

THE VALLEY AND EAST COAST VOICE

Established 1968

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MATHINNA RAISES FUNDS TO KEEP THE CHURCH IN THE COMMUNITY

Organizers of the Mathinna Community Group Fundraiser Music Festival and Family Fun Day, which was held on Saturday 24th April, are very happy that the event was a great success, with enough money being raised for the Mathinna community to purchase St George's Anglican Church, ensuing that is become a meeting place which belongs to the community.

Featuring artists playing bluegrass, alternate Irish and jazz blues, including local artists Col and Jon performing covers of many favourites, the day began at 1.00pm, and finished about 9.00pm. Approximately 150 people attended, coming from near and far, including some who heard about the day when crossing Bass Strait overnight. People also travelled from as far away as Hobart and Launceston, and locals looking for family entertainment also made their way to 'McGaels Run', near Mangana, where the event took place..

"People were so well behaved and kept the property clean and tidy throughout the night," said Colin Francis, one of the organizers. "With food constantly being cooked all night and fire pots burning to ward off the cool of the evening, it surely was a great event, with a perfect setting," he added.

Jodi and Col Francis and their family would like to thank the Mathinna Community for all their help at 'McGaels Run', and look forward to doing this again.

"This looks like it will be at least an annual event," Col concluded.







PRIORITIES MATTER! SECURE JOBS, AND A STRONGER ECONOMY For assistance with all federal matters, please contact Brian Mitchell MP your Federal Member for Lyons • (03) 6263 3721 • Brian.Mitchell.MP@aph.gov.au Authorised by Bran Michell MP (ALP, Tismania) 28 Green Port Road Bridgenator TIAS 1030

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Our pages remain open to fair and honest criticism so that, on all questions, both sides may be presented, but any submissions containing personal attacks/libel/slander will not be accepted.

Kindly do not attack the Editor, the paper or the authors of previous articles.

All articles for submission, including letter to the Editor, must bear the author's full name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only. Letter writers will be given the chance to respond over a suitable period of time.

Subjects may be closed at the Editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The Editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. Whilst we value and welcome community input, the Fingal Valley Neighbourhood House does not provide specific feedback regarding any decision made not to publish a submission.

The Fingal Valley Neighbourhood House reserves the right at all times, without notice, to update, change or amend our guidelines. All information is correct at time of printing.

This newspaper is about the Fingal Valley and the East Coast, and the people who live here. If you have a story you would like to share, or a suggestion for an article or regular column, please contact the Editor. You can show off your literary talents and submit it for consideration, or the Editor can write it for you. Photographs are important too, so try to include them, with some information as to where and when it was taken, what the occasion was, and who is in it. We also like to tell people about our sporting history, and tales of sporting prowess and vanished sporting events are also welcome.

Email me at: valleyvoice@fvnh.org.au Editor, the Valley and East Coast Voice.

COMMUNITY SCOOTER COMP EVENT GOES OFF

Last Sunday at the newly - constructed St Marys Skate Park locals and holidayers alike flocked to the inaugural St Marys Scooter Comp run by local youth collective YCNECT, in conjunction with Sorell-based skate shop Scooter Stop. Simply put, it went off!

With crowds of up to 50 enthusiastic kids and adults braving slightly chilly autumn temperatures to compete and cheer on mates it was, as YCNECT group co-founder Jaben famously said, "Epic, man!"

It kicked off with the under 8s competition in which the next generation of St Marys scooting talent put on a spectacular show. The winners of that comp were, 1st Olly, 2nd Oliver and 3rd Ella. Massive congratulations to them!

That was followed by the excitement machines that are the St Marys under 12 scooter riders. Another great display was put on, everyone showcasing exemplary scooter tricks. Congrats to 1st Connor, 2nd Navarr and 3rd William, in what really was a nail -biter of a scoot off!!

Next up was the under 16s comp, which was taken out by the amazing Izac in 1st place, 2nd going to Jimmy and 3rd taken by Sam, in a very well-rounded performance utilizing most of the park and a skilful array of tail-whips and airs.

Finally was the main event of the day - the seniors (open) division. This was where all the pros really pulled out their top-shelf tricks - I even think I spotted a couple of backflips in there - but after another jaw-dropping display, Pyengana local Jacob took home the chocolates (which was actually a Scooter Stop voucher) with Zyi, Cooper and Jye close on his tail. So great stuff to you all.

The event was co-ordinated by

YCNECT members Alison Potter and Jaben Colledge alongside Scooter Stop representatives Jo, Stu & Ted Palmer, and Jye Moore, who provided the gnarly commentary, and the backflips - so great job to you all. All these guys did a superb job of running the day, providing beats and maintaining a really sick vibe the whole time.

And, of course extra thanks to Bronwyn, Adam, the SES volunteers, the St Marys Youth Collective

Crew, Tanya Greenwood and all other community members and local businesses for their massive efforts in providing sausages and drinks, donating prizes, and for just being great helpers and people.

YCNECT will be hosting a number of more awesome events this year including the exciting upcoming Scam Jam.

So keep your eyes and ears open and come along. You won't regret it!! Yew!!!

(Article written by Louis Langoulant and Xavier Langoulant.)

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OLD TASMANIAN HOTEL FINGAL RESTORATION IS DONE AND DUSTED!

Restoration works to the Old Tasmanian Hotel in Fingal has delivered a vibrant new space for the Fingal Valley Neighbourhood House to conduct its important work within the Fingal community.

Liberal Senator for Tasmania, Claire Chandler, said the project had transformed the former hotel site into a functional space for the Neighbourhood House. "The Fingal Valley Neighbourhood House provides great services and support to the Fingal and surrounding communities, and this project has delivered a fantastic multi-use space for locals," Senator Chandler said. "Restoration works on the two-storey, heritage listed building posed a challenging task, and everyone involved should be proud of the finished project."

Deputy Prime Minister and Minister for Infrastructure, Transport and Regional Development Michael McCormack said the Australian Government's \$500,000 investment in community infrastructure would provide long term benefits to the Fingal Valley region. "In addition to the meeting room, office spaces, waiting room and two bedrooms, this investment also saw the restoration of a history display," the Deputy Prime Minister said. "This upgrade will allow the Fingal Valley Neighbourhood House History group to provide a display showing the history of the local area and surrounding townships, which will prove to be a real boon for the local community."

Mayor of Break O'Day Mick Tucker said the upgraded facility was already having a positive effect on the Fingal community. "The Break O'Day Council is proud to have supported this important community project, which will continue to deliver important services in Fingal and surrounding areas for many years to come," Mayor Mick Tucker said. "The Old Tasmanian Hotel in Fingal has a rich history and it seems fitting that this building is now a community space that the whole community can enjoy once again."

Restoration works included the creation of a meeting room, office spaces, family room, the restoration of the building verandah, and the installation of a bathroom with accessible toilet and shower.

The project received \$500,000 in funding from the Australian Government under the Community Development Grants Programme, and \$210,000 from the Australian Government's Drought Community Program, with the remaining \$134,934 provided by the Break O'Day Council, and \$70,000 was provided by the Fingal Valley Neighbourhood House to complete the project.



Senator Claire Chandler and Break O'Day Mayor Mick Tucker unveil the official plaque, pictured below.





Senator Claire Chandler, Board Chair Coral Brady, and Manager Gary Barnes, outside the restored Fingal Valley Neighbourhood House.

FINGAL VALLEY RESIDENTS REMEMBER THE FALLEN

ANZAC Day was observed in the Fingal Valley last Sunday, with a Dawn Service at St Marys, and regular 11.00am services held at Avoca, Fingal, Mathinna and St Marys. Most services were followed by a traditional gathering to share stories and memories. Organizers were pleased with the turn-out for each service, showing that this tradition is not being diminished by the passing of time.

At AVOCA, a small contingent marched down the Esk Main Road to Boucher



Park, where Spreyton Primary student Torben de Boer read a poem, and his brothers Roelf and Reuben placed a wreath on behalf of Spreyton Primary School. Isabel Reynolds and Dehlana



Phillips placed a wreath on behalf of Campbell Town District High School while Lucy O'Connor placed a wreath on behalf of Scotch Oakburn College. All students either live locally or have strong connections with Avoca. Oliver O'Connor raised the flag at the

service. Two 'Diggers', John Watson from Rossarden, and Graham Carvolth from Avoca, pictured left, paid their respects during the service.

The Anzac Day commemorative service at FINGAL was held at 11am at the Fingal Cenotaph. This year the service was

organised by the Fingal Valley Neighbourhood House, and commenced with a Welcome to Country, led by Gary Barnes, followed by an introduction from Royal Australian Army Veteran Robyn

School students were involved in the Fingal service.

Kossendey-Peterson. The Lord's Prayer was recited by those present who chose to join, and this was followed by an address from Louisa Rhodes. Catherine Bean was unable to be present at the service to give the address and Gary expressed his thanks to Catherine for her contributions through the years at previous Anzac Day services. Mahalia Baldwin provided the attendees with a reading. Gary then invited organisations and individuals to lay wreaths on the Cenotaph. At the conclusion of this, the Ode was recited by all and the Last Post was played. This was followed by a minute's silence, and then the flag was raised by Darren Reed



Councillor Janet Drummond at the Fingal service.

during the playing of the Reveille. The service finished with a rendition of the National Anthem. Gary thanked everyone for attending and invited attendees to join at the Malahide Golf Club for a BBQ.

