



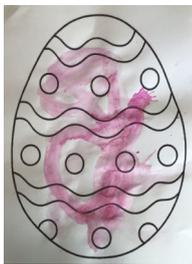
# THE VALLEY AND EAST COAST VOICE

Established 1968

Edition 53.04 1st April 2021

Deadline for 53.05 is at 5.00pm on Monday 12th April 2021

**THE VALLEY AND EAST COAST VOICE TEAM, ALONG WITH THE MANAGER, BOARD AND STAFF OF THE FINGAL VALLEY NEIGHBOURHOOD HOUSE AND THE STAFF AT PLAY CENTRE, WOULD LIKE TO WISH EVERYBODY A VERY HAPPY AND SAFE EASTER.**



There were no entries for our colouring-in competition.

These Easter eggs and cards were decorated by the children at the Fingal Valley Neighbourhood House Playcentre. Play Centre will resume again on the 26th of April .



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# MITCHELL

For assistance with all federal matters, please contact Brian Mitchell MP your Federal Member for Lyons • (03) 6263 3721 • [Brian.Mitchell.MP@aph.gov.au](mailto:Brian.Mitchell.MP@aph.gov.au)

Authorised by Brian Mitchell MP (ALP, Tasmania) 28 Green Point Road Bridgewater TAS 7030

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**Fingal Valley Neighbourhood House  
 Valley and East Coast Voice  
 Advertising rates for all community groups**

Regular articles i.e. news of current activities/events and general information will, at the discretion of the Editor, be carried free of charge. Community group announcements up to 5 lines or business card size are free, anything larger will be charged at 50% of current rates. The decision regarding whether or not an article attracts advertising fees is the Editor's. Groups will be advised of any cost before going to print.

Private community announcements/private classifieds are free for one issue.

Articles for publication may be left at the Fingal Valley Neighbourhood House, St Marys Pharmacy, posted or emailed.

We do not accept responsibility for the accuracy of information provided by contributors.

For online advertising or any other advertising queries, please contact the editor.

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 (03) 6374 2344  
 PO Box 322 Fingal Tasmania 7214  
 Annual posted subscriptions are \$69 and annual online subscriptions

**24 HOUR EMERGENCY CONTACT NUMBERS**

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Crime Stoppers	1800 333 000
Digital Mobile Phone Emergency Service	112
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SES: Flood & Storm emergencies	13 2500
TasNetworks	13 2004
TasWater	13 6992

Opinions in any letters published are not necessarily those of the Editor, staff or volunteers.

Our pages remain open to fair and honest criticism so that, on all questions, both sides may be presented, but any submissions containing personal attacks/libel/slander will not be accepted.

Kindly do not attack the Editor, the paper or the authors of previous articles.

All articles for submission, including letter to the Editor, must bear the author's full name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only. Letter writers will be given the chance to respond over a suitable period of time.

Subjects may be closed at the Editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam.

Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The Editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. Whilst we value and welcome community input, the Fingal Valley Neighbourhood House does not provide specific feedback regarding any decision made not to publish a submission.

The Fingal Valley Neighbourhood House reserves the right at all times, without notice, to update, change or amend our guidelines. All information is correct at time of printing.

This newspaper is about the Fingal Valley and the East Coast, and the people who live here. If you have a story you would like to share, or a suggestion for an article or regular column, please contact the Editor. You can show off your literary talents and submit it for consideration, or the Editor can write it for you.

Photographs are important too, so try to include them, with some information as to where and when it was taken, what the occasion was, and who is in it.

We also like to tell people about our sporting history, and tales of sporting prowess and vanished sporting events are also welcome.

Email me at: [valleyvoice@fvnh.org.au](mailto:valleyvoice@fvnh.org.au)  
 Editor, the Valley and East Coast Voice

## TASMANIAN VOLUNTEERS REMOVE 95,006 PIECES OF RUBBISH FROM THE WORLD HERITAGE AREA.

A volunteer team of 21 beach cleaners returned from Tasmania’s Wilderness World Heritage Area on Monday 22nd March, carrying an enormous haul of marine debris. Team Clean have spent the past ten days removing 95,006 items of rubbish from the island’s most remote beaches.

“We all dream of beautiful coastlines that are free from toxic pollution. Unfortunately, every single day, a wave of destructive plastic rubbish washes onto Tasmania’s spectacular World Heritage beaches,” said Team Clean coordinator Matt Dell. “Team Clean is absolutely committed to protecting these special wild places. Our dedicated volunteer crew have just cleaned up, hand-counted and classified 95,006 items of marine debris from Tasmania’s most wild coastal ecosystems,” he concluded.

Team Clean have removed 707,957 items of rubbish from the World Heritage Area since the first South West World Heritage Area Marine Debris survey took place in 1999. Rubbish was counted as it was collected, bagged up, placed in a net and slung under a helicopter for the trip back to beaches inside Port Davey. For the subsequent clean-ups, it was decided to use the local cray fishermen, who carried the bagged rubbish back to Port Davey. Instead of the helicopters, team members accessed the beaches in tinnies and zodiacs, and slept aboard the boats, so they could be sure to be able to move to sheltered waters in case the roaring 40’s whipped up the 15 metre-plus swell the region is famous for.

In 2002 the event won the inaugural Federal Environment Ministers Coastal Custodians award, and were able to use the prize-money to help finance future clean-ups. 2019 was a sabbatical/recovery year, and the leaders took a well-earned rest, having lead the teams for 13 years. 2020 saw a cut-down crew compared with 2018, with only 3 boats and 21 crew. With limited access to the exposed coasts and a few days stuck in Port Davey they still managed 66752 Items, but came home to the COVID-19 nightmare.



*A group of volunteers enjoy a few minute’s rest as they wait to be collected.*

Team Clean is an 100% non-profit volunteer expedition that has been dedicated to protecting Tasmania’s World Heritage beaches since 1999. The clean-up is a powerful tool for public education, advocacy and behaviour change.



*A pile of typical rubbish removed from the beaches, which kills and maims sea-life.*

# East Coast & Country Real Estate

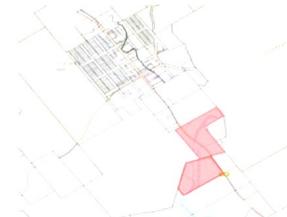
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### OUT OF THE WOODWORK

Lot 1 Esk Highway, ST MARYS  
Facebook: Break O’Day Woodcraft Guild  
Open: Monday – Thursday 10am — 4pm  
SECRETARY/TREASURER: Douglas Preece  
Phone 0402 305 465

After an enforced break, the Break O’Day Woodworkers Guild has been busy, undertaking a variety of projects.

Mower ramps have been constructed for the St Marys Sports Centre, along with street library boxes and bird houses. They have also made a mud kitchen for the Playcentre at the Fingal Valley Neighbourhood House.

On the administrative front, Chris Ogden has resigned as Public Officer.



*The mud kitchen, which has been installed at the Fingal Valley Neighbourhood House.*



*Bird houses.*



*Mower ramps for the St Marys Sports Centre.*

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## Black and White

### Photography Exhibition George Keri

Bayside Hotel, St Helens

Two days only

Friday 16<sup>th</sup> April, 5PM-8PM

Saturday 17<sup>th</sup> April, 10AM-4PM

Supported by St Helens Neighbourhood House

## MARINE PROTECTED AREAS: DOES TASMANIA NEED MORE?

No one would argue the absolute beauty that is the East Coast of Tasmania! The clear turquoise blues of our coast line, the algae covered rocks, plentiful fish and seafood, penguins, whales, seals and all the little ones we can't see!

However, are the 'pristine waters of Tasmania' really that? What is actually going on beneath the surface of the beauty that we see? Anecdotal stories from fishers and divers as well as current science suggests that all is not well: reduced catches; urchin barrens; climate change affecting the East Australian current; massive reduction in kelp forests; and changes in bird migrations to name a few serious concerns.

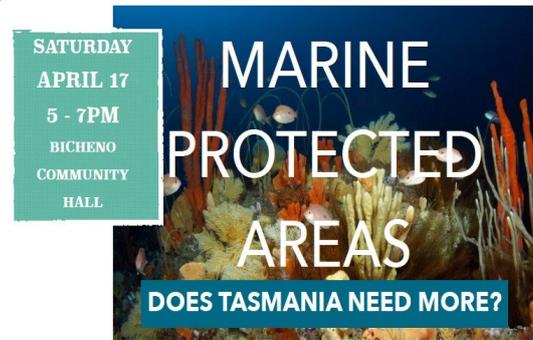
The Earth Ocean Network are pleased to be hosting a public meeting with guest speaker Professor Graham Edgar (Senior Marine Ecologist UTAS) to talk about the science behind Marine Protected Areas and whether Tasmania needs more.

Please join us for what is sure to be a very informative session, as well as an opportunity to see some wonderful underwater footage from local diver John Smith, on Saturday, 17th April, at the Bicheno Community Hall, from 5.00pm to 7.00pm.

### Professor Graham Edgar:

Senior Marine Ecologist at the University of Tasmania, Professor Edgar has a long standing global career. He works in the field of marine ecology and conservation, with particular focus on the value of marine reserves for safeguarding biodiversity and fisheries.

Graham leads collaborative field studies with management agencies extending back 30 years that use consistent survey methodology to assess changing densities of fishes, invertebrates and seaweeds, inside and outside marine reserves across Australia. He also investigates impacts of climate change, fish farms, introduced species, and other environmental threats.



