

# THE VALLEY AND EAST COAST VOICE

Established 1968

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Deadline for 55.05 is 5.00pm on Monday 10th April 2023

## HAPPY EASTER



The Board, Staff and volunteers of the Fingal Valley Neighbourhood House, along with The Valley and East Coast Voice team, wish you a safe and Happy Easter.

**DON'T FORGET:** Daylight savings finishes at 3.00am this Sunday, 2nd April. Remember to turn your clocks back, and enjoy the extra hour in bed!




**Brian Mitchell MP**  
Your Federal Member for Lyons

Need help with Medicare, Pensions, NDIS or other federal matters? Please call me on (03) 6263 3721 or email me at [Brian.Mitchell.MP@aph.gov.au](mailto:Brian.Mitchell.MP@aph.gov.au)

Authorized by Brian Mitchell MP (ALP, Tasmania)  
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INSIDE THIS EDITION

Emergency Contacts	2
Beverley Rubenach	6, 7
Cage Rattler	9
Crossword	19
Crossword Solution	36

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**Valley and East Coast Voice**  
**Advertising rates for all community groups**

Regular articles i.e. news of current activities/events and general information will, at the discretion of the Editor, be carried free of charge. Community group announcements up to 5 lines or business card size are free, anything larger will be charged at 50% of current rates. The decision regarding whether or not an article attracts advertising fees is the Editor's. Groups will be advised of any cost before going to print.

Private community announcements/private classifieds are free for one issue.

Articles for publication may be left at the Fingal Valley Neighbourhood House, St Marys Pharmacy, posted or emailed.

We do not accept responsibility for the accuracy of information provided by contributors.

For online advertising or any other advertising queries, please contact the editor.

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Crime Stoppers	1800 333 000
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SES: Flood & Storm emergencies	13 2500
TasNetworks	13 2004
TasWater	13 6992

Opinions in any letters published are not necessarily those of the Editor, staff or volunteers.

Our pages remain open to fair and honest criticism so that, on all questions, both sides may be presented, but any submissions containing personal attacks/libel/slander will not be accepted.

Kindly do not attack the Editor, the paper or the authors of previous articles.

All articles for submission, including letter to the Editor, must bear the author's full name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only. Letter writers will be given the chance to respond over a suitable period of time.

Subjects may be closed at the Editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The Editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. Whilst we value and welcome community input, the Fingal Valley Neighbourhood House does not provide specific feedback regarding any decision made not to publish a submission.

The Fingal Valley Neighbourhood House reserves the right at all times, without notice, to update, change or amend our guidelines. All information is correct at time of printing.

This newspaper is about the Fingal Valley and the East Coast, and the people who live here. If you have a story you would like to share, or a suggestion for an article or regular column, please contact the Editor. You can show off your literary talents and submit it for consideration, or the Editor can write it for you. Photographs are important too, so try to include them, with some information as to where and when it was taken, what the occasion was, and who is in it.

We also like to tell people about our sporting history, and tales of sporting prowess and vanished sporting events are also welcome.

Email me at: valleyvoice@fvnh.org.au

Elizabeth

Editor - The Valley and East Coast Voice.

## BUNNIES OR BILBIES?

A traditional sight at Easter is the Easter Bunny, delivering Easter eggs to eager children, and hiding eggs ready for the Easter Egg Hunt on Easter Sunday. But since the 1990's, the bilby has also featured as part of Easter in Australia.

Bilbies are native Australian marsupials that are endangered. To raise money and increase awareness of conservation efforts, bilby-shaped chocolates and related merchandise are sold within many stores throughout Australia as an alternative to Easter Bunnies.

A bilby is an Australian marsupial. It is thought that they have been in Australia for up to 15 million years, and were found across 70% of Australia. The two species are known as the lesser bilby, extinct since the 1950s and the greater bilby, now commonly referred to as the bilby. They live in the deserts and are listed as a vulnerable species. They grow to about 55 cm long, with the tail measuring another 29 cms. Their fur is usually gray or white, their ears are very long, and their nose is pointy. They dig burrows and can easily be mistaken for rabbits. Their diet consists of insects and their larvae, seeds, spiders, bulbs, fruit and fungi, and occasionally small animals. They don't need to drink water as they obtain moisture from their food. The female bilby's pouch faces backward, so that it doesn't get full of dirt as they dig, and bilbies have the shortest gestation period of all marsupials, about 12 days.



The first documented use of the Easter Bilby concept was in March 1968, when a 9-year-old girl Rose-Marie Dusing, wrote a story, "Billy The Aussie Easter Bilby," which she published as a book 11 years later. The story helped spark the public's interest in saving the bilby.

In 1991, Nicholas Newland from the 'Foundation for Rabbit-Free Australia' also developed the idea of the Easter Bilby to raise awareness about the environmental damage that feral rabbits cause, and to replace the Easter Bunny with true native wildlife. Australian children's book author and illustrator Irena Sibley produced three Easter Bilby books between 1994 and 2000, including the best selling "The Bilbies' First Easter", published by Silver Gum Press in 1994.

In 1993, Australian children's author Jeni Bright wrote the story of "Burra Nimu, the Easter Bilby". It tells how Burra, a shy but brave little bilby, decides to save the land from the rabbits and foxes who are ruining it. Burra and his family and friends gather together for a wonderful time painting Easter eggs to give to the children and ask for their help. But before they can set off on their journey to the children, they must outwit the rabbit army. As well as the story of the Easter Bilby, the not-for-profit website 'Burra Nimu, the Easter Bilby' contains factual information about bilbies and other endangered Australian species. It is illustrated by Australian illustrator Janet Selby.

The first chocolate Easter Bilbies were sold at the Warrawong Sanctuary in South Australia, and other shops soon followed suit. Although other major chocolate manufacturers have made them in the past, they are now made predominately by Pink Lady (Fyna Foods) in Victoria, and Haig's Chocolates (South Australia). Fyna Foods also manufactures other Australian animals in their Australian Bush Friends Easter chocolate range. For over 13 years, Darrell Lea also featured chocolate bilbies, and donated \$173,000. This year, a limited number of chocolate bilbies made by the company are available from a major retail outlet, with a portion from each being donated to the Save the Bilby Fund.



The aims of the Save the Bilby fund are

- ◆ to support research into the biology and ecology of the species
- ◆ to identify the reasons for population and distribution decline, to direct management efforts towards addressing threatening processes
- ◆ to re-establish populations, based on the biological knowledge gained through the research

Bilbies are slowly becoming endangered because of habitat loss and change, and competition with other animals. There is a national recovery plan being developed for saving them. This program includes captive breeding, monitoring populations, and re-establishing bilbies where they once lived, and a number of them have been re-introduced to sites in Western Australia and Queensland.

*(Information from Wikipedia, pictures from Google)*

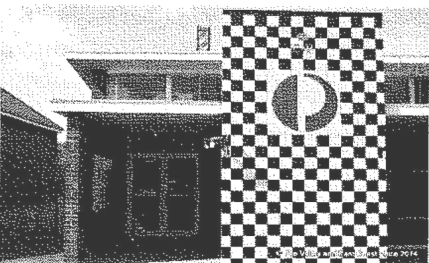
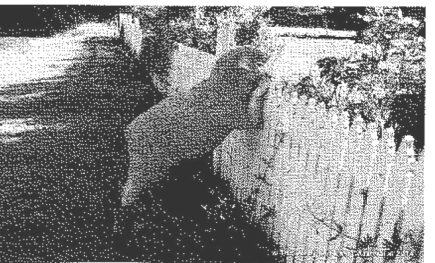
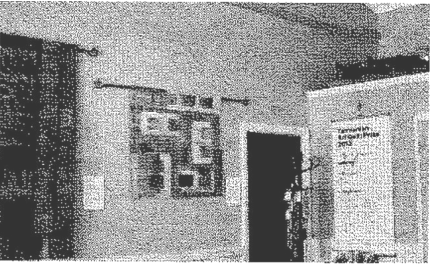
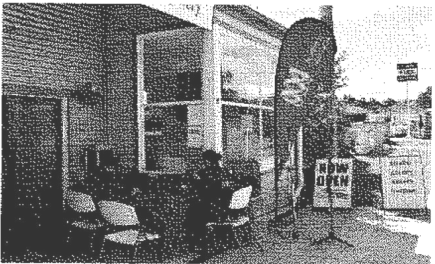
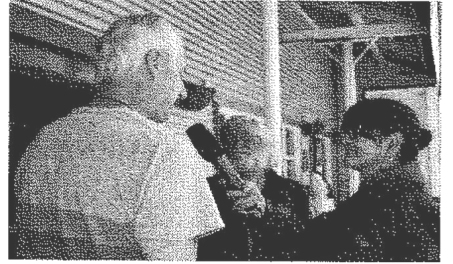
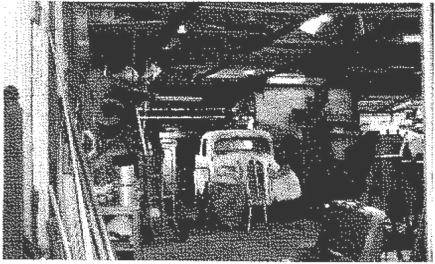
As The Valley and East Coast Voice is celebrating 55 years of publication this year, we are replicating a page from a past copy of 'The Valley Voice' in each issue. This issue, we feature page 11 of Volume 46, Number 21, published Thursday 27th March 2014.

If you have memories to share about the pages we replicate, please share them with us: valleyvoice@fvnh.org.au



### ABC Northern Tasmania broadcasts from St Marys on St Patrick's Day, March 17th 2014

Pictures by ABC Northern Tasmania



## HAMBURGERS, ANYONE?

If you are looking for a great hamburger at a good price, you can't go past the red tent in the grounds of Integrated Living on the corner of Talbot and Brown Streets in Fingal!

Run by Mathinna residents Joe and Michelle Holmes, the stall offers egg and bacon rolls, hamburgers and chicken schnitzelburgers, along with soft drinks, tea and coffee.

Originally from Queensland, where Joe worked with disability services and Michelle worked in a sugar mill, the couple came to Tasmania on a holiday to escape the heat, and fell in love with the state. "We love Tasmania and this area, so we bought a property at Mathinna, where we were made to feel welcome. We had food stalls at markets, selling crepes and hot dogs, but they weren't very profitable. We did notice that there was nowhere to get a hamburger in Fingal, so we thought we would give it a try," said Joe.

They discussed the idea with manager of the Fingal Valley Neighbourhood House, Gary Barnes, then approached Integrated Living to see if they could use a corner of the grounds. They then went through the process of being approved by the Break O'Day Council and obtaining insurances, as well as the tent and other equipment they needed. "Integrated Living and the Council were both encouraging, as were the people of Mathinna," Joe said. "We make everything with fresh ingredients which we source as local as we can including the Fingal Valley Supermarket, and people keep coming back, so we must be doing a good job!" he continued. "We love chatting to our customers, whether they are locals or visitors, and often tell them about places that are good to visit, such as Mathinna Falls," Michelle added.



*Joe and Michelle, standing in their unmissable red tent.*

With the cooler weather coming on, the couple will review sales after Easter, and make a decision whether to continue over the Autumn and Winter seasons.

"We wanted to provide locals with good quality hamburgers, made with the freshest ingredients we could get. Now people passing through stop at the stall and tell us that our burgers are good, so they tell their friends, and they stop to buy a burger," Joe said. "That's great!"

## SUNCOAST SPINNERS AND WEAVERS



Our meeting on Tuesday 21st March was just a small group because of ill health and family commitments of other members. We missed our friends, and wished them well. Nevertheless, we had a very enjoyable get-together, doing a variety of activities. Eileen was plying spun wool, which consists of twisting together two spools of wool to get it ready for knitting projects. Diana was sewing coloured bunting with the logo "Holy Crepes" for Simon, the very successful crepe maker at St Helens Market. Megan was weaving her berets which are so popular now the cooler weather is on the way. Kaye and Wendy were knitting socks, which are always in demand. Kaye has now knitted over 400 pairs.