The service held at the Community Church at Mathinna, was not under the auspices of the RSL, however, it paid tribute to those of the town who, in the past, answered the call to arms, and remembered those who gave their lives for their fellowcountrymen and women.



ST MARYS held a Dawn Service beginning at 6.00am, the time of the original landing at Gallipoli. It included an introduction from Rick Lohrey, and a prayer from Ian Summers. This was followed by an address from Colin McKenzie, recitations by two of the youth from St Marys District School, then the laying of wreath, followed by a rendition of the Last Post. Two minutes of silence was observed at the Dawn Service as a sign of respect and providing a time for reflection, after which a live rendition of 'Reveille' sounded out. The service closed with the national anthem, and at the conclusion, attendees gathered in the St Marys Town Hall for a gunfire breakfast.



laid at Fingal.

A service was also held at 11.00am, and the commemorative services were well attended by young and Some of the wreaths old; the younger generation were present in good numbers and this shows how the youth of our community are wishing to acknowledge and continue the tradition of the Dawn Service.

(Information and photographs supplied by Northern Midlands Mayor Mary Knowles and Break O'Day Councillor Janet Drummond.)

FINGAL VALLEY NEIGHBOURHOOD HOUSE HISTORY GROUP



20 Talbot Street FINGAL 7214 Phone (03) 6374 2344



TASMANIAN HOTEL, FINGAL

The first victualler's license in Fingal was granted to William Allen on 12 August 1844, for a building in Talbot Street, but by March 1845 he had become insolvent, and the 'Highlander Inn' was then leased to Henry Smith for 5 years. In 1851, the licence was transferred to Daniel Pestell.

Daniel Pestell had arrived in Hobart on the ship 'Henry Porcher' on 15th November 1836. He was convicted of stealing one handkerchief worth four shillings at the age of 18 years, and sentenced to 14 years servitude. He received his certificate of freedom on 7th February 1852. In 1840, a daughter, Sarah, was born to Margaret Ellis and Daniel Pestell on the 21st October at Evandale. Daniel then married Margaret, also a convict, in Evandale on the 11th January, 1841 and they had two more children; Harriet born 19th April 1842 in Launceston and Daniel, who was born and died in 1845 at Evandale.

In April 1855, Daniel placed an advertisement in the Cornwall Chronicle, "Wanted - A pair of sawyers, to cut twenty thousand feet of timber for a building, price 10 shillings per 100 at the pit. None need apply except good steady workmen. Daniel Pestell." He then built the Tasmania Hotel on it's present location, and transferred his licence from the 'Highlander Inn' to the new premises in 1856. This is the same year that 'Van Diemans Land' was renamed 'Tasmania' and the same year that gold was discovered at Mangana. The hotel was constructed of stone which had been used to provide a wall around the prison barracks which had been closed in 1846, and by 1858 the property consisted of a hotel where the beer cost 2 shillings per gallon, a brewery with a store, and a blacksmith's shop. Daniel also owned other properties in Fingal.

In 1859 Harriet Pestell married Robert Viney at 'Cullenswood', near St Marys. Robert had taken an interest in the hotel, and Daniel made him the manager of the 'Tasmania Hotel' in 1859. Margaret Pestell died on the 22nd March 1862 at Fingal aged 49 years of Rheumatism and 'Decay of Nature', probably as a result of the deprivations she had suffered in the prison system, and Daniel advertised the lease of the 'Tasmanian Hotel', which was granted to Robert. In 1879, the business was auctioned to pay a mortgage debt incurred by Daniel, and Robert bought it all. Daniel Pestell died of 'dropsy' - oedema - on the 11th of December 1885 aged 67; both Margaret and Daniel are buried at the Anglican Cemetery in Fingal.

In 1884, Robert Viney owned the hotel, which had 21 rooms, a kitchen, a dairy, a laundry and outhouses, including stabling for 20 horses, coach houses, granaries, and a brewery, along with 3 paddocks and 21 acres of cleared land. The brewery consisted of 8 hogshead barrels, a 50-foot-long malt floor with malt kiln, offices and storerooms. Robert Viney died in 1900.

After Robert Viney, there were approximately 10 licensees or owners of the Tasmanian Hotel to 1952. These were William Duncan, who leased from 17 March 1868, John A. Findlay 1892-1898, John T. Wilson 1901, William Cochrane 1915/1916, Samuel Bryden from 12-12-1919, Frederick Walter Evans from 21st December 1927, M. Barber from 6 January 1934, Charles Leslie Williams, whose licence was granted 20 December 1940, Sydney John Wright from 23rd December 1943, and Horace Ormond Fitzgerald 26 December 1946 to 1952, who named the premises 'Fitzgerald's Tasmanian Hotel'. Trading continued into the 1960's, after which it became a private residence, with flats available for rent.





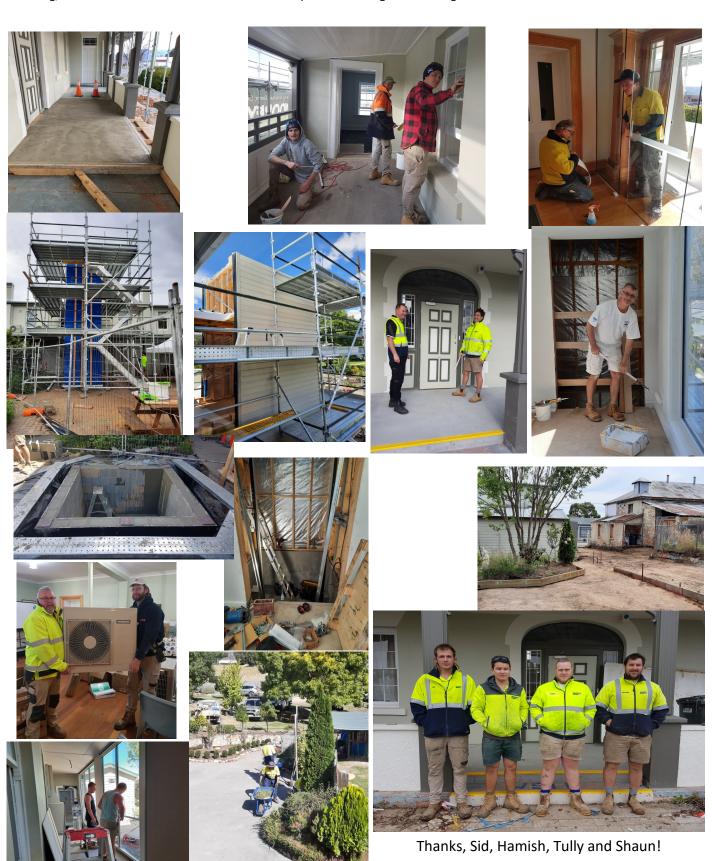


By the mid - 1970's the hotel had been abandoned, until Scott Marshall, with 14 volunteers, began to restore it in 1985. The Premier of Tasmania, Robin Gray, officially launched the Fingal Community Centre on the 8th August 1985, which was funded by the Municipality of Fingal. On the 14th March, 1987 the 'Fingal Valley Neighbourhood House' was officially opened by Warden Robert McKenzie. In 2018, plans were put in motion for the Fingal Valley Neighbourhood House to undergo further renovation, which was badly needed. With many programs running, including the Playcentre, Eating with Friends, Creative Writing, a community library, a hairdresser's service, counselling services, the Fingal Online Access Centre History Group, regular morning teas, Mental Health, Dementia and First Aid training sessions, transport services and food assistance programs, more space was needed to operate. The top floor was totally unable to be utilised. The floors were unsound, many of the walls had started to disintegrate, and the roof and most of the windows leaked, some with holes around them. Possums had made themselves at home, causing stains and unpleasant odours.



The project was funded by a number of sources, including \$500,000 from the Australian Government under the Community Development Grants Programme, and \$210,000 from the Australian Government's Drought Community Program, with the remaining \$134,934 being provided by the Break O'Day Council and \$70,000 from the Fingal Valley Neighbourhood House to complete the project. The building was officially opened on the 15th April, 2021, by Senator Claire Chandler and Break O'Day Mayor Mick Tucker.

As we reflect on the building's past we cannot forget the original builder, Daniel Pestell - an ex-convict who laid the first stone, then went on to become a citizen esteemed by the town. The Fingal Valley community have every right to be proud of this building, which has been restored to its function as a place of making and meeting friends!



