

THE VALLEY AND EAST COAST VOICE

Established 1968

Edition 54.16 15th September 2022

Deadline for 54.17 is at 5.00pm on Monday 26th September 2022



Some of the members of the Golden Gate Group of Fire Brigades, who were presented with awards recognizing their years of service.

DISTINGUISHED COMMUNITY SERVICE RECOGNIZED

Congratulations to the members of the Golden Gate group of brigades in the South Esk District who were presented with medals and certificates on Friday 9th September 2022.

The night started with the presentation of National Medals and First and Second clasps to 11 firefighters from Avoca, Mathinna, Fingal and St Marys, followed by Service Badges for 5, 10, 15, 20, 25, 30, 35 and 40 years of service being presented to eligible members. Long Service Certificates were presented to Bruce Miller for 40 years of service, Brian Tennick, Robert Parsons and Gilbert Woods for 30 years of service.

The highlight of the event was a Chief Officer's Commendation presented to Gerald Aulich for 60 years of distinguished service. Gerald joined St Marys Fire Brigade in 1960, and has held a number of positions since, including Permit Officer and Golden Gate Group Officer, both of which he continues to hold. He was previously awarded the Australian Fire Service Medal in January 2009.

The presentations were made by Chief Officer Dermot Barry, assisted by Acting Regional Chief Steven Richardson, from Launceston, with District Officer James Newstead also in attendance.

Congratulations and "Thank you" to all members of Volunteer Fire Brigades, for your service and dedication to Tasmania Fire Service and your communities.

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Brian Mitchell MP

Your Federal Member for Lyons

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Authorized by Brian Mitchell MP (ALP, Tasmania) 25 Green Point Road Bridgewater TAS 7030

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Regular articles i.e. news of current activities/events and general information will, at the discretion of the Editor, be carried free of charge. Community group announcements up to 5 lines or business card size are free, anything larger will be charged at 50% of current rates. The decision regarding whether or not an article attracts advertising fees is the Editor's. Groups will be advised of any cost before going to print.

Private community announcements/private classifieds are free for one issue.

Articles for publication may be left at the Fingal Valley Neighbourhood House, St Marys Pharmacy, posted or emailed.

We do not accept responsibility for the accuracy of information provided by contributors.

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SES: Flood & Storm emergencies	13 2500
TasNetworks	13 2004
TasWater	13 6992

Opinions in any letters published are not necessarily those of the Editor, staff or volunteers.

Our pages remain open to fair and honest criticism so that, on all questions, both sides may be presented, but any submissions containing personal attacks/libel/slander will not be accepted.

Kindly do not attack the Editor, the paper or the authors of previous articles.

All articles for submission, including letter to the Editor, must bear the author's full name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only. Letter writers will be given the chance to respond over a suitable period of time.

Subjects may be closed at the Editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The Editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. Whilst we value and welcome community input, the Fingal Valley Neighbourhood House does not provide specific feedback regarding any decision made not to publish a submission.

The Fingal Valley Neighbourhood House reserves the right at all times, without notice, to update, change or amend our guidelines. All information is correct at time of printing.

This newspaper is about the Fingal Valley and the East Coast, and the people who live here. If you have a story you would like to share, or a suggestion for an article or regular column, please contact the Editor. You can show off your literary talents and submit it for consideration, or the Editor can write it for you. Photographs are important too, so try to include them, with some information as to where and when it was taken, what the occasion was, and who is in it.

We also like to tell people about our sporting history, and tales of sporting prowess and vanished sporting events are also welcome.

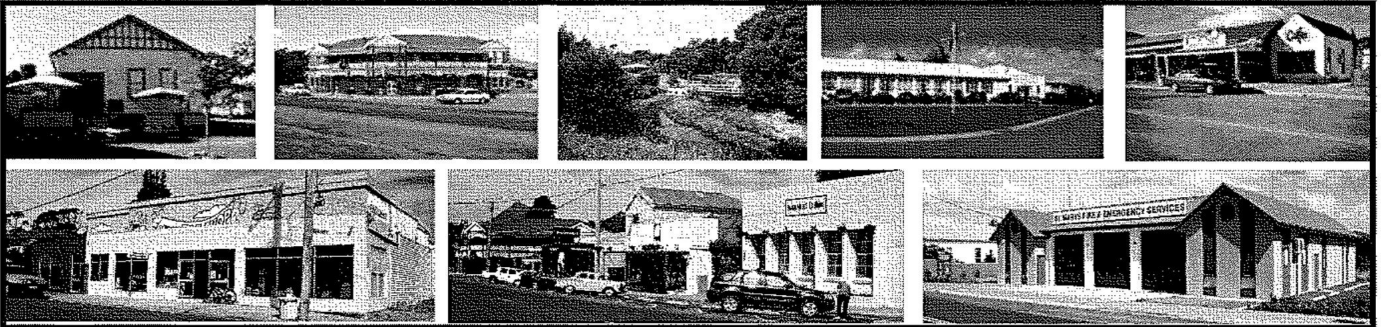
Email me at: valleyvoice@fvnh.org.au

Elizabeth

Editor - The Valley and East Coast Voice.

As The Valley and East Coast Voice will be celebrating 55 years of publication next year, we will be replicating a page from a past copy of 'The Valley Voice' in each issue. This issue, we feature the front cover of Volume 45, Number 10, published Thursday, 6th September 2012, telling about a memorable historic event at Mathinna.

If you have memories to share about the pages we replicate, please share them with us. Contact details are on page 2.



The Valley & East Coast Voice
Volume 45 No. 10, Thursday September 6, 2012.

Est. 1968
50 cents

Memorable Historic event at Mathinna

On a recent sunny but very windy Sunday, the Mathinna Landcare Group were presented with a 25 pound field gun.

The 26th August 2012 will go down in Mathinna history, as Norman Andrews, OAM Secretary-Public Officer of RAA Assoc of Tasmania proudly handed over this piece of Australian history.

Little is know about the weapon except that it was recovered from a blackberry patch and was still in full operational condition. The gun was restored to its original condition and rendered safe. It is thought to have been used to celebrate the Queen's Birthday with a blank fired to announce this occasion.

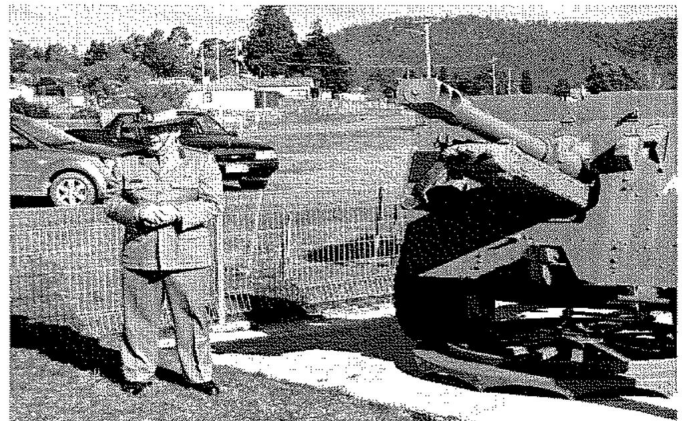
Norman Andrews handed this important relic to Red Parsons and it is on display at the Mathinna cenotaph.

After the official ceremony we all adjourned for a hot cuppa and nibbles.

Congratulations to the town of Mathinna.

In attendance, representing the Break O'Day Council were Mayor Schmerl and Councillor Reon Johns.

(Photos: CLLr Reon Johns.)



Please note: Deadline for articles in the next Valley Voice is 5pm Tuesday September 18, 2012
EMAIL ADDRESS: judith.spilsbury@telair.com.au

KNOW WHAT TO DO

WHEN FLOODS HAPPEN

Tasmania has adopted the Australian Warning System for flood:



ADVICE



WATCH & ACT



EMERGENCY
WARNING

Check [TasALERT.com](https://tasalert.com) to learn about the system.
So when the next flood comes, you'll know what to do.