The Earth Ocean Network invites you to a public meeting on the science behind Marine Protected Areas, with Professor Graham Edgar (Senior Marine Ecologist, UTAS), plus video footage of our spectacular marine life.



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- serving all of  
Break O'Day

[mick.tucker@bodc.tas.gov.au](mailto:mick.tucker@bodc.tas.gov.au)

0419 372 813

## GERMAN SETTLERS IN THE FINGAL VALLEY

From the mid-1850s to the mid-1880s, the Colonial Government used immigration agents to recruit assisted emigrants from Germany. Wilhelm Kirchner recruited 665 immigrants, who arrived on four ships in 1855. Friedrich Buck recruited 522 immigrants, who arrived on three ships from 1870 to 1872.

In September 1855, approximately 50 immigrants from the *America* consisting of the Becker, Haas, Lohrey, Nicolai, Pfeiffer, Rubenach, Schmidt and Stengel families were transferred to Falmouth. Other immigrants from the *America*, who arrived soon afterwards at Falmouth or Cullenswood, included the Jost (Yost), Lehner, Menne (Maney), Strohschnitter (Strochnetter) and Zanglein (Singline) families, Christian and Walburga Haas, brothers Friedrich and Christian Weppelman, Wilhelm Bach and Friedrich Wagner. German immigrants, who arrived in the early 1870s, such as the Abraham, Aulich, Bouchain (Bushing), Koglin, Krungel (Kringel), Meinas and Rilat families, and Carl Heise, settled at German Town. Further German settlers, such as the Bertko, Schreck, and Woithe (White) families, August Gall, Herman Langer and Ludwig Schier, arrived in the 1880s.

In 2016, I commenced a study to collect, analyse and report data on these German settlers. The St Helens History Room will be hosting a PowerPoint presentation at its quarterly Friends of the St Helens History Room meeting to be held on Monday, 3 May 2021. The presentation will provide an overview of the study followed by a discussion focusing on collecting documents and photographs about the families. Descendants and interested readers are invited to attend the presentation to be held at the Bungalow, 25 Circassian Street, St Helens, from 3.45 p.m. to 4.30 p.m.

Michael Watt.



## HUB 4 HEALTH WALKERS CLEAN UP

Wednesday 10th March saw the St Helens Hub-4-Health Walking Group do it's part to Clean Up Australia, when 13 members with 6 trailers and utes swung into action.

Having scouted the region over several weeks, they focused on the first 200 m of Schiers Track in Upper Scamander, which is under the authority of Sustainable Timber Tasmania, formerly Forestry Tasmania. All six vehicles were well-filled before they were emptied at the Scamander Tip, and the clean-up crew thank the Council for opening the tip for them .

The rubbish has been there for some years. The group were unable to remove the five burnt car bodies that are still there, so a request will be made for Sustainable Timber Tasmania to arrange the removal of the these car bodies, followed by them being asked to agree to, and arrange, the closing of Schiers Track to motorized vehicles.

Other than a few smaller dumps of rubbish, and litter along the highway, the region within 5 km around St Helens and Scamander is now relatively clear of rubbish dumps, due, in no small part, to the efforts of the Hub 4 Health Walking Group in recent years, in collecting the rubbish and disposing of it in a responsible manner.



Enquiries:

Jac: 6384 2355

Eileen: 6372 5480

## SUNCOAST SPINNERS AND WEAVERS



### Have you ever wanted to learn to spin, knit or weave a basket?

Now is the perfect time to learn these skills. The Suncoast Spinners and Weavers continue to hold their monthly meetings at Fingal Valley Neighbourhood House, and members are happy to help you try out these crafts. We will use this venue while COVID-19 is still a threat. We are very grateful that they have the space to accommodate us, with all the social distancing requirements.



We had our latest meeting on Tuesday, 17th March, all turning up with our various projects to spend a very pleasant time together. Our small group have been busy over the summer with gardening, bottling fruit and making jam, so we were very happy to get together for a day devoted solely to craft. The photos show some of our work on the day - yarns spun from dyed fleece, knitted face washers, a crocheted "string bag" (remember them?) in progress, and a basket being woven from garden materials.

The basket material came from a garden plant called "Cordylone." The dried off rushes were dampened to make them easy to use, then softened around the metal table leg to make them more pliable. They were then woven into a basket around a mould which in this case was a plastic garden pot and the basket was almost completed by the end of our meeting.



On this day we were also very sorry to say goodbye to one of our members, who called in to say she was about to move back to the Sunshine Coast. Barbara was a former Queenslander, who embraced country life here on the East Coast of Tasmania. She is skilled and prolific in many crafts, always bringing along her latest projects to show us. We are sad to lose such a talented member of our group and wish her all the best in this newest phase of her life.



Barbara very generously donated her spinning wheel to our group. This makes it possible for us to extend an invitation to anyone in the district, male or female, and of any age group, who is interested in learning the ancient craft of spinning. Our group members are always willing to give you instruction on how to begin and will help you perfect your skills. So please think about coming along and giving spinning a try. Likewise, if you are interested in knitting, crocheting or basket weaving and would like to learn these skills, come and get started at our group get togethers.

Our meetings are held from 10am to 2pm on the third Tuesday of the month, so please feel welcome to come along. Tea, coffee and cake are provided (gold coin donation) and bring your own lunch. We usually include a quick look in the Fingal Valley Neighbourhood House Op Shop across the road after lunch, and often find a bargain there.

So come along and try your hand at something new! Our contact details are above.



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# Fingal Valley Neighbourhood House INC

Old Tasmanian Hotel  
20 Talbot Street, Fingal

## APRIL 2021

*We will be closed over Easter re-opening Tuesday 6<sup>th</sup> April 2021 at 9am. We wish everyone an enjoyable, safe and happy Easter.*



### Garage Sale

We are having a Garage Sale over the Easter Long Weekend, come by and check it out. Friday 12pm-3pm, Saturday 8.30am-3pm and Monday 10am-3pm.

### Volunteers Needed

We are currently looking for volunteers to work in the Op Shop. If you have some time and would be happy to spend it with us in the Op Shop please get in touch to find out more.

### Basket Weaving

Basket Weaving will be held on Tuesday 4<sup>th</sup> May from 10am to 2.30pm. Contact the office to book your spot and find out more.

Loaves and Fishes is available on **Thursdays for collection from 12pm**

- If you would like to apply for a NILS Loan, use our transport, food relief etc, call in or contact the office for details.



### Book Club



We are starting a Book Club at FVNH. If you'd like to be a part of this group, please register your interest at the Office during business hours.



**Creative Writing Group** – if you would like to be part of a creative writing group, contact the office to register and interest or to find out further information.

Alternatively, if you'd be interested in running a class or would like us to try something different, please contact us on the number below.

Should you have any further questions please do not hesitate to call us on

6374 2344, email [admin@fvnh.org.au](mailto:admin@fvnh.org.au).

*The Fingal Valley Neighbourhood House Inc is funded by the Crown through the Department of Communities Tasmania*

## ST MARYS TIP SHOP 2021

The St Marys Tip Shop has been very active in the first few months of 2021. Lots of goods have been off-loaded to the Tip Shop, which has reduced the amount of landfill. Customers are leaving smiling about the perfect pieces they have found at bargain prices. The shed, container and outdoor area are filled with goods ready for purchase by customers.

*What can you find?*

At the Tip Shop you can find

- household goods, plates, glasses, tins, plastic containers, glass jars, lots of knives
- sewing machines
- jigsaws, children's toys, books
- a small range of clothes, curtains, dog blankets
- solid internal and a couple of external doors, coffee tables, lounges
- washing machine, freezer, oven
- range of chairs
- air cooler
- removalist blankets
- timber, metal, wire
- golf clubs – left and right handed
- assorted building materials
- plants...



all located within a pleasant space to share repurposing ideas. Call in to drop off your excess goods or for a browse and a chat. Whatever you need, check if you can find it at the Tip Shop.

The Tip Shop COVID-19 hours are Tuesday and Thursday 11am-3pm and Sunday 2-4.30pm. If you can spare a couple of hours to volunteer on these days your assistance will be greatly appreciated. New volunteers are always welcome.

A big thanks to Bart from 'BART'S Bait and Tackle' for supplying gas for the volunteers' stove. Thanks also to everyone who is promoting the Tip Shop and contributing to its ongoing success. All funds raised are going to St Marys District Hospital.

Check out the St Marys District Hospital Tip Shop Facebook page. If you have any pictures you would like to share, please send them to the administrator on 0417 292 414 who will organise to load them onto the page.

*You are always welcome at the Tip Shop.*

Alex lives locally in Bicheno and is available to assist clients with all legal matters. Appointments are by arrangement in Swansea, Bicheno, St Marys and St Helens. With nearly 15 years' experience working as a Barrister & Solicitor in Tasmania and Western Australia, Alex is your local lawyer on the East Coast of Tasmania.



