus. Offers welcome

Toyota Hiace

Manufacture Year: 2011

Body type: BUS

Colour: White with grey trims

Automatic

12 seater, 94,000 km,

No further hires

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**Hub4Health Holiday Update**

**Yoga with Katrin**—no classes 24th or 31st December  
Summer sessions venue bc

**Pilates with Tani**— final class 20th December 2019  
First class 2020—3rd January

No Active4Life Gym classes or inductions on 24th or 31st December. Classes resume 7th Jan . All renewals to be submitted by 19th December. No new memberships will be processed until the 14th January.

Office closed from the 20th December—13th January. Contact individual services for information on summer operating hours.

With One Voice Break O’Day—all St Marys sessions now at the Sports Club - final on 11th December (St Marys) or the 16th December (St Helens).

Thank you to everyone who has Supported Hub4Health programs In 2019. Best wishes for a safe and happy holidays

From Hub4Health staff and Board of Management



# St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215  
6387 5555

## GP Surgery Hours

Monday - Friday

8:50 - 10am

(10 -10:30am reception closed)

10:30am - 12.30pm

(1:00 - 1:30pm reception closed)

1:30 - 3:00pm

(3:00 - 3:30pm Reception closed)

3:00 - 4:30pm

## Pathology Service– Bloods

There is no pathology service prior to 8.30am. If you require pathology prior to 8.30am, i.e. urgent blood test and/ or a fasting test an appointment must be made at the Nurses' Station the day / evening before on: 6387 5555

**Hours of Pathology are:**

**Monday-Thursday 8:30am-2:30pm**

**Friday's 8:30am-4:00pm**

## Scripts and Doctors Appointments

Please ensure doctors appointments are booked **PRIOR** to your medications running out, or **IN ADVANCE** if you attend this practice regularly.

We are not able to issue scripts during the weekends, please ensure you have enough in advance. **Please be aware we are not able to issue scripts by phone**

**PLEASE BE PATIENT: Waiting periods to see your doctor may be experienced.**

## Non Attendance of Doctor's Appointments

Please be aware there is a non attendance policy at this Practice.

If you miss 3 appointments you will be sent an account. If you miss a 4th appointment you may be referred to another Medical Practice.

Due to demand non-urgent doctor's appointments need to be booked at least **2 weeks in advance.** Waiting periods can apply.

INR tests require a 5 minute doctors consultation.  
Please inform reception when booking

## Doctors Roster

**Dr C. Latt**

9/12/19– 20/12/19

**Dr K. Rawnsley**

5/12, 6/12, 10/12, 13/12, 17/12 & 20/12/2019

**Doctor's appointment are needs to see our GP's. It is not a drop in clinic**

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**AMBULANCE, FIRE & POLICE**

## WAITING AREA AT THE HEALTH CENTRE

The waiting area for **all** services at the St Mary Community Health Centre is in the reception. Please report to reception upon arrival and the consultant you are here to see will be told and they will come and collect you from this area.

## St Marys General Practice reminder

Dr Latt wished to remind the community of the following exceptions to bulk billing at the St Marys Community Health Centre

- ◆ Driving licence
- ◆ Insurance medicals renewals
- ◆ Requested medical reports
- ◆ Harness medicals
- ◆ Pre-employment checks

The above are NOT covered by Medicare, and may incur cost. Please discuss this with reception when making your appointment. If you have any concerns, please contact us and we will try and address them

## A.H. contact numbers

GP Assist	1300 780 011
Ambulance or Emergency	1800 008 008 000
Lifeline - Saving lives, crisis support and suicide prevention	131 114
St Marys Community Health Centre - please ring before presenting after hours	6387 5555
Mental Health Helpline	1800 332 388

# St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215  
6387 5555

## What's on at the Centre

### Doctors Appointments

Due to high demands on our doctors, there is at least **1 weeks wait to see our GP'S.**

If you are taking regular medications it is recommended you make your appointments in advance so they do not run out. Scripts can not be given over the phone or after hours.

Thank you for your cooperation.

