



THE VALLEY AND EAST COAST VOICE

Established 1968

Edition 52.11 25th June 2020

Deadline for 52.12 is at 5.00pm on Monday 6th July 2020

NORTH-EAST BUSINESSES WINNERS IN 2020 EAST COAST TASMANIA TOURISM AWARDS

Tasmania’s East Coast is the jewel in the crown of Tasmania’s hospitality and tourism industry, with visitors drawn to its relaxed pace, stunning natural beauty, fantastic food and fresh produce; and world-famous beaches and mountain biking, which the residents already appreciate and enjoy. With these assets supporting the local economies in towns along the coast and inland, the last few months have been tough, as the COVID-19 social isolation measures meant that very few people were able to visit our fantastic parks, lakes, beaches and forests, and enjoy the wonderful fresh produce and wines, and dine in award-winning restaurants. With many East Coast tourism operators reopening and welcoming visitors again, the tourism and hospitality industry can begin to rebuild its reputation and our economies can start to recover.

A welcome event last Saturday was the 2020 East Coast Tasmania Tourism Awards, proudly sponsored by Swansea/Bicheno Community Bank, Bendigo Bank, which was held virtually on Saturday, 20th June, the awards support and celebrate excellence in the East Coast visitor industry, and will further shine a spotlight on the high-quality experiences and people of the region, and the publicity will encourage Tasmanians to holiday at home and discover why people come from all over the world to visit our home. “The East Coast has been identified as one of the most tourism-dependent regions in Australia and these awards recognise the dedication and professionalism of the hardworking tourism and hospitality operators in our region”, said Rhonda Taylor, CEO East Coast Tasmania Tourism. Four classes of accommodation, visitor experiences, food, wine and retail, community initiative, best new business, individual contributor and event of the year were all categories in contention.

The St Helens Waterfront Holiday Park took out the Caravan or Holiday Park category, with all three winners in the Self Contained Accommodation being from the northern end of the coast, including Apartments on Fraser at Bicheno being the winner, Bed In A Shed at Fingal being the runner-up, and Blue Seas Holiday Villas taking third place. Bay of Fires Bush Retreat was victorious in the Deluxe Accommodation category, with The Loft @ Bay of Fires coming in third. The Pyengana Dairy was runner-up in the field of Food, Wine and Retail, while the Break O’Day Council was judged Best New Business, for the Mountain Bike Trail. The Rock Pool Concert, held at Bicheno, was judged runner-up for the Event of the Year, with Heidi Howe, editor of the “Coastal Column”, awarded the ‘Individual Contribution’ Award.



Heidi Howe, Individual Contribution’ winner.

The Valley and East Coast Voice congratulates all award winners, and encourages businesses to strive for nomination next year.

COVID-19 mobile testing unit in **St Marys** this weekend

Saturday 27 June
Sunday 28 June

10:00am – 3:30pm

St Marys Recreation Ground
30 Harefield Road
St Marys

If you have any cold or flu symptoms, you should be tested for COVID-19.

This includes fever, runny nose, cough, or a sore/itchy throat.



Drive up testing available

No bookings required



INSIDE THIS EDITION

Emergency Contacts	2,23
The Cage Rattler	6
Crossword	19
Hospital	26-27
Crossword Solution	32

For more information – Public Health Hotline 1800 671 738 or coronavirus.tas.gov.au

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For all account enquiries, please contact:

valleyvoice@fvnh.org.au

ADVERTISING RATES - 2019

Business Card Size ads \$15	1/2 Page ads \$40
Intermediate ads \$18	Full Page ads \$60
1/4 Page ads \$25	Permanent Classified ads \$20p.a

Valley and East Coast Voice Inc.

Advertising rates for all community groups

Regular articles i.e. news of current activities/events and general information will, at the discretion of the Editor, be carried free of charge. Community group announcements up to 5 lines or business card size are free, anything larger will be charged at 50% of current rates. The decision regarding whether or not an article attracts advertising fees is the Editor's. Groups will be advised of any cost before going to print.

Private community announcements/private classifieds are free for one issue.

Annual posted subscriptions are \$69 and annual online subscriptions are \$20.

Articles for publication may be left at the St Marys Pharmacy, posted or emailed.

We do not accept responsibility for the accuracy of information provided by contributors.

For online advertising or any other advertising queries, please contact the editor.

valleyvoice@fvnh.org.au

03 6374 2344

PO Box 322 Fingal Tasmania 7214

Opinions in any letters published are not necessarily those of the Editor and committee, staff or volunteers.

Our pages remain open to fair and honest criticism so that, on all questions, both sides may be presented, but any submissions containing personal attacks/libel/slander will not be accepted.

Kindly do not attack the Editor, the paper or the authors of previous articles.

All articles for submission, including letter to the Editor, must bear the author's full name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only. Letter writers will be given the chance to respond over a suitable period of time.

Subjects may be closed at the Editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam.

Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The Editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary.

The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines. All information is correct at time of printing. Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.



MEALS ON WHEELS

Do you know you don't just have to be elderly or sick to receive meals on wheels?

You can also select from a three course down to a one course meal. You don't even have to get them every day... *you decide when and how often.*

Are you interested or have further questions? Call Alana at the St Marys Health Centre on 6387 5555 and see if you are eligible or to discuss your options.

Home-style meals are made on site at the Health Centre daily. Pick-up and delivery available.

St Marys Meals on Wheels cover from Scamander to Bicheno and as far as Fingal and surrounding area.

24 HOUR EMERGENCY CONTACT NUMBERS

Abuse & Assault Services	1800 737 732
Ambulance, Fire & Police	000
Crime Stoppers	1800 333 000
Digital Mobile Phone Emergency Service	112
Poisons Information	13 1126
SES: Flood & Storm emergencies	13 2500
TasNetworks	13 2004
TasWater	13 6992

HIDDEN TALENTS OF YOUNG PEOPLE REVEALED

Last week was the final week of the Free2Be Creative Challenge - a weekly competition Free2b Girls set up as part of maintaining connection and creativity for young people in the BOD area during COVID 19. After running for 7 weeks we finally ran out of prizes and figured that was a perfect time to finish the competition! A huge thank you to STAR FM, BOD council, and all the local businesses and individuals from the community who helped out with prizes and judging. Biggest thank you however, goes to all the young people who have shared their creative genius with us. Each week, we've been blown away by colour, expression, skill, theme interpretation, film making prowess and sense of humour! Below are some of the winning entries from the last few weeks.....more winning entries are on the Free2b Girls Facebook page.

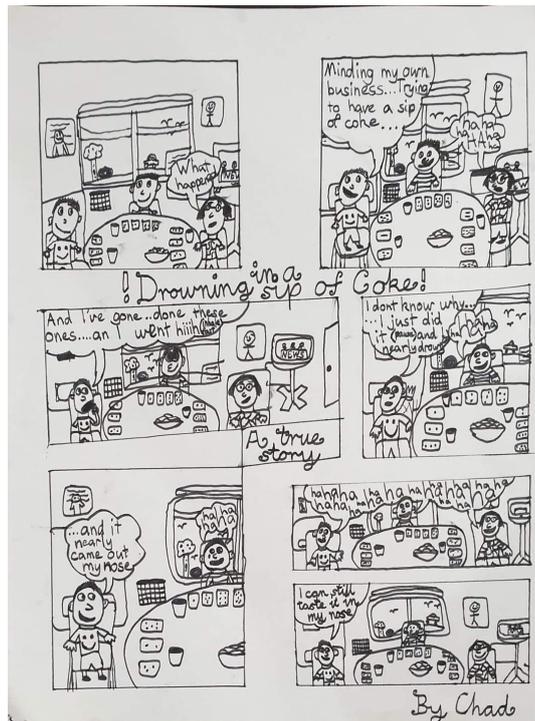
Even though the Free2Be Creative Challenge is over, Free2b Girls' endeavour to maintain connection and encourage creative avenues for young people in the community never ends! The St Marys Free2b group will be starting up again in term 3 and girls between the age 12-16 are welcome to attend. It's a space where girls can feel free to be themselves, get creative, cook, talk, come up with ideas, go on excursions.....the possibilities in a Free2b group are endless!

