



THE VALLEY AND EAST COAST VOICE

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SCOOTER BOYS FROM SORELL TRY OUT ST MARYS COMMUNITY SPACE, AND GIVE IT THUMBS UP!

As these fantastic photographs show, the skateboard and scooter curves were given a test run on 29th October, by the boys from The Scooter Shop at Sorell, and came up trumps. “We found out about the park via social media and the boys loved the park and can’t wait to get back up there, and would love to have this set up down south,” wrote part-owner Jo in an email. “We had a great weekend in St Marys, and are hoping to get back again in a few weeks.” Staff members Ted Palmer, Jye Moore and Zac Pross took to the curves, and showed some style and talented and skilful moves. “It was a great community feel to be there with everyone, young and old,” the email concluded.

Read more about this impressive community asset on page 3.



Ted Palmer, staff member at the Scooter Shop, flies around his scooter.



School-based trainee Jye Moore hangs in mid-air.



Zac Pross shows his style.

John
Tucker MP
Liberal Member for Lyons

Avery House, 48 Cecilia Street, St Helens
9 Gordon Street, Sorell
(03) 6165 7840 | john.tucker@dpac.tas.gov.au



Authorised by John Tucker MP, 9 Gordon Street, Sorell TAS 7172

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Editor: Elizabeth Death
Email: valleyvoice@fvnh.org.au
Phone: 03 6374 2344 **Website:** www.valleyvoice.com.au
Facebook.com/ValleyEastCoastVoice
 PO Box 322 Fingal Tasmania 7214
For all account enquiries, please contact:
valleyvoice@fvnh.org.au

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Fingal Valley Neighbourhood House
Valley and East Coast Voice
Advertising rates for all community groups

Regular articles i.e. news of current activities/events and general information will, at the discretion of the Editor, be carried free of charge. Community group announcements up to 5 lines or business card size are free, anything larger will be charged at 50% of current rates. The decision regarding whether or not an article attracts advertising fees is the Editor's. Groups will be advised of any cost before going to print.

Private community announcements/private classifieds are free for one issue.

Articles for publication may be left at the Fingal Valley Neighbourhood House, St Marys Pharmacy, posted or emailed.

We do not accept responsibility for the accuracy of information provided by contributors.

For online advertising or any other advertising queries, please contact the editor.

valleyvoice@fvnh.org.au

24 HOUR EMERGENCY CONTACT NUMBERS

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Ambulance, Fire & Police	000
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TasNetworks	13 2004
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Opinions in any letters published are not necessarily those of the Editor, staff or volunteers.

Our pages remain open to fair and honest criticism so that, on all questions, both sides may be presented, but any submissions containing personal attacks/libel/slander will not be accepted.

Kindly do not attack the Editor, the paper or the authors of previous articles.

All articles for submission, including letter to the Editor, must bear the author's full name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only. Letter writers will be given the chance to respond over a suitable period of time.

Subjects may be closed at the Editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam.

Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The Editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. Whilst we value and welcome community input, the Fingal Valley Neighbourhood House does not provide specific feedback regarding any decision made not to publish a submission.

The Fingal Valley Neighbourhood House

This newspaper is about the Fingal Valley and the East Coast, and the people who live here. If you have a story you would like to share, or a suggestion for an article or regular column, please contact the Editor. You can show off your literary talents and submit it for consideration, or the Editor can write it for you.

Photographs are important too, so try to include them, with some information as to where and when it was taken, what the occasion was, and who is in it.

We also like to tell people about our sporting history, and tales of sporting prowess and vanished sporting events are also welcome.

Email me at: valleyvoice@fvnh.org.au
 Editor, the Valley and East Coast Voice

ST MARYS COMMUNITY SPACE CASTS ITS SPELL

It was an exciting evening when the fence finally came down from around the St Marys Community Space.



Word soon got out and families and children making the most of the light spring evening started arriving to give the facilities a whirl. Within the first 20 minutes of the park being open, many of the aims of the park that were contained in the grant application had been met. The youngest user was a baby who enjoyed being rocked in the birds nest swing by some older children. Our oldest user was a direct neighbour to the project who came out in her motorised scooter to do a lap around the street park. All ages in between were represented.



The Community Space 'officially' opened for use the next morning, 30th October, and there were over 100 users in the park during the morning before the rains came. Since the opening, there have been requests by the youth for a "Community Broom". The broom has been purchased and delivered to the park, and is kept in a neighbouring property for use by all users of the park.



Every day since then, the park has been busy hosting families and groups of friend. St Marys, Fingal, Scamander and St Helens residents have been well represented, along with visitors from throughout the Break O'Day area. Looking further afield, we have had visitors from Deloraine, and Mel, a roller derby player,



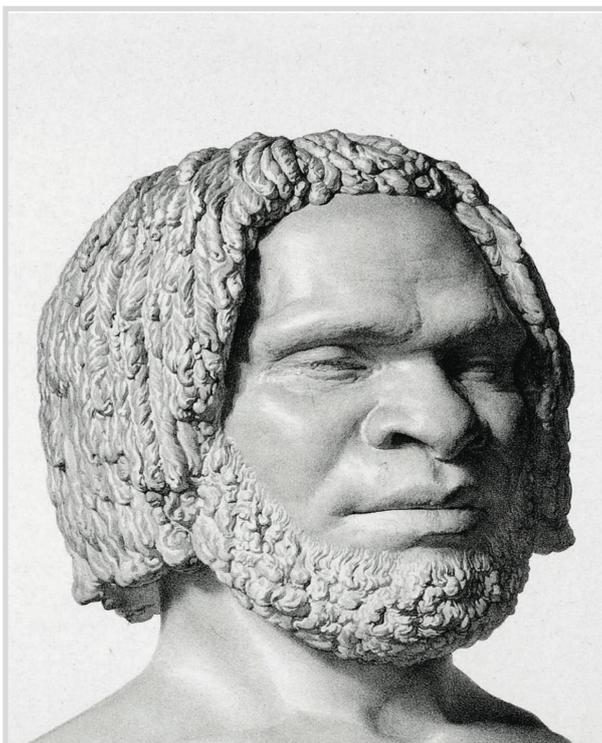
came with her family and is looking to bring a large group back to the space in the near future. The discussion around the free camping area at the St Marys Recreation ground is a winner with many who are visiting. A family from Kingston, various Hobartians, and crews from Launceston have also arrived in good numbers, as well as the 'scooter boys' seen on the front page.



There will be a formal opening in the future, most likely with a sausage sizzle and some music; this will be a thank you to ALL those who helped bring this fantastic community project into being. People are doing the right thing, the paths are being swept, the rubbish is going into the bin, the new grass is being avoided (in the main) and older kids are looking out for the younger kids on the space Sometimes magic just happens!!

The St Marys Community Space was handed back to Break O'Day Council on Thursday 29th October from 5pm. The Association completed the build of the facility and management, and maintenance now falls to the Break O'Day Council.

(Information and photos supplied by Janet Drummond.)



Mannalargenna Day

The Directors of Melythina Tiakana Warrana Aboriginal Corporation are delighted to invite you and your family to join us for

Mannalargenna Day Celebrations

On Saturday 5th December 2020

**at the Tebrakunna Visitors Centre
Little Musselroe Bay**

Taster plate portion of cultural food will be provided but due to current restrictions please bring your own picnic lunch

This will be a ticketed (free) event. Tickets:

<https://events.humanitix.com/mannalargenna-day-2020>

This is a respectful, family-friendly and culturally safe event. All are welcome. No alcohol or drugs permitted.

Enquiries to:

Melissa (north) 0499 518 536
Jo (south) 0488 008 999

When bushfire threatens. What will you do?

Local knowledge can save your life

Download your *Community Bushfire Protection Plan* NOW. Or freecall for a free copy.



Tasmania Fire Service



We urge you to:

- Visit our website to download your Plan.
- Learn about local safety options, including locations of nearby safer places.
- Apply the advice - develop a personal *Bushfire Survival Plan* (download a *Survival Plan* from our website).
- Check the website regularly - additional Plans are being added.

