

THE VALLEY AND EAST COAST VOICE

Established 1968

Edition 55.06 27th April 2023

Deadline for 55.07 is 5.00pm on Monday 8th May 2023

ANZAC DAY - WE WILL REMEMBER THEM

A chilly morning greeted the 60 attendees at the 6am dawn service in Fingal on Tuesday 25th April 2023. Selina Lyons played the bagpipes on arrival and during the wreath laying.

Returned serviceman Anthony Tennick led the service and spoke about the ANZAC, and read the honour roll of the Fingal Valley from WWI. At the conclusion of service, attendees moved to the Fingal Valley Neighbourhood House and enjoyed bacon, eggs and warm cups of tea.

The 11am service at Mathinna was a little warmer for the 50 people in attendance. Anthony Tennick again led the service, wreaths were laid and the honour roll was also read.

Attendees were invited back to the Mathinna Club for lunch and refreshments.



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Brian Mitchell MP
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Need help with Medicare, Pensions, NDIS or other federal matters? Please call me on (03) 6263 3721 or email me at Brian.Mitchell.MP@aph.gov.au

Authorised by Brian Mitchell MP (ALP, Tasmania)
25 Green Point Road Bridgewater TAS 7030

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Fingal Valley Neighbourhood House

Valley and East Coast Voice

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Regular articles i.e. news of current activities/events and general information will, at the discretion of the Editor, be carried free of charge. Community group announcements up to 5 lines or business card size are free, anything larger will be charged at 50% of current rates. The decision regarding whether or not an article attracts advertising fees is the Editor's. Groups will be advised of any cost before going to print.

Private community announcements/private classifieds are free for one issue.

Articles for publication may be left at the Fingal Valley Neighbourhood House, St Marys Pharmacy, posted or emailed.

We do not accept responsibility for the accuracy of information provided by contributors.

For online advertising or any other advertising queries, please contact the editor.

valleyvoice@fvnh.org.au

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Annual posted subscriptions are \$69 and annual online subscriptions are \$20 per year.

24 HOUR EMERGENCY CONTACT NUMBERS

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Ambulance, Fire & Police	000
Crime Stoppers	1800 333 000
Digital Mobile Phone Emergency Service	112
Poisons Information	13 1126
SES: Flood & Storm emergencies	13 2500
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TasWater	13 6992

Opinions in any letters published are not necessarily those of the Editor, staff or volunteers.

Our pages remain open to fair and honest criticism so that, on all questions, both sides may be presented, but any submissions containing personal attacks/libel/slander will not be accepted.

Kindly do not attack the Editor, the paper or the authors of previous articles.

All articles for submission, including letter to the Editor, must bear the author's full name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only. Letter writers will be given the chance to respond over a suitable period of time.

Subjects may be closed at the Editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The Editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. Whilst we value and welcome community input, the Fingal Valley Neighbourhood House does not provide specific feedback regarding any decision made not to publish a submission.

The Fingal Valley Neighbourhood House reserves the right at all times, without notice, to update, change or amend our guidelines. All information is correct at time of printing.

This newspaper is about the Fingal Valley and the East Coast, and the people who live here. If you have a story you would like to share, or a suggestion for an article or regular column, please contact the Editor. You can show off your literary talents and submit it for consideration, or the Editor can write it for you. Photographs are important too, so try to include them, with some information as to where and when it was taken, what the occasion was, and who is in it.

We also like to tell people about our sporting history, and tales of sporting prowess and vanished sporting events are also welcome.

Email me at: valleyvoice@fvnh.org.au

Elizabeth

Editor - The Valley and East Coast Voice.

ANZAC DAY SERVICES

Locals and people from St Marys to Yolla attended the 11.00am Anzac Day Service at **Avoca**. Campbell Town District High School student Hollie Stagg, supported by her brother Kevin Stagg, (pictured below right) recited the poem 'I Am Wearing a Poppy' and Doug Loane, a local farmer, was the guest speaker. A BBQ lunch and afternoon tea with live music by local band "The Prairie Oysters" was enjoyed as people mingled and chatted after the Service.



(Text and photographs courtesy of Mary Knowles OAM, Mayor Northern Midlands.)

At **St Marys**, over 100 people attended both the 6.00am and 11.00am services.

The 6.00am service featured a fire pit donated by St Marys Social Club, pictured right.

Jimmy and Wally Freiboth represented St Marys District School, Ian Summers did the readings and John McGiveron gave the address.



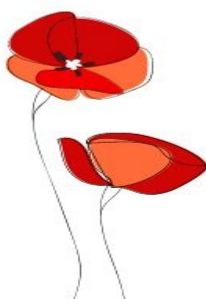
Wreaths from a range of organisations and individuals including St Marys Memorial Association, St Marys District School, Peter and Beverly Rubenach, John Tucker MP, Break O'Day Council and St Marys SES and Ambulance Services were laid, and Hannah Mather played the Last Post

Organizer Rick Lohrey thanked all attendees, and a 'Gunfire Breakfast in the Town Hall followed the 6.00am service.

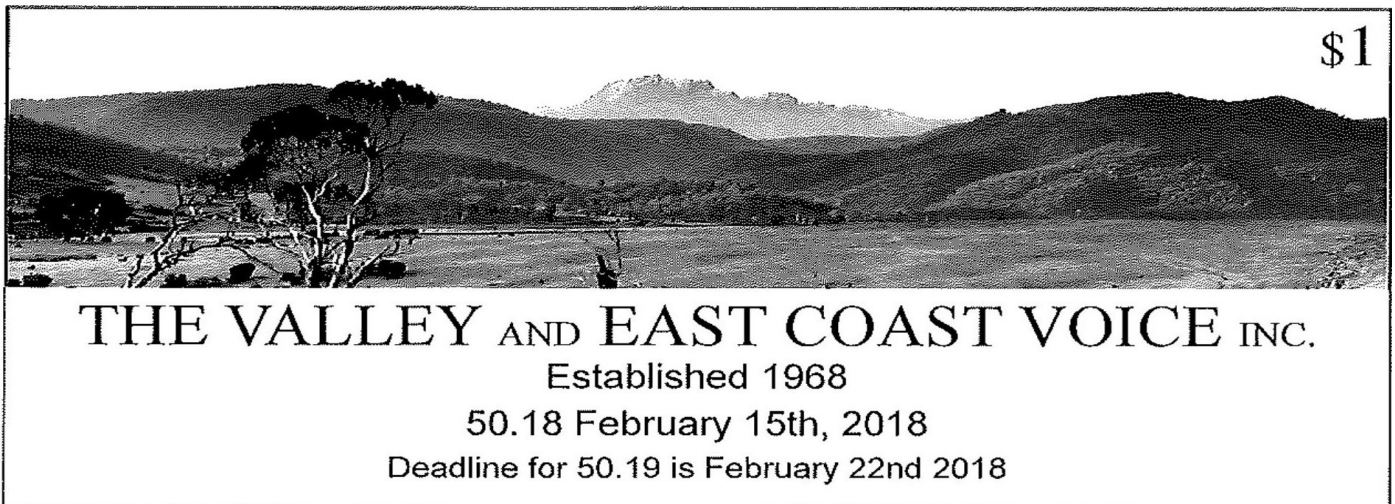


(Text and photographs courtesy of Tanya Greenwood.)

*Fingal Valley
Neighbourhood House
History Group have put
together a display for
ANZAC day. The small
exhibition will be in place
until late May.
Please do call in and look
through - Monday to
Friday from 9am til 3pm.*



As The Valley and East Coast Voice is celebrating 55 years of publication this year, we are replicating a page from a past copy of 'The Valley Voice' in each issue. This issue, we feature the cover of Issue 50.18, published Thursday 15th February 2018. If you have memories to share about the pages we replicate, please share them with us: valleyvoice@fvnh.org.au



.....AND SO THE JOURNEY CONTINUES

Welcome to the first edition of the Valley and East Coast Voice Inc. from the Fingal Valley Neighbourhood House.

I have always had great admiration for volunteers within the community who put themselves out there to help bring a service or event to the public and that is exactly what the previous editors, committees and volunteers of this newsletter did on a fortnightly basis for many years. I, as the new editor, realise the extent of the work they have done and I highly commend everyone involved.

We know there are big shoes to fill and I hope you will continue to support the paper and understand if there are some teething problems. A big thankyou to all the advertisers who have shown their support by continuing their subscriptions, without them this project would not be able to continue.

Our aim is to provide the best service to the community by continuing with the "Voice" and Focus. We are excited about the partnership with the St Marys District School, and believe it will strengthen the value of the newsletter by getting a different perspective on current affairs and community news, whilst assisting the students to gain experience in the varied processes of publishing a newsletter.

We are asking if you have anything to say, something to sell or an idea to enhance the publication please let us know, we can be contacted through our email, valleyvoice@fvnh.org.au or by phone to 03 63742344. We want the paper to be entertaining and informative, at times controversial, but above all useful to the communities of the Break O 'Day and Northern Midlands municipalities.

Inside you'll find a mixture of news, features and regular columns on a wide range of social and cultural issues, and thanks to the upcoming election an insight into what the political parties have to offer.

Enjoy the read.

Keri

"A good newspaper, I suppose, is a nation talking to itself." Arthur Miller—

SO LETS GET TALKING

To celebrate the continuation of the Voice we will publish this edition in colour.

BEACHES A NO-GO FOR ST HELENS HORSE OWNERS

Horse owners in St Helens and surrounding areas have been told they would need to travel to Bicheno or Bridport to use a stretch of beach to exercise their horses.

Federal Lyons MP Brian Mitchell met with local horse riders at Beaumaris recently to hear their concerns. "What I don't understand is how the Tasmanian Liberal Government thinks it's OK for dune buggies to roar along the beaches but horses and riders are apparently too much of a risk," Mr Mitchell said. "Horses play an important role in regional communities and space has to be made for them on our beaches."