**ALEX GRAHAM LEGAL**  
YOUR LOCAL LAWYER

Phone: 0407 242 265

Email: [alexgrahamlegal@outlook.com](mailto:alexgrahamlegal@outlook.com)



**Break O'Day**  
COUNCIL

**Kylie Wright**  
Councillor  
0439 742 946  
[kylie.wright@bodc.tas.gov.au](mailto:kylie.wright@bodc.tas.gov.au)

		Mon	Tue	Wed	Thu	Fri	Sat	Sun
<b>STAR FM</b>  <b>Program Guide</b>  	<b>Brekkie</b>	Start your working week with <b>Sandy</b>	Enjoy your Fruit Loops with <b>Sandy</b>	I see Stars with <b>Sandy</b>	Flashback Retro Breakfast with <b>The Flash</b>	Alphabet Soup with <b>Jewels</b>	It's the Weekend with <b>Magilla</b>	Magilla's Speakeasy Jazz until 9.30 ...followed by Magilla's Magic Mix until Noon
	<b>Morning</b>	<b>The Manic Monday Show</b> with <b>Manny</b>	Flash in the Flesh with <b>The Flash</b>	<b>The Fusion Show</b> with <b>Jonno</b>	<b>Rhythm N' Reggae</b> with <b>Big Daddy Davo</b>	Simply 60's with <b>PUGS</b>	Old and New with "You Know Who" with <b>Angelina</b>	with <b>Magilla</b>
	<b>Arvo</b>	<b>Jackster's MUSIC BOX</b> with <b>Jackster and Porsche</b>	Down Under and "Mood For Foods" with <b>Mary-Anne</b>	"Around the World" with your hostess <b>The Tone</b>	<b>The All Australian Show</b> with <b>MAGILLA</b>	"Fresh and Fruity" with <b>Angelina</b>	A dose of <b>Dr Dave</b> with <b>Dr Dave</b>	Star FM's The 80's Zone with <b>Dr Dave</b>
	<b>Late Arvo</b>	In the BACKSEAT with <b>Astro or JAX</b>	2 For Tuesday Request Show with <b>Shaun</b>	Something Fishy with <b>Fyshy</b>	Let's Drive with <b>Jonno</b>	"Rock On" with <b>Jonno</b>	"The No 80's Zone" with <b>The Tone</b>	with <b>The Tone</b>
	<b>Evening</b>	Monday Evening With <b>Star FM</b>	<b>Neville's Country Corner</b> and more with <b>Neville</b>	<b>That 70's Show</b> with <b>Star FM</b>	<b>Thursday Nights</b> with <b>Star FM</b>	<b>It's Friday Night</b> with <b>Star FM</b>	<b>The Party Pit Playlist</b> with <b>Star FM</b>	<b>Big Daddy Davo's Blues Mix</b> hosted by <b>Dave</b>

**JUNE 12<sup>TH</sup> & 13<sup>TH</sup> 2021**

*NEW*

## **BREAK O'DAY LOCAL ART PRIZE**

*For BREAK O'DAY PERMANENT RESIDENTS only*

**ART PRIZE - \$2000**

**PEOPLE'S CHOICE - \$500**

See **ENTRY FORM & CONDITIONS\*** - [www.bayoffireswinterartsfestival.com.au](http://www.bayoffireswinterartsfestival.com.au)

Enquiries - [infoBODLAP@gmail.com](mailto:infoBODLAP@gmail.com)

*\*Printed copies are available at St Helens and Fingal Valley Neighbourhood Houses*

### IN OUR SCAMANDER GARDEN.....

Walking around, I notice the mushrooms my husband, Steve, has made out of bits of wire and cement and at



times, empty pots that once contained plants, he shapes like an Asian temple. An Egyptian-themed urn, shaped using wine barrel boards, given him by old friend George Marki, who lived in St Marys, now deceased, stands proud before the wisteria. Steve improves the artistic elements with repairs and painting such objects as the dragon, a gift from son, Joe Rogers.

There are days when we wake up tired and others where we feel full of energy, but no matter which, Steve always gives himself some physical work for the day and is happy to achieve what he expects of himself.

I like to take time out, and there is a song "Be Still" sung by Sissel Kyrkjebø, that I listen to while looking out at the little flutterings through the grapevines, and see the splashing going on in the water fountain as birds and bees buzz about. I stroll around cutting and pruning here and there and then delight in arranging flowers and foliage of various colours and textures.



I hope you do take the time to smell the roses. Stop and be still, breath and relax.

## HAYSHED

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Good Friday	CLOSED
Christmas Day	CLOSED

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## EASTER MEMORIES - LOOKING BEYOND THE CROSS

Daisy Dale Farm, Lower German Town Road, Good Friday, 1961.

The smell of zestful yeast batter bubbling beside the kitchen wood-fired stove arouses me from sleep. This annual Good Friday aroma delights my soul, for I love this special day.

My mother is preparing to bake hot cross buns. They will be served precisely at 10 o'clock, when my father takes his morning tea break from his farm work. Other Easter traditions will follow: Mum and I will visit my aunt and uncle at their neighbouring farm. We will take them a basket of the freshly cooked buns. In exchange, we'll be given a bar of shop-bought milk chocolate. What a treat! We only have this extravagance twice a year - my birthday and Easter. As always, I'll have the honour of carrying this treasure home. My taste buds will be working in overdrive, but under no circumstances can it be eaten until Easter Sunday morning. No matter - today holds its own special culinary delights.



While my mother and I are socializing, my father will be cooking our customary Good Friday lunch - fish. He caught them yesterday at Scamander River. Every Maundy Thursday, he goes on this excursion. He walks to the top of St Marys Pass, and catches a ride on Mr Davis' school bus to Scamander. He fishes all day, returning home on the school bus late afternoon. He walks home and milks our herd of dairy cows. He is weary but happy, for he has provided us with a bountiful supply of bream. Because today is Good Friday, we will indulge in listening to a special Easter program on our battery-powered wireless.



Normally, we only turn the wireless on in the evening, to conserve battery power, but this is a special day. Oh, how I love Good Friday with these exceptional treats! The enjoyment will continue throughout the day. At 3 o'clock on the dot, Dad will come indoors and announce, "Let the competition commence!" Mum and I will each grab a basket; Dad will clean out his old farm hat. We'll race outdoors, each to our own secret locations, for we are on a mushroom hunt. My spot will be the 'waterfall paddock', for 'fairy rings' grow there.

At the 4 o'clock deadline, we will present our spoils at the kitchen table. I guess, as usual, Dad will be the winner - his hat is always overflowing with mushrooms! But who cares who wins? The true reward is sharing the delicious mushroom evening feast.

I might now regard myself as a sophisticated high school student, but I'll never understand why this special day could be called GOOD Friday. It was the time we remembered how Jesus cruelly died on a Roman cross, therefore it should be called Bad Friday, or at least Sad Friday. But my mother told me beautiful truths that resonated in my soul and spirit. "Beverley, it is GOOD Friday because of the good Jesus did for us all. His voluntary death on the cross reconciled us with God!" I understood, and believed! She also told me why our family had our particular family traditions.

On this Good Friday of 1961, I am lying in bed reflecting on these things that reinforce the true message of Easter;

- \* The buns are light, fluffy and yummy because of the rising agent, the yeast. This reminds us of Jesus' powerful victory in conquering death and rising from the tomb.
- \* The fish we eat on this day reminds us of Jesus' true 'flesh and blood' resurrection. He proved this to His disciples, by cooking them a meal of fish upon the seashore.
- \* As for the mushrooms, this bounty reminds us of the goodness of God, in supplying all our needs.

It's time for me to jump out of bed and celebrate this exalted day. I love everything about Easter, and I guess I always will, thanks to the truths my loving parents taught me.

Tomorrow will be a quiet, reflective day. I'll read the beautiful wise teachings of Jesus, and marvel at his countless acts of love and compassion.



Then comes Easter Sunday - the day above all days!

There's the sharing of that milk chocolate bar with my Mum and Dad, an Easter egg, just for me from my parents, and joining family and friends for feasting and activities. To me, the greatest thing is knowing my life can be lived in confidence, for now I'm secure and safe in the fact that Jesus is risen!

But for now, I'll immerse myself in this Good Friday, full of joy and hope, because I'm looking beyond the Cross!

Light on the Hill, Gray, Easter, 2021

How blessed I've been for 73 years, for that faith, hope and joy have never left me.

May you also have a blessed and Happy Easter.

**Beverley Rubenach, March 2021.**



**HILLY'S**



**ST MARYS**

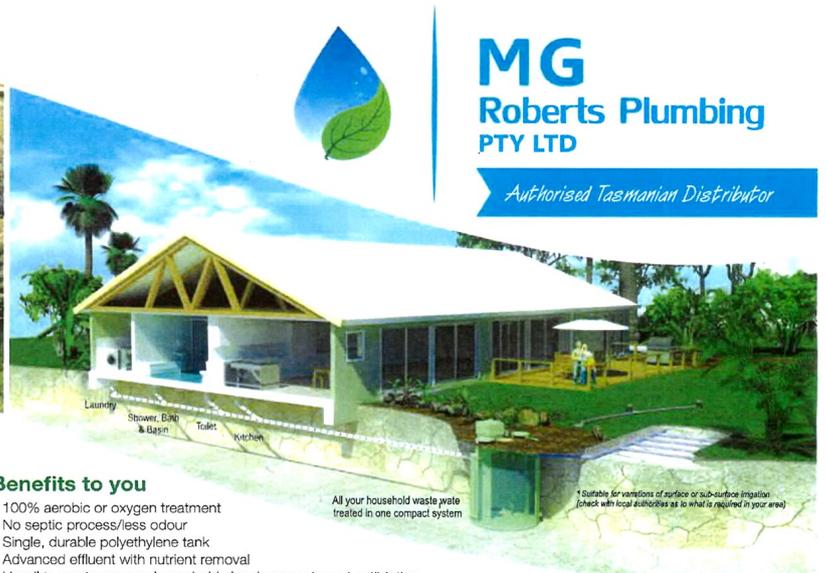
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Tuesday and Thursday  
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Sunday 2pm - 4pm



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North Ansons Bay Road, ANSONS BAY: OPEN 12 pm - 4 pm  
Wednesday, 10 am - 4 pm, Sunday and 12 pm - 4 pm on  
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Tasman Highway, PYENGANA: OPEN 9 am - 12 pm  
Wednesday, and 2 pm - 5 pm Sunday.