Freecall: 1800 000 699
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TAS ALERT
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Get to know your Community Bushfire Protection Plan.





SUMMER EQUALS BUSHFIRE SEASON - ARE YOU READY?

Do you know what to do when a bushfire threatens your area?

As the Tasmanian fire season approaches, it's important to have a plan and know your options. The memories of the bushfires in the Fingal Valley in January this year are still vivid for some residents, and the ramifications will remain for some time to come. Knowing what to do helped many property-owners and occupiers cope at the time of great danger, but we must not become complacent, and think that there is little chance of it happening again. We need to make plans to protect our properties and ourselves before the season starts, and the Tasmania Fire Service can help us to be prepared.

Community Protection Planning is an innovative, national award-winning initiative which assists in identifying safety options during a bushfire threat. The Tasmania Fire Service work closely with communities, local government, service providers, and other government agencies to create a Plan and implement risk management strategies. Each Plan is tailored to the individual community to best suit its needs.

Tasmania Fire Service's Bushfire Risk Mitigation Manager, Chris Collins, said it was important for people to be prepared, regardless of whether they choose to stay at their property or leave it.

"Understanding risks and taking steps to mitigate them is important for all members of the community, but especially those living in bushfire prone areas. We want to make sure that people are informed, prepared and ready for when a bushfire strikes," he said.

Each Plan provides advice on how to:

- prepare – getting your home bushfire ready, making a bushfire survival plan and making sure your insurance policy is up to date;
- act – where to receive updates on weather and Fire Danger Ratings and how to put your bushfire survival plan into action when the threat is imminent;
- survive – making sure everyone is safe, whether you choose to stay or leave your home.

There are currently 126 Plans in place across the state, and to see your local area's plan, visit <http://www.fire.tas.gov.au/>

BUSHFIRE PREPAREDNESS – A MESSAGE FROM THE MAYOR

It is that time of year again when we all need to start thinking about being Bushfire ready.

While we have recently seen quite a bit of rain, this has only increased the amount of new growth around which creates an increased fire risk.

The best thing that you can do to ensure that you and your property are bushfire ready is to focus on what YOU can do around YOUR property.

Some simple things that you can do to prepare yourself and your property are:

Know where your nearby safer place is – you can find this on the Tasmanian Fire Service website.

Ensure that there is nothing within 20 metres of your house that could catch on fire including wood and plants; it can also include outdoor furniture, dog beds, and covers on boats and cars. If it will burn it is a risk.

Chat to your neighbours and know what their plans are, maybe you can help each other – your properties will be more protected if you work together.

Get your survival plan ready – are you going to stay and defend or go early? If you are going to stay and defend you need to make sure you are ready and up to the task.

Know where your exit routes are in case of a fire.

More information on the above can be found on at www.fire.tas.gov.au



The Say by the “Cage Rattler”

America has woken and has spoken. The nightmare is over; Trump is fired.... It has been a soap opera over the past four years and to be honest, if you made a reality TV show about the Trump years, it'd be rated as too over the top to be considered reality. I'm trying to remember anyone who has polarised and divided a country as much as Donald J Trump. About the only thing he ever said that was really accurate, was that he wasn't a traditional politician....that he wasn't, and to the detriment of the USA's standing in the world.

On Sunday I watched the victory speech of Joe Biden and Kamala Harris. These two have a monumental job on their hands and if they achieve a restoration of sanity from the White House over the next four years, it'll be a great start. I suppose most speeches are full of idealism and rhetoric, but I actually believe that Mr Biden meant every word, especially on trying to mend some racism-based hatred from the BLM issues that was often stimulated by stupid and ill-conceived comments by Trump. On top of that, the reprehensible lack of leadership on the pandemic, and his departure from basic protocols with social distancing and lack of masks because he didn't believe in such actions, has seen the USA now literally in crisis. Over the past few days, the numbers of daily infections detected are greater than the entire population of Launceston (100,000) a day.....contemplate that. Yesterday the number was in excess of 120,000. So many lives so far could have been saved if Trump, with full knowledge of the seriousness of COVID-19 early on, had implemented strict protocols in every jurisdiction possible. His excuse? He didn't want to panic the people. The stark alternative of 'panicking the people' is hundreds of thousands of families grieving their lost loved ones when many trusted their President's word that they'd be fine. What about a malaria drug to treat the virus that for many would have life-threatening side-effects for those with some pre-existing conditions or.....will a disinfectant drink be worth a try? He was surrounded by some of the world's most eminent scientists, but he paid them scant attention when it mattered. Conversely, Mr Biden has already announced that during the transition period over the next 10 weeks leading to January 20 when he becomes the 46th President, he'll be assembling the best expert scientists for his COVID-19 Taskforce. I could go on and on about putting the village idiot in charge of the world's most powerful country, but we'd need a much bigger paper to do so.

Incredulously, despite Joe Biden conclusively winning the popular vote and the College vote similarly, the currently petulant and vitriolic Trump is further dragging the office of the President of the United States through the mud, by not accepting the will of the people, citing fraud and cheating actions as the reason why he led the election by 'a lot ' and not so now. I'm not saying that votes (on both sides, by the way) might all be valid, with incorrect determinations made here and there, but that applies to all elections everywhere. Senior American electoral officials have already said that widespread systemic vote rigging, cheating and fraud is virtually impossible given the safeguards that are always in place. Strangely, Trump suggests that this applies to States that Biden won or leads in. What about the States that Trump won by easy margins...go figure, Donald. Trump knows that, but his ego doesn't allow him to be gracious and respectful, as we speak, and make the inevitable concession. So now - Americans are forced to endure weeks more of bitterness, to indulge Trump's 'fake claims' of cheating as he continues his disgraceful disdain of decency. Most experts and even some of his supporters are speaking out that it's wrong and pointless going through Trump's lawsuits fiasco, and will not change much of anything, The real story is that Mr Trump, without the protection of the Presidency, will be facing many genuine court actions from a myriad of claimants, and it is probably one of the main reasons he is so desperate to spend four more years in the White House.....

Sorry Donald, you're fired.

What do you think?



'CHIPPING' AWAY AT LOST PETS

The RSPCA Tasmania is partnering with former CEO, Dr Andrew Byrne and well known vet, Dr Peter De Boer, to bring discounted microchipping for all pets and furry companions to the Fingal Valley. Micro-chipping is the best way you can be sure that your pet can be identified if it is picked up and taken anywhere there is a micro-chip reader available. RSPCA Tasmania want the community to be aware that microchipping cats is the key to having a wandering cat returned to its owner, rather than a process instigated whereby it is rehomed, should it be taken to a Cat Management Facility and unable to be identified.

With changes to the Cat Management Act imminent, it won't be long before all cat owners need to have their companions microchipped, just as it is compulsory to have pet dogs micro-chipped.

Any companion animals will be made identifiable via a micro-chip on request on the day, at the cost of \$20.00 per pet. RSPCA attendants and volunteer vets will also be on hand to discuss our Open Pay and Centrepay options for desexing cats.

Bring your furry friends to be micro-chipped, and keep them safe and secure!



Discount Microchipping Day Sunday, November 15, from 10am

Fingal Valley Neighbourhood House

Do you have an animal who needs a microchip but can't get to a vet?

We are coming to the valley, with volunteer vets to offer microchipping at \$20.



We can also talk to you about options for payment for your animal's desex surgery.

We now offer Open Pay and Centrepay for those people who are challenged to afford this very important surgery.



LETTER TO THE EDITOR

The News

I refer to Cage Rattler's column on 15th October, where he referred to the practice of editorialising on every topic possible by the press. We are regularly given the Herald Sun Newspaper by a friend, and I have noticed that it seems every Tom, Dick and Henrietta has something to say, often at length, quite apart from the Editor. We are being offered their personal opinion, not a broad view as one would expect.

On TV - once upon a time I did indeed regard the ABC as the backbone of our TV news, but for the past few years, it is more and more evident just how 'left' this channel has become. So I find it difficult to agree with Rattler's last comment"she tries...to get closer than most to the real news."