Cindy King from the Riding for the Disabled Association of St Helens and Angela Riley from the Suncoast Horse and Pony Club, as well as several local horse owners, are advocating for a small stretch of beach in the St Helens area for their use – just like the ones currently permitted for off-leash dog exercise and dune buggies. "Unfortunately we are in the process of closing RDA St Helens, but I will remain a coach affiliated with the centre down south and am hoping to set up my own business working with children and ponies, so to be able to take them down the beach would be amazing," Ms King said. "I know how good it is for my own mental health, so with all the hype around mental health and obesity in children and adults, all options should be available for recreation and mental health," she added.

Horses were ridden on the beach for some time, but Parks and Wildlife caught someone there and told them that it was prohibited. "I have always walked our horses and ponies down there for exercise and swimming for the past 20 years till I was informed it was not permitted. No signs to indicate same, though," stated a resident who did not wish to be identified.

Local resident and horse owner Yvonne Young would like to be able to use a stretch of beach for the benefit of horses and riders. "We would need to travel for at least an hour to be able to use a beach to exercise our horses. To have a local stretch of beach would give us and our horses an alternative location than our own land. I have contacted the local council who could not help, as the state manage the beaches here, and have sent a letter to the State government with no response."

Mr Mitchell said he had written to the State Government urging it listen to the community and find a solution.

(Text and photograph, courtesy press release by Brian Mitchell MP, quote from Ms C King.)



Lisa Harris, Cindy King, Angela Riley, Yvonne Young, Brian Mitchell MP, Kellie Dowling and Shane Gould, discussing the prohibition of horses on beaches around St Helens.



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Monday to Friday
7.30am to 5.30pm

Saturday - 7.30am to 12pm
Sunday - 7.30am to 10.30am
(including public holidays)

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Fingal Valley Neighbourhood House



ST GEORGE'S

OPEN DAY MAY 14TH

9am until 2pm

Mathinna Community & Landcare Group

SAUSAGE SIZZLE & LIVE MUSIC

come and see this grand old lady lovingly restored and help us keep her going for future generations! All Welcome!!

AT DUNN ST, MATHINNA
AND HELD IN CONJUNCTION WITH MOTHER'S DAY MARKET, HIGH ST, MATHINNA



Mayor Mick Tucker
- serving all of
Break O'Day

mick.tucker@bodc.tas.gov.au

0419 372 813



MOTHER'S DAY MARKET

Mathinna Community Hall

AND GRAND OPENING OF ST GEORGES CHURCH OF ENGLAND

SUNDAY 14TH MAY,
2023 9AM - 2PM

SCOOTER JAM

YOUTH WEEK 2023
BE BOLD BE YOU

SUN 7 MAY 10AM - 3PM

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Mentors in Violence Prevention (MVP)

2020-2023 FREE Workshops

A bystander* intervention program



MVP is an exciting new leadership program which is for all members of the community.

MVP gives us the skills to help end violence against women.

***Who is a 'Bystander'?**

- An onlooker, a spectator, a passer-by.
- Everyone, is a bystander.
- All of us have seen or overheard bullying, harassment or acts of violence.

MVP helps us learn how to safely prevent, interrupt, or confront these behaviours.

MVP Workshops encourage conversations about how we react to issues ranging from bullying, to family violence.

The Workshops will give you the chance to develop and practice options you can safely use in a range of situations.

Help make your community a safer and fairer place.

VIOLENCE PREVENTION - HOW YOU CAN HELP

The Mentors in Violence Prevention (MVP) Program is an exciting new leadership program focussed on preventing all forms of violence. The program views all participants as empowered bystanders who can defuse, interrupt or prevent violence. It seeks to enlist all people in helping to end violence in our communities by equipping them with the skills to be effective bystanders.

MVP training is aimed at general community members and workers in the community sector. It is discussion-based and highly interactive. It starts conversations about leadership around issues such as: gender-based violence, family violence, sexual assault, fighting, and bullying. The program strives to challenge participants to understand and embrace the necessity of their action - as leaders and proactive bystanders - when faced with situations that are, or might become, abusive and violent. The Workshop gives participants the chance to develop and practice concrete options which they can use in a range of situations.

Date: 5th May 2023

Venue: Break O'Day, Child and Family Centre (1 Groom Street)

Time: 10.00 am – 3.00 pm

To Book: <https://www.trybooking.com/CEMMD>

Morning tea and lunch are provided.



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EAST COAST

V E T E R I N A R Y
C L I N I C

CLINIC OPENING HOURS:

Mon-Fri 9:00 - 5:00

Saturday 9:00 - 2:00

Closed Sunday and public holidays

Available for out of hours emergencies all hours

67 Quail Street, St Helens

Ph 6376 1577

The Say by the “Cage Rattler”

Wasn't it great, albeit annoying I grant you, to finally see more than a patch-up job on the western end of St Marys Main Street at last. Truly hoping that it will last for a bit longer than the patches, eh....A really great thing. Well done to all those involved and to the property owners disrupted by the noise at night. A necessary evil no doubt, or it would have been done otherwise.

Something I touched on in different ways previously, but I might just put out a thought on a subject many of us are involved with one way or another; it comes after years gone by, namely Woodcraft Guild Open Days, Stitchers/Quilters events, Music Groups, the incredible Car Show of course, and more recently, the very recent display event involving small engines and such which seemed to go well. Great effort by all involved there....apologies to other similar events no doubt I've forgotten.

I wonder is it time for the Valley to consider holding a Hobby/Recreation Expo at a suitable time and place to showcase an increasing variety of interesting things that go on in our region? It could be such things as mentioned above, it could be photography, orienteering, rock climbing, various modelling pastimes and genres including ships, cars, trains, aircraft etc. It could be fishing, boating, marksmanship, several sports, painting and drawing, books....whatever people have a love of doing. So much of our lives revolve around things we HAVE TO do, but it's pretty important to try or look into things that we LIKE TO do.....

Obviously it would take a bit to organize, as its all 'pie in the sky' and may not happen at all, but just the same, I hope any group or individual that ever want to pass on something they really enjoy, information and contact details in case someone else would like to give that interest a go, even if it's via a social media outlet, a club or organisation, that would be great. Maybe even by way of our incredible Valley Voice, subject to editorial approval.

So much great stuff happens out there, but sadly we don't seem yet to have a way of spreading the love to others. Possibly a get together of some type in one or more local venues might be a way of doing that, eh?

What do you think?

FROM THE EDITOR

The Valley and East Coast Voice would like to thank the St Helens Football Club, known locally as the East Coast Swans, for their recent kind donation.

As a community newspaper, this enables us to continue to bring our readers stories and pictures of matters which are important and entertaining, along with match reports and photographs of the football season and a fortnightly round-up of local golf clubs.

Once again, we thank the St Helens Football Club for the donation.

B.O.N.E. - Bird Observers of the North East

We had a lovely birdwatch last week. The morning fog of St Marys disappeared and we enjoyed a wonderful autumn morning.

Some highlights for us were the male and female Golden Whistler in the same tree, some juvenile Grey Fantails playing chasies, 3 Wedge Tailed Eagles soaring above us and then the delight of a Scarlet Robin at morning tea!

Next month we head towards the Gardens area, to a road near Taylors Beach. We will walk along a gravel road that leads to an old quarry, some more bush birds and hopefully a few seabirds as well.



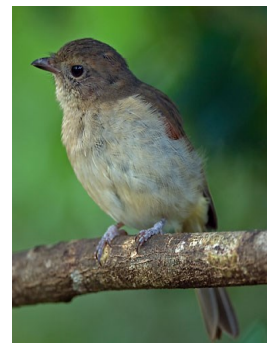
Next walk - Wednesday, 3rd May, to Taylors Beach

Meet at Bayside carpark at 8.15am for 8.3am departure.

Wear enclosed shoes and morning tea to be shared back at the cars.

Ring Nat on 0400 750 364 to register your interest.

The male Golden Whistler (left) has golden plumage, while the female, (right) is well-camouflaged, enabling her to blend in well with the foliage when sitting on the nest.



May

NOTES:

May 14	Mother's Day
May 29	Memorial Day
House Phone	0363 742 344
Fingal Supermarket	Mon-Friday 7.30-5.30 Sat 7.30 - 12pm Sunday 7.30-10.30
Online Centre	Monday - Friday 9-3
Library	Monday - Friday 9-3
History	Hours on Calendar
Op Shop	9.30 - 2.30
St Marys Gym	Email: active4life@fvmh.org.au
Fingal Hairdresser	0407 549 678
L&F =	Loaves and Fishes
Ragamuffins	15 th May
Spinners and Weavers	16 th May
Saturday Crafters	27 th May



2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 OP Shop Online Centre Library	2 History 12-3 Op Shop Online Centre Library Basket weaving	3 Morning Tea 10am OP Shop Online Centre Library Walking Group	4 History 12-3 OP Shop Online Centre Library L&F Book Club	5 History 10-3 OP Shop Online Centre Library	6
7	8 OP Shop Online Centre Library	9 History 12-3 Op Shop Online Centre Library	10 Morning Tea 10am OP Shop Online Centre Library Walking Group	11 History 12-3 OP Shop Online Centre Library L&F Valley Voice Neighbourhood House week and Biggest Morning Tea	12 History 10-3 OP Shop Online Centre Library	13
14	15 OP Shop Online Centre Library Ragamuffins	16 History 12-3 Op Shop Online Centre Library Spinners and Weavers	17 Morning Tea 10am OP Shop Online Centre Library Walking Group	18 History 12-3 OP Shop Online Centre Library L&F	19 History 10-3 OP Shop Online Centre Library	20
21	22 OP Shop Online Centre Library	23 History 12-3 Op Shop Online Centre Library	24 Morning Tea 10am OP Shop Online Centre Library Walking Group	25 History 12-3 OP Shop Online Centre Library L&F Valley Voice	26 History 10-3 OP Shop Online Centre Library	27 S C
28	29 OP Shop Online Centre Library	30 History 12-3 Op Shop Online Centre Library	31 Morning Tea 10am OP Shop Online Centre Library Walking Group			

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10am - 2pm
Saturday 13th May
St Marys Hall

CONSCIOUS MOVEMENT DAY
Get to know your local teachers

FREE 30 minute classes

- 10:00 Chair Yoga • Chrissie
- 10:30 Yoga for Kids aged 5-7yo • Katrin
- 11:00 Mindful Movement Yoga • Jacqui
- 11:30 Pilates • Steph
- 12:00 Yoga for Every Body • Sophie
- 12:30 Qi Gong • Barb
- 13:00 Kalari • Katrin

Followed by **Film Night** at 6pm

For more information call Katrin
0402 315 564

Australia's Biggest Morning Tea

Celebrating 30 years!