We were very interested to see the wool socks, beanies and hot water bottle covers on display on the Neighbourhood House veranda. Karen has moved to the district from Forest (up the NW) and had a huge range of colourful wares knitted on her circular sock machine. She wants to learn to spin, so we invited her to come along to our group.

Anyone who is interested in craft is welcome to come along and bring their projects to work on, or to come along to learn new skills.

Megan and Diana entertained us with a duet, "The Lava Song", with Megan accompanying on the ukulele. We enjoyed this so much we persuaded them to prepare another song for next month's meeting. And as we are just across the road from the op shop, no meeting is complete without a visit to the op shop. We always seem to find treasures there.

Our next meeting is on Tuesday 18th April, from 10.00am to 2.00pm at the Fingal Valley Neighbourhood House. Bring along your lunch and your craft project. Tea, coffee and morning tea are provided. We also contribute a gold coin towards the hire of the room. Everyone is welcome to come and join us.

For further details, please contact Megan on 0418 881 315.

## THE HERO

### Palm Sunday 1960

On fishing trips, everyone knew what my World War 1 veteran father meant when he said, "Today we employ the 'rules of engagement'." It meant he would buy the person who caught the first fish of the day a double-header ice-cream! A double-header with flavours of choice - what a treat! We also knew my big-hearted, equitable father would ensure all received an ice-cream, be it only a single-header....

Today he needed to concoct ten reasons for rewards, for 6 children and 4 adults were going on a fishing trip to Doyle's Farm, Upper Scamander.

Traditionally, every Maundy Thursday, Dad caught a ride on Mr Davis' school bus to go fishing at Scamander. On our isolated farm, Daisy Dale, Lower German Town, we had no car and no electricity. Therefore, he caught only sufficient to meet our immediate need. This year, however, he was making a different, unexpected additional excursion. My widowed Auntie needed all the help she could get to supply herself and children with fish for Easter and beyond. She had invited Mum, Dad and I to join her, her family and a mutual friend to go fishing on Palm Sunday. The thought of catching fish on a Sunday, and not eating them until Friday, was unheard of. But things were different now. Auntie Gwen had purchased a refrigerator. A refrigerator! So great was this wondrous invention that now took pride of place in her humble kitchen, Mum and I walked the long distance to Cornwall to see it with our own eyes. It was a worthwhile trip - my show-off cousins smugly served us icy fruit cordial complete with floating ice cubes (never had I seen or tasted anything so amazing!) and the promise of a rare exciting car trip, too.

Our transport, a Ford ute owned and driven by our friend, arrived at Daisy Dale early Palm Sunday morning. Mum rode in the cab, while Dad and I had the privilege of riding on the tray with my boisterous cousins. The trip down St Marys Pass was exhilarating. We laughed and chattered with carefree abandonment. Then Pam said, "Remember the Tuesday before Easter last year?" "How could we forget it?" Dad, Des and I responded in unison. She was referring to our miraculous rescue from a crazed raging charging bull. I'd taken Pam, Des and my 3 little nieces on a mushroom discovery expedition when our new bull set out to kill us. Dad came and saved us!

Nearly a year later, the memories were still vivid. "Thanks so much, Uncle Syd," Des said, "If you hadn't been there to fire those warning shots to scare Brutus away, I'd still be stuck up that gum tree. You're our hero!" We all cheered and clapped in agreement and appreciation. Dad shook his head. "I'm no hero. I just did what had to be done. Thankfully, this Easter will be less dramatic." "That's for sure," we agreed. "So now please tell us today's 'rules of engagement'." "Well," Dad said, "I thought as well as the great 'first fish' prize, minor prizes would be in order - the best bream, the fattest flathead..." Dad continued on with 7 more ideas, but we didn't hear. We were all dreaming of claiming that 'first fish' prize! Dad and the boys confidently and proudly reached out and patted their fishing rods. No matter that they were old, wooden rods and bought second-hand, they were rods, whereas us females owned only hand-lines. So what! We girls would soon show the boys it was skill, not equipment, that counted.

From Scamander, we travelled on a long, narrow, windy dusty bush track to the abandoned Doyle's Farm. We rarely came to this remote prized fishing spot, so this was an amazing opportunity for good fishing and fierce competition!

The sight of the long grassy bank with its very steep incline to the deep, wide Scamander River caused 6 already hyped-up children to be charged with irrational excitement. "Be careful!" Mum shouted, but we were already over the side of the ute, geared up and running helter-skelter to the river. "I'll catch the first fish!" ten year-old Des boasted as he out-ran us. He already had his rod raised ready to cast! In his enthusiasm and haste, he misjudged the river bank edge. SPLASH! He plunged full-bore from the 2 meter-high bank. His speed propelled him metres out in the dark, frightening depths of the river. Des couldn't swim; not one of us could swim a stroke! The terrifying water immediately swallowed him. We were still frozen with shock when the adults came running. Immediately Auntie Gwen dashed forward. Just as she was poised to leap into the water, Dad forcibly restrained her. Des surfaced, thrashing in terror. Our friend grabbed a fishing rod and held it out to Des. Somehow he foundered and managed to grab the rod with one hand. Oh joy! Des now had two hands on the rod. SNAP! The old rod broke. He fell backwards and disappeared from sight. "Our old rods will never hold his weight," Dad informed us. "All of you hold Gwen. No-one go near that river," he commanded. He knew full well any heroics would result in drownings. Des resurfaced. Fear-stricken, he implored us to help him.

There is nothing more devastating than being hopeless and helpless - and powerless - watching the agonizing process of an untimely death unfold. What seemed like hours was in reality only minutes, but fear and despair were exhausting Des every second. His pointless thrashing was slowing; even his screams were subsiding. Only his dread and agony increased. Numbly, we accepted the inevitable - Des was drowning!

**THE HERO** *(Continued)*

In the hysteria, no-one noticed Dad had run from the scene. We were too busy sobbing out our love and regrets to our precious Des. "Don't give up, Des," we hopelessly urged. Then came a breathless but calm voice. "Help is here, Des!" Dad rushed to the river bank. He held out a long, old wooden plank. Hope revitalized the drowning boy. He managed to grab the life-saving board! We held onto Dad as he dragged Des close to shore. We held his legs as he lay down half suspended over the river. He dragged Des up the steep bank. Totally exhausted, Dad lay down beside his ashen coughing, trembling nephew. We joined them, relishing the safety of solid ground. We sobbed uncontrollably with relief and thanksgiving!

We all knew Des was alive because of my calm, quick-thinking father. He knew an old abandoned farm would still have fences - post-and-rail fences. A rail was the only thing strong and long enough to use in the rescue.

We'd seen God's gracious and miraculous intervening hand at work often in our lives, and today we had witnessed it again. We placed the shivering Des in the cab, ready to snuggle up to his grateful mother. As Mum was climbing into the ute tray to join us, she asked, "How far did you have to run to find that rail?" "Quite a distance," Dad replied, pointing to the remains of the old post and rail fence barely visible in the distance. Gasping in disbelief, Auntie Gwen's shaking voice asked, "However did you manage to get that railing in time?" Dad said simply, "God." That was enough!

In contrast to the jubilant trip down the Pass, going home was one of sober reflection. Back at Cornwall, in Auntie Gwen's humble kitchen, we rejoiced. Des sat by the fire sipping hot Milo. We bid our goodbyes before being driven back to Daisy Dale. Des held out his arms to my father. The two embraced in a happy heart-warming hug. "Thanks so much Uncle Syd. I guess you're just as great at handling a wooden plank as you are with a rifle," he grinned. "There's no doubt you are a hero!" We all cheered and clapped. "Just don't any of you make this getting into danger an annual Easter thing," Dad warned, "Two dramas are more than enough, for I'm far too old to be playing this so-called 'hero' thing."

Back home, I reflected on the goodness and provision of God. At 12 years old, I was already in awe of His unending love and care. I was amazed at the incredible timing. It was no coincidence that the happenings and saving of our family members came at Easter time. It was a wonderful, timely reminder of the real and true meaning of Easter - JESUS came to Earth for our healing and restoration. He willingly died on the cross to save us. He rose from the dead - our forerunner so we can enjoy everlasting life and love. On that Palm Sunday night 1960, I knew Jesus was, and always would be, my incredible, loving Heavenly Hero. I know my precious father was, and always would be, my earthly hero.

Epilogue

No-one received an ice-cream reward. No fish filled Auntie Gwen's refrigerator. We had no fish for our Good Friday lunch.

The emotional and physical strain of rescuing Des proved very detrimental to Dad's health. He already suffered from a weak heart and war-wound damaged lungs, now he was weary but extremely happy and content that our two families could celebrate a joyful Easter.

He rested at home on that Maundy Thursday. Looking out our kitchen window at the distant coastline, he grinned and said, "My staying at home gives all those fish a chance to grow so much bigger by Easter 1961," he laughed, "perhaps next year we will all go back to Doyle's Farm. I just know a very big fish is waiting for me to claim the prize of first-caught fish - I won't mind one bit buying myself a chocolate double-header!"

We did, and he did! What a hero!

Beverly Rubenach, Gray

Easter 2023



*My earthly hero, Sydney Mitchell,*

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# EAST COAST

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## The Say by the "Cage Rattler"

A couple of weeks ago I had another birthday. Anybody who knows me also knows how much I do not like birthdays on a personal level. I have no problems with anybody else enjoying their birthday though, let it be said. I have found myself getting older hard to bear, and haven't until now seen reasons to make a big fuss about that point. This one though, thanks to some wise words from a good friend, changed my perspective somewhat. The advice summed up in a nutshell was this: Although another year passes and you are that much closer to your final days, just use however that much time remains to explore interests, go places and try new things in general. The alternative is not really an option. They were right, and the crux of this topic.

Some of us are very old, some are very young, and then there's the rest of us like me who are at a certain stage in between. No matter what stage of life, it's just how it is, so make the most of what you can. An end can and does come very quickly, no matter what age you are. It's poignant and it's reality.

So, doesn't matter whether you are in perfect health, average health or in a poor state, perhaps it's a good idea while you can, to try a new interest, maybe a paid or unpaid occupation if the opportunity presents itself, a sport, a hobby, or travel to that place you dream about....or even give something unusual a try even if it's not a common thing to do, so long as it's legitimate, of course. I have tried something in recent weeks that fits that category I think, and it was definitely worth doing.

Within our community we are blessed with a great range of things to engage with, even if they might not be blatantly obvious immediately. There are talented individuals that may well help another person get a leg up in all manner of interesting things that already go on, if only they know. There are indeed courses that enable some of us to have a role introducing new people to a great thing to try, and there are venues available potentially for people to use if they dare to ask.

The more I think about this, the more it makes great sense, and wouldn't it be great to one day hold a forum right here in the Break O'Day municipality to look at ways of engaging more people in things that take us away from the mundane norms that make up much of our lives, whatever stage it's in.

I don't know if it's even on the radar, but if it was, it might foster opportunities, friendships and maybe even economic benefits for some of us...who knows?

What do you think?

**Fingal Valley  
Neighbourhood  
House**

 Fingal Valley  
Neighbourhood House

**Easter Opening Hours**

**Friday 7th April Good Friday**  
Closed

**Saturday 8th April**  
Closed

**Sunday 9th April Easter Sunday**  
Closed

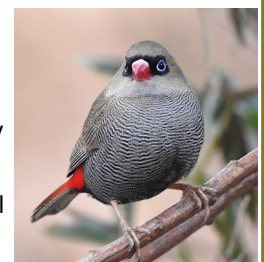
**Monday 10th April**  
Closed

**Tuesday 11th April**  
Normal trading hours resume 9 till 3  
Happy Easter

The crown is funded through the Department of Premier and Cabinet

### **B.O.N.E. - Bird Observers of the North East**

In March the Bird Observers walked the length of Treloggens Track at St Helens. This mixture of secluded gardens and bushland provides good habitat for many bush birds and flitting among the blackberries, mirrorbush, polygala and all the other garden escapees were a good count of 24 species. Highlight was the elusive Beautiful Firetail.



