



THE VALLEY AND EAST COAST VOICE

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ST MARYS WELCOMES NEW FACE TO MEDICAL CENTRE

St Marys Community Health Centre has welcomed a new Director of Nursing, Sharen Cook.

Taking the position up 4 weeks ago, Sharen, who was born and raised in Atherton in Queensland, is looking forward to meeting and engaging with as many residents of the areas she can. "I have been nursing since 1985. My career kicked off as an AIN (Assistant in Nursing) at a nursing home, and continued as an Enrolled Nurse, Endorsed Enrolled Nurse and finally as a Registered Nurse. I have mainly worked in rural and more isolated Multi-Purpose Health Services and hospitals, so I am mostly a remote and isolated-practice nurse," Sharen said. Her background is a mixed bag of lollies, which includes surgical, chemotherapy, oncology and palliative care, along with being a rural generalist nurse, so she has a wide range of experiences and skills she brings to St Marys.

She and her husband had always loved Tasmania, and were determined that they would live here one day. "We had decided to sell up everything and become grey nomads, travelling from one location to another, along with my 18-year-old son and 2 rather naughty large dogs. We had decided to start in Tassie, and I was working as an agency nurse in Latrobe when I applied for the position here in St Marys."

The Director of Nursing position involves running the Community Health Centre in every area, including the day-to-day running, staffing, logistics, administration, maintenance, and patient care. "I'm the interface between the community and the hospital system, so I need to know what the people expect from the Health Centre, and what is needed," she commented. "I would like this facility to become a magnet for medical and nursing students, where patients feel welcome, and receive the best care we can provide."

"COVID-19 has become a part of life, and it is important that people play their part in fighting it. Face masks are now compulsory in hospitals, and along with hand sanitising and being vaccinated, we can prevent it from gaining a foothold in this beautiful state," Sharen added.

One of the first decisions Sharen had to make involves the beautiful silver birch and the noble oaks in the grounds of the building. "The roots of the silver beech have invaded the underground pipes, so that must be removed to ensure that the building is structurally safe, and the oaks also need some trimming. A tree surgeon will be here soon, and assures me that the oaks will be just as magnificent after he has attended to them," she remarked.

Sharen would like more input from the community, and is looking forward to meeting and being engaged with people from everywhere within the area the Community Health Centre services, including Bicheno.

"Being a nurse is a privilege. I can't say any more about how I feel about being a member of the nursing profession. I am passionate and a strong advocate for patient safety and quality healthcare. I feel privileged to be a involved in a patient's journey," Sharen concluded.



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Opinions in any letters published are not necessarily those of the Editor, staff or volunteers.

Our pages remain open to fair and honest criticism so that, on all questions, both sides may be presented, but any submissions containing personal attacks/libel/slander will not be accepted.

Kindly do not attack the Editor, the paper or the authors of previous articles.

All articles for submission, including letter to the Editor, must bear the author's full name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only. Letter writers will be given the chance to respond over a suitable period of time.

Subjects may be closed at the Editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The Editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. Whilst we value and welcome community input, the Fingal Valley Neighbourhood House does not provide specific feedback regarding any decision made not to publish a submission.

The Fingal Valley Neighbourhood House reserves the right at all times, without notice, to update, change or amend our guidelines. All information is correct at time of printing.

This newspaper is about the Fingal Valley and the East Coast, and the people who live here. If you have a story you would like to share, or a suggestion for an article or regular column, please contact the Editor. You can show off your literary talents and submit it for consideration, or the Editor can write it for you. Photographs are important too, so try to include them, with some information as to where and when it was taken, what the occasion was, and who is in it. We also like to tell people about our sporting history, and tales of sporting prowess and vanished sporting events are also welcome.

Email me at: valleyvoice@fvnh.org.au
 Elizabeth, editor, The Valley and East Coast Voice.

VIETNAM VETERANS DAY 2021



This year marks 'The 50th Anniversary of the end of Combat Operations by Australian Troops in Vietnam'.

Vietnam Veterans Day will be commemorated on Wednesday the 18th of August.

The service will commence at 11.00am at the Vietnam Veterans Memorial site at

the Cenotaph, in St Helens. If you wish to join Veterans in the march, please form up at Hilly's Supermarket, St Helens at 10.45am.

You are invited to lay a wreath for the fallen during our Remembrance Service.

If the weather is inclement, the Service will be held in the Portland Hall, adjacent to the cenotaph.

For further details, please contact President of the East Coast Branch, Gary Graham on 0409 178 060.

This event will be dependent upon the COVID situation on the day.

MALAHIDE GOLF CLUB CELEBRATES 50 YEARS

The 50th anniversary was an amazing day with 43 players playing under sunny skies. The course was in amazing condition and all the visitors commented on the great food and hospitality.



Mrs D Marshall, Club President Craig Woods, and Club Captain Andrew Johns draw the raffle.

Mrs D Marshall visited the event, telling stories about playing on the old Malahide course and being C Grade champion. Our president Craig Woods gave an in-depth talk on the history of the club, noting that Malahide Golf Club was established on the 'Malahide' estate at Fingal in 1946. While there is not a lot known about the original course, the present course was opened on the 31st July 1971 with much celebration, Peter Toogood hitting the first tee shot.

The club has produced many excellent golfers including Paul Johns, Kim Howe, Errol Lohrey, Tammy Hall, Deidre Panton, Mark Johns and Andrew Johns. The club is run these days by a small dedicated group of volunteers, who do an amazing job to keep the club running with a small membership. Since the local hotel closed, the club has turned into an immensely important part of the community where people can relax and talk.

RESULTS

- 1st Ashley Stone, John, and Vincent Steven Rigby 58.9
 2nd Shaye Ward, Sam Child and Mitchell McCarroll 59.9
 3rd Andrew Johns, Paul Johns and Lucy Johns 60.4 C/B
 4th Glen Woods, Malcom Woods and P Buchanan 60.4
 5th Warwick Lowe, Stephen Lowe and David Lowe 62.2
- Nearest the Pin: 1st and 10th - Shaye Ward
 4th and 13th James Lord
 7th and 16th Stephen Lowe
 8th and 17th Stephen Hibbs

A big thank to all the people who sponsored and helped out on the day.

The course is open all year round and bookings are not necessary, with visitors welcome. Men's competition is held on Saturday at 11am and Ladies' competition is on Wednesday at 11am. The Clubhouse has a bar and snack facilities. There are barbecue facilities also available.

Contact Club Captain, Andrew Johns, on 0427 854 555 if you are interested in playing a round of golf or joining the Malahide Golf Club, a part of the history of Fingal.



Stephen Hibbs, triumphant after achieving Nearest the Pin with his first shot of the hole.

SPLISH, SPLASH, PETER WILL FILL THE BATH!

Peter "Tooly" McGill is well known in the Fingal Valley for a variety of reasons; a Justice of Peace (JP), the son of the former owners of the 'Fingal Hotel,' former treasurer and life member of the Fingal Football Club, and a former Fingal Valley Festival committee member. Peter is also a member of the Fingal Fire Brigade and has received the National Medal, for service in the Tasmanian Fire Service.

For the past few years, he was the driver of the septic tank and water cartage services, part of 'C & D Excavations' known as "Splash." Peter and his wife Janine recently purchased this business as their own, and it is now be known as "Splash East Coast."

Peter was born in Launceston, then lived in various places before moving to Fingal with his parents, Bob and Norma McGill, when they purchased the 'Fingal Hotel' in 1974. He was allowed to work behind the bar in those days at age 14, but his sister Cheryl had to wait till she was 16 years old. Peter remembers on many occasions his father, Bob, driving the customers home when they had had a little too much to drink. Peter finished high school at St Marys Area School, and remained a familiar face behind the bar at the Fingal Hotel until he commenced work with Mal Gray, driving for St Helens Transport, in 1981.

Peter came back to help his parents on weekends, "and then it was my turn to drive the customers home," he said. In 1986 the 'Fingal Hotel' was sold, and Peter started work for Cornwall Coal NL, working at all the sites in the Fingal Valley for over 25 years. "I went where they sent me, and enjoyed the friendships that were formed. Duncan, Blackwood, the open-cut at Cullenswood, the washing plant; I worked at them all," he proudly stated.

Peter is just as proud of having worked for Dave Wagner carting logs. "In my time there," Peter said with a grin, "I had 3 brilliant teachers who definitely deserve a mention, and they are Dave Wagner, Johnny Donaldson and Alfie Coleman; they don't get any better than that."

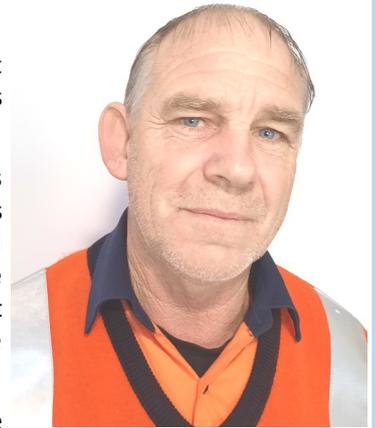
He and Janine married in 1991 and have two children, Madelaine and Bradley.

Peter has always enjoyed the social side of meeting people while unloading their freight or filling their water tanks.

"The early morning sunrises, the different country sides, the late night sunsets; that is why I love doing what I do each day," he concluded.

Splash East Coast covers as far north as Anson Bays down to Coles Bay, and from Avoca to the east coast.

If you are looking for clean water, or a clean septic tank, call Peter on 0488 742 269.



LETTER TO THE EDITOR

In the last issue of Valley Voice, 'Cage Rattler' described a St Marys which, sadly, no longer exists. What a busy, bustling town it was, and so much has changed or been lost in a relatively short time, even in a lifetime. David and I have only been in the area for about 20 years, but we have witnessed several changes ourselves. The town which exists today might be different but still has the character of a pleasant country town, thriving well in spite of various setbacks, and certainly in spite of COVID-19.