Eagle Street, ST HELENS, includes recycling: OPEN 10 am - 4  
pm every day.

Coach Road, SCAMANDER, includes recycling: OPEN 10 am -  
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Gray Road, ST MARYS, includes recycling: OPEN 10 am - 4 pm  
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Charges apply at all waste transfer station; see sign at  
entrance.

### BLACK WATER DUMP POINTS

St Helens - 117 Tully Street, St Helens

St Marys — Harefield Road, St Marys

Fingal - Talbot Street, Fingal

No charges apply to use black water dump points.

### Autumn...Wow!

John Keats in his famous poem 'To Autumn' described autumn as "a season of mists and mellow fruitfulness....".

Autumn is to me a beautiful time of year. In the United States of America and Canada it is known as 'Fall'. Some people think that the title 'Fall' is strictly American. However, it was taken to the Americas by the early settlers, when Fall was commonly used to describe Autumn in England. I prefer the name Fall because of its descriptiveness of leaf-fall in that season.

Many of the exotic trees introduced into Tasmania, in particular, are affected by autumn colouration of leaves and their subsequent 'fall'. I immediately think of poplars, the most popular species being *Populus Lombardii* or Lombardy Poplar. It may be interesting that these particular trees were grown in plantations to produce timber for....wait for it.... matchsticks! I presume that the rapid and prolific growth of poplars would have made them very commercial; anyhow the beautiful golden leaves of poplars during early Autumn have made many a great photograph. They are not the only imported trees in Tasmania. One thinks of oaks, elms and ashes being transplanted from "Olde England" by early immigrants who needed to hang onto some memory of their birthplace.

Autumn is also a gradual transition from Summer to Winter. I can hear people saying, "You could have fooled me this year!" I was lucky enough to have flown over the Tasmanian forests in autumn, and it was surprising to see so much of gold-coloured leaves. Quite beautiful, and with the start of Autumn we can expect to see frosts in the morning. Frosts usually mean beautiful sunny days. I'd like sunny days without the frosts but.....there you go!

With the gradual imposition of cold nights as winter looms as a sure follow-on from Autumn, we have our fires to cheer us up whilst we watch television, hopefully more interesting to look at than the current load of — — —!

Once upon a time, the smell of our wood fires reminded me of the turf fires of a childhood time which I spent in Ireland during the Second World War, as an evacuee from the Blitz of London.

It also reminds me of my time as a boarder at school in Hobart in the late 1940's. Firewood was the major source of heat at that time, and the smell of it burning gave me a feeling of homesickness for the days I remembered in my past. (It also gave me a longing to go home to Smithton where I lived.) It is that time of year when we have days of bright sunlight and it prepares us for Winter which, in turn, makes us look forward to Spring. It is a spiralling circle of seasons which, whether we like it or not, is also part of our life cycle.

**Mike Brouder**



## **The Say by the “Cage Rattler”**

Footy is back. The Queensland issue aside with the COVID-19 potential to affect it, the AFL is up and running something resembling pre-COVID times, and it's great. At work we get the usual dissection of the results, the blame on why the team lost and the excitement and optimistic hope for your team that won, TV coverage on all aspects of the game included. Footy dates back to 1858, actually to a bloke called Tom Wills, and it's been going strong ever since... Some say "Bugger religion, follow footy." While that's not true, of course, for the vast majority it, does show how passionate the great game is.

We're a funny mob, us Australians. We're made up of six States and several Territories, of which the two largest territories are the Northern Territory and the Australian Capital Territory. In all but two of these, Australian Rules Football is the major football code...although in the ACT it's pretty close to Rugby League and Union, I believe. In NSW and Queensland, Rugby League and Rugby Union are predominant and always will be. In Victoria, South Australia, Western Australia, Tasmania and the Northern Territory, Aussie Rules does rule as you might say, and again, always will.

So, why does the AFL keep pumping tens of millions of dollars propping up, quite literally, two teams in NSW and especially Queensland, when two absolute diehard areas of Australia that truly love our indigenous game to bits just can't get a look in? Even with the Gold Coast Suns being propped up and basically run by the AFL, they have yet to get even close to making the finals. They barely draw a crowd and not many can be bothered to come and watch them when they travel. The GWS team have played finals and even made it to a Grand Final in 2019, but despite that, they have limited general supporters and don't have any real madcap fans, despite being based in Australia's biggest city. The reason is obvious. You can lead a horse to water but you can't make it drink. In both NSW and Queensland you will not ever get Aussie Rules fans on a level playing field with equally passionate Rugby fans. Not ever.

Queensland has done very well to have a carry over from the Fitzroy Lions merge with a terrible expansion team known as the Brisbane Bears, who were an unmitigated disaster. What that did is allow disgruntled Fitzroy fans to remain loyal to their team when they finally folded in 1996, and the new transplanted team that essentially took on the struggling franchise and brought with them a hard core Melbourne fan base as well. Also smart to adopt basically the Fitzroy guernsey and logo which, coincidentally, had a similar look to the Queensland sporting maroon/red look too. By 2001 they had won a premiership, then backed it up for the next two years and set themselves up as the real deal... Sydney had already done the same thing when South Melbourne transplanted in 1982 and carried with them a strong Melbourne base from there. Also, by retaining the Victorian club's colours, many of the Melbourne supporters remained loyal and still do, despite them being in rugby heartland. Not true when teams are manufactured in the way Gold Coast and GWS have been.

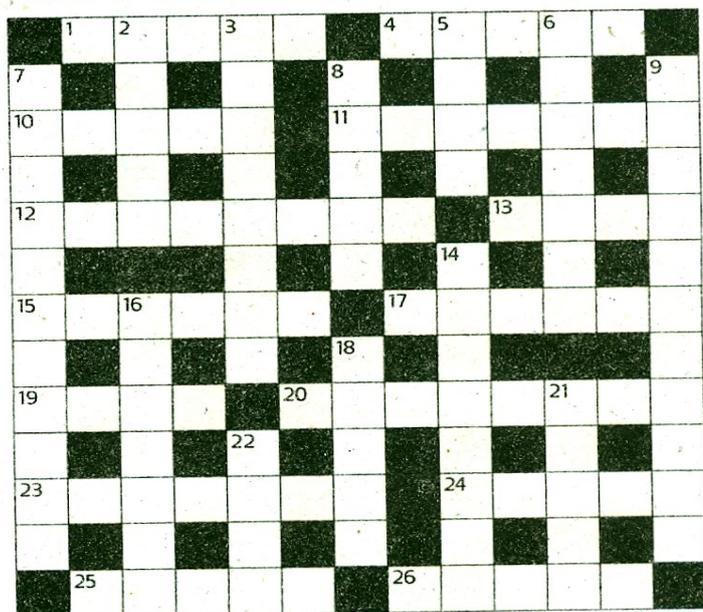
Totally different for the Crows, Port Adelaide, West Coast Eagles and Fremantle, because they are directly from two huge Australian Rules States. Port Adelaide, in fact, are one of the oldest Australian Rules clubs in the whole country.

I'm glad, and it's fantastic to see, that our State Government is starting to get much tougher with the AFL in regard to Tasmania rightfully getting our own stand-alone AFL team. Why the AFL continue to try and appease us with a handful of Hawthorn games and North Melbourne games - with huge respect to both those great clubs notwithstanding - bewilders me. I'd be pretty confident to say that quite apart from spending an absolute fortune on lame-duck teams like the Suns, and to a lesser extent Giants, it'd make way more sense to see a true Aussie Rules State like us get a real team at long last. Much of the infrastructure is already here anyway, and the footy culture certainly is. Two great stadiums like Blundstone and Uni Tas Aurora are high standard venues, we're close to Melbourne, and the kids, which is key, grow up only playing Aussie Rules or soccer. Rugby is truly a minor sport here, and will not impact on Aussie Rules like it does in NSW and Queensland. Much of the same argument could be made for the Northern Territory, which also loves Aussie Rules like a religion.

Here's a radical idea, AFL. Before you continue to blow countless millions on flogging that dead horse via Gold Coast and GWS, why not make the game truly national by firing up passionate teams from Tasmania and the Territory, and sending the wasted money to further develop and grow the game in NSW and Queensland, via the Brisbane Lions and Sydney Swans? Everybody wins...I can guarantee that Tasmania and the Territory would make the AFL an even more attractive thing for the whole sport....wouldn't it ?

What do you think?

