

THE VALLEY AND EAST COAST VOICE

Established 1968

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Deadline for 54.22 is at 5.00pm on Monday 5th December 2022

ANNUAL RACE MEETING RETURNS FOR 2023

The St Marys Pacing Club will be holding their Annual Race Meeting on New Years Day at St Marys, and full-on organising is taking place.

The Annual General Meeting was held in in October and executive positions were accepted. We have a new President in Allister Woods, a new Vice-President, Tenille Burt, the Secretary is Craig Woods and Treasurer is Renee Woods, along with our wonderful committee members.

Tas Racing has scheduled seven races for the day. The St Marys Cup will be the major race, where horses race for \$14,000 prize-money, as well as the Eric Bean Memorial and a new race, named after Life Member and former Patron Peter "Wombat" Wilson, sponsored by the Wilson Family. Other races will be sponsored again by Gazzman Home Comforts, Mitre 10 St Helens, SKA Electrical, 6TY °, and Harris Funerals,

The meeting will be a non-tote event, which means that only on-course betting will be available and there will be no tote van as in the past, but we have three bookmakers booked to win yourself some pocket money.

There will be a major raffle, and free raffles for boys and girls. The 'Fashions on the Field' are a highlight of the day, with age groups for boys, girls and the ladies. Cense Business Group at St Helens is again the major sponsor of this gala event.

Entry at the gate will be \$8.00 adults and \$5.00 pensioners, with under 16 free, and we will not need to pre-sell tickets.

COVID-restrictions have been in place in the past years, but this year it should be a bit easier to comply with, but at least we have the chance to continue the tradition of bringing in the New Year at St Marys Races. We will keep you updated as we go along.

Hope to see you all there!

Enquires to Craig, 0437 742 351.

Craig Woods, Secretary St Marys Pacing Club





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ADVERTISING RATES - 2022

Business Card Size ads \$15 1/2 Page ads \$40

Intermediate ads \$18 Full Page ads \$60

1/4 Page ads \$25 Permanent Classified ads \$20 p.a

Fingal Valley Neighbourhood House Valley and East Coast Voice

Advertising rates for all community groups

Regular articles i.e. news of current activities/events and general information will, at the discretion of the Editor, be carried free of charge. Community group announcements up to 5 lines or business card size are free, anything larger will be charged at 50% of current rates. The decision regarding whether or not an article attracts advertising fees is the Editor's. Groups will be advised of any cost

before going to print.

Private community announcements/private classifieds are free for one issue.

Articles for publication may be left at the Fingal Valley Neighbourhood House, St Marys Pharmacy, posted or emailed.

We do not accept responsibility for the accuracy of information provided by contributors.

For online advertising or any other advertising queries, please contact the editor.

valleyvoice@fvnh.org.au

(03) 6374 2344

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Annual posted subscriptions are \$69 and annual online subscriptions are \$20 per year.

24 HOUR EMERGENCY CONTACT NUMBERS Abuse & Assault Services 1800 737 732 Ambulance, Fire & Police 000 Crime Stoppers 1800 333 000 Digital Mobile Phone Emergency Service 112 Poisons Information 13 1126 13 2500 SES: Flood & Storm emergencies **TasNetworks** 13 2004 **TasWater** 13 6992

Opinions in any letters published are not necessarily those of the Editor, staff or volunteers.

Our pages remain open to fair and honest criticism so that, on all questions, both sides may be presented, but any submissions containing personal attacks/libel/slander will not be accepted.

Kindly do not attack the Editor, the paper or the authors of previous articles.

All articles for submission, including letter to the Editor, must bear the author's full name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only. Letter writers will be given the chance to respond over a suitable period of time.

Subjects may be closed at the Editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The Editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. Whilst we value and welcome community input, the Fingal Valley Neighbourhood House does not provide specific feedback regarding any decision made not to publish a submission.

The Fingal Valley Neighbourhood House reserves the right at all times, without notice, to update, change or amend our guidelines. All information is correct at time of printing.

This newspaper is about the Fingal Valley and the East Coast, and the people who live here. If you have a story you would like to share, or a suggestion for an article or regular column, please contact the Editor. You can show off your literary talents and submit it for consideration, or the Editor can write it for you. Photographs are important too, so try to include them, with some information as to where and when it was taken, what the occasion was, and who is in it.

We also like to tell people about our sporting history, and tales of sporting prowess and vanished sporting events are also welcome.

Email me at: valleyvoice@fvnh.org.au

Elizabeth

Editor - The Valley and East Coast Voice.

"ALTERNATE ROUTE TO THE NORTH EAST COAST IS A MATTER OF URGENCY," SAYS MAYOR

Break O'Day Council has asked the State Government to consider an alternate route to the East Coast as a matter of urgency.

The Council has written to the Tasmanian Government asking that they visit the area and see first-hand the state of St Marys Pass and the Elephant Pass, both State-owned roads. And, commit to holding a meeting as a matter of urgency, to start investigations to alternative access routes before 31 January 2023.

Mayor Mick Tucker said that the recent closure of St Marys Pass and the condition of the Elephant Pass has only highlighted the urgency for the State Government to consider a new access route.

"With St Marys Pass closed and the Elephant Pass down to one lane in areas, it has affected school buses, transport and freight services to the area as well as visitation. Businesses in St Marys are also struggling with losing both local and visitor traffic," he said.

St Helens is the main township on the East Coast and is more than two hours from the closest major city, Launceston, and more than three hours away from the State's capital, Hobart. This makes the town more isolated than townships like Queenstown on the West Coast.

"We would like the State Government to recognise just how isolated our communities are and understand how important reliable access to the area is. Simply put, neither Pass is fit for purpose in modern times; St Marys Pass is 176 years old this year and the route has barely changed from the times of horse and cart."

The Mayor said that it was important the Government look at all potential options for an alternate route and emphasised that it was paramount the community were also involved in the decision making.

"Access routes are not all about getting from A to B, and the needs of the community must be considered in any future plans. At the end of the day it is our communities who rely on and use these roads the most."

"We look forward to meeting with the Government to discuss this in greater detail," Mayor Tucker concluded.

(Press release by Break O'Day Council; photograph, Google)



The Board of Governance of FINGAL VALLEY NEIGHBOURHOOD HOUSE INC

cordially invites you to their

ANNUAL GENERAL MEETING

Date: Tuesday 29th November 2022

Time: 4.00pm

Venue: Fingal Valley Neighbourhood House 20 Talbot Street, Fingal

IMPORTANT: RSVP is essential

RSVP by Friday 25th November 2022 (03) 63 742 344

Signed: L Rhodes, Secretary, FVNH

RESIDENTS OF THE VALLEY -

HAVE YOUR SAY ABOUT ST MARYS PASS!

How has the closure of the St Marys Pass affected you and your family, or your business?

Organized by local business owner and resident Dana Smith, a public meeting will be held on Friday 25th November 2022 at the St Marys Town Hall, starting at 1.00pm.

The meeting will offer people the chance to describe and discuss how the St Marys Pass closure has impacted locals' daily lives, and safety concerns about the St Marys Pass itself that may be held by motorists.

Locals are encouraged to write a letter and bring it to the meeting, which will be passed onto Brian Mitchell, Federal Member for Lyons, Premier Jeremy Rockliffe and Deputy Premier Michael Ferguson.

Residents of the whole Fingal Valley are encouraged to attend, not just those from St Marys and surrounds.

Some Break O'Day councillors will also attend.



As The Valley and East Coast Voice will be celebrating 55 years of publication next year, we will be replicating a page from a past copy of 'The Valley Voice' in each issue. This issue, we feature page 5 of Volume 44, Number 5, published on Thursday 30th June 2011.

If you have memories to share about the pages we replicate, please share them with us. Contact details are on page 2.



FINGAL SCHOOL

With the Fingal School threatened with closure, it is interesting to look back on the history of this wonderful institution. One important fact to be remembered is that the main building has been a large part of the lives of children and parents of the Fingal community for 127 years.

In the mid nineteenth century, Fingal was the hub of the Fingal Valley. It was there that the Police District was administrated and where all births, deaths and marriages were registered. It was also the headquarters of the first council, formed in 1863. It is no wonder then that the first public school in the Fingal Valley was founded at Fingal in 1856. By this time the Probation System at Fingal had finished and the Probation



buildings were used by other Government organisations, including the school.

Although the Probation buildings were rather elaborate structures, it appears few organisations wanted to share the space and all worked to have their own buildings erected. The Council was the first to move out when the foundation stone for a Town Hall was laid in 1882. The school followed a couple of years later in 1884. All of which points to a very busy time in the building industry at Fingal around that time.

To add to the council and school buildings, the Fingal Hotel was built in 1844, Holder Brothers Store 1859, St Peters Anglican Church 1867, St Josephs Catholic Church 1880, St Andrews Presbyterian Church 1881 and the Railway Station 1886. Whilst all this was going on the Prince of Wales Hotel and stables were under construction, plus the Probation Station was being dismantled and the stones relocated to build the Tasmanian Hotel, now the Neighbourhood House.

Like many other buildings in Fingal the school and master's residence were constructed from freestone taken from a nearby quarry. The proof of strength and durability of this material, coupled with the craftsmanship of the tradesmen, can be seen today when we look at these building still standing proud and sturdy, with little effects of passing time.

When the new school opened in 1884 it boasted an enrolment of 65 students, with one teacher and one assistant. The student numbers have not changed all that much over the years, but today from grade 7 on they have to travel to St Marys.

As the school has developed, playground facilities have been improved and new classrooms erected, but the original structures have been preserved, making the learning precinct one of only a handful in Tasmania with a nineteenth century history. This in itself, one would think, has enough merit to keep this school open.

But a school in a country town is much more than bricks and mortar; it is the life of the community. It is a place where infants first lean to interact and go on to gain those fundamental qualities necessary for future learning. Where better, can early schooling take place but their own town, in their own environment, being taught by friends and neighbours they have known most of their lives. By the time they do have to hop on a bus to travel to St Marys they have had a good basic education, making them much more able to cope with a larger, unfamiliar campus.

One can only imagine the fight the Fingal people had almost 130 years ago to get a school in their town. Today circumstances are quite different, but again the people have to stand together and fight, this time to keep what their ancestors built. Let us hope the Government of 2011 is as compassionate as the Government of 1856 and does not close what is not only part of Tasmanian history, but imperative to the current 50 plus students, their parents, teachers and, indeed, the town in which they live.

Few communities in Tasmania would have lost more industry, or businesses and services than Fingal over the past couple of decades. The "Heart of the Valley" is much weaker these days and now to lose their school for a mere pittance of what it would save the Government is a tragedy. The community can ill afford another loss, particularly one that will surely have adverse affects on the children.

Jim Haas

ST HELENS DESTINATION ACTION PLAN LOOKING TO ADD TO SCUPTURE TRAIL

The 'Off the Trail' Sculpture track in St Helens is looking to add to its collection of sculptures and is calling for expressions of interest.

The trail was established last year with two sculptures, 'Rhythm and Flow' by Andrew Redman and 'Sea Sculptures' by Gavin Wagner, and was officially opened as part of the Bay of Fires Winter Arts Festival.

The Off the Trail Sculpture track is organized by a local community group, the St Helens Destination Action Plan (DAP) group who are eager to see at least one sculpture added to the trail each year. The St Helens Destination Action Plan Group president Matt Gibson said he was looking forward to seeing this year's submissions from artists. "We saw some amazing ideas last year and we would have loved to pick them all, but like most projects, the Off the Trail Sculpture track is subject to funding. The walking track around Georges Bay is a popular walk for locals and visitors alike and we think the sculptures have only added to the experience. Because of the natural beauty of the area, it is really important to the DAP group that any sculptures submitted will only enhance and complement this natural environment." Mr Gibson said.



"Rhythm and Flow"

'Rhythm and Flow' is constructed out of wood, concrete and galvanised steel, and in his Artist Statemen, creator Andrew Redman states, "I have chosen to use wood as the medium due to wanting to create an aged, bleached, aesthetic over time like the patina found on driftwood. I have selected 'Macrocarpa' as the timber species not only because of its outdoor durability, but because its plantation grown and sustainable."

'Sea Sculptures' was created by Gavin Wagner, and made out of deformed steel bar. "This work responds to the game fishing and trawling activity based around Georges Bay. It represents the ocean fish caught in the deeper waters of the Tasman Sea. Georges Bay provides an important nursery space for young fish of many species. These were once prevalent in the Bay, although the numbers of many species have declined with the



"Sea Sculptures"

various attempts to use and to preserve this important waterway," he wrote in his Artist Statement.

Any artists looking to submit an expression of interest can find all the information they need on Break O'Day Council's website under My Council, Tenders and Expressions of Interest.

If you would like to find out more information about the DAP group or the existing sculptures, go to www.offthetrailsthelens.com. This project is subject to funding.

(Information and pictures supplied by St Helens Destination Action Plan)



ANNUAL GENERAL MEETING

for the Fingal Valley Festival

Tuesday 29th November 2022 at 6pm **Venue:** Fingal Valley Neighbourhood House

Signed: D Bean President



Mayor Mick Tucker
- serving all of
Break O'Day

mick.tucker@bodc.tas.gov.au 0419 372 813



St Marys Market

1st Saturday of the month, 9am-12pm* St Marys Community Hall

- Beautiful hand-crafted artisan and eco-friendly items
- Fresh produce, plants, and fresh cut flowers
- · Fresh baked breads, cakes, cookies and other treats
- · Preserves, dried fruits, jams & sauces
- Tarot readings
- ...and more!

Contact: bodregionalarts@gmail.com Facebook: @BODregionalArts

*Subject to COVID-19 restrictions changing. Social distancing, hand sanitisation & attendance recording conditions apply.

| | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|-----|--|--|---|---|---|-----|
| December NOTES: Fingal House Number 03 63742 344 Loaves and Fishes Every Thursday | _ | | | | 1 History 12-3 OP Shop Online Centre Library Book Club Loaves and Fishes | 2 History 10-3 OP Shop Online Centre Library | 3 |
| NILS Loans Phone 03 63742 344 Fingal Supermarket 8-5 Mon-Friday | 4 | 5 Play Centre 9.30-2.30 OP Shop | History 12-3 Op Shop Online Centre | 7 Morning Tea 10am OP Shop | Valley Voice History 12-3 OP Shop | 9 History 10-3 OP Shop Online Centre | 10 |
| 7.30 till 12 Sat-Sun Book Club 1st Thursday of the Wonth Spinners and 20th December | _ | Online Centre Library | Library | Online Centre Library | Online Centre Library Loaves and Fishes | Library | |
| CAC Hours 9-2 Library Hours 9-3 History Please note History Room opening hours on Calendar Phone for Hairdresser 0407 549 678 | 11 | Play Centre 9.30-2.30 OP Shop Online Centre Library | History 12-3 Op Shop Online Centre Library | 14 Morning Tea 10am OP Shop Online Centre | History 12-3 OP Shop Online Centre Library Loaves and | 16 History 10-3 OP Shop Online Centre Library Tree Planting | 17 |
| Op shop 9.30 to 2.30 St Marys GYM Email: Active4LifeDfvnh.org.au Christmas Party 23rd December - Fingal Rec Ground Tree Planting 16th December - Fingal Rec Ground | 18 | 19 Play Centre 9.30-2.30 OP Shop Online Centre Library | 20 History 12-3 Op Shop Online Centre Library Spinners and weavers | Library 21 Morning Tea 10am OP Shop Online Centre Library | Fishes 22 Valley Voice History 12-3 OP Shop Online Centre Library Loaves and Fishes | 23 History 10-3 OP Shop Online Centre Library Christmas Party | 24 |
| Fingal Valley Neighbourhood House 2022 | 25 | 26 House Closed | 27 House Closed | 28 House Closed | House Closed | 30 House Closed | 31 |

TREE PLANTING IN HONOUR OF HER MAJESTY,
THE QUEEN, ON HER JUBILEE

Come along and join us

Date: 16th December 2022 Time: 4-6pm Where: Fingal Football Recreation Ground

A competition is being held to select 4 children who reside in Fingal, to help with the planting of the trees.

To enter please draw or describe in 25 words or less what it's like living in Fingal. (ages 4-16)

Competition ends 9th December at 3pm



Activities for kids



Bus trip to Eastlands



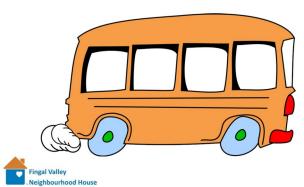
If you would like to go to Hobart for some Christmas shopping or just to get out and have some food and chat with people please join us!

When: 30th November 2022

Time departing Fingal: 8.30 am

Bus: \$5.00

Please RSVP to Shirley on 6374 2344 by Monday 28th November 2022



Funded by the Crown through the Department of Premier and Cabine

A NEW GENERATION OF SHOREBIRD GUARDIANS

80 Year 3-4 St Helens District High School students recently learnt about the plight of vulnerable shorebirds. With funding from the BOD Council's Community Grants fund, the North East Bioregional Network, partnered with Birdlife Tasmania, NRM North and the Tasmanian Parks and Wildlife to deliver an education program to the school.

On the first day, Discovery Ranger Fiona Hume gave interactive classroom presentations highlighting how our beaches are critical refuges for shorebirds and the threats shorebirds face.

With blue skies and light winds the following day, with local Ranger Kim Kliska also assisting, students enjoyed a field trip to Scamander and Diana's Basin beaches, where they observed a variety of shorebirds and seabirds. The students were very responsive to the organised beach activities and particularly enjoyed acting out the life-cycle of hooded plovers; foraging, egg laying and protecting their eggs and chicks.

The teachers embraced the opportunity and followed-up in class, encouraging the children to use their artistic and writing talents to express the experiences and learnings from the sessions.

The program aims to educate children and their families about the vulnerability of the many threatened shorebirds that live and breed in our area so they can become Shorebird Guardians.

We must keep shore birds safe because they are endangered. We keep them safe by keeping dogs on a leash because they will chase them away, by keeping your cats inside and even by keeping all vehicles off the beach. We must protect shore birds because they are getting trod on, eaten, smashed and their habitat has been trodden on by us humans! How would you like it if a giant trod on your house?! So that's why we should stick up for shorebirds. *Lily B.*







(Article and illustrations submitted by North East Bioregional Network)

B.O.N.E. - Bird Observers of the North East

Welcome to Bird Lovers!

In November we had to suddenly change our destination due to the closure of St Marys Pass, so apologies to anyone who waited for us in St Marys! Please ring the phone number below until you are on our emailing list.

We went to Blanche Point Beach and the training wall at the entrance to Georges Bay, where we were serenaded by cuckoos as soon as we stepped out of our cars. The bush behind the beach was alive with fantail and shining bronze cuckoos and lots of other bush birds, some of them unfortunate targets of the cuckoos! Along the beach were all the usual shorebirds but the exciting news is that the fairy terns have this year chosen Blanche Point Beach to nest. PWS have subsequently erected a fence to make it a no-go area to give these vulnerable little birds a chance to successfully breed this year.

The Birding Group meets on the first Wednesday of every month. Our next meeting will be on Wednesday 7th December, and we will be going to Binalong Bay. Meet at St Helens Bayside car park at 8.15am for an 8.30am departure, or 9.00am at the Binalong



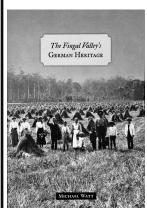
Fairy Terns nest just above the highwater mark, and both parents share incubation and care of the chicks

Bay tennis courts. Please bring some food to share for our end of year brunch and maybe a chair. Newcomers are welcome.

For further information contact Nat Walter: 0400 750 364

BOOK ABOUT THE FINGAL VALLEY'S GERMAN HERITAGE LAUNCHED RECENTLY

After a PowerPoint presentation about German settlers in the Fingal Valley held at the St Helens History Room in May 2021,



the author, Michael Watt, liaised with the curator of the St Helens History Room Kym Matthews, Diartist Graphic Design, Foot and Playsted printers, representatives of local history groups, the editor of the Valley and East Coast Voice, descendants of German families and other interested people to produce a book on the subject. Prospective attendees and purchasers of the book were contacted and lists of attendees and book purchases were prepared. This strategy assisted in planning the book launch and placing an order with the printer that included a surplus to meet anticipated demand. The outcome of widespread communication with these people was a successful book launch that attracted 55 attendees from New Zealand, other Australian states and Tasmania, on Saturday 22nd October at the St Helens History Room. Curator Kym Matthews opened proceedings. Former Deputy Premier David Llewellyn AM introduced the topic, then author Michael Watt gave a 20-minute presentation on the content of the book. Refreshments were then enjoyed by those attending, and the book was available to purchase, the author signing some copies.

Following the book launch, copies of the book were made available for purchase from St Marys Cranks and Tinkerers, Fingal Valley Neighbourhood House History Group and Avoca Museum and Information Centre. The author, printer and contacts at the outlets in the Fingal Valley completed sales of available copies of the book by mid-November. Two Hobart booksellers, Fullers Bookshop and Cracked and Spineless Books, have stocked copies for sale to the public.

Due to demand, Diartist Graphic Design produced an electronic copy of the book. Since no further copies of the first issue of the book will be printed, the electronic copy will continue to be available indefinitely for purchase from the author for \$40.00.



Positive responses about the scope and coverage of the book led to suggestions about producing a second edition. All individuals, who have purchased copies of the book, are invited to send feedback to the author to commence production of a second edition. Feedback could include factual, typographical or spelling errors. Photographs are also sought, particularly for families for which photographs have not been included in the book. Copies of the book are available for research at the following libraries and historical organisations:

National Library of Australia, Canberra, ACT 2600

Libraries Tasmania, 91 Murray Street, Hobart, TAS 7000

St Helens History Room, 61 Cecilia Street, St. Helens, TAS 7216

Fingal Valley Neighbourhood House, 20 Talbot Street, Fingal, TAS 7214

Avoca Museum and Information Centre, 16 Blenheim Street, Avoca, TAS 7213

Interested people seeking further information can contact the author

Michael Watt;

Address: 316 Churchill Avenue, Sandy Bay, Tasmania 7005

Phone: (03) 6225 1335

E-mail: michaelgwatt@outlook.com.au



ANGLICAN NEWS

Christmas Hampers

The Break O'Day Anglicans are gathering items for Christmas hampers to support those in our community who will find Christmas catering a difficult time. If you would like to support this venture, items maybe left at the Parish Hall any Thursday morning up until December 1st. Please ring Rev. Michael Wakefield for a list of ideas of what to give, on 6376 1144.

Christmas Carols

Come and enjoy singing some traditional carols. They will be held at St Helens will be on 11th December at 7.00pm, on the lawn at St Paul's Church, Cecilia Street, St Helens.

Then at St Marys in the church grounds on Friday 23rd December, at 6pm with a sausage sizzle as well. Please bring a chair and/or a blanket....just in case.



JOHNS FAMILY CHARITY GOLF DAY 26/11/22





3 Person Ambrose

26th Nov 2022 9.30am-10.00am Start

\$25 each entry includes BBQ lunch and afternoon tea

All money raised goes to Lifeline

Inquiries to Andrew Johns 127854555

ANNUAL GOLF DAY RETURNS

With golfers coming from all over the state to compete, the annual Johns Family Charity Golf Day will be held on Saturday 26th November 2022, at Malahide Golf Course.

"The first Johns Family Charity Golf Day was held in 2013 in memory of my father, Murray Johns, who we tragically lost to suicide in 2006," said Club Captain Andrew Johns. "Over the nine years we have held the event, we have raised money for Suicide Prevention Australia, Lifeline Australia and Lifeline Tasmania. In total we have raised around \$40,000 for these organisations."

Players assemble at 9.30 am for a 10.00 am start, and the day costs \$25.00 per player and which includes a great day of golf (three person Ambrose format), a barbecue lunch and afternoon tea.



Over 50 players enjoyed the Johns Family Golf Day in 2021.

This day is always very popular so make sure you get your entries in soon - call Andrew Johns on 0427 854 555 to register.

Open House and Garden

396 Elephant Pass Road St Marys

SATURDAY 25th November 2022 10.00am-3.00pm

\$5 Entry and \$10 Morning Tea Plants for sale, raffle prizes Break O'Day With One Voice Choir will be performing at 11.30am

Come and experience off grid living, see the bottle walls, flower garden and organic vegetable garden

All funds raised go to the Tasmanian Lymphoedema and Laser Therapy Centre

Enquiries to 0418 659 781



celebration with Art event Thursday 1 December 2022 9.30am - 1.30pm 215 Medeas Cove Road, St Helens

Everyone is welcome to attend; please RSVP by Monday 28 November for catering purposes Break O'Day Council - 6376 7900

idpwd.com.au





FREE BUS AVAILABLE FROM FINGAL **CALL 6374 2334 TO BOOK A SEAT**

| | | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|-----------------------------------|--------------|--|--|---|--|----------------------------------|---|--|
| STAR FM | Brekkie | Start your working week | Fruity and Loopy | I see Stars | Flashback Retro Breakfast | Muesli and Milk | Saturday's Sunny Side Up | Sunday Mornings It's time to get up |
| Program Guide | Morning | Star FM Get Sand between your toes | Flashy IN THE LAB with Dr Dave Community Interviews at | Sandsy Mary-Anne's Music Mix PLUS Real Estate Tips and Tricks at 10.30 with | The Flash Rhythm N' Reggae | Magilla Simply 60's | Manny "Get Happy" with | with |
| | | Sandsv | Dr Dave | Mary-Anne | Big Daddy Davo | PUGS | Angelina | Magilla |
| STAR FM Tosmania's Bot Music Mial | Arvo | Jackster's MUSIC BOX PLUS 'Pet Talk with Dr Andrew after 20m with lackster and | The Down Under Show | "Around the World" with your hostess | In the Shed | "Fresh and Fruity Friday's | A dose of Dr Dave PLUS Quizzes at 3 and 4pm with | Star FM's The 80's Zone |
| | Late Arvo | In the BACKSEAT with Astro or | 2 For Tuesday Request Show with | Something Fishy is going on | DR DAVES Travelling Medicine Show with | "Rock On" with | Dr Dave "The No 80's Zone" [everything except the 80's] The | with The Tone Big |
| | Evening | JAX Monday Evening | Neville's Country Corner | Fyshy That 70's Show | DR DAVE Thursday Nights | Jonno It's Friday Night | Tone The Party Pit Playlist | DaddyDavo's Blues Mix |
| | | With Star FM | and more with Neville | with Star FM | with Star FM | with Star FM | with Star FM | hosted by Dave |

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St Marys 7215

Hosts: Tony and Bronwyn

OPEN FROM 11.00AM 7 DAYS A WEEK NEW MENU NOW AVAILABLE

Dine-in and takeaway meals available

Lunch - 12.00pm - 2.00pm

Dinner - 5.30pm - 8.00pm

Pasta night every Tuesday

(Bookings preferred for all meals)

GUEST ARTISTS, SUNDAYS FROM 3.00PM

27 November Brooke Banderas4 December Jo King

YOUR FAMILY-FRIENDLY LOCAL HOTEL



The Say by the "Cage Rattler"



Here a few weeks ago I turned on the heater in my old Falcon as it was raining (imagine that!) and the screen needed demisting. Motor came on but cut out after a few seconds...did the usual and tried again, then again and again...nada. After figuring out (a bit slow on the uptake that day) that I had an issue, and after consulting Dr. Mechanic via the good old internet and wasting a couple of hours, I deduced it was the fan speed resistor, later confirmed by a real mechanic. So I rang Ford; unavailable at all Tasmanian dealerships, then to a couple on the big island, with same result - obsolete part.

The next day, I rang a host of after-market parts suppliers, and got the same blank and unavailable outcomes. It'd literally be easier to find hen's teeth... In the finish, I had to go down the wreckers/recyclers path and eventually hunted one up in Launceston, but it may or may not work, with no guarantee when I put it in. Granted, the car is 21 years old and the last Ford AU rolled off the assembly line 20 years ago, so it's not the first time we've had issues sourcing OEM parts, and I'm not the only one, friends with older cars have struggled too.

Which brings me to the topic of electric cars, inevitably on their way in a big way. In Great Britain in the year 2030, the last

fossil-fuel car will be built. There will be no more. I guess many European Union countries will be the same. I wonder will we follow suit. There are things out of this that I wonder about. Will it hasten lack of spare parts for petrol/diesel vehicles even quicker? I have no idea. Also, it's pretty well-known that with battery power comes additional concerns, at least as it is in 2022. First thing is how many people will be able to outlay for a decent EV and be also able to afford to upgrade house wiring to accommodate a personal charging port at home. It might take a while to have enough of a fast-charge network if that isn't an option. Then there is the lifespan of the batteries themselves. One of the major companies will need cars to have replacement battery banks around 8 years old. This a substantial cost to owners, and will offset the fuel savings with conventional cars. So most owners will need



to save up to do that, otherwise the cars will not be usable. Some say, though, that battery tech is ever improving, and the costs will reduce over time due to competition and demand.

Then there is lithium supplies. Lithium is important at present in current tech batteries, and lithium isn't cheap to find or mine. Again, maybe new-age batteries will circumvent that somehow...

Our old cars within the next 20 years may well become redundant and extremely hard to keep operating, so finding parts for them, like my old barge, will be only a moot point, but it'll be a while before an EV graces my driveway, so until then, there will be less OEM parts and more wreckers or swap meet parts changing hands, eh....

What do you think?

READERS SURVEY RESULTS

Thank you to everyone who completed our recent reader survey. We were pleased that over 80% of respondents viewed The East Coast and Valley Voice as a trusted source of local news, and many (72%) read the paper as a way to find out what is happening in their local community or to understand more about what issue affected them. Respondents showed interest in a broad range of our regular columns and articles, with The Cage Rattler, Fingal Focus and With One Voice Break O'Day popular items. Most respondents indicated they were keen for the traditional paper-based version to continue and would purchase fortnightly.

Some of the comments we received included:

"As a new resident in the beautiful Fingal Valley I find this a great source of information"

"Great work in sharing what is happening in the local area"

and suggested they would like to read "A few more Letters to the Editor"

We will take all the comments and feedback back to our team to ensure we continue to make The Valley and East Coast Voice relevant and interesting to our valued readership.

SENIORS WEEK 2022 - MY TRIP ON THE LADY NELSON

While browsing through the 'Senior's Week' magazine, I saw a bushwalking/sailing trip advertised, and thought, why not? Although I'm no sailor but an enthusiastic bushwalker, I was prepared to put up with seasickness for 3 days if I could get ashore and explore the coast of South Arm and the Channel area south of Hobart, which I hadn't visited since I was a teenager. So I booked and went along for the trip on Monday 16th - Wednesday 18th October 2022.

Well, what a wonderful 3-day holiday it was. The boat is fairly small, only 16 metres long and just over 5 metres wide, with three cabins, two tall masts and miles of ropes (rigging) and sails. This boat was built in 1988 as a Bicentennial Tall Ship, a replica of a boat which sailed in 1800 on a nine-month journey from England to Sydney. On boarding the boat, I found it hard to imagine how the crew and passengers weathered a 9-month voyage from England, cheek by jowl, and into the unknown southern land of Australia, on such a tiny boat.

The boat has three cabin spaces - the fo'c'sle, with 8 bunks at the front of the boat. (This was where I chose to sleep with the other 3 "guests" and 2 crew members). The middle cabin housed the kitchen/eating area, with more bunks there for the cook and crew members, and the aft cabin at the rear of the boat, where the master (captain), bosun and engineer slept. This also housed the



electronic weather and mapping equipment. The boat needs a minimum 8-person crew to sail it and we also had a crew member in training, a delightful 13-year-old boy. I was astounded to find that the crew were all volunteers. They were the friendliest bunch of people who couldn't do enough for us. They encouraged us to take part in all the sailing activities without the slightest pressure to participate, and were endlessly helpful in showing us things and answering our many questions with great patience.

The weather while we were on the Lady Nelson was just perfect - only a few showers on the first day as we motored out of Hobart, no wind to speak of, so not much sailing (to the crew's disappointment), then picture perfect weather for the following two days. Our first disembarkation was at South Arm to look at the area adjacent to the Iron Pot (the lighthouse in the Derwent River). When we returned to the boat for a hearty lunch (all the meals were tasty and plentiful), we did go under sail for about an hour just to give us the full experience of a sailing ship, but after that returned to the motor, with the crew disappointed we didn't get more wind.

We then motored on to North Bruny Island, overnighting at Quarantine Bay, and rose early for a walk up to the Quarantine Station to read about the history there. In the afternoon, we had another lovely bushwalk on the Sugarloaf Hill track at Randall's Bay round from Cygnet, where Bob Brown now lives, they tell me. This was a change to the original route, as they were looking for the breeze so they could hoist the sails again. But it was not to be, as there was another change of plan on Tuesday evening!

There had been a systems problem which the engineer and bosun had tried hard to fix, to no avail. It was decided to motor back to Hobart that evening. That didn't bother us four guests one bit. We had a fun time playing crib that evening, then sleeping peacefully in our bunks, while the crew had to take turns on watch, and wrestle with all things nautical. We docked in Hobart at 2.30am Wednesday morning. The starry skies through the rigging and the lights of Hobart and on the Tasman Bridge were just magic!

Then the crew came up with the great plan of driving us up Mount Wellington so as to not cut our trip short. Weatherwise, it was a day out of the box, surely one in a thousand on the mountain, as it was a clear, mild and sunny day (even very warm off the actual pinnacle). We walked down the Organ Pipes Track with the panoramic views laid out in front of us and down to the Springs. It was a great way to round off the trip and see where we'd 'sailed' out along the Derwent, with South Arm and Bruny Island clearly visible. All the alpine and lower slopes wildflowers were in bloom everywhere, so that was another highlight of the trip for me. I hadn't thought of Spring flowers when I booked the trip, just took the chance with the boat and the weather, and was certainly well rewarded with a wonderful 3 days.

However, in case you don't think I was actually on a sea voyage (!!), I did also enjoy the experience of seeing how the sailing ship worked and the teamwork it requires to hoist and lower the sails and change direction, all done with precision. I even learned one thing nautical, how to coil and secure a rope correctly, (that would have been a handy skill when I worked with long electrical extension cords in my former job, which always seemed to be in a tangle.) I declined the offer to climb the rigging and out onto the bowsprit, which the other guests did. Climbing over the side and down the metal ladder to the rubber ducky in bare feet with my boots strung round my neck was scary enough for me! It was an unforgettable trip and the 9 crew members were so friendly and nice; they couldn't do enough to make our trip pleasant. Having compatible and fun fellow guests was also a bonus, as well as the terrific crew, because naturally on a small boat with less than spacious sleeping quarters, there was a fair bit of "togetherness"!

(Continued next page)

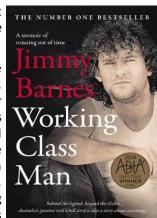


MOUNT ELEPHANT AND BEYOND BOOK GROUP BOOK REVIEW

Written by Pam Bret≈

"Working Class Man" is the 2017 memoir of Jimmy Barnes and is the sequel to the 2016 account of his horrific childhood titled "Working Class Boy". Apparently a third instalment is in the pipeline!

Our book for the month picked up where Barnes at 17 leaves his dysfunctional family in Adelaide and joins up with the pub rock band Cold Chisel. They set off on tour through other states, becoming one of the most popular bands of the era. At nearly 500 pages long, this is a book for Jimmy Barnes fans and those interested in the world of rock bands. He wrote this book as therapy and in it he unflinchingly details, it seems, every pill he popped, every drink he swilled and every sexual adventure he had along the way. Full of the names of all the musos he met, the hotel rooms he woke up in, the conversations he had with people, it is amazing that he had such clear recall of the details, considering the state of inebriation and drug fog he apparently lived in. The stamina of the man who continued this behaviour for decades while performing a punishing schedule of concerts is incredible. Of course it finally caught up with him and he suffered serious heart problems.



This book won Biography of the Year at the Australian Book Industry Awards for the second year in a row, so there is obviously great admiration for his raw honesty. In order to fully understand his excesses you apparently need to read his account of his childhood in his first memoir, but most in our group did not find the stamina to completely read the second!



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MY TRIP ON THE LADY NELSON (continued)

So, hats off to the great volunteer crew on the Lady Nelson. Day trips are also available, so after reading this you may be tempted to sail with them. If you do, I hope you enjoy it as much as I did!



SUNCOAST SPINNERS AND WEAVERS



Our monthly spinning, knitting and weaving group met on a cold and blustery day at Fingal Valley Neighbourhood House last week. There were only seven of us but, even so, we had a most enjoyable day, with lots of craft work being done while chatting to plan our Christmas meeting, and catching up with everyone's doings. As usual, there were several members

spinning fleece and other yarns, knitters doing socks and crawling booties, and our resident basket weaver working on an elegant pillbox hat. (By the way, Helen is running a basket weaving course next Tuesday, so ring FVNH to register - 6374 2344.)



Our Christmas meeting will be held on Tuesday 13th December in the Falmouth Hall, from 10.00am till 2.00pm. We hope that everyone will be able to attend and bring along the projects they've completed or are working on, for show and tell. We share a Christmas lunch, so bring along a plate, plus a gold coin to contribute to the cost of hiring the hall. Everyone is welcome to come to our last get together for 2022.

We'd like to take this opportunity to thank Shirley and FVNH for providing the venue for our meetings throughout the year. We certainly appreciate having the use of the room and facilities, as well as access to the best value Op Shop in the district.



Helen's work in progress, a pill-box hat.

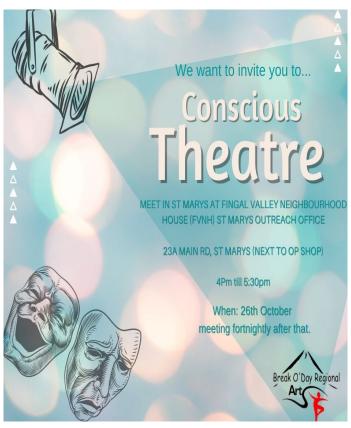
We'd like to wish everyone a very happy festive season and a good year ahead for 2023.

Suncoast Spinners and Weavers

Our group is affiliated with the Handweavers, Spinners and Dyers Guild of Tasmania and meets on the third Tuesday of the month at Fingal Valley Neighbourhood House from 10am - 2pm, (except for December when we meet on second Tuesday at Falmouth). Members have a wide range of skills so are always happy to see new members and help them to learn new crafts. So please feel welcome to come along and try us out if you are looking for a new interest and new friends. We bring our own lunch but morning tea is provided, and bring a gold coin donation towards the cost of hire of the venue.

Ring FVNH on 6374 2334, or Megan on 0418 881 315 for further details.





BICHENO CHURCH OPEN FOR CELEBRATION

The Bicheno Community Church will be celebrating its 140th Anniversary on Saturday, 10th December 2022, with an Open Day, where patrons young and old can enjoy Devonshire Teas, children's games and activities, and History displays in the Church. Official Welcome is at 11.00am.

Below is a little bit of information regarding the history of the Church, and its importance to the Bicheno Community during those 140 years...

In 1857, Dr James Edward, resident medico at the Bicheno coal mines, called a public meeting to raise funds for the erection of a church. The effort failed. However, in 1879 the Reverend James Scott, of St Andrews, Hobart, visited the area. He soon realised that there was an urgent need for more regular services in this outlying community.

During 1881, a meeting was held to discuss the possibility of providing a church in Bicheno. It was erected with funds raised by members of the Anglican and Presbyterian churches, and exactly one year after its inception, on 10th December 1882, the people of Bicheno gathered to celebrate the opening of Bicheno's new Church.

The contract, which had been put out to tender, was won by Mr Alfred Allan, carpenter, assisted by cabinet maker, Mr William Thornbury. The church was a wooden structure built on a solid granite foundation with an estimated cost put at £150.



Opening Day, 10th December 1882

People came from all over the district to attend services and social occasions, such as tea gatherings. One such

gathering was described in the press in February 1898. - "People travelled over thirty miles to enjoy a cricket match between Bicheno and Cranbrook, tea in the church and later a concert, followed by dancing at Mrs. Hill's residence."

At the turn of the century, it was found that there was no official evidence of ownership of the land on which the church was built. A formal identification of ownership was drawn up indicating that the Church property at Bicheno had been held in the names of Henry Harvey, Henry Marshall, Roger Marshall, H Tremble and H Hull as Grantees since 1881 and was transferred to Alexander Webster and James Wright of Launceston, Donald McKinnon of Evandale, John Macfarlane, James Murdoch, David Johnstone, and John Ross Johnstone all of Hobart, as trustees for the time being, of the property of the Presbyterian Church of Tasmania. The document was dated December 10, 1902.

Maintenance became necessary during the 1920's, when it was recorded that Walter and Clarrie Quinn replaced the shingles on the roof with corrugated iron. Most of the upkeep of the church building was carried out by working bees.

The late 1940s witnessed the first 'Blessing of the Fleet.' Initially the service was

conducted in the Church. In later years, the ceremony was transferred to the Gulch, where Arnold White's fishing boat was used. Miss Allen's little pedal organ was carefully transferred to the site and participants joined in singing appropriate hymns.

- In 1964. Mr and Mrs Mitchell of Launceston presented the Church with a bell which they had purchased in an antique shop in Edinburgh. Gordon Amos of 'Gala' Cranbrook gave a tray and communion glasses.
- In 1975 it was agreed that Roman Catholic services should be held on the first Sunday in each month.
- ♦ The aim of the Women's Committee to provide a vestry was realised in 1976.
- ♦ The Wall of Remembrance at the Church was erected with the help of V. Preece and G Gamble in January 1981.
- Restoration work was completed in 1988, and included the replacement of the original organ with an electric one.

The Uniting Church in Australia (UCA) was formed on June 22, 1977, as a union of three churches: the Congregational Union of Australia, the Methodist Church of Australasia and the Presbyterian Church of Australia. However, it was not until approx. 2016 that the Uniting Church took over the running of the Bicheno Church. General upkeep and maintenance are, however, still undertaken on a largely voluntary basis, most notably by steward Mrs Helen Gamble, to ensure that the Church and grounds are at their best for ceremonies such as weddings, baptisms and funerals.

(Article and photographs courtesy of Sallie Brockman, Bicheno)



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Saturday 11am - 4pm

St Marys Tip Shop

Tuesday and Thursday 11am - 3pm

Sunday 2pm - 4pm



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ANSONS BAY - North Ansons Bay Road

Open: Wednesday 12pm to 4pm Sunday 10am to 4pm

12pm to 4pm on Mondays of long weekends

PYENGANA - Tasman Highway

Open: Wednesday 9am to 12pm Sunday 2pm to 5pm

<u>ST HELENS - Eagle Street (includes recycling)</u>

Open: 10am to 4pm every day

SCAMANDER - Coach Road (includes recycling)

Open: Tuesday 10am to 4pm Thursday 10am to 4pm Sunday 2pm to 5pm

ST MARYS - Gray Road (includes recycling)

Open: Tuesday 10am to 4pm
Thursday 10am to 4pm
Sunday 2pm to 5pm

FINGAL - Rossarden Road

Open: Tuesday 10am to 4pm Thursday 10am to 4pm Sunday 2pm to 5pm

Charges apply at all waste transfer stations - please see sign at entrance.

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St Helens - 117 Tully Street, St Helens
St Marys - Harefield Road, St Marys
Fingal - Talbot Street, Fingal

No charges apply to use black water dump points.



SCAMANDER GARDEN CLUB



The Scamander Garden Club met today for our last meeting of 2022, and some will gather for a Christmas Lunch on Monday 12th December, at the Scamander Sports Complex from 1.00pm for 1.30 pm start. The cost is \$25.00 for members and \$35.00 for non-members. Please contact the complex if you have a special dietary order.

I was excited to see three of my photo submissions were accepted and are in the 2023 Beautiful Gardens Calendar. All of the pictures were taken in our garden, and they are fillers, so no prize, but a good result for our club.

I waltzed around the garden picking red, white, and green with a touch of gold here and there to create this month's floral art with its Christmas theme. I came second. I've asked Sandra Flannery, who came first, to assist me in representing our club at

the International Disability Day event on Thursday 1st December at Sue's home at 215 Medea Cove Road, in St Helens, from 9.30am - 1.00pm. People with disabilities and/or their carers are welcome, and as well as our floral arrangements, there will be painting and mosaics.

We had some magnificent flowers at the meeting today. A glorious Lilium stem came first for Charlie and Lucy Smith, and we loved having them back with us after such a long battle with health issues. Charlie gave masses of donations to the stall. I got to take some dahlia bulbs home too. There was a magnificent poppy that was huge.

We are excited to have such a diverse and helpful group of gardeners and those who just love their fruit, flowers, and vegetables. We had a guest speaker today. What did he bring? Not a basket of flowers of every array, but a bucket of weeds. You heard me; a bucket of WEEDS. He said we can pay him to get them out of our gardens, as this is the kind of work he does. So, who is this chap? He introduced himself as Murray, and he can be contacted at Yowie Conservation and Landscapes for all your gardening and land management needs. And I mean ALL, as Murray told us of his studies, travels, and work placements; he also spoke of pruning, mowing, doing veggie beds, and bushland conservation among other things. You do have to



The Christmas arrangement by Sandra Flannery took first prize in the category.

pay him as he needs to eat too, but it is his passion and so you will get a good service for your money. Contact Murray on 0455 588 574.

What a delight, people are in for a real treat when they go to Bryon and Neville's Garden Party at St Marys, this Saturday 26th November.

Todays competition Results:

Flower of the Month: 1st Charlie and Lucy Smith 2nd Marj Aulich 3rd Sally McQueen

Any Flower: 1st Sally McQueen 2nd Tennice Ticehurst 3rd Maureen lloyd

Floral Art: 1st Sandra Flannery 2nd Peggy Bogar 3rd Tennice Ticehurst

Fruit and Vegetables: 1st Tennice Ticehurst 2nd Peggy Bogar 3rd n/a

Next meeting: Monday 16th January 2023 at 1.30pm

See you in February!

Peggy Bogar, Secretary



We meet at the Scamander Sports Centre, on the third Monday of each month. Doors open at 1.00pm for a 1.30pm start. Cost per meeting is \$2.00, with raffle tickets being 50 cents each. Please bring a plate of finger food to share. Judging of flowers, fruit and vegetables each meeting.

Enquiries - Peggy Bogar, Secretary. Phone 0459 027 306



BREAK O'DAY

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St Paul's: 9.30am every Sunday

58 Cecilia Street, St Helens.

St Marys

Holy Trinity: 10.00am every Sunday

13 Main Street, St Marys.

Pyengana

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28007 Tasman Highway, Pyengana.

Enquiries: 6376 1144 or Facebook: anglicanbod

ST MARYS CATHOLIC PARISH

WEEKEND MASS:

ST HELENS: Saturday 5.00pm

> Sunday 4.00pm

ST MARYS: Sunday 9.00am

1st Sunday BICHENO: 11.00am

2nd and 4th Sunday FINGAL: 10.30am

.....

WEEKDAY MASS:

ST MARYS: Friday 10.00am

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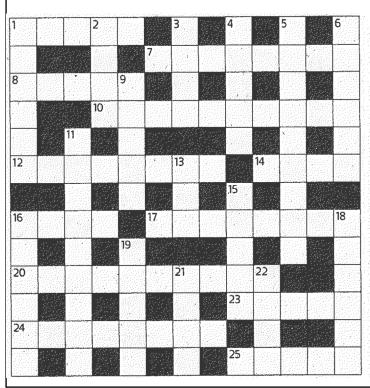
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Crossword 54.21



ACROSS

- 1. Sanctify (5)
- 7. Marlene _ _ _, German actress (8)
- 8. Ben ___, Scottish
 - mountain (5)
- **10.** England's Rugby Union ground (10)
- **12.** Vanessa ____, actress (8)
- 14. Madcap (4)
- 16. Concoction (4)
- 17. Skilled performer (8)
- 20. Sorcery (10)
- **23.** Night _ _ _ , Bee Gees hit (5)
- 24. Star of Dirty Harry (8)
- **25.** Greatness (5)

DOWN

- 1. Golfing hazard (6)
- 2. Set of cards (4)
- 3. Light metal (4)
- 4. Scatter (5)
- 5. Stubborn (3-6)
- 6. Ragtime dance (6)
- 9. Under oath (5)
- **11.** Publicise (9)
- **13.** Irritate (3)
- **15.** Explode (2,3)
- 16. Man's hat (6)
- 18. Prickly (6)
- 19. Exhibited (5)
- **21.** Chess piece (4)
- 22. Small waterfowl (4)

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ST HELENS WALKING GROUP



Beginning October, we are back into our two-Saturdays-per-month season, summer is not far away!

Given that the previous Wednesday walk was a long one, from the Blue Tier to Weldborough, the walk on **Saturday 1**st **October** was a shortish one, destination Mt Young. Mt Young is the rocky prominence that you see on the left from the Argonaut Road. The group last went there about three years ago. Only five of us, but it was a beautiful day. We spent quite a bit of time on top having a late morning tea; Alex took a ladder to help the oldies get to the top much easier. We finished off our lunch in a very pleasant clearing in the sun just before we arrived back at the vehicles. Thank you Alex for leading the walk and bringing the ladder!



The walk on **Wednesday 5th October** was by lan and Alex, who led eight walkers to the summit of Mt Nisbet, near Goshen. Walkers drove up to the Siamese Saddle, to gain some altitude, and walked from there. There was a rough track some of the way, the going was a little rocky in places but not difficult. On the summit there was a small plaque commemorating the Nisbet family, early settlers at Goshen. From the summit walkers had a choice, return to the cars or continue down the other side to emerge near Terryvale. Walkers were back in town about midday. Thank you to Alex and Ian for leading the walk, and to Pip for assisting with ferrying walkers.

On **Wednesday 12th October**, the walk was an easy one, led by Pam. We started at St Helens Neighbourhood House at 9.00am and walked down to the track around the Bay, across the bridge and around to Parkside, where we decided whether or not to continue on to check out the new extension of the track beyond the scout hut, or to stop for coffee, or do both! Of course we did both! Flat walking on a made path with no need to hurry.

This Saturday walk on 15th October saw six walkers head north to walk around Cape Naturaliste on the northern reaches of



the East Coast. A car shuffle was arranged between the start of the walk and the end of the walk at Stumpys Bay, where there are about 5 camp spots. A detour was necessary heading out from St Helens, as the causeway at the Ansons River was closed due to water over the road, so we travelled via the Tebrakunna Road onto the Gladstone Road and then north to Musselroe. Rain threatened all day really but didn't eventuate during the walk. The seas were high with thundering surf and lots of detritus to be explored along the beach. Lunch was taken in a small hollow in the first dune



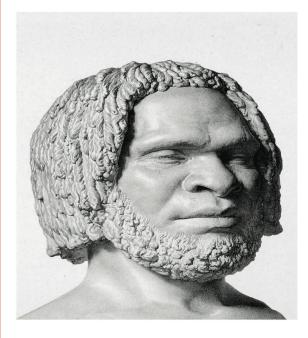
system just south of the Cape headland. Walking was quite hard at times with little beach to follow, sometimes resorting to the first dune. Nonetheless, a very enjoyable walk with convivial company and plenty of conversation about all manner of things! The walk covered 6.9 kms – a healthy 12,000 steps according to the phone pedometer! Thank you Alex for leading the walk.

Wednesday 19th October - This Wednesday walk was led by Susan B and was a loop walk, including the Skeleton Bay track to Australia Rock, just beyond Binalong.

Hats are now required for the onset of UV radiation getting high. Do we forget the raincoats just yet? Probably not.... Thank you Sue B for this interesting walk.

On **Wednesday 26th October**, unfortunately the walk had to be postponed due to heavy rain. Although the weather over these few days looked perfect for visiting a waterfall at the end of the Irish Town Road, rainy on Tuesday and not too bad on Wednesday, that meant that there would be a good flow of water coming over the falls. However more rain fell than was forecast so the walk was abandoned. Perhaps can be revisited for a later time. Thank you Alex for planning this walk.

St Helens Walking Group - Residents and travellers in St Helens and surrounding districts are welcome to join in the walks. Have \$2.00 ready for the driver if you want to car-pool, and be at St Helens Neighbourhood House carpark beside the Men's Shed, by 9.00am on a Wednesday or on the 3rd Saturday of the month for a longer walk. (\$5.00 for carpooling on Saturday walks). For more information contact **Pam Bretz on 0439 547 529 or Alex Buchanan on 0428 287 753**



Mannalargenna Day Festival

The Directors and Circle of Elders of Melythina Tiakana Warrana Aboriginal Corporation are delighted to invite you and your family to join us

On Saturday 3rd December 2022

at Tebrakunna/ Little Musselroe Bay please note the location is towards the Little Musselroe beach, venue on the left hand side just prior to the turning circle.

Taster plates will be available but please consider bringing other options, as there will be limitations, particularly to special dietary requirements.

This is a respectful, family-friendly and culturally safe event. All are welcome. No alcohol or drugs permitted.

Further information will be available: MTWAC Facebook page and via website by mid November, 2022. Ph: Jo 0488008999 (south) or Melissa 0499518536 (north)

Hosted by Melythina Tiakana Warrana Aboriginal Corporation, the annual Mannalargenna Day Festival starts at 9.00am on Saturday, 3rd December 2022.

Held in conjunction with Musselroe Bay Windfarm - Woolnorth Renewables, the day will enable visitors to witness traditional Aboriginal ceremonies, and take part in a variety of activities. An exhibition of artworks by Tasmanian Aboriginal artists will be opened by the Governor of Tasmania, Her Excellency Barbara Baker AC, and musician Tasmanian Young Australian of the Year Kaytlyn Johnson will be performing throughout the day. Cultural foods will be available for lunch, followed by a forum facilitated by Professor Greg Lehman from the University of Tasmania, titled 'Voice, Treaty and Truthtelling'.

Young people will be able to make a Mutton Bird puppet and participate in a Trash and Treasure Gathering on Tebrakunna Beach, which will be patrolled by the Bridport Life Saving Club.

Bus tours of the windfarm, Snakes Alive display and Sand Sculptures on the beach will also feature.

Entrance is by donation of a gold coin, and a raffle will be drawn at the end of the day, with prizes including cultural items and art products.

(Information provided by MTWAC)

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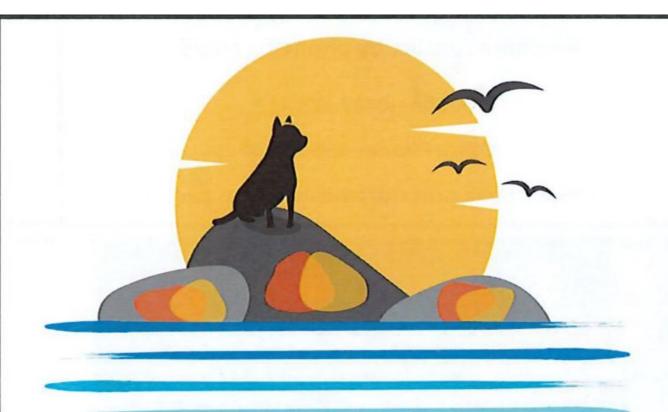
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IN THE KITCHEN WITH KIRSTEN



Christmas is coming! Can you believe it is time to start preparing for Christmas, that puddings can be made well in advance. and that a gluten-free one can be frozen? I strongly recommend you get onto it now.

The gluten-free pudding is a wonderful blend of flavours, and whilst it is a bit different texturally, it's a fine pudding. Remember if you get a chance prior, soak the fruit in some nice brandy or alcohol of your choice. A good 'Pedro Ximinez' is particularly special. It certainly makes for a nice pudding.

Gluten-free Sago Christmas Pudding

By Kirsten Bacon

<u>Ingredients</u>

Melted butter, for greasing 250ml (1 cup) milk; can use almond, soy or rice 100g (1/2 cup, firmly packed) brown sugar 90g butter, diced 50g (1/4 cup) sago 1 tablespoon rum or brandy 1/2 teaspoon vanilla extract 1 teaspoon bicarbonate of soda 1 tablespoon milk or soy drink, extra 120g (1 cup, firmly packed) fresh gluten-free breadcrumbs 165g (1 cup) mixed dried fruit 1 egg, lightly whisked

Method

1/2 teaspoon mixed spice

- 1. Brush a 1.25 litre (5 cup) pudding basin with the melted butter to lightly grease.
- 2. Bring milk just to the boil in a medium saucepan. Remove from heat and add the sugar, butter, sago, rum or brandy, vanilla essence and spice. Mix well, cover and set aside for 10 minutes.
- 3. Combine bicarbonate of soda and extra milk in a cup and stir until bicarbonate of soda dissolves. Add to the sago mixture and mix well.
- 4. Combine the breadcrumbs and dried fruit in a medium bowl. Add the sago mixture and egg and mix well. Spoon the mixture into the greased pudding basin and smooth the surface.
- 5. Cut a piece of non-stick baking paper and a piece of foil large enough to cover the top of the basin and overhang the side. Place the foil on top of the paper and make a pleat in the centre. Place over the pudding basin, foil-side up, and tie firmly with unwaxed white string to secure.
- 6. Meanwhile, place an upturned saucer on the base of a large saucepan, or a lid if you have lidded pudding basin. Quarter-fill with water and bring to the boil over high heat.
- 7. Add the pudding to the pan, ensuring the water comes about 2/3 up the side of the basin. Reduce heat to medium-high, cover and boil, replenishing the water as needed, for 2 hours or until a skewer inserted into the centre of the pudding comes out clean.

My advice is to ensure your pudding is cooked enough. It is so important to ensure you cook it well prior to storing and then on the day for a minimum of 2 -4 hours on the stove. People often ask if you can microwave it on the day, and yes, you can if that's what you prefer. I am also asked if can you cook it in a slow cooker. Well, yes you can. Place the wrapped pudding into the slow cooker. Pour in enough water to come two thirds of the way up the sides of the pudding bowl. Cover and cook on HIGH for 5-7 hours. Re-heat pudding by placing pudding in fresh water on HIGH for 2-3 hours prior to serving.

And when the pre-Christmas parties start, here's a quick, healthy snack to take along...

Christmas Tomato, Basil and Bocconcini Santas

12 cherry tomatoes 12 fresh basil leaves

12 Mozzarella balls

Thread a tomato onto a toothpick or short skewer. Thread a basil leaf on top of the tomato, and arrange so that it looks like a collar. Add a Mozzarella ball on top of that, then drizzle 2 tbsp olive oil over all the Santas. Transfer to a serving platter and serve.



Have an awesome day and Thankyou

Don't forget to Subscribe, Like and follow for more exciting food stories.

Kirsten Bacon

https://www.youtube.com/channel/UCs7TNBH6Wi1NjOcY4E929Wg/featured

https://www.facebook.com/thekingboroughcook/



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Wall mounted inside the foyer, available during open hours.

St Helens Football Club

Located inside the club rooms.

Scamander Sports Complex

On the wall just inside the dining room doors.

Falmouth Community Centre - 24hr access

Wall mounted outside Morrison St entrance.

Four Mile Creek - 24hr access

18 Four Mile Creek Road, pole mounted right-hand side of property.

St Marys District School

In the swimming pool enclosure, available during pool hours.

Fingal Valley Neighbourhood House - 24hr access

On the wall outside the front door.

IN AN EMERGENCY CALL 000



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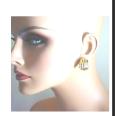
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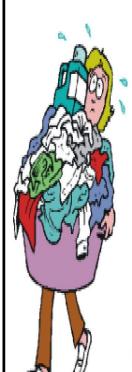
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Active4Life Break O'Day

Fingal Valley Neighbourhood House Inc supports a range of activities to promote health and wellbeing across the local area.

St Marys Active4Life is based in the community gym at St Marys Recreation Ground. The Operating Hours are 6.00am - 10.00pm, 7 days per week, 365 days a year. New members always welcome.

St Helens Active4Life programs are held
Monday and Thursday mornings, with fitness
circuit classes. New participants welcome subject to availability. Email
Active4Life@fvnh.org.au for more info.



St Marys Active4Life Timetable version 7.2.2022

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------|--------|--|---------------|--|-----------------------------------|-------------------------------|-----------------|
| 9am | | | | Group Fitness Session 1 9-10.30am | | | |
| 10am | | Fitness Training 10—11.30 Session 1 | | | | Body Pump 10-11am | |
| 11am | | Fitness Training | | Group Fitness Session 2 11-12.30pm | | | |
| 12pm | | 11.30-1pm Session 2 | | | | | |
| 1pm | | Fitness Recovery 1-2pm | | | | | |
| 2pm | | RFDS Exercise Physiology | | RFDS Exercise Physiology | | | |
| 3pm | | 2-4pm | . Body Pump | 2-4pm | | | |
| 4pm | | | 3:30pm—5.00pm | | | | |
| 5pm | | · | | Yoga | | Contact us E: Active4Life@ | fynh org au |
| 6pm | | Youth & Adult Boxing 5:30-7pm | | 5.15-6.30-pm | Strength & Fitness 5:30pm –7pm | Or Find us on: | viiii.org.uu |
| 7pm | | | | | | (5) Active4Life (| Gym Break O'Day |





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WITH ONE VOICE BREAK O'DAY CHOIR

Feel Good, Do Good, Sing for Good!



The weather forecast for Sunday 13th November, our 'Reconnect and Sing' date at Pyengana, was atrocious! However, it did

not deter our mighty band of singers. Our intrepid leader picked up the Fingal Valley Neighbourhood House community bus and drove our valiant Valley members down through the gravel Esk "Highway" to rendezvous with our Calows Coach and driver Craig at Scamander. Craig did an amazing job, picking up at stops through to St Helens and then onwards to arrive bang on time at the Pyengana Recreation Centre. We were very happy to welcome new Break O'Day councillor Ian Carter to our event. Our conductor Lila had some rhythm and movement ditties as warm-ups that will be great for us to share with the little people in our lives. Whilst we were singing and having heaps of fun, Craig pitched in to help Bronwyn Z and Liz assemble and present the choir-made feast. There was a big flurry of washing up and packing away before climbing aboard and departing for home. We were a little late, but everyone had had a wonderful day despite the rain.

The next day, two committee members attended the annual meeting of our Community Bank, St Helens/St Marys Bendigo Bank, where we were presented with a cheque to support our continuing efforts to make our activities available to the whole community. We extend our heartfelt gratitude to Bendigo Bank for their continuing support.

A group of our singers will be attending the Open House and Garden Party at St Marys Saturday 26th November - a fundraiser for the Tasmanian Lymphoedema Centre.

As always, "Thank You" to the community organisations and businesses that help us to do what we love doing, building community through song: Break O'Day Council, St Helens Hospital Auxiliary and Tip Shop, Calows Coaches, Fingal Valley Neighbourhood House and Bendigo Bank.

Our choir sessions are held at the Scamander Sports Complex, 1 Old Coach Road, Scamander on Tuesdays, 5.15-6.30. For more information, contact Liz on 0439 001 533.



Remote-control flying every Sunday at 145 Reids Road, Priory (St Helens) from 9.00am. Visitors welcome.

Phone Paul on 6372 2529 for more details.



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MEMBER FOR
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FISHING REPORT By The Happy Hooker



Hi everyone,

November is the month when both fresh and salt water fisher folk will hit the waterways.

In the salt, those people who will be drowning their cray pots will be rewarded with the anticipation of some lovely crayfish; these tasty crustaceans will be adorning many a Christmas lunch dinner table, along with prawns and other seafood.

The recent rain has unfortunately made Georges Bay and Scamander River dirty, but hopefully the weather takes a turn for the better and the rain can stop for a while.

In the fresh water, one local angler fishing the South Esk River at Fingal caught and released some nice-sized trout on soft plastic and hardbody lures, before the river once again turned a very muddy colour with the recent floods. A report of a nice fish taken on the lower Break O'Day river was nice to hear, and hopefully we get a few nice mornings and the river to return to its banks, and have a chance to catch a fish from this previously famed waterway.

Lake Leake trout should soon be switching to the baby perch fry for food. When the trout start feeding on perch fry, normally around the end of November into December, it is an exciting time of the year, as you can be sitting in the boat with everything nice and quiet when all of a sudden, the water erupts with fleeing perch fry, and following them, a large trout absolutely smashing the water in the hope of catching a feed. Fishing for perch fry feeders can be frustrating, as they lock onto the tiny natural resource, but in past seasons we've had success with three green and white small flies (something you would use to catch a salmon on). The technique is to cover a slashing fish quickly with five or six quick long strips and pause - and be ready to have the rod taken out of your hands on the pause! Local Lake Leake residents and anglers really love this form of fishing. Lake Leake water was clearing up nicely, but unfortunately I would expect the recent rain would have made the water dirty again.

Fishing reports

<u>Lake Leake, 1st November</u> Headed up hoping for a dun hatch or some form of fly life, but despite a few duns hatching, no fish were taking them. Decided to do a spot of drift spinning and caught one lonely brown trout.

<u>Lake Leake, 7th and 8th November</u> Went up once again, few duns but no fish on them, so tried spinning but no fish boated.

Evercreech Dam, 9th November Went up before daylight in the hope of a Caenidae mayfly hatch, but no signs of any fly life or feeding trout. About 10.00am, I went to the local water known as Lake Lucy with the expectation of a red spinner hatch and feeding fish on them. Fishing Lake Lucy for me is more about tradition than catching fish; in times past, many local and interstate fishermen used to fish our waters and Lake Lucy is a water that I was lucky enough to fish with some local identities such as Alf Bosworth and Ron Bean many times at this time of year, and it was relaxing to sit on a sag and watch the red spinners dance around the reeds as their ancestors had done in the past, and reminisce on the times spent with our past fisherfolk. Nature produced a lovely warm, still, morning, perfect conditions for a spinner hatch and the insects played their part, but no fish were seen feeding over the two hours spent just sitting and waiting for movement. Went home for lunch and returned at two o'clock just in case the fish were going to move during the afternoon, but again no fish seen.

South Esk River, 10th November At daylight, there were a few Caendis and small midge hatching and on the water, and small brown trout were taking them off the top, but no better-sized fish were noticed feeding. 10.00am, back to Lake Lucy, still no fish chasing the red spinners, so I called into Giles Bridge, where a few better-sized trout were jumping after red and black spinners flying over the water. As most fly-fishers will know, jumping fish can be very frustrating at times, as they tend to lock into the natural spinners and will be very hard to entice to take your fly at times; as well, when they jump, they move out of the area quickly before moving back to jump again.

Lake Leake 11, 12, and 13 November Arrived around lunch on 11th, and headed across to the western side of the lake out of the northerly wind, where a nice few spinners were flying around the sheltered shores with small fish jumping after them. A better fish was noticed sipping fly-life off the surface in the shallows, and a set-up of a shaving brush with a brown nymph dropper was sent into the area. The fish had no hesitation and cruised over and ate the brown nymph, and a few smaller trout were taken during the afternoon.



The 'brown nymph' fly is a very useful piece to have in the fly box.



FISHING REPORT By The Happy Hooker



12 November; I had a friend from Queensland, who is an avid fisherman, came down for a few days fishing, with the main mission to catch a wild trout on a fly, and that was the whole purpose of the trip. He has had a few trips with us before but couldn't quite master the fly rod. Graeme went away and had some casting lessons and returned full of confidence. Right out on the water at daylight, but it was a cold windy day and a thunderstorm during the afternoon had us off the water and so we spent the afternoon talking and socialising.

13 November; once again up early and saw a few in the wind lanes despite not a lot of fly-life. At 9.00am, we came in for breakfast and to prepare for a dun hatch, then back out around 11.00am and headed up into the snowy area, with the mission of catching a trout for Graeme. A set-up of a possum emerger with a brown nymph dropper was sent out onto the water with a nice dun hatch starting to get going and fish feeding on them, when I noticed Graeme's flies disappear and a call to hook, which Graeme did, and lo and behold!, a nice Brown trout jumped; somehow this fish had slashed at the dry fly and the dropper had hooked into the trout's tail. This trout was taking a bit of handling and eventually pulled the hook after getting him to the net a couple of times, but not to be beaten, we set Graeme up again, and a nice little rainbow was kind enough, or took pity on Graeme, to eat the flies and make Graeme's fishing world complete. Some photos were taken and the fish was safely released until next time.

<u>Arthurs Lake, 20 November</u> A trip up the hill was on the cards, so we decided on going into Hydro Bay at Arthurs Lake. A strong northerly wind was blowing and a little bit of shelter was found along a piece of shore. We were only wading, throwing hardbody lures around, and eight nice plump golden Arthurs Lake brown trout came to the net in a couple of hours fishing, we then went around to Penstock Lagoon for a dun hatch. We walked out onto the water to be greeted by a nice dun hatch, but not many fish on them.

WHY DON'T! TAKE

ARE LONGER

Until next time, stay safe.

LET'S TAKE A SELFIE

BRIDGE





Alex lives locally in Bicheno and is available to assist clients with all legal matters. Appointments are by arrangement in Swansea, Bicheno, St Marys and St Helens. With nearly 15 years' experience working as a Barrister & Solicitor in Tasmania and Western Australia, Alex is your local lawyer on the East Coast of Tasmania.



Phone: 0407 242 265
Email: alexgrahamlegal@outlook.com

Wednesday 16th November - Mid-week Competition

SCAMANDER RIVER GOLF CLUB



73/67.75

76/70.25

81/71.25

Wednesday 9th November - Mid-Week Competition -

Monthly Jackpot

John Tatnell 38 points 1st Tim Upton 33 2nd 3rd Jens Kalisch 33

1st **COURSE CLOSED** 2nd **NO GAME PLAYED** 3rd

4th 5th

Nearest the Pin 6th:

8th:

Longest Putt

Nearest the Pin

Nearest the Pin 6th:

8th:

Saturday 19th November - 2 Ball Ambrose

John Tatnell, Barry Harrison

Jordan Longfield, Dean Richardson

Tim Upton, Matt Cross

Saturday 12th November - East Coat Surf Monthly Medal

1st Tim Upton 91/74 95/74 (on c/b) 2nd **Tony Swanson** 3rd Darren Bramich

90/79

6th: Tony Swanson 8th: Tony Swanson Nearest the Pin

1st

2nd

3rd

4th

6th: Jens Kalisch

8th: Dean Richardson

Longest Putt

John Tatnell

Tuesday 15th November - Single Stableford

1st

COURSE CLOSED 2nd 3rd **NO GAME PLAYED**

4th

Putting:

Nearest the Pin on 9th: Longest Putt on 9th:



Well done Margaret Thompson and Leslie Kellaway on your fantastic win at Riverside Golf Club in the Bronze Stableford Championship. Bronze statues at the entrance of the golf club 6th December will need to be erected!

Tuesday 22nd November - Ladies St Helens Harcourts **Brooch and Putting Gold Playoff**

| 1st | Maryanne Ennis | 100/73 |
|-----|-------------------|--------|
| 2nd | Sarah Tatnell | 114/74 |
| 3rd | Margaret Thompson | 118/78 |
| 4th | Beth Haas | 112/79 |
| 5th | Rose King | 124/87 |

Putting: Maryanne Ennis

Upcoming games:

23rd November Mid-week Competition 26th November Tony Swanson Bash - Single

Stableford

28th & 29th November City Week @ Scamander 30th November Mid-Week Competition

3rd December East Coast Surf Monthly Medal -

Stroke

Christmas Lunch

MALAHIDE GOLF CLUB



Friday 11th November - Chicken Run

| 1st | Randall Wadley | 36 points |
|-----|------------------|-------------|
| 2nd | Rod Hunt | 38 (on c/b) |
| 3rd | Grant Richardson | 38 |
| 4th | Bill Swann | 40 |
| 5th | Mike Prewer | 44.5 |
| 6th | DB Lowe | 47.5 |
| | | |

Nearest the Pin 4th: Grant Richardson

8th Rod Hunt

Saturday 12th November - Foursome Championship

Even though the fairways and rough were cut on Wednesday, the conditions were still a bit tough.

| 1st | Andrew Johns, Stephen Lowe | 90/82 points |
|-----|--------------------------------|--------------|
| 2nd | Randall Wadley, Peter Sorensen | 97/87.5 |
| 3rd | Rod Hunt, David Duthie | 114/86.5 |

Handicap Winners

Ashley Stone, DB Lowe 78.5

Nearest the Pin 4th: Randall Wadley

8th: Stephen Lowe

Disim

Friday 18th November - Chicken Run

| 1st | DB Lowe | 34 points |
|-----|----------------|-----------|
| 2nd | Randall Wadley | 36 |
| 3rd | Rod Hunt | 38 |
| 4th | Ashley Stone | 41 |
| 5th | Mike Prewer | 48 |

Nearest the Pin 4th: Ashley Stone

8th: Club

Saturday 19th November - Red Marker Day

| 1st | Peter Sorenson | 31 points (on c/b) |
|-----|----------------|--------------------|
| 2nd | DB Lowe | 31 |
| 3rd | Ashley Stone | 30 |
| 4th | Shan Wilmot | 27 |
| 5th | David Duthie | 24 |

Nearest the Pin 4th: DB Lowe

8th: Ashley Stone (birdie)

Upcoming Games:

26th November - Johns Family Charity Day

3 December - NO GAME

Sunday, 4th December - Malarooma Shield @

Malahide

10th December - Monthly Medal

17th December - Ham Day

Malahide Golf Club hold a Chicken Run on each Friday starting at 1.00pm, \$4.00 entry.

Saturday competition starts at 10.00am and we also have a Facebook page that is updated regularly.

- ⇒ Full membership is \$235 per annum
- ⇒ Social Membership is \$50 per annum

Contact Andrew Johns, Club Captain on 0427 854 555





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ST MARYS SPORTS CENTRE

By Volun Tier



Welcome to another week of cancellations, postponements and even closures.

Last week's Pennant bowls game against Scamander was washed out, as we received 30mm of rain overnight, and continued drizzle the next morning made it impossible to get the rink ready, so we shared the points with Scamander. This week, the game against Bicheno was postponed for a week due to their Food and Wine Festival, and we lock horns this Saturday at St Marys in a battle for much-needed points. So far this season, we have managed one game of Pennant and three Thursday training runs. We are hoping for some clearer skies in the lead-up to Christmas, as the break is fast upon us. Talking of the Christmas break, it is now time to turn attention to the much-honoured Clive Berwick Triples, on Tuesday 27th December; the names list is on the board, and with spots filling fast, it is a must that you book in early to gain a spot. Thanks again to Drew and his family for sponsoring the day, along with the Sports Centre, and this year, a new sponsor, in the Bendigo Bank, who have approved a small grant to go towards the prize money on the day, welcome aboard to Bendigo Bank. Another victim of the weather unfortunately, was the Veterans Golf last Thursday; much hard work, working bees and all the preparation came to naught when the skies opened up again a few days before the evert that is sponsored by nephew Rodney McGiveron, but moves already made to carry over to the New Year, maybe late January, so watch this space.

Then, if all that wasn't enough, the committee decided to close the Centre for a week as a mounting number of people came down with COVID. This move was designed to protect our members and give people a chance to have a break and get over their afflictions so we could be ready with full numbers for the next bowls Pennant game. To those that have the virus at present, a speedy recovery for you all, and see you back at the Centre soon. One event we did get to was the East Coast Fours event at Swansea, and congratulations to Sue and Graeme Bean, Russell Harwood, Julie Keane and the helpers for getting through to the finals, unfortunately going down by just a couple of shots to Shane Pollington. Last week's Spring Specials menu becomes this week's menu, poster for that below, and Jun and Feng's Chinese night also below, but please book well in advance.

Member's Draw: Last week Russell Harwood, close but no cigar. This week's fuel jackpot goes to \$90.00, be there to collect.

COMING UP: Because of the closure, I will go to print with what is coming up this week, so don't miss out on: East Coast Triples, closes this Friday; Maurice Hill Day, this Sunday, one team booked in and another required. REMINDER, if you are unavailable for any Pennant game, please place your name on the list provided on the notice board, or let someone know BEFORE 5.30pm on Thursdays.

Opening Hours:

Thursday - 5.30pm.

Friday - 5.30pm, Spring Specials Night, Happy Hour 6.30pm till 7.30pm, Members Draw 8.00pm.

Saturday - 1.30pm after golf.

Sunday - 2.30pm.

Until next issue, good skiing and boat sailing, rolling and socializing.





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