		Mon	Tue	Wed	Thu	Fri	Sat	Sun
STAR FM Program Guide	Brekkie	Start your working week	Enjoy your Fruit Loops	I see Stars	Flashback Retro Breakfast	Alphabet Soup	It's the Weekend	Magilla's Speakeasy Jazz until 9.30 followed by
		with Sandsy	with Sandsy	with Sandsy	with The Flash	with Iewels	with Magilla	Magilla's Magic Mix until Noon
	Morning	The Manic Monday Show	Flash in the Flesh	The Fusion Show	Rhythm N' Reggae	Simply 60's	Old and New with "You Know Who"	
		with	with	with	with	with	with	with
Towns of Best Towns of Music Missis	Arvo	Manny Jackster's MUSIC BOX	The Flash DownUnder and "Mood For Foods"	Jonno "Around the World" with your hostess	Big Daddy Davo In the Shed	"Fresh and Fruity	Angelina A dose of Dr Dave	Magilla Star FM's The 80's
		with Jackster and Porsche	with Mary-Anne	The Tone	with ZEDD	with Angelina	with Dr Dave	Zone
	Late Arvo	In the BACKSEAT	2 For Tuesday Request Show	Something Fishy	Let's Drive	"Rock On"	"The No 80's Zone"	with The Tone
		with Astro or IAX	with Shaun	with Fyshy	with Jonno	with Jonno	The Tone	Big Daddy Davo 's
	Evening	Monday Evening	Neville's Country Corner	That 70's Show	Thursday Nights	"Free for All" Friday Night request show	The Party Pit Playlist	Blues Mix
		With	and more with	with	with	with	with	hosted by
		Star FM	Neville	Star FM	Star FM	Manny	Star FM	Dave

DIGITAL DOORKNOCKERS NEEDED FOR SALVOS RED SHIELD APPEAL



The Salvation Army is calling on the local community to volunteer with the annual Red Shield Appeal as they seek to recruit 10,000 'Digital Doorknockers' across the country. Now in its 56th year, The Red Shield Appeal is The Salvos flagship fundraising appeal which aims to raise \$32 million to fund over 2000 centres and services across Australia. In Tasmania, The Salvos are aiming to raise \$200,000 from the community doorknock, shopping centre stands and events, with funds raised locally staying local.

After the devastating impact of COVID-19 in 2020, The Salvos are seeing some of the greatest need in their history, making this year's Red Shield Appeal vitally important. The Salvos need community members to

volunteer for the Red Shield Appeal this May in their local area, where all local funds raised will stay in the community.

"The communities of St Marys, St Helens and the Fingal Valley have always faithfully backed The Salvos, and this year we need people to volunteer and raise funds to ensure that we can continue the work in the community for years to come," says Envoy Melanie Norton. "Last year, through the generous support of the community during the Red Shield Appeal, we were able to support a range of local programs including our outreach to families on the East Coast and emergency accommodation for people when it was needed". Money raised locally this year will help enable funding for emergency accommodation, petrol for travel to major cities for medical appointments and food parcels.

The Salvos are encouraging the community to become 'Digital Doorknockers' by creating an online fundraising page to raise money for their local Salvos. To become a Digital Doorknocker, visit https://digitaldoorknock.salvationarmy.org.au/t/st-marys-east-coast-tas-salvos, create your personalised page and share it with your family, friends and fellow community members. The Salvos are also in need of 20,000 in-person volunteers for this year's Red Shield Appeal to collect in the community. To volunteer in-person, contact your local Salvos on **0409 838 816.**

Last year, The Salvos across Australia provided over 1 million occasions of care to those in need, supported more than 40,000 people experiencing homelessness, distributed 1.5 million meals through our homelessness services, gave over 43,000 occasions of care to those experiencing family and domestic violence, and distributed almost \$100 million worth of financial assistance to people doing it tough.

Envoy Norton says, "The Salvos cannot do what we do without the generosity of the public in our community. If you have the means, please consider donating to the Red Shield Appeal or become a volunteer this year. Your generosity and support will help us to leave no one in need."



To donate or volunteer for The Salvation Army's Red Shield Appeal, or if you need support from The Salvos, visit <u>salvationarmy.org.au</u> or call 13 SALVOS. You can also donate at any Salvos Store.



SCAMANDER GARDEN CLUB



What fun, we had 3 members with special birthdays, so a cake was just the thing for Charlie Smith, Gaye Ellis and Carla Goodsell, to let us help them celebrate their birthday month. Several members were away but we had a good gathering and enjoyed the atmosphere. Newest members had name badges handed out courtesy of the club.

Mark from 'Allans Garden Centre' at Prospect brought a huge selection of all things bright and beautiful. Charlie answered a query about pepino fruit, and said they will have purple stripes when ripe and are nice with ice cream and fruit salad, but he likes to slice them into rings and cook these with meat. They are of the potato family, and are generally small shrubs but may trail at times, and can be planted close together. They are shallow rooted and you can take cuttings and propagate them in a hot house.

Gaye did her demonstration of ideas for what we can use next month, when the arrangement needs to contain Autumn colours. Gaye made use of hydrangea, myrtle, and seeds, covering her container with moss.

I am excited to tell you my husband Steve came first in the floral art. He wanted to make a cradle for the nautilus shell my dad Arthur Pike, had given for the contest. Out to the shed, and back he came the following day with some foam he had coloured to look like coral. The beach did not look sightly so a fossilized rock backed onto it, hiding that part. Flowers flowed over, and with the addition of the statue from Hawaii and a shell necklace, he was set.

The meeting on 17th May will be the club's birthday, which anybody who is interested is invited to attend.



Steven Bogar's winning entry.

SCAMANDER GARDEN CLUB

Scamander Garden Club meets at the Scamander Sports Complex Coach Rd, on third Monday of February - November. Doors open 1pm for 1.30pm start. \$5.00 annual membership from June-May. \$2 per meeting and 50c raffle. Please bring a plate of finger food to share. Monthly judging of flowers, fruit and vegetables. Enquiries contact Peggy Bogar- Secretary 0459 027 306.



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St Marys Tip Shop

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Sunday 2pm - 4pm



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North Ansons Bay Road, ANSONS BAY: OPEN 12 pm - 4 pm Wednesday, 10 am - 4 pm, Sunday and 12 pm - 4 pm on Monday of long weekends.

Tasman Highway, PYENGANA: OPEN 9 am - 12 pm Wednesday, and 2 pm - 5 pm Sunday.

Eagle Street, ST HELENS, includes recycling: OPEN 10 am - 4 pm every day.

Coach Road, SCAMANDER, includes recycling: OPEN 10 am - 4 pm Tuesday and Thursday and 2 pm - 5 pm, Sunday.

Gray Road, ST MARYS, includes recycling: OPEN 10 am - 4 pm Tuesday and Thursday and 2 pm - 5 pm Sunday.

Rossarden Road, FINGAL: OPEN 10 am - 4 pm Tuesday and Thursday and 2 pm - 5 pm Sunday.

Charges apply at all waste transfer station; see sign at entrance.

BLACK WATER DUMP POINTS

St Helens - 117 Tully Street, St Helens

St Marys — Harefield Road, St Marys

Fingal - Talbot Street, Fingal

No charges apply to use black water dump points.



The Say by the "Cage Rattler"



I don't often do this, but this time it's important that I do. This is, of course, a direct follow up to 'Cage Rattler' from the most recent issue - I hope that's okay .

Last Saturday, three intrepid walkers/climbers headed up St Patricks Head. One of us - Ann - had never been up. I hadn't been up for the better part of a decade and Michael hadn't been up since he'd been out of school. This is what we found ...

First of all, it's still bloody amazing and, as it happens, we met up with two incredibly thrilled Western Australian visitors who waxed lyrical about the views they discovered, and a lady from Cressy who was also similarly impressed. Ann is a pretty darn accomplished photographer by the way, and many of her photos from our visit feature on Facebook at the moment.

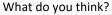
As we kind of expected though, there are parts of the route we ascended and descended on which drew comments like "sketchy" and "dodgy" and "oh dear", with the odd expletive added here and there... We all agreed that 'dangerous' isn't really the issue other than possibly a twisted ankle or cuts and bruises, perhaps, if due care isn't taken, but the <u>real</u> issue is making it easier to secure suitable footing on certain shaley spots and sharp climbs over short distances.

Our visitors also made similar comments to us as we engaged with them. Remember that this isn't a busy time, so it was gratifying to see that at least six people traversed Patty's Head on that day. There may well have been more. It took us about an hour to go up and probably near that to come back down. This was broken up by a decent photo session up on and near the summit, and interacting with the afore mentioned fellow-walkers, who were lovely people. Also, we watched in awe as a rather large wedge tail eagle sailed the up-drafts high above the 683 metre peak and also lower, as it checked us out, no doubt. Just beautiful.

As we descended, - sometimes on our backsides for the two old fogies in places given the angles involved, while Michael was much more mountain goatish and sure footed, - we also all agreed on a few things really needing serious attention, but we'd believe at not great cost, most likely. The main thing is a few places really need a few small posts or ropes to be discreetly added mostly as it happens for descending, to help steady the walker should it be wet. The same would apply in a couple of shale places; the vast majority of the track is not requiring such things. It's just here and there. Secondly, some warning symbols indicating steep inclines etc would help immensely for two or three rapidly changing incline rates. Perhaps also at the start, some larger warning and caution signs. Thirdly, at the actual summit, a narrow boardwalk to allow easy access over the gaps in the boulders and re-establishment of a short ladder or steps to get a proper Fingal Valley view. For some reason, the original ladder has disappeared. Finally, a chainsaw cut-out to eliminate a rather awkward climb over a fallen tree down near where the actual climb begins .

