



THE VALLEY AND EAST COAST VOICE

Established 1968

Edition 53.12 22nd July 2021

Deadline for 53.13 is at 5.00pm on Monday 2nd August 2021

DON'T FORGET TO 'Check In TAS'!

The Tasmanian Liberal Government's number one focus remains the health and safety of Tasmanians, and the use of the 'Check In TAS' app by businesses and their patrons and customers is an important tool to help us keep on top of COVID.

In a recently-released media statement, Minister for Small Business Jane Howlett expressed the State Government's appreciation of the response of the small business community to the need to enable customers to check in upon entering their businesses.

"We are extremely proud of how quickly Tasmanian businesses have adopted the Check In TAS app, including by embracing the QR process," she stated.

From this week, the requirement for Tasmanians to check in, via the Check in Tas app, is being phased in to new venues in Tasmania including retail premises, such as supermarkets, shopping centres and Big Box outlets, as well as accommodation premises, educational settings and aged care locations.

Details on the Check in Tas app and how to register for a QR Code can be found via the Business Tasmania website at www.business.tas.gov.au/coronavirus_information/check_in_tas_app, and the Government expect these businesses to have the new requirement in place by 31 July.

Additionally, anyone aged 16 years and older is now required to check in whenever they enter a premises, not only when they stay for longer than 15 minutes.

Workers who enter their workplace, if their workplace requires the use of Check in TAS, will only need to check in once a day.

"It's important that we do everything we can to keep Tasmanians safe and this includes strengthening our ability to track and trace should a COVID-19 case be detected in Tasmania. I urge any business that needs assistance or support with the Check In TAS app to please contact Business Tasmania at cita@business.tas.gov.au or phone 1800 440 026.," Ms Howlett concluded.

www.checkin.tas.gov.au



ADVERTISEMENT

PRIORITIES MATTER! SECURE JOBS, AND A STRONGER ECONOMY

MITCHELL

For assistance with all federal matters, please contact Brian Mitchell MP your Federal Member for Lyons • (03) 6263 3721 • Brian.Mitchell.MP@aph.gov.au

Authorised by Brian Mitchell MP (ALP, Tasmania) 28 Green Point Road Bridgewater TAS 7030

INSIDE THIS EDITION

Emergency Contacts	2
The Cage Rattler	13
Crossword	17
Hospital	24, 25
Crossword Solution	34

Editor: Elizabeth Death
Email: valleyvoice@fvnh.org.au
Phone: 03 6374 2344 **Website:** www.valleyvoice.com.au
 Facebook.com/ValleyEastCoastVoice
 PO Box 322 Fingal Tasmania 7214
For all account enquiries, please contact:
valleyvoice@fvnh.org.au

ADVERTISING RATES - 2021

Business Card Size ads \$15	1/2 Page ads \$40
Intermediate ads \$18	Full Page ads \$60
1/4 Page ads \$25	Permanent Classified ads \$20 p.a

**Fingal Valley Neighbourhood House
 Valley and East Coast Voice**
Advertising rates for all community groups

Regular articles i.e. news of current activities/events and general information will, at the discretion of the Editor, be carried free of charge. Community group announcements up to 5 lines or business card size are free, anything larger will be charged at 50% of current rates. The decision regarding whether or not an article attracts advertising fees is the Editor's. Groups will be advised of any cost before going to print.

Private community announcements/private classifieds are free for one issue.

Articles for publication may be left at the Fingal Valley Neighbourhood House, St Marys Pharmacy, posted or emailed.

We do not accept responsibility for the accuracy of information provided by contributors.

For online advertising or any other advertising queries, please contact the editor.

valleyvoice@fvnh.org.au
 (03) 6374 2344
 PO Box 322 Fingal Tasmania 7214

Annual posted subscriptions are \$69 and annual online subscriptions are \$20 per year.

24 HOUR EMERGENCY CONTACT NUMBERS

Abuse & Assault Services	1800 737 732
Ambulance, Fire & Police	000
Crime Stoppers	1800 333 000
Digital Mobile Phone Emergency Service	112
Poisons Information	13 1126
SES: Flood & Storm emergencies	13 2500
TasNetworks	13 2004
TasWater	13 6992

Opinions in any letters published are not necessarily those of the Editor, staff or volunteers.

Our pages remain open to fair and honest criticism so that, on all questions, both sides may be presented, but any submissions containing personal attacks/libel/slander will not be accepted.

Kindly do not attack the Editor, the paper or the authors of previous articles.

All articles for submission, including letter to the Editor, must bear the author's full name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only. Letter writers will be given the chance to respond over a suitable period of time.

Subjects may be closed at the Editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The Editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. Whilst we value and welcome community input, the Fingal Valley Neighbourhood House does not provide specific feedback regarding any decision made not to publish a submission.

The Fingal Valley Neighbourhood House reserves the right at all times, without notice, to update, change or amend our guidelines. All information is correct at time of printing.

This newspaper is about the Fingal Valley and the East Coast, and the people who live here. If you have a story you would like to share, or a suggestion for an article or regular column, please contact the Editor. You can show off your literary talents and submit it for consideration, or the Editor can write it for you. Photographs are important too, so try to include them, with some information as to where and when it was taken, what the occasion was, and who is in it. We also like to tell people about our sporting history, and tales of sporting prowess and vanished sporting events are also welcome.

Email me at: valleyvoice@fvnh.org.au
 Elizabeth, editor, The Valley and East Coast Voice.

WE DON'T JUST PLAY WITH WATER!

This issue, we start looking at the role that the Tasmanian Fire Service plays in the lives of small towns, and we hope that some of you readers will consider becoming members of your local fire brigade.

Many people become members of volunteer fire brigades because they want to put something back into the community in which they live, or be able to help in times of emergency. When you join a brigade you become part of a large team who have an important job to do for their community. Those roles include:

- Firefighter
- Radio and Communications
- Personnel Training
- Record Keeping
- Neighbourhood Liaison
- Incident reporting
- Station maintenance
- and Logistics,

but there are other duties that also need to be fulfilled.

People with disabilities are very welcome to join their local fire brigade, and are considered as valuable as those without disabilities. Generally speaking, age is no barrier either, although younger volunteers have sensible limitations! Tasmanian Fire Service is fully inclusive, with all facilities and support being available to all members.

It is not uncommon for whole families to be members of a volunteer brigade, with young people joining as juniors and cadets, and continuing on in their adult life, as Catherine Bean of Fingal has, and Catherine Thomas of Cornwall intends to.

Catherine Bean wanted to join the Fingal Fire Brigade from a young age, as her dad was an officer, and she saw it as a way to do something together with her Dad. As there were quite a few other younger members, she also saw it as a way to connect with them, in a way which would be of benefit to the town, along with training in a wide range of useful skills.

Catherine Thomas's Dad is also a member of the local brigade, along with her brother Michael, and she has grown up with her whole family being involved in the Tasmanian Fire Service. "I was only 2, but I remember the fires in 2006 that devastated the East Coast clearly," she said. "I remember Dad not being home for days on end," she added, "so it can be challenging, both for the firefighter and their family." Catherine sat in during Michael's training, and her age is the only thing that prevents her from attending the fire-ground. Her mum, Ann-Maree, also contributes to the St Marys Fire Brigade. "Sadly, a chronic illness prevents me from being an active fire fighter, yet that doesn't mean that I can't do my bit. I have offered my cleaning services to the Emergency Services building at St Marys, and radio communication and preparing meals for firefighters out on the ground are also important jobs," Ann-Maree said. You also develop other life-skills, such as flexibility, team-work, self-discipline, commitment, tenacity and self-confidence. All these qualities look good on a resume or job application!

Training is a major part of being a member of TFS, and can look daunting, but it is another reason that people join fire brigades. Training is standardized throughout the state, and can be carried across to other fields. "The training is provided by qualified Tasms, and has two types; brigade training, and courses offered by the TFS," Catherine Bean stated.

Brigade training takes place at the local fire station and with the crews in the local area, and enables the brigade members to work together to practise what has been learnt, and to become familiar with all the equipment on the appliances and working together. It is lead by a member of the brigade, and decided on by the members.

Course training happens at a number of facilities, and is conducted by qualified training officers. It is recorded, and is part of your qualifications gained by being a member of the Tasmanian Fire Service. It usually consists of both theory and practical experience, and there is no pressure to undertake training that you feel is beyond you. "The trainers are friendly, and many are also volunteers, so they understand how you may be feeling," Fingal Fire Brigade Chief Richard Gee told me. "If you don't understand something, you just have to ask, and they will go over the details again for you," he added. Like all other Chief Officers, Richard has risen through the ranks, starting out as a fire-fighter, and taking on more responsibility as he was elected through the ranks.

Next issue, we look at the social side of being a member of your local volunteer fire brigade

Check out: <http://www.emergencyvolunteers.tas.gov.au/fire> if you want more information, or call the Brigade Chief listed at the right if you want to talk about joining your local volunteer fire brigade.

YOUR LOCAL BRIGADES	
<u>East Coast:</u>	
Binalong Bay – Matt Gibson	0418 332 717
St Helens – Dale Richards	0491 968 945
Scamander – Michael Aulich	0417 507 239
Falmouth – Shannon Hibberd	0439 615 213
<u>Fingal Valley:</u>	
Avoca – Rob O'Connor	0417 337 241
Fingal – Richard Gee	0419 357 386
Rossarden – Alan Butler	0457 469 185
Mathinna – Robert Parsons	0409 239 415
St Marys – Jason Mc Giveron	0417 101 420



Win a \$500 Gift voucher!

Snap & win!

Enter NRM North's Photo Competition by capturing northern Tasmania's spectacular landscape and species.

Entries close 31 July!

NRMNorth.org.au

Scan me 





FEEDBACK RECORDS TASMANIA

7 Story Street St Marys PHONE 0400 025 799

Highly collectable second-hand records and CDs

All genres - Rock, Pop, Jazz, Blues, Metal, Classical

Albums, singles and boxed sets Posters and prints

Bluetooth Speakers, turntables, amps

Master Audio Technician available to repair hi-fi and stereo

Musical instruments sold on commission

All records inspected and cleaned before sale

OPEN

Tuesday to Saturday: 10.00am to 3.00pm

Sunday and Monday: Closed

Call in and see Mike today.

Grant writing workshop in St Helens



The Tasmanian Community Fund is offering a free grant workshop suitable for first time grant writers and those wishing to gain a few extra tips on how to access grants and other funding.

When: 5-6.30pm, Tuesday 3 August 2021
Where: Portland Memorial Hall, 39 Cecilia Street, St Helens
RSVP: admin@tascomfund.org or 6165 8333 by 1 August 2021




SAFE SPACE PEER SUPPORT

AN OPPORTUNITY TO CHAT AND SHARE INFORMATION WITH OTHER FRIENDS AND FAMILIES OF SOMEONE WITH MENTAL ILL HEALTH (NOT OPEN TO SERVICE PROVIDERS)

ST HELENS

5-6.30PM | 48 CECILIA STREET ST HELENS TAS 7216
 BREAK O'DAY
 EMPLOYMENT CONNECT
 ON THE FIRST TUESDAY OF EACH MONTH

RSVP:
ADMIN@MHFAMILIESFRIENDSTAS.ORG.AU
MHFAMILIESFRIENDSTAS.ORG.AU
 (03) 6228 7448




VIETNAM VETERANS DAY 2021

This year marks 'The 50th Anniversary of the end of Combat Operations by Australian Troops in Vietnam'. Vietnam Veterans Day will be commemorated on Wednesday the 18th of August. The service will commence at 11.00am at the Vietnam Veterans Memorial site at the Cenotaph, in St Helens. If you wish to join Veterans in the march, please form up at Hilly's Supermarket, St Helens at 10.45am.

You are invited to lay a wreath for the fallen during our Remembrance Service.

If the weather is inclement, the Service will be held in the Portland Hall, adjacent to the cenotaph.

For further details, please contact President of the East Coast Branch, Gary Graham on 0409 178 060.



This event will be dependent upon the COVID situation on the day.

MALAHIDE GOLF CLUB CELEBRATES 50 YEARS

Malahide Golf Club is a nine-hole course situated in Tasmania's rural north east at Fingal. The par-72 course is set in beautiful surrounds with grass greens. It follows a gently undulating landscape with few hills. Greens, tees and fairways are carefully watered.

