



THE VALLEY AND EAST COAST VOICE

Established 1968

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COMMUNITY SPACE AT ST MARYS CONTINUES TO TAKE SHAPE

Work continues to progress on the St Marys Community Space Project, with some of the major and larger elements now being constructed. By the time this edition goes to print, there will be even more completed in regard to the half pipe section of the park. Most of the bike and scooter flat track areas have been completed. With a completion date within the next 3-4 weeks for the construction, it will then be onto the landscaping. Watch this space and the Facebook page for information about working bees.



The surface of the half-pipe being finished by willing volunteers.

The Community Space is located at the corner of Groom and Story Streets in St Marys. Funding has been obtained from various grant agencies, the largest grant being made by the Tasmanian Community Fund, which allowed for the construction of the main bike and scooter track and the skate components of the park. Other grant funding and monies from the consolidated revenue of the Association and from fundraising activities, has been secured for the BBQ facility, the picnic table and chairs and the birds nest swing. The outdoor gym exercise equipment has already been sited.

A working bee was held on site on Saturday 4th July, and a BIG THANK YOU to all those who came along and assisted with soil distribution and the building of the boundary fence. It's incredible to see so many of our community giving their time willingly to get this amazing facility constructed for the benefit of our community and beyond. The buzz around the park is growing all around



Tasmania, with coverage in Hobart, and people from Launceston coming to film the space.



A birds-eye view of the Community Space complex

The Association still require donations of cash and materials for incidentals for this enormous build, that are not covered by grant funding, including the landscaping elements. If you are interested in making a donation, please speak to one of the Executive or make a donation to the bank account directly. The bank details are - St Marys Community Space Association Inc. - Commonwealth Bank St Marys - BSB 067-019, Account number 1003 0227.

An opening ceremony is being planned for later this year.



John
Tucker MP
Liberal Member for Lyons

Tasmanian Liberals

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ADVERTISING RATES - 2020

| | |
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| Business Card Size ads \$15 | 1/2 Page ads \$40 |
| Intermediate ads \$18 | Full Page ads \$60 |
| 1/4 Page ads \$25 | Permanent Classified ads \$20p.a |

Valley and East Coast Voice Inc.
Advertising rates for all community groups
 Regular articles i.e. news of current activities/events and general information will, at the discretion of the Editor, be carried free of charge. Community group announcements up to 5 lines or business card size are free, anything larger will be charged at 50% of current rates. The decision regarding whether or not an article attracts advertising fees is the Editor's. Groups will be advised of any cost before going to print.
 Private community announcements/private classifieds are free for one issue.
 Articles for publication may be left at the St Marys Pharmacy, posted or emailed.
 We do not accept responsibility for the accuracy of information provided by contributors.
 For online advertising or any other advertising queries, please contact the editor.
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Opinions in any letters published are not necessarily those of the Editor and committee, staff or volunteers.
 Our pages remain open to fair and honest criticism so that, on all questions, both sides may be presented, but any submissions containing personal attacks/libel/slander will not be accepted.
 Kindly do not attack the Editor, the paper or the authors of previous articles.
 All articles for submission, including letter to the Editor, must bear the author's full name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only. Letter writers will be given the chance to respond over a suitable period of time.
 Subjects may be closed at the Editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam.
 Articles most commonly published are those relating to current community issues.
 Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.
 The Editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.
 The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines. All information is correct at time of printing.

This newspaper is about the Fingal Valley and the East Coast, and the people who live here. If you have a story you would like to share, or a suggestion for an article or regular column, please contact the Editor. You can show off your literary talents and submit it for consideration, or the Editor can write it for you. Photographs are important, too, so try to include them, with some information as to where and when it was taken, what the occasion was, and who is in it.
 We also like to tell people about our sporting history, too, and tales of sporting prowess and vanished sporting events are also welcome.
 Email me at: valleyvoice@fvnh.org.au
 Editor, Valley and East Coast Voice

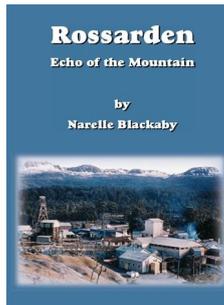
24 HOUR EMERGENCY CONTACT NUMBERS

| | |
|--|--------------|
| Abuse & Assault Services | 1800 737 732 |
| Ambulance, Fire & Police | 000 |
| Crime Stoppers | 1800 333 000 |
| Digital Mobile Phone Emergency Service | 112 |
| Poisons Information | 13 1126 |
| SES: Flood & Storm emergencies | 13 2500 |
| TasNetworks | 13 2004 |
| TasWater | 13 6992 |

NEW EDITION OF BOOK ABOUT ROSSARDEN AND STOREYS CREEK

CAN YOU HELP?

Narelle Blackaby, the author of "Rossarden Echo of the Mountain" is currently writing a second edition of the book, and is looking for photographs and stories to use. The first edition was printed in 2004, and after 16 years, Narelle has decided that it is time to update the story, so she is appealing for any information, photographs, stories or newspaper clippings that people may have. "Any photos of people at various locations in the town or at the mine would be great," Narelle has noted.



Situated in the valley below the striking Stacks Bluff, the town enjoys spectacular views of Ben Lomond, and was built to house the workers for the Aberfoyle Tin Mine, which started producing tin in September 1931. "My husband Nick lived in Rossarden in the 1950s for the first six years of his life, and he loved the place. His father died in the mine in 1960, so he and his mother moved to Adelaide. We have been back to Rossarden a few times," she said.



Rossarden was one of Australia's major tin producing towns. By 1933 the town was said to be growing steadily with a town hall, a post office, and 17 dwellings built in a matter of months, while a community ball was reported to have been arranged in order to raise funds for a tennis and badminton court. The post office opened on 20 November 1933. By 1953, the population was around 1000, but a dramatic drop in metal prices in the 1970s saw the mine's production decline, and the mine eventually closed in 1982. By then the town's population had dropped to approximately 90.

Narelle is also interested in expanding the few pages about Storey's Creek in the first edition. The mine was worked by Storeys Creek Tin Mining N.L.[No Liability] Company and was one of the major tungsten producers in Tasmania. "I would like to include some extra information on Storeys Creek as well, as not much is included in the previous edition of the book," she said.



Today, Storeys Creek is deserted, while Rossarden has around 60 residents. Wild deer roam the streets, as well as many native animals and birds. You may even see wedge-tailed eagles soaring above the town.

If you have any photographs or clippings, or tales of life in the mining towns, contact Narelle on: nblackaby@bigpond.com

THINK SOMEONE NEEDS A HAND?

SEND THEM A KINDNESS CARD!

The Break O'Day Council has developed a way you can connect to your community. A 'Kindness Card' is a postcard-sized offer of help, that you just tick to indicate how you can help, add your name and how they can contact you, and pop in their letterbox, or give to someone you think needs a bit of a hand.

The Council has developed Kindness Cards to give members of the community a simple way of offering support or help to others, so that we can have a part in creating a more connected community.

Both the sender and the receiver of a Kindness Card benefit, as kindness has been shown to improve physical and mental outcomes for all involved, and can start a relationship that blossoms into friendship. Just like a smile, a bit of kindness can go a long way!

Kindness Cards can be collected from the main Council office, 32-34 Georges Bay Esplanade, St Helens, during normal office hours, and you can pick up as many as you need.