Every dollar raised helps support those impacted by cancer.

When: Thursday 11th May 2023
Where: Fingal Valley Neighbourhood House
Time: 11am
Details: Prizes, Games, Merchandise

R.S.V.P Monday 8th May 2023
63 742 344

biggestmorningtea.com.au

Place QR Sticker Here

**STRONG LOCAL BUSINESS AND POLITICIAN SUPPORT
FOR FABULOUS FINGAL VALLEY GOLF TOURNAMENT**

The inaugural 'Champion of the Fabulous Fingal Valley' golf tournament has received strong support from Fingal Valley based businesses and local politicians.

The tournament will be held at St Marys on Saturday 6th May and Malahide Golf Club on Saturday 13th May. The tournament will incorporate a Stroke/Net event and a Stableford challenge between the Malahide and St Marys clubs for the Fingal Valley Challenge.

Bushwalking tour business **Tasmanian Hikes** based in St Marys is the tournament major sponsor. Prizes donated by Tasmanian Hikes include four-day guided and catered Maria Island bush walks, Drummond Golf vouchers, caps, T-shirts and golf balls. Gold Sponsor **Ampol St Marys** has donated fuel vouchers and other prizes. **C and D IGA** has agreed to support the barbecues to be held each day of competition.

Local businesses and the Fingal Valley Neighbourhood House have displayed posters for the vent.

Support from our local politicians has been magnificent - donations for prizes of fine Tasmanian wines have been received from :

- | | | |
|-------------------------|----------------------|---------------------|
| Senator Jacquie Lambie | Brian Mitchell MP | Rebecca White MHA |
| Senator Claire Chandler | Mark Shelton MHA | Guy Barnett MHA |
| Senator Wendy Askew | Tania Rattray MLC | John Tucker MHA |
| Senator Richard Colbeck | Senator Anne Urqhart | Senator Carol Brown |
| Senator Catryna Bilyk | | |

Play starts at 10.00 am on both days with a shot gun start.
A barbecue will be provided to competitors after play.
Entry costs \$15.00 per day.
Entry forms can be obtained from rodhunt@netspace.net.au




**THE TASMANIAN HIKES CHAMPION OF THE
FABULOUS FINGAL VALLEY TOURNAMENT**

Are you the golf champion of the fabulous Fingal Valley?
Compete in the inaugural 'Champion of the Fabulous Fingal Valley Tournament'
This event is played over 2 rounds of 18 holes on consecutive Saturdays beginning on 6th May 2023.
The tournament is open to all and will incorporate the inaugural club versus club contest for the Eastern Valley Trophy between eligible players from St Marys and Malahide. Entry on each day will cost \$15.00 per player.
Prizes exceed \$9000.00 in value and include Drummond Golf Gift Vouchers, fine Tasmanian wines, Holiday packages, Eastern Valley Trophy & more!



St Marys Golf Club, St Marys - Saturday 6th May 2023 - 10am Tee Off
Malahide Golf Club, Fingal - Saturday 13th May 2023 - 10am Tee Off
Contact Rod Hunt at rodhunt@netspace.net.au or phone 0438 998 144 for further information



Avoca Museum and Information Centre

Old School Building
AVOCA TASMANIA 7213

ANNUAL GENERAL MEETING

9:30am, Thursday 11th May 2023 at Avoca Museum and Information Centre

to be followed by a General Meeting. All locals are welcome.

TANIA RATTRAY MLC

**INDEPENDENT
MEMBER FOR
MCINTYRE**



**Your full-time Independent
Legislative Council Member
representing the Fingal Valley and East
Coast community**

Contact details - Mobile - 0427 523 412
Office Phone - 6350 5000
Email - tania.rattray@parliament.tas.gov.au





**Break O'Day
COUNCIL**

Kylie Wright
Councillor
0439 742 946
kylie.wright@bodc.tas.gov.au

		Mon	Tue	Wed	Thu	Fri	Sat	Sun
STAR FM Program Guide  	Brekkie	Start your working week with Star FM	Fruity and Loopy with Flashy	I see Stars with The Sand Man	Breakfast Mania with Star FM	TAZZ on Toast with TAZZ	Saturday's Sunny Side Up with Manny	Sunday Mornings
	Morning	Get Sand between your toes with The Sand Man	Tazz on Tuesday - Plus Community Interviews at 11.15 with TAZZ	Mary-Anne's Music Mix PLUS Real Estate Tips and Tricks at 10.30 with Mary-Anne	Rhythm N' Reggae with Big Daddy Davo	Simply 60's with Guest Presenters	"Get Happy" with Angelina	with Star FM
	Arvo	Jackster's MUSIC BOX PLUS "Pet Talk with Dr Andrew after 2pm with Jackster and Porsche	Get infused with Jonno	"Around the World" with your hostess The Tone	In the Shed with ZEDD	"Fresh and Fruity Fridays" with Angelina	A dose of Dr Dave PLUS Quizzes at 3 and 4pm with Dr Dave	Star FM's The 80's Zone
	Late Arvo	In the BACKSEAT with Astro or JAX	You're in the Lab for 2 on Tuesday Request Show with Dr Dave	Something Fishy is going on with Fyshy	DR DAVES Travelling Medicine Show with DR DAVE	"Rock On" with Jonno	"The No 80's Zone" [everything except the 80's] The Tone	with The Tone
	Evening	Monday Evening with Star FM	Neville's Country Corner and more with Neville	That 70's Show with Star FM	Thursday Nights with Star FM	The Party Pit with with Jeanymaree and Mezza	Let Loose with Star FM	Big Daddy Davo's Blues Mix hosted by Dave




48 Main Street Phone (03) 6372 2181
St Marys 7215 Hosts: Tony and Bronwyn

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Dine-in and takeaway meals available
 Lunch: 12.00pm - 2.00pm
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 Pasta night every Tuesday
 (Bookings preferred for all meals)

GUEST ARTISTS, SUNDAYS FROM 3.00PM
 30th April Brooke Banderas
 7th May The Rennies

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MOUNT ELEPHANT AND BEYOND BOOK GROUP

BOOK REVIEW

Written by Pam Bretz

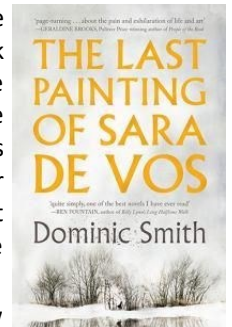
Our Book Group read Australian/American writer Dominic Smith's novel 'The Last Painting of Sara de Vos' during March. Published in 2016, it has at its core a painting titled 'At the Edge of a Wood,' a work by the fictional artist Sara de Vos of the Dutch Golden Age of Women artists of the 17th century, and one of the three protagonists of the novel. This painting has been in the possession of the family of the wealthy New York lawyer, Marty de Groot, for three hundred years. The painting is stolen from his luxurious apartment and replaced by a copy. The third protagonist is the Australian art student, Eleanor (Ellie) Shipley, who is living in Brooklyn when the story opens. Studying for her PhD in a dingy apartment and struggling to see her way ahead, she is duped by a crooked art dealer into making a copy of the painting.

Of course Marty wants his painting back and using one of his contacts eventually traces the forger. Now the plot thickens as Marty takes on a false name - Jake Alpert - and connives to meet Ellie and discover the whereabouts of his painting. Over several outings and assignations, Ellie falls for Marty and is forced to flee New York when she discovers HIS duplicity. Years later, in fact in the Sydney Olympic year of 2000, the past catches up with the present when Ellie, now a university lecturer and employee of the Gallery of NSW, is involved in an exhibition of Dutch women painters. To her horror, two versions of *At the Edge of a Wood* turn up, one from a gallery in Holland and the original delivered by Marty himself! Will all be revealed? I won't spoil the plot!

This novel was very much admired and enjoyed by most of the group. It seamlessly moves between 17th century Holland, New York of the 50's, and Sydney in 2000. Many readers found the story of Sara complete in itself and enjoyed those parts most. The tension of the modern story is skilfully built up to a very satisfactory ending, but the novel closes with a poignant last glimpse of the artist and her painting, reminding us of the heart of the story.

The three main characters were fully developed individuals; believable, flawed and very human. Many of the minor characters were also skilfully drawn and formed a background for the major 'players'. The sense of place was equally well created. Those familiar with New York and Sydney will be rewarded with recognisable locations, and 17th-century Holland and its conditions for struggling artists will bring to mind such stories as Tracy Chevalier's 'Girl with a Pearl Earring', another good read.

The author's creation of place and time is wonderful. We remarked on his "painterly" descriptions of scenes, so vivid that the reader felt present and there, as if they were written from the perspective of the ever-observant artist, Sara. I had read the novel a few years ago and felt convinced that I had seen a film of the story, only to be reminded by rereading and closer attention that it was the mastery of Smith's writing that had created such lasting images. A good reason for rereading good writing.



ST HELENS ONLINE ACCESS CENTRE RECEIVE STRENGTHENING RURAL COMMUNITIES GRANT

St Helens Online Access Centre has received a grant of \$1459 to boost its volunteers' IT training as part of the 'Strengthening Rural Communities' Program.