Mike Rowland, a presenter from the Breakfast Session, has been transported to the USA to cover a certain election. Why? We already have several representatives in America reporting regularly back to Australia. This morning, (4th November), to our surprise, Mike was filmed wearing collar and tie with blue jacket, despite having been shown with open neck casual shirt on previous reports. The tie looked suspiciously like the colour favoured by the Democrats. Again, why? If Mike Rowland is supposed to be representing the ABC, I doubt his report will be fair and unbiased, and if it is acceptable to the ABC, then that organisation is greatly biased as well.

Just who can we trust to present the news to us in a true and impartial way?

Toni Brewster, Chain of Lagoons.



		Mon	Tue	Wed	Thu	Fri	Sat	Sun
STAR FM Program Guide  	Brekkie	Start your working week with Sandy	Enjoy your Fruit Loops with Sandy	I see Stars with Sandy	Eggs Over Easy with Skuter	Alphabet Soup with Jewels	It's the Weekend with Shaun	Magilla's Speakeasy Jazz until 9.30 ...followed by Magilla's Magic Mix until Noon with Magilla
	Morning	Feeling good with Jewels	The Good, the Bad...and the Ugly with Skuter	The Fusion Show with Jonno	Rhythm N' Reggae with Big Daddy Davo	Simply 60's with PUGS	Old and New with "You Know Who" with Angelina	
	Arvo	Jackster's MUSIC BOX with Jackster and Porsche	DownUnder and more with Mary-Anne	"Around the World" with your hostess The Tone	The All Australian Show with MAGILLA	Under the Radar with FEEF	A dose of Dr Dave with Dr Dave	Star FM's The 80's Zone with The Tone
	Late Arvo	In the BACKSEAT with Astro or JAX	2 For Tuesday Request Show with Shaun	Something Fishy with Fyshy	Plug in your FLASHDRIVE with The Flash	"Rock On" with Jonno	"No 80's Zone" The Tone	Big Daddy Davo's Blues Mix hosted by Dave
	Evening	Monday Evening With Star FM	Neville's Country Corner and more with Neville	That 70's Show with The Flash	Thursday Nights with Star FM	It's Friday Night with Star FM	The Party Pit Playlist by "Benji" with Star FM	

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Whether it's a boutique new hotel referencing early industrial heritage, a gourmet restaurant or friendly bar, there's so much new and waiting to be rediscovered in Launceston. Plus the leisurely morning stroll through City Park and Harvest Market are still there to be enjoyed. That's what makes it such a great place for a city break. Book yours now.



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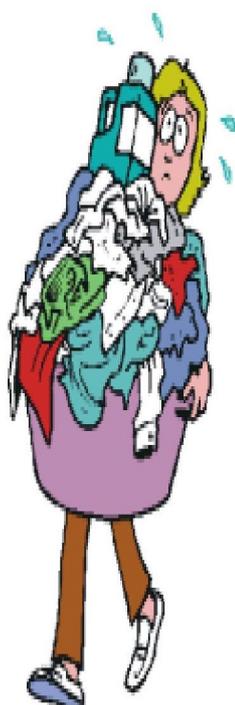
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52 Main Street ST MARYS

5 Minutes With the Mayor



BUILDING A MUNICIPALITY OF OPPORTUNITY

Here in Break O'Day we like to think of ourselves as pretty progressive. Our Council and staff are really focussed on understanding our community and its needs and we work hard to support, facilitate and empower our community to realise the Break O'Day we all desire.

Part of realising this desire is about ensuring we are working to provide opportunities to our community. Opportunities for employment, opportunities for the perfect life work balance and opportunities for our community to reach its full potential. But all these projects cost money and when you only have a small rate base, seeking external funding is crucial to realising these projects.

Just like many regional areas around Australia, Break O'Day faces the challenges of a declining and ageing population, high unemployment and limited access to training opportunities which is why over the last 18 months we have been working on the development of a holistic employment program. A couple of weeks ago, in partnership with our partners, TASCOS, TCCI and Fingal Valley Neighbourhood House, John Tucker MP officially launched Break O'Day Employment Connect (BODEC).

This project received funding through the Tasmanian Government and is about addressing barriers to employment experienced by both job seekers and employers; connecting jobseekers with the right employers as well as connecting them with training opportunities. This project is not about replacing Job Actives, but rather working with them as well as working with people who are unable to access job network opportunities.

The program is hosted by Fingal Valley Neighbourhood House which provides the team with a satellite office in the Valley with the main office being located in St Helens out of Avery House.

We are pretty proud of this program and we hope to see the team getting some runs on the board soon!



Many hands make light work.
The St Marys School Association Op Shop
NEEDS YOU!

Volunteers are needed to take on permanent weekly shifts and/or join the casual volunteer pool.

The shifts are either 3 and a half hours in the morning or afternoon or a full 7-hour day. The casual pool provide relief to the regular volunteers for sickness, appointments etc.

Training is provided, tasks involve front counter work, helping shoppers, daily sorting tasks in store and other assorted tasks. It's quite a busy little Op Shop and usually support is provided by the senior worker on duty at the same time.

If you have some spare time and would like to become part of a friendly team of volunteers please call Janet the co-ordinator to discuss on 0404 562 320.

ARE YOU OR SOMEONE YOU KNOW AFFECTED BY DROUGHT?

\$500 Rotary debit cards available

WE'RE COMING TO ST MARY'S!
Find out what support is available to help you and your family get through the drought at

ST MARY'S COMMUNITY HALL

WEDNESDAY 2 DECEMBER 2020

4:00PM - 8:00PM

For more information visit:
www.droughtandflood.gov.au/recovery-assistance/outreach

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SERVICE TIMES

contact 6376 1144

St Helens

St Paul's: 9.30am every Sunday
58 Cecilia Street, St Helens.

St Marys

Holy Trinity: 10.00am every Sunday
13 Main Street, St Marys.

Pyengana

St Michael & All Angels: 7.30pm 4th Sundays only
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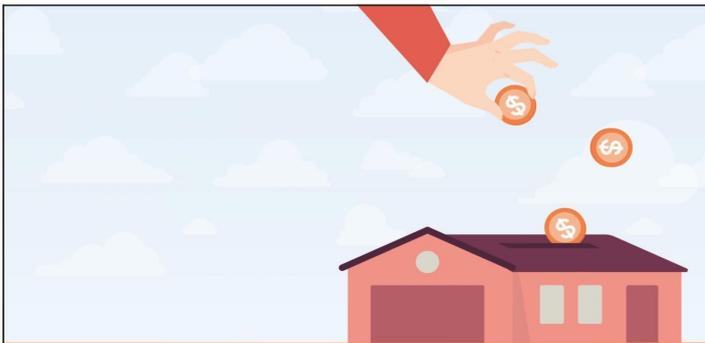
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WE'LL KEEP DOING THIS TO KEEP ON TOP OF COVID

Tasmanians have done an amazing job of taking COVID-19 symptoms seriously and getting tested - more than 115,000 tests have been done in the state since January.

It's important that we keep this up so we can find new cases quickly to help keep our state safe.

- **Please get tested if you have any of these symptoms, no matter how mild:**
- **Cold or flu symptoms, including:**
 - fever
 - runny nose
 - sore throat
 - cough
 - shortness of breath
- **Loss of smell or taste**

**KEEP
ON TOP OF**

COVID

Arrange a test by calling the Tasmanian Public Health Hotline on 1800 671 738 or your GP for more information.

www.coronavirus.tas.gov.au



Tasmanian
Government

TASMANIA'S DIRECTOR OF PUBLIC HEALTH MARK VEITCH EXPLAINS WHY TESTING REMAINS A VITAL RESPONSE TO THE THREAT OF COVID-19

Tasmania did its first test for Coronavirus on 31 January this year. Since then we have performed more than 115,000 tests.