*The male Beautiful Firetail has a darker abdomen.*

We welcome new members. Next outing is along the road St Patrick's Head at St Marys next Wednesday 5th April. Meet at 8.15am at Bayside Inn carpark St Helens or at the Irish Town turnoff, Esk Highway at St Marys at 9.00am. Bring binoculars, a thermos and some morning tea to share at the end of the walk.

Ring Nat on 0400 750 364 to register your interest.

# April

**NOTES:**

Apr 07	Good Friday
Apr 09	Easter Sunday
House Phone	0363 742 344
Fingal Supermarket	Mon-Friday 7.30-5.30 Sat 7.30 - 12pm Sunday 7.30-10.30
Online Centre	Monday - Friday 9-3
Library	Monday - Friday 9-3
History	Hours on Calendar
Op Shop	9.30 - 2.30
St Marys Gym	Email: <a href="mailto:active4life@fvnh.org.au">active4life@fvnh.org.au</a>
Fingal Hairdresser	0407 549 678
L&F =	Loaves and Fishes
Raggamuffins	April 17th
Spinners and Weavers	April 18th
Anzac Day Dawn service	April 25th



2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 OP Shop Online Centre Library	4 History 12-3 Op Shop Online Centre Library Basket weaving	5 Morning Tea 10am OP Shop Online Centre Library	6 History 12-3 OP Shop Online Centre Library L&F Book Club	7 Closed	8
9	10 Closed	11 History 12-3 Op Shop Online Centre Library	12 Morning Tea 10am OP Shop Online Centre Library	13 History 12-3 OP Shop Online Centre Library L&F Valley Voice Fingal Circus	14 History 10-3 OP Shop Online Centre Library Autumn Festival St Helens	15
16	17 OP Shop Online Centre Library Raggamuffins	18 History 12-3 Op Shop Online Centre Library Spinners and Weavers	19 Morning Tea 10am OP Shop Online Centre Library Eating with Friends	20 History 12-3 OP Shop Online Centre Library L&F	21 History 10-3 OP Shop Online Centre Library	22
23	24 OP Shop Online Centre Library	25 Anzac Day Closed Dawn service at Fingal	26 Morning Tea 10am OP Shop Online Centre Library	27 History 12-3 OP Shop Online Centre Library L&F Valley Voice	28 History 10-3 OP Shop Online Centre Library	29
30						

# Fingal Valley Neighbourhood House



**History Room**  
Opening Hours:  
Tuesday 12 till 3  
Thursday 12 till 3  
Friday 10 till 3  
Email: [history@fvnh.org.au](mailto:history@fvnh.org.au)

**Library**  
Opening Hours:  
Monday to Friday  
9 till 3  
Come in and browse our range of books  
Phone 6374 2344 or  
email: [admin@fvnh.org.au](mailto:admin@fvnh.org.au)

## WITH ONE VOICE BREAK O'DAY CHOIR

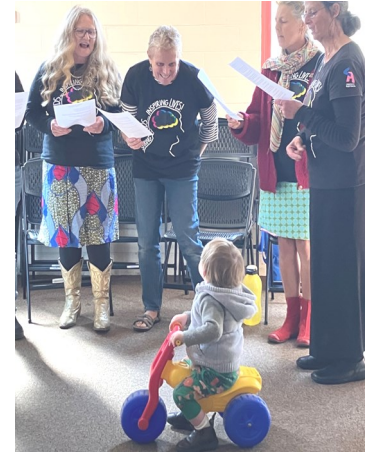
Feel Good, Do Good, Sing For Good!



March is the perfect word to describe With One Voice Community Choir's approach to activities this month. But we've added our own pace, jive and swing to the act of marching. We've run one event in St Helens and participated in 2 community events in St Marys. Not bad for a bunch of volunteers.

### RECONNECT AND SING FOR YOUR SUPPER ,Portland Hall Sunday 19 February

These workshops were designed to showcase what we do at our choir. They were made possible by Break O'Day Council through their community support programme in recognition of the positive health and well being benefits that community singing brings to individuals and communities. We have only one more of these events to come, so stay tuned and don't miss out. Although we were disappointed that only a few non-members turned up, we were grateful to them for the interest and for their positive feedback and encouragement.



### MINI PERFORMANCE AT ST MARYS MARKET, Saturday, 4th of March

There we were, back on stage in St Marys, the birth place of WOVBOD community choir back in 2019. Only, this time there was an audience of stall holders and their customers.

Lila led us beautifully into delivering some of our old favourites and we nailed some beautiful harmonies. The audience really appreciated our contribution to the market atmosphere, and one audience member said that she got goosebumps because the harmonies were so beautiful.

### INTERNATIONAL WOMENS DAY, Wednesday 8th March

A hearty bunch of us gathered again at the St Marys Town Hall. We sang a song to open the event and then invited participants to come and join us learning a new two-part song. We had to kidnap 3 or 4 'non-singers' to come in a give it a go. In forty minutes our conductor, Lila Meleseia, had worked her magic and we were all singing "The Power of Kindness" so well that we all, including the non-singers, went back into the hall and nailed it! Which just goes to confirm our new motto, "If you think you can't sing, YOU'RE IN!!" Check out the song on Spotify. I'm pretty sure you will like it.

If you would like to come and have a sing, please give it a try. We gather every Tuesday of the school terms at the Scamander Sports Complex. Thanks to the generosity of Bendigo Bank, St Helens Hospital Auxiliary Tip Shop and The Fingal Valley Neighbourhood House, we have buses for anyone that would like to come. We ask only for a gold coin donation. All you need to do to secure a seat is to text Liz Dean on 0439 001 533. Leave your name and she will get back to you. Do yourselves a favour. You will "feel good, do good and sing for good."

*Contributed by Eileen Koops, for With One Voice Break O'Day Community Choir*

### ROSSARDEN LANDCARE GROUP

Meeting to discuss Action Plan

11.00am

at Mary's home,

1230 Gipps Creek Road, Gipps Creek,

**Monday 10th April 2023**

To be followed by a General Meeting

All locals are welcome

### TANIA RATTRAY MLC

**INDEPENDENT  
MEMBER FOR  
MCINTYRE**



**Your full-time Independent  
Legislative Council Member  
representing the Fingal Valley and East  
Coast community**

Contact details - Mobile - 0427 523 412

Office Phone - 6350 5000

Email - [tania.rattray@parliament.tas.gov.au](mailto:tania.rattray@parliament.tas.gov.au)

		Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p><b>STAR FM</b></p> <p><b>Program Guide</b></p>  	<b>Brekkie</b>	Start your working week with Star FM	Fruity and Loopy with Flashy	I see Stars with The Sand Man	Breakfast Mania with Star FM	<b>TAZZ on Toast</b> with TAZZ	Saturday's Sunny Side Up with Manny	Sunday Mornings
	<b>Morning</b>	<b>Get Sand between your toes</b> with The Sand Man	Tazz on Tuesday - Plus Community Interviews at 11.15 with TAZZ	Mary-Anne's Music Mix PLUS Real Estate Tips and Tricks at 10.30 with Mary-Anne	Rhythm N' Reggae with Big Daddy Davo	Simply 60's with Guest Presenters	"Get Happy" with Angelina	with Star FM
	<b>Arvo</b>	Jackster's MUSIC BOX PLUS "Pet Talk with Dr Andrew after 2pm with Jackster and Porsche	Get infused with Jonno	"Around the World" with your hostess with The Tone	In the Shed with ZEDD	"Fresh and Fruity Fridays" with Angelina	A dose of Dr Dave PLUS Quizzes at 3 and 4pm with Dr Dave	Star FM's The 80's Zone
	<b>Late Arvo</b>	In the BACKSEAT with Astro or JAX	You're in the Lab for 2 on Tuesday Request Show with Dr Dave	Something Fishy is going on with Fyshy	DR DAVES Travelling Medicine Show with DR DAVE	"Rock On" with Jonno	"The No 80's Zone" [everything except the 80's] with Tone	with The Tone
	<b>Evening</b>	Monday Evening with Star FM	Neville's Country Corner and more with Neville	That 70's Show with Star FM	Thursday Nights with Star FM	The Party Pit with with Jeanymaree and Mezza	Let Loose with Star FM	Big Daddy Davo's Blues Mix hosted by Dave

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Pharmacist Andrew in store all day.




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**St Marys 7215** Hosts: Tony and Bronwyn

**OPEN FROM 11.00AM**  
**7 DAYS A WEEK**  
**NEW MENU NOW AVAILABLE**

Dine-in and takeaway meals available

Lunch - 12.00pm - 2.00pm  
Dinner - 5.30pm - 8.00pm  
Pasta night every Tuesday

(Bookings preferred for all meals)

**GUEST ARTISTS, SUNDAYS FROM 3.00PM**

2nd April The Rennies  
9th April Smooth Operators

**YOUR FAMILY-FRIENDLY LOCAL HOTEL**



## MOUNT ELEPHANT AND BEYOND BOOK GROUP

### BOOK REVIEW

*Written by Pam Bretz*

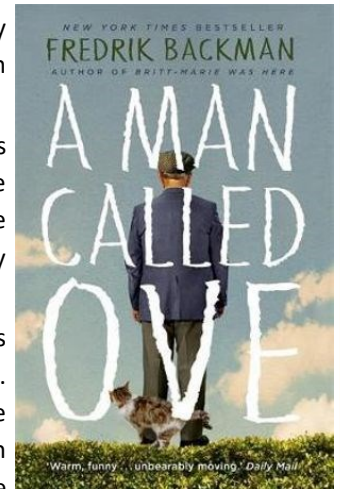
A Man Called Ove, a novel translated from Swedish, was our book for February. Written by Fredrik Backman and published in 2012, it became a New York Times bestseller, a Swedish film and then recently an American version titled A Man Called Otto, starring Tom Hanks, appeared.

The novel tells the story of Ove, a 59 year-old who has been recently made redundant from his job and whose beloved wife, Sonja, died two years before. Now he feels lost and worthless, life seems meaningless and all he wants is to end it all. The trouble is, all his attempts to end his life are constantly interrupted by annoying people! This would seem an unlikely source of comedy but that is the central action of what eventually becomes a 'feel good' story.

Ove is a curmudgeon, a misanthrope, a grump. He has a low opinion of other people. and is obsessed with the rules of the Residents' Association of the housing estate where he lives. Every early morning, he patrols the streets, checking to see that no misdemeanours have occurred overnight. When the irrepressible, cheerful and pregnant Iranian Parvaneh moves in next door with her two small girls and her husband, whom Ove labels The Lanky One, Ove's life is shaken out of its rut. Suddenly he finds himself teaching her to drive, doing household repairs, driving various people to hospital, actually interacting with people, however ungraciously. He is intolerant, bigoted, judgemental and does not sugar-coat the truth when speaking to people, be it a computer or insurance salesman or a representative from Aged Care, but gradually we discover that he does have (literally) a big heart.

Although comedic, the novel does explore some serious issues. Ove is an outsider, always has been, but in flashback chapters we come to see how his childhood traumas impacted his life. He lost his mother too early and was bullied at school because of his odd behaviour. Parvaneh is also an outsider, an immigrant from Iran, and during the course of the narrative Ove is challenged by other outsiders such as the gay son of a local Muslim restaurant owner and finds himself caught up in other peoples' lives, perhaps for the first time in his! The power of love of one's fellow beings is a lesson he learns along the way. The rules of bureaucracy such as those affecting his one-time friend, Rone, whose wife is being pressured to commit him to an aged care facility, cause him much anger, and at times I am sure readers identified somewhat with his scepticism of the "white shirts" as he calls them.

The style of writing is plain and simple, to the point of banality, and it is possible that this was meant to represent the way Ove thinks, even though the story is told from the third person point of view. He is an honest and energetic man who, thanks largely to the arrival of Parvaneh and her family, becomes more empathetic to those around him (just not the 'white shirts!') Most of the group enjoyed this novel and found it easy reading.