We're also seeking creative, inspired, open minded and enthusiastic women from the valley to help Chloe and Kelsey (the amazing St Marys facilitators!) run the group. The group will be running after school on Tuesday afternoons at alternative venues - the Fingal Valley Neighbourhood House and Falmouth Community Centre. We need volunteers to prepare food, organise activities, drive buses and just be there to assist Chloe and Kelsey as needed. It's a fun space to work in, chaotic at times, but incredibly rewarding, and a great way to connect and support the young women who are growing up in our community.

For more information about the St Marys Free2b Girls group contact Chloe Bond - cfbond77@hotmail.com or Tani Langoulant - f2bgirls@gmail.com/ phone 0422 742 497/www.free2bgirls.com.au



By Ellie.



Drawn by Jean.



Photograph taken by Laura.



Painted by Skye.

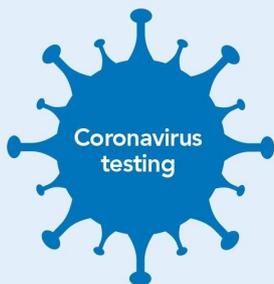


By Tiana.

**Do you have a sore throat,
cough or runny nose?**

**How about a fever, or
shortness of breath?**

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TASWATER METER READING HAS RECOMMENCED



During the COVID-19 pandemic, TasWater made the decision to suspend all nonessential work including water meter reading to keep both our customers and staff safe. In line with the state government guidelines and to allow greater accuracy with water bills, TasWater recommenced meter reading from 25 May 2020.



“We based estimated reads off the historical actual usage from the property,” TasWater Retail Value Creation Program Manager Kendall Mahnken said. “We will be reintroducing the meter reads in the community, where we can do so safely, and as we are now able to, with the easing of restrictions.” While TasWater did endeavour to be as accurate as possible with its bill estimations over the last couple of months, we understand there has been some discrepancies which we will self-correct with the next actual read. Anyone who wishes to read their meters in the meantime and provide us with the actual read can do so by submitting them on our website or calling the Customer Contact Centre on 13 6992,” Kendall said. Taswater would also like to remind the community of their expanded customer support program during this time.

“We are giving businesses extra time to pay their bills, freezing price increases for 12 months for residential and business customers from 1 July 2020, and giving eligible small business customers a 100 per cent rebate on their next bill after 1 April 2020,” Kendall said. TasWater can also offer bill payment support and defer trade waste payments for eligible customers.

“If you are facing financial difficulties, or if you have trouble paying your bill at any time, please call us,” Kendall said.

St Marys Bakery

Ph: 6372 2490

Fresh bread, rolls and buns,
pies, pasties and hot food.

Cakes and biscuits.

Coffee, cold drinks and ice
creams.

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Monday to Friday 7.30am—3.30 pm

Saturday: 9.00am—2.00 pm

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The Say by the "Cage Rattler"

A while ago, I made a joke to my good friend in Baltimore, that if the Republican Party in America walked out of the gates of 1600 Pennsylvania Avenue - the White House - and grabbed the first person off the street that walked past, and nominated that person for President, they'd be better off than electing a particular real estate magnate and reality TV show celebrity in 2016...a joke.... No, not a joke anymore. I'm pretty confident that the person couldn't do a worse job; that's for sure.

Some might ask why I want to comment on an election that's on the other side of the planet and what's it got to do with us. It actually has quite a bit to do with us, as it happens. Australia and the USA have been steadfast allies for a long time now. The ANZUS Treaty also has a strong link with us, as have other trade and security agreements for many decades. Unfortunately, as the U.S. is led by the nutcase in the Oval Office at the minute, a certain Donald J. Trump, the effectiveness and integrity of the office of the President of the United States continues to disintegrate. With the stupid and ill-informed comments he makes, with his bully-boy tactics of many of his administration, his denial of media, scathing insults to anybody who dares to disagree with him and scant disregard for reality, not least the handling of the COVID-19 pandemic, he is sending any remaining remnants of credibility out the window onto the White House lawn.

I have real fears that should somehow he be re-elected in November, what will it lead to in a second four-year term, for both America and countries like Australia that are heavily linked to the U.S.A.? I hope apathy by those who could vote this idiot out doesn't happen, or that many brainwashed Republican voters - who should know better - see through Trump's stupidity and craziness.

I still find it somewhat incredulous that he got elected in 2016. Nothing much he has done in over three-and-a-half years since has made me any more confident that this person will become anything more than the joke he currently is. Scary for us, is that being aligned to his administration is not good for us and many other similar nations.



I often wonder how history depicts our leaders a few decades on. Often time mellows or galvanizes opinions of the work done by Presidents, Prime Ministers and such. Many are respected, given credit, and remembered with some affection in some way, even if at the time they led, that might have not necessarily been the case.

In Trump's case, I think in forty or fifty years from now, the bulk of people might be having this thought, whether he be a one term or two term President....."What the heck were you all thinking!"



What do you think ?

Helpful Information about COVID-19

We understand that you may be feeling worried about how quickly things change at the moment. Information about the COVID-19 situation is changing rapidly and it can be hard to know who and what information to trust.

The State Government has launched a dedicated site which is the best place for you to find up-to-date information.

WWW.CORONAVIRUS.TAS.GOV.AU

We recommend that you check this site and information regularly to ensure you are aware of the latest changes.

There are a variety of support services available to you. If you are not coping, please speak to someone now.



Fingal Valley Neighbourhood House INC

Old Tasmanian Hotel Community Center

24/06/2020 - Update

Update from Fingal Valley Neighbourhood House

Online Access Centre has re-opened observing social distancing and limiting numbers into the centre.

FVNH will continue operating from the Online Access Centre until 10 July

With restrictions currently being reviewed and modified we are continuing to review our current operations. The health and safety of our staff, volunteers and community are at the forefront of our priority.

Due to the current building works at the Old Tasmanian Hotel, the site will be closed until **Monday 13th July 2020**. We plan to be operating from the Old Tasmanian Hotel from then.

We will advise in coming weeks the re-introduction of activities including the Op Shop, Tai Chi, Bread, Legal Literacy and Garden.

Loaves and Fishes **will now be available on Wednesdays from 12pm until further notice and be available from the Op Shop room until further notice.**

Play Centre is now open.

OPERATIONAL PROCEDURES

- We continue to provide information, advice and support to the community via phone, email and social media;
- **Food Relief** will be provided (we are considering how the food is packaged and collected and what risk is presented);
- Suspending all non-essential transport
- All non-essential staff, contractors and volunteers to work off site.
- Provide essential transport for our most vulnerable to medical appointments.
- Staff and volunteers will complete a Self-Assessment Tool to ensure they are not at risk if they choose to come in;
- All group activities have been postponed;
- NILS Loans will continue to be offered via phone, email and, in rare cases, in the large room;
- Centrelink assistance on request and by appointment
- Cleaning will be more focussed on surfaces, entrances, keyboards, phones etc

We thank you for your ongoing support and we will continue in the best way possible to support our community. Should you have any further questions please do not hesitate to call us on 6374 2344, email admin@fvnh.org.au, SMS 0437 550 571 or send us a Facebook message.