Testing people who have symptoms that could be due to Coronavirus infection is a crucial part of our response to the pandemic. Many symptoms of early and mild Coronavirus are the same as those of colds and flu and could even be confused with hay fever. Testing people with symptoms helps us to work out if someone has Coronavirus, and if they do, to quickly isolate them, and trace and quarantine their contacts who may also be infected. This reduces the spread of Coronavirus in the community.

For many months people across Tasmania have done a great job of taking symptoms seriously and getting tested. This testing has given us confidence that Coronavirus has not been circulating in our communities.

This spring and summer around one in five Tasmanians will experience symptoms of hay fever, such as runny nose, itchy eyes and sneezing. Seasonal hay fever is due to an allergic reaction to pollen, not an infection.

But because the same symptoms as hay fever can also occur with Coronavirus, we are asking any Tasmanian who has such symptoms to get tested for Coronavirus, even if they suspect it is their 'normal' hay fever. Some people who caught Coronavirus in Tasmania earlier this year first thought their symptoms were just hay fever. When your Coronavirus test is negative, please see your GP about controlling your hay fever symptoms and get a certificate so you can attend work or school.

If your symptoms get worse, please go back to your doctor for review and possibly re-testing for Coronavirus.

We understand that some Tasmanians will find this advice frustrating because of their own long experience of hay fever, but it is very important that we do not miss Coronavirus cases.

Throughout the pandemic, testing in Tasmania has been guided by expert national and local advice.

Tasmania focuses its testing on people with symptoms. We will also test people who may be at increased risk of Coronavirus because of where they have been or who they have been in contact with.

We have put in place a system that identifies other States and Territories and international destinations as low, medium or high risk, to guide requirements for people entering Tasmania.

We determine these areas by looking at the level of unexplained community transmission and the circumstances and control of these cases.

Areas with no or few recent cases of unexplained community transmission may be deemed low risk. People entering from these areas no longer need to quarantine on arrival in Tasmania, but are required to register their details prior to entry and are subject to temperature checks and health screening questions. We also provide information about how to get tested if they develop any cold or flu-like symptoms.

From October 26, people from low risk areas have been able to arrive and travel in Tasmania without needing to quarantine on arrival. It is important to know that these people pose a very low risk of COVID-19. We can safely welcome them in our state.

Areas that are deemed as medium or high risk still have restrictions in place that include measures such as 14 days quarantine.

We continue to monitor the situation locally, interstate and overseas, and have put in place measures to reduce the risk to Tasmanians.

COVID-19 remains widespread and uncontrolled across much of the world. So even though we may lift restrictions on interstate arrivals, some measures will remain in place for as long as COVID-19 remains a risk to our State. We retain limits on the number of people with whom we mix closely, to reduce the risk and consequences of an outbreak from a rare case of Coronavirus in Tasmania.

Testing is critically important to help keep us all safe— we can only stop the spread if we identify cases early. The most important thing that you can do is to get tested if you get symptoms such as fever, runny nose, cough, sore or itchy throat, shortness of breath or lose your taste or smell.

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GO 'WACKY' DOWN ON THE FARM

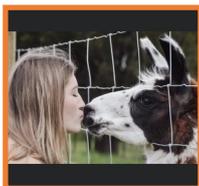
A new place to visit opened its gates on Friday, 23rd October, and in spite of the wet weather, greeted families eager to meet some new local 'residents'. 'Wacky's Animal Farm' has been set up by local business couple Garry and Mandy, who own Gazzman's, the popular home-makers store in St Helens.

"After many years of blood, sweat and some tears, all our hard work has paid off. We are officially open to the public and couldn't be happier. My partner Mandy and I always dreamed of opening an animal farm, we have so much love and passion for our animals - they are our children," said owner Garry. "During the week I'm a business owner at Gazzmans, but behind the scenes for many years I've spent my weekends and evenings building fences and bird aviaries, buying animals, and feeding and caring for our growing tribe," he added.



So what can you expect to see at Wackys Animal Farm?

There are many animals to see and feed, including goats, cows, sheep, donkeys and many more, as well as an animal nursery full of baby animals and a large range of birds and fibre-glass animals. The animal nursey has been a real hit with everyone, where you can come and pat, nurse and cuddle our babies.



Shadow the lovable llama loves to give kisses, and Max our miniature angora goat has taken on the role of Wackys tour guide.

Wacky's Farm is open from Friday to Sunday every weekend, between 9am and 4pm, and is situated 5 km north of St Helens on the way to Pyengana.

Follow Wacky's Farm on Instagram, or their Facebook page or contact them at www.wackysanimalfarm.com.au for further details.

WACKY'S ANIMAL FARM

25741 TASMAN HIGHWAY
0417 331 536

OPEN 9AM - 4PM
 FRIDAY, SATURDAY
 & SUNDAY



RAINBOWS AND RADISHES

By Bloomin' Iris



Hello to all the gardeners out there.

Well I think I hear many happy noises now that spring has finally warmed the ground and everything is powering on in our gardens. The bees are happily buzzing around and you are all saying, "What lovely sunny days we are having now!"

I was despairing, wondering when our sunny days were going to come, but on the other hand very grateful for the rain.

I went out to my garden yesterday to water and fertilise!

There were seeds that had come up from last season in my vegie patch. There with them all was a huge head of purple broccoli, hiding amongst other leaves and flowers. I love having a mixed garden; there are always a few pleasant surprises. I promptly cut it and we are eating it, and it is an added bonus of luscious home -grown vegetables.

It is a great time now to grow your tomatoes and salad vegetables, but still watch for frost forecast here in the valley; it can cut the tomatoes down overnight, as we all know....

Whilst tomatoes are young, if you do not have a hot house, treat yourself to a few plastic sleeves sold at all good hardware stores. Cover those precious plants on frosty nights, you will be glad you did, I actually leave my sleeves on for several weeks while the plants are young, as it helps to keep the snails away from the young plants as well.

If you have not planted your tomatoes out yet, do not forget to add some potash to your prepared soil before growing - follow the directions on the pack. It helps promote healthy flowering, and boosts your crop whilst improving colour and flavour. When you plant the tomato in the ground, put it in up to about a third of the stem. As it grows, remove the bottom leaves if they drag on the ground, as they are more prone to disease. Water evenly to avoid blossom end rot-black flat patches on the ends of your tomatoes.

Varieties are endless! 'Romas' are beautiful for cooking. 'Rouge-de-Marmande' is a gorgeous flavoured tomato, it reminds me of tomato flavours I remember as a child. You can buy a yellow tomato now that is low in acid, if you are sensitive to the normal tomatoes, then there are the little 'Tommy Toe' cherry tomatoes; pear shaped tiny salad tomatoes both yellow and red that when you pop them into your mouth are sweet little bursts of home grown goodness. Orange and yellow tomatoes are generally lower in acid.

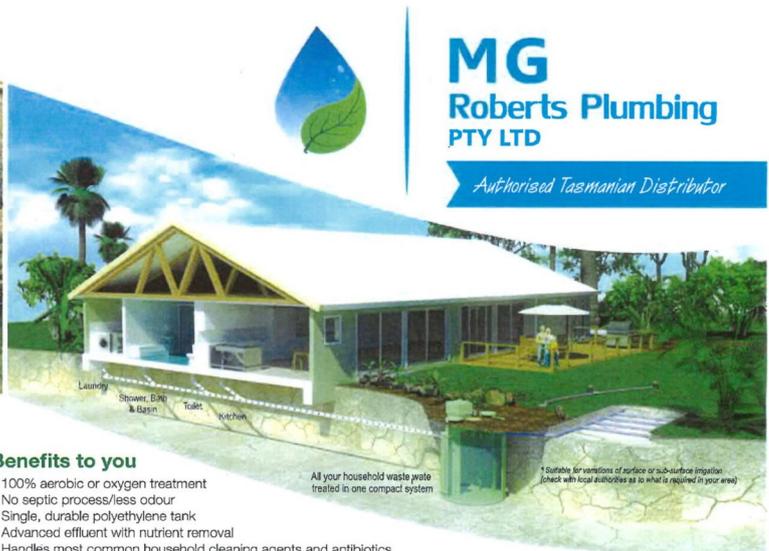
Whatever your choice do not forget to feed your plants regularly, then when it is time to harvest you will have beautiful tomatoes to go with all those yummy radishes that you have been planting!