'Cage Rattler' referred to an article - "The Forgotten Stamp" - which he wrote some time ago and which was inspired by his late friend Ruth Gill. She sounded like a lovely person to meet and know, but unfortunately I did not have the opportunity or pleasure. Would he consider perhaps reissuing that piece to follow on to his most interesting current article? I, for one, would certainly like to read it.

Toni Brewster, Chain of Lagoons.

Editor's Response

Hi Toni,

I will ask "Cage Rattler" if he would resubmit the article which you mention. If anyone else has memories of St Marys in former times, I would be very interested in hearing from you.

The Fingal Valley Neighbourhood House History Group will be submitting an article or two about the history of St Marys in the future.

Regards,

Elizabeth, Editor.

WE DON'T JUST PLAY WITH WATER!

We are continuing our series about being a member of a local volunteer fire brigade and hope that our readers find it interesting enough to find out more....

People often think that being called out to fires and incidents means that you have no social life, especially in the fire season. But fire brigade members often talk about how important the social life is to them. "It doesn't affect my friendships outside of the brigade," said Catherine Thomas. Making new friends can be daunting if you move into a town or locality, but joining the fire brigade or transferring from another brigade can lead to some great friendships. It is a good way for a family to get to meet local residents, and find out about the area. Regular social events such as barbecues and working bees are part of the life of a fire brigade, and most brigades have a Christmas Dinner or similar celebration, with partners and families welcome to join in. Many Christmas Parades are lead by a local fire truck, sometimes including lolly drops, or visits to nursing homes and hospitals to spread Christmas cheer. "I enjoy the comradery," Fingal Brigade Chief Richard Gee said, "and learning life-skills while forming friendships is great." Some brigades have sporting teams, for example, darts or eight-ball, and take part in local competitions.

Training undertaken away from your home base can also expand your social life! You can make friends with people from other brigades, and see more of this wonderful state, as training takes place all over the island. And those you meet at courses could be people you work with if you are sent to assist at a fire anywhere in the state, or have people brought in to the site, as occurred in 2019/2020, when brigades from all over the state came to the Fingal Valley, along with fire-fighters from other agencies, such as Parks and Wildlife, and Sustainable Timber Tasmania. You may even be sent interstate to assist, and make new friends there! During the lock-down last year, members of some fire brigades assisted Tasmania Police in the compliance checks of people in mandatory isolation, and on-going relationships have developed out of this.

Of course, being a member of a fire brigade has a serious side. Attending fatal accidents, and being with people who have experienced the destruction of their homes, can be just as stressful for those who are helping. The Tasmanian Fire Service takes the responsibility of mental health very seriously, and recognize that maintaining friendships are an important part of that responsibility. Debrief sessions are seen as vital for all who attend a call-out, whatever role they had. Sharing the experiences, along with the reactions to different situations, is a way to cope with the stress of being at an incident. "There have been occasions when my husband has attended fatal accidents. Being watchful and caring about his well-being, and how well he is coping is important," Ann-Maree Thomas noted. Professional support is also available to every brigade member, through the administration system, for all areas of life. Illness, financial difficulties, family matters, employment problems; all these and more, matter to the well-being of brigade members, and help can be asked for or offered, which is private and confidential. "I was so worried about being able to provide for my family, I tried to commit suicide so that they would receive insurance money," a brigade member who asked not to be identified said. "The Tasmania Fire Service were able to provide a counselling service, and life became worth living again. I couldn't see that I needed help, but the Brigade Chief did, and took action; I'm thankful for that," he concluded.

A common question is, "How long can you be a member?" and the answer is, "As long as you want!" Catherine Bean said, Growing up and being involved in the Fingal Fire Brigade has been a fantastic thing to experience. At this stage, I can't think of a time when I will stop being involved with the Tasmania Fire Service. I look forward to being a member for many more years to come!"

Catherine Thomas added, "It means a lot to me, especially following in Dad's footsteps. I will know when the time is right to leave."

When asked if he wanted to add anything, Richard Gee said, "Whilst we can't stop fires and incidents from occurring, it is very rewarding to know our brigade has members who are prepared to give up their own time to go to the aid of people in need of help. Tasmania Fire Service relies on volunteers, but they are also very supportive of their volunteers."

Ann-Maree Thomas sums up her feelings: "I have never considered asking my husband to step away from the fire service, As a wife, as a mother, I have an immense sense of pride regarding my family's contribution to the Tasmanian Fire Service, seeing them together, in their dress uniform, standing together at an ANZAC Day service."

Volunteers are always being sought after, so give your local Brigade Chief a ring on the number listed here, and find out how to join a great bunch of people!

In the final article in this series, you will find out about the vehicles used, the uniforms and PPE issued, and the levels of training undertaken by brigade members, among other information.

YOUR LOCAL BRIGADES

East Coast:

Binalong Bay – Matt Gibson	0418 332 717
St Helens – Dale Richards	0491 968 945
Scamander – Michael Aulich	0417 507 239
Falmouth – Shannon Hibberd	0439 615 213

Fingal Valley:

Avoca – Rob O'Connor	0417 337 241
Fingal – Richard Gee	0419 357 386
Rossarden – Alan Butler	0457 469 185
Mathinna – Robert Parsons	0409 239 415
St Marys – Jason McGiveron	0417 101 420

BRIDGING THE SCAMANDER - PART 6

WHAT WILL IT TAKE TO BRIDGE THE SCAMANDER?

After the flood of 1929, widespread damage around the State drained Tasmania's resources. Six bridges had failed at Scamander, some of them were sophisticated and expensive designs for their time. Something extraordinary would be needed for a successful bridge. Planning and consultation would take years.

There were many differences of opinion about what should be done. The punt was back at work for what would become its longest period of service. Some people argued that a good punt would be the best permanent solution - the idea of bridging the Scamander should be abandoned!

Locals knew the perils of punt crossings only too well. On April 7, 1924, a motor bus travelling from St Marys to St Helens had driven onto the punt, and off the opposite end into water 15 metres deep. Luckily eight passengers were able to escape quickly through the open roof. The ninth, Miss Mason, was rescued by an elderly gentleman standing nearby. Further adventures and near misses added to the punt's bad reputation.



Crossing the Scamander by punt in fine weather looks easy, floods and stormy seas often made it impossible.

By 1931, the punt had been nearly washed away by floods, and delayed when the motor was stalled by a wave, and when flood-borne wood blocked the causeway. A load of 25 dairy cows had been thrown overboard when the punt hit the submerged causeway. Some of them got very sick from being trampled on while underwater! A. W. Thompson's mail contracting firm had three of its cars go into the river off punts and lost valuable horses. Tourists sometimes turned back rather than cross the Scamander by punt. Such an unreliable method was a setback for the community.

It was becoming clear the Scamander was no ordinary river when it came to bridges; many approaches had been tried and failed. The two main approaches to bridge building are low-level and high-level bridges. Low-level bridges are designed to allow logs to float over with floodwaters. High level bridges need to be higher than the highest flood, with spans wide enough to let logs pass under. High level bridges had failed repeatedly on the Scamander. Some people felt a low-level bridge would be better. A location higher up the river, near today's water supply infrastructure, was suggested. The Scamander River posed problems for both types.

Very large trees grew in Tasmania's forests at that time. Many had been captured by the floodwaters on the Scamander River, especially in 1929. European forests had not had such large trees for centuries; engineers were not trained to design bridges to deal with floods carrying so much enormous wood.

Some Australian wood is unusually dense. Ironbark (*Eucalyptus sieberi*), which grows on hillslopes of the Scamander catchment, is more dense than seawater when it is green. Green ironbark logs don't float, they slide and bump along the river bottom in a flood. The Hodgson brothers had seen such logs and tree stumps piled against the wrecked bridges during their dive. As ironbark wood dries, it becomes light enough to float. The mixture of dry and green logs travel at different levels in floods, and block the bridge openings from top to bottom.

Australia has much higher floods, compared to the water flowing in rivers during dry periods, than other parts of the world. Damage from bridge collapses over the years had also disturbed the Scamander River, and its floods were growing more powerful as a result.

The Government set about collecting evidence from local people and experts about what would be the best way to build a lasting bridge. In 1933, a Parliamentary Standing Committee held hearings in Hobart, St Marys, Scamander, and St Helens. Among the witnesses were L. and J. Ryan and A. A. Proverbs from Scamander, P.W. Steel, Warden of Portland, A.W. Thompson, who owned the mail delivery firm, and T. Haley from St. Helens. The consensus of opinion was that a low-level bridge further upriver would be too expensive in road building and maintenance, and too often disrupted by floods. The present site would be best if the bridge structure was up to the task.

A key witness, Engineer G.D. Baisille, described the Scamander River as 'one of the most treacherous rivers in the State'. He explained that bridges over the Scamander had lasted 9 years on average, compared to 30 years on the Huon and Prosser Rivers over the same time period. The main problems were heavy floating timber and debris pressing against bridges during floods, and the under-scour around the piles when spans were blocked, and water was forced through the small gaps. He estimated that the sixth bridge took 600 tonnes of force from accumulated wood and water before it collapsed. However strong the bridge might have been, the pressure would simply have kept building up until it finally gave way.

The key to solving these problems would be to build a high bridge, with long spans. Possible options were a suspension bridge or a truss type bridge. Concrete and steel would be the key to giving it a long life. The community waited with anticipation for the committee's findings and the engineers designs.

'Bridging the Scamander – a most treacherous river' by the author Liese Fearman was published in 2017 in the Tasmanian Historical Research Association's Papers and Proceedings, Vol. 64 August 2017. The newspaper that each piece of information in the story comes from is identified by the name, date and page of the paper in the publication.