Kindness Cards—a way to get connected!

Show someone some

Kindness

We're giving our community a simple way to connect

Kindness Cards give you a way to offer help and support to others you think are struggling in subtle way.

You can find out more on our website, www.bodc.tas.gov.au

Kindness benefits both the receiver and the giver and has been shown to improve physical and mental health outcomes for all involved, it's like a smile, a little bit of kindness can go a long way.

This is a community initiative supported by Break O'Day Council. For more information or to get involved please call 08 6296 7000

Break O'Day Council

You can collect Kindness Cards during business hours from the main Council Office at 32-34 Georges Bay Esplanade, St Helens.



Fingal Valley Neighbourhood House INC

Old Tasmanian Hotel Community Center

22/07/2020 - Update

Update from Fingal Valley Neighbourhood House

FVNH has re-opened as of Monday 13th July from the Old Tasmanian Hotel. We are observing social distancing and limiting numbers into the house and each room during this time.

We are excited that the building restoration works are almost complete and hope to be able to open these new spaces soon.

We will advise in coming weeks the re-introduction of activities including the Op Shop, Tai Chi, Bread, Legal Literacy and Garden.

Loaves and Fishes **will now be available on Wednesdays from 12pm until further notice and be available from the Op Shop room until further notice.**

OPERATIONAL PROCEDURES

- We continue to provide information, advice and support to the community via phone, email and social media;
- **Food Relief** will be provided (we are considering how the food is packaged and collected and what risk is presented);
- Suspending all non-essential transport
- All non-essential staff, contractors and volunteers to work off site.
- Provide essential transport for our most vulnerable to medical appointments.
- Staff and volunteers will complete a Self-Assessment Tool to ensure they are not at risk if they choose to come in;
- All group activities have been postponed;
- NILS Loans will continue to be offered via phone, email and, in rare cases, in the large room;
- Centrelink assistance on request and by appointment
- Cleaning will be more focussed on surfaces, entrances, keyboards, phones etc

We thank you for your ongoing support and we will continue in the best way possible to support our community. Should you have any further questions please do not hesitate to call us on 6374 2344, email admin@fvnh.org.au, SMS 0437 550 571 or send us a Facebook message.

*The Fingal Valley Neighbourhood House Inc is funded by the Crown
through the Department of Communities Tasmania*

WANT TO STAY AT HOME FOR AS LONG AS YOU CAN?

Community Care TASMANIA can help you stay out of a nursing home.

In this time of lockdowns at nursing homes and hospitals, many families are becoming concerned about their parents and grandparents becoming isolated and vulnerable, being unable to call for help when they need it. People with long-term health conditions who are having problems coping at home, are also becoming concerned about how they can avoid having to become residents in nursing homes. Studies have shown that living at home extends and improves overall quality of life and enjoyment, and Community Care TASMANIA is an organisation that can help to keep them there. Community Care TASMANIA is a local not-for-profit Tasmanian organisation, fully and solely owned by its members, with a local team of experts in coordinating and delivering individual support and care services, including all personal, social and community needs.

Research suggests in-home care can extend life by eliminating stressors associated with getting older in an aged care facility. It allows for:

Home comforts: Home care allows older people to stay in their own homes for longer.

Stability & sociability: People can maintain contact with friends and the local community.

Familiarity: A change of environment can be stressful and takes time to adjust. Home care can help a loved one to stay in comfortable and familiar surroundings, in the house they love surrounded by the things they love.

Peace of mind: Home care can help 'lighten the load' or ensure the family knows the relative is in good hands and taken care of.

Flexibility: Home care is flexible and clients can have as little, or as much, help as they need. Care can be tailored to fit their needs (subject to budget constraints of the HCP).

Independence: Home care helps people to stay independent by assisting in those areas they need a little bit of help.

Home cooked meals: Not only does healthy eating for seniors contribute to physical health, but it also has a huge bearing on memory and mental function.

Cost: Receiving care at home may be a lot cheaper than moving into a care home, depending on the amount of care needed

Pets: If clients have pets, they can continue to live with them.

Friends: Can drop in at anytime.



Choosing in-home support can enrich the quality of your or your loved one's later years. To find out more about how they can help, contact the friendly and expert staff to discuss your family member's needs.

Community Care TASMANIA can help with Home Care Packages, NDIS, the Commonwealth Home Support Programme (CHSP) and Dial an Angel (privately purchased services to top up care if required).

Community Care TASMANIA - call them on 1300 722 400 or visit www.cct.org.au to find out more.

HOOKED ON CLASSICS?



Have you ever played an orchestral musical instrument? If you have, and still have your instrument, do you still play, or have you thought about playing again?

It has been proposed to start a group of orchestral musicians meeting and playing regularly, and enjoying music.



If you are interested in finding out more, please phone Monica O'Neill on 0427 618 815.



The Say by the “Cage Rattler”

One morning last week I heard an interview on ABC radio involving our local mayor. The gist of the interview was about council amalgamations, and particularly in regard to Glamorgan-Spring Bay. He did make some sensible and good points favouring a future merger should the suggested idea of three or four east coast councils involve themselves in amalgamating at some stage. That said, though, there are also some deeper considerations as part of such a future potential outcome. One option the Mayor mentioned was to basically disband Glamorgan-Spring Bay, by having Bicheno-Coles Bay becoming part of Break O’Day essentially, and having the rest of Glamorgan-Spring Bay integrating into Sorrell Council. A little more involved was including Tasman Council into the equation, if I understood it correctly.

I have to admit that I'd be asking lots of questions in the event that Break O’Day, with about 6000 people, was part of mergers with any other councils, with the Fingal Valley in mind. I still think that we in the Valley have not really gained a great deal after merging with Portland many years ago. To me, it's always been an ‘us and them’ feeling between the Valley and coast populations of Break O’Day. I think many of us in the Valley feel that way to this day. In the days of the old Fingal Council, I think we might have been better suited with a smaller council in a low populated municipality. Granted though, things have changed a lot since then with all sorts of things, and nobody would ever really know one way or the other how we'd be now if the raft of council mergers hadn't taken place.

Of course, all this - if it happens at all again - could be a decent time away yet, but I'd be strongly suggesting to proponents of big changes to Councils here on the east coast and elsewhere around our State, that a fundamental thing takes place first and foremost, and that is detailed consultation with the ratepayers of any municipality involved. For me, it would be imperative that an overwhelming majority of at least two thirds would be a minimal requirement.

I gather there have been several years of ongoing issues within the Glamorgan-Spring Bay Council, and apparently many ratepayers there are keen to see all that end, and are very open to the idea. While that is very understandable, it is also vitally important to certain sections of our existing municipality, not least here in the Valley, that we are not at any disadvantage in the event of a major change to boundaries.

I'd like to think that it'd only ever take place if there was a noticeable advantage, or at the very least, no disadvantage for the vast majority of ratepayers in the councils involved.

The logistics, the financial positions and implementation of servicing a greater area are not small considerations, and, of course, the direct administrative matters for a future merged local government zone would be of crucial importance.

There are often comments that bigger is better in such matters, and having 29 councils for 550,000 people makes no sense. All I'll say on that point is this; nobody can say with absolute certainty that that rule always applies. Different demographics might sometimes demand varying outcomes.

