



THE VALLEY AND EAST COAST VOICE

Established 1968

Edition 53.19 28th October 2021

Deadline for 53.20 is at 5.00pm on Monday 8th November 2021

AUSTRALIA'S ROLE IN THE SPACE RACE - IT'S OUT OF THIS WORLD!

On tour to St Helens History Room from the National Archives of Australia, *Out of This World* looks back on those exciting days to examine the nation's response to space research and exploration from the 1950s to the 1970s.

Learn about the history of Woomera Rocket Range and Australia's important role in tracking the Apollo missions. See how futuristic ideas influenced everything from architecture to pop culture, including the creation of everyone's favourite puppet, Mr Squiggle – 'the man from the Moon'.

National Archives Director-General, David Fricker said the exhibition tells a diverse range of stories, all connected by our nation's desire to understand space.

'Celebrating Australia's involvement in the space race, *Out of This World* has something for everyone, from cutting edge scientific research to space-age toys, design, television and much more', he said. 'We look forward to sharing this exhibition with the Break O'Day community as it tours around the country.'

'The St Helens History Room is excited about this partnership with the National Archives and to share this stellar exhibition with our community', Kym Matthews, Curator, said.

Out of This World is on now at St Helens History Room from October 2021 to early January 2022.

Exhibition supported by the State Library of South Australia, the National Collecting Institutions Touring and Outreach Program and Visions of Australia.

OUT OF THIS WORLD Australia in the space age

FREE EXHIBITION

St Helens History Room
61 Cecilia Street
ST HELENS TAS 7216
Mon – Fri 9 am – 4 pm
Sat & Sun 9 am – 3.30 pm
www.sthelenshistoryroom.com

NAA
National Archives of Australia

A national touring exhibition developed and presented by the National Archives of Australia
Co-sponsors: State Library of South Australia
Exhibition supported by Australia's Government National Collecting Institutions Touring and Outreach Program and Visions of Australia

ADVERTISEMENT

Brian Mitchell MP
Your Federal Member for Lyons

Need help with Medicare, Pensions, NDIS or other federal matters? Please feel free to contact me at my Northern Midlands office on (03) 6398 1115 or email me at Brian.Mitchell.MP@aph.gov.au

REMEMBRANCE DAY
11am, Thursday
11 November, 2021
Lest We Forget

Authorised by Brian Mitchell MP (ALP, Tasmania)
53B Main Road Perth, Tasmania 7300

Are you a member of a non-profit organisation? My office can help provide information about grants and other funding opportunities.

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Opinions in any letters published are not necessarily those of the Editor, staff or volunteers.

Our pages remain open to fair and honest criticism so that, on all questions, both sides may be presented, but any submissions containing personal attacks/libel/slander will not be accepted.

Kindly do not attack the Editor, the paper or the authors of previous articles.

All articles for submission, including letter to the Editor, must bear the author's full name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only. Letter writers will be given the chance to respond over a suitable period of time.

Subjects may be closed at the Editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The Editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. Whilst we value and welcome community input, the Fingal Valley Neighbourhood House does not provide specific feedback regarding any decision made not to publish a submission.

The Fingal Valley Neighbourhood House reserves the right at all times, without notice, to update, change or amend our guidelines. All information is correct at time of printing.

This newspaper is about the Fingal Valley and the East Coast, and the people who live here. If you have a story you would like to share, or a suggestion for an article or regular column, please contact the Editor. You can show off your literary talents and submit it for consideration, or the Editor can write it for you. Photographs are important too, so try to include them, with some information as to where and when it was taken, what the occasion was, and who is in it. We also like to tell people about our sporting history, and tales of sporting prowess and vanished sporting events are also welcome.

Email me at: valleyvoice@fvnh.org.au

Editor, The Valley and East Coast Voice.



Tasmania's Dementia Prevention Project is still recruiting!

Dementia is now the second leading cause of death in Australia and many of us are touched by it. Did you know that you can reduce your personal risk of developing dementia? At the Wicking Dementia Research and Education Centre, we're discovering that not many people are aware that they can reduce their risk so we're asking Tasmanians over 50 years of age to sign up to the ISLAND Project – the largest dementia prevention project in the world!

Through the ISLAND Project we feel like we are spreading good news! We now know that approximately one third of the cases of dementia can possibly be prevented if people attend to a range of risk factors from middle age onwards. These risk factors can be modified – you can reduce your own risk and improve your overall wellbeing by making some changes to the following: -

- Reducing your blood pressure
- Managing your weight
- Lowering your cholesterol
- Controlling diabetes and blood sugar levels
- Following a healthy diet
- Learning new things and doing activities that challenge your brain
- Increasing the amount of physical activity you usually take
- Reducing the amount of alcohol you consume; and
- Stopping smoking

We know its not easy to make changes and stick to them. If you join the ISLAND Project, you will learn about your own levels of modifiable risk and receive some advice on any changes you could make to your own risk profile. You might also wish to discuss your modifiable risk results with your GP or other health advisors. You will also gain access, over time, to a range of activities that relate to the modifiable risk areas listed above. For example, we might invite you to enrol in an educational course, participate in activities that encourage you to exercise or to give you ways to keep your brain active.

We are seeking to reduce the incidence of dementia in the whole population of Tasmania and we need your help. We've had over 10,000 people sign up to the ISLAND Project so far and we're amazed at the support we've received. We're still recruiting and have raised our target to 20,000 Tasmanian's aged 50 and over – or 10% of the States population in this age bracket. Covering this proportion of the State's population would help make the ISLAND Project one of the most important health studies in the world. ***Please help us reach this target - spread the word and ask your friends and family to be part of ISLAND!***

You can sign up, or find out further information, by following this link - <https://island.mooc.utas.edu.au/>

We hope that you share this information and the registration link with your personal networks. We also hope you will register an interest yourself, if you are within the age group outlined above. We hope to reach all Tasmanians over 50 years of age and especially those who are concerned about dementia and the impact it has on individuals, families and communities.

Thank you for your help to engage our community to register their interest in this important project. With the help of our community, we believe we can have a positive impact on dementia in Tasmania and help Tasmania lead the world in preventing this life changing condition.

Please contact island@dementia.utas.edu.au if you have any queries.

Free Morning Tea!



We welcome all of community to come on down and enjoy a social cuppa and biscuit.

We have lot of information about locally available services or if you would just like to know more about the Trial Site we are happy to talk with you.

We're going to be at the following locations

From 10am - 12 noon

Commencing June 1st 2021

- Bicheno Health Centre - first Tuesday of every month
- Mathinna Recreation Ground - first Thursday of every month
- Scamander across from Coffee Mug - second Tuesday of every month
- Fingal Valley Neighbourhood House - second Thursday of every month
- Pyengana Recreation Ground - second Friday of every month
- St Helens Neighbourhood House - third Tuesday of every month
- Stieglitz Lions Park - third Thursday of every month
- St Marys Anglican Church - fourth Tuesday of every month
- Binalong Bay Boat Harbour Viewing Area - fourth Friday of every month

This mobile information 'outreach' is part of a much larger Australian Government funded trial program to help local communities reduce suicide.

Supported by Primary Health Tasmania under the Australian Government's Primary Health Network



48 Main Street

Phone 03 6372 2181

St Marys 7215

Hosts: Tony and Bronwyn

OPEN FROM 11.00AM, 7 DAYS A WEEK

NEW MENU NOW AVAILABLE

Dine-in and takeaway meals available

Lunch - 12.00pm - 2.00pm (Wed—Sun)

Dinner - 5.30pm - 7.30pm

Pasta night every Tuesday

(Bookings preferred for all meals)

GUEST ARTISTS, SUNDAYS FROM 3.00PM

31st October: The Rennies

7th November: Jerome Hillier

FRIENDS OF FOUR MILE CREEK INC. (FOFMC)

Community Training Session

Inc. No: IA09978

ABN: 98 682 733 049



FOFMC, in collaboration with SLS Scamander, are providing a free basic first aid and surf rescue techniques awareness training session. Come along and discover the local 'lifesaving station', learn how to use our new surf rescue tube and brush up on basic first aid.