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Delicious 'Tommy Toe' tomatoes (top left), luscious 'Roma' tomatoes (top right), and left, delightfully tasty 'Tumbling Tom Junior' plants.



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Tasman Highway, PYENGANA: OPEN 9 am - 12 pm
Wednesday, and 2 pm - 5 pm Sunday.

Eagle Street, ST HELENS, includes recycling: OPEN 10 am - 4
pm every day.

Coach Road, SCAMANDER, includes recycling: OPEN 10 am -
4 pm Tuesday and Thursday and 2 pm - 5 pm, Sunday.

Gray Road, ST MARYS, includes recycling: OPEN 10 am - 4 pm
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Rossarden Road, FINGAL: OPEN 10 am - 4 pm Tuesday and
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Charges apply at all waste transfer station; see sign at
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St Marys — Harefield Road, St Marys

Fingal - 13 Talbot Street, Fingal

No charges apply to use black water dump points.



TIP SHOPS NOW OPEN

St Helens Tip Shop

Sunday to Friday

11am – 2pm,

Saturday 11am – 4pm

St Marys Tip Shop

Tuesday and Thursday

11am – 3pm,

Sunday 2pm – 4pm



ST MARYS HOSPITAL AUXILIARY TIP SHOP

Now that Spring has well and truly sprung, local residents have been busy clearing out their houses and sheds and discovering objects and leftover building materials to drop off at the Tip Shop.

At the Tip Shop there is very little we won't accept, but if in any doubt, Becky can ask the Tip Shop staff to help you identify exactly which items we can and can't use. Lots of excess goods are now making their way to the Tip Shop and being snapped up by customers keen to repurpose, reuse and recycle, including items as varied as old bricks, doors, pallets, electrical goods in good working order, chicken wire, kitchenware and bric-a-brac.

In other news, Tip Shop volunteers have been busy potting plants and herbs ready for spring planting in your garden, all priced at \$3 each or 2 for \$5. Mattress springs are being repurposed as quirky latticing that features pretty climbing plants and welcomes our customers as they enter the retail area - see the photo at left.



Old carpet is being used to remove grass and weeds from the site while also acting as a welcoming entrance. These are just a couple of examples of how our hard-working volunteers are breathing new life into materials that have been languishing at the rear of the Tip Shop. Some have also been rearranging the shipping container to augment its storage space while others have been developing the Facebook page.

What the Tip Shop has excess of: bikes, desks, chairs, lounges, grass catchers, four sets of golf clubs – one left-handed.

What customers are seeking: Tip Shop customers are always looking for excess building materials, bricks, pavers, gyprock, pipes, fencing, gates, timber, wire, windows and doors. Carpet and underlay in good condition are also in demand and no amount is too small, as it all adds up.

Check out the Facebook page 'St Marys District Hospital Auxiliary Tip Shop', and look out for 'What's in the Tip Shop This Week'.

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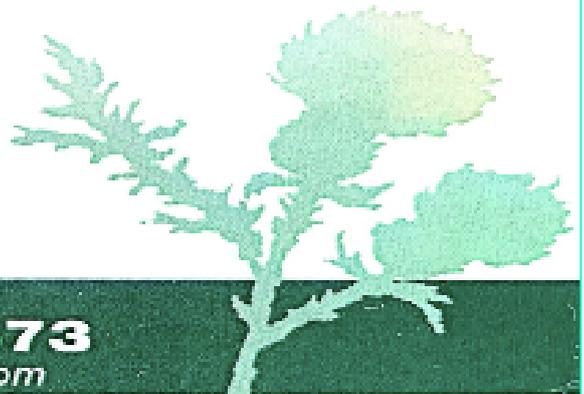
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From November 1-12, Libraries Tasmania celebrates the **Australia Reads** campaign, which invites Australians of all ages and from all walks of life to share and celebrate the joys of reading.

Australia Reads concludes on 12 November with the Australian Reading Hour – to encourage Australians across the country to pick up a book and read for one hour.

Why not join in and choose a book to read from our list of **award-winning books from our catalogue?**

As a part of the Australia Reads campaign, we asked a few of our Libraries Tasmania colleagues for recommendations of Australian books that are close to their hearts, and they responded with enthusiasm. Their picks ranged from Australian genre fiction and non-fiction to much-loved children's books. These books are all available in our catalogue for you to borrow and reserve. Enjoy reading:

The Alchemist's Key by Traci Harding.

King of the wilderness – the life of Deny King by Christobel Mattingley.

From secret ballot to democracy sausage: how Australia got compulsory voting by Judith Brett.

Where is the green sheep by Mem Fox.

Weird Dinosaurs by John Pickrell.

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"What's a nine letter word for puzzle involving wordplay?"

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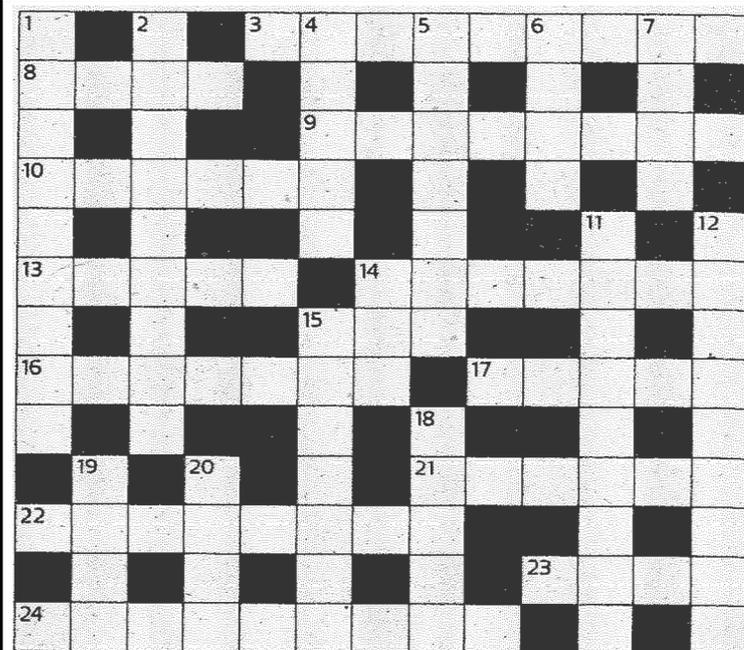
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Crossword 52.21



ACROSS

- 3. June ____, comedy actress (9)
- 8. Wander (4)
- 9. Capital of Malta (8)
- 10. Italian for 'Turin' (6)
- 13. British soldier (5)
- 14. Idolise (7)
- 15. 24 hours (3)
- 16. Floating bridge (7)
- 17. Of the sun (5)
- 21. Russian beetroot soup (6)
- 22. Emperor of Japan, 1926-89 (6)
- 23. Welsh actor, ____ Houston (4)
- 24. Absolve (9)

DOWN

- 1. Research model (9)
- 2. Marriage (9)
- 4. Devastation (5)
- 5. Author of War and Peace (7)
- 6. Object (4)
- 7. Minstrel's instrument (4)
- 11. Trade price (9)
- 12. Arrest (9)
- 14. Pale (3)
- 15. File of papers (7)
- 18. German submarine (1-4)
- 19. Bringer of bad luck (4)
- 20. *A Star is ____* film (4)



Break O'Day
COUNCIL
Kylie Wright
Councillor
0439 742 946
kylie.wright@bodc.tas.gov.au

Alex lives locally in Bicheno and is available to assist clients with all legal matters. Appointments are by arrangement in Swansea, Bicheno, St Marys and St Helens. With nearly 15 years' experience working as a Barrister & Solicitor in Tasmania and Western Australia, Alex is your local lawyer on the East Coast of Tasmania.