Let's just ask that if and when the time comes, that every one of us have a big say before any firm decision is made to further join up our Tasmanian Councils.

What do you think?

Helpful Information about COVID-19

We understand that you may be feeling worried about how quickly things change at the moment. Information about the COVID-19 situation is changing rapidly and it can be hard to know who and what information to trust.

The State Government has launched a dedicated site which is the best place for you to find up-to-date information.

WWW.CORONAVIRUS.TAS.GOV.AU

We recommend that you check this site and information regularly to ensure you are aware of the latest changes.

There are a variety of support services available to you. If you are not coping, please speak to someone now.

IMPROVING THE PLAYING FIELD ACROSS TASMANIA

The Tasmanian Government is committed to supporting the State's sport and recreation sector, as we recover and rebuild from the COVID-19 pandemic, and has announced that the \$10 million 'Improving the Playing Field' fund is now open for applications.

"Funds for the program will be allocated as \$5 million each year in 2020-21 and 2021-22. Under the program, grants of between \$25,000 and \$250,000 will be considered for local councils, sporting associations and clubs for the building of new facilities and upgrades of existing amenities. Eligible projects include change rooms, toilets and shower facilities, accessibility, lighting, security, fencing, scoreboards, drainage and other civil construction works," Minister for Sport and Recreation, Jane Howlett, said in a recent press release.

"The 'Improving the Playing Field' fund will build on the Government's existing significant sporting grants programs, including our recently announced \$2 million COVID-19 Sports and Recreation Grants Program designed to maintain and support employment and continuity across sporting codes, as competition recommences around the State. Importantly, this investment will support Tasmania's building and construction sector and help support and create local jobs," she added.

Further information including guidelines and applications are now available at: https://www.communities.tas.gov.au/csr/sportrec/funding_grants



WOMEN'S FOOTBALL COMES TO THE EAST COAST

"How exciting it is to have women's footy on the coast?" is a question that will soon be answered, as the opening whistle blows on the first game of football played on the East Coast between women, on Sunday, 26th July. The East Coast Swans are incredibly fortunate to have Leighton Jordan take on the coaching role of the Giants AFLW Under 17s team, ably assisted by Brad Goodyer. Brad and Leighton have clocked up over 600 club games between them, and the AFLW's sub-committee are delighted to have two of their longest-serving players continue to contribute so significantly to the club, and to be part of the leadership of this tremendous initiative. "'Excited' and 'committed' - I think these words resonate with all involved with the team; players, coaches, committees and dedicated parents," said Leighton in the latest East Coast Swans newsletter. "It has



The Giants AFLW Under 17 team train under the watchful eye of coach Leighton Jordan.

been a long journey for all involved in the AFLW program starting back in October. Training commenced in February but was disrupted by COVID-19. With restrictions lifting, players were eager to return, with smiles on their faces. Our numbers have been excellent at training, and our players have made tremendous progress. It has been so rewarding as a coach, to see our players willing to improve and enjoy the life of AFLW players," he continued. "There was great excitement last week as our new playing outfit arrived from LRF, and they look amazing! Players will also be receiving a warm-up top, funded by LJ Hooker St Helens; a big thank you to Nereda and the team. On Thursday 16th of July the Giants were presented with their jumpers, and this was a great opportunity to introduce our talented and motivated crew. July 26th will be our first game, playing against Prospect, at St Helens. For most of our players, this will be their first game and a history-making moment for both of our East Coast clubs – the Giants and the Swans. Importantly, this includes the entire community on the Coast and in the Fingal Valley. The players know that they still have a lot to learn, but when they run out on to the ground, I know that they will give one hundred percent effort, just like our team motto - "I Improve, We Improve, We Are One'," he concluded.

Go and watch the women of the East Coast and the Fingal Valley make history!

| STAR FM Program Guide | | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|--|--|--|---|--|---|--|---|---------------------------------------|
| | | Brekkie | Start your working week with Sandy | Enjoy your Fruit Loops with Sandy | I see Stars with Sandy | Eggs Over Easy with Skuter | Alphabet Soup with Jewels | It's the Weekend with Shaun |
| Morning | Feeling good with Jewels | The Good , the Bad...and the Ugly with Skuter | The All Australian Show with Pugs | Rhythm N' Reggae with Big Davo | Simply 60's with PUGS | Old and New with "You Know Who" with Angelina | | |
| Arvo | Jackster's MUSIC BOX with Jackster | The DownUnder and more with Mary-Anne | "Around the World" with your hostess The Tone | Jonno's Fusion Show with Jonno | Under the Radar with FEEF | A dose of Dr Dave with Dr Dave | Star FM's The 80's Zone with The Tone | |
| Late Arvo | In the BACKSEAT with Astro or JAX | 2 For Tuesday Request Show with Shaun | Something Fishy with Fyshy | Plug in your FLASHDRIVE with The Flash | The "Rock" Show with Jonno | "No 80's Zone" The Tone | | |
| Evening | Monday Evening With Star FM | Neville's Country Corner and more with Neville | That 70's Show with The Flash | Thursday Nights with Star FM | Magilla's Escape with Magilla | The Party Pit Playlist by "Benji" with Star FM | Big Daddy Davo's Blues Mix hosted by Dave | |



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| <p>Moo Poo</p> <p>See Normie</p> <p>6372 2380</p> | <p>Work Wanted!</p> <p>I am a qualified and experienced Landscape Gardener.</p> <p>I have a Certificate III in Horticulture and am available to work in the area.</p> <p>For more information call Mark on</p> <p style="text-align: center;">0457 168 521</p> |



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WEED OF THE MONTH—BONESEED

Boneseed is a declared weed in Tasmania. Boneseed is considered one of the worst and most invasive weeds in Australia due to its ability to establish itself anywhere and its potential to spread. Boneseed doesn't typically flower until 18 month old, so it is important to remove plants as young as possible before they produce seed. They can produce up to 50,000 seeds per year making treatment of an area with mature plants a several year project. In the state Weed Management Act, landowners have a responsibility to remove and eradicate boneseed from their property. Due to their shallow root system, they are easily hand pulled or carefully spot sprayed with a registered herbicide. Plants can be piled ensuring the roots are not in contact with the ground. If seeds are present, they can be cut off, bagged and burnt. This time of year boneseed is actively growing and has not set seed, this is the perfect time to treat and remove, remembering follow up in the next year or two is essential.



For more information please visit:

dpipe.tas.gov.au/invasive-species/weeds

ANGLICAN CHURCH

SERVICE TIMES

contact 6376 1144

St Helens

St Paul's: 9.30am every Sunday

58 Cecilia Street, St Helens.

St Marys

Holy Trinity: 10.00am every Sunday

13 Main Street, St Marys.

Pyengana

St Michael & All Angels: 7.30pm 4th Sundays only

28007 Tasman Highway, Pyengana.



A MESSAGE FROM THE ROMAN CATHOLIC CHURCH

The parish administration of the sacraments is still open to the Catholic Christian Faithful, provided that we observe the restrictions as to the number of those people attending the baptism, wedding or funeral mass inside the church. However, in case of the funeral, those who wish to attend the funeral service, can attend at the grave site where they will keep the distance from each other as prescribed by the government.