Malahide Golf Club was established on the 'Malahide' estate at Fingal in 1946. There is not a lot known about the original Club. "I do recall a few stories from my grandfather Marv Barnes, a life member of the club, that the course was pretty rough in places, and that the greens had fences around them so the sheep couldn't get on the course", Club Captain Andrew Johns said.

Sometime in the late 1960's, Malahide estate decided that the ground the course was on was too good a pasture to have a golf course on it, so the farm decided to give the golf club the land it is situated on now. At that stage it was swamp and bush. The new course was designed by Peter Toogood, a very accomplished golfer and course designer of the time. "To the best of my knowledge, the Hughes brothers Geoff and Barney, built the course with machines they used to harvest timber, carving the course out of the bush using established gumtrees as key features of the course," Andrew continued.

The clubhouse was moved from its original position by the main white gates of the estate to the position it is in now. "I have been told that in its early days at the new position, you had to walk outside to go the bar," Andrew stated. The course was opened on the 31st July 1971 with much celebration, Peter Toogood hitting the first tee shot on the course.

The club has produced many excellent golfers including Paul Johns, Kim Howe, Errol Lohrey, Tammy Hall, Deidre Panton, Mark Johns and Andrew Johns. The club is run these days by a small dedicated group of volunteers, who do an amazing job to keep the club running with a small membership. Since the local hotel closed, the club has turned into an immensely important part of the community where people can relax with a quiet bevy and talk.

The course is open all year round and bookings are not necessary, with visitors welcome. Men's competition is held on Saturday at 11am and Ladies competition is on Wednesday at 11am. The Clubhouse has a bar and snack facilities. There are barbecue facilities also available

Contact Club Captain, Andrew Johns, on 0427 854 555 if you are interested in playing a round of golf or joining the Malahide Golf Club, a part of the history of Fingal.

Malahide Golf Club

50th Anniversary Celebrations

Saturday 31st July 2021

Past and present members and visitors welcome

3 Person Ambrose

8.30am for 9.00am Gun Start



\$20 per person entry (includes BBQ Lunch and Afternoon Tea)

Enquiries to Andrew Johns - 0427 854 555

BRIDGING THE SCAMANDER - PART 5

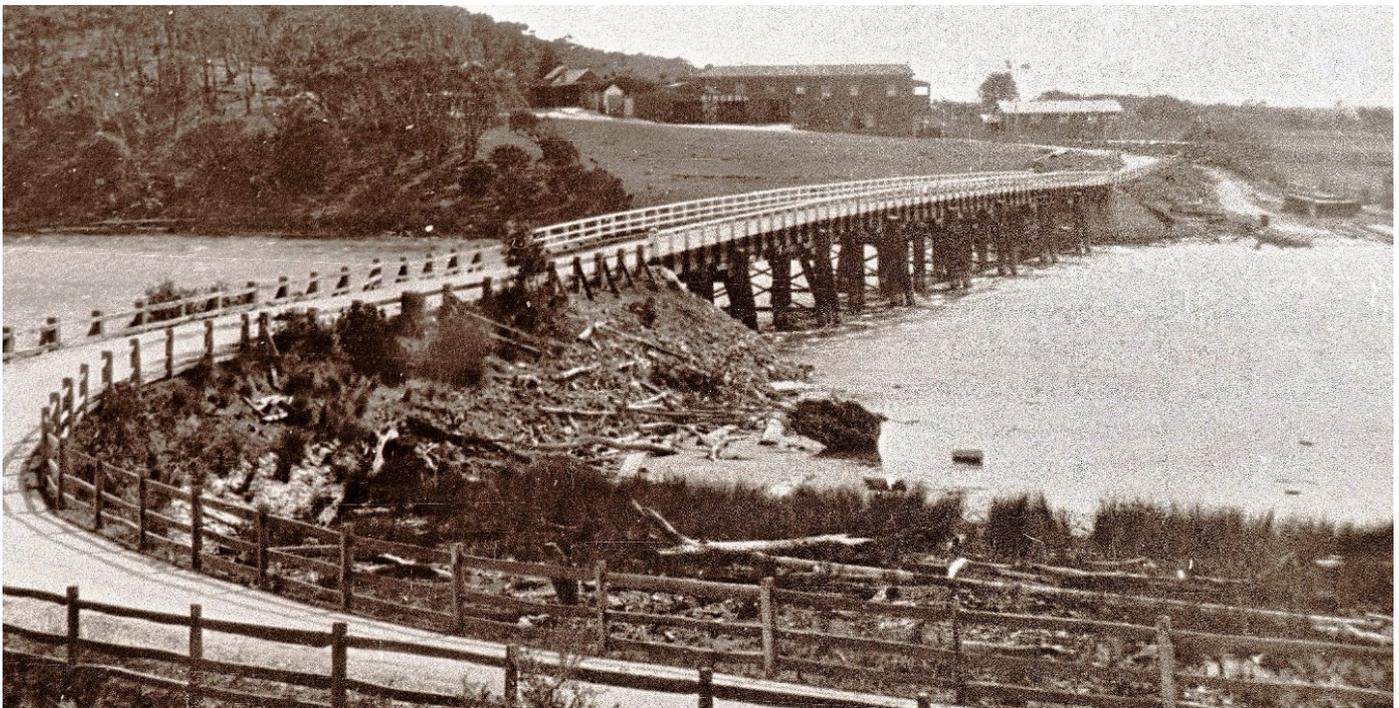
A COSTLY BRIDGE, AND A FLOOD BEYOND ALL RECKONING

Had they realised the hardships that lay ahead, planners would probably have budgeted more carefully in building the sixth bridge. But no one had a crystal ball - despite previous failures, they seemed to 'pull out all stops' for this one.

Nothing local seems to have been good enough. Materials and expertise were brought in from elsewhere, and costs rapidly mounted up. Mr C. Stone was hired to oversee construction. He had built the Ocean pier at Hobart. This 350m long structure, built in 1914 for £114,000, was considered one of the finest deep-water wharves in the world. The Government had such trust in Mr. Stone that he worked without restrictions.

Piers of a rot resistant timber called Turpentine (*Syncarpia glomulifera*) were imported from New South Wales. There would be seven sets of eleven piers each, making 77 in all! The additional costs were huge: the cost of purchasing the timber, shipping from Melbourne, and rail transport to St Marys. Some of the tight corners on the St Marys Pass had to be widened to get them down. For extra protection against the teredo, piers were clad with sheets of copper below the water line, seven tons were needed, and a ton of copper rivets.

Local timber merchants saw this as a vote of no confidence in the local industry. Northeast Tasmania's endemic ironbark (*Eucalyptus sieberi*) had similar properties and was being used for wharves and bridges around the State. They believed that ironbark treated the same way as turpentine would last just as long.



The sixth bridge was a costly structure. Constructed by an expert from Hobart, with piers imported from NSW and coated with copper sheets below the water line. It lasted four years! (St Helens History Room photo)

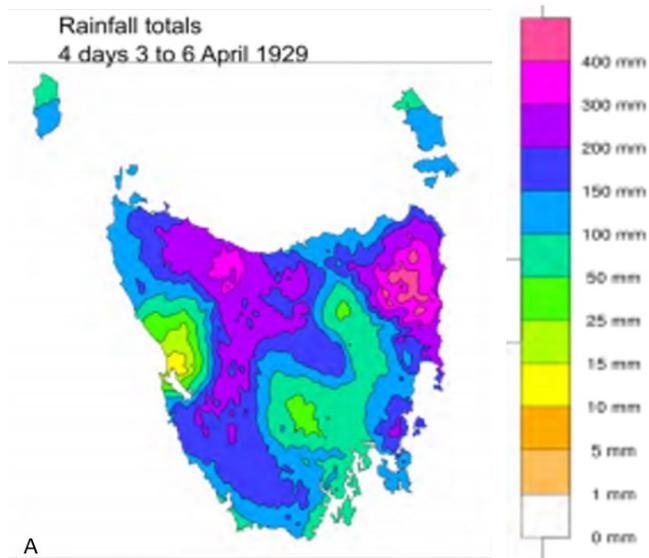
To add strength, the piers were driven 6m into the bed, with the outer ones slanted to resist floodwaters. They were placed 20m apart, to allow timber to pass through wider openings. Part way through the erection of the piers, workmen complained about their condition. A government inspector, Mr. Casboul, found that many piers were badly affected by rot.

Mr Ross-Reynolds (departmental engineer) and Mr. E.O. Rowland (Secretary for Public Works) visited from Hobart to inspect. They determined it was a false alarm. They explained that long turpentine logs often have dark brown colouring in their thinner parts, but this is not rot. The only reason turpentine is used is its resistance to Teredo; it is not really a good timber in other ways. They found that all but three of the piers were sound, those three having probably been damaged on the way down the St Mary's Pass.

'Bridging the Scamander – a most treacherous river' by the author Liese Fearman was published in 2017 in the Tasmanian Historical Research Association's Papers and Proceedings, Vol. 64 August 2017. The newspaper that each piece of information in the story comes from is identified by the name, date and page of the paper in the publication.

With all these expensive measures, the sixth bridge was celebrated as one of the finest structures to have spanned the Scamander River! When it was complete, the residents hauled up the punt, tarred it, and packed it away - hoping never to have to use it again. As readers no doubt expect by now, they would not be so lucky. The sixth bridge would survive only 4 years: from its completion in 1925 until the record 1929 floods.

Three days of heavy rains from Wednesday 3rd to Saturday the 6th of April 1929 brought the most damaging flood Tasmania has experienced in post-colonial times. Rainfall extremes were widely distributed around the state: 500 mm fell in three days at Burnie and 337 mm in 24 hrs at Mathinna. The highest totals were recorded in the high country of the northeast.



The events at Scamander need to be considered in the context of a state-wide disaster.

Thousands were evacuated from their homes in Launceston. Twenty-two people died, fourteen of them in the collapse of the newly built Briseis Dam at Derby, eight in a car going off a bridge into a flooded river. Stock, vehicles, homes, and other buildings were lost. Many rail and road bridges were destroyed – hardly a bridge in northern Tasmania remained intact.

Serious economic impacts were felt around Tasmania. The Great Depression began later that year; recovery took over a decade.

Rainfall distribution for the state-wide extreme flood of 1929 (Bureau of Meteorology)

Witnesses described the Scamander River as a raging torrent. The river was later said to have ‘scoured the banks of trees for miles. Huge masses of timber and debris collected against the bridge; logs were constantly churning around the piers. At 3:40pm, pressure from massed logs seemed to lift the piers and heave the bridge out of the riverbed on the upper side, it began to slope over, creaked, then with a great wash and rending of timbers it split in two and the sections were carried away with a roar’.

A huge island of accumulated debris broke through with the flow. Sand hills, which had almost closed the river, were swept away, leaving a shallow bay ‘filled with eccentric currents.’ In 5 minutes, nothing was left between the shores but foaming water. Most of the bridge was later found lying in the river partly submerged. The larger portion was broken into a V, swept around in a semicircle by the river and forced into the sand, pointing to the sky. The smaller part was washed 90 m downriver.

In the aftermath, mountainous waves dashed on the rocks and beach, piling thousands of tonnes of timber along the shore, even on top of the sand dunes. A heap 2 kilometres long and 10 metres wide stretched south of the river opening towards Falmouth. It included trees up to 12 m in length and 1.2 m thick, logs and beams from the bridge. Hendersons Lagoon and the marshlands behind the dunes south of Scamander were underwater for about 2.5 km. Dunes were covered with foam up to 9 metres deep, extending up to 280 metres inland. Pumpkins grown at Upper Scamander were collected at Glencoe. The floodwaters seem to have flowed behind the dunes along what many believe is the river’s old route. The scene was almost indescribable. Communications were down, and for two days, residents knew nothing of what had occurred elsewhere.