What: First Aid and Surf Rescue Techniques Awareness Training

When: Saturday 8th January 2022

Where: Meeting Point the 'Lifesaving Station' - 18 Four Mile Creek Road

Who: Four Mile Creek Community Members - all ages welcome (children to be accompanied by an adult)

Time: 9.30am to 11.30am

Trainer: Emma Attard, Scamander Surf Life Saving Club

Participation Certificate: Awarded for non-accredited awareness training covering basic first aid and surf rescue techniques

Enquiries: Amanda Rossi, 0419 440 946



Stronger Communities Grants Round 7

Expression of Interest Guide

Brian Mitchell MP is encouraging Lyons residents to submit expressions of interest for Round 7 of the Stronger Communities program.

The program funds small capital projects that will support and encourage participation in local projects and deliver social benefits to local communities.

Grants are available to community organisations for funding between \$2,500 and \$20,000, with a maximum of 20 projects able to be funded per electorate. **Importantly, this round does not require matched funding from most applicants.**

Please read the [Grant Opportunity Guidelines](#) at business.gov.au to find out if your project is eligible and to understand what will be required if you are successful. You can visit www.brianmitchell.com.au/grants for further information and to access the form.

Who can apply?

To be eligible for funding your organisation should

- have an Australian Business Number (ABN)
- be not-for-profit

and be one of the following:

- local government bodies
- incorporated not-for-profit organisations
- incorporated trustees on behalf of a trust with responsibility for a community asset or property.

a government agency or entity that is a fire service, rural fire service, country fire authority, SES or similar

What type of projects may be funded?

Small capital works or capital expenditure projects that are able to be completed by 31 December 2022 such as:

- upgrades to facilities; fit-out, alterations and extensions to existing premises and community spaces
- purchase of equipment including vehicles, kitchen and office equipment, sporting equipment that remains the property of the organisation
- improvements to public spaces such as bike paths, parks and gardens

The eligibility criteria for entities and projects is outlined in the [Grant Opportunity Guidelines](#) at business.gov.au **It is strongly recommended that you read and understand the guidelines before submitting this EOI, as projects which do not meet the requirements cannot be considered.**

If you have any questions, or are experiencing any problems with the online form, please email Brian.Mitchell.MP@aph.gov.au or call (03) 6263 3721.

Article supplied by Brian Mitchell MP.



Clr. Janet Drummond

Break O'Day Council

0404 562 320

janet.drummond@bodc.tas.gov.au



Mayor Mick Tucker
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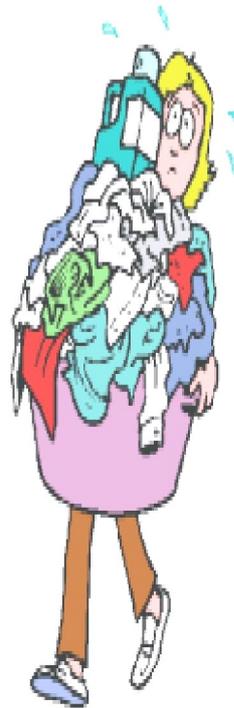
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ST HELENS STALWART CELEBRATES 90 YEARS

Families gather at the home of her daughter Lucylle and son-in-law, Stephen Walley, to celebrate Veronica Rose Pike's 90th birthday. You have done so well mum, still living in your own home with your husband of 71 years, Arthur 'Dood' Pike, and having ten children still living. The kitchen bustles with children and grandchildren bringing all sorts of dishes to the table ready for Mother Dearest, known as Bonnie Pike, to take seat of honour. Relatives arrive from all parts of the state, and the cameras click away, with many clapping as mum and dad kiss each other. Well, giggling erupts when someone suggests we all line, up as they have another and another kiss. One great grandson, Chase, beautifully dressed in his suit which he selected to wear for this special occasion, suggests they hold their breath and kiss for two minutes. Their granddaughter Gabs stops at each guest, asking them to speak a Birthday Greeting while she videos it for her 'Nanny Rose'.

Others walk in with slices, cakes, sandwiches, vegetarian dishes and meat-lover delights. There are little meringues, scones, cheesecake and fruit. Some have brought non-alcoholic drinks, and all had a merry time. Pretty flower arrangements adorned the table and cards were flowing into mother's hands as she opened her presents. What do you give someone who is 90? Well, the best thing you can give mum is your being present, so she can hug you. A couple of us told mum, "You look like the Queen." Isn't it lovely when someone makes an effort and puts make-up on and has a visit to the hairdresser and then dresses up! My mum looks good to me. Some tell me I look like my grandmother Elsie Beryl Dwyer, known as Beryl Salter and others say that I have my dad's nose, but I hope I have inherited my mum's kindness and compassion.

Here's to you Bonnie, Mum, Nan.....now, should the great grandchildren wash up? Oh, there's a dishwasher, so enjoy the picture of the special 90th birthday on 28 September 2021 of Veronica Dwyer Pike.

(Article by Peggy Bogar)



'WITH ONE VOICE - BREAK O'DAY CHOIR'

Feel Good, Do Good, Sing for Good



It is spring, and With One Voice - Break O'Day has been springing up all over the place!

On Tuesday 5th of October, we popped up at Bicheno to add our voices to the message that awareness of mental health is vital to community wellbeing. On Saturday 9th September we became roving minstrels at the Festival of Wellbeing held at the Bendigo Bank Stadium in St Helens. We moved around the stadium and its grounds, gracing the stallholders and their visitors with the gift of several 'rounds'. A round is a song in which 3 or 4 singers or groups of singers follow each other around in several rounds of the same song. "Row, Row, Row your Boat" is an example. Give it a try with your family - its great fun and can often be hilarious.

Saturday 16th of October was World Sing Day, and we were roving again in the streets of St Helens. The nominated song for World Sing Day 2021 was The Beatles "Here Comes the Sun". It was sung all over the world in public and private places by individuals, choirs and community groups. For WOVOD singers, the roving about in the



Rounding off our rounds at the Festival of Wellbeing
I to r, back row: Geraldine, Lise, Viv, Libby, Lila,
Bill; front row: Mary, Eileen, Silva.



I-r: Silva, Geraldine, Lise, Bill, Viv, Lila. Mary took the photo.

previous week resulted in a smaller contingent popping up for World Sing Day, but the energy and spirit of the singers was in no way depleted. They assembled outside the Portland Memorial Hall, sang a few rounds and then "Here Comes the Sun". They then roved off to do the same outside the Supa IGA, completing their performance schedule at the Bookshop Cafe. It's my belief that this year's World Sing Day would have triggered a global tsunami of optimism. Not a bad days work!

If you would like to come and "feel good, do good and sing for good" you're always welcome at our sings; our choir sessions are held at the Scamander Sports Complex, 1 Old Coach Road, Scamander on Tuesdays, 5.15-6.30.

For more information contact Liz on 0439 001 533.



Fingal Valley Neighbourhood House INC

Old Tasmanian Hotel
20 Talbot Street, Fingal

Volunteers Needed

We are currently seeking volunteers for Driving and the Op Shop. If you have some time to spare and would like to do some driving or fancy volunteering in the Op Shop, please get in touch, we would love to tell you more!



VALLEY READERS

Interested in becoming part of our Book Club?

Contact us at the office and register your interest or to find out more.