Alex lives locally in Bicheno and is available to assist clients with all legal matters. Appointments are by arrangement in Swansea, Bicheno, St Marys and St Helens. With nearly 15 years' experience working as a Barrister & Solicitor in Tasmania and Western Australia, Alex is your local lawyer on the East Coast of Tasmania.



**ALEX GRAHAM LEGAL**  
YOUR LOCAL LAWYER

Phone: 0407 242 265  
Email: [alexgrahamlegal@outlook.com](mailto:alexgrahamlegal@outlook.com)

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**FOR HIRE – TOILET ON TRAILER**

Be kind to your mind



Take time to unwind

[Q Break O'Day Mental Health Directory](#)

*Break o'Day/Bicheno Suicide Prevention Trial*



# Fingal Valley Arts and Culture




**BREAK O'DAY REGIONAL ARTS**

**BODRA MEETING**

Would you like to see more arts and cultural events in the Fingal Valley?

Music, sustainability, visual arts, community events & building connections

Come along and let us know your ideas for a Film Society & the Barn Dance!

April 18th @10am

**FVNH St Marys Outreach Room**  
 More info: Tanya - 0400 002 116  
 E: bodregionalarts@gmail.com



**What's on in the local area?**

**With One Voice Break O'Day**  
 Community choir for all residents of Break O'Day. Meets each Tuesday from 5.15pm @ Scamander Sports Centre plus *Reconnect & Sing* at other local venues. NO EXPERIENCE IN SINGING NEEDED  
 Info: contact@wovbod@gmail.com or 0439 001 533

**Spinners and Weavers**  
 3rd Tuesday of each month @FVNH  
 New Members Welcome No need to book

**Fingal History Group**  
 Preserving the historical, social and cultural heritage of the Fingal community and surrounding areas history@fvnh.org.au

**St Marys Repurposing and Upcycling**  
 Getting likeminded people together to limit waste and be creative. Ideas Welcome Weave a mat from T-shirt fabric and much more. Text Diana 0488 688 508 to join.

*Get in touch with the Valley Voice and share information on your group with the wider community.*

**Basket**  
 WEAVING WORKSHOP  
**WITH HELEN NAPIER**



4TH APRIL 2023

**GOLD COIN DONATION**  
 FINGAL VALLEY NEIGHBOURHOOD HOUSE  
 Phone 0363 742 344  
 a product list will be sent to you when you book



Funded by the crown through the Department Premier and Cabinet

**RUSTIC RAGAMUFFINS**  
**Stitching Group – April 17**




Join us on the 3<sup>rd</sup> Monday each month for a cuppa, chat + stitching!  
 Morning tea included; please BYO lunch.  
**Venue:** Fingal Valley Neighbourhood House, Fingal, Tasmania (\$10)

Bring your stitching, quilting, knitting, embroidery, mending etc. and spend a day with like-minded friends!

**ALL WELCOME**  
 10 am to 3 pm

HOSTED BY RITA SUMMERS OF GONE RUSTIC – 0417 027 424



# TJ ACCOUNTING

**0410 051 082** – *Call now for an obligation free chat.*

**Tax Returns/Bookkeeping/BAS/Audit/ Finance**

[\*\*tjaccounting13@bigpond.com\*\*](mailto:tjaccounting13@bigpond.com)

[\*\*www.tjaccounting.com.au\*\*](http://www.tjaccounting.com.au)

**Where: Business Enterprise Centre – Break O Day Shop 1, 34 Quail St, St Helens, TAS. 7216**

**20 Tasman Highway  
Bicheno TAS 7215**

**21 Years' experience!! Let's work together!!**



Tax agent  
24740881



## CLEAN CRACK LAUNDROMAT

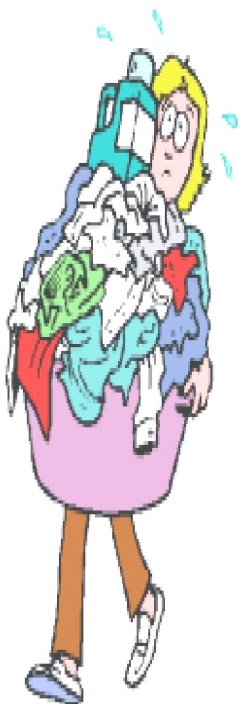
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APPROXIMATELY  
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Batteries and tyres  
(including white walls)**



**FUEL AVAILABLE 24 HOURS**

**41 Main Street Ph: 6372 2335  
caltexstmarys@bigpond.com**



## TIP SHOP TALES



Change is constantly happening at the St Marys Tip Shop.

The Volunteers are constantly rearranging and tidying to improve the capacity of the Tip Shop. The photo and picture frames have a new home on the bed springs (right) and the new entrance to the Shop is settling in and blossoming (below right).

Improvement work is underway with levelling and filling starting. The shed additions are ready to go and then the polytunnels can be erected.

The range of items dropped off continues to surprise us and they will you too, so check the Tip Shop Facebook page for treasured or valuable items that have arrived and can be purchased straight away. You have to be quick though as this is becoming a preferred way of tracking the items our generous customers drop off.

Whatever you are looking for check the Tip Shop first, we might just have what you want.

If we don't then talk to our staff about your repurposing ideas. Our technically savvy volunteers may be able to suggest other items that can do the job you need doing.

Our Community Hospital is benefitting greatly from the sale of all the items that are generously dropped off and we are very grateful for these donations. There is currently a number of medical items on order and we will share photos of those when they arrive.

The Tip Shop is open when the tip is open so yes, we are open Easter Sunday.

### OPENING HOURS:

- Tuesday and Thursday 10.00am - 3.45pm
- Sun 2.00pm - 4.45pm

The St Marys Tip and Tip Shop are located on Gray Road, St Marys



## FINGAL POST OFFICE, HARDWARE AND GIFTS

9 Talbot Street FINGAL 7214

Phone (03) 6374 2195

Licensed Australia Post agency

Banking deposits and withdrawals

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Planters

Seeds, plants and seedlings

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Cement

SupaGas refills

Flanny shirts

Socks

Catalogue items ordered

Cant find it? Just ask! We'll order it for you.

**OPEN 9.00AM - 3.00PM, MONDAY TO FRIDAY**

**Come and see Tina and Penny for great service with a smile!**

**BREAK O'DAY**

**ANGLICAN CHURCH**

**SERVICE TIMES**

**St Helens**

St Paul's: 9.30am every Sunday

58 Cecilia Street, St Helens.

**St Marys**

Holy Trinity: 10.00am every Sunday

13 Main Street, St Marys.

**Pyengana**

St Michael & All Angels: 7.30pm 4<sup>th</sup> Sundays only

28007 Tasman Highway, Pyengana.

Enquiries: 6376 1144 or Facebook: anglicanbod



**ST MARYS CATHOLIC PARISH**

**WEEKEND MASS:**

<b>ST HELENS:</b>	Saturday	5.00pm
	Sunday	4.00pm
<b>ST MARYS:</b>	Sunday	9.00am
<b>BICHENO:</b>	1 <sup>st</sup> Sunday	11.00am
<b>FINGAL:</b>	2 <sup>nd</sup> and 4 <sup>th</sup> Sunday	10.30am

**WEEKDAY MASS:**

<b>ST MARYS:</b>	Friday	10.00am
<b>ST HELENS:</b>	Thursday	10.00am

**Parish Administrator:**

Fr. Norbert Z Ochoa 0437 324 227  
fr.bitz51@gmail.com

**UNITING CHURCH**

Corner Grant Street and Seymour Street, FINGAL

Regular Services:

1st and 3rd Sunday of month: 10.00am

2nd and 4th Sunday of month: 11.15am

For further information, contact Joan on 0458 598 870.



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BINALONG BAY	87.8FM
ST HELENS	88FM
ST MARYS	88FM
FINGAL	88FM

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**EASTER SERVICES - Break O'Day Anglican Church**

Palm Sunday - 2nd April

St Helens	9.30am
St Marys	10.00am
Pyengana	7.00pm

Maundy Thursday - 6th April

St Helens	7.00pm
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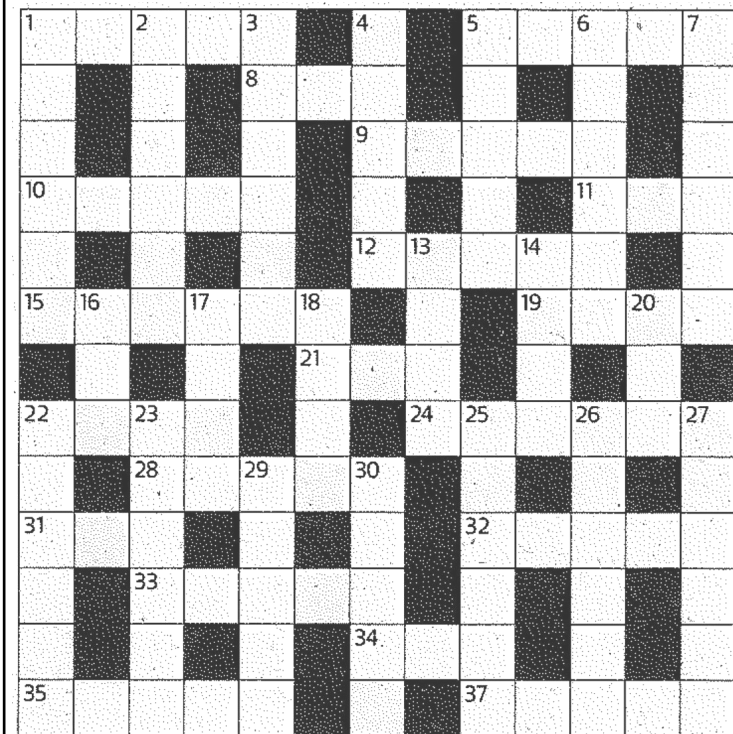
Good Friday - 7th April

St Helens	9.30am
St Marys	10.00am

Easter Day 9th April Holy Communion

Binalong Bay	6.00am
St Helens	9.30am
St Marys	10.00am

# Crossword 55.03



- |  |  |
|--|--|
| <p><b>ACROSS</b></p> <p>1. Mediocre (5)<br/>                 5. Hickory nut (5)<br/>                 8. Curve (3)<br/>                 9. Collect (5)<br/>                 10. Evil spirit (5)<br/>                 11. Noah's boat (3)<br/>                 12. Attire (5)<br/>                 15. Clan plaid (6)<br/>                 19. Remedy (4)<br/>                 21. <i>Barbara</i> ____, Beach Boys hit (3)<br/>                 22. Epic tale (4)<br/>                 24. Renal organ (6)<br/>                 28. Immature eel (5)<br/>                 31. Row (3)<br/>                 32. Likewise (5)<br/>                 33. <i>Coogan's</i> ____, Clint Eastwood film (5)<br/>                 34. Piece of wood (3)<br/>                 35. Airman (5)<br/>                 36. Keyboard instrument (5)</p> | <p><b>DOWN</b></p> <p>1. Fiscal plan (6)<br/>                 2. Our bar [anag] (6)<br/>                 3. Showy flower (6)<br/>                 4. Pungent (5)<br/>                 5. Self-respect (5)<br/>                 6. Wrinkle (6)<br/>                 7. Metal, symbol Ni (6)<br/>                 13. Line of soldiers (4)<br/>                 14. Discard (4)<br/>                 16. Eastern ruler (3)<br/>                 17. Small waterfowl (4)<br/>                 18. Heading (4)<br/>                 20. Generation (3)<br/>                 22. Decelerate (4,2)<br/>                 23. African rodent (6)<br/>                 25. Bluish dye (6)<br/>                 26. Source of mace (6)<br/>                 27. Beefeater (6)<br/>                 29. Strongroom (5)<br/>                 30. Type of gun (5)</p> |
|--|--|

## EASTER SERVICES - Catholic Parish of St Helens and St Marys

### Stations of the Cross before Mass

St Helens	Thursdays	9.40am
St Marys	Sundays	8.30am

### Palm Sunday

1st April	St Helens	5.00pm
2nd April	St Helens	4.00pm
	St Marys	9.00am

### Holy Thursday - 6 April

#### Washing of Feet and Adoration

St Helens	6.00pm
St Marys	4.00pm

### Good Friday - 7th April

#### Stations of the Cross

St Helens	10.00am
St Marys	10.00am

#### Lord's Passion

St Helens	3.00pm
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### Holy Saturday - 8th April

St Helens	7.00pm
-----------	--------

### Easter Sunday - 9th April

St Marys	9.00am
Bicheno	11.00am
St Helens	4.00pm

## EASTER SERVICES - UNITING CHURCH

Corner Grant and Seymour Street, Fingal

Tennebrae Wednesday 5th April 7.00pm

Easter Sunday Sunday 9th April 11.15am



Free Wi-Fi

### St Marys Library

31 Main Street, St Marys  
(03) 6387 5602



6.00am - 9.00pm

#### Opening Hours:

Monday:	12.30 - 4.00pm
Tuesday:	10.00am - 12.45pm
Wednesday:	12.30 - 4.00pm
Thursday:	10.00am - 12.45pm
Friday:	12.30 - 4.00pm

We have more than books.