Information about the 1929 flood in Tasmania: Australian Disaster Resilience Knowledge Hub <https://knowledge.aidr.org.au/resources/flood-tasmania-1929/> Tasmanian Flood History, BOM http://www.bom.gov.au/tas/flood/flood_history/flood_history.shtml#yr1920_1929

Launceston Historical Society Inc. <https://launcestonhistory.org.au/history-of-launceston/notable-events-in-launceston/the-flood-of-1929/>

References for the story are in Volume 64 of THRA Papers and proceedings published in August 2017.

TELL US YOUR STORIES OF THE SCAMANDER BRIDGE!

We are still interested in hearing from our readers about any special memories that you have of the bridge which is being demolished! My personal favourite is the time that I was riding in a fire truck, with the lights and siren going, and we made an arrogant mainland driver reverse off the bridge, telling him the rules of the road when we passed him...he had been causing trouble at accommodation we lived next door to, so that was sweet revenge!

Share YOUR story with us; valleyvoice@fvnh.org.au - Elizabeth, Editor.

TASMANIANS URGED TO HAND IN UNWANTED AND UNREGISTERED FIREARMS

To help reduce the number of unwanted, unregistered, or illicit firearms in the community, Crime Stoppers Tasmania is urging Tasmanians to take advantage of a national amnesty and surrender unwanted firearms, without fear of penalty.

“The focus of the national amnesty is to reduce the number of unwanted, unregistered and illicit firearms in the community by encouraging people to do their bit by handing in a firearm so that it doesn’t fall into the wrong hands,” Crime Stoppers Tasmania Chairman David Daniels said in a statement.

“Whether it’s an inherited family heirloom, an old gun left in the back of the shed, received from a friend or family, or a firearm legally registered but no longer needed, they all remain a potential risk to community safety - and an amnesty provides opportunity to safely dispose of a firearm without cost or penalty,” he added.

The amnesty also provides opportunity for people to register their firearm or apply for an appropriate licence.

There is a permanent firearms amnesty in Tasmania, which means that unregistered or unwanted firearms can be surrendered to police or firearms dealers without any action being taken in relation to possession offences.

Firearms are often surrendered by people who don’t have a firearms licence or who don’t have the correct category of firearms licence. A firearm can be surrendered for destruction; to arrange sale (through a firearms dealer); or for safe storage so that the owner can apply for a firearms licence and possibly re-acquire the firearm. A firearm intended for sale may be surrendered direct to a firearms dealer for that purpose and they may charge relevant fees.

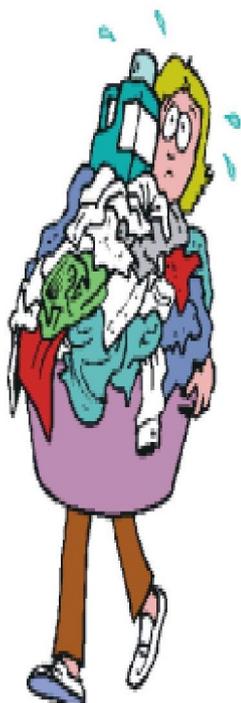
A person can apply to re-acquire the surrendered firearm as long as they have the appropriate category of firearms licence in Tasmania and can justify their genuine need to possess that firearm.

Firearms can be surrendered to any police station in Tasmania; check out the website: police.tas.gov.au for more details.

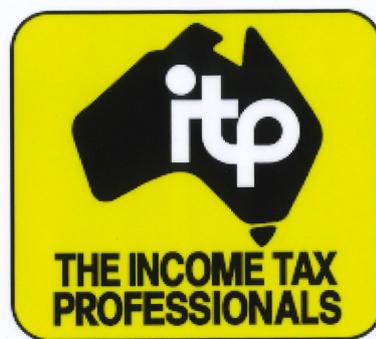


(Information courtesy of Crime Stopper media release, and Tasmania Police website.)

**CLEAN CRACK
LAUNDROMAT**



**Coin Operated
Washers and
Dryers
Open 7 Days
32 Main St
St Marys
OPENING HOURS,
APPROXIMATELY
SAME AS COACH
HOUSE RESTAURANT**



ITP THE INCOME TAX PROFESSIONALS

ITP will be visiting FINGAL for Income Tax services,
on the following dates:

Thursday 22nd July and Thursday 12th August 2021

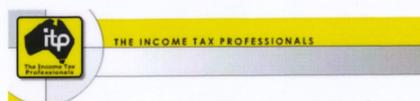
at the

Fingal Neighborhood House

Talbot St

Phone: 6344 9433 or Email: reception@itpkm.com.au

for an appointment



SCAMANDER PROBUS GO "SWANNING" AROUND

Members and friends of The Scamander Probus Club enjoyed a day's outing on Wednesday, 14th July. Travelling with Franklin's coach, we headed for the Central Highlands.



The view from the Poatina Chalet.

We stopped on the way at Poatina Chalet, and had delicious savouries and scones & cream for morning tea, made by Ian and staff. The view out the window offered mist on the Western Tiers.

We then ventured to Arthur's Lake village where we coached around the streets and saw many homes.

Moving on to Miena, we spotted a pair of black swans protecting 6 young. We ventured to the Great Lake Hotel, where we had a 2 course lunch and the warmth of an open log fire, which was too cosy to leave.

Returning home we headed for Barton then turned off and arrived at Epping Forest, then continuing home.

A good day was enjoyed by all.



If you wish to join us on these trips, and hear guest speakers, you are welcome to come to our meetings and meet many friends.

We meet at the Scamander Hotel on every 4th Wednesday of each month, commencing 10.00am till noon.

Contact Valmai 0437 397 219 or Lorraine 6376 2185.



SCAMANDER GARDEN CLUB



Peg Ryan welcomed a roomful of members and visitors to the Scamander Garden Club's 16 July meeting, as President Marj is recovering and we wish her well. Take good care of her Wendy. Kerry decided to take out membership and was stunned that it is \$5.00 for 12 months from June. Flyers for our upcoming overnighter Franklins bus trip to the north west coast, were distributed by Val Iken who needs names soon please, and expects the gardens will look beautiful for Spring. The club will subsidise members.

We were privileged to see Chelsea Physic Garden slides and enjoy a short talk by Nev Shaw, as he described how they stumbled upon it. What a find! In 1673, the Chelsea Physic Garden was established on leased land as the Apothecaries' Garden, in exchange for supplying the Royal Society for a time. Beginning with 4 acres on the banks of the River Thames in London, the group set about planting medicinal plants during the plague. Yes, Bryon and Nev get around... The slides were lovely. The use of stone work, and to hear that it is unlikely there will not be at least one plant in our garden that did not in some way originate from there was surprising. They have accumulated plants from around the world and are classed as a Grade 1 listed with the 'Register of Historic Parks and Gardens of Special Historical Interest' in England by English Heritage. Also they have the oldest rock garden in Europe, with alpine plants and Mediterranean plants, and the house was next to the mansion of Thomas More in previous times.

Many modern medicines are brought about through the plants grown and tested there. Another surprising fact was Neville saying that chocolate came from the observation of women in Jamaica, finding that cocoa mixed with milk helped tummy troubles. And guess what? Cadbury bought the recipe, which made Sir Hans Sloane become very wealthy. So it is beneficial to have observation skills. Neville said they also saw blue gums and other eucalyptus there.

Suffice to say we had a lovely gathering. The flowers looked bright and inviting, and once again Sandra Flannery took out 1st place with her immaculate floral art design, which was an arrangement to include flowering or non-flowering succulents. Congratulations Sandra. Pip and Andrew came first with glorious tomatoes and Neville won 'Flower of the Month', with Peg Ryan our Vice-President coming equal first with Sally McQueen for 'Any Flower'. Well done all. Nita our oldest member said it was so joyful to see all the colour and the variety of flowers at this time of the year; you just don't expect it!

Gaye gave us the two sweetest miniature arrangements to observe as that is next months Floral Art assignment, no higher than 6". A challenge was issued for us to also enter a special competition for Gaye's judging of an arrangement of your choice no higher than 24 inches.

Won't you come and have a go, you'd be most welcome!



Gaye Ellis' miniature arrangement.

		Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p>STAR FM</p> <p>Program Guide</p>  	Brekkie	Start your working week with Sandy	Enjoy your Fruit with Sandy	I see Stars with Sandy	Flashback Retro Breakfast with The Flash	Alphabet Soup with Jewels	It's the Weekend with Magilla	Magilla's Speakeasy Jazz until 9.30 ...followed by Magilla's Magic Mix until Noon
	Morning	The Manic Monday Show with Manny	Flash in the Flesh with The Flash	The Fusion Show with Jonno	Rhythm N' Reggae with Big Daddy Davo	Simply 60's with PUGS	Old and New with "You Know Who" with Angelina	with Magilla
	Arvo	Jackster's MUSIC BOX with Jackster and Porsche	The Down Under Show with Mary-Anne	"Around the World" with your hostess The Tone	In the Shed with ZEDD	"Fresh and Fruity" with Angelina	A dose of Dr Dave with Dr Dave	Star FM's The 80's Zone
	Late Arvo	In the BACKSEAT with Astro or JAX	2 For Tuesday Request Show with Shaun	Something Fishy with Fyshy	Let's Drive with Jonno	"Rock On" with Jonno	"The No 80's Zone" with The Tone	with The Tone
	Evening	Monday Evening With Star FM	Neville's Country Corner and more with Neville	That 70's Show with Star FM	Thursday Nights with Star FM	"Free Fall" Friday Night request show with Manny	The Party Pit Playlist with Star FM	with Big Daddy Davo's Blues Mix hosted by Dave

The Antenna Guy

- Antennas
- VAST (free to air by satellite)
- TV tuning
- Home entertainment setup
- All areas serviced
- Get clear reception anywhere!



Call Josh 0408 388 322 / 6377 1150



48 Main Street

Phone 03 6372 2181

St Marys 7215

Hosts: Tony and Bronwyn

OPEN FROM 11.00AM, 7 DAYS A WEEK

NEW MENU NOW AVAILABLE

Dine-in and takeaway meals available

Lunch - 12.00pm - 2.00pm (Wed—Sun)

Dinner - 5.30pm - 7.30pm

Pasta night every Tuesday

(Bookings preferred for all meals)

GUEST ARTISTS SUNDAYS FROM 3.00PM

25th July: Ian and Rita Summers

1st August: Brooke Banderas

YOUR FAMILY-FRIENDLY LOCAL HOTEL



MOUNT ELEPHANT AND BEYOND BOOK GROUP

BOOK REVIEW
Written by Pam Bretz

It is interesting how the least popular books provoke the most excited discussions! This last month's book, 'Belgravia', by British writer Julian Fellowes, proved the point. Fellowes is a hugely successful writer of screenplays for film and television, having produced works such as *Gosford Park* and *Downton Abbey*, and this novel has television series written all over it; indeed, you can now watch it on the ABC. He has attracted worldwide audiences, so there is a strong appeal. They are period or costume dramas set in the nineteenth or early twentieth century, and deal with the upper echelons of British society and, to some extent, their servants. It is a particular genre which has proven extremely popular.



Belgravia begins in 1815 in Brussels on the eve of the Battle of Waterloo. A grand ball is about to be held by Lord and Lady Richmond, one of the leading English Society families at present residing in Brussels, some of them because it is cheaper there than back in London! Just because you are upper class doesn't mean you are rich.... Some of the Army officers present that night will not survive the battles ahead. We meet many of the protagonists of the story at this ball, and then the action moves on, abruptly, twenty-six years, to 1841 London, and to the social consequences of that time in Belgium.

The greater part of the story now takes place in Belgravia, a newly built enclave for the wealthy upper classes and some 'strivers' such as the Trenchard family, who are "in trade", ie business, and consequently 'personae non gratae'. James Trenchard has made his money in providing supplies for the army and then in building speculation. He is desperate to be accepted into High Society. Fellowes describes his machinations to be invited to 'occasions' as "social mountaineering", so strong is his desire to be included. His wife, Anne, is more realistic and wise to human foibles, but as a "good wife", goes along with his plans and supports him. The Trenchards have a secret which links them to the Brockenhursts, one of the leaders of Belgravian Society, and relatives of the Richmonds, and it is the unravelling of this secret that occupies most of the novel. No spoilers here!