# Crossword 53.04



### ACROSS

- 1. Roberta \_\_\_ US singer (5)
- 4. Milk container (5)
- 10. Actress, \_\_\_ Strep (5)
- 11. Wash and iron (7)
- 12. *From Here to \_\_\_*, book and film title (8)
- 13. Hairless (4)
- 15. Story in parts (6)
- 17. Ordained minister (6)
- 19. Pop singer, \_\_\_ Kamen (4)
- 20. Specially trained soldier (8)
- 23. Sightseer (7)
- 24. Heather genus (5)
- 25. Dessert (5)
- 26. Chamfered edge (5)

### DOWN

- 2. Peter \_\_\_ , hooded-eyed US actor (5)
- 3. Year chart (8)
- 5. Drag (4)
- 6. Needless bureaucracy (3,4)
- 7. Mimic (11)
- 8. Popeye's arch enemy! (5)
- 9. Style of jazz (11)
- 14. First showing (8)
- 16. Hermit (7)
- 18. Tall (5)
- 21. Din (5)
- 22. Tablet (4)



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Phone/Fax: (03) 6374 2222

Email: [fingal.oac@education.tas.gov.au](mailto:fingal.oac@education.tas.gov.au)

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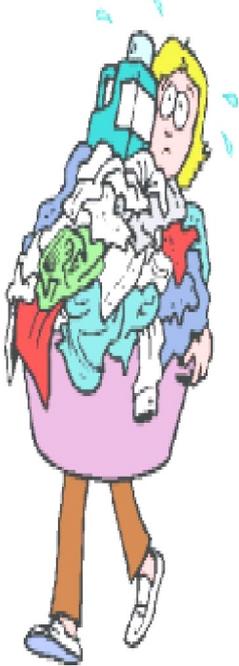
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## NEWS FROM 'WITH ONE VOICE' BREAK O'DAY CHOIR

Before introducing you to our new conductor, we would like to extend our gratitude to the other two candidates who brought to the table a wealth of talent, experience and understanding of the nature and particular needs of a community choir. A heartfelt thanks to them for the work that went into their applications and auditions. It is our great pleasure to announce that Lila Meleisea has been appointed as our new conductor. She has lived locally for nearly 20 years and as a professional has been involved in the arts, education and health sectors. This, together with work in her own business, Expressive Art, has given her experience working with a range of age groups and clients with diverse needs. And wait, there's more. She loves community, music, singing and best of all, fun. We are indeed very lucky to have her as our conductor.

Come and join the fun. Whatever your age, experience or abilities, if you want to "feel good, do good and sing for good", you are very welcome.

We meet at the Scamander Sports Complex Tuesdays at 5.15 - 6.30pm, resuming after the Easter break on Tuesday 27th April. For more information contact Liz on 0439 001 533.



# PYENGANA EASTER CARNIVAL

**SATURDAY 3<sup>RD</sup> APRIL & SUNDAY 4<sup>TH</sup> APRIL 2021**



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BBQ AND REFRESHMENTS  
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SHEEP DOG TRIALS  
MARKET STALLS  
HONEY STALL  
BLACKSMITH DISPLAY  
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Event is run under COVID 19 rules and regulations. If unwell  
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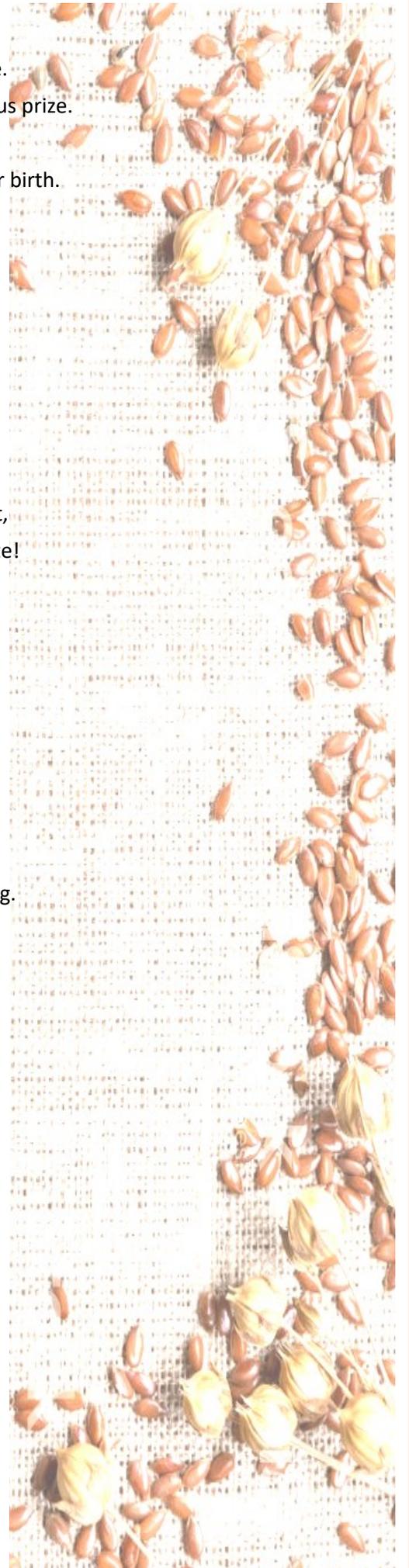
SIGN IN AT THE GATE IS COMPULSORY  
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 But they produce intrinsic beauty that is magnificent.  
 They appear to be lifeless in their dried, dormant state,  
 But their extreme universal importance none can estimate.  
 For they are the providers of all the food we enjoy every day,  
 Their 'offspring' in our gardens, farms and forests is on constant display.  
 Masters in transportation techniques, they get where they need to go,  
 Geniuses is adaptation, they find the right place to flourish and grow.  
 They are not restrained by searing temperatures, snow, darkness or light,  
 For GOD has equipped them with energy and power superior to dynamite!  
 So what are these treasured gifts all living things desperately need?  
 These humble, amazing small miracles are what we call SEED!

We enjoy this time of year with all our Easter celebration,  
 But look at the real Easter message and the SEED association.  
 Jesus said a grain of wheat must fall and be buried in the ground,  
 Where it can sprout, then bear fruit, so that many grains are found.  
 Every seed must 'die' before it can produce a wonderous living thing,  
 The 'dead' seed of Winter is transformed to life with the coming of Spring.  
 Jesus said He must endure death on a cruel Roman cross,  
 But what appeared as being dead would not remain a loss,  
 For He would be resurrected from His dark, forlorn tomb grave,  
 This resurrection power gave Him the eternal power to save.  
 He defeated death so that our victory 'sprouting' could begin,  
 He restored our separation from God—the thing known as sin.  
 Thus we are not longer dormant, 'dead' seed buried in the ground,  
 But living 'plants' spreading God's peace, joy and love around.  
 We are now dead to 'self', and living the giving Jesus' way,  
 Empowered to make the world a better place by what we do and say.  
 So let us pause and give thanks to Jesus - God's risen Son  
 And make this a fruitful time - this Easter of twenty-twenty one.

Beverley Rubenach, Gray



## HELPING TASMANIA'S WILD FISHING INDUSTRY 'STAY AFLOAT'

The Tasmanian Government is continuing to support our world class wild fishing industry and we remain committed to helping it through the challenging times caused by COVID-19 and other global market access restrictions.



*Julian Harrington, Tasmanian Seafood Industry Council CEO, and Minister for Primary Industries and Water, Guy Barnett.*

Last week we announced a further \$663,000 in fee relief for rock lobster and other commercial wild fishers, with the new funding building on the comprehensive \$5.5 million support package provided to the fisheries sector in 2020. However, we acknowledge more support is needed and that's why I am proud that our Government is providing \$360,000 over the next three years to fund for the 'Stay Afloat' Mental Health Program.

Stay Afloat is a seafood industry/Rural Alive and Well partnership supporting the health and wellbeing of those operating in and connected to the Tasmanian seafood industry. A key component of the Stay Afloat program is the Stay Afloat Reach Out – Response for Recovery Coordinator, an employee within Rural Alive and Well. The Stay Afloat Reach Out Coordinator works with individuals, families and communities to build resilience and capacity to react to challenging life experiences.

The free and confidential service is a hands-on role, which aims to connect with people and provide ongoing practical support and, when required, referral to other services. The service is available when and where the help is needed – and can be on a fishing boat, the wharf or at a marine farm.

With the current COVID and international market distributions, the seafood industry continues to do it tough, especially the rock lobster fishery, and Stay Afloat is there to help our fishers. Our Government will continue to work with the industry to consider ways of supporting it through these challenging times.

Anyone in the fisheries industry who would like support through this service can call 1300HELPMATE or go to <https://www.rawtas.com.au/referral-form>



*(Information and photographs supplied by Guy Barnett, Minister for Primary Industries and Water)*

## St Marys Op Shop Autumn & Winter 2021

From 5<sup>th</sup> April until 3<sup>rd</sup> October 2021

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### First Saturday of each Month

10:00am - 1:00pm

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## Bicheno Easter Twilight Market

Saturday 3<sup>rd</sup> April 3pm – 7pm

At the Lions Park in Bicheno

Sausage sizzle, hamburgers, Hot food

Beer, wine & cocktails

Various stalls

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Live music from Nic, Kate and Eliza

Come and enjoy the relaxed atmosphere, browse the market stalls, eat, drink and mingle with family and friends.