Borrow a DVD, CD or magazine.  
 Search our website and order a title from anywhere in the state.  
 Check out our e-resources too.  
 It's all free!

eLibrary: [www.libraries.tas.gov.au](http://www.libraries.tas.gov.au)

## WE HAVE MOVED...

The Fingal Online Access Centre has moved (just over the road) to the Fingal Valley Neighbourhood House.

We offer:

- ◆ Computer Access
- ◆ Emailing
- ◆ Wi-Fi
- ◆ Printing and Scanning services.

Please call in and we can assist you.

**Opening Hours:** 9am til 3pm (Monday to Friday)

20 Talbot Street, Fingal, Tas, 7214

Phone: (03) 6374 2344

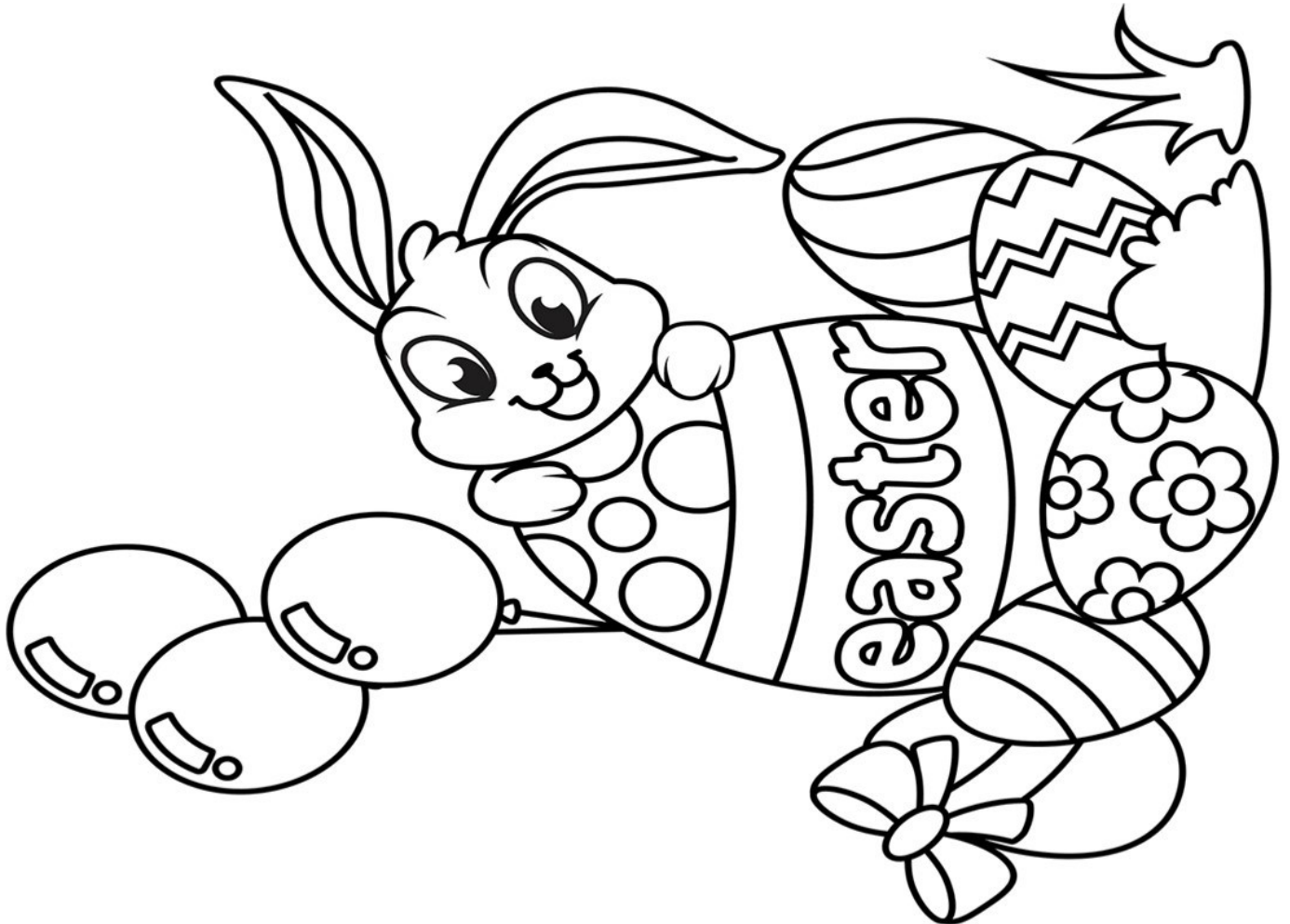
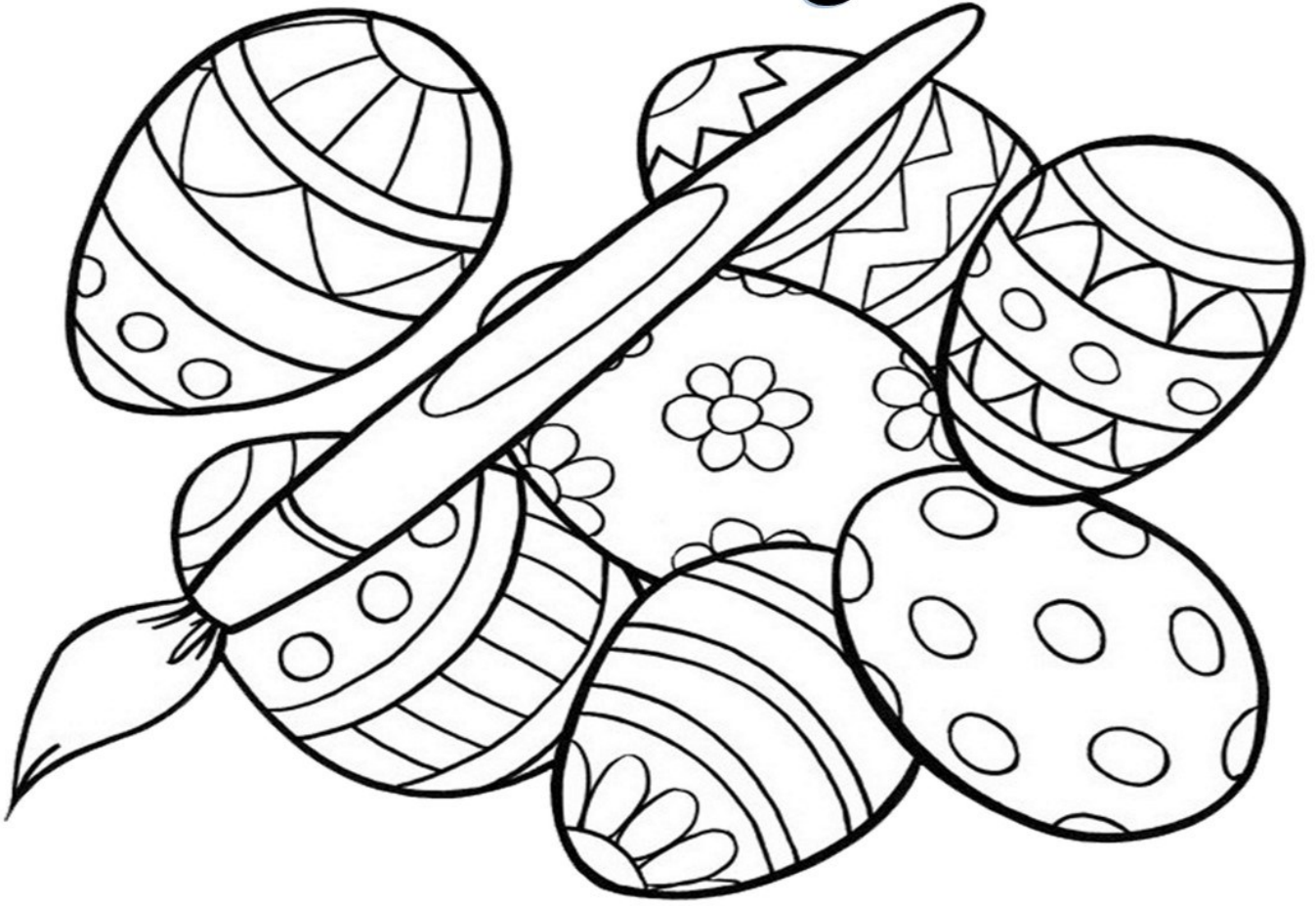
Email: [fingal.oac@decyp.tas.gov.au](mailto:fingal.oac@decyp.tas.gov.au)



Fingal Valley Neighbourhood House is funded by The Crown through the Department of Premier and Cabinet.



# Colouring In





# Building Blocks News



## Break O' Day Autumn School Holiday Program 2023

What	When	Time	Where/what	How Much	Age Group
<b>Fingal Valley Family Event &amp; Circus Workshop</b>	Thursday 13th April	4-6pm	Fingal Recreation Ground With Building Blocks, Social Circus Family Food Patch Food Truck & YCNECT	Free	All ages Children under 12 years with a responsible adult
<b>Autumn Festival</b> With Social Circus & Family Food Patch Food Truck & YCNECT	Friday 14th April	11-1pm	St Helens Community Garden (Recreation Ground) With Building Blocks, Social Circus Family Food Patch Food Truck & YCNECT	Free	All ages Children under 12 years with a responsible adult
<b>Bay of Fires Youth Art Prize Workshop</b> With Break O' Day Regional Arts	Wednesday 19h April	10.30-1pm	Break O' Day Child and Family Learning Centre St Helens	Free	All ages Children under 10 years with a responsible adult
<b>Bay of Fires Youth Art Prize Workshop</b> With Break O' Day Regional Arts	Thursday 20th April	10.30-1pm	FVNH St Marys Outreach Office (next to Op Shop)	Free	All ages Children under 10 years with a responsible adult
<b>Bay of Fires Youth Art Prize Workshop</b> With Break O' Day Regional Arts	Friday 21st April	10.30-1pm	Bicheno Memorial Hall	Free	All ages Children under 10 years with a responsible adult



contact Building Blocks (Tanya) 0400002116 or  
BuildingBlocks@fvnh.org.au for more information

## Read Sing Create!

Building Blocks early learning literacy and numeracy program for children 0 - 8 years will be back at Bicheno Library from 11.00 -11.30am each fortnight during term time on 4th April, then back on 2nd May for Term 3 sessions.

## Bay of Fires Youth Art Prize

The 2023 Bay of Fires Youth Art Prize is open for entries from children and young people aged 4 (Kinder) to 18 (Grade 12). Entry is free and we have some amazing prizes again this year. All visual arts media-digital, drawing, sculpture, painting and collage - are welcome to enter. Email for an entry form to BuildingBlocks@fvnh.org.au

All entries will be on display on our website [www.bayfiresyouthartprize.com](http://www.bayfiresyouthartprize.com) and in person at St Helens Portland Hall over the June long weekend. Bay of Fires Youth Art Workshops are coming up in April School Holidays in St Marys, St Helens and Bicheno - email or follow us on Facebook for more information.