We loved going up on Patty's again, but there are certainly some significant improvement that need to happen, and whether through a State Government agency, Local Government or some grants outlet or volunteer group or combination of all this, an incredible thing to do while in the beautiful Fingal Valley could be made even better. I know there are at least six more people, as of last Saturday, who are enriched by some amazing coastal, floral, fauna and Valley views.

Finally on a second topic....wasn't it wonderful to experience a significant attendance at the ANZAC Day Dawn Service, and no doubt at the later Morning Service. With so many young folk taking a very active and keen role, it's reassuring to know that those who sacrificed so much will never be forgotten... truly, Lest We Forget...







EAST (OAST

VETERINARY

CLINIC

CLINIC OPENING HOURS:

Mon-Fri 9:00 - 5:00 Saturday 9:00 - 2:00 Closed Sunday and public holidays Available for out of hours emergencies all hours

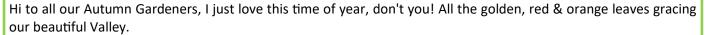
> 67 Quail Street, St Helens Ph 6376 1577



RAINBOWS AND RADISHES







Hello Fellow Gardeners

If you are fortunate to have these leaves in your garden, don't take them to the tip. Mow them up with your lawn clippings & place them on your garden beds. They are wonderful to help keep the weeds under control, and if you have some come through, they are so easy to pull because they are generally only growing in the mulch, so its all-surface weeding,

Time to lift your perennials and divide them if they are getting a bit out of control. I have been dividing my day lilies, and anything that has grown into a clump can generally be lifted safely in Autumn, then you can either pot some on for gifts for your friends or spread the love in your garden and have an even more beautiful array of flowers to enjoy.

Plant your bulbs now; don't forget the beautiful fragrant Freesias, and Hyacinths. If you are after perfumed areas in your garden, 'Hyacinth Carnegie' is a beautiful white one with pale green tips on the flowers as they are opening, 'City of Haarlem' is primrose yellow, 'China Pink' is, as it says, pink, and 'Peter Stuyvesant' is purple, while 'Sky Jacket' is a lilac colour. 'Hollyhock' looks like a miniature version of one, and has fragrant red-pink blooms.

There are a few fragrant Daffodils too, 'Thalia', a pure white being amongst them! All these blooms will give you beautiful colour, a lot of joy looking at them and the most gorgeous perfume you could wish for in your garden. If you do not have a garden, treat yourself to some pots and bulbs. Put them in some good bulb mix and you are on your way.

Don't forget the vegie garden, and plant up a storm with your greens. It's time to plant broccoli, cabbage, carrot, celery, lettuce, parsnip, peas, silver beet, cauliflower English spinach, radishes & beetroot.

Until next time, remember to feed the radishes and don't forget the Irises!



Fragrant Hyacinths come in a variety of colours.

Malahide Golf Club

50th Anniversary Celebrations

Saturday 31st July 2021

Past and present members and visitors welcome
3 Person Ambrose
8.30am for 9.00am Gun Start



\$20 per person entry (includes BBQ Lunch and Afternoon Tea) Enquiries to Andrew Johns - 0427 854 555

Be kind to your mind



Take time to unwind

Q Break O'Day Mental Health Directory

Break O'Day/Bicheno Suicide Prevention Trial

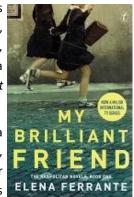


MOUNT ELEPHANT AND BEYOND BOOK GROUP BOOK REVIEW

Written by Pam Bretz

Back around 2012 something of a literary phenomenon occurred. The first of a quartet of novels was published, purportedly written by Elena Ferrante. The books became international best sellers, translated from the Italian by American, Ann Goldstein. They were much talked about at the time, partly because of the mystery surrounding the author's identity. They have also been made into a television series available through the Library. The first of 'The Neopolitan Novels' was 'My Brilliant Friend' and this was our book for the last month.

It begins with a brief Prologue where the narrator, Elena Greco or Lenu, begins to write the story of a friendship dating back to her childhood, now fifty years in the past. Lila Cerullo, her childhood friend, has suddenly, it seems, chosen to disappear and this is the prompt Lenu needs to put down her memories of this intense friendship. This is the story of two girls growing up in a poor part of Naples in the 1950s. The following three novels continue their story into adulthood.



Lenu and Lila are bright, ambitious girls living in a patriarchal, at times violent and very traditional society, where girls are guarded closely to preserve their own and their families' honour, expected to marry young and continue the traditional roles their mothers have had. Passions run high where family honour is concerned and violence is always an undercurrent. Standover tactics in business are common and domestic violence seems to be a given. Poverty is an ever present force to be battled.

Thanks to a very encouraging female teacher, Lenu is able to continue her education to the end of secondary school, very unusual in this neighbourhood, especially for girls. Lila, something of a rebel and equally intelligent, drops out of school at the end of primary school. It seems she is bound to her family's shoemaking business and at 16 marries a promising young business man who can offer security to the family. The wedding ends the novel on a very dramatic and portentous note., More is obviously to follow - three more books, in fact!

Those are the bare bones of the story. The author presents us with what might be termed a forensic study of the relationship between Lila and Lenu and the various families of the neighbourhood. Because we see events only through Lenu's eyes, we the readers never really understand Lila's motivations and behaviour, but are drawn into the story by Lenu's obsessive and minute observations of everyone's actions. And we are drawn in too by the power of the storyteller. At the same time we do get a very detailed account of Lenu's coming-of-age in a very particular environment. Many of us could see parallel experiences in the early Italian migrant communities in Australia, where families often tried to continue some of the traditional ways such as restricting the freedom of girls.

The book was not unanimously enjoyed by the group. Some found it too concerned with the complexities of female friendship, while others recognised the special nature of this particular relationship, and were keen to explore it. It is not a "universal" story but is faithful to a particular time, place and society and so has its own appeal for some readers.



NEED A HOUSE/DOG SITTER THIS WINTER?

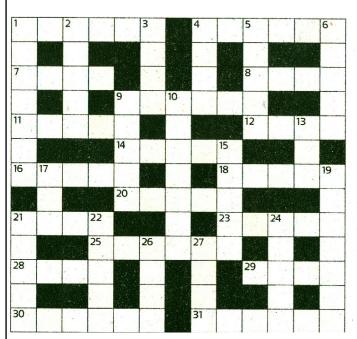


Hi! I'm Diane, and my husband Dave and I are retired '60 Somethings' and live in Howden. We've decided to spend the coming winter exploring some of Tassie's best places and plan to be on the east coast much of the time, chasing the sun! We're also going to be house and dog sitting for several families and may be available to look after YOUR feathered and furred friends, home and garden. We're all set up in a 18' caravan and 4 wheel drive.

We've got plenty of work and character references, are super tidy, love all animals and can be trusted to care for your pets and respect your home.

Here's our number if you'd like to get in touch...0400 821 919

Crossword 53.06



ACROSS

- Journey (6)
- Cricket bat wood (6)
- 7. Idi _ __, Ugandan despot (4)
- 8. Quarter-pint measure (4)
- Dialogue (6)
- 11. Mushrooms, toadstools etc. (5)
- Ribbon (4)
- Hollywood star, ____ Garbo (5)
- Trap (5)
- 18. Country in SE Asia (5)
- 20. Freshwater fish (5)
- Diack ____, Dick Turpin's horse (4) 21 Black
- Form of oxygen (5)
- 25. Fisherman (6)
- 28. New Zealander (4)
- 29. Silage container (4)
- 30. Zhivago, Pasternak novel (6)
- 31. Parlour (6)

DOWN

- 1. Vehicles (7)
- 2. Line up (5)
- 3. Coil (4)
- 4. Donned (4)
- 5. Illumination (5)
- 6. Kim _ _ _, Kids in America singer (5)
- 9. Vision (5)
- 10. Everlasting (7)
- 13. Tennis player, _ Shriver (3)
- 15. Detest (5)
- 17. Beer (3)
- 19. Frightening (7)
- 21. Parched (5)
- 22. Canonised person (5)
- 24. Pungent bulb (5)
- 26. Equipment (4)
- 27. Wickedness (4)



Fingal Online Access Centre

29 Talbot St. Fingal Tasmania 7214

Phone/Fax: (03) 6374 2222 Email:fingal.oac@education.tas.gov.au

The Fingal Online Access Centre is open from 9.00am - 2.00pm daily, adhering to strict conditions of social distancing.

All our normal services are available.

If you have printing or emailing you require, call in and we will assist you.

91 STORIES

Stories tell of who we are and where we have come

Our stories make us who we are today, in this place we call home -Tasmania.

Libraries Tasmania holds a wealth of cultural stories in its care - and these stories are not just the books that our community knows and loves us for, but historical items, artefacts, important happenings, and the documented lives of past Tasmanians.

The home of this collection is the heritage-listed 91 Murray Street building in Hobart. Here, we hold Tasmania's history within three cultural institutions: the State Library of Tasmania, the Tasmanian Archives, and the Allport Library and Museum of Fine Arts.

