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THE VALLEY AND EAST COAST VOICE

Established 1968

Edition 52.04 19th March 2020

Deadline for 52:05 is at 5.00pm on Monday 30th March 2020

40TH FINGAL FESTIVAL A SUCCESS

Organisers of the event are happy that gusty winds and the threat of the Covid-19 virus didn't stop over 600 people attending the 40th Fingal Festival, held on Saturday 14th March 2020 at the Fingal Recreation Ground. With the usual events of Roof Bolting, coal shovelling, wood chopping and yard dogs being watched by enthusiastic audiences, the return of competitive sheep-shearing and wool handling meant that there was plenty to see.



SES and Tasmanian Fire Service demonstrated how people are retrieved from cars involved in accidents, and Oatlands Rural Youth hosted a Dog High Jump competition, which was won by "Barney", owned by Brady Woods of Fingal, who cleared 2.7 metres.

The animal nursery, a jumping castle and mini jeeps kept the youngsters entertained, while pizzas, nachos, sausages and hamburgers and yummy donuts kept the belly full, and frozen slushies and the bar wet the whistles of patrons. Break O'Day Traditional Archery Club gave people the chance to test their bowmanship, offering bows and arrows to shoot at various targets and talking about the sport of archery. An Olympic sport, archery has been used both to supply food and to entertain spectators for thousands of years. The range is situated at Diana's Basin, and interested people can attend get in touch with the club through the website.



David and Susan Lowe drove up from Granton to attend their first Fingal Festival for a few years. "We came to support family members who compete in the roof-bolting every year," David told me, "and to catch up with people we haven't seen since we moved away." When asked what memories they have of Fingal, Susan said "The people, just the people. They are friendly and great to be around." They hope to return next year.

The friendly faces of Keri Webb, Vyv Ogilvie and Jeremy Richardson greeted people at the gate, and once again, Glenn Woods' dulcet tones were heard announcing events and encouraging competitors.



The day was rounded off with a cabaret, featuring Dave Hawkins, which was attended by over 150 people. "Boys From The Bush", "Living Next Door To Alice" and "500 Miles" were among the song performed, and the audience enthusiastically joined in.

Potential contestants for "Dancing With the Stars" took to the floor, and clearly enjoyed themselves, too.



The Committee would like to thank all who attended the 40th Fingal Festival and the cabaret, and hope to see you all next year.



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TasNetworks	13 2004
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Opinions in any letters published are not necessarily those of the Editor and committee, staff or volunteers.

Our pages remain open to fair and honest criticism so that, on all questions, both sides may be presented, but any submissions containing personal attacks/libel/slander will not be accepted.

Kindly do not attack the Editor, the paper or the authors of previous articles.

All articles for submission, including letter to the Editor, must bear the author's full name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only. Letter writers will be given the chance to respond over a suitable period of time.

Subjects may be closed at the Editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam.

Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer. The Editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary.

The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines. All information is correct at time of printing. Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.



MEALS ON WHEELS

Do you know you don't just have to be elderly or sick to receive meals on wheels?

You can also select from a three course down to a one course meal. You don't even have to get them every day... *you decide when and how often.*

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Home-style meals are made on site at the Health Centre daily. Pick-up and delivery available.

St Marys Meals on Wheels cover from Scamander to Bicheno and as far as Fingal and surrounding area.



Positioning the drill.



Drilling the holes.



Tensioning the bolt.

ROOF BOLTING

The major event of the day, roof bolting, drew a good crowd to watch as competitors showed off their skills in an activity that is still a vital part of the mining industry today. Competitors demonstrated how the roof is secured in many underground mines, using long bolts and chemical glue. The wearing of full safety gear is compulsory and penalties are incurred if the bolt is not tightened to the required tension, the bolt protrudes too far, or the correct Personal Protective Equipment is not being worn.

"I enjoyed doing this from the first time I did it, so I have kept going. You need good body strength, and your arms need to be pretty good, too. I have a new partner this year, Luke, so I'm pretty happy with the result, so we'll be back next year," fourth place-getting team member Randal Faulkner, pictured right with his team-mate Luke Webb said. "It's no different to work, so I can practise any day I want," he added.



10 teams contested the event, drawing competitors from interstate.

In an exciting finish, the team of Jamie Viney and Leigh Spilsbury, claimed first place, with the time of 2.38.05, second place going to Paul Webb and Craig Baldwin, their time being 2.40.98, followed by Ken Muldoon and Wayne Morgan, in 2.41.68, and, Randal Faulkner and Luke Webb recording 2.52.49 for fourth place.



The Winners.

In memory of the late Rhyan Street, a valued member of the coal-mining community and emergency services, who passed away suddenly late last year, a new award has been instigated. A plate lists the names of the team who record the fastest time on the day, and was presented for the first time this year. Jack Viney and Leigh Spilsbury stated that they are "very honoured to have the first names on the trophy", presented by Rhyan's father Mark, who also thanked the community for the support given him and his family since the loss of Rhyan.

COAL SHOVELLING

The coal flew and the dust wafted, as competitors in the World Coal Shovelling competition did their best to beat the record and be declared the winner. Using a regulation-sized shovel, loose coal is flung into a bin, with the target weight being 508 kgs, 1/2 imperial ton. The bin which has the required weight in it rings a bell, and the competitor goes into the next round—or wins! The record time for a single shoveller is 26.72 seconds, held by local Wayne Miller. The fastest time recorded at Fingal is 29.5 seconds; that's fast! In the doubles competition, the record stands at 14.8 seconds, set in New Zealand by Brian Coghlan and Piet Groot in 2004—a tough time to beat.

Female competitors have been missing for the past few years, so a highlight was the attempt by Rebecca Ferguson of Clarence and Catherine Salmon, of Little Hartley to beat the record time of 38.29 seconds, set by Christine Adams in 1998. "I've never done this before, I thought it was only 1/4 ton, not 1/2 ton!" said Rebecca. "I'm exhausted! I knew it wasn't easy, but I didn't think it was that hard!" she exclaimed. Her partner could just nod in agreement. They both said that they would try again next year, if their partners came to compete in the roof-bolting competition.



Joe Rattray, Mac Woods, Ron Davidson and Eugene McKinnon.

The winners:

Singles:

Mac Woods	34.45	Doubles Men:	
Joe Rattray	34.56	Eugene McKinnon and Joe Rattray	20.53
Eugene McKinnon	39.59	Mac Woods and Ron Davidson	23.53
Ron Davidson	44.04	Luke Webb and Paul Webb	35.78

Women:

Rebecca Ferguson and Catherine Salmon

WOOD CHOPPING



Competitors flexed their arms, stretched their legs and set their axe against the log, before being counted down to their starting number and swinging their instrument against the sweet-smelling wood, to see who could get through the log first. A skill used to this day, wood chopping as a sport started in Tasmania, and has spread around the world. With two distinct styles, standing and tree-felling, it has become a standard part of the action as part of many a country show. Two Tasmanian

Championships were contested on the day, the 275mm Standing Chop and the Tree Felling Championship.

Mick Tucker had a great day, contesting all events, gaining 3rd place in both the 225mm Standing event, and the Tasmanian



Tree-felling Championship. "I've been chopping for 42 years. It's the only sport which can claim to be wholly Australian in origin; in fact, it started in Tasmania in 1884. The camaraderie among the boys is fantastic, but they are also fiercely competitive. We all help each other when we see we need to, and with the young people coming through the ranks, chopping will be going for along time to come." Mick is a member of the Australian Veteran team, which travels widely to compete.

Other results from the day included Shaun Percey taking out the 225mm Standing, Brett James winning the 250mm Standing, Steven Rowe being the victor in the 300mm Standing , and Tyson Rowe was the winner of the 300mm Underhand event.

Results from the 275mm Standing Tasmanian Championship were Dale Beams first, Andrew Kelly second, and Joe Rattray third.

Daniel Gurr was victorious in the Tasmanian Tree-felling Championship, with Matthew Gurr coming in second and Mick Tucker finishing third.

Hot-saw racing finished the day off, with the winner being Dale Beams, with a time of 5.97 seconds.



Mick Tucker
marks his tree.

CYCLING

The Northern Vets Cycling Club "Fingal Fifty" has been run & won for another year.

It was a smaller turnout than we have come to expect, which meant hard work for the 8 bunches of riders, 3 & 4 strong, as they battled a fierce southerly cross –wind.