Easter Bunny will be arriving at about 4.30pm





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**ST MARYS:** 2<sup>nd</sup> & 4<sup>th</sup> Sunday 9.00am 3<sup>rd</sup> & 5<sup>th</sup> Sunday 11.00am

**BICHENO:** 1<sup>st</sup>, 3<sup>rd</sup> & 5<sup>th</sup> Sunday 9.00am

**FINGAL:** 1<sup>st</sup> Sunday 11.30am

**Parish Administrator:**

Fr. Norbert Z Ochoa 0437 324 227

fr.bitz51@gmail.com

**WEEKDAY MASS:**

**ST MARYS:** Tuesday, Wednesday, Friday 10.00am.

**ST HELENS:** Thursday 10.00am

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***ANGLICAN CHURCH***

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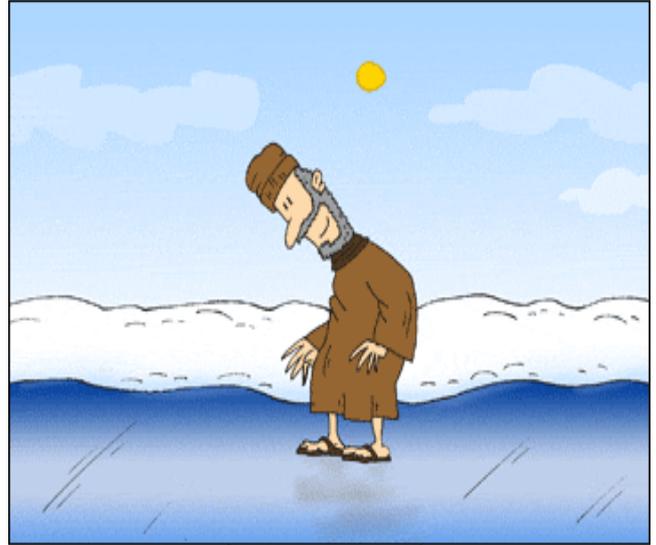


**WINNERS of CATHOLIC CHURCH RAFFLE**

- 1<sup>st</sup> Prize: Gladys Rushton
- 2<sup>nd</sup> Prize: Sam Bailey
- 3<sup>rd</sup> Prize: Val McDonald

A huge thank you to all who purchased tickets or gave a donation.

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Thanks to Ondrej Paska (See Matthew 14:24-33) 01-04-2008

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Break o' Day/Bicheno Suicide Prevention Trial

**Catholic Parish Easter Services.**

HOLY THURSDAY:

- St Marys: 4.00pm
- St Helens: 6.00pm

GOOD FRIDAY:

- St Marys: 10.00am (Stations of the Cross)
- St Helens: 3.00pm

EASTER VIGIL:

- St Helens: 3.00pm

EASTER SUNDAY:

- Bicheno: 9.00am

**BREAK O'DAY ANGLICAN CHURCH - EASTER SERVICES**

**ST HELENS**

Thursday 1st April	7.00pm	Lord's Supper
Good Friday 2 <sup>nd</sup> April	9.30am	Reflection
Easter Day 4 <sup>th</sup> April	6.00am	Binalong Bay
	9.30am	Family Communion

**ST MARYS**

Good Friday 2 <sup>nd</sup> April	9.30am	Reflection
Easter Day 4 <sup>th</sup> April	10.00am	Family Communion

**EASTER SERVICES**

**UNITING CHURCH**



Fingal Uniting Church invite you to join in celebrating Easter.

Tenebrae Service - Thursday 1st April, 7.00pm

Resurrection Service - Sunday 4th April, 11.15am

Everyone is very welcome!

Corner Grant Street and Seymour Street, FINGAL

Regular Services:

1st and 3rd Sunday of month: 10.00am

2nd and 4th Sunday of month: 11.15am

For further information, contact Joan on 0458 598 870.

# St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215

Phone: 6387 5555

## 'STOP' DO YOU NEED TO ENTER THE HOSPITAL?

**COVID RULES STILL APPLY– If unsure phone ahead on 6387 5555**

- Due to COVID-19 the St Marys Health Centre is required to do a health check of **ALL** persons entering the site. On arrival at the Centre you will need to press the intercom bell at the entry door where a staff member will come and do a health assessment on you before entering the building.
- If you need some medical advice, please ring reception for an appointment. Appointments will be either by telephone or by face-to-face, depending on the situation. Please discuss this with the reception staff when making an appointment.
- Hand sanitiser is located in all areas of the Health Centre - *Please use it on entering and leaving the building.*
- Pathology – bloods or those who have scheduled GP appointments are still able to come to have these services.
- Currently inpatient visiting hours are 2:00pm–6:00pm with a maximum of 1 visitor per visit.
- If you have an emergency dial '000' for assistance.
- What's on at the Centre – please check with your health professional as some suspended services have recommenced. Some phone consultations may still be necessary.

- There continues to be changes to the seating in the reception area to ensure the public maintain adequate social distancing (1.5 metres).

### PRESCRIPTIONS FOR MEDICATION

Friendly reminder... if you have regular scripts please make sure you are booked in to see your GP before your script has run out.

If you require the renewal of a prescription/s please contact reception on 6387 5555. Appointments can be made in advance. Please discuss with our reception staff.

A GP appointment is still needed for a telephone script/s

Please check your repeats when you get your script from the pharmacy, and if it is your last repeat make an appointment with you GP then, not when your medication runs out. Scripts can then be faxed to the Pharmacy and collected from there.

### COVID VACCINATION

Australia's COVID-19 vaccines will become available in phases. If you are a patient at the St Marys Community Health Centre you will be contacted for an appointment as vaccines become available. Roll-out is due to commence in April 2021. Please keep updated at [www.health.gov.au](http://www.health.gov.au)

### DOCTORS ROSTER

A Doctor's appointment is needed to see our GP's. It is not a drop in clinic.

**Waiting periods to see your doctor may be experienced, please be patient.**

Dr C. Latt

1/4/2021– 16/4/2021

### EASTER PUBLIC HOLIDAY DATES

Please see next page for Public Holiday details.

INR tests require a 5 minute doctors consultation– please inform reception when booking.

The waiting area for **all services** at the St Mary Community Health Centre is in the reception.

Please report to reception upon arrival or we don't know you are here. The consultant you are here to see will be told and they will come and collect you from the reception area.

# St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215

Phone: 6387 5555

## PUBLIC HOLIDAY

Friday 2 April – Good Friday

Monday 5 April – Easter Monday

Tuesday 6 April– Easter Tuesday

Normal Doctor Surgery hours will resume the day after the public holiday – Wednesday 7 April 2021. Please refer to the After Hours contact numbers for during this time.

## Emergency 000

GP Assist 1800 780 011

Ambulance 1800 008 008 non emergency

Lifeline 131 114

St Marys Community Health Centre

6387 5555

If possible please ring before presenting  
after hours 6387 5555

## CTST-Community Transport Services Tasmania

Phone: 1800 781 033 for bookings

## **St Marys General Practice reminder**

Dr Latt wishes to remind the community of the following exceptions to bulk billing at the St Marys Community Health Centre.

The below are NOT covered by Medicare, and may incur cost. Please discuss this with reception when making your appointment. If you have any concerns, please contact us and we will try and address them.

- ◆ Driving licence renewals
- ◆ Requested medical reports
- ◆ Insurance medicals
- ◆ Harness medicals
- ◆ Pre-employment checks

## Non-attendance of Doctor's Appointments

Please be aware there is a

Non-attendance policy at this Practice.

If you miss 3 appointments you will be sent an account. If you miss a 4th appointment you may be referred to another Medical Practice.

Due to demand non-urgent doctor's appointments need to be booked at least **2 weeks in advance**.

Waiting periods can apply.

## PATHOLOGY- FASTING BLOODS

No food or anything to drink other than water **for a minimum of 12 hours prior to having bloods taken.**

***You can still take morning medications.***

If you require bloods to be taken prior to 8:30am, please ring 6387 5555 at least 24 hours before to make an appointment with Nursing Staff.

## NON-URGENT BLOODS

If you require non-urgent bloods to be taken, please present at the nurse's station between

**8:30am until 12 midday Monday-Friday.**

If unable to attend during these times, please contact St Marys Community Health Centre on 6387 5555 at least 24 hours before to make an appointment with the nursing staff.

## GP Surgery Hours: Monday - Friday

**8:50am - 10:00am**

(10:00am-10:30am reception closed)

**10:30am - 12.30pm**

(1:00 pm- 1:30pm reception closed)

**1:30pm - 3:00pm**

(3:00 pm- 3:30pm Reception closed)

**3:00pm - 4:30pm**

## AUTOMATED ELECTRIC DEFIBRILLATORS

### Binalong Bay

Outside wall of toilet block, main beach carpark, Main Road, Binalong Bay.

### St Helens District High School

In the swimming pool enclosure, available during pool hours.

### St Helens Supa IGA

Wall mounted inside the foyer, available during open hours.

### St Helens Football Club

Located inside the club rooms.

### Scamander Sports Complex

On the wall just inside the dining room doors.

### Falmouth Community Centre - 24hr access

Wall mounted outside Morrison St entrance.

### St Marys District High School

In the swimming pool enclosure, available during pool hours.

### Fingal Valley Neighbourhood House - 24hr access

On the wall outside the front door.

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## EMERGENCY RELIEF

### NORTHERN TASMANIA

Emergency relief providers help people in times of financial crisis. Assistance includes: food, transport; chemist vouchers; part-payment of utility bills; clothing; and budgeting support.

Emergency relief providers also link people to other services, to help address the reasons for a financial crisis.

**Emergency Relief organisations provide services directly to regional communities. It is not necessary to travel into Hobart for support.**

Please contact an organisation for advice and assistance.