In *Upstairs, Downstairs* tradition, we also meet some of the servants of the wealthy, and they play their part in the revelation of the families' bombshell. Some are loyal to their masters, others see opportunities to make money and damage their employers. Their spying antics all add to the intrigue. By the melodramatic end, mostly the 'worthy' are rewarded and the villain gets his comeuppance, but not without a bit of unlikely "biffo".

This is a lightweight read, and from this writer one should not expect to be challenged too much. It's entertaining with not a lot of character development, but Fellowes does know his subject matter; he's a Member of the House of Lords, as Baron Fellowes, when he's not acting or writing!

Alex lives locally in Bicheno and is available to assist clients with all legal matters. Appointments are by arrangement in Swansea, Bicheno, St Marys and St Helens. With nearly 15 years' experience working as a Barrister & Solicitor in Tasmania and Western Australia, Alex is your local lawyer on the East Coast of Tasmania.



ALEX GRAHAM LEGAL
YOUR LOCAL LAWYER

Phone: 0407 242 265
Email: alexgrahamlegal@outlook.com

TANIA RATTRAY MLC

**INDEPENDENT
MEMBER for
MCINTYRE**



**Your full-time Independent
Legislative Council Member
representing the Valley & East Coast
community**

Contact details - Mobile - 0427 523 412
Office Phone - 6350 5000
Email - tania.rattray@parliament.tas.gov.au



EAST COAST

V E T E R I N A R Y
C L I N I C

CLINIC OPENING HOURS:

Mon-Fri 9:00 - 5:00

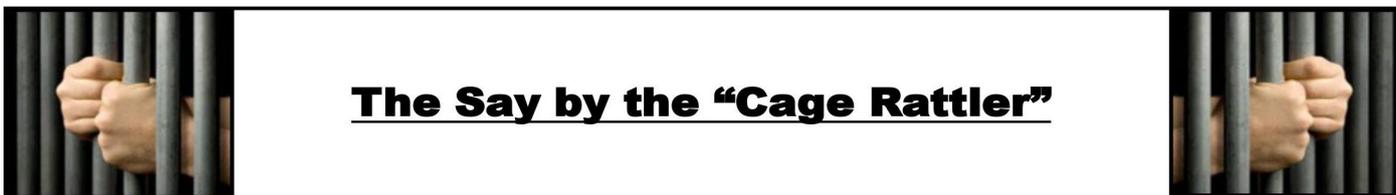
Saturday 9:00 - 2:00

Closed Sunday and public holidays

Available for out of hours emergencies all hours

67 Quail Street, St Helens

Ph 6376 1577



The Say by the “Cage Rattler”

It's funny how remembering a departed friend can lead to recalling a moment in time that in turn led to an article I wrote for the 'Valley Voice' long before 'Cagerattler'. The dear person was Ruth Gill, who also wrote for many, many years as 'Tee Up' for the St Marys Golf and Bowls Club, and I believe a few other general topics over time.

The other day we were trying to figure out how long it is now since Ruth and her husband Geoff left us. Geoff passed first, and in her later years, Ruth moved to Scottsdale to be nearer to her brother and other relatives. She passed on not all that long past then, but she had a few years at her unit. She was a real trooper and all who knew her had fond memories, and her recollections of past years was remarkable.

The article I wrote was called, "The Forgotten Stamp", and as it recounted, it was called that for good reason. On this day, I had pulled up to grab a stamp at the Post Office, and as I was heading in, I met up with Ruth as she got out of her Morris Major Elite. I began talking to her, and one thing led to another about who used to own what business. She began rattling off names and places as if it was yesterday, so I quickly grabbed something to write on and a pen from my car, and jotted down all these good folk, many of whom had long gone. I recall being amazed by how many successful business existed, that Ruth recalled with great fondness. Even one or two that her high opinion was not quite as high of, let's just say.... A week or two later, I compiled all she'd told me into that article and also mentioned, that so enthralled with what she told me that day, I got home without the stamp I had stopped to get!

St Marys, at different times, had several garages at the same time, two pubs together as late as 1967, at least two banks at the same time for many, many years, cheese factories, dedicated clothing stores, shoe stores, bike shops, a number of butcheries, likewise bakeries, two general mercantile stores in competition with each other, some of which happened in my time, fish and chip shops, a betting shop or two, insurance brokers, barbers and hairdressers, blacksmiths, and a wide variety of sporting clubs including homing pigeon racing. And, of course, the different churches that folk relied on.

Then there were a Forestry Commission office and depot, PMG (later Telecom/Telstra) depot, petroleum depots, cartage companies, timber mills, a tobacconist, several pharmacies, of course a number of schools in the region, undertakers, florists, the cinema at Todds Hall....

There was a fully functioning and busy railway station including passenger services, bus depot, and a local hospital that did everything from operations to delivering babies.... guess who was one of them, as were both my sisters, among many of us who will read this. Oh yes, and from 1968, a certain little local paper that we all know and love. This, of course, doesn't account for the numerous mines that provided substantial work to many of the community.

So much of this has gone now, and of course it's different times, but thanks to Ruth's great memory all those years ago, much was passed on to younger people, and it creates a tapestry of our history and what makes communities like ours what we are. It's something that is good to recall here and there.

I still don't know how long it is since Ruth - and Geoff - left us, but I reckon in Ruth's case it's probably 20 years or thereabouts, and if anyone knows, it'd be nice to know, but regardless, it was a privilege to know her. Good on you, 'Tee Up'.....

What do you think ?



NOTICE OF MEETING

The Annual General Meeting of the St Marys Tennis Club Inc will be held on Wednesday, 4th August 2021 at 9.30am in the Tennis Club Room, Franks Street, St Marys.

All welcome. Roxy Cowie. 0419 872 781



All Weed Solutions

ABN 605 6549 5606

Chemical Spraying Specialists

Boom Spray Spot Spray Cut & Paste

Certified, Licensed & Experienced

Fully Insured

ANY WEED, ANYWHERE!!!



for a free quote, phone:

Maurice 0438 081 473

Email: allweedsolutions@bigpond.com

St John's Wort
Ragwort

Dandelion

Broccoli

Docweed

Boneseed

Hawthorn

Thistles

Cumbungi

Bracken Fern
Willow Trees

Capeweed

Blackberry

Holly

Ivy

ANY WEED, ANY WHERE!!!

Fennel

Briar Rose

Oxalis

Gorse

Broom

Patterson's Curse
Flat Weeds
Salsify

Stinging Nettle
Erica
Boxthorn

Onion Weed
Spanish Heath

Pampas Grass
Wild Raddish
Serrated Tussock

HAYSHED

IGA SUPERMARKET

TRADING AS HOLDER BROS

Trading Hours:

Monday to Friday 8.00am to 5.30pm

Saturday 8.00am to 10.30am

Sunday 8.00am to 10.00am

(Sunday; papers and normal trading)

Public Holidays 8.00am to 10.00am

Good Friday CLOSED

Christmas Day CLOSED

Phone: 6374 2171

Fax: 6374 2393

Meat, fresh and frozen

Vegetables, fresh and frozen

All regular grocery lines available at special IGA prices.

HAYSHED CAFÉ

COFFEE SHOP HOURS

Monday to Friday.... 8.00am to 1.00pm

CLOSED WEEKENDS

Toby's Estate Coffee

Fresh rolls and sandwiches,
made to order

Lasagne, Pasta Bakes,

Potato Bake, Quiches, Pies

Cakes, Slices, Biscuits

31 Talbot Street, FINGAL

Phone: 6374 2171

Fax: 6374 2393

HILLY'S IGA ST MARYS

A FULL SERVICE SUPERMARKET
WITH EXTENDED RANGES IN GROCERY, DAIRY, FREEZER, AND GENERAL MERCHANDISE
LARGE DELICATESSEN, SEAFOOD, MEAT, AND FRUIT & VEGETABLE DEPARTMENTS

HILLYS FAMOUS BBQ CHICKENS MADE-INSTORE PIZZAS
COOKIES FRIED CHICKEN BURGERS, POPPETTES AND WRAPS
HUGE VEGAN AND GLUTEN-FREE RANGE, ALL CLEARLY TICKETED
WINTER APPAREL, TOYS AND HARDWARE 100'S OF EXTRA SPECIALS EACH WEEK
FREE PIECE OF FRUIT FOR THE KIDS

BEST PRICES ON BULK DOG FOOD AND BIRDSEEDS
SENIOR DISCOUNT WEDNESDAY CARRY-TO-CAR SERVICE
HILLYS REWARDS CARD-SAVE POINTS DURING THE YEAR TO PAY FOR XMAS GROCERIES

OPEN 7 DAYS A WEEK
HILLYS FOR GREAT SERVICE AND LOWEST PRICES ON ALL YOUR SHOPPING NEEDS.



IN OUR SCAMANDER GARDEN

Trotting out to the shed, Steve makes wooden moulds for edgings around the pond, and for building up the walls of it. We have to put long timber through the saw bench.

There are more trips to Mitre 10 for cement and waterproofing material, then into St Helens Concrete for more mix - I think we should have shares in it! I wait at home finding a job or two to get on with. Weeds beckon me, echoing 'You'll never catch up". I hear the ute bounce along the driveway. We unload it and get on with the next mix before the rain drops fall.

After allowing some days for the concrete walls to dry, Steve removes the timber and we see it is worth the effort. There are two neat surrounds for the pond, and the walls are just the right height. The other garden beds are forming their shapes and we are scratching our heads, formulating ideas of how to add to their attractiveness. Then we decide to use stones and pieces of polished glass. It is exciting watching the pieces sink a little and wonder what it will look like in a couple of weeks' time, when the finishing touches are done. We still have many weeks of work ahead....

Steve transplanted an apple tree, thinking it would be an easy job, but the roots had grown more than expected. We put our crepe myrtle in beside the silver birch.



More next time, can't wait!



ST MARYS HOSPITAL AUXILIARY ANNUAL GENERAL MEETING

The next meeting of the **St Marys Hospital Auxiliary** will be held on **2nd of August 2021** at the St Marys District Hospital, commencing at **2.00pm**, and will be our **Annual General Meeting**.

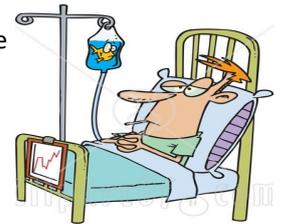
We, as usual, appeal to our community to consider becoming a member of our organization which involves very little input to bring about many untold benefits to our community members requiring the services and amenities provided by such a professional staff and facility which we all, at some time, rely on.

Our members, along with our dedicated 'Tip Shop' operators, again volunteers, allow us to provide our community with equipment and facilities which are outside the budgetary constraints of Government funding.

I wish to add that all monies raised from our local "Tip shop" venture benefits exclusively our local Hospital. In the last year we have been able to contribute equipment and facilities such as hi-tech beds, A & E pathology chairs, and diagnostic equipment worth many thousands of dollars, which at times, we take for granted to be there whenever the need arises.

To our dedicated members at present, many thanks, and we look forward to your continuing presence and support.

Kevin Faulkner,
Secretary
0418 350 008



LOOKING FOR SOMETHING? TRY THE ST MARYS TIP SHOP!

Thanks to the ever-expanding Tip Shop community, increasing numbers of tip visitors are off-loading their excess goods, stopping to have a look, or dropping in for a chat and exchange of upcycling and repurposing ideas. If something is too good for the tip, drop it at the Tip Shop.

Whatever your needs or wants, It pays to check out the Tip Shop first. Goods in the shed, outdoors and the container are continually changing and you need to visit regularly so you don't miss out.

The Tip Shop volunteers can assist you with upcycling ideas. Here is a mattress wire and spare parts sheep, pictured right.

A big thanks to everyone who is promoting the Tip Shop and contributing to its ongoing success. All funds raised are going to St Marys District Hospital.

The Tip Shop COVID hours are Tuesday and Thursday 11.00am-3.30pm and Sunday 2.00-4.30pm. If you can spare a couple of hours to volunteer on these days, your assistance will be greatly appreciated. New volunteers are always welcome.

Check out the St Marys District Hospital Tip Shop Facebook page. If you have any pictures you would like to share, please send them to the administrator on 0417 292 414, who will organise to load them onto the page.

You are always welcome at the St Marys Tip Shop!