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ST HELENS CATHOLIC PARISH TO CELEBRATE CENTENARY

On 5th March 2022, the St Helens Catholic Parish will be celebrating its Centenary, and are looking for any photographs or memorabilia that anyone in the area may have concerning the Parish.

If anyone has anything of importance, old photographs or newspaper articles pertaining to the church, could you please get in touch with Mary-Ann Wadsworth on 0407 812 768, Ann Marie Blunt on 6376 2608, or Father Norbert at the Catholic Church at St Marys.

FINGAL FOCUS

Contributed by Mike Brouder

There is water in every lane, so it is OK.....Ian Thorpe.

How I started my career...part 2

Basically the work consisted of studying the aerial photographs and creating forest maps, by visually scanning and measuring the tree images with a little gadget which we called a height-finder, which measured displacement of the images, to define them into various classes of forest tree heights. Why, I hear you ask, (speak a little louder please!) would the Forestry Commission need forest maps? I'm glad you asked that question. The whole idea of producing our own forest maps occurred because no other 'authority' was available or capable of doing that particular work.

Dudley Hemmings, who was to be my boss, had gained experience in the RAAF during the Second World War at working and extracting information from Aerial Photographs. After he had completed his tour of duty in Mosquitoes as a navigator, he was seconded to Intelligence to work on Aerial Photos. He was able, as a consequence, to start the Forest Photo-interpretation Section with the Forestry Commission just after the war. Luckily for me, when I started in 1951, the Photo-interpretation Section was still in its early days, so that not only was I on a steep learning curve for the job, but was also part of the creative part of the Section, and was able to contribute to the growth of the Section. In later years, I was in charge of the Photo-interpretation Section, and tried to lead to more efficiency and modernisation. The maps were needed so that the Forest Management Branch could analyse the forest, and determine the quality of the forest and also quantity of forest available for logging.

In order that the Management Branch could work effectively, we, the Photo-interpretation Section of the Mapping Branch, had to produce forest maps in which the various forest classes, which we defined on the Aerial Photographs, were as near to homogeneous as possible. This was necessary so that each forest class could be measured in a statistically valid manner. As we gained more experience and confidence, the maps became more detailed. Our maps became popular with bush walkers, because the maps showed old tracks which hadn't been used for many years. Quite often they were old 'snig' tracks. 'Snig' tracks were made when the logs were hauled through the bush. The log had a 'shoe' attached to the leading edge of the log to help it slide more easily over the ground. Traces of old tracks could also be created by old tramways. Tramways were a kind of wooden track railway used to haul sawn timber from a forest mill. The mills would saw the trees into planks etc. Mills were always situated near a stream, and were usually fairly deep into the bush. Saw-mills, in those days, were invariably steam-engine driven, and so would need water. One of the signs of an old saw-mill location on the aerial photos was a pile of old sawdust near a stream. That presence would start a search for old tracks which were very useful for our ground parties for possible forest access, and also for locating their whereabouts on the maps. It was interesting, at times, to visit those old mill sites to view the old machinery left behind. They also lived at the site under primitive conditions which we probably wouldn't tolerate these days.

These kinds of detail were essential for navigation in the bush. The ground parties were made up of men who were not particularly experienced in bush work. Those same ground parties needed Foresters and Forest Rangers to identify and measure the various types of tree which had to be recorded accurately and entered into the statistical system. We, the photo-interpreters, also needed track location or other identifiable detail, so that when we had to check out our own work for accuracy, we also could locate ourselves from photo to map. We did, at least, have the advantage of having the aerial photos to help us. We also had some feedback from various districts when inaccuracies were found. If we were wrong we would admit to that fact. In this way, we tried to build a trust between ourselves and the field staff.

More to come next time.....

God decided to take the Devil to court and settle their differences once and for all. When the Devil heard this, he laughed out loud and said, "Where do you think you are going to find a lawyer?"

I have orders to be awakened at any time, even if I'm in a cabinet meetingUnknown

"You seem to have more than the average share of intelligence for a man of your background," sneered the lawyer at a witness on the stand. "If I wasn't under oath, I'd return the compliment," replied the witness.

Well, I thought they were funny.....Mike B

		Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p>STAR FM</p> <p>Program Guide</p>  	Brekkie	Start your working week with Sandy	Enjoy your Fruit with Sandy	I see Stars with Sandy	Flashback Retro Breakfast with The Flash	Alphabet Soup with Jewels	It's the Weekend with Magilla	Magilla's Speakeasy Jazz until 9.30 ...followed by Magilla's Magic Mix until Noon
	Morning	The Manic Monday Show with Manny	Flash in the Flesh with The Flash	The Fusion Show with Jonno	Rhythm N' Reggae with Big Daddy Davo	Simply 60's with PUGS	Old and New with "You Know Who" with Angelina	with Magilla
	Arvo	Jackster's MUSIC BOX with Jackster and Porsche	The Down Under Show with Mary-Anne	"Around the World" with your hostess The Tone	In the Shed with ZEDD	"Fresh and Fruity" with Angelina	A dose of Dr Dave with Dr Dave	Star FM's The 80's Zone
	Late Arvo	In the BACKSEAT with Astro or JAX	2 For Tuesday Request Show with Shaun	Something Fishy with Fyshy	Let's Drive with Jonno	"Rock On" with Jonno	"The No 80's Zone" with The Tone	with The Tone
	Evening	Monday Evening With Star FM	Neville's Country Corner and more with Neville	That 70's Show with Star FM	Thursday Nights with Star FM	"Free Fall" Friday Night request show with Manny	The Party Pit Playlist with Star FM	Big Daddy Davo's Blues Mix hosted by Dave

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8th August: Peter Hicks

15th August: Saree Salter

YOUR FAMILY-FRIENDLY LOCAL HOTEL

Our Futures - Job and Education Fair

On Thursday the 29th of July, St Marys was lucky enough to have local employees and business owners visit for a Job and Education Fair. Students from grade 5 -10 were able to meet and talk with many local business people. This allowed students to get insight on the careers that will be available to us in the future. We, three grade 9 students - Zali, Lola and Mia - interviewed a few people about their businesses/industries. We asked them what their job required, what further education they needed, what the difficulties were in their industry, and what they most enjoyed about their career.

Defence Force

We interviewed Jason, who works in the Defence Force.

We learnt that the Defence Force protects Australia under the direction of the government. They also provide support and assistance during bushfires, disasters, and Covid.

The only education requirement for joining the force is passing Grade 10.

One of the difficult parts of the job is being away from family for long periods of time.

Jason said that the Defence Force provides unique opportunities and there is a sense of adventure .



The Van Dieman Project

We spoke to Adam (Chief Entrepreneur) about the Van Dieman Project.

We found out that they assist people in starting their own businesses. They also educate students on the help that is available, if they're considering opening their own business in the future.

Adam told us that the best part of his job is meeting and talking to new people. He loves this job as he gets to help others.

Adult Literacy Services

26 Ten assists people over the age of 18 with reading, writing, and maths. It makes everyday tasks easier for these people, as they have learnt the skills that are required in everyday life.

There are volunteer opportunities for people of various backgrounds to work with literacy learners in the community.

In this job you get to meet many new people in the community and promote the service to young people and their families.

We also had the opportunity to get some advice on how to start or improve our resumes. We made character strength lists and were taught how to 'sell ourselves' by being truthful and honest.

Not only were we able to receive some help with our resumes, but we also got to witness a mock job interview, which we found very helpful. They gave us some tips, and they even showed us an example of what not to do at an interview.

The Job and Education Fair was a great experience, and it really helped students to see the job opportunities that are available locally and around the state. There were many different varieties of careers to suit every person. The information we received will be invaluable to us in the future.

By Zali, Lola, and Mia.



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The Say by the "Cage Rattler"

I'm sitting here on a Sunday night watching the Tokyo Olympics on Channel 7. It appears that in the 125 years since the modern Olympics began, our country has just had it's most golden single day in all that time - we won four in one day! That's truly great, but the best thing about the Olympics is that it provides a wonderful and happy distraction from so many other worrying things happening around us, not least the COVID-19 pandemic. That's got to be good!

As recently as only a few weeks ago, I was very sceptical of the Olympics going ahead, and even more so, if it was a good idea at all, given Japan's ongoing battle with the said pandemic. Even on Opening Ceremony night last week, I was concerned on how the Games would go with virtually no crowds and the like.

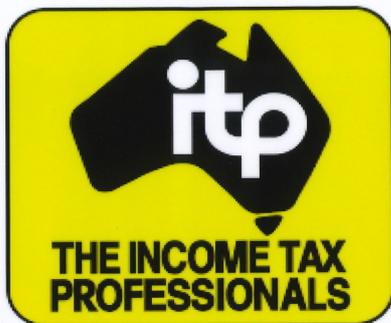
As an avid watcher every day since though, I am impressed by the way Japan has run the event, and how so much respect and sportsmanship has come from the athletes too, and how the celebration of sport in this grand manner has been a tonic for a lot of the world as the uncertainty of the future continues. Maybe the Olympic Games of Tokyo is a lesson for us all in how we can continue in a somewhat normal manner responsibly and enjoy triumphs, endure disappointment, but respect rules and regulations designed to keep us safer.

In our own country though, last weekend we saw the exact opposite in Sydney and Melbourne, when selfish and disrespectful protesters took it upon themselves to place a much greater risk within our own communities, and potentially condemning NSW and Victoria into extended lockdowns. None of these politicians and health officials make these decisions lightly, and sound scientific and medical evidence is key to us eventually controlling this COVID-19 thing. I honestly feel ashamed of the ring leaders of the protests, and maybe a forced lockdown in a place with vertical metal curtains for a month or two might be warranted to some of these idiots as a lesson to others. Probably won't happen, but,wish it would.