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FINGAL FOCUS

Contributed by Mike Brouder

Remembrance Day 2020

When, in 1918, the order was given for all hostilities to cease as at 1100 hours on the 11th of November - 11th hour of the 11th day of the 11th month - there would have been great celebrations, except for those for whom the order arrived too late or was ignored.

War will not stop just on the orders of the Generals. Resentment and frustration will continue for years after a war has 'stopped'. The peace may be much more difficult to maintain than the huge expense of a war. Australian Forces have been involved in many post-war peace-keeping missions, and this could be confusing to some of our forces, as now, after fighting against a country, they must now be a peace-keeping force amongst those former foes. Despite all of this, Australian Forces have a good name for being a trustworthy presence in turbulent areas around the world. There are two sides to every conflict. There is the aggressive posture needed during active fighting and, when the shots in anger are over, there is a conciliatory posture to be adopted if any sort of peace is to be sustained. However, in all these acts of aggression, lives are lost and lives are totally changed and disrupted for service men and servicewomen and their families and other loved ones. We must never forget any of them.

They shall not grow old, as we that are left grow old.

Age shall not weary them, nor the years condemn.

At the going down of the sun and in the morning

We will remember them

LEST WE FORGET

Representatives of the army, navy and air force were called upon to speak at a dinner. Proud of their traditions, the army and the navy kept on referring to the air force as the 'Cinderella' of the forces. When it was the turn of the air force representative to speak, he began, "I know very little about Cinderella, except that she had two ugly step-sisters...."

The Royal Corps of Signals, it is suggested, tried an experiment of crossing a carrier-pigeon with a woodpecker. They wanted to get a bird that would knock on the door before delivering a message.

She likes military men. "She has just married a 2nd Lieutenant." "Why?" "Well the first one got away."

A soldier on sentry duty fell asleep while he was standing up. He awoke to find his Commanding Officer standing in front of him looking furious. With great presence of mind he looked at the officer and said, "Amen."

The resident bore was pontificating in the Naval Club. "Worst thing that happened to me was during the war in the Pacific. My troopship was torpedoed and I had to live on a can of beans for a fortnight." "Good Lord," exclaimed an awestruck listener, "how on earth did you manage to stay on?"

An old soldier was telling about his military ancestry to a somewhat bored young man. "Did you know that my great-grandfather fought with Wellington in 1810, my grand-father fought with Redvers Buller in 1870, my father fought with Kitchener in 1916 and I fought with Montgomery in 1942." "Oh dear," the young man said. "Your family doesn't seem to have been able to get on with anyone."

I walked into an Army Surplus Store and asked if they had any camouflage jackets. The man in the store said "Yes, we have but we can't find them!"

During the Middle Ages, a knight and his men returned to their king's castle after a very busy week of fighting. The knight said to the King, "Sire, I have been very busy on your behalf robbing and pillaging all day and burning the villages to the east." The king appeared confused and said, "I don't have any enemies to the east." "Ah!" said the knight. "You do now!"

Convicts last night escaped from jail, hiding in a cement mixer. Police are looking for hardened criminals.

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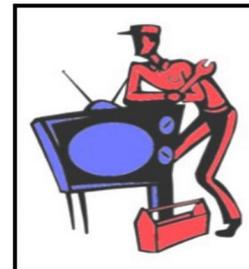
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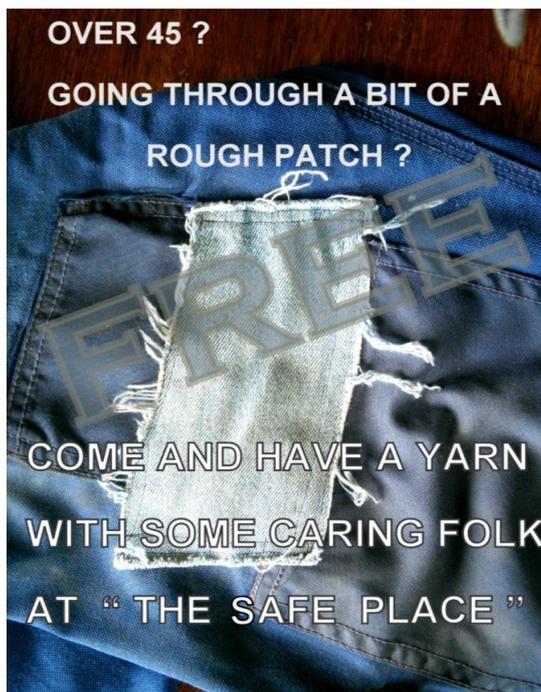
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THE SAFE PLACE



We're going to be
 Outside St Marys Hotel
From 10am - 1pm
On Thursday 26th November
Weather Permitting

This mobile information 'outreach' is part of a much larger Australian Government funded trial program to help local communities reduce suicide.

It's a safe place to talk.

We have a network of local assistance for those in need or alternatively if you would like to know more about the trial please contact:

Trial Site Coordinator on
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Or email: trialsite@sthelensnhh.org.au

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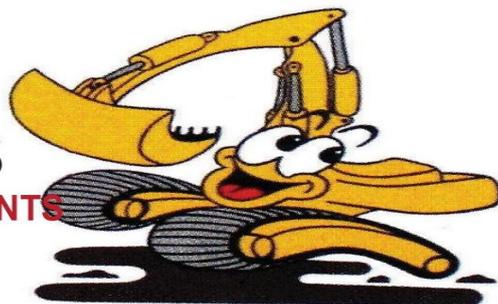
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PROUDLY SUPPORTING THE LOCAL COMMUNITY

AUTOMATIC ELECTRIC DEFIBRILLATORS

Binalong Bay

Outside wall of the toilet block at the main beach carpark, Main Road, Binalong Bay

St Helens District High School

In the swimming pool enclosure, available during pool hours

St Helens Supa IGA

Wall mounted inside the foyer, available during open hours

St Helens Football Club

Located inside the club rooms

Scamander Sports Complex

On the wall just inside the dining room doors

St Marys District High School

In the swimming pool enclosure, available during pool hours

Falmouth Community Centre - 24hr access

Wall mounted outside Morrison St entrance

Fingal Valley Neighbourhood House - 24hr access

On the wall outside the front door.



IN AN EMERGENCY CALL 000

EMERGENCY RELIEF

NORTHERN TASMANIA

Emergency relief providers help people in times of financial crisis. Assistance includes: food; transport; chemist vouchers; part-payment of utility bills; clothing; and budgeting support.

Emergency relief providers also link people to other services, to help address the reasons for a financial crisis.

Emergency Relief organisations provide services directly to regional communities. It is not necessary to travel into Hobart for support.

Please contact an organisation for advice and assistance.

<p>Launceston City Mission (03) 6335 3000 www.citymission.org.au</p>	<p>Launceston Benevolent Society (03) 6344 4213 www.lbs.org.au</p>
<p>The Salvation Army Tasmania (03) 6323 7500 www.salvationarmy.org.au</p>	<p>St Vincent De Paul Society (03) 6326 5551 www.vinnies.org.au</p>
<p>The Helping Hand Association (03) 6391 2498 www.findhelptas.helping.hand</p>	<p>CatholicCare Victoria Tasmania 1800 819 447 or (03) 6332 0600 www.catholiccaretas.org.au</p>

FINANCIAL COUNSELLING SUPPORT

If you or someone you know requires financial counselling support:

National Debt Helpline
1800 007 007
www.ndh.org.au

Gambling Helpline
1800 858 858
www.gamblinghelponline.org.au

www.anglicare-tas.org.au/financial-counselling

Housing Connect
1800 800 588

www.communities.tas.gov.au/housing/housing-connect
A one-stop shop for all your housing and support needs.