ST HELENS CATHOLIC PARISH TO CELEBRATE CENTENARY

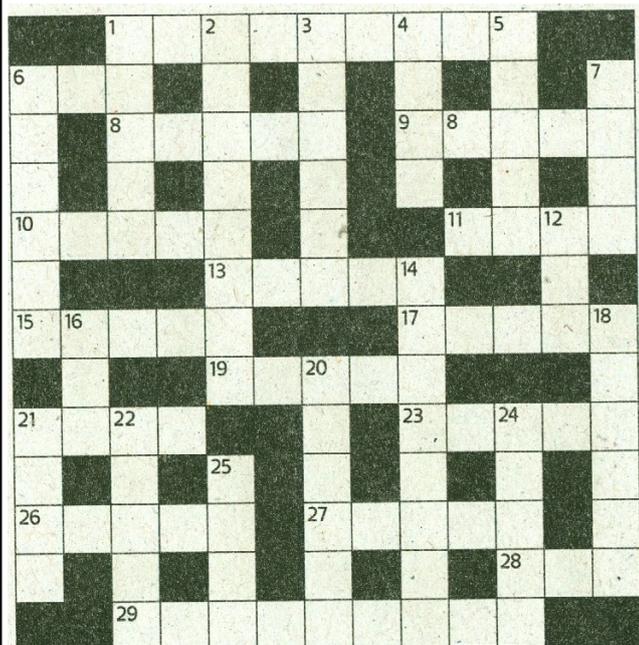
On 5th March 2022, the St Helens Catholic Parish will be celebrating its Centenary, and are looking for any photographs or memorabilia that anyone in the area may have concerning the Parish.

If anyone has anything of importance, old photographs or newspaper articles pertaining to the church, could you please get in touch with Mary-Ann Wadsworth on 0407 812 768, Ann Marie Blunt on 6376 2608, or Father Norbet at the Catholic Church at St Marys.



St Helena and St Stanislaus Catholic Church, St Helens.

Crossword 53.12



ACROSS

- 1. Finished (9)
- 6. US spying bureau (1.1.1.)
- 8. Doctrine (5)
- 9. Lump (5)
- 10. Roman court (5)
- 11. Abnormal growth (4)
- 13. Sci-fi author, ___ Asimov (5)
- 15. Bowling balls (5)
- 17. Senior (5)
- 19. David ____, pop star (5)
- 21. Actor, ___ Sharif (4)
- 23. Curved sword (5)
- 26. George _ -, US actor (5)
- 27. Short prayer (5)
- 28. Help (3)
- 29. Non-stop (9)

DOWN

- 1. Purvey food (5)
- 2. Play down (8)
- 3. Country, capital Riga (6)
- 4. Brass band instrument (4)
- 5. Country music singer, ___ Parton (5)
- 6. Time to be in by! (6)
- 7. Handled (4)
- 12. Observe (3)
- 14. Boat-steersman (8)
- 16. Electrical unit (3)
- 18. Staggered (6)
- 20. Mark of shame (6)
- 21. Depose (4)
- 22. TV quizmaster, ___ Deayton (5)
- 24. Staple food (5)
- 25. Charity (4)



Fingal Online Access Centre

29 Talbot St. Fingal Tasmania
7214

Phone/Fax: (03) 6374 2222
Email: fingal.oac@education.tas.gov.au

The Fingal Online Access Centre is open from 9.00am - 2.00pm daily, adhering to strict conditions of social distancing.

All our normal services are available.

If you have printing or emailing you require, call in and we will assist you.



FREE

6am-9pm

St Marys Library

31 Main Street, St Marys



Opening Hours:

- Monday: 12.30 - 4pm
- Tuesday: 10am - 12.45pm
- Wednesday: 12.30 - 4pm
- Thursday: 10am - 12.45pm
- Friday: 12.30 - 4pm

We have more than books.

Borrow a DVD, CD or magazine. Search our website and order a title from anywhere in the state. Check out our e-resources too. It's all free!

eLibrary:

www.libraries.tas.gov.au

CLASSIFIEDS

Moo Poo

Phone Normie
6372 2380



FOR SALE

240v generator, Scorpion CS1300 model, portable.
Brand new, still in box.
\$200.00
Phone 0429 162 932.

ILLUSTRATION ONLY.



St Marys Online Access Centre

Desktop Computers



Open - Monday
Wednesday
Friday
10am - 2pm

NOW OPEN

Computers & Internet Access
Internet access for your device
and also one on one training & assistance
in a covid safe environment

21 Main Street
St Marys
In the old Escape Cafe
Mob. **0435592664** 4/1/21
or just turn up for a booking
Limit of people due to social distancing

ST MARYS CATHOLIC PARISH

WEEKEND MASS times.

ST HELENS: Saturday 6.00pm.

ST MARYS: 2nd & 4th Sunday 9.00am 3rd & 5th Sunday 11.00am

BICHENO: 1st, 3rd & 5th Sunday 9.00am

FINGAL: 1st Sunday 11.30am

Parish Administrator:

Fr. Norbert Z Ochoa 0437 324 227

fr.bitz51@gmail.com

WEEKDAY MASS:

ST MARYS: Tuesday, Wednesday, Friday 10.00am.

ST HELENS: Thursday 10.00am

BREAK O'DAY

ANGLICAN CHURCH

SERVICE TIMES

St Helens

St Paul's: 9.30am every Sunday

58 Cecilia Street, St Helens.

St Marys

Holy Trinity: 10.00am every Sunday

13 Main Street, St Marys.

Pyengana

St Michael & All Angels: 7.30pm 4th Sundays only

28007 Tasman Highway, Pyengana.

Enquiries: 6376 1144; or Facebook: anglicanbod



UNITING CHURCH

Corner Grant Street and Seymour Street, FINGAL

Regular Services:

1st and 3rd Sunday of month: 10.00am

2nd and 4th Sunday of month: 11.15am

For further information, contact Joan on 0458 598 870.



**Vision
Christian
Radio**

**Life Changing Music,
Uplifting Talk**



VISION CHRISTIAN RADIO

LISTEN NOW

BINALONG BAY	87.8FM
ST HELENS	88FM
ST MARYS	88FM
FINGAL	88FM

TASSIE SEEKERS

Meet fortnightly for readings, discussions talk, etc.

Non-denominational, loosely based on the format of spiritualist meetings.

First and third Tuesday each month at 10.30 am,
at St Marys Op-shop.

Free entry. Donations welcome.

Ray 0413 099 944 (Often out of range)

Harris Funerals

St Helens, Bicheno & Fingal Valley

We are here when you need us.

*Burial or cremation, traditional or
unique funeral services available.*

Office & Chapel:

46 Tully Street St Helens

6376 1153 ~ 0418 133 420

tamara@harrisfunerals.com.au

Member of the

Australian Funeral Directors Association



DIRT FLIES AS ENGINES ROAR

The East Coast Motocross Club held another successful Ride Park Day on Saturday, 3rd of July.

There were many new faces, some travelling from the north-west coast, as well as lots of local riders, all willing to show their skills. The track was in amazing condition due to some recent rain, and the riders certainly took advantage of this, spending many hours improving their lap times for upcoming local rounds.

The younger and inexperienced riders also made great use of the recently-upgraded nippers track, to learn new skills and gain some experience before tackling the main track.

There will be another chance for everybody to come and support our local club and have a ride at the Bar 20 track at Goshen, on Saturday 24th July from 10.00am. No licence is required for the day, just bring your bike, riding gear and your mates for a great day.

Ride park days are a great day for all of the family to be on the track at the same time.

Check out our Facebook page for upcoming events, and don't forget to support our canteen on the day.



**3rd Jul | 24th Jul | 14th Aug
25th Sep | 16th Oct | 13th Nov
4th Dec**

10am-3pm \$25 per rider
cash only
canteen available

*No licence required
*All ages, all riding abilities
*All 2 wheeler bike categories

RIDE PARK DAYS 2021

BAR 20, GOSHEH
Grimstones Rd
off Tasman Highway
**Contact Nathan 0437 896 984
or Amy 0417 152 337**



Family owned since 1972

CALTEX ST MARYS

Mechanical repairs and all routine servicing.
Batteries, tyres (including white walls).
Old school V8s and 6s loved and nurtured, even Holdens!
• FUEL AVAILABLE 24 HOURS •

41 Main Street. Ph: 6372 2335
caltexstmarys@bigpond.com

Gas Plumber

Call James 0431 602 214

FOR ALL YOUR GAS PLUMBING NEEDS.

Heat Pumps Ducted Systems — All Brands

Ovens and Cooktops

All Hot Water Systems

Water Tanks and Pumps

Wood Heaters

Email: blizzardair@live.com.au

Servicing The East Coast And The Fingal Valley

Call For a Free Quote!

Pensioner Discount





Fingal Valley Neighbourhood House INC
 Old Tasmanian Hotel
 20 Talbot Street, Fingal

July 2021

Volunteers Needed

We are currently looking for volunteers if you have some time to spend either driving or to work in the Op Shop. If you have some time and would be happy to spend it with us in the Op Shop please get in touch to find out more.



VALLEY READERS

Interested in becoming part of our Book Club?

Contact us at the office and register your interest or to find out more.



Loaves and Fishes is available on **Thursdays for collection from 12pm at FVNH, or at your local collection points in Mathinna, St Marys and Avoca.**

- If you would like to apply for a NILS Loan, use our transport, food relief etc, call in or contact the office for details.



Creative Writing Group – if you would like to be part of a creative writing group, contact the office to register and interest or to find out further information.

Alternatively, if you'd be interested in running a class or would like us to try something different, please contact us on the number below.

Should you have any further questions or comments or feedback please do not hesitate to call in and see us or contacts us and per details below

6374 2344, email admin@fvnh.org.au.

The Fingal Valley Neighbourhood House Inc is funded by the Crown through the Department of Communities Tasmania



How do you contact us?

Email: admin@hub4health.org.au

Web: www.hub4health.org.au

Facebook: Hub4Health

Our Aim:

To support and facilitate health and wellbeing programs to rural and remote communities within the Break O'Day Municipality and beyond.

Allied Health Services Available by Telehealth or appointment:

Launceston Chiropractic

Gareth is now visiting St Helens on Wednesdays for appointments at Hub4Health, telephone 6331 8898

Bay of Fires Physio

Neidra visiting St Helens Hub4Health

For appointments at Hub4Health, telephone: 0499 317 929 or www.bayoffiresphysio.com for more details.

Alchemy of Presence

Lynette Maree

* Stillness Touch - Cranial Sacral

* Somatic Compassionate Inquiry and Play

* Laughter Yoga

* Lomi Hawaiian and Remedial TCM Massage

Health Fund Rebates * Gift Vouchers Available

Telephone for Bookings; 0416 059 129

Changes ahead at Hub4Health

Hub4Health (formerly Healthy House/Break O'Day Health Resource Association) has been advocating and supporting health and community services in the Break O'Day area for over 20 years. Established by a dedicated volunteer group to bring GP's to St Helens, it grew over the years to offer social work, youth services, allied health, 'Building Blocks' early years program and much more. Many fabulous staff and volunteers have come through the Hub4Health and have shown great dedication and commitment to our community, for which we are all very grateful.

In recent years it has become clear that funding for health and community services is directed at larger organisations and that there is a focus on chronic health conditions rather than preventative health (which was Hub4Health's strength). As a result of these funding changes the current board of management have taken the difficult decision to find new homes for current programs so as to ensure their long-term viability.

All Hub4Health programs are now in transitioning to new hosts:

- Building Blocks and the Active4Life Gym programs will be facilitated with the Fingal Valley Neighbourhood House
- Walking Group will be with the St Helens Neighbourhood House
- Health Network will be with Break O'Day Council
- Allied health services will continue with private providers remaining onsite until further changes are in place.

As part of the changes the board have engaged Knight Frank to oversee the sale or transfer of the property at 5 Portland Court. Hub4Health are keen to see the greatest community benefit for the health and wellbeing for Break O'Day residents to come from the use of this asset, and so will be calling for Expressions of interest – for more information, Doug.Marshall@au.knightfrank.com

ST HELENS HUB4HEALTH WALKING GROUP



LATEST NEWS!

As you may be aware, Hub4Health is winding down and transitioning its programs to other organisations.