The remnants of 2 groups of middle markers came together just before the turn, and rode strongly together through the field, picking up a few more willing workers as they went.

The finish line came just in time for them, with a very strong finishing bunch of front markers closing down rapidly.

Lance Beament was first to break from the bunch with a couple of hundred metres to go, and it looked like he might hold on for the win, until a perfectly timed effort from Matthew Bernal & Brooke Lendvay saw them take out 1st & 2nd. Lance's legs were dying but he held on for equal 3rd place with Nick Lawrence creeping in on the line.

Paul Headlam did a heap of work for his bunch for a well deserved 5th, with club hard man Tim Burford not far behind in 6th. 2018 winner Peter Dadson, Simon Cash and front markers Paul Rowlings & Paul Morgan rounded out the top 10.

Results;

1st Matt Bernal	2nd Brooke Lendvay	Equal 3rd Lance Beament and Nick Lawrence
5th Paul Headlam	6th Tim Burford	7th Peter Dadson
8th Simon Cash	9th Paul Rowlings	10th Paul Morgan

Fastest time -Paul Rowlings

First female -Brooke Lendvay



Brooke Lendvay,
second overall, and
first female rider to
finish.



Matt Bernal received the
winner's sash from Brian
Mitchell MP.

A fantastic effort by our volunteers ensured a safe a trouble free race and we thank them sincerely; Phil Stevenson, Ricky Allen, Patrick Coe, Noreen Hogan, Andrew Flanagan, Micky Loedeman, Lynette Mason, Eileen & John Hillier.

We also thank the Fingal Valley Festival organisers and sponsors for their continued support..

Contributed by Nick Lawrence, NVCC President.

SHEARING AND WOOLHANDLING

The welcome return of competitive sheep shearing and woolhandling drew good audiences and great results. Shane Rigby, local competitor, said that it was great to see so many people welcome the return of a skill still in use all over the world, which had been absent from the Fingal Festival for more than 3 years. A large crowd watched as the sheep were pulled onto the floor, then shorn with skill and speed. Following the gathering of the fleece, it was expertly thrown onto the grading table, where, after the edges were neatened, it was bundled and rolled, then placed into the pack. Local girl, Catherine Thomas, has



Catherine Thomas in action.

gained a School-based Apprenticeship with a local contract shearing business, and was competing in both the novice and senior events. When asked why she is competing in a traditionally male sport, she said, "I've never been a "girly" girl. I enjoy being in the shed, and I get to meet new people and travel all over the state to compete. I am undertaking a school-based apprenticeship with Steve Rigby, and when I am qualified, I can travel all over the world, working and meeting people in different cultures." Catherine added that the drawbacks include, "thistles in my hands, and washing that smells like sheep!" At the end of the day, Catherine earned 3rd place in the Novice category and 4th in the Senior woolhandling event.



In Sport Shearing, the winner of the Novice category was Alex Cusic, with Max Lodge coming second. The Intermediate category winner was Brodie Carpenter, and second place was claimed by Max Lodge. Local shearer Jye Baldwin was the winner of the Senior category, with Josh Sproule claiming second place. In the Open category, Robbie Glover was awarded first place, and George Higgins took out second place.

In Wool Handling, the Novice event winner was Sarah Smith, with Amelia Byers taking second place. The Senior handler judged the winner was Jolin Gellatly and Fran Banovic came in second. Mel Morris was awarded the Open handling category winner, with Cassie Franklin finishing second.



Adrian Carpenter, and Tilly, ready to compete in the final.

YARD DOG TRIALS

The excited barking of sheep dogs eager to round up the sheep filled the air from the moment they were taken out of their travelling trailers and smelt the enticing aromas of the Fingal Valley. After checking out the yards, each dog took its turn at following directions given them by their owner, to direct a small flock of sheep around a circuit, including up a ramp, and separating a few sheep and pushing them into a smaller yard.

We had a total of 38 dogs entered for the trial, and three events were contested.

In the Novice event, Matthew Johnson with Ethel scored 94 points, and with Sako, earned 89 points. Third place was taken by Denis Kline and Dusty, with 87.5 points.

The Improver competition was won by Simon McGee with Storm, who was awarded 86 points, followed by Martin Waddingham and Harry, 80 points, and Tim Hall with Rowdy, 78 points.

The Open event was won by Adrian Carpenter with Alf (97+80=177). With Tilly, Adrian Carpenter scored a total of 169 points (85+84), and Denis Kline took out third place with Hayden, on 168 points(88+80).

Denis Kline and Tim Hall are our state representatives competing at the 2020 Australian Yard Dog Championships held in Lucindale SA this coming week; Adrian Carpenter and Peter Allan are also competing.

We wish them all the best.

Our major sponsor is Coprice, and Malahide kindly donated all the sheep, yards and transport of the sheep to the event for us. The Fingal Festival also donated prizes for our competitors.

Thank you to our sponsors, we can not compete at these events without the help and support of our sponsors.



Tilly in action, working towards second place in the Open event.

The Say by the “Cage Rattler”

So, as we speak, our planet, is basically shutting down. Millions are concerned about their health, finances, job security, toilet paper....and the media is wall to wall talking about it. It's COVID-19 or Coronavirus. The blame game has already commenced, with now Chinese claims against a U.S soldier and such. It's an absolute mess on a grand scale, and we're all going to suffer.

Here's the ironic thing though; the actual disease for more than 99 % of the people, as said by health authorities (0.6 to 1% calculated), will be like having a bad cold or a mild influenza, and similar conditions. The fatalities will come mostly from the elderly with pre-existing respiratory or similar conditions, which is already the case with flu and the like....many thousands every year die from that now, as it happens. What is truly scary though, is that the coronavirus is so easily transferable at the moment, so lots of people can get it without doing much wrong.

The health authorities keep telling us that the best thing we can do is carry out careful hygiene practices, like covering our mouths if coughing or sneezing, washing hands thoroughly when in public, and so on. This alone will help in a big way in stopping it's path. There is no vaccine, and not likely to be, for some time yet, and no treatment except careful self-isolation and normal viral management until the illness has cleared up.

The real tragedy of all this, I think, is not the direct health threat, but the real risk of businesses going to the wall, thousands out of work as a consequence, and the burden that this places on the economies of most, - if not all - countries. All that for what is already known to be a fairly mild illness compared to some much more virulent ones throughout history.

Everywhere you look, things we take for granted are under threat. Some huge sports and entertainment events are effectively over or at great risk of being cancelled soon, not least the Olympic Games, major Anzac Day commemorations and all manner of public events. Then there is the travel industry, which so many rely on. Not just international travel either. Imagine if the major city or inter-city train and bus services or even ferry services like the TT services close down. Also fuel supplies have huge potential to be curtailed, it was said on Friday. Imagine that.....shank's pony or bicycle might potentially be it, from all but essential services, eh.....

Why does not the U.N. convene right now, and start making some hard and fast decisions requiring short term pain, like closing all borders for a month or two to let this virus run it's course in each country, or something similar.....Is that too simplistic?probably is.

Just remember all...you might get a sniffle with winter approaching, you might get a cough or even maybe a sore throat. This though, is most likely to be a bloody old cold or a touch of flu, but because the symptoms of COVID-19 are similar, just be aware to take the precautions our medical experts are telling us about. That'll be something every one of us can do to beat this silly little disease quicker than some are predicting it'll take.

What do you think?

You are not alone.