The grant was part of the 'Small & Vital' stream of grants funding, offering remote, regional, and rural communities funding for services that directly benefit the local community.

Brian Mitchell MP, Federal Member for Lyons, recently visited the centre to discuss its ongoing support for the people of St Helens.

"The St Helens Online Access Centre offers an amazing service. The community highly values the vital service it provides, including people seeking help navigating the complexities of online myGov and Centrelink applications and claims. As we move into a more digital world, these volunteers are more vital than ever," he said, concluding, "This grant will enable their volunteers to learn new skills that can be passed on to others."



Brian Mitchell MP, Rosina Gallace and Noel Harper at the St Helens Online Access Centre.

(Text and photograph courtesy Brian Mitchell MP)

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Break o'Day/Bicheno Suicide Prevention Trial

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Gardiners Creek Rd St Marys

Thursdays
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4 May – 8 June 2023

Morning tea provided
2 hour session including a break

Find out more or book your place
6387 5555

Call Lynn Arthur
St Marys Community Health Centre



This program is coordinated by the Tasmanian Health Service in partnership with Break O'Day Council. Originally developed by Clarence City Council, Clarence Integrated Care Centre and the Tasmanian Health Service

St Marys & surrounds

Information and activities to help you stay healthy and independent

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- ♥ Mind your mind
- ♥ Eyes & ears
- ♥ Keep active
- ♥ Manage your meds
- ♥ Safety in your home
- ♥ My Aged Care

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**20 Tasman Highway
Bicheno TAS 7215**

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Tax agent
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Break O'Day Gastronomy Table

Tuesday **9 May**

Portland Memorial Hall
39 Cecilia St, St Helens
10am-12noon



Please RSVP - go to:
www.cityofgastronomy.com.au

A Break O'Day Gastronomy Table will be held at the Portland Memorial Hall May 9 10am to 12noon.

The UNESCO acknowledgement of Launceston as a City of Gastronomy recognises the entire Northern Region, including Break O'Day.

Gastronomy is not just fine dining. It is the whole food system, from where and how our food is grown to how it is distributed and who gets to share it.

It includes all the activities of growing and distributing food, agri-tourism experiences, markets, events and making sure everyone can eat well every day.

The workshop will be an open discussion around what opportunities there are for Break O'Day as part of a Region of Gastronomy, and how those strengths might be amplified.

A light morning tea will be provided so please RSVP by registering at www.cityofgastronomy.com.au

East Coast Motocross Club Day

Sunday 7th May 2023

BAR 20 GOSHEN
Grimstones Rd off the Tasman Hwy

Spectators free, Canteen Cash Only
Camping Available Saturday night

Online entries ONLY via Ridernet - closes 5th May 6pm, Online self scrutineering form
Sign on 7am, Riders briefing 8am, Practice 8.30
Each rider will need to supply a flaggy

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✓ Plan

If you're at a higher risk of becoming very sick from COVID-19 or flu, make a plan with your healthcare provider for how you will access testing and antiviral medication if you get sick.



✓ Protect

Protect yourself and others by remembering to wash your hands, cover your coughs and sneezes, and stay at home if you're unwell.

Find out more at www.health.tas.gov.au

BC-9073



Winter
wellness



BREAK O'DAY

ANGLICAN CHURCH

SERVICE TIMES

St Helens

St Paul's: 9.30am every Sunday

58 Cecilia Street, St Helens.

St Marys

Holy Trinity: 10.00am every Sunday

13 Main Street, St Marys.

Pyengana

St Michael & All Angels: 7.30pm 4th Sundays only

28007 Tasman Highway, Pyengana.

Enquiries: 6376 1144 or Facebook: anglicanbod



ST MARYS CATHOLIC PARISH

WEEKEND MASS:

ST HELENS:	Saturday	5.00pm
	Sunday	4.00pm
ST MARYS:	Sunday	9.00am
BICHENO:	1 st Sunday	11.00am
FINGAL:	2 nd and 4 th Sunday	10.30am

WEEKDAY MASS:

ST MARYS:	Friday	10.00am
ST HELENS:	Thursday	10.00am

Parish Administrator:

Fr. Norbert Z Ochoa 0437 324 227
fr.bitz51@gmail.com

UNITING CHURCH

Corner Grant Street and Seymour Street, FINGAL

Regular Services:

1st and 3rd Sunday of month: 10.00am

2nd and 4th Sunday of month: 11.15am

For further information, contact Joan on 0458 598 870.



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www.dhhs.tas.gov.au/ambulance
and search for 'AED'

This site has a map locating all local AEDs

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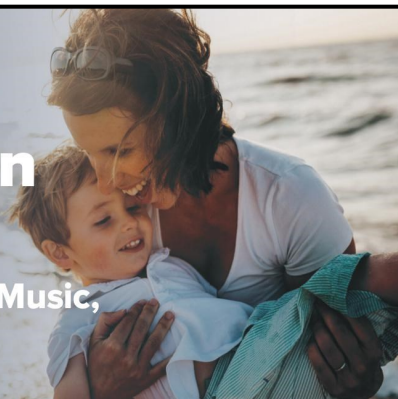
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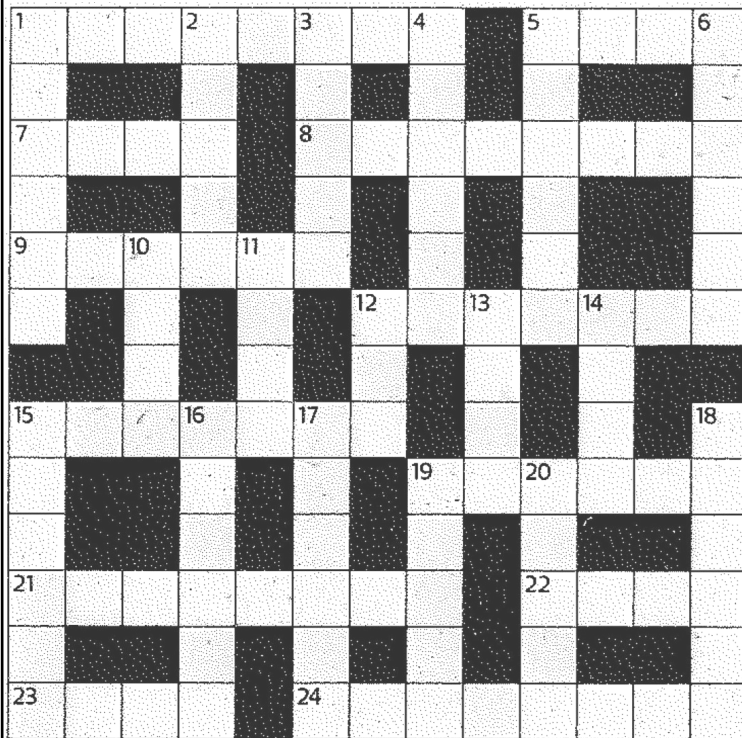
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*Subject to COVID-19 restrictions changing. Social distancing, hand sanitisation & attendance recording conditions apply.

Crossword 55.06



ACROSS

1. Unchanging (8)
5. Go beyond (4)
7. Horse's colouring (4)
8. Capital of Australia (8)
9. Taint (6)
12. Propriety (7)
15. Least amount (7)
19. Impart (6)
21. Chronological succession (8)
22. Undo (4)
23. Song for two (4)
24. Abruptly (8)

DOWN

1. Edwina ____, former politician (6)
2. Feel (5)
3. Royal racecourse in Berkshire (5)
4. Intertwine (6)
5. Gratify (6)
6. Sailors' song (6)
10. Open pie (4)
11. Bivalve shellfish (4)
12. Gloomy (3)
13. Bamboo (4)
14. Orderly (4)
15. Avoided (6)
16. Affront (5)
17. Planet (6)
18. Score (6)
19. Genetic strain (3)
20. Oliver ____, director of *Platoon* (5)

St Marys Op Shop Autumn & Winter 2023

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(03) 6387 5602



6.00am - 9.00pm

Opening Hours:

- Monday: 12.30 - 4.00pm
- Tuesday: 10.00am - 12.45pm
- Wednesday: 12.30 - 4.00pm
- Thursday: 10.00am - 12.45pm
- Friday: 12.30 - 4.00pm

We have more than books.

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eLibrary: www.libraries.tas.gov.au

FINGAL ONLINE ACCESS CENTRE

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- ◆ Computer Access
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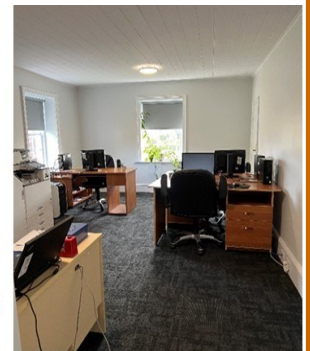
Please call in and we can assist you.

Opening Hours: 9am til 3pm (Monday to Friday)

20 Talbot Street, Fingal, Tas, 7214

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Email: fingal.oac@decyp.tas.gov.au



Fingal Valley Neighbourhood House is funded by
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ST HELENS WALKING GROUP



Wednesday 1st March

This Wednesday's walk was led by Rod, who took walkers round a loop from the Scamander River mouth to Winifred Curtis Reserve and back along Ron's track to Scamander. Rod invited us to join him for coffee in Scamander afterwards. This was a gentle, unrushed, stroll around familiar ground. Included is a precis of Rod's report of the walk:

"Bit disappointed I must say." "Sir?"

"This report, bit short on detail. 'We journeyed down the beach, crossed into Winifred Curtis Reserve, across the swamp to the entrance and back the kilometre or so to the mouth of the river'". "Yes, Sir."

"Bit of plain sailing, would you say?" "Routine mission, Sir."

"Nothing to report?" "I think the word pleasant was used, Sir."