Loaves and Fishes is available on **Thursdays for collection from 12pm at FVNH, or at your local collection points in Mathinna, St Marys and Avoca.**

- If you would like to apply for a NILS Loan, use our transport, food relief etc, call in or contact the office for details.



Craft Groups – Do you have some unfinished craft projects you would like to come together with others to complete at the Neighbourhood House? If so let us know and we can see what we can setup for you.



Should you have any further questions or comments or feedback please do not hesitate to call in and see us or contacts us and per details below

6374 2344, email admin@fvnh.org.au.

The Fingal Valley Neighbourhood House Inc is funded by the Crown through the Department of Communities Tasmania



MOUNT ELEPHANT AND BEYOND BOOK GROUP

BOOK REVIEW

Written by Pam Bretz

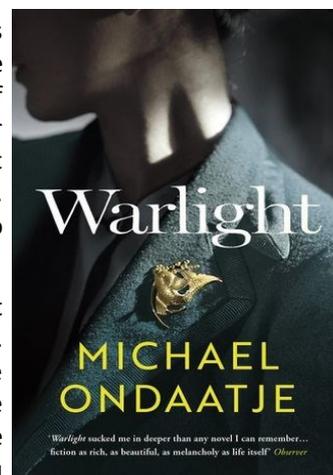
Michael Ondaatje is a Sri Lankan-born Canadian writer who has won much acclaim for his writing. Perhaps his best known novel is *The English Patient*. We read his 2018 published *Warlight* during September.

Beginning in immediate post-war London in 1945, it is narrated from the viewpoint of Nathaniel Williams (nearly 15), nicknamed Stitch by his mother, Rose. He and his sister, Rachel (Wren, 16) are left by their parents in the care of a lodger, Walter (The Moth) in their genteel Ruvigny Gardens home. Rose and her husband have ostensibly been transferred to Singapore by his firm, Unilever, but have they really? Walter is a kindly but strange kind of guardian, connected to various shady characters and under his care Nathaniel and Rachel are allowed considerable freedom. In his school holidays, Nathaniel works at a hotel as a kitchen hand and broadens his experience through the people he meets there and back at the now busy house. Rachel becomes involved in the theatre scene and the siblings see little of each other. Through another of The Moth's friends, Norman Marshall, aka The Darter, Nathaniel becomes involved in the transportation of presumably illegal goods along the canals of night-time London, and here Ondaatje's evocative prose creates suspense, mystery and also wonder, as this previously sheltered and somewhat reticent boy becomes part of a secret and possibly dangerous adult world.

After a dramatic event that alters all their lives, the story moves on 10 years, and Nathaniel is now working in the Archives "correcting" accounts of undercover operations carried out by the Allies in areas like the Balkans, where civil strife involving partisans continued after the end of the Second World War. Is one of the agents, Viola, his mother? Gradually he pieces together his version of her life. He says, "I know how to fill in a story from a grain of sand or a fragment of discovered truth." And this is the version of reality that we readers have to believe. Nathaniel's and his sister's lives have been damaged by their early experiences, as Rachel has to point out to him. The past has had a powerful influence on his ability to trust others.

Nothing is as it seems in this story. Everyone has a nickname. Most of the action takes place at night, and the dimly-lit streets and houses and canals are an echo of the wartime blackouts. Nathaniel and the reader are unsure of the identity of most of the people he meets, and there is a sense of risk and impending violence throughout. There is so much to this novel; it is a love story, a mystery/spy novel, a psychological thriller. Themes such as betrayal, loss of trust, the search for security and the collateral damage of war are all there. What is real, who do you trust?

Ondaatje's prose is oblique, enigmatic, atmospheric and thoroughly engrossing. Most of the group found it a rewarding reading experience "seen through a glass darkly."



FRIENDS OF FOUR MILE CREEK INC.

ANNUAL GENERAL MEETING

Date: Saturday 30th October

Time: 3.00pm

Place: Garth Napier Reserve, Four Mile Creek

Inviting new members who own property or have a family connection to a Four Mile Creek property with an interest in the community to come along.

Enquiries: fofmcccommittee@outlook.com

ST MARYS PACING CLUB

St Marys Pacing Club



The Annual General Meeting was held on Friday, 8th October, and all office-holders were re-elected:

President:	Michael Hall
Secretary:	Craig Woods
Assistant Secretary:	Kylie Woods
Treasurer:	Renee Woods

The traditional New Year's Day meeting will be a bit different due to COVID rules. There will be bookmakers for those wanting a punt, so we are in process of getting things in place.

The track looks a million dollars after the recent rain, but it can stop now to let things dry out, as it is very wet around the Valley at the moment.

We will keep you updated as we move closer and get permission on what we can and can't have.

Craig Woods, Secretary 0437 742 351

		Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p>STAR FM</p> <p>Program Guide</p>  	Brekkie	Start your working week with Sandsy	Enjoy your Fruit Loops with Sandsy	I see Stars with Sandsy	Flashback Retro Breakfast with The Flash	Alphabet Soup with Jewels	It's the Weekend with Manny	Sunday Mornings
	Morning	The Manic Monday Show with Manny	Terrific Tuesdays Community Interviews at 11.15 with Various	The Fusion Show PLUS Real Estate Tips and Tricks at 10.30 with Jonno	Rhythm N' Reggae with Big Daddy Davo	Simply 60's with PUGS	"Get Happy" with Angelina	with Star FM
	Arvo	Jackster's MUSIC BOX PLUS "Pet Talk with Dr Andrew after 2pm" with Jackster and Porsche	The Down Under Show with Mary-Anne	"Around the World" with your hostess The Tone	In the Shed with ZEDD	"Fresh and Fruity" with Angelina	A dose of Dr Dave PLUS Quizzes at 3 and 4pm with Dr Dave	Star FM's The 60's Zone
	Late Arvo	In the BACKSEAT with Astro or JAX	2 For Tuesday Request Show with Shaun	Something Fishy PLUS "Local Footy Update" after 4pm with Fyshy	Let's Drive with Jonno	"Rock On" PLUS "Hooked on the Water" after 4pm with Jonno	"The No 80's Zone" The Tone	with The Tone
	Evening	Monday Evening With Star FM	Neville's Country Corner and more with Neville	That 70's Show with Star FM	Thursday Nights with Star FM	It's Friday Night with Star FM	The Party Pit Playlist with Star FM	Big Daddy Davo's Blues Mix hosted by Dave

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The Say by the “Cage Rattler”

One picture that a good friend showed me a few weeks ago has opened my eyes to some wonderfully talented people in our local community. All of them are local folk also. In fairness to them all, I will have to write about them without using names because I do not have permission to do that, not that most likely they'd probably mind! It all began with a Real Estate advert and a tantalising photo. My good friend and I were captivated by the photo, and it looked like something you'd find in Far North Queensland or something. In the same region not too far from St Marys around six years ago, I had come across by chance one of the most amazing trees I've ever seen, and told my friend about it. She is an exceptional photographer, and suggested trying to find that same massive tree, so a couple of Sunday mornings ago I decided to do a 'reccy' of that tree.

I was winding my way up a beautiful but very narrow access road and came around a bend to see a four-wheel drive and a quite large very recently fallen tree across the road, making it impossible to continue. Then my thoughts turned to how I and the evident couple could turn around. One side was a sheer bank and the other a similarly sheer drop. The road was truly not much wider than our vehicles. I pulled up and walked to them. They quickly explained to me that in fact they lived not too far on the other side of the obstruction. I explained why I was in what seemed to be a bit of a pickle. The man told me that under normal circumstances he usually carried a chainsaw, given the frequency trees fall on his road to and from his property, but not this time. His wife decided she'd go home and collect the saw and bring it back on the motor bike. While we waited for her, patiently of course, I spoke to the kind hearted man. During the conversation over about 20-25 minutes, he mentioned about what he did.