Break O'Day Mental Health Directory

Break o'Day/Bicheno Suicide Prevention Trial

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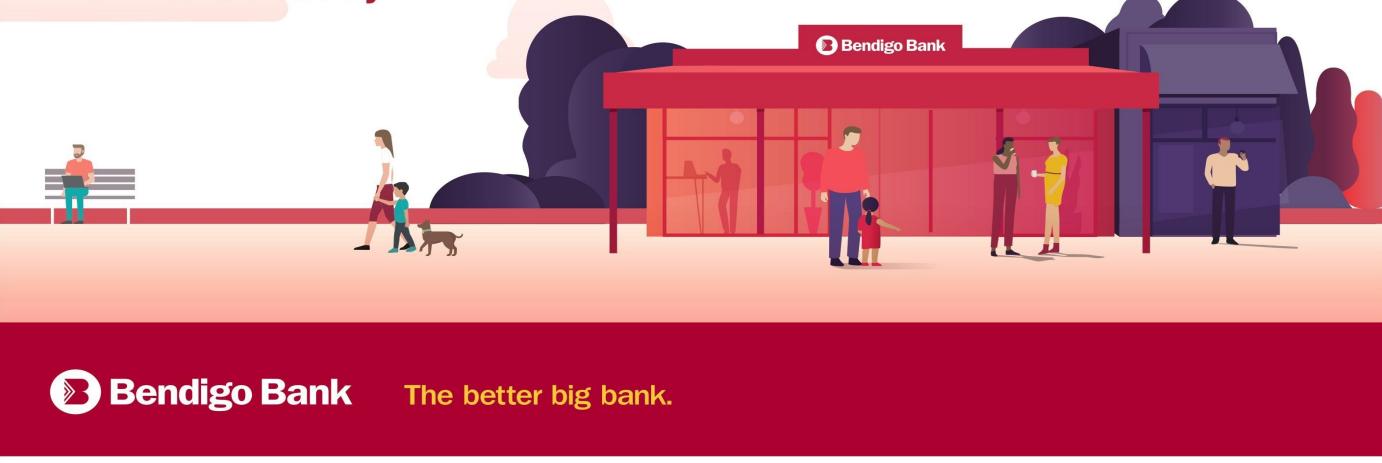


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Please call in to see the friendly team at: St Helens/St Marys Community Bank or call us on 6376 2560.

Events

Old Codgers Meeting

St Helens Books and Coffee, are offering men over 50 the chance to call in, enjoy a hot cuppa, play some cards, chess or just meet some new blokes. Held from 2.00-4.00pm. 15 Pendrigh Place, St Helens. Cost: \$1.00 per cuppa.

AA

Wednesday night, Anglican Church Hall, Cecilia Street, St Helens @ 7.00 pm.
Friday night, Anglican Church Hall, Main Road St Marys @ 7.00 pm.

St Marys Monthly Market

9.00 am - 1.00 pm, first Saturday of every month at St Marys Town Hall. Local handmade crafts, fresh produce and preloved bargains.
Ph Megan, 0418 881 315.

St Helens Markets

Held every Saturday in the St Helens town centre from 8.00 am - 1.00 pm. New stall holders welcome, phone 0475 844 481.

The Combined Probus Club of Scamander

Join us in fellowship, friendship and fun.
Meetings held 4th Wednesday of each month.
Guest Speakers.
Bus trips. Visit local attractions.
Time: 10.00 am. Where: Scamander Beach Hotel
Contact: Marj Aulich 0473 238 077
or Val Spencer 0437 397 219.

Eastcoast RC Flyers

Remote control flying every Sunday at 145 Reids Road Priory (St Helens), from 9.00 am. Visitors welcome. Phone Paul on 6372 2529.

MORE PHOTOGRAPHS OF THE FINGAL FESTIVAL



Angus Richardson and Keri Webb show their approval of the Fingal Festival.



Former local, Kevin Morgan, makes his way to the start of the cycling race.



“Mouse”, owned by Brady Woods, clears the wall in the Dog High Jump.



Commentator Glenn Woods urges Ron Davidson on.



Craig Woods, left and Macca Saunders, right, preparing a replacement block for the finals in the Roof Bolting Competition.



Viv Ogilvie and Jeremy Richardson greeted patrons at the gate.



Getting ready for the start of the Fingal Fifty cycling race.



The animal nursery was a popular place for the youngsters.



The mini jeeps were popular, with some parents riding with their children.



OOPS!

FINGAL FOCUS

Contributed by Mike Brouder

AUTUMN...A season of mists and mellow fruitfulness.....(John Keats)

What is autumn? The season between summer and winter. In the United States of America, the season is commonly known as “fall”, which refers to the fall of leaves from the deciduous trees at that time of year. This was also a common usage in Britain, and was carried to America with the settlement of the colonies in America. This was before the Revolutionary War, when those colonies broke away from the English Crown because they objected to being taxed for the benefit of the Crown without representation.

I, personally, think that the term “fall” is both appropriate and beautiful, especially in the northern hemisphere. In Australia there is a definite perception of leaf colour change in autumn, but without the obvious fall of leaves as in Europe. This is particularly obvious if you are fortunate enough to fly over the autumnal Tasmanian forest when the colours in the canopy of the forest are quite beautiful.

In the Northern Hemisphere the name “fall” refers to the practical use by the predominantly deciduous trees by providing a blanket of leaves as a buffer for the roots etcetera against the severe frost and snow of winter.

I remember at least one good thing about autumn and the coming of winter in those days when I was a child in London. ROAST CHESTNUTS.....YUM. We would buy some to take home and roast for ourselves, or when queuing outside a cinema (yes in those days before TV, we would queue up to get in to see a movie, or picture as we used to call them, even during the air-raids!) A man with a barrow - like a stall, but on wheels - and a glowing coke fire in a steel bin, would come around selling hot chestnuts roasted on a grill above the coke fire. These were very popular on a coldish autumn night, certainly with me.

*****T

There are three kinds of people in the world. Those who can count and those who can't...

You are such a good friend that, if we were on a sinking ship and there was only one life-jacket, I would talk fondly of you to everyone, as the one who asked, “Which one of these is the non-smoking lifeboat?”

Artificial intelligence is no match for natural stupidity.

The last thing I want to do is insult you.. but it is on the list.

A father and his small son were standing in front of the tiger cage at the Zoo. The father was explaining how ferocious and strong tigers are. The son was listening with serious expression... “Dad,” he said, “If a tiger escaped and ate you....” “Yes, son,” his father said expectantly. “ What bus should I take home?”

A man's credit card was stolen but he decided not to report it, because the thief was spending less than his wife did.

Two weevils grew up in London. One went to Hollywood and became a world-famous actor. The other stayed behind and never amounted to much. The second is known as the lesser of two weevils.

Why do they call seagulls “seagulls”? Because if they flew over the bay they would be called bagels.....

How do you get down from an elephant? You don't! You get down from a goose.

(Well, I thought they were funny, anyway.....Mike B)

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WALKING GROUP CLEAN UP

Wednesday 26th February was a Clean Up Australia event for the Group. There were 14 members and 6 trailers, allocated to 3 sites along the Argonaut Road. We were pleased to see that the areas that were cleared by the group last year remained reasonably clear.



Three trailers with 7 members went to the first site and soon had about 2.5 tonnes of rubbish delivered to the St Helens tip, where they got drenched in a deluge whilst unloading. Four members with one large trailer went to the second site and that trailer was also soon filled. Three members with 2 trailers went to the site of the mine restoration a few kilometres further out. Here they got only half a load with the area being relatively clear. After extracting a member's camper and trailer from a deep bog, this team returned via the first site where they filled the two trailers and a ute.



More than 5 tonnes collected by our Clean Up Australia effort - about double last year's collection. Thanks and congratulations to our dampened but not discouraged team. A job well done!



STAR FM Program Guide



		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Brekkie	Start your working week - with Sandsy	Enjoy your Fruit Loops - with Sandsy	I see Stars - with Sandsy	Eggs Over Easy - with Skuter	Alphabet Soup - with Jewels	It's the Weekend - with Shaun	Jukes Jazz until 9.30..then followed by Jukes Jukebox until Noon	
Morning	Your Host with the Most - Terry Post	The Good , the Bad...and the Ugly - with Skuter	Getting "Jiggy with it" Australian Style - with Terry	Rhythm N' Reggae- Big Davo	Simply 60's - with Pugs	Old and New with "You Know Who" - with Angelina		
Arvo	Jackster's MUSIC BOX - with Jackster	The DownUnder Show - with Mary-Anne	The "No 80's Zone" - with the Tone	Jonno's Fusion Show - with Jonno	Under the Radar - with Feef	A Dose of Dr Dave - with Dr Dave	Star FM's 80's Show - with The Tone	
Late Arvo	In the BACKSEAT - with Astro or JAX	2 For Tuesday Request Show - with Shaun	Something Fishy - with Fyshy	Plugged in with your FLASHDRI VE - with The Flash	In the Mix - with Jonno	"Around the World" with your Hostess - The Tone		
Evening	Monday Evening - with Star FM	Neville's Country Corner - and more with Neville	That 70's Show - with the Flash	The 90's New World Order - with Mathew	Magilla's Escape - with Magilla	The Party Pit Playlist by "Benji" - with Star FM	Big Daddy Davo's Blues Mix-hosted by Dave	

What does the Salvation Army offer in St Marys, the Valley and on the Coast?

