

# THE VALLEY AND EAST COAST VOICE

Established 1968

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## NEW IRRIGATION SYSTEM FOR FINGAL VALLEY

‘Liquid Gold’ is set to flow to farmers in the Fingal region. The Tasmanian Liberal Government is supporting high-surety irrigation schemes, and farmers in the Fingal area are urged to take advantage of a once-in-a-lifetime opportunity to buy into the Fingal Irrigation Scheme.

Tasmanian Irrigation has recently launched water sales for the new 12,600 megalitre Fingal Irrigation Scheme, enabling farmers located on 28,571 hectares around Fingal, Avoca and Conara and through to Perth to contractually commit to water entitlements. If the pre-determined sales threshold is reached, then construction is forecast to commence in October 2022 and commissioning in mid-2025, ready for the 2025/26 irrigation season. It is expected that the \$53.82 million scheme will create an estimated 78 direct and indirect jobs, and enable farmers to invest, expand, diversify and employ more workers with confidence.

Under the latest Fingal Irrigation Scheme design, water will be harvested from the South Esk River during the winter period and pumped into a to-be-constructed 14,000 ML dam, before being released back into the South Esk for riparian delivery to farmers. The Fingal Valley is regarded as one of the drier areas of Tasmania, so high-surety irrigation water is set to underpin additional investment and expansion across fodder crops, potatoes, cereals, poppy production, livestock finishing and new enterprises. The Tasmanian Government has committed \$108.7 million toward the first five Tranche Three projects, which are being planned for Fingal, Don, Northern Midlands, Tamar and an augmentation of Sassafras Wesley Vale. Tasmanian Irrigation is using its innovative approach to planning and construction to deliver irrigation schemes around the State to assist the Tasmanian Government’s plan of increasing the farm gate value of Tasmanian agriculture to \$10 billion by 2050.



More information about Fingal Irrigation Scheme water sales can be found at: [www.tasmanianirrigation.com.au](http://www.tasmanianirrigation.com.au)

All Tasmanian Irrigation schemes are designed to last for 100 years, deliver water at an average annual reliability of at least 95 per cent, and are scaled to satisfy producer demand in each region. Tasmanian Irrigation schemes are also designed to be socially, environmentally and economically sustainable.

(Information from press release by Guy Barnett, MP.)

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**Brian Mitchell MP**  
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Authorised by Brian Mitchell MP (ALP, Tasmania)  
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Articles for publication may be left at the Fingal Valley Neighbourhood House, St Marys Pharmacy, posted or emailed.

We do not accept responsibility for the accuracy of information provided by contributors.

For online advertising or any other advertising queries, please contact the editor.

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Opinions in any letters published are not necessarily those of the Editor, staff or volunteers.

Our pages remain open to fair and honest criticism so that, on all questions, both sides may be presented, but any submissions containing personal attacks/libel/slander will not be accepted.

Kindly do not attack the Editor, the paper or the authors of previous articles.

All articles for submission, including letter to the Editor, must bear the author's full name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only. Letter writers will be given the chance to respond over a suitable period of time.

Subjects may be closed at the Editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The Editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. Whilst we value and welcome community input, the Fingal Valley Neighbourhood House does not provide specific feedback regarding any decision made not to publish a submission.

The Fingal Valley Neighbourhood House reserves the right at all times, without notice, to update, change or amend our guidelines. All information is correct at time of printing.

This newspaper is about the Fingal Valley and the East Coast, and the people who live here. If you have a story you would like to share, or a suggestion for an article or regular column, please contact the Editor. You can show off your literary talents and submit it for consideration, or the Editor can write it for you. Photographs are important too, so try to include them, with some information as to where and when it was taken, what the occasion was, and who is in it. We also like to tell people about our sporting history, and tales of sporting prowess and vanished sporting events are also welcome.

Email me at: [valleyvoice@fvnh.org.au](mailto:valleyvoice@fvnh.org.au)  
 Editor, the Valley and East Coast Voice.

**WHAT'S IN THE AIR IN YOUR CARAVAN OR BOAT?**

With the school holidays and the camping season upon us, more people are getting away from it all in their caravans and camper vans, and heading out overnight in their boats. After not being used over the colder months, it is important that safety checks are done before use on recreational vehicles, especially those that burn fuel or run motors. Leaking gas pipes and manifolds and exhaust lines can cause dangerous gasses to collect in enclosed spaces, such as caravans and campervans and engine bays of motor boats. A problem common to both those places and also buildings is the presence of carbon monoxide, a dangerous by-product of burning fuels and running engines.

Carbon monoxide is a gas which has no odour, colour or taste, and is sometimes found in buildings which use any fuel which is burnt, including natural gas, wood and coal, to heat or cook, as well as caravans, campers and boats which use bottled gas. It is also produced by the engines in boats, motor vehicles and generators, and other appliances. If carbon monoxide is breathed in, it causes poisoning, leading to headaches, nausea, vomiting and dizziness, among other symptoms. If a person breathes in enough carbon monoxide, or is unconscious or sleeping, it can cause them to go into a coma and suffer brain damage, or die.

Carbon monoxide monitors detect the presence of the gas, and sound an alert. This enables people nearby to take the steps necessary to prevent poisoning, such as turning off motors and shutting off the gas supply, and opening doors and windows to ventilate the area. They work by measuring the amount of carbon monoxide in the air, using a variety of methods. Once it sounds the alarm, the only way to run it off is to remove all carbon monoxide from around it.

Labor Member for Lyons, Jen Butler MP, has called on the Tasmanian Government to look at providing greater mandatory requirements to protect Tasmanians from carbon monoxide poisoning. Ms Butler used her adjournment speech in Parliament on September 2 to speak in relation to regulating the safe installation and maintenance of carbon monoxide detectors in privately owned or tenanted dwellings with internal gas appliances.



*Jen Butler, Member for Lyons, wants CO detectors to be mandatory in homes.*

“Across the country, carbon monoxide detectors are being installed and they are helping to keep people safe,” Ms Butler said. “In Tasmania there are several hospital presentations every year due to carbon monoxide poisoning, and it is a real problem that we can try and solve.”

Ms Butler said there are more than 46,500 homes and businesses that use natural gas in Tasmania. “In Europe, it is not uncommon for homes to be fitted with CO alarms, and I believe a similar approach can be looked at in our state. It is time for Tasmania to catch up to mainland states and other nations and provide greater mandatory requirements to protect Tasmanians from carbon monoxide poisoning, and introducing gas detector devices would go a long way to doing this.”



Carbon monoxide detectors are available from a number of stores, some of whom also sell combined carbon monoxide sensor and smoke alarms. They can be either battery-operated or wired in, and provide constant monitoring of the area in which they are installed, keeping people safer.



*(Quotes of Ms Butler from press statement dated 15.09.21)*



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## BENDIGO BANK: WHERE TO NOW?

With the closure of the Commonwealth Bank branch at St Marys, many people were concerned about the lack of banking facilities in the Fingal Valley. For some of the residents, especially older people, ATM and EFTPOS transactions can be difficult, and there are fears that banks can charge fees for these transactions which the customers are not aware of.

Some people thought that Bendigo Bank would fill the gap, however, this has not happened. So, Andrew McGregor, Chairman of the Board, was chatted to about why Bendigo Bank has not taken up the opportunity to provide face-to-face banking services.

“We conducted a community forum in St Marys to determine the local banking needs, and potential support for our Community Bank, but we received minimal feedback,” Andrew said. “Our District Manager and Senior Branch Manager have visited St Marys on several occasions to make themselves available to answer community questions re the banking services required in St Marys. The response to these visits was very disappointing and provided a clear demonstration to us that, while the community would like to have local banking services, the majority have no intention to support a Community Bank,” he added.

Research of other banking agencies in the state showed that a population over 4,000 residents is needed to make an agency commercially viable. The population of St Marys is around 700, so a bank branch was never a financially-viable option for St Marys. “Our Community Bank is owned by local shareholders and our Board has a responsibility to ensure that the business is run in a professional manner, with the aim being to return a dividend to the shareholders. It would be totally irresponsible for our Board to set up a facility in St Marys knowing that it was going to run at a substantial loss,” Andrew commented.

“Our Board did intend to locate a Bank Agency at St Marys, however we could not find a suitable premises where an existing business could accommodate the agency and also ensure that two staff members were in attendance at all times that the agency was open, which is required for security purposes,” he continued.

Being a Community Bank, only 20% of the profit can be returned to the shareholders, the other 80% must be provided to the community in the form of grants, bursaries etc. “St Marys, and the surrounding district, has been the recipient of our grants and will continue to do so; that is how we support our community,” Andrew stated. “If any St Marys residents, community groups or businesses would like to bank with our Community Bank, they can visit our St Helens Branch, or our Lending Officer can travel to St Marys to meet with them,” he said.

Fingal and St Marys residents can deposit and withdraw cash at the local Post Office five days a week, and most shops offer EFTPOS, including being able to obtain cash.

“We will continue to monitor the demand for a banking facility in the St Marys area, and act accordingly,” Andrew concluded.

## ATM NOW AVAILABLE IN ST MARYS

Following the closure of the St Marys branch of the Commonwealth Bank and the removal of the ATM, C & D IGA at St Marys have recently had an ATM installed in the store. “People can get money from the Post Office, but customers told us that they couldn’t get there before it closed, and it wasn’t open at the weekends, so we decided to look at putting one in,” said Roxy. Customers are still able to get cash-out when they buy groceries, but having an ATM means that the shop doesn’t need to keep as much cash on site, making it safer for staff. For many visitors to the area, keeping track of how much they spend is important, and as they can access account balances via the machine, it is easier for them to keep track of their funds. Most banks in Australia are accessible through an ATM, with allowances made for a set number of ATM transactions per month.