In many countries, the worst of the pandemic is yet to be seen, and it's truly only because we've had the strength to keep strict rules in place that we are in a reasonably fortunate position compared to most. This cannot be compromised by selfish, greedy and indulgent minorities like these dumb protesters.

Now, back to an enjoyable watch of the Olympics....

What do you think ?



ITP THE INCOME TAX PROFESSIONALS

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at the

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for an appointment



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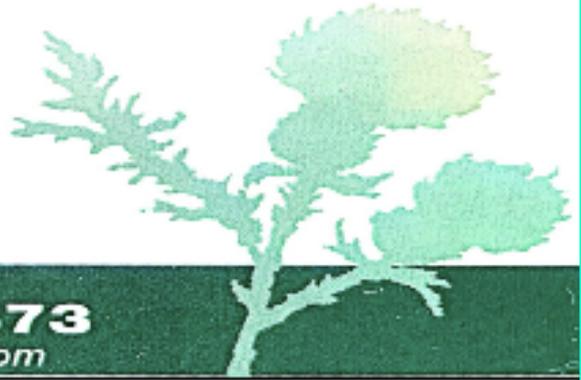
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St Helens Tip Shop

Sunday to Friday
11am - 2pm

Saturday 11am - 4pm

St Marys Tip Shop

Tuesday and Thursday
11am - 3pm

Sunday 2pm - 4pm



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Open: Tuesday 10am to 4pm
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Charges apply at all waste transfer stations - please see sign at entrance.

BLACK WATER DUMP POINTS

St Helens - 117 Tully Street, St Helens

St Marys - Harefield Road, St Marys

Fingal - Talbot Street, Fingal

No charges apply to use black water dump points.



RAINBOWS AND RADISHES

By Bloomin' Iris



Hi to all the almost Frozen Gardeners out there

Hello to all of us that are feeling the cold this winter. It does seem really extra cold this year and perhaps you do not want to get out so often to work in the garden.

Get that warm jacket on, grab the tools and get with it; it is invigorating once you get started!

There are lots of rotting leaves that can be raked up and put on vegie beds, or maybe you have already composted them. Dig some in with 5cms of cow manure for a good start to your vegie bed; the worms love it! If you don't have access to aged cow manure, you can buy powdered cow manure from your nursery - be sure to follow the directions on the bag please.

I guess if we are cold, unless you have a hot-house, our plants are too. I know even my little indoor plants seem to be struggling unless they are near a lovely sunny window. Remember, water your indoor plants with tepid water in the cold weather, not cold, as they will do better, and give the occasional feed of fish emulsion. Indoor plants, unless they are getting a lot of sun, probably only need a drink every week or 10 days; please make sure if any water ends up in a saucer to tip it all out, as it can cause rotting very quickly.

If you are not fortunate enough to have a hothouse, I recommend using some plastic over your raised beds, kept up off your plants with some stakes half a metre or so high, depending on how high your plants will grow. This is good for the Brassicas - broccoli, cabbage, kale, cauliflower, Brussels sprouts etc. I find it is a good way to get your plants on the way in this cold weather



The brassica family are full of vitamins C and E, carotenoids and antioxidants.

Don't forget to water them; we can get a bit forgetful in winter that things still need a drink every now and then if we have not had rain. The thawing frost may give us a bit of surface moisture, especially here in the Valley, (coastal areas are blessed with a milder climate and frost rarely settles there), but it is not generally sufficient at times to give the amount of moisture needed to sustain a vegie bed, but of course check the soil first before watering.

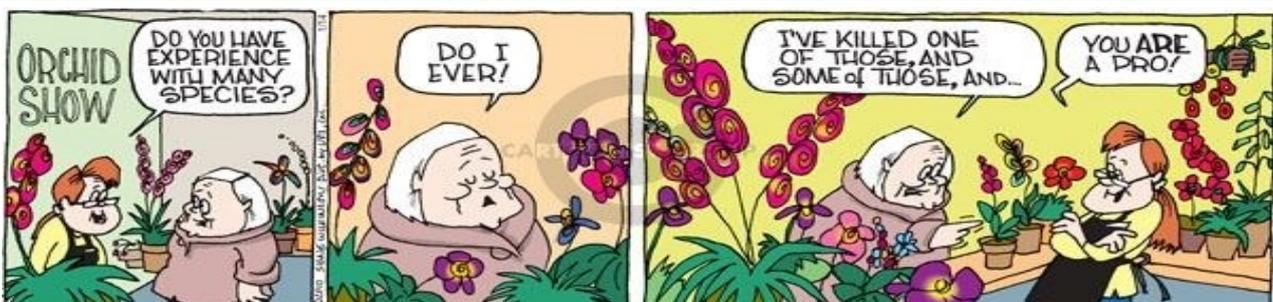
The vegetables to grow now are onions, cabbage, English spinach, broad beans, carrots, turnips, potatoes, broccoli, peas, silver beet, snow peas and, of course, radishes.

Hopefully you have all prepared your beds in advance; add some lime to beds for beans, cabbage, peas, lettuce, spinach, and other leafy veg. Lime provides much needed calcium & magnesium; lime also helps the spread of good bacteria in your garden, as it supplies necessary nutrients to your soil like phosphorous and zinc. It is available in powdered form in your nursery centres.

It is worth noting if you are growing any of the Solanaceae family eg: potatoes, tomatoes, capsicum, and chillies, Goji berries or blueberries in your garden or hothouse later near spring, they are not lovers of lime, so do not add it to the soil for these plants.

Until next time, happy winter gardening to you all.

May you see lots of rainbows, and have a bumper crop of radishes!



FINGAL VALLEY NEIGHBOURHOOD HOUSE HISTORY GROUP



20 Talbot Street

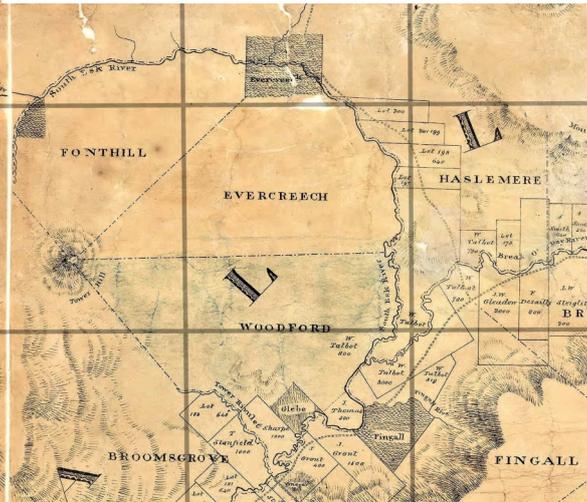
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EVERCREECH

Evercreech Parish, Evercreech - Parish of Talbot, and Parish of Evercreech - South Esk River,; these are all titles used for the Evercreech township. Surveyor General's report on the 23rd October 1844 in the 'Examiner' newspaper, offered Lots 26 and 27 for sale, a total of 4560 acres, which were purchased by the Honourable William Talbot, with Lot 27 "being the reserve for the township of Evercreech including both banks of the South Esk River." The area was surveyed again on 19th December 1857 by Alcock Tully.



Map showing the location of 'Evercreech', dated 1837.

Mr. Alexander McKenzie, born in Perthshire, Scotland and educated in his native country, came to Tasmania in 1854. He followed his agricultural and pastoral pursuits and resided at the property of Melrose, which was noted as being a dairy farm in 1866. He purchased the property of Evercreech from William Talbot. In the Cyclopaedia of Tasmania, it noted "'Evercreech' is a fine property, having an area of 6000 acres of pastoral land, mostly undulating country with some fairly good river flats. About 70 acres are under the plough, the crops cultivated being wheat and oats, and about 3000 sheep and 300 head of cattle are pastured on the run." He died in 1872.

Most of the property was bought up by the McKenzie family, John Edward and Peter McKenzie. Robert Cameron in 1866 also had 2000 acres, which he bought in 500 acre lots, paying an average price of 616 pounds and 4 shillings. From 1876, Peter McKenzie Esq was selling his prime bullocks and cows at an average price of 13 pounds 16 shillings to the Government slaughter yards. Peter McKenzie was found dead in his bed at 'Evercreech' on Thursday 30th December 1909.

There were many other property owners in the parish of Evercreech. George Oliver, Thomas Cowle, Benjamin Jones and the Clayton family were listed on the 1866 assessment roll. 'Delvin' was part of the Evercreech estate, and it is where John McKenzie resided. In 1903 he was holding between 5000 and 6000 acres, 600 under freehold. 100 acres was cultivated annually in hay and oats. From what I can gather, the Evercreech township or parish took in the area from 'Delvin' including 'Rosedale Flat', through to 'Claytons', to where Evercreech is now, where it joined the Malahide estate. The 'Brookdale' dairy farm owned by Robertson was located at Evercreech with house and land of 120 acres in 1903. On 4th July 1856, the new gold field was located at 'Black Boy Flats' near the township of Evercreech. The gold was in small nuggets about the size of wheat.

By the 24th December 1869, Mr. Goodall had secured the rights for gold prospecting on Mr. McKenzie's estate at 'Evercreech', covering an area of 800 acres; a shaft had already been sunk to a depth of 20 feet and payable gold had already been obtained. Several Ballarat capitalists paid a visit to the Fingal district in May 1870, and a Messrs. James Croyle and Edward Morey took a fancy to the 'Black Boy' alluvial Flats. They succeeded in leasing from Mr. Alexander McKenzie the whole of the estate of 'Evercreech', nearly 5000 acres, and the McKenzie's Freehold Gold Mining Company. Mr. Croyle, on behalf of the Ballarat capitalists, took on the venture and organized a Mr. J Bensen to thoroughly test the ground by boring. He was noted as saying, "From what we have heard, we believe the day is not far distant when 'Evercreech' will be a busy and remunerative gold field." By June 1870, results were in and stated as being an auriferous mining property of great value, excluding 1000 acres.