Tuesday JAM for children between 5 and 12 yrs (3pm - 5pm excluding School Holidays)

Wednesday morning - Chaplaincy at the St Marys Hospital Day Care

Friday - Chaplaincy at EPlus and Medea Park in St Helens, plus home visits

Sunday - Our weekly gathering for Sunday JOY - ALL welcome - informal and relaxed

Also we can cater for Weddings, Funerals and Dedications

Please phone Mel on 0409 838 816 for any enquiries.

ANGLICAN CHURCHSERVICE TIMES

contact 6376 1144

St Helens

St Paul's: 9.30am every Sunday

58 Cecilia Street, St Helens

On 5th Sundays; combined service with Uniting Church & Christian Fellowship

St Marys

Holy Trinity: 9.30am cuppa, 10.00am every Sunday

13 Main Street, St Marys

Pyengana

St Michael & All Angels: 7.30pm 4th Sundays only

28007 Tasman Highway, Pyengana

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ST MARYS	88FM
FINGAL	88FM



YOUR COMMUNITY BANK SUPPORTING SPORTING ON THE COAST

Over the last few months St Helens has been host to a number of sporting events enjoyed by both young and somewhat older competitors.

Your Community Bank assists many groups and organisations throughout the municipality to help facilitate both events and general funding for infrastructure and equipment.

Recently we had the pleasure of being part of the Little Athletics Gold Medal Day which attracted approximately 170 competitors from around the state. The St Helens Athletics Club itself has 45 registered members and is run by a dedicated group of volunteers, most of which are parents of the members.

Our local Branch Manager, Sheree Archer & Board Member Sandra Lohrey, were both in attendance to assist with canteen duties.

In December the St Helens Little Athletics Club received an \$800 grant to replace the Discus net, which was unable to be used safely. The end result was great and will enable the club to use it as part of its regular competitions.



The Break O'Day community Triathlon was another event we had the pleasure of assisting. Even though we didn't field our own team, we were on hand to offer encouragement to the many energetic competitors.

Pictured: Barry Lefevre, Break O'Day Community Triathlon, Luke Faulkner, Sheree Archer, Bendigo Branch Manager, Craig Mottram, Olympic & Commonwealth Games Long Distance Runner and Andrew MacGregor.



Clr. Janet Drummond
Break O'Day Council
 0404 562 320
janet.drummond@bodc.tas.gov.au

St Marys District School Association

St Marys District School School Association

NOTICE OF ANNUAL GENERAL MEETING

The St Marys District School Association
will be holding an AGM at the
St Marys District School Performing Arts Centre on

Wednesday 1st April 2020 at 5:30 pm

This AGM will announce the new
Committee Members
All parents, nominated community members and
staff are welcome to attend.

GARY BARNES - Chair

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I can help with this and more, using Kinesiology, Reset, Reiki and Access Barsâ. Bicheno, Mondays; Fingal, Tuesdays; St Marys, Thursdays.
 Ph Bree on 0450 068 328

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I am a qualified and experienced Landscape Gardener. I have a Certificate III in Horticulture and am available to work in the area. For more information call Mark on 0457 168 521

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St Helens Supa IGA -

Wall mounted inside the foyer, available during open hours



St Helens District High School -

In the swimming pool enclosure, available during pool hours

St Helens Football Club -

Located inside the club rooms

Falmouth Community Centre - 24hr access

Wall mounted outside Morrison St entrance

St Marys District School -

In the swimming pool enclosure, available during pool hours

Scamander Sports Complex -

On the wall just inside the dining room doors

Binalong Bay - 24 hour access

Outside wall of the toilet block at the main beach carpark, Main Road, Binalong Bay

Fingal Valley Neighbourhood House -

24 hour access

On the wall outside the front door.

IN AN EMERGENCY CALL 000

AFTER ALL OUR
 ONLINE CHATS,
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 FINALLY MEET
 YOU IN PERSON!

ME TOO!

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31 Main Street, St Marys

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Opening Hours:

Mon: 12.30-4pm

Tue: 10am-12.45pm

Wed: 12.30-4pm

Thurs: 10am-12.45pm

Fri: 12.30-4pm

Challenge yourself!

We now have a range of jigsaw puzzles to use and enjoy while you are in the library.

Feel free to complete as little or as much as you like.

eLibrary: www.libraries.tas.gov.au

BOD-FM: A POTTED HISTORY

Some time prior to 1991, a radio interest group met from time to time to discuss the possibility of community radio on the east coast; Warren Speers, Paul Godden, Steve Walley & Dale Wright were some of these members. Not long after I settled here in late 1999, the group had expanded to include Don Ives, Denys Walter, John Collins, Chris Murray, John Rath & myself. Having worked in radio, I had some idea of what we had to face, but never-the-less, the enthusiastic group proceeded to contact the multitude of authorities, not least the ABA, who had not even developed a licence plan for the area. Navigating the bureaucracy and red tape was horrendous. We received quotes for equipment, and searched for premises; the BOD council was enthusiastic and helpful here. Some members visited other community station for ideas. We soon realized it had to be radio on a shoe string. July 2000 BOD council in conjunction with BEC forwarded a submission on behalf of the BOD FM group.

Many were involved in the studio design and setup, and as audio and computer equipment became available, I used some ingenuity and various parts from my junk box to hook everything up in some workable form. I should say this came about from generous grants from the Tas Community Fund. At the same time people were working on production, volunteer announcers were being trained by Sam Anglesey, the chief announcer; music used was mainly brought in by volunteers and also from the community satellite feed. Volunteers did everything from announcing, office work, cleaning and painting. Maryann and Rita were the first trainee announcers, I believe.

The transmitter sites, Flagstaff and South Sister, were major headaches; power, access and site leases. Michael Aulich from St Marys built the beautiful weatherproof cabinets for both sites; Warren and his team transported their box to South Sister, John, Don and I installed the Flagstaff one. Late in 2001, the group received apparatus licences for 93.7, 100.3 and microwave links channels.

Early 2002 saw the first test transmission, a very exciting time for all! We were amazed at the reception reports coming in from outlying areas. Sam said this was the only time in his career that he was the first announcer on air at a new station. We went to the pub afterwards.

And so as they say the rest is history. I must thank all those hard working steering committee members for their perseverance to make the dream a reality. I have to congratulate Blitz on his infectious enthusiasm and the way he has collected a great team together to make now STAR-FM such a great station. I'm confident the future looks bright. (Speech by Bob Grant, November 2012, 10th Anniversary Lunch.)

Break O'Day FM was broadcast out of studios in Pendrigh Place, St Helens, and has been around for nearly 20 years. Starting in 2002, the name of the station was changed to "Star" FM in 2005, representing **Sea, Town And Rural** reception areas, and the studio was moved to Hall Street, St Helens.

As you can see on page 9, community radio station Star FM have joined the Valley and East Coast Voice, and the program guide is now a regular article. The guide will be updated regularly, and we look forward to a partnership we think will benefit Star FM, the Fingal Valley and the East Coast.



Inside the studio, Hall Street St Helens.

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Tasmanian youth-mental health

ENGAGEMENT SESSIONS

Are you aged between 12 and 25 and passionate about mental health and wellbeing? We want to hear from you!

The Mental Health Council of Tasmania is hosting a series of sessions across Tasmania in March 2020 to find out:

- What existing mental health and wellbeing supports are working well for young people in your community?
- What challenges exist around accessing good mental health supports?
- What would help to improve wellbeing for young people in your community?

Glenorchy	2 March	5:00 – 7:00pm	Meeting Room 2, Glenorchy Library 4 Terry Street, Glenorchy
Huonville	4 March	5:00 – 7:00pm	Huonville Town Hall 40 Main Rd, Huonville
Sorell	5 March	5:00 – 7:00pm	Midway Point Neighbourhood House 34 Hoffman St, Midway Point
Smithton	17 March	5:00 – 7:00pm	Council Chambers, Circular Head Council 33 Goldie Street, Smithton
Devonport	18 March	5:00 – 7:00pm	Melrose Room, Paranaupli Centre (Library) 137 Rooke St, Devonport
Launceston	19 March	5:00 – 7:00pm	Meeting Room 5, Launceston Conference Centre 50 Glen Dhu Street, South Launceston
St Helens	20 March	5:00 – 7:00pm	The Bungalow, St Helens Neighbourhood House 25 Circassian St, St Helens

If you are under 18 years of age, we will require permission from your parent or guardian to come along.