As with most ATMs, Armaguard deliver and load the cash in the machine, which staff and management are not able to access. “Customers who have difficulty using the ATM, especially the older member of the community, can ask our staff to help them. We have protocols in place which ensure the privacy of the transaction, and the fees have been kept as low as possible,” Roxy continued.

While the provision of an ATM is a cost, the management feel that the convenience for the members of the public who use it outweighs what it costs them. “We are part of the community. Without our customers, we wouldn’t have a business. This is one way we can provide a service for the community which supports us. We are open early, and we close later, and the ATM can be used all the time we are open,” Roxy concluded.

C & D IGA is situated on Main Road St Marys, and is open from 6.30am most days, and closes between 6.00pm and 7.00pm.

Call in and see Dana and Roxy and their friendly staff, and check out the ATM.



*ATMs provide access to cash almost anywhere in Australia.*

### BRIDGING THE SCAMANDER: A LONG FAREWELL TO BRIDGE 7



*The bridge decking is cut apart and removed piece by piece.*



*Once the decking is removed, the poor condition of the steel framework is clearly visible.*



*The steel frame of the first span is dropped to the water and hauled out.*



*Stormy weather sets in as machines struggle to move the span further onto shore.*



*The span frame is pulled apart. The steel will go to a recycling firm in Launceston who have facilities for scrubbing and incinerating to safely remove lead paint and other contaminants.*



*The upper part of the pier is cut apart and removed.*

**BRIDGING THE SCAMANDER: A LONG FAREWELL TO BRIDGE 7 *continued***



*The middle span is lowered onto the pontoons and detached from the pier.*



*With its full weight supported on the floating pontoons, cables can tow the frame to shore.*



*The last span is safely hauled ashore from the pontoons.*



*Only the piers remain in place after the third span has landed on the southern shore.*

## BRIDGING THE SCAMANDER: A LONG FAREWELL TO BRIDGE 7



*The piers are cut underwater and dragged to shore.*



*Divers locate the fallen piers and attach cables for towing ashore*



*The 'old bridge' is gone, and the Scamander River is deceptively calm...the view from the latest bridge.*

*Photo courtesy Liese Fearman.*

Now, a new bridge is making memories and being photographed, and the story of the bridges over the Scamander River has finished...for now.

It remains to be seen how long this bridge carries the traffic and people across one of the most troublesome rivers in Tasmania. Many thanks to George Keri, who supplied the photographs of the demolition of the bridge.

*'Bridging the Scamander – a most treacherous river' by the author Liese Fearman was published in 2017 in the Tasmanian Historical Research Association's Papers and Proceedings, Vol. 64 August 2017. The newspaper that each piece of information in the story comes from is identified by the name, date and page of the paper in the publication.*

*Georges Bay Dragon Boat Club  
are hosting an  
**Open Garden**  
4c Parnella Drive Stieglitz*

*Friday 15<sup>th</sup> & Saturday 16<sup>th</sup> October 2021 10am – 3pm*

*Entry Fee \$5*

<p style="text-align: center;"><i>Garden Tours 11am &amp; 2pm Devonshire Tea \$5 Crafts &amp; Bric-a-brac Raffle \$2 Open air &amp; Under cover seating</i></p>	<p style="text-align: center;"><i>Plants, Seeds &amp; Cuttings Coffee, Cakes &amp; Slices Sandwiches GBDB memorabilia</i></p>
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*With thanks to Pam & Ivan Walker*

With spring just around the corner, Georges Bay Dragon Boat club are planning an Open Garden fundraiser at Steiglitz, with the Walker family kindly opening their beautiful garden to the public on Friday 15<sup>th</sup> and Saturday 16<sup>th</sup> October.

So, who are the Georges Bay Dragon Boat club? The club has been on the water since 2017, and houses the 'Peta J' 10-seater and 'Georgie J' 20-seater boats at the St Helens Sailing Squadron, paddling from there at 9.00am every Sunday morning (weather permitting). With the commencement of daylight saving, on Sunday 3<sup>rd</sup> October, paddling will be at the earlier time of 8.00am, and we will also paddle on Wednesdays at 5.30pm during daylight saving.

We welcome new members and encourage all to 'Come and Try' at any of our regular paddles. Annual fees are \$90, of which \$67 is paid to Dragon Boats Tasmania, and \$23 retained by Georges Bay Dragon Boat club for general running costs. Membership covers insurance, and allows members to paddle with any dragon boat club nationally and internationally.

The Georges Bay Dragon Boat club travel to various regattas around the state, and each January host a 'Fun Day on the Bay' with other Tasmanian clubs attending. There are seven clubs affiliated with Dragon Boats Tasmania, and whilst some dragon boat clubs are dedicated to breast cancer survivors, St Helens continues to be inclusive of men and women of a wide age range and ability, and represents a broad cross-section of the community.



For more information, please visit our Facebook page: Georges Bay Dragon Boat Club, or contact President Ivan Walker: 0400 563 115, or email the Secretary: [gdbbc1@gmail.com](mailto:gdbbc1@gmail.com)

### MANDATORY MASK WEARING AT EVENTS IN TASMANIA

Face masks are mandatory at public events with more than 1, 000 people, from Saturday 18 September, 2021.

Masks are required regardless of whether the event is seated or unseated, indoors, or outdoors.

The new mask-wearing requirement is a response to the currently heightened COVID-19 risk nationally.

Each person is responsible for supplying their own fitted face mask while attending an event. The mask must be worn during the event, including while queuing for, or entering or exiting from the event.

**SO, MASK IT!**



		Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p><b>STAR FM</b></p> <p><b>Program Guide</b></p>  	<b>Brekkie</b>	Start your working week with <b>Sandy</b>	Enjoy your Fruit Loops with <b>Sandy</b>	I see Stars with <b>Sandy</b>	Flashback Retro Breakfast with <b>The Flash</b>	Alphabet Soup with <b>Jewels</b>	It's the Weekend with <b>Magilla</b>	Magilla's Speakeasy Jazz until 9.30 ...followed by Magilla's Magic Mix until Noon
	<b>Morning</b>	The Manic Monday Show with <b>Manny</b>	Flash in the Flesh PLUS Community Interviews at 11.15 with <b>The Flash</b>	The Fusion Show PLUS Real Estate Tips and Tricks at 10.30 with <b>Jonno</b>	Rhythm N' Reggae with <b>Big Daddy Davo</b>	Simply 60's with <b>PUGS</b>	"Get Happy" with <b>Angelina</b>	with <b>Magilla</b>
	<b>Arvo</b>	Jackster's MUSIC BOX PLUS "Pet Talk with Dr Andrew after 2pm with <b>Jackster and Porsche</b>	The Down Under Show with <b>Mary-Anne</b>	"Around the World" with your hostess <b>The Tone</b>	In the Shed with <b>ZEDD</b>	"Fresh and Fruity" with <b>Angelina</b>	A dose of Dr Dave PLUS Quizzes at 3 and 4pm with <b>Dr Dave</b>	Star FM's The 50's Zone with <b>The Tone</b>
	<b>Late Arvo</b>	In the BACKSEAT with <b>Astro or JAX</b>	2 For Tuesday Request Show with <b>Shaun</b>	Something Fishy PLUS "Local Footy Update" after 4pm with <b>Fyshy</b>	Let's Drive with <b>Jonno</b>	"Rock On" PLUS "Hooked on the Water" after 4pm with <b>Jonno</b>	"The No 80's Zone" The <b>Tone</b>	<b>Big Daddy Davo's Blues Mix</b>
	<b>Evening</b>	Monday Evening With <b>Star FM</b>	Neville's Country Corner and more with <b>Neville</b>	That 70's Show with <b>Star FM</b>	Thursday Nights with <b>Star FM</b>	"Free Fall" Friday Night request show with <b>Manny</b>	The Party Pit Playlist with <b>Star FM</b>	hosted by <b>Dave</b>

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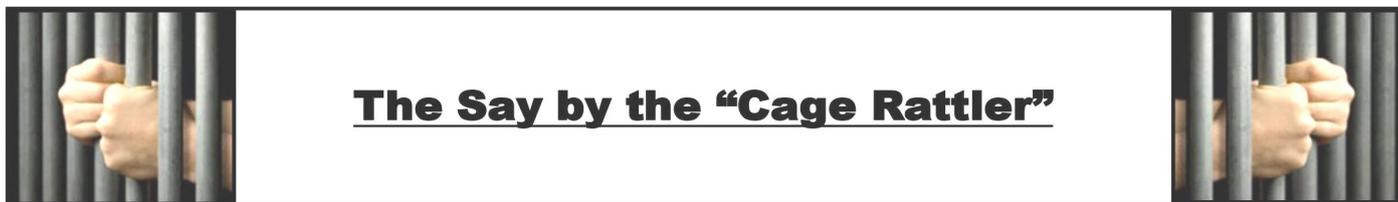
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10th October: Brooke Banderas

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## The Say by the “Cage Rattler”

Last Friday I had the privilege of attending the send-off of somebody most of us knew. As much as I find funerals hard to deal with, this man's impact was enough that it was a ‘must to do’. I hope Peter Davern's family don't mind me recounting thoughts of this great friend to many, many people. Pete, who passed on about a fortnight ago as you read this was, until more recent years when ill health stepped in, curtailing many things he could do, one of those blokes who everybody wishes they could be. He was involving, hard working, and loved his family as much as you could, I'd say without a shadow of doubt. He exemplified what it was to be a great husband, father and great-grandparent also, without any shadow of doubt.