At Mathinna on the 24th December 1901, there was the Black Boy's Club race meeting, with trial stakes held in the pony race and the Mathinna Handicap, which were won by Ella. Nautilus and Country had finished on even terms in the Evercreech Handicap, which was 6 furlongs long.



Clayton Family - Circa 1880s. Home at Evercreech
(Source: S. Fry)

EVERCREECH *cotinued*

In the 1929 floods, Mathinna recorded 18 inches of rain in a 36-hour period. Mr. J.E. McKenzie lost many thousands of sheep and a large quantity of hay. Mr. E. Street's cottage was torn from its foundations and ended up 4 miles away on the Evercreech Estate. All four bridges were washed away. Eventually Evercreech was turned into a \$5 million dairy and the dairy opened about 18th February 1999, which provided employment for many locals. By the 24th December 2004, Gunns Forestry had purchased the 3000-hectare property except for 100 hectares, and by January 2005 Gunns had shut the prized dairy. 1,100 dairy cows were sold and all equipment went to auction.

Today the 'Evercreech' property is used for accommodation for visitors, with shearers quarters, classers hut, orchard cottage and a river cottage, all beautifully refurbished. They also cater for weddings and parties, with horse riding being the heart of the property, for training and conditioning events. Showjumpers and polo ponies are all bred and trained at 'Evercreech', now known as The Creech. Clubs, clinics and polo tournaments and riding lessons are all available.

Contact can be made via their website; <http://www.thecreech.com.au> by phoning 0417 883 705, and on Facebook.

Incidentally, the township of Evercreech never eventuated.....



The scenic 'Evercreech' property today.

In Our Scamander Garden....

The Front Courtyard - Part 3

Gazing out, I see four raised cement beds and a pond ready for the next step. Steve is raking a couple of areas along two sides, where dirt beds are about to be lined with pencil pines, which Steve will transplant from our back garden.

On inspecting the progress, riveted metal splices have me blinking, as the wheelbarrow shines its prideful greeting, as if saying 'No more leaks'. An artificial arm with clawed end sits beside the no-longer shiny grinder that causes the dust to fly. "No, that machine doesn't do anything without my help," says Steve, quite scientifically.

Oh, look the trees are in. Green softens the area. River stones along with fossils, a gift from my son, transform the largest bed into a feature.

Steve will use a wet and dry polisher and grinder to get the fiery reds and the pretty blue glass sparkling on the surface of the pond wall.

It is a joy to work along beside my husband, who has the ability to think, overcome obstacles and invent ways so as he can do things, with one hand. He gets frustrated and very annoyed with himself if he has to redo a job. Opposites are hard for him when building things. He can't reverse images in his head, or back a trailer, but in almost all other areas I find him brilliant. He tackles things after drawing on an old envelope and just like, that a project grows and is birthed with fire and rain and anything else you can throw at it. Perseverance is a key factor.

Well, 'til next time, when an update will be arriving, weather dependent.





Fingal Valley Neighbourhood House INC

Old Tasmanian Hotel
20 Talbot Street, Fingal

Volunteers Needed

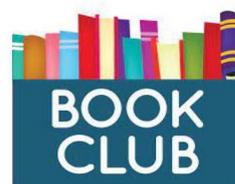
We are currently looking for volunteers if you have some time to spend either driving or to work in the Op Shop. If you have some time and would be happy to spend it with us in the Op Shop please get in touch to find out more.



VALLEY READERS

Interested in becoming part of our Book Club?

Contact us at the office and register your interest or to find out more.



Loaves and Fishes is available on **Thursdays for collection from 12pm at FVNH, or at your local collection points in Mathinna, St Marys and Avoca.**

- If you would like to apply for a NILS Loan, use our transport, food relief etc, call in or contact the office for details.



Creative Writing Group – if you would like to be part of a creative writing group, contact the office to register and interest or to find out further information.

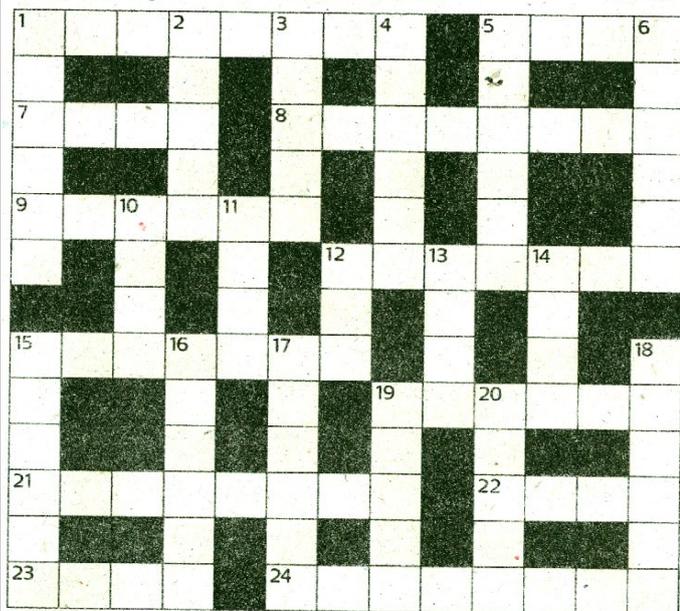
Alternatively, if you'd be interested in running a class or would like us to try something different, please contact us on the number below.

Should you have any further questions or comments or feedback please do not hesitate to call in and see us or contacts us and per details below

6374 2344, email admin@fvnh.org.au.

The Fingal Valley Neighbourhood House Inc is funded by the Crown through the Department of Communities Tasmania

Crossword 53.13



ACROSS

- 1. Series of holy wars (8)
- 5. Harvest (4)
- 7. Above (4)
- 8. Dependable (8)
- 9. Threadbare (6)
- 12. Contradiction (7)
- 15. Not deep (7)
- 19. Adjustable spanner (6)
- 21. HMS ____, Gilbert & Sullivan opera (8)
- 22. Mongolian desert (4)
- 23. ____ Music, pop group (4)
- 24. Sun-up (8)

DOWN

- 1. Pick (6)
- 2. Brush [anag] (5)
- 3. *The ____ Dozen*, film (5)
- 4. TV presenter, ____ Scott (8)
- 5. Latin American dance (3-3)
- 6. Title before a name (6)
- 10. Seaweed (4)
- 11. Comedy actor, ____ Owen (4)
- 12. Clawed foot (3)
- 13. Bellow (4)
- 14. Bird feathers (4)
- 15. Royal Engineer (6)
- 16. inheritance (6)
- 17. English university town (6)
- 18. Contract (6)
- 19. Tearful (5)
- 20. Samantha ____, actress (5)



Fingal Online Access Centre

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7214

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Email: fingal.oac@education.tas.gov.au

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FINGAL: 1st Sunday 11.30am

Parish Administrator:

Fr. Norbert Z Ochoa 0437 324 227

fr.bitz51@gmail.com

WEEKDAY MASS:

ST MARYS: Tuesday, Wednesday, Friday 10.00am.

ST HELENS: Thursday 10.00am

BREAK O'DAY

ANGLICAN CHURCH

SERVICE TIMES

St Helens

St Paul's: 9.30am every Sunday

58 Cecilia Street, St Helens.

St Marys

Holy Trinity: 10.00am every Sunday

13 Main Street, St Marys.

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LOCAL REAL ESTATE AGENT ACHIEVES TOP NATIONAL AWARD

After over 5 years of hard work, St Helens real estate agent Kate Spilsbury has received some exciting news. Kate was recently acknowledged as a top performer within the Australia-wide franchise, as a 'Top 15% LJ Hooker' agent.

"Since moving from Launceston to Scamander over 5½ years ago, I have thoroughly enjoyed nestling my way into the East Coast lifestyle," Kate stated. "People always ask, did I choose the real estate life or did real estate life choose me? The real estate life has certainly chosen me! Within 5½ years, I have worked my way up from the Receptionist, to Executive Assistant and now Principal/Licensee and Business Owner, with my husband Todd." The couple took over the business on April 1st of this year and have been overwhelmed with the amount of support they have received from our family and friends. "We have the most amazing group of ladies working along-side us; with Leanne Bell, Kristi Chapple, Caitlin Bosua & Rebecca Tuck, we couldn't ask for a better team!" she continued.



There is a well-established group within LJ Hooker called the 'Captains Club' which has grown in stature over the decades, recognising the 'Top 15%' in the iconic network. It originated for a number of reasons: a platform for the best to network and share best practice knowledge with the view to excelling even further; and celebrating the Group's top performers with some fun events.

"LJ Hooker recognise that working hard should be rewarded whilst having fun along the way and we certainly do! Its great to be a part of such an amazing network but what I have enjoyed the most over the years of working at LJ Hooker St Helens is meeting amazing people, and to be able to help them in their property journey," Kate concluded.

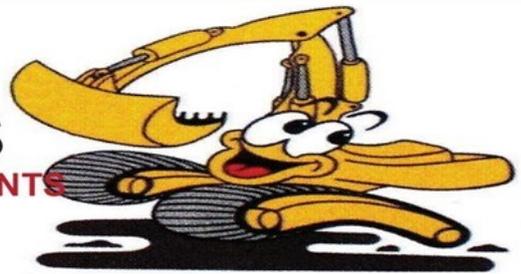
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PROUDLY SUPPORTING THE LOCAL COMMUNITY



Kate Spilsbury dubbed a top performing LJ Hooker agent in 2021

After a successful 12 months, St Helens property expert has been acknowledged as one of LJ Hooker's top performers throughout Australia and New Zealand.

In a network of more than 500 real estate offices, Kate is now recognised as a 'Top 15% LJ Hooker' agent within the real estate giant's network.