Quite amazingly, only a day or two earlier, I'd seen the fruits of his work on my computer via YouTube. He was, in fact, a nature documentary maker, and one of his more recent works featured on ABC TV early this year. The documentary was shot over the course of a year very close to St Marys about the incredible Tasmanian Quolls. He had already had substantial footage used on a major David Attenborough nature film, and he was gathering material for more doco's. If you haven't seen his Quoll film, do yourself a favour if the opportunity presents and do so; it's wonderful. By the way, he's not bad on a saw either, and after his wife returned with the weapon it didn't take him long to free the road for us all... Really lovely people too... By the way, I couldn't find the tree yet, but that's another story.

In the next week or so, my friend organised with another incredible local family and a friend or two of them, to spend a Sunday morning traversing through some fantastic, but arduous in places, country, looking for the actual Real Estate image location. Although we didn't find it (yet), it was anything but a wasted sojourn through the area. We managed to find some excellent things and view some very rare flora. My friend also captured some beautiful images as well, It took us about four hours. We also made a new friend and reacquainted ourselves with another long term local, who told us of some amazing North American hiking trips that'd blow your mind.

Once we'd returned to 'Base Camp' at the guide family home, our wonderful day just got better. Their hospitality is phenomenal and their special family home is something to behold, let it be stated. To be honest, the unique and very special garden is just amazing. Add in future plans they told us about, as well as other exhibits it's taken a lifetime to compile, and those couple of hours were a pure joy to us lucky enough to be there.

As I mentioned, my photographer friend, the film maker, the new friend, the intrepid hiker and not least, the amazing couple, leave me in total awe, and I thank each and every one of them who quite literally made this person's day over two Sundays....You are all legends ...

What do you think?

ST HELENS CATHOLIC PARISH TO CELEBRATE CENTENARY - CAN YOU HELP?

On 5th March 2022, the St Helens Catholic Parish will be celebrating its Centenary, and are looking for any photographs or memorabilia that anyone in the area may have concerning the Parish.

If anyone has anything of importance, old photographs or newspaper articles pertaining to the church, could you please get in touch with Mary-Ann Wadsworth on 0407 812 768, Ann Marie Blunt on 6376 2608, or Father Norbert at the Catholic Church at St Marys.



St Helena and St Stanislaus Catholic Church, St Helens.

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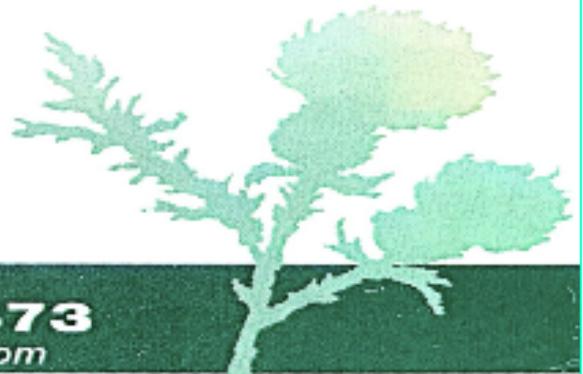
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SCAMANDER GARDEN CLUB



Another Scamander Garden Club Meeting; some old faces and a new member were a cheerful sight. There was discussion on where to hold Christmas lunch, and a desire expressed that we show up in something floral, but that's not 'til December, so you'll have to wait for those pictures. We thank everyone for their quotes and the winning vote went to the Scamander Sports Complex.

Next year's 'Beautiful Gardens of Australia' were handed out. The photos are taken by Garden Clubs of Australia members and selected by a photographic judge. A couple of members from our club have had smaller photo entries included several times. Not bad for a little Tasmanian club! We are also taking orders for next year's 'Our Gardens' magazine, which is one per season for \$15.00. I had a story of our Scamander Garden published in one of these. It is lovely to be able to write about improvements and learning curves. I recently received a booklet with winning photos chosen from throughout Australia, and two of them were mine. Without having joined the Scamander Garden Club, I would never have entered these photo competitions. I have also enjoyed arranging flowers since I joined. It is also nice to walk around the garden and say, "I bought that at our trade table." So many colours and varieties that I would not otherwise have. Another thing I enjoy is trips to one another's gardens. There is so much to learn, but best of all is getting to know someone better. Ok, yes I do enjoy the afternoon tea too!

The October meeting competition voting results are as follows: Any Flower: 1st Marj Aulich, equal 2nd Sandra Krstic and Tennice Ticehurst, equal 3rd Nita Sheppard. Flower of the Month: equal 1st Sandra Flannery and Nicci Livings, 2nd Di Curtis, 3rd Nita Sheppard. Floral Art: 1st Sandra Flannery, 2nd Lundy Vosper, 3rd Tennice Ticehurst. Fruit and Vegetables: 1st Tennice Ticehurst, 2nd Nicci Livings and 3rd Peggy Bogar.

The next meeting will be on Monday 15 November, so hope to see you there, at the Scamander Sports Complex at 1.00pm.

The competition will include Flower of the Month: Rose or Liliium, and Floral Art: A Christmas Arrangement. Note that if you include any ornaments, they need to be based on one platform with the arrangement, example all on one piece of cloth or board.



First in Floral Art was won by Sandra Flannery.

We meet at the Scamander Sports Centre, on the third Monday of each month, Doors open at 1.00pm for a 1.30pm start. Cost per meeting is \$2.00, with raffle tickets being 50 cents each. Please bring a plate of finger food to share. Judging of flowers, fruit and vegetables each meeting.

Enquiries - Peggy Bogar, Secretary. Phone 0459 027 306





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ST HELENS EMERGING ARTIST PART OF PENGUIN NESTING MODULE PROJECT

St Helens emerging artist Orla Marchment has been invited to take part in an artistic project which will provide homes for penguins in the Derwent Estuary, while enabling scientists to investigate how well the new homes fill the needs of the residents.

This innovative artistic design project involves six professional artists, a photographer, and two emerging artists in a collaborative partnership with scientists and researchers from IMAS, Birdlife Tasmania and the Derwent Estuary Penguin Advisory Group (PAG). The intention is that artists design and create ceramic penguin nesting modules that embody the design features noted in the researcher's brief. These creative artistic forms embody a partnership with scientific research and the artist's skill in one, pioneering new work in clay, supported by philanthropy and the community.

The artists are Jane Bamford, Nanna Bayer, Neil Hoffman, Penny Smith, Anna Williams, Peter Whyte and Miriam Berkery Art Department at The Friend's School in Hobart. Two emerging artists, Orla Marchment, from St Helens and Julia Mountain, have also been invited to take part.

"I met Orla when she was a student at The Friends School in Hobart, as she was very active in the Art department and particularly in ceramics," said Project Designer and co-ordinator Jane Bamford. "I have been working in clay for 27 years, and when I was developing this innovative project, I thought it would be ideal to invite two young people to join as 'emerging artists'. Orla was a natural choice as she has great skills with clay," she continued. A piece created by Anna Williams, was inspired by the children's book "A Home for Little Penguin", by Bicheno author Hannah Coates and illustrator Claire Neyland.

Collaborating scientists and researchers involved in this project include Bridget Jupe - Natural Areas Interpretation Officer, Kingborough Council, Dr Eric Woehler OAM - (Birdlife Tasmania), Ross Monash - Marine Conservation Program, DPIPWE, Dr Mary-Anne Lee - Associate Professor, Marine Predator Ecology, IMAS, Madi Riley - Penguin Research, IMAS, Peter Vertigan - Researcher, Treasurer of the Friends of the Derwent and Channel Penguins Wildcare Group, Jaslyn Allnut - Current Honours at UTAS and Ursula Taylor - Derwent Estuary Program.