As a friend, like I was lucky enough to be for at least 40 years, he was more than happy to help out where-ever or whenever he could. From 1987 to late 1994, I was the greenkeeper at the St Marys Sports Centre, working on both the golf course and bowls green. I will never forget the hours Pete spent, often at his own cost, to help me with the bowls green especially. He'd just do it, no questions asked. And he wasn't afraid to cop a bit of flak for it either, on the odd occasion. He didn't care, so long as the rinks were ready for the next game.... While I was pennant golf captain, Pete would make himself available to play if we were short and at the drop of a hat on more than one occasion. He just did that sort of thing. He also served on our different committees and his no-nonsense attitude was legendary. ‘Let's just get stuck in’ was his attitude; because Pete just didn't believe in sitting on your hands when something needed doing...

It's no wonder that the St Marys Sports Centre honoured Pete with Life Membership some time back, because if you ever wanted an ideal example of that recognition, Peter Davern was that person.

To Yvonne (also a champ), to Kerry, to Ann, to Paul and to Chris and their respective family members too numerous to mention, thanks for sharing this great bloke with us for the past 91 years. He will remain a greatly respected, a funny and terrific friend, and a role model to so many of us, what it really is to be a genuinely good bloke. See ya, Old Mate...that's what he often said to me as he'd head off home after a working bee or a golf or bowls trip. A champion bloke for sure.

It'd be also remiss to not mention another Peter (Peter ‘Wombat’ Wilson), May Cook and Phil Child, all who have left us in the very recent past... I hope their respective families will not mind me mentioning them also. Wombat was Wombat...there was never a greater fun-loving but dedicated person around than him. He is, as far as I know, the only person to have a tree named after him for reasons we will keep private, but it really was named for him. The tree is now gone unfortunately, but the location is still there and it will always remain ‘Wombat's Hole’...as our local Postmaster, as a true friend, as a master organizer of events, as a cutting-edge stirrer, a punter, who knows what else - he will also be sadly missed by all that were lucky enough to know him. Only 74 years, but I bet it was a fun 74 years until health cut it short way too soon. To all his family; oh, the stories you could tell, eh ...

May Cook was known as Captain Cook, because when May spoke, you listened and for good reason! Even Leo did, as I understand it. May did so much at our club to keep up womens’ golf viable for such a long time that many don't know about, and she freely availed herself of a lot of time to encourage new players. Many of those players are still playing golf today because of May's dedication. She didn't suffer fools, was highly protective and encompassing of all her friends though, and gave us all so much to respect and love her for. Thank you, May.

Finally to Phil Child....I knew him more for the plumbing side of things, but he was a keen member of our club for quite some time, a great supporter and regular player that never took the game of golf seriously, but loved every second of playing. He was bloody good at his job too, and even though I'd personally lost touch with him since he became seriously ill, I'm sure his wonderful family would have treasured every minute they had with him...a top bloke also.

I am writing this more because of my involvement with these four wonderful people that have left us of late from the St Marys Sports Centre perspective, but so many of us would have known them outside of that. It's timely to reflect that life gives you the opportunity to meet and make friends while we're around, and we can all be better people if we embrace the chance to learn and engage with our friends as we journey through.





## ST HELENS WALKING GROUP



It is relatively rare that the walking group explores the Gardens area with a Wednesday walk, however, thanks to Revel, on **Wednesday 4<sup>th</sup> August**, a selection of a range of 'loops' of about 5 - 6 kms in length were on offer for this walk. There were a selection of routes to be taken and these were determined by the participants on the day. The weather also is a consideration as well as tides, walker ability etc. Revel graded all the walks as 'medium', so that walkers could encounter either mud, creek crossings or foreshore rock hopping requiring reasonable balance and agility. Very interesting walking though!

The Wednesday morning walk on **18th August** was led by Henk and Greta on the slopes behind their farm, around Flagstaff Creek. We climbed up a long, gently rising ridge, then descended to the collapsed bridge on the Stoneyford Track, then continuing on down to the farmland, making a loop. Greta and Henk had kindly invited us to tea and coffee at their shed, after the walk. The walk was through dry forest on tracks of varying quality, mostly old 4WD tracks, and had been deferred from the week before, due to wet weather.

A shower or two shouldn't put us off, and the planned walk around Musselroe Point, on **Saturday 21<sup>st</sup> August** was mostly easy shore and beach walking. The walk itself was not long, but driving time was longer than for our usual Saturdays. Musselroe Point is a little to the north of Mount William, near the village of Poole. Lunch and a raincoat was the order of the day and walkers were prepared to enjoy this north-east corner of Tasmania. Wonderful walking!

**Wednesday 25<sup>th</sup> August** saw the group walk on a day when the weather was bleak with a cool southerly wind, but in spite of the wintery change, 10 people turned up to walk at Winifred Curtis Reserve near Scamander. The main entrance is blocked with all the road works and vehicles, so we parked before that on the verge and entered via the Coach Road gate, which is not locked. Inside the reserve, it was quite sheltered from the wind, and at present it is blooming with yellow wattles and numerous species of wildflowers. It is a lovely time to see these shrubs and flowers blooming in white, pink and yellow, particularly along the Tim McManus track from Coach Road up to the John White Memorial lookout. It was breezy up there, but there is a lovely view of the hills and mountains and over towards Falmouth.

There were also plenty of birds to be heard; we saw the grey shrike thrush which has a melodious call. We walked to the ford and then around the lagoon, where we saw oyster catchers, ducks, pelicans and swans. It was an easy walk along well defined and signposted tracks. The flowers will be out for some time yet, so it is a beautiful place to visit for a morning's walk, especially if the day is fine and sunny!

The walking group has changed its name to reflect organizational changes. The group will now be known as the St Helens Walking Group, as it is encompassed under the St Helens Neighbourhood House banner. Meetings for walks are always at 9.00 am on either Wednesdays or Saturdays, at the back carpark of the St Helens Neighbourhood House. Everyone is welcome!



*The sea crashes onto the rocks at 'The Gardens'.*



*The soft pink of 'Erica' brightens a drab day.*

**St Helens Walking Group** is part of the Heart Foundation's efforts to encourage walking as a daily exercise to improve and maintain a healthy lifestyle. It's great fun and always refreshing, with as much or as little as you desire in learning and social opportunities. A variety of leaders within the group are very capable of leading each walk on an adventure within the allotted time frame, along with providing interesting information and/or walking conditions for the track being taken. Residents and travellers in St Helens and surrounding districts are welcome to join in the walks. Have \$2.00 ready for the driver if you want to car-pool, and be at St Helens Neighbourhood House carpark beside the Men's Shed, by 9.00am on a Wednesday or on the 3<sup>rd</sup> Saturday of the month for a longer walk. (\$5.00 for carpooling on Saturday walks).

**There is now a QR code to check in for walkers to use.**

For more information contact **Pam Bretz on 0439 547 529 or Alex Buchanan on 0428 287 753**



## Fingal Valley Neighbourhood House INC

Old Tasmanian Hotel  
20 Talbot Street, Fingal

### Volunteers Needed

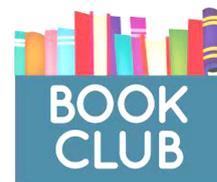
We are currently seeking volunteers for Driving and the Op Shop. If you have some time to spare and would like to do some driving or fancy volunteering in the Op Shop, please get in touch, we would love to tell you more!



## VALLEY READERS

Interested in becoming part of our Book Club?

Contact us at the office and register your interest or to find out more.



Loaves and Fishes is available on **Thursdays for collection from 12pm at FVNH, or at your local collection points in Mathinna, St Marys and Avoca.**

- If you would like to apply for a NILS Loan, use our transport, food relief etc, call in or contact the office for details.



**Craft Groups** – Do you have some unfinished craft projects you would like to come together with others to complete at the Neighbourhood House? If so let us know and we can see what we can setup for you.



Should you have any further questions or comments or feedback please do not hesitate to call in and see us or contacts us and per details below

6374 2344, email [admin@fvnh.org.au](mailto:admin@fvnh.org.au).

*The Fingal Valley Neighbourhood House Inc is funded by the Crown through the Department of Communities Tasmania*

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PHONE: 0488 742 269

EMAIL: peter@splasheastcoast.com.au

EPA NUMBER 10881/1



### TIP SHOPS NOW OPEN

#### St Helens Tip Shop

Sunday to Friday  
11am - 2pm

Saturday 11am - 4pm

#### St Marys Tip Shop

Tuesday and Thursday  
11am - 3pm

Sunday 2pm - 4pm



### WASTE TRANSFER STATIONS

#### BREAK O'DAY MUNICIPALITY

##### ANSONS BAY - North Ansons Bay Road

Open: Wednesday 12pm to 4pm  
Sunday 10am to 4pm  
12pm to 4pm on Mondays of long weekends

##### PYENGANA - Tasman Highway

Open: Wednesday 9am to 12pm  
Sunday 2pm to 5pm

##### ST HELENS - Eagle Street (includes recycling)

Open: 10am to 4pm every day

##### SCAMANDER - Coach Road (includes recycling)

Open: Tuesday 10am to 4pm  
Thursday 10am to 4pm  
Sunday 2pm to 5pm

##### ST MARYS - Gray Road (includes recycling)

Open: Tuesday 10am to 4pm  
Thursday 10am to 4pm  
Sunday 2pm to 5pm

##### FINGAL - Rossarden Road

Open: Tuesday 10am to 4pm  
Thursday 10am to 4pm  
Sunday 2pm to 5pm

Charges apply at all waste transfer stations - please see sign at entrance.