And, while many of these stories are well told and well known, many are still untold. In 2021, we look to change this through celebrating these cultural institutions and showcasing what they hold.

Our 91 STORIES exhibition will shine a light on some of those stories. And we want the Tasmanian community to be the curator of this exhibition.

We want you to tell us what matters to you from our cultural collections

Find out more on the Libraries Tasmania website





Open - Monday Wednesday Friday 10am - 2pm

Computers & Internet Access Internet access for your device and also one on one training & assistance in a covid safe environm

> 21 Main Street St Marys In the old Escape Cafe 4/1/21 Mob. 0435592664 or just turn up for a booking Limit of people due to social distancing

Thurs: 10am - 12.45pm

Fri: 12.30 - 4pm

LIBRARIES



Free

www.libraries.tas.gov.au



St Marys Library

31 Main Street, St Marys



Opening Hours:

Mon: 12.30 - 4pm

6am-9pm

Tue: 10am - 12.45pm

Wed: 12.30 - 4pm

our e-resources too. It's all free!

anywhere in the state. Check out

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Friends of the St Helens History Room

Invites you to a presentation

on

'GERMAN SETTLERS IN THE FINGAL VALLEY'

by

MICHAEL WATT

я

The Bungalow
St Helens Neighbourhood House
25 Circassian Street,
St Helens

3.30 pm - 4.30 pm on Monday 3rd May 2021

The purpose of this presentation is to introduce participants to a case study on a rural clustered settlement that German immigrants established in the Fingal Valley. The presentation will begin with background information about the methodology and research techniques used in the study. An overview of the study will focus on the local history of the Fingal Valley, and the recruitment and settlement of German immigrants. The presentation will conclude with brief histories on particular German families as a basis to initiate discussion focusing on collecting documents and photographs about the families.



Michael Watt will be available by appointment on Tuesday 4th and Wednesday 5th May 2021 to meet with any other interested persons, families or local historical organisations on this subject.

Please contact

Michael Watt on michaelgwatt@outlook.com.au or Kym Matthews on kym.matthews@bodc.tas.gov.au

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IT'S ALL IN BLACK AND WHITE

The St Helens Bayside Hotel was abuzz as we came from near and far to see George Keri's premier 'Black and White' Photo Exhibition, held on 15-16 April, sponsored by St Helens Neighbourhood House. We were warmly welcomed by George and his family. The room was just the right fit for the photographic displays of many hours, even years, of driving to places and setting up gear at various times of day, and from roads and dirt tracks that possibly only George has travelled. My husband Steve and George are Hungarian-born and Anne, George's wife along with George's father, were from Romania.

George, born in 1937 in Budapest, looked remarkably sprite and instilled a wonderful eye when capturing the moment. A deeply caring mood came out in the photo event, where we were led around and told of each photo or ink work, also a great love of George. There was laughter and catching up with others, and we were given food and drinks.

Both George and my husband lived through the 1956 Hungarian Revolution,

seeing much horror, and George also witnessed World War 2. After the revolution, George and Steven escaped to Austria, but not together. Steve and Peggy Bogar, with George Keri, at With memories imbedded in their psyche, they the "Black and White" exhibition. do their best to let the stress and deep moods



out through beautifying and using talents and enabling them to grow, and George shares his with the public. He draws, paints, builds beautiful features in their garden where Anne works so long and hard too.

George has previously been up the back roads of the Fingal Valley and gives so much to our local history. George called his photography, carving, ink work a spiritual work, even a calling. Endless imagination is a portion of his tool box. Going the extra mile is another, and engaging others in conversation and reflecting on things that matter most like family and helping others. He manages to capture beautiful portraits. Anne answered my query as to whether George

had been stressed by all of this; she replied, "No, but he has worked very hard."

Imagine our surprise when in his cheerful and charitable way after reminiscing with my husband about Hungary and former Hungary, a photo of Romania was secretly left in our porch.

George and Anne moved to Scamander in 1990 and Steve and I moved to a street away in 1999. I think we were meant to meet up.

(Written by Peggy Bogar. Photograph and ink drawing used with permission of George Keri).

www.health.tas.gov.au/cancerscreening



LOOKING FOR A STYLUS FOR THAT RECORD PLAYER IN THE SHED?

If Mike doesn't have it, he can probably get it, along with record cloths and liquids to clean your prized teenage and twenties treasures.

Or are you looking for that poster that used to decorate your bedroom back then?

Call in and say hi to Mike, talk about the classics you really miss, and listen to those bands you haven't heard for all those years. Details below....



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Wednesday, Thursday and Friday; 9.00am to 4.00pm Saturday and Sunday; 10.00am to 2.00pm

Call in and see Mike today.

Alex lives locally in Bicheno and is available to assist clients with all legal matters. Appointments are by arrangement in Swansea, Bicheno, St Marys and St Helens. With nearly 15 years' experience working as a Barrister & Solicitor in Tasmania and Western Australia, Alex is your local lawyer on the East Coast of Tasmania.



Phone: 0407 242 265
Email: alexgrahamlegal@outlook.com



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Many hands make light work. The St Marys School Association Op Shop NEEDS YOU!

Volunteers are needed to take on permanent weekly shifts and/or join the casual volunteer pool.

The shifts are either 3 and a half hours in the morning or afternoon or a full 7-hour day. The casual pool provide relief to the regular volunteers for sickness, appointments etc.

Training is provided, tasks involve front counter work, helping shoppers, daily sorting tasks in store and other assorted tasks. It's quite a busy little Op Shop and usually support is provided by the senior worker on duty at the same time.

If you have some spare time and would like to become part of a friendly team of volunteers please call Janet the co-ordinator to discuss on 0404 562 320.

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Fax: 6374 2393

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ARE YOU A LOCAL BUSINESS? WE WANT TO HEAR FROM YOU!

Twice a year, in winter and summer, we send out a Business Visitation Survey to our local business database.

The Business Visitation Survey asks our local businesses to share with us information about how your business has fared this year compared to the same period last year.

All information is confidential and any reports generated from this information has all identifying factors removed.

The survey takes around 8 minutes to complete but the information that you give us is invaluable.

This information is used by Council to help us make decisions around what we can do to help the business community, what infrastructure may be required as well as helps us measure what influences visitation. We also use this information to support grant funding applications and more.

If you have not yet completed the survey, please scan the QR code below to go straight to the survey link.

All data is collated and uploaded to our website under My Community / Community Consultation. You can find previous survey reports here as well.





www.bodc.tas.gov.au admin@bodc.tas.gov.au 03) 63767900

ST MARYS CATHOLIC PARISH

WEEKEND MASS times.

ST HELENS: Saturday 6.00pm.

ST MARYS: 2nd & 4th Sunday 9.00am 3rd & 5th Sunday 11.00am

BICHENO: 1st, 3rd & 5th Sunday 9.00am

FINGAL: 1st Sunday 11.30am

Parish Administrator:

Fr. Norbert Z Ochoa 0437 324 227

fr.bitz51@gmail.com

Property and Australian and Australian States (Australia

WEEKDAY MASS:

ST MARYS: Tuesday, Wednesday, Friday 10.00am.

ST HELENS: Thursday 10.00am





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 ST HELENS
 88FM

 ST MARYS
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 FINGAL
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TASSIE SEEKERS

Meet fortnightly for readings, discussions talk, etc.

Non-denominational, loosely based on the format of spiritualist meetings.

First and third Tuesday each month at 10.30 am, at St Marys Op-shop.

Free entry. Donations welcome.

Ray 0413 099 944 (Often out of range)

BREAK O'DAY

ANGLICAN CHURCH

SERVICE TIMES

St Helens

St Paul's: 9.30am every Sunday

58 Cecilia Street, St Helens.

St Marys

Holy Trinity: 10.00am every Sunday

13 Main Street, St Marys.

Pyengana

St Michael & All Angels: 7.30pm 4th Sundays only

28007 Tasman Highway, Pyengana.

Enquiries: 6376 1144; or Facebook: anglicanbod

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Corner Grant Street and Seymour Street, FINGAL

Regular Services:

1st and 3rd Sunday of month: 10.00am

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Pasta night every Tuesday

(Bookings preferred for all meals)

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1st May: BROOKE BANDERAS

8th May: BLISS (HOBART-BASED DUO)

YOUR FAMILY-FRIENDLY LOCAL HOTEL

HERITAGE FOOTBALL GAME RETURNS TO PYENGANA

The East Coast Swans annual Heritage Round Pyengana Game is on again, and will be played on Saturday 1st May, at the Pyengana Recreation Grounds.

The East Coast Swans will play Lilydale, with the St Helens team wearing a heritage jumper in the design of the Pioneer/ Gladstone Football Club.

Pioneer/Gladstone last played 41 years ago, having won premierships in 1967, 1976, 1977 and 1978. Many of the players from the glory days will the ground.

This year's game will be the sixth heritage game the East Coast Swans have hosted at Pyengana, with the senior teams competing for the Pyengana Cup, awarded to the winning team on the day.