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NEW SES FLOOD WARNING SYSTEM FOR TASMANIA

Tasmania State Emergency Service (SES) has [recently adopted](#) the Australian Warning System (AWS) for flood emergencies and launched an SES Flood Warnings System, which will provide advice to the community regarding what to do when a flood happens.

Like the AWS for other emergencies, the Tasmania SES Flood Warning System consists of three ascending warning levels; Advice (yellow), Watch and Act (orange), and Emergency Warning (red). The warnings are presented in triangles, with a house in the centre and flood levels underneath. These warning triangles will be issued with a set of call-to-actions specific to the emergency event.

The SES Flood Warnings will be issued on the new version of TasALERT.com, which is the Tasmanian Government's official emergency warning and information website. The warnings will also be published on TasALERT and Tasmania SES social media channels and broadcast on ABC Radio.

The Tasmania SES Flood Warning System complements the Flood Warnings and Flood Watches issued by the Bureau of Meteorology (BOM). Tasmania SES will take the BOM warnings as a key consideration when deciding to issue an SES Flood Warning, as well as other information such as flood modelling, local knowledge, flood history, operational [information](#), and inputs from councils.

"While States and Territories are implementing the AWS at different times subject to their risks and resources, it will be the case [in the near future](#) that no matter where it is in the country or what type of emergency is occurring, the message about what to do will be aligned," [said](#) Leon Smith, Acting Director, Tasmania SES.

The AWS was adopted by Tasmania for bushfires in September 2021. Following the adoption for flood emergencies, there are plans to adopt the AWS for storm emergencies from 2023.



Flooding is one of Tasmania's most frequent and costly natural hazards which can occur at any time of the year.

Key points:

- NEW Tasmania SES Flood Warning System is in place.
- The system provides consistent logos, colours and a set of call-to-action statements for the emergency.
- The Tasmania SES Flood Warning System aligns with the Australian Warning System (AWS) which is being gradually adopted across the country for different types of emergencies.
- Tasmania SES Flood Warnings will be issued on TasALERT.com

(Information and photograph courtesy of SES Tasmania.)



Mayor Mick Tucker
- serving all of
Break O'Day

mick.tucker@bodc.tas.gov.au

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Coast community**

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SPRING FLOWER FESTIVAL

Avoca Memorial Hall

Saturday 1st October

9.30 am

Gold Coin Donation

Floral and Photographic competition

Art and Craft Display and Sale

Vintage Cars on show

Children's Craft workshop

Devonshire Tea

BBQ

Market Stalls

Judging categories

Pot plant,

Floral arrangement

Single flower

Photography sections: Primary, Secondary and over 18

Homemade/Grown Display and For Sale stalls

For information call *Shirley Freeman* on 6384 2129



Bicheno Community Market

Bicheno Sunday Markets will once again commence in September and be held once a month at Lions Park from 9am to 1pm.

Market Dates

Sunday 18th September

Sunday 16th October

Sunday 13th November

A special Twilight Market on Saturday 17th December 3pm to 7pm will once again give locals and visitors an ideal opportunity to buy last minute Christmas gifts and enjoy a social outing supporting our market stallholders

If you are interested in holding a stall at any of these markets please phone Jennie on 0417 590 851 or email harbourbeach@bigpond.com



The Valley and East Coast Voice 2022 Reader's Survey



Share your ideas and feedback on The Valley and East Coast Voice to help us serve the needs of the local community with this quick survey



Enter the prize draw for a \$50 Fingal Supermarket Voucher

Thank you for your feedback. More info: ValleyVoice@fvnh.org.au

Finalised 30th September 2022

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GRIT

The Tasmanian spirit on screen in **short Tasmanian documentaries**

by award-winning filmmakers across the state

Fingal Valley Neighbourhood House
1st of October, 2pm - 3:30pm

Includes a special Q & A with filmmakers after the screening.
Drinks and cake will be available.
Tickets \$10 full / \$5 concession.
Book through Break O'Day Council or scan QR code.



FIVE DOCUMENTARIES IN 60 MINUTES

On Saturday 2nd October, 5 short documentaries will be screened at the Fingal Valley Neighbourhood House.

GRIT - Tasmanian Spirit On Screen, is a series of short films made by Tasmanian for Tasmanian. Inspired by the stories of the grit of everyday Tasmanians, six award-winning filmmakers tell stories of courage within the Tasmanian community. These highly creative films, made by some of Tasmania's best filmmakers, tell five unique stories on screen.



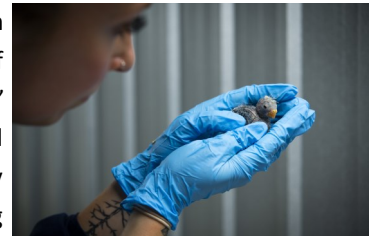
Rebecca Thomson is the director of 'Keep Your Gins Up', a film about two women who face the many challenges of caring for a child with a life-limiting condition. Sally and Amanda host a podcast on this tough subject, one that a lot of people don't know how to talk about, or whether they should be talking about it. Rebecca started listening to the podcast, and thought that they represented the theme of 'grit' in spades, having created a public platform to have those difficult, and on their part, deeply personal conversations with candour, heart and often humour.

Tom Chapman directed 'Eden Alone Surpasses You'. Filmed on the west coast, it's about a gnarled older-generational kelp farmer, addressing mental health and suicide, and the horrors of depression and friends who didn't make it through. He speaks of his passion to help the youth of the area, be it as a friend, a football coach or mentor.. Ultimately, it's about connection - connection to place, to people and to passions, and one man's attempt to give back to the community in the most special way possible - by providing others with hope.



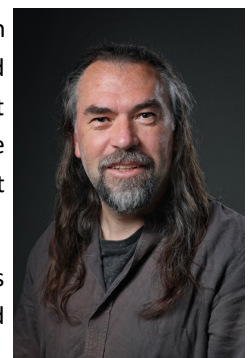
'Handmade Happiness' is about the benefits for mental health of crochet. Through the film, Vivien Mason shares stories from four Tasmanians who have found that handmade pursuits have enriched their lives and helped them to overcome adversity. The documentary interviews were completed as audio recordings, which she has illustrated with stop-motion animation. Each interviewee is represented by a textile character who lives in an abstract world of art materials. Documentary animation gives her a wonderful opportunity to share the creative passion of each maker, using the materials that they love so much.

From Matthew Newton come 'Parrot People', which tell about a community of people, both professional and volunteer, that have banded together to ensure the continued existence of the wonderful Orange Bellied Parrot. The brief for these films was to explore a 'wicked' problem faced by Tasmanians. In this case, it is extinction; when we lose a species, we are all much less for it. The story of the Parrot People, as Matthew calls them, ultimately is a story about how, when a community of people work on a common goal, they can achieve amazing things.



Jill Mundy, left, and Tony Melville, right, present 'Language of the Land'. When Lutruwita (Tasmania) was colonised, just over 200 years ago, every place and geographical feature, including all the rivers, island, hills, plains and lakes had First Nation names. By and large, colonists ignored these names, choosing to replace them with names reflecting English places, people and narratives, erasing First Nation history, connections, stories and more.

In the past few decades, through research, advocacy and determination, there has been a reawakening of First Nation language. This film aims to show the truth and power of speaking Aboriginal place names on country.



Funded by the Tasmanian Community Fund to bring people together, the duration of the screening is approximately 60 minutes.

The ticket prices are \$10.00 per adult, and \$5.00 for concession holders and students, and can be booked by scanning the QR code on the GRIT poster on the previous page.

GRIT is presented by Wide Angle Tasmania with the support of the Tasmanian Community Fund.

(Information and photographs courtesy of Wide Angle Tasmania.)

LETTER TO THE EDITOR

Dear Editor

Some weeks ago I called in at the clearly signposted, "Break O'Day Woodcraft Guild", interested in becoming a member and learning woodcraft skills. I was then told, in no uncertain terms, that it was now the Woodcraft Guild AND Men's Shed, membership was only open to men.