The sessions will include a presentation from MHCT, plus some workshop activities. We will provide dinner to thank you for your time (please let us know if you have any specific dietary requirements).

If you would like to attend, please let Ezra Thomas know beforehand by emailing ethomas@mhct.org.au or by calling 0431 792 073.





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Fingal Valley Neighbourhood House INC

Old Tasmanian Hotel Community Center

18/03/2020

Fingal Valley Neighbourhood House will be postponing operations of programs, events and activities effective C.O.B Wednesday 18th March.

With the health and safety of our staff, volunteers and community at the forefront of our priority we will be doing things a little differently for a while. Our staff will be contacting volunteers and groups in the next 24hrs to ensure we can stay connected and continue to offer support during our shutdown period.

At this stage we are postponing all activities including the Op Shop, Tai Chi, Legal Literacy and Garden.

Loaves and Fishes (2nd Bite) will be available this week.

Play Centre will be open on Mondays.

Online Access Centre Open 1:1 ratio 9-12 Mon-Fri

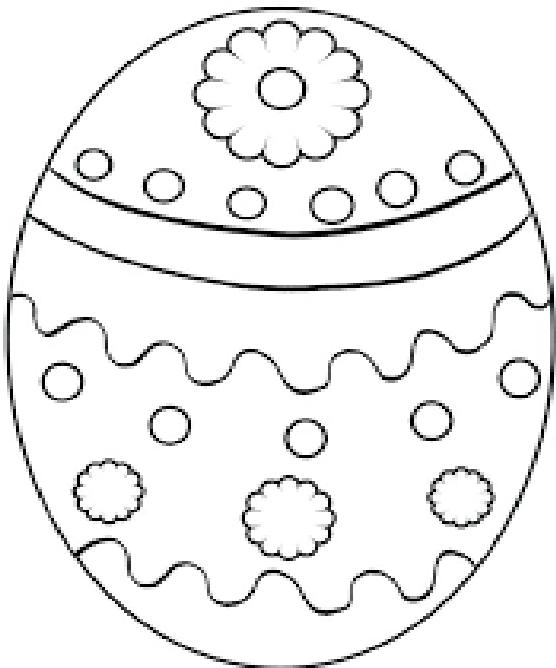
OPERATIONAL PROCEDURES

- We will continue to provide information, advice and support to the community via phone, email and social media;
- We are developing a list of vulnerable people in our community to contact regularly;
- Please let us know, via email, of any people you may wish us to keep in contact with
- We will investigate the level of food relief we can provide (we are considering how the food is packaged and collected and what risk is presented);
- Suspending non-essential transport
- All non-essential staff, contractors and volunteers to work off site.
- Provide essential transport for our most vulnerable to medical appointments.
- Staff and volunteers will complete a Self-Assessment Tool to ensure they are not at risk if they choose to come in;
- All group activities have been postponed;
- NILS Loans will continue to be offered via phone, emails and, in rare cases, in the large room;
- Cleaning will be more focussed on surfaces, entrances, keyboards, phones etc

We are monitoring the situation on a weekly basis. Regular updates will be provided to the community and volunteer team.

We thank you for your ongoing support and we will continue in the best way possible to support our community. Should you have any further questions please do not hesitate to call us on 6374 2344, email admin@fvnh.org.au, SMS 0437 550 571 or send us a Facebook message.

The Fingal Valley Neighbourhood House Inc is funded by the Crown through the Department of Communities Tasmania



Decorate the Easter Eggs to win prizes. You can colour them in, or decorate with glitter, feathers, sparkles or anything that catches your eye. Fill in the entry form and place the whole page in the box provided at the office of the Fingal Valley Neighbourhood House. Entry forms are available there as well as at the office of St Marys District School, St Marys campus, and can also be submitted there.

ENTRIES MUST BE IN THE BOXES BY 3.00 PM, TUESDAY 24TH MARCH, 2020

NAME..... DATE OF BIRTH.....

ADDRESS

PHONE.....

CONDITIONS

- 1 Entry is free, and closes at 3.00 pm on Tuesday, 24th March 2020. An "entry" is 2 eggs, each decorated as desired.
- 2 The age for division 1 is 7 or under, ages for division 2 is 8-12.
- 3 Entries are to be taken to Fingal Valley Neighbourhood House office, or St Marys District School, St Marys campus, and put in the box provided.
- 4 No responsibility is taken for entries not lodged as above. **NO LATE ENTRIES ACCEPTED.**
- 5 Entries will be judged by independent judges, and decision is final. No correspondence will be entered into.
- 6 Prizes - Both divisions First prize Basket of Easter eggs and gifts
 Second Basket of Easter eggs
 Third Large Easter Egg.



Do you have questions? We are here to take your call.

The Tasmanian Government understands the community has questions and concerns about the impact of coronavirus (COVID-19) on our health, businesses and events. Up-to-date information is available at www.health.tas.gov.au/coronavirus and through dedicated hotlines.



Public Health Hotline 1800 671 738

Call this number if you think you might have COVID-19 because you have a fever and respiratory symptoms (eg cough, sore throat) AND have recently travelled overseas or had contact with someone known to have COVID-19.



Business Tasmania Hotline 1800 440 026

Travel restrictions are impacting Tasmanian businesses and both the Australian and Tasmanian Governments are putting in place support measures to assist where it is most needed.

For information and support for your business, go to www.business.gov.au for Australian Government measures, and www.business.tas.gov.au for Tasmanian Government measures.



Events Hotline 1300 880 634

Travel restrictions are impacting some events in Tasmania. It would be helpful for event organisers to discourage people who are sick from attending events, and to promote hand hygiene.

For information and support, go to www.business.tas.gov.au.

Further information

Tasmanians can help slow the spread of viral illnesses by:



washing their hands often with soap and water; and



using a tissue or elbow to cover their mouths and nose when they cough or sneeze.

For general information about coronavirus, call the national 24-hour coronavirus information line on 1800 020 080 or visit the Australian Government Department of Health website at www.health.gov.au/health-topics/novel-coronavirus-2019-ncov.

For more information, visit
www.health.tas.gov.au/coronavirus



Important information about coronavirus



Recently travelled internationally, had close contact with a confirmed case of coronavirus and experiencing a temperature and flu-like symptoms?



Contact the Tasmanian Public Health Hotline on 1800 671 738

Remember in many cases people recover easily and only experience mild symptoms but you can help reduce the spread of illness.



Help slow the spread of viral illnesses by washing your hands often with soap and water and using a tissue or your elbow to cover your mouth and nose when you cough or sneeze.

MEDIA RELEASE

Monday 16 March 2020



Neighbourhood Houses
Tasmania

The Neighbourhood House Program and the coronavirus. What does it mean for our communities?

This morning Premier Peter Gutwein held a press conference to explain the current state of play for Tasmania in relation to the coronavirus. You can watch the [press conference here](#). There are a range of important public health measures being shared which Neighbourhood Houses are promoting including good hygiene practices and social distancing.

Neighbourhood Houses Tasmania (NHT) and the Department of Communities Tasmania have been working closely to share resources with the Network of Houses and to develop some key messages for Houses and their Committees to use as they make critical decisions over the coming days, weeks and months.

These messages focus on ensuring the safety of staff and communities. In summary, Houses are encouraged to:

- Cancel group activities if required for social distancing or to protect vulnerable people.
- Consider partially/temporarily closing or changing the model of how you support your community during this time.
- Modify face-to-face contact (i.e. less than 15 minutes with social distancing).
- Promote self-isolation for anyone (staff, volunteers and community members) who has travelled internationally.
- Use the [Self Assessment Tool](#).
- Share and interpret critical information from the [Tasmanian Government](#) and the [Federal Government](#) with community members.

Each House will determine which essential programs, activities and services will be offered; these may change as new public health information is available so please check with your local House for specific details.

NHT and the Network of Houses remain committed to their communities and to supporting the State Government to #flattenthecline to reduce the coronavirus spread.