Along with the reunion opportunity for many of the Pioneer/ Gladstone players, as well as plenty of players and supporters of North East Football communities, the day is packed full of entertainment

Auskickers from Scottsdale and the East Coast will take to the ground at 10.30am followed by the Reserves at 12.00pm. The Senior game will kick off at 2.00pm.

Post-game, there will be plenty of food available, including Roast Pork Rolls, an auction of the Senior Heritage Jumpers, and music by 'Well Strung'.

So come and enjoy another day at a classic country football setting.

NTFA FOOTBALL PYENGANA HOSTS EAST COAST SWANS VERSUS LILYDALE

PYENGANA RECREATION GROUNDS SATURDAY 1ST MAY 2021 KICK OFF AT 10.30am

AUS KICK, SECONDS AND SENIORS



THE SWANS WILL BE HONOURING THE PIONEER FOOTBALL CLUB BY WEARING THE PIONEER-GLADSTONE GUERNSEY. WE INVITE ALL PAST PLAYERS AND SUPPORTERS AND THE PIONEER-GLADSTONE COMMUNITY TO COME ALONG AND SEE THE MAROON & WHITE COLOURS ON THE FIELD AGAIN AT PYENGANA

SPIT ROAST DINNER AFTER THE GAMES

Fires

EVENING EVENTS – MUSIC BY BAND
"WELL STRUNG"
GUERNSEY AUCTION, AWARDS

COVID19 restrictions and regulations apply

St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215

Phone: 6387 5555

'STOP' DO YOU NEED TO ENTER THE HOSPITAL?

COVID RULES STILL APPLY - If unsure phone ahead on 6387 5555

- The St Marys Health Centre is required to do a health check of ALL persons entering the site. On arrival at the Centre you will need to press the intercom bell at the entry door, where a staff member will come and do a health assessment on you before entering the building.
- If you need some medical advice, please ring reception for an appointment. Appointments will be either by telephone or face-to-face, depending on the situation. Please discuss with the reception staff
- Hand sanitiser is located in all areas of the Health Centre - Please use it on entering and leaving the building.
- Pathology bloods or those who have scheduled GP appointments are still able to come to have these services.
- Currently inpatient visiting hours are 2:00pm 6:00pm with a maximum of 1 visitor per visit.
- If you have an emergency dial '000' for assistance.
- There continues to be changes to the seating in the reception area to ensure the public maintain adequate social distancing (1.5 metres).
- A GP appointment is still needed for a telephone script/s.

COVID VACCINATION

Our first COVID Vaccinations for our GP clients is being held on Thursday 29th and Friday 30th April 2021. We are currently vaccinating people in Phase 1b.

Who can be vaccinated under Phase 1b?

People eligible for vaccination under Phase 1b are:

- Healthcare workers currently employed and not included in Phase 1a
- Household contacts of quarantine and border workers
- Critical and high risk workers who are currently employed
 - Elderly people aged 80 and over
 - Elderly people aged 70 and over
- Aboriginal and Torres Strait Islander people aged
 55 years and over
- Adults with an underlying medical condition or significant disability

Patients will be contacted for a COVID-19 vaccination. The AstraZeneca vaccine will be the vaccination used on 29/4 & 30/4.

Please keep updated at www.health.gov.au

DOCTORS ROSTER

A Doctor's appointment is needed to see our GP's. It is not a drop in clinic. Waiting periods to see your doctor may be experienced, please be patient

Dr C. Latt	Dr Bob Newton	Dr Fox
COVID Clinic- 29/4 & 30/4	30/4/2021- 4/5/2021	10/5/2021
3/5/21- 7/5/21		

INR tests require a 5 minute doctors consultation - please inform reception when booking.

The waiting area for *all services* at the St Mary Community Health Centre is in the reception.

Please report to reception upon arrival or we don't know you are here. The consultant you are here to see will be told and they will come and collect you from the reception area.

St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215

Phone: 6387 5555

LOAVES & FISHES FOOD PROGRAM

The St Marys Community Health Centre is a distributor of the **Loaves & Fishes Food Program**. The food parcels are a combination of core fresh produce and other food items.

Food parcels are delivered on a *Thursday.

Criteria to be a recipient of a parcel are:

you are experiencing hardship and hold a current Centrelink Health Care Card or Pension Card.

Give us a call on 6387 5555 for further details about the program or to register.

* Distribution depends on supply of the produce. Please note there are some weeks when there is a supply shortage.

Help protect yourself and others by practising good hand hygiene habits. Hot soapy water and good hand washing techniques are your best defence.

Practise good hygiene and be kind to each other at this time.

PATHOLOGY- FASTING BLOODS

No food or anything to drink other than water for a minimum of 12 hours prior to having bloods taken.

You can still take morning medications.

If you require bloods to be taken prior to 8:30am, please ring 6387 5555 at least 24 hours before to make an appointment with Nursing Staff.

NON-URGENT BLOODS

If you require non-urgent bloods to be taken, please present at the nurse's station between

8:30am until 12 midday Monday-Friday.

If unable to attend during these times, please contact St Marys Community Health Centre on 6387 5555 at least 24 hours before to make an appointment with the nursing staff.

CTST-Community Transport Services Tasmania

Phone: 1800 781 033 for bookings

St Marys General Practice reminder

Dr Latt wishes to remind the community of the following exceptions to bulk billing at the St Marys Community Health Centre.

The below are NOT covered by Medicare, and may incur cost. Please discuss this with reception when making your appointment. If you have any concerns, please contact us and we will try and address them.

- Driving licence renewals
- Requested medical reports
- ♦ Insurance medicals ◆
- Harness medicals
- Pre-employment checks

Non Attendance of Doctor's Appointments

Please be aware there is a

non-attendance policy at this Practice.

If you miss 3 appointments you will be sent an account. If you miss a 4th appointment you may be referred to another Medical Practice.

Due to demand non-urgent doctor's appointments need to be booked at least <u>2 weeks in advance</u>.

Waiting periods can apply.

GP Surgery Hours: Monday - Friday

8:50am- - 10:00am

(10:00am-10:30am reception closed)

10:30am - 12.30pm

(1:00 pm-1:30pm reception closed)

1:30pm - 3:00pm

(3:00 pm-3:30pm Reception closed)

3:00pm - 4:30pm

AUTOMATED ELECTRIC DEFIBRILLATORS

Binalong Bay

Outside wall of toilet block, main beach carpark, Main Road, Binalong Bay.

St Helens District High School

In the swimming pool enclosure, available during pool hours.

St Helens Supa IGA

Wall mounted inside the foyer, available during open hours.

St Helens Football Club

Located inside the club rooms.

Scamander Sports Complex

On the wall just inside the dining room doors.

Falmouth Community Centre - 24hr access

Wall mounted outside Morrison St entrance.

St Marys District High School

In the swimming pool enclosure, available during pool hours.

Fingal Valley Neighbourhood House - 24hr access

On the wall outside the front door.

IN AN EMERGENCY CALL 000

EMERGENCY RELIEF

NORTHERN TASMANIA

Emergency relief providers help people in times of financial crisis. Assistance includes: food, transport; chemist vouchers; part-payment of utility bills; clothing; and budgeting support.

> Emergency relief providers also link people to other services, to help address the reasons for a financial crisis.

Emergency Relief organisations provide services directly to regional communities. It is not necessary to travel into Hobart for support.

Please contact an organisation for advice and assistance.

(03) 6344 4213 www.lbs.org.au			
St Vincent De Paul Society (03) 6326 5551 www.vinnies.org.au			
CatholicCare Victoria Tasmania 1800 819 447 or (03) 6332 0600 www.catholiccaretas.org.au			

FINANCIAL COUNSELLING SUPPORT

If you or someone you know requires financial counselling support:

National Debt Helpline

Lauranatau Citu Milaniau

1800 007 007

www.ndh.org.au

Gambling Helpline 1800 858 858

Laureacton Panavalant Casiatu

www.gamblinghelponline.org.au

www.anglicare-tas.org.au/financial-counselling

Housing Connect

1800 800 588

www.communities.tas.gov.au/housing/housing-connect A one-stop shop for all your housing and support needs.



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In all emergencies call the Police 000 line

Tasmanian Government Family Violence Response and Referral Line 1800 633 937

1800RESPECT

1800737732

www.1800respect.org.au

A Tasmanian Lifeline

1800 98 44 34

taslifeline@lifelinetasmania.org.au

Lifeline

131 114 www.lifeline.org.au Mensline Australia 1300 78 99 78

www.mensline.org.au

Kids Helpline

1800 551 800

www.kidshelpline.com.au

Beyond Blue

1800 512 348

www.beyondblue.org.au

Carer Gateway

1800 422 737

https://www.carergateway.gov.au/ If you or someone you know is a carer

Disability Information Helpline

1800 643 787

www.dss.gov.au/disabilityhelp

If you or someone you know has a disability

Older Australians and Carers COVID-19 Support Line

1800 171 866

Older people and their carers are encouraged to call

Tasmania Public Health Hotline

1800 671 738

www.coronavirus.tas.gov.au

For the latest information about the coronavirus (COVID-19) in Tasmania

Find Help Tas

A central online directory of community services across Tasmania. Supported by TasCOSS and member organisations

www.findhelptas.org.au

National Coronavirus Helpline

1800 020 080

www.australia.gov.au

Information on coronavirus (COVID-19) and help with the COVIDSafe app 24 hours a day, seven days a week



St Helens H4H Walking Group



The first walk in for the month was on Wednesday 3rd March, and took in Dora Point and "Australia Rock" and back. It was very easy walking on a good track with lovely coastal vegetation. Many thanks to Wendy for leading the walk.