The ranking is designed to reward exceptional achievement and showcase the expertise of those recognised to lead others into excellence.

LJ Hooker Network Chief Graeme Hyde said, "With a goal to reaching this milestone, Kate rightfully takes her position within the upper percentile and is now someone for others in the network to look up to.

"As a member of Australia's best known and most trusted real estate brand, Kate has cemented herself as one of the group's top performers.

"To set a goal and then to realise this goal is a fantastic achievement and I'm sure 2021 will continue to be successful for Kate with the professionalism and hard work she has shown so far."

The ranking as a 'Top 15% LJ Hooker' agent is granted for 12 months. To retain it, Kate must meet the required criteria set around performance as well as continued professional development in the coming 12 months.

About LJ Hooker

Established in 1928, LJ Hooker has grown to become Australia's best-known and most trusted real estate brand consistently ranked [#1](#) by Newspoll and Galaxy over the past decade.

Supporting this [#1](#) position, LJ Hooker has consecutively won Real Estate Business' Australian Major Network of the Year, Marketing and Digital Network of the Year, and Training and Education Program of the Year.

LJ Hooker features one of the largest residential and commercial sales and property management networks with more than 480 offices and 6,000 sales professionals, property managers and support team members across Australasia.

Last year, LJ Hooker sold more than AUD\$16 billion in real estate and it manages one of largest property portfolios in the region, managing about 135,000 properties worth AUD\$80 billion for investors.

Kate Spilsbury – Principal / Licensee
Ph: 0419 683 904
Email: kspilsbury.sthelens@ljhooker.com.au



AUTOMATED ELECTRIC DEFIBRILLATORS

Binalong Bay

Outside wall of toilet block, main beach carpark, Main Road, Binalong Bay.

St Helens District High School

In the swimming pool enclosure, available during pool hours.

St Helens Supa IGA

Wall mounted inside the foyer, available during open hours.

St Helens Football Club

Located inside the club rooms.

Scamander Sports Complex

On the wall just inside the dining room doors.

Falmouth Community Centre - 24hr access

Wall mounted outside Morrison St entrance.

St Marys District High School

In the swimming pool enclosure, available during pool hours.

Fingal Valley Neighbourhood House - 24hr access

On the wall outside the front door.

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EMERGENCY RELIEF

NORTHERN TASMANIA

Emergency relief providers help people in times of financial crisis. Assistance includes: food, transport; chemist vouchers; part-payment of utility bills; clothing; and budgeting support.

Emergency relief providers also link people to other services, to help address the reasons for a financial crisis.

Emergency Relief organisations provide services directly to regional communities. It is not necessary to travel into Hobart for support.

Please contact an organisation for advice and assistance.

<p>Launceston City Mission (03) 6335 3000 www.citymission.org.au</p>	<p>Launceston Benevolent Society (03) 6344 4213 www.lbs.org.au</p>
<p>The Salvation Army Tasmania (03) 6323 7500 www.salvationarmy.org.au</p>	<p>St Vincent De Paul Society (03) 6326 5551 www.vinnies.org.au</p>
<p>The Helping Hand Association (03) 6391 2498 www.findhelptas.helping.hand</p>	<p>CatholicCare Victoria Tasmania 1800 819 447 or (03) 6332 0600 www.catholiccaretas.org.au</p>

FINANCIAL COUNSELLING SUPPORT

If you or someone you know requires financial counselling support:

National Debt Helpline
1800 007 007
www.ndh.org.au

Gambling Helpline
1800 858 858
www.gamblinghelponline.org.au

www.anglicare-tas.org.au/financial-counselling

Housing Connect
1800 800 588

www.communities.tas.gov.au/housing/housing-connect
A one-stop shop for all your housing and support needs.

HELPLINES & INFORMATION

In all emergencies call the Police 000 line

Tasmanian Government Family Violence Response and Referral Line
1800 633 937

1800RESPECT
1800 737 732

www.1800respect.org.au

Mensline Australia
1300 78 99 78

www.mensline.org.au

A Tasmanian Lifeline
1800 98 44 34

taslifeline@lifelinetasmania.org.au

Kids Helpline
1800 551 800

www.kidshelpline.com.au

Lifeline
131 114

www.lifeline.org.au

Beyond Blue
1800 512 348

www.beyondblue.org.au

Carer Gateway
1800 422 737

https://www.carergateway.gov.au/
If you or someone you know is a carer

Disability Information Helpline
1800 643 787

www.dss.gov.au/disabilityhelp
If you or someone you know has a disability

Older Australians and Carers COVID-19 Support Line
1800 171 866

Older people and their carers are encouraged to call

Tasmania Public Health Hotline
1800 671 738

www.coronavirus.tas.gov.au

For the latest information about the coronavirus (COVID-19) in Tasmania

Find Help Tas

A central online directory of community services across Tasmania.
Supported by TasCOSS and member organisations
www.findhelptas.org.au

National Coronavirus Helpline
1800 020 080

www.australia.gov.au

Information on coronavirus (COVID-19) and help with the COVIDSafe app
24 hours a day, seven days a week

CLEAN CRACK LAUNDROMAT

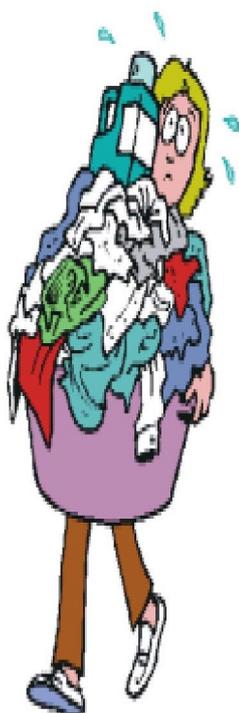
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Free Morning Tea!



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We have lot of information about locally available services or if you would just like to know more about the Trial Site we are happy to talk with you.

We're going to be at the following locations

From 10am - 12 noon

Commencing June 1st 2021

- Bicheno Health Centre - first Tuesday of every month
- Mathinna Recreation Ground - first Thursday of every month
- Scamander across from Coffee Mug - second Tuesday of every month
- Fingal Valley Neighbourhood House - second Thursday of every month
- Pyengana Recreation Ground - second Friday of every month
- St Helens Neighbourhood House - third Tuesday of every month
- Stieglitz Lions Park - third Thursday of every month
- St Marys Anglican Church - fourth Tuesday of every month
- Binalong Bay Boat Harbour Viewing Area - fourth Friday of every month

This mobile information 'outreach' is part of a much larger Australian Government funded trial program to help local communities reduce suicide.

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Pensioner Discount



St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215

Phone: 6387 5555

'STOP' DO YOU NEED TO ENTER THE HOSPITAL?

COVID RULES STILL APPLY- If unsure phone ahead on 6387 5555

CHANGES TO ENTERING THE ST MARYS COMMUNITY HEALTH CENTRE

- Please be aware COVID rules still apply.
 - The St Marys Health Centre is required to screen in **ALL** persons entering the site.
 - On arrival at the Centre press the intercom bell at the entry door where a staff member will assist you to complete a Department of Health Screening on entry.
 - Hand sanitiser is located in all areas of the Health Centre - Please use it on **entering and leaving the building.**
 - It is compulsory for the community and visitors to the Centre to wear a face mask on entry to the facility. Mask will be supplied at the door. -
- NO MASK NO ENTRY.**
- Mask wearing is now mandatory across all Tasmanian Health Sites.
 - **VERBAL ABUSE TO STAFF WILL NOT BE TOLERATED,** you may be asked to leave the building.
 - Please abide by the social distancing with seating in the reception area (1.5 metres).

Thank you for your cooperation.

COVID INJECTION APPOINTMENTS

ST HELENS RESPIRATORY CLINIC

(in the old Hospital)

Phone 6351 0007

To make a booking today!

Please keep updated at www.health.gov.au

Are your details up to date?

Do you have a new address/phone number?

Do you have a new Centrelink /Medicare card?

Have you updated these details with us?

Sometimes we need to contact you, or pass your details on to other health professionals.

You may also be charged for some medical services if your Centrelink/Medicare cards are not current.

If **any** of your details have changed, please contact us on 6387 5555, or call in and see our friendly reception staff for assistance

DOCTORS ROSTER

A Doctor's appointment is needed to see our GP's. It is not a drop in clinic.

Waiting periods to see your doctor may be experienced, please be patient

<u>Dr C. Latt</u>	<u>Dr R. Newton</u>	<u>Dr M. Fox</u>
5/8/21- 12/8/21	13/8/21- 14/8/21	17/8/2021
16/8/21- 20/8/21		

INR tests require a 5 minute doctors consultation - please inform reception when booking.

The waiting area for **all services** at the St Mary Community Health Centre is in the reception.

Please report to reception upon arrival or we don't know you are here. The consultant you are here to see will be told, and they will come and collect you from the reception area.

St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215

Phone: 6387 5555

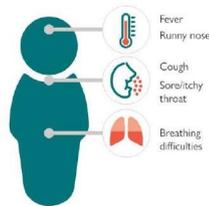
PROTECTING YOURSELF AND OTHERS FROM CORONAVIRUS

COVID-19 testing for all Tasmanian residents

Do you have any cold or flu-like symptoms?

This includes fever, runny nose, cough,
sore/itchy throat or shortness of breath.

Call your GP or the Public
Health Hotline 1800 671 738
to request a COVID-19 test



You must have a referral to be tested.

If there is no testing clinic in your local area, you
can travel outside your municipality to have a test.

After being tested, you must self-isolate at home
until you receive your results.

For more information visit
www.coronavirus.tas.gov.au



PATHOLOGY- FASTING BLOODS

No food or anything to drink other than water **for a
minimum of 12 hours prior to having bloods taken.**

You can still take morning medications.