#### BLACK WATER DUMP POINTS

St Helens - 117 Tully Street, St Helens

St Marys - Harefield Road, St Marys

Fingal - Talbot Street, Fingal

No charges apply to use black water dump points.



## SCAMANDER GARDEN CLUB



Hello there,

We had another vibrant Scamander Garden Club meeting, for with September came our competition for a Spring Arrangement containing candles. It was cheerful gazing upon the many entries across mixtures of bulbs, tulips and rhododendrons, to mention a few. I can tell you that Maureen Lloyd, Sandra Flannery and Sally McQueen came equal first with 'Any Flower'. 'Flower of the month' was any bulb, and that was won by Margaret Forsyth, and Sandra Flannery did not disappoint when she came first with "Floral Art Arrangement". I got a win with the grapefruit and lemons fruit bowl. The ruby grapefruit tree was planted by my husband years ago, and I have come, at last, to adapt to the taste. I remember a Hungarian friend who used to eat one every morning and thought they were a very good antioxidant as they are high in Vitamin C. Sadly, Eva had an autoimmune disease and passed away, but we won't blame the grapefruit for that!

I sadly can't tell you who entered what in our September competition, though so maybe we need to change that. But I will include some general photos of the day's display.

We had another couple of people join our club after visiting and seeing that there were opportunities to bring flowers, fruit and vegetables to be judged, also to just breath in the entries from the members who made the effort. Socialising with afternoon tea and being able to purchase plants and bric-a-brac from our trade table is a real plus.

It was a strange feeling not having Gaye Ellis and her segment on how to make the following months' Floral Art, however we were pleased to hear from the guest speaker, Jenny from Seascope in Bicheno, who told of the problems and rewards of starting a garden from scratch. She told us how at the time her home was being built, she had her son build an enclosed area for fruit trees. It was only two and a half metres high, so I thought they must not have been fully grown trees in there, and then was told that they were all miniature varieties and that some things were espaliered around the edges of the enclosure. There was joy in Jenny's voice as she imbued her love for the native garden, and a tip she left was for us to plant a few sacrificial bushes or plants before your more precious specimens, and let the roos and possums munch on them.

October 'Flower of the Month' is Rhododendron; 'Floral Art' is an arrangement of 3 flowers. Uncoloured buds don't count as flowers, but if any colour is showing on a bud, it is counted as a flower for each similar one on same stem. Charlie Smith suggests putting two equal size bigger flowers at the base and one smaller one of same variety at top, but open to personal interpretation. Use any foliage. 'Any Flower' is any one flower with its leaf, and any selection of fruit or vegetables for that segment.



We meet at the Scamander Sports Centre, on the third Monday of each month, Doors open at 1.00pm for a 1.30pm start. Cost per meeting is \$2.00, with raffle tickets being 50 cents each. Please bring a plate of finger food to share.

Judging of flowers, fruit and vegetables each meeting.



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**ST HELENS:** Saturday, 6.00pm.

**ST MARYS:** Sunday, 9.00am

**BICHENO:** 1<sup>st</sup> and 3<sup>rd</sup> Sunday, 11.00am

**FINGAL:** 2nd and 4th Sunday, 11.00am

**Parish Administrator:**

Fr. Norbert Z Ochoa 0437 324 227

fr.bitz51@gmail.com

**WEEKDAY MASS:**

**ST MARYS:** Friday 10.00am.

**ST HELENS:** Tuesday and Thursday, 10.00am

***BREAK O'DAY***

***ANGLICAN CHURCH***

***SERVICE TIMES***



**St Helens**

**St Paul's: 9.30am every Sunday**

**58 Cecilia Street, St Helens.**

**St Marys**

**Holy Trinity: 10.00am every Sunday**

**13 Main Street, St Marys.**

**Pyengana**

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I either win  
or learn.*

Nelson Mandela

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FINGAL	88FM

## ARTISAN MARKET RETURNS FOR 2021

One of our local area's favourite events is almost here!

The 2021 Bay of Fires Arts Market is set to take place on Sunday 3 October at the Panorama Resort. The greatly anticipated arts market will run from 10am till 4pm and is free to enter. With spring in full swing by then, it will be a perfect way to celebrate all things bright and beautiful.



Touted as one of Tasmania's premier artisan markets, this year's event is shaping up to be massive. With 62 exhibitors, the variety of quality pieces is going to astonish and delight locals and visitors alike. A huge number of exhibitors means there will be a diverse range of arts and exquisite creations to look forward to.; everything from handcrafted soaps and jewellery, to hand-made skincare and re-purposed textiles. It's going to be the perfect day to pick out a few items for yourself or a loved one. Or maybe even get a start on some gift shopping....

There will be live music all day thanks to Brooke Banderas and Marita Mangano, which will add to the ambiance of Panorama Resort's picturesque location. And with a selection of Tassie's tastiest food vendors booked to provide delectable goodies, this year's Bay of Fires Arts Market is the place to be on Sunday 3 October.

If you enjoy stunning art, beautifully handcrafted goods, spending time with friends, live music, fine food and wine and a lovely view of the bay, make sure you put the date on your calendar right now.

For information and to check out some of the stall holders in advance, look up the Bay of Fires Arts Market page on Facebook or go to bayoffires\_artsmarket on Instagram.

See you there!

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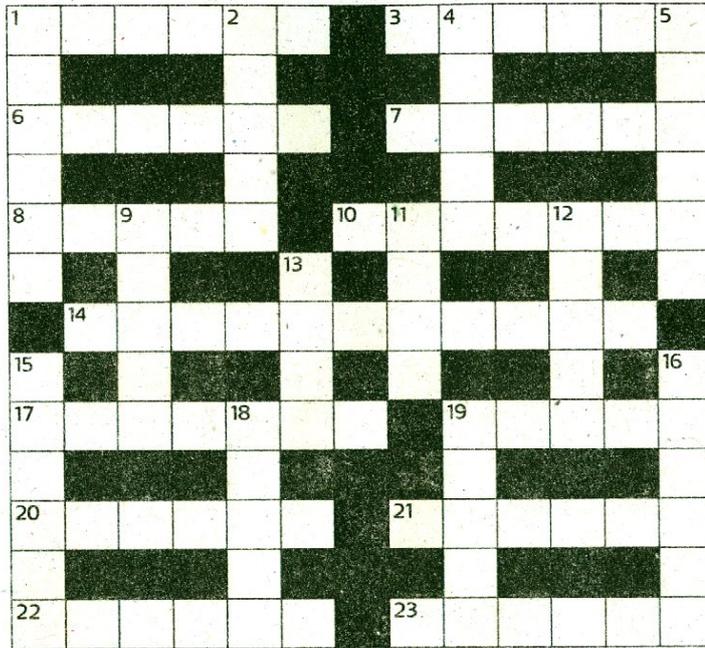
Closed Sunday and public holidays

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Ph 6376 1577

# Crossword 53.17



### ACROSS

1. Author, \_\_\_ Hemingway (6)
3. Jewish greeting (6)
6. Do again (6)
7. Larger (6)
8. Find (5)
10. *The \_\_\_ of Eastwick*, film (7)
14. For a short while (11)
17. Collectible relic (7)
19. Aromatic herb (5)
20. River flowing through Turkey and Iraq (6)
21. Flag (6)
22. Secluded (6)
23. Lost (6)

### DOWN

1. Printing mistakes (6)
2. Meander (5)
4. Crane (5)
5. Melancholy (6)
9. Skilled (5)
11. Country bordering Jordan (4)
12. Cavities (5)
13. Soy bean curd (4)
15. Hesitate (6)
16. Priesthood (6)
18. Silent (5)
19. Metal alloy (5)



## Fingal Online Access Centre

29 Talbot St. Fingal Tasmania  
7214

Phone/Fax: (03) 6374 2222

Email: [fingal.oac@education.tas.gov.au](mailto:fingal.oac@education.tas.gov.au)

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- Wednesday: 12.30 - 4.00pm
- Thursday: 10.00am - 12.45pm
- Friday: 12.30 - 4.00pm

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### Moo Poo

Phone Normie  
6372 2380



### Eastcoast RC Flyers

Remote-control flying every Sunday at 145 Reids Road, Priory (St Helens) from 9.00am.

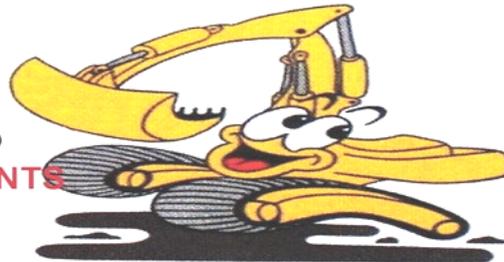
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for more details.