On Saturday 6th March, Alex led another amazing walk to St. Patricks Head. The sign said 2hr return but we didn't rush and arrived at the summit with plenty of time to take in the breathtaking 360 degree views before lunch. Thank you so much Alex for carrying what you called a SMALL ladder so we could easily climb the last steep rocky points to get to the top. The photo opportunities were endless and thank you everyone again for being so patient with the photographers in the group.

The activity on Wednesday 10th March was a registered 'Clean-up Australia Day' event, that saw 13 members with 6 trailers and utes ready for action. While Ian, with Jen, Sandy and Margo started a



Alex and his ladder at



thanks Henk and Greta!

smaller site behind Beaumaris before re-joining the group, the rest of us set off for Schiers Track at Upper Scamander. Starting with Hank & Greta's trailer, we filled all six vehicles before emptying them at Scamander Tip, which was opened St Patrick's Head. upon our request by the Break O'Day Council. This rubbish has been there for some years. Other than a few smaller dumps of rubbish, and litter along the highway, the region within

5 km around St Helens and Scamander is now relatively clear of rubbish dumps, due, in large part, to

our efforts in recent years. A 'Mystery Walk' walk held on Wednesday 17th March saw 11 walkers take in the back country around Medea Cove Road led by Henk. Walkers went through paddocks ending up at Flagstaff Creek which was dry, being a localized waterway. This area was explored by walkers heading down various Forestry roads and the E. sieberi forest. Walkers were feted by the hospitality

of Henk and Greta at their place. Group members produced cakes and salads and a hearty lunch was enjoyed by all. Many

Saturday 20th March saw a small group of 8 walkers set out to climb to Cube Rock. We drove to Little Blue Lake, which is situated between South Mt Cameron and Gladstone. We parked and walked down an unused vehicle track, past a water-filled mining hole, through a stand of sheoaks and then, with great balancing, crossed Sapphire Creek. We began the climb upwards



Picturesque Little Blue Lake

through a dry forest of Black Peppermint, Stringy Bark and Wattle Trees. The walk was scattered with mysterious large granite rock formations and beautiful flora. We ascended onto Windy Ridge which is a very large slab of granite on which the amazing Cube Rock sits. Legend has it that Thylacines were commonly seen along this track. We lunched at the top with a light sprinkle of rain and mountain mist and then descended. Alex told us of The Dorset Dredge, a floating tin mine dredge just down the road, so we drove about 300m and walked a short distance along a disused road to The mysterious Cube Rock.



view it. Another amazing treasure in the bush; thanks Alex for another fantastic day out!

Due to the heavy rain expected for Wednesday 24th March, the walk was postponed to Friday 26th March. A lovely, sunny and calm morning greeted just four of us for a walk South from the MTB Hub carpark on Flagstaff Road, over Basin Creek and along forestry tracks through the regenerating ironbark forest that was logged in the 80's. Also known as the 'Two Quarries Walk', we visited both the active and the inactive quarries in the area.

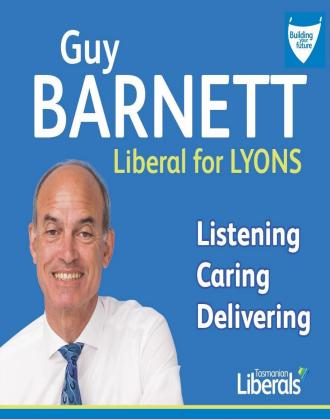
The final walk for March was led by Brian on Wednesday 31st March. It went around the shore of Grants Lagoon starting at Reason Way, including the Binalong Bay beach, then returning to the cars on the same lagoon-side track.

St Helens Walking Group is part of Hub4Health and the Heart Foundation's efforts to encourage walking as a daily exercise to improve and maintain a healthy lifestyle. It's great fun and always refreshing, with as much or as little as you desire in learning and social opportunities. A variety of leaders within the group are very capable of leading each walk on an adventure within the allotted time frame along with providing interesting information and/or walking conditions for the track being taken. Residents and travellers in St Helens and surrounding districts are welcome to join in the walks. Have \$2.00 ready for the driver if you want to car-pool and be at Hub4Health in Portland Ct, St Helens by 8.50am on a Wednesday or on the 3rd Saturday of the month for a longer walk. (\$5.00 for carpooling on Saturday walks). For more information contact Pam Bretz on 0439 547 529 or Alex Buchanan on 0428287753.

These advertisements are paid for by the members, and do not reflect the political views of the Fingal Valley Neighbourhood House, its board or staff.







Authorised by: Guy Barnett, 76 Emu Bay Road, Deloraine Tas 7304

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FISHING REPORT By The Happy Hooker



The fishing reports over the Easter break were encouraging with the fishing all along the East coast beaches and estuaries telling of good catches of different species of fish taken on various methods. Out on the big blue yonder, there have been some good catches of flathead and some elusive tuna for those boaters who are willing to put in the time.

Recreational divers have also had a good time diving for a feed of scallops and crayfish along the coast line.

The trout season closes for brown trout waters on Sunday the 2nd of May, but some good quality fish have been caught from the highland lakes, with some lovely fish taken out of Bronte Lagoon by fishermen trolling lures. The trout will be now feeding hard to prepare for their annual spawning run. The local creeks and rivers all have water running in them from the recent rainfall. The trout will be able to run up these creeks, as their ancestors have done previously, to spawn and replenish the rivers for years to come, after the last few dry years. This year, unfortunately due to COVID -19 restrictions, the annual Liawenee Field Day the Inland fisheries host at the Liawenee Canal has been cancelled. This day shows off the stripping of trout eggs from the brown trout, as they run up the canal to spawn.

FISHING TRIPS

Wednesday the 30th of March; a quick trip was decided late in the afternoon, with the intention to catch a feed of fish for Good Friday's lunch. The surf rods were loaded and off to Four Mile Creek Beach for an evening of fishing and time spent with the family. We fished well after dark without any luck, but when all seemed lost and about to call it quits, one rod buckled over with the thought of a gummy shark on the line. It was very surprising to see a nice sized Trevally slapping up the beach. This was the first time I have caught a Trevally off the beach in many hours of beach fishing over the years; I guess that's what sometimes makes fishing challenging, and you never know what will be caught if you don't have a go.

On Sunday the 3rd and Monday the 4th of April, an overnight trip to Lake Leake was decided on, with the weather prediction of a calm morning on the Monday. Arrived after lunch on the Sunday, and the breeze dropped out around 4.00pm, so the decision was made to head out onto the lake for an evening session. We searched all over the lake, looking for feeding fish and fly life, but unfortunately both were very scarce. We found a calm area in Kalangadoo Bay with a small amount of fly life



A black 'Klinkhammer 'fly.

on the water, so we just sat there hoping for a fish to appear before dark and one did; a rainbow appeared for a late evening snack sucking down the fly life. This fish was working a beat, so the trap of two small black 'Klinkhammer' flies were sent into his feeding path, and like taking lollies off a baby, a green nose happily appeared over the fly, and then all hell broke out; the rainbow put on quite a show, with a few nice jumps before being netted and released for next year. Monday morning, out on the water with great expectation, but after searching all over the lake, a lack of any fly life meant that hardly any fish showed on the surface, and after a bit of a dummy spit, we loaded the boat and headed back home without casting a line for the morning. On leaving, we said our fishing goodbyes to the lake for the season, a season that has been a very productive at the lake this year, a challenging lake where you have to make the fishing technique change with the fish as they change their feeding habits and diets depending what food is on the

table for the particular time of the year.

Friday the 16th of April saw a quick trip down to the Scamander River to see what was going on, after the recent rain resulted in a few bream and cocky salmon caught, but no bigger sized bream were boated; all fish were caught on soft plastics and vibe lures.

Winter is now on our door step and it's time to do those maintenance jobs to our gear; one job that is important is to remove my fly lines that I use for trout and give them a nice clean in warm water and use a mild cleaner then pull them through a clean cloth. For storage, I then loop the fly lines in big loops and hang them up in an old wardrobe for the winter. I find that some fly lines tend to develop a memory if left on a reel for too long time without use, and can result in a line of spirals when used months later.

Until next time, tight lines.



It's important to clean your fly-fishing lines and store in a suitable style and place over the winter break.

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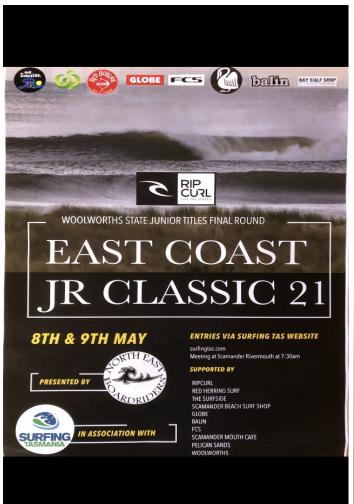
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May 3, 2021

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How do you contact us?