I then contacted the Australian Men's Shed Association and was told it was up to each individual "shed" to accept women or not. Many "Men's Sheds" do accept women members.

I was then astounded to read in the Valley Voice an article that clearly stated that both men **and women "were welcome to learn the techniques of wood craft in a non-discriminatory environment"**.

So, back I went again to see if I could become a member, but was again turned away as it was for men only.

If having a men only environment is important so is the opportunity to learn woodcraft skills for all. Perhaps the Woodcraft Guild could make certain days, or even just certain mornings, available to women as well as men?

Diana Foster, St Marys.

Break O'Day Woodcraft Guild and Men's Shed Clarification

An article regarding the Break O'Day Woodcraft Guild and Men's Shed in issue 54.13 of The Valley and East Coast Voice published on 4th August 2022, contained an error, due to information we were supplied with not being up-to-date. We would like to apologise for the error and provide clarification.

After the previous President resigned, it was felt that the new committee could not offer adequate training and supervision in wood-crafting skills, so the decision was made to focus on reducing social isolation and supporting men's health and well-being in the community, by operating only as a Men's Shed. Men's Sheds offer a large range of experiences of benefit to the members and the local community, including chatting and sharing experiences, offering support in times of need, providing tutoring in a number of areas, and being comfortable to communicate in the special way that men do. Members of the 'St Marys Men's Shed Inc' also contribute to the community in a variety of ways. Last year, they provided facilities for a 'Street Library' in a number of north-east communities, a 'mud kitchen' for the Playcentre at the Fingal Valley Neighbourhood House, and constructed mower ramps for the St Marys Sports Centre, among other projects.



"We have replaced the signs which may lead people to think that women are able to attend," said President Jeff Springer. "Addressing the wellbeing of men in our community is a legitimate concern that needs to be addressed, so we do not have female members. As a small group of volunteers who give our time for this project, it is important to be respectful of this. These volunteers do important work which should be valued. Other local sheds have taken a different approach as suits the needs of their community."

The Fingal Neighbourhood House has a project in collaboration with Break O'Day Council to build a community shed which will be open to all community members, both women and men. The progress of this project will be reported on as details become available.



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Fingal Valley Neighbourhood House

Aussie, Aussie, Aussie.....Oy...Oy...Oy, or 'A Dichotomy of Affections.'

What are my ties to Australia? I remember saying to my wife when I became an Australian citizen that because I was not born in Australia, I could never be as Australian as either she or our children were. A few years ago, I was watching a Rugby Union match between the Australian Wallabies and the Irish team. The Irish team were the first to run out onto the playing field at Dublin's Croke Park. I felt a sense of pride when I saw the emerald green jumpers and white shorts of the Irish players.... I was not prepared for how I felt when the Wallabies ran out with their green shorts and golden jumpers with the Australian coat of arms on the left breast. My reaction was YEAH!...YEAH! I knew where my allegiance lay. This was the only match which the Wallabies won on their tour of the UK in which they played England, Ireland, Scotland and Wales, plus some good clubs for practice.



Like many thousands of immigrants before me, I have many memories of the place where I was born. I happen to have predominantly good memories of where I used to live. Growing up in a happy family, which during the war years, sustained us all. Australians who were born in Australia have a form of allegiance to Australia which is a bit different to the allegiance which I have to Australia, because I still have 'strings attached' in my memories. Just think of the early settlers who really had to struggle to establish themselves. If you just consider the various place-names around Australia, you can see how the early settlers had strong attachments to the lands of their birth.

I remember a song which went like this ... "Maybe it's because I'm a Londoner that I love London so. Maybe it's because I'm a Londoner that I think of her wherever I go. I get a funny feeling inside of me when walking up or down. Maybe it's because I'm a Londonerthat.....I.....loveLon...dontown." My ties to England are less than my ties to London. A large part of my early life was spent in wartime London. Travel in England during the war was discouraged. I remember posters stuck up all over the place asking, "IS YOUR JOURNEY REALLY NECESSARY?" Apart from that, people were not inclined to tour around much, except for holiday trips to the seaside. Even those trips were not much fun because the beaches were barricaded with barbed wire to help protect against invasion. People didn't travel far from home because of the fear of being caught in a bombing raid away from home. My memory of England is almost entirely of London, hence my strong allegiance specifically to London rather than England.

When we first arrived in Australia, we landed in Western Australia where we, the newcomers, were encamped at Swanbourne in an ex-army camp until arrangements were made to move us to the Eastern states or wherever our destinations were. It was a great adventure for me as a teenager, seeing completely new sights and very new animals. However, the first kangaroo which I saw in Australia was a dead one which had been shot. We had stopped at Norseman, a very small settlement which only existed for the railway. The only reason I saw it was because we were allowed to get off the train to stretch our legs whilst the train was refilled with water etc. I took the opportunity to have a look around where we stopped, my first taste of 'outback' Australia.

When we eventually arrived in Tasmania, things started to be serious. I continued my education in Hobart, living at boarding school, amongst Australians who regarded me as a bit of an oddity who 'talked funny'. OK, so I could speak the same language or an approximation of it, but I was still an oddity. The first 'Pom' within the collective experience of the rest of the school boarders. My accent was mimicked, and the fact that I was in London during the bombing was a point of passing interest which didn't last too long. In fact, I soon found myself copying the Australian accent because, I guess, I didn't want to stand out as being different. I practiced saying the Australian short "a" instead of the long "a" for example, saying "dance" the Australian way instead of "daance" in the English way. I suppose that I was transitioning into some sort of Australian, even if only a kind of embryonic one. I soon became friendly with the natives because I found myself becoming one of them also. It was probably the best thing to happen to me. I was thrown in among the people with whom I would be living for the rest of my life. I also became quite fluent in Australian slang, some of which I could not, nor would not, use at home in Smithton. Gradually my interest in Australia and Australiana grew. I was being groomed to join the world outside of school. I really enjoyed my life in Australia, and after I joined the workforce I was accepted in varying degrees as just another bloke. My Australian credentials were growing, and when I became engaged to Jenny and later married her, I found my sympathies becoming more and more Australian. The 'icing on the cake' was the birth of our first daughter. I became an Australian citizen and have felt much more Australian ever since, with the realization that all my children would be truly Australian. Eventually I adopted the attitude, "If you can't beat 'em, join 'em."



I was naturalized in August 1984.

		Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p>STAR FM</p> <p>Program Guide</p>  	Brekkie	Start your working week with Star FM	Fruity and Loopy with Flashy	I see Stars with Sandisy	Flashback Retro Breakfast with The Flash	Muesli and Milk with Magilla	Saturday's Sunny Side Up with Manny	Sunday Mornings It's time to get up
	Morning	Get Sand between your toes with Sandisy	IN THE LAB with Dr Dave Community Interviews at 11.15 with Dr Dave	Mary-Anne's Music Mix PLUS Real Estate Tips and Tricks at 10.30 with Mary-Anne	Rhythm N' Reggae with Big Daddy Davo	Simply 60's with PUGS	"Get Happy" with Angelina	with Magilla
	Arvo	Jackster's MUSIC BOX PLUS "Pet Talk with Dr Andrew after 2pm with Jackster and Porsche	The Down Under Show with Jonno	"Around the World" with your hostess The Tone	In the Shed with ZEDD	"Fresh and Fruity Friday's" with Angelina	A dose of Dr Dave PLUS Quizzes at 3 and 4pm with Dr Dave	Star FM's The 80's Zone
	Late Arvo	In the BACKSEAT with Astro or JAX	2 For Tuesday Request Show with Shaun	Something Fishy is going on with Fyshy	DR DAVES Travelling Medicine Show with DR DAVE	"Rock On" with Jonno	"The No 80's Zone" [everything except the 80's] The Tone	with The Tone
	Evening	Monday Evening With Star FM	Neville's Country Corner and more with Neville	That 70's Show with Star FM	Thursday Nights with Star FM	It's Friday Night with Star FM	The Party Pit Playlist with Star FM	Big Daddy Davo's Blues Mix hosted by Dave

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18 September

Alibi

25 September

Pete Cornelius

YOUR FAMILY-FRIENDLY LOCAL HOTEL



The Say by the "Cage Rattler"

If ever a phrase summed up modern media coverage of significant events, it's 'Ad Nauseum'. Never so much as right now, with the coverage of Queen Elizabeth's passing. I find it incredulous that there are so many ways, albeit using the same repetitive footage and commentators, to tell us what's going on.