*The Fingal Valley Neighbourhood House Inc is funded by the Crown
through the Department of Communities Tasmania*

STAR FM Program Guide		Mon	Tue	Wed	Thu	Fri	Sat	Sun
		Brekkie	Start your working week with Sandy	Enjoy your Fruit Loops with Sandy	I see Stars with Sandy	Eggs Over Easy with Skuter	Alphabet Soup with Jewels	It's the Weekend with Shaun
Morning	Your Host with the Most with Terry Post	The Good, the Bad...and the Ugly with Skuter	Getting "Jiggy with it" Australian Style with Terry	Rhythm N' Reggae with Big Davo	Simply 60's with PUGS	Old and New with "You Know Who" with Angelina	with Jukes	
Arvo	Jackster's MUSIC BOX with Jackster	The DownUnder Show with Mary-Anne	The "No 80's Zone" with The Tone	Jonno's Fusion Show with Jonno	Under the Radar with FEEF	A dose of Dr Dave with Dr Dave	Star FM's 80's Show with The Tone	
Late Arvo	In the BACKSEAT with Astro or JAX	2 For Tuesday Request Show with Shaun	Something Fishy with Fyshy	Plugged in with your FLASHDRIVE with The Flash	The "Rock" Show with Jonno	"Around the World" with your Hostess The Tone		Big DaddyDavo's Blues Mix
Evening	Monday Evening With Star FM	Neville's Country Corner and more with Neville	That 70's Show with The Flash	The 90's New World Order with Mathew	Magilla's Escape with Magilla	The Party Pit Playlist by "Benji" with Star FM	hosted by Dave	



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P: 6376 2560

AUSLAN WILL COUNT IN 2021 AUSTRALIAN CENSUS

If you have been watching the press conferences that have been held about the COVID-19 pandemic, you will probably have noticed the people off to one side, waving their hands about and making strange gestures. These people, Auslan interpreters, play an ever-increasing role in ensuring that people with hearing problems understand what is being said on the television, and at public meetings.

In the Senate on 15 June 2020, Tasmanian Labor Senators Carol Brown and Catryna Bilyk moved a motion congratulating the Australian Bureau of Statistics (ABS) on its decision to include Auslan as a language option in the 2021 Australian census. The motion passed by the Senate included, *“That the Senate.....acknowledges:.....that recognition of Auslan and access to Auslan interpreters and interpretation is vital if deaf and hard-of-hearing Australians are to live full and included lives in our community, and an important part of that inclusion is recognition in the Australian census.”*

Deaf Australia has been working with the Australian Bureau of Statistics since 2007 to address the issue of adding Auslan as one of the language options in the Census. “By recognising the Auslan language in the Australian census the ABS rightly recognises deaf and hard-of-hearing citizens and their advocates,” Senator Brown said. “This is a very welcome step forward for inclusiveness.” The inclusion of Auslan is a significant win for the deaf community. Auslan’s inclusion in the Census will make it easier to determine the number of deaf and hearing-impaired Australians that use it. Recognition of, and greater use of Auslan, will enable greater participation of deaf and hard-of-hearing Australians.

So, what is Auslan? Auslan is short for “Australian Sign Language”. It evolved over the past 200 years from sign language used by British, Scottish and Irish immigrants in the early nineteenth century. Auslan is unique to Australia. It is believed around 20,000 people currently use Auslan – members of the deaf or hearing-impaired community, their friends, families and advocates. Instead of speaking, it is signed using facial expressions, hand gestures and body language. Auslan has its own grammar, signs, vocabulary, syntax, etc, like many other languages, with its own set of rules, and is the language of the Australian Deaf community. Auslan is not a universal language - it is unique to Australia. Sign language is influenced by the culture, language and traditions of each country, and International Sign (IS) is used by many deaf people to communicate internationally.

Auslan is used in television and films, public meetings and press conferences, and is an important part of fulfilling the needs of the hearing-impaired and deaf members of the community.

Sign Language was brought to Australia with migrants from the United Kingdom, and has adapted from British sign language. Auslan is a relatively new term coined by Trevor Johnston in 1989. Formerly, Auslan was often referred to as ‘Deaf Signing’ or later, Australian Deaf Sign Language, and is able to be learnt by anyone. It is becoming used more, especially to inform hearing-impaired people in times of emergency.



If you are interested in learning more about Auslan, go to www.auslan.org.au, and learn how hearing impaired and deaf people communicate.

Weed of the month – Broom

Montpellier or French broom

Both Montpellier and English Broom are declared weeds in Tasmania.

Both types are woody shrubs growing to 2-3m, have bright yellow flowers and produce seed pods that when open can cast the seed more than 3 metres. Brooms can establish themselves just about anywhere. They outcompete native vegetation and can alter the habitat of native fauna.

June is a great time to treat broom, and there are several ways to do this. Small plants can be easily hand pulled from the ground, larger isolated plants can be cut close to the base and painted with herbicide or larger infestations can be cut back and applied with herbicide when the new growth begins. For more information please visit: www.dpipwe.tas.gov.au/invasive-species/weeds



English broom



Seed pods of broom

ANGLICAN CHURCH

SERVICE TIMES

contact 6376 1144

St Helens

St Paul's: 9.30am every Sunday

58 Cecilia Street, St Helens

St Marys

Holy Trinity: 10.00am every Sunday

13 Main Street, St Marys

Pyengana

St Michael & All Angels: 7.30pm 4th Sundays only

28007 Tasman Highway, Pyengana



AUTOMATIC ELECTRIC DEFIBRILLATORS

St Helens Supa IGA -

Wall mounted inside the foyer, available during open hours

St Helens District High School -

In the swimming pool enclosure, available during pool hours

St Helens Football Club -

Located inside the club rooms

Falmouth Community Centre - 24hr access

Wall mounted outside Morrison St entrance

St Marys District High School -

In the swimming pool enclosure, available during pool hours

Scamander Sports Complex -

On the wall just inside the dining room doors

Binalong Bay -

Outside wall of the toilet block at the main beach carpark, Main Road, Binalong Bay

Fingal Valley Neighbourhood House - 24 hour access

On the wall outside the front door.



IN AN EMERGENCY CALL 000

A MESSAGE FROM THE ROMAN CATHOLIC CHURCH

The parish administration of the sacraments is still open to the Catholic Christian Faithful, provided that we observe the restrictions as to the number of those people attending the baptism, wedding or funeral mass inside the church. However, in case of the funeral, those who wish to attend the funeral service, can attend at the grave site where they will keep the distance from each other as prescribed by the government.

For anointing of the sick, I may be called on 0437 324 227 or contacted by email: fr.bitz51@gmail.com or through the Parish office, contact number (03) 6372 2252 or email address: stmaryscpps@gmail.com.

Fr. Norberto Ochoa



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 Email: fingal.oac@education.tas.gov.au



The Fingal Online Access Centre is open from 9 am - 2 pm daily, adhering to strict conditions of social distancing. All our normal services are available.

If you have printing or emailing you require, call in, and we will assist you.



Clr. Janet Drummond
 Break O'Day Council
 0404 562 320
janet.drummond@bodc.tas.gov.au



Break O'Day COUNCIL
Kylie Wright
 Councillor
 0439 742 946
kylie.wright@bodc.tas.gov.au



We're Open!

For more information visit
libraries.tas.gov.au

We are delighted that, our libraries have REOPENED – for browsing, borrowing, returns and public computer/internet access – at your local library's regular, pre-COVID hours.

We will be encouraging you to browse, borrow and go. This means that, because we are restricted to specific numbers of people at each of our sites, we are encouraging visitors to stay for limited periods only – to give all members of the public time to access our public computers and browse/borrow items. Staying to read a book, catch up with friends or rest for a while will not be possible at this stage.

Of course, we will continue to observe public health guidelines; and if you are unwell, we ask that you do not visit our libraries at this time. For FAQs, our Roadmap to Reopening and links to our existing eResources, please visit our website: www.libraries.tas.gov.au. And you can, of course, continue to browse our online catalogue and place a hold in the normal way.

SEE YOU AT OUR LIBRARIES SOON!