Email: admin@hub4health.org.au

Web: www.hub4health.org.au

Facebook: Hub4Health

Our Aim:

To support and facilitate health and wellbeing programs to rural and remote communities within the Break O'Day Municipality and beyond.

Allied Health Services Available by Telehealth or appointment:

Launceston Chiropractic

Gareth is now visiting St Helens on Wednesdays for appointments at Hub4Health T: 6331 8898

1.03310090

Active4Life Gym Programs

Community gym at St Marys now taking new members. Induction bookings contact admin@hub4health.org.au to start your membership

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www.bayoffiresphysio.com for more details.

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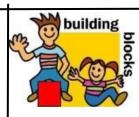
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Play and Learn Together: Free Programs for families and children 0-8 years all welcome

St Marys Library

Read Sing Create! Tuesday fortnightly
11-11.30 am 11th & 25th May, 8th & 22nd June
weekly at St Helens Library 10.30-11.30 am alternate
Tuesdays at Bicheno 10.30-11am

National Simultaneous Story Time session
Falmouth Playgroup 10.30-12.30pm 19th May featuring



Read Sing Create! Promotes the benefits that begin from birth from sharing music, songs rhymes and stories with children. We enjoy and respond to music, parents intrinsically use rocking rhythms and lullabies to soothe and calm babies, toddlers sway, move and clap to musical beats and young children love to repeat their favourite songs over and over.

Children can learn musical elements such as beat, rhythm, pitch, tempo and volume from nursery rhymes and simple songs. We hope to see you and your children at a session soon!

EAST COAST SWANS CLAIM VICTORY IN FIRST HOME GAME OF SEASON

Football was back with a bang on the coast, as a great crowd watched the East Coast Swans take on Perth at the St Helens oval on Saturday 17th April. Magnificent conditions greeted the players as they took to the field, with the Swans eager to consolidate their great start to the season, while Perth were keen to kickstart their own. The Swans' victory set up a much-anticipated encounter with long-time rivals Bridport, at the latter's ground on the 24th April.

FINAL SCORES: East Coast Swans: 21.19 (145) Perth: 1.8 (14)

Swans Goals: Child 4, Zammit 4, Marland 3, Upton 2, Robson 2, Tate, Callow, Seen, Stoltenberg, Mason, Omenihu

Swans Best: Upton, Seen, Goldfinch, Mason, Worker, Robson, Evans

In the **RESERVES** game, the scores were: East Coast Swans: 21.9 (135) Perth: 6.8 (44)

SWANS ON SONG AT BRIDPORT

The East Coast Swans continued their winning form on Saturday 24th April, with an impressive 55 point victory over old rivals Bridport. With ex-AFL player, Brett Staker in their ranks and with the support of a large crowd, the Bridport Seagulls were hoping a home victory would set up a place in the final 5. The Seagulls had no hesitation kicking with a strong wind to the sea end, but it was the unlikely figure of Nathan Worker who put the first on the board for the Swans. Bridport's first came

through the consistent Jarrah Burns, and with Matthew Taylor also hitting the scoreboard, they were able to establish a 1 goal buffer at the first break, although the coaching staff would have been hoping for a much larger lead. Lewis Ritchie switched to full forward for the second term, with immediate effect for the coast boys, kicking his first major. Majak Miar began to dominate the centre ruck contests and received great support from the midfield quartet of Seen, Evans, Goldfinch and Omenihu. Nick Child also kicked majors for the Swans, and they headed to the half time break with a healthy 22 point buffer. The game was decided in the 3rd quarter as the stingy Swans defence held the Seagulls to just one goal, while adding 2 of their own against the wind. It was one-way traffic in the last stanza as the Swans piled on 6 more



Will Stoltenberg going up for the mark in the seniors' game.

unanswered goals. Nick Child led the charge with a total of 4, while the visitors had 9 individual goalkickers in a very even team performance. The win sets up an epic encounter at Pyengana on May 1st, with two undefeated teams going head to head.

FINAL SCORES: East Coast Swans: 15.14 (104) Bridport: 7.7 (49)

SWANS GOALS: N. Child 4, S. Child 2, Seen 2, Ritchie 2, Worker, Tate, Stoltenberg, Calow, Faulkner

SWANS BEST: Goldfinch, Evans, Upton, Miar, Stoltenberg, N. Child, Faulkner, Seen

In the **RESERVES GAME**, the team held on for an incredible, heart stopping victory in the curtain raiser on Saturday. The Swans kicked with the strong wind in the first quarter, but failed to capitalize fully, only holding a 2 goal lead at the first break. Bridport were much more fluent when their turn came to kick with the wind in the second term, booting 5 goals of their own and holding the Swans goalless. The Swans needed a huge 3rd quarter to stay in the game, and nailed 4 goals to grab a meagre



Matt Lovell in action in the Reserves game against Bridport.

2 point lead at the end of the term. Full forward Ned Hyland bagged another 4 goal haul, and he was aided by Brad Goodyer, who was clearly best afield, alongside the evergreen Heath "Zippy" Szczypka who belied his years and starred in the ruck. With Bridport kicking with the wind in the last stanza, the result seemed a formality, but the Seagulls had not bargained on the fitness and perseverance of the youthful Swans' side. The "Bay Boys" were able to kick the first of the quarter and then held on as their opponents kicked an agonizing 6 behinds. A series of towering marks in a row in the final minutes by 3 of the Swans young brigade emphasized the enthusiasm and talent with which coach Kodie Joseph now has to work. A great win.

FINAL SCORES: East Coast Swans: 8.5 (53) Bridport: 6.12 (48)

SWANS GOALS: Hyland 4, Oakenfall 2, Oldham, Davern

SWANS BEST: Goodyer, Szczypka, Lovell, Tate, Chapple, Hyland

NEXT GAMES: 1 May East Coast V Lilydale (at Pyengana): 8 May Evandale V East Coast



ST MARYS SPORTS CENTRE By Volun Tier



Welcome to another week at the club, busy again as the bowls season winds down and the colder weather sets in. Firstly to our club bowls games which have just concluded and congratulations to our winners;

Men's Singles: Ian Johnson, Ladies Singles: Bobby Harwood, Men's Pairs: John Clingo and Karl Balzar, Ladies Pairs: Danni Turner and Tamatha Grose, Mixed Pairs: Mark Carrick and Tamatha Grose.

It has been nice to see so much support as well around the rink, as the club games have evolved, with Peter Le Fevre and Julie Keane travelling from Goshen to watch the games, with at least two of them decided on extra ends. Great bowling everyone, and special thanks to Garry Laycock for putting the draws together, not only for club games but umpiring and doing the same for the East Coast Games as well.

Special mention to one of our club members in lan Johnson, who is not well at present; the club wishes him a speedy recovery so we can see him back at the club and bowling again next season.

Our final bowls commitments are a midweek roll up and feed with the Cremorne Bowls Club on Wednesday 28th April and the Association Dinner with around 40 guests on Saturday, 1st May. Once again the catering crew and support staff called into action. On Saturday 8th May, Jun and Feng will be cooking up a storm at the Centre, with 36 booked already; should be a great evening, so hurry if you want to grab a seat, as we are limited with our numbers.

Coops will be back in the kitchen on 5th June; poster will be in the next issue, always a well-supported evening, due to the popularity of the Chef, so make sure you get in early for that one.

Just a diversion from our usual column, to make mention of the people who continue to drive on the grass horse track early of a morning. With the frosts now getting heavier, surely you can see the damage being done around the grass track, which is also part of our golf course. Our volunteers work so hard to keep the reserve looking nice for all users...

Members Draw: Last week Dean Squires; this week Rodney McGiveron. No collect, you must be there around 8.00pm on Friday night for the draw!

Footy Tipping: Sad to say, the Rugby converts are at it again, Jeff Matters cleaning up both nights last week.

Golf: Steady improvement in numbers saw Gary Maher and Rick Stillman tie on 15 Stableford points from Macca on 13, and Rodney McGiveron and newcomer Rick Hunt on 11. Nice to see Rodney "Topper" McGiveron back and enjoying his golf and all enjoyed the feed afterwards. At present, 11.00am on Sundays, just \$5.00 entry for golf and feed.

Until next time, good hitting and rolling.

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- ♦ Hilly's IGA St Helens
- ♦St Helens Newsagency
- ♦ Scamander Supermarket
- ♦ Mouth Café Scamander
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ISSUE 53.05

ACROSS: 1. Visitor, 5. Plus, 7. Ooze, 8.

Croft, 9. Nave, 10. True, 12. Enhance, 14.

Mallet, 18. Eve, 19. Rinsed, 23. Benefit,

25. Deep, 26. Soda, 27. Ad-lib, 28. Thor,

29. Note, 30. Surgeon

DOWN: 1. Vacuum, 2. Shovel, 3. Tattle,

4.Rogue, 5. Pentagon, 6. Swede, 11. Enter, 13. Cave, 15. Anne, 16. Liberate 17.

Tepid, 20. Impair, 21. Shelve, 22. Durban,

23. Bison, 24. Tears