If you require bloods to be taken prior to 8:30am, please
ring 6387 5555 at least 24 hours before to make an
appointment with Nursing Staff

NON-URGENT BLOODS

If you require non-urgent bloods to be taken, please
present at the nurse's station between

8:30am until 12 midday Monday-Friday.

If unable to attend during these times, please contact
St Marys Community Health Centre on 6387 5555 at
least 24 hours before to make an appointment with
the nursing staff.

CTST-Community Transport Services Tasmania

Phone: 1800 781 033 for bookings

St Marys General Practice reminder

Dr Latt wishes to remind the community of the
following exceptions to bulk billing at the St Marys
Community Health Centre.

The below are NOT covered by Medicare, and may
incur cost. Please discuss this with reception when
making your appointment. If you have any concerns,
please contact us and we will try and address them.

- ◆ Driving licence renewals
- ◆ Requested medical reports
- ◆ Insurance medicals
- ◆ Harness medicals
- ◆ Pre-employment checks

Non Attendance of Doctor's Appointments

Please be aware there is a
non-attendance policy at this Practice.

If you miss 3 appointments you will be sent an
account. If you miss a 4th appointment, you may
be referred to another Medical Practice

Due to demand non-urgent doctor's appointments
need to be booked at least **2 weeks in advance.**
Waiting periods can apply.

GP Surgery Hours: Monday - Friday

8:50am - 10:00am

(10 :00am-10:30am reception closed)

10:30am - 12.30pm

(1:00 pm- 1:30pm reception closed)

1:30pm - 3:00pm

(3:00 pm- 3:30pm Reception closed)

3:00pm - 4:30pm

These advertisements are paid for by the members, and do not reflect the political views of the Fingal Valley Neighbourhood House, its board or staff.



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Senator for Tasmania

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Authorised by Guy Barnett, 76 Emu Bay Road, Deloraine TAS 7304.

**JOBS
HEALTH
COMMUNITY**



Rebecca White MP
Labor Member for Lyons

rebecca.white@parliament.tas.gov.au
6212 2225

Authorised by REBECCA WHITE,
33 COLE ST, SORELL

Tasmanian Labor

Are you seeking assistance with any of the following?

 Financial <small>(criteria apply)</small>	 Food	 Housing	 No Interest Loans
 SCAN ME		 Household Items	 Domestic Violence

OR

Visit www.assistancetas.com.au

If you can't find what you are looking for, try www.findhelptas.org.au

5 MINUTES WITH THE MAYOR



With the recent comments in other media about the condition of the roads in the area, I asked Mayor Tucker these questions.

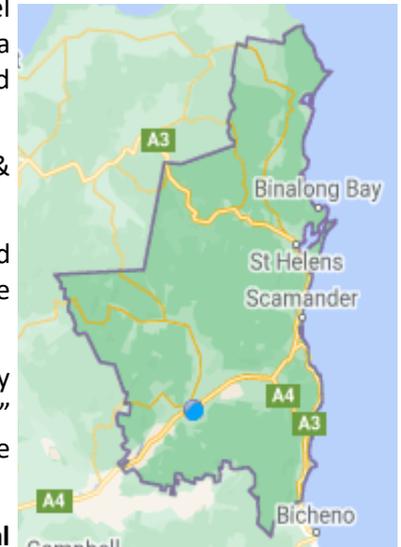
How much of the responsibility for the roads in the municipality is borne by the Break O'Day Council?

Break O'Day Council is responsible for approximately 322km of unsealed or gravel roads and 205km of sealed roads. Compared with other small Councils this is a significant amount of road infrastructure to maintain, and we rely on State and Federal funding to undertake many of the larger road work projects.

Other road managers in our area include the State Government, Crown, Parks & Wildlife Services, and Sustainable Timbers.

The State Government is responsible for the Tasman Highway, Esk Main Road and Elephant Pass Road. The Tasmanian Parks and Wildlife Service and Sustainable Timbers are responsible for many of the gravel roads in our municipality.

You can see who the owner of a road is by going to the LIST map. The easiest way to do this is to go to: www.transport.tas.gov.au and search "who owns the road" then follow the links to the LIST Map. Then all you will have to do is click on the road and it will tell you who the road manager is.



Break O'Day Municipality

How it is decided which roads will be worked on by the Council in each financial year?

Council has an asset management plan for all assets in our area including the road network. Condition monitoring, classification, use and environmental factors are considered when determining which roads are prioritized for renewal or upgrade annually. The works are then added to the Annual or forward budgets.

How do rate-payers ask for work to be done on a particular road?

If ratepayers would like to request Council works or advocacy for a road, they can do this via the normal customer service request system. Just write to Council explaining the issue and the location, and either drop it in to our office at 32-34 Georges Bay Esplanade St Helens or email it to admin@bodc.tas.gov.au.

Alex lives locally in Bicheno and is available to assist clients with all legal matters. Appointments are by arrangement in Swansea, Bicheno, St Marys and St Helens. With nearly 15 years' experience working as a Barrister & Solicitor in Tasmania and Western Australia, Alex is your local lawyer on the East Coast of Tasmania.



ALEX GRAHAM LEGAL
YOUR LOCAL LAWYER

Phone: 0407 242 265

Email: alexgrahamlegal@outlook.com



Mayor Mick Tucker
- serving all of
Break O'Day

mick.tucker@bodc.tas.gov.au

0419 372 813

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East Coast Tasmania

3 - 13 September 2021

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has to offer with 50 events*



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WINE TRAIL**
east coast tasmania



SCAN ME



ST HELENS NETBALL ASSOCIATION

Game Results, Round 8

Round 9

Division 3 Surfside (15) defeated Georges Bay (08)
Bay of Fires (16) defeated Clovers (5)

Division 2: Georges Bay (41) defeated Surfside(4)
Bay of Fires (31) defeated Clovers (16)

Reserves : Georges Bay (40) defeated Surfside(23)
Bay of Fires (51) defeated Clovers (10)

Division 1: Bay of Fires vs Clovers postponed to 29/07/21
Surfside (44) defeated Georges Bay (34)

Round 10

Division 3 Bay of Fires (11) defeated Surfside (5)
Georges Bay (16) defeated Clovers (12)

Division 2: Bay of Fires (39) defeated Surfside(16)
Georges Bay (38) defeated Clovers (12)

Reserves : Bay of Fires (28) defeated Surfside(24)
Georges Bay (42) defeated Clovers (19)

Division 1: Surfside (27) defeated Bay of Fires (24)
Georges Bay (53) defeated Clovers (28)

LADDER (as at 3rd August)

Division 1

Georges Bay - 28

Bay of Fires - 126

Surfside- 26

Clovers - 16

Reserves

Bay of Fires - 34

Georges Bay - 34

Surfside - 120

Clovers - 20

Division 2

Georges Bay - 36

Bay of Fires - 28

Clovers - 22

Surfside/Clovers - 24

Division 3

Bay of Fires - 35

Surfside - 27

Georges Bay - 27

Clovers - 19

SURFSIDE NETBALL CLUB

Surfside Netball Club has continued to be a tough competitor in the St Helens Netball Association. This year, we have endeavoured to support players and families from St Helens, Beaumaris, Scamander, St Marys, Fingal, Bicheno and Coles Bay. With sponsorship from a number of businesses along the East Coast, our Club has been able to in turn support families and provide opportunities to young players who may have struggled with the travel barrier to games and training. This year our Division 3 team have been able to train at Bicheno with the support of Bicheno Primary School facilities. In Term 2, senior players have supported the very successful 'Net Set Go' program at Bicheno Primary School, with future netballers participating from Bicheno, Coles Bay and Swansea.

Our Division 3 and 2 teams competed in our first roster match held at Bicheno against Clovers. This was a huge success with a high number of community members coming along to support the local players, and enjoy a sausage sizzle on behalf of the Bicheno Skatepark group.

Surfside Netball Club wishes to thank our following sponsors for season 2021:

Freycinet Coast Financial Services
Bicheno RSL and Bowls Club
Tarkine Creative
Islander Art Home Fashion – Bicheno
Surfside Hotel Motel
St Helens Barber Shop
Tony Brown Electrical - Triabunna



We wish our Surfside netballers all the best for the remainder of season 2021.



UNDER 12 BOYS

On **Sunday 25th July**, the team had played South Launceston Red at home, and soundly defeated the opposition, in a great team effort.

RESULTS: East Coast Swans 7.5 (47) defeated Deloraine 2.0 (12)

SWANS GOALS: Connor French 3, Ryan Gorham 2, Tyler Speers and Byron Woods.

SWANS BEST: Ned Blunt, Riley Jordan, Tyler Speers, Ryan Gorham, Paul Taylor and Flynn Bidgood.

Sunday 1st August was the final roster game for the season, played against the team at the top of the ladder, Scottsdale, on home territory. Every player played their heart out on, in a very intense, but awesome game to watch. We are super proud of these kids to pull off a win against the undefeated Scottsdale Magpies.

RESULTS: East Coast Swans 6.8 (44) defeated Scottsdale 4.4 (28)

SWANS GOALS: Connor French 3, Tyler Speers, Tiberius Foley and Steely Zorn.

SWANS BEST: Tyler Speers, Jaxon Harrison, Connor French, Callum Hays, Ned Blunt and Nikki Gamble.

They now play Longford in the first final on Sunday 8th August.

UNDER 14 BOYS

The team came up against South Launceston Red on **Sunday 25th July** at home, but the results weren't what we were expecting. Hopefully the boys will come out stronger next week for our last rostered game against East Launceston at St Helens 10:44am.

RESULTS: South Launceston Red 4.2 (26) defeated East Coast Swans 3.3 (21)

SWANS GOALS: Daniel Cook, Mitchell Calow, Hamish McIntosh.

SWANS BEST: Daniel Cook, Sam Pearce, Tysen Gamble, Mitchell Calow, Ashton Gilles, Noah Cherry.