HELPLINES & INFORMATION

In all emergencies call the Police 000 line

Tasmanian Government Family Violence Response and Referral Line
1800 633 937

1800RESPECT
1800 737 732

www.1800respect.org.au

Mensline Australia
1300 78 99 78

www.mensline.org.au

A Tasmanian Lifeline
1800 98 44 34

taslifeline@lifelinetasmania.org.au

Kids Helpline
1800 551 800

www.kidshelpline.com.au

Lifeline
131 114

www.lifeline.org.au

Beyond Blue
1800 512 348

www.beyondblue.org.au

Carer Gateway
1800 422 737

https://www.carergateway.gov.au/
If you or someone you know is a carer

Disability Information Helpline
1800 643 787

www.dss.gov.au/disabilityhelp
If you or someone you know has a disability

Older Australians and Carers COVID-19 Support Line
1800 171 866

Older people and their carers are encouraged to call

Tasmania Public Health Hotline
1800 671 738

www.coronavirus.tas.gov.au

For the latest information about the coronavirus (COVID-19) in Tasmania

Find Help Tas

A central online directory of community services across Tasmania.
Supported by TasCOSS and member organisations
www.findhelptas.org.au

National Coronavirus Helpline
1800 020 080

www.australia.gov.au

Information on coronavirus (COVID-19) and help with the COVIDSafe app
24 hours a day, seven days a week

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**Visiting Ochre Medical Centre,
St Helens**

On Monday, 30th November, 2020

Phone 1300 380 060

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Home Visits are available on request!



Main Street StMarys

Ph 6372 2844

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includes earrings and solution with qualified staff Bec, Sally and Maddy.



OPEN MONDAY TO FRIDAY;

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Visiting Lawyer

FREE Legal Advice

Fingal Neighbourhood House

Monday

30 November 2020

General Law: Disability Discrimination Law:
Family Law: Employment Law



For more information and to book your appointment please ring
6334 1577 or 1800 066 019

Community is the answer



to loneliness.

[Break O'Day Mental Health Directory](#)

Break o' Day/Bicheno Suicide Prevention Trial

St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215

Phone: 6387 5555

'STOP' DO YOU NEED TO ENTER THE HOSPITAL?

If unsure phone ahead on 6387 5555

CHANGES AT THE ST MARYS COMMUNITY HEALTH CENTRE

- * Due to the COVID-19 outbreak the St Marys Health Centre is required to do a health check of **ALL** persons entering the site. On arrival at the Centre you will need to press the intercom bell at the entry door where a staff member will come and do a health assessment on you before entering the building.
- * Pathology–bloods or those who have scheduled GP appointments are still able to come to have these services.
- * If you only require renewal of a prescription/s, please contact reception on 6387 5555. An appointment is still needed. Scripts can then be faxed to the Pharmacy and collected from there.
- * If you need some medical advice, please ring reception for an appointment. Appointments will be either by telephone or face-to-face depending on the situation. Please discuss this with the reception staff when making an appointment.
 - * Currently inpatient visiting hours are 2:00pm– 6:00pm with a maximum of 2 visitor per visit.
 - * If you have an emergency dial '000' for assistance.
- * If unsure about what you need, please ring 6387 5555 and a triage assessment will be carried out.
- * Hand sanitiser is located in all areas of the Health Centre- Please use it on entering and leaving the building.
- * There are changes to the seating in the reception area to ensure the public maintain adequate social distancing . (1.5 metres)
- * What's on at the Centre – please check with your health professional as some suspended services have recommenced. Some phone consultations may still be necessary.

RENOVATIONS AT THE CENTRE

The St Marys Health Centre is currently having the flooring replaced throughout the entire building. Please be aware of changes to how you access some services over the following weeks to accommodate this.

DOCTORS ROSTER

A Doctor's appointment is needed to see our GPs. It is not a drop-in clinic. Waiting periods to see your doctor may be experienced, please be patient.

<u>Dr C. Latt</u>	<u>Dr K. Rawsley</u>	<u>Dr Bob Newton</u>
12/11/20- 13/11/20	13/11, 17/11, 18/11, 24/11,	16/11/20- 18/11/20
19/11/20- 27/11/20	25/11 & 27/11/2020	

INR tests require a 5 minute doctors consultation – please inform reception when booking.

The waiting area for **all services** at the St Mary Community Health Centre is in the reception.

Please report to reception upon arrival and the consultant you are here to see will be told and they will come and collect you from this area.

St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215

Phone: 6387 5555

The St Marys Community Health Centre is a distributor of the **Loaves & Fishes Food Program**. The food parcels are a combination of core fresh produce and other food items supplied from a variety of farms and supermarkets around the State.

Food parcels are delivered on a *Thursday.

Criteria to be a recipient of a parcel are:

you are experiencing hardship and hold a current Centrelink Health Care Card or Pension Card.

Give us a call on 6387 5555 for further details about the program or to register.

* Distribution depends on supply of the produce. Please note there are some weeks when there is a supply shortage.

CTST-Community Transport Services Tasmania

Phone: 1800 781 033 for bookings.

St Marys General Practice reminder

Dr Latt wishes to remind the community of the following exceptions to bulk billing at the St Marys Community Health Centre.

The below are NOT covered by Medicare, and may incur cost. Please discuss this with reception when making your appointment. If you have any concerns, please contact us and we will try and address them.

- ◆ Driving licence renewals
- ◆ Requested medical reports
- ◆ Insurance medicals
- ◆ Harness medicals
- ◆ Pre-employment checks

PATHOLOGY- FASTING BLOODS

No food or anything to drink other than water for a **minimum of 12 hours prior to having bloods taken. You can still take morning medications**

If you require bloods to be taken prior to 8:30am, please ring 6387 5555 at least 24 hours before to make an appointment with Nursing Staff

NON-URGENT BLOODS

If you require non-urgent bloods to be taken, please present at the nurse's station between **8:30am until 12 midday Monday-Friday.**

If unable to attend during these times, please contact St Marys Community Health Centre on 6387 5555 at least 24 hours before to make an appointment with the nursing staff.

Scripts and Doctors Appointments

Please ensure doctors appointments are booked **PRIOR** to your medications running out, or **IN ADVANCE** if you attend this practice regularly.

We are not able to issue scripts during the weekends, please ensure you have enough in advance. **Please be aware we are not able to issue scripts by phone.**

Non Attendance of Doctor's Appointments

Please be aware there is a

Non-attendance policy at this Practice.

If you miss 3 appointments you will be sent an account. If you miss a 4th appointment you may be referred to another Medical Practice.

Due to demand, non-urgent doctor's appointments need to be booked at least **2 weeks in advance.** Waiting periods can apply.

GP Surgery Hours: Monday - Friday

8:50am - 10:00am

(10:00am-10:30am reception closed)

10:30am - 12.30pm

(1:00 pm- 1:30pm reception closed)

1:30pm - 3:00pm

(3:00 pm- 3:30pm Reception closed)

3:00pm - 4:30pm



How do you contact us?

Email: admin@hub4health.org.au

Web: www.hub4health.org.au

Facebook: Hub4Health

Our Aim:

To support and facilitate health and wellbeing programs to rural and remote communities within the Break O'Day Municipality and beyond.

Allied Health Services Available by Telehealth or appointment:

Launceston Chiropractic

Gareth is now visiting St Helens on Wednesdays for appointments at Hub4Health
T: 6331 8898

Active4Life Gym Programs

Community gym at St Marys now taking new members. Induction bookings contact admin@hub4health.org.au to start your membership

Bay of Fires Physio

Neidra visiting St Helens H4H
For appointments at Hub4Health
T: 0499 317 929 or
www.bayoffiresphysio.com for more details.

Alchemy of Presence

Lynette Maree

- * Stillness Touch - Cranial Sacral
- * Somatic Compassionate Inquiry and Play
- * Laughter Yoga
- * Lomi Hawaiian and Remedial TCM Massage

Health Fund Rebates * Gift Vouchers Available
For Bookings 0416 059 129

Rooms for Hire

Hub4Health have rooms available for permanent or casual use for local allied health and community services organisations at **5 Portland Crt St Helens & 23A Main Rd St Marys**
Reasonable rates and great position. Flexible hours and room sizes

To make a time to view, please contact us at admin@hub4health.org.au



Feel good, do good, sing for good and join ...