I swear on Saturday I saw the same few minutes of a related story shown at least five or six times in not much more than an hour. It was a British network. No doubt they were all doing exactly the same thing, repeating the same content time after time. I don't know why that needs to happen; I really don't.

Don't get me wrong, it's a very important historic moment of course, not least that it hasn't happened for seven decades, and the impact that the Queen's death has is a big deal, but why does it need to be flooding coverage with the same news. It's only Monday right now and the service at Westminster Abbey is a full seven days away yet, so most, if not all networks, newspapers and other outlets will be ramming the same stuff over days until then, and for days afterwards. Not good. Tell us other stuff too, eh.....

On the monarch herself now. I am by no means a royalist and to be honest I'm not sure that I have great confidence in a republic either if we decided to ditch the monarchy links to Australia. This, however, is how I see Queen Elizabeth II - she did an incredible job. No one can deny that. From the day her father, King George VI, passed away, and even before, during World War 2 and such, this lady committed her life to the role thrust upon her. I'd say it'd take a very special person to live with constant scrutiny, under the spotlight almost every day, and carry it off with fantastic dignity that she undoubtedly had. Even at times of great trouble within the Royal Family that'd bring mere mortals to destruction, she managed to carry on, hardly missing a beat, and even managing a wicked sense of humour to boot. This grand lady will be remembered by countless millions as a great Queen who held a sometimes dysfunctional monarchy together when lesser people may not have done.

Now to King Charles III.... Give him a chance. He has a hard act to follow, and at the very least for the sake of all those who want the Constitutional monarchy to continue, I hope he goes somewhere near his late mother in whatever years he is the King. The alternative doesn't bear thinking about does it?

Over the next few weeks, until all this settles down, I'll be very selective of what news I watch and hope that the media frenzy on the Queen's passing will become more relevant to news on what happens, and less on the ad nauseum repeating and repeating and repeatingof the same stuff.

What do you think?

ST MARYS PACING CLUB

Annual General Meeting

30th September 7.00pm

Under the grandstand, St Marys

All welcome to come along and forward your ideas to making our race day on New Year's Day an event for our communities to enjoy.

Supper provided afterwards

Enquires, phone Craig 0437742351

Alex lives locally in Bicheno and is available to assist clients with all legal matters. Appointments are by arrangement in Swansea, Bicheno, St Marys and St Helens. With nearly 15 years' experience working as a Barrister & Solicitor in Tasmania and Western Australia, Alex is your local lawyer on the East Coast of Tasmania.



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HISTORY GROUP IS LOOKING FOR VOLUNTEERS

The **Fingal Valley Neighbourhood House History Group** are seeking more volunteers. We have many projects to get involved in and would like to encourage anyone interested to make contact via email: History@fvnh.org.au or leave a message with Shirley on 6374 2344.

When we began publishing our cooking column earlier this year, I thought it would be nice to introduce Kirsten to you by asking her a few questions. She works in the public education system teaching cooking in in Hobart, and has a family. I asked her for a few more details, and her reply greatly surprized me. Here is Kirsten's story.

A CANCER TEST THAT SHOULD BE FREE TO ALL WOMEN

This is a really important story. A story for every woman in Australia but most of all this is my story.

I wanted to write this story because I need some help, and I need someone to take this forward and help me with making this a reality.

It begins like this ... "Good morning, my name is Dr Jones, I am here to tell you that you have stage 2 breast cancer,".... and here begins a story of adventure, a story of new experience and an unexpected journey.....

When I first heard those words, in my head I was still believing this was really not so bad and they were just being precautionary. It takes a while to understand fully what is being said and then suddenly it hits, and it hits very hard!

That week was a blur. My mother had had a stroke 2 weeks earlier and was currently still in hospital. As a family, we were trying to navigate the aged care system, stroke recovery and the implications etc, so in fact, my diagnosis was actually incredibly annoying and timed very badly. People would say to me "such bad timing Kirsten". I have to wonder if there ever is good timing to tell someone they have cancer.

Generally, I am a pretty positive type of person and I made it my business to keep in that space as often as I could. There were some pretty devastating days to be honest, and there still are, but I still kept thinking, "I'm lucky because I'm still in a better way than that person sitting across from me in the clinic, and for my radiation friend who I shall call Peter, who was there every day at the same time and who has a terminal diagnosis; since writing this letter he has died. On the day he finished radiation we wept and hugged, as we had both understood the importance of our shared adventure. I felt I had a lost a person who really knew how I was feeling, we were doing it together... today as I write I miss him. I really want to tell you my story and paint a picture about me, and I want to write this in the hope that I can help future breast cancer sufferers. I want you to understand that I am ok with this, and I am going to be ok, I am ok in so many ways but in other ways I will never be the same.



So what happened? Well, last year, my whole life turned into a different life. When I was diagnosed with stage 2 invasive ductal carcinoma Grade 2, I went off to have breast preservation surgery, removal of lymph nodes that presented with a small focus of metastatic tumour. I have completed radiation therapy and I now take the drug 'Anastrozole', which is basically an adjuvant drug chemotherapy that you get after your primary treatment such as surgery or radiation.

This drug, along with daily radiation therapy, is designed to inhibit any hormone production, to hopefully reduce the risk of recurrence. The drug is specifically used to treat hormone receptor-positive breast cancers in postmenopausal women, and in most cases is taken for five to ten years. It may also be used to prevent breast cancer in women and men who are at high risk of developing the disease.

It's not an easy drug. There are side effects such as osteoporosis, high cholesterol, and high blood pressure that may persist for as long as you take Anastrozole. There are others, such as lack of energy, hot flushes, nausea, vomiting, bone aches and headaches.

And then there is the word "Recurrence," a word used a lot in your cancer adventure. How long do you have before it may recur? What if it does recur? At the same time, I'm thinking to myself, "well I'm not even contemplating the possibility of recurrence", so you feel surprised that the discourse often refers to recurrence. I'm thinking recovery.

This, my friend, is everyone's story: for every single woman who has had a breast cancer diagnosis, this is their story.

For every single woman who has a complex life as a woman and mother, this is their story.

For every single woman who needs to tell the story, this is their story.

For every single woman who has had to make a choice about her own health against her living expenses, this is their story.

I also wanted to tell my story because it's about the chance to be involved in making choices about your care. There are many cancer stories, but I particularly want to highlight this to future breast cancer patients with my type of breast cancer. Sadly, it doesn't apply to everyone.

So, who am I? I am a parent, running a family - some struggling as a result of COVID unemployment - supporting a student, a young person from another family who was trying to find secure employment, teaching in the public education system, assisting my mother who lives on an isolated island off Tasmania. I'm trying to maintain a sense of normality whilst there is a pandemic, and worrying about my partner, children and family's feelings and abilities to understand and adapt to my new need. This is not just normal mother overload. Oh, and I have breast cancer!

(Continued next page)

When someone gives you a diagnosis of cancer it is a terrifying experience. For me personally, it has been days, weeks, months, years, of incredibly overwhelming feelings, of grief, sadness, loss and worry, and whilst I feel I am coping well generally, I am also acutely aware of the impact this has had on my mental health. I have found the whole process incredibly debilitating and stressful, although I do try and remain positive as much as I can. I am in awe of the oncology team I have around me and am extremely grateful for the constant care I receive.