For anointing of the sick, I may be called on 0437 324 227 or contacted by email: fr.bitz51@gmail.com or through the Parish office, contact number (03) 6372 2252 or email address: stmaryscpps@gmail.com.

Fr. Norberto Ochoa



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LJ Hooker St Helens

"Sell in isolation, not in competition"

Real Estate during COVID-19

There is no holding back our market on the East Coast. With more buyers than ever searching for their ideal property to purchase we are noticing the lack of properties that we have available for them.

My advice to you, if you are thinking about listing your property for sale don't hesitate as there may just be the right buyer waiting for a property like yours. With fewer properties on the market due to Vendor hesitation, this will increase demand for your property and allow you to gain the best price possible in the current market. With agents having to adapt in current times we are now obtaining contracts through Virtual Tours and Facetime Viewings from our interstate purchasers.

If you have any questions about what is happening in Real Estate on the East Coast, I would be happy to discuss. Give me a call anytime!



Kate Walsh
Property Consultant
0419 683 904
kwalsh.sthelens@ljh.com.au

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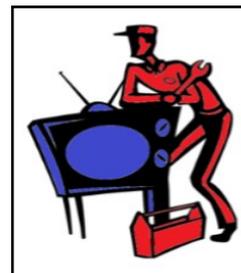
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Heidi Howe
Ph 0409 823 524
 Sales Representative
 Harcourts St Helens
 38 Quail St, St Helens, 7216



The Antenna Guy



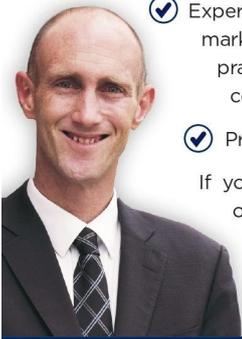
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Talbot St

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for an appointment



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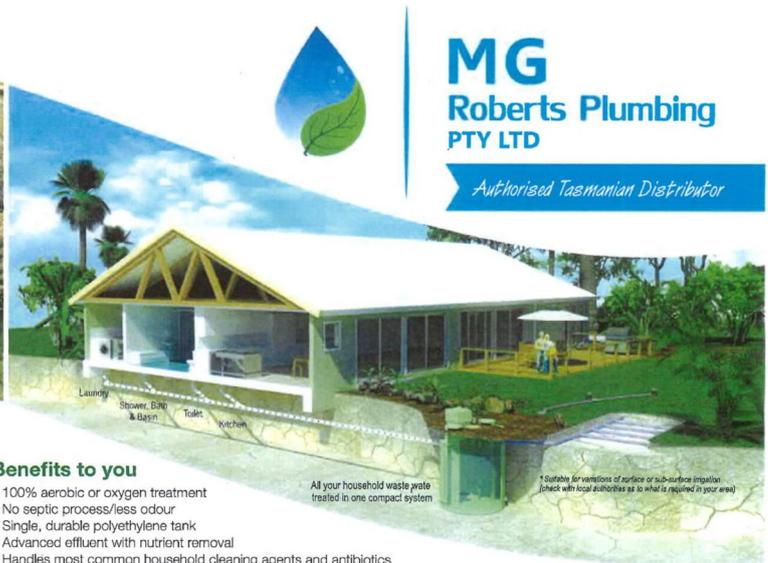
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Eagle Street, ST HELENS; includes recycling; OPEN 10am — 4pm every day.

Coach Road, SCAMANDER; includes recycling; OPEN 10am — 4pm Tuesday and Thursday, and 2pm — 5pm Sunday.

Gray Road, ST MARYS; includes recycling; OPEN 10am — 4pm Tuesday and Thursday, and 2pm — 5pm Sunday.

North Ansons Bay Road, ANSONS BAY; OPEN 12pm — 4pm Wednesday, 10am — 4pm Sunday, and 12pm — 4pm on Monday of long weekends.

Rossarden Road, FINGAL; OPEN 10am — 4pm Tuesday and Thursday, and 2pm — 5pm Sunday.

Tasman Highway, PYENGANA; - OPEN 9am — 12pm Wednesday, and 2pm-5pm Sunday.

Charges apply at all waste transfer stations; see sign at entrance.

BLACK WATER DUMP POINTS

St Helens—117 Tully Street, St Helens

Fingal—13 Talbot Street, Fingal

St Marys—Harefield Road, St Marys

No charges apply to use black water dump points.



TIP SHOPS NOW OPEN

St Helens Tip Shop

Sunday to Friday

11am – 2pm,

Saturday 11am – 4pm

St Marys Tip

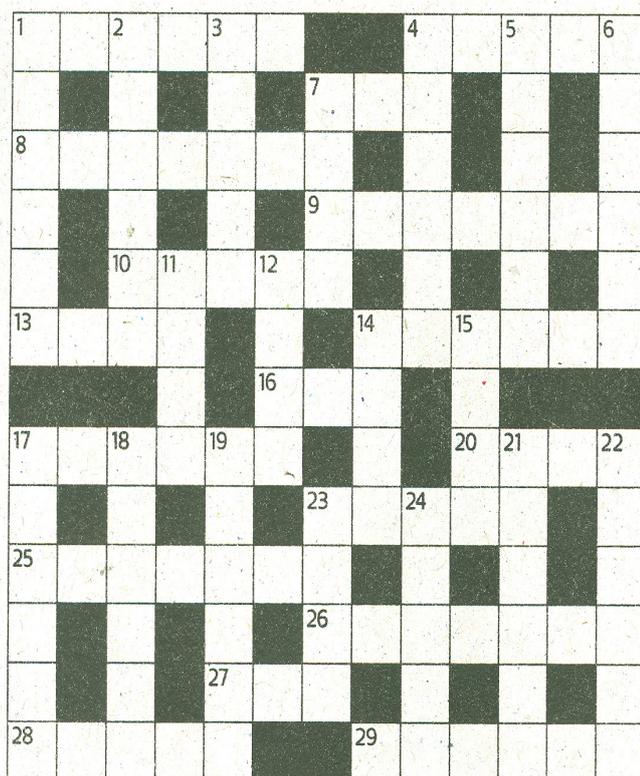
Tuesday and Thursday

11am – 3pm,

Sunday 2pm – 4pm



Crossword 52.13



ACROSS

1. Start a round of golf (3,3)
4. Ready to fire (5)
7. Lair (3)
8. Trip (7)
9. Candidate (7)
10. Poem of lament (5)
13. Naked (4)
14. Bad elm [anag] (6)
16. Number (3)
17. Rabbit hole (6)
20. Wicked (4)
23. Fourteen pounds (5)
25. 100th of an escudo (7)
26. Goods for shipment (7)
27. Indian state, capital Panaji (3)
28. Wild fling (5)
29. Closer (6)

DOWN

1. Sea between Australia and New Zealand (6)
2. Dodged (6)
3. Myth (5)
4. Orwell novel, ___ Farm (6)
5. Champagne bottle-size (6)
6. Protect (6)
7. Refute (4)
11. Evil grin (4)
12. Shine (4)
14. Defeat (4)
15. Chief port of Yemen (4)
17. Upper arm muscle (6)
18. Forest warden (6)
19. Citrus fruit (6)
21. Church caretaker (6)
22. Last-mentioned (6)
23. Couch (4)
24. Overweight (5)

ST MARYS TIP SHOP REOPENS

After much anticipation by the local community, the St Marys Tip Shop finally reopened on Thursday 9th July 2020. The tip shop volunteers spent the week prior to opening day freshening up the retail space and giving the place a thorough clean and wipe-down.