For more information about these key messages and/or the Neighbourhood House Program please contact Tracey Tasker, NHT CEO, M: 0407 499 973 or E: ceo@nht.org.au

 Please contact: Tracey Tasker
ceo@nht.org.au 0407 499 973 16b Elmsleigh Rd, Derwent TAS 7009 www.nht.org.au

Page 1 of 1



Protecting yourself from coronavirus

Hand Washing Procedure



Wash with water and soap, ensuring the entire back and front hand surface is covered



Lather palms together



Lather between fingers



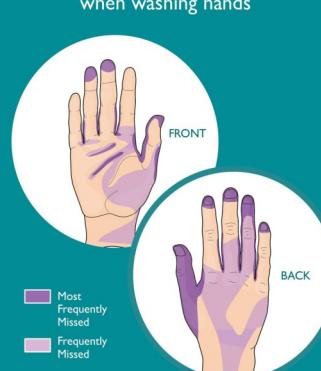
Focus on both front and back of thumbs



Make sure to reach the back of your hands



Lather wrists and rotate



FRONT
BACK
Most Frequently Missed
Frequently Missed

Stay up to date with the latest information about coronavirus at health.tas.gov.au/coronavirus



Protecting yourself from coronavirus

Following this advice and practising hygienic respiratory etiquette can help slow the spread of COVID-19



Wash your hands frequently for at least 20 seconds or use an alcohol-based hand sanitizer



Cover your cough and sneeze with your elbow or a tissue, then dispose of the tissue in a rubbish bin



If unwell, avoid contact with others (stay more than 1.5 metres from people)

Practising good hand and sneeze/cough hygiene is the best defence against most viruses



Clean and disinfect frequently touched surfaces regularly



Stay home if you are feeling unwell

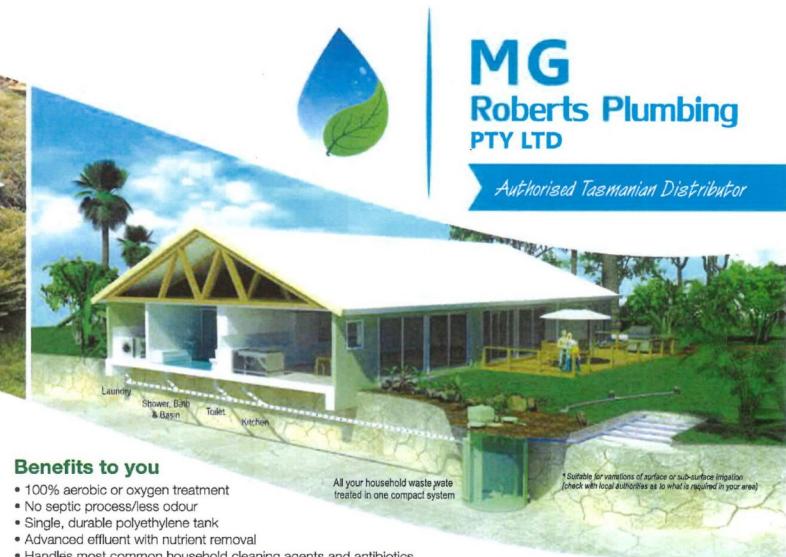
Coronavirus is most likely spread from person-to-person through direct or close contact

For more information, visit
www.health.tas.gov.au/coronavirus



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BREAK O'DAY MUNICIPALITY

Eagle Street, **ST HELENS**, includes recycling; OPEN 10am – 4pm every day.

Coach Road, **SCAMANDER**, includes recycling; OPEN 10am – 4pm Tuesday and Thursday and 2pm – 5pm Sunday.

Gray Road, **ST MARYS**, includes recycling; OPEN 10am – 4pm Tuesday and Thursday and 2pm – 5pm Sunday.

North Ansons Bay, Road, **ANSONS BAY**; OPEN 12pm – 4pm Wednesday, 10am – 4pm Sunday and 12pm – 4pm on Monday long weekends.

Rossarden Road, **FINGAL**; OPEN 10am – 4pm Tuesday and Thursday and 2pm – 5pm Sunday.

Tasman Highway, **PYENGANA**; - OPEN 9am – 12pm Wednesday and 2pm-5pm Sunday.

Charges apply at all waste transfer stations; see sign at entrance.



BLACK WATER DUMP POINTS

BREAK O'DAY MUNICIPALITY

St Helens—117 Tully Street, St Helens

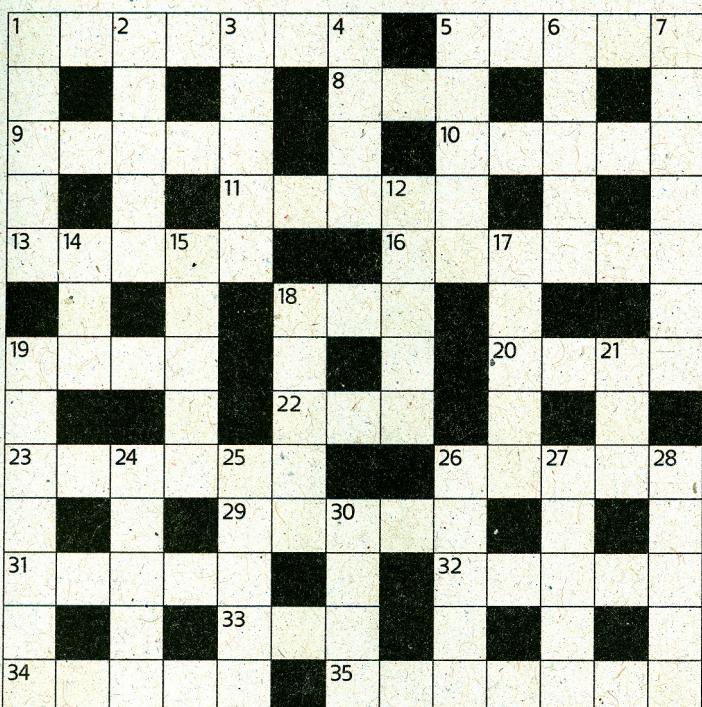
Fingal—13 Talbot Street, Fingal

St Marys—Harefield Road, St Marys.

No charges apply to use black water dump points.



Crossword 52.04


ACROSS

1. Constellation near Andromeda (7)
5. Vaccine (5)
8. Fitting (3)
9. Identical (5)
10. Church instrument (5)
11. Andrew Lloyd Webber musical (5)
13. Olympic award (5)
16. Sloping script (6)
18. Occupation (3)
19. South Pacific song, "Ha'i" (4)
20. Adore (4)
22. Illuminated (3)
23. Vienna's river (6)
26. Shoulder wrap (5)
29. Fruit (5)
31. Black carrion bird (5)
32. Dangerous (5)
33. Immediately (3)
34. Slays (5)
35. Theatrical backdrop (7)

DOWN

1. Religious verse (5)
2. Trade association (5)
3. Danielle _____ US author (5)
4. Indian garment (4)
5. Source of ermine (5)
6. Majestic (5)
7. Handcuff (7)
12. Himalayan country (5)
14. Epoch (3)
15. Word of farewell (5)
17. Muslim name for God (5)
18. Sweet mint drink (5)
19. US actress, star of 10 (2,5)
21. Oath (3)
24. Work of fiction (5)
25. Marriage notice (5)
26. Hold office (5)
27. Church passageway (5)
28. Parking place (3-2)
30. Cat's feet (4)

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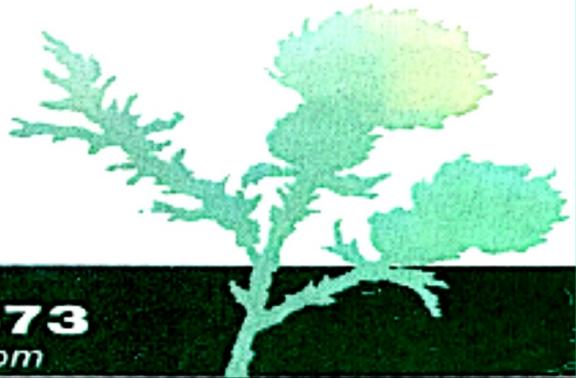
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Capeweed	Blackberry	Ivy	Holly	Patterson's Curse	Flat Weeds	Erica	Stinging Nettle	Onion Weed	Willow Trees
				Salsify		Boxthorn	Spanish Heath		
								Pampus Grass	
								Wild Raddish	
								Serrated Tussock	

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Waffle cone \$4.50



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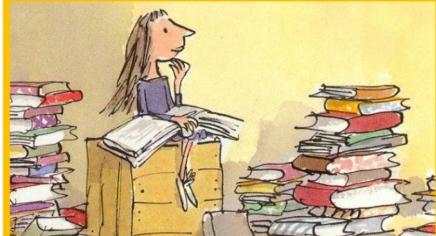
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Visiting Ochre Medical Centre,**St Helens****on 7th April, 2020.****Phone 1300 380 060****Comfort Clean Ear****Micro-suction wax removal clinic****Home Visits are available on request!**

MOUNT ELEPHANT AND BEYOND BOOK GROUP**BOOK REVIEW****Written by Pam Bretz.**

Our book for this past month was "Four Stories" by Alan Bennett. You might know Bennett's work as a playwright and film and television writer of works such as "The History Boys" and "The Madness of King George", as well as the quirky novel "The Uncommon Reader". These four stories are all very different from each other, and were published over a period of 12 years, but they all bear the mark of his acute observation of human nature and his ear for voice.