"Pleasant!!! That must be a mistake. Won't do, pleasant, not at all. Must have been mis-heard. Nothing else?" "No Sir, Wednesday's walk was more casual than most!!!" Thank you Rod for your report and leading the walk.

Saturday 4th March

Saturday's walk was along the old stock route at Bells Marsh Forest Reserve off Anson's Bay Road. This is a fairly flattish walk through a dry forest with pockets of damp spots and a few places where water was across the road but passable. Eighteen walkers set out in perfect walking conditions, overcast and still. The forest was scattered with a variety of orchids, huge xanthorrhoeas, different ferns, banksias, different gums, sheoaks and remnants of the Ruby Water Race. We walked along the stock route until we came to where the water race crossed the road. We then followed the water race walking in it and beside it for about 1/2 kilometer. We came across some amazing remnants of the race ending with a huge pipe on the bank of the George River where we had lunch. Amazing day again, and thanks Alex for the Ruby Race section, it was awesome!



Group at George River, on the Bells Marsh walk.

Wednesday 8th March

A Clean Up Australia activity was undertaken on this date at Cosy Corner South, Binalong Bay, and there will be more details of this in the next issue.

Wednesday 15th March

This Wednesday's walk was a gentle one following around a loop on bush tracks behind Parkside. It was mostly flat, just a few small ups and downs. Entry was via the remaining shacks at the rise at the back of Parkside and emerging near member Nette's shack, where a shared morning tea was enjoyed. Thank you Alex for leading the walk and Nette for sharing her home for members.

Saturday 18th March

Ten walkers took advantage of exploring the Frome Dam with Revel. Although the weather looked threatening in the morning, the day turned into a glorious day with plenty of sunshine. Wet weather clothing definitely wasn't required. Meeting point was the Moorina Golf Course car park. The group then drove up the Frome Road, where another group member was waiting for us in her car. We all walked to the Frome Power Station and explored the decaying buildings at the site. From here the group followed a tagged path to the upper race which was then followed all the way to the intake and the Frome Dam itself. Along the way, Alex collected some Dawsonia superba mosses for the Herbarium in Hobart; apparently, the species is not known to be found in the North East of the state. Lunch stop was taken beside the Frome Creek, a very pretty spot with both shade, sun and the sound of running water. Not far along from here, walkers arrived at the site of the Frome Dam. An interesting historical headstone was encountered near the dam wall dedicated to one Thomas Horsburgh. On further enquiry Alex found out the history of this unfortunate young man, which will be shared next issue.



The Frome power station.

Thanks to Deb who was waiting for the walkers at the caretakers cottage, the starting point for the walk. A car shuffle was organised so walkers could collect vehicles.



ST HELENS WALKING GROUP



Wednesday 22nd March

This week's walk was a new adventure for the group, exploring off Argonaut area, with a walk to lovely ferny area up along Nephele Creek to the quarry. Some light drizzle during the walk didn't dampen the small enthusiastic group of 8. However the dumping of green waste and rubbish certainly did. We returned down the track to detour off to another lovely meandering track which brought us out on Trafalgar Track and then back to Argonaut Rd and cars. A very pleasant 2 hour morning with some good chats. Great walk just out our back doors!

Thank you Nat for leading this walk for the group.



Argonaut walk

Wednesday 29th March

This morning eleven walkers enjoyed a very pleasant beach walk led by Wendy. We started at Wrinklers Lagoon and walked north to Freshwater Creek, stopping at Shelly Point lookout. It was very atmospheric with mist around the hills and large surf breaking on the beach. We finished the walk back at the 'Coffee Mug' for morning tea.

Great walk, thanks Wendy.



Wrinklers walkers in the distance

To find out where the next walks will take you, contact the co-ordinator Alex Buchanan on 0429 287753.

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Building Blocks News



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Do you have a baby under 2 years old?

Morning tea provided.
Siblings Welcome

St Marys 10.30-11.30am
(next to Op Shop, rear of Town Hall)

- 14th February**
- 14th March**
- 4th April**
- 9th May**
- 13th June**

Online sessions via ZOOM
29th March 12.30-1.30pm
26th April
31st May
28th June
get in touch for the link via email, PM or text



WWW.BUILDINGBLOCKSTAS.COM



E: BuildingBlocks@fvnh.org.au

M: Tanya : 0400 002 116

Read, Sing, Create!

Building Blocks early learning literacy and numeracy program for children 0 – 8 years will be back at St Marys Library on the 21st February from 11.00 - 11.30am each fortnight during term time.

Join us for a free fun session of music, songs and stories to share with all ages. Sessions are interactive and perfect for busy children who love to explore sounds and rhymes. **All welcome.**



All Building Blocks sessions are free of charge for all children from 0-8 years old, along with their parents, carers & grandparents. FVNH Play Centre by booking only

May 2023



Mon	Tue	Wed	Thu	Fri
1 Fingal Play Centre 9.30-2.30pm	2 Read Sing Create! St Marys Library 11- 11.30	3	4 St Marys Park Play Wombat Walk (rear of St Marys Library) 9.30-11am	5 Read Sing Create! St Helens Library 10.30 11.30am Dorset Baby Chat Café Dorset CH 10.30 -11.30am
8 Fingal Play Centre 9.30-2.30pm	9 Read Sing Create! Bicheno Library 11-11.30am St Marys Baby Chat Café 10.30-11.30am - next to SM Op Shop	10 Falmouth Play Group 10-12pm @ Falmouth Community Centre	11	12 Read Sing Create! St Helens Library 10.30 11.30am Dorset Baby Chat Café Dorset CH 10.30-11.30am Move & Play Every Day @ BPS 9.15 am
15 Fingal Play Centre 9.30-2.30pm Families Week at Break O'Day Child and Family Learning Centre 10-12	16 Read Sing Create! St Marys Library 11- 11.30	17	18	19 Read Sing Create! St Helens Library 10.30 11.30am Dorset Baby Chat Café Dorset CH 10.30-11.30am Move & Play Every Day @ BPS 9.15 am
22 Fingal Play Centre 9.30-2.30pm	23 Read Sing Create! Bicheno Library 11-11.30am	24 Australia's biggest morning tea @FVNH	25 Move & Play Scottsdale 10.30-11.30am Arthur St Scottsdale St Marys Move & Play 9.15am @ SMDS	26 Read Sing Create! St Helens Library 10.30 11.30am Play & Learn Bicheno Lions Park Play 9.15-10.15 & Bicheno Baby Chat Dorset Baby Chat Café Dorset CH 10.30- 11.30am Move & Play Every Day @ BPS 9.15 am
29 Fingal Play Centre 9.30-2.30pm	30 Read Sing Create! St Marys Library 11- 11.30	31 Baby Chat Café Online 12.30-1.30pm Txt or email for the link	contact Tanya M: 0400 002 116 or Email: BuildingBlocks@fvnh.org.au or Facebook: 'tanya building blocks'	

5 MINUTES WITH THE MAYOR



5 Minutes with the Mayor – St Marys Township Plan and Fingal Housing Project

When Council developed its 10 year Strategic Plan in 2017, we visited townships across the municipality. While we were developing the strategy for the entire Break O’Day area, the message from individual townships was that they would like to have their own Township Plans.

We have now just looked at the draft plan for the St Marys Township and this Plan is now out for the final round of Community feedback. The Fingal Plan will also be released for final community feedback by the end of this month. You can find the draft plans on our website under Community Engagement/township plans. We will also use the newsletter and Facebook page to let our community know when these plans are available for review.

The Township Plans provide Council with a list of activities that each township would like to see happen as well as an overarching vision statement that helps us understand what the community’s vision is for their area. This allows us to plan and budget for works as well as understand more broadly what is important to these communities. Because of this, it is really important that you, the community, take the time to review these and let us know your thoughts.

You may have seen in the last Valley and East Coast Voice that we are holding a community information session at the Fingal Valley Neighbourhood House on Wednesday 26th April at 5:30pm about a CentaCare Evolve Housing project in Fingal.

This project proposes 8 Independent Living Units built on Council land, 29 Talbot Street Fingal, behind the Old Council Chambers and Office. The aim of this project is to provide much needed housing for those in our community that are currently on the Social Housing Register and desperately looking for Housing. So that the community has the opportunity to fully understand this project and ask any questions, we have invited representatives from Centacare Evolve to attend the meeting as well.

If you would like to know more about this project please send any questions you may have to admin@bodc.tas.gov.au and we will get back to you with answers.

LYMPHOEDEMA CENTRE GIVES THANKS FOR DONATION

The Tasmanian Lymphoedema and Laser Therapy Centre Inc would like to thank the St Marys Social Club members and supporters for the recent donation of \$500 for the centre. As a small not-for-profit group, we really appreciate the support of the St Marys Community, and will use the donation to support repairs to our laser therapy machine and for therapist training. The TLLTC has DGR status, so get in touch if you would like to make a tax deductible donation: lymphoedemas@gmail.com



Tasmanian Lymphoedema and Laser Therapy Centre Inc.

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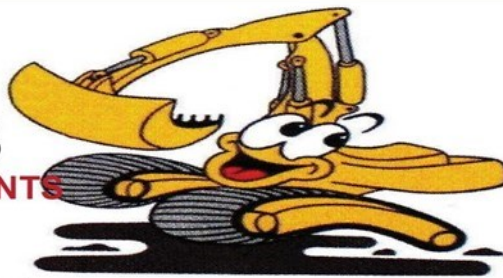
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TIP SHOPS NOW OPEN

St Helens Tip Shop

Sunday to Friday
11am - 2pm

Saturday 11am - 4pm

St Marys Tip Shop

Tuesday and Thursday
10am - 3.45pm

Sunday 2pm - 4.45pm



WASTE TRANSFER STATIONS

BREAK O'DAY MUNICIPALITY

North Ansons Bay Road, ANSONS BAY: OPEN 12 pm - 4 pm
Wednesday, 10 am - 4 pm, Sunday and 12 pm - 4 pm on
Monday of long weekends.