5th Dec

### **2nd Bite Delivery**

**Social Worker** Shan Williams  
Call 6387 5555 for appointments.

6th Dec

**Social Worker** Shan Williams  
Call 6387 5555 for appointments

9th Dec

**Physiotherapist**—For appointments please see your GP or Health Professional for a referral.

10th Dec

**Hub4Health Board Meeting** 6:00pm-7:00pm in the Day Room.

11th Dec

**Day Centre— Christmas Luncheon.** 9:30am-2:30pm in the Day Room.

**Social Worker** Shan Williams  
Call 6387 5555 for appointments

**Physiotherapist**— for appointments please see your GP or Health Professional for a referral.

12th Dec

### **2nd Bite Delivery**

**Social Worker** Shan Williams  
Call 6387 5555 for appointments

**Physiotherapist**—For appointments please see your GP or Health Professional for a referral.

13th Dec

**Social Worker** Shan Williams  
Call 6387 5555 for appointments.

16th Dec

**Physiotherapist**—For appointments please see your GP or Health Professional for a referral.

**TLC Meeting** (Tasmanian Lymphoedema Centre) 5:00pm in the Day Room.

17th Dec

**Child Health Session** with Mary Mumford Tuesday fortnights, by appointment only. Phone 0428 136 381

**Max Employment**— 9:00am-3:30pm downstairs.

18th Dec

**Podiatry North**— for appointment please phone 6777 3006

**Day Centre**- call Hayley Gilbert on 6387 5555 for information on the group.

**Physiotherapist**— For appointments please see your GP or Health Professional for a referral.

19th Dec

### **2nd Bite Delivery**

**Social Worker** Shan Williams  
Call 6387 5555 for appointments.

**Physiotherapist**— For appointments please see your GP or Health Professional for a referral.

20th Dec

**Social Worker** Shan Williams  
Call 6387 5555 for appointments.

### DAY CENTRE ARTWORK COMPETITION

Thank you to everyone in the Community who voted on our pieces of art work in our Day Centre Artwork competition which has been on display in the reception area of the Health Centre over the month of November. Over 90 votes were made during this time.

Congratulations to the artist of artwork number 2— "Tree of Life" by Irene Smith, which was the People's Choice winner.

Congratulations to our People's Choice voter  
K. McCormick.

Your support is greatly appreciated.

Please make sure you get the next edition of the Valley Voice for updated information on dates for the Christmas and New Year Doctors Rosters, and events bookings at the St Marys Community Health Centre.



*"I extend a warm welcome to our newest Tasmanian Liberal Senator - Claire Chandler"*

**SENATOR JONATHON DUNIAM**  
LIBERAL SENATOR FOR TASMANIA

Ground Floor, 85 Macquarie Street, Hobart TAS 7000  
03 6231 2444 senator.duniam@aph.gov.au SenatorDuniam

Authorised by Senator Jonathon Duniam, Liberal Party of Australia, Ground Floor, 85 Macquarie Street, Hobart TAS 7000.

*Wishing you a Wonderful Christmas Season and A Happy New Year*

**John Tucker MP**  
Liberal Member for Lyons




**Tasmanian Liberals**

9 Gordon Street, Sorell  
Ph: (03) 6165 7840  
john.tucker@dpac.tas.gov.au

Authorised by John Tucker MP, 9 Gordon Street, Sorell

 John-Tucker-Lib-MP-for-Lyons

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**NEW YEARS DAY RACE MEETING, 2020**

**ST MARYS PACING CLUB LOOKING FORWARD TO GREAT DAY**

The St Marys Pacing Club’s organization towards the annual race meeting on Wednesday January 1st - New Year’s Day - is progressing well, with all things in place. With the first race starting around 1.00pm we can only hope for the good weather to continue as the day grows closer. There will be a guaranteed 7-race card, with the first race expected to start around 1.00pm. The Southern Cross St Marys Pacing Cup will be the major race of the meeting, with a \$12,000 first prize.

Once again we would like to thank all of our wonderful loyal sponsors who have again given their sponsorship towards the race day; without these people and businesses, the day would be very difficult to survive and continue.

Our loyal race sponsors are:

Harris Funerals, St Helens

Mitre 10, St Helens

Gazzmans Home Comforts, St Helens

Southern Cross Television

6ty Bullock Consulting

Hillys IGA St Marys and St Helens, and

Beachfront Bicheno.



**A big thank you to our sponsors for your support.**

Cense Group, St Helens, and St Marys Pharmacy, will again be the major sponsors of the “Fashions on the Fields” ladies’ event, with \$250, and a fascinator valued at \$100.00 from Beautiful Fascinators, an online-business of a previous “Fashions on the Fields” winner as first prize. Thank you to the donor.

The “Junior Fashions on the Field” will be on again for both boys and girls of various ages, with something for every participant, thanks to the wonderful sponsors who have donated money towards the event, with the surplus allowing us to provide a jumping castle and a free raffle for boys and girls with great prizes. Those people and businesses are Fingal Pastoral, John and Joan Lowe, Cement Australia, Craig and Dana Cox, Carols Swim School, Fingal Post Office, Becketts Heavy Plant, St Marys Bakery, and Steve and Kristy Austin of SKA Electrical.



Previous “Junior Fashion on the Fields” winners, l - r Lily Woods, Ava Howorka, Emma Potter and Byron Woods.

Huge thanks to the sponsors to allow us to put on the event, for more information give Craig a call, or check out our Facebook page.

As usual we ask for any volunteers that would be able to offer a half-hour to help out in the kiosk, on a roster that would enable personnel to man the kiosk between races then continue to enjoy their day. Anyone who would be in a position to help out, kindly let one of our committee members know, or contact me on the details below. Thanks again to all who have indicated their support.