The little penguin nesting modules will be exhibited at the Kingborough Hub in October 2021. Exhibited modules will be offered for sale to 'gift into habitat', to support little penguins' nesting habitat throughout the Derwent estuary in Tasmania. Prior to placing them into habitat, ibuttons will be placed into these new forms to test and give researchers data and information about the temperature and humidity response of ceramic nests.

"This project delivers to the community a high-quality arts and science-based cultural initiative in response to an environmental need that is incredibly applicable to the current epoch of species decline," added Jane.

It was made possible by the Australian Government's Regional Arts Fund, which supports the arts in regional and remote Australia. It is supported by Kingborough Council, The Friend's School, Peter Whyte Photography and Curator, Caroline Davies-Choi.

Pre-sales are open prior to the Clay Habitat exhibition, which will be held from Thursday 28th October. All Little Penguin Nesting Modules are priced the same at \$850.00, and by purchasing a nesting module, you are gifting it to the Derwent Estuary Penguin Advisory Group (PAG).

For more details, email Jane at: bamfordjc@hotmail.com



Orla Marchment works on her Little Penguin Nesting Module, August 2021. Photo Credit: Peter Whyte



Ceramic Little Penguin Nesting Modules for the Derwent Estuary Project 2021. Photo Credit: Peter Whyte

ST MARYS CATHOLIC PARISH

WEEKEND MASS times.

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ST MARYS: Sunday, 9.00am

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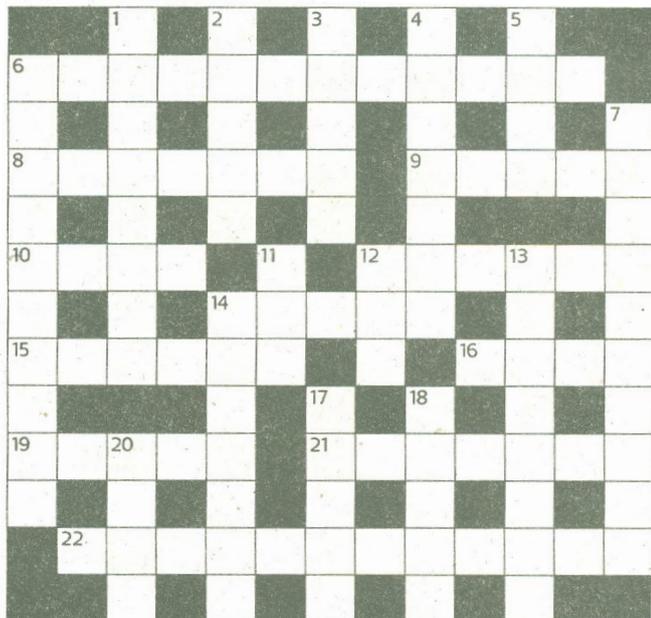
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Crossword 53.19



ACROSS

- 6. Centre of operations (12)
- 8. Lacking (7)
- 9. Talking-point (5)
- 10. Foot division (4)
- 12. Root vegetable (6)
- 14. *The Dirty ___* war film (5)
- 15. Ludicrous (6)
- 16. Metal ring (4)
- 19. Sense (5)
- 21. Art of paper-folding (7)
- 22. Alliance of sovereign nations (12)

DOWN

- 1. Military quarters (8)
- 2. Indian woman (5)
- 3. Political group (5)
- 4. Cowboy hat (7)
- 5. Hold firmly (4)
- 6. Friendly (10)
- 7. Achieve (10)
- 11. Large sea-fish (3)
- 12. Wooden pin (3)
- 13. Delightful (8)
- 14. Greek currency (7)
- 17. Injury (5)
- 18. Skinflint (5)
- 20. Rum and water mixture (4)



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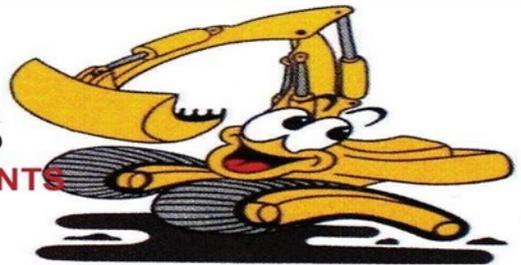
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ST HELENS WALKING GROUP



The walk on **Wednesday 1st September** was from the training wall carpark along the shore to Simeon Place, Akaroa. It was a relatively short and easy walk, taking advantage of the low tide and sunny weather. A short car shuffle was necessary to get drivers back to their cars.

On **Wednesday 8th September**, Alex was unable to lead the walk so Fran swapped with Alex and led this walk. We walked to Moulting Bay on the Binalong Bay Road. The walk is easy on good paths but it was about 6-7 kilometres long. Although it is a road many drive along frequently, it is nice to take in the views at a slower pace.

Alex led this **Wednesday's** walk on **15th September**, which was a loop beginning by going over the Peron Dunes and then continuing northwards to the end of the wind-blown sand. Walking up a little marram grass valley, walkers went through the bush to emerge on the road at the Blanche Beach lookout. From there, walkers enjoyed walking on a 'track' that has been used before, taking the group down to Blanche Beach and then looping back to the cars. Some of the route was off-track, but our illustrious leader Alex had prepared the way, making it walker-friendly, by moving fallen branches and other debris. There were some ups and downs, including a downhill stretch to the shore before reaching the beach. Taking it slowly and gently wins the day every time!

The **Saturday** walk on 18th September saw six members tackle the section of coast between Eddystone Point and Ansons Bay, a distance of about 7 kms. More than half the walk was on sandy beaches, and where we were not on a beach, we were on tracks along the sandy, vegetated slopes above the shore, avoiding rocky headlands. In a few places, the track was on granite rock. The walking party even encountered another couple of members who chose to walk in the opposite direction (toward Eddystone Point), so that we all met up and sheltered from the prevailing weather for a good catch-up! At the Ansons Bay end, we crossed over the dunes and descended to the north arm of the bay, where we waded across a narrow, shallow stretch of water, about 6 inches deep and 10 feet wide, with a sandy bottom. Some chose to wade across with bare feet, whereas others brought some dry socks to change into as they soldiered through without caring about wet feet! Lunch and snacks were enjoyed in the lee of dunes escaping from the wild and woolly weather. Walkers endured ferocious winds and regular squalls however, the weather did not dampen the group's enjoyment of the walk. A car shuffle was necessary, and this was organised quickly on the morning before departure, as numbers were low as a result of the weather. It's a lovely stretch of coastline even in the tumultuous conditions.



Photographs supplied by Kym Matthews

Wednesday 22nd September - This Wednesday walk was led by Pip, and was a loop-walk in the dunes of Maurouard Beach, northwards from the quarry car-park, over the back of the dunes, then returning on the beach. We are all thinking of Pip at this time and wish her well with a speedy recovery. Your company is being missed by the Walking group!

Our final walk for the month was on **Wednesday 29th September**. This walk incorporated the Medea Loop - approx. 7km long, taking about 2 hours. From the St Helens Neighbourhood House, we walked down Medea Cove Esplanade, past the Fisherman's Memorial Park, over the Golden Fleece Bridge, along Medea Cove Road for about 300m, and up the steps to wander through Kings Park. Staying on that side of the road, we walked up and over Atlas Drive to cross over the road just before 'Wybalena', where we took a right turn to Lions Park and checked out the Boggy Creek sign. From the Lions Park we meandered along the cycle/walking track back to town and up Circassian St to the St Helens Neighbourhood House.