Going through the process of accepting and confronting and understanding breast cancer, the treatments provided, and the whole navigation of the cancer system, is an incredibly challenging thing. I have returned to work in 2022 4 days a week, have finished treatment and am recovering emotionally and physically. Thank goodness I have been so fortunate to have a principal and school community totally behind and looking out for me. This has made my journey so much more tolerable.

There is a reason for telling my story particularly. I want to talk to you about this test that I had done which enabled me to make some decisions about my cancer care. On my first visit to my oncologist, I was told about the oncoprint test. The Oncoprint DX is a test that may predict how likely it is that your breast cancer will return. It also predicts whether you will benefit from having chemotherapy in addition to hormone therapy. The test results can help you and your doctors make a treatment plan that's right for you.

For this test, a piece of cancer tissue that was removed during my surgery is examined. A group of 21 genes in this tissue are analysed to help determine prognosis – how likely my breast cancer is to return – and if getting chemotherapy will improve my chances that the cancer will not come back. To find out about this test, go to: <https://www.mskcc.org/cancer-care/patient-education/oncoprint-dx>

I was lucky and so fortunate to fit into a cohort of women that have been extensively studied by the *National Cancer Institute*, and there is good evidence to support not using chemotherapy for these women who were post-menopausal and who had between 1 and 3 positive lymph nodes. The great thing is that over 5000 women participated in this study, which means that I had this enormous pool of evidence to draw from.

Unfortunately, to be a part of this special group, I need to have a recurrence score and here the story begins.

So here in Tasmania, we have 207 women screened detected for breast cancer alone in the year 2021. The amazing breast screening program in Australia is for over 50s, so many of those cancers were found in pre-menopausal women. There are a lot of women who potentially would benefit from having access to this test, both under and over 50s. All these women are fitting into this post-menopausal group, and if I didn't have the opportunity, the standard treatment would be chemotherapy. If no one can work out which group, I fall into then it is difficult to recommend treatment without chemotherapy. However, this does not need to be the case.

Research says "RxPONDER showed a different effect of chemotherapy based on Recurrence Score results for postmenopausal and premenopausal women. Postmenopausal women with a Recurrence Score results 0 - 25 were not observed to show benefit from chemotherapy and may avoid the associated side effects of the treatment. Importantly, no chemotherapy benefit was observed regardless of the number of affected nodes, tumour grade, or size. Two-thirds of the women in the trial were postmenopausal." – (*SABCS 2020_RxPONDER Press Release_INT*)

Other trials included the 'Tailorx' trial, which confirms that most women with early breast cancer have no benefit from chemotherapy when recurrence scores are in the low range. The implications of having chemotherapy, as I'm sure you're fully aware, are filled with long side effects, illness, disability and an emotional impact on the patient and their family which is long lasting. As well, the trauma of going in every 3 weeks to have the treatment and then try to function as a human being is undeniable. I can't tell you how important it was for me to have been able to have some control over how my cancer was treated. I am incredibly grateful for the treatment that I have received from my oncology team so far, as I have an awesome group of people who support me mentally, physically, and socially. My recurrence score came back at 19, which has an approximate 1.5 percent benefit if I were to have chemotherapy.

Having this test gave me an opportunity to make an informed decision about my treatment. In my case I was extremely fortunate to have a wonderful friend and family who benefitted me and enabled me to have the test. I would never have been able to pay for it by myself, even though I work fulltime, support my son through university, support my daughter's partner while he is seeking work in an already reduced workforce, and support a partner whose self-employment have been severely impacted since COVID. This would have been very difficult.



(Concludes next page.)

A TEST THAT SHOULD BE AVAILABLE TO EVERY AUSTRALIAN *(continued)*

However, whilst the test is covered free in some other countries, it costs \$5000 dollars to the patient in Australia. To the patient, this can mean the difference between having chemotherapy or not. Can you imagine being in one of the most vulnerable positions, to be told you maybe would need to have chemotherapy, and the only way you can find out whether or not is by paying for this test?

What average person has a spare \$5000 lying around which can decide your future wellness? I have since done some research, and see that it is covered under the NHS in the UK and in Canada. I am wondering why in Australia is every woman who is diagnosed with this particular breast cancer is not given the opportunity to do the test? I would think that the cost of \$5000 would be far cheaper than the cost of chemotherapy. That's not really the point though.

I understand ultimately any medical decisions come down to the patient, along with their oncology team, but to be able to go into a decision like this informed and in confidence I think this is very important for every Australian. I have also been surprised to find it was not even covered by my private medical cover, which I have had all my life. What's that's all about!

At this stage, I have not heard anything from St Luke's, my private medical insurance company, except to say they will bring it up at a meeting, but nothing so far. I hope to see some favourable outcome, but it should be also covered for patients without private cover. More needs to be done. More research needs to be done to help and benefit other women. I have attached some links you may wish to look at, which I hope will explain more about the tests.

As I write, I find my wonderful cousin Belinda in the UK was also diagnosed with breast cancer. She also going to be a breast cancer survivor, and from opposites sides of the world, we are able to support and travel this road together.

In finishing,my name is Kirsten Bacon and I am a cancer survivor.

Why is this not FREE or covered by Medicare. Its not good enough!

Chances of return: <https://www.mskcc.org/cancer-care/patient-education/oncotype-dx>

More about the tests: <https://www.cancer.gov/news-events/press-releases/2018/tailorx-breast-cancer-chemotherapy>

The Breast Cancer Network Australia Member Support Services team is available to provide support, information, resources and a referral service for people affected by breast cancer, at all stages of the breast cancer experience. Phone 1800 500 258.

FESTIVAL of WELLBEING

**THURSDAY 6 OCTOBER
11am - 4pm**

**Bendigo Bank Community Stadium
Tully Street St Helens**

**Workshops
Demonstrations
Come 'n' Try
Displays
Information
Goodie Bags
and more...**

Awareness – uncover people, places and support in our community

Belonging – join in, have fun, try something new

Connection – connect and share with others

FREE ENTRY
Free bus from Fingal

FESTIVAL of WELLBEING

**THURSDAY 6 OCTOBER
11am - 4pm**

FREE BUS

FINGAL

BEEP
BEEP

10 am	Fingal IGA
10:20 am	St Marys Hotel
11 am	arrive Festival
4 pm	leave Festival
4:40 pm	St Marys Hotel
5 pm	Fingal IGA

www.communitiesofwellbeingbreakoday.info/festival-of-wellbeing
 www.facebook.com/FestivalOfWellbeingBreakODay



Thanks to the Community Bus you can travel free to the Festival. Bookings Required. Book your spot by Friday 30 September through Fingal Valley Neighbourhood House

BOOK BUS HERE
6374 2344

LOCAL FAVOURITE RETURNS

Unfortunately I was not able to be present for the August Lunch and Munch with Don Ives and his band of Merry Men and vocals by Fred Todman, but I am assured that it was a wonderful concert, with everyone singing along with Fred, and totally enjoying themselves. It is always a treat that we can get Don and his band down four times a year to perform for us, and he tells me that our guests for his November gig will be the ever popular Pearl and Keith Treasure, so a fitting concert to end the year with.

Our guests for September Lunch and Munch will be the popular group 'The Rennies', with Lindy Jackson on keyboard, Scott Lampkin on drums, Karen Busby on vocals, Dave Barnett and Dee Blundell making up the rest of the group, so it should be a great afternoon of singing and music.

Don't forget it's BYO, but the tuck shop is proving very popular, with sandwiches and cakes, and tea and coffee are complimentary....and the Footy Club Bar is open for those that like a wee tippie.

Members are just \$10.00 and non members \$15.00.

So be sure to come and enjoy a great afternoon of music, on Friday September 30th from 12.00-2.00pm, at St Helens Football Club Rooms at the end of Tully Street...we do ask patrons, if you could get there at about 11.45am to get your lunch, raffles and drinks, so to be settled ready to start at midday.