Alex B and Admin Officer Somkid had a meeting with the manager of St Helens Neighbourhood House, Belinda Lewis, last week and the decision was made that the Neighbourhood House will take on the administration of the Walking Group from the 1st July 2021 onwards. Paperwork has been passed on to Belinda to get the process started.

A decision as a group for a new ongoing meeting point location needs consideration.

Thank you and Happy Walking, management, Hub4Health.

Saturday 5th June

The walk this Saturday took the shortest route from Hub4Health to Henk & Greta's shed, via the jungle of the lower Golden Fleece, to arrive at the shed about lunch time for a sausage sizzle kindly provided by Henk & Greta. But more than that, there was a birthday cake, complete with 75 candles, and the walkers sang 'Happy Birthday'. After the festivities, walkers took the Stonyford Track to emerge on the Argonaut Road. By then it was afternoon-tea time, when Adrian allowed us to use his veranda for enjoying tea and any left-over cake, the group then heading back to the H4H via the gravel flats of the Golden Fleece and the road. Thank you Alex for leading the walk! And of course to our mine hosts for their hospitality on the day!



A headstand at 75!

Wednesday 9th June

This Wednesday's walk was a town walk, heading out from the Hub4Health to Jason Street via King's Park. From here walkers proceeded up Jason Street to Cobrooga Drive and the reservoir at the end of the road. Great views of St Helens and Georges Bay were enjoyed at the top of this section. The group headed back down-hill via Lawry Heights and Falmouth Street to the foreshore track and followed this back to the Hub. On the way back, walkers stopped at Fran and Stewart's home for coffee and cake. This walk was very easy approximately 6km, mostly on the flat apart from Jason Street.

Thank you Fran and Stewart Taylor. (Leaders)

Wednesday 16th June

This Wednesday walk was along the ridge between Loila Lookout and Flagstaff, then descended to the foot of Flagstaff. A short car shuffle was necessary. Driving up to Loila Lookout avoided long uphill walking, just undulating, and then a descent.

Saturday 19th June



Picturesque Halls Falls.

Seven stalwarts of the St Helens Hub4Health Walking group had an unusual Saturday walk. The waterfall plan was instigated (thank you Alex) so we took in Halls Falls, the Anchor Stampers (still people haven't visited this great piece of industrial heritage from the tin mining past!) and St Columba Falls. Weather was kind to the walkers with rain staying away. We never tire of these inspiring places on our doorstep - Ian was the token male walker for the day. Picnic lunch was taken at the picnic tables prior to walking down to St Columba Falls. The group ended up with hot drinks at the Pyengana Farm Gate Cafe - great day - thank you everyone!



The steps at Halls Falls.

Wednesday 23rd June

Only six brave souls gathered at Scamander on a cheerless and grey day, to walk south down the beach towards the Winifred Curtis Reserve. It is now quite difficult to get out onto the beach since the river has decided to head south and has cut off the usual access to the beach, but we managed and it was low tide, so easy walking on hard sand. We climbed up to the Reserve and paused in vain to look for whales. By now we were warm! We walked along the boundary fence line till we came to the stile, hopped over and headed north back to Scamander. We were horrified at the clearing that had been done to expand the subdivision, even down into the melaleuca swamp. This area is a rich heathland holding great biodiversity, and it will soon be lost under roads and houses. We cheered ourselves up with coffee at Swims.



A magnificent Sea Eagle soars overhead in the grey sky.

Wednesday 30th June

This Wednesday walk was along Beer Barrel Beach/Burns Bay. This was an easy stroll, shorter than our usual walk, starting at Burns Bay boat ramp and returning the same way. Greta was the walk leader for the day.

St Helens Walking Group is part of Hub4Health and the Heart Foundation’s efforts to encourage walking as a daily exercise to improve and maintain a healthy lifestyle. It’s great fun and always refreshing, with as much or as little as you desire in learning and social opportunities. A variety of leaders within the group are very capable of leading each walk on an adventure within the allotted time frame along with providing interesting information and/or walking conditions for the track being taken. Residents and travellers in St Helens and surrounding districts are welcome to join in the walks. Have \$2.00 ready for the driver if you want to car-pool and be at Hub4Health in Portland Ct, St Helens by 8.50am on a Wednesday or on the 3rd Saturday of the month for a longer walk. (\$5.00 for carpooling on Saturday walks).

For more information contact **Pam Bretz** on 0439 547 529 or **Alex Buchanan** on 0428287753

TAX RETURNS
BAS & BOOKKEEPING
 Janine Sutton ATI Registered Tax Agent

TJ ACCOUNTING

ABN: 66 840 076 976

PH: 0410 0510 82
tjaccounting13@bigpond.com



Mayor Mick Tucker
 - serving all of
 Break O’Day

mick.tucker@bodc.tas.gov.au

0419 372 813





Break O’Day
COUNCIL
Kylie Wright
 Councillor
 0439 742 946
kylie.wright@bodc.tas.gov.au



Clr. Janet Drummond
 Break O’Day Council
 0404 562 320
janet.drummond@bodc.tas.gov.au

St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215

Phone: 6387 5555

'STOP' DO YOU NEED TO ENTER THE HOSPITAL?

COVID RULES STILL APPLY- If unsure phone ahead on 6387 5555

- The St Marys Health Centre is required to do a health check of **ALL** persons entering the site. On arrival at the Centre you will need to press the intercom bell at the entry door, where a staff member will come and do a health assessment on you before entering the building.
- If you need some medical advice, please ring reception for an appointment. Appointments will be either by telephone or face-to-face, depending on the situation. Please discuss with the reception staff.
- Hand sanitiser is located in all areas of the Health Centre - *Please use it on entering and leaving the building.*
- Pathology – bloods or those who have scheduled GP appointments are still able to come to have these services.
- Currently inpatient visiting hours are 2:00pm-6:00pm with a maximum of 1 visitor per visit.
- If you have an emergency, dial '000' for assistance.
- There continues to be changes to the seating in the reception area to ensure the public maintain adequate social distancing (1.5 metres)
- A GP appointment is still needed for a telephone script/s .

COVID INJECTION APPOINTMENTS

ST HELENS RESPIRATORY CLINIC

(in the old Hospital)

Phone 6351 0007

To make a booking today!

Please keep updated at www.health.gov.au

PRESCRIPTIONS FOR MEDICATION

Friendly reminder... if you have regular scripts please make sure you are booked in to see your GP before your script has run out.

If you require the renewal of a prescription/s, please contact reception on 6387 5555. Appointments can be made in advance. Please discuss with our reception staff.

Please check your repeats when you get your script from the pharmacy and if it is your last repeat, make an appointment with your GP then, not when your medication runs out. Scripts can then be faxed to the Pharmacy and collected from there.

DOCTORS ROSTER

A Doctor's appointment is needed to see our GP's. It is not a drop in clinic.

Waiting periods to see your doctor may be experienced, please be patient

<p><u>Dr C. Latt</u> 22/7/2021- 6/8/2021</p>	<p><u>Dr Reekman</u> 22/7/2021- Women's Health Clinic 23/7/2021- GP Clinic</p>
---	---

INR tests require a 5 minute doctors consultation- please inform reception when booking.

The waiting area for **all services** at the St Mary Community Health Centre is in the reception.

Please report to reception upon arrival or we don't know you are here. The consultant you are here to see will be told and they will come and collect you from the reception area.

St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215

Phone: 6387 5555

LOAVES & FISHES FOOD PROGRAM

The St Marys Community Health Centre is a distributor of the **Loaves & Fishes Food Program**. The food parcels are a combination of core fresh produce and other food items

Food parcels are delivered on a *Thursday

Criteria to be a recipient of a parcel are:

you are experiencing hardship and hold a current Centrelink Health Care Card or Pension Card

Give us a call on 6387 5555 for further details about the program or to register.

* Distribution depends on supply of the produce. Please note there are some weeks when there is a supply shortage.

CTST-Community Transport Services Tasmania

Phone: 1800 781 033 for bookings

St Marys General Practice reminder

Dr Latt wished to remind the community of the following exceptions to bulk billing at the St Marys Community Health Centre

The below are NOT covered by Medicare, and may incur cost. Please discuss this with reception when making your appointment. If you have any concerns,

- ◆ Driving licence renewals
- ◆ Insurance medicals
- ◆ Pre-employment checks
- ◆ Requested medical reports
- ◆ Harness medicals

FLU VACCINATIONS

Flu vaccines are now available at the St Marys Community Health Centre.

Please phone 6387 5555 and make an appointment today

Non Attendance of Doctor's Appointments

Please be aware there is a non attendance policy at this Practice.

If you miss 3 appointments you will be sent an account. If you miss a 4th appointment you may be referred to another Medical Practice

Due to demand non-urgent doctor's appointments need to be booked at least **2 weeks in advance**. Waiting periods can apply.

PATHOLOGY- FASTING BLOODS

No food or anything to drink other than water **for a minimum of 12 hours prior to having Bloods taken.**

You can still take morning medications

If you require bloods to be taken prior to 8:30am, please ring 6387 5555 at least 24 hours before to make an appointment with Nursing Staff

NON-URGENT BLOODS

If you require non-urgent bloods to be taken, please present at the nurse's station between

8:30am until 12 midday Monday-Friday.

If unable to attend during these times, please contact St Marys Community Health Centre on 6387 5555 at least 24 hours before to make an appointment with the nursing staff.

GP Surgery Hours: Monday - Friday

8:50am - 10:00am

(10:00am-10:30am reception closed)

10:30am - 12.30pm

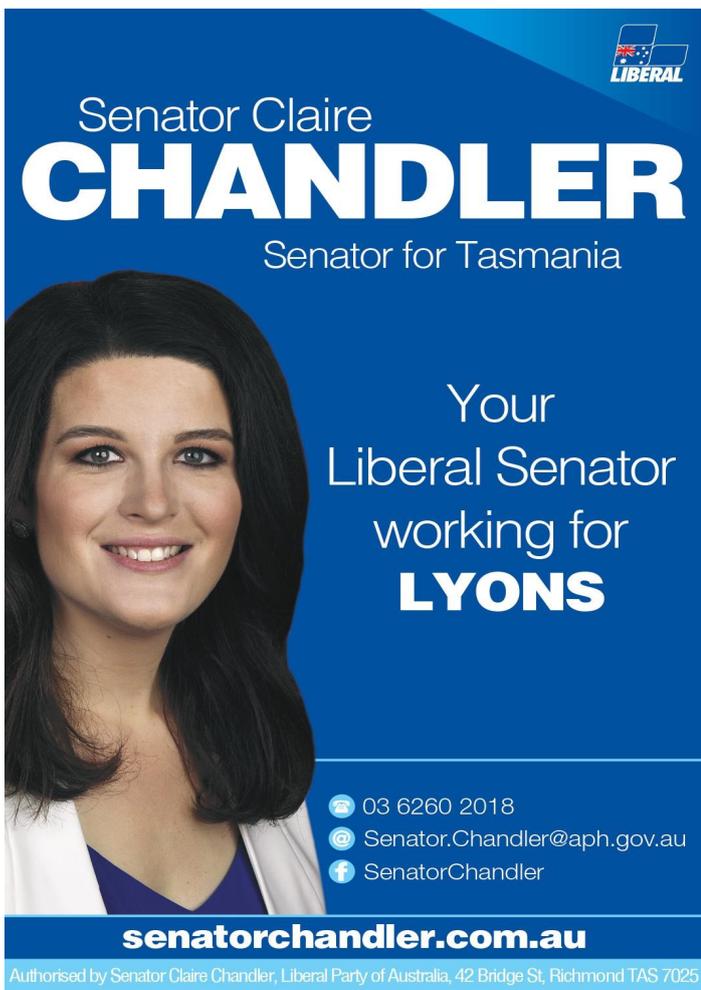
(1:00 pm- 1:30pm reception closed)

1:30pm - 3:00pm

(3:00 pm- 3:30pm Reception closed)

3:00pm - 4:30pm

These advertisements are paid for by the members, and do not reflect the political views of the Fingal Valley Neighbourhood House, its board or staff.