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Thistles

Cumbungi

Bracken Fern  
Willow Trees

Blackberry  
Capeweed

Fennel

Bitar Rose

Oxalis

Gorse

Broom

Patterson's Curse  
Flat Weeds  
Salsify

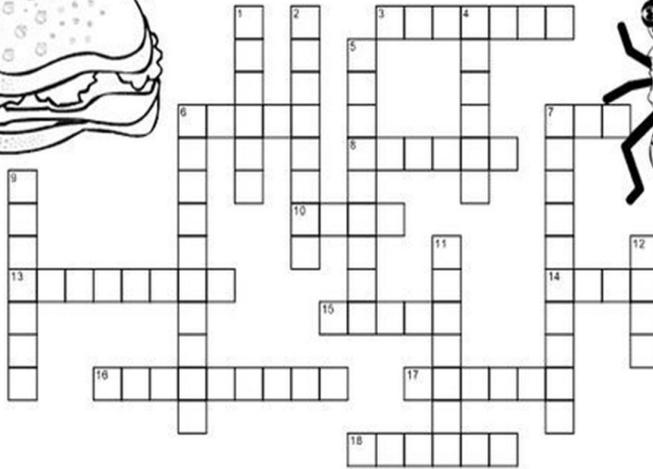
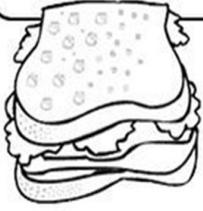
Stinging Nettle  
Erica  
Boxthorn

Onion Weed  
Spanish Heath

Pampas Grass  
Wild Raddish  
Serrated Tussock

**ANY WEED, ANY WHERE!!!**

# Picnic Crossword Puzzle

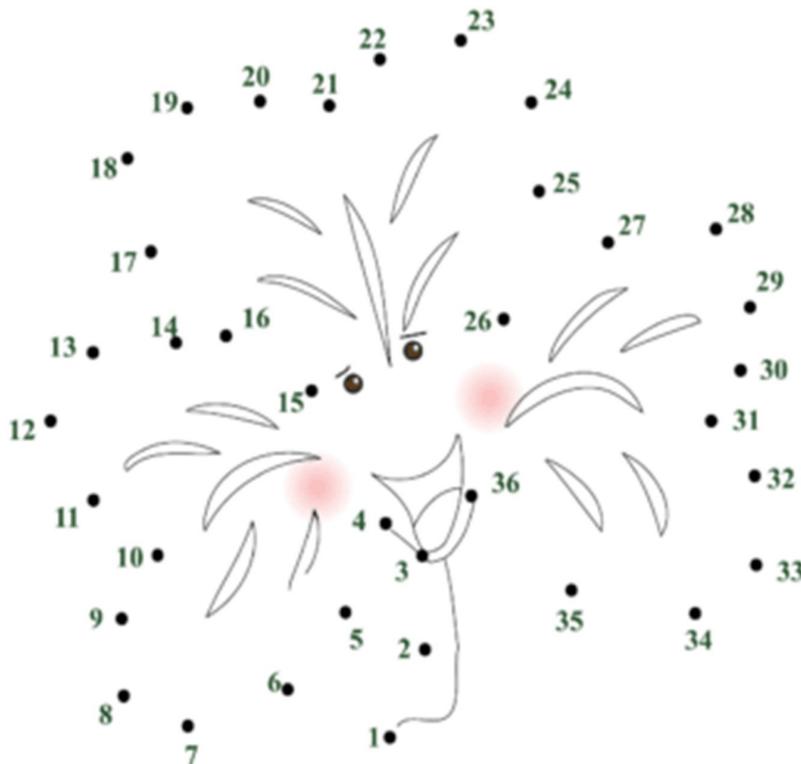


**ACROSS**

- 3. A fun picnic game played with a disc shaped toy.
- 6. Coleslaw is a type of \_\_\_\_\_.
- 7. A popular round-shaped baked dessert that is cut into wedges to serve.
- 8. One type of container used to carry picnic goodies.
- 10. It's yummy on the cob.
- 13. This comes in black lumps and is sometimes used on a picnic grill.
- 14. This type of weather can often ruin a picnic.
- 15. Tall and leafy, these provide shady places for your picnic blanket.
- 16. A bright evening show that sometimes follows a picnic.
- 17. A square of cloth or paper used to keep things clean when eating your picnic meal.
- 18. Grilled wiener on a bun.

**DOWN**

- 1. A picnic container that keeps food cold.
- 2. Two pieces of bread stuffed with meat, cheese, or other good stuff.
- 4. Most popular season of the year for picnics in North America.
- 5. A ground beef patty on a bun.
- 6. Eye protection from the sun.
- 7. A fun area for kids inside some parks.
- 9. Red condiment made from tomatoes.
- 11. Yellow sauce sometimes used on hamburgers and hotdogs.
- 12. Tiny picnic invaders.



**THINGS TO DO IN YOUR HOLIDAYS**

- Do a jigsaw as a family
- Have a MasterChef competition at home (recipe below)
- Make Homemade Finger Paint (recipe below)
- Enjoy nature outdoors - plan a picnic in your local park or backyard
- Go on a bike ride or mountain bike riding
- Plan a Treasure Hunt in your backyard or local town
- Visit the Museum in your local area - QVMAG or TMAG
- Visit the beach and build some sandcastles!
- Geocaching
- Visit your local library
- Visit the Royal Botanical Garden in Hobart
- Visit a Zoo
- Visit a waterfall

The experiences in the state of Tasmania are endless! Why not head outdoors and have some fun these school holidays, weekend or over the Christmas break before school returns in 2022!

**HOMEMADE FINGER PAINT**

- 1/2 cup cornflour
- 2 tablespoons sugar
- 2 cups cold water
- Food colouring



Mix all together in a saucepan (get some grown up help to do this) until the mixture thickens, then take off the heat and let it cool.

**2 INGREDIENT PIZZA DOUGH**

- 1 + 1/2 cups Self Raising Flour
  - 1 cup Greek Yoghurt
- 1) In a bowl pour the Greek Yoghurt and Self Raising Flour and mix until well combined.
  - 2) Dust a counter top with more flour and lay the dough out. Knead for a few minutes until dough is tacky (not sticky)
  - 3) Roll out to desired thickness and lay onto a prepared tray and top with your favourite toppings.
  - 4) Bake in a pre-heated 230 degree oven for about 10-12 minutes once topped.
  - 5) Keep an eye on your pizza while it cooks, adjusting the cooking time if needed.





## Visiting Lawyer

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Fingal Neighbourhood House

**Monday**

**October 18, 2021**

General Law; Welfare Rights;  
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**VENUES & TIMES**

**LOCATION**  
'Speyside' – 371 Mangana Road, Fingal

**WHEN**  
Wednesday, 6 October, 9:30 – 11:00am

**CONTACT**  
Peter Heading  
Break O'Day Drought Weeds Officer  
[pheading@nrmnorth.org.au](mailto:pheading@nrmnorth.org.au)  
Mobile: 0400 737 253

**RSVP BY 4 OCTOBER 2021**

**GUEST PRESENTERS INCLUDE:**

- Tim Reid, Contractor
- Humberston McKenzie, Speyside
- Peter Heading, NRM North

This project is delivered by NRM North and Break O'Day Council through funding from the Tasmanian Government's \$5m Weeds Action Fund.

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## MOUNT ELEPHANT AND BEYOND BOOK GROUP

### BOOK REVIEW

*Written by Pam Bretz*

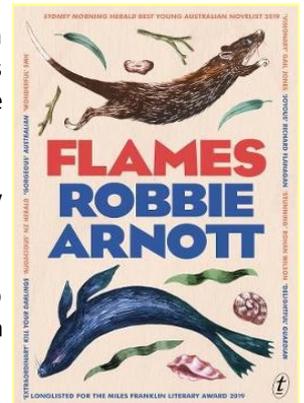
Robbie Arnott is a young Tasmanian writer whose first novel, *Flames*, we read this past month. It is an ambitious, playful story, using elements of magic realism to create what could be described as a modern myth.

The novel opens with a brief introduction to the McAllister family, whose female members seem to have a tendency to reappear after death in various natural manifestations. Young Luke McAllister is anxious to create a coffin for his 23 year old sister, Charlotte, because after their mother died and was cremated, she came back in a form that trailed fronds and ferns, behaved bizarrely and then disappeared in flames on the lawn of their estranged father's house. Luke is thinking ahead to burial rather than cremation! Naturally enough, Charlotte is so alarmed at her brother's obsession that she flees their home and so begins the odyssey that will take the reader on a journey through Tasmania.

Set very firmly in this state, the action moves from the Tamar Valley through the Midlands via Tunbridge, past Bothwell to Melaleuca, back to the Tamar and Notley Fern Gorge and other places in between. Even Avoca has its role! Readers enjoyed the local settings and references that are really the only concrete, realistic elements of the novel, contrasting with the fanciful narrative and wacky characters. Arnott plays around with different voices in each chapter to tell his story, and these range from a hard-bitten, cynical Raymond Chandler-type female private detective hired by Luke to find Charlotte, to a cantankerous retired coffin builder in Avoca who writes rude and insulting letters to Luke in response to his requests for coffin building tips. Then there's a farm manager who is raising wombats for pelts at Melaleuca, and a fisherman on the North Coast who hunts "One Blood" tuna with an intuitive seal. Weirdest of all are the voices of the River God - a water rat, and Fire - personified in the form of Luke and Charlotte's father.

This is not a novel to read with the usual expectations. Don't look for realism (it's wild!) but Arnott's immersion and love of the natural world is obvious, and he has some messages about the destruction and misuse of the environment, family strife and misunderstandings and reconciliation. There is a strong connection to the elements of life - earth, air, fire and water, and the symbol of the cormorant as the "avenging angel" carries through into his next novel, *The Rain Heron*.

This novel divided the group, with readers either loving the otherworldly aspects or losing patience with Arnott's style. Suspend disbelief and read this book if you enjoy having your imagination tweaked in a familiar setting.



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**PH: 0410 0510 82**  
tjaccounting13@bigpond.com

## LOOK OUT FOR A MATE



We all know someone who might be struggling with life's challenges and we encourage people to reach out and ask for help.