<p><b>Launceston City Mission</b> <b>(03) 6335 3000</b> <a href="http://www.citymission.org.au">www.citymission.org.au</a></p>	<p><b>Launceston Benevolent Society</b> <b>(03) 6344 4213</b> <a href="http://www.lbs.org.au">www.lbs.org.au</a></p>
<p><b>The Salvation Army Tasmania</b> <b>(03) 6323 7500</b> <a href="http://www.salvationarmy.org.au">www.salvationarmy.org.au</a></p>	<p><b>St Vincent De Paul Society</b> <b>(03) 6326 5551</b> <a href="http://www.vinnies.org.au">www.vinnies.org.au</a></p>
<p><b>The Helping Hand Association</b> <b>(03) 6391 2498</b> <a href="http://www.findheltas.helping.hand">www.findheltas.helping.hand</a></p>	<p><b>CatholicCare Victoria Tasmania</b> <b>1800 819 447 or (03) 6332 0600</b> <a href="http://www.catholiccaretas.org.au">www.catholiccaretas.org.au</a></p>

### FINANCIAL COUNSELLING SUPPORT

If you or someone you know requires financial counselling support:

#### National Debt Helpline

**1800 007 007**

[www.ndh.org.au](http://www.ndh.org.au)

#### Gambling Helpline

**1800 858 858**

[www.gamblinghelponline.org.au](http://www.gamblinghelponline.org.au)

[www.anglicare-tas.org.au/financial-counselling](http://www.anglicare-tas.org.au/financial-counselling)

#### Housing Connect

**1800 800 588**

[www.communities.tas.gov.au/housing/housing-connect](http://www.communities.tas.gov.au/housing/housing-connect)

A one-stop shop for all your housing and support needs.

## HELPLINES & INFORMATION

**In all emergencies call the Police 000 line**

**Tasmanian Government Family Violence Response and Referral Line**

**1800 633 937**

**1800RESPECT**

**1800737732**

[www.1800respect.org.au](http://www.1800respect.org.au)

**Mensline Australia**

**1300 78 99 78**

[www.mensline.org.au](http://www.mensline.org.au)

**A Tasmanian Lifeline**

**1800 98 44 34**

[taslifeline@lifelinetasmania.org.au](mailto:taslifeline@lifelinetasmania.org.au)

**Kids Helpline**

**1800 551 800**

[www.kidshelpline.com.au](http://www.kidshelpline.com.au)

**Lifeline**

**131 114**

[www.lifeline.org.au](http://www.lifeline.org.au)

**Beyond Blue**

**1800 512 348**

[www.beyondblue.org.au](http://www.beyondblue.org.au)

**Carer Gateway**

**1800 422 737**

<https://www.carergateway.gov.au/>

If you or someone you know is a carer

**Disability Information Helpline**

**1800 643 787**

[www.dss.gov.au/disabilityhelp](http://www.dss.gov.au/disabilityhelp)

If you or someone you know has a disability

**Older Australians and Carers COVID-19 Support Line**

**1800 171 866**

Older people and their carers are encouraged to call

**Tasmania Public Health Hotline**

**1800 671 738**

[www.coronavirus.tas.gov.au](http://www.coronavirus.tas.gov.au)

For the latest information about the coronavirus (COVID-19) in Tasmania

**Find Help Tas**

A central online directory of community services across Tasmania.

Supported by TasCOSS and member organisations

[www.findheltas.org.au](http://www.findheltas.org.au)

**National Coronavirus Helpline**

**1800 020 080**

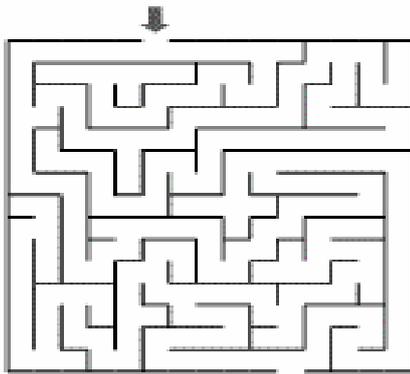
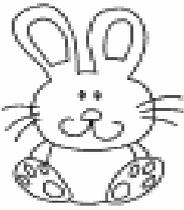
[www.australia.gov.au](http://www.australia.gov.au)

Information on coronavirus (COVID-19) and help with the COVIDSafe app

24 hours a day, seven days a week

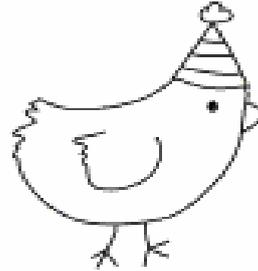
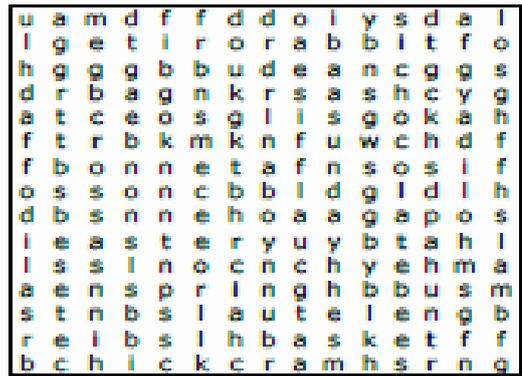
### Easter Bunny Maze

The Easter bunny is lost and hungry. Can you help the bunny back to her home and let her eat?



[www.kidspuzzlesandgames.co.uk](http://www.kidspuzzlesandgames.co.uk)

### Easter Word Search



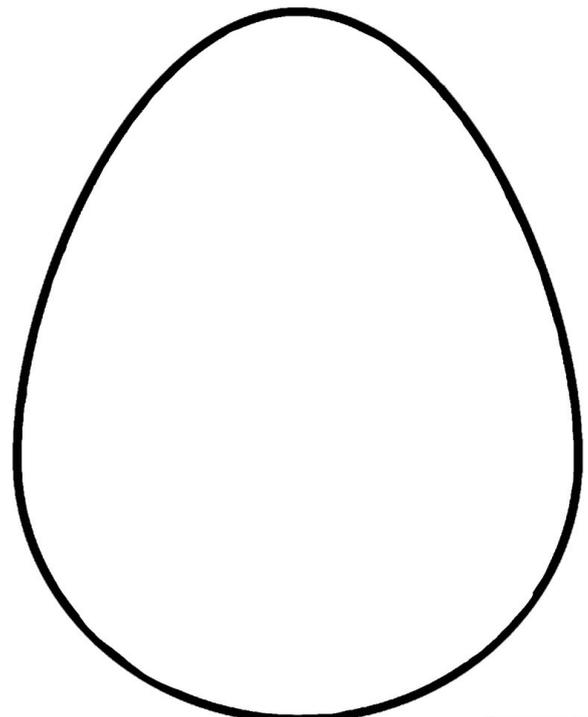
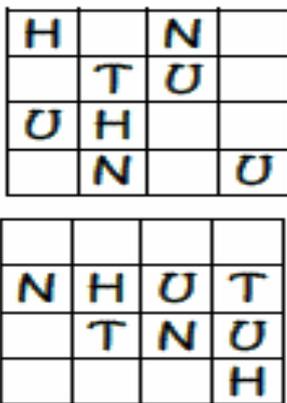
- Easter Eggs
- Basket
- Bonnet
- Spring
- Hunt
- Lamb
- Daffodil
- Bunny Chick
- Chocolate
- Cross
- Sunday
- Rabbit
- Holiday

[www.kidspuzzlesandgames.co.uk](http://www.kidspuzzlesandgames.co.uk)



### Easter "Hunt" Sudoku

Fill in the grid with the letters H U N and T making sure no letter is repeated in each row, each column and within each mini grid.



[www.kidspuzzlesandgames.co.uk](http://www.kidspuzzlesandgames.co.uk)

# ST HELENS PSYCHIC EXPO

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Shayn



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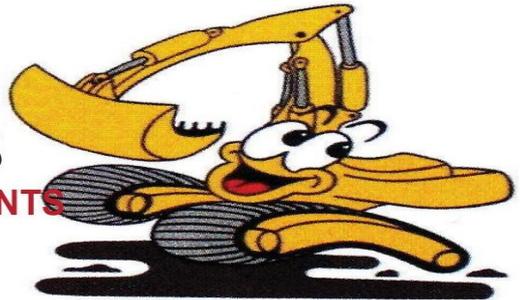
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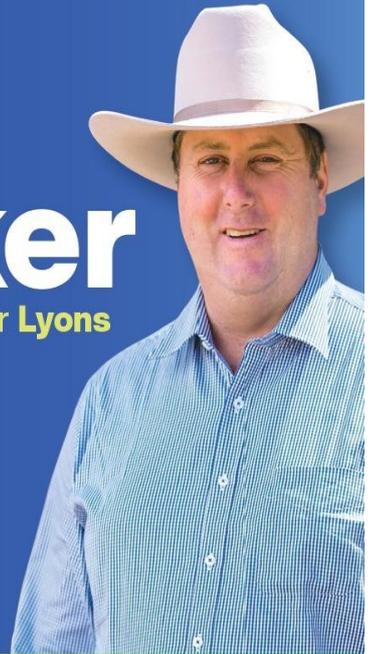
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## FISHING REPORT

### By The Happy Hooker



All the fishing reports have been mostly positive, with some nice species being caught around our region, with Mako sharks to Yellowfin Tuna from the big blue yonder, to King George whiting, trevally, salmon and bream from the east coast estuaries.

Lake Leake was the target on the 26<sup>th</sup> of February, leaving Fingal at 4.30am to arrive before dawn. The weatherman had predicted a calm warm morning, so the expectations were high of finding trout feeding in the morning wind lanes, and nature didn't disappoint, with mostly rainbow trout feeding spasmodically in the calm waters of the morning. All was going to plan until the sun hit the water and the fish went down, around 9.30am. Evidently there was the need to come up with a plan B, so the boat went back on the trailer and down the hill to the Swan River to chase a bream. I've been experimenting chasing bream using Vibe lures, and this was the first time I'd used them in the Swan River. After many cast with no positive results and on the verge of a dummy spit, I ended up with a tangle from the reel. While undoing the mess, with the lure sitting on the bottom, a bream picked the lure up (obviously a pretty dumb fish), but this gave the indication that the fish were sitting on the bottom. So the method was then slow and lots of pauses on the bottom, to end up with six fish for the session before back to Lake Leake for an afternoon session.