LIBERAL

Senator Claire
CHANDLER
Senator for Tasmania

Your
Liberal Senator
working for
LYONS

03 6260 2018
@ Senator.Chandler@aph.gov.au
f SenatorChandler

senatorchandler.com.au

Authorised by Senator Claire Chandler, Liberal Party of Australia, 42 Bridge St, Richmond TAS 7025

ADVERTISEMENT

Guy
Barnett
Liberal Member for Lyons MP

Listening,
Caring,
Delivering.

Tasmanian
Liberals



76 Emu Bay Road, Deloraine TAS 7304
(03) 67012170 f GuyBarnettMP
guy.barnett@dpac.tas.gov.au

Authorised by Guy Barnett, 76 Emu Bay Road, Deloraine TAS 7304.

GARAGES AWNINGS CARPORTS

GARDEN SHEDS & AVIARIES

Available: KITS: SLABS: INSTALLATION

CONTACT: Dave at DCM SHEDS

PH: 0490 704 327

Email: dcmsheds@gmail.com

We are local and we are the manufacturers



FISHING REPORT

By The Happy Hooker



Hi all,

Well the shortest day has come and gone, and that means that spring weather is just around the corner, and the trout fishing season is only a few weeks away, starting on Saturday 7th of August. Many loyal traditionalist anglers will be braving the cold weather, and will wait until midnight then cast a worm or grub into one of the states lakes and rivers, in the hope of catching their first trout of the season; others will be on the water at first light, while the smart or softer angler, depending on how you look at it, will wait until the frost or the chill of the morning goes off before venturing out. Either way, they will all have the same agenda; to catch their first trout.

To fish in any Tasmanian fresh water lake or river, you will need to purchase a licence. You can do this by simply purchasing one online, or through one of the many outlets around the state. You can buy a licence for a full season or a variety of options, depending on your circumstances, and you can look up Inland Fisheries web site for all the information and fees. The Inland Fisheries have been busy restocking our waterways, and you can keep up to date with the stocking via the IFS website as well.

Angler's Alliance have webcams set up around the state which are quite helpful if you are intending a trip to one of the lakes that have one installed, just to have a look at the lake level, how many boats are fishing there, or the weather. You can scroll across the screen and it is time generated, so you can check from daylight to dusk; sometimes you may spot a unintended visitor such as deer or a kangaroo that may wander into the webcam's view. Once again, if you Google 'Anglers Alliance webcams', you can navigate your way from there.

Fishing Reports

Things have been a bit quiet on the fishing reports due to the time of year, but some reports of fish being taken from the beaches and bays, some tuna are still being caught off the coast.

I had a reconnaissance mission to the Scamander River on Thursday 1st of July, to see if any bream were to be found up the river, but despite many casts with different lures, only one old resident bream came to the net. This day there was no tidal run to speak of, and the water was flat with no wind, but it was relaxing just to have a flick. On checking my fishing diary entries last year, on 20th of July we had our first crack at a winter bream, when we picked up nine bream, so they should be starting to head back into the system shortly and think about the spawning run as warmer Spring weather approaches.

This is the time to check out your fishing tackle and rods. I normally get them out and give them a clean, and give my reels a small amount of reel grease, respool my fly lines, clean out the tackle bag and find those things you had forgotten you had purchased and thrown into the bag. Of course, you need to do this without your wife or partner knowing or seeing how much fishing gear you have purchased that is probably still in their packets; by doing this task in private it saves the same old comment from the wife of, "How much gear do you need? That could be a new pair of shoes for me," and then your response of a mumble under **your** breath, "Bit hard to thread a hook and catch a fish in a pair of high heeled shoes."

Until next time, tight lines!



"It's a letter from the fish. It basically says to stick our heads where the sun don't shine. I told you bass were smart!"





NICK SHAW 0439-414-299

Coastal Heat Pumps & Solar

Lic no. L076081
Lic no. A4155228

Specialising in both Domestic and Commercial projects
Tax deductible for business
Tier 1 supplier, for the best quality solar systems
1 kW - 100 kW systems available
Call us today for a **FREE SOLAR QUOTE**
Already have a quote?
WE'LL BEAT IT BY 5 %

Install one of our leading brands of
Heat Pumps today and stay **WARM** this **WINTER**
while still staying **COOL** in **SUMMER**.
-Floor mounted-
-Wall mounted-
-Fully Ducted systems
-up to 18kW



St. Helens Electrical

Domestic, Commercial, Industrial
New houses, wiring and repairs
Underground mains supply

Lighting Specialist
Interior and Exterior
Advice, sales, and installation

Heat Pump/Heater Installations
Supply and install all brands
Floor, Wall, Ducted
Advice on all home heating

Solar Installation
Domestic and business
1kW to 100kW

Call for a free quote

Rod Shaw 0407-615-072

Nick Shaw 0439-414-299

24798 Tasman Highway
St. Helens, Tas. 7216

Email:
sth.electrical@gmail.com



Electrical Contractors
Servicing the East Coast from Pyengana down Coles Bay
and through the Fingal Valley
Lic: 933671



ST HELENS NETBALL ASSOCIATION

Game Results, Round 8

Round 8

- Division 3 Bay of Fires (1) defeated Georges Bay (10)
Surfside v Clovers was postponed
- Division 2: Clovers (19) defeated Surfside/Clovers (6)
Georges Bay (39) defeated Bay of Fires (19)
- Reserves : Surfside (34) defeated Clovers(20)
Bay of Fires (29) defeated Georges Bay (23)
- Division 1: Surfside (39) defeated Clovers (26)
Bay of Fires (35) defeated Georges Bay (19)



LADDER (as at 24 June)

Division 1

- Bay Of Fires - 20
- Georges Bay - 18
- Surfside- 16
- Clovers - 12

Reserves

- Bay of Fires - 22
- Georges Bay - 22
- Surfside - 14
- Clovers - 14

Division 2

- Georges Bay - 24
- Bay of Fires - 20
- Clovers - 14
- Surfside - 12

Division 3

- Bay of Fires - 24
- Surfside - 18
- Georges Bay - 18
- Clovers - 12

Suncorp NetSetGo is Australia’s official starter program for girls and boys aged 5 to 10. It’s a chance to learn the netball basics, get outside, and make some friends.

NetSetGo is in full swing in St Helens. Here are a few photographs of the clinic recently held.

For more details, go to: <https://play.netball.com.au/kids/suncorp-netsetgo>

NET



SET



GO!





UNDER 12 BOYS

On **Sunday 11th July**, the team had a bye, and were 2nd on the ladder

They played Prospect on **Sunday 18th July**, at home.

A great win by all of the team!

RESULTS: East Coast Swans 10. 10 (70) Deloraine 0. 0 (00)

SWANS GOALS: Connor French 4, Miles Gill 2, Byron Woods 2, Riley Jordan, Jaxon Harrison.

SWANS BEST: Byron Woods, Floyd Groves, Connor French, Jaxon Harrison, Flynn Bidgood, Oliver Robbie.

The boys take on South Launceston Red at St Helens this Sunday 25th July at 9:37am.

UNDER 14 BOYS

The Under 14 team also had the bye on **Sunday 11th July**, sitting in 3rd place on the ladder.

On **Sunday 18th July** they played Prospect Brown, who sit at the top of the ladder.

While the half-time score was encouraging, the team ran out of puff in the 3rd quarter, letting Prospect come away with the win.

RESULTS: East Coast Swans 3.7 (25) defeated by Prospect Brown 10.4 (64)

SWANS GOALS: Noah Cherry, Kobe Medcraft, Daniel Cook.

SWANS BEST: Sam Pearce, Ned Woolfe, Tysen Gamble, Jakih Curtis-Slim, Mitchell Calow, Owen Hilton.

Next week, they play South Launceston Red, at St Helens.



Running with the ball, Tysen Gamble escapes the grip of the opposition, while team-mate Hamish McIntosh watches on.



St Helens seniors player Cam Upton manages to evade the opposition in the game against Lilydale on 11th July.

UNDER 17 GIRLS

No games were played on **Sunday 11 July**, and the girls are currently 5th the on ladder. **Sunday 18th July** was a bye.

EAST COAST SWANS 'BEST AND FAIREST' COUNT ON 7TH AUGUST

The East Coast Swans will be holding their reserves and seniors 'Best and Fairest' count on Saturday 7th August, following the last roster match of the season which is against Old Launcestonions at home. Everyone is invited to attend the function to see who will take out the coveted awards. In the seniors, could it be the Christian Petracca lookalike (a bit of a stretch), Ethan Goldfinch, or will he be pipped by midfielders Aaron Seen and Cam Upton, who are sure to poll well. 1st year player Adam Marland may surprise with his eye-catching attack on the ball gaining some votes. Brad Goodyer looks to be an early favourite in the reserves, having had a stellar season. Other players sure to poll well include 'Zippy' Pat Oldham and Matt Lovell.

NEXT ROUNDS FOR SENIORS AND RESERVES: 24 July, UTAS in Launceston; 31 July, Old Scotch at Old Scotch.

DEMONS PREVAIL AT HOME



The Lilydale Demons scored a comfortable 43 point win over the East Coast Swans at Lilydale on 11th July. The Swans quickly opened their account with a goal to Goldfinch, but the Dees replied immediately. Louis Venn continually repelled many Swans forward thrusts, while Marland, Omenihu and Crossingham were prominent for the Coast Boys. Lacking backmen Ritchie and Cannon, the Swans had no answer in the second term for Demon forward Trent Griggs, who scored multiple majors. The 'Bay Boys' only goal for the quarter came after a magnificent effort from Ethan Goldfinch, who gained possession on the wing and followed the footy to the goal square to kick a major. A 6 goal to 1 term enabled the Lilydale side to take a 55 point lead into the half time break. Some effective positional changes and a more determined approach saw the Swans have the better of the third term, kicking 4 goals to nil. Majak Miar was magnificent along with midfielders Seen and Upton. The Demons had slightly the better of the last term, booting 3 goals to 1. Although beaten, the Swans can take some confidence from their last half, in which they outscored the Demons by 2 goals. The Swans now have 2 winnable home games before a tough road trip to play Old Scotch on their home turf.

FINAL SCORES: Lilydale: 14.11 (95) East Coast : 7.10 (52)
SWANS GOALS: Goldfinch 2, Upton 2, Seen, Calow, Crossingham
SWANS BEST: Marland, Miar, Tate, Omanihi, Upton, Seen, Crossingham

RESERVES

The Swans reserves had a reality check when they were comprehensively defeated by 94 points. From the outset, the Demons were far too strong and well drilled for the East Coast side, who had defeated them at their previous encounter at Pyengana. The Swans' only goal came from Jarrod Mason, who played an excellent game. The Swans midfield tried valiantly, and received good service from the evergreen Brad Goodyer, "Mono" Latham and Billy Flakemore. A real positive for this team was the great form of first-year player Jayden Blunt, who played his best game for the year. The young Swans will look to the next two games to consolidate their position in the top 5, and hopefully enter the club's first reserves finals series.

FINAL SCORES: Lilydale: 15.12 (102) East Coast: 1.2 (8)
SWANS GOALS: Mason
SWANS BEST: Blunt, Mason, Goodyer, M Latham, Oakenfell, Flakemore.

EAGLES PLUMMET AT ST HELENS

The East Coast Swans easily accounted for their feathered rivals, Evandale, at St Helens on Saturday 18th July. Goodyer, Robson and Haley were prominent for the Swans in the first quarter, but their forwards were consistently thwarted by Evandale' negative defensive play. After a goalless first term, the Swans began to attack relentlessly, and were rewarded with goals to Marland and Haley. At half time, the Swans had extended the lead to 6 goals. Will Stoltenberg began to find his marking mojo and hit the scoreboard consistently in the second quarter. Ever-reliable mid-fielders Upton and Seen were relentless with their pressure for the Swans, and Ethan Goldfinch provided plenty of forward entries with his run-and-carry and lethal left foot. The final term saw "Stolts" provide the crowd with a high marking clinic, taking his tally to 6 majors for the day. A beleaguered Evandale was only able to manage one more behind in this quarter, leaving them goalless for the day. The Swans have a comparatively easy game against Uni this Saturday, before tackling the two big improvers of the season, Scotch and Old Launcestonians in the final two roster matches of the season.