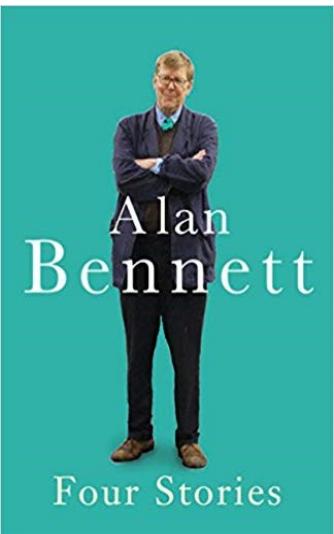
The First Story, "The Laying On Of Hands", takes place in a church in London he calls St Andrew Upchance - already you can see his droll wit appearing! The vicar, Father Geoffrey Jolliffe, "Anglican but with Romish inclinations", is presiding over the memorial service of a well known young man, a professional masseur, who has died in South America in somewhat mysterious circumstances. Bennett tells us, "Anybody who is anybody is accorded a memorial service-and sometimes an anybody who isn't." The congregation is made up of many celebrities and the conduct of the service is being observed covertly by Archdeacon Treacher, who is there to assess the vicar's "performance," and performance it does become as he loses control of the situation and the whole thing descends into farce and an hilarious denouement. Bennett's rapier wit highlights the snobbery, hypocrisy and self centredness of various members of the congregation, many of whom never otherwise darken the doorway of a church.

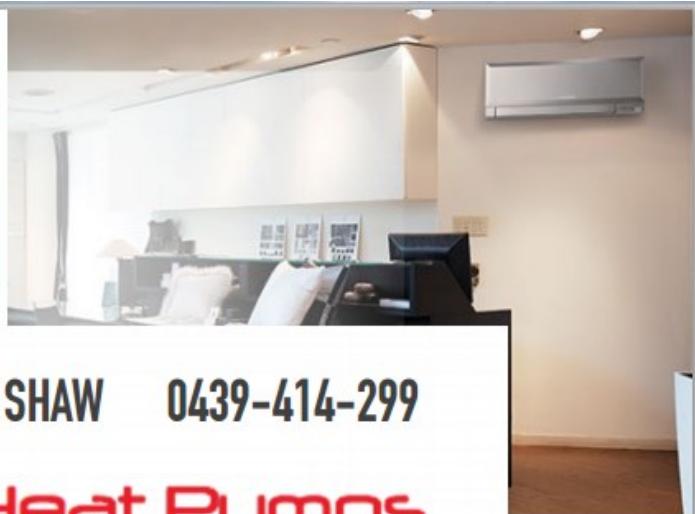
The next story, "The Clothes They Stood Up In", has quite a different tone and is perhaps gentler in its humour. Here a very staid, conservative and comfortable couple return home to find their flat has been totally emptied out, down to carpets, curtains and even loo paper. Suddenly they are confronted with the realisation that their former life, represented by their possessions, has been swept away. How this is all resolved leads to very different outcomes for man and wife, and highlights the burdens and restrictions we place on ourselves by our collection of consumer goods. The revelation of what happened to their flat challenges belief, but is extremely funny and again we acknowledge Bennett's brilliant eye for human weaknesses.

The third story, "Father! Father! Burning Bright", presents another change in mood. This time a rather hapless and ineffectual man, a schoolteacher, is making a last ditch effort to please his father by being present at his deathbed. Family relationships and the modern medical system are here put under the lens of Bennett's observation. There are moments of real pathos, relieved by hilarious interludes such as the Parent Teacher night at Midgeley's school. All readers will find something very familiar about many of the situations the writer sets up.

"The Lady in the Van" will be familiar to many, having been made into a wonderful film, starring Maggie Smith. Bennett wrote the script for that, too. This is his memoir of a true story and the adage about truth being stranger than fiction certainly applies here. For 15 years Bennett allowed a homeless woman to live in her van parked in his driveway. We asked ourselves how Bennett could have tolerated this for so long, until, in fact, she died, and he asks himself the same question in hindsight. Was he just "mining" her for material? After all, he did get a story and a film out of it! He claims he was just "lazy" in not doing anything about getting her removed or cared for, but in the end, it seemed to us that despite his sharp eye for human frailties and foibles, there is a humane and kindly streak in him that enables him to present his characters so that we can identify our own shared weaknesses and therefore examine our own lives because of the mirror he holds up for us.

A great writer! Google his monologues called "Talking Heads" and listen to a few of them to get an idea of his genius.





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ST HELENS WALKING GROUP COVER THE MILES!

On Wednesday the 5th February the walkers headed out from the mouth of the Scamander River to the entrance of the Winifred Curtis Scamander Reserve (WCSR). There were 17 walkers in total who enjoyed the beautiful weather with an outgoing tide. No snakes were sighted through the WCSR to the John White memorial lookout which was a bonus. There was plenty of water in the lagoon and afterwards, the group enjoyed morning tea at one of the member's home. Thanks to all for the delightful contributions.

Twenty eager walkers enjoyed our walk from Jeanneret Beach car park heading North to Cosy Corner on Wednesday 12th February 2020. The weather was a little windy. Surf was great, lovely to watch. Our walk was a mix of beach, bush tracks and gravel road with a few rocks to climb for good measure. Bird watchers enjoyed viewing the baby hooded plovers. Our walk was typical for Wednesday at 6km and 2hrs. All in all a good walk was had.



Saturday's walk on the 15th February 2020 to Mt Saddleback was rescheduled due to misty weather and low



Layering of rock at the Overhangs.
small fresh water cray

visibility - as suggested by one of the 17 walkers that attended, if one can't see the mountain it is probably best not to climb it! Instead of Mt Saddleback the group walked into the Overhangs where there were lots of birds and mosses. Everyone enjoyed this intriguing place and seeing the differing rock formations that included sandstone with conglomerate layering. From the Overhangs the group headed to Mathinna Falls where lunch was enjoyed at the entrance to the walk after which the group headed to the Falls. Part of the group stopped to enjoy the first pool whereas other members climbed a small path that took them to the second pool above the first. It was here where one of the walkers spied a great walking and organisation!





Mathinna Falls

After a delightful 50mm rain overnight and despite an unfavourable weather forecast the Wednesday walk on the 19th February saw three hardy souls gather at the Hub4Health by 9am before venturing to Grants Lagoon where two more (slightly damp) hardy souls were waiting. Not a drop of rain as we walked the bush track, along the foreshore, checked out the shacks and houses on the way then to the end of the beach, over the rocks and through the gap in the boobyalla to the track that leads along the coastline to Jeanneret Beach campsite. We were admiring the view as the first drop of rain fell, so made our way to the cars, arriving back damp and happy. A lovely walk to share with the rest of the group at a later time.

The weather on Saturday 22nd February was a vast improvement on the previous weekend, so an intrepid 14 of us set off to climb Mt Saddleback. Although the trail to the summit is only about 1.2 km on the map, the many twists and turns around the rocks means we travelled almost twice that distance. The first half of the climb is quite steep, gaining height of 200 m before a more gentle ascent of a further 100 m. Lunch on the summit afforded wonderful 360° views with Mts Victoria and Albert to the NE, Ben Nevis to the W and Ben Lomond to the S. Some of us with older joints found the descent a bit challenging but all agreed it was very worthwhile.