WITH ONE VOICE

Break O'Day

Weekly
Tuesdays, 5.30pm – 6:30pm

Scamander Sports Complex
1 Old Coach Road,
Scamander, TAS, 7215

Conducted by:
Terese Tanner
(0422 657 782)

- No supper provided, but participants welcome to book and stay for a meal afterward.
- No alcohol during choir rehearsals.
- No transport provided but contact Terese for carpooling options.
- Children under 16 must be supervised by an adult.
- COVID-19 Safe Session.

Would you like to be inspired, unleash your creative potential and improve your well-being? Then a With One Voice choir is for you!

There are no auditions and no singing experience is necessary. age, race, religion, disability and disadvantage fade away. Families, professionals, students, seniors, migrants, refugees...everyone is welcome.

With One Voice choirs are led by friendly and experienced conductors and meet weekly followed by supper.

Choir is a great place to find your voice, find friends, de-stress, build well-being and confidence, learn new skills and connect to your community. Participation is by tax-deductible donation.

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www.creativityaustralia.org.au
(03) 8679 6088 | withonevoice@creativityaustralia.org.au



CHILDREN'S WEEK
PLAY CENTRE ART EXHIBITION
"ME MYSELF AND I"

Celebrating the voice of children in our community

EXHIBITION OPENING 26TH OCTOBER
OPEN UNTIL THE 30TH NOVEMBER
FINGAL VALLEY NEIGHBOURHOOD HOUSE



Fingal Valley Neighbourhood House INC

Old Tasmanian Hotel
20 Talbot Street, Fingal

12/11/2020 - Update

We are continuing to observe social distancing and limiting numbers into the house and each room during this time.

We will ask you some questions on entry to ensure everyone's safety.



Creative Writing Group – if you would like to be part of a creative writing group, contact the office and register and interest or to find out more.

Most programs have re-started with the following updates:

- Next trip to St Helens will be on 4th December - contact the office to book your seat. We require bookings of at least 5 people for the trip to go ahead.
- Loaves and Fishes is available on **Thursdays for collection from 12pm.**
- If you would like to apply for a NILS Loan, use our transport, food relief etc, call in or contact the office for more details.
- Our history group and Op Shop are always looking for new volunteers - if interested please contact the office for more information.

AGM – Fingal Valley Neighbourhood House AGM will be held on Wednesday 18th November at 6.30pm at Fingal Valley Neighbourhood House. If you would like to attend RSVP is MANDATORY (Due to Covid-19) and required to the office.



CRAFT

If you are interested in Mosaics, basket weaving or craft of any kind please register your interest with the office and we can advise when these activities will be starting.

Alternatively, if you'd be interested in running a class or would like us to try something different, please contact us on the number below.

Should you have any further questions please do not hesitate to call us on 6374 2344, email admin@fvnh.org.au.

The Fingal Valley Neighbourhood House Inc is funded by the Crown through the Department of Communities Tasmania



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St. Helens, Tas. 7216

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ST MARYS SPORTS CENTRE

By Volun Tier



Great news from the club this week, as the bar is just about completed, with a little varnish and paint to splash here and there, and a restock from all the boxes and shelves out the back storeroom and it will be finished. Men's loo and change rooms at a standstill at the present, as all other tradespersons and club members have been waiting patiently for the vinyl to be laid so that the work can progress. Our do-by date of 1st November has passed, and we are looking forward to the completion of works, so we can move a lot of gear out of the clubroom and back into the storeroom. Work on our new amenities shed has commenced with footings being done at present, and looks like being completed prior to Christmas. Great job by all.

Pennant Bowls has commenced with the regular season kicking off at Bicheno last Saturday, full report below. Well done to all working inside and outside the clubhouse at present; nice to see a bit of grass about, the bowls and golf greens are looking fantastic and the course is being regularly used by visitors who regularly comment on our lovely course.

Membership Draw: Last week Danni Turner, who had just left the clubhouse earlier that evening, and Peter Le Fevre who wasn't present to collect his prize.

Golf: Last Sunday the Lefties challenged the Righties in a two-person Ambrose, Speed and Macca coming out of top of Peter Sorenson and Mark Turner by a few shots, with Speed winning closest to the pin. This week's stableford event was keenly contested with Rick Stillman very much on the improve with 22 points, wining from Macca with 21, Peter Sorenson 18, and Jacob Viney on 16. Fantastic to see Jacob as a regular to our golf again, he hits the ball an absolute mile, now if he can just keep them on the course....nearest the Pin was Peter, who won the chocolates. Come along for a hit and a feed at 11 am on Sunday, great value and entertainment.

Bowls: We travelled to Bicheno on Saturday to take on the much-improved home side, coming away with a resounding loss by 28 shots over all. As said in the last issue, Bicheno are finding their place in the competition and will certainly be hard to beat this season. The other game ended up in a win to Swansea over Scamander at Swansea by 18 points, once again showing how close the competition will be this year.

Opening Hours: Thursday 5.30pm with bar snacks, Friday 5.30pm, Happy Hour 6.30 to 7.30, members draw 8 pm and bar snacks, Sunday golf at 11 am and 2 pm with bar snacks.

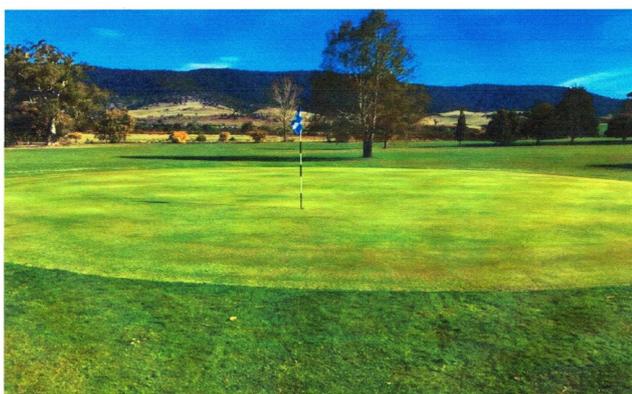
Until next time, good hitting and rolling.

JOHNS FAMILY CHARITY GOLF DAY SUPPORTING LIFELINE TAS

28/11/20 3 PERSON AMBROSE
MALAHIDE GOLF CLUB FINGAL

SUPPORTING LIFELINE TASMANIA

\$60 per team breakfast and BBQ lunch included 10am start



Inquiries to Andrew Johns 0427854555



Malahide Golf Club

AGM

will be held

Friday 13th November 2020

4pm

Malahide Golf Clubhouse

14 Mangana Rd FINGAL

All members and potential members WELCOME

C & D's

**PROUDLY SUPPORTING
OUR LOCAL COMMUNITY**



38 Main Street St Marys
Right next to the Post Office

TRADING HOURS:
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Friday 6.30am - 7.30pm
Saturday 6.30am - 7.00pm
Sunday 7.30am - 6.30pm

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THE VALLEY AND EAST COAST VOICE

ISSUE 52.20

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- | | |
|-------------------------------------|---------------------------|
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| ◆ Avoca General Store | ◆ Hilly's IGA - St Marys |
| ◆ Fingal Post Office | ◆ Hilly's IGA - St Helens |
| ◆ Chelle's Place - Fingal | ◆ St Helens Newsagency |
| ◆ Hayshed - Fingal | ◆ Scamander Supermarket |
| ◆ Mathinna Post Office | ◆ Mouth Café - Scamander |
| ◆ Coach House Restaurant - St Marys | ◆ The Farm Shed - Bicheno |

Across: 1. March, 4. Smell, 10. Riyal, 11. Lucifer, 12. Hospital, 13. Diva, 15. Embark, 17. Dragon, 19. Lull, 20. Kinkajou, 23. Grounds, 24. Touch, 25. Aspen, 26. Party.
Down: 2. Abyss, 3. Colliery, 5. Mace, 6. Lifting, 7. Archaeology, 8. Plead, 9. Dreadnought, 14. Krakatoa, 16. Bellows, 18. Tipsy, 21. Joust, 22. Knee.

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