Tasman Highway, PYENGANA: OPEN 9 am - 12 pm
Wednesday, and 2 pm - 5 pm Sunday.

Eagle Street, ST HELENS, includes recycling: OPEN 10 am - 4
pm every day.

Coach Road, SCAMANDER, includes recycling: OPEN 10 am -
4 pm Tuesday and Thursday and 2 pm - 5 pm, Sunday.

Gray Road, ST MARYS, includes recycling: OPEN 10 am - 4 pm
Tuesday and Thursday and 2 pm - 5 pm Sunday.

Rossarden Road, FINGAL: OPEN 10 am - 4 pm Tuesday and
Thursday and 2 pm - 5 pm Sunday.

Charges apply at all waste transfer station; see sign at
entrance.

BLACK WATER DUMP POINTS

St Helens - 117 Tully Street, St Helens

St Marys — Harefield Road, St Marys

Fingal - Talbot Street, Fingal

No charges apply to use black water dump points.



SCAMANDER GARDEN CLUB



What a full room we had, packed not only with our members and the St Helens Garden Club but also the main attraction, Mark Hayes of Allan's Garden Centre, Prospect. Words from their website describe him as being recognised as a leading nurseryman, landscape designer, garden guru, and Horticulturalist. We had him as our Guest Speaker and he brought a fabulous array of plants, some being rare, such as a curly cactus with a price tag of \$120. It went home with him, but many other items jumped into our cars. I grabbed a colourful pair of gumboots, which Mark said are popular for those attending Agfest, in case of rain and mud. We were excited to be gathering up supplies to brighten our gardens, and thank Mark for his industrious effort to please us.

Charlie and Lucy Smith graced our meeting with their helpful hands, and questions on dahlia propagation were answered.

Marj Aulich had a magnificent yellow dahlia and said she had bought the bulb from Charlie. We are so blessed to have Charlie with his giant knowledge of and love for dahlias. He and Lucy have supplied our Trade Table for many a year with bulbs and this time there were many daffodils, which I suspect may have come from their place, but I could be wrong; anyway, I bought some, and now they are safely tucked into bed.

We had a laugh with Pip and Andrew's limerick, which was last month's homework, to celebrate World Poetry Day. I don't have permission to share, sorry. You have to have the first two lines rhyme while introducing a character in either of these lines. Then two lines rhyme with each other but not with the first two and finish with a line that does rhyme with the first two. For example, "Hickory Dickory Dock" is an example of a limerick. Have a go, and make it funny.

Our next meeting will be on the 15th of May and if you want to enter the competition bring a Potted Plant that you have looked after for at least 12 months. It does not have to be flowering. For Floral Art, the theme is a 'Mother and Daughter' arrangement. This means one bigger or taller than the other and it must be on a common base. Use similar flowers and colours in both.

April competition results:

Any Flower:	1 st Marj Aulich	2 nd Margaret Forsyth	3 rd Di Curtis and Steve Bogar
Floral Art:	1 st Sandra Flannery	2 nd Peggy Bogar	3 rd Steve Bogar
Fruit and Vegetables:	1 st Sandra Flannery	2 nd Peggy Bogar	3 rd (no further entries)

Next meeting:

Monday 15th May at 1.30pm

We would like to bring to your attention that the Scamander Garden Club AGM will be held on Monday 19th of June at the Scamander Sports Complex at 1.30 pm. Doors open at 1 pm. You need to be a paid-up member for nominating and acceptance of same.

Please come!

Peggy Bogar, Secretary



Mark Hayes and his treasures.



Marg Aulich's dahlia, which won first prize.

We meet at the Scamander Sports Centre, on the third Monday of each month. Doors open at 1.00pm for a 1.30pm start. Cost per meeting is \$2.00, with raffle tickets being 50 cents each. Please bring a plate of finger food to share. Judging of flowers, fruit and vegetables each meeting.
Enquiries - Peggy Bogar, Secretary. Phone 0459 027 306





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U GOTTA GO, U GOTTA GO TO GAZZMANS



Fingal Valley Arts and Culture



Film Night

Mary & The Elephant Film Society

Sat 13th May
St Marys Hall

Film to be
announced.

Enjoy nourishing food and
healthy refreshments.

10:00am – 2:00pm

Listen to live music and
meet your community.

Conscious Movement
Activities

Sat 13th May 2023
6pm – 9pm

Lucky door prizes.

6:00pm - Doors open.

FREE EVENT

Sample bags containing
healthy snacks and
information about
activities in our region.

7:00pm - Film starts.

St Marys Hall
Tasmania

Watch a movie!

In partnership with Relationships Australia Tasmania, this project/event is funded
by the Healthy Tasmania Fund through the Tasmanian Government.



Fingal Valley Neighbourhood House Film Society in partnership with BODRA.

What's on in the local area?

With One Voice Break O'Day

Community choir for all residents of Break O'Day. Meets each Tuesday from 5.15pm @ Scamander Sports Centre, plus *Reconnect and Sing* at other local venues. NO EXPERIENCE IN SINGING NEEDED!

Email: contact@wovbod@gmail.com or mobile: 0439 001 533

Spinners and Weavers

3rd Tuesday of each month at Fingal Valley Neighbourhood House. New members welcome, no need to book.

Fingal History Group

Preserving the historical, social and cultural heritage of the Fingal community and surrounding areas.

Email: history@fvnh.org.au

St Marys Repurposing and Upcycling

Getting likeminded people together to limit waste and be creative. Ideas Welcome Weave a mat from T-shirt fabric and much more. Text Diana 0488 688 508 to join.

Get in touch with the Valley and East Coast Voice and share info on your group with the wider community.

SCULPTING WITH JOHN MCCOLL

FERROCEMENT WORKSHOP

CREATE YOUR OWN ARTWORK

Saturday 19th & 26th of November 11am-2pm

\$40/\$30 member per session

Call 0476 120 066



Break O'Day Regional Arts Update

Break O'Day Regional Arts members met this month to support planning for the upcoming Film Night—we are pleased to be partnering with the Fingal Valley Film Society (part of the FVNH) to bring a Film Society to the Fingal Valley area. Stay posted for details of the film to be shown—hoping to be the first of many. If you would like to volunteer to support this then get in touch at: bodregionalarts@gmail.com

We are also keen to support other activities in the area around sustainability, arts, culture and building connections in the community. If that sounds like you then come along to the film night and see how we can work together to help our community to thrive and grow!

EAST COAST SWANS FOOTBALL CLUB



UNDER 12

(Photos by Jessie Groves)

Game 3, played at St Helens on Sunday 16th April

RESULTS: East Coast Swans 1.2 (8) defeated by East Launceston 4. 1 (25)

SWANS GOALS: Bryce McKimmie

SWANS BEST: Macklan Hayes, James Toms, Lennox Bennett, Sava Bennett, Levi Woods, Noah Martin



Game 4, played at Youngtown on Sunday, 23rd April

RESULTS: East Coast Swans 5. 4 (34) defeated South Launceston 3. 4 (22)

SWANS GOALS: George Austin 2, Levi Woods 1, Kurtis Raines 1, Hamish Bean 1

SWANS BEST: George Austin, Sava Bennett, Axel Fullbrook, Charlie Taylor, Taz Bryant, Kurtis Raines



Floyd Groves takes the mark, watched by Noah Martin.

UNDER 14 BOYS

(Photos by Andrea Davenport)

Game 3, played at St Helens on Sunday 16th April

RESULTS: East Coast Swans 5.10 (40) defeated East Launceston 1. 2 (9)

SWANS GOALS: Tyler Speers 2, Connor French 2, Cooper Griffiths 1

SWANS BEST: Riley Jordan, Jaxon Harrison, Callum Hays, Cooper Griffiths, Wally Freiboth, Connor French



Game 4, played at Youngtown on Sunday, 23rd April

Congratulations to Jaxon Harrison, pictured left, who played his 50th game! Photo taken by Rebecca Bourke.

RESULTS: East Coast Swans 13.13 (91) defeated South Launceston 5.9 (39)

SWANS GOALS: Connor French 6, Byron Woods 3, Cooper Griffiths 1, Dakoda Davenport 1, Ryan Gorham 1, Thomas Kelleher 1 (first career goal)

SWANS BEST: Connor French, Jaxon Harrison, Noah Burke, Wally Freiboth, Riley Jordan, Callum Hays



UNDER 14 GIRLS

(Photos by Jazz Snooks)

Game 3, played at St Helens on Sunday 16th April

RESULTS: East Coast Swans 4.13 (37) defeated East Launceston 2.2 (14)

SWANS GOALS: Isla de Boer 2, Laena Singlaine 1, Addison Statton 1

SWANS BEST: Isla de Boer, Kiara Freeman, Laena Singline, Charliejean Caville, Tara Felmingham, Indi Howarka



Skye Laycock

Game 4, played under lights at Evandale on Friday 21st April

RESULTS: East Coast Swans 5.3 (33) defeated Evandale 1.5 (11)

SWANS GOALS: Ariella de Graca 2, Indi Howarka 1, Charliejean Caville 1, Savannah Singline 1

SWANS BEST: Chloe Martin, Ava Howarka, Halle Gillies, Laena Singline, Hayley McLennen, Skye Laycock



EAST COAST SWANS FOOTBALL CLUB



UNDER 16

(Photos by Jazz Snooks)

Game 3, played at St Helens on Sunday 16th April

Three U/14 boys played in the under 16 game, Connor French, Jaxon Harrison and Tyler Speers. Tysen Speers played his 50th junior game, congratulations Tysen!

RESULTS: East Coast Swans 4.7 (31) defeated by East Launceston 7. 11 (53)
SWANS GOALS: Jaxon Harrison 1, Connor French 1, Kobe Medcraft 1, Rhys Zorn 1
SWANS BEST: Connor French, Tyler Speers, Jaxon Harrison, Jakih Curtis, Dakota Singline



Game 4, played at Youngtown on Sunday 23rd April

Congratulations to Alex Kelleher, left, who played his 50th game!