See you there...

Mary-Anne

GEORGES BAY MUSIC PRESENTS

LUNCH AND MUNCH

ST HELENS FOOTY CLUB ROOMS
TULLY STREET
FRIDAY 30TH SEPTEMBER 12-2PM



\$10 MEMBERS \$15 NON MEMBERS
BYO LUNCH

GUEST ARTISTS
THE RENNIES

A GREAT AFTERNOON'S ENTERTAINMENT

ST MARYS REPURPOSING & UPCYCLING WORKING BEES

St Marys Repurposing and Upcycling is a community group that breathes new life into old clothing otherwise destined for landfill. Damaged clothing is upcycled with repairs, patches, fabric paint, and other adornments, rendering it wearable. Other items are repurposed into shopping bags, garden ties, woven mats, pet bedding and toys, pouffes, etc. All goods are sold at the St Marys Market, with proceeds used to support group activities.

The group needs your help to process the high volume of clothing currently in stock. Weekend working bees will be held on:

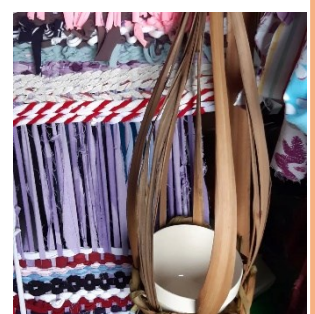
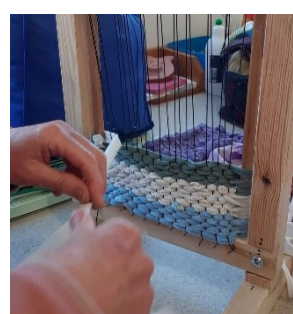
September 24th-25th

October 22nd-23rd

November 19th-20th

The sessions are from 9.00am-4.00pm in the St Marys Community Hall. Everyone is welcome, no skills required, all new ideas happily received, and attendance is free of charge. Drop in any time and stay as long as you like. Tea, coffee and snacks will be available for a gold coin donation.

Contact Diana van Meel on 0488 688 508 and/or look for us on Facebook by searching "St Marys Repurposing & Upcycling".



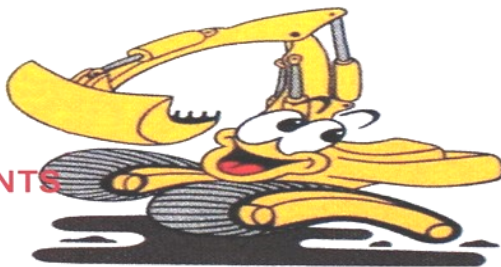
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St Helens Tip Shop

Sunday to Friday
11am - 2pm

Saturday 11am - 4pm

St Marys Tip Shop

Tuesday and Thursday
11am - 3pm

Sunday 2pm - 4pm



WASTE TRANSFER STATIONS

BREAK O'DAY MUNICIPALITY

ANSONS BAY - North Ansons Bay Road

Open: Wednesday 12pm to 4pm
 Sunday 10am to 4pm
 12pm to 4pm on Mondays of long weekends

PYENGANA - Tasman Highway

Open: Wednesday 9am to 12pm
 Sunday 2pm to 5pm

ST HELENS - Eagle Street (includes recycling)

Open: 10am to 4pm every day

SCAMANDER - Coach Road (includes recycling)

Open: Tuesday 10am to 4pm
 Thursday 10am to 4pm
 Sunday 2pm to 5pm

ST MARYS - Gray Road (includes recycling)

Open: Tuesday 10am to 4pm
 Thursday 10am to 4pm
 Sunday 2pm to 5pm

FINGAL - Rossarden Road

Open: Tuesday 10am to 4pm
 Thursday 10am to 4pm
 Sunday 2pm to 5pm

Charges apply at all waste transfer stations - please see sign at entrance.

BLACK WATER DUMP POINTS

St Helens - 117 Tully Street, St Helens

St Marys - Harefield Road, St Marys

Fingal - Talbot Street, Fingal

No charges apply to use black water dump points.

IN OUR SCAMANDER GARDEN

Come with me, and we'll scoot around the garden and check on what we have been up to lately. Can you smell that? We have been spreading great bales of hay around our trees and Steve cultivated a good-sized area for planting potatoes. His favourites are the Dutch Cream and King Edward varieties. A kind farmer starts us off with some seed potatoes, as I couldn't find any in the shops yet. We rolled out the straw and threw old manure by the shovel-loads to cover it, and then added another layer, and I walked along popping in the small, but not tiny, potatoes. We hope this will prove successful., We will cover with more straw as they begin to sprout and we hope to save ourselves from having a hard time digging them up. Another bonus is they should be relatively clean at picking as well. We decided that four rows will be more than enough, but I will stagger the planting, so they are not all ready at once. Next to these, Steve suggests I push in three or four rows of peas., I nod my head in agreement. First, we need to fence the section off, having encroached on the chook yard. They enjoy scratching and sitting on top of the warm spread-out beds we have so diligently prepared. "I'm the king of the castle," comes to mind. They each puff out their feathers and look quite content. With great efficiency, they find some worms and other small insects. I hear moans of pleasure....

Steve uses the post digger and by hand makes the appropriate holes and plonk, in go the posts. They will hold up an old wire fence which we stretch out and walk around the said section, tying each portion into place. Sorry chooks, we have confiscated a bit of your territory but never mind, you will get it back one day as this is temporary. Now go lay us some eggs. I need four for the Father's Day cake!

Unfortunately, when Steve pops his head in to gather the eggs later in the day, he spies a black chook eating an egg and scurries it out, barking at it not to do that. I told him that once they eat a fresh egg, they continue to do that, so we need to catch that chook, and sorry, but into the pot might be a solution, otherwise others can copy it. We are pleased with Roger the rooster, he is calling the hens and sharing his food with them. He seems to have favourites, as he does not give freely to all who come along in answer to his special call of excitement. The oldest we have is a big grey hen. I would be very happy if she had some chicks. My special chook is a small red hen; she is so calm and gentle, and she follows me around. Well, they all do if they think I have a treat for them....

Steve got the chainsaw out and, dare I say, hacked some of the bigger trees and shrubs to let more light into another vegetable patch. He dug up what remained of potatoes and Jerusalem artichokes, and presented me with the dirt-covered potatoes to clean while he went to busy himself re-planting the artichokes, which are a form of sunflower, I have been told. I can't wait to see them all flowering later on.

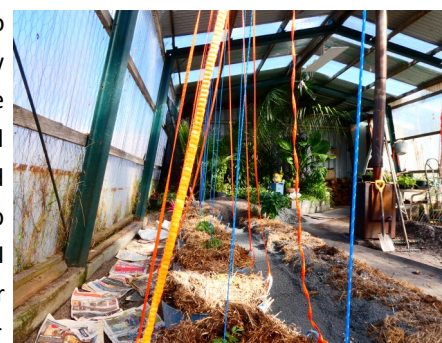


Steve turns the soil before we plant peas and beans.

Another area we prepared is our former corn patch. After adding what needed to be added, Steve threw up the soil from the middle to either side and added trellises of a kind, and now, having the middle as a pathway, I walked down, planting peas on one side of the back row and yellow beans in half of the row, followed by red beans for the rest of that row. The front row I will leave for a while, as it will get the most sun, so that will not only give me successive planting, but it should give the north-to-south back row a good chance to sprint ahead before it gets overshadowed by the tall front row.