On the 7<sup>th</sup> March, Lake Leake was the target with the same game plan as before; Lake Leake in the morning, Swan River mid-morning, then back to the lake for the evening session. We arrived at the lake before sun-up, and met with a slight northerly wind, just strong enough to not allow any wind lanes to develop and the fish hard to read, with only one here and there showing on top. Down the Swan, for no fish touched, scared or seen, so after a few unprintable explanatories, back to the lake. The evening was a lovely calm evening, with a huge insect hatch happening meaning a good morning should be had on the Monday.

Monday 8th March: a lovely warm previous night meant that at the Kalangadoo boat ramp before daylight, the temperature showing on the car was 19 degrees, with lots of moths and insects showing in the car lights, so it was a morning of high anticipation of an exciting fishing session ahead. I was out on the water while still dark and listening to the morning coming to life, while searching for nice little green noses coming out of the surface gulping down their breakfast. The lake's water surface was mill-pond calm, and everywhere you looked were fish "ringing" and feeding on the abundance of insect that had hatched, mated and died during the previous night that were floating on the water's surface. By mid-morning, fish that were working the surface were noted that they were now actually breaking the water's surface with their back dorsal fin, and not taking the insects from the surface, meaning that some fish, especially the rainbows, were in fact feasting on nymphs coming to the surface to hatch. The game plan with these fish I use is to tie on two dry flies and a nymph imitation four inches underneath; nine times out of ten the nymph will get smashed. The fly I use to imitate the Nymph stage is a boring simple fly tied with red thread and a peacock herl head in a very small size hook. The fly is known as a "Buzzer"; to look at this fly you would think that it wouldn't catch a fish, but it is the deadliest fly when used in the right conditions. The nymphs we try to imitate are something like the little mosquito wrigglers you see in stagnant water at times.

Most days you get a few hours of good fishing until the sun hits the water, but this was a day that only happens when you have to work or have no brownie points with the wife. But this was a day off (long weekend) and everything fell into place, the weather being warm, calm and cloudy; a day made by the fishing gods. It would be fair to say that I have been lucky enough to have had some exceptional days of fishing, and this was right up there with the best I'd had for a long time, being able to chase and be continually casting to feeding fish all day from 6am until 3pm, when I had to leave them contented and thankful to be able to have had such a day on the water.

The fishing for trout during the month of April is a time of year when the focus is watching the weather forecast for a cool or frosty morning with a warm calm day to follow. These are the conditions, if nature allows, for flying ants to hatch and the trout will be waiting, so if we get these conditions, keep an eye out for these tiny insects that will hatch and fly in large swarms mainly over hawthorn trees in large numbers, that actually look like black smoke.

Until next time, tight lines.

## EAST COAST SWANS



### SEASON LAUNCH

On 27<sup>th</sup> March, the East Coast Swans held their season launch at their club rooms. It was fantastic to see a passionate group of Swans supporters and players finally gathered once again in readiness for the much-awaited 2021 season. There were a number of recruits presented with their first Swans guernsey which augers well for a successful season. Ruckman Majak Miar was interviewed by coach Gene Savage, and related how his family had witnessed huge violence in their home country of Sudan before finally ending up in Launceston - a fascinating insight into his life as a young boy. First year player Jayden Blunt suggested that he may already be the best player the Blunt family has produced; his grandfather Dean and father Anthony both played for many years with the St Helens club. A number of memorabilia items were successfully auctioned and brought high prices, particularly the Collingwood and Hawthorn limited editions (although who knows why!!!!) - (author bias). A great seafood raffle was won by club stalwart Matthew "Freo" Freeman - well deserved.



*The new recruits receive their guernseys at the season launch.*

### FIRST GAME

The Swans' first game of the season takes place at St Pats on 10<sup>th</sup> April. The two clubs have built up a considerable rivalry, particularly after their two spicy finals clashes in 2019. Although the Saints have lost a couple of key players, they are especially difficult to beat at their fortress, supported by a rather boisterous home crowd. The Swans have never beaten St Pats at their Prospect ground, but an influx of at least 6 new players into their line up suggests that the coast boys will be very close to the mark.

### PLAYER PROFILES

#### Aaron Seen

Aaron has been recruited from the Longford Premier League team. He was the Tigers 'Best and Fairest' in 2019 in a strong side. He is a well-built midfielder who is capable of winning the hard ball, and is a long-kicking left footer. Aaron will be one of the players to watch, and will no doubt slot into a role somewhere in the Swans' midfield.

#### Nathan Worker

"Works" is a bullocking player who only knows one way to play - fiercely. He previously played with the Perth football club, where he was a stand out player. Coach Savage will probably play him in a defensive role, but he may be called on to do some work as a back-up ruckman.

#### Toby Omenihu

Toby has a fantastic sporting pedigree. Coming to Australia as a 2 year old, he has played soccer at a high level in the UK, as well as being a member of the Australian futsal team which competed in Brazil a number of years ago. (He also won the "Balfour Burn" on one occasion!) A great mate of coach Gene Savage, Toby will join his ex-Old Launcestonians team mate, Chae Evans in the midfield. He is a muscular, fit wingman who gives great drive and possesses excellent all-round skills.

Next Edition – Player profiles of some of the young Swans.

**P S - look out for the return of the Mayor of Fingal.....**

*Players are put through their paces at the joint training session.*





## ST MARYS SPORTS CENTRE

By Volun Tier



Welcome to another fortnight at the Centre, with lots going on and lots more to come. In the busy schedule at present, we have seen the last of our Pennant bowls games and the first week of the finals played, the latter a minor miracle given the nearly ten inches of rain that fell last Wednesday and added to on Saturday morning. Probably the highlight of the week were the pair of swans sitting on the last fairway on Lake St Marys on Thursday morning, prompting a change of name to Swan Lake. They nervously flew away as traffic built up around school time. Back to the bowls, we managed to pull off a win last week, in an upset against Scamander, who were at that stage on top of the ladder. Bicheno also took Swansea to the wire in their game, in a week of surprising results, showing that their steady improvement throughout the season will make them hard to beat in the finals. This week, in front of a fantastic crowd of around 40 people, Scamander and underdogs Bicheno took to our rink in the preliminary final, and after 100 ends of bowls, both teams were locked together on the same score, which necessitated a one-end playoff on the four rinks. After that, they were still tied; another one-end playoff resulted in a win to Bicheno, who have not played in a final for many years, let alone won one. Congratulations to them, and all the best in the Grand Final against Swansea on Saturday, 10th April, with the winner going on to represent the East Coast in the Division 4 State Finals in Launceston. Whilst on the day, congratulations must go to our intrepid bowls rink staff and our kitchen caterers for a fantastic day, not only getting things right for the day, but in such trying conditions as well; a credit to you all.

There are several functions coming up, and the details of Feed the Dragon are below; please note that booking close on Monday, 3rd May, so book early for that one, and 'Coops in the Citchen' returns on Saturday 5th June; that poster later. Throughout winter there will be a few meal nights organized, so keep an eye out for them.

The Thursday and Friday night footy fest is going well, and now we have full pay TV sports channels, we can invite everyone over for every game this season to enjoy the bar snacks and enter our tipping competition for \$5.00; nearest the winning margin wins.

**Footy Tipping:** Last week Garry Laycock, this Thursday, Tamatha Grose and Friday, Mark Turner. They are now the hunted.

St. Marys Sports Centre Inc.  
**PRESENTS**  
 A CHINESE MEAL NIGHT  
 PREPARED BY  
**JUN & FENG**  
 SATURDAY 8th MAY 5:30pm  
 AT THE SPORTS CENTRE  
 Entree and Main - \$20  
 Dessert - \$5  
 Choice of 2 entrees, 4 Mains and 2 Desserts  
 PLEASE BOOK YOUR SEAT BY MONDAY 3<sup>rd</sup> MAY  
 Call - Tamatha 0427332085  
 Or Macca - 0457498641  
 Or Jun - 0411186573  
 BUT HURRY AS SEATS ARE LIMITED!!!

**Members Draw:** Last week, Peter Davern, this week Rodney McGiveron. Be there if you want to collect the spoils.

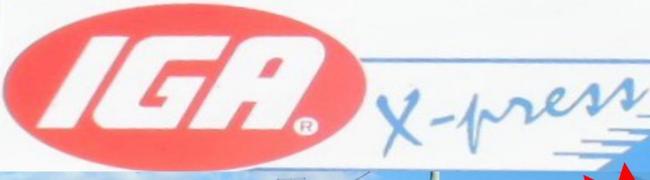
**Golf:** Lovely leisurely stroll and game the week prior, with Peter Sorenson cleaning up the win, and this week, probably more conducive to water polo than golf, but at least the course appreciated the rain. Come along on Sunday at 11.00am and Friday at 3.00pm for a hit, costs just \$5.00 for your golf and a feed.

Until next time, good hitting and rolling.



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| ◆ Hayshed - Fingal                  | ◆ Scamander Supermarket   |
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We apologize for the error in the crossword in issue 53.03. The clues were fine but the crossword grid was wrong. If anybody found a solution to the Crossword, we would suggest you contact The Guinness Book of Records...