St Helens Walking Group is part of the Heart Foundation's efforts to encourage walking as a daily exercise to improve and maintain a healthy lifestyle. It's great fun and always refreshing, with as much or as little as you desire in learning and social opportunities. A variety of leaders within the group are very capable of leading each walk on an adventure within the allotted time frame, along with providing interesting information and/or walking conditions for the track being taken. Residents and travellers in St Helens and surrounding districts are welcome to join in the walks. Have \$2.00 ready for the driver if you want to car-pool, and be at St Helens Neighbourhood House carpark beside the Men's Shed, by 9.00am on a Wednesday or on the 3rd Saturday of the month for a longer walk. (\$5.00 for carpooling on Saturday walks).

There is now a QR code to check in for walkers to use.

For more information contact **Pam Bretz on 0439 547 529** or **Alex Buchanan on 0428 287 753**



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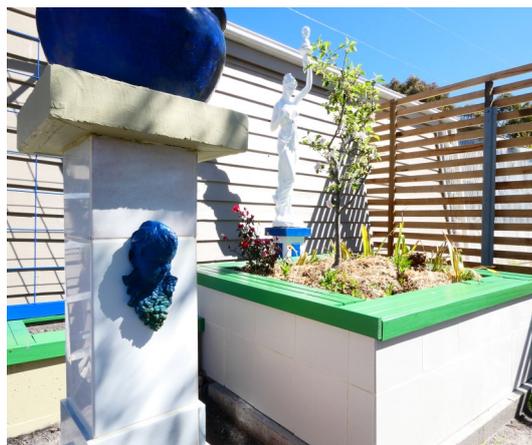
IN OUR SCAMANDER GARDEN

Sunny days invite us to pick up our paintbrushes, after first brushing and scrubbing off dust and tannin, and while I tackle the fence slats, Steve begins on the house. It is a cheerful yellow, from St Helens Mitre 10.

A neighbour arrives, commenting that it is a "very nice undercoat". Our friend Steve gives us some of his remaining house paint and we like it, but then my Steve finds the paint I knew we had purchased at 'Inspiration Paints', Launceston: now I don't need to put sunglasses on!

If you see photo in colour, you will also note the green edgings on top of the flower beds, which helps to set the whole area off.

A new design is taking shape on one wall, as Steve has made and painted a couple of growing frames for climbers, which I will delight in selecting soon. Also, in the centre of these, he prepares a frame, ready for a mirror effect. These are a pretty blue, so it seems we have some primary colours here.



Blues and greens compliment each other

We hang some fine wires to try and deflect the big birds from standing on the pond and statue, where we find their unpleasant calling card. Don't hold your breath, I fear they will not be successful. I would not like to have a garden without birds. There are so many to look at and listen to through the day. Walking around our bush area, I see little birds flittering through the flowering gums. The swallows are here and tiny wrens, as well as next door's cat, which unfortunately digs up the soft ground where our peas and beans are planted. Well, we need to take the good with the bad and find joy no matter what.

Till next time, Peggy.

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FINANCIAL COUNSELLING SUPPORT

If you or someone you know requires financial counselling support:

National Debt Helpline
1800 007 007
www.ndh.org.au

Gambling Helpline
1800 858 858
www.gamblinghelponline.org.au

www.anglicare-tas.org.au/financial-counselling

Housing Connect
1800 800 588

www.communities.tas.gov.au/housing/housing-connect
A one-stop shop for all your housing and support needs.

In all emergencies call the Police 000 line

Tasmanian Government Family Violence Response and Referral Line
1800 633 937

1800RESPECT
1800737732
www.1800respect.org.au

Mensline Australia
1300 78 99 78
www.mensline.org.au

A Tasmanian Lifeline
1800 98 44 34
taslifeline@lifelinetasmania.org.au

Kids Helpline
1800 551 800
www.kidshelpline.com.au

Lifeline
131 114
www.lifeline.org.au

Beyond Blue
1800 512 348
www.beyondblue.org.au

Carer Gateway
1800 422 737

https://www.carergateway.gov.au/
If you or someone you know is a carer

Disability Information Helpline
1800 643 787

www.dss.gov.au/disabilityhelp
If you or someone you know has a disability

Older Australians and Carers COVID-19 Support Line
1800 171 866

Older people and their carers are encouraged to call

Tasmania Public Health Hotline
1800 671 738

www.coronavirus.tas.gov.au
For the latest information about the coronavirus (COVID-19) in Tasmania

Find Help Tas

A central online directory of community services across Tasmania.
Supported by TasCOSS and member organisations
www.findhelptas.org.au

National Coronavirus Helpline
1800 020 080

www.australia.gov.au
Information on coronavirus (COVID-19) and help with the COVIDSafe app
24 hours a day, seven days a week



Creativity In Play
Ladies
Movement to Music
 with Jan West and Lila Meleisea

FUN - FLEXIBILITY - FITNESS

Your Music or Ours
 All Levels/All Abilities Welcome!

Every Thursday in November
 (4th, 11th, 18th, and 25th)
1pm-2pm
@Cornwall Hall, Cornwall

Enquiries (text or call)
 Jan 0421 319 586 or Lila 0477 436 700

Proudly supported by Building Blocks

JOHNS FAMILY CHARITY GOLF DAY
 27/11/21





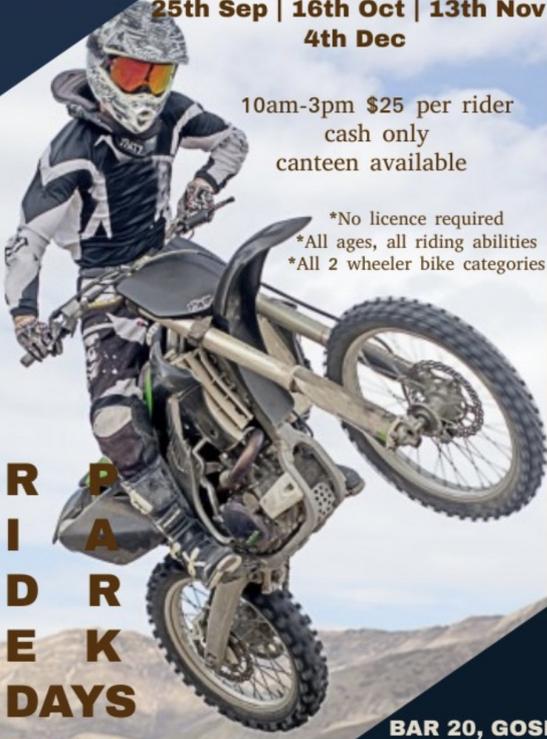

3 Person Ambrose
 27th Nov 2021 10-10.30am Start
 \$20 each entry includes BBQ lunch and afternoon tea
 All money raised goes to Lifeline Tasmania
 Inquiries to Andrew Johns
 0427854555



3rd Jul | 24th Jul | 14th Aug
25th Sep | 16th Oct | 13th Nov
4th Dec

10am-3pm \$25 per rider
 cash only
 canteen available

*No licence required
 *All ages, all riding abilities
 *All 2 wheeler bike categories



RIDER WEEK DAYS 2021

BAR 20, GOSHEH
 Grimstones Rd
 off Tasman Highway
 Contact Nathan 0437 896 984
 or Amy 0417 152 337

HOW'S YOUR MATE?



- What are the key issues affecting blokes on the East Coast?
- How do we have 'Real' Conversations that can make a difference to the wellbeing of our family and mates?
- Let's chat about the value of mates in our lives,
- Where can I find resources that I may need to support my mates?

WHEN: 5 - 7 pm Thursday 11 November
WHERE: St Helens Footy Club Rooms, Tully Street

Supported by






St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215

Phone: 6387 5555

'STOP' DO YOU NEED TO ENTER THE HOSPITAL?

COVID RULES STILL APPLY- If unsure phone ahead on 6387 5555

DOCTORS ROSTER

A Doctor's appointment is needed to see the GPs. It is not a drop-in clinic. Waiting periods to see your doctor may be experienced, please be patient.