The St Marys Tip Shop supports the St Marys and surrounding communities in many ways. These include things like reducing the amount of material that goes into landfill, raising money for St Marys District Hospital and ensuring residents have a place where they can take surplus goods, as well as allowing others to pick up a bargain.

Before bringing in any of your waste, check for any goods that might be of use to someone else: bricks, tiles, windows, doors, pipes, fencing, wire, toys, working household goods, furniture and garden tools are all popular items so please consider donating these if they are, at a minimum, in fair to good condition. You can drop these off first at the Tip Shop - not only will you have less waste to take to landfill, 100 percent of proceeds from your donations will go straight to our hospital.

Give your fellow St Marys Tip Shop users the opportunity to find new uses for the things you no longer need as they can be recycled and reused. You wouldn't believe the uses people find for your surplus waste and if in doubt, the Tip Shop staff can help you separate it - just ask for assistance. You can find more information about rethinking waste here: www.rethinkwaste.com.au

If you would like to volunteer on the Tip Shop Team, forms are available at the Tip Shop or call 0417 292 414 to have a chat about your availability.



Opening hours are: Tuesday and Thursday, 11am - 3pm, and Sunday, 2 - 4pm.

We look forward to seeing you there!

The Tip Shop Team

Please be aware COVID workplace requirements are in place for visitors to the Tip Shop, and staff will assist with maintaining these requirements.



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ST HELENS WALKING GROUP



Our first walk of the post-COVID-19 era, scheduled for Wednesday 24th June 2020, didn't happen on account of the rain.

However, on Wednesday 1st July 2020, there was another attempt at a group walk, this time a beautiful sunny crisp morning greeting walkers with Alex B leading. The "Town Link" bike track/trail, from Lions Park up to Flagstaff Road and return, was thoroughly enjoyed by all, being the first walk since the lockdown period. Those who preferred to walk it one-way even had arrangements in place for a ride with Bryan E at the Trail Head. Great service!



Starting out.



Midway along the trail.

The second group walk was another "Wednesday Wander" on 8th July 2020, led by Pam B. on a stunning winter's day, with a frosty start, sunny yet struggling to make 10 degrees - perfect weather for a warm walk through the Winifred Curtis Scamander Reserve.



Discovering the Winifred

Walkers in the group are all smiles and enjoying the company and activity that they have missed for these couple of months of lockdown.



"What plant is this?"

Many thanks for those leading and organising the walks, without you this activity could not be enjoyed by the group.

Walk timetable for the next few weeks is as follows;

- 29 July, Henk and Greta, Constable Creek area.
- 5 August, Revel, Rubbish pick-up, Argonaut area.
- 12 August, Christa, Schiers Track, Scamander.

All walkers meet at Hub4Health by 9.00 am as usual, either on Wednesdays for shorter walks through the week or the third Saturday of each month, for a walk further afield, as detailed below.

St Helens Walking Group is part of Hub4Health and the Heart Foundation's efforts to encourage walking as a daily exercise to improve and maintain a healthy lifestyle. It's great fun and always refreshing, with as much or as little as you desire in learning and social opportunities. A variety of leaders within the group are very capable of leading each walk on an adventure within the allotted time frame along with providing interesting information and/or walking conditions for the track being taken. Residents and travellers in St Helens and surrounding districts are welcome to join in the walks. Have \$2.00 ready for the driver if you want to car-pool and be at *Hub4Health in Portland Ct, St Helens* by 8.50am on a Wednesday or on the 3rd Saturday of the month for a longer walk. (\$5.00 for carpooling on Saturday walks).

For more information contact **Pam Bretz on 0439 547 529 or Alex Buchanan on 0428287753**



Fingal Online Access Centre
 29 Talbot St. Fingal Tasmania 7214
 Phone/Fax: 0363742222
 Email: fingal.oac@education.tas.gov.au



The Fingal Online Access Centre is open from 9 am - 2 pm daily, adhering to strict conditions of social distancing. All our normal services are available.

If you have printing or emailing you require, call in, and we will assist you.

These advertisements are paid for by the members. They do not reflect the political views of the FVNH, its staff or volunteers.



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And 2020 is no exception! With the addition of Tasmanian made blinds to their extensive range, the Gazzman's team are the ones to see when you need to transform the look of your home.

Complimenting the new range of blinds, Gazzman's continue to offer a comprehensive range of Australian made wood heaters, Tasmanian made mattresses and a quality range of flooring and Manchester.

As a locally owned business employing

local staff and flooring contractors, Gazzman's continue to evolve and move with the times.

And with the continued growth of the business, Gazzman's are pleased to introduce their newest team member, Mandy! Mandy joins Garry, Karlee and Craig in providing you with expert advice and friendly customer service.

This is Gazzman's 2020 *We look forward to seeing you soon*



Garry, Craig, Mandy and Karlee welcome you to Gazzman's

21 Quail St, St Helens
Ph 6376 2555





How do you contact us?

Email: admin@hub4health.org.au

Web: www.hub4health.org.au

Facebook: Hub4Health

Our Aim:

To support and facilitate health and wellbeing programs to rural and remote communities within the Break O'Day Municipality and beyond.

Active4Life Gym Programs are currently limited due to the Australian Government Regulations relating to venues during the pandemic including, Yoga, Pilates and Zumba.

The Hub4Health Board are currently working on plans for both the St Marys and St Helens Tennis Club sessions to put in place a COVID Safe Plan for classes and individual use.

Our proposed timeline for transition back to new operations:

- **6th July** – small group session start back in St Marys – floor based sessions . Members will need to book in prior to class—time slots for the Tuesday/Thursday sessions available but filling fast. Email for more info. Session to continue in July/August
- **27th July**—St Helens small group sessions start \$10 pp (5 week block) Mondays only
- **3rd August** – individual memberships will recommence in St Marys subject to government advice. Gym to reopen 6am –10pm daily. New inductions will recommence on Tuesdays time tbc

Some of the changes for members will include:

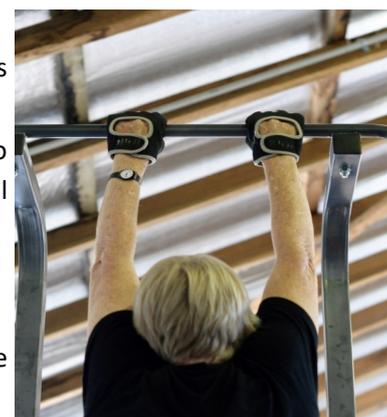
- each participant will have a bucket/paper towel and cleaning spray to wipe down everything they have use after each session
- No use of weights stations where a spotter is required (cannot meet social distancing measures)
- Floor markers for social distancing near gym bags – to meet the 2m2 requirement
- No shared boxing gloves, mats etc – participants must bring their own

Members will be asked:

- to stay away if feeling unwell or if they have been asked to self-isolate
- User hand sanitiser on arrival and on departure
- Keep Contact details up to date and everyone MUST sign in (even if they have used their fob) – no non-members/casual users and download the COVID app where possible
- Fees for July in St Marys – will be via donation of \$5 pp – paid memberships will not restart until the gym is fully reopened

Hub4Health Board decisions will be based on advice from the Australian Health Protection Principal Committee to the Tasmanian Government.