We probably did the most preparation in the hothouse. Rather than planting everything straight into the ground, Steve suggested we have the tomatoes in pots, and so he organised them by digging all the old soil away after

transplanting a couple of ruby grapefruit trees and kindly giving me the option of weeding all along the plastic wall where the grass had come through from outside. Having wire on the inside, it was very hard to pull those strong resistant roots out. I got puffed out. Oh, my aching back, I know the solution, "Cuppa time!" And so we had a rest before Steve ran a wire above the pots and strings down to anchor the tomatoes to as they grow taller. We planted Red Russian, Grosse Lisse, and something like La Roumande. My Uncle Johnny used to grow them. I have lots of different seeds and so more varieties may end up somewhere else outside. Tomatoes need sunlight more than the heat, I am told. I don't plant them outside until the 19th of October. That's easy for me to remember as it is my son's birthday. We have prepared the other side of the hothouse for cucumbers.



Tomatoes like strings to climb as they grow.

I have to scamper off and cook breakfast now, so till next time, Peg.

BREAK O'DAY

ANGLICAN CHURCH

SERVICE TIMES

St Helens

St Paul's: 9.30am every Sunday

58 Cecilia Street, St Helens.

St Marys

Holy Trinity: 10.00am every Sunday

13 Main Street, St Marys.

Pyengana

St Michael & All Angels: 7.30pm 4th Sundays only

28007 Tasman Highway, Pyengana.

Enquiries: 6376 1144 or Facebook: anglicanbod



ST MARYS CATHOLIC PARISH

WEEKEND MASS:

ST HELENS:	Saturday	5.00pm
	Sunday	4.00pm
ST MARYS:	Sunday	9.00am
BICHENO:	1 st Sunday	11.00am
FINGAL:	2 nd and 4 th Sunday	10.30am

WEEKDAY MASS:

ST MARYS:	Friday	10.00am
ST HELENS:	Thursday	10.00am

Parish Administrator:

Fr. Norbert Z Ochoa 0437 324 227
fr.bitz51@gmail.com

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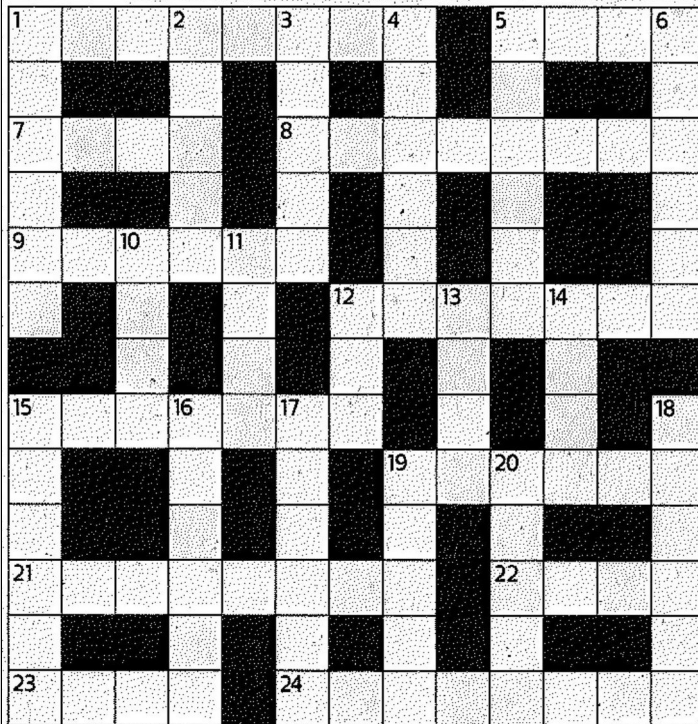
creativityinplay@gmail.com

or phone or text to:

0421 319 586



Crossword 54.16



ACROSS

- 1. Stinging arachnid (8)
- 5. Clout (4)
- 7. Quantity of paper (4)
- 8. Milk pudding (8)
- 9. Medieval fortress (6)
- 12. Leftover (7)
- 15. Bloom (7)
- 19. Tariff (6)
- 21. Herb (8)
- 22. Gape (4)
- 23. Judicious (4)
- 24. Keith Barron TV sitcom (4,4)

DOWN

- 1. Authoritarian (6)
- 2. Dispatch (5)
- 3. Point of discussion (5)
- 4. Spry (6)
- 5. Dignified (6)
- 6. Celestial body (6)
- 10. Form of whist (4)
- 11. Minus (4)
- 12. Odd (3)
- 13. Legend (4)
- 14. Declare (4)
- 15. Excavate (6)
- 16. Tommy ____ cockney actor/singer (6)
- 17. Lee Harvey ____ assassin (6)
- 18. Ebb (6)
- 19. Burial vault (5)
- 20. Haughty (5)

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Tasmania 7214
Phone (03) 6374 2222

Email: fingal.oac@education.tas.gov.au

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- Wednesday: 12.30 - 4.00pm
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1 DEPUTY MAYOR

1 COUNCILLOR

Authorised by Paul Wright, 27 Annie St St Helens 7216

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You can access the Lifelong Learning Information Service by visiting or contacting your [local library](#).



Simple application process!

FENCING GRANTS



Northern Tasmanian farmers have fenced their watercourses with help from the Tamar Action Grants. If you own land in the catchment, you may be eligible for funding too.

The application process is simple and you may be eligible to receive funding to improve your stock management and riparian vegetation.

*Next funding round closes
28 October 2022!*

*Call (03) 6333 7777 to discuss
your property needs or visit
nrmnorth.org.au*

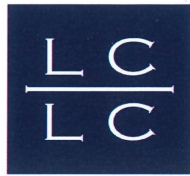
Target catchments:

-  Meander
-  North Esk
-  South Esk
-  Macquarie
-  Brumbys - Lake
-  kanamaluka / Tamar

Learn more about
the application
process.



This project is supported by NRM North through funding from the Australian and Tasmanian Governments as part of the Tamar Estuary River Health Action Plan, an initiative of the Launceston City Deal, 'working together for a healthy estuary'.



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44 MAIN STREET, ST MARYS

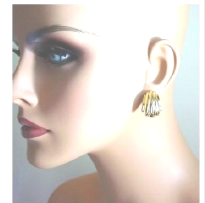
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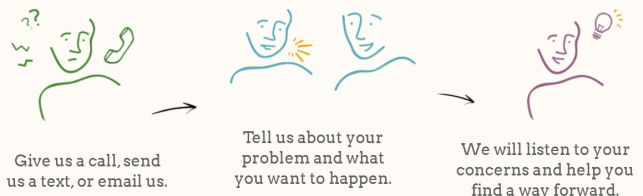
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WATER...

What is it that triggers these reflective memories I find myself musing on these days? Is it because I actually have time to consider what this life really means to me at this end of it? Or is it that as you get older your mind wanders back to events of a bygone era, be they good or bad experiences. I feel we all will find ourselves at that place signposted, "Memory Lane", at some point in our mortality.

Looks like I am here now. I hear my mind repeat these words ...

"Water, water everywhere and not a drop to drink". Why these words I ask myself? I recognized that quote is a line from one of my favorite poems by the poet [Samuel Taylor Coleridge](#), called the 'The Rime of the Ancient Mariner'. I remember my teenage awe at the depth of feelings that surfaced as I studied this poem in my English class at high school. At that time in my teens, we lived on the banks of the tidal Tamar River and I saw many sea birds. I was horrified to think of the death of such a beautiful creature as the Albatross.

These reflections took me through the gambit of many immature emotions, but one thing I did recognize was how sorry the mariner was for his actions and how they changed the course of his life forever...

There was no logical reason for killing the Albatross, [but his punishment of having to actually wear the bird's lifeless body around his neck](#), seemed a fitting, if not barbaric, punishment. All mariners know the albatross has forever been, and is still, the symbol of good luck to all sailors.

The adult me stands here, looking at the now slow-moving water of the Tamar River, lifetimes away from that of the Ancient Mariner. I am transported back to my own childhood again. I grew up at Sidmouth in a very modest timber house, with a verandah, that overlooked the waters of the Tamar River. I watched all manner of river boat traffic, moving back and forth on the busy water highway. The sea birds followed the boats up the river in search of fish churned up to the surface in the wake of their journey upstream. I can't ever recall seeing an Albatross.