<u>Dr C. Latt</u>	<u>Dr Jacobs</u>
14/10/21- 29/10/21	2/11/21- 4/11/21
	9/11/21- 11/11/21

INR tests require a 5 minute doctors consultation, please inform reception when booking.

The waiting area for *all services* at the St Mary Community Health Centre is in the reception.

Please report to reception upon arrival or we don't know you are here. The consultant you are here to see will be told and they will come and collect you from the reception area.

PUBLIC HOLIDAY

Monday 1/11/21

Normal Doctor Surgery hours will resume the day after the public holiday – Tuesday 2/11/2021. Please refer to the After Hours contact numbers for during this time.

Emergency 000

GP Assist 1800 780 011

Ambulance 1800 008 008 non emergency

Lifeline 131 114

St Marys Community Health Centre

6387 5555

If possible please ring before presenting after hours.

ENTERING THE ST MARYS COMMUNITY HEALTH CENTRE

- Please be aware COVID rules still apply.
- The St Marys Health Centre is required to screen in **ALL** persons entering the site.
- On arrival at the Centre press the intercom bell at the entry door, where a staff member will assist you to complete a Department of Health Screening on entry.
- Hand sanitiser is located in all areas of the Health Centre - Please use it on **entering and leaving the building**.
- It is compulsory for the community and visitors to the Centre to wear a face mask on entry to the facility. Mask will be supplied at the door. **NO MASK NO ENTRY**.
- Mask wearing is now mandatory across all Tasmanian Health Sites.
- **VERBAL ABUSE TO STAFF WILL NOT BE TOLERATED;** you may be asked to leave the building.
- Please abide by the social distancing with seating in the reception area (1.5 metres).

ARE YOUR DETAILS UP TO DATE?

Do you have a new address or phone number?

Do you have a new Centrelink Health Care Card, Pension Card or Medicare card?

Has your next of kin contact details changed?

Have you updated these details with us?

If **any** of your details have changed, please contact us on 6387 5555 or update these details when you come to the doctor next time.

It is important that we have your details right.

You may also be charged for some medical services if your Centrelink/Medicare cards are not current.

St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215

Phone: 6387 5555

How to get your COVID-19 Vaccination Certificate

You can get an immunisation statement or COVID-19 digital certificate to show proof of your vaccinations.

How you get proof depends on your situation. This includes if you need to create a MyGov account or link services or enrol in Medicare

If you're 14 or older you'll need to get your own immunisation history statement or digital certificate using either:

- Medicare online account– through MyGov
- Express Plus Medicare mobile app

You can also call the Australian Immunisation Register and ask them to send your statement to you. It can take 14 days to arrive in the post

Australian Immunisation Register 1800 653 809

PATHOLOGY- FASTING BLOODS

No food or anything to drink other than water **for a minimum of 12 hours prior to having bloods taken.**

You can still take morning medications.

If you require bloods to be taken prior to 8:30am, please ring 6387 5555 at least 24 hours before to make an appointment with Nursing Staff.

NON-URGENT BLOODS

If you require non-urgent bloods to be taken, please present at the nurse's station between

8:30am until 12 midday Monday-Friday.

If unable to attend during these times, please contact St Marys Community Health Centre on 6387 5555 at least 24 hours before to make an appointment with the nursing staff.

CTST-Community Transport Services Tasmania

Phone: 1800 781 033 for bookings

St Marys General Practice reminder

Dr Latt wishes to remind the community of the following exceptions to bulk billing at the St Marys Community Health Centre.

The below are NOT covered by Medicare, and may incur cost. Please discuss this with reception when making your appointment. If you have any concerns, please contact us and we will try and address them.

- ◆ Driving licence renewals
- ◆ Requested medical reports
- ◆ Insurance medicals
- ◆ Harness medicals
- ◆ Pre-employment checks

Non Attendance of Doctor's Appointments

Please be aware there is a non-attendance policy at this Practice.

If you miss 3 appointments you will be sent an account. If you miss a 4th appointment you may be referred to another Medical Practice.

Due to demand, non-urgent doctor's appointments need to be booked at least **2 weeks in advance.**

Waiting periods can apply.

GP Surgery Hours: Monday - Friday

8:50am - 10:00am

(10:00am - 10:30am, reception closed)

10:30am - 12.30pm

(1:00pm - 1:30pm, reception closed)

1:30pm - 3:00pm

(3:00pm - 3:30pm, Reception closed)

3:00pm - 4:30pm



MALAHIDE GOLF CLUB

Chicken Run, Friday 15th October

David Lowe	31.5
David Duthie	33
Stan Ellerm	33.5
John Vincent	35
Ashley Stone	35.5
Bill Swann	36
Jim Rankin	37.5
Rod Hunt	39
Nearest the pin;	4th, Rod Hunt
	8th, Club

Saturday 16th October

No games were played today as the course was awash with rain.

Chicken Run, Friday 22nd October

At 1.00pm as predicted by John Vincent, the rain stopped and allowed us three to play nine holes. Ashley and myself watched in anticipation for the much-heralded 'Honma' driver of John, only to see the ball go crashing into the gum tree ahead of the 1st tee..

David Duthie	32.5
John Vincent	35.5
Ashley Stone	36
Nearest the pin;	4th, Club
	8th, David Duthie

2-person Ambrose, Saturday 23rd October

John Vincent/Ashely Stone	82/74
David Lose/David Duthie	85/76.5
Nearest the Pin; 4th and 8th,	Club



Next fortnight:

30 October:

Quamby Golf Club visit for the 6-monthly medal.

6 November:

No details

Malahide Golf Club hold a Chicken Run on each Friday, starting at 1pm, \$4.00 entry. Saturday competition starts at 11.00am and we also have a Facebook page that is updated regularly.

Full membership is \$235.00, and a social membership is \$50.00 per annum. Contact Andrew Johns, Club Captain,





FISHING REPORT

By The Happy Hooker



October is here and the fishing is starting to get real, with some nice species being caught in both fresh and salt water. Some nice salmon and flathead have been caught off the East coast beaches, salmon and nice-sized trevally from Georges Bay, and bream from Scamander River. In fresh-water fishing, some great catches of trout from the lakes and rivers have been taken by anglers from around the state. The Launceston Angling club held a fishing competition at Lake Leake on the weekend of 16th October, and despite the atrocious weather, some large trout were caught and weighed in.

St Marys locals have formed a fishing club to help with the organization of the annual bream-fishing competitions they hold at Scamander and the Swan River during November. The Scamander River competition is on 6th of November, and the Swan River Competition is on the 27th November. Entry forms can be sourced at the Coach House restaurant at St Marys.

November is the time for fly-fishing for trout on a dry; fly-fishers look forward to this time of year all winter, as November is when the insects begin their lifecycle activities with the warmer weather. Mayflies, spinners, midges, caddis, just to name a few insects, will hatch given the right conditions, and the trout will be waiting (hopefully). I have been spending a bit of time at the fly-tying bench over the last few weeks to replenish the fly boxes with flies to represent these insects ready to attack once the conditions are right. Flies like shaving brushes, Possum tail emergers, black and red spinners, brown nymphs in various sizes and weight, smaller deadly buzzer nymphs, and a few flies outside the normal variations to try in different styles and colours that I have tied to be a bit different.



A variety of flies is needed for successful trout fishing.

Our local rivers have been flooded the past few weeks with the above average rainfall we have experienced, and although this will slow the fly-fishing for now, the trout should be in great condition later in the season, which is just what the river system needed after the past few seasons of drought which decimated the trout population of the upper South Esk and Break O'Day Rivers, along with an over-population of cormorants, however the trout would have successfully spawned with good flows in the spawning creeks over the winter to replenish the systems.