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Join Wendy French for a 90 minute workshop. Learn how to see the warning signs and how to respond and link the person to most appropriate support that is available.

Three simple steps to help – A.L.L.©

**WHEN:** 11th October 2019  
**TIME:** 2pm—3.30pm  
**WHERE:** St Helens Neighbourhood House

Phone the team on 6376 1134 or email [admin@sthelensnhh.org.au](mailto:admin@sthelensnhh.org.au) for more information

### St Marys Pacing Club

#### **Annual General Meeting**

**8th October 7.00pm**

**Under the grandstand, St Marys**

**All welcome to come along and forward your ideas to making our race day on New Years Day an event for our communities to enjoy.**

**Supper provided afterwards**

**Enquiries: phone Craig 0437 742 351**

**A.L.L.**  
**Ask Listen Link** ©



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[islandproject.utas.edu.au](http://islandproject.utas.edu.au)

We will be visiting Fingal Integrated Living on Tuesday 19th October at 11:30am. Please come in for a chat with us  
 RSVP: Christine on 0491211868




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 Dementia Research and Education Centre



**APPLY NOW**

Community Bank - St Helens-St Marys

## Community Grants Program

A Community Grant can support your organisation when it needs it the most.

Applications close Friday 8 October.  
[bendigobank.com.au](http://bendigobank.com.au)



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Saturday 9.00am - 2.00pm

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Pharmacist Andrew in store all day.



## Launceston Tramway Museum

### TWILIGHT TRAM RIDE

**Saturday 9th October 2021**

**6:30PM – 8:30PM**

#### Exchange a gold coin for a ride on a Heritage Tram

Located in the Inveresk Precinct between Big Picture School and Blue Inc.  
Open 10am - 4pm Tuesday - Sunday\* (excluding public holidays)

Ticket prices on normal operating days:

Adults: \$5.00 Seniors/APOD members: \$4.50 Children (6-16): \$2.00

Under 6 years old/Carers Free

Group bookings available Tuesday - Sunday (excluding public holidays) with prior arrangement

Call: (03) 6334 8334 Email: [launcestontramwaymuseum@gmail.com](mailto:launcestontramwaymuseum@gmail.com)

\*Opening hours are subject to volunteer availability

### REMEMBER THE TRAMS?

On 16<sup>th</sup> August 1911, the Launceston Municipal Tramway would open the city's public tramway service, and commence regular operations in the city of Launceston and its suburbs. At its greatest extent, Launceston's tramway would encompass 29 uniquely Tasmanian trams and would service 20km of track. Decay of the city's rail infrastructure, the growth in popularity of cars and the increased cost of service resulted in the death of Launceston's tramway, with its final ride on 13<sup>th</sup> December 1952.

After Launceston's trams were sold off, they found new lives across the state and country. A number of these trams would find their way to various locations across the east coast., including St Helens, Scamander and Bicheno.

Many of Launceston's trams that found their way to the East Coast would be among the best preserved and dutifully cared for. The stories associated with these trams are engrained in the history of the region, and the Launceston Tramway Museum Society would love to hear any stories that members of the east coast and Fingal Valley communities may have on their lives after their tramway years were over.

We would also love to invite everyone to visit our museum and have a ride on a restored Launceston tram.

The museum is located in the original tram depot, in the Inveresk Precinct, between Blue Inc and Launceston Big Picture School .

If you have a tale to tell, phone 6334 8334 and speak to one of our volunteers; better yet, come and have a ride and tell us what you know of the trams that used to travel the streets of Launceston!

## ST HELENS LITTLE ATHLETICS CENTRE

Welcome you to our come and try days

Saturday 25<sup>th</sup> September and Saturday 2<sup>nd</sup> October

9:30am

St Helens Recreation Ground

For ages 3-15 years

All past and present members welcome to attend

For further information please visit our facebook page St.Helens Little Athletics

or

contact Alicia 0438 268 431 OR Kaelene 0419 555 615



# St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215

Phone: 6387 5555

## 'STOP' DO YOU NEED TO ENTER THE HOSPITAL?

COVID RULES STILL APPLY- If unsure phone ahead on 6387 5555

### DOCTORS ROSTER

A Doctor's appointment is needed to see the GP's. It is not a drop-in clinic. Waiting periods to see your doctor may be experienced, please be patient

#### Dr C. Latt

30/9/21 – 1/10/21

8/10/21 – 15/10/21

#### Dr Newton

4/10/21 – 9/10/21

#### Dr Reekman

Women's Health Clinic

30/9/21 – 1/10/21

### PUBLIC HOLIDAY

Thursday 7/10/21

Launceston Show Day

**INR** tests require a 5 minute doctors consultation, please inform reception when booking.

The waiting area for *all services* at the St Mary Community Health Centre is in the reception.

Please report to reception upon arrival or we don't know you are here. The consultant you are here to see will be told and they will come and collect you from the reception area.

### ENTERING THE ST MARYS COMMUNITY HEALTH CENTRE

- Please be aware COVID rules still apply.
- The St Marys Health Centre is required to screen in **ALL** persons entering the site.
- On arrival at the Centre, press the intercom bell at the entry door, where a staff member will assist you to complete a Department of Health Screening on entry.
- Hand sanitiser is located in all areas of the Health Centre - Please use it on **entering and leaving the building**.
- It is compulsory for the community and visitors to the Centre to wear a face mask on entry to the facility. Mask will be supplied at the door.  
**NO MASK NO ENTRY.**
- Mask wearing is now mandatory across all Tasmanian Health Sites.
- **VERBAL ABUSE TO STAFF WILL NOT BE TOLERATED**  
- you may be asked to leave the building.
- Please abide by the social distancing with seating in the reception area (1.5 metres)

### PUBLIC HOLIDAY

Thursday 7/10/2021

Normal doctor surgery hours will resume the day after the public holiday – Friday 8 October 2021. Please refer to the After Hours contact numbers for assistance during this time.

#### Emergency 000

GP Assist 1800 780 011

Ambulance 1800 008 008 non emergency

Lifeline 131 114

St Marys Community Health Centre

6387 5555

If possible please ring before presenting after hours.

# St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215

Phone: 6387 5555

## How to get your COVID-19 Vaccination Certificate?

You can get an immunisation statement or COVID-19 digital certificate to show proof of your vaccinations.

How you get proof depends on your situation. This includes if you need to create a MyGov account or link services or enrol in Medicare

If you're 14 or older you'll need to get your own immunisation history statement or digital certificate using either:

- Medicare online account– through MyGov
- Express Plus Medicare mobile app

You can also call the Australian Immunisation Register and ask them to send your statement to you. It can take 14 days to arrive in the post.

## Australian Immunisation Register 1800 653 809

### PATHOLOGY- FASTING BLOODS

No food or anything to drink other than water **for a minimum of 12 hours prior to having bloods taken.**

***You can still take morning medications.***

If you require bloods to be taken prior to 8:30am, please ring 6387 5555 at least 24 hours before to make an appointment with Nursing Staff.

### NON-URGENT BLOODS

If you require non-urgent bloods to be taken, please present at the nurse's station between

**8:30am until 12 midday Monday-Friday.**

If unable to attend during these times, please contact St Marys Community Health Centre on 6387 5555 at least 24 hours before to make an appointment with the nursing staff.

## CTST - Community Transport Services Tasmania

Phone: 1800 781 033 for bookings.

## **St Marys General Practice reminder**

Dr Latt wishes to remind the community of the following exceptions to bulk billing at the St Marys Community Health Centre.

The below are NOT covered by Medicare, and may incur cost. Please discuss this with reception when making your appointment. If you have any concerns, please contact us and we will try and address them.

- |                            |                             |
|----------------------------|-----------------------------|
| ◆ Driving licence renewals | ◆ Requested medical reports |
| ◆ Insurance medicals       | ◆ Harness medicals          |
| ◆ Pre-employment checks    |                             |

## Non Attendance of Doctor's Appointments

Please be aware there is a non-attendance policy at this Practice.

If you miss 3 appointments you will be sent an account. If you miss a 4th appointment, you may be referred to another Medical Practice

Due to demand, non-urgent doctor's appointments need to be booked at least **2 weeks in advance.**

Waiting periods can apply.

## GP Surgery Hours: Monday - Friday

**8:50am- - 10:00am**

(10 :00am-10:30am reception closed)

**10:30am - 12.30pm**

(1:00 pm- 1:30pm reception closed)

**1:30pm - 3:00pm**

(3:00 pm- 3:30pm Reception closed)

**3:00pm - 4:30pm**



## Active4Life Gym Membership 2021

The Fingal Valley Neighbourhood House would like to thank all gym members for their ongoing support of the Active4Life programs and services. We look forward to providing ongoing support for the Active4Life programs and staff/volunteers. Timetables and class info are on our Facebook page [\(4\) Active4Life Gym Break O'Day Facebook](#)



Note: All members over the age of 18 years will be asked to pay a membership fee (there is no household membership available with the exception of young people resident in the home aged 16-18 years).

Fees for programs are used to support programs. All new members must book an induction with Jason held on Tuesdays at 1.30pm—bookings required.

Contact [Active4Life@fvnh.org.au](mailto:Active4Life@fvnh.org.au) for more information on how to join today!