FINAL SCORES: East Coast Swans: 15.9 (99) Evandale: 0.2 (2)
SWANS GOALS: Stoltenberg 6, Goldfinch 2, Marland 2, Baldwin, Child, Graham, Haley, Johnson
SWANS BEST: Haley, Stoltenberg, Miar, Goldfinch, Upton, Seen, Omanihi

RESERVES

The Swans reserves gained a morale boosting win against Evandale last Saturday. After a relatively even start, the Swans put the foot down and produced an impressive second half of football. Pat Oldham continued his fantastic improvement and was impressive in the ruck, as other youngsters such as Hill, Singline, Latham and Goodsell provided plenty of run from their positions. Stalwart Ned Hyland was an immovable presence in the forward line, finishing with 6 majors, but it was stringy Jarrod Mason who was the most eye-catching player on the field, showing amazing agility and ball handling skills for a player of his size. The win should see the Swans reserves team enter the finals series for the first time - a great result for coach Kodie Joseph and his team.

FINAL SCORES: East Coast Swans: 14.10 (94) Evandale 2.2 (14)
SWANS GOALS: Hyland 6, Singline 3, Oldham, Mason, Lovell, Reid, Davern.
SWANS BEST: Mason, Reid, Lovell, A Latham, M Latham, Oldham, Hyland.

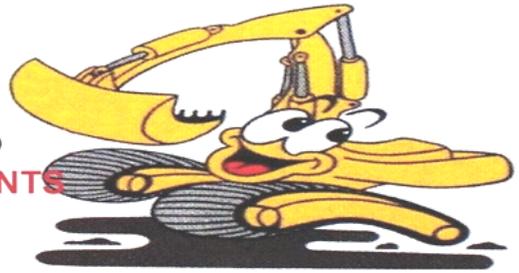
C&D EXCAVATIONS

FOR ALL YOUR EARTHMOVING REQUIREMENTS

Craig: 0439 722 032

Dana: 0437 248 033

Email: cdexcavations@bigpond.com



LOCAL OWNER OPERATOR

OVER 25 YEARS KNOWLEDGE & EXPERTISE

2 X 20 Tonne Excavators with Tilt Bucket & Ripper

Rock & Log Grab & Quick Hitch

D65 Dozer with Root Rake & Tilt Blade

10 Yard Tipper, Pig Trailer, Water Cart

Roading, Fire Breaks, Land Clearing & House Sites

Bridge Works & Water Holes

Rocks, Road Gravels & Screened Top Soil

Positrack (bobcat) with tilting 4 in 1 bucket & smudge

dana@cndexcavations.com.au



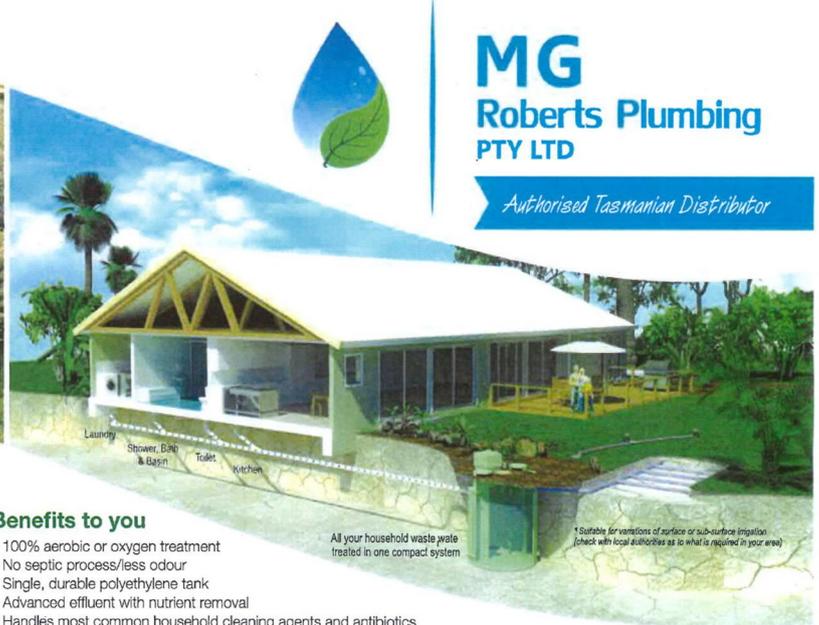
SPLASH, St Marys based; fresh water deliveries and septic tank pumping service. Servicing the Fingal Valley, Bicheno, Coles Bay, Four Mile Creek, St Helen and surrounding areas.

For prompt and reliable service

Phone Peter on 0488 742 269

Email: dana@cndexcavations.com.au

PROUDLY SUPPORTING THE LOCAL COMMUNITY



**MG
Roberts Plumbing
PTY LTD**

Authorised Tasmanian Distributor

The trusted name in waste water

Ozzi Klean has been a trusted name in sewage treatment since the 1990s. As an Australian owned and operated manufacturer, Suncoast Waste Water Management developed and released the range of household Ozzi Klean products into the market after decades of extensive experience within the sewage treatment industry. By installing an Ozzi Klean Sewage Treatment System you can join the many thousands of households already enjoying the benefits of an endless supply of recycled water to reuse on your property for watering gardens, lawns and trees. The Ozzi Klean Sewage Treatment System treats up to 2,000 litres of waste water every day. This is equivalent to 10 persons using 200 litres of water each day. Operating on a cyclic, fully aerobic basis, waste water treatment is highly efficient, processing it into irrigation water within hours.

Benefits to you

- 100% aerobic or oxygen treatment
- No septic process/less odour
- Single, durable polyethylene tank
- Advanced effluent with nutrient removal
- Handles most common household cleaning agents and antibiotics under normal use
- Cost effective and reliable
- Safe and environmentally friendly
- Lower running costs due to Ozzi Klean cyclic aeration process
- Approved Australia wide to strict Australian Standards

Ozzi Klean advantages

Ozzi Klean Sewage Treatment Systems are built to last. The heavy-duty polyethylene tank is up to 20mm thick and is, weight for weight, 100 times stronger than concrete. As the Ozzi Klean tank is roto-moulded and completely seamless, there is no risk of seepage, leaking or root intrusion.

WWW.

mgrobertsplumbing.com.au

OZZI KLEEN
Water & Waste Water

Call Michael Roberts today for a QUOTE on 1800 623 821 or email: michael@mgroberts.com.au



ST MARYS SPORTS CENTRE

By Volun Tier



Many things on the go to report this fortnight, starting with the ‘Old Codgers’ day the previous week.

Around 35 guests enjoyed a chat and an ale or two, along with a lovely afternoon tea put together by our intrepid Centre crew. Many tall tales and half-truths discussed among the crew, ‘Frog’ Cooper one of the main culprits again, with Bruce and Ricky not far behind. The phrase, ‘the older I get, the better I was,’ sprang to mind on several occasions; what a great afternoon it was. Guests requested that it not be long before another is planned, and many requests for some more documentation on the day. Sometime in October will be the next one, so keep your eyes and ears peeled for that one. Big thanks to Rick Lohrey for his contribution towards the day, a great effort.

Golf high on the agenda again, with the Saturday fields picking up nicely, culminating last weekend with an Invitational Day, which saw 17 golfers take to the course, with some old familiar faces and some new, three traveling from Huonville to compete in a two-person ambrose. What a great turnout; a hit of golf and wonderful lunch provided afterwards was enjoyed by all. Nice to see some familiar faces back for a hit; Brad and Maryanne Ennis, Jim and Beth Haas, Shan Wilmot, and Neil Sorreson from North West Bay. Scores in the news below. A big thanks to Rodney McGiveron for running the day, assisted by Speed Maher; great job by all and a well-deserved boost for our lovely golf course, and the many comments after, about the wonderful condition of our greens, were much appreciated.

That night, Tamatha and Leanne catered for a lovely meal night, enjoyed by those who partook, of delicious Winter Warmer mains and old-fashioned desserts, at very reasonable prices. Didn’t see too much of the puddings come back to the kitchen; well done, ladies.

Membership Draw: Rodney McGiveron and Dean Rice; you can only win it if you are there!

Footy Tipping: The Viney crew held all the aces this fortnight, Trevor last week and Jacob this week, not too many dollars left the club, though..

Golf: Last week, Rodney leading the stroke event from Bruce Cornelius, Peter Sorrenson, Rick Stillman, Macca and Dave, the latter two so far back they would need a telescope to see the leaders.... This weekend, a two-person ambrose; winners were the Irishtown crew Jeff Matters and Shan Wilmot on 27.5 points, - they had to be introduced to each other before the game even though they live in the same street! Second was Mark Carrick and Neil Sorrenson on 28.5, third Bill Swan and Speed Maher 30.75, Jim and Beth 31.5, Rodney and Jason 31.5, Brad and Maryanne 31.75, and the Huon boys 31.75. No news on the crows this week, must have been too many on the course. Fantastic roll-up and heartening for our wonderful course crew. Come along for a hit every Saturday at 11.00am, \$5.00 gets you a game and a feed.

‘Pick a Pen’ makes a return to Friday nights as well; be there for your chance to grab some cash.

Until next time, good hitting and rolling.

NOTICE OF ANNUAL GENERAL MEETING

The Annual General meeting of the St Marys Sports Centre Incorporated will be held on Saturday 24th July 2021 at the Centre, commencing at 1.00pm.

- Agenda Items Reports from 2021-21
- Election of Office Bearers, Patron and Auditor
- Setting of Membership Fees

Macca, Secretary



C & D's

**PROUDLY SUPPORTING
OUR LOCAL COMMUNITY**



38 Main Street St Marys
Right next to the Post Office

TRADING HOURS:
Mon -Thurs 6.30am - 7.00pm
Fri 6.30am - 7.30pm
Sat 6.30am - 7.00pm
Sun 7.30am - 6.30pm

Phone: 6372 2240 or 0417 092 857
Email: shop@cndiga.com.au



Advertised Weekly Specials and Manager's Specials

Cripps Tasmanian breads everyday prices:

Master Loaf: \$2.99 per loaf Fresh Guys: \$1.99 per loaf Williams: \$3.99 per loaf

Fresh produce at the best price Range of local meats and smallgoods

Good range of vegan, vegetarian, gluten-free and lactose-free products

Pet care; dogs, cats, chooks, alpacas, lambs, birds, fish, guineas pigs and rabbits

Newspapers and a large range of Magazines Phone and X-Box credit

Ice and Bait Kindling Rug Doctor Carpet Cleaner Hire

Cement and Hardware Garden care needs

SUPPORTING TASMANIA, BUYING LOCAL & EMPLOYING LOCALS

Waverley Farm eggs and animal feed, East Coast Providore

J B Nicholas, Scottsdale Pork, Ziggys and many more Tasmanian products

Senior discount day every Wednesday

FREE HOME DELIVERY TO ST MARYS AREA

For reliable, friendly local service, call in and see Dana and the team—we'll carry your bags to your car!

THE VALLEY AND EAST COAST VOICE

is available at the following outlets:

- | | |
|-------------------------------------|---------------------------|
| ◆ Avoca Post Office | ◆ C & D's IGA - St Marys |
| ◆ Avoca General Store | ◆ Hilly's IGA - St Marys |
| ◆ Fingal Post Office | ◆ Hilly's IGA - St Helens |
| ◆ Hayshed - Fingal | ◆ St Helens Newsagency |
| ◆ Mathinna Post Office | ◆ Scamander Supermarket |
| ◆ Coach House Restaurant - St Marys | ◆ Mouth Café - Scamander |
| | ◆ The Farm Shed - Bicheno |

Printed and published by:

Fingal Valley Neighbourhood House Inc.

PO Box 322

FINGAL 7214



ISSUE 53.11

Across: 1. Papoose, 7. Heron, 8. Stunned, 9. Cognac, 11. Grime, 13. Toll, 14. Nairobi, 15. Stet, 16. Vexed, 17. Artist, 21. Informs, 22. Sloop, 23. Antenna.

Down: 2. Alternator, 3. Ointment, 4. Seek, 5. Veto, 6. Worn, 9. Crook, 10. Able seaman, 12. Fight, 13. Tiresome, 18. Tale, 19. Soon, 20. Anon.