Fishing Reports

Scamander River was the destination on the 8th October. Fished the upper part of the river; first cast lobbed a six-inch red sand worm plastic into a bit of a snag (tree in the water), put the rod down to take my phone and wallet out of my pockets when the rod took off with a nice-sized bream boated, "Great, look out today, they are on!" was the thought, of many bream that were going to be caught going through my mind. The bream, however, had other ideas as they always do, with the fishing slow in patches then fish willing to take the lures in other stretches of the river. At the end of the sessions, eighteen bream were successfully boated and released to fight another day. The lures that were most successful were the gulp sandworms in Bloodworm and natural colour on a 1/16th jig head, and Zman grubs in watermelon.

22nd October, the boat was loaded and Scamander was the destination once again, despite steady drizzle at Fingal and St Marys; at the bottom of the pass, the weather was a bit more appreciative with over-cast cloud and slight drizzly rain, perfect bream fishing conditions, and that's where it ended, as the fishing was very slow with not even a touch or bump on the usual places and plastic lures. "Right, I need to change something up here," so a hard body lure was tied on, and to fish the shallower muddy bottom sections of the river was the plan. The plan worked with eight fish finally boated and released before the weather turned and the white flag was raised. The technique that seemed to be the most successful was to cast out a long cast and then slowly raise the rod from water level to head height, to get the lure wiggling, then pause, count to four, wind up the slack line and do it again. It just shows that on any given day when things aren't working, keep changing things up, faster retrieves, slower retrieves, bigger longer pauses, bigger lures, smaller lures different colours? Just try something different to see what might trigger them into feeding mode.

Until next time, stay safe and tight lines.

SCAMANDER RIVER GOLF CLUB



Saturday, 16th October—Rod Macbeth Day Stableford

Joden Longfield	41 pts
Mark Bywater	39
Tim Upton	36
Rod Macbeth	35
Rod Niven	34

Nearest the Pin: 6th, Graham Little
8th, Tim Upton

Longest Putt: Dick Swanson

Tuesday 19th October - Ladies Foursome Championship

Bobby Harwood - Judy Frieboth	106
Maryanne Ennis - Margaret Thompson	112
Kath Blair - Beth Haas	113
Nett Winners	
Maryanne Ennis - Margaret Thompson	80
Kath Blair - Beth Haas	81
Bobby Harwood - Judy Frieboth	82

Wednesday 20 October - Midweek Stableford

Jens Kalisch (on countback)	39
Nigel Wallace	39
Steve Williams	36
Rod Niven	35
Dean Richardson	34

Nearest the Pin: 8th, Nigel Wallace

Longest Putt: 9th, Jim Haas

Saturday 23rd October -

Marilyn Ridgers 3-person Ambrose

A solid field for the day's tough conditions; strong winds, fog and constant rain proved hard for the golfers, but players battled to complete the 9 holes.

1st: Duncan Young, Shaun Heyward and Matt Cross

2nd: Mark Bywater, Tim Upton and Joden Longfield

3rd: Sam Child, Nic Child and Shaye Ward.

Longest Putt: S Bennet

Nearest the pin 6th: Shaye Ward

2nd shot on the 2nd: Drew Wilson

The total raised was \$1325.00, which went to a great cause, the Cancer Council. Thank you to the Ridgers family for your constant support and for putting on a great day for the golfers, even though the weather didn't agree.

Well done to everyone for turning up and making it a great day.

Leslie Kellaway won the raffle prize, a golf bag.



Winners of the Marilyn Ridgers tournament, Matt Cross, Duncan Young and Shaun Heyward.

Membership fees are due by 30th October. For your convenience, they can be paid straight into account, see our Facebook page for details.

Full membership:	\$350.00
Country Membership	\$200.00
Yearly Green Fee membership:	\$200.00
Daily Green Fee:	\$20.00
Junior:	Free

All memberships require your details for records. Email details to: scamandergolf@gmail.com and a membership tag will be sent to you.



ST MARYS SPORTS CENTRE

By Volun Tier



Well things were getting a little dry around the place a couple of weeks ago, but Mother Nature has well and truly taken care of that. The grass on the course has taken to looking like a paddock, as we struggle to even get the mowers on the fairways, but I'm sure the course crew will have it under control when something like a sunny day happens. Marvellous how things can change; a quiet one last weekend as we build to the start of the bowls season, to this weekend catering for the Mines Rescue people and providing dinner for 85 hungry souls on Friday night, then up to the mine at 4.30am the next morning to prepare 100 egg and bacon rolls for brekky, then 150 burgers with the lot for lunch, and during all that rain. What an incredible effort from our small volunteer group; to achieve what you did was nothing short of amazing. Everyone commenting on the lovely food and hospitality; cheers to Blairy, Mick and Damon for their assistance, very hard work but rewarding in many other ways than financially, as well.

It was almost as if bowls took a back seat, as we decided after all that work on Saturday, to postpone our first Pennant game until Sunday; didn't matter though, the weather got us both days, and had to be cancelled. We were to play Bicheno for the Madsen Shield, but hopefully will get it done down at Bicheno next time we meet. Our Nan Stuart day also had to be cancelled the weekend before, for the same reason. This has been re-scheduled for Sunday 21st November and hopefully the weather has cleared by then, who knows.

We have had to also postpone the Harold and Tom Newman golf day from Sunday 31st October, to Saturday 20th November. This of course gives us time to prepare the course for golf again and after all, who wants to be wet-footed all day on the golf course, thanks again to Rodney McGiveron for his patience.

Spring Specials night at the club this Friday night at 5.00pm; you can still book, but be quick, as time is running out.

Members' Draw: Last week, Ross Woolard, and this week, Michael Cooke; what can we say, neither were there to collect; 'just drew you out on the wrong week, Cookie ol boy' he said, trying to sound as sincere as possible!

Crib: Another well-supported night with our friendly coastal visitor, Keith Mead taking the spoils from Mark Carrick, great night with 11 players chancing their arms, well done to all. It's on again this Friday night, so come along and give it a go, starts at 6.30pm (not 8.30pm) and sectional play making for earlier finishes than usual.

Opening hours - Thursday 5.30pm till late, Friday 5.30pm till late - including Happy Hour from 6.30pm and Membership Draw at 8.00pm; Saturday during home games of bowls and later in the evenings after away games; and wind - up Sundays, 2.30pm.

Hope to see you there for a friendly chat and quiet cleansing ale in front of a warm fire and even warmer people.

Until next issue, good hitting and rolling..



St Marys Sports Centre Inc.
 HAROLD & TOM NEWMAN MEMORIAL
 18 HOLE GOLF DAY
 POSTPONED UNTIL

10:am SATURDAY the 20th of NOVEMBER

See you then.



38 Main Street St Marys

Right next to the Post Office

TRADING HOURS:

Mon -Thurs 6.30am - 6.30pm

Fri 6.30am - 7.00pm

Sat 6.30am - 6.30pm

Sun 7.30am - 6.00pm

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- ◆ C & D's IGA - St Marys
- ◆ Hilly's IGA - St Marys
- ◆ Hilly's IGA - St Helens
- ◆ St Helens Newsagency
- ◆ Scamander Supermarket
- ◆ Mouth Café - Scamander
- ◆ The Farm Shed - Bicheno

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CROSSWORD ISSUE 53.18

Across 1. Sparrow, 5. Fuss, 9. Tissue, 10. Alarm, 12. Ensue, 13. Despair, 14. Entity, 16. Sheena, 19. Ipress, 21. Appal, 23. Ibiza, 24. Orient, 25. NASA, 26. Stagger

Down: 2. Pairs, 3. Respect, 4. Overdo, 6. Unaware, 7. Somersault, 9. Bass, 11. Television, 15. Tactics, 17. Hearing, 18. Escort. 20. Elan, 22. Pence.