I see Dad rowing his little dingy deep enough off shore into the river to cast his grab-all net in, leaving it until the turn of the tide, then hauling in his plentiful catch of all different species of shiny, still flapping fish, which he promptly scaled and gutted on the water's edge. I smile and cover my ears as I hear the sea birds screeching and fighting over the fish guts dad threw back into the water. The birds dined well, as did our neighbors, dad always shared the river's bounty.

Those were the days when the tides flowed in and out of the river freely, uninhibited by the now introduced rice grass, that traps and snags the muddy silt run-off from the farms inland. It washes down through the Gorge, trapped in the megalitres of flood waters, dumped into the river basin below the Trevallyn Bridge. This annual dumping happens during the winter and spring rains, building up along the river banks and slowing the water flow down to a trickle during low tide. It narrows the channel, which for larger boats, becomes unnavigable during low tide.

My memories of summers swimming in that once crystal-clear river, come flooding back. The water was so buoyant and silky and when the sun bounced off its blue green surface, there was nowhere else a kid wanted to be during those warm summer's school holiday. The taste of the salt was fresh and intense, and to think that we lived only about 30 kilometers inland from the mouth of Bass Strait... mind you that was over 60 years ago now.

The child in me is sad. The adult in me is angered, enraged really... I question if the 70-year-old me even has a conscience. There has to be someone who must account for what has happened to those once bountiful, pristine waters of our beautiful river. I see those little sandy inlets, where, as children, we once built sand castles. Gone and now filled with rice grass.

Like the ancient mariner had to accept accountability for the murder of the Albatross, when will we be called to account for our 'murder' of the waters and shorelines of our Tamar River?

Is this the innocent dead Albatross hanging around our necks? For it certainly has brought us bad luck.

I don't like this part of Memory Lane I am wandering down. I think I want to go back to the beginning and start over.

Annette Clark

September 2021



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MALAHIDE GOLF CLUB



Friday 2nd September - Chicken Run

1st	Gerald Hall	29.5
2nd	Stan Ellerm	31.5
3rd	Ashley Stone	36.5
4th	Bill Swann	37
5th	DB Lowe	37.5
6th	Rod Hunt	39.5

Nearest the Pin 4th: Club
 8th: DB Lowe

Friday 9th September - Chicken Run

1st	
2nd	
3rd	
4th	COURSE CLOSED
5th	NO GAME PLAYED
6th	

Nearest the Pin 4th:
 8th:

Saturday 3rd September - Monthly Medal

1st	
2nd	
3rd	COURSE CLOSED
	NO GAME PLAYED

Nearest the Pin 4th:
 8th:

Saturday 10th September - Red Marker Day

1st	
2nd	COURSE CLOSED
3rd	NO GAME PLAYED

Nearest the Pin 4th:
 8th:

JOHNS FAMILY CHARITY GOLF DAY
 26/11/22



3 Person Ambrose
 26th Nov 2022 9.30am-10.00am Start
 \$25 each entry includes BBQ lunch and afternoon tea
 All money raised goes to Lifeline
 Inquiries to Andrew Johns
[0427854555](tel:0427854555)

Upcoming Games:

17th September - Red Marker Day

24th September - Stableford Multiplier

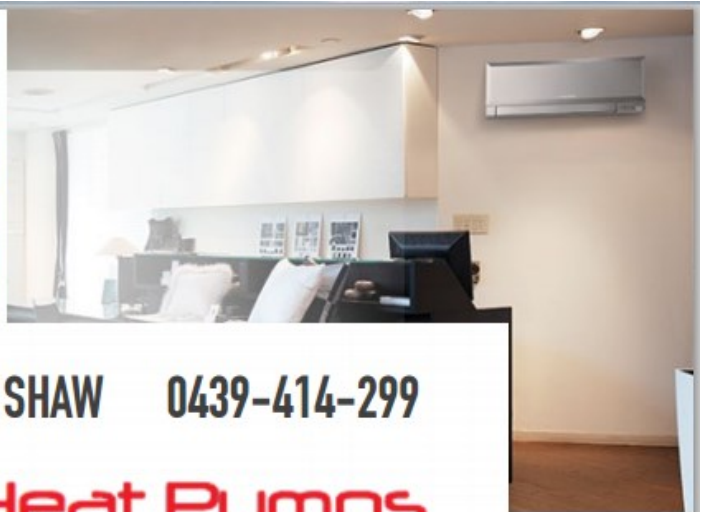
Malahide Golf Club hold a Chicken Run on each Friday starting at 10.00am, \$4.00 entry. Saturday competition starts at 10.30am and we also have a Facebook page that is updated regularly.

⇒ Full membership is \$235 per annum

⇒ Social Membership is \$50 per annum

Contact Andrew Johns - Club Captain on 0427 854 555





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ST MARYS SPORTS CENTRE

By Volun Tier



Welcome to another rain-soaked fortnight at the Centre. Heard a couple of chainsaws going yesterday close to the course, wonder if it's the modern way to build an Ark...S

Some reports of another 5 inches on the old scale: doesn't sound a lot but added to the 2 metres or so we have had recently and it just has nowhere to go. We are thinking of giving golf away for a while and running a regatta on Lake St Marys. Last week, however, we managed to get through a coaching clinic with Will White, well supported by 6 junior and 10 senior golfers from here, Scamander and Malahide. All enjoyed Will's professional tips and insight into the game, then a feed afterwards, two courses for \$5.00 went down a treat as well. We wish to thank Will and his family, pictured below, for kindly donating their time and efforts on the day. He has expressed interest in holding another clinic on a one-to-one basis later in October, read the next issue for details. Goods news also on the course front, with the shade cloth around the bowls rink almost completed and it really adds to the club's aesthetics. Easy to use and fold away, it will look a treat once our game commence. Also the larger 4WD mower has finally been granted to the Club, completing our course maintenance machinery of new golf greens mower and new self-propelled walking behind, if we could only use them in the boggy ground. The benefit of a good greens mower already showing, just a shame the sprays can't be used at present as we are waiting for the ground to dry out a bit.

Winter Warmer nights continue to grow in popularity, with around 70 guests enjoying the last two weeks' fare of roast chicken last week and a superb feed of curried scallop and prawn crepes, as usual a delicious feed, and well done to the catering crew for coming up with new ideas every week. Also thanks to Ping for his assistance. Next fortnight's menu below.

Member Draw: Last week Patricia Fitzpatrick and this week Mark Turner. No collect as neither were present for the draw. This week's fuel voucher jackpots to \$60.00.

Golf: Unfortunately, no report this week due to the coaching clinic and this week's rain. We do have the Vets here on Thursday 22nd September if the weather permits, and Night Golf returns on Saturday 1st October, but I am reliably informed that this one may be already booked out.

Bowls. Well, we tried to kick the new season off with a working bee and BBQ, but failed again due to the weather. Will try again on this Saturday at 10.00am.

Opening Hours: Thursday - 5.30pm. Friday - 5.30pm, Winter Warmer Night, Happy Hour 6.30pm till 7.30pm, Members Draw 8.00pm. Saturday - 1.30pm after golf. Sunday - 2.30pm.

Until next issue, good hitting and socializing.



Will White, who held a clinic last week, with his wife Jenny and their family.

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CROSSWORD ISSUE 54.15

CROSSWORD 73

Across: 1. Define, 7. Neurosis, 8. Arnold, 9. Earp, 10. Asia, 12. Clot, 14. Rhyl, 16. Razor, 18. Diced, 21. Feel, 24. Seve, 26. Acts, 27. Firm, 28. Appear, 29. Feelings, 30. Kismet.

Down: 1. Dealer, 2. Finlay, 3. Endear, 4. Quartz, 5. Aspel, 6. Ascot, 11. Slide, 12. Craft, 13. Ouse, 15. Hope, 17. Ate, 19. Client, 20. Damask, 22. Esteem, 23. Learnt, 24. Swift, 25. Vowed.