CLASSIFIEDS

<p>Floor Mats—made from recycled plastic Practical—Indoor/outdoor—Mould free Hose wash—Contemporary—Casual Looks like straw mat—Bright colours Indigenous and other designs Durable & Portable Hard wearing indoor or roll/fold up for camping or picnics. Priced from \$40 Phone 0474 767 861 - Scamander</p>	<p>PAIN? LACK OF ENERGY? ALLERGIES? I can help with this and more, using Kinesiology, Reset, Reiki and Access Barsâ. Bicheno, Mondays; Fingal, Tuesdays; St Marys, Thursdays. Ph Bree on 0450 068 328</p>
<p style="text-align: center;">Moo Poo See Normie 6372 2380</p>	<p style="text-align: center;">Work Wanted! I am a qualified and experienced Landscape Gardener. I have a Certificate III in Horticulture and am available to work in the area. For more information call Mark on 0457 168 521</p>

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St Marys District Hospital Support Association Inc.

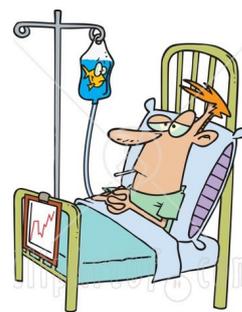
We advise members that subscriptions of \$5.00 are now due, and payable to the Treasurer by June 30, 2020.

For your convenience, payments can be left at the St Marys Post Office.

Thank you,

Len Miles, President

Murray Bennett, Treasurer



CRAFTY PEOPLE CAN HELP CANCER RESEARCH

Cancer Council Tasmania are appealing to crafty folk to help raise funds for cancer research and support services, as they prepare for Daffodil Day on 28th August, 2020. Daffodil Day traditionally sees stalls set up all around the country, selling commercially-produced items including daffodil pins, and fresh daffodils, a welcome sight after the gloom of winter. Over \$56,000 was raised last year, which helped provide funding for world-class research into various types of cancer.

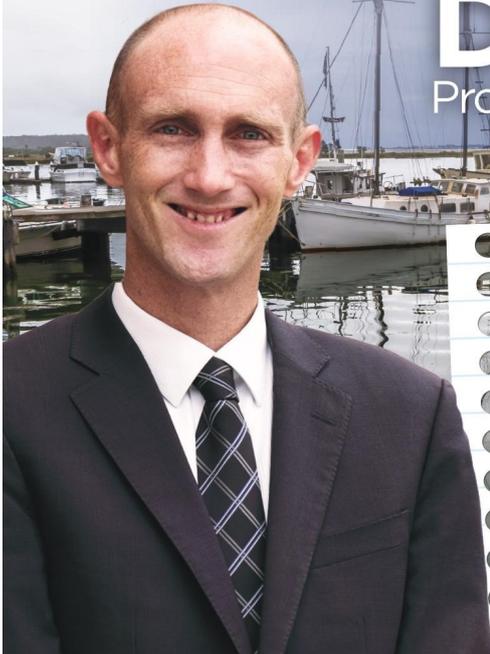
After discussions with members of the community and brainstorming, Cancer Council have decided to move away from selling commercially-produced items, and move towards encouraging sustainability and local production. In 2020, as a symbol of unity against cancer, Cancer Council are asking you to **cut, sew, stick, glue, knit and crochet for Daffodil Day 2020**, in your home!

The project is called 3,000 Daffodils, and also offers participants the chance to make other items, such as cards, jewellery, candles, dream catchers, cushion covers and quilts, either with a daffodil theme, or yellow in colour. These will be donated to Cancer Council and used to stock the stalls, and all funds raised by the sale of these items will go directly to cancer research being undertaken in Tasmania. Patterns, hints, tips and further ideas are listed on the webpage, at cancertas.org.au/3000-daffodils-register, along with a registration form, which has the terms and conditions that need to be complied with. There is also room for you to make suggestions about other articles you could create.



Volunteers are also being sought for the stalls in August, and details about this can also be found on the webpage.

So gather up all your craft materials and get busy creating a daffodil or two, or something else to brighten the day, and raise funds for vital cancer research and support!



Dane Cumming

Property Representative - East Coast

A message to all my valued customers and clients...

I am delighted to announce that I have commenced with Roberts Real Estate as the property specialist for the East Coast area.

With over 10 years real estate experience servicing the East Coast and having had a short break to refresh after operating a family real estate business, I am excited to once again be providing honest, reliable and professional service to property sellers and property buyers.

With a proven track record for achieving outstanding results, I would like to extend an invitation to anyone looking to sell or buy in the area to contact me so we discuss your real estate requirements.

Buying or selling, I am ready to talk to you **today on 0419 630 019**

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always takes us HOME

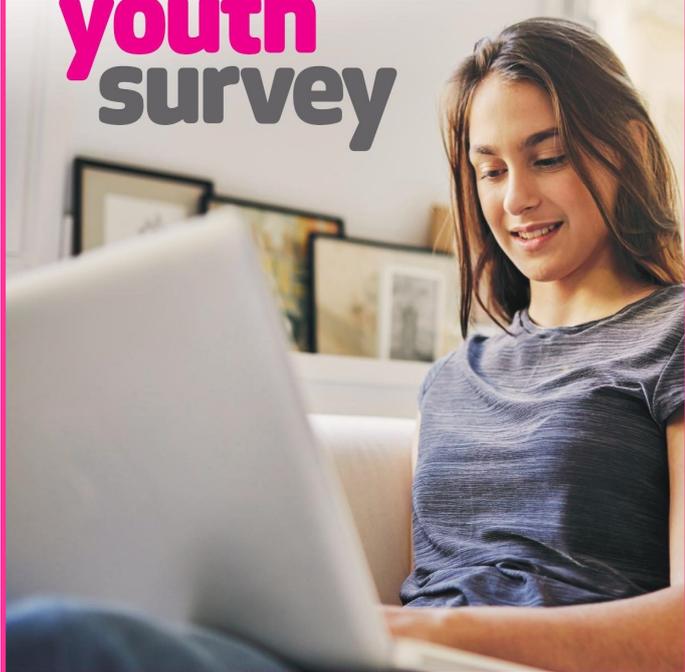


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youth survey



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missionaustralia.com.au/youthsurvey



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Heidi Howe
Ph 0409 823 524
 Sales Representative
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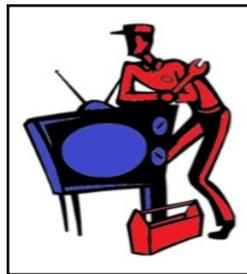
- Kiddies's cup \$3.00**
- Large cup \$6.00**
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JUNE WALKING GROUPS

Starting from 16th June - weekly pram and toddler friendly walks for families with children 0-5 years all welcome. All sessions start at 10.30am and approx 45 min. Free. BYO children bike, drink and snacks.

ST HELENS: TUESDAYS STARTING AT LIONS PARK
SCAMANDER: WEDNESDAYS AT WINIFRED CURTIS RESERVE

ST MARYS: THURSDAYS ST MARYS REC GROUND
BICHENO: FRIDAYS MEET AT PARK OPP BP SCHOOL

More Info Tanya: 0400 002116
If you or your child are unwell please stay at home. 20 people per group max. Cancelled if weather is too wet - check our Facebook Page for updates

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Stinging Nettle
Erica
Boxthorn

Onion Weed
Spanish Heath

Pampas Grass
Wild Raddish
Serrated Tussock



HOPE

COVID-19 Stories
Do you have a story to share?







COMMUNITY COVID-19 STORIES

Do you have a story you want to share about your experiences during the COVID-19 emergency? Were you left feeling isolated, and didn't know where to turn to? Did you become tired of all the misinformation about the virus? Or maybe you found all the information confusing. Did you go through an experience that left you feeling in pieces? Was something you were looking forward to been cancelled because of the emergency, and how did you cope with the disappointment? Or do you know of someone who went out of their way to help you? Did you see an act of kindness, that moved you? Who do you think needs thanking for something they did? Are there any reflections you would like to share?