The team faced the Launceston Blues at Windsor Park on **Sunday 1st August**, in the last roster game of the season. The boys pulled together and believed not only in themselves but each other, and in doing this they came away with the win.

RESULTS: East Coast Swans 10.2 (62) defeated East Launceston 1.3 (9)

SWANS GOALS: Mitchell Calow 4, Daniel Cooke 2, Jakih Curtis, Kobe Medcraft, Will Burt.

SWANS BEST: Owen Hilton, Tysen Gamble, Hamish McIntosh, Jakih Curtis, Mitchell Calow.



Daniel Cook celebrates kicking a goal against South Launceston.

UNDER 17 GIRLS

On **Sunday 25 July**, the Swans U/17 girls team were beaten by Evandale in very cool conditions. After an even first half, the Eagles pulled away with some late goals to defeat the Swanettes, who gave it everything. Players to catch the eye were Ruby Vincent who was strong in the ruck, and Ayla Mead who showed plenty of pace, as well as Mahalia Baldwin and Kiarna Ewington who contributed well. The girls have shown considerable improvement this year and will be keen for a win in their last game for the season, which is at St Helens next Sunday, at noon.

In a tight tussle on **Sunday, 1st July**, East Coast Swans went down by 5 points. It was close all day. Scottsdale managed to kick 2 late goals in the third quarter to gain the advantage. In the last quarter Scottsdale had all the momentum but that changed with a late goal making the margin 5 points. Scottsdale managed to hold on to win.

RESULTS: Scottsdale 3.2 (20) defeated East Coast Swans 2.3 (15)

SWANS GOALS: Hallie Thompson 2.

SWANS BEST: Captain Zoe Bucknell led the way and worked tirelessly all day, and Ruck Ruby Vincent contributed for 4 quarters. Kiarna Ewington and Bianca Young worked well in defence and in the midfield. Hallie Thompson was dangerous around goals, kicking 2. Nakita Leaele, Rachael Whittaker and Mahalia Baldwin were good contributors.

Next week the two teams will play off in the Elimination Final

DOUBLE CHANCE FOR SWANS?



The East Coast Swans continued its run towards the finals with a comfortable 96 point win over a gallant UTAS team on Saturday, 24th July. Uni were pumped after scoring the opening goal, but the Swans soon found some run, and peppered the scoreboard to good effect. Crossingham opened for the Swans and was followed by another 6 for the term, featuring a long shot by Chae Evans. The home team's strong midfield was on top, led by Miar, Upton and the reliable Seen. The East Coast was only able to manage 2 majors for the second term, to go to the long break with a 42 point lead. Ethan Goldfinch was outstanding in the third, receiving fine support from big "Stolts" up forward, while down the back, Beau Calow mopped up well, thwarting any rare Uni incursions into their forward half. As the rain began and the temperature plummeted, both players and spectators were happy to hear the final siren. The Swans added another 3 majors to run away with a percentage-boosting win. Stoltenberg topped the goal tally with 4, and was aided by Upton, Evans and Miar who booted 3 each. If the Swans are to make it into 3rd position on the ladder, they will have to defeat both Old Scotch and Old Launcestonians in the last 2 games of the season.

FINAL SCORES: East Coast: 17.16 (118) UTAS: 3.4 (22)

SWANS GOALS: Stoltenberg 4, Miar 3, Upton 3, Evans 3, Crossingham, Goldfinch, Haley, Seen

SWANS BEST: Evans, Upton, Calow, Seen, Haley, Miar, Goldfinch, Stoltenberg

RESERVES

The Swans reserves scored an effortless 150 point win over an undermanned UTAS team. The Uni boys had no answer for the Swans goalkicking group, as Baldwin, Hyland and Oakenfell booted 14 majors between them. They were well-supported by "J man" Blunt who was excellent in defense along with Mason, who continued his excellent form. Youngster Ethan Hill on the wing and Pat Oldham who continues to improve in the rucking position also caught the eye. The win ensures the Swans reserves outfit of a spot in the finals for the first time since entering the competition.

FINAL SCORES: East Coast: 24.19 (163) UTAS: 2.1 (13)

SWANS GOALS: Hyland 5, Baldwin 5, Oakenfell 4, Mason 4, Goodyer, K.Goldfinch Davern, Singline, Reid.

SWANS BEST: Baldwin, Blunt, Mason, Hill, A. Latham, Oakenfell, Oldham

SWANS UPHILL BATTLE

The East Coast Swans senior side face a formidable task in their attempt to steal the coveted 3rd position on the ladder from this weeks' rival, Old Launcestonians's, who beat them soundly in their only clash this year. The Swans will need to win by around 40 points to leapfrog Old Launcestonian's percentage and therefore clash with Old Scotch in a qualifying final. Last Saturday's enforced bye will give the Swans injuries an extra week to improve, and the side should welcome back Nick Child, Lewis Ritchie, Shaun Cannon and Hamish Tate into the team, while Sam Child, James Faulkner and Adam Marland remain in doubt. The Swans forward line was soundly beaten by their Blues counterparts in the last match, and will need to find further avenues to goal. The midfield battle will be crucial, with Majak Miar of the Swans pitted against veteran Danny Hall in the ruck contests, while the Swans on-ballers, Seen, Evans, Goldfinch and Upton, will need to gain plenty of possessions if their team is to prevail. The match will be held at St Helens, with the oval still in great condition despite plenty of inclement weather.

RESERVES

With 5th position already locked in, the Swans reserves will look to have an impressive last roster match before playing in their first ever finals game, which, depending on this week's result, may be against Old Scotch. Saturday's game against Old Launcestonians will need to see the Swans improve significantly, as they were soundly beaten by the Blues in their encounter earlier in the season. They will look to evergreen Brad Goodyer, the ever-improving Jarrod Mason and younger players Pat Oldham, Jayden Blunt and Michael Latham to get them over the line.

BEST AND FAIREST COUNT

The Swans 'Best and Fairest' count will be held on 7th August, at the clubrooms, starting at 7.00pm. Senior players who should poll well include the dynamic Ethan Goldfinch, while mid-fielders, Chae Evans, Aaron Seen and the consistent Cam Upton are sure to have caught the eye.

In the reserves, Brad Goodyer will poll well, having played many stellar games and booting plenty of goals from the midfield. "Mono" Latham has been a consistent player throughout the year and may come into consideration, and Jarrod Mason and Pat Oldham have finished off the year in good form. All supporters are encouraged to attend the count.

NEXT ROUND: Old Launcestonians at home. Reserves start at 12 noon, and Seniors begin at 2.00pm.



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ST MARYS SPORTS CENTRE

By Volun Tier



Welcome to another week at the Centre, busy as always with general running of the club, work on the course and surrounds and catering. After our successful Winter Warmer night, we are backing up on Saturday 21st August with ‘Coops in the Citchen’, cooking up a storm with roast lamb or pulled pork, and also Alain, our fly-in dessert and pastry expert doing a French custard tart and a zesty lemon tart; should be a great treat. Booking fillings quickly for this one, so jump in early, you won’t be disappointed. Poster in this issue.

Membership will be out soon, only running a little late because our governing bodies in golf and bowls have been a little late sending out their fees for the up-coming season. Full membership of the club is just \$70.00 per year, social and juniors \$35.00 and, of course, your affiliations with golf being \$57.00 or with bowls \$70.00 on top of that. Very cheap rates indeed, probably the lowest in Tasmania, so if you are thinking about a game of bowls or golf and would like to learn or reacquaint yourself with either or both, come over and introduce yourself, or phone Macca on 0457 498 641; would be great to see some more new faces around the club.

Speaking of golf, nice to see that now we are re-affiliating with Golf Australia, we have 13 players to register, a nice turn-around in the club numbers, evident by the people having a hit on Saturdays and midweek, and competitions at the club and surrounding courses are well supported by our golfers. The veterans are including us for regular games in next season’s roster, and we are getting some of our old regular events up and running again, so keep an eye out in future issues for those. Along with this, our regular bowls season starts soon, with the rink looking lovely and green already. We can’t wait to put a bowl or two down; opening will hopefully be the first Thursday in September if all goes well. Also, we are hosting a number of RSL days on Mondays during the season, and anyone interested can contact the club for details.

Members draw: Last week, Maxine Matters and this week Jim Tuner, no cigars. You have to be at the club at around 8.00pm on Friday to collect the prize.

Footy tipping : Kirk Cooper and Tamatha taking the cash prizes, not much of it went out the door though!

Crib night: Jeff Matters winning last week, but with the return of many seasoned veterans this Friday, we could see the most evenly contested games for a while; 6.30pm start.

Golf: Completion of the 18-hole event saw Peter Sorenson winning over Rod McGiveron, Rick Stillman, Macca, Speed and Mark Carrick. This week, Macca and Jacob Viney getting over Speed and Rodney in a stableford event by 1 point, Rodney cleaning up nearest the pin. Roll in Saturdays at 11.00am for a hit, \$5.00 entry gets a game and a lovely feed.

News on the crow; he wasn’t quite as interested this week, but made an appearance without taking a ball. We reckon that with Spring around the corner, he may have other things on his mind....



Until next time, good hitting and rolling.



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Across: 1. Completed, 6. CIA, 8. Tenet, 9. Bulge, 10. Forum, 11. Cyst, 13. Isaac, 15. Woods, 17. Older, 19. Essex, 21. Omar, 23. Sabre, 26. Segal, 27. Grace, 28. Aid, 29. Sustained.

Down: 1. Cater, 2. Minimise, 3. Latvia, 4. Tuba, 5. Dolly, 6. Curfew, 7. Felt, 12. See, 14. Coxswain, 16. Ohm, 18. Reeled, 20. Stigma, 21. Oust, 22. Angus, 24. Bread, 25. Alms.