Walks scheduled for March include: Wednesday 18th March 2020 - Halls Falls

Wednesday 18th March 2020 - Halls Falls

Saturday 21st March 2020 - Policemans Point to The Gardens

Wednesday 25th March 2020 - Sloop Lagoon loop

All walks leave from the Hub4HealthHouse in St Helens at 9 am, see below.

St Helens Walking Group is part of Hub4Health and the Heart Foundation's efforts to encourage walking as a daily exercise to improve and maintain a healthy lifestyle. It's great fun and always refreshing, with as much or as little as you desire in learning and social opportunities. A variety of leaders within the group are very capable of leading each walk on an adventure within the allotted time frame along with providing interesting information and/or walking conditions for the track being taken. Residents and travellers in St Helens and surrounding districts are welcome to join in the walks. Have \$2.00 ready for the driver if you want to car-pool and be at *Hub4Health in Portland Ct, St Helens by 8.50am on a Wednesday or on the 3rd Saturday of the month for a longer walk.* (\$5.00 for carpooling on Saturday walks).

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Training is provided, tasks involve front counter work, helping shoppers, daily sorting tasks in store and other assorted tasks. It's quite a busy little Op Shop and usually support is provided by the senior worker on duty at the same time.

If you have some spare time and would like to become part of a friendly team of volunteers please call Janet the co-ordinator to discuss on 0404 562 320.



ST HELENS BOWLS CLUB NEWS FEBRUARY-MARCH 2020

Tuesdays	Jackpot Pairs	12.30 for 1.00	\$7 per player
Thursdays	Chicken Run	12.30 for 1.00	\$7 per player
Fridays	Young Pelicans	3.00 – 4.30 until end of term	
Saturday 14/03/2020 last pennant games for this season – at home			
28 – 29 March 100 Up Championship			
Friday May 15 AGM and celebration dinner			

PENNANT: We will be playing the last round of the Bowls North pennant season as this page goes to print. It is an appropriate time to recognise and celebrate the teamwork, sportsmanship and magnificent esprit de corps which we have experienced in the club this season. We have had lots of new players wearing the club colours at pennant which bodes very well for the future. Thanks also to our selectors: Greg Webb, Ian Williams and Gilbert Browne for their excellent juggling this season. Onwards and upwards for the mighty Pelicans!

CARNIVALS: Thanks to our fabulous partners, **LINX EMPLOYMENT SERVICES TASMANIA, HARCOURTS ST HELENS and JOHN TUCKER MP** for their sponsorship of our March Pairs Carnival. We enjoyed two sensational days on the bowls green and it was wonderful to welcome new teams from all over the state. We are proud to be bringing people into the town and supporting our community. We had so much fun and some great bowls were played. Winners were Bill Napier and Tony Pickett. Runners-up: Jane Pickett and Joe Wright. Lucky Losers: Helen Pola and Craig Bennett. The major raffle was won by Marlene Chilcott from Devonport and the Lucky Number cards were won by Heather Thompson (East Launceston) and Cindy and Graeme Walsh (Scottsdale). Thanks to all those who travelled to play with us – we hope you will be back again soon. Thanks to Ian Blades (bar); Lorraine Webb, with some help from Leonie Mitchell (kitchen) and Tony Pickett (green).

Our next carnival will be on the **LONG WEEKEND IN JUNE**. The format will be fours. If you are a bowler, you should consider entering. You are guaranteed of great bowls and wonderful company, as well as a chance at substantial cash prizes. Enter by texting 0458 420 842; Facebook – St Helens Bowls Club or email to sthèlensbowls@gmail.com

CLUB CHAMPIONSHIPS: Nearly all our championships for this season have been played.....

Triples champions: Lindsay Harris, Diane Harris and Jane Pickett Fours champions: Peter Mitchell, Ian Blades, Linda Freeman and Tony Pickett Pairs champions: Alan Dow and Linda Freeman Open Singles/Club champion: Bill Napier

Veterans Singles champion: Bill Napier Novice Singles champion: Rex Williams Minor Singles champion: Diane Harris

Still to come: the 100 Up championship on March 28-29th and the Junior Singles TBA.

Well done to all those who have taken the opportunity to play in our club games. The more entries, the better the competition, the more experience gained and the more fun. Thanks for supporting the club!

CONGRATULATIONS TO THE WINNERS OF THE BOWLS MUNICIPAL CUP – BREAK O'DAY!

Well done to Barry Le Fevre, Tony Pickett, Bill Napier (St Helens) and Joe Wright (St Marys) who took on all comers to win this annual event at Longford on Friday 6th March.



MAKE FRIENDS – PLAY BOWLS AT ST HELENS BOWLS CLUB. Open all year round!

Remember we are available for private sessions of coaching for beginners and that the club facilities may be hired for functions. Contact us in person at 10 Circassian Street, St Helens; by phone on 0363 761943 or 0458 420 842, by email at sthèlensbowls@gmail.com or through our Facebook page @StHelensBowlsClub. We look forward to hearing from you! See you on the bowls green!

FISHING REPORT

By The Happy Hooker

The past month has seen some very indifferent weather patterns. From heat in early February, to the much needed rain last weekend that has boosted our South Esk River system water levels and has put water in the local creeks, one can only hope that some follow-up rain will happen, so that the creeks will have sufficient water to allow the brown trout to start their spawning runs from the end of April into May, and replenish the river trout stocks for the years to come. Sadly for the past two years, local creeks around our valley, such as the Fingal Township Creek, haven't had water at the right time of the year to allow the annual spawning run to happen; hopefully this year they will.

FRESH WATER

Fresh water fishing from the river has been, as before in this season, quite poor, however on the 2nd of February after the two hot days and then the small thunder storm that followed, nature created the perfect conditions for a flying ant hatch to be generated. A calm, warm muggy afternoon and nature didn't let us down, with the river at "Broomsgrove" covered in millions of ants on the water. These minute insects must taste like chocolate eclairs to a trout, because trout were feeding on them all along the broadwater. Catching them is another thing, however, with our two artificial flies amongst a million natural insects, the fishing was very difficult and frustrating. Despite putting the flies virtually on their noses we failed to tempt, but it was very pleasing to see so many fish feeding on the surface at the one time.

These flying ants will also hatch from mid-March up to the end of April, weather dependent. The recipe for a hatch at this time of year is that, we need to have a day that starts with a slight frost with little wind and a day with warmth; these ants will hatch around midday onwards and will swarm above the hawthorn trees like smoke. As a fly-fisher, when you see this phenomenal flying ant hatch happen everything else stops, and the fly gear comes out and the trout will be waiting.

SALTWATER FISHING

On the salt-water fishing front, most of our concentration has been on Georges Bay at St Helens. The bay has been fishing terrifically, and it would be fair to say that there must be acres of fish in the bay at the moment. Schools of Mackerel, Salmon, Tailor and Kingfish have been boated all over the bay, using lures and fly fishing techniques. When fishing this way, we find it is best to watch the flocks of birds picking up the scraps from the feeding frenzy, then drift over the area and either cast and retrieve, or just drop your soft plastic down and lift and drop, and you will pick up fish at the depth they are at. Many other species were also caught such as couta, King George whiting, flat head, snapper - basically its fishing that well you can expect the unexpected when hooked up.

Many anglers are targeting the large Kingfish at the moment, which generally lay under the schools of other fish. Its rather exciting when playing a fish to the boat to see kingfish follow up and menace the smaller fish.

As the football season is approaching that means the larger garfish will return to the bay (footy season is garfish season). These tasty little fish generally will show up from mid to late March. One technique to catch these fish is to have a nice burley trail happening, and with the use of a small float and a small long shank hook, with a small piece of chicken skin as bait, as it seems harder for them to get it off the hook. This type of fishing with burley is a great way to introduce children to fishing, as the garfish will come right up to the boat for a free feed and can be easily seen. Garfish can also be caught on a fly made of white deer hair made to resemble a piece of bread ball, then simply allow the fly to drift out into the burley trail.

Until next time, Tight Lines!



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Printed and published by:

Fingal Valley Neighbourhood House Inc.

PO Box 322

FINGAL 7214