## 1000 DAYS OF CONNECTION

### BABY CHAT CAFE ST MARYS

Interested in meeting other parents/carers or hearing more about how you can support your baby to thrive and grow?

Do you live in the Fingal Valley?  
Do you have a baby under 2 years old?

Morning tea provided.  
Siblings Welcome



**St Marys 10.30-11.30am**  
(next to Op Shop, rear of  
Town Hall)

**14th February**

**14th March**

**4th April**

**9th May**

**13th June**

**Online sessions via ZOOM**

**29th March 12.30-1.30pm**

**26th April**

**31st May**

**28th June**

get in touch for the link via  
email, PM or text

1000 Days of Connection is a new program supported by B4- a Tasmanian Government initiative supporting every child in Tasmania to thrive.

Our project will focus on the first 1000 Days, which is so crucial for a child's development and wellbeing. The Baby Chat Café will be a chance to meet other parents/carers, explore how you can support your baby and to share your experiences of being a parent.

Sessions will look at the key B4 messages around what children need in the early years:

- » loving and secure relationship
- » healthy food and environments
- » opportunities for play and discovery
- » positive and inclusive communities
- » a sense of belonging
- » access to services and support

For more information contact  
BuildingBlocks@fvnh.org.au or 0400 002 116 or  
[www.buildingblockstas.com](http://www.buildingblockstas.com)



[WWW.BUILDINGBLOCKSTAS.COM](http://WWW.BUILDINGBLOCKSTAS.COM)



E: BuildingBlocks@fvnh.org.au

M: Tanya : 0400 002 116

### WITH EYES AND HEART

We look at life and the world through our eyes and with our heart,  
 This governs our emotions and determines our response to unify or tear apart.  
 Having this huge responsibility can provide deep satisfaction, blessing and great delight,  
 For here is power to disperse shadows of despondency and hate, and flood the Earth with light.  
 In a world wracked with war, hunger and strife, we think there's little we can do,  
 But the practising of peace, sharing, tolerance and loving begins with me and you.  
 We're powerless to stop the tragic needless war between Russian and Ukraine,  
 But locally we can promote harmony and peace, where there is division and strain.  
 To homeless people 'living rough', we can choose to cast a judgemental disdainful glance,  
 Or we can smile, engage, encourage them to believe in their right to have a second chance.  
 Maybe can't give them shelter or money but we can personally lobby with those who can,  
 For everyone deserves security, safety and inclusion, and not an outcast ban.  
 People who are different or have disability are regarded by the hard-hearted as a drain on society,  
 But these precious people have so much to teach, give and share - obvious to those who truly see.  
 Some think old people should be abandoned, place in a nursing home - out of sight, out of mind,  
 But these once hard-working, still wise people deserve total respect, dignity and always treated kind.  
 Many look at today's young people and judge them as shallow, artificial and full of self-centredness,  
 But given time and guidance, and they'll explode with love and wisdom, and Earth's future they will bless.  
 Children are so vulnerable to bullying and abuse but these actions though seen are often not called out,  
 Stop the silence! Speak up - provide protection, promote joy, for that's what childhood is about.  
 Some big corporations focus only on money, quick returns and huge financial gain,  
 They pollute their surrounding, these people of destruction ignore the social and environmental pain.  
 All this can be avoided by applying insight, equality and knowing all Earth's resources should be enjoyed by all,  
 Then all birds will sing, animals thrive, people rejoice, plants flourish, trees grow strong and tall.  
 For over two hundred years First Nation people have suffered land loss and cultural suppression due to European hand,  
 Now it's time to make amends - support a voice, a treaty, and truth-telling to bring healing to our land.  
 Our responsibility to any circumstance and every situation be it overwhelmingly large or small,  
 Is a continual personal choice - to stay blind and hard-hearted or have seeing eyes and loving hands - it's a daily call.  
 We're givers and recipients of a myriad of things, diverse things, thousands of times each day,  
 And every action, each decision, all choices, can change us, and the world will provide a better way.  
 The sky can be full of gloomy gray clouds when we wanted a bright and sunny day,  
 Our mood can match the drabness when things and plans don't go our expected way.  
 Our actions and reactions are contagious, so it's best not to grumble and complain,  
 Instead look up and realize dark skies are a beautiful promise of coming life-giving rain.  
 When sizzling, searing summer heat saps, suppresses and stops us having fun,  
 We need to stop and remember life on Earth is energized by that great heating sun.  
 There is beauty all around us in every human, bird, animal, insect, plant and tree,  
 Offering great enjoyment if we have appreciative eyes and a gracious heart to see!  
 The devastating earthquakes in Syria and Turkey are agonizing and gigantic beyond belief,  
 But any act of kindness - a sympathetic wish, a sincere prayer, a dollar given, can contribute to relief.  
 The smallest act can make a difference - take a honey bee devoid of energy to return to its hive,  
 Give it a drop of honey, watch it eat, test its wings, and soon it will miraculously revive.  
 A hungry, fragile blue wren comes looking for crumbs on the kitchen floor,  
 Will it be impatiently chased away or given food with the promise to supply more?  
 Easter is the time of year to focus on joy, hope, peace and love and rejoice in God and His Creation,  
 Thankfully acknowledging the love of Jesus - coming, dying on the cross, rising from death, securing our salvation.  
 It's time to cast aside greed, wilful ignorance, pride and apathy - give them no place to be,  
 Replace them with sharing, understanding, gentleness love and tolerance of Easter, twenty twenty-three!

## 5 MINUTES WITH THE MAYOR



It is certainly hard to believe that summer is now officially over and we are in to Autumn already, and Autumn is such a stunning time in Break O’Day.

We are also fast approaching the end of the financial year which means we, at Council, are already working on, and thinking about, what our activities for the next financial year will be.

There are already some big projects in the works for the Valley area, including the Fingal Community Shed and the St Marys Indoor Recreation and Evacuation Centre.

Both of these projects have been through community consultation and now have planning approval so we are now working on the tender documents which we plan to have advertised in April with works planned to start after winter. In order to build the new St Marys Indoor Centre, we will need to demolish the old football Club Rooms which will start in April.

Council staff have also been working on Township Plans for Mathinna, Fingal and Cornwall and these were approved to go out to community for feedback at the March Council Meeting.

The Township Plans are developed with the community and give us at Council an idea of what kind of things the community would like us to focus on as well as their vision for what the community may look like in the future. So we can really make sure these are right and we have heard you correctly, it is important that you have a look at them and provide us with any feedback.

You can find the plans on our website under Community Engagement, but we can also mail out a hard copy to you if you

prefer, just give us a call on 6376 7900 or email [admin@bodc.tas.gov.au](mailto:admin@bodc.tas.gov.au). Feedback on the plans will close on 13 April, so make sure you have your feedback to us by then. You can either mail or email us with your feedback.



Concept illustrations of the Fingal Community Shed, above, and St Marys Indoor Recreation and Evacuation Centre, below.



**Break O’Day**  
COUNCIL  
**Kylie Wright**  
Councillor  
0439 742 946  
[kylie.wright@bodc.tas.gov.au](mailto:kylie.wright@bodc.tas.gov.au)



**Mayor Mick Tucker**  
- serving all of  
Break O’Day

[mick.tucker@bodc.tas.gov.au](mailto:mick.tucker@bodc.tas.gov.au)  
0419 372 813



### St Marys Market

1<sup>st</sup> Saturday of the month, 9am-12pm\*  
St Marys Community Hall

- Beautiful hand-crafted artisan and eco-friendly items
- Fresh produce, plants, and fresh cut flowers
- Fresh baked breads, cakes, cookies and other treats
- Preserves, dried fruits, jams & sauces
- Tarot readings
- ...and more!

Contact: [bodregionalarts@gmail.com](mailto:bodregionalarts@gmail.com) Facebook: @BODregionalArts

\*Subject to COVID-19 restrictions changing. Social distancing, hand sanitisation & attendance recording conditions apply.

## Make Libraries Tasmania your new home library!

As the sunny days of summer come to an end and we begin to look forward to the cosy days of autumn... now is the perfect time to explore Libraries Tasmania from the comfort of your own home. Settle back, relax, and discover our online books, movies, exhibitions and more – and enjoy your very own digital home library at the touch of a button!

### Here are some ideas to get your started...

#### Read and learn online

- Read eBooks and magazines and newspapers
- Learn new digital skills and languages
- Keep your kids learning at home

#### Research

- Your Tasmanian Aboriginal ancestry
- Convict life
- Historic Newspapers
- **If you can't find what you need – just ask us!**

#### Watch and listen online

- Check out our current Allport exhibition
- Movies and documentaries are free for the whole family
- Online storybooks and audiobooks for the kids
- Stream music for the young and old

We also have professional development resources for those who are interested in joining the library profession. Remember: you need to be a library member to access most of our resources. Joining the library is FREE and you can join online!

[www.libraries.tas.gov.au](http://www.libraries.tas.gov.au)



**LIBRARIES  
TASMANIA**



## FINGAL VALLEY SUPERMARKET

- Bread and Milk
- Newspapers
- Fruit and Vegetables
- Fresh Meat
- Groceries and more!



### OPEN

Monday to Friday  
7.30am to 5.30pm

Saturday - 7.30am to 12pm  
Sunday - 7.30am to 10.30am  
(including public holidays)

**6311 1743**

Fingal Valley Neighbourhood House





# Ask. Listen. Link.

We all know someone who might be struggling with life's challenges, and we encourage people to reach out and ask for help.

But...would you know what to say and what to do if someone reached out to you?

Learn how to see the warning signs and how to respond and link the person to most appropriate support that is available.

Join Wendy French for this enjoyable and informative 2-hour workshop.

## Facilitator

**Wendy French**

Managing Consultant  
Talking About  
[www.talkingabout.net.au](http://www.talkingabout.net.au)



 **Talking About ...Training**

## Schedule

Monday 3rd April 2023  
1:00 pm – 3:00 pm  
at the Bicheno Community  
Health Centre

**This session is available, FREE, for public through funding from the following organisations**



St Helens  
Neighbourhood House

Funded by the Crown through the  
Department of Premier and Cabinet.



**primary  
health**  
TASMANIA

RSVP on:  6376 1134  [admin@sthelensnhh.org.au](mailto:admin@sthelensnhh.org.au)



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## Are you seeking assistance with any of the following?

women's  
legal  
service  
tasmania

Financial  
(criteria apply)

Food

Housing

No Interest  
Loans

OR

Household  
Items

Domestic  
Violence

Visit [www.assistancetas.com.au](http://www.assistancetas.com.au)

If you can't find what you are looking for, try [www.findhelptas.org.au](http://www.findhelptas.org.au)

## FREE LEGAL ADVICE AND FINANCIAL COUNSELLING

Women's Legal Service Tasmania are now visiting Fingal Neighbourhood House monthly, offering FREE confidential general legal advice, referrals and financial counselling services.

If you are a woman in need of legal assistance, make an appointment with our visiting Solicitor and Financial Counsellor for their next visit to Fingal

Appointments can be made by contacting the Women's Legal Service on 1800 682 468 or Fingal Neighbourhood House on 6374 2344.



Helping Hand  
Association  
Longford



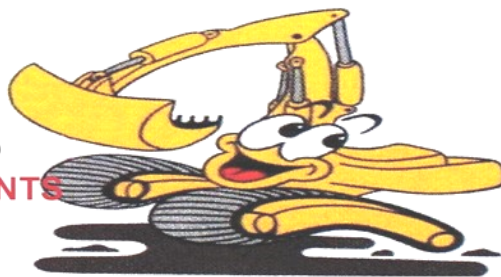
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Dana: 0437 248 033

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**Phone Peter on 0488 742 269**

**Email: [dana@cndexcavations.com.au](mailto:dana@cndexcavations.com.au)**

**PROUDLY SUPPORTING THE LOCAL COMMUNITY**



## TIP SHOPS NOW OPEN

### St Helens Tip Shop

Sunday to Friday  
11am - 2pm

Saturday 11am - 4pm

### St Marys Tip Shop

Tuesday and Thursday  
10am - 3.45pm

Sunday 2pm - 4.45pm



## WASTE TRANSFER STATIONS

### BREAK O'DAY MUNICIPALITY

North Ansons Bay Road, ANSONS BAY: OPEN 12 pm - 4 pm  
Wednesday, 10 am - 4 pm, Sunday and 12 pm - 4 pm on  
Monday of long weekends.