Fob Fee : \$20 per fob non refundable		Fob Fee : \$20 per fob non refundable	
Full member Fee		Concession member Fee	
<b>1 year access:</b>	<b>\$ 250</b>	<b>(conc/health care card)</b>	<b>\$180</b>
<b>6 month access</b>	<b>\$ 150</b>	<b>(conc/health care card)</b>	<b>\$100</b>
<b>3 month access</b>	<b>\$ 75</b>	<b>(conc/health care card)</b>	<b>\$ 50</b>
<b>Casual single class \$10 pp</b>		<b>Casual single class \$10 pp</b>	

### St Marys Active4Life Timetable 2021 version 24.9 2021

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9am							
10am		Hub4Health 10—11.30 Session 1		Group Fitness Session 1 9-10.30am	Pilates 10-11am	Body Pump 10-11am	
11am		Hub4Health 11.30-1pm Session 2		Session 2 11-12.30pm			
12pm	Strom Disability 12-2pm NDIS						
1pm		Hub4Health Fitness Recovery 1-2pm					
2pm							
3pm							
4pm			Body Pump 3:30pm—5.00pm				
5pm							
6pm		Youth & Adult Boxing 5:30-7pm			Strength & Fitness 5:30pm—7pm		
7pm							

Contact us  
 E: [Active4Life@fvnh.org.au](mailto:Active4Life@fvnh.org.au)  
 Or [Find us on facebook.](#)  
[\(5\) Active4Life Gym Break O'Day |](#)



**Clr. Janet Drummond**

*Break O'Day Council*

0404 562 320

[janet.drummond@bodc.tas.gov.au](mailto:janet.drummond@bodc.tas.gov.au)



**Mayor Mick Tucker**  
 - serving all of  
 Break O'Day

[mick.tucker@bodc.tas.gov.au](mailto:mick.tucker@bodc.tas.gov.au)

0419 372 813

# Break O' Day Spring School Holiday Program 2021

What	When	Time	Where/what	How Much	Age Group
<b>Family MTB Day</b> With YCNECT & Pedalheads	Thursday 30 September	10-3pm	St Helens Trailhead (YCNECT are providing transport and bikes from St Helens for 8 places & 5 spots from St Marys)	Free Bookings essential	Grade 7-10 Free snacks
<b>Fingal Movie Night</b> with YCNECT	Tuesday 5 October	5pm-8pm	Fingal Valley Neighbourhood House - with transport from St Marys	free	Ages 12- 17 years
<b>St Marys Play &amp; Learn</b> With Building Blocks	Thursday 7th October	10.30-12.30pm	St Marys Community Space Groom St, St Marys BYO bike and scooter	free	Families and children 0-8 years welcome
<b>YCNECT Games Afternoon</b>	Thursday 7th October	1pm - 4pm	Falmouth Community Centre—transport from St Helens available	free	Ages 10-17 years
<b>With One Voice:</b> Children and Young People Choir Workshop	Tuesday 5th October	3-4.30pm	Bicheno Memorial Hall With One Voice Break O'Day Conductor Lila Meleisea	free	All Ages 4-16 years Parental or adult supervision for children under 10 yrs
<b>With One Voice</b> Break O'Day-Community Choir Workshop	Tuesday 5th October	5.30-6.30pm	Bicheno Memorial Hall With One Voice Break O'Day Conductor Lila Meleisea	Adult \$10pp or \$5pp (concession) Child—gold coin	All Ages event Parental or adult supervision for children under 10 yrs
<b>Festival of Wellbeing</b>	Saturday 9th October	10-4pm	St Helens Bendigo Stadium, Tully St <a href="http://www.communitiesofwellbeingbreakoday.info">www.communitiesofwellbeingbreakoday.info</a>	Free Transport from Fingal/ St Marys	All ages Family friendly event

This program is supported by a collaboration between local services



contact Building Blocks (Tanya) 0400 002 116 or [BuildingBlocks@fvnh.org.au](mailto:BuildingBlocks@fvnh.org.au) for more information  
or M: 0493 151 135 or E: [ycnect.caitlin@gmail.com](mailto:ycnect.caitlin@gmail.com) or [ycnect.alex@gmail.com](mailto:ycnect.alex@gmail.com) for  
Youth Collective North East Coast Tasmania Program info and bookings

**EAST COAST HOSTS FINAL MOTOCROSS STATE CHAMPIONSHIP ROUND**

On September 11 the state’s best motocross riders travelled to St Helens to compete in the final outing of the 5 round State Series at the Bar 20 track at Goshen. Riders were battling to take home one of the magnificent trophies that were handed out at the presentation dinner which was held that night after racing.

With many race classes still up for grabs for the year, it made for some frantic action throughout the day, as riders attempted to close in on their nearest competitors. The 85cc 14-16 year old class was one of the hardest fought races of the year, between Callum Penney, Jack Byrne and Tate Young, with north-west rider Callum Penney hanging on to the title after a tough battle, when he finished third for the day. Local racer Jack Cropp, riding his Penrite/Caltex St Marys-supported Husqvarna 85cc machine, also had a great year, finishing fourth on the day and fifth for the year.



Jack Cropp and Joel Howe get ready to race.

Yamaha junior racing rider Jay Jennings had an awesome year, taking home the titles in the 10-12 years 65cc and 9-12 years 85cc classes. Young Scamander hard-charger, Brodie Faulkner on his Scotts Motorcycles-supported 65cc Husqvarna finished in a tie for second on the day and third for the year.

Other local riders Joel Howe, 85cc KTM and Bayliss Sawyers on a 65cc Yamaha also had a great day, showing improvement and they will be in great form for next year’s title.

The East Coast Motocross Committee would like to thank all riders, spectators and the following local businesses for their support: Harcourts St Helens, St Helens Central Motors, Suncoast Engineering, That’s Howe Automotive, JD Printing, Indulgence, Mike Sweet, Rapid Clean, Cement Australia, Bay of Fires IGA, Banjo’s and The Valley and East Coast Voice.

Thank you for making this a great day and we look forward to a bigger and better year next year.

Don’t forget we still have a few ride park days left this year, so come along for a ride with friends and family; you don’t need a race licence, just a bike and required safety gear and you’re good to go!



Local rider Brodie Faulkner collects his trophy.

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## FISHING REPORT

### By The Happy Hooker



September fishing is the time of year to start getting excited as to what hopefully may come with the warmer spring weather ahead; as the weather warms, so will the water and ground temperatures, which in turn stirs the insect world, both aquatic and land-based, into hatching. During the calmer days of September, insects known as midges or chironomids will hatch. These tiny mosquito-like insects offer the angler a chance to catch a trout from the surface on a fly rod, and for those eager enough to brave the cooler mornings, anglers will often be greeted by trout rising to the surface, taking the adult, which when conditions are right, will hatch in mass numbers. My preferred technique to fish for a trout when the fish are taking the adult midge is to use a three fly set up, with a dry on the surface and two nymphs suspended underneath about six inches apart. The technique is to find a feeding trout and then set a trap if possible, by casting slightly in front of the trout's feeding direction and then as the fish nears the flies, slowly lift the rod tip, resulting in the nymphs rising and moving in the water for the trout to see and then hang on for the fight. Midge fishing can be frustrating due to the small size of the insect that you are trying to imitate with a fly, but the trout love them. The larva will swim from the bottom to the surface to hatch. They look like mosquito larva (or wrigglers); the fly to use is a small size fly known as a buzzer (Google them). I tie a buzzer in a red colour with a green head and they are my 'go-to' fly when things are tough, although I have been lucky enough to be successful with other colours as well. Lake Leake trout were found taking midges on the 23<sup>rd</sup> of September late evening, after the lovely warm day, and two locals had a nice session undoing a few good fish.

There have been some lovely salmon and flathead coming from our beaches; the Swan River is fishing well and some terrific sea-run trout have been coming from the state's estuary rivers that run to salt water.

Fishing reports:

On **Friday, 27<sup>th</sup> August**, Scamander River was the target with the hope of finding a bream or two. I arrived at the upper Scamander River around 9.00am, and a lovely bream on a six-inch plastic sand worm in bloodworm colour came to the net on the third cast of the day and a positive session looked ahead, however the fishing was difficult, with a strong wind picking up and making things difficult to keep the boat in position with the electric motor. Thirteen fish were netted and released at the end of the session, with a few other lost or the fish just grabbing the tail of the plastic lure.

Scamander River was the target again on **Wednesday 8<sup>th</sup> September**. With me this trip was a local Fingal IGA Identity. We started fishing the same rock wall as the previous trip for not even a touch or bump. We then moved to the normal areas, but the fish must have been from Victoria, as they were in lockdown mode as well. Despite hundreds of casts myself, and my guest's bold promise of showing me how to catch a bream on a prime piece of eye fillet steak (which he should have saved for the barbeque that night) on his trusty rod and reel armed with line you could tow a car with, it looked like the possibility of our going home fishless....by lunch the wind had picked up making casting difficult with the light gear. My guest I think will be voting Green at the next election, due to his love of catching trees. The decision was made to head up the river for a bit of shelter and we were lucky enough to boat four nice bream, with the biggest 38cm nose to fork of the tail, from a deep hole. The Scamander River bar-way was closed at the time, and a large amount of water is in the system: this was our excuse for a poor session with no tidal run to assist or get the bream into feeding mode. The bar-way was let go on Friday the 24<sup>th</sup> of September, so it will be interesting to see how the river fishes from now on.

Despite our lack of fish caught, a day of laughter and banter between mates was had, and at the end of the day, that is what makes fishing such an enjoyable leisure activity; to be able to spend time with family and friends, to catch a fish is just a bonus.