The Tasmanian Archives (a part of Libraries Tasmania), and Tasmanian Museum and Art Gallery (TMAG)), are partnering to collect Tasmanians' experiences of the COVID-19 pandemic, both bad and good.

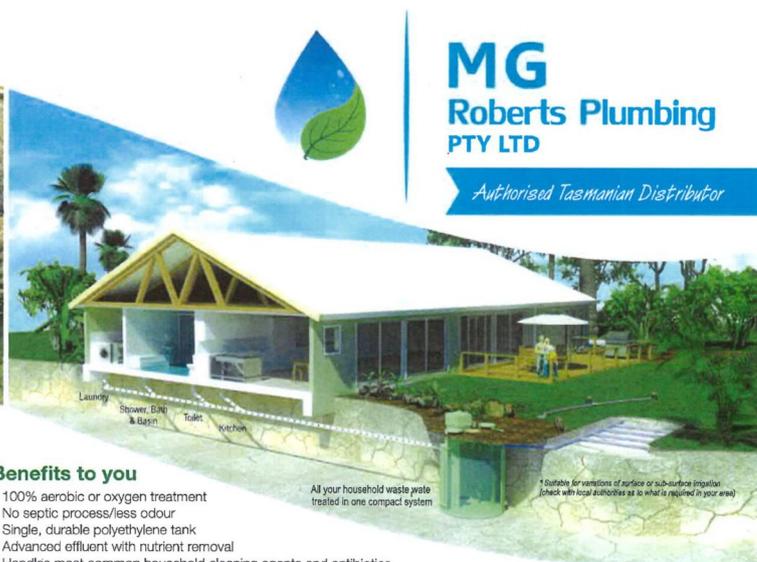
We are reaching out across Tasmania to collect photographs, writing and a variety of objects that document the community's experience of COVID-19.

Please send your submissions or enquiries to: covid19stories@education.tas.gov.au

More information can be found at: <https://libraries.tas.gov.au/features/Pages/covid-19-stories.aspx>

Share your experiences of life during the shutdown, and how you coped with the upheaval we experienced.

Tell YOUR story, and have it recorded to share !



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Ozzi Klean has been a trusted name in sewage treatment since the 1990s. As an Australian owned and operated manufacturer, Suncoast Waste Water Management developed and released the range of household Ozzi Klean products into the market after decades of extensive experience within the sewage treatment industry. By installing an Ozzi Klean Sewage Treatment System you can join the many thousands of households already enjoying the benefits of an endless supply of recycled water to reuse on your property for watering gardens, lawns and trees. The Ozzi Klean Sewage Treatment System treats up to 2,000 litres of waste water every day. This is equivalent to 10 persons using 200 litres of water each day. Operating on a cyclic, fully aerobic basis, waste water treatment is highly efficient, processing it into irrigation water within hours.

Benefits to you

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- Cost effective and reliable
- Safe and environmentally friendly
- Lower running costs due to Ozzi Klean cyclic aeration process
- Approved Australia wide to strict Australian Standards

Ozzi Klean advantages

Ozzi Klean Sewage Treatment Systems are built to last. The heavy-duty polyethylene tank is up to 20mm thick and is, weight for weight, 100 times stronger than concrete. As the Ozzi Klean tank is roto-moulded and completely seamless, there is no risk of seepage, leaking or root intrusion.

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WASTE TRANSFER STATIONS

BREAK O'DAY MUNICIPALITY

Eagle Street, ST HELENS; includes recycling; OPEN 10am — 4pm every day.

Coach Road, SCAMANDER; includes recycling; OPEN 10am — 4pm Tuesday and Thursday, and 2pm — 5pm Sunday.

Gray Road, ST MARYS; includes recycling; OPEN 10am — 4pm Tuesday and Thursday, and 2pm — 5pm Sunday.

North Ansons Bay Road, ANSONS BAY; OPEN 12pm — 4pm Wednesday, 10am — 4pm Sunday, and 12pm — 4pm on Monday of long weekends.

Rossarden Road, FINGAL; OPEN 10am — 4pm Tuesday and Thursday, and 2pm — 5pm Sunday.

Tasman Highway, PYENGANA; - OPEN 9am — 12pm Wednesday, and 2pm-5pm Sunday.

Charges apply at all waste transfer stations; see sign at entrance.

BLACK WATER DUMP POINTS

St Helens—117 Tully Street, St Helens

Fingal—13 Talbot Street, Fingal

St Marys—Harefield Road, St Marys

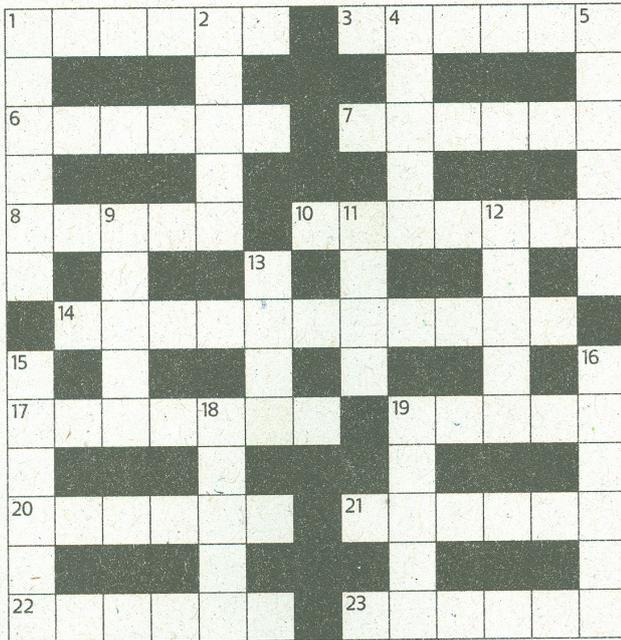
No charges apply to use black water dump points.



**TIP SHOPS CLOSED
UNTIL FURTHER NOTICE**



Crossword 52.11



ACROSS

1. Rebut (6)
3. Enjoy (6)
6. Ban (6)
7. Bathroom fitment (6)
8. Devour greedily (5)
10. The adjutant stork (7)
14. Publicity (11)
17. Philip ____, Chandler character (7)
19. Boring task (5)
20. Pandemonium (6)
21. Dog-like (6)
22. Cry of approval (6)
23. Wave at (6)

DOWN

1. Sanctuary (6)
2. Social group (5)
4. Early anaesthetic gas (5)
5. Short of cash (4-2)
9. *Easy ____*, Denis Hopper film (5)
11. WWII alliance (4)
12. Stringed instrument (5)
13. Expand (4)
15. Waylay (6)
16. Abase (6)
18. City in SW Honshu, Japan (5)
19. Yearn for (5)

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☎ 03 6231 2444 ✉ senator.duniam@aph.gov.au 📱 SenatorDuniam

Authorised by Senator Jonathon Duniam, Liberal Party of Australia, Ground Floor, 85 Macquarie Street, Hobart TAS 7000.



Senator Claire
CHANDLER
Senator for Tasmania

Get in touch with your ideas about how we can get...




☎ 03 6260 2018
✉ Senator.Chandler@aph.gov.au
📱 SenatorChandler

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Authorised by Senator Claire Chandler, Liberal Party of Australia, 42 Bridge St, Richmond TAS 7025

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Your Federal Member for Lyons



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brian.mitchell.mp@aph.gov.au



REBUILD OUR REGIONS

Authorised by Brian Mitchell MP 53B Main Road Perth



John
Tucker MP
Liberal Member for Lyons



Avery House, 48 Cecilia Street, St Helens
9 Gordon Street, Sorell
john.tucker@dpac.tas.gov.au
Ph: (03) 6165 7840

John-Tucker-Lib-MP-for-Lyons

Authorised by John Tucker MP, 9 Gordon Street, Sorell



For all your COVID-19 News

Keep your dial on

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RADIO

News up-dates every hour [6am-6pm]

Latest Department of Health
information

And happy music during these unprecedented times

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to have
your say?