For more information please contact admin@hub4health.org.au or stay updated on our Facebook page.





How do you contact us?

Email: admin@hub4health.org.au

Web: www.hub4health.org.au

Facebook: Hub4Health

Our Aim:

To support and facilitate health and wellbeing programs to rural and remote communities within the Break O'Day Municipality and beyond.

Break O'Day Regional Arts Youth Prize 2020

Each year as part of the Bay of Fires Winter Art Festival an exhibition and competition for children and young people aged 4-18 years is held.

In 2020 the festival was cancelled but the youth art prize committee were determined that the voice of our young artists would still be heard. BODRA offered to support an online exhibition.

140 artists entered work based on the theme: *'United Nations Convention on the Rights of the Child: Article 24: Children and young people have the right to a clean environment'*

A huge thank you to Annabel Dean and Natasha Lowe for their work in setting up this year's event.

All art works can now be viewed online at-
www.bayoffiresyouthartprize.com

You are welcome to leave comments and share the wonderful work on display.

<https://bayoffiresyouthartprize.com/>

BODRA YOUTH ART PRIZE ONLINE 2020

more info admin@hub4health.org.au

The Building Blocks team have appreciated everyone's support during the current pandemic. While it has been hard to limit some of our programs, it has also been good to see our community reach out and support each other through such challenging times.



We have had a lot of fun with our weekly family challenges on Facebook—there have been some lovely activities shared and great prizes too.

Next term we will start back with small session playgroups in most areas and our Read Sing Create! Program will be back at St Helens Library every Friday at 10.30am from the 24th July and St Marys alternate Tuesdays at 11am from the 21st July, for children 0-5 years.

We will also be visiting local playgroups and hosting a monthly walk at Winifred Curtis Reserve. The monthly calendar is available at: www.hub4health.org.au

Our home lending and activity packs are still available—just get in touch via text or private message to get one dropped off for your family on 0400 002 116, and if you need any further assistance, our team are here to support you.





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St Helens Football Club -

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Falmouth Community Centre - 24hr access

Wall mounted outside Morrison St entrance

St Marys District High School -

In the swimming pool enclosure, available during pool hours

Scamander Sports Complex -

On the wall just inside the dining room doors

Binalong Bay -

Outside wall of the toilet block at the main beach carpark, Main Road, Binalong Bay

Fingal Valley Neighbourhood House - 24 hour access

On the wall outside the front door.



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Emergency relief providers help people in times of financial crisis. Assistance includes: food, transport; chemist vouchers; part-payment of utility bills; clothing; and budgeting support.

Emergency relief providers also link people to other services, to help address the reasons for a financial crisis.

Emergency Relief organisations provide services directly to regional communities. It is not necessary to travel into Hobart for support.

Please contact an organisation for advice and assistance.

| | |
|--|---|
| <p>Launceston City Mission (03) 6335 3000 www.citymission.org.au</p> | <p>Launceston Benevolent Society (03) 6344 4213 www.lbs.org.au</p> |
| <p>The Salvation Army Tasmania (03) 6323 7500 www.salvationarmy.org.au</p> | <p>St Vincent De Paul Society (03) 6326 5551 www.vinnies.org.au</p> |
| <p>The Helping Hand Association (03) 6391 2498 www.findehelptas.helping.hand</p> | <p>CatholicCare Victoria Tasmania 1800 819 447 or (03) 6332 0600 www.catholiccaretas.org.au</p> |

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If you or someone you know requires financial counselling support:

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Gambling Helpline
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www.gamblinghelponline.org.au

www.anglicare-tas.org.au/financial-counselling

Housing Connect
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www.communities.tas.gov.au/housing/housing-connect
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www.mensline.org.au

A Tasmanian Lifeline
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www.kidshelpline.com.au

Lifeline
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www.lifeline.org.au

Beyond Blue
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www.beyondblue.org.au

Carer Gateway
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https://www.carergateway.gov.au/
If you or someone you know is a carer

Disability Information Helpline
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www.dss.gov.au/disabilityhelp
If you or someone you know has a disability

Older Australians and Carers COVID-19 Support Line
1800 171 866

Older people and their carers are encouraged to call

Tasmania Public Health Hotline
1800 671 738

www.coronavirus.tas.gov.au

For the latest information about the coronavirus (COVID-19) in Tasmania

Find Help Tas

A central online directory of community services across Tasmania.
Supported by TasCOSS and member organisations
www.findehelptas.org.au

National Coronavirus Helpline
1800 020 080

www.australia.gov.au

Information on coronavirus (COVID-19) and help with the COVIDSafe app
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HEALTH
COMMUNITY**



**Rebecca
White MP**

Labor Member for Lyons

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☎ 6212 2225



Authorised by REBECCA WHITE,
33 COLE ST, SORELL



For all your COVID-19 News

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**Latest Department of Health
information**

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PROTECTING YOURSELF AND OTHERS FROM CORONAVIRUS

Public Hospital Visitors

Do NOT visit a hospital, outpatient department or clinic if you have:

- a fever, cough, sore throat, runny nose, gastrointestinal symptoms; or
- been advised to quarantine



Apart from parents / carers visiting Neonatal Intensive Care

Visitors must complete the 'Visitor Screening Tool' on arrival.

Maximum number of visitors allowed at one time

1 support person or visitor

2 parents / carers or visitors

- | | |
|--|--|
| † Community Centres | †† Department of Critical Care Medicine |
| † Emergency Department | †† Neonatal Intensive Care (parents / carers) |
| † Maternity Unit (during labour and birth) | †† Palliative Care |
| † Outpatient Clinics | †† Paediatric Unit (parents / carers) |
| † Short Stay Surgical Unit | †† Operating Theatre and Recovery Room (parents / carers of children only) |
| † Hospital wards (unless stated otherwise) | |

Exemptions

To request an exemption on compassionate grounds, contact the facility you wish to visit and talk with the Nurse Unit Manager (NUM) or Associate NUM.

Exemptions may apply to:

- palliative care visits during the terminal phase of care; or
- sibling visits to Neonatal Intensive Care.



St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215

Phone: 6387 5555

'STOP' DO YOU NEED TO ENTER THE HOSPITAL?

CHANGES AT THE ST MARYS COMMUNITY HEALTH CENTRE

- * Due to the COVID-19 outbreak the St Marys Health Centre is required to do a health check of **ALL** persons entering the site. On arrival at the Centre you will need to press the intercom bell at the entry door where a staff member will come and do a health assessment on you before entering the building.
- * Pathology- bloods or those who have scheduled GP appointments are still able to come to the Centre to have these services.
- * If you only require renewal of a prescription/s please contact reception, on 6387 5555. An appointment is still needed. Scripts can then be faxed to the Pharmacy and collected from there.
- * If you need some medical advice please ring reception for an appointment. Appointments will be either by telephone or by face to face depending on the situation. Please discuss this with the reception staff when making an appointment.
- * Currently inpatient visiting hours are 2:00pm- 6:00pm with a maximum of 2 visitor per visit.
 - * If you have an emergency dial '000' for assistance
- * If unsure about what you need please ring 6387 5555 and a triage assessment will be carried out
- * Hand sanitiser is located in all areas of the Health Centre - Please use it on entering and leaving the building.
- * There are changes to the seating in the reception area to ensure the public maintain adequate social distancing (1.5 metres).
- * What's on at the Centre- please check with your health professional as some suspended services have recommenced. Some phone consultations may still be necessary.