Have a safe Christmas, and we look forward to catching up on New Year’s “Day at the Races”, to bring in the new year with hopefully a winner or two.

Craig Woods, Secretary STMPC

phone 0437 742 351 or email: [zugylarry@gmail.com](mailto:zugylarry@gmail.com)

Pony trot competitor Lachie Woods.



## St Marys Sports Centre News.

**By: Vollen Tier**

Hello to all, another big fortnight at the club, starting with an update of our honour boards that are almost completed thanks to the hard work of Peter Sorensen, Ian Summers and Jeff Springer, who have donated their time to bring everything up to date. Our club history will again be back on display again soon. The Trivia Night went well and was enjoyed by those who attended, a fun night with table one headed by Captain Kirk Cooper winning the spoils on the night, thanks to all who helped out.

**Bowls News:** Only the one game to report this issue as we had a bye last weekend, and some intrepid bowlers travelled to Scamander for the Maurice Hill Memorial Triples Carnival; no spoils to the St Marys crew, but what a great day and well organised by the Scamander crew. The week prior, we hosted Swansea at home, but again the weather was very unkind to us all, just can't get a Saturday without the wind or rain or both. Anyway, even though Johnnie Mac turned up with his cap this week, we took narrow losses on three rinks by 1, two and two shots, to go down by just 18 shots over all. Close again but no points. This week we travel to Bicheno for the first time on their rink this year, Scamander at St Marys on the 14th and Swansea at Swansea on the 21st December; all games start at midday if anyone is interested in popping over for a look.

Thursday night is our traditional practice night which is open to anyone to come along and have a roll, either experienced or beginner, all starting around 4pm.

Our Annual Clive Berwick Triples Carnival is on Saturday the 28th of December, and as I write this article, there is only one spot left in the competition, great news and thanks for the support again.

**Golf News:** The intrepid crew had a hit out last Sunday with Peter Sorensen taking the honours. It would be great to see a few more on the course, as the greens are starting to look great and very playable. Can't say the same about the fairways at present, what the drought hasn't got, the crows and rabbits have turned over, but with preferred lies all over the course, makes for some good golfing. We play 9 holes every Sunday commencing at 11am if you are interested in joining us.

Our next Crib Night is Friday the 13th December commencing at 6:30pm. Always a great night and very competitive.

**I would like to mention that our club is open for hire for most events, including children's and adults birthday parties, community events, weddings and wakes. They are all costed for you and ready to go. Sorry, no 16th, 18th or 21st birthdays for obvious reasons, as we have been caught out in the past.**

For further details contact:

President—Tamatha 0427332085

Secretary—Macca 0457498641 or

Treasurer/Licensee—Dawn 0408177285



**COLOUR IN THE CHRISTMAS TREE TO WIN!**



ENTRIES MUST BE IN THE BOXES BY 3.00 PM, THURSDAY 12TH DECEMBER, 2019.

NAME ..... DATE OF BIRTH.....

ADDRESS ..... DIVISION.....

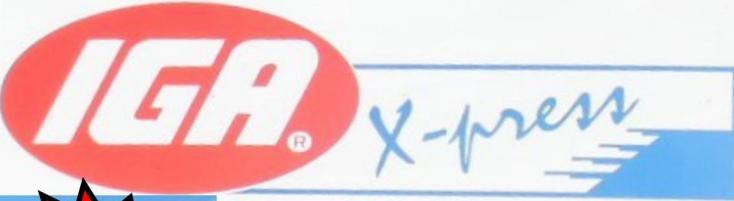
..... PHONE.....

**CONDITIONS**

- 1 Entry is free, and closes at 3.00 pm on Thursday, 12 December 2019, and must be on this sheet.
- 2 The age for division 1 is 7 or under, ages for division 2 is 8-12.
- 3 Entries are to be taken to Fingal Valley Neighbourhood House office, or St Marys District School, St Marys Campus, and put in the box provided.
- 4 No responsibility is taken for entries not lodged as above.
- 5 Entries will be judged by independent judges, and decision is final. No correspondence will be entered into.



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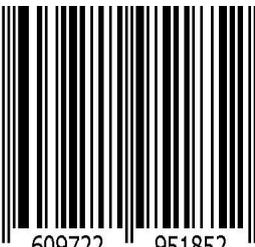
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|---|---|

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0 609722 951852

# Crossword Solution

ISSUE 51.21

O	M	W	M	U	M	C
U	N	A	W	A	R	E
T	R	L	W	A	E	
O	A	R	R	E	L	A
F	O	U	V	I		
B	A	W	L	S	C	A
R	O	O	E	I		
E	X	C	L	A	I	M
A	H	U	E	O	I	
T	B	A	R	E	D	O
H	R	D	A	Y	P	Y