Who can we help?

We work with older people, people living with disability or mental health issues, and people who use alcohol or drugs.

Your concerns are important!
We want to listen and help!



Give us a call, send us a text, or email us.



Tell us about your problem and what you want to happen.



We will listen to your concerns and help you find a way forward.



Here's how to get in touch:

Freecall 1800 005 131 or if you're from interstate or on a mobile call (03) 6224 2240.

You can text us on 0457 806 963, or email contact@yoursaytas.org

www.yoursaytas.org

Advocacy
Tasmania

HERE TO
HELP



Rebecca
White MP

Labor Member for Lyons

✉ rebecca.white@parliament.tas.gov.au

☎ 6212 2225

For the latest health advice visit
www.coronavirus.tas.gov.au

Authorised by REBECCA WHITE,
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- 10 yard tipper.
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Fax : 6374 2393

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PAYMENT WILL BE DISCUSSED WHEN YOU PHONE TO PLACE YOUR ORDER.

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NORTHERN TASMANIA**

Emergency relief providers help people in times of financial crisis. Assistance includes: food, transport; chemist vouchers; part-payment of utility bills; clothing; and budgeting support.

Emergency relief providers also link people to other services, to help address the reasons for a financial crisis.

Emergency Relief organisations provide services directly to regional communities. It is not necessary to travel into Hobart for support.

Please contact an organisation for advice and assistance.

<p>Launceston City Mission (03) 6335 3000 www.citymission.org.au</p>	<p>Launceston Benevolent Society (03) 6344 4213 www.lbs.org.au</p>		
<p>The Salvation Army Tasmania (03) 6323 7500 www.salvationarmy.org.au</p>	<p>St Vincent De Paul Society (03) 6326 5551 www.vinnies.org.au</p>		
<p>The Helping Hand Association (03) 6391 2498 www.findehelptas.helping.hand</p>	<p>CatholicCare Victoria Tasmania 1800 819 447 or (03) 6332 0600 www.catholiccaretas.org.au</p>		
<p>FINANCIAL COUNSELLING SUPPORT If you or someone you know requires financial counselling support:</p> <table> <tr> <td> <p>National Debt Helpline 1800 007 007 www.ndh.org.au</p> </td> <td> <p>Gambling Helpline 1800 858 858 www.gamblinghelponline.org.au</p> </td> </tr> </table> <p>www.anglicare-tas.org.au/financial-counselling</p>		<p>National Debt Helpline 1800 007 007 www.ndh.org.au</p>	<p>Gambling Helpline 1800 858 858 www.gamblinghelponline.org.au</p>
<p>National Debt Helpline 1800 007 007 www.ndh.org.au</p>	<p>Gambling Helpline 1800 858 858 www.gamblinghelponline.org.au</p>		
<p>Housing Connect 1800 800 588 www.communities.tas.gov.au/housing/housing-connect A one-stop shop for all your housing and support needs.</p>			

HELPLINES & INFORMATION

<p>In all emergencies call the Police 000 line Tasmanian Government Family Violence Response and Referral Line 1800 633 937</p>	
<p>1800RESPECT 1800 737 732 www.1800respect.org.au</p>	<p>Mensline Australia 1300 78 99 78 www.mensline.org.au</p>
<p>A Tasmanian Lifeline 1800 98 44 34 taslifecycle@lifelinetasmania.org.au</p>	<p>Kids Helpline 1800 551 800 www.kidshelpline.com.au</p>
<p>Lifeline 131 114 www.lifeline.org.au</p>	<p>Beyond Blue 1800 512 348 www.beyondblue.org.au</p>
<p>Carer Gateway 1800 422 737 https://www.carergateway.gov.au/ If you or someone you know is a carer</p>	
<p>Disability Information Helpline 1800 643 787 www.dss.gov.au/disabilityhelp If you or someone you know has a disability</p>	
<p>Older Australians and Carers COVID-19 Support Line 1800 171 866 Older people and their carers are encouraged to call</p>	
<p>Tasmania Public Health Hotline 1800 671 738 www.coronavirus.tas.gov.au For the latest information about the coronavirus (COVID-19) in Tasmania</p>	
<p>Find Help Tas A central online directory of community services across Tasmania. Supported by TasCOSS and member organisations www.findehelptas.org.au</p>	
<p>National Coronavirus Helpline 1800 020 080 www.australia.gov.au Information on coronavirus (COVID-19) and help with the COVIDSafe app 24 hours a day, seven days a week</p>	

Public Announcement

Three times a year our Bendigo Community Bank grants funds to local community groups and projects. At this critical time for our region your Board will devote the current grant round to support those doing it tough. Our Neighbourhood Houses and Anglicare conduct relief programmes providing food and care packages to families and individuals in need across Break O’Day. We will provide \$3000 to support those programs.

Be assured that as things return to normal, our regular grants to individual community groups will resume.

Meanwhile, stay safe!





How do you contact us?

Email: admin@hub4health.org.au

Web: www.hub4health.org.au

Facebook: Hub4Health

Our Aim:

To support and facilitate health and wellbeing programs to rural and remote communities within the Break O'Day Municipality and beyond.

Active4Life Gym is currently closed due to the Australian Government Regulations relating to venues during the pandemic. This includes programs such as Yoga, Pilates and Zumba

The Hub4Health Board are currently working with Break O'Day Council on a plan to re-open the gym and to put in place a COVID Safe Plan.

Our proposed timeline for reopening:

- **3rd July** – room changes in place, new signage and hand sanitiser stations
- **4th July** – group coordinator induction 10.30am
- **6th July** – small group session start back – floor based sessions capped at 8 people per group. Members will need to book in prior to each class – information on time slots for the Tuesday/Thursday sessions will be provided closer to the date
- **6th July** – contract cleaner will do a 1 hr daily clean (in addition to that at the end of each session by members/facilitators) – time to be confirmed
- 1 mth monitor and review
- **3rd August** – individual memberships will recommence subject to government advice. Gym to reopen 6am –10pm daily



Some of the changes will include:

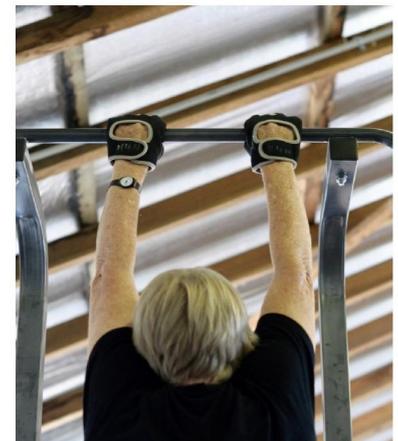
- No access to the child area – this will be the sign in area, storage for equipment that cannot be used, cleaning stations for members (each participant will have a bucket/paper towel and cleaning spray to wipe down everything they have use after each session)
- No use of weights stations where a spotter is required (cannot meet social distancing measures)
- Floor spots for social distancing near gym bags – to meet the 2m2 requirement
- No shared boxing gloves, mats etc – participants must bring their own

Members will be asked:

- to stay away if feeling unwell or if they have been asked to self-isolate
- User sanitiser on arrival and on departure
- Keep Contact details up to date and everyone MUST sign in (even if they have used their fob) – no non-members/casual users and download the COVID app
- Fees for July – will be via donation of \$5 pp – paid memberships will not restart until the gym is fully reopened

Hub4Health Board decisions will be based on advice from the Australian Health Protection Principal Committee to the Tasmanian Government.