DOCTORS ROSTER

A Doctor's appointment is needed to see our GP's. It is not a drop-in clinic.

Waiting periods to see your doctor may be experienced, please be patient.

Dr C. Latt

Dr K. Rawnsley

23/7/20- 7/8/20 24/7, 28/7, 29/7, 31/7, 4/8 & 5/8/2020

INR tests require a 5 minute doctors consultation- please inform reception when booking.

The waiting area for **all services** at the St Mary Community Health Centre is in the reception.

Please report to reception upon arrival and the consultant you are here to see will be told and they will come and collect you from this area.

St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215

Phone: 6387 5555

Vulnerable people in the community are still encouraged to stay home and protect their health.
The easing of restrictions will continue to be based on Public Health advice and changes will be made depending on Tasmania's circumstances.

EYELINES

For appointments please phone 1300 139 363.

All consults are Bulk Billed to Medicare

Next Session: Thursday 13th August 2020

Help protect yourself and others by practising good hand hygiene habits. Hot soapy water and good hand washing techniques are your best defence.

Practise good hygiene and be kind to each other at this time.

PATHOLOGY- FASTING BLOODS

No food or anything to drink other than water for a **minimum of 12 hours prior to having bloods taken.** *You can still take morning medications.*

If you require bloods to be taken prior to 8:30am, please ring 6387 5555 at least 24 hours before, to make an appointment with Nursing Staff

NON-URGENT BLOODS

If you require non-urgent bloods to be taken, please present at the nurse's station between **8:30am until 12 midday Monday-Friday.**

If unable to attend during these times, please contact St Marys Community Health Centre on 6387 5555 at least 24 hours before to make an appointment with the nursing staff.

Scripts and Doctors Appointments

Please ensure doctors appointments are booked **PRIOR** to your medications running out, or **IN ADVANCE** if you attend this practice regularly.

We are not able to issue scripts during the weekends, please ensure you have enough in advance. **Please be aware we are not able to issue scripts by phone.**

Your challenge does not define you. Your strength and courage does.- BOD Mental Health Directory

St Marys General Practice reminder

Dr Latt wishes to remind the community of the following exceptions to bulk billing at the St Marys Community Health Centre.

The below are NOT covered by Medicare, and may incur cost. Please discuss this with reception when making your appointment. If you have any concerns, please contact us and we will try and address them.

- ◆ Driving licence renewals
- ◆ Requested medical reports
- ◆ Insurance medicals
- ◆ Harness medicals
- ◆ Pre-employment checks

Non Attendance of Doctor's Appointments

Please be aware there is a non-attendance policy at this Practice.

If you miss 3 appointments you will be sent an account. If you miss a 4th appointment you may be referred to another Medical Practice.

Due to demand, non-urgent doctor's appointments need to be booked at least **2 weeks in advance.** Waiting periods can apply.

GP Surgery Hours: Monday - Friday

8:50am - 10:00am

(10:00am-10:30am reception closed)

10:30am - 12.30pm

(1:00 pm- 1:30pm reception closed)

1:30pm - 3:00pm

(3:00 pm- 3:30pm Reception closed)

3:00pm - 4:30pm

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ST HELENS BOWLS CLUB NEWS

CALENDAR

| | | | |
|-------------|---------------------------------|--------|----------------------------|
| Tuesdays | Jackpot Pairs | \$7.00 | 12.30 pm for 1.00 pm start |
| Thursdays | Chicken Run | \$5.00 | 12.30 pm for 1.00 pm start |
| Saturdays | Jackpot Pairs | \$7.00 | 12.30 pm for 1.00 pm start |
| July 27th | Working Bee | | 10.00 am |
| August 15th | Private function in the evening | | |

WE ARE BACK IN ACTION!

Our green and bar facilities are open to Tasmanian bowlers on Tuesdays, Thursdays and Saturdays as shown above. Members are able to practise at their leisure, providing they use the disinfectant spray provided on mats and jacks when they have finished. Hand sanitiser is also provided. We are delighted to be back bowling and are enjoying having bowlers from around the state on our greens.

CARNIVALS August Pairs—29th August This carnival is filling rapidly, even though we haven’t formally advertised it! If you are interested, please contact Jane on 0458 420 842.

November Fours – we are already taking entries for this carnival. Again, if you are interested, please contact Jane on 0458 420 842 to secure your place.

WORKING BEE—27th July All members are invited to join us in our working bee on July 27th at 10 a.m. There are lots of little jobs to be done around the club -inside and out - and many hands make like work. We would love to see you there – maybe we can have lunch together after the work has been done J

BEANIES We have in stock a supply of royal blue beanies with the Bowls Australia logo. They are \$20 each and should be pretty popular as winter sets in.

OPEN DAY—SEPTEMBER We are looking forward to holding a traditional Opening Day in September. All our magnificent sponsors will be invited and we hope all our members will attend watch this space!

MAKE FRIENDS – PLAY BOWLS AT ST HELENS BOWLS CLUB. Open all year round! J

EAST COAST SWANS PREPARE FOR SHORTENED 2020 SEASON

In their recent newsletter, the East Coast Swans revealed their plans for preparing for the re-commencement of the 2020 football season. “Our plan is that we will bring our whole playing list together on Saturday 1st of August at St Helens for a training session commencing at 12.00pm,” wrote club President, Steve “Reg” Wally.



“We will be using this training session to discuss with players the possible options for how we make the most of the July to December period, and to prepare for a flying start in game one, 2021. At this stage every player has committed to the 2021 playing season, this is outstanding news,” he concluded. In other news, recent recruits, Justin Barnett, right, and Matthew O’Keefe, left, were welcomed to the team, with the comment that “we look forward to our Mole Creek contingent bolstering our depth. Bart, our Mole Creek recruiting agent, said that all the boys wanted was to have a ‘taste of crayfish and a beer at Booza’s shed’ ...easy fixed! Welcome Justin and Mok.”



The East Coast Giants U/16 and U/12 boys team will also commence their season on Sunday July 19th.

Thanks to our amazing Pyengana crew, our Wood Raffle is back and you will be able to come and have a chat, get an update on developments and consider purchasing a ticket all day Thursday and Saturday morning, every second week. Our raffle crew will be outside the **Bay of Fires IGA** and keen to catch up.

SEE YOU AT THE FOOTY!



FISHING REPORT

By The Happy Hooker



Hi all,

FRESHWATER FISHING: Trout fishermen would now be starting to count the days down to the 1st August, the opening day of the 2020 trout season. Opening day for many is a day of traditionally going for a fish, perhaps taking their children as their parents did, just to say they have been for a fish in the new season; for others the weather is a trigger to go or to stay by the fire, then there are others who just head out to one of the many waterways with a mate to have a day with good company, and any fish caught is just a bonus to their day. I'm sure all Fisho's would have purchased some new tackle of some sort, some probably under stealth from their spouses, so as to not give away and to save an argument on just how much the average fisherman spends a year on gear and boats!