RESULTS: East Coast Swans 0. 1 (1) defeated by South Launceston 16. 24 (120)
SWANS GOALS:
SWANS BEST: Jakih Curtis, Oscar Pallier, Hamish McIntosh, Tysen Gamble, Ashton Gillies



WOMEN

The inaugural game for the East Coast Swans Women’s team was played at St Helens against a very strong team from George Town.

RESULTS: East Coast Swans 0.2 (2) defeated by George Town 11. 22 (88)
SWANS GOALS:
SWANS BEST: Charlie Pou, Chelsea Wells, Piper Chapple, Chelsea Rushton, Emily Le Fevre, Anna Williams



As a curtain-raiser for the first Women’s game, Luke Griffiths organized for some under 10 girls teams to play. Here are a few photographs.



EAST COAST SWANS FOOTBALL CLUB**GAMES PLAYED 15TH APRIL****RESERVES**

Like their senior counterparts, the Swans reserves encountered an experienced and well-drilled St Pats team and went down by 89 points. A team with few games under their belt, the young Swans certainly approached the game with plenty of enthusiasm. Young player Axel Bannister was a standout for the Swans, with his long mane a team highlight. Co-captain Liam Davern showed plenty of dash and courage, continually finding himself at the bottom of packs, ultimately being rewarded for his good work with 3 goals. St Mary's local Max Salter is a player to watch, obviously taking after his father Roger, who was a star for St Marys in it's heyday (and responsible for flattening many St Helens players). Others to do well were co-captain Tarkyn Webb, who led by example, Uni recruit the experienced Ben Arnold, and 'big T', Tyrone Goodsell, who yapped around the packs like an annoying terrier.

With many players still to come into the team, the Swans will look to better things over the next few weeks.

RESULTS: East Coast Swans 5.2 (32) defeated by St Pats 17.19 (121)

SWANS GOALS: Davern 3, Webb, Goulden

SWANS BEST: Davern, Bannister, Bishop, Salte, Webb, Arnold, Goodsell

SENIORS SHOW LACK OF EXPERIENCE

St Pats showed their premiership credentials when they easily accounted for an inexperienced Swans team at St Helens in the first game of the season. The Saints had too much physical strength and skill for the young Swans, who despite showing plenty of spirit, were ultimately overrun by 83 points. Although kicking against the wind, it was the visitors who did most of the attacking. Small forward Nathan Barry was proving to be a difficult match up for the East Coast and hit the scoreboard with the first goal of the match. In a fiery start, the Saints linked up well with plenty of run and superior foot skills. Giant ruckman Jake Kilby controlled the stoppages and was given plenty of support by stars King and Tepper. Swan Chae Evans gained many possessions early and Lewis Ritchie did a sterling job across the half back line. The only goal for the quarter for the home team was booted by burly forward Andrew Zammit, who kicked truly after a strong mark. After goals from Lawrence, Vocke and King, the Saints took a 22 point lead into the first break. Tuck narrowed the margin for the Coast boys with a long range 'bomb' as the quarter developed into a stalemate, with the Swans defence desperately trying to stem the damage from endless St Pats forays into attack. The Swans tried consistently to run the ball through the centre corridor, but were continually foiled by the Saints' structure, which capitalized on poor disposal by the Swans. Second year player Jayden Blunt was fearless in defence for the home team, while gangly forward Jarrod Mason was the only Swan forward who looked like troubling a mean Saints backline. At the long break, St Pats had increased the margin to 6 goals and were looking winners.

The third stanza proved to be a titanic battle of the backlines as neither team could manage a major in the quarter. Ty Ponting lifted his game for the East Coast as Aaron Mason continued his good work in the backline. Laconic Swan Jack Taylor-Evans profited from a move to the backline and had some eye-catching moments as his team tried to nullify the star-studded Saints forward line. After battling bravely for 3 quarters, the Swans were unable to maintain the pressure in the last quarter, as St Pats ended the game with plenty of running, kicking 7 unanswered goals.

Even with regular stars Laskey and Tepper relatively quiet, the overall strength of the Saints allowed them to stroll to a comfortable victory.

RESULTS: East Coast Swans 2.2 (14) defeated by St Pats 13.19 (97)

SWANS GOALS: Zamitt, Tuck

SWANS BEST: Ritchie, Chae Evans, J Blunt, Haley, A Mason, Coby Evans

EAST COAST SWANS FOOTBALL CLUB**GAMES PLAYED 22ND APRIL****RESERVES**

The young Swans scored their first victory of the year when they ultimately overran the Uni reserves side. The Swans were able to command a comfortable lead for the entire match and had more avenues to goal than the Eagles. First-year player Joe Short showed plenty of pace and was rewarded with two goals, as was 'Chooky' Fowler. The Curtis boys, Quade and 'Buzz', were also prominent on the wing and forward line respectively, and the evergreens, Goodyer and Lovell, gained many possessions in the midfield.

After half time it was the 'Zammo show' as big Swans forward Andrew Zammit stamped his authority on the game and marked everything in sight. He was ultimately responsible for kicking 6 goals and had a hand in several others. Big Ben Arnold was a thorn in the side of his old club and was excellent in the ruck for the Swans, giving great service to younger players such as Ethan Hill and Short.

It was a pleasing win for coach, Ethan Crossingham, who should welcome back several experienced players for the next game.

RESULTS: East Coast Swans 14.11 (95) defeated Uni 3.4 (22)
SWANS GOALS: Zammit 6, Q Curtis 2, Fowler 2, Short 2, Freeman, Goodyer
SWANS BEST: Arnold, Zammit, Fowler, Short, Hill, Goodyer

SWANS CRAWL TO VICTORY

The East Coast Swans limped to a forgettable victory over an enthusiastic Uni team in the game played Saturday 22nd April. The game was played in a strong wind which made scoring and skills difficult, but the final scoreline suggests it was played in a hurricane, followed by a half time tsunami. Jarrod Mason floated in for some nice marks in the early Swans attacking moves, as the game developed into a game of backlines. Jackson Riley proved to be an excellent rebounding player for the Swans, repelling many attacks, while youngsters Andrew Latham and Angus Tate did well for the East Coast team. As the teams wandered in for the first break, neither had been able to find the big opening in a goalless first quarter. The "floodgates" opened in the second, when Jarrod Mason kicked truly, following a series of Swan attacks, but it was Uni who snatched an unlikely lead, following a down-field free kick and then a great running snap by ex-Swan Toby Omenihu. Marcus Haley and Sam Madden were two of the only players to deliver the ball with any confidence as the ball see-sawed between the two forward halves. When Hamish Tate kicked a scrumbly goal for the Swans, his team was able to take a 2-point lead into the long break and give the bewildered spectators some respite.

The third term was a repeat of the first, with both teams finding novel ways to kick the ball to the opposition. The Swans were particularly guilty of this as they delivered the ball with precision to the Uni half backline on a number of occasions. Another goalless quarter saw the Swans able to double their half time lead to four points, which in context, was a significant gap to bridge. Sam Madden had another excellent term for the Swans as did Lewis Ritchie, who was dispatched to the backline for the second half. A series of behinds by Uni early in the last term woke the dozy crowd from their slumber as the Eagles peppered the goals and levelled the scores. A long goal by the consistent Haley, after two minor scores by his team, pushed the Swans lead out to 8 points, which proved insurmountable for Uni.

In all, it was a rather listless performance by the Swans and a game which will soon be forgotten in the annals of history. They will need to do some serious soul-searching before their encounter with competition heavyweight, Old Scotch.

RESULTS: East Coast Swans 3.13 (31) defeated Uni 2.11 (23)
SWANS GOALS: J Mason, H Tate, Haley
SWANS BEST: Riley, Madden, A Tate, Chae Evans, Halye, Poniting, J Maason

SCAMANDER RIVER GOLF CLUB



Wednesday 12th April - Mid-Week Competition -

1st	Brad Ennis	36 points (on c/b)
2nd	Dean Richardson	36
3rd	Graham Little	35 (on c/b)
4th	Jens Kalisch	35

Nearest the Pin 6th: Nigel Wallace
 8th: Graham Little

Longest Putt on 9th Brad Ennis

Carter Award Tim Upton

Wednesday 19th April - Mid-week Competition -

1st	
2nd	
3rd	COURSE CLOSED
4th	NO GAME PLAYED

Nearest the Pin 6th:
 8th:

Saturday 22nd April - Tubby Freiboth Memorial Day

1st	
2nd	COURSE CLOSED
3rd	NO GAME PLAYED

Nearest the Pin 6th:
 8th:

Longest Putt on 9th:

Saturday 15th April - Rivermouth Café Stableford

Thank you Rivermouth Café for your sponsorship and nourishment. Beautiful weather today, even if rather wet underfoot..

1st	Tony Swanson	37 points
2nd	Dean Richardson	36 (on c/b)
3rd	Jodan Longfield	36
4th	Mark Bywater	36

Nearest the Pin 6th and 15th: Mark Bywater
 8th and 17th: Rodney MacBeth
 Carter award Rob Terry

Tuesday 25th April - ANZAC DAY - Ladies' Stableford

1st	Sarah Tatnell	27 points
2nd	Rose King	26
3rd	Maryanne Ennis	26
4th	Beth Haas	24
5th	Kellie Thomas	18

Longest Putt: Maryann Ennis

Tuesday 18th April - Ladies' Stableford

1st	
2nd	COURSE CLOSED
3rd	NO GAME PLAYED

Longest Putt:

Upcoming games:

26th April	Midweek Competition
29th April	Drummond Golf 3-Person Ambrose
2nd May	Harcourts Brooch and Putting/Stroke
3rd May	Midweek Competition
6th May	East Coast Surf Monthly Medal
9th May	Ladies' Golf - Stableford



3 Ball Ambrose

Hosted by
Scamander River GC

Saturday 29th April 2023
 9:30am for 10:00am Shotgun Start

\$20 Per Player!
 (Food provided after the game)

Call Jodan for bookings
 0421 714 390

Limited field, so get in quick!