**Friday 10<sup>th</sup> September** saw us to head to Georges Bay. St Helens was the destination to catch whatever on lures. We found plenty of salmon in different patches around Akaroa flats. One area is a patch that goes from shallow flats to a bit of a deeper sandy bottom channel, and it was here that the salmon were laying on the bottom where you could see them, and drifting across them and dropping the lures to them, some nice-sized salmon were boated and released. The north-westerly breeze had picked up and had a bit of a nip with it, so we decided to head out to the oyster racks towards the bar-way, where there is a deep hole that normally has a few trevally in it. As soon as the boat stopped and a cast made, a solid fish had the reel screaming and the fish taking line of the reel of my companion's rod. After a ten-minute fight, a lovely silver black-back salmon was boated and released. We stayed in the sheltered area picking up the odd black-back and losing quite a bit of gear, with the size and power of these fish giving the light trout and bream rods a real workout.

**Until next time, stay safe and tight lines.**



*Silver trevally are often caught from wharves and jetties, and shallow areas.*

### MALAHIDE GOLF CLUB

Like a bag of mixed lollies, the weather gave us four season in one today. We welcomed a visitor from Queensland, Hamish Thompson.

Scores for chicken run, 24 September:

- David Duthie 30
- David Lowe 34
- Ashley Stone 36
- Stan Ellem 39
- John Vincent 40.5
- Rod Hunt 41
- Gary Lanham 49
- Hamish Thompson 61



Malahide Captain Andrew Johns hands the Malander Cup over to Scamander Captain Darren Bramich.

On Saturday 25th September, the Malander Cup was played at Scamander River Golf Club. The Malander Cup has been played between Malahide and Scamander since 1995, and was set up as a memorial for the late Anthony Blisst, who was tragically killed while working in the bush. He was a member of Scamander River Golf Club, and had family ties to members of Malahide Golf Club. The day was very enjoyable, and the course was in good condition. Thanks to Bobster for lunch.

For the Malahide team, Andrew Johns and Stephen Lowe were the winners scoring 67.25, with Riley Plummer and Shaye Ward coming in second on 68.25. Rose King from Scamander River golf Club teamed with David Duthie to take out third place with 68.5 - thanks, Rose!

Scamander River team Dick and Tony Swanson were the winners for their club with a score of 66.5, while Drew Wilson and Shaun Heyward scored 66.5 to take second, and third place was won by Rodney McBeth and Tim Upston with 67.

Scamander River were the victors, with a tally of 371.25 points, while Malahide scored 394.5 points.

The longest putt on the 9th was taken by Stephen Lowe, while Max Bywater took out the Nearest the Pin on both the 6th and 8th holes.

**Malahide Golf Club** hold a Chicken Run on each Friday, starting at 1pm, \$4.00 entry. Saturday competition starts at 11.00am and we also have a Facebook page that is updated regularly. Full membership is \$235.00, and a social membership is \$50.00 per annum. Contact Andrew Johns, Club Captain, on 0427 854 555.




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Alex lives locally in Bicheno and is available to assist clients with all legal matters. Appointments are by arrangement in Swansea, Bicheno, St Marys and St Helens. With nearly 15 years' experience working as a Barrister & Solicitor in Tasmania and Western Australia, Alex is your local lawyer on the East Coast of Tasmania.

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**"TRY TO AVOID THE BEER HAZARD ON THE NINETEENTH HOLE."**



**EAST COAST SWANS FOOTBALL CLUB**

This issue, we thought it was time to show you the boys who “fight like the devil” to play the game they love - after all, they ARE Tasmanian devils!



**EAST COAST SWANS RESERVES**

Rear (from left): Byron Johnson, Pat Oldham, Jordan King, Ethan Hill, Riley Goulden, Heath Szczyпка, Axel Savage, Andrew Latham, Chris Oakenfell, Jarrod Mason, Ken Reid, Kyle Chapple, Ned Hyland, Angus Tate.  
 Front (from left): Zaymon Curtis, Leigh Gillies, Ross Fleming, Jack Calow, Matt Lovell, Brad Goodyer (Captain), Jayden Blunt, Michael Latham, Leigh Davern, Tyrone Goodsell.



**EAST COAST SWANS SENIORS**

Rear (from left): Nick Child, Cam Upton, Sam Child, Jye Baldwin, Andrew Zammit, Will Stoltenberg, Majak Miар, Adam Breen, Beau Calow, Shaun Cannon, Lewis Ritchie (captain), Ethan Goldfinch, Adam Marland.  
 Front (from left): Wade Garth, James Faulkner, Mitch Graham, Aaron Seen, Chae Evans, Toby Omenihu, Hamish Tate, Clint Robson, Marcus Haley.



### ST HELENS NETBALL ASSOCIATION

#### Game Results, Rounds 14 and 15

#### PRELIMINARY FINALS

Division 3 Georges Bay (24) defeated Surfside (16)

Division 2: Clovers (30)defeated Bay of Fires (21)

Reserves : Georges Bay (35) defeated Surfside (17)

Division 1: Surfside (42) defeated Georges Bay (32)

#### GRAND FINALS

Bay of Fires (22) defeated Georges Bay (17)

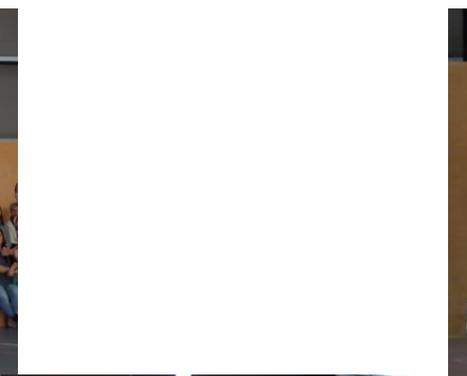
Georges Bay (43) defeated Clovers (14)

Bay of Fires (45) defeated Georges Bay (20)

Surfside (44) defeated Bay of Fires (27)

Congratulations to al the winners, and ‘Well done’ to all the teams!

The Valley and East Coast Voice looks forward to bringing you netball again in 2022.





## ST MARYS SPORTS CENTRE

By Volun Tier



In among our busy times at the Centre recently, we have sadly lost three of our hard-working volunteers, two who were life members, and all of whom contributed in their way towards the shaping of the future of our Club.

May Cook was a Life Member, and Ladies' President and Captain, a strong advocate of ladies' golf in her time, with many competitions and trips away organized in the earlier days. Pictures at the Centre show many Ladies' Pennant titles and State shields being won by the ladies. May was also an articulate speaker as I remember, at our AGMS that used to include a wind-up speech from several members on each of their own sections. May is the last senior player of our club to hole-in-one, in 2006.

Peter "Wombat" Wilson, a legend at organizing Australia Day and Legacy events, was in fact the driving force in the club's behind-the-scene work, much of which was unheralded. Stubby shorts, thongs and a CBA roofing nail hat; he was a real character in and around our club. Who will ever forget his sharp wit and wicked pranks, at the club, and as Post Master in the town? Peter was also a keen golfer, who holed-in-one as well, on the 7th a few years back, something Scotty and Drew tried to emulate in the past week without success.

Perter "Mo" Davern was also a Life Member of the club. He was a volunteer for years, he helped in the establishment of our golf course to 9 holes, and once remarked that the grounds where the first 6 holes and the football field now exist, was a swamp at the time and for those who remember, Joe Wilson, who had the now C & D IGA, lent Mo his Fergie tractor to level and fill the area in. He was also a keen bowler and golfer, who holed-in-one on the 5th. He worked tirelessly on the most run-down equipment, and of course, in true Peter fashion, nothing that might be fixed was ever thrown away.

All three left a legacy to us in their own unique way; mostly remembered for their commitment and friendship, they will be sadly missed but not forgotten by our club.

Still busy at the Centre again this fortnight, with many functions on, our Saturday pennant, Tuesday social midweek and Monday RSL bowls about to start; just a reminder that if you wish to learn or get back into bowls, you are quite welcome to join us on Thursdays after 2.00pm for some great fun.

**Members Draw:** Last seek Audrey Clingo and week prior, Dean Rice. No collect again, you must be present around 8.00pm to collect your prize.

**Crib:** Mark Carrick cleaned up Jack Foreman in a select field to take the cash, much to Cookie's surprize, but he has vowed revenge at the next event.

**Golf:** Peter Sorensen in great from over recent weeks, cleaning up Rodney, Speed and Macca, with Rodney nearest the pin. This week, Mark Carrick and Troy Dawson comprehensively beam Peter and Macca, Peter nearest the pin.

Oh, Crows nil, Christians nil...must have been watching the footy...

**Until next time, good hitting and rolling.**

### NOTICE OF

### ANNUAL GENERAL MEETING

The Annual General Meeting of the Scamander River Golf Club will be held at the Scamander Sports Complex on Saturday 2nd October 2021, commencing at 9.00am.

Election of Office Bearers will take place.

Nigel Wallace,

Secretary, Scamander River Golf Club

Phone 0427 561 354





**38 Main Street St Marys**

Right next to the Post Office

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Sat 6.30am - 6.30pm

Sun 7.30am - 6.00pm

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- ◆ The Farm Shed - Bicheno

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**CROSSWORD, ISSUE 53.16**

**Across:** 1. Seersucker, 8. Heading, 9. Rogue, 10. Pill, 11. Demi, 12. Top, 14. Empire, 15. Warden, 18. Dam, 20. Noun, 21. Maxi, 23. Lance, 24. Turmoil, 25. Correspond

**Down:** 1. Scallop, 2. Exit, 3. Sugden, 4. Cardigan, 5. Eight, 6. Chippendale, 7. Responsible, 13. Grandeur, 16. Diamond, 17. Curtis, 19. Mango, 22. Trip