Memberships will be suspended for the period of closure with no loss access time to participants once we reopen. For more information please contact admin@hub4health.org.au or stay updated on our Facebook page



PROTECTING YOURSELF AND OTHERS FROM CORONAVIRUS



Public Hospital Visitors

Do NOT visit a hospital, outpatient department or clinic if you have:

- ✘ a fever, cough, sore throat, runny nose, gastrointestinal symptoms; or
- ✘ been advised to quarantine



Apart from parents / carers visiting Neonatal Intensive Care

Visitors must complete the 'Visitor Screening Tool' on arrival.

Maximum number of visitors allowed at one time



1 support person or visitor

- Community Centres
- Emergency Department
- Maternity Unit (during labour and birth)
- Outpatient Clinics
- Short Stay Surgical Unit



2 parents / carers or visitors

- Department of Critical Care Medicine
- Neonatal Intensive Care (parents / carers)
- Palliative Care
- Paediatric Unit (parents / carers)
- Operating Theatre and Recovery Room (parents / carers of children only)

Exemptions

To request an exemption on compassionate grounds, contact the facility you wish to visit and talk with the Nurse Unit Manager or Associate (NUM) or Associate NUM.

Exemptions may apply to:

- palliative care visits during the terminal phase of care; or
- sibling visits to Neonatal Intensive Care.

St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215

Phone: 6387 5555

DOCTORS ROSTER

A doctor's appointment is needed to see our GP's. It is not a drop in clinic. Waiting periods to see your doctor may be experienced, please be patient.

Dr C. Latt

25/6/20– 2/7/20 & 7/7/20– 10/7/20

Dr B. Newton

3/7/20– 6/7/20

Dr K. Rawnsley

26/6, 30/6, 1/7, 3/7, 7/7, 8/7 & 10/7/2020

INR tests require a 5 minute doctors consultation. Please inform reception when booking.

WAITING AREA AT THE HEALTH CENTRE

The waiting area for **all services** at the St Mary Community Health Centre is in the reception. Please report to reception upon arrival and the consultant you are here to see will be told and they will come and collect you from this area.

ENTERING THE CENTRE

Due to the ongoing COVID-19 outbreak the St Marys Health Centre is required to do a health check of ALL persons entering the site. On arrival at the Centre you will need to press the intercom bell at the entry door, where a staff member will come and do a health assessment on you before entering the building.

Currently **inpatient visiting hours are 2:00pm– 6:00pm with a maximum of x 1 visitor per visit.**

Please refer to Public Hospital Visitors information on page 29 of this edition of the Valley and East Coast Voice.

Community members requiring Pathology–bloods, or those who have scheduled GP appointments, are still able to come to the Centre to have these services.

We will keep our community updated with changes to our service processes fortnightly on this page.

Please see below for further details or ring 6387 5555 and speak to the staff about any concerns you may have.

STOP-DO YOU NEED TO ENTER THE HOSPITAL?

- * If you only require renewal of a prescription/s please contact reception. An appointment is still needed. Scripts can then be faxed to the Pharmacy and collected from there.
- * If you need some medical advice please ring reception for an appointment. Appointments will be either by telephone or face-to-face, depending on the situation. Please discuss this with the reception staff when making an appointment.
 - * If you have an emergency dial '000' for assistance.
- * If unsure about what you need please ring 6387 5555 and a triage assessment will be carried out.
- * Hand sanitiser is located in all areas of the Health Centre. **Please use it on entering and leaving the building.**
- * There are changes to the seating in the reception area to ensure the public maintain adequate social distancing (1.5 metres).
 - * For flu vaccinations, enquiries please ring reception on 6387 5555 for details.
- * What's on at the Centre– please check with your health professional as some services have been temporarily suspended at this time. Some phone consultations may still be available.

The St Marys Community Health Centre is a Compulsory Service and will remain operational during this time.

Information on this page supplied by: St Marys Community Health Centre, Gardiners Creek Rd, St Marys Tasmania 7215

St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215

Phone: 6387 5555

Everyone is encourage to continue to:

- * maintain physical distancing;
- * practice good hygiene and wash your hands;
- * get tested if you have any symptoms;
- * work from home where possible (noting some employees, due to the work that they do, have continued to work from their worksite, and that it remains safe for them to do so);
- * stay at home if you are unwell; and
- * download the COVIDSafe app.

Vulnerable people in the community are still encouraged to stay home and protect their health. The easing of restrictions will continue to be based on Public Health advice and changes will be made depending on Tasmania's

PATHOLOGY- FASTING BLOODS

No food or anything to drink other than water for a **minimum of 12 hours prior to having bloods taken.** *You can still take morning medications.*

If you require bloods to be taken prior to 8:30am, please ring 6387 5555 at least 24 hours before, to make an appointment with Nursing Staff

NON-URGENT BLOODS

If you require non-urgent bloods to be taken, please present at the nurse's station between **8:30am and 12 midday, Monday-Friday.**

If unable to attend during these times, please contact St Marys Community Health Centre on 6387 5555 at least 24 hours before to make an appointment with the nursing staff.

Scripts and Doctors Appointments

Please ensure doctors appointments are booked **PRIOR** to your medications running out, or **IN ADVANCE** if you attend this practice regularly.

We are not able to issue scripts during the weekends, please ensure you have enough in advance. **Please be aware we are not able to issue scripts by phone.**

Thank you for your ongoing cooperation and patience with how you currently access our health services.

St Marys General Practice reminder

Dr Latt wishes to remind the community of the following exceptions to bulk billing at the St Marys Community Health Centre.

The below are NOT covered by Medicare, and may incur cost. Please discuss this with reception when making your appointment. If you have any concerns, please contact us and we will try and address them.

- | | |
|----------------------------|-----------------------------|
| ◆ Driving licence renewals | ◆ Requested medical reports |
| ◆ Insurance medicals | ◆ Harness medicals |
| ◆ Pre-employment checks | |

Non Attendance of Doctor's Appointments

Please be aware there is a

Non-attendance policy at this Practice.

If you miss 3 appointments you will be sent an account. If you miss a 4th appointment, you may be referred to another Medical Practice

Due to demand non-urgent doctor's appointments need to be booked at least **2 weeks in advance.** Waiting periods can apply.

GP Surgery Hours: Monday - Friday

8:50am - 10:00am

(10 :00am-10:30am reception closed)

10:30am - 12.30pm

(1:00 pm- 1:30pm reception closed)

1:30pm - 3:00pm

(3:00 pm- 3:30pm Reception closed)

3:00pm - 4:30pm

ATTENTION ALL SPORTS CLUBS

I am always looking for stories and articles about sport in our area. If you would like to see YOUR club in the Valley and East Coast Voice, please email me at: valleyvoice@fvnh.org.au

I would like our sports pages to reflect the sports facilities available in the Fingal Valley and on the east coast, so please let me know about what sport you are involved in, where you meet, when you meet, and a contact person, and I'll do my best to get you on the sports page!

Now, its over to you....

**ST HELENS BOWLS CLUB NEWS JUNE – JULY 2020**CALENDAR

Tuesdays	Jackpot Pairs	\$6	12.30 for 1.00 start
Thursdays	Chicken Run	\$4	12.30 for 1.00 start
Saturdays	Jackpot Pair	\$6	12.30 for 1.00 start

WE ARE BACK IN ACTION!

Our green and bar facilities are open to Tasmanian bowlers on Tuesdays, Thursdays and Saturdays as shown above. Bookings are essential while we are still under restrictions connected with COVID-19. You can book by calling or texting Jane on 0458 420 842. Our kitchen is not open yet so it's BYO afternoon tea/coffee and snack. No casual roll-ups or practice sessions can be held at this time because we have to follow the guidelines set down by Bowls Australia, Bowls Tasmania and the Tasmanian government.

We are delighted to be back bowling and are looking forward to more activity and more bowlers on the green as restrictions are relaxed.