The Inland Fisheries Service have been busy restocking the many waterways and lakes around the state with fish captured during their spawning runs in the highland lakes and domestic bred triploid rainbow trout; 2000 of these Rainbow Trout weighing 300 grams each were put into Lake Leake. Triploid fish are fish that cannot reproduce and are placed into waterways to grow into trophy trout.

Lake Leake and Toombs Lake have had good falls of rain and have risen quite nicely. Lake Leake is now only 120cm from spilling, which is quite a difference from its lowest measurement of 315cm below spilling in April. Boat launching at Kalangadoo Bay and at the camp site will be easy and safe to, and at Toombs Lake the water level is just below the tiled ramp, but a boat can be put in.

The South Esk River would be a good place to cast a worm into after our recent rain, and hopefully the trout have recovered and put on condition from their spawning runs, with the extra food from the small flooding the river has had.

SALTWATER FISHING: Big tuna are being caught all along the East Coast, some up to 100kg, and fish are still being caught in Georges Bay. Flocks of birds gave away schools of salmon on an afternoon visit to St Helens, and these fish were quite close to the St Helens wharf.



A recent trip to the Scamander River saw some nice bream averaging from 30cm to 38cm, caught on soft plastic lures fished into the tree snags and rock walls, although the fish seemed spasmodic in their presence and willingness to take a lure. Perseverance paid off in the end with some quality fish caught until we deemed they had gotten the sooks up after the tide change and had shut down. Good bream have also been taken from around the old bridge area on plastics and hard body lures, and bait such as pippies and prawns. Salmon have been taken from our coastal beaches for those brave enough to try their luck in these colder days, with some good reports of nice-sized black back salmon from Mariposa Beach.

Until next time, tight lines!

ANNUAL GENERAL MEETING

The annual General Meeting of the Scamander Sports and Community Complex Inc. will be held on **Sunday, 2nd August 2020 at 2.00 pm**, at the Sports Complex building, Campbell Street, Scamander.

All positions are open for election.

Carolyn Stingel,

Secretary.

Phone 0400 789 944





ST MARYS SPORTS CENTRE

By Volun Tier



Just had another great fortnight at the club, once again a nice crowd in on Friday and Sunday, along with the Bowls Club AGM, and working bee, golf on Sundays and a nice few enjoying the hospitality in the bar afterwards. Bar snacks are going a treat while the footy is on, thanks to Trevor Charles for his donation this week. Exciting news on the grants front, with several small ones, acquired total over \$10,000, which is a great benefit to the club during the shutdown, as we had no income at the time. Most will be spent in the clubhouse on heating and the kitchen, with the usual purchases of products for the greens and fuels, etc. There will be more on the grants in coming issues, as we are seeking to name the sponsors after their permission is gained. There is also some great news on the improvements to our outdoor facilities which we can tell you about after approval has been gained for the building.

Neither of the winners of the members’ draw last two weeks, Rick Stillman and Peter Sorenson, were there to collect the spoils, better luck next week. Friday tipping was well supported again, winner last week was Macca and Jacob Viney this week. \$5.00 entry, winner takes all and you only then have to put about \$10.00 to shout the bar!!

GOLF: Good turn out this week, but the previous week was called off due to rain; of course it stopped right on start time, would have thought we were made of meringue.... This Sunday we had a Stableford event, which was won by Macca on 18, from Speed Maher on 16 and Mark Carrick on 15. No nearest the pin this week, as none of us hit the green, but better luck next time lads. In to a lovely feed made by Tamatha and settled in for the arvo; don’t forget, 11.00 am on Sunday mornings for a hit and giggle (or swearing as sometimes happens!) and \$5.00 covers all costs.

BOWLS: Our AGM was supported by 12 members who worked well together in a working bee prior, thanks for all your efforts, it made the surrounds and green look fantastic. The ladies completely cleaned the club house and it came up a treat; teamwork makes the dream work so they say, and in this case it certainly did. Big season ahead as we are the host club, lots of work again, but well and truly rewarding. We have resurrected an old favourite on weekends called the “Tip Run Sunday”, nice to see Publican Tony call in, and without dobbing anyone in, take the rubbish to the tip boys and girls after 2.00 pm and call in for a chat and a beverage.

OPENING HOURS: Thursday 5.30 pm, bar snacks and footy, Friday 5.30 pm same but members’ draw at 8.00 pm and Happy Hour 6.30 - 7.30 pm, Sunday, golf at 11.00 am and open at 2.00 pm.

Until next time, good hitting and rolling.

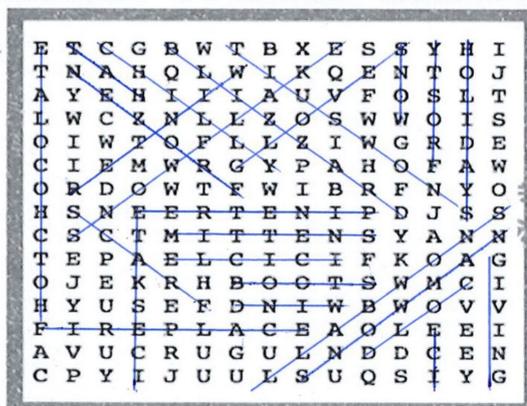
Name: _____ Date: _____

WINTER WORD SCRAMBLE



1. PCONENEI _____ PINECONE
2. IEC _____ ICE
3. TTEMISN _____ MITTENS
4. ATOC _____ COAT
5. RPIECEFLA _____ FIREPLACE
6. AEGEDNRIGBR _____ GINGERBREAD
7. EZRNFO _____ FROZEN
8. YBURARFE _____ FEBRUARY
9. SONW _____ SNOW
10. OWOD _____ WOOD
11. EBDMECER _____ DECEMBER
12. TEAKS _____ SKATE
13. OTBOS _____ BOOTS
14. YEOKHC _____ HOCKEY
15. LIIEC _____ ICYCLE
16. UAYRAJN _____ JANUARY
17. OLCD _____ COLD
18. KSSCO _____ SOCKS
19. INHMCEY _____ CHIMNEY
20. ARSFC _____ SCARF

WINTER WORD SEARCH



WORDS TO FIND:

- | | | |
|----------|-----------|--------------|
| BLIZZARD | BOOTS | CHILLY |
| COLD | FIREPLACE | FROSTY |
| FROZEN | GIVING | GLOVES |
| HAT | HOLIDAYS | HOTCHOCOLATE |
| ICE | ICESKATE | ICICLE |
| MITTENS | PINETREE | SCARF |
| SNOW | SNOWBALL | SNOWFLAKE |
| SNOWMAN | SNOWSUIT | WIND |
| WINTER | | |




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THE TEAM AT ST MARYS CND IGA

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|--|---|

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Crossword Solution

ISSUE 52.12

Across: 6. Uneconomical, 8. Shingle, 9. Torso, 10. Ibis, 12. Nod off, 14. Siren, 15. Aretha, 16. Pear, 19. Liver, 21. Cauthen, 22. Invertebrate.

Down: 1. Medicine, 2. Bough, 3. Cover, 4. Fiction, 5. Fair, 6. Unsuitable, 7. Conference, 11. Via, 12. New, 13. Overhead, 14. Shorter, 17. Acute, 18. Rugby, 20. Vend.