MALAHIDE GOLF CLUB



Friday 14th April - Chicken Run

1st	DB Lowe	28.5 points
2nd	Klaus Kobylinski	29
3rd	David Duthie	31
4th	Mike Prewer	33
5th	John Vincent	34
6th	Robert Matthews	34.5
7th	Bill Swann	36
8th	Ashley Stone	37.5

Nearest the Pin 4th: Club
 8th: Robert Matthews

Friday 21st April - Chicken Run

1st	Mick Prewer	26.5 points
2nd	Rod Hunt	30
3rd	Randall Wadley	31
4th	David Duthie	31.5
5th	Klaus Kobylinski	33
6th	Stan Ellerm	33
7th	John Vincent	33.5
8th	Bill Swann	33.5
9th	Grant Richardson	35
10th	DB Lowe	37.5
11th	Gary Lanham	46.5

Nearest the Pin 4th: David Duthie
 8th: Stan Ellerm

Saturday 15th April - Captain v President Day

Final Results:	President's Team	203.75
	Captain's Team	213.25

President's Team

Craig Woods, Riley Plummer	68.5 points
Randall Wadley, James Gurbel	66.25
David Duthie, Rod Hunt	69

Captain's Team

Andrew Johns, Grant Richardson	66.25
DB Lowe, Klaus Kobylinski	72.5
Ashley Stone, John Vincent	74.5

Nearest the Pin 4th: Club
 8th: James Gurbel

Saturday 22nd April - Single Stableford

The beautiful Autumn weather we had today was somewhat ruined by the pesky crows.

1st	David Duthie	30 points (on c/b)
2nd	Peter Sorenson	30
3rd	DB Lowe	26 (on c/b)
4th	Klaus Kobylinski	26
5th	John Vincent	25
6th	Randall Wadley	23

Nearest the Pin 4th: John Vincent
 8th: Peter Sorenson

Upcoming Games:

29th April	Joe Ellis Memorial Day
6th May	Champion of the Fabulous Fingal Valley - St Marys
13th May	Champion of the Fabulous Fingal Valley - Fingal
20th May	Monthly Medal



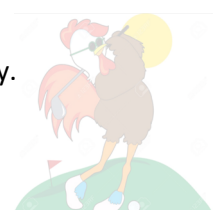
Malahide Golf Club hold a Chicken Run on each Friday starting at 1.00pm, \$4.00 entry.

Saturday competition starts at 10.00am and we also have a Facebook page that is updated regularly.

⇒ Full membership is \$235 per annum

⇒ Social Membership is \$50 per annum

Contact Andrew Johns - Club Captain on 0427 854 555





FISHING REPORT

By The Happy Hooker

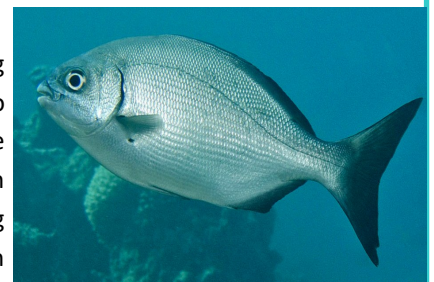


The fishing reports over the Easter break were encouraging, with the fishing all along the East coast beaches and estuaries telling of good catches of different species of fish, taken by various methods.

The trout season closes for most brown trout waters on Sunday 30th April, but some good-quality fish have been caught from the highland lakes and some lovely fish taken out of the South Esk River. The trout will be now feeding hard to prepare for their annual spawning run. The local creeks all need water in them and hopefully we can get some rainfall to continue, and make this happen. The trout will be able to run up these creeks as their ancestors have done previously, to spawn and replenish the rivers for years to come.

Fishing trips

Sunday 2nd April: A lovely afternoon on the Scamander River with my daughter casting lures around the Upper Scamander River areas, the fishing was quiet but we managed to land a few smaller bream. We fished the mud flat leading into the Trout Park arm of the river, and there were some nice fish feeding in the shallow water, even some small fish which might have been salmon or mullet were jumping after some tiny insect life along the saggy shores. There were some nice swirls which needed to have a lure tossed in amongst them, and to my surprise a fish known as 'chub' took the lure and took off at a rate of knots. This is the first time I've caught a chub and I believe they are rare to catch.



Sea chubs are found in most mainland coastal waters, and feed on small fish, fish eggs, plants and seeds.

Tuesday 4th April: Lake Lucy, 'Malahide', Fingal. A lovely warm afternoon had developed at Fingal and there were some flying ants hatching and other small fly life flying around the house. It was a perfect afternoon and a decision to head to a local body of water on the local farm 'Malahide' known as Lake Lucy was one. Lake Lucy is a natural hole of water in the middle of a paddock but the history and tales of past local anglers fishing are legendary, and a hole that over the years has been renown for producing some very large trout. This water was a place that local fishermen of the day would use the now illegal method of frog fishing at night to undo the bigger trout that inhabit the water.

The water is a very good fly fishing water when the conditions are right, and I have found that you need dead calm conditions to allow the fly life to move out over the water and the trout will jump and sip off the top. The downside to Lake Lucy is the fly-eating bullrushes; once your flies catch in these bullrushes the fly is all but gone, so unless you tie your own flies or want to keep the tackle shops wealthy, great care needs to be taken.

I arrived around 2.30pm and on pulling up I could see a fish moving on the other side to where I was, so quickly set the rod up and put on a pair of gumboots just in case a meeting with the local big shiny black snakes happened, then walked around to the other side. The water was calm with no wind and great expectation was held, but as normally happens, as I was walking around the other side, the dreaded easterly breeze started to blow and I was almost about to return to the car when the breeze changed direction and died out. The insects were flying over the water and black spinners were dancing on top of the water. I noticed a nice big green trout snout that started to sip food off the water heading straight towards me up along the edges of the bullrushes. A quick cast was sent out into what I thought to be his feeding beat when he showed again closer and again only two feet from the fly, and it took all my excitement to hold until the green snout broke the water and calmly took the fly and the fight was on. This fish was the highlight of my trout season and a fish I shall remember for a long time. Lake Lucy back to its best at last. "Thankfully!"

Until next time, stay safe and tight lines.



ST MARYS SPORTS CENTRE

By Volun Tier



Well, there is no slowing down for the hard-working crew at the club! This fortnight we have a meal night this Friday, - good old curried sausages and mash and apple crumble for dessert (see poster below) - a 50th Birthday on Saturday night, a wake on Sunday, host the Cremorne Bowls Club for lunch and a game on our rink on Monday and Tuesday, where our players are invited to join in for a 10.00am start on the Tuesday, the Club and Bowls Dinner and Trophy Presentation on the following Friday 5th May, then Saturday 6th May sees the St Marys leg of the Fingal Valley Golf Challenge take place, where 30 - 40 golfers are expected to take part. With some exciting prizes and event rolled into one, the crew will be presenting the course in great condition after a couple of weeks of hard work and even, maybe, a chance to catch a breath before our next fortnight of functions. Phew!

Last couple of weeks saw our Friday night meals start up again, Jun and Feng cooked up a storm again last Saturday night which was well-appreciated by those who attended and everyone finished off the night with a lovely pavlova, which Ping can attest to as pretty good.

Golf is still going well, with the new format of playing either Saturday or Sunday working well, as it gives those with different commitments a chance to compete over the weekend. It is also nice to see the emergence of a couple of new players, Mick and Nick Kringle, who have both notched up maiden wins over the last couple of weeks, well done to them. We have also been recruiting strongly for the Fingal Valley Challenge, with not only our new players, but a few older ones pulling on the spikes as well. We won't give too much away until after the event. Shout out to one of our new members in Glenn Ford, not the film star, who had a tumble and broke his wrist last week in the garden, or as he put it, P&FO. Hope he heals quickly to again join us on the course. Also a big thank you to our catering staff, as we not only gear up for our Autumn Feasts on Friday nights, but also with the functions listed above; your help is much appreciated, remembering that all funds raised go straight back onto the course, facility and machinery that our volunteers use. A great effort by all.

Golf: After a week's break, back in the swing this weekend saw a tie for first between Mick Kringle and Dave Cannon, with the former getting up in a count-back on 20 points, Rod McGiveron on 19, Craig Freiboth on 18, and Jimmy on 17. Some really close scores, and some very competitive golf. Nearest the pin was Rodney.

Member Draw: Last Friday, Jimmy Freiboth and this week, Nathan Secombe, neither in attendance, so the fuel jackpots to \$80.00.

Opening Hours:

Thursday - 5.30pm

Friday - 5.30pm

- ◇ Autumn Specials Meal Night
- ◇ Happy Hour 6.30pm till 7.30pm
- ◇ Members Draw 8.00pm

Saturday - 1.30pm after golf

Sunday - 2.30pm

Until next issue, good hitting, rolling and socializing.



"Of course you never lose your ball... you never hit it more than a few feet."

ST MARYS SPORTS CENTRE INC.

AUTUMN SPECIALS NIGHT

EVERY FRIDAY AT THE CENTRE

BETWEEN 5:30 & 7pm

Call in for a hearty Autumn feed
FRIDAY 28th, Main & Dessert \$20
 GOOD OLD CURRIED SAUSAGES & MASH,
 + APPLE CRUMBLE

FRIDAY 5th MAY \$25 Main & Dessert

PETE the PIEMAN IS BACK AGAIN!!!!!!

PETE'S CREATION WILL BE A GREAT TEMPTATION

+ CHOCOLATE or STRAWBERRY MOUSSE

(This is our club dinner night but we will take extra bookings if you wish to attend but please book early)

Great food, good company and a warm fire

You Must Book With Macca on 0457498641

Or Valerie on 0429122299

Or See Leanne at the shop

Hope to see you there

C & D's

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