ANNUAL GENERAL MEETING

Our AGM was held on schedule on May 15th via the on-line Zoom platform. We had more than a quorum in attendance. The same committee was re-elected and we thank all of them for their on-going commitment to our club. President: Jane Pickett, Vice President: Ian Blades, Secretary: Lorraine Webb, Treasurer: Ian Moses, Committee: Angus Greig, Bill Napier, Tony Pickett, Greg Webb and Gilbert Browne.

GRANT

Unfortunately we failed to secure funding from the Tasmanian Community Fund for the upgrade and sealing of our carpark and access lane. We will keep trying for funding for this project.

CARNIVALS

Our carnival dates will be published as soon as we have an indication that COVID-19 restrictions have been sufficiently relaxed. We can't wait!

NEW MEMBERS

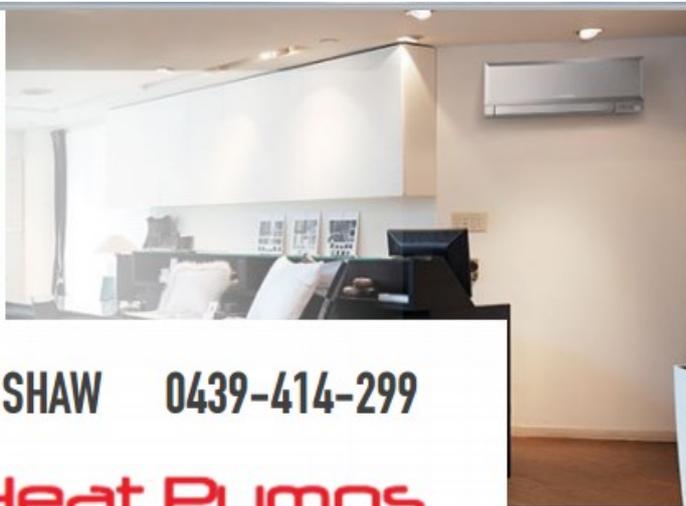
We have welcomed a number of new social playing members over the past couple of weeks, mainly from East Coast clubs. We hope to see them making the most of their memberships and joining in at social bowls and carnivals.

BEANIES

We have in stock a supply of royal blue beanies with the Bowls Australia logo. They are \$20 each and should be pretty popular as winter sets in.

MAKE FRIENDS – PLAY BOWLS AT ST HELENS BOWLS CLUB. Open all year round!

Remember we are available for private sessions of coaching for beginners and that the club facilities may be hired for functions. Contact us in person at 10 Circassian Street, St Helens; by phone on (03) 6376 1943 or 0458 420 842, by email at sthelensbowls@gmail.com or through our Facebook page @StHelensBowlsClub. We look forward to hearing from you! See you on the bowls green!



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FISHING REPORT

by

The Happy Hooker



Finally we are able to move around our wonderful state again, with the COVID-19 restrictions lifted, and the chance to head out for a fish. June long weekend was an opportunity too good to miss out on, with many fishing diehards heading to the east coast for a much-missed fishing experience. Those who ventured onto Georges Bay were rewarded with catches of salmon and garfish. Those who braved a beach fishing session also caught salmon from Four Mile Creek beach.

On a visit to Triabunna and Orford, it was interesting to see many boats out on Spring Bay having a fish, and the boat ramp at Swansea had many cars and trailers in the car park- I would expect their owners would be out chasing the many Blue Fin tuna that are being caught out in the big blue yonder, or maybe diving for scallops around the Coles Bay and Schouten Island areas.



On the inland fishing, the Inland Fisheries Service have been busy restocking the many waterways and lakes around the state with fish captured during their spawning runs in the highland lakes and domestic-bred triploid rainbow trout. 2000 of these Rainbow Trout weighing around 300 grams were put into Lake Leake on the 10th of June; these fish should grow fast and provide good sport this trout season, which starts on the 3rd of August. Triploid fish are fish that cannot reproduce, and are placed into the waterways for fishing sport only, and hopefully we can have some good rainfall and fill Lake Leake so these fish can become trophy trout next year.



New boat ramp and pontoon on Swan River.

Inland Fisheries and Marine and Safety Tasmania have been busy, and have installed two pontoons, one at Lake Leake and one at the top boat ramp on the Swan River. The older wooden platform which was at the Swan River boat ramp was well past its use-by date, and would become quite slippery when wet; now it's easy to put your boat in and have something to tie up to while parking your car. These pontoons are also wheelchair accessible, which will give people that may have mobility issues a safe spot to cast a line. These pontoons were used as part of the world fly-fishing championships, and have been installed at various locations around the state.

Until next time, tight lines!

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ST MARYS SPORTS CENTRE NEWS

By: Volen Tier

A bit going on at the Centre. Due to the lifting of some restriction and after a lot of paperwork and phone calls, we were finally able to open, under strict guidelines last week. I must remind all patrons, even members, that EVERYONE must sign in prior to entering the building, and supply their phone number and use the hand sanitiser supplied in the foyer. Other than that, we have enjoyed a few evenings, having a friendly drink and watching the footy at the Centre.



We are open Thursday night from 5.30 pm with a warm fire going and footy on, so come along and share the good company and a few drinks. Friday nights have picked up straight away, and it is nice to see a few new members using the facility. Bar snacks are available and the membership draw is back in full swing; all members are reminded that the happy hour is on from 6.30 - 7.30, and around 8.00 pm the membership draw is done. If your number comes up and you are present, you win a carton of beer. Winner this week was Tamatha, well done.

GOLF: Sunday golf is in full swing, - pardon the pun, - a good turn up at present, and the course appreciated a bit of recent rain. Winner of the stroke competition last week was Mark Carrick, who is returning to his usual good form. Winner of stableford this week was Macca, - drug test results will be in next week.... After our game begins at 11.00 am, we all enjoy a feed put on by a different member each week. A great initiative, and well appreciated by the intrepid crew. Chef Rick, in charge this week, has promised us a heart-warming curry, just what is needed on colder days! All players from other clubs and locals are welcome to have a hit; the usual green fees are waived on the day, and a hit and feed will cost you a massive \$5.00; that won't break the bank.

BOWLS: The green and players are in hibernation at present, although some are having a roll up at St Helens on the synthetic rink. This doesn't mean there is not a lot of work going on at the local rink, getting it ready for the next season, and a few meetings going on where our competition will be able to have a bit more of a say in organising our pennant season and East Competition. More on that next issue.

Winter opening hours are: Thursday 5.30 pm, Friday 5.30 pm, and Sunday 2.00 pm

Until next time, good hitting and rolling.

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WINTER TRADING HOURS

Monday – Thursday	6.30 am—6.00pm
Friday	6.30am—6.30pm
Saturday	7.00am—6.00pm
Sunday	8.00am—5.30pm

PLEASE NOTE: Sunday 28th June 2020 - Due to Stocktake, we will be opening at 7.00am and closing at 11.00am.

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| ◆ Chelle's Place - Fingal | ◆ St Helens Newsagency |
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| ◆ Mathinna Post Office | ◆ Mouth Café - Scamander |
| ◆ Coach House Restaurant - St Marys | ◆ The Farm Shed - Bicheno |

Printed and published by:

Fingal Valley Neighbourhood House Inc.

PO Box 322

FINGAL 7214



Crossword Solution

ISSUE 52.10

CROSSWORD 13

Across: 1. Reduce, 3. Fellow, 6. Banger, 7. Geyser, 8. Kojak, 10. Flyover, 14. Old Trafford, 17. Customs, 19. Slept, 20. Reside, 21. Gurkha, 22. Entire, 23. Flight.

Down: 1. Rebuke, 2. Check, 4. Enemy, 5. War Cry, 9. Jules, 11. Life, 12. Verne, 13. Brim, 15. Scarce, 16. Stuart, 18. Older, 19. Scull.