Tasman Highway, PYENGANA: OPEN 9 am - 12 pm  
Wednesday, and 2 pm - 5 pm Sunday.

Eagle Street, ST HELENS, includes recycling: OPEN 10 am - 4  
pm every day.

Coach Road, SCAMANDER, includes recycling: OPEN 10 am -  
4 pm Tuesday and Thursday and 2 pm - 5 pm, Sunday.

Gray Road, ST MARYS, includes recycling: OPEN 10 am - 4 pm  
Tuesday and Thursday and 2 pm - 5 pm Sunday.

Rossarden Road, FINGAL: OPEN 10 am - 4 pm Tuesday and  
Thursday and 2 pm - 5 pm Sunday.

Charges apply at all waste transfer station; see sign at  
entrance.

### BLACK WATER DUMP POINTS

St Helens - 117 Tully Street, St Helens

St Marys — Harefield Road, St Marys

Fingal - Talbot Street, Fingal

No charges apply to use black water dump points.



## SCAMANDER GARDEN CLUB



INVITATION: Please come to our Scamander Garden Club meeting on Monday 17<sup>th</sup> April, when our guest will be Horticulturist, Nurseryman, and Landscape Designer, Mark Hayes from Allans Garden Centre, Prospect. Mark will bring a wide array of plants, small and large, including some rare orders. Ring him soon and book what you need to purchase from his trade table.

The St Helens Garden Club will be joining us and has been invited to enter the following competitions:

1. Flower of the Month: Chrysanthemum - it may be in a pot if you have looked after it for a minimum of twelve months, or it needs a leaf attached and must be in your choice of a container of water.
2. Any Flower - picked from your garden, leaf attached, and in a container of water.
3. Floral Arrangement: Seaside theme – include seaside articles such as seaweed, sand, or shells. Ornaments are permitted. Flowers are not exclusive to your own garden.
4. Fruit or Vegetables: From your garden - can include herbs, nuts, and berries.

Reminder: **Annual General Meeting** will be held on **19<sup>th</sup> of June**, at the Scamander Sports Complex, Coach Road, Scamander, at 1.30 pm.

We would love to hear of your interest in taking up a position and supporting the club in whatever capacity you can.

March competition results:

Flower of the Month:	1 <sup>st</sup> Christine Bowkett	2 <sup>nd</sup> Tennice Ticehurst	3 <sup>rd</sup> Maureen Lloyd
Any Flower:	1 <sup>st</sup> Sandra Flannery	2 <sup>nd</sup> Steve Bogar	3 <sup>rd</sup> Marj Aulich
Floral Art; Flowers all one colour, foliage any colour:	1 <sup>st</sup> Sandra Flannery	2 <sup>nd</sup> Peggy Bogar	3 <sup>rd</sup> Byron Beggs
Fruit and Vegetables:	1 <sup>st</sup> Sandra Flannery	2 <sup>nd</sup> Pip and Andrew Simes	3 <sup>rd</sup> Tennice Ticehurst

Next meeting:

Monday 17<sup>th</sup> April at 1.30pm

*Peggy Bogar, Secretary*



*Sandra Flannery's monocolour arrangement, left, and her fruit and vegetable display, right, took out first prize in each section.*

We meet at the Scamander Sports Centre, on the third Monday of each month. Doors open at 1.00pm for a 1.30pm start. Cost per meeting is \$2.00, with raffle tickets being 50 cents each. Please bring a plate of finger food to share. Judging of flowers, fruit and vegetables each meeting.  
Enquiries - Peggy Bogar, Secretary. Phone 0459 027 306



### ST MARYS COMMUNITY HEALTH CENTRE

PHONE APPOINTMENTS ARE NO LONGER AVAILABLE.

As appointment waiting times are now up to three weeks in advance, all patients need to book face to face appointments if they require medication on a monthly basis.

We ask that patients book their appointments in advance for monthly scripts at the end of each visit.

SCRIPTS WILL NO LONGER BE ISSUED BY PHONE - PLEASE BOOK APPOINTMENTS IN ADVANCE PRIOR TO YOUR PRESCRIPTION EXPIRING - APPROXIMATE WAIT TIME CAN BE UP TO 4 WEEKS, SO PLEASE PLAN ACCORDINGLY.

THANK YOU



## FISHING REPORT

### By The Happy Hooker



The fishing over the last month has really been going well, and from salt water to the fresh, anglers have been doing well. Tuna have been caught along the north and northwest coast and although the tuna have been slower along the east coast at the moment, the tuna fishermen are expecting their numbers to improve, along with the sport for them. Fresh water continues to be productive, with some lovely sized trout coming from the South Esk River. It is pleasing to see some young local Fingal boys spending their time fishing along the river, catching some nice trout. The trout season ends on the last weekend of April, so there's not much of the season to go to catch a trout. The trout will be feeding as much as they can now to prepare themselves for the upcoming spawning run.

10 February: St Helens was the destination and a trip down was on despite constant rain on the way down. A thought to turn around was on the cards until a weather report came over the UHF that the weather at St Helens was okay. I launched the boat at Akaroa and headed up the channel, casting soft plastics around broken bottom, looking for a King George Whiting to take the six-inch blood red worms, and a few nice ones played their part along with salmon, trevally and flathead and of course, the tackle shop 'mafia' fish, the old leather jackets that make short work when they chop the plastics to pieces really quickly. With plastics at ten dollars a packet, they do make the tackle shop proprietors very happy and rich. I then decided to try for a bream or kingfish, and set up a hard body lure and moved to the edges of the Stockman Flats to prospect if anything was sitting along the drop off, and that's where my day turned for the worst. First I had a battery go flat (my own fault), so I had no electric motor to stop the wind blowing me out of where I needed to be, and I had no power for the sounder to help find any schools of tailor salmon or kingies that may be sitting along the edges. Then it started to thunder a little, then a lot; "No worries, I don't mind getting wet," I thought. Then it started raining a little, then a lot; a real lot, so a flying full throttle trip back to the shelter of the car was on. I had just pulled the boat up onto the beach and ran to the car, then my boat trailer tyre was flat...it rained torrentially for half an hour with water everywhere, so a call was made that I had to get the boat on the trailer, as it was filling with rain water and it would be difficult to load with the boat winch with so much water in it. A quick tyre pump-up, load the boat, pack the gear away all in heavy rain. I was lucky that I never got pulled up by the police on the way home as a bit of a quick talking as to why I was driving home in my dacks and singlet would have been in order. "Go fishing," they say, 'it will be fun! Yeah, right!"

3 March: Left Fingal with the intention of fishing the Scamander River, but got to the coast and only a slight breeze was blowing, so the decision was to head to St Helens. We had a good morning fishing, catching some nice trevally and whiting up the channel. We were drifting along with the current when I noticed under the boat what I first thought to be a piece of seaweed on the bottom that resembled a squid. I always have a rod rigged up with a squid jig, so I dropped the jig down to the area to be sure, and was surprised to see the seaweed swim over and grab the jig - a lovely squid in the bucket for tea was a bonus. We ended catching a couple more until they went sooky, and never caught any others.

10 March: I went up to Lake Leake on the Friday afternoon with the intention of a fish that evening and fishing morning wind lanes on Saturday. I went out on the lake around 5.00pm, it was a calm mild afternoon and had the expectation of some trout feeding off the top. Unfortunately, there was not a lot of fly-life, and apart from some small trout chasing very small insect life, no decent fish were seen. I stayed out until dark but returned to the ramp without casting a rod. On Saturday morning the wind was blowing, so had a bit of a tidy-up around the camp and returned home.

24th and 25th March: St Helens/Ansons Bay/St Helens

Left on the Friday to head to Ansons Bay for the East Coast Family Fishing Club's Bream competition. Driving into St Helens, I thought a squid for tea would be nice and to use the tentacles for bream and whiting bait as a Plan B at Ansons would be the go if the bream fishing was tough on the lures. I called into St Helens and put the boat in and headed up to the spot I've caught squid previously, and I soon had a couple in the boat. On the way back to the ramp, I had a go at some salmon under the seagull flocks that give away their presence, before having to continue on the way to Ansons Bay.



## ST HELENS NETBALL ASSOCIATION

The St Helens Netball Association are getting ready for the start of the 2023 season, with pre-season clinics being run by the Association in conjunction with Lou Carter, Elite Netball Coach. The next clinic will be held on Thursday 30th March, and the final clinic is on Thursday 6th April, held at the Bendigo Bank Stadium in St Helens from 5.30pm to 7.00pm. Players must be aged at least 13 years old, and parents must also attend. Adults are welcome. Registration forms must be filled out on the day.

Its important to keep these running for pathways for our juniors and sharpening of skills for all.

The 2023 roster will commence on Friday 28th April, with 4 clubs participating:

Clovers

Georges Bay

Bay Of Fires

Surfside

More senior players are being sought, contact the Association if you are interested in finding out more at: [sthelensnetball@gmail.com](mailto:sthelensnetball@gmail.com)

The St Helens Netball Association would like to thank Lou Carter for her involvement in the clinics.



### ST HELENS NETBALL ASSOCIATION PLAYER DEVELOPMENT COME & TRY PROGRAM

Program will be run by St Helens Netball Association in conjunction with Lou Carter (Elite Netball Coach)

Age group: 13 years & over (Grades 7/8/9 & Adults)  
(Adults welcome to this session also)

Time: 5.30-7pm

Where: Bendigo Bank Stadium St Helens

Dates: (All to be held on Thursdays)  
23/03/2023 30/03/2023,  
6/04/2023

Registration forms to be filled out on the day, Parents must attend

Bring your drink bottle, come and learn some new netball skills & have some fun

Enquiries: [sthelensnetball@gmail.com](mailto:sthelensnetball@gmail.com)

### THE HAPPY HOOKER *(conclusion)*

The Plan B of some squid tentacles didn't quite go as planned; as I was cleaning the squid, I had the head and tentacles in the clean dish while washing the squid tubes out when let's say a lovely thieving molly hawk grabbed the squid head and flew off, with a few of my unprintable words chasing him. On the Saturday, I was out on the water at Ansons Bay just breaking daylight and not having fished Ansons Bay before, I mostly concentrated on fishing in the river, and caught a bag of 12 bream all released to fight another day, as most were under a kilo and not worthy of taking to the weight judge. Most bream were caught on hardbody lures, as the soft plastic worms I tried using were just getting smashed by the greedy puffer fish that must be in their millions in there. I did snag into one nice bream who gave a good fight and through my poor line management and drag setting, lost the bream when he broke the line and returned to the river with a Thirty-dollar piece of jewellery stuck in it mouth to show his friends. I'm not sure if I was more disappointed as losing the fish or losing my favourite thirty-dollar lure. I left Ansons around 1.00pm and intended to return home but the day at St Helens was just perfect, so I decided to go out on the bay for an hour and get a couple whiting for tea that night before heading up the hill.

Until next time, tight lines.



*The molly hawk is a member of the Albatross family.*

## SCAMANDER RIVER GOLF CLUB



### Wednesday 15th March - Mid-Week Competition - Jackpot Stableford

1st	Dick Swanson	34 points
2nd	Dean Richardson	34
3rd	Graham Little	34

Nearest the Pin 6th: Dean Richardson  
8th:

### Thursday 23rd March - Veterans Golf @ Malahide, -- Longford Visit

1st	
2nd	NO SCORES AVAILABLE
3rd	
4th	

Nearest the Pin 6th  
8th

### Saturday 18th March - Ironhouse Brewery Stableford

Fantastic sponsorship, thank you Ironhouse Brewery. Great field but it would seem most players aren't used to playing without the howling wind and rain! Great turnout.

1st	Jodan Longfield	40 points
2nd	Rodney MacBeth	34
3rd	Darren Bramich	
Special Mention	Beth Haas	31

Nearest the Pin 6th: Rod Shaw

### Tuesday 21st March - Ladies Stableford

1st	Sarah Tatnell	36 points
2nd	Beth Haas	31
3rd	Carolyn Stingel	29

Longest Putt: Rose King

### Wednesday 22nd March - Mid-week Competition - Stableford

1st	
2nd	NO SCORES AVAILABLE
3rd	

Nearest the Pin 6th:  
8th:

### Upcoming games:

29th March	Midweek Competition
1st April	East Coast Surf Monthly Medal
3rd April	Harcourt Brooch and Putting/Stroke
4th April	Jackpot Stableford
7th April	Tilford 3-Person Ambrose
11th April	EASTER

### Saturday 25th March - Mitre 10 2 Ball Ambrose

Excellent day, excellent course conditions. Thanks to Mitre 10 for your generous sponsorship.

1st	Carolyn Stingel and Rodney MacBeth	63
2nd	Rose King and Jens Kalisch	67
3rd	David Paix and Tony Swanson	37.5

Nearest the Pin 6th: Darren Bramich  
8th: Darren Bramich

Longest Putt on 9th: Mark Bywater

**Malahide Golf Club**  
**Joe Ellis Memorial Day**  
**29th April 2023**  
**3 Person Ambrose**  
**9.30am - 10.00 Start**  
**\$20 per Person**  
**Inquiries to A Johns 0427854555**





## MALAHIDE GOLF CLUB

### Friday 17th March - Chicken Run

1st	Klaus Kobylinski	26 points
2nd	Stan Ellerm	29
3rd	Mick Prewer	30.5
4th	Randall Wadley	32.5
5th	David Duthie	33
6th	Grant Richardson	33
7th	DB Lowe	33.5
8th	Robert Mathews	35
9th	Rod Hunt	36.5
10th	Tony Weststrings	39

Nearest the Pin            4th: Grant Richardson  
                                      8th: David Duthie

### Friday 24th March - Chicken Run

1st	Stan Ellerm	22.5 points
2nd	Klaus Kobylinski	26
3rd	David Duthie	26.5
4th	DB Lowe	26.5
5th	John Vincent	30.5
6th	Grant Richardson	31.5
7th	Mike Prewer	32
8th	Bill Swann	32
9th	Robert Matthews	33
10th	Randal Wadley	35
11th	Gary Lanham	46

Nearest the Pin            4th: David Duthie  
                                      8th: Stan Ellerm

### Saturday 18th March - Red Marker Day

1st	DB Lowe	37 points
2nd	Klaus Kobylinski	36
3rd	Mark Johns	34
4th	Randall Wadley	33
5th	David Duthie	32

Nearest the Pin            4th: DB Lowe  
                                      8th: Klaus Kobylinski

### Saturday 25th March - Par

Enjoyable game of golf along with beautiful weather....time to get one's old golf balls out, as the crows are back!

1st	DB Lowe	+3
2nd	Andrew Johns	-3
3rd	Peter Sorenson	-3
4th	David Duthie	-4

Nearest the Pin            4th: Peter Sorenson  
                                      8th: Andrew Johns

### Upcoming Games:

1st April	Monthly Medal
8th April	Par
15th April	Captain versus President Day
22nd April	Canadian Foursome

### Interested in taking up golf?

We'd love to see you on the course - you can choose how often and when you want to play. You can choose social events or play competitively - its up to you. Come along on a Friday night and have a chat to us.

### Friday Nights at Malahide Golf Club

The Committee of Malahide Golf Club invites you to enjoy a convivial Friday night get together at the Malahide Golf Club - just across the South Esk River from Fingal. Join us to connect with friends and enjoy light refreshments and good fun every Friday from 4pm. You don't have to be a golfer!

**Malahide Golf Club** hold a Chicken Run on each Friday starting at 1.00pm, \$4.00 entry. Saturday competition starts at 10.00am and we also have a Facebook page that is updated regularly.

⇒ Full membership is \$235 per annum

⇒ Social Membership is \$50 per annum

Contact Andrew Johns - Club Captain on 0427 854 555

## EAST COAST SWANS FOOTBALL CLUB



### GIANT AUCTION

Our Giant Auction, which was held on Saturday 11TH March, was a huge success, with figures suggesting it was our best ever. A really strong crowd attended, with everything sold. Some of the popular items were the wood, beef, lamb, seafood and the tradesman services. #1 ticket holder Harry Jager was once again prominent during the wood auction and president Steve Walley bought the accommodation package at Freycinet Lodge suggesting he may have had to win some brownie points at home!!

### SEASON LAUNCH

The Swans held a very successful day on Saturday 25<sup>th</sup> March with practice matches and the season launch.

The Saturday began with an inter club practise match featuring our first ever women's team, which is being coached by the experienced Steve Dodd, giving the ladies a chance to hone their skills before their first game at St Helens on Saturday 22<sup>nd</sup> April.

The men tackled Sheffield in their match, giving local fans their first opportunity to see many of the new Swans players. Although both teams were below full strength, the Swans were able to run out comfortable winners. Players to catch the eye were a lean, mean Marcus Haley, Chae Evans, Lewis Ritchie, Hunter Robinson, "Jacko" Riley and the big string bean, Jarrod Mason.



*The East Coast Swans first ever Women's team.*

The evening festivities were hosted by the ever-smiling sports host, Tom Johnson and began with the introduction of the coaches, Steve Dodd (women), Ethan Crossingham (reserves) and Kodie Joseph (seniors). The season's co-captains were named - Lewis Ritchie and Marcus Haley, while the women's leadership team consists of Tamiaka Gillies and Anna Williams as co-captains, Piper Chapple, vice captain and Chelsea Wells and Sophie Richards as assistant coaches. A number of new men's players were in attendance and were presented with their guernseys by coach Kodie, who was impressed with their on-field performances.

The big crowd was hugely entertained by ex-AFL star Jason "Aker" Akermanis, who looked rather subdued without the trademark blond hair. 'Aker' regaled the crowd with many hilarious tales of his colourful life, including details about his younger years which were not always a bed of roses. The number of people having "selfies" with 'Aker' after his presentation certainly showed that he is still a very popular footy personality.

The evening's formalities concluded with an auction of sporting memorabilia which saw many sports fans digging deep into their pockets to grab a piece for the man (or woman) cave.

Don't forget – the Swans men's teams first roster match against last year's premier St Pats to be held on **15<sup>th</sup> April at home.**

Details of the roster can be found on our Facebook page.

### JUNIORS SHINE IN NTJFA GAME

On Sunday 19th of March, 4 boys from the East Coast Swans U14 team were chosen to represent the U14 Northern Tasmania Junior Football Association (NTJFA) where they were to play against North West Football League (NWFL) at East Devonport.

Jaxon Harrison, Connor French, Tyler Speers and Byron Woods represented the Break 'O Day region well.

Tyler Speers kicked the first goal of the game and contributed nicely all over the ground. Connor French was also a stand-out in the forward line, kicking 3 goals for the day and a huge asset to the team. Jaxon Harrison worked tirelessly all over the ground, showing a dominant display in the ruck, and Byron Woods played solid in defence and when moved forward, kept forward pressure up for his team.

NTJFA were convincing winners in the end, winning by 72 points.

Final Scores were: NTJFA 10.14.74 V NWFL 0.2.2

**\*\* write up from Byron Woods\*\***



*Left to right: Tyler Speers, Jaxon Harrison, Connor French and Byron Woods.*



## ST MARYS SPORTS CENTRE

By Volun Tier



Welcome to another busy couple of weeks at the Centre and many more to come. In the last fortnight we have seen the wind-up of our pennant bowls season, with a final loss to Scamander at home, congratulation to them for finishing top of the ladder, and all the best for the Grand Final against Swansea. After the game, we squeezed in our Best and Fairest count, which was won by Macca from, in second spot, an extremely unlucky Sue Breen, who missed the last two roster games with injury, and the Most Improved Julie Keane, with Bobby Harwood in third. Then we followed-up with a magnificent gourmet pie and dessert night with the compliment of Peter Ross, who volunteered his services for the evening and by the looks of the clean plates that went back to the kitchen and the offer of left-over purchases, the evening went down a treat. Big thank you to those who helped prepare, carry and clean up on the night. Thanks again Pete, who offered to do more nights when he is able; keep an eye out for that. Whilst on food, our Autumn Specials are about to start, Friday 14th April is our first go, check out the advertisement for that, and Jun and Feng's meal night the week after.

This Monday we hosted the RSL bowls again, a great day enjoyed by all, Graeme Bean and Jan Wallace taking the spoils from Garry Laycock and Mary Baker, Julie Keane winning the spider roll up and the whole group enjoyed the chocolate-covered almonds.

Whilst I have time, I must thank some of our behind-the-scenes helper who put in unselfishly on a regular basis at the club. Peter LeFevre this week took the broken-down roller motor to Scottsdale to be fixed and had it back and running in two day, also for his help with machinery in the shed, along with Jeff Springer. We are able to save literally thousands of dollars in repairs. Michael Smith, or as he is known, 'the Quiet Achiever', thanks for many hours on the course mowing fairways and rough without fuss and doing a great job. Our wonderful crew in the kitchen, who give up their time for preparing, dish up and cleanup on meal nights, thank you all. Finally to those who walk in, see what is happening at the club and donate time or gifts, thank you as well. This week Laurie and Katie donated a lovely chopping board for our kitchen, a wonderful gesture and very much appreciated. To the rest that help out on course and rink, where would we be without you all, thanks so much.

Also at the end of the week, Thirlstane Golf Club from the north-west will be having a hit at the course and we will be catering afterwards. The rink has to be kept open until mid-May for the Cremorne Bowls Club visit, so it will be practice as usual until then. Plans for the Champion of the Magnificent Fingal Valley are well underway, big thanks again to Rod Hunt for his tireless work.. Phew, time for a quick breath!

**Golf:** Last week, a close one, Nick Child on a count-back from Rod McGiveron and Jimmy Freiboth on 19 points, Judy Matty and Mac on 15, Keith Gillies 14 and Dave Cannon 12. Nearest the pin, Matty Miller. This week, well done Keith on his first win with 17 points on count-back from Nick Child, big improver Mick Kringle 16, Rodney 15, Pete Sorenson 14 and Macca 12, fantastic to see so many on the course, enjoying golf and a feed.

**Member Draw:** Peter LeFevre, and this week Melita Viney, no collect, so fuel jackpot to \$70.00.

### Opening Hours:

**Thursday - 5.30pm**

**Friday - 5.30pm**

◇ **Autumn Specials Meal Night**

◇ **Happy Hour 6.30pm till 7.30pm**

◇ **Members Draw 8.00pm**

**Saturday - 1.30pm after golf.**

**Sunday - 2.30pm.**

Until next time, good hitting, rolling and socializing.

ST MARYS SPORTS CENTRE INC.

**PRESENTS: (They Are Back !!!!)**

## **AUTUMN SPECIALS NIGHT**

FRIDAY 14<sup>th</sup> APRIL at THE CENTRE

BETWEEN 5:30 & 7pm

Call in for a hearty Autumn feed

**FRIDAY 14th, Main & Dessert \$20**

Chicken, Leek & Mustard Hot Pot With Vegies

Two Tone Chocolate Mousse

**SATURDAY 22nd APRIL \$25 Main \$5 DESSERT**

JUN & FENG'S CHINESES NIGHT

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**Down: 1. Viceroy, 2. Nominal, 3. Mallet, 4. Crib, 5. Beta, 6. Neat, 8. Heart, 12. Eyot, 13. Sofa, 16. Ass, 17. Tor, 19. Avow, 20. Edge, 22. Easiest, 23. Menthol, 25. Infer, 26. Emblem, 28. Show, 29